

Daily Program Listing II

43.1

Date: 01/09/2018

02/01/2018 - 02/28/2018

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Thu, Feb 01, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy Afghanistan	NETA	(S)	(CC)	N/A	#807H
	U.S. troops have been in Afghanistan for over 15 years-making it the longest war in American history. As Washington and NATO pivot away from Afghanistan by reducing troop numbers, the ability of the government and security forces to maintain stability will be tested.					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#504H
01:00:00	The Lowertown Line. The Lowertown Line: Davina and the Vagabonds	APTEX	(S)	(CC)	N/A	#120H
	Watch Davina and the Vagabonds blow the roof off, as they mix classic jazz standards with contemporary originals. The band performs in front of a live audience at the Twin Cities Public Television studios. Intimate conversations with Davina focus on the many hats she wears as bandleader, road manager, and business-person, her songwriting technique, and her insatiable need to collect items from the past.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#106H
	Artists: Kay Harris & Molly Pauken, RJ Cowdery, Erica Blinn, and hosted by songwriter Eric Gnezda. Special feature: profile of Six String Concerts. Kay Harris & Molly Pauken are the songwriting engines of the group, Sirens. Kay has recorded numerous albums, providing vocals on more than 70 local and national jingles. Molly tours with Rodney Crowell when she's available, remaining home often enough to perform with the area's elite. The duo has toured throughout Europe and the Middle East. They perform "Left It Up To You." RJ Cowdery was the Kerrville New Folk Winner in 2008, and the 2012 winner of the Dave Carter Memorial Songwriting Contest at Oregon's prestigious Sisters Folks Festival. Her most recent CD features special appearances by Pierce Pettis and Jonathan Byrd. She performs "Is There Time." Erica Blinn constructs American rock songs one earnest melody at a time. "A Midwestern beauty with a wistful voice and a country-rock sound somewhere between Lucinda Williams and Sheryl Crow..." (Don Thrasher, Active Dayton.) Erica has shared stages with The Family Stone, and Devon Allman, among others. She performs "Choices." "Scenes from the Scene" Segment: Six String Concerts is in its 28th year of bringing the top singer-songwriters to Columbus. Co-founder Kim Rice Wilson discusses the organization's history, and what Six String Concerts continues to bring to audiences today.					
02:00:00	Live from the Artists Den Hozier	APTEX	(S)	(CC)	N/A	#1001H
	Grammy-nominated musician Hozier brings his soulful blues, rock and folk sounds to the historic stage at The Theater at the Ace Hotel in downtown Los Angeles. The artist, performing an 11-song set, includes many tracks off his self-titled debut album, punctuating the performance with an evocative rendition of his hit single "Take Me To Church" before unfurling an encore that included emotional standout "Cherry Wine."					
03:00:00	Roadtrip Nation The Door's Wide Open	APTEX	(S)	(CC)	N/A	#1304H
	The final week of the trip begins in New York, where the team sits down with the co-founders of New York on Tech, an organization providing tech-based training to low-income students in Brooklyn. The last leg of the journey takes the Green RV to Boston, Natalie's hometown. After conducting their final interview at MIT, the team reflects on the friendships and lessons they'll take home with them.					
03:30:00	Invitation to World Literature The Bacchae	APTEX	(S)	(CC)	DVI	#104H
	The city of Thebes is torn apart by the conflicting demands of reason and religion, as the disguised god Dionysus returns to his home town demanding to be worshipped. Opposing him is the young king Pentheus, who is doomed to suffer the ultimate punishment for his disbelief. Featured speakers include world-renowned playwright/author Wole Soyinka, actor Alan Cummings, and Daniel Mendelsohn of Bard College.					
04:00:00	Afropop: The Ultimate Cultural Exchange My Father's Land	APTEX	(S)	(CC)	DVI	#903H
	MY FATHER'S LAND tells the story of Papa Jah, a Haitian gardener and bush medicine man living in the Bahamas and his journey back home to reunite with his 103-year-old father before he passes, and the larger story of Haitian immigrants who are living precarious lives in both the Bahamas and the Dominican Republic.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#496
08:00:00	Zula Patrol Mine Shaft/The Crystal Cavern	APTEX	(S)	(CC)	DVI	#311H
	MINE SHAFT - Dark Truder is at it again. At Zula's mines, he switches the labels of the minerals being shipped out to manufacturing plants and now everything is in disarray. Then, disguised as a home redecorating guru, Truder gets the ZPers to replace their "dingy old" equipment. Soon, at the ZP HQ and all over Zula, nothing, absolutely nothing, is working like it should. While the ZPers, in their new wobbly ship, try to find out what's gone wrong, Truder is the only one with equipment that works properly! Will Truder finally win? THE CRYSTAL CAVERN - Thanks to a rocky Truder space chase, The Zula Patrol needs a new crystal to power their ship. That means an expedition to the mysterious Crystal Cavern, where the legendary (and notoriously growly) Big Toe lives. Will they find the special crystal they need in time to stop Truder, or will they hit rock bottom?					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#116H
09:00:00	Functional Fitness with Suzanne Andrews Better Balance	ACCES		(CC)	N/A	#109H
09:30:00	Classical Stretch: By Essentrics Weight Loss Workout	APTEX	(S)	(CC)	DVI	#1128H
	In this episode of Classical Stretch, Miranda Esmonde-White will guide you through gentle, full body exercises that will help you lose weight and gain strength and flexibility in your muscles and joints. Enjoy this gentle, all-standing workout, filmed at a gorgeous, quaint chapel in Mexico.					
10:00:00	Sit and Be Fit Myofacial Relief & Gait	NETA	(S)	(CC)	N/A	#1316H
	Mary Ann uses the large ball in this workout to loosen up the fascia around the scapula. Later in the program she focuses on exercises to improve gait.					
10:30:00	Sewing with Nancy Magic Inch Quilts, Part 2	NETA	(S)	(CC)	N/A	#3021H
	Guests Bill Kerr and Weeks Ringle of Modern Quilt Studio join Nancy to demonstrate how to create custom quilt designs of your own with a modern flair. See how to adapt the Magic Inch technique to any size block. Grab your rotary cutter and sew along while we master a fresh approach to quilting.					
11:00:00	Knit and Crochet Now! Mosaic Stitch Scarves	APTEX	(S)	(CC)	DVI	#704H
	Everybody loves scarves and this week Host Deborah Norville joins Lena Skvagerson who will show you how to knit the Slip That Stich Scarf and magically make two colors appear in the same row without carrying the yarn. Ellen will show us her interpretation of a crochet mosaic scarf with the Nascha Crochet Scarf and then back to Lena in the stitch corner with her very own Knit Crocodile Stitch.					
11:30:00	Fons & Porter's Love of Quilting Autumn Starshine	NETA	(S)	(CC)	N/A	#2808H
	Our quilts reflect the experiences of our lives. The autumn season turns our attention quilting as the nights become cool and the leaves begin to take on the colors of fall. Autumn Starshine is a great example of capturing that fall palette. Patrick and Lynette Jensen will present techniques for making star blocks, piecing perfect borders and a beautiful binding.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7134H
13:00:00	The Jazzy Vegetarian Lighter Deli Delights	NETA	(S)	(CC)	DVI	#103H
	Host Laura Theodore prepares scrumptious lighter versions of traditional deli favorites such as; "Eggless Egg Salad" and grilled "Reuben Sandwiches," paired with "Zesty Zucchini Oven Fries." Quick and easy, "Jazzy Vegetarian Not Liver" tastes just like the real thing. "Upside Down Apple Cake" is a rich and authentic tasting classic dessert that makes a delicious finish to a delightful, homemade, deli-style meal!					
13:30:00	Sara's Weeknight Meals Sam's Simple Saute	APTEX	(S)	(CC)	N/A	#504H
	Sara's son Sam stops by to cook a fast favorite based on a simple technique - sauteed lemon chicken with capers. Also on the menu, one of Sam's favorites, buttermilk fried pork chops. We'll also stop by Wholesome Wave, a unique initiative to connect farmers with fresh food to people in underserved communities.					
14:00:00	Joanne Weir Gets Fresh Mushrooms Italian-Style	APTEX	(S)	(CC)	N/A	#210H
	Italian cuisine is one of Joanne's favorite go-to's for cooking. She loves it so much because in Italy they take the freshest ingredients and cook them at the peak of the season. In this episode, they're going to visit an Italian market, and then with her student Katy, they're going to make a super easy mushroom pizza with Montasio and gorgonzola cheeses. Then they're going to get down to earth with a beef tenderloin stuffed with wild mushrooms. Join her as she travels through the heart and soul of Italy.					
14:30:00	New Scandinavian Cooking New Nordic Cuisine	APTEX	(S)	(CC)	N/A	#701H
	In this episode, Andreas embarks on a culinary journey, looking for the source of the new Nordic food revolution. The journey begins in Oslo, in Norway's best restaurant, Maaemo. He goes fishing for langoustines and foraging for wild herbs. On board the train again Andreas invites for a herring tartar and on arrival in Stavanger he visits Tango Bar and Kitchen for a modern herring feast.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Wire It Up	NETA	(S)	(CC)	N/A	#2208H
	The right tools can unleash your creativity. Designer Brenda Schweder shows how to make wire frames and captures on a stationary jig. Illusion-style necklaces with crystals are easy and quick to make using tips and tricks from Katie's Beading Lesson.					
15:30:00	Make It Artsy Time	NETA	(S)	(CC)	N/A	#208H
	Keep track of time in an artistic way. Metal artist Mary Hettmansperger crafts clock parts into a necklace. For his favorite time piece, his phone, tool expert Joe Rotella makes a decorative stand. Mixed media artist Rae Missigman captures moments in time in an artful clipboard journal. Artist Jane Dunnewold has more artful ideas to share.					
16:00:00	Biz Kid\$ Crash Course On Starting A Business	APTEX	(S)	(CC)	DVI	#405H
	So you've got an idea - now what? Check out this quick, but comprehensive course on business basics. You'll learn how to refine your ideas, make a business plan, identify funding sources, find a market, and of course, sell your service or product. Find out how two teen girls developed a \$2 million business out of magnetic bottle caps.					
16:30:00	Hands On Crafts for Kids Fly Away	NETA	(S)	(CC)	DVI	#1912H
	Let's make wings and fly. With paper, scissors and a little spaghetti, Jenny Barnett-Rohrs makes paper feathers. Then, she crafts fuzzy bug wings from felt. Artist Franz Spohn gives the appearance of flight in his drawings. Jenny crafts a bird house for our feathered friends.					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Gardening	APTEX	(S)	(CC)	N/A	#1515H
	P. Allen Smith highlights some of his favorite gardening segments in this blast from the past.					
17:30:00	Growing A Greener World The Greening of Suburbia: Lake County, Illinois	APTEX	(S)	(CC)	N/A	#509H
	In years past, developers would build typical subdivisions around golf courses and tennis courts. But today, with the growing interest in environmental conservation and local food systems, savvy developers are building self-contained communities around organic farms. The focus is on creating a sustainable community and outreach programs geared to helping all generations embrace local, in-season food as well as the agrarian lifestyle. Buyers are lining up to stake their claim to experience a taste of life on the farm, from the comfort of their own home. In this episode, we travel to one such community that serves as a model for all the others.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15024H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1432H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8219
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1207H
20:00:00	Backstage Pass Thornetta Davis - Encore	NETA	(S)	(CC)	N/A	#716H
	Detroit native and Detroit's "Queen of the Blues" Thornetta Davis returns with her soulful vibe and strong vocal styling to Michigan BluesFest 2015. Recorded live in Lansing's historic Old Town district, Davis and her talented band feature "Wild Women Never Get The Blues," "Cry," "Take Another Piece Of My Heart," and "Meet Me With Your Black Drawers On."					
20:30:00	Music Voyager Peru: Amazon	APTEX	(S)	(CC)	N/A	#805H
	Co-host Alvaro takes Jacob into Iquitos and on a boat cruise all along the Amazon, where they experience first-hand the beauty of the Amazon and life on the Amazon in style. From high-end cuisine to the most fantastic excursions they come to realize that the Amazon is a life giver of our Earth.					
21:00:00	Xerox Rochester International Jazz Festival Mike Murley Trio	APTEX	(S)	(CC)	N/A	#806H
	An engaging, lyrical saxophonist, Mike Murley is one of Canada's finest jazz talents and one of the most versatile players on the scene today. Currently active as a leader in various formations from duo to septet, Murley also maintains a busy schedule as a sideman and jazz educator (University of Toronto). He has played on 11 Juno Award-winning recordings since 1991, and was also named saxophonist of the year eight times by the Jazz Report Awards/National Jazz Awards.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Music Voyager Atlanta, Ga	APTEX	(S)	(CC)	N/A	#603H
	<p>Music Voyager is invited to Atlanta, Georgia to experience the heartbeat of the city from the inside out. The host is musician Tacuma Bradley who explores the Atlanta landscape while following the six degrees of separation between the people he meets. These include musicians Christian and Brand Bush, who brings them to the neighborhood of Buckhead for an unplugged performance at a local cemetery. They are introduced to their friends Ruby Velle and the Soulphonics. Ruby's music sets the tone to explore the funky and artistic Five Points neighborhood. Ruby introduces them to the feisty Myra, who owns a boutique cuisine shop called La Fruta. Myra then takes them to the Elevate Festival in the heart of downtown Atlanta. Finally, an introduction is made to Killer Mike, a local hip-hop legend and activist who brings Tacuma to his barbershop/community center to experience a concert with Killer Mike and special guest Big Boi from OutKast.</p>					
22:30:00	Natchez Trace Parkway: Traces Through Time	NETA	(S)	(CC)	N/A	#0H
	<p>The Natchez Trace Parkway winds southwest for 400 miles from through the southern Appalachians foothills of Tennessee, among emerald forests of Alabama, and along bayous of Mississippi. More than a scenic drive, the Trace is a pathway through 10,000 years of history. Before the Europeans it was an ancient trail for America's native peoples. In the 1820s, it became one of the most traveled roads in the United States. Today, the Natchez Trace Parkway is one of the most visited of all our National Parks.</p>					
23:00:00	F.S. Key After The Song The Era of Good Feelings	APTEX	(S)	(CC)	N/A	#101H
	<p>It starts a heartbeat after Jackson's battle of New Orleans and is a primer on early slavery.</p>					

Fri, Feb 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	American Forum Mis-Remembering The Civil War Historian ED AYRES on Civil War truth, why Confederate monuments still divide us, and the Charlottesville tragedy.	NETA	(S)	(CC)	N/A	#314H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1207H
01:00:00	Backstage Pass Thornetta Davis - Encore Detroit native and Detroit's "Queen of the Blues" Thornetta Davis returns with her soulful vibe and strong vocal styling to Michigan BluesFest 2015. Recorded live in Lansing's historic Old Town district, Davis and her talented band feature "Wild Women Never Get The Blues," "Cry," "Take Another Piece Of My Heart," and "Meet Me With Your Black Drawers On."	NETA	(S)	(CC)	N/A	#716H
01:30:00	Music Voyager Peru: Amazon Co-host Alvaro takes Jacob into Iquitos and on a boat cruise all along the Amazon, where they experience first-hand the beauty of the Amazon and life on the Amazon in style. From high-end cuisine to the most fantastic excursions they come to realize that the Amazon is a life giver of our Earth.	APTEX	(S)	(CC)	N/A	#805H
02:00:00	Xerox Rochester International Jazz Festival Mike Murley Trio An engaging, lyrical saxophonist, Mike Murley is one of Canada's finest jazz talents and one of the most versatile players on the scene today. Currently active as a leader in various formations from duo to septet, Murley also maintains a busy schedule as a sideman and jazz educator (University of Toronto). He has played on 11 Juno Award-winning recordings since 1991, and was also named saxophonist of the year eight times by the Jazz Report Awards/National Jazz Awards.	APTEX	(S)	(CC)	N/A	#806H
03:00:00	Music Voyager Atlanta, Ga Music Voyager is invited to Atlanta, Georgia to experience the heartbeat of the city from the inside out. The host is musician Tacuma Bradley who explores the Atlanta landscape while following the six degrees of separation between the people he meets. These include musicians Christian and Brand Bush, who brings them to the neighborhood of Buckhead for an unplugged performance at a local cemetery. They are introduced to their friends Ruby Velle and the Soulphonics. Ruby's music sets the tone to explore the funky and artistic Five Points neighborhood. Ruby introduces them to the feisty Myra, who owns a boutique cuisine shop called La Fruta. Myra then takes them to the Elevate Festival in the heart of downtown Atlanta. Finally, an introduction is made to Killer Mike, a local hip-hop legend and activist who brings Tacuma to his barbershop/community center to experience a concert with Killer Mike and special guest Big Boi from OutKast.	APTEX	(S)	(CC)	N/A	#603H
03:30:00	Natchez Trace Parkway: Traces Through Time The Natchez Trace Parkway winds southwest for 400 miles from through the southern Appalachians foothills of Tennessee, among emerald forests of Alabama, and along bayous of Mississippi. More than a scenic drive, the Trace is a pathway through 10,000 years of history. Before the Europeans it was an ancient trail for America's native peoples. In the 1820s, it became one of the most traveled roads in the United States. Today, the Natchez Trace Parkway is one of the most visited of all our National Parks.	NETA	(S)	(CC)	N/A	#0H
04:00:00	F.S. Key After The Song The Era of Good Feelings It starts a heartbeat after Jackson's battle of New Orleans and is a primer on early slavery.	APTEX	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#497
08:00:00	Zula Patrol The Lizard Who Came to Dinner/Island of the Endotherms THE LIZARD WHO CAME TO DINNER - Ziggy the Iguana comes to stay with The Zula Patrol, and his abundance of energy and desire to "help" makes him a handful. He wears out his welcome further by turning up the thermostat to keep his ectothermic system from cooling off. But when Ziggy loses the eggs he's babysitting, The Zula Patrol mounts a rescue expedition to the desert, where they learn that being ectothermic can be cool after all. ISLAND OF THE ENDOTHERMS - When Dark Truder sends a phony distress signal, the Zula Patrol find themselves trapped on a remote island with extremely rapid weather changes. While the Zula Patrollers search the island for a power source to start their ship, they learn about endotherms and how they are able to keep their body temperatures relatively constant. Meanwhile, Dark Truder takes over their headquarters, and learns NEVER to touch anything without knowing what it does!	APTEX	(S)	(CC)	DVI	#312H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#117H

Fri, Feb 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Diabetes	ACCES		(CC)	N/A	#110H
09:30:00	Classical Stretch: By Essentrics Ab & Core Strength Workout	APTEX	(S)	(CC)	DVI	#1129H
	In this episode of Classical Stretch, join Miranda Esmonde-White at a pristine sandy beach in the gorgeous Riviera Maya. Work on strengthening your abs and core with a series of dynamic standing and floor exercises.					
10:00:00	Sit and Be Fit Keep The Fun In Functional Fitness	NETA	(S)	(CC)	N/A	#1317H
	In this episode Mary Ann focuses on the fun side of exercise through the use of novelty music and imaginative choreography.					
10:30:00	Sewing with Nancy Every Last Piece	NETA	(S)	(CC)	N/A	#3022H
	Nancy and guest, Lynn Harris, will inspire you with numerous ways to maximize how you use fabric in quilts. See how to refresh traditional designs by giving them a scrappy look while updating other quilts with a minimalist charm when all scraps are used on broad backgrounds. You'll never again be tempted to throw away fabric scraps.					
11:00:00	Knit and Crochet Now! Artsy Afghans	APTEX	(S)	(CC)	DVI	#705H
	Host Deborah Norville believes nothing says you're special like a handmade afghan, it's like a perpetual hug from the person who stitched it. Ellen is first up with the Geometric Crochet Afghan, which features a lace border, and then Kristin shows how to stitch up the Windowpane Afghan, which is knit in the round, then cutting it to make it flat! In the stitch corner Ellen teaches how to Crochet a Cable.					
11:30:00	Fons & Porter's Love of Quilting Red, White and Gratitude	NETA	(S)	(CC)	N/A	#2809H
	Appreciation can be shown in a variety of ways. A quilt is a heartfelt way to show your thanks to the service men and women who have and are serving in the armed forces. Mary and Marianne will take you through the construction of patchwork that can be used in variety of setting, to honor our American veterans.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7135H
13:00:00	Cooking Odyssey Pylos	NETA	(S)	(CC)	N/A	#305H
	Striped Sea Bass Ceviche, Greek Coleslaw, Broccoli Mash and Cinnamon Cookies are some of the recipes highlighted today while Chef Michalis' journey takes him to a Green Olive Oil Factory, an Ottoman castle and a European Natura site.					
13:30:00	Cooking with Nick Stellino Veal Appeal	APTEX	(S)	(CC)	N/A	#209H
	Veal alla Norma; Veal Cutlet with Piccata Sauce; Pasta alla Carbonara.					
14:00:00	Kitchen Wisdom of Cecilia Chiang A Legend Is Born	APTEX	(S)	(CC)	DVI	#101H
	Cecilia Chiang was born almost 100 years ago in a China that no longer exists. In this episode, viewers get an overview of her amazing story from Beijing to San Francisco. In 1960, she opened the acclaimed Mandarin restaurant, which revolutionized Chinese food in America. She mentored the likes of Julia Child, James Beard and Alice Waters (Alice calls Cecilia "the Julia Child of Chinese food in America") Now in her mid-90's, Cecilia is mentoring a new generation of Bay area chefs. Corey Lee, the Korean American chef and owner of Benu, a three-star Michelin restaurant, invites Cecilia into his kitchen where she gives him a lesson in making "jowza," or what we in America call "pot stickers."					
14:30:00	Jacques Pepin: Heart & Soul Viva Mexico!	APTEX	(S)	(CC)	N/A	#118H
	Jacques spends some of the winter months at his home-away-from-home, Playa Del Carmen, Mexico. Time basking in the sunshine and savoring the local flavors along with an occasional visit from friend Rick Bayless has inspired him to take us on a culinary adventure, beginning with a refreshing hibiscus flower cocktail. He continues with a duo of superlative seafood dishes of Yucatan ceviche and fillet of sole Riviera with pico de gallo. From sea to pasture, beef fillet mini steaks with mushrooms and shallots makes for a substantial main course. Finally, he ends with a frozen fruit dessert of grapefruit granite with mango and mojito cocktail.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Make It from Scratch When the creative urge strikes, it's great to have the right tools at hand. Author and teacher Kate Richbourg cuts, forms and textures metal using hand-held tools to create a leaf-shaped pendant. Katie embellishes tassels with crystals to add a little sparkle.	NETA	(S)	(CC)	N/A	#2209H
15:30:00	Make It Artsy Folk Art Folk art is the essence of a culture. Painter and maker Mystele Kirkeeng paints abstract folk art faces and figures. Tool expert Joe Rotella uses baker's twin to weave new art on a tin tile. Host Julie Fei-Fan Balzer draws repeating shapes to create a meditative mandala. Jane Dunnewold shares another artistic perspective.	NETA	(S)	(CC)	N/A	#209H
16:00:00	Biz Kid\$ How to Make A Million Bucks! It is possible! If you start early and save consistently, you'll take advantage of the power of compound interest. You can make a million by working hard, spending less than you make, and saving, saving, saving. Meet a 16-year-old with a fashion recycling business.	APTEX	(S)	(CC)	DVI	#406H
16:30:00	Hands On Crafts for Kids Camp Head to the great outdoors with camping crafts. Jenny Barnett-Rohrs fashions a talking stick like those used by ancient tribes. Then, she paints images of nature with sand. Franz Spohn makes his own fishing game and Jenny weaves a beaded dream catcher. Candie Cooper lights up the forest with a cool camp lantern.	NETA	(S)	(CC)	DVI	#1913H
17:00:00	P. Allen Smith's Garden Home Embrace Your Space Making the most out of your space doesn't just apply to what's in your house. P. Allen Smith shows you how to take advantage of your great outdoors without breaking the bank.	APTEX	(S)	(CC)	DVI	#1601H
17:30:00	Growing A Greener World The Power of Worms While worms are an important ingredient of the soil, they can steal the show in the compost pile. With vermicompost, worms do all the work of breaking down and decomposing kitchen scraps, turning it into nutrient rich castings from the garden. They take the garbage and turn it into black gold for the garden. This episode explores home vermicomposting, visits a commercial harvesting operation, and tours a "zero waste" company turning warm waste into a multi-million dollar operation as a natural fertilizer alternative.	APTEX	(S)	(CC)	N/A	#510H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15025H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1405H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8220
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1005H
20:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Dixie Trio / Heather Berry & Tony Mabe / The	NETA	(S)	(CC)	N/A	#1203H
21:00:00	Woodsongs O'connor Band with Mark O'connor THE O'CONNOR BAND with MARK O'CONNOR isn't your typical family band. The Band features one of the most iconic fiddlers in American history, Mark O'Connor. His collaborations with James Taylor, Vince Gill, Ricky Skaggs, Tony Rice, Bela Fleck, Sam Bush, Alison Krauss, Yo-Yo Ma, Wynton Marsalis, and many others have led to performances on the most visible concert stages worldwide. In the O'Connor Band, Mark is joined by his wife Maggie (fiddle, vocals), son Forrest (mandolin, vocals), and Forrest's partner Kate Lee (fiddle, vocals). Their repertoire is centered around some of Mark's greatest instrumentals as well as songs written by Forrest and Kate, the band's lead singers, whose tight harmonies and lyrical honesty have earned praise from the likes of Krauss, Rosanne Cash, and Mary Gauthier. Along with national flatpick guitar champion Joe Smart and Eastman School of Music graduate and current University of Miami DMA candidate Geoff Saunders, the O'Connor Band will be performing selections from their Grammy nominated debut album. WoodSongs Kid: Allie Hagan is a 17-year-old fiddle champion from Nicholasville, Kentucky. She recently taught 75 students in Kenya to play the violin using the O'Connor Fiddle Method.	NETA	(S)	(CC)	N/A	#1905H
22:00:00	Film School Shorts First Gen 101 Three stories of misadventures as first generation Americans navigating identity, love and acceptance amid converging cultures: Fanny Pack by Uttera Singh, Prom by Imran J. Khan, and Groomed by Wyatt Rockefeller.	NETA	(S)	(CC)	N/A	#501H

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Fri, Feb 02, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	On Story The Path of An Action Writer: A Conversation with Robert Kamen Robert Mark Kamen looks back on his long-time working relationship with Luc Besson and his approach to writing description, violence, and well-developed characters in films such as The Fifth Element, The Transporter, and the Taken franchise. Followed by Luke Patton's short film, Fools Your Daddy?, about a young man's turning point with his overbearing father on the day he leaves for college.	NETA	(S)	(CC)	N/A	#605H
23:00:00	Science Goes to the Movies Producing The Science Movie In Hollywood, Part 2 The conversation continues with movie producer, Lynda Obst, about the importance of using real science in movies, her relationship with Carl Sagan and her experience meeting Stephen Hawking.	EPS	(S)	(CC)	N/A	#305H
23:30:00	Theater Talk David Ives on the Liar Writer David Ives talks about his prolific and wide-ranging playwrighting career, including his new comedy at the Classic Stage Company, The Liar, loosely adapted from Le Menteur by Pierre Corneille. He also talks about his current collaboration with Stephen Sondheim on a yet-to-be-titled new musical, based on film director Luis Bunuel's The Discreet Charm of the Bourgeoisie and The Exterminating Angel, scheduled for The Public Theater's 2017-2018 season.	EPS	(S)	(CC)	N/A	#1014H

Sat, Feb 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can God and Science Mix? Science and religion each claims dominion over deep reality. But science and religion are not parallel. All should believe science, humanity's common language, while religion has many skeptics.	EPS	(S)	(CC)	N/A	#1605H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1005H
01:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Dixie Trio / Heather Berry & Tony Mabe / The	NETA	(S)	(CC)	N/A	#1203H
02:00:00	Woodsongs O'connor Band with Mark O'connor THE O'CONNOR BAND with MARK O'CONNOR isn't your typical family band. The Band features one of the most iconic fiddlers in American history, Mark O'Connor. His collaborations with James Taylor, Vince Gill, Ricky Skaggs, Tony Rice, Bela Fleck, Sam Bush, Alison Krauss, Yo-Yo Ma, Wynton Marsalis, and many others have led to performances on the most visible concert stages worldwide. In the O'Connor Band, Mark is joined by his wife Maggie (fiddle, vocals), son Forrest (mandolin, vocals), and Forrest's partner Kate Lee (fiddle, vocals). Their repertoire is centered around some of Mark's greatest instrumentals as well as songs written by Forrest and Kate, the band's lead singers, whose tight harmonies and lyrical honesty have earned praise from the likes of Krauss, Rosanne Cash, and Mary Gauthier. Along with national flatpick guitar champion Joe Smart and Eastman School of Music graduate and current University of Miami DMA candidate Geoff Saunders, the O'Connor Band will be performing selections from their Grammy nominated debut album. WoodSongs Kid: Allie Hagan is a 17-year-old fiddle champion from Nicholasville, Kentucky. She recently taught 75 students in Kenya to play the violin using the O'Connor Fiddle Method.	NETA	(S)	(CC)	N/A	#1905H
03:00:00	Film School Shorts First Gen 101 Three stories of misadventures as first generation Americans navigating identity, love and acceptance amid converging cultures: Fanny Pack by Uttera Singh, Prom by Imran J. Khan, and Groomed by Wyatt Rockefeller.	NETA	(S)	(CC)	N/A	#501H
03:30:00	On Story The Path of An Action Writer: A Conversation with Robert Kamen Robert Mark Kamen looks back on his long-time working relationship with Luc Besson and his approach to writing description, violence, and well-developed characters in films such as The Fifth Element, The Transporter, and the Taken franchise. Followed by Luke Patton's short film, Fools Your Daddy?, about a young man's turning point with his overbearing father on the day he leaves for college.	NETA	(S)	(CC)	N/A	#605H
04:00:00	Science Goes to the Movies Producing The Science Movie In Hollywood, Part 2 The conversation continues with movie producer, Lynda Obst, about the importance of using real science in movies, her relationship with Carl Sagan and her experience meeting Stephen Hawking.	EPS	(S)	(CC)	N/A	#305H
04:30:00	Theater Talk David Ives on the Liar Writer David Ives talks about his prolific and wide-ranging playwrighting career, including his new comedy at the Classic Stage Company, The Liar, loosely adapted from Le Menteur by Pierre Corneille. He also talks about his current collaboration with Stephen Sondheim on a yet-to-be-titled new musical, based on film director Luis Bunuel's The Discreet Charm of the Bourgeoisie and The Exterminating Angel, scheduled for The Public Theater's 2017-2018 season.	EPS	(S)	(CC)	N/A	#1014H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#498
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Lily Two of Gary's favorite flowers are painted today. These flowers are painted in a very loose style. Bright White Peonies are painted with Pink Roses, painted on a dark, rich colored background. Graceful vines and small buds and leaves complete the composition.	APTEX	(S)	(CC)	N/A	#303H
08:30:00	Painting with Wilson Bickford Out to Pasture, Part 2 Old cars and trucks have a lot of character - and make great painting subjects! In this piece, an old truck has been left to rust in a flowery pasture. In Part 2, Wilson finishes the summer scene and details the truck.	NETA	(S)	(CC)	N/A	#209H

Sat, Feb 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Landscapes Through Time with David Dunlop Monet's Waterlilies	NETA	(S)	(CC)	DVI	#102H
	David visits the enchanting village of Giverny, 45 miles northwest of Paris, which was the last home there until the end of his life in 1926. David describes the evolution of Impressionism from its experimental beginnings in the Gleyre studio in Paris in 1862 with Monet and his friends Sisley, Renoir, Bazille, Pissarro - to its later stage (and beyond) of explosive color, loose brushwork, complementary color vivid sunshine and sensual delight. David discusses and demonstrates Monet's later methods as a mid-career Impressionist at Giverny and his evolution into expressionism with his carefully developed and cultivated waterlily garden as his inspiration.					
09:30:00	Classical Stretch: By Essentrics Increase Balance Workout	APTEX	(S)	(CC)	DVI	#1130H
	In this episode of Classical Stretch, join Miranda Esmonde-White along a serene pathway facing a beautiful beach in Mexico. Miranda will take you through a gentle, all-standing workout that will improve your balance, flexibility and mobility.					
10:00:00	Sit and Be Fit Variety, The Spice of Life	NETA	(S)	(CC)	N/A	#1318H
	Mary Ann combines a variety of exercises that improve function including a new exercise that uses the fingers and breath to control abdominal muscles.					
10:30:00	Functional Fitness with Suzanne Andrews Vertical Ab Toner	ACCES	(S)	(CC)	N/A	#304H
11:00:00	Delicious TV's Vegan Mashup Holiday Classics	NETA	(S)	(CC)	DVI	#103H
	This episode will have you breaking out the best china and every family member digging in to the bounty of vegan deliciousness. The Unbird/Thanksgiving Fritters/Sweet Potato Chipolte Bisque.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Chocolate Dreams, Cacao Fantasies	APTEX	(S)	(CC)	N/A	#1110H
	Belgian-born chocolatier Mathieu Brees brings Rick deep in the jungles of Ticul for a tour of cacao groves. The serene setting is the backdrop for a complete bean-to-bar chocolate education, with Mathieu, Rick and the plantation's caretaker tromping around the lovingly farmed cacao fields. Then, Rick and Mathieu head to the Ki' Xocolatl chocolate factory in Merida. Still daydreaming about all of that chocolate, Rick makes a trio of cacao-inspired dishes, including a chocolate cake with candied ancho chile, red mole with chocolate and a cocktail featuring macerated cacao and chile-infused tequila.					
12:00:00	Lidia's Kitchen Cheese	APTEX	(S)	(CC)	N/A	#418H
	Italians love cheese, and with more than 460 varieties made in Italy, it leads to many mouth-watering cheesy recipes. In this episode, Lidia shares her cheese baked in a crust: gorgonzola wrapped with puff pastry and baked as crispy cheesy bites; celery, artichoke and mortadella salad: a flavorful and fresh mix of celery, artichoke and mortadella; and finally meatloaf ricotta: a family favorite meatloaf dish packed with three different cheeses.					
12:30:00	Moveable Feast with Fine Cooking Los Angeles - Curtis Stone and Francis Derby	APTEX	(S)	(CC)	N/A	#401H
	This week on Moveable Feast with Fine Cooking, chefs Curtis Stone of Maude restaurant and Francis Derby of The Cannibal restaurant join host Pete Evans to explore the culinary mecca of Los Angeles. From browsing the Santa Monica Farmers' Market to Logan's Gardens, the three collect their ingredients to prepare for an extravagant pig roast. Curtis makes a fresh peach mustard for his fennel-rubbed pig, which is paired with Francis' spread of mixed charcuterie and raw vegetables and duck rillettes. It's a picture perfect feast for a beautiful home in Silverlake, CA.					
13:00:00	Expeditions with Patrick Mcmillan Colorado's Rocky Mountains - The Rooftop of America	APTEX	(S)	(CC)	N/A	#305H
	Life in the alpine is existing on the fringe. It's hard to believe that life could persist here, let alone flourish. From beautiful alpine flowers to mountain goats and the shy pika, life is abundant. Join Patrick as he explores just how life thrives in the Colorado Rockies, the rooftop of America.					
13:30:00	Weekends with Yankee Fall Color	APTEX	(S)	(CC)	N/A	#112H
	Yankee editor Mel Allen calls foliage season "New England's Mardi Gras." In this episode, we search out the most autumn vivid colors imaginable as we travel along New Hampshire's famed Kancamagus Highway, one of our region's most scenic drives. Then we head over to Vermont, where we visit with Allison Hooper, a successful and pioneering New England cheesemaker. We wrap things up with a look at Kent, Connecticut, which Yankee magazine has named the best foliage town in New England.					

Daily Program Listing II

43.1

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Sat, Feb 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Rick Steves' Europe Tuscany's Dolce Vita	APTEX	(S)	(CC)	N/A	#407H
	The small towns and rural charms of Tuscany give us a healthy dose of the "sweet life" as we hunt for truffles in an oak forest, nibble through an artichoke festival, share a farmhouse feast, and ride a classic convertible through the cypress groves of Mona Lisa's back yard.					
14:30:00	Born to Explore with Richard Wiese Australia: Secret Outback	APTEX	(S)	(CC)	N/A	#121H
	In this episode, Richard journeys to Australia to discover its secret outback. From the Northern Territory to the Tiwi Islands. He meets the elders and families of Tiwi along with its artists. Richard goes "outbush" to learn how to survive and live on the land with his hosts. He spears fish and crabs, collects mud mussels. He learns about local customs, dances, and joins in a smoking ceremony to banish stress and demons.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4608H
	A vast garden in the middle of the city has to overcome a number of obstacles. But with the right gardener, the results can be dramatic. A good looking garden and a lot of gardening lessons. Be sure to watch this episode of GardenSMART.					
15:30:00	For Your Home Take The Plunge	APTEX	(S)	(CC)	N/A	#3101H
	Who could resist the drawn of a refreshing swimming pool on a hot summer afternoon. How complicated is it to have a pool built in your backyard? This season on FYH host Vicki Payne shares step by step the process of installing a backyard pool and spa.					
16:00:00	Drexel Interview Wendell Pierce, Part 2	NETA		(CC)	N/A	#502H
	This is the second part of a two-part interview focusing on the work and career of actor, author, and community activist Wendell Pierce. Pierce is best known for his recurring roles on the HBO series The Wire and Treme, but has appeared in a range of television series and feature films including Waiting to Exhale and Selma. In this episode, Pierce discusses his upbringing in New Orleans, the destruction and healing he experienced in the aftermath of Hurricane Katrina, and his devotion to family and community. He also addresses the universal message of Waiting for Godot, which he performed on his ravaged hometown streets in the wake of Katrina. This episode features a moving reading by Pierce, who is the author of the memoir and New Orleans tribute The Wind in the Reeds: A Storm, a Play, and the City That Would Not Be Broken.					
16:30:00	Overheard with Evan Smith Peter Baker, Journalist	NETA	(S)	(CC)	N/A	#816H
	Peter Baker is the chief White House correspondent for the New York Times and a contributing writer for The New York Times Magazine. He has covered the presidencies of Barack Obama, George W. Bush, Bill Clinton, and is currently covering President Donald Trump. Before joining The Times in 2008 he spent 20 years writing for The Washington Post. Baker has written four books. His most recent is titled Obama: The Call of History.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Sand Caster	APTEX	(S)	(CC)	N/A	#301H
	Nothing fires up host Eric Gorges like working with molten metal. In this episode, Eric and master sand caster Scott Nelles, create a bronze and aluminum ray gun.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3605H
18:30:00	The Open Mind All The President's Twitter Blocks	NETA		(CC)	N/A	#3829H
	Guest: Katie Fallow. Knight First Amendment Institute Attorney Katie Fallow discusses violations of free speech by elected officials.					
19:00:00	Closer to Truth Can God and Science Mix?	EPS	(S)	(CC)	N/A	#1605H
	Science and religion each claims dominion over deep reality. But science and religion are not parallel. All should believe science, humanity's common language, while religion has many skeptics.					
19:30:00	American Forum Crossing President Trump	NETA	(S)	(CC)	N/A	#318H
	Exclusive one-on-one interview with former Acting U.S. Attorney General Sally Yates. Former Acting U.S. Attorney General SALLY YATES on her clash with President Donald J. Trump, the Russia investigation, and the risks of rolling back criminal justice reform.					

Sat, Feb 03, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Speakeasy Nick Lowe and Jim Nelson	APTEX	(S)	(CC)	N/A	#305H
	Nick Lowe has become a noted figure in UK pub rock, power pop, and new wave best known for his songs "Cruel to Be Kind" and "I Love the Sound of Breaking Glass." He is a singer-songwriter, musician, and producer and has worked with the likes of Elvis Costello, Graham Parker, and Johnny Cash. Covers of Lowe's songs "(What's So Funny 'Bout) Peace, Love, and Understanding" (Elvis Costello), "I Knew the Bride (When She Used to Rock 'n' Roll)" (Dave Edmunds), and "The Beast in Me" (Johnny Cash) went on to become hits. Lowe is joined by Jim Nelson, the editor for GQ magazine, for an intimate conversation filmed at the Montclair Film Festival for this episode of Speakeasy.					
21:00:00	Front and Center Steve Vai	APTEX	(S)	(CC)	N/A	#705H
	Legendary guitarist Steve Vai takes to the stage in the smallest room that he has performed in in years. Voted the 10th Greatest Guitarist by Guitar World magazine, Vai treats fans to selections throughout his three decade long career. Vai began his career as a transcriptionist for Frank Zappa in 1978 before joining his band from 1980-1983. As an independent guitarist he has won three Grammy Awards and has produced eight studio albums, two EPs, two special albums, eight live albums, twelve soundtracks, twenty compilation albums, and six DVD releases. Vai's solo sophomore release, Passion and Warfare, has earned gold certification in the US.					
22:00:00	Globe Trekker Tough Trains: Cuba's Sugar Railroads	APTEX	(S)	(CC)	N/A	#1610H
	Cuba was one of the first countries in the world to build a railway, starting all the way back in 1837. At the time, Cuba was the world's largest sugar producer, and its early railways were designed not with passengers in mind, but to transport sugarcane to the mills and refined sugar to the ports. In this episode, host Ian Wright goes on an eye-opening and hair-raising train journey across the Caribbean island of Cuba. The communist country's railway network is dilapidated and very unreliable, but it ends up being a fantastically enjoyable trip.					
23:00:00	Arts In Context The Grit of Soul	NETA	(S)	(CC)	N/A	#808H
	Shen "Sunny" Jun's first dance piece - The Grit of Soul - is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Extended: Shen "Sunny" Jun found his way to Austin, Texas, after spending his life training for dance in China. He created Shen Jun Movement Effect and debuted his first piece, The Grit of Soul, which is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Combining the traditional movements of his homeland with modern and American motifs, the old with the new, and the familiar with the strange, Jun is forming his own, wholly unique artistic and cultural path.					
23:30:00	Articulate with Jim Cotter Ellen Harvey	APTEX	(S)	(CC)	N/A	#111H
	Though she's been a successful visual artist for decades, Ellen Harvey remains obsessed with failure. Bharatanatyam: Indian Dance - The classical Indian dance form Bharatanatyam survived colonial oppression and today exemplifies Indian identity both at home and abroad. Xenia Rubinos - Xenia Rubinos' complex music is infused with simple messages about big ideas.					

Sun, Feb 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can God and Science Mix? Science and religion each claims dominion over deep reality. But science and religion are not parallel. All should believe science, humanity's common language, while religion has many skeptics.	EPS	(S)	(CC)	N/A	#1605H
00:30:00	American Forum Crossing President Trump Exclusive one-on-one interview with former Acting U.S. Attorney General Sally Yates. Former Acting U.S. Attorney General SALLY YATES on her clash with President Donald J. Trump, the Russia investigation, and the risks of rolling back criminal justice reform.	NETA	(S)	(CC)	N/A	#318H
01:00:00	Speakeasy Nick Lowe and Jim Nelson Nick Lowe has become a noted figure in UK pub rock, power pop, and new wave best known for his songs "Cruel to Be Kind" and "I Love the Sound of Breaking Glass." He is a singer-songwriter, musician, and producer and has worked with the likes of Elvis Costello, Graham Parker, and Johnny Cash. Covers of Lowe's songs "(What's So Funny 'Bout) Peace, Love, and Understanding" (Elvis Costello), "I Knew the Bride (When She Used to Rock 'n' Roll)" (Dave Edmunds), and "The Beast in Me" (Johnny Cash) went on to become hits. Lowe is joined by Jim Nelson, the editor for GQ magazine, for an intimate conversation filmed at the Montclair Film Festival for this episode of Speakeasy.	APTEX	(S)	(CC)	N/A	#305H
02:00:00	Front and Center Steve Vai Legendary guitarist Steve Vai takes to the stage in the smallest room that he has performed in in years. Voted the 10th Greatest Guitarist by Guitar World magazine, Vai treats fans to selections throughout his three decade long career. Vai began his career as a transcriptionist for Frank Zappa in 1978 before joining his band from 1980-1983. As an independent guitarist he has won three Grammy Awards and has produced eight studio albums, two EPs, two special albums, eight live albums, twelve soundtracks, twenty compilation albums, and six DVD releases. Vai's solo sophomore release, Passion and Warfare, has earned gold certification in the US.	APTEX	(S)	(CC)	N/A	#705H
03:00:00	Globe Trekker Tough Trains: Cuba's Sugar Railroads Cuba was one of the first countries in the world to build a railway, starting all the way back in 1837. At the time, Cuba was the world's largest sugar producer, and its early railways were designed not with passengers in mind, but to transport sugarcane to the mills and refined sugar to the ports. In this episode, host Ian Wright goes on an eye-opening and hair-raising train journey across the Caribbean island of Cuba. The communist country's railway network is dilapidated and very unreliable, but it ends up being a fantastically enjoyable trip.	APTEX	(S)	(CC)	N/A	#1610H
04:00:00	Arts In Context The Grit of Soul Shen "Sunny" Jun's first dance piece - The Grit of Soul - is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Extended: Shen "Sunny" Jun found his way to Austin, Texas, after spending his life training for dance in China. He created Shen Jun Movement Effect and debuted his first piece, The Grit of Soul, which is an attempt to translate the emotions and conflicts he felt as he adjusted from his old life in China to his new life in the United States. Combining the traditional movements of his homeland with modern and American motifs, the old with the new, and the familiar with the strange, Jun is forming his own, wholly unique artistic and cultural path.	NETA	(S)	(CC)	N/A	#808H
04:30:00	Articulate with Jim Cotter Ellen Harvey Though she's been a successful visual artist for decades, Ellen Harvey remains obsessed with failure. Bharatanatyam: Indian Dance - The classical Indian dance form Bharatanatyam survived colonial oppression and today exemplifies Indian identity both at home and abroad. Xenia Rubinos - Xenia Rubinos' complex music is infused with simple messages about big ideas.	APTEX	(S)	(CC)	N/A	#111H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#499
08:00:00	Painting and Travel with Roger & Sarah Bansemer Alligator Creek Roger and Sarah Bansemer are right at home as they give viewers a glimpse of their unique Alligator Creek studio in Clearwater, Florida. Roger sets up his easel and paints in the creek.	NETA	(S)	(CC)	N/A	#109H
08:30:00	Paint This with Jerry Yarnell The Perfect Perch, Part 2 In this session, Jerry shows his viewers how to finish the sky and cloud formations. Then highlights the back- and foreground meadows. Then the shows how to highlight the background trees. Now he shows how to underpaint the haybales and explains how to properly prospect and give haybales proper dimensional forms. He then finishes by painting in the taller greases in the middle and foreground.	NETA	(S)	(CC)	N/A	#2311H

Sun, Feb 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Blue Moon Seascape	APTEX		(CC)	N/A	#612H
	Art Lesson: Composition. Elements of composition are used to organize the components of an artwork in a pleasing manner. Used effectively, these elements provide a structure that leads the viewer's eye in a particular way for a variety of different effects. Examples of extraordinary composition may include the "Mona Lisa" by Leonardo da Vinci or "Starry Night" by Vincent van Gogh. Important components of good composition include: unity, balance and movement. All compositions begin by identifying a focal point. A range of artistic decisions proceeds from there, ranging from contrasts between light and dark to finding a rhythm that paces the eye of the viewer. The parts of the composition may feel as if they belong together. Or they may be purposely disjointed. A symmetrical arrangement may add a sense of calm; whereas an asymmetrical arrangement may create a sense of unease. By adjusting the arrangement of the objects, the artist can create a sense of motion or still life. Patterns establish an underlying structure of basic lines and shapes. Proportion is the way in which things fit together, big and small, nearby and distant. Each of these components may be used in varying degrees to create the intended effect.					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderizing Your Core	APTEX	(S)	(CC)	DVI	#901H
10:00:00	Sit and Be Fit Finger Dexterity	NETA	(S)	(CC)	N/A	#1319H
	This episode combines fun music of the Charleston and Cha-cha to demonstrate finger exercises using a pencil, sit to stand exercises and vestibular work.					
10:30:00	Power Yoga: Mind and Body Flow - Version One With Sun salutations A & B.	APTEX	(S)	(CC)	N/A	#101
11:00:00	Neven Maguire: Home Chef	APTEX	(S)	(CC)	N/A	#101H
	Neven opens the series by paying a visit to Waterford Castle and head chef Michael Quinn, who prepares leg of lamb steaks. Back in his kitchen, Neven makes air-dried beef carpaccio with roasted beetroot and mustard cream, and the MacNean cheesecake with raspberries and white chocolate.					
11:30:00	New Orleans Cooking with Kevin Belton Egg Dishes Eggs Benedict, eggs sardou, clean-out-the-fridge frittata.	APTEX	(S)	(CC)	N/A	#110H
12:00:00	Ciao Italia Cooking with Balsamic Vinegar - Cucinando Con Aceto Balsamico	NETA	(S)	(CC)	N/A	#2516H
	Mary Ann travels to Modena, Italy, the heart of balsamic vinegar country, to cook with good friend Beatrice whose simple Omelet with Onions, and a salad go from simple to divine with the addition of fifty year-old, syrup-thick, caramel-colored, sweet and pungent artisanal balsamic vinegar tradizionale.					
12:30:00	Mike Colameco's Real Food Ny 2014 Deli/Jewish Cooking	NETA	(S)	(CC)	N/A	#1402H
	A brand new youth driven Deli scene is taking hold in NYC. We'll visit Baz bagels on Grand St., Black Seed Bagels on Elizabeth, Montreal Style Mile End Deli, the new Russ & Daughters Cafe on Orchard St., plus we'll meet the team behind Gefilteria that make artisanal gefilte fish and pickles.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Manhattan's Chinatown	APTEX	(S)	(CC)	DVI	#201H
	Mickela kicks off her New York series in one of the oldest and most iconic neighborhoods in NYC, Manhattan's Chinatown, during the festive time of Chinese Lunar New Year.					
13:30:00	Travel Detective with Peter Greenberg Global Unrest Impacting Travel	NETA	(S)	(CC)	DVI	#306H
	From the pro-democracy Umbrella Movement in Hong Kong, to the Cairo street protests in Tahrir Square. Many events like these scare away travelers. CBS News Travel Editor Peter Greenberg explores whether you should go to these destinations, during times of crisis. The answer may surprise you. Plus, Beijing is one of the most beautiful cities in Asia, but also one of the most polluted. We'll show you what China is doing to clean the air. And, what happens when you get on a flight that sends you to the wrong destination? Legal Correspondent Rikki Klieman looks at the cases of wrong way passengers.					

Sun, Feb 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Wild Photo Adventures Coastal Landscapes Host and professional wildlife photographer Doug Gardner along with photographer Eric Horan explore South Carolina's barrier islands and marshlands in search of beautiful seascapes to photograph.	NETA	(S)	(CC)	DVI	#307H
14:30:00	Destination Craft with Jim West Bali Jim West journeys to Bali where master artisans teach woodcarving, free style and block batik, painting and ikat weaving techniques. He discovers how crafting is associated with rice fields, makes a traditional Balinese dish, and creates crafts in the exotic Monkey Forest. He also sees an elephant who paints in a Safari Park.	APTEX	(S)	(CC)	N/A	#101H
15:00:00	Woodsmith Shop Details of Craftsmanship The Woodsmith editors begin their latest series to help you become a better woodworker. Plus, learn an effective, way to cut rabbets without a dado blade.	NETA	(S)	(CC)	N/A	#1001H
15:30:00	Rough Cut - Woodworking with Tommy Mac Interior Trim, Doors and Windows This week on Rough Cut Woodworking with Tommy Mac we are finally able to finish the interior of the shop. Tommy finishes up the interior doors and trim and moves on to the windows for the final touches.	APTEX	(S)	(CC)	N/A	#710H
16:00:00	Happy Yoga with Sarah Starr Ocean Sunset Savor the peaceful ocean sunset as we focus on upper body stretches for the hands, wrists, shoulders and chest, as well as gentle seated postures designed to create more flexibility in the lower body.	NETA	(S)	(CC)	N/A	#307H
16:30:00	Second Opinion Broken Heart Syndrome Can you really die of a broken heart? Research says that indeed you can die from Broken Heart Syndrome, also known as Takotsubo and Stress Cardiomyopathy. But with quick medical intervention, the condition can be completely reversed. Maryann Murray shares her story of how stress suddenly turned her into a cardiac patient.	APTEX	(S)	(CC)	N/A	#1304H
17:00:00	Immense Possibilities The Boy Who Flies, Flies Again Godfrey Masauli captured our hearts in 2015 with his dream of flight. He left his tiny village to become Malawi's first paraglider pilot. Now he returns to tell us of more dreams made real-he's earning his commercial pilot's license and uses his story to convince admiring schoolchildren all over his country that "Ndizotheka!"...It is possible!	NETA	(S)	(CC)	N/A	#613H
17:30:00	Well Read Maria Semple, Today Will Be Different First garnering critical acclaim and her loyal fan base with her novel, Where'd You Go, Bernadette, Maria Semple is back with another humorous romp. Semple's Today Will Be Different is full of characters every reader can and will recognize from their own lives.	APTEX	(S)	(CC)	N/A	#605H
18:00:00	California's Gold Manzanar Manzanar War Relocation Center was one of ten camps at which Japanese American citizens and resident Japanese aliens were interned during World War II. It is located at the foot of the imposing Sierra Nevadas in the Owens Valley. Huell Howser is joined by experts and internees to learn about the camp's complex history. And although little remains of the camp itself, Huell discovers a permanent reminder of the internees' detention--their names etched in concrete.	KCET		(CC)	N/A	#4012
18:30:00	Joseph Rosendo's Travelscope France - Bordeaux A celebration of wine, food and good times. In his Bordeaux, France adventure Joseph tours the UNESCO World Heritage town of Bordeaux and the small wine making and exporting villages that comprise the region. Along the way he indulges in romantic castle visits, gourmet dinners and spectacular encounters with the history, art and music of the area. This episode is a salute to France, to the French and to Life! C'est La Vie! That's Life!	APTEX	(S)	(CC)	DVI	#909H
19:00:00	Blackademics Television Tinsley / Mann / Austin A Black Feminist Professor on Beyonce, Black Feminism and Empowerment; An activist educator calls for us to use our intelligence as a form of service to community; the importance of music and the arts as tools for education and empowerment. Talks by Omise'eke Natasha Tinsley, Fatima Mann and Yewande K. Austin.	KNME	(S)	(CC)	N/A	#504H

Sun, Feb 04, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Alam Khan	KAMLA	(S)	(CC)	N/A	#127H
	Kamla talks to Alam Khan, musician, composer and teacher about about his family's musical legacy and his interest in hip-hop. How does he combine his Indian Classical music with hip-hop? His father Ali Akbar Khan established an Indian musical school in Berkeley in the 1960s, which celebrates its 50th anniversary in 2017.					
20:00:00	Black America A Conversation with Salamishah Tillet	EPS	(S)	(CC)	N/A	#117H
	Salamishah Tillet, Professor at University of Pennsylvania and Co-Founder of "A Long Walk Home" sits down with Carol Jenkins to discuss the topic, saving Black girls from violence and nurturing their success. In 2003, A Long Walk Home was founded by sisters, Dr. Salamishah Tillet and Scheherazade Tillet to educate, inspire, and mobilize young people to end violence against girls and women by using art. This journey was inspired after Scheherazade discovered her sister, Salamishah was a rape survivor and wanted to help her sister heal from the violence she experienced. In this episode of Black America, Dr. Salamishah Tillet discusses sexual violence, why we have to "Say Her Name", her thoughts on Beyonce's latest project, "Lemonade" and her latest work on artist, Nina Simone.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#105H
	In honor of October's National "People's History Month," Asian American Life reports from Ellis Island's Peopling of America Center. This major expansion of the museum reopened in May 2015, and it traces the immigrant experience to the U.S.A. from 1892 to present day. Asian American Life takes a close look at our immigration history and its influence on American culture. Reporter Kyung Yoon looks at the "Peopling of America" exhibit and how people can trace their ancestry. Ernabel Demillo reports on the little known history of Filipinos who arrived in the early 1900's where many were sponsored students. Paul Lin reports on how undocumented students face a greater hurdle to obtain a college education. Minnie Roh interviews Dr. Leroy Chiao who achieved the American dream and became only a handful of Asian American astronauts in the history of NASA.					
21:00:00	Schools That Change Communities	APTEX	(S)	(CC)	N/A	#0H
	From economically challenged rural areas to crime-ridden urban neighborhoods, SCHOOLS THAT CHANGE COMMUNITIES profiles a diverse range of K-12 public schools in five states - Massachusetts, Maryland, South Dakota, Oregon and California - that are tackling educational reform at the local level. Principals, teachers, students, residents and others discuss place- and community-based education, an interdisciplinary approach which emphasizes hands-on, curiosity-based investigation using the surrounding community and neighborhoods as "living" classrooms. Proponents say this creates not only a different type of learning environment, but a different kind of student. In confronting and solving real-world issues in their own hometowns, the students develop a sense of civic responsibility and pride. The community feels the impact too, whether students are delivering baked goods to neighbors, planting vegetables in a community garden, testing drinking water and air quality, helping restore natural habitats, shining a light on important social					
22:00:00	Evening with Eric Holder	NETA	(S)	(CC)	DVI	#0H
	An Evening With Eric Holder is a one-on-one interview with former U.S. Attorney General Eric H. Holder, Jr. whose career that has been committed to service and racial justice. Join Washington Post blogger and MSNBC contributor, Jonathan Capehart, as he engages in conversation with the third longest-serving Attorney General in U.S. history and the first African American to hold that office.					
23:00:00	We Knew What We Had: The Greatest Jazz Story Never Told	APTEX	(S)	(CC)	N/A	#0H
	WE KNEW WHAT WE HAD: THE GREATEST JAZZ STORY NEVER TOLD chronicles the unrecognized history of jazz in Pittsburgh, Pennsylvania. The hour-long documentary features the talents of international jazz legends George Benson, Ahmad Jamal, Stanley Turrentine, Billy Eckstine, Kenny Clarke, Art Blakey, Billy Strayhorn and Mary Lou Williams-all Pittsburghers. Using archival footage and photos, it also sheds light on the social conditions and historical events that conspired to make Pittsburgh one of the world's leading contributors to the legacy of jazz music.					

Mon, Feb 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Tinsley / Mann / Austin A Black Feminist Professor on Beyonce, Black Feminism and Empowerment; An activist educator calls for us to use our intelligence as a form of service to community; the importance of music and the arts as tools for education and empowerment. Talks by Omise'eke Natasha Tinsley, Fatima Mann and Yewande K. Austin.	KNME	(S)	(CC)	N/A	#504H
00:30:00	The Kamla Show Special Alam Khan Kamla talks to Alam Khan, musician, composer and teacher about about his family's musical legacy and his interest in hip-hop. How does he combine his Indian Classical music with hip-hop? His father Ali Akbar Khan established an Indian musical school in Berkeley in the 1960s, which celebrates its 50th anniversary in 2017.	KAMLA	(S)	(CC)	N/A	#127H
01:00:00	Black America A Conversation with Salamishah Tillet Salamishah Tillet, Professor at University of Pennsylvania and Co-Founder of "A Long Walk Home" sits down with Carol Jenkins to discuss the topic, saving Black girls from violence and nurturing their success. In 2003, A Long Walk Home was founded by sisters, Dr. Salamishah Tillet and Scheherazade Tillet to educate, inspire, and mobilize young people to end violence against girls and women by using art. This journey was inspired after Scheherazade discovered her sister, Salamishah was a rape survivor and wanted to help her sister heal from the violence she experienced. In this episode of Black America, Dr. Salamishah Tillet discusses sexual violence, why we have to "Say Her Name", her thoughts on Beyonce's latest project, "Lemonade" and her latest work on artist, Nina Simone.	EPS	(S)	(CC)	N/A	#117H
01:30:00	Asian American Life In honor of October's National "People's History Month," Asian American Life reports from Ellis Island's Peopling of America Center. This major expansion of the museum reopened in May 2015, and it traces the immigrant experience to the U.S.A, from 1892 to present day. Asian American Life takes a close look at our immigration history and its influence on American culture. Reporter Kyung Yoon looks at the "Peopling of America" exhibit and how people can trace their ancestry. Ernabel Demillo reports on the little known history of Filipinos who arrived in the early 1900's where many were sponsored students. Paul Lin reports on how undocumented students face a greater hurdle to obtain a college education. Minnie Roh interviews Dr. Leroy Chiao who achieved the American dream and became only a handful of Asian American astronauts in the history of NASA.	EPS	(S)	(CC)	N/A	#105H
02:00:00	Schools That Change Communities From economically challenged rural areas to crime-ridden urban neighborhoods, SCHOOLS THAT CHANGE COMMUNITIES profiles a diverse range of K-12 public schools in five states - Massachusetts, Maryland, South Dakota, Oregon and California - that are tackling educational reform at the local level. Principals, teachers, students, residents and others discuss place- and community-based education, an interdisciplinary approach which emphasizes hands-on, curiosity-based investigation using the surrounding community and neighborhoods as "living" classrooms. Proponents say this creates not only a different type of learning environment, but a different kind of student. In confronting and solving real-world issues in their own hometowns, the students develop a sense of civic responsibility and pride. The community feels the impact too, whether students are delivering baked goods to neighbors, planting vegetables in a community garden, testing drinking water and air quality, helping restore natural habitats, shining a light on important social	APTEX	(S)	(CC)	N/A	#0H
03:00:00	Evening with Eric Holder An Evening With Eric Holder is a one-on-one interview with former U.S. Attorney General Eric H. Holder, Jr. whose career that has been committed to service and racial justice. Join Washington Post blogger and MSNBC contributor, Jonathan Capehart, as he engages in conversation with the third longest-serving Attorney General in U.S. history and the first African American to hold that office.	NETA	(S)	(CC)	DVI	#0H
04:00:00	We Knew What We Had: The Greatest Jazz Story Never Told WE KNEW WHAT WE HAD: THE GREATEST JAZZ STORY NEVER TOLD chronicles the unrecognized history of jazz in Pittsburgh, Pennsylvania. The hour-long documentary features the talents of international jazz legends George Benson, Ahmad Jamal, Stanley Turrentine, Billy Eckstine, Kenny Clarke, Art Blakey, Billy Strayhorn and Mary Lou Williams-all Pittsburghers. Using archival footage and photos, it also sheds light on the social conditions and historical events that conspired to make Pittsburgh one of the world's leading contributors to the legacy of jazz music.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#500
08:00:00	Zula Patrol Villain of the Year/One Is The Loneliest Number VILLAIN OF THE YEAR - Dark Truder, Deliria and every other villain in the galaxy are competing for this year's Villain Of The Year Award, trying to outdo each other with acts of nefarious nastiness. The Zula Patrol has their hands full trying to quash the cosmic crime wave - especially when Truder announces to all that he plans to pull off the ultimate heist - he's going to steal an entire galaxy! ONE IS THE LONELIEST NUMBER - Zeeter is given a tough choice when The Zula Academy offers her a position that means leaving The Zula Patrol. But her decision is put on hold when the space pirate Captain Jacquie Stellar starts stealing stars out of their binary pairs. As the whole Zula Patrol works together to stop Jacquie, Zeeter realizes her place is with her friends.	APTEX	(S)	(CC)	DVI	#313H

Mon, Feb 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#118H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Back	ACCES		(CC)	N/A	#111H
09:30:00	Classical Stretch: The Esmonde Technique Bone Strengthening Workout In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful in Jamaica! This all-barre workout is designed to strengthen your bones and prevent Osteoporosis.	APTEX	(S)	(CC)	DVI	#1002H
10:00:00	Sit and Be Fit Happy Feet, Healthy Body Mary Ann stresses the importance of foot health. Using a small ball she shares foot exercises and massage techniques to improve circulation, range of motion and strength in the foot.	NETA	(S)	(CC)	N/A	#1320H
10:30:00	Sewing with Nancy Fashion Sewing: Plain to Fabulous, Part 1 Make a sewing statement, starting with a basic pattern, then "fill up" spaces-a yoke, a front panel, or cuffs, with embellishments or unique fabrics. Learn how these fabric accents can create flattering illusions of a slimmer shape while learning creative sewing techniques such as discharge fabric dying and carefree threadwork. Guest Lorraine Torrence joins Nancy.	NETA	(S)	(CC)	N/A	#3023H
11:00:00	Knit and Crochet Now! Dolly Long Legs Lena Skvagerson and Robyn Chachula are going to show how to knit and crochet versions of our Dolly Long Legs...which we have named "Deborah Dolls" in honor of new host Deborah Norville. These are sure to be the special doll that gets dragged everywhere. Ellen is in the stitch corner showing how to crochet the Fishbone Stitch.	APTEX	(S)	(CC)	DVI	#706H
11:30:00	Fons & Porter's Love of Quilting Quilting with An Accent: Embellishment Techniques Quilt tops can be seen as a canvas. Our patchwork can be enhanced and accented, becoming a new creation. Mary and her guest Jerry discuss sewing machine needles, threads and techniques for generating a secondary layer - quilting that adds dimension and interest to our patchwork.	NETA	(S)	(CC)	N/A	#2810H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7136H
13:00:00	America's Test Kitchen from Cook's Illustrated Summer Dinner Party Host Julia Collin Davison goes into the test kitchen with test cook Dan Souza to learn how to make the ultimate grill-roasted beef tenderloin. Next, equipment expert Adam Ried reviews gas grills in the Equipment Corner. Then, gadget guru Lisa McManus uncovers the best pie carriers. Finally, test cook Erin McMurrer shows host Bridget Lancaster how to make an elegant pear-walnut upside-down cake.	APTEX	(S)	(CC)	N/A	#1724H
13:30:00	Pati's Mexican Table Summer Evening Party It's the end of a great week in San Miguel, so Pati and her family decide to have a summer evening party - the perfect end to a fun family vacation. First, she'll head to a few places in San Miguel for ingredients, Agropark and a local winery. Back home she'll cook a big, celebratory family dinner to be enjoyed on their patio, while the sun sets over the city. Recipe 1: Cherry Tomato Jam with Red Wine and Scallions; Recipe 2: Citrus Chicken with Carrots and Baby Potatoes; Recipe 3: Bell Peppers, Cucumbers and Chickpea Salad; Recipe 4: Vanilla Custard.	APTEX	(S)	(CC)	N/A	#404H
14:00:00	Steven Raichlen's Project Smoke Surf Meets Turf In this show, we cast metaphorical nets in the sea, over land, and in the air, working the Project Smoke magic on classic surf and turf. First, a smoked shrimp cocktail fired up with chipotle chiles and served with an electrifying Yucatan orange cocktail sauce. Next, fresh trout stuffed with lemon and dill, wrapped with bacon, and smoked on cedar planks in a mammoth ceramic cooker. Santa Maria tri-tip gets the reverse-sear treatment on a pellet grill-a revolutionary technique that guarantees crusty, smoky, perfectly cooked smoky sirloin every time. Finally, a smoked delicacy from Asia: not so classic Chinese tea-smoked duck served taco style. It's surf and turf on Project Smoke. Recipes: Smoked Shrimp Cocktail; Smoked Planked Trout; Reverse Seared Tri-Tip; Tea-Smoked Duck with Chinatown Barbecue Sauce.	APTEX	(S)	(CC)	N/A	#103H
14:30:00	George Hirsch Lifestyle Pantry & Just Picked George concludes the season with a several tasty and quick dishes plucked from the pantry, including gazpacho and panzanella. He tours an apple orchard with a 12th-generation farming family and then prepares his classic tarte tartin using some of the fruit. He also receives a master class in pairing condiments with cheese and wine from an award-winning sommelier. Recipes: - Gazpacho - Panzanella Salad - Tarte Tatin.	APTEX	(S)	(CC)	N/A	#113H

Mon, Feb 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Make It Colorful	NETA	(S)	(CC)	N/A	#2210H
	Color adds an extra pop to any jewelry design. Designer and author Aree Sweet-McNamara blends her love of colors and shapes with soutache braid and tiny beads to create high-impact jewelry. Katie colors charms and pendants using permanent markers and alcohol inks.					
15:30:00	Make It Artsy Wear Your Art	NETA	(S)	(CC)	N/A	#210H
	Wear your art and express your maker's spirit wherever you go. Embellishment artist Candie Cooper makes bag charms with leather and beads. Resin artist Susan Lenart Kazmer casts found objects to wear as jewelry or embellishments. Fine artist Andrew Thornton turns a book into a necklace. Jane Dunnewold is back with more art tips.					
16:00:00	Biz Kid\$ Scam-A-Rama (Protect Yourself from Being Scammed)	APTEX	(S)	(CC)	DVI	#407H
	It's a complicated world and there are many ways you can be taken advantage of or cheated. Learn how to recognize a scam, and how to protect yourself from identify theft, pyramid schemes, and more.					
16:30:00	Hands On Crafts for Kids Fins, Feathers and Fur	NETA	(S)	(CC)	DVI	#1801H
	Let's get creative with inspiration from the forest, sea and sky. Jenny Barnett-Rohrs and Katie Hacker make a friendly hedgehog then Katie creates a wiggly fish. Franz Spohn scratches off paint to make colorful animal images and Jenny makes a gelatin print Valentine's Day card.					
17:00:00	P. Allen Smith's Garden Home Thank You for Sharing	APTEX	(S)	(CC)	DVI	#1602H
	Sharing is caring, so join P. Allen Smith as he visits with some of the movers and shakers making a real difference in their communities.					
17:30:00	Growing A Greener World An Organic Farm Changing Lives; The Center for Discovery, Sullivan County, Ny	APTEX	(S)	(CC)	N/A	#511H
	Spend time in a garden or on a farm, and you quickly realize the amazing healing powers they have by just being there. Now imagine the power such a place can have when you're immersed in it full time. For children with ASD (Autistic Spectrum Disorder), those benefits are exponential. The Center for Discovery, in Sullivan County, NY is a place created for just such children. The farm is at the heart of the project and it's changing lives in a powerful and moving way. In this episode, we visit the farm, meet some of the dedicated staff, and discover the magic this place has on the children who come here.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15026H
18:30:00	Americas Now Mexico's Crime-Free Town	NETA	(S)	(CC)	N/A	#124H
	Mexico - Crime free town - Mexico's war on drugs has proven long and brutal. The central state of Michoacan has been hit especially hard, with rival cartels fighting each other for territory AND against onslaughts by the Mexican Army. The violence has led to lawlessness... and a spike in illegal logging. One small town, Cheran, took on all the bad guys and drove them out. Five years later the Purepecha Indian village is still effectively governing itself. Peace reigns in Cheran but villagers say they can never lower their guard. Costa Rica - Renewable energy - Costa Rica is well-known for its pristine nature, abundant waterways and commitment to clean energy. But the country has recently taken its environmental initiative one step further. It has broken records for going the longest stretch of time -- using energy "only" from renewable power sources. Correspondent Harris Whitbeck reports on the progress this pioneering nation is making -- to be a global model for sustainability.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8221
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3605H
20:00:00	The Kate Rosanne Cash	APTEX	(S)	(CC)	N/A	#206H
	Rosanne Cash, one of the country's pre-eminent singer-songwriters, accompanied by her producer/husband, John Leventhal, graces The Kate stage and uses her lyrics as paints and her voice as the brush, to deliver a gorgeous sonic portrait, a deeply personal concert revealing the landscape of her career.					
21:00:00	Backstage Pass Nicole New and the Woodward Horns	NETA	(S)	(CC)	N/A	#805H
	Originally from Detroit, singer Nicole New puts a spin on classic jazz songs as well as contemporary hits. Featured with Nicole are the four-piece horn section from Detroit The Woodward Horns. Performances include "Big Spender," "Lovesong," and "Seven Nation Army." Recorded at Lansing JazzFest 2016 the capital city's historic Old Town district.					

Mon, Feb 05, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Walking Into The Unknown	APTEX	(S)	(CC)	N/A	#0
	<p>The Emmy-nominated documentary WALKING INTO THE UNKNOWN traces the intimate journey of an American Indian physician and national health columnist as he navigates the health care system and gains a deeper understanding of himself and his health risks. Dr. Arne Vainio works on the Fond du Lac (Ojibwe) Reservation in northern Minnesota, where his Native patients face grim health statistics. His impending 50th birthday - coupled with his frustration with middle-aged Native men who avoid health screenings - prompts a revelation: he needs to heed his own advice. At high risk for diabetes, heart disease, stroke and cancer, Vainio chooses to confront the health issues that jeopardize his future by undergoing medical screenings, making diet changes and adopting a lifestyle necessary to prevent a fatal outcome. This poignant story reveals Dr. Vainio's vulnerability as he reverses roles and finds himself a patient. The program also includes several powerful testimonials from community members who have experienced the premature loss of Native men in their families, along with explanations of several diagnostic tests told from the patient's point of view.</p>					
23:00:00	Editor and the Dragon: Horace Carter Fights The Klan	APTEX	(S)	(CC)	N/A	#0H
	<p>Narrated by Oscar-winning actor Morgan Freeman, THE EDITOR AND THE DRAGON tells the story of Pulitzer Prize-winning publisher Horace Carter (1921-2009) and his bold reporting on the Ku Klux Klan in the pre-Civil Rights era. Carter, the 29-year-old editor of the weekly Tabor City Tribune, stood against the Klan and risking life, livelihood, friendships and his family's safety to protest the Klan's racist rhetoric and vigilantism. His courageous reports and the unwavering integrity of his weekly editorials helped lead to the first FBI investigation of the Klan during that era, and to the arrest and conviction of nearly 100 Klansmen. Archival footage and interviews with Carter, his family, Tabor City (North Carolina) residents, journalists and historians help piece together this dark chapter in American history.</p>					

Tue, Feb 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Mexico's Crime-Free Town	NETA	(S)	(CC)	N/A	#124H
	Mexico - Crime free town - Mexico's war on drugs has proven long and brutal. The central state of Michoacan has been hit especially hard, with rival cartels fighting each other for territory AND against onslaughts by the Mexican Army. The violence has led to lawlessness... and a spike in illegal logging. One small town, Cheran, took on all the bad guys and drove them out. Five years later the Purepecha Indian village is still effectively governing itself. Peace reigns in Cheran but villagers say they can never lower their guard. Costa Rica - Renewable energy - Costa Rica is well-known for its pristine nature, abundant waterways and commitment to clean energy. But the country has recently taken its environmental initiative one step further. It has broken records for going the longest stretch of time -- using energy "only" from renewable power sources. Correspondent Harris Whitbeck reports on the progress this pioneering nation is making -- to be a global model for sustainability.					
00:30:00	The Open Mind Automating Inequality	NETA		(CC)	N/A	#3827H
	Guest: Virginia Eubanks. University of Albany political scientist Virginia Eubanks discusses her new book "Automating Inequality: How High Tech Tools Profile, Police, and Punish the Poor."					
01:00:00	The Kate Rosanne Cash	APTEX	(S)	(CC)	N/A	#206H
	Rosanne Cash, one of the country's pre-eminent singer-songwriters, accompanied by her producer/husband, John Leventhal, graces The Kate stage and uses her lyrics as paints and her voice as the brush, to deliver a gorgeous sonic portrait, a deeply personal concert revealing the landscape of her career.					
02:00:00	Backstage Pass Nicole New and the Woodward Horns	NETA	(S)	(CC)	N/A	#805H
	Originally from Detroit, singer Nicole New puts a spin on classic jazz songs as well as contemporary hits. Featured with Nicole are the four-piece horn section from Detroit The Woodward Horns. Performances include "Big Spender," "Lovesong," and "Seven Nation Army." Recorded at Lansing JazzFest 2016 the capital city's historic Old Town district.					
03:00:00	Walking Into The Unknown	APTEX	(S)	(CC)	N/A	#0
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04:00:00	Editor and the Dragon: Horace Carter Fights The Klan	APTEX	(S)	(CC)	N/A	#0H
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05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#501
08:00:00	Ruby's Studio The Feelings Show	APTEX	(S)	(CC)	N/A	#101H
	"Ruby's Studio: The Feelings Show" helps young children understand, appropriately express, and move through their big feelings. Featuring curriculum guided by child development expert Betsy Brown Braun.					
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#119H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Neck	ACCES		(CC)	N/A	#112H
09:30:00	Classical Stretch: The Esmonde Technique Spine Stretch for Posture Workout	APTEX	(S)	(CC)	DVI	#1003H
	In this episode of Classical Stretch, join Miranda Esmonde-White in the beautiful gardens of Jamaica. Miranda will take you through stretches that will increase the flexibility in your back and improve your posture in this all-standing workout.					

Tue, Feb 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit All Systems Go!	NETA	(S)	(CC)	N/A	#1401H
	This program incorporates exercises for the brain and several body systems including vestibular and lymphatic.					
10:30:00	Sewing with Nancy Fashion Sewing: Plain to Fabulous, Part 2	NETA	(S)	(CC)	N/A	#3024H
	Join Nancy and wearable art specialist Lorraine Torrance as they share how to combine fabrics that are not usually used together to change a plain fashion to fabulous. Silk organza, charmeuse, denim and velveteen can all play well together in a jacket you create, once you learn the sewing savvy tips and techniques. Be inspired to personalize your fashion sewing.					
11:00:00	Knit and Crochet Now! Downton Abbey-Inspired Gloves	APTEX	(S)	(CC)	DVI	#707H
	This week designer Rohn Strong joins Deborah Norville with not one but two pairs of fingerless gloves...one knit and one crochet. The knit Unger Mitts feature a cable and the Riviera Crochet Mitts has an elegant filet cuff, both of which would be suitable for a dinner party at Downton Abbey! In the stitch corner Ellen is demonstrating a Crochet Motif.					
11:30:00	Fons & Porter's Love of Quilting String Me Along	NETA	(S)	(CC)	N/A	#2811H
	Quilter's always have leftover fabric. Here is the perfect way to use up everything. Patrick and his quest Dodi Poulsen will teach you how to get organized and build blocks that "jump" off the design wall. By selecting a strong focus fabric your foundation pieces your blocks come to life, one strip at a time. This relaxing method, frees you from the exacting math of traditional patchwork.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7137H
13:00:00	Julie Taboulie's Lebanese Kitchen Garden of Dreams	APTEX	(S)	(CC)	DVI	#101H
	In this sensational season opener of the series, Julie finds herself in a garden of dreams in Mama's Glorious Garden. This special place and special person, both serve as Julie's number one source of inspiration and ideas that influences her to create, cook and celebrate her impressive line-up of fresh, flavorful and fabulous Lebanese foods. From exquisite eggplant, vine-ripe ruby-red tomatoes and spectacular Swiss chard to bouquets of healthy herbs, perky peppers and purple potatoes, Julie showcases and shares some special Lebanese recipes in which all of the ingredients are sourced straight from Mama's home-grown garden. Throughout this spectacular show, Julie takes viewers along with her right into the garden to get an up close and personal look at all of the beautiful and breathtaking bounty as she meets with Mama who shares some of her green-thumb gardening tips for viewers to try for themselves at home. It's more garden, more glory and most of all more Mama in Julie's garden of dreams show, let's dig into deliciousness.					
13:30:00	Taste of Louisiana with Chef John Folse & Co. - After The Hunt Roast of Wild Boar/Cochon De Lait Festival	APTEX	(S)	(CC)	N/A	#1215H
	The first recipe is spice-rubbed tenderloin of boar that's basted with fresh peach BBQ sauce, then grilled to perfection. He travels to White Oak Plantation in Baton Rouge for a demonstration of the Cajun Microwave. He closes the show with Wild Boar Chops that are marinated for 24 hours in red wine, peppers, onions, celery and garlic, then pan fried in bacon fat.					
14:00:00	Taste of History Cajun Cuisine of the Acadians	NETA	(S)	(CC)	N/A	#808H
	Chef Walter Staib cooks in the Louisiana bayou for a taste of history that captures the Cajun culture! Discover how French farmers were lured to wilderness of the American South and established one of the most unique cuisines in America. Louisiana native Chef John Folse joins Staib to prepare authentic Cajun recipes such as Rabbit & Squirrel Jambalaya and Turtle Sauce Piquante"					
14:30:00	Christopher Kimball's Milk Street Television Not Your Mother's Cake	APTEX	(S)	(CC)	N/A	#109H
	A classic recipe gets a different spin as Milk Street Cook Catherine Smart shows how to make whipped cream biscuits with macerated strawberries with lime. Another dessert staple, pound cake, takes its turn as Milk Street Cook Erika Bruce shows host Christopher Kimball the techniques to transform this often dense dessert into light and tender lemon-buttermilk pound cake. Next, Chris teaches how to prep your pan in Milk Street Cooking School. To end the show, Milk Street Cook Lynn Clark takes us through the steps to create the five-star dessert, pistachio-cardamom loaf cake.					
15:00:00	Beads, Baubles and Jewels Take Beadwork to the Next Level	NETA	(S)	(CC)	N/A	#2211H
	Author Nealay Patel returns to show how the type of wire used can enhance the design possibilities. He uses knitted wire and adds ruffles and ripples to make a dazzling necklace. Following today's hot trend, Katie makes a bracelet on a loom using leather cord and crystal beads in her Beading Lesson.					

Tue, Feb 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Kid Friendly	NETA	(S)	(CC)	N/A	#211H
	Inspire a young maker with kid-friendly art projects. Folk artist Mystele Kirkeeng paints a portrait of a cup inspired by various designs. Studio artist Cynthia Thornton paints and assembles charming paper dolls. Jewelry expert Candie Cooper tops things off with a beautiful beaded crown. Jane Dunnewold shares another art tip.					
16:00:00	Biz Kid\$ The Value of Money	APTEX	(S)	(CC)	DVI	#408H
	With many currencies around the world, what determines the value of money? What are the factors that raise or lower the value of the american dollar? Why is the dollar measured against the chinese yuan, the japanese yen, or the euro? Learn why the value of the dollar is important in your life.					
16:30:00	Hands On Crafts for Kids Dress Up	NETA	(S)	(CC)	DVI	#1802H
	It's fun to dress up and decorate. Jenny Barnett-Rohrs and Katie Hacker team up to make a really cool cape. Candie Cooper recreates a design from a famous modern artwork. Then, we'll dance away in a new tutu skirt and make a patriotic decoration from blogger Angie Holden.					
17:00:00	P. Allen Smith's Garden Home Healthy for Generations	APTEX	(S)	(CC)	DVI	#1603H
	Getting your family to eat and live healthy may seem like an enormous challenge, but as P. Allen Smith demonstrates, it can be easy and fun when everyone is on board.					
17:30:00	Growing A Greener World Putting The Garden to Bed: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#512H
	The start of the next gardening season begins with making good decisions much earlier. Joe Lamp'I brings in the cameras as he puts his garden to bed and shows you what you need to know too. The tips shared in this episode are many and extremely helpful for any gardener to create a healthier and more productive garden next season and beyond.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15027H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1213H
	Saddle up for an Old West cattle drive in Utah. We hit the dusty trail where we meet an extended ranch family who's been driving cattle to summer grazing grounds for generations. It's an experience available to city slickers too.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8222
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1406H
20:00:00	Sun Studio Sessions The Bo-Keys	NETA	(S)	(CC)	N/A	#809H
	NPR's All Songs Considered describes The Bo-Keys as a "Memphis tour de force" that "breathes new life into classic sounds." Featuring legendary singer Percy Wiggins and led by Grammy nominated producer-bassist Scott Bomar, the group also includes legendary session musicians from the Stax and Hi Records studio bands. In this episode, the soulful band performs multiple fan favorites, including the title track from their latest record "Heartache by the Numbers."					
20:30:00	Jammin at Hippie Jack's Mountain Heart	NETA	(S)	(CC)	N/A	#1002H
	The band's name has been synonymous with cutting-edge excellence in acoustic music circles since the group's creation in 1999. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound, and stage show, which appeals to an incredibly wide variety of musical tastes. They have appeared on the revered Grand Ole Opry in excess of 130 times and have shared the stage with acts ranging from Lynyrd Skynyrd to the Avett Brothers.					

Tue, Feb 06, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Infinity Hall Live Dawes	APTEX	(S)	(CC)	N/A	#112H
	<p>The venue is packed as Los Angeles-based band Dawes takes the stage. Although they could have filled an even larger venue, the intimate atmosphere at Infinity Hall is welcomed by guitarist and lead vocalist Taylor Goldsmith. "I'm pretty sure venues like this are exactly what our music is meant to be played in. No bigger, no smaller. This is exactly perfect," he told the audience after opening with "That Western Skyline" and "The Way You Laugh." With his brother Griffin Goldsmith on drums and vocals, Tay Strathairn on keyboards and vocals, and Wiley Gelber on bass, the foursome's carefully crafted rhythms and tight harmonies have been compared to the Laurel Canyon sound of Crosby, Still and Nash and Neil Young. Taylor commented on Dawes' chemistry both musically and personally. "We're all extremely close," says Taylor. "I don't think this would work if we weren't. A big part of our careers and our time spent playing music is on the road." The band puts an emphasis on its live sound, even turning to traditional methods when recording albums. Strathairn points out that the band records on two-inch tape, laying down an entire track at once rather than recording each part separately. "The performance becomes paramount. We're all in a room, and they say go, and you have to do a whole take of a whole song. We're a live band essentially, and I think that captures us a bit," he says. The group tours extensively and considers its live performances to be its greatest asset. "Music being what it is today, where the value of the record isn't what it was and people could take it for free if they want, the only way to carve out a career for yourself is playing on stage and playing shows and having people come out to the shows. It's always been the best way to spread the word about the band," says Taylor. True to his word, Taylor shows his appreciation for the audience by turning his microphone stand toward the singing crowd as they belt out the chorus line during an inspirational rendition of "When My Time Comes." Dawes closes the show with "Time Spent in Los Angeles," the song they played in June 2011 while performing on The Late Show with David Letterman.</p>					
22:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#701H
	<p>Jennifer Lawrence (Mother!) with Adam Sandler (The Meyerowitz Stories) , Gary Oldman (Darkest Hour) with Kate Winslet (Wonder Wheel), Jake Gyllenhaal (Stronger) with Margot Robbie (I, Tonya), Saoirse Ronan (Lady Bird) with Kristen Wiig (Downsizing and Mother!) and Timothee Chalamet (Call Me by Your Name) with Daniel Kaluuya (Get Out).</p>					
23:00:00	Korla	NETA	(S)	(CC)	N/A	#0H
	<p>Korla is the amazing story of John Roland Redd, an African American from Columbia, Missouri who migrated to Hollywood in 1939 and reinvented himself as a musician from India. As one of early television's pioneering musical artists, Korla Pandit's life was one of talent, determination, ingenuity and racial passing, a story not fully realized until after his death in 1998.</p>					

Wed, Feb 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland Saddle up for an Old West cattle drive in Utah. We hit the dusty trail where we meet an extended ranch family who's been driving cattle to summer grazing grounds for generations. It's an experience available to city slickers too.	APTEx	(S)	(CC)	N/A	#1213H
00:30:00	Overheard with Evan Smith Jason Kander, President of Let America Vote Jason Kander is a former Army Captain, Missouri's 39th Secretary of State and the president of Let America Vote, an organization that fights against voter suppression laws. In 2016, Kander ran for the U. S. Senate in Missouri. At over \$75 million, his campaign was the most expensive Senate race in state history.	NETA	(S)	(CC)	N/A	#805H
01:00:00	Sun Studio Sessions The Bo-Keys NPR's All Songs Considered describes The Bo-Keys as a "Memphis tour de force" that "breathes new life into classic sounds." Featuring legendary singer Percy Wiggins and led by Grammy nominated producer-bassist Scott Bomar, the group also includes legendary session musicians from the Stax and Hi Records studio bands. In this episode, the soulful band performs multiple fan favorites, including the title track from their latest record "Heartache by the Numbers."	NETA	(S)	(CC)	N/A	#809H
01:30:00	Jammin at Hippie Jack's Mountain Heart The band's name has been synonymous with cutting-edge excellence in acoustic music circles since the group's creation in 1999. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound, and stage show, which appeals to an incredibly wide variety of musical tastes. They have appeared on the revered Grand Ole Opry in excess of 130 times and have shared the stage with acts ranging from Lynyrd Skynyrd to the Avett Brothers.	NETA	(S)	(CC)	N/A	#1002H
02:00:00	Infinity Hall Live Dawes The venue is packed as Los Angeles-based band Dawes takes the stage. Although they could have filled an even larger venue, the intimate atmosphere at Infinity Hall is welcomed by guitarist and lead vocalist Taylor Goldsmith. "I'm pretty sure venues like this are exactly what our music is meant to be played in. No bigger, no smaller. This is exactly perfect," he told the audience after opening with "That Western Skyline" and "The Way You Laugh." With his brother Griffin Goldsmith on drums and vocals, Tay Strathairn on keyboards and vocals, and Wiley Gelber on bass, the foursome's carefully crafted rhythms and tight harmonies have been compared to the Laurel Canyon sound of Crosby, Still and Nash and Neil Young. Taylor commented on Dawes' chemistry both musically and personally. "We're all extremely close," says Taylor. "I don't think this would work if we weren't. A big part of our careers and our time spent playing music is on the road." The band puts an emphasis on its live sound, even turning to traditional methods when recording albums. Strathairn points out that the band records on two-inch tape, laying down an entire track at once rather than recording each part separately. "The performance becomes paramount. We're all in a room, and they say go, and you have to do a whole take of a whole song. We're a live band essentially, and I think that captures us a bit," he says. The group tours extensively and considers its live performances to be its greatest asset. "Music being what it is today, where the value of the record isn't what it was and people could take it for free if they want, the only way to carve out a career for yourself is playing on stage and playing shows and having people come out to the shows. It's always been the best way to spread the word about the band," says Taylor. True to his word, Taylor shows his appreciation for the audience by turning his microphone stand toward the singing crowd as they belt out the chorus line during an inspirational rendition of "When My Time Comes." Dawes closes the show with "Time Spent in Los Angeles," the song they played in June 2011 while performing on The Late Show with David Letterman.	APTEx	(S)	(CC)	N/A	#112H
03:00:00	Variety Studio: Actors On Actors Jennifer Lawrence (Mother!) with Adam Sandler (The Meyerowitz Stories) , Gary Oldman (Darkest Hour) with Kate Winslet (Wonder Wheel), Jake Gyllenhaal (Stronger) with Margot Robbie (I, Tonya), Saoirse Ronan (Lady Bird) with Kristen Wiig (Downsizing and Mother!) and Timothee Chalamet (Call Me by Your Name) with Daniel Kaluuya (Get Out).	NETA	(S)	(CC)	N/A	#701H
04:00:00	Korla Korla is the amazing story of John Roland Redd, an African American from Columbia, Missouri who migrated to Hollywood in 1939 and reinvented himself as a musician from India. As one of early television's pioneering musical artists, Korla Pandit's life was one of talent, determination, ingenuity and racial passing, a story not fully realized until after his death in 1998.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#502
08:00:00	Ruby's Studio The Friendship Show "Ruby's Studio: The Friendship Show" offers kids invaluable tools to help them make and nurture lasting friendships. With a curriculum guided by parenting expert and author, Dr. Robyn Silverman.	APTEx	(S)	(CC)	N/A	#102H
08:30:00	Thomas Edison's Secret Lab	APTEx	(S)	(CC)	N/A	#120H

Wed, Feb 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Brain Aerobics	ACCES		(CC)	N/A	#113H
09:30:00	Classical Stretch: The Esmonde Technique Slenderize and Strengthen Your Legs In this episode of Classical Stretch, join Miranda Esmonde-White on the jetty overlooking the Caribbean ocean in Jamaica. This all-floor workout is designed to slenderize and strengthen your legs!	APTEX	(S)	(CC)	DVI	#1004H
10:00:00	Sit and Be Fit Fit from Head to Toe This episode incorporates a variety of exercises ranging from vestibular system to feet and gait.	NETA	(S)	(CC)	N/A	#1402H
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 1 See how to turn your embroidery machine into a quilting machine with Nancy and guest, Eileen Roche, embroidery specialist. Nancy and Eileen show how the traditional way of quilting can be revolutionized, letting the computerized machine do the tricky stitching. Learn four of the eight embroidery lessons.	NETA	(S)	(CC)	N/A	#3025H
11:00:00	Knit and Crochet Now! Shaped Cardigans Today we are making cardigans, a versatile staple for any wardrobe. Deborah Norville is joined by Kristin Nicholas with the Cosima Cardigan, that features a lace panel front that also creates a cable. Then on to Robyn Chachula who is showing how to make the textured crochet Twyla Cardigan. The stitch of the week is a new take on Shetland Lace by Rohn Strong.	APTEX	(S)	(CC)	DVI	#708H
11:30:00	Fons & Porter's Love of Quilting Shattered Dresden One of the most popular quilt designs of the 1920's and 30's-the Dresden Plate pattern takes on a modern flavor in this medallion-style quilt. Patrick is joined by Dodi Poulsen in this episode as they teach techniques for making the perfect Dresden block, the applique choices and design options for making this quilt.	NETA	(S)	(CC)	N/A	#2812H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7138H
13:00:00	Lidia's Kitchen Eggs - All Different Ways It's an episode devoted to the fresh, simple egg, and it highlights some of Lidia's all-time favorites: stracciatella: a simple chicken stock laced with ribbons of egg and tender spinach; frittata with ricotta: a luscious frittata filled with ricotta, tomatoes, onions and basil; baked eggplant and eggs: a baked dish showing off of one of summer's best vegetables.	APTEX	(S)	(CC)	N/A	#407H
13:30:00	Taste The Islands with Chef Irie Morning Glory Chef Thia explores a variety of island breakfast options with codfish Creole and sauteed boniatos, cornmeal polenta with spinach, breakfast chicken patties and spicy hot chocolate. Co-host Lisa Lee shares her visit to three island daytime eateries.	APTEX	(S)	(CC)	N/A	#205H
14:00:00	Simply Ming Michael Schlow Chef Michael Schlow, named Best Chef Northeast by the James Beard Foundation and owner of restaurants all over including: Tico and Alta Strada, joins Ming to prepare an Italian spicy seafood stew called cacciucco. Ming complements with his tasty Thai seafood stew. It's stew two ways this week on Simply Ming.	APTEX	(S)	(CC)	N/A	#1518H
14:30:00	Cook's Country Cast Iron Comforts Bridget Lancaster shows Julia Collin Davison how to make the ultimate skillet pizza Margherita in a cast iron pan. Equipment expert Adam Ried reviews traditional and enameled cast iron skillets. Test cook Ashley Moore uncovers the secrets to making a foolproof chocolate chip skillet cookie.	APTEX	(S)	(CC)	N/A	#1010H
15:00:00	Beads, Baubles and Jewels New Ideas for Wirework Designer Wyatt White shows how to use a special bracelet jig to create fun and fashionable wire bangles and custom wire components. In her Beading Lesson, Katie braids knitted wire tubing and strings it together with stones and fibers to make a chunky multi-strand necklace.	NETA	(S)	(CC)	N/A	#2212H

Wed, Feb 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Express Yourself/Personal Style Pump up your personal style statement. Host Julie Fei-Fan Balzer draws and cuts custom screens for silkscreen printing. Painter Mystele Kirkeeng uses supplies at hand to paint a charming folk art house. Studio artist Andrew Thornton gives fabric a work out and creates and artful book. Jane Dunnewold joins Julie with another artsy idea.	NETA	(S)	(CC)	N/A	#212H
16:00:00	Biz Kid\$ What's Your Money Personality? How do you act with money? Are you a "Money Star," "Oblivious," or "Penny Wise Pound Foolish"? This episode looks at the range of emotional reactions and connections people have with money. So what personality are you? Find out in this episode.	APTEX	(S)	(CC)	DVI	#501H
16:30:00	Hands On Crafts for Kids Superheroes Who's your favorite superhero? Katie Hacker creates a utility belt to boost your super powers. Jenny Barnett-Rohrs makes a hero emblem for your room. Franz Spohn shows how to draw yourself into a comic book hero and Katie makes Kryptonite soap.	NETA	(S)	(CC)	DVI	#1803H
17:00:00	P. Allen Smith's Garden Home The Local Life The concept of living local has become very popular in recent years, hearkening back to pre-industrial times. Let P. Allen Smith show you the power this movement has and where it may lead us.	APTEX	(S)	(CC)	DVI	#1604H
17:30:00	Growing A Greener World Gardening in the Hood; Organic Gardening In An Urban World: Atlanta, Ga Working under the shadows of the downtown skyscrapers of Atlanta, a group lead by urban farmer Rashid Nuri have transformed an urban housing project into an urban oasis right in the middle of the city. The Truly Living Well Center for Natural Urban Agriculture has become a model for local sustainable food systems across the country. They not only grow certified food at five farm sites within the city, but also teach people how to grow food themselves. They are working to protect the environment, provide quality organic produce and grow community at the same time.	APTEX	(S)	(CC)	N/A	#513H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15028H
18:30:00	Great Decisions In Foreign Policy Afghanistan U.S. troops have been in Afghanistan for over 15 years-making it the longest war in American history. As Washington and NATO pivot away from Afghanistan by reducing troop numbers, the ability of the government and security forces to maintain stability will be tested.	NETA	(S)	(CC)	N/A	#807H
19:00:00	NHK Newslne	APTEX	(S)	(CC)	N/A	#8223
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#505H
20:00:00	The Lowertown Line. The Lowertown Line: Songwriters Compilation Three singer songwriters are featured on this special compilation episode. Mayyadda is a recent college graduate who performs Periscope shows to hone her live performance techniques, Barbara Jean uses violin and banjo to connect to her childhood love of Americana music, and Mayda creates unique stage experiences using avant-garde theatrics. Songs Performed: Mississippi, Black is Beautiful, Mars, The City, What's Right, Rubies, Focus.	APTEX	(S)	(CC)	N/A	#121H
20:30:00	Songs at the Center Artists: Jasey Schnaars, Donna Mogavero, Matt Munhall, and hosted by songwriter Eric Gnezda. Special feature: Profile of Columbus Songwriting Workshop. Jasey Schnaars penned a top-ten country hit for the late Eddie Rabbit, which went on to receive an ASCAP award for one of that year's most-played songs. His songs have been recorded by Lane Brody, and the Washington Squares. He also wrote the theme for Songs at the Center, "Evolution." He performs "Someday." Donna Mogavero is one of the most notable female singer-songwriters in the Midwest. With more than 30 years in the music business, she has garnered much local and regional acclaim. She has recorded three original CDs. She sings "Maps." Matt Munhall released his fourth album, 700 Miles, last year. Produced by Nashville's Brad Jones, the album features many notable musicians, including legendary guitarist Charlie Sexton, a mainstay of Bob Dylan's band. Matt demonstrates that great music is ultimately made from the moderation of craftsmanship and creativity. He performs "When I'm Gone." "Scenes from the Scene" Segment: Columbus Songwriting Workshop. In its fourth year, the Columbus Songwriting Workshop is a one-day seminar on many aspects of the craft. Created and led by Andy, Chris and Jim Shaw.	APTEX	(S)	(CC)	N/A	#107H

Wed, Feb 07, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Artists Den Alt-J	APTEX	(S)	(CC)	N/A	#1002H
	U.K. rockers alt-J performed an intense, moody set at Los Angeles's Hollywood American Legion for an upcoming episode of Live From the Artists Den. The group offered up 18 songs to a crowd of 550 invited guests, veering between its eclectic new album, This Is All Yours, and its 2012 debut, An Awesome Wave. The surging, boisterous set included hit singles "Hunger of the Pine," "Fitzpleasure" and "Left Hand Free," as well as a reimagined cover of Bill Withers' "Lovely Day." The Hollywood American Legion, with its grand vaulted ceilings, made for a historic and dramatic setting that lent itself well to alt-J's edgy, dynamic rock songs.					
22:00:00	Desegregation: A Dream Delayed	APT	(S)	(CC)	N/A	#0
	DESEGREGATION: A DREAM DELAYED investigates the failure of school desegregation in East Baton Rouge Parish, Louisiana, the venue of the oldest federal desegregation lawsuit in United States history. The program explores how and why this failure occurred and leads viewers through to the case's recent conclusion. During 45 years of litigation, there was minimal progress in creating a school system that provided quality education to students regardless of their race. Contrary to its intentions, the U.S. Justice Department and the federal judiciary accomplished just the opposite. They had re-segregated a school system that fell far short of the goals and ideals rooted in the U.S. Supreme Court's 1954 Brown decision and other subsequent high court rulings. DESEGREGATION: A DREAM DELAYED attempts to explain the complex and multi-layered reasons behind the long-delayed melding of races and cultures in public schools. This provocative documentary offers a better understanding of the process by which communities unify to provide quality education and social structure for its youth.					
23:00:00	Afropop: The Ultimate Cultural Exchange Black Out and Pangaea	APTEX	(S)	(CC)	DVI	#904H
	BLACK OUT follows the nightly pilgrimage during exam season of hundreds of school children in Conakry, Guinea who walk to the airport, petrol stations and wealthy parts of the city, searching for light to study. The documentary tells the story of these children's inspiring struggle for education in the face of the country's own fight for change. PANGAEA is a short dramatic film that tells the story of a young girl, trapped on the roof of her house during the days following the landfall of Hurricane Katrina. The film aims to comment on the lives of the children whose lives were drastically changed by the aftermath of the hurricane and the flooding that followed it, as well as on the role of those who experienced the events on television from the safety of their own living rooms. Pangaea was shot by a group of Northwestern University students over the course of a week in New Orleans, LA.					

Thu, Feb 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy Nuclear Security	NETA	(S)	(CC)	N/A	#808H
	The nuclear status quo is changing. Nine nations are declared nuclear powers-and non-state actors are upending cold war era strategy. How can leaders stop countries from acquiring nuclear weapons, keep nuclear materials out of the hands of non-state actors and protect nuclear facilities from potential terrorist attacks?					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#505H
01:00:00	The Lowertown Line. The Lowertown Line: Songwriters Compilation	APTEX	(S)	(CC)	N/A	#121H
	Three singer songwriters are featured on this special compilation episode. Mayyadda is a recent college graduate who performs Periscope shows to hone her live performance techniques, Barbara Jean uses violin and banjo to connect to her childhood love of Americana music, and Mayda creates unique stage experiences using avant-garde theatrics. Songs Performed: Mississippi, Black is Beautiful, Mars, The City, What's Right, Rubies, Focus.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#107H
	Artists: Jasey Schnaars, Donna Mogavero, Matt Munhall, and hosted by songwriter Eric Gnezda. Special feature: Profile of Columbus Songwriting Workshop. Jasey Schnaars penned a top-ten country hit for the late Eddie Rabbit, which went on to receive an ASCAP award for one of that year's most-played songs. His songs have been recorded by Lane Brody, and the Washington Squares. He also wrote the theme for Songs at the Center. "Evolution." He performs "Someday." Donna Mogavero is one of the most notable female singer-songwriters in the Midwest. With more than 30 years in the music business, she has garnered much local and regional acclaim. She has recorded three original CDs. She sings "Maps." Matt Munhall released his fourth album, 700 Miles, last year. Produced by Nashville's Brad Jones, the album features many notable musicians, including legendary guitarist Charlie Sexton, a mainstay of Bob Dylan's band. Matt demonstrates that great music is ultimately made from the moderation of craftsmanship and creativity. He performs "When I'm Gone." "Scenes from the Scene" Segment: Columbus Songwriting Workshop. In its fourth year, the Columbus Songwriting Workshop is a one-day seminar on many aspects of the craft. Created and led by Andy, Chris and Jim Shaw.					
02:00:00	Live from the Artists Den Alt-J	APTEX	(S)	(CC)	N/A	#1002H
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03:00:00	Desegregation: A Dream Delayed	APT	(S)	(CC)	N/A	#0
	DESEGREGATION: A DREAM DELAYED investigates the failure of school desegregation in East Baton Rouge Parish, Louisiana, the venue of the oldest federal desegregation lawsuit in United States history. The program explores how and why this failure occurred and leads viewers through to the case's recent conclusion. During 45 years of litigation, there was minimal progress in creating a school system that provided quality education to students regardless of their race. Contrary to its intentions, the U.S. Justice Department and the federal judiciary accomplished just the opposite. They had re-segregated a school system that fell far short of the goals and ideals rooted in the U.S. Supreme Court's 1954 Brown decision and other subsequent high court rulings. DESEGREGATION: A DREAM DELAYED attempts to explain the complex and multi-layered reasons behind the long-delayed melding of races and cultures in public schools. This provocative documentary offers a better understanding of the process by which communities unify to provide quality education and social structure for its youth.					
04:00:00	Afropop: The Ultimate Cultural Exchange Black Out and Pangaea	APTEX	(S)	(CC)	DVI	#904H
	BLACK OUT follows the nightly pilgrimage during exam season of hundreds of school children in Conakry, Guinea who walk to the airport, petrol stations and wealthy parts of the city, searching for light to study. The documentary tells the story of these children's inspiring struggle for education in the face of the country's own fight for change. PANGAEA is a short dramatic film that tells the story of a young girl, trapped on the roof of her house during the days following the landfall of Hurricane Katrina. The film aims to comment on the lives of the children whose lives were drastically changed by the aftermath of the hurricane and the flooding that followed it, as well as on the role of those who experienced the events on television from the safety of their own living rooms. Pangaea was shot by a group of Northwestern University students over the course of a week in New Orleans, LA.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#503
08:00:00	Ruby's Studio The Safety Show	APTEX	(S)	(CC)	N/A	#103H
	"Ruby's Studio: The Safety Show," offers kids age-appropriate language and tools to keep themselves safe with an empowering, non-fearful approach. Curriculum developed and guided by Child Safety expert, Pattie Fitzgerald.					

Thu, Feb 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#121H
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 1	ACCES		(CC)	N/A	#114H
09:30:00	Classical Stretch: The Esmonde Technique Improve Your Posture	APTEX	(S)	(CC)	DVI	#1005H
	In this episode of Classical Stretch, join Miranda Esmonde-White for an early morning workout on the beautiful beach of Jamaica! Miranda will take you through an all-barre workout that focuses on maintaining and improving posture.					
10:00:00	Sit and Be Fit Sensory Awareness and Breathing	NETA	(S)	(CC)	N/A	#1403H
	Mary Ann uses fun music to demonstrate breathing techniques and sensory awareness.					
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 2	NETA	(S)	(CC)	N/A	#3026H
	Turn old school quilting into new school technology when using an embroidery machine for quilting. Eileen Roche, embroidery pro, joins Nancy to show how to hoop a quilt and handle the bulk with ease while stitching the designs automatically. Learn tips and techniques from quilting a table runner to a queen-sized quilt.					
11:00:00	Knit and Crochet Now! Carry Along Bags	APTEX	(S)	(CC)	DVI	#709H
	Ellen Gormley is here to show Deborah how to stitch up the Rose Messenger Bag, worked in easy crochet with a cross stitch rose. Lena will then show how to knit the Visby Purse which features cables and a linen stitch side panel. Ellen is also in the stitch corner with a crochet Lazy Daisy Stitch.					
11:30:00	Fons & Porter's Love of Quilting Free Motion Designs with Patchwork Roots	NETA	(S)	(CC)	N/A	#2813H
	Decisions for free motion quilting can be daunting. Mary and Angela Huffman help us find inspiration within our traditional pieced quilt top. Isolating a block, designing a quilting motif and then modifying it for a smooth quilt path-all information you don't want to miss. Embellish your next "simple" patchwork, creating a "simply" fabulous quilt.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7139H
13:00:00	The Jazzy Vegetarian Southwestern Style Menu	NETA	(S)	(CC)	DVI	#104H
	Host Laura Theodore prepares Southwestern style recipes that are bursting with festive flavor. First up, "Five-Ingredient Guacamole" whips up in 5-minutes. "Jazzy Black Bean Chili" makes a great party dish or mid-week meal, paired with hearty "Double-Corn Cornbread." Even the kids will love "Nutritious Nachos," fun fare that prepares in under twenty minutes. "Sweet and Spicy Chocolate Mousse" offers a rich and satisfying dessert with just a little bit of heat!					
13:30:00	Sara's Weeknight Meals Trip to Spain	APTEX	(S)	(CC)	N/A	#505H
	What's not to like about Spanish food? Ham, chorizo, great seafood, tapas - Sara has some great recipes like pork with spanish olives and fideo, a paella like dish that uses noodles instead of rice. Delicious! Sara also visits a specialty maker of chorizo, the spicy sausage beloved throughout the Spanish-speaking world.					
14:00:00	Joanne Weir Gets Fresh Copita Inspired	APTEX	(S)	(CC)	N/A	#211H
	The vibrant soul of Mexican cooking has truly captured Joanne's heart and transformed the way she cooks. So today they're going to explore bright Mexican flavors. She goes to her restaurant Copita to meet Gonzalo, an amazing chef, and hang out in her organic garden. With her student Reggie, they're going to make Sausalito watercress and avocado salad, chicken with vinegar and tomatoes, mashed sweet potatoes, and Micheladas, a popular and spicy Mexican drink. Join her as they explore the soulful and vibrant flavors of Mexico.					
14:30:00	New Scandinavian Cooking Eat Like The Vikings	APTEX	(S)	(CC)	N/A	#605H
	Like the Vikings, Andreas travels by boat to visit the islands of Lofoten, where he prepares a traditional cod dish. He also visits a historical important Norse settlement in the high north, and inside a replica of a thousand-year-old long house, he makes roast beef ribs over an open fire, Viking style. Barley is the grain of the north, so Andreas makes a Norwegian barley and beetroot risotto with local goat cheese.					

Thu, Feb 08, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Make Your Own Beads	NETA	(S)	(CC)	N/A	#2213H
	Learn to create your own lampwork beads with swirls of color that are never repeated. Glass artist Tammy Rae Wolter shows how to form beads from glass and use them in creative ways for jewelry and accessories. Katie shows how to make coiled beads using colorful wire and crystal beads.					
15:30:00	Make It Artsy Inspired By Fashion	NETA	(S)	(CC)	N/A	#213H
	Today, art becomes fashion. Mixed media artist Rae Missigman makes a wearable art journal for her artful ideas. Today's hottest jewelry trend is crafted into a bangle bracelet by Jen Cushman. Artist Candie Cooper affirms her art statement by embellishing boots. Jane Dunnewold has another idea about the maker's movement.					
16:00:00	Biz Kid\$ Business Structures	APTEX	(S)	(CC)	DVI	#502H
	What structure is right for your future business? It's not just "incorporated" anymore. Join us and learn about LLCs, sole proprietorships, partnerships, and more. Examine the pros and cons of each business structure and discover which one could be right for you. Meet two girls who were able to start both a non-profit organization and a for-profit company, all from selling honey.					
16:30:00	Hands On Crafts for Kids Too Nice to Stay Inside	NETA	(S)	(CC)	DVI	#1804H
	Let's head outside for some fun. Jenny Barnett-Rohrs makes colorful hand grips for your bike. Katie Hacker has some fun with friendly bugs. Franz Spohn has sidewalk art tips and Katie makes special discovery eggs.					
17:00:00	P. Allen Smith's Garden Home Melting Potluck	APTEX	(S)	(CC)	DVI	#1605H
	Join P. Allen Smith as he joins a diverse group of families to share cultures, kitchen tips and of course, food. Take a culinary journey around the world without having to leave your couch.					
17:30:00	Growing A Greener World Independent Garden Centers: Austin, Tx	APTEX	(S)	(CC)	N/A	#514H
	Local, independently owned nurseries are a vastly under utilized resource and we feature some of the many unique reasons we should support them. They offer benefits not available at larger box stores, yet consumers don't often realize the amazing resources that these small garden centers offer.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15029H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1433H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8224
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1208H
20:00:00	Backstage Pass Grupo Aye	NETA	(S)	(CC)	N/A	#717H
	Grand Rapids-based Grupo Aye brings a high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Kiyeelele," "Guajiro de Corazon," and "Llego' la Banda." Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
20:30:00	Music Voyager Peru: Contemporary Lima	APTEX	(S)	(CC)	N/A	#806H
	The funky new Lima is vibrant, colorful and rhythmic. Co-host Alvaro is a rock star in Peru and the young Lima is seen through his eyes. From meeting his friends in music, viewers experience Lima off the tourist grid through the life of a 'trendsetter'.					
21:00:00	Xerox Rochester International Jazz Festival Jeff Johnston & Friends	APTEX	(S)	(CC)	N/A	#807H
	Jeff Johnston is a Canadian based composer of music for film and media. With musical beginnings as a jazz pianist and recording artist his works are infused with alluring harmonies, lush textures, rhythmic inventiveness and spontaneity. Chuck Berg of Jazz Times Magazine wrote "This is music that while at the contemporary cutting edge, is both immediately and immensely satisfying." Johnston's trio and quartet recordings established him as a respected pianist and composer leading the Globe and Mail's Mark Miller to say "This is Canadian jazz at its best."					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Music Voyager The Bahamas - Junkanoo Celebration	APTEX	(S)	(CC)	N/A	#606H
	<p>Their journey to the The Bahamas begins in Nassau, the capital city, during the annual Junkanoo celebrations that take place between Boxing Day (December 26th) and New Year's Day. During this period the city explodes with vibrant color and celebratory music, as revelers dressed in elaborate costumes parade down the streets dancing to the African-rooted rhythms of Bahamian music. The energy is infectious and the Music Voyager team find themselves wanting to learn more about the roots of Junkanoo and what it tells about the history and people of The Bahamas. They visit the Junkanoo Museum, try on a traditional costume, and even join in a rehearsal, trading licks with the Colours marching band. An exploration of Junkanoo takes them into the mysteries of the past, yet also demonstrates how the people of today's Bahamas are working to keep their own unique traditions going strong far into the future.</p>					
22:30:00	Grey Ambition	NETA	(S)	(CC)	N/A	#0H
	<p>Grey Ambition is an inspirational documentary about Canadian seniors over sixty-five who are taking their brain power to new levels long after retirement. It includes seniors who are involved in the arts, volunteerism, education, entrepreneurship and those still working in the business world and proves that life begins at any age.</p>					
23:00:00	F.S. Key After The Song Might Versus Right	APTEX	(S)	(CC)	N/A	#102H
	<p>It centers on Key's change in character, his involvement in the Jackson Administration, and his transformation into a political operative.</p>					

Fri, Feb 09, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	American Forum Is A Political Storm Coming In 2018? Political analyst LARRY SABATO on mid-term elections, the most unpopular president in history, and the War for Washington.	NETA	(S)	(CC)	N/A	#315H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1208H
01:00:00	Backstage Pass Grupo Aye Grand Rapids-based Grupo Aye brings a high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Kiyeelele," "Guajiro de Corazon," and "Llego' la Banda." Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#717H
01:30:00	Music Voyager Peru: Contemporary Lima The funky new Lima is vibrant, colorful and rhythmic. Co-host Alvaro is a rock star in Peru and the young Lima is seen through his eyes. From meeting his friends in music, viewers experience Lima off the tourist grid through the life of a 'trendsetter'.	APTEX	(S)	(CC)	N/A	#806H
02:00:00	Xerox Rochester International Jazz Festival Jeff Johnston & Friends Jeff Johnston is a Canadian based composer of music for film and media. With musical beginnings as a jazz pianist and recording artist his works are infused with alluring harmonies, lush textures, rhythmic inventiveness and spontaneity. Chuck Berg of Jazz Times Magazine wrote "This is music that while at the contemporary cutting edge, is both immediately and immensely satisfying." Johnston's trio and quartet recordings established him as a respected pianist and composer leading the Globe and Mail's Mark Miller to say "This is Canadian jazz at its best."	APTEX	(S)	(CC)	N/A	#807H
03:00:00	Music Voyager The Bahamas - Junkanoo Celebration Their journey to the The Bahamas begins in Nassau, the capital city, during the annual Junkanoo celebrations that take place between Boxing Day (December 26th) and New Year's Day. During this period the city explodes with vibrant color and celebratory music, as revelers dressed in elaborate costumes parade down the streets dancing to the African-rooted rhythms of Bahamian music. The energy is infectious and the Music Voyager team find themselves wanting to learn more about the roots of Junkanoo and what it tells about the history and people of The Bahamas. They visit the Junkanoo Museum, try on a traditional costume, and even join in a rehearsal, trading licks with the Colours marching band. An exploration of Junkanoo takes them into the mysteries of the past, yet also demonstrates how the people of today's Bahamas are working to keep their own unique traditions going strong far into the future.	APTEX	(S)	(CC)	N/A	#606H
03:30:00	Grey Ambition Grey Ambition is an inspirational documentary about Canadian seniors over sixty-five who are taking their brain power to new levels long after retirement. It includes seniors who are involved in the arts, volunteerism, education, entrepreneurship and those still working in the business world and proves that life begins at any age.	NETA	(S)	(CC)	N/A	#0H
04:00:00	F.S. Key After The Song Might Versus Right It centers on Key's change in character, his involvement in the Jackson Administration, and his transformation into a political operative.	APTEX	(S)	(CC)	N/A	#102H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#504
08:00:00	Ruby's Studio The Siblings Show "Ruby's Studio: The Siblings Show" is an engaging way to help young siblings reduce rivalry, boost harmony, and celebrate family. Curriculum written in consultation with child development experts, Dr. Joshua Sparrow and Dr. Laura Markham.	APTEX	(S)	(CC)	N/A	#104H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#122H
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 2	ACCES		(CC)	N/A	#115H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Focusing On Leg Work	APTEX	(S)	(CC)	DVI	#906H

Fri, Feb 09, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Fun with the Large Ball The large ball is used in many ways from postural alignment to helping with balance in this episode.	NETA	(S)	(CC)	N/A	#1404H
10:30:00	It's Sew Easy Travel Separates Look and feel great wherever you go, and sew it up fast. Designer Angela Wolf serges go-together separates to mix and match and travel wrinkle-free. Then, Angela shows how to get off to a great start with your serger.	NETA	(S)	(CC)	DVI	#1201H
11:00:00	Knit and Crochet Now! Itty Bitty Baby Projects Did you know that it's estimated there are four babies born every second...that means someone near you is probably having a baby! Deborah is joined by Kristin Nicholas and Robyn Chachula to show how to knit and crochet the perfect little pair of knit booties and fingerless mitts, Fingers and Toes Knit Booties and Fingerless Mitts and Little Hands & Feet Booties and Fingerless Mitts. In the stitch corner Lena with show how to do Twined Knitting.	APTX	(S)	(CC)	DVI	#710H
11:30:00	Fons & Porter's Love of Quilting From Sea to Shining Sea Marianne Fons joins host Angela Huffman to look at From Sea to Shining Sea. The clever quilt block, which creates a wave-like pattern, was adapted from an antique quilt. This simple, fat-quarter friendly project makes an ideal Quilt of Valor for a sailor.	NETA	(S)	(CC)	N/A	#2901H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7140H
13:00:00	Cooking Odyssey Ermioni Join Chef Michalis as he visits a town that has been inhabited with almost no interruption since 3000 BC, tours a museum with ties to the Greek War of Independence and demonstrates how to make poached fish, lentil risotto, an of the Corinthian Gulf, the Corinth Canal, ancient and modern thermal spas, potato soup with feta bruschetta, pork gyros and Greek French toast are on today's menu of travel and eating.	NETA	(S)	(CC)	N/A	#306H
13:30:00	Cooking with Nick Stellino A Dinner to Remember Mocha Creme Caramel; New York Steak with Green Peppercorn Sauce; Green Salad with Broiled Goat Cheese; Manhattan.	APTX	(S)	(CC)	N/A	#210H
14:00:00	Kitchen Wisdom of Cecilia Chiang The Long Walk In 1937, the Japanese invaded China and by 1939 they arrived in Beijing, seizing most of the large family compound and with it, Cecilia's idyllic and privileged youth. By 1941 there wasn't enough food for the family so Cecilia and her number five sister (she had nine in total), fled on foot through Japanese occupied territory. They walked more than 1,000 miles and it took almost six months to reach the safety of "Free China." In this episode, Cecilia joins Laurence Jossel, chef and owner of Nopa. Like Cecilia, South African-born Jossel came a long way to open a restaurant in San Francisco. Cecilia shows Laurence how to make "beggar's chicken," a whole, stuffed chicken wrapped in lotus leaves and then clay, and baked for at least two hours. It comes out of the oven with a hard shell that must be smashed with a mallet to open.	APTX	(S)	(CC)	DVI	#102H
14:30:00	Jacques Pepin: Heart & Soul Kitchen Companions There's never a dull moment when Jean-Claude joins Jacques in the kitchen! The dynamic duo team up to create a flavor-filled feast, beginning with octopus stew with onions, paprika and wine served over a creamy polenta. Jean-Claude goes on to prepare the molds while Jacques blends up a velvety mixture for a corn souffle to go alongside Jean-Claude's favorite venison in sweet-and-sour sauce. Prunes in red wine make for the perfect classical ending.	APTX	(S)	(CC)	N/A	#119H
15:00:00	Beads, Baubles and Jewels Precious Metal Clay and Crystals Create something to treasure. Jewelry-making expert and author Tammy Honaman creates a silver 3-D pendant with precious metal clay and then adds crystals. In her Beading Lesson, Katie uses flat wire and some of her favorite focal beads to make beaded bangle bracelets to match any outfit.	NETA	(S)	(CC)	N/A	#2301H
15:30:00	Make It Artsy Blueprints Before you build, make a plan or blueprint. Julie Fei Fan Balzer creates a scheduling journal with lots of color and style. Lynn Suprock sculpts tiny books to use as journals and jewelry. Joe Rotella builds a planner from an ordinary calendar. Jane Dunnewold talks about personal alignment.	NETA	(S)	(CC)	N/A	#301H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Movin' On Out	APTEX	(S)	(CC)	DVI	#503H
	Check out this kid's guide to the true cost of cutting the cord and being independent. This episode takes you through it all - budgeting, roommates, finding a place, and learning about all the hidden costs that Mom and Dad used to pay for you. Meet seven girls who figured out how to share finances and the hairdryer. So how much does it cost to live on your own? More than you think!					
16:30:00	Hands On Crafts for Kids Wings	NETA	(S)	(CC)	DVI	#1805H
	Our creativity takes to the air. Jenny Barnett-Rohrs and Katie Hacker make sparkly wings and Katie creates a funny spoon bird. Franz Spohn creates see-through bug wings and we'll make a very special chalkboard gift for Mom or Dad.					
17:00:00	P. Allen Smith's Garden Home No Passport Necessary	APTEX	(S)	(CC)	DVI	#1606H
	You don't have to leave home to relax and take a break from life. P. Allen Smith will show you how to incorporate the vacation style and mindset into your everyday.					
17:30:00	Growing A Greener World Making More Plants - How to Propagate Anything, Nc	APTEX	(S)	(CC)	N/A	#515H
	A big part of what hooks someone on gardening is watching a plant grow from seed, or tender young transplant. Yet there's another piece to the story of making more plants that is rarely mentioned, yet has a big impact on how they show up around the world. Plant propagation is a technique most used by professionals, yet it's an easy technique gardeners of any level can do to grow more plants for themselves and others. In this episode, we visit with some of the top plant propagators in the country to learn the tricks of the trade that we can easily apply at home.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15030H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1406H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8225
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1006H
20:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Larry Stephenson Band / Chris Jones & The	NETA	(S)	(CC)	N/A	#1204H
21:00:00	Woodsongs Celebration of Merle Travis with Thom Bresh, Eddie Pennington, Katelyn Prieboy	NETA	(S)	(CC)	N/A	#1906H
	MERLE TRAVIS is a Kentucky guitar hero and an American music icon. Born in Rosewood, Kentucky, his lyrics often discussed the life and exploitation of coal miners. Among his many well-known songs are "Sixteen Tons," "Re-Enlistment Blues," "I am a Pilgrim" and "Dark as a Dungeon". However, it is his master guitar playing and his interpretations of the rich musical traditions of his native Muhlenberg County, Kentucky for which he is best known today. "Travis picking", a syncopated style of finger-picking, is named after him. He was inducted into the Nashville Songwriters Hall of Fame in 1970 and elected to the Country Music Hall of Fame in 1977. Performing on this broadcast: THOM BRESH is the son of Merle Travis and a world-class guitar master in his own right. Bresh did not begin his music career until his adult years. From age 3 to age 17, he worked as an actor and one of the youngest stuntman in TV and movies, where such programs as 'The Lone Ranger' and the Billy the Kidd trilogy were filmed. Ever since he was old enough to hold a guitar pick, he's followed the unique fingerpicking style his father made famous, bringing it to new audiences. EDDIE PENNINGTON is one of the true guitar legends from Kentucky in the same tradition popularized by Merle Travis and Chet Atkins. PARKER HASTINGS is only 15 years old and already is one of Kentucky's premier thumpicking champions in the tradition of Merle Travis, Eddie Pennington and Tommy Emmanuel. KATELYN PRIEBOY is 19 and from Tampa, Florida. She was recently crowned grand champion at Legends Thumbpicking Competition in Muhlenberg County, Ky., in late September.					
22:00:00	Film School Shorts Blood & Water	NETA	(S)	(CC)	N/A	#502H
	Traverse the North American West with three stories that explore the struggles between man and nature: La Graduacion by Rafael Gomez, Rituals by Isabelle Aspin, and Bloodlines by Christopher Nataanii Cegielski.					
22:30:00	On Story Daredevil: Behind The Screen	NETA	(S)	(CC)	N/A	#606H
	Christos and Ruth Fletcher Gage discuss the process of adapting the Marvel comic Daredevil for television. The duo break down the juxtaposition of brute realism and the moral complexity of Daredevil's characters, along with how they navigated the show's unconventional story structure in the writers room.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Science Goes to the Movies Zero Days/ Mr. Robot	EPS	(S)	(CC)	N/A	#306H
	Science Goes to the Movies hacks into the realities behind the TV show Mr. Robot and feature documentary, Zero Days. Watch as our guest, Rosario Gennaro, breaks down why Mr. Robot isn't so fictional.					
23:30:00	Theater Talk Elaine Stritch's 88th Birthday Party	EPS	(S)	(CC)	N/A	#616H
	Elaine Stritch celebrates her 88th birthday in February of 2013 with her friends, musical director Rob Bowman and actor Hunter Ryan Herdlicka (who starred with her in A Little Night Music, her last show on Broadway). The beloved actress, who passed away in 2014, reminisces about people and things of significance to her including Stephen Sondheim, Bela Lugosi, and the gift basket that Alec Baldwin sent after she injured her hip.					

Sat, Feb 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Religious Faith: Rational Or Rationalization? There is strain between faith and reason, yet many people proclaim their faith. Why? What generates faith? God? Or human psychology? Should we want to have faith?	EPS	(S)	(CC)	N/A	#1606H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1006H
01:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Larry Stephenson Band / Chris Jones & The	NETA	(S)	(CC)	N/A	#1204H
02:00:00	Woodsongs Celebration of Merle Travis with Thom Bresh, Eddie Pennington, Katelyn Prieboy MERLE TRAVIS is a Kentucky guitar hero and an American music icon. Born in Rosewood, Kentucky, his lyrics often discussed the life and exploitation of coal miners. Among his many well-known songs are "Sixteen Tons," "Re-Enlistment Blues," "I am a Pilgrim" and "Dark as a Dungeon". However, it is his master guitar playing and his interpretations of the rich musical traditions of his native Muhlenberg County, Kentucky for which he is best known today. "Travis picking", a syncopated style of finger-picking, is named after him. He was inducted into the Nashville Songwriters Hall of Fame in 1970 and elected to the Country Music Hall of Fame in 1977. Performing on this broadcast: THOM BRESH is the son of Merle Travis and a world-class guitar master in his own right. Bresh did not begin his music career until his adult years. From age 3 to age 17, he worked as an actor and one of the youngest stuntman in TV and movies, where such programs as 'The Lone Ranger' and the Billy the Kidd trilogy were filmed. Ever since he was old enough to hold a guitar pick, he's followed the unique fingerpicking style his father made famous, bringing it to new audiences. EDDIE PENNINGTON is one of the true guitar legends from Kentucky in the same tradition popularized by Merle Travis and Chet Atkins. PARKER HASTINGS is only 15 years old and already is one of Kentucky's premier thumpicking champions in the tradition of Merle Travis, Eddie Pennington and Tommy Emmanuel. KATELYN PRIEBOY is 19 and from Tampa, Florida. She was recently crowned grand champion at Legends Thumpicking Competition in Muhlenberg County, Ky., in late September.	NETA	(S)	(CC)	N/A	#1906H
03:00:00	Film School Shorts Blood & Water Traverse the North American West with three stories that explore the struggles between man and nature: La Graduacion by Rafael Gomez, Rituals by Isabelle Aspin, and Bloodlines by Christopher Nataanii Cegielski.	NETA	(S)	(CC)	N/A	#502H
03:30:00	On Story Daredevil: Behind The Screen Christos and Ruth Fletcher Gage discuss the process of adapting the Marvel comic Daredevil for television. The duo break down the juxtaposition of brute realism and the moral complexity of Daredevil's characters, along with how they navigated the show's unconventional story structure in the writers room.	NETA	(S)	(CC)	N/A	#606H
04:00:00	Science Goes to the Movies Zero Days/ Mr. Robot Science Goes to the Movies hacks into the realities behind the TV show Mr. Robot and feature documentary, Zero Days. Watch as our guest, Rosario Gennaro, breaks down why Mr. Robot isn't so fictional.	EPS	(S)	(CC)	N/A	#306H
04:30:00	Theater Talk Elaine Stritch's 88th Birthday Party Elaine Stritch celebrates her 88th birthday in February of 2013 with her friends, musical director Rob Bowman and actor Hunter Ryan Herdlicka (who starred with her in A Little Night Music, her last show on Broadway). The beloved actress, who passed away in 2014, reminisces about people and things of significance to her including Stephen Sondheim, Bela Lugosi, and the gift basket that Alec Baldwin sent after she injured her hip.	EPS	(S)	(CC)	N/A	#616H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#505
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Blue and Gold Macaw Today Gary paints one of his favorite subjects, an exotic Bird. The background is just plain White, which makes this brightly colored Macaw really stand out. Once you learn to paint the Macaw feathers, you can paint almost any Bird. This painting is really easy to do.	APTEX	(S)	(CC)	N/A	#304H
08:30:00	Painting with Wilson Bickford Seaside Solitude Waves crash against partially submerged rocks as the sun slowly sets, creating a spectacular sunset against the cold blue ocean water.	NETA	(S)	(CC)	N/A	#210H

Sat, Feb 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Landscapes Through Time with David Dunlop Cezanne at Mont Sainte Victoire	NETA	(S)	(CC)	DVI	#103H
	Travel with David to the locations of Paul Cezanne's (1839-1906) natural inspiration near Aix-en-Provence & Mont Saint Victoire. David considers Cezanne's ambitious struggle with the contradiction: how to present stability and form with change and movement. David demonstrates Cezanne's strategies; from sketch to watercolor to oil, and discusses Cezanne's insights into acts of visual perception. He discusses Cezanne's difficulties, frustrations, and his ultimate success - as the father of Modernism.					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Ab & Waist Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#907H
10:00:00	Sit and Be Fit Footwork and Core	NETA	(S)	(CC)	N/A	#1405H
	We take our feet and core muscles for granted. In this episode Mary Ann uses a variety of new exercises to focus on the importance of your feet.					
10:30:00	Functional Fitness with Suzanne Andrews Osteoporosis Back Strength and Stretch	ACCES	(S)	(CC)	N/A	#305H
11:00:00	Delicious TV's Vegan Mashup Healthy on a Budget	NETA	(S)	(CC)	DVI	#104H
	With grocery bills on the rise, the Vegan Mashup chefs offer you delicious and cost-conscious alternatives to your every day dishes. Shepard's Pie/Sukiyaki/Lickity Split Pea Soup.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Dreaming of Sustainable Agriculture	APTEX	(S)	(CC)	N/A	#1111H
	Chef Pedro Abascal is changing tourist's perceptions of the food in Riviera Maya, using local farms to supply his hip hotel restaurants. Rick and Pedro discuss his challenges and successes of his approach over a traditional Yucatecan meal at Faison y Venado. Rick pays a visit to a lamb farm in Tizimin for a conversation with a rancher, then heads to C-Grill, Pedro's hip restaurant on the shores of Playa del Carmen, where he makes a beautiful roasted lamb in adobo. In Chicago, Rick heads to the outdoor Green City Market to gather ingredients for his grilled leg of lamb with green garlic mojo and camote mash, accompanied by grilled asparagus with pasilla crema. Oh, and an incredibly delicious skillet cake.					
12:00:00	Lidia's Kitchen My Favorite Braises	APTEX	(S)	(CC)	N/A	#419H
	Braising is a preferred technique in Lidia's kitchen and today she prepares one rich braised meat dish, along with two braised vegetable choices for the home cook. Recipes include: beef braised in barolo; a braised kale with bacon; and finally braised cauliflower.					
12:30:00	Moveable Feast with Fine Cooking Bozeman, Montana - Melissa Harrison and Eduardo Garcia	APTEX	(S)	(CC)	N/A	#402H
	This week on Moveable Feast with Fine Cooking, Big Sky meets lamb in Bozeman, Montana, where chefs Melissa Harrison and Eduardo Garcia create dishes with a rustic flair. Host Pete Evans joins the chefs in the beautiful Montana terrain for trout fly fishing and the three channel their wild side as they forage for natural and fresh ingredients. This Moveable Feast takes chef Evans to the spectacular Willow Spring Farm in Montana, where chefs Harrison and Garcia serve a mouthwatering whole roasted lamb on a spit.					
13:00:00	Expeditions with Patrick Mcmillan Colorado's Rocky Mountains - Challenges and Changes	APTEX	(S)	(CC)	N/A	#306H
	When you think of the Rocky Mountains you probably picture a wilderness that is far removed from our influence. It turns out that may not be the case. Life is changing here from the alpine lakes to fragile tundra life to the mighty forests of the mountain slopes. Join Patrick as he explores the challenges and changes that are happening in the Colorado Rockies.					
13:30:00	Weekends with Yankee Winter In New England	APTEX	(S)	(CC)	N/A	#113H
	Winter in New England is a season of sparkling snow, deep-blue skies, sleigh rides, skiing, and vibrant cities where you can escape the cold for indoor delights. This week on Weekends with Yankee, we slide along the snow in a horse-drawn sleigh in beautiful Jackson, New Hampshire. Then we're off to Boston for a food lover's tour with one of the country's top chefs, Barbara Lynch. We round things out by escaping the crowds and taking to the pristine trails of northern New England for an adventure on cross-country skis.					
14:00:00	Rick Steves' Europe Italy's Great Hill Towns	APTEX	(S)	(CC)	N/A	#408H
	Connoisseurs of Italy find that its quintessential charms survive in its classic hill towns. From San Gimignano's medieval towers, to Cortona's charming lanes, to Orvieto's papal intrigue, to Civita di Bagnoregio's cliff-hanging vistas...all sit on lofty stone perches that now seem to protect them only from the modern world.					

Sat, Feb 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Turkey: Land of Legends Richard Wiese travels to Turkey, the ancient crossroads of civilization. In Istanbul, he meets a family that has been creating baklava for over 200 years. In a small Mediterranean village, where 4,000 year-old shipwrecks lie along dangerous reefs, Richard dives in search of ancient treasures. He discovers the Turkish secret for keeping bad luck at bay—a piece of jewelry called the "evil eye".	APTEX	(S)	(CC)	N/A	#122H
15:00:00	Garden Smart Native plants are exploding in popularity, and for good reason. They've adapted to an area, thus requiring less maintenance and care. And, they are vitally important to preserving the botanical heritage of an area. GardenSMART visits a garden that has utilized native plants and the results are outstanding. Be sure to tune in.	NETA	(S)	(CC)	N/A	#4609H
15:30:00	For Your Home Coming Along Swimmngly When the sun is hot and there's a mountain of dirt in your backyard it might seem as if your dream pool is never going to become a reality. Host Vicki Payne shows you how to not sweat the small details and keep your eye on the prize as FYH completes their first backyard pool construction project.	APTEX	(S)	(CC)	N/A	#3102H
16:00:00	Drexel Interview Garry Kasparov Chess Grandmaster, author, and human rights activist Garry Kasparov spent two decades as the world's number-one-ranked chess player, before eventually leading the pro-democracy opposition against Russian President Vladimir Putin. He went on to become Chairman of the Human Rights Foundation, and is the author of How Life Imitates Chess: Making the Right Moves, From the Board to the Boardroom and Winter Is Coming: Why Vladimir Putin and the Enemies of the Free World Must Be Stopped. In this interview, Host Paula Marantz Cohen moves through Kasparov's rise to iconic status as a chess champion, the cultural impact of chess as a mind sport, and symbolism and strategy employed both on the board and in the political arena. Kasparov discusses Winter Is Coming (which criticizes the tyranny of Putin's Russia), and calls on leaders of the free world to advocate for global human rights and social change.	NETA		(CC)	N/A	#503H
16:30:00	Overheard with Evan Smith Jim Gaffigan, Comedian/Author Jim Gaffigan is a Grammy nominated comedian, actor, writer, producer and two-time New York Times best-selling author. He is currently on his Noble Ape international arena and theater comedy tour. This year he premiered his fifth one hour stand up special, Cinco, on Netflix. His latest film is titled Chappaquiddick.	NETA	(S)	(CC)	N/A	#808H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Yarn Spinner This episode is all about hoof to hat. Meet Maple Smith, a retired schoolteacher who raises her own alpacas, sheers their coats, and spins yarn. Eric gets out of his comfort zone and starts knitting!	APTEX	(S)	(CC)	N/A	#302H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3606H
18:30:00	The Open Mind Fascism Strikes Back Guest: Shane Burley. Shane Burley discusses his new book "Fascism Today: What It Is and How We End It."	NETA		(CC)	N/A	#3830H
19:00:00	Closer to Truth Religious Faith: Rational Or Rationalization? There is strain between faith and reason, yet many people proclaim their faith. Why? What generates faith? God? Or human psychology? Should we want to have faith?	EPS	(S)	(CC)	N/A	#1606H
19:30:00	American Forum Asia Rising New Yorker Correspondent EVAN OSNOS on the Emergence of the New China Superpower and the Threat of Nuclear War with Korea.	NETA	(S)	(CC)	N/A	#311H

Daily Program Listing II

43.1

Date: 01/09/2018

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Sat, Feb 10, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Speakeasy Seal and Amy Thomson	APTEX	(S)	(CC)	N/A	#306H
	Three-time Brit Award and four-time Grammy Award winner Seal is joined by his manager, Amy Thomson, in the season finale of Speakeasy. Over the course of his career Seal has sold more than 30 million records worldwide and is known for his international hits including "Kiss from a Rose." As a songwriter Seal has received two consecutive Ivor Novello Awards from the British Academy for Best Song Musically and Lyrically for "Killer" and "Crazy." The pair have an intimate and frank discussion detailing Seal's early career and his experience recording his new album Standards.					
21:00:00	Front and Center The Cadillac Three	APTEX	(S)	(CC)	N/A	#706H
	Fronted by Grammy Award nominated songwriter Jaren Johnston, The Cadillac Three have a sound that hovers between radio-ready country anthems, hard-and-heavy rock ballads and traditional southern folk. The trio perform songs from their latest album, Bury Me in My Boots, including their three top 50 songs "The South," "Party Like You," and "White Lightning."					
22:00:00	Globe Trekker Food Hour: Ireland	APTEX	(S)	(CC)	N/A	#1611H
	Globe Trekker Bobby Chinn samples oysters in Galway, fishes for salmon in Connemara, plays a tune or two with The Chieftains in Westport, visits the Nenagh Agricultural Show, judges a baking competition in Tipperary, and learns the history of Guinness in Dublin.					
23:00:00	Arts In Context Sacred Hearts	NETA		(CC)	N/A	#701H
	With a child on the way, Americana chart-topper Carrie Rodriguez reaches back into her familial heritage to her great-aunt Eva Garza, the Chicana singing sensation from the 40s. Her latest album, Lola, embodies both her past and future.					
23:30:00	Articulate with Jim Cotter Feminist Fatale	APTEX	(S)	(CC)	N/A	#112H
	Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.					

Sun, Feb 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Religious Faith: Rational Or Rationalization? There is strain between faith and reason, yet many people proclaim their faith. Why? What generates faith? God? Or human psychology? Should we want to have faith?	EPS	(S)	(CC)	N/A	#1606H
00:30:00	American Forum Asia Rising New Yorker Correspondent EVAN OSNOS on the Emergence of the New China Superpower and the Threat of Nuclear War with Korea.	NETA	(S)	(CC)	N/A	#311H
01:00:00	Speakeasy Seal and Amy Thomson Three-time Brit Award and four-time Grammy Award winner Seal is joined by his manager, Amy Thomson, in the season finale of Speakeasy. Over the course of his career Seal has sold more than 30 million records worldwide and is known for his international hits including "Kiss from a Rose." As a songwriter Seal has received two consecutive Ivor Novello Awards from the British Academy for Best Song Musically and Lyrically for "Killer" and "Crazy." The pair have an intimate and frank discussion detailing Seal's early career and his experience recording his new album Standards.	APTEX	(S)	(CC)	N/A	#306H
02:00:00	Front and Center The Cadillac Three Fronted by Grammy Award nominated songwriter Jaren Johnston, The Cadillac Three have a sound that hovers between radio-ready country anthems, hard-and-heavy rock ballads and traditional southern folk. The trio perform songs from their latest album, Bury Me in My Boots, including their three top 50 songs "The South," "Party Like You," and "White Lightning."	APTEX	(S)	(CC)	N/A	#706H
03:00:00	Globe Trekker Food Hour: Ireland Globe Trekker Bobby Chinn samples oysters in Galway, fishes for salmon in Connemara, plays a tune or two with The Chieftains in Westport, visits the Nenagh Agricultural Show, judges a baking competition in Tipperary, and learns the history of Guinness in Dublin.	APTEX	(S)	(CC)	N/A	#1611H
04:00:00	Arts In Context Sacred Hearts With a child on the way, Americana chart-topper Carrie Rodriguez reaches back into her familial heritage to her great-aunt Eva Garza, the Chicana singing sensation from the 40s. Her latest album, Lola, embodies both her past and future.	NETA		(CC)	N/A	#701H
04:30:00	Articulate with Jim Cotter Feminist Fatale Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.	APTEX	(S)	(CC)	N/A	#112H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#506
08:00:00	Painting and Travel with Roger & Sarah Bansemer Lake Michigan Roger and Sarah Bansemer visit the Great Lakes. Sarah visits the historic Michigan Maritime Museum while Roger sets up his easel and paints along the shoreline.	NETA	(S)	(CC)	N/A	#110H
08:30:00	Paint This with Jerry Yarnell The Perfect Perch, Part 3 In this episode, Jerry shows his viewers how to add minor details and highlights to the haybales. Then he shows how to apply the next level of highlights to the middle and foreground grasses. He then explains the process involved in painting in the tractor. Next, he paints in the fence posts and then discusses the location and proportion for the hawk on the haybale. He finishes with discussing addition of taller and brighter weeds.	NETA	(S)	(CC)	N/A	#2312H
09:00:00	Wyland's Art Studio Orcas Below Art Lesson: Creating Depth. Create the illusion of three-dimensional imagery. Mastering the ability to create depth in art takes practice and patience. Draw distant objects small than close objects. Incorporate the effects of atmosphere that decrease visibility of objects farther from the viewer. Reduce detail as the background diminishes with mountains and other objects appearing only as silhouettes. Other techniques to imply depth may include reducing color in the background to reinforce the concept of distance between images. Warm colors appear closer to the viewer, while cool colors appear farther. It should be noted that a full range of colors might be unneeded. Using three or even only two colors can make a coherent image with an exceptional sense of depth.	APTEX		(CC)	N/A	#613H

Sun, Feb 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Quad & Hips	APTEX	(S)	(CC)	DVI	#908H
10:00:00	Sit and Be Fit Controlled Breathing Mary Ann experiments with several ways to control breathing to efficiently distribute oxygen throughout the body.	NETA	(S)	(CC)	N/A	#1406H
10:30:00	Power Yoga: Mind and Body Legs - Version One With Paschimottanasana, Janu Sirasana, Ardha Baddhu Padma, and others.	APTEX	(S)	(CC)	N/A	#102
11:00:00	Neven Maguire: Home Chef Eugene Callaghan, head chef of Kelly's Resort Hotel, Co. Wexford, makes a delicious trio of chicken. Also on the menu: Vera's seafood chowder with MacNean wheaten bread and pork and wild mushroom wontons with Chinese black bean sauce.	APTEX	(S)	(CC)	N/A	#102H
11:30:00	New Orleans Cooking with Kevin Belton Classic Creole Corn and crab bisque, shrimp etouffee, pralines.	APTEX	(S)	(CC)	N/A	#111H
12:00:00	Ciao Italia Handmade Pastas - Cicatelli E Fusilli Mary Ann visits Castle Montalto kitchen in Fragneto, Italy where two chefs, Antonietta and Filomena, demonstrate the timeless art of preparing unique homemade, handmade pastas from scratch, Cicatelli and Fusilli. Then they create two mouthwatering tomato sauces to go with them. Grab your knife and fork, tuck in your napkin - and bring your appetite.	NETA	(S)	(CC)	N/A	#2517H
12:30:00	Mike Colameco's Real Food Batard 239 W Broadway is hallowed ground in the NYC restaurant world. In 1989 impresario Drew Nieporent opened Montrachet there to great acclaim, that was followed by the 3 Star Corton and now Batard which earned accolade after accolade including the James Beards best new restaurant of 2014 and another 3 stars from the NY Times.	NETA	(S)	(CC)	N/A	#1403H
13:00:00	Bare Feet In Nyc with Mickela Mallozzi The Balkans in the Boroughs Mickela gets a taste of The Balkans throughout three of the five boroughs: Slavic Soul Party! In Brooklyn, NY Gypsy Festival in Manhattan, and Little Serbia in Queens.	APTEX	(S)	(CC)	DVI	#202H
13:30:00	Travel Detective with Peter Greenberg Hidden Gems of Sydney CBS News Travel Editor Peter Greenberg takes us down under to Australia's most populous city - beyond the Opera House and Bondi Beach - to show us places that only the locals know about. Plus, a rundown of the world's most traffic-congested cities. And, the World Happiness Report has a new country on top of that list, and we explain why it was chosen.	NETA	(S)	(CC)	N/A	#401H
14:00:00	Wild Photo Adventures Photographing Songbirds Host and professional wildlife photographer Doug Gardner demonstrates how to attract and photograph songbirds in your own back yard. Later he visits Gary Carter's songbird habitat.	NETA	(S)	(CC)	DVI	#308H
14:30:00	Destination Craft with Jim West Ireland Jim West explores the indigenous crafts of Ireland where master artisans teach dry felting, basket making, woodturning and creating the perfect Irish scones. Jim crafts an Irish rock wall, makes jewelry from Connemara marble, crochets Irish lace, and explores the traditions and culture of the enchanting Emerald Isle.	APTEX	(S)	(CC)	N/A	#102H
15:00:00	Woodsmith Shop Assembly & Joinery Tips The Woodsmith editors cover small box assembly on the keepsake box. Then learn to create simple joinery while building a versatile shop storage cart.	NETA	(S)	(CC)	N/A	#1002H

Sun, Feb 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Rough Cut - Woodworking with Tommy Mac Cabinets and AI This week on Rough Cut Woodworking with Tommy Mac Tommy is joined by Rough Cut regular AI D'Attanasio to help him on his work station and cabinet in his ever evolving shop. No woodworking shop is complete without a work station for your tools and cabinets for storage, and AI is here to make sure Tommy does it right.	APTEX	(S)	(CC)	N/A	#711H
16:00:00	Happy Yoga with Sarah Starr Desert Rock Create more ease in your body amid the desert beauty and natural rock formations as we flow through a series of modified yoga postures, including standing poses designed to stretch the hips, legs, back and shoulders using a chair for support.	NETA	(S)	(CC)	N/A	#308H
16:30:00	Second Opinion Down Syndrome Life expectancy for people with Down Syndrome has increased over the last 30 years - from 25 years old in 1983 to 60 years old today. While Down Syndrome carries certain health issues and risks, people with Down Syndrome and their families are moving beyond the limitations of this disability. Patient and Special Olympic medalist Frankie Antonelli and his mother Debbie share what their family has done to help Frankie reach his full potential.	APTEX	(S)	(CC)	N/A	#1305H
17:00:00	Natural Health Breakthroughs with Brenda Watson Heart Health Wheat is bad for your heart, and so are statins - William Davis, MD: cardiologist and author of Wheat Belly. Statins save lives, but diet and exercise are just as important - Mariell Jessup, MD: Cardiologist and immediate past president, American Heart Assn. A natural way to protect your heart so you won't need statins - Steven Masley, MD: President, Masley Optimal Health Center. Study: Probiotics alter gut bacteria in ways that protect hearts during cardiac events - John Baker, PhD: Professor at Medical College of Wisconsin in Milwaukee. Personal story - Mike and Barbara Smith: Mike was close to a potentially fatal cardiac event when he agreed to follow a diet and exercise program prescribed by Dr. Masley; today he's healthier than he's been in decades.	EPS	(S)	(CC)	N/A	#101H
17:30:00	Well Read Ann Patchett, Commonwealth Ann Patchett comes to the show with her newest book, Commonwealth - a brilliant and tender tale of the far-reaching ties of love and responsibility that bind us to one another. Full of rich characters intertwined in a complicated family dynamic full of explosive secrets.	APTEX	(S)	(CC)	N/A	#606H
18:00:00	California's Gold Quilts California's rich history has been documented in many ways, but the tradition of quilting is an expression of California life through beautiful and intricate pieces of art. Join Huell as he visits an exhibit of California quilts covering 100 years of history, and meets the Foothill Quilters, who keep the quilting tradition alive.	KCET		(CC)	N/A	#5001
18:30:00	Joseph Rosendo's Travelscope Taiwan's Penghu Islands Taiwan is an island country of 23 million people and the majority of them live in a handful of cities. When they seek to leave their hectic urban life behind they escape to their country's villages, mountains, forests, and islands. Joseph returns to Taiwan to visit the Penghu Archepeligo in the Taiwan Straits, a chain of 64 isles and islets; 20 inhabited, and 50-minutes by air from the capital of Taipei. He explores the main and outer islands historic and natural attractions and enjoys summer fun in the sun on the Tropic of Cancer while also continuing to learn about and experience Taiwan's cultural heritage. Along the way, he discovers yet another side of Ilha Formosa - the beautiful isle of Taiwan.	APTEX	(S)	(CC)	DVI	#910H
19:00:00	Blackademics Television Straubhaar / Delgado / King An Educational Anthropologist on Afro-Brazilian's Education Activism; An Obama White House staffer talks about career advancement with Allies, Advocates and Investors; A Curriculum Expert on Rethinking the role of Black History in American Schools. Talks by Rolf Straubhaar, Tequia Hicks Delgado and LaGarrett King.	KNME	(S)	(CC)	N/A	#505H
19:30:00	The Kamla Show Special Korla Carol Jenkins is joined by Wendy Hilliard, the first Black woman to represent the U.S on the Rhythmic Gymnastics National Team, Hall of Fame rhythmic gymnast and Founder of the Wendy Hilliard Foundation to talk about women and sports. The Wendy Hilliard Gymnastics Foundation has trained over 15,000 inner-city youth; including top elite athletes and international gymnastics performers. In this discussion, Carol Jenkins and Wendy Hilliard discuss body image, the top 5 women in sports, equality and take a look at floor routines by Simone Biles and Gabby Douglas who are heading to the Olympics in Rio.	KAMLA	(S)	(CC)	N/A	#131H
20:00:00	Black America Women and Sports with Wendy Hilliard Carol Jenkins is joined by Wendy Hilliard, the first Black woman to represent the U.S on the Rhythmic Gymnastics National Team, Hall of Fame rhythmic gymnast and Founder of the Wendy Hilliard Foundation to talk about women and sports. The Wendy Hilliard Gymnastics Foundation has trained over 15,000 inner-city youth; including top elite athletes and international gymnastics performers. In this discussion, Carol Jenkins and Wendy Hilliard discuss body image, the top 5 women in sports, equality and take a look at floor routines by Simone Biles and Gabby Douglas who are heading to the Olympics in Rio.	EPS	(S)	(CC)	N/A	#118H

Sun, Feb 11, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#106H
	Host and correspondent Ernabel Demillo interviews members of the "Asian Pride Project" about how they've created new public service announcements to raise awareness about gay issues within the Asian American communities nationwide; Correspondent Minnie Roh gets up close and personal with documentarian/filmmaker Dai Sil Kim-Gibson, and looks at her career and award winning films; In honor of the 40th Anniversary of the Fall of Saigon Correspondent Mike Gilliam provides an exclusive report on Amerasian Children and interviews Kien Nguyen, Author of "The Unwanted," and Trista Goldberg, Founder of Operation Reunite, a non-profit organization that provides DNA tests to help reconnect birth parents to their Amerasian children.					
21:00:00	The Mayor: The Age of Riley	NETA	(S)	(CC)	N/A	#0H
	This film is an inspiring story of a white, Irish Catholic man in the American south who provided guidance and compassion to his community for an incredible 40 year period as the mayor of Charleston, South Carolina. Entering office just as the Civil Rights movement was taking off in South Carolina, Joseph P. Riley Jr., a Democrat, became America's Mayor and proved that the only real social change comes from the ground up. As American politics charged down the path of divisiveness, Mayor Riley sought inclusion and worked to improve his city in every way. On June 17, 2015, in the final quarter of his last term in office, he faced "his worst nightmare": the tragic massacre of nine African Americans by a young, white supremacist, in the oldest African Methodist Episcopal church in America.					
22:00:00	Evening with Ossie Davis & Ruby Dee	NETA	(S)	(CC)	N/A	#0
	This interview program provides a historical look into the life of legendary actor/activist Ossie Davis and Ruby Dee. Taped in Chicago as a TV special in front of a live audience for The HistoryMakers, Ossie Davis and Ruby Dee were interviewed by educator and activist Angela Davis.					
23:00:00	Musical Threads: Expression of a People	APTEX	(S)	(CC)	N/A	#0Z
	Guitar virtuoso and ethnomusicologist Tyron Cooper and world-class mezzo soprano Marietta Simpson lead viewers on a journey through African-American musical culture in MUSICAL THREADS: EXPRESSIONS OF A PEOPLE. Shot in the Cole Porter Room at the Indiana History Center, this simple, yet engaging production includes special arrangements of well-known secular and sacred songs and original tunes penned by Cooper and Simpson. The diverse set list ranges from traditional hymns and inspirational spirituals to the jazz standards "Body and Soul" and "Don't Get Around Much Anymore." Between songs, Cooper and Simpson discuss the origins and styles of the songs, while stressing the universality of the messages conveyed in them.					

Mon, Feb 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Straubhaar / Delgado / King An Educational Anthropologist on Afro-Brazilian's Education Activism; An Obama White House staffer talks about career advancement with Allies, Advocates and Investors; A Curriculum Expert on Rethinking the role of Black History in American Schools. Talks by Rolf Straubhaar, Tequia Hicks Delgado and LaGarrett King.	KNME	(S)	(CC)	N/A	#505H
00:30:00	The Kamla Show Special Korla	KAMLA	(S)	(CC)	N/A	#131H
01:00:00	Black America Women and Sports with Wendy Hilliard Carol Jenkins is joined by Wendy Hilliard, the first Black woman to represent the U.S on the Rhythmic Gymnastics National Team, Hall of Fame rhythmic gymnast and Founder of the Wendy Hilliard Foundation to talk about women and sports. The Wendy Hilliard Gymnastics Foundation has trained over 15,000 inner-city youth; including top elite athletes and international gymnastics performers. In this discussion, Carol Jenkins and Wendy Hilliard discuss body image, the top 5 women in sports, equality and take a look at floor routines by Simone Biles and Gabby Douglas who are heading to the Olympics in Rio.	EPS	(S)	(CC)	N/A	#118H
01:30:00	Asian American Life Host and correspondent Ernabel Demillo interviews members of the "Asian Pride Project" about how they've created new public service announcements to raise awareness about gay issues within the Asian American communities nationwide; Correspondent Minnie Roh gets up close and personal with documentarian/filmmaker Dai Sil Kim-Gibson, and looks at her career and award winning films; In honor of the 40th Anniversary of the Fall of Saigon Correspondent Mike Gilliam provides an exclusive report on Amerasian Children and interviews Kien Nguyen, Author of "The Unwanted," and Trista Goldberg, Founder of Operation Reunite, a non-profit organization that provides DNA tests to help reconnect birth parents to their Amerasian children.	EPS	(S)	(CC)	N/A	#106H
02:00:00	The Mayor: The Age of Riley This film is an inspiring story of a white, Irish Catholic man in the American south who provided guidance and compassion to his community for an incredible 40 year period as the mayor of Charleston, South Carolina. Entering office just as the Civil Rights movement was taking off in South Carolina, Joseph P. Riley Jr., a Democrat, became America's Mayor and proved that the only real social change comes from the ground up. As American politics charged down the path of divisiveness, Mayor Riley sought inclusion and worked to improve his city in every way. On June 17, 2015, in the final quarter of his last term in office, he faced "his worst nightmare": the tragic massacre of nine African Americans by a young, white supremacist, in the oldest African Methodist Episcopal church in America.	NETA	(S)	(CC)	N/A	#0H
03:00:00	Evening with Ossie Davis & Ruby Dee This interview program provides a historical look into the life of legendary actor/activist Ossie Davis and Ruby Dee. Taped in Chicago as a TV special in front of a live audience for The HistoryMakers, Ossie Davis and Ruby Dee were interviewed by educator and activist Angela Davis.	NETA	(S)	(CC)	N/A	#0
04:00:00	Musical Threads: Expression of a People Guitar virtuoso and ethnomusicologist Tyron Cooper and world-class mezzo soprano Marietta Simpson lead viewers on a journey through African-American musical culture in MUSICAL THREADS: EXPRESSIONS OF A PEOPLE. Shot in the Cole Porter Room at the Indiana History Center, this simple, yet engaging production includes special arrangements of well-known secular and sacred songs and original tunes penned by Cooper and Simpson. The diverse set list ranges from traditional hymns and inspirational spirituals to the jazz standards "Body and Soul" and "Don't Get Around Much Anymore." Between songs, Cooper and Simpson discuss the origins and styles of the songs, while stressing the universality of the messages conveyed in them.	APTEX	(S)	(CC)	N/A	#0Z
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#507
08:00:00	Zula Patrol The Things In Rings/How The Rust Was Won After the Zula Patrol warns Deliria and Cloid about their factory rejects floating in space, the villainous duo decide to dump the junk into Saturn's rings. When Wizzy and Wigg learn about the rings and the different types of natural debris that should make up the rings, they stumble upon Deliria's debris and report it to the others. This is a job for The Zula Patrol! Becoming a cowpoke, Dark Truder rustles up an evil scheme that's stripping Mars of its surface rust. He's raising rust-eating Nefarian Battle Cattle on Mars that he'll use to conquer the Universe. But hang on to your Stetsons, buckaroos; here comes the Zula Patrol ridin' to the rescue!	APTEX	(S)	(CC)	N/A	#201H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#123H
09:00:00	Functional Fitness with Suzanne Andrews Younger Muscles In 30 Days	ACCES		(CC)	N/A	#116H

Mon, Feb 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Posture Workout	APTEX	(S)	(CC)	DVI	#909H
10:00:00	Sit and Be Fit Vestibular and Core Mary Ann combines a nice mix of vestibular and core work while Gretchen reinforces the importance of gait training exercises.	NETA	(S)	(CC)	N/A	#1407H
10:30:00	It's Sew Easy Everything In Its Place Stay organized when you travel. Sewing educator Rebecca Kemp Brent sews lightweight packing cubes to maximize luggage space. Fashion expert Angela Wolf shares a tip for personalizing a nail kit and machine embroidery expert Joanne Banko makes a faux suede luggage tag with European flair.	NETA	(S)	(CC)	DVI	#1202H
11:00:00	Knit and Crochet Now! Unique Accessories Deborah Norville is working with Rohn Strong this week on a couple of very unique projects. First up is the Linetta Hat using Tunisian crochet and then Rohn shows how to use a knitting loom to make the Les Bouquets Shawl. Ellen is over in the stitch corner and will show how to crochet the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#711H
11:30:00	Fons & Porter's Love of Quilting Home, State Home Whether you're rooting for Tennessee, or you're a California dreamer, this fresh fun quilt project lets you celebrate your state pride. Lindsay Conner joins host Sara Gallegos to teach a method that allows you to work with any regional shape, and the scrappy, applique patches create a "county" effect. This fun, gift-y project is a great way to use up your scraps. But it's even better in your favorite team's colors!	NETA	(S)	(CC)	N/A	#2902H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7141H
13:00:00	America's Test Kitchen from Cook's Illustrated Summer Pork Supper Host Julia Collin Davison shows host Bridget Lancaster how to make the best smoked pork loin with dried-fruit chutney. Then, equipment expert Adam Ried reviews the latest grill gadgets in the Equipment Corner. Finally, test cook Becky Hays shows Bridget how to make the ultimate sweet potato soup.	APTEX	(S)	(CC)	N/A	#1725H
13:30:00	Pati's Mexican Table Tamaliza! An episode dedicated to one of Mexico's most iconic foods: tamales. Pati will cook a few variations of tamales, both savory and sweet, then her girlfriends stop by for a tamal party - a tamaliza! Recipe 1: Cooked Salsa Verde; Recipe 2: Chicken in Salsa Verde Tamales; Recipe 3: Sweet Corn Tamales; Recipe 4: Tamara's Fresh From The Garden Green Rice; Recipe 5: Mexican Masa Chocolate Drink.	APTEX	(S)	(CC)	N/A	#405H
14:00:00	Steven Raichlen's Project Smoke Ribs Rock The Smoker Ribs rank among our favorite foods for smoking and are one of the primal pleasures of barbecue. Few ribs are more primal-or satisfying-than our first dish: Brontosaurus-size, grass-fed, barbecued beef plate ribs. Next up: spare ribs from heritage breed Berkshire hogs, slathered with Jamaican jerk seasoning and smoked over exotic pimento wood. Our third rack comes from Colorado: Spice-Smoked Lamb Ribs with Cherry Cola Barbecue Sauce. And to round out the meal: a delectably different coleslaw-apple sweetened and hickory-smoked, and smoky bacon-cheddar cheese cornbread. From offset smokers and upright barrel smokers to electric smokers and handheld smoking devices, we'll show you the tools and fuels you need to get the job done. Recipes: Big Bad Beef Ribs; Jamaican Jerk Spare Ribs; Spice-Smoked Lamb Ribs with Cherry Cola Barbecue Sauce; Smoked Slaw; Smoked Cheese-Bacon Cornbread.	APTEX	(S)	(CC)	N/A	#104H
14:30:00	George Hirsch Lifestyle Local Inspired Comfort Foods In the premiere episodes, George prepares family-inspired comfort foods, including mac-and-cheese, grilled pork sliders with crisp quick slaw, and double-chocolate brownies for dessert. George stops by a community-operated organic farm in Amagansett Long Island, where families support growing seasonal produce. Later, he visits the chef from Town Line BBQ who shares the secret of low-and-slow cooking. Recipes: - Pork Tenderloin Sliders - Savory Quick Slaw - Cheddar Jack-n-Mac - Double Chocolate Brownies.	APTEX	(S)	(CC)	N/A	#101H
15:00:00	Beads, Baubles and Jewels The Color Story Begins with Birthstones Start a color story with birthstones. Blogger and jewelry-maker Molly Schaller finds inspiration and meaning in birthstone colors. She also shares some great gift packaging ideas for those special jewelry gifts. Katie uses leather belting lace and crystal charms to make box braid bracelets in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2302H

Mon, Feb 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Building Blocks	NETA	(S)	(CC)	N/A	#302H
	From basic blocks, great new art is built. Lynn Suprock uses a blender to turn recycled materials into paper. Rebekah Meier cuts, sews and paints a multi-media collage. Mary Hettmansperger makes cold connection jewelry and Jane Dunnewold shares more ideas on alignment.					
16:00:00	Biz Kid\$ You Are The Target!	APTEX	(S)	(CC)	DVI	#504H
	Every day, kids and teens are subjected to thousands of commercial messages from advertisers. This episode helps you recognize when you are being targeted, how to resist manipulation, and when to apply good consumer skills to cut through the commercial fog.					
16:30:00	Hands On Crafts for Kids Trees	NETA	(S)	(CC)	DVI	#1806H
	Bring the outside inside with a little creativity. Jenny Barnett-Rohrs makes a colorful leafy tree banner. Candie Cooper creates a fish kite and Katie Hacker builds a whimsical woods scene. Then, Jenny decorates a glittery tree to celebrate the holidays.					
17:00:00	P. Allen Smith's Garden Home Super Foods; Super Recipes	APTEX	(S)	(CC)	DVI	#1607H
	In this episode of Garden Home, P. Allen Smith shows that you don't have to be a superhero to save the day. Super performers in the kitchen, garden and home are highlighted to help give your life some extra punch.					
17:30:00	Growing A Greener World Polyface Farms	APTEX	(S)	(CC)	N/A	#516H
	Polyface Farms is everything that industrialized farming is not. Here's an in depth look at how they are able to grow produce and raise food (beef, chickens, pigs, and turkeys) while stewarding the land at the same time.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15031H
18:30:00	Americas Now Chile - Earthquake Readiness/Panama - Kinetic Genius/Musical - Archeological	NETA	(S)	(CC)	N/A	#125H
	Chile - Earthquake readiness Chile is a country used to earthquakes. The 9.5 magnitude earthquake in 1960 is the strongest earthquake ever recorded in the 20th century. Now Chile is spending millions of dollars every year in earthquake monitoring as well as developing technology to mitigate the effects of future quakes. Panama - Kinetic Genius Venezuelan artist Carlos Cruz-Diez is one of the world's leading practitioners of a form of kinetic art, which explores how the viewer perceives color and shape. His public commissions can be seen in open spaces from Caracas to Paris and his unique paintings sell for hundreds of thousands of dollars. Musical - Archeological Gem in Peru The Marcahuamachuco was built during Pre-Incan times and the site is known as the "Machu Picchu" of the north. This mysterious place sits on an area that occupies nearly 4 kilometers in length and it's over 3,000 meters above sea level.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8226
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3606H
20:00:00	The Kate Jane Lynch	APTEX	(S)	(CC)	N/A	#201H
	Jane Lynch takes to The Katestage with See Jane Sing!, her comedy cabaret including special guests Kate Flannery (The Office) and Tim Davis (Glee's musical arranger) backed by the swinging Tony Guerrero Quintet.					
21:00:00	Backstage Pass Bobby Murray	NETA	(S)	(CC)	N/A	#806H
	Etta James guitarist Bobby Murray pays tribute to the legendary blues singer at Michigan BluesFest. Murray performs her classic hits, like "At Last," "I Got the Will," and "Woman." Featured with Bobby are vocalists Tasha Owens, Kearia Lashae, Jay Jolley, and Lenny Watkins. Recorded at Michigan BluesFest 2016 in Lansing's Old Town district.					

Mon, Feb 12, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Sweet Dillard	APTEX	(S)	(CC)	N/A	#0H
<p>One of the most successful high school jazz bands in the country is in Broward County, South Florida, just steps away from highway I-95. SWEET DILLARD chronicles the 2013-2014 school year of the Dillard Center for the Arts Jazz Ensemble, and their inspirational bandleader, Christopher Dorsey. The no-nonsense Dorsey lays down the law from the first beat, calling out his students' tendency to form into cliques of black and white, automatically inhabiting separate sides of the rehearsal room, something he won't tolerate. "You don't have to like each other, but you're gonna respect each other," Dorsey declares. SWEET DILLARD follows several of the jazz students and their families, including: Ulysses, a keyboardist who lost his father at a young age; Chris, who once stole cars and sold drugs before breaking away from his pill-addicted mother; and Kim, an intense perfectionist with Asperger's Syndrome, who manages to shed his inhibitions with the band. At the end of the year, they travel to New York City for the national championships, determined to make their families and South Florida proud.</p>						
23:00:00	Black Women In Medicine	APTEX	(S)	(CC)	N/A	#0H
<p>BLACK WOMEN IN MEDICINE honors black female doctors around the country who work diligently in all facets of medicine. Through first-hand accounts from a cross-selection of black female pioneers in medicine and healthcare-including Dr. Claudia Thomas, the first black woman orthopedic surgeon and Dr. Jocelyn Elders, the first black woman to hold the position of United States Surgeon General-the program details the challenges these women have experienced and continue to face today in their drive to practice medicine. The documentary brings the inspiring stories of these trailblazing women within reach of those who most need to hear them, especially the next generation of medical professionals. By combining historical context with a look at the current generation coming up through the ranks, BLACK WOMEN IN MEDICINE chronicles stories of excellence and perseverance that engage, encourage and motivate, planting seeds of aspiration in the minds of future doctors.</p>						

Tue, Feb 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Chile - Earthquake Readiness/Panama - Kinetic Genius/Musical - Archeological	NETA	(S)	(CC)	N/A	#125H
	Chile - Earthquake readiness Chile is a country used to earthquakes. The 9.5 magnitude earthquake in 1960 is the strongest earthquake ever recorded in the 20th century. Now Chile is spending millions of dollars every year in earthquake monitoring as well as developing technology to mitigate the effects of future quakes. Panama - Kinetic Genius Venezuelan artist Carlos Cruz-Diez is one of the world's leading practitioners of a form of kinetic art, which explores how the viewer perceives color and shape. His public commissions can be seen in open spaces from Caracas to Paris and his unique paintings sell for hundreds of thousands of dollars. Musical - Archeological Gem in Peru The Marcahuamachuco was built during Pre-Incan times and the site is known as the "Machu Picchu" of the north. This mysterious place sits on an area that occupies nearly 4 kilometers in length and it's over 3,000 meters above sea level.					
00:30:00	The Open Mind Law, Order and Justice	NETA		(CC)	N/A	#3828H
	Guest: Dorian Warren. Roosevelt Institute Fellow Dorian Warren discusses the politics of inequality today.					
01:00:00	The Kate Jane Lynch	APTEX	(S)	(CC)	N/A	#201H
	Jane Lynch takes to The Katestage with See Jane Sing!, her comedy cabaret including special guests Kate Flannery (The Office) and Tim Davis (Glee's musical arranger) backed by the swinging Tony Guerrero Quintet.					
02:00:00	Backstage Pass Bobby Murray	NETA	(S)	(CC)	N/A	#806H
	Etta James guitarist Bobby Murray pays tribute to the legendary blues singer at Michigan BluesFest. Murray performs her classic hits, like "At Last," "I Got the Will," and "Woman." Featured with Bobby are vocalists Tasha Owens, Kearia Lashae, Jay Jolley, and Lenny Watkins. Recorded at Michigan BluesFest 2016 in Lansing's Old Town district.					
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04:00:00	Black Women In Medicine	APTEX	(S)	(CC)	N/A	#0H
	BLACK WOMEN IN MEDICINE honors black female doctors around the country who work diligently in all facets of medicine. Through first-hand accounts from a cross-selection of black female pioneers in medicine and healthcare-including Dr. Claudia Thomas, the first black woman orthopedic surgeon and Dr. Jocelyn Elders, the first black woman to hold the position of United States Surgeon General-the program details the challenges these women have experienced and continue to face today in their drive to practice medicine. The documentary brings the inspiring stories of these trailblazing women within reach of those who most need to hear them, especially the next generation of medical professionals. By combining historical context with a look at the current generation coming up through the ranks, BLACK WOMEN IN MEDICINE chronicles stories of excellence and perseverance that engage, encourage and motivate, planting seeds of aspiration in the minds of future doctors.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#508
08:00:00	Zula Patrol Ice Station Zula/Ice Truder	APTEX	(S)	(CC)	N/A	#202H
	Multo receives a distress call from his good friend, Professor Precipito, who lives in a sub-arctic region of Zula performing all kinds of precipitation experiments. Someone is stealing her experiments! The Zula Patrol rushes to the scene to help and they soon discover that the thief is none other than the legendary Abominable Snow-Gleep! Did I mention he's not very easy to catch? When Wizzy and Zeeter make a small ice sculpture, they discover they are standing on a glacier and learn all about it. But then Dark Truder steals the glacier for his newly redecorated headquarters - intent on carving it into a giant ice sculpture of himself. The Zula Patrol must intervene before the glacier melts - endangering its tiny ice worm inhabitants!					
08:30:00	Thomas Edison's Secret Lab Stranger in a Strange Lab/Sturm Und Drang	APTEX	(S)	(CC)	N/A	#124H
09:00:00	Functional Fitness with Suzanne Andrews Younger Joints In 30 Days	ACCES		(CC)	N/A	#117H

Tue, Feb 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: for the Back	APTEX	(S)	(CC)	DVI	#910H
10:00:00	Sit and Be Fit Posture Mary Ann breaks down techniques to improve our posture and special guest Jeff Brooks gives us a balance exercise for the day.	NETA	(S)	(CC)	N/A	#1408H
10:30:00	It's Sew Easy On The Go Convertible active-wear gives lots of easy options. Blogger Mom Caroline Critchfield stays organized with a colorful wallet made from fabric scraps. Pattern designer Angela Wolf creates zip-off sports pants that change from long pants to shorts. Angela Wolf shares a tip for trouble-shooting serger stitches.	NETA	(S)	(CC)	DVI	#1203H
11:00:00	Knit and Crochet Now! Dress Up The Pup We've got plaids for your pooch and hoodies for your hound dog! Today Deborah is joined by Lena Skvagerson who will show how to knit up the Hound Dog Hoodie in a "hounds tooth" pattern. Robyn Chachula is next up with Poppy's Plaid Crochet Dog Sweater featuring a raised stitch plaid. In the stitch corner Lena will show how to knit her very own version of the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#712H
11:30:00	Fons & Porter's Love of Quilting Freemotion and Threads with Karen Mctavish Join Angela Huffman and her guest Karen McTavish at the longarm machine to learn how threads-their weight, color and sheen-interact in your quilting design. Build confidence as a quilter in both freemotion and stitch-in-the-ditch longarm quilting, and pick up all kinds of useful tips from two renowned quilting experts!	NETA	(S)	(CC)	N/A	#2903H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7142H
13:00:00	Julie Taboulie's Lebanese Kitchen It's Taboulie Time Join the "Queen of Lebanese Cuisine", Julie Taboulie, as she pays a special tribute to her namesake dish and her culinary traditions. Throughout this visually vibrant show, Julie takes viewers back to memory lane of her Lebanese heritage and the dishes that she grew up eating ever since she was a young girl at her family's Lebanese table. It's tart, it's tangy and it's tasty. It's non-other than Julie Taboulie's namesake, signature salad, taste-bud-tantalizing taboulie Originating in the mountains of Mount Lebanon, this famous dish is known as the "Queen Salata" throughout the land and Julie shares all of her tips, tricks and techniques to make the tastiest taboulie. Julie also makes a couple trips to Mama's garden and to her very own herb-garden that Mama especially planted for her to gather all of her fresh ingredients for her recipes. While Julie's there she happily introduces viewers to her Uncle Dominick to answer their number one question to finally find how she got her stage name. Julie also shares her luscious lamb kabobs lahem mishwee that lead the way along with her Lebanese-style French fries batata maqliieh inspired by her Sitto (Julie's grandmother) that are finished off with an authentic garlic, olive oil and lemon sauce famously called toum making this show so succulent that viewers will wish there was taste-a-vision.	APTEX	(S)	(CC)	DVI	#102H
13:30:00	Taste of Louisiana with Chef John Folse & Co. - After The Hunt Speckle Belly Goose Casserole/Oak Grove Hunting Club Speckled Belly Geese is this week's main ingredient. . The first recipe is Asian Barbecued Goose Kebabs which combines hoisin, plum and black bean sauces, minced garlic and ginger is painted on the kebabs with a brush made of lemon grass before they are grilled. Next he travels to Canard Sauvage Hunting Lodge in southwest Louisiana where they prepare Ground Goose - browned and flavored with the trinity and served in a rice casserole. The final recipe is Roasted Goose with Dark Cherries.	APTEX	(S)	(CC)	N/A	#1216H
14:00:00	Taste of History Yorktown - The Last Battle The Battle of Yorktown was more than just a victory for George Washington and the Continental Army, it was a global effort with history-changing coincidences. Come learn the exciting story of the final land battle of the American Revolution with Chef Walter Staib as he prepares Seafood Stew, Broad Beans with pork and duck, Fried Rabbit and more!"	NETA	(S)	(CC)	N/A	#809H
14:30:00	Christopher Kimball's Milk Street Television Milk Street Menu The episode begins with a short-cut to savor as Milk Street Cook Matthew Card shows host Christopher Kimball how to make no-sear lamb or beef, and chickpea stew. Spices help give the stew deep flavor and Chris learns more about these essential kitchen ingredients in Milk Street Cooking School. Milk Street Cook Catherine Smart shows how to make the pantry staple harissa at home. The show ends with Milk Street Cook Rayna Jhaveri teaching Chris how to make caramel oranges, a simple but effective dessert with a whiff of sixties glam.	APTEX	(S)	(CC)	N/A	#110H

Daily Program Listing II

43.1

Date: 01/09/2018

02/01/2018 - 02/28/2018

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Tue, Feb 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Choosing Colors	NETA	(S)	(CC)	N/A	#2303H
	The colors we choose change how we view a piece. Author Jill Wiseman makes reversible jewelry using one motif. She changes the colors so one side can have a southwestern look and the other a fine jewelry look. In the Beading Lesson, Katie creates the unexpected with dangles and drops using leather and sew-on crystal stones.					
15:30:00	Make It Artsy Nuts and Bolts	NETA	(S)	(CC)	N/A	#303H
	Let's get down to nuts and bolts. Candie Cooper weaves leather through washers to make a cool bracelet. Joe Rotella and Julie McGuffee join forces and power up their tools to create a musical wind chime from a wine bottle. Jane Dunnewold concludes her thoughts on alignment.					
16:00:00	Biz Kid\$ The Economics of Economics	APTEX	(S)	(CC)	DVI	#505H
	Here's a lighter look at a complex science. Learn about everything from micro to macro economics, supply and demand, and economic indicators. See how business owners and even individuals use economic principles to make financial decisions. Meet a young entrepreneur who started up her serving business when the economy turned down. It's all economics!					
16:30:00	Hands On Crafts for Kids Outer Limits	NETA	(S)	(CC)	DVI	#1807H
	Break the creative boundaries and travel to the outer limits. Blast off as Jenny Barnett-Rohrs makes a bottle rocket. Katie Hacker tracks the journey on a decorated bulletin board. Franz Spohn makes portraits with candy beads and we'll make a sparkly Easter decoration from blogger Jen Goode.					
17:00:00	P. Allen Smith's Garden Home Leaders in the Field	APTEX	(S)	(CC)	DVI	#1608H
	Join P. Allen Smith as he learns a thing or two from gardeners, chefs and designers who are leading the pack in their field and are anything but traditional.					
17:30:00	Growing A Greener World Rooftop Farm, Brooklyn, Ny	APTEX	(S)	(CC)	N/A	#517H
	Sitting high above rush hour traffic is a full production, organic farm - growing food in only 8-12 inches of soil spread across the rooftop of a New York City building. We visit this incredible 1-acre farm and learn how they are creating a whole new model for locally grown urban food that can be duplicated anywhere in the world.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15032H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1214H
	On this special edition, host Jason Shultz explores the many uses for soybeans. It's a fun and informative journey from rural Iowa to the city streets of San Francisco.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8227
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1407H
20:00:00	Sun Studio Sessions The Country Duo	NETA	(S)	(CC)	N/A	#810H
	The Kansas City-based Country Duo features Kasey Rausch and Marco Pascolini. Armed with guitars and a pedal steel, the Duo channels classic country sounds while crafting a contemporary Americana sound. Rausch is a 4th generation songwriter and Pascolini is a revered multi-instrumentalist. Together they blend soulful story telling with stellar musicianship. In this episode, the artists talk about their musical influences and perform several songs, including "Heavy Fog" and "Wait a Little While."					
20:30:00	Jammin at Hippie Jack's Willie Sugarcapps	NETA	(S)	(CC)	N/A	#1003H
	There is a very strange chemistry between the five distinct musicians that inspires a repertoire of songs demanding to be documented. Birthed from the swamps of the Frog Pond, Willie Sugarcapps consists of Grayson Capps, Will Kimbrough, Corky Hughes, Sugarcane Jane and Anthony Crawford. Together they create impeccable songs imbued by relaxed performances, angelic harmonies and country zen sentiment. Band members often take turns singing lead as they switch up between fiddle, banjo, mandolin, lap steel, bass and even ukulele.					

Tue, Feb 13, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Infinity Hall Live The Best of Infinity Hall Live	APTEX	(S)	(CC)	N/A	#113H
	The Best of Infinity Hall Live - a compilation of the best performances and interviews from the first season of shows.					
22:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#702H
	Gal Gadot (Wonder Woman) with Kumail Nanjiani (The Big Sick), Willem Dafoe (The Florida Project) with Hugh Jackman (Logan), Mary J. Blige (Mudbound) with Salma Hayek (Beatriz at Dinner) and Allison Janney (I, Tonya) with Sam Rockwell (Three Billboards Outside Ebbing, Missouri).					
23:00:00	Cuba's Secret Side Under The Radar	NETA	(S)	(CC)	DVI	#101H
	<p>Knowing that the Cuban government severely restricts all foreign journalists, Karin Muller took a huge risk - she set out to film a documentary on a simple tourist visa. Free of government minders, she hitchhiked around Cuba for three months - sleeping in private homes, working with farmers and fishermen, and participating in festivals and religious ceremonies. She was arrested over a dozen times, but in the end she discovered a side of Cuba that few foreigners get to see. Like Hector - Havana's pizza guy - who lives on the third floor and uses a basket and pulley system to deliver pizza. Or the wonderful way Cubans have of turning a tedious wait in line into a social event, and the unexpected joy of Havana's waterfront. Cubans joke that the Revolution produced three successes and three failures. The successes were health care, education, and social equality. The failures were breakfast, lunch, and dinner. In the rural sugar town of La Vega, Muller discovered the secret to Cuba's good health. Dr. Angelina walks house to house, visiting every one of La Vega's two thousand inhabitants - even if they're healthy - at least twice a year. Angelina knows everything about her patients, from how many pillows they sleep with to whether they're getting along with their spouses. She is happy with her life and work, despite going home each night to a tiny, dilapidated apartment without running water and having to work two days to earn enough to buy her family a can of spam. Education is another Cuban success - 97% literacy and free universities - but it's not all good news. Books and newspapers are censored, so a nation that has learned to love the written word has no choice but to read the party line. The monthly food distribution provides all Cuban citizens with staples like sugar, rice, and beans. The government also pays retired Cubans a pension, though it's rarely enough to make ends meet. The elderly often augment their meager incomes selling newspapers or collecting cans on the street. When Castro took over Cuba, most wealthy Cubans fled. The government divided their mansions among the poor. Fifty years later tenants still pay virtually no rent, but the marble floors and vaulted ceilings are now human warrens where thousands of Cubans live with crumbling roofs and no running water. Lurking in the basement of one building is a sea of human feces, roiling with maggots. The plumbing rotted out years ago. The Cuban government is not entirely to blame. Cuba was in fact doing quite well until 1989, when the Soviet Union fell apart. Without Soviet subsidies, the Cuban economy ground to a halt. Castro declared a "Special Period" and ordered farmers to go back to plowing their fields by hand. In desperation, the government began allowing people to go into business for themselves. And Cubans have their own way of dealing with adversity - through music and sports. Kids play baseball with homemade balls and bats on every street corner and in every park. And even in the worst of times, the Cuban government still underwrites a free concert now and then. But you can't live on entertainment. Castro urgently needed hard currency. He knew that over 60% of Cubans get money from overseas friends and family - he just had to find a way to get his hands on some of it. So he printed a whole new currency and opened up a bunch of luxury stores filled with American sneakers, designer sunglasses, and refrigerators. In the process, Cuba once again became a two-tiered society - those who have and those who don't - exactly what he launched a revolution to end. Cubans are nothing if not ingenious. Despite having almost no money, they still manage to keep things going - like their 60-year-old American cars. For those who can't afford a set of foreign wheels, there's always Cuba's public transportation system. It's cheap, but breakdowns were so common that the government came up with an entirely new way to move people around - the camel bus. It's a converted flatbed truck and can carry up to 300 passengers. When that wasn't enough, Castro made hitchhiking an official form of transportation. Despite all of its efforts, Cuba was still in a downwards spiral. Reluctantly, Castro opened the country up to tourism with a string of new hotels and resorts, but made sure that foreigners had as little contact with the locals as possible. Nowadays you can go hang out on a tourist beach, sit by the pool, or take a horse-cart ride through old Havana. But if you do, you'll miss the most interesting part of Cuba - the Cubans themselves. They are the focus of Hour 2 of Cuba's Secret Side.</p>					

Daily Program Listing II

43.1

Date: 01/09/2018

02/01/2018 - 02/28/2018

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Wed, Feb 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland On this special edition, host Jason Shoultz explores the many uses for soybeans. It's a fun and informative journey from rural Iowa to the city streets of San Francisco.	APTEX	(S)	(CC)	N/A	#1214H
00:30:00	Overheard with Evan Smith Pete Buttigieg, Mayor of South Bend, Indiana Pete Buttigieg is the Mayor of South Bend, Indiana. He was elected in 2011 at the age of 29, making him one of the youngest mayors of a city with over 100,000 residents in the U.S. The Washington Post called him "the most interesting mayor you've never heard of" and he was named national Mayor of the Year by GovFresh.com.	NETA	(S)	(CC)	N/A	#806H
01:00:00	Sun Studio Sessions The Country Duo The Kansas City-based Country Duo features Kasey Rausch and Marco Pascolini. Armed with guitars and a pedal steel, the Duo channels classic country sounds while crafting a contemporary Americana sound. Rausch is a 4th generation songwriter and Pascolini is a revered multi-instrumentalist. Together they blend soulful story telling with stellar musicianship. In this episode, the artists talk about their musical influences and perform several songs, including "Heavy Fog" and "Wait a Little While."	NETA	(S)	(CC)	N/A	#810H
01:30:00	Jammin at Hippie Jack's Willie Sugarcapps There is a very strange chemistry between the five distinct musicians that inspires a repertoire of songs demanding to be documented. Birted from the swamps of the Frog Pond, Willie Sugarcapps consists of Grayson Capps, Will Kimbrough, Corky Hughes, Sugarcane Jane and Anthony Crawford. Together they create impeccable songs imbued by relaxed performances, angelic harmonies and country zen sentiment. Band members often take turns singing lead as they switch up between fiddle, banjo, mandolin, lap steel, bass and even ukulele.	NETA	(S)	(CC)	N/A	#1003H
02:00:00	Infinity Hall Live The Best of Infinity Hall Live The Best of Infinity Hall Live - a compilation of the best performances and interviews from the first season of shows.	APTEX	(S)	(CC)	N/A	#113H
03:00:00	Variety Studio: Actors On Actors Gal Gadot (Wonder Woman) with Kumail Nanjiani (The Big Sick), Willem Dafoe (The Florida Project) with Hugh Jackman (Logan), Mary J. Blige (Mudbound) with Salma Hayek (Beatriz at Dinner) and Allison Janney (I, Tonya) with Sam Rockwell (Three Billboards Outside Ebbing, Missouri).	NETA	(S)	(CC)	N/A	#702H

Wed, Feb 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
04:00:00	Cuba's Secret Side Under The Radar	NETA	(S)	(CC)	DVI	#101H
	<p>Knowing that the Cuban government severely restricts all foreign journalists, Karin Muller took a huge risk - she set out to film a documentary on a simple tourist visa. Free of government minders, she hitchhiked around Cuba for three months - sleeping in private homes, working with farmers and fishermen, and participating in festivals and religious ceremonies. She was arrested over a dozen times, but in the end she discovered a side of Cuba that few foreigners get to see. Like Hector - Havana's pizza guy - who lives on the third floor and uses a basket and pulley system to deliver pizza. Or the wonderful way Cubans have of turning a tedious wait in line into a social event, and the unexpected joy of Havana's waterfront. Cubans joke that the Revolution produced three successes and three failures. The successes were health care, education, and social equality. The failures were breakfast, lunch, and dinner. In the rural sugar town of La Vega, Muller discovered the secret to Cuba's good health. Dr. Angelina walks house to house, visiting every one of La Vega's two thousand inhabitants - even if they're healthy - at least twice a year. Angelina knows everything about her patients, from how many pillows they sleep with to whether they're getting along with their spouses. She is happy with her life and work, despite going home each night to a tiny, dilapidated apartment without running water and having to work two days to earn enough to buy her family a can of spam. Education is another Cuban success - 97% literacy and free universities - but it's not all good news. Books and newspapers are censored, so a nation that has learned to love the written word has no choice but to read the party line. The monthly food distribution provides all Cuban citizens with staples like sugar, rice, and beans. The government also pays retired Cubans a pension, though it's rarely enough to make ends meet. The elderly often augment their meager incomes selling newspapers or collecting cans on the street. When Castro took over Cuba, most wealthy Cubans fled. The government divided their mansions among the poor. Fifty years later tenants still pay virtually no rent, but the marble floors and vaulted ceilings are now human warrens where thousands of Cubans live with crumbling roofs and no running water. Lurking in the basement of one building is a sea of human feces, roiling with maggots. The plumbing rotted out years ago. The Cuban government is not entirely to blame. Cuba was in fact doing quite well until 1989, when the Soviet Union fell apart. Without Soviet subsidies, the Cuban economy ground to a halt. Castro declared a "Special Period" and ordered farmers to go back to plowing their fields by hand. In desperation, the government began allowing people to go into business for themselves. And Cubans have their own way of dealing with adversity - through music and sports. Kids play baseball with homemade balls and bats on every street corner and in every park. And even in the worst of times, the Cuban government still underwrites a free concert now and then. But you can't live on entertainment. Castro urgently needed hard currency. He knew that over 60% of Cubans get money from overseas friends and family - he just had to find a way to get his hands on some of it. So he printed a whole new currency and opened up a bunch of luxury stores filled with American sneakers, designer sunglasses, and refrigerators. In the process, Cuba once again became a two-tiered society - those who have and those who don't - exactly what he launched a revolution to end. Cubans are nothing if not ingenious. Despite having almost no money, they still manage to keep things going - like their 60-year-old American cars. For those who can't afford a set of foreign wheels, there's always Cuba's public transportation system. It's cheap, but breakdowns were so common that the government came up with an entirely new way to move people around - the camel bus. It's a converted flatbed truck and can carry up to 300 passengers. When that wasn't enough, Castro made hitchhiking an official form of transportation. Despite all of its efforts, Cuba was still in a downwards spiral. Reluctantly, Castro opened the country up to tourism with a string of new hotels and resorts, but made sure that foreigners had as little contact with the locals as possible. Nowadays you can go hang out on a tourist beach, sit by the pool, or take a horse-cart ride through old Havana. But if you do, you'll miss the most interesting part of Cuba - the Cubans themselves. They are the focus of Hour 2 of Cuba's Secret Side.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#509
08:00:00	Zula Patrol Dueling Space Stations/Don't Look Now	APTEX	(S)	(CC)	N/A	#203H
	<p>While the Zula Patrol is staying on Zulean Space Station ZIR, Dark Truder is on his own space station, building a giant robot to help him take over the galaxy. As our heroes learn what goes on inside the weightless world of space stations, Truder and Traxie are completely unprepared for the challenges and effects of micro-gravity. Something's blocking the view of the Zula Patrol's space telescope. It's Deliria, assuming a variety of shapes to keep the Patrol from seeing that she's got a space telescope of her own and is up to no good.</p>					
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#125H
09:00:00	Functional Fitness with Suzanne Andrews Younger Heart In 30 Days	ACCES		(CC)	N/A	#118H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize Your Waist	APTEX	(S)	(CC)	DVI	#911H
10:00:00	Sit and Be Fit Breathing Mary Ann offers several techniques to develop healthy breathing habits.	NETA	(S)	(CC)	N/A	#1409H
10:30:00	It's Sew Easy Versatile Packables Make your travel clothes and accessories do double duty. Embroidery expert Eileen Roche makes a fashionable laptop bag. Sewing educator Joanne Banko adds a fashion statement to a simple knit dress with embroidery and accessories. Serger expert Angela Wolf has a tip for serging a rolled hem.	NETA	(S)	(CC)	DVI	#1204H

Wed, Feb 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:00:00	Knit and Crochet Now! Springtime Tees	APTEX	(S)	(CC)	DVI	#713H
	Just because the weather is warm doesn't mean you have to put down your needles and hooks! Deborah is joined by Ellen Gormley who will show how to crochet up the Whole Latte Love Tee with an easy openwork yoke and textured stripes. Lena will then show how to stitch up the Knit Lace Sampler T-shirt. Ellen is in the stitch corner with the Fishbone stitch.					
11:30:00	Fons & Porter's Love of Quilting Cactus Blooms	NETA	(S)	(CC)	N/A	#2904H
	Emily Bailey's fresh, bright, fat-quarter friendly quilt, Cactus Blooms, is a Fons & Porter staff favorite. Inspired by a little vintage quilt, the design is a wonderful pattern for exploring color placement, and using sashing to create a "floating" effect. Emily and host Sara Gallegos team up to teach some fabulous patchwork techniques.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7143H
13:00:00	Lidia's Kitchen Italian Taste for Bitter Vegetables	APTEX	(S)	(CC)	N/A	#408H
	Italy is one big garden with a year round growing season. Vegetables are often the stars of the meal, and today Lidia will highlight the versatility of delicious bitter vegetables like broccoli rabe, radicchio and escarole. She makes baked radicchio. Sweetened by the cook time this dish caramelizes into a tender hearty bite. broccoli rabe and sausage: a classic combination with sweet Italian sausage and bitter broccoli rabe; escarole and white bean Soup: a heart warming escarole and white bean soup.					
13:30:00	Taste The Islands with Chef Irie Cultural Composite	APTEX	(S)	(CC)	N/A	#206H
	Chef Irie takes a culinary journey through the Dutch Caribbean islands making carni stoba (beef stew), curried peanut chicken with sauteed green beans, sweet noodle cakes with warm apple compote, and a refreshing papaya cocktail. Co-host Lisa Lee visits a world class Caribbean restaurant with international influences.					
14:00:00	Simply Ming Wild Cod with Chef Gisli Matthias Audunsson	APTEX	(S)	(CC)	N/A	#1519H
	Ming is On the Road in Iceland and kicks off his time on the Nordic island nation by exploring its coastline with chef G					
14:30:00	Cook's Country Plenty of Garlic and Parm	APTEX	(S)	(CC)	N/A	#1011H
	Bridget Lancaster shows Julia Collin Davison how to make an authentic version of a Basque favorite, garlic fried chicken. Equipment expert Adam Ried shares his top pick for budget-friendly Dutch ovens. Test cook Ashley Moore shows Bridget how to make the ultimate crispy parmesan potatoes.					
15:00:00	Beads, Baubles and Jewels Cord Bracelets	NETA	(S)	(CC)	N/A	#2304H
	Make a memorable color story with designer and author Ashley Bunting. She uses memory wire and parachute cord to make trendy beaded bracelets. Katie shows how to organize your work space with the right storage, work surface and lighting on the Beading Lesson.					
15:30:00	Make It Artsy Bricks Need Mortar - They Don't Stand Alone	NETA	(S)	(CC)	N/A	#304H
	Combine materials with inspiration to make contemporary art. Julie Fei Fan Balzer sews and stamps fabric embellishments for book covers and more. Debbi Simon combines clay with uncommon materials to create unique 3-D pieces. Julie Fei Fan Balzer screen prints with stencils and Mary Hettmansperger adds shine to metalwork with mica.					
16:00:00	Biz Kid\$ Businesses That Give Back	APTEX	(S)	(CC)	DVI	#506H
	Get to know some businesses that are giving back in big ways, including up-and-coming entertainer Cymphonique, who helps encourage positive self-esteem for girls. Learn from socially conscious companies that are doing good. It's the new triple bottom line: people, planet, and profit.					
16:30:00	Hands On Crafts for Kids Write It Down	NETA	(S)	(CC)	DVI	#1808H
	When creative ideas pop up, write them down. Make a colorful pocket journal with Jenny Barnett-Rohrs. Candie Cooper shares creative tips for handwriting and Franz Spohn writes with clay. Katie Hacker decorates for fall with a shining pumpkin luminary from blogger Carissa Bonham.					

Wed, Feb 14, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
17:00:00	P. Allen Smith's Garden Home Facts of Life Life at Moss Mountain Farm is like any other working farm, has its ups and downs. Let P. Allen Smith take you through the trials, tribulations and immense rewards on a day at the farm.	APTEX	(S)	(CC)	DVI	#1609H
17:30:00	Growing A Greener World Veteran Farmers: Jacksonville, Fl As veterans return home from war, a troubled economy can make finding jobs in the private sector even harder. Combined with the difficulties of readjusting to "normal routines" many are finding careers in organic farming to be the perfect combination of mental therapy, healthy activity, and positive reinforcement as they re-enter the workforce, just at a time when organic farmers are needed more than ever.	APTEX	(S)	(CC)	N/A	#518H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15033H
18:30:00	Great Decisions In Foreign Policy Nuclear Security The nuclear status quo is changing. Nine nations are declared nuclear powers-and non-state actors are upending cold war era strategy. How can leaders stop countries from acquiring nuclear weapons, keep nuclear materials out of the hands of non-state actors and protect nuclear facilities from potential terrorist attacks?	NETA	(S)	(CC)	N/A	#808H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8228
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#506H
20:00:00	The Lowertown Line. Communist Daughter	APTEX	(S)	(CC)	N/A	#122H
20:30:00	Songs at the Center Artists: Happy Chichester, Jesse Henry, Hilda Doyle, TJ George, and hosted by songwriter Eric Gnezda. Happy Chichester founded the Royal Crescent Mob, Howlin' Maggie, and was an original member of the Twilight Singers. He's had his songs used in several movies, scored independent films, and has appeared on television with Jimmy Kimmel, the Late Show with David Letterman, Jimmy Fallon, and Fuel TV. He performs "Lover." Jesse Henry is a prolific songwriter and musician who excels in multiple genres. A soulful singer, he writes songs with spirit, humor, and storytelling elements. For the past decade, he's played countless concerts with The Spikedrivers, along other popular bands. He is also the Dean of the Rafiki Music School in Nairobi, Kenya. He performs "Long Way to Go." Hilda Doyle has been an icon in Ohio's acoustic music scene for more than 30 years. She founded the popular group, Ladies of Longford, with daughters Heather Fraser and Stephanie Doyle. Hilda punctuates her entertaining songs with humor and outstanding guitar work. She performs "Star Book." TJ George received a Columbus Music Award in the singer-songwriter category. Several of his songs can be heard in the motion picture, Homecoming, and he is currently scoring a television pilot. He released his most recent CD last year, and has just completed a EP. He performs "Late December."	APTEX	(S)	(CC)	N/A	#108H
21:00:00	Live from the Artists Den Marina and the Diamonds Marina And The Diamonds, fronted by Welsh native Marina Diamandis, gives an eclectic performance of 11 songs in the famous Great Hall at the New York Hall of Science in Corona, NY. She performs her hit song "Primadonna," and includes performances from her most recent album Froot.	APTEX	(S)	(CC)	N/A	#1003H
22:00:00	Adventists THE ADVENTISTS explores the realities, and some of the ironies, of one of the few American-born religions: Seventh-day Adventism. Historical re-enactments offer a glimpse into the church's beginnings, including its defining moment: the mid-19th century event known as the Great Disappointment. Several decades later, Dr. John Harvey Kellogg built a breakfast-food empire and pioneered a new kind of healthcare facility based on Adventist principles of a healthy lifestyle: a plant-based diet; regular exercise; the avoidance of alcohol, tobacco or illegal drugs, and a holistic focus on education and community life.	APTEX	(S)	(CC)	DVI	#0H
23:00:00	Afropop: The Ultimate Cultural Exchange Black Panther Woman Inspired by their stylish African American brothers, the genesis of the Australian Black Panther's Brisbane chapter is recounted through the eyes of Marlene Cummins, who looks back on the best and worst experiences of this controversial Aboriginal group in 1971. Marlene fell in love with the leader of the Australian Black Panther Party, and with the break-up of that relationship, she spiraled into a cycle of addiction that left her on the streets and vulnerable. Forty years later, Marlene travels to a gathering of international Black Panthers in New York. The journey takes her back in time. Still struggling with addiction, she reveals the secrets she has held onto to face her demons today.	APTEX	(S)	(CC)	DVI	#1001H

Thu, Feb 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy Pax Americana: The American Peace The past 70 years has been the era of "Pax Americana," a period of relative stability thanks to the influence and ballast provided by the United States. But with Russian expansion and a rising China, how long can it last?	NETA	(S)	(CC)	N/A	#901H
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#506H
01:00:00	The Lowertown Line. Communist Daughter	APTEX	(S)	(CC)	N/A	#122H
01:30:00	Songs at the Center Artists: Happy Chichester, Jesse Henry, Hilda Doyle, TJ George, and hosted by songwriter Eric Gnezda. Happy Chichester founded the Royal Crescent Mob, Howlin' Maggie, and was an original member of the Twilight Singers. He's had his songs used in several movies, scored independent films, and has appeared on television with Jimmy Kimmel, the Late Show with David Letterman, Jimmy Fallon, and Fuel TV. He performs "Lover." Jesse Henry is a prolific songwriter and musician who excels in multiple genres. A soulful singer, he writes songs with spirit, humor, and storytelling elements. For the past decade, he's played countless concerts with The Spikedrivers, among other popular bands. He is also the Dean of the Rafiki Music School in Nairobi, Kenya. He performs "Long Way to Go." Hilda Doyle has been an icon in Ohio's acoustic music scene for more than 30 years. She founded the popular group, Ladies of Longford, with daughters Heather Fraser and Stephanie Doyle. Hilda punctuates her entertaining songs with humor and outstanding guitar work. She performs "Star Book." TJ George received a Columbus Music Award in the singer-songwriter category. Several of his songs can be heard in the motion picture, Homecoming, and he is currently scoring a television pilot. He released his most recent CD last year, and has just completed a EP. He performs "Late December."	APTEX	(S)	(CC)	N/A	#108H
02:00:00	Live from the Artists Den Marina and the Diamonds Marina And The Diamonds, fronted by Welsh native Marina Diamandis, gives an eclectic performance of 11 songs in the famous Great Hall at the New York Hall of Science in Corona, NY. She performs her hit song "Primadonna," and includes performances from her most recent album Froot.	APTEX	(S)	(CC)	N/A	#1003H
03:00:00	Adventists THE ADVENTISTS explores the realities, and some of the ironies, of one of the few American-born religions: Seventh-day Adventism. Historical re-enactments offer a glimpse into the church's beginnings, including its defining moment: the mid-19th century event known as the Great Disappointment. Several decades later, Dr. John Harvey Kellogg built a breakfast-food empire and pioneered a new kind of healthcare facility based on Adventist principles of a healthy lifestyle: a plant-based diet; regular exercise; the avoidance of alcohol, tobacco or illegal drugs, and a holistic focus on education and community life.	APTEX	(S)	(CC)	DVI	#0H
04:00:00	Afropop: The Ultimate Cultural Exchange Black Panther Woman Inspired by their stylish African American brothers, the genesis of the Australian Black Panther's Brisbane chapter is recounted through the eyes of Marlene Cummins, who looks back on the best and worst experiences of this controversial Aboriginal group in 1971. Marlene fell in love with the leader of the Australian Black Panther Party, and with the break-up of that relationship, she spiraled into a cycle of addiction that left her on the streets and vulnerable. Forty years later, Marlene travels to a gathering of international Black Panthers in New York. The journey takes her back in time. Still struggling with addiction, she reveals the secrets she has held onto to face her demons today.	APTEX	(S)	(CC)	DVI	#1001H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#510
08:00:00	Zula Patrol Rock and Patrol/Support Your Neighborhood Volcano When famous rock group The Bowlin' Stones have a falling out and refuse to play at a big benefit concert, Bula and Zeeter must find them and convince them to change their minds. Meanwhile, to fill in, Multo must overcome his stage-fright to be the front man of the Zula Patrol's own rock band. It's the Zula Patrol to the rescue when Voop's volcanic cousin Fielding holds back from erupting. Fielding's in denial about his condition, but if he builds up too much pressure, the results could be disastrous for the residents of Volcano Valley. Our heroes find out that Fielding is afraid to let his 'inner volcano' shine through because his neighbors fear and mistrust volcanoes, and they might dislike him even more. The ZPers help Fielding re-discover how great it is to be a volcano.	APTEX	(S)	(CC)	N/A	#204H
08:30:00	Thomas Edison's Secret Lab Von Bolt Meets Santa/aAnd to All A Good Flight	APTEX	(S)	(CC)	N/A	#126H
09:00:00	Functional Fitness with Suzanne Andrews Cancer Prevention	ACCES		(CC)	N/A	#119H

Thu, Feb 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Arm Slenderizing (All Standing)	APTEX	(S)	(CC)	DVI	#912H
10:00:00	Sit and Be Fit Back Health Mary Ann introduces new exercises to gently loosen the thoracic spine with subtle shoulder and back movements.	NETA	(S)	(CC)	N/A	#1410H
10:30:00	It's Sew Easy At The Beach It's time to hit the beach. Sewing educator and writer Rebecca Kemp Brent makes a handy tote bag from a towel. Sewing blogger Caroline Critchfield sews a fish-shaped drawstring beach or laundry bag. Sewing enthusiast Joanne Banko sews in circles to create a ruffled beach cover-up.	NETA	(S)	(CC)	DVI	#1205H
11:00:00	Knit and Crochet Now Lacey Look Cardigans That lacey look is always in style. Knit along with Melissa Leapman as she makes a button-front cardigan with a lacey bodice that is knit in one piece. In the technique corner, learn to add a lifeline to lace knit projects. Then, crochet a short-sleeved cover-up with an all-over lace design with Jenny King.	NETA	(S)	(CC)	N/A	#801H
11:30:00	Fons & Porter's Love of Quilting West Point The two quilt blocks in Nancy Mahoney's West Point play wonderfully together to create a timeless pattern. The placement of the blocks creates a directional, almost medallion-like design. The patriotic color scheme makes this perfect for a Quilt of Valor, too!	NETA	(S)	(CC)	N/A	#2905H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7144H
13:00:00	The Jazzy Vegetarian Summer Eco-Picnic Host Laura Theodore shares tasty recipes and tips for serving earth-friendly outdoor summer meals. Highlights include "Cool Cucumber Soup" served in edible bread bowls and "Sunflower Avocado Rolls," make perfect portable sandwiches. Next up, no picnic would be complete without "Country Style Red Potato Salad." "Peanut Butter Fudge" makes a rich but refreshing picnic dessert. Eco-tips include: "How to Pack an Earth-Friendly Picnic Basket."	NETA	(S)	(CC)	DVI	#105H
13:30:00	Sara's Weeknight Meals Take Out Chinese at Home Are you a fan of takeout? Then this is your episode! Sara will demonstrate how to make traditional Chinese takeout dishes at home faster than driving to pick them up. First, stir-fry queen Grace Young shows us how to season a wok, and then cooks up her fast and easy Chinese Burmese chicken. Then, Sara makes homemade baby egg rolls with soy dipping sauce. Her goal? Have it on the table before her two staff members can pick up the same dish at a Chinese restaurant. Its beat the clock - Sara style.	APTEX	(S)	(CC)	N/A	#506H
14:00:00	Joanne Weir Gets Fresh Moroccan Detour You know how it is when you travel - you come home inspired by new ideas. Today she's going on a Moroccan detour. With her student Gina, they'll make chicken tagine with tomatoes and preserved lemon, walnut charmoula, and heirloom black rice, and they'll end with a sparkling cocktail. Come join them on a spicy Moroccan culinary journey.	APTEX	(S)	(CC)	N/A	#212H
14:30:00	New Scandinavian Cooking Northern Sea Passage In this episode, Andreas investigates what the sea and land can offer while travelling north on the Norwegian Coastal Express. Andreas uses food produce he finds along the way, an apple-stuffed roast of lamb in the lush fjords of western Norway, and in the bacalao capital of the north he makes a dish with the dry and salted cod. When everybody is asleep Andreas serves artic char, a late bite to the crew onboard the ship. On the fields of Troms the day after, he makes a plain potato dish with the taste of autumn and as main dish before arriving in Kirkenes. Andreas makes luxurious dumplings with reindeer meat inspired by the Sami people and the Russian influences of the north east of the country.	APTEX	(S)	(CC)	N/A	#606H
15:00:00	Beads, Baubles and Jewels Color Inspirations Jump-start your creative ideas. Krystal Wick and Cynthia Kimura blend beads, stones and pearls in endless combinations to make bracelets, necklaces and earrings. In her Beading Lesson, Katie uses knotted cords and beads to create great bracelets in minutes.	NETA	(S)	(CC)	N/A	#2305H

Thu, Feb 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy A Good Foundation Great art is built on a good foundation. Rebekah Meier cuts, paints and assembles layers of felt. Mystele Kirkeeng uses paints and pastels to craft a folk art house. Mary Hettmansperger fabricates jewelry and art objects from copper. Jane Dunnewold discusses content.	NETA	(S)	(CC)	N/A	#305H
16:00:00	Biz Kid\$ What's in the Books? Poor recordkeeping adds up to lost money. This episode examines bookkeeping and accounting, income and expenses, profit and loss, and gives tips on how to get over math anxiety (in case you have it). Meet the youngest Harlem Globetrotter who does a slam dunk with his books.	APTEX	(S)	(CC)	DVI	#507H
16:30:00	Hands On Crafts for Kids On The Road and Around The Word Travel can really shake up your creativity. Inspired by their travels, Jenny Barnett-Rohrs and Katie Hacker capture cityscapes. Candie Cooper makes a necklace or bookmark with beads from around the world. Franz Spohn sketches vacation memories and Katie makes colorful candy ornaments from blogger Angie Holden.	NETA	(S)	(CC)	DVI	#1809H
17:00:00	P. Allen Smith's Garden Home Handcrafted Southern hospitality and the arts come together like biscuits and gravy in Natchez, the oldest city on the Mississippi River. Join P. Allen Smith as he explores the cuisine and culture of a city where the river is wide and the history is deep.	APTEX	(S)	(CC)	DVI	#1610H
17:30:00	Growing A Greener World Hyper Local - Heirloom Apples & Craft Beers: New Hampshire Chain grocery stores are only interested in food that ships well and stores long. That is why with over 2,500 different types of apples grown in the United States, only 6 can be found in the typical store. But by eating local and in season, we are exposed to incredible flavors not found anywhere else and we can savor the food products of creative artisans who only source local ingredients. In this episode, we visit an organic farmer who sells 70 different varieties of heirloom apples to learn the secrets of peak flavor and how we can grow some of these varieties ourselves. And we visit a nano-brewery who takes production full circle by only sourcing local grains, fruits and vegetables while repurposing all their byproducts back to local farmers.	APTEX	(S)	(CC)	N/A	#519H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15034H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1434H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8229
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1209H
20:00:00	Backstage Pass Grupo Aye - Encore Back for an encore, Grand Rapids-based Grupo Aye brings even more high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Guela," "Cuarto de Tula," and more. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#718H
20:30:00	Music Voyager Yellow Roads of Italy: Florence Through Tuscany Host Paulino Duran seeks to experience the beauty of Italy following the saying 'All roads lead to Rome.' He explores Florence by day and night- from the Ferragamo museum and a private wine tasting hosted by the Ferragamo family- to making pizza and to meeting locals on a walk through the city. Paulino leaves Florence behind and heads out along the back roads to the city of Lucca, with a bike ride and conversation with a city expert along the walls surrounding the city. Next he heads to Cinque Terre, along the magnificent and picturesque coastline to view the five seaside towns, like paintings in the sunset. He finally makes his way to the historic city of Siena, known for its contrada (a district), winding walkways and a wine tasting in private cellars of a famous villa boutique hotel.	APTEX	(S)	(CC)	N/A	#807H
21:00:00	Xerox Rochester International Jazz Festival Pugs and Crows Juno Award-winning band, Pugs and Crows, performs original instrumental music that explores a wide range of sonic textures by blending elements of indie rock, modern jazz, and neo-classicism. The band infuses its compositions with the inventiveness of its players and warmth of its ensemble sound, while their anthemic melodies, lyricism and groove inspire audiences from all walks of life.	APTEX	(S)	(CC)	N/A	#808H

Thu, Feb 15, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Music Voyager The Bahamas: Raking and Scraping Across The Islands	APTEX	(S)	(CC)	N/A	#607H
	<p>This archipelago of beautiful tropical islands has long appealed to musical explorers in search of sonic treasures. In this episode, they travel to Cat Island in search of the roots of rake and scrape, the local music style Bahamians call their own. After a beach-side performance by traditionalists Bo Hog and the Rooters we head to Grand Bahama in search of Stileet, a new generation rake and scrape singer who is bringing urban attitude to the style. Then they explore the roots of spiritual music in The Bahamas with a fireside performance by multigenerational acapella group The Region Bells. From there, Shabak, the most popular contemporary gospel group in The Bahamas, gives them an uplifting performance in a beautiful 17th century cathedral. Along the way they learn how to carve up a conch, attempt to fish for their supper, and sample the intoxicating drink known as The Gully Wash.</p>					
22:30:00	Triptych: 3 Women Making Art	NETA	(S)	(CC)	N/A	#0H
	<p>TRIPTYCH seeks to break the mold, to present older women as vital, creative personalities who continue to be productive into their 70's. Lana Wilson is a mother and grandmother who has used her seemingly boundless energy to become a well known ceramic artist. Jeanne DuPrau, author of The City of Ember, is a New York Times best selling children's writer. Nan Golub, a painter living in New York City, studied with Richard Diebenkorn and Deborah Remington and has been compared to Rufino Tomayo.</p>					
23:00:00	F.S. Key After The Song Absolute Power Corrupts Absolutely	APTEX	(S)	(CC)	N/A	#103H
	<p>It shows how Key goes head-to-head with abolitionists' ideas and loses.</p>					

Fri, Feb 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	American Forum Why Do We Believe In Religious Freedom? PETER ONUF and KATHLEEN FLAKE on the most fundamental American belief, and the threats to it today.	NETA	(S)	(CC)	N/A	#316H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1209H
01:00:00	Backstage Pass Grupo Aye - Encore Back for an encore, Grand Rapids-based Grupo Aye brings even more high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Guela," "Cuarto de Tula," and more. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#718H
01:30:00	Music Voyager Yellow Roads of Italy: Florence Through Tuscany Host Paulino Duran seeks to experience the beauty of Italy following the saying 'All roads lead to Rome.' He explores Florence by day and night-from the Ferragamo museum and a private wine tasting hosted by the Ferragamo family-to making pizza and to meeting locals on a walk through the city. Paulino leaves Florence behind and heads out along the back roads to the city of Lucca, with a bike ride and conversation with a city expert along the walls surrounding the city. Next he heads to Cinque Terre, along the magnificent and picturesque coastline to view the five seaside towns, like paintings in the sunset. He finally makes his way to the historic city of Siena, known for its contrada (a district), winding walkways and a wine tasting in private cellars of a famous villa boutique hotel.	APTEX	(S)	(CC)	N/A	#807H
02:00:00	Xerox Rochester International Jazz Festival Pugs and Crows Juno Award-winning band, Pugs and Crows, performs original instrumental music that explores a wide range of sonic textures by blending elements of indie rock, modern jazz, and neo-classicism. The band infuses its compositions with the inventiveness of its players and warmth of its ensemble sound, while their anthemic melodies, lyricism and groove inspire audiences from all walks of life.	APTEX	(S)	(CC)	N/A	#808H
03:00:00	Music Voyager The Bahamas: Raking and Scraping Across The Islands This archipelago of beautiful tropical islands has long appealed to musical explorers in search of sonic treasures. In this episode, they travel to Cat Island in search of the roots of rake and scrape, the local music style Bahamians call their own. After a beach-side performance by traditionalists Bo Hog and the Rooters we head to Grand Bahama in search of Stileet, a new generation rake and scrape singer who is bringing urban attitude to the style. Then they explore the roots of spiritual music in The Bahamas with a fireside performance by multigenerational acapella group The Region Bells. From there, Shabak, the most popular contemporary gospel group in The Bahamas, gives them an uplifting performance in a beautiful 17th century cathedral. Along the way they learn how to carve up a conch, attempt to fish for their supper, and sample the intoxicating drink known as The Gully Wash.	APTEX	(S)	(CC)	N/A	#607H
03:30:00	Triptych: 3 Women Making Art TRIPTYCH seeks to break the mold, to present older women as vital, creative personalities who continue to be productive into their 70's. Lana Wilson is a mother and grandmother who has used her seemingly boundless energy to become a well known ceramic artist. Jeanne DuPrau, author of The City of Ember, is a New York Times best selling children's writer. Nan Golub, a painter living in New York City, studied with Richard Diebenkorn and Deborah Remington and has been compared to Rufino Tomayo.	NETA	(S)	(CC)	N/A	#0H
04:00:00	F.S. Key After The Song Absolute Power Corrupts Absolutely It shows how Key goes head-to-head with abolitionists' ideas and loses.	APTEX	(S)	(CC)	N/A	#103H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#511
08:00:00	Zula Patrol Down Under/Singin' in the Rain Forest The Zula Patrol comes to the aid of Zulean insects whose entire neighborhood (a lush green field with rich topsoil) has been bulldozed away by Bruce and Sheila Mole, who are building an above-ground winter home to get away from those chilly months "down under" the ground. Wizzy and Wigg are taking care of Iris' orchid, but when it wilts, they decide to replace it - by going to where most orchids come from: Earth's Amazon rain forest. As they try to find the orchid, they learn all about the incredible rain forest - and make friends with its fascinating animal inhabitants, some of whom are endangered.	APTEX	(S)	(CC)	N/A	#205H
08:30:00	Ruby's Studio The Feelings Show "Ruby's Studio: The Feelings Show" helps young children understand, appropriately express, and move through their big feelings. Featuring curriculum guided by child development expert Betsy Brown Braun.	APTEX	(S)	(CC)	N/A	#101H

Fri, Feb 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 1	ACCES		(CC)	N/A	#120H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Spine & Improve Posture	APTEX	(S)	(CC)	DVI	#913H
10:00:00	Sit and Be Fit Functional Fitness	NETA	(S)	(CC)	N/A	#1411H
	This episode includes exercises that promote healthy living and being able to perform daily activities with ease and without injury. Registered dietitian, Janell Buchkoski, challenges viewers with a weight management tip of the day.					
10:30:00	It's Sew Easy Get Comfortable	NETA	(S)	(CC)	DVI	#1206H
	When you arrive at your destination, relax and get comfortable. Author and sewing instructor Donna Babylon gets organized with a double-zipped lingerie bag. Sew sews a comfy travel pillow, too. Fashion designer Angela Wolf sews an easy-to-make cover up and shares a tip for serging on lace.					
11:00:00	Knit and Crochet Now Blooming Afghans	NETA	(S)	(CC)	N/A	#802H
	Let stitch patterns bloom in beautiful afghans. Kristen Mangus knits an autumn-inspired afghan with a lush pattern of leaves and berries. Create cabling without a cable needle in the technique corner with Melissa Leapman. Ellen Gormley crochets 3-round squares to make an heirloom lace afghan with elegant tassel fringe.					
11:30:00	Fons & Porter's Love of Quilting Kitchen Windows	NETA	(S)	(CC)	N/A	#2906H
	Cathedral Windows is a unique, classic pattern, but demanding enough that most people hesitate to try it. With Kitchen Windows, Lindsay Conner and host Sara Gallegos teach machine-piecing techniques that make this so much easier for today's quilter. Designed around handy pre-cut 5-inch squares, this small project can be adapted for a pillow, and is a wonderful way to try out the classic quilt design.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7145H
13:00:00	Cooking Odyssey Loutraki	NETA	(S)	(CC)	N/A	#307H
	The blue lagoon of the Corinthian Gulf, the Corinth Canal, ancient and modern thermal spas, potato soup with feta bruschetta, pork gyros and Greek French toast are on today's menu of travel and eating.					
13:30:00	Cooking with Nick Stellino Grandma's Secrets	APTEX	(S)	(CC)	N/A	#211H
	Grandma's Polenta; Grandma's Beef Stew; Ossobuco; Strawberries in Balsamic Vinegar.					
14:00:00	Kitchen Wisdom of Cecilia Chiang The Best Chinese Restaurant In America	APTEX	(S)	(CC)	DVI	#103H
	When Cecilia first opened the Mandarin in 1960, business was slow-a bit like the scene from the movie "Big Night" where nobody shows up. But then Herb Caen, front page gossip columnist for the San Francisco Chronicle, wrote about the Mandarin and from that moment on, there were lines out the door. In 1967, Cecilia moved to the recently renovated Ghirardelli Square, where she opened an elegant, temple-like restaurant with 300 seats and white tablecloths. It was called the "best Chinese restaurant in America." The Mandarin attracted the icons of the food world and later, at the urging of actor and comedian Danny Kaye, Cecilia opened another Mandarin in Beverly Hills where she became star to the stars. In this episode, Cecilia teams up with Nancy Oakes, chef/owner of Boulevard, a belle epoque eatery that for the past 20 years has been voted San Francisco's favorite restaurant. Cecilia teaches Nancy and her chef Dana Youkins how to make "minced squab in lettuce cups," a dish Cecilia created that became one of the signature dishes at the Mandarin.					
14:30:00	Jacques Pepin: Heart & Soul Ocean Harvest	APTEX	(S)	(CC)	N/A	#120H
	Seaside living has, without a doubt, influenced Jacques' repertoire of recipes to include the freshest fish caught close to his own backyard. On today's show, Jacques showcases four sophisticated seafood servings, starting with an expertly executed tuna a la minute. He then skips the beef and substitutes shrimp for a healthy approach to a classic, with shrimp burgers on zucchini. He goes on to garnish his flaky grilled bacalao with an assortment of zesty Mediterranean olives for a light and easy dish that cooks in minutes. Then pasta and shrimp with pressed caviar shavings cooked al dente, or "to the tooth," make for a decadent dish, delivered with aplomb!					

Fri, Feb 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Hourglass Shapes	NETA	(S)	(CC)	N/A	#2306H
	Shape the story with wirework. Sandra Lupo, an inventor and designer, creates hourglass cone shapes using a variety of wire types and colors for fabulous effects with beads and crystals. Jill McKay introduces Katie to die-cut leather jewelry in the Beading Lesson.					
15:30:00	Make It Artsy Tools of the Trade	NETA	(S)	(CC)	N/A	#306H
	Making art is easy with the right tools. Joe Rotella drills fine china to make a charming bird feeder. Cheryl Boglioli crafts a charming bisque face pendant. Candie Cooper makes metallic leather tassels to embellish jewelry, accessories and home dec and Mary Hettmansperger fires up her torch and shares some tips.					
16:00:00	Biz Kid\$ Take It to the Bank	APTEX	(S)	(CC)	DVI	#508H
	Get a kid's view of the services that banks, credit unions and other financial institutions offer - and why you should make use of them early in life. Learn the different products and services that banks offer and how to shop for the right bank for you. Meet a young entrepreneur with a haunted house who has no fear of banking.					
16:30:00	Hands On Crafts for Kids Creatures	NETA	(S)	(CC)	DVI	#1810H
	With some paper and a little creativity, we'll make a silly, slithery creature. Candie Cooper recreates impressionist art and Katie Hacker makes glittery slime. Jenny Barnett-Rohrs makes creepy eyeballs and silly spiders for Halloween fun from blogger Morena Hockley.					
17:00:00	P. Allen Smith's Garden Home Farm School	APTEX	(S)	(CC)	DVI	#1611H
	In this episode of Garden Home, P. Allen Smith explores how modern farmers are teaching the next generation the principles of sustainable farming.					
17:30:00	Growing A Greener World Winter Greenhouse School: Manhattan, Ny	APTEX	(S)	(CC)	N/A	#520H
	We visit a public school in the heart of NYC that uses a rooftop greenhouse to teach lessons in sustainability and environmental stewardship.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15035H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1407H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8230
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1007H
20:00:00	Song of the Mountains Riley Anglen & The Big Guns / Appalachian Trail	NETA	(S)	(CC)	N/A	#1205H
21:00:00	Woodsongs Michael Martin Murphey and the Kentucky Headhunter	NETA	(S)	(CC)	N/A	#1907H
	MICHAEL MARTIN MURPHEY has left an indelible mark on the American Music Landscape crafting and recording such iconic hits as "Wildfire," "Carolina In The Pines", "Geronimo's Cadillac", "Cowboy Logic," "Cherokee Fiddle", "Boy From The Country" and more.. In the early 1970s, Rolling Stone Magazine called Michael Martin Murphey "one of the best songwriters in America." He has topped the Pop, Country, Bluegrass and Western Music charts, earned six gold albums and multiple Grammy nominations. His latest release is 'High Stakes'. THE KENTUCKY HEADHUNTERS are known as "Southern Rock Royalty" and the "great American rock 'n' roll band." With a GRAMMY Award, CMA Album of the Year Award, two CMA Vocal Group of the Year Awards, two Top 10 charting albums, and four consecutive Top 40 hits, the "Heads" are credited for creating a unique blend of honky-tonk, blues, and southern rock that appeals to the toughest music critics and listeners of all kinds. Their newest album, 'Meet Me In Bluesland', is a collaboration between the band and Rock and Roll Hall of Fame pianist Johnnie Johnson. WoodSongs Kid: Jonathan Wilson Rader is a 10-year-old Elvis tribute artist from Wilmore, Kentucky. He is known as Little E and has released a tribute CDs to the King.					
22:00:00	Film School Shorts Coming Home	NETA	(S)	(CC)	N/A	#503H
	Three young women experience difficult homecomings as they grapple with the pain and complexity of growing up: AWOL by Deb Shoal, When We Were Young by Gabrielle Capili, and Bookends by Dominic Villarrubia.					

Daily Program Listing II
43.1

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Fri, Feb 16, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	On Story Carl Reiner: A Conversation with a TV Legend	NETA	(S)	(CC)	N/A	#607H
	Comedy titan Carl Reiner looks back on creating The Dick Van Dyke Show, how the show evolved over the course of its five seasons, and the collaborative efforts of the writers and actors involved. Reiner recalls special moments from behind the scenes and, ultimately, how the creative vision was translated to the screen.					
23:00:00	Science Goes to the Movies Tarzan	EPS	(S)	(CC)	N/A	#307H
	Humans are descended from apes! Professor William Harcourt-Smith explains how that idea is both true and false. Additionally - if apes raised Tarzan, would he truly act like the apes? If apes had the consciousness and brainpower of humans would they rise up like in Planet of the Apes? Our scientist breaks it all down on this episode of Science Goes to the Movies.					
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1116H

Sat, Feb 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can Brain Alone Explain Consciousness? Can physical facts about the brain account for mental experiences of the mind? Has philosophy of mind made progress? We take a 15-year journey with John Searle and David Chalmers.	EPS	(S)	(CC)	N/A	#1607H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1007H
01:00:00	Song of the Mountains Riley Anglen & The Big Guns / Appalachian Trail	NETA	(S)	(CC)	N/A	#1205H
02:00:00	Woodsongs Michael Martin Murphey and the Kentucky Headhunter MICHAEL MARTIN MURPHEY has left an indelible mark on the American Music Landscape crafting and recording such iconic hits as "Wildfire," "Carolina In The Pines", "Geronimo's Cadillac", "Cowboy Logic," "Cherokee Fiddle", "Boy From The Country" and more.. In the early 1970s, Rolling Stone Magazine called Michael Martin Murphey "one of the best songwriters in America." He has topped the Pop, Country, Bluegrass and Western Music charts, earned six gold albums and multiple Grammy nominations. His latest release is 'High Stakes'. THE KENTUCKY HEADHUNTERS are known as "Southern Rock Royalty" and the "great American rock 'n' roll band." With a GRAMMY Award, CMA Album of the Year Award, two CMA Vocal Group of the Year Awards, two Top 10 charting albums, and four consecutive Top 40 hits, the "Heads" are credited for creating a unique blend of honky-tonk, blues, and southern rock that appeals to the toughest music critics and listeners of all kinds. Their newest album, 'Meet Me In Bluesland', is a collaboration between the band and Rock and Roll Hall of Fame pianist Johnnie Johnson. WoodSongs Kid: Jonathan Wilson Rader is a 10-year-old Elvis tribute artist from Wilmore, Kentucky. He is known as Little E and has released a tribute CDs to the King.	NETA	(S)	(CC)	N/A	#1907H
03:00:00	Film School Shorts Coming Home Three young women experience difficult homecomings as they grapple with the pain and complexity of growing up: AWOL by Deb Shoal, When We Were Young by Gabrielle Capili, and Bookends by Dominic Villarrubia.	NETA	(S)	(CC)	N/A	#503H
03:30:00	On Story Carl Reiner: A Conversation with a TV Legend Comedy titan Carl Reiner looks back on creating The Dick Van Dyke Show, how the show evolved over the course of its five seasons, and the collaborative efforts of the writers and actors involved. Reiner recalls special moments from behind the scenes and, ultimately, how the creative vision was translated to the screen.	NETA	(S)	(CC)	N/A	#607H
04:00:00	Science Goes to the Movies Tarzan Humans are descended from apes! Professor William Harcourt-Smith explains how that idea is both true and false. Additionally - if apes raised Tarzan, would he truly act like the apes? If apes had the consciousness and brainpower of humans would they rise up like in Planet of the Apes? Our scientist breaks it all down on this episode of Science Goes to the Movies.	EPS	(S)	(CC)	N/A	#307H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1116H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#512
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Forest Falls A beautiful forest waterfall scene is painted today. Gary demonstrates how to paint a snow capped mountain tucked way behind the lush foliage. A waterfall cascades down to the stream below. Large rocks surround the stream. This peaceful scene makes you want to visit there.	APTEX	(S)	(CC)	N/A	#305H
08:30:00	Painting with Wilson Bickford Soaring Eagle, Part 1 Against a sky full of fluffy clouds, an eagle soars high above a forest canopy. In Part 1, Wilson shows how to mask out the bird, and starts the background scene.	NETA	(S)	(CC)	N/A	#212H
09:00:00	Landscapes Through Time with David Dunlop Renoir's Olive Groves in the South of France At Pierre Auguste Renoir's (1841-1919) home and studio in Les Colettes in the South of France, David takes us through the ancient olive grove overlooking Nice and the Mediterranean. David Traces Renoir's difficult but ultimately successful quest for putting clean and strong color into soft and suggestive shapes. David sets his easel precisely where Renoir set his and demonstrates Renoir's methods, describing their effects and explaining his thoughts.	NETA	(S)	(CC)	DVI	#104H

Sat, Feb 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Calf & Knee Strengthening	APTEX	(S)	(CC)	DVI	#914H
10:00:00	Sit and Be Fit Good Alignment By doing exercises with eyes closed, Mary Ann builds an awareness of how good spinal alignment feels. Mary Ann gives a tip of the day.	NETA	(S)	(CC)	N/A	#1412H
10:30:00	Functional Fitness with Suzanne Andrews Help Me Sleep: Yoga for Insomnia	ACCES	(S)	(CC)	N/A	#306H
11:00:00	Delicious TV's Vegan Mashup Cooking for Teens Encouraging your kids to eat healthier meals just got easier when our chefs pull out all the stops on these fun and easy recipes. Tempeh Chorizo Soft Tacos/Citrus Salad/Tofu BLT/No Queso Quesadilla.	NETA	(S)	(CC)	DVI	#105H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Hunt for Caribbean Lobster Deep in the Sian Ka'an nature reserve, there's a seriously remote village called Punta Allen, where a team from the local sustainable lobster fishing cooperative brings Rick and chef Juan Pablo Loza out for an afternoon at sea. The day's catch? A Caribbean lobster, simply prepared in coconut soup. Back at the ultra-luxe Rosewood Mayakoba resort, Juan Pablo showcases the tranquil resort gardens before preparing a feast of grilled lobster zarandeado with adobo mayo and sweet corn puree in the kitchen of La Ceiba, an outdoor garden party area. Inspired by the tropical abundance, Rick heads to his backyard garden with master gardener Bill Shores before making greens with grilled honey-lime dressing and a sweet-and-spicy, chipotle-honey glazed shrimp dish.	APTEX	(S)	(CC)	N/A	#1101H
12:00:00	Lidia's Kitchen The Tomato The tomato is not native to Italy, but it made a big impact on Italian cuisine when it arrived centuries ago. From canned to vine ripened, Lidia shares with you several of her favorite tomato dishes including: stuffed tomatoes: stuffed with rice, mozzarella and basil; braised pork ribs with rigatoni: tender to the bone pork ribs and braising sauce with rigatoni; and green beans in chunky tomato sauce: a perfect side of fresh green beans smothered in a fresh chunky tomato sauce.	APTEX	(S)	(CC)	N/A	#420H
12:30:00	Moveable Feast with Fine Cooking Charleston, South Carolina - Mike Lata and Jason Stanhope This week on Moveable Feast with Fine Cooking, Pete explores the culinary wonders of Charleston, South Carolina and heads towards the shore. Chefs Mike Lata and Jason Stanhope join the team as they venture into the water for shrimp and calamari and other seafood delicacies that make for a mouth-watering dinner. With charcoal oysters as an appetizer and Lata's fish stew served over Stanhope's rice and vegetables dish, this meal will be one for the books on Moveable Feast with Fine Cooking.	APTEX	(S)	(CC)	N/A	#403H
13:00:00	Expeditions with Patrick Mcmillan South Texas - A Hint of the Tropics This is a place that few of us will ever visit. It's packed with biodiversity. Many of the plants and animals that are found here can be found no place else in the United States and their future is tied to a connection with Mexico, here on the border. Join Patrick as he explores a land of Green Jays and Plain Chachalacas in South Texas.	APTEX	(S)	(CC)	N/A	#307H
13:30:00	Weekends with Yankee The Coast From Connecticut's soft sandy beaches to Maine's rugged granite shores, our Atlantic coastline is a place of beauty and wonder, lapping along five of the six New England states and drawing visitors from around the world. This week, we start in Ogunquit, Maine, named by Yankee magazine as the best beach town in New England. Next, we travel north to a rocky cove near Acadia National Park, where we create an authentic Maine clambake (right down to the Red Snapper hot dogs). And then it's back to New England basics with a lesson in traditional boatbuilding in Newport, Rhode Island.	APTEX	(S)	(CC)	N/A	#101H
14:00:00	Rick Steves' Europe Vienna In Europe's classiest capital we'll tiptoe through the palace of Maria Theresa and be dazzled by the Hapsburg crown jewels. Then we'll picnic on the Danube, nibble strudel in an old world cafe, blush at slinky Art Nouveau, and waltz to the three-four beat of Johann Strauss.	APTEX	(S)	(CC)	N/A	#409H

Daily Program Listing II

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Sat, Feb 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Tanzania: The Last Stone Age Tribe	APTEX	(S)	(CC)	N/A	#123H
	Richard Wiese journeys to Tanzania to meet its people, rich cultures and amazing wildlife. He descends into the Ngoro Ngoro Crater and comes face-to-face with lions, elephants, and hippos. Richard then travels deep into the Serengeti bush for a rare encounter with a little-known Stone Age tribe called the Hadza. Only a few hundred Hadzabe remain today, living a remote and primitive existence. Richard joins the men on a hunt with only bows and arrows in their daily search for food.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4610H
	Does your garden have sun, shade, or both? Important things we need to consider when planting our gardens. GardenSMART visits with an accomplished plantsman who has tackled these issues successfully and beautifully. Be sure to tune in.					
15:30:00	For Your Home Bungalow Blowout	APTEX	(S)	(CC)	N/A	#3103H
	It can be really expensive to fall in love with a neighborhood especially a trendy one filled with small, out of date houses. FYH tackles the renovation of a 1920's arts and crafts bungalow in a five-part mini series. In this first episode, viewers will meet the homeowners, architects, builder and experience the process of designing the new spaces.					
16:00:00	Drexel Interview James Kaplan, Part 1	NETA		(CC)	N/A	#504H
	This is the first part of a two-part interview focusing on the life and career of cultural icon Frank Sinatra, as told by acclaimed biographer and character journalist James Kaplan. Kaplan is a writer and expert on all things Sinatra, as detailed in his two volumes: Frank: The Voice and Sinatra: The Chairman. In this episode, Kaplan highlights Frank: The Voice, discussing Sinatra's formative years, his tremendous early success, a career slump, and his comeback. Throughout this compelling conversation, the author shares rare anecdotes and insight into Sinatra's complex public persona and stardom.					
16:30:00	Overheard with Evan Smith Nicole Krauss, Author	NETA	(S)	(CC)	N/A	#809H
	Nicole Krauss is the author of Great House, a finalist for the National Book Award; the New York Times bestseller The History of Love; and Man Walks into a Room. She was selected as one of Granta's Best Young American Novelists in 2007 and named to The New Yorker's "Twenty Under Forty" list in 2010. Her fiction has been published in The New Yorker, Harper's, Esquire, and Best American Short Stories, and her books have been translated into more than thirty-five languages.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Puppet Maker	APTEX	(S)	(CC)	N/A	#303H
	Hey dummy! In this episode host Eric Gorges visits famous master ventriloquist puppet maker, Tim Selberg. Here, viewers are shown the behind-the-scenes genius of creating the intricate (and maybe magical) mechanization process of puppet making.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3607H
18:30:00	The Open Mind Solutions Journalism and Solutions for Journalism	NETA		(CC)	N/A	#3831H
	Guest: David Bornstein. Solutions Journalism Network CEO and New York Times Fixes columnist David Bornstein discusses the constructive force of journalism.					
19:00:00	Closer to Truth Can Brain Alone Explain Consciousness?	EPS	(S)	(CC)	N/A	#1607H
	Can physical facts about the brain account for mental experiences of the mind? Has philosophy of mind made progress? We take a 15-year journey with John Searle and David Chalmers.					
19:30:00	American Forum Ending The Cold War	NETA	(S)	(CC)	N/A	#312H
	Historian JEFFREY ENGEL on George H.W. Bush, the collapse of the Soviet Union, and why the world survived.					

Sat, Feb 17, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Speakeasy Jimmie Vaughan and Gary Clark Jr.	APTEX	(S)	(CC)	N/A	#301H
	Grammy Award winner Gary Clark Jr. is joined by four-time Grammy Award winner Jimmie Vaughan at New York City's Iridium for a taping of the intimate conversation series "Speakeasy." Clark has been called "The Chosen One" by Rolling Stone and has been hailed as a major talent by icons including the Rolling Stones, Sheryl Crow, and Paul McCartney. He has leant his unique blend of rock, R&B, blues, soul, and pop to multiple soundtracks including the acclaimed movie "12 Years a Slave." Vaughan has been regarded by Guitar Player magazine as "a living legend" and is one of the most respected guitarists in the world of popular music. With the Famous Thunderbirds, he spearheaded the current blues revival and has earned the admiration of B.B. King, Buddy Guy, Eric Clapton, and Z.Z. Top's Billy Gibbons.					
21:00:00	Front and Center Kaleo	APTEX	(S)	(CC)	N/A	#707H
	All the way from Iceland, indie rock band Kaleo comes to New York City to perform songs from their debut album A/B. Highlights include a performance of "Vor i Vaglaskogi," a traditional Icelandic Love song sung in the band's native language, as well as their top 10 singles "All the Pretty Girls" and "Way Down We Go." Formed in 2012, the band music is mostly influenced by folk and blues and prominently features a distinctive resonator sound.					
22:00:00	Globe Trekker Hawaii	APTEX	(S)	(CC)	N/A	#1612H
	Hawaii is the sacred kingdom of Polynesians and America's sunny 50th state. It is the quintessential destination for paradise-seeking honeymooners from all over the world. No other group of islands on earth fascinates the common traveler more than this lush archipelago of volcanic isles positioned beautifully in the Pacific. With this in mind, Globe Trekker Zoe D'Amato sets out on a grand adventure to explore four of Hawaii's mounds of beauty: The Big Island, Maui, Oahu and Kauai.					
23:00:00	Arts In Context Home	NETA		(CC)	N/A	#702H
	Exploring the profound impact of African diaspora around the world, photographers Hakeem Adewumi and Moyo Oyelola create connections with their highly personal art. Their exhibits take a global tale and make it feel like home.					
23:30:00	Articulate with Jim Cotter Tap Into America	APTEX	(S)	(CC)	N/A	#101H
	Despite only occasional glimpses of the mainstream, tap dance remains an iconic American art form. Music with Teeth - With custom-composed pieces employing a staggering range of vocal styles, Roomful of Teeth makes music that can be difficult to define. A Place at the Table - After her father George died, Mira Nakashima inherited his shop and set to work continuing the artistic legacy of a master craftsman in wood.					

Sun, Feb 18, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can Brain Alone Explain Consciousness? Can physical facts about the brain account for mental experiences of the mind? Has philosophy of mind made progress? We take a 15-year journey with John Searle and David Chalmers.	EPS	(S)	(CC)	N/A	#1607H
00:30:00	American Forum Ending The Cold War Historian JEFFREY ENGEL on George H.W. Bush, the collapse of the Soviet Union, and why the world survived.	NETA	(S)	(CC)	N/A	#312H
01:00:00	Speakeasy Jimmie Vaughan and Gary Clark Jr. Grammy Award winner Gary Clark Jr. is joined by four-time Grammy Award winner Jimmie Vaughan at New York City's Iridium for a taping of the intimate conversation series "Speakeasy." Clark has been called "The Chosen One" by Rolling Stone and has been hailed as a major talent by icons including the Rolling Stones, Sheryl Crow, and Paul McCartney. He has leant his unique blend of rock, R&B, blues, soul, and pop to multiple soundtracks including the acclaimed movie "12 Years a Slave." Vaughan has been regarded by Guitar Player magazine as "a living legend" and is one of the most respected guitarists in the world of popular music. With the Famous Thunderbirds, he spearheaded the current blues revival and has earned the admiration of B.B. King, Buddy Guy, Eric Clapton, and Z.Z. Top's Billy Gibbons.	APTEX	(S)	(CC)	N/A	#301H
02:00:00	Front and Center Kaleo All the way from Iceland, indie rock band Kaleo comes to New York City to perform songs from their debut album A/B. Highlights include a performance of "Vor i Vaglaskogi," a traditional Icelandic Love song sung in the band's native language, as well as their top 10 singles "All the Pretty Girls" and "Way Down We Go." Formed in 2012, the band music is mostly influenced by folk and blues and prominently features a distinctive resonator sound.	APTEX	(S)	(CC)	N/A	#707H
03:00:00	Globe Trekker Hawaii Hawaii is the sacred kingdom of Polynesians and America's sunny 50th state. It is the quintessential destination for paradise-seeking honeymooners from all over the world. No other group of islands on earth fascinates the common traveler more than this lush archipelago of volcanic isles positioned beautifully in the Pacific. With this in mind, Globe Trekker Zoe D'Amato sets out on a grand adventure to explore four of Hawaii's mounds of beauty: The Big Island, Maui, Oahu and Kauai.	APTEX	(S)	(CC)	N/A	#1612H
04:00:00	Arts In Context Home Exploring the profound impact of African diaspora around the world, photographers Hakeem Adewumi and Moyo Oyelola create connections with their highly personal art. Their exhibits take a global tale and make it feel like home.	NETA		(CC)	N/A	#702H
04:30:00	Articulate with Jim Cotter Tap Into America Despite only occasional glimpses of the mainstream, tap dance remains an iconic American art form. Music with Teeth - With custom-composed pieces employing a staggering range of vocal styles, Roomful of Teeth makes music that can be difficult to define. A Place at the Table - After her father George died, Mira Nakashima inherited his shop and set to work continuing the artistic legacy of a master craftsman in wood.	APTEX	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#513
08:00:00	Painting and Travel with Roger & Sarah Bansemer Caladesi Island Roger and Sarah Bansemer travel to Florida's Gulf of Mexico and the unspoiled paradise of Caladesi Island just off the coast of Clearwater to explore white sand beaches as Roger sets up his easel to paint.	NETA	(S)	(CC)	N/A	#111H
08:30:00	Paint This with Jerry Yarnell The Perfect Perch, Part 4 In the final episode of this series, Jerry shows his viewers how to block in the hawk with the #2 chisel-edge brush using quick strokes. Then uses #4 round sable brush to add the hawk's beak and uses same brush for highlights on bird. Then with script brush Jerry adds more bright weeds to foreground and explains how very important these weeds are to this particular painting in terms of composition. Finally, Jerry shows how add cap highlights to tops of hay bales and then to use scumbling lines to add final touches to the hay bales.	NETA	(S)	(CC)	N/A	#2313H

Sun, Feb 18, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Florida Keys Sunset Art Lesson: Broken Color Painting. Learn about the classic technique of broken color. Refined by impressionists such as Monet, this technique has been used for years to capture the actual sensation of the light. The painter does not blend any of these brushstrokes. Instead, the viewer is allowed to "visually mix" these brushstrokes to view a whole image. Each brushstroke is allowed to remain separate. The length of the brushstrokes may vary. Brushes are frequently cleaned to allow a clean color with thick paint. The effect of keeping colors separate can create a sense of colors vibrating against each other for a shimmering effect.	APTEX		(CC)	N/A	#601H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: for Legs & Arms	APTEX	(S)	(CC)	DVI	#915H
10:00:00	Sit and Be Fit New Challenges Mary Ann introduces a new abdominal exercise called the "Ski Jump" and Gretchen gives you a new balance challenge.	NETA	(S)	(CC)	N/A	#1413H
10:30:00	Power Yoga: Mind and Body Balancing Poses - Version One With Utkatasana, Warrior III, Natarajasana, Garudasana and others.	APTEX	(S)	(CC)	N/A	#103
11:00:00	Neven Maguire: Home Chef Neven Maguire prepares delicious MacNean eggs benedict and crispy goat's cheese with beetroot pannacotta in his family restaurant in Blacklion, Co. Cavan. Later, guest chef Ross Lewis, owner of Dublin's Michelin-starred Chapter One restaurant, demonstrates how to make the perfect assiette of pork.	APTEX	(S)	(CC)	N/A	#103H
11:30:00	New Orleans Cooking with Kevin Belton Italian Influences New Orleans red gravy, triple threat meatballs, tiramisu cupcakes.	APTEX	(S)	(CC)	N/A	#112H
12:00:00	Ciao Italia Sunday Dinner - La Cena Di Domenica Sunday in Italy goes hand in hand with food and family - and fun. Mary Ann spends the entire day visiting her husband's cousins and cooking up a storm with matriarch, Anna Esposito who makes a sumptuous Sunday supper starting with handmade orecchiette coated with a spicy Benevento-style Ragu sauce. A second course of Stuffed Meat Rolls follows, plus lamb, plus desserts, plus happiness, plus who wants seconds? Thirds?	NETA	(S)	(CC)	N/A	#2518H
12:30:00	Mike Colameco's Real Food Ny Wine Bars Great food paired with a huge selection of wines by the glass, well what's not to like? Today's episode we visit Ardesia in Hell's Kitchen, Corkbuzz with Master Sommelier and owner Laura Maniac at both locations and Ten Bells a funky LES all bio / organic wine bar down on Broome St.	NETA	(S)	(CC)	N/A	#1404H
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Viva La Mexico! In preparation for Dia de los Muertos with the Mexican community in NYC, Mickela learns traditional folk dance and even jumps in with an all-female mariachi band.	APTEX	(S)	(CC)	DVI	#203H
13:30:00	Travel Detective with Peter Greenberg Hidden Gems of Oahu CBS News Travel Editor Peter Greenberg travels to Hawaii's most visited island, where he hits the water with a Hawaiian legend, shops like a local, and experiences the island's traditional art forms. Plus, airlines are getting more and more competitive, and innovative, when it comes to trying to win over business class passengers. We reveal some of the carriers' latest bells and whistles. And, airfare and hotels are the obvious line items budgeting for a vacation - - we give some pointers to figure out how much your trip will really cost.	NETA	(S)	(CC)	N/A	#402H
14:00:00	Wild Photo Adventures Photographing The Night Sky Host and professional wildlife photographer Doug Gardner and photographer Kevin Adams photograph the night sky to include the Milky Way and full moon.	NETA	(S)	(CC)	DVI	#309H

Sun, Feb 18, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Destination Craft with Jim West Guatemala	APTEX	(S)	(CC)	N/A	#103H
	Jim West travels to colorful Guatemala where master artisans teach cotton dying, back strap and loom weaving, hand embroidery, pine needle basket making, and crafting functional mats from the reeds found in Lake Atitlon. Jim makes tasty tamales, learns about iron work and creates an artistic journal with celebrity artist Pam Holland.					
15:00:00	Woodsmith Shop Curves & Storage Cart Assembly	NETA	(S)	(CC)	N/A	#1003H
	In Details of Craftsmanship, smooth curves are added to the keepsake box. Also, discover a few tips about gluing up better panels in the Talking Shop segment.					
15:30:00	Rough Cut - Woodworking with Tommy Mac Interior Stairs	APTEX	(S)	(CC)	N/A	#712H
	This week on Rough Cut Woodworking with Tommy Mac it's time to add the finishing touches to the staircase. Tommy works on getting finished hand rails in place, getting the steps done and the baseboard. It's a tricky job, but needs to be done safely and properly to support all the years to come of running up and down with projects.					
16:00:00	Happy Yoga with Sarah Starr Boulder Valley	NETA	(S)	(CC)	N/A	#309H
	Allow the energizing gales on top the rugged grandeur valley to inspire your practice as we focus on a modified flow sequence, linking breath with movement, and strengthening moves for the lower body designed to open the hips while using a chair for support.					
16:30:00	Second Opinion Mystery Diagnosis IV	APTEX	(S)	(CC)	N/A	#1306H
	In any given year, nearly 21 million American adults are diagnosed with a mood disorder. Patient Brittany DiCapua shares her story of mental and physical symptoms that appeared suddenly and inexplicably in a very special "mystery diagnosis."					
17:00:00	Natural Health Breakthroughs with Brenda Watson Brain Health	EPS	(S)	(CC)	N/A	#102H
	The key to a healthy brain is a healthy gut - David Perlmutter, MD: neurologist and prominent author of numerous books about brain health. Treating depression by changing what you eat - Kelly Brogan, MD: maverick NYC-based psychiatrist who prescribes dietary and lifestyle changes instead of pharmaceuticals to treat depression. Using probiotics to prove the gut-brain connection - Emeran Mayer, MD: Director of UCLA Center for Neurovisceral Sciences and Women's Health; conducted study that demonstrated probiotics' ability to change brain. responses to certain stimuli Mapping the brain - John Mazziotta, MD: Director, UCLA Brain Mapping Center; better knowledge of the brain's workings will mean more effective treatments for numerous diseases. Why Omega-3s are so important for brain health - Dr. Fernando Gomez-Pinilla: Principal Investigator, the Neurolife Lab, UCLA. Personal story - Bonnie Rosen: describes how Dr. Brogan's food-based treatment helped her stop using the antidepressants she'd been taking for more than ten years.					
17:30:00	Well Read Amor Towles, A Gentleman In Moscow	APTEX	(S)	(CC)	N/A	#607H
	From the New York Times best-selling author of Rules of Civility-a transporting novel about a man who is ordered to spend the rest of his life inside a luxury hotel. Amor Towles' A Gentleman in Moscow is brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another.					
18:00:00	California's Gold Squeegee	KCET		(CC)	N/A	#5002
	The squeegee was such a simple invention, but like Kleenex and Jell-O, its name has become synonymous with all rubber-bladed window cleaners. Join Huell Howser as he visits the Ettore Corporation in Oakland to learn first-hand about squeegees developed in 1936 by Ettore Steccone.					
18:30:00	Joseph Rosendo's Travelscope Portugal - from Porto to Salamanca	APTEX	(S)	(CC)	DVI	#911H
	From port to paella, Joseph's Portugal adventures reach into the country and cross over the border on an Iberian Peninsula exploration that reveals some of the unknown aspects of Portuguese life and its complementary relationship with its Spanish neighbor. It's a journey of discovery in a European destination that though seemingly familiar to all still has secrets to reveal.					
19:00:00	Blackademics Television Venson / Foster	KNME	(S)	(CC)	N/A	#506H
	A young musician explores her musical journey from classical piano to blues guitar, and how passion and purpose are synonymous. An educational anthropologist discusses the concepts of Blackness and Whiteness. Talks by Jackie Venson and Kevin Michael Foster.					

Sun, Feb 18, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Brett Morgen Jane Goodall	KAMLA	(S)	(CC)	N/A	#145H
20:00:00	Black America Is The News Media Doing A Good Job? with Pamela Newkirk We sit down with Dr. Pamela Newkirk, Director of the Undergraduate Journalism Studies Program at NYU and talk about the state of journalism in regard to the black experience. We also discuss her books "Beyond the Veil" and "Spectacle: The Astonishing Life of Ota Benga"	EPS	(S)	(CC)	N/A	#119H
20:30:00	Asian American Life Art is art, fashion is fashion but contemporary artist Richard Tsao proves they can exist together. He's best known for his line of fashion featured at the New York Metropolitan Opera and Asia Society museum store. You can even find many of New York's opera singers wearing his fashion line. Reporter Kyung Yoon spends a day at his showroom and learns more about his creative process. MC Jin became the first Asian American rapper to sign a major record label. He's in the spotlight again and reporter Paul Lin caught up with him at the annual B-Boy Royale Dance competition in New York. Caroline Shin's web series "Cooking With Granny" spills the secrets behind the family recipes. Reporter Ernabel Demillo spends a day in grandma's kitchen and whips a favorite Filipino holiday dessert. At Queens Museum, New York based Chinese artist Zhang Hongtu debuts a pop cultural series on life and politics in China.	EPS	(S)	(CC)	N/A	#107H
21:00:00	West of the West: Tales from California's Channel Island First People 1. Island Rotation - Tanya Atwater, geophysicist and marine geologist, explains her theory of how once upon a time the Channel Islands used to be located next to San Diego. Over the millennia plate tectonics 'rotated' them to where they are now off Santa Barbara. 2. Arlington Man - In 1959, while looking for pygmy mammoth bones on Santa Rosa Island, Santa Barbara Museum of Natural History archeologist Phil Orr discovered a human femur sticking out of the canyon wall at Arlington Springs. He knew it was old, but scientific dating technology couldn't tell him how old. Yet. So he put the bones away in the basement of the SBMNH where they were rediscovered by Don Morris and John Johnson in the 1990s. These two archeologists take us back to Arlington Springs while explaining how modern carbon dating confirmed the bones were over 13,000 years old... the oldest ever found in North America. And how this discovery completely altered the accepted theory of human migration on our continent. 3. First Contact - The Voyage of Cabrillo - This tale is actually two parallel stories. One is the voyage of Juan Rodriguez Cabrillo - a Portuguese conquistador sailing for the Spanish - who was looking for China but instead 'discovered' Alta California and the Channel Islands. And that was 89 years before the Pilgrims got to Plymouth Rock, meaning that America really started here. His story is intercut with the San Diego Maritime Museum's ambitious, years in the making, and ultimately successful effort to build a replica of Cabrillo's flagship the San Salvador. 4. Sa Hi Pa Ca - (Once Upon a Time) - This tale follows Julie Tumamait, a Chumash tribal leader, as she describes her own reawakening to her Channel Islands native roots. She visits an archeological dig on Santa Cruz Island where she and UCSB archeologist Lynn Gamble discuss the role of archeology and anthropology in helping rediscover Chumash culture which was lost after the Spanish mission period in the mid 1800s. 5. The Lone Woman of San Nicolas Island - The story of the person known variously as Juana Maria, the Lone Woman, or Karana in the children's classic Island of the Blue Dolphins, is familiar to many people. While comparing her incredible real life adventure of surviving alone on San Nicolas for 18 years to the story in the book, we uncover new facts about her life as well as that of the book's writer Scott O'Dell.	APTEX	(S)	(CC)	N/A	#101H
22:00:00	Bombs Away: LBJ, Goldwater and the 1964 Campaign That Changed It All Three-year-old Monique Corzilius counts to 10, pulling petals from a daisy. A voice from mission control then counts down as the camera zooms into Monique's dark pupil. An atomic blast and ensuing mushroom cloud consumes the TV screen as President Lyndon Johnson's voice proclaims "We must either love each other, or we must die." This political ad, "Peace Little Girl," aired only once or twice during the 1964 presidential campaign between Lyndon Johnson and Barry Goldwater, but it ushered in a new era of the television attack ad. The 1964 campaign also reshaped the American political landscape in other significant ways. Johnson's "Great Society" and civil rights agendas pushed southern states toward the Republican Party and brought the northeast in line with the Democrats, creating America's contemporary geopolitical map of red and blue states. Barry Goldwater's rift with "the liberal Republican establishment," or "Rockefeller Republicans," served as the basis for his landslide defeat in the general election, but also for the rise of an out-spoken and blossoming conservative movement. Barry Goldwater's presidential campaign also spawned the political career of Ronald Reagan, and inspired future conservative offshoots like social and Christian conservatives as well as the Tea Party. BOMBS AWAY: LBJ, GOLDWATER AND THE 1964 CAMPAIGN THAT CHANGED IT ALL includes interviews with historians and participants in the campaign, including Richard and Doris Kearns Goodwin, Barry Goldwater, Jr., Victor Gold, Joseph Califano, Larry J. Sabato, Professor Robert Mann and Monique Corzilius.	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Feeling Good About America: The 1976 Presidential Election By 1976, it seemed America was finally on the right track. The Vietnam War and the assassinations of several important political figures were behind us. Vice President Spiro Agnew's corruption was fading from the public's memory, and the crimes of Watergate forced Nixon to resign from the presidency. Americans were ready to be normal again. A new feeling was sweeping coast to coast as people pulled together to celebrate the nation's bicentennial, and to select a new president who could help close the book on an awful decade. FEELING GOOD ABOUT AMERICA: THE 1976 PRESIDENTIAL ELECTION chronicles the race between incumbent Republican President Gerald Ford and Democratic candidate and Georgia Governor Jimmy Carter, who stepped onto the national stage touting his outsider status and promising, "I'll never lie to you." The documentary explores Ford's pardon of Richard Nixon, the anti-establishment sentiment surging through the country, Carter's primary strategy in a crowded field, and the challenge to Ford by Ronald Reagan for the Republican nomination. Using a combination of archival clips and interviews, the film examines this close race and discusses how the 1976 Presidential election was the last time in which the country wasn't polarized in the manner it is today. The documentary features: historian and author Douglas Brinkley; political analyst Larry J. Sabato; journalist and political commentator Fred Barnes; Carter's National Security Advisor, Zbigniew Brzezinski; and President Ford's son, Jack Ford; among many others.	APTEX	(S)	(CC)	N/A	#0H

Mon, Feb 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Venson / Foster	KNME	(S)	(CC)	N/A	#506H
	A young musician explores her musical journey from classical piano to blues guitar, and how passion and purpose are synonymous. An educational anthropologist discusses the concepts of Blackness and Whiteness. Talks by Jackie Venson and Kevin Michael Foster.					
00:30:00	The Kamla Show Special Brett Morgen Jane Goodall	KAMLA	(S)	(CC)	N/A	#145H
01:00:00	Black America Is The News Media Doing A Good Job? with Pamela Newkirk	EPS	(S)	(CC)	N/A	#119H
	We sit down with Dr. Pamela Newkirk, Director of the Undergraduate Journalism Studies Program at NYU and talk about the state of journalism in regard to the black experience. We also discuss her books "Beyond the Veil" and "Spectacle: The Astonishing Life of Ota Benga"					
01:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#107H
	Art is art, fashion is fashion but contemporary artist Richard Tsao proves they can exist together. He's best known for his line of fashion featured at the New York Metropolitan Opera and Asia Society museum store. You can even find many of New York's opera singers wearing his fashion line. Reporter Kyung Yoon spends a day at his showroom and learns more about his creative process. MC Jin became the first Asian American rapper to sign a major record label. He's in the spotlight again and reporter Paul Lin caught up with him at the annual B-Boy Royale Dance competition in New York. Caroline Shin's web series "Cooking With Granny" spills the secrets behind the family recipes. Reporter Ernabel Demillo spends a day in grandma's kitchen and whips a favorite Filipino holiday dessert. At Queens Museum, New York based Chinese artist Zhang Hongtu debuts a pop cultural series on life and politics in China.					
02:00:00	West of the West: Tales from California's Channel Island First People	APTEX	(S)	(CC)	N/A	#101H
	1. Island Rotation - Tanya Atwater, geophysicist and marine geologist, explains her theory of how once upon a time the Channel Islands used to be located next to San Diego. Over the millennia plate tectonics 'rotated' them to where they are now off Santa Barbara. 2. Arlington Man - In 1959, while looking for pygmy mammoth bones on Santa Rosa Island, Santa Barbara Museum of Natural History archeologist Phil Orr discovered a human femur sticking out of the canyon wall at Arlington Springs. He knew it was old, but scientific dating technology couldn't tell him how old. Yet. So he put the bones away in the basement of the SBMNH where they were rediscovered by Don Morris and John Johnson in the 1990s. These two archeologists take us back to Arlington Springs while explaining how modern carbon dating confirmed the bones were over 13,000 years old... the oldest ever found in North America. And how this discovery completely altered the accepted theory of human migration on our continent. 3. First Contact - The Voyage of Cabrillo - This tale is actually two parallel stories. One is the voyage of Juan Rodriguez Cabrillo - a Portuguese conquistador sailing for the Spanish - who was looking for China but instead 'discovered' Alta California and the Channel Islands. And that was 89 years before the Pilgrims got to Plymouth Rock, meaning that America really started here. His story is intercut with the San Diego Maritime Museum's ambitious, years in the making, and ultimately successful effort to build a replica of Cabrillo's flagship the San Salvador. 4. Sa Hi Pa Ca - (Once Upon a Time) - This tale follows Julie Tumamait, a Chumash tribal leader, as she describes her own reawakening to her Channel Islands native roots. She visits an archeological dig on Santa Cruz Island where she and UCSB archeologist Lynn Gamble discuss the role of archeology and anthropology in helping rediscover Chumash culture which was lost after the Spanish mission period in the mid 1800s. 5. The Lone Woman of San Nicolas Island - The story of the person known variously as Juana Maria, the Lone Woman, or Karana in the children's classic Island of the Blue Dolphins, is familiar to many people. While comparing her incredible real life adventure of surviving alone on San Nicolas for 18 years to the story in the book, we uncover new facts about her life as well as that of the book's writer Scott O'Dell.					
03:00:00	Bombs Away: LBJ, Goldwater and the 1964 Campaign That Changed It All	APTEX	(S)	(CC)	N/A	#0H
	Three-year-old Monique Corzilius counts to 10, pulling petals from a daisy. A voice from mission control then counts down as the camera zooms into Monique's dark pupil. An atomic blast and ensuing mushroom cloud consumes the TV screen as President Lyndon Johnson's voice proclaims "We must either love each other, or we must die." This political ad, "Peace Little Girl," aired only once or twice during the 1964 presidential campaign between Lyndon Johnson and Barry Goldwater, but it ushered in a new era of the television attack ad. The 1964 campaign also reshaped the American political landscape in other significant ways. Johnson's "Great Society" and civil rights agendas pushed southern states toward the Republican Party and brought the northeast in line with the Democrats, creating America's contemporary geopolitical map of red and blue states. Barry Goldwater's rift with "the liberal Republican establishment," or "Rockefeller Republicans," served as the basis for his landslide defeat in the general election, but also for the rise of an out-spoken and blossoming conservative movement. Barry Goldwater's presidential campaign also spawned the political career of Ronald Reagan, and inspired future conservative offshoots like social and Christian conservatives as well as the Tea Party. BOMBS AWAY: LBJ, GOLDWATER AND THE 1964 CAMPAIGN THAT CHANGED IT ALL includes interviews with historians and participants in the campaign, including Richard and Doris Kearns Goodwin, Barry Goldwater, Jr., Victor Gold, Joseph Califano, Larry J. Sabato, Professor Robert Mann and Monique Corzilius.					

Mon, Feb 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
04:00:00	Feeling Good About America: The 1976 Presidential Election By 1976, it seemed America was finally on the right track. The Vietnam War and the assassinations of several important political figures were behind us. Vice President Spiro Agnew's corruption was fading from the public's memory, and the crimes of Watergate forced Nixon to resign from the presidency. Americans were ready to be normal again. A new feeling was sweeping coast to coast as people pulled together to celebrate the nation's bicentennial, and to select a new president who could help close the book on an awful decade. FEELING GOOD ABOUT AMERICA: THE 1976 PRESIDENTIAL ELECTION chronicles the race between incumbent Republican President Gerald Ford and Democratic candidate and Georgia Governor Jimmy Carter, who stepped onto the national stage touting his outsider status and promising, "I'll never lie to you." The documentary explores Ford's pardon of Richard Nixon, the anti-establishment sentiment surging through the country, Carter's primary strategy in a crowded field, and the challenge to Ford by Ronald Reagan for the Republican nomination. Using a combination of archival clips and interviews, the film examines this close race and discusses how the 1976 Presidential election was the last time in which the country wasn't polarized in the manner it is today. The documentary features: historian and author Douglas Brinkley; political analyst Larry J. Sabato; journalist and political commentator Fred Barnes; Carter's National Security Advisor, Zbigniew Brzezinski; and President Ford's son, Jack Ford; among many others.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#514
08:00:00	Zula Patrol Hide 'n Seek On Jupiter/A Tale of Two Planets It's time for the Interplanetary Hide 'n Seek Game. Perennial losers Wizzy, Wigg and Gorga decide to on Jupiter when they find out that no one has ever hidden there. While five-time hide 'n seek champion Zeeter is looking for them, the trio discover that the huge planet is filled with storms, the most powerful are in The Great Red Spot, and there is no solid land mass for them to land on. When the twin Giant Ice Planets Uranus and Neptune quarrel, Dark Truder swoops in and hoodwinks Neptune into becoming part of his newly formed personal Planetary System, the Truderverse. But when the dour planet wants out, it's up to the Zula Patrol to release him from Truder's greedy grip.	APTEX	(S)	(CC)	N/A	#206H
08:30:00	Ruby's Studio The Friendship Show "Ruby's Studio: The Friendship Show" offers kids invaluable tools to help them make and nurture lasting friendships. With a curriculum guided by parenting expert and author, Dr. Robyn Silverman.	APTEX	(S)	(CC)	N/A	#102H
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 2	ACCES		(CC)	N/A	#121H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Focusing On Hips	APTEX	(S)	(CC)	DVI	#916H
10:00:00	Sit and Be Fit Coordination and Reaction Time This episode focuses on being aware of your body's movements and how it contributes to coordination and reaction time.	NETA	(S)	(CC)	N/A	#1414H
10:30:00	It's Sew Easy Dress for the Weather - Layering Be prepared for all kinds of weather. Joanne Banko, blogger and sewing educator, redesigns a simple pashmina to create a fashionable jacket. Couture designer Angela Wolf makes a lightweight fleece jacket that packs easily, then she shows how to serge a narrow rolled hem on a scarf.	NETA	(S)	(CC)	DVI	#1207H
11:00:00	Knit and Crochet Now Contrasting Cowls Cowls are cozy, warm and on trend. Meredith Crawford combines brioche stitches with cables to knit a colorful cowl. Ellen Gormley shares three ways to crochet edgings in the technique corner. Jenny King gives a crocheted cowl extra style with a cross stitch pattern.	NETA	(S)	(CC)	N/A	#803H
11:30:00	Fons & Porter's Love of Quilting Red Between The Lines, Part 1 A magnificent quilt in the tradition of red-and-white quilts, Marianne Fons' Red Between the Lines was featured in the debut exhibit at the Iowa Quilt Museum. There is so much to learn from this spectacular medallion quilt that we broke it up into two shows. In this first episode, Marianne Fons and host Angela Huffman explore planning a medallion-style quilt, and techniques for creating the pieced border.	NETA	(S)	(CC)	N/A	#2907H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7146H
13:00:00	America's Test Kitchen from Cook's Illustrated Comfort Classics Host Julia Collin Davison makes the best roast chicken with root vegetables with host Bridget Lancaster and test cook Dan Souza reveals the secrets to making almost no-knead sourdough bread.	APTEX	(S)	(CC)	N/A	#1726H

Mon, Feb 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:30:00	Pati's Mexican Table Mexamericana	APTEX	(S)	(CC)	N/A	#406H
	Pati's family is the perfect example of cultures colliding - Mexican and American. The happy result is the creation of unique and tasty recipes in the kitchen on a daily basis. In this episode, Pati dives deep into the blending of these cultures and comes up with some classic American recipes with a delicious Mexican twist. Of course, the meeting of Mexican and American cultures is happening in small towns and big cities all over America, too! Pati will also take us to a local restaurant where she'll get the story, and taste the results of, their unique Mex-American story. Recipe 1: Mexican Crab Cakes with Jalapeno Aioli; Recipe 2: Foolproof Pizza Dough; Recipe 3: Pizza Sauce; Recipe 4: Poblano, Corn and Zucchini Pizza; Recipe 5: Carne Asada and Cebollitas Pizza; Recipe 6: Chorizo Hamburgers.					
14:00:00	Steven Raichlen's Project Smoke How to Smoke When You Don't Have A Smoker	APTEX	(S)	(CC)	N/A	#105H
	Perhaps you live in a condo or you don't have a backyard. This show is for people who want to smoke, but don't have access to a conventional wood- or charcoal-burning smoker. You'll learn how to smoke eggplant on your stovetop burner to make a spectacular eggplant dip (think baba ghanoush on overdrive). You'll learn how to smoke tomatoes, peppers, and other vegetables with a handheld smoker to make a supremely refreshing gazpacho. Salt- and sugar-cured kippered salmon gets smoked indoors in an ingenious stovetop smoker. And you'll learn how to smoke an authentic Jamaican jerk chicken on a gas grill. The secret? Strategic use of pimento (allspice) berries, leaves, and wood. Recipes: Smoked Eggplant Dip with Walnuts and Feta; Smoked Gazpacho; Stovetop Smoked Salmon; Jamaican Jerk Chicken.					
14:30:00	George Hirsch Lifestyle For The Love of Cheese	APTEX	(S)	(CC)	N/A	#102H
	George makes garlic scape pesto and puts a new spin on cooking fondue. He shares a few quick favorites, including Welsh rarebit with creamy mousseline potatoes, and creates cheese boards with savory and sweet garnishes to serve as an appetizer and dessert. George visits with his local artisanal cheese shop for tips on selecting and storing gourmet cheese. Recipes: - Fondue with Sweet English Spring Peas & Garlic Scape Pesto - Two Well Rounded Cheese Boards for Starter & Dessert - George's Mousseline Potatoes - Welsh Rarebit.					
15:00:00	Beads, Baubles and Jewels Die-Cutting Leather	NETA	(S)	(CC)	N/A	#2307H
	Die-cut shapes open new possibilities for jewelry-making. Inventor and jewelry-maker Jill McKay cuts leather in various sizes to create colorful stacking shapes. Katie use aurora borealis beads to accent a beaded fringe pendant for a rich, sparkly look.					
15:30:00	Make It Artsy On The Surface	NETA	(S)	(CC)	N/A	#307H
	The surface reflects your artistic flair. Lynn Suprock transforms shot gun shells into trendy jewelry. Debbi Simon adds heat to encaustic wax to create special effects. Cat Kerr creates a beautiful pendant with cool resin techniques and Mary Hettmansperger adds color to copper.					
16:00:00	Biz Kid\$ It's A Job to Get A Job!	APTEX	(S)	(CC)	DVI	#509H
	It's a job getting a job and Biz Kid\$ is here to help. Learn tips and tricks for writing a great resume, dressing for success, and nailing the interview. Get the inside scoop on what employers look for from a young entrepreneur who manages 200 employees.					
16:30:00	Hands On Crafts for Kids Music	NETA	(S)	(CC)	DVI	#1811H
	Music inspires creativity and adds to the fun. To keep the beat, Jenny Barnett-Rohrs makes a drum. Katie Hacker makes a jingly bell bracelet and Franz Spohn illustrates great musical works. Jenny has a wonderful gift idea for a sports fan from blogger Morena Hockley.					
17:00:00	P. Allen Smith's Garden Home Living Poultry Museum	APTEX	(S)	(CC)	DVI	#1612H
	Heritage poultry has seen a decline in population numbers, but P. Allen Smith goes in depth to find out how we can save these breeds from extinction.					
17:30:00	Growing A Greener World The Seed Farmer; Dr. John Navazio-The Organic Seed Alliance: Port Townsend,	APTEX	(S)	(CC)	N/A	#521H
	Home gardeners are increasingly drawn to heirloom seeds for their unusual flavors, colors and of course, their cultural heritage. But many do not realize that unless the seeds of those heirloom and open pollinated plants are grown out properly, the genetics are lost forever. In this episode, we visit the Organic Seed Alliance and meet Dr. John Navazio - one of the pioneers in preserving the cultural heritage of our garden seed supply. We learn all about seed stewardship, why it is important and what we can do in our own backyards to help preserve these special plants for many more generations to come.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15036H

Mon, Feb 19, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:30:00	Americas Now Peru - Time Is Dust	NETA	(S)	(CC)	N/A	#126H
	Peru - Time is Dust Thousands of small-time miners are digging up and destroying the Peruvian Amazon. The police and army are after them. Environmentalists the world around condemn them. It's a disaster and its only getting worse.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8231
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3607H
20:00:00	The Kate Darlene Love	APTEX	(S)	(CC)	N/A	#202H
	Rock and Roll Hall of Fame inductee Darlene Love and her band perform a range of songs like "Forbidden Nights" from her recent Stevie Van Zandt-produced album, to classic hits like "Da Do Ron Ron" and "He's A Rebel."					
21:00:00	Backstage Pass Lowdown Brass	NETA	(S)	(CC)	N/A	#807H
	Hailing from Chicago, Low Down Brass combines funk, jazz, and hip-hop to create their unique sound. Low Down Brass performs a fun, energetic set at Lansing JazzFest in Old Town. Highlights include, "Can I Kick It?" and "I Got That Feeling." Recorded at Lansing JazzFest in the capital city's historic Old Town district.					
22:00:00	Hubert H. Humphrey: The Art of the Possible	APTEX	(S)	(CC)	N/A	#0
	Many Americans remember former Vice President Hubert Humphrey (1911-1978) as a cheerleader for the Vietnam War - shunned by his own party and mistrusted by a generation of young people. Others considered him a great progressive, a guiding light for the post-New Deal liberal movement that forged The New Frontier and The Great Society, and a champion of civil rights. HUBERT H. HUMPHREY: THE ART OF THE POSSIBLE takes a fresh look at the great body of work of this remarkable American. Ten years in the making, the film uses Humphrey's own words and interviews with President Jimmy Carter, Vice President Walter Mondale, Bill Moyers, Tom Hayden and others, to explore his journey through the major events of the 20th century.					

Daily Program Listing II

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Peru - Time Is Dust	NETA	(S)	(CC)	N/A	#126H
	Peru - Time is Dust Thousands of small-time miners are digging up and destroying the Peruvian Amazon. The police and army are after them. Environmentalists the world around condemn them. It's a disaster and its only getting worse.					
00:30:00	The Open Mind All The President's Twitter Blocks	NETA		(CC)	N/A	#3829H
	Guest: Katie Fallow. Knight First Amendment Institute Attorney Katie Fallow discusses violations of free speech by elected officials.					
01:00:00	The Kate Darlene Love	APTEX	(S)	(CC)	N/A	#202H
	Rock and Roll Hall of Fame inductee Darlene Love and her band perform a range of songs like "Forbidden Nights" from her recent Stevie Van Zandt-produced album, to classic hits like "Da Do Ron Ron" and "He's A Rebel."					
02:00:00	Backstage Pass Lowdown Brass	NETA	(S)	(CC)	N/A	#807H
	Hailing from Chicago, Low Down Brass combines funk, jazz, and hip-hop to create their unique sound. Low Down Brass performs a fun, energetic set at Lansing JazzFest in Old Town. Highlights include, "Can I Kick It?" and "I Got That Feeling." Recorded at Lansing JazzFest in the capital city's historic Old Town district.					
03:00:00	Hubert H. Humphrey: The Art of the Possible	APTEX	(S)	(CC)	N/A	#0
	Many Americans remember former Vice President Hubert Humphrey (1911-1978) as a cheerleader for the Vietnam War - shunned by his own party and mistrusted by a generation of young people. Others considered him a great progressive, a guiding light for the post-New Deal liberal movement that forged The New Frontier and The Great Society, and a champion of civil rights. HUBERT H. HUMPHREY: THE ART OF THE POSSIBLE takes a fresh look at the great body of work of this remarkable American. Ten years in the making, the film uses Humphrey's own words and interviews with President Jimmy Carter, Vice President Walter Mondale, Bill Moyers, Tom Hayden and others, to explore his journey through the major events of the 20th century.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#515
08:00:00	Zula Patrol The Sound of Multo/Eyes in the Skies	APTEX	(S)	(CC)	N/A	#207H
	The Zula Patrol comes to the rescue when Deliria leads a swarm of Zulean Music-Munchers into the city to devour Zuleans' musical instruments. Her plan: to force Zuleans to buy only her brand of instrument. After years of hard work, Bula, Zeeter and Multo have finished building satellites. Taking a well-deserved break, they enjoy an afternoon in the wilderness. Dark Truder takes advantage of their absence to steal all of Zula's satellites so he can become "Rula of Zula". Without Zula's satellites, Zula becomes helpless, and our heroes become lost in the wilderness.					
08:30:00	Ruby's Studio The Safety Show	APTEX	(S)	(CC)	N/A	#103H
	"Ruby's Studio: The Safety Show," offers kids age-appropriate language and tools to keep themselves safe with an empowering, non-fearful approach. Curriculum developed and guided by Child Safety expert, Pattie Fitzgerald.					
09:00:00	Functional Fitness with Suzanne Andrews Headache Prevention	ACCES		(CC)	N/A	#122H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Increase Your Range of Motion	APTEX	(S)	(CC)	DVI	#917H
10:00:00	Sit and Be Fit Lymphatic System	NETA	(S)	(CC)	N/A	#1415H
	Mary Ann uses soothing music and slow gentle movements to stimulate the lymphatic system.					
10:30:00	It's Sew Easy Keep Your Valuables Safe	NETA	(S)	(CC)	DVI	#1208H
	When you travel, protect your valuables. Sewing expert Rebecca Kemp Brent makes a designer pouch that holds an electronic tablet and much more. On-line sewing instructor Joanne Banko creates expanding cargo pockets for jackets, pants and totes. Designer Angela Wolf makes blind hems on a serger.					

Tue, Feb 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:00:00	Knit and Crochet Now Snuggly Slipper Boots	NETA	(S)	(CC)	N/A	#804H
	Show off warm, snuggly socks. Melissa Leapman knits cozy boots with a folksy Fair Isle pattern and an interesting heel construction. Learn lots of ways to make pom poms and tassels with Lena Skvagerson in the technique corner. Vanessa Wilson crochets cute rustic boots with fringe that are easy enough for a beginner.					
11:30:00	Fons & Porter's Love of Quilting Red Between The Lines, Part 2	NETA	(S)	(CC)	N/A	#2908H
	In this second episode showcasing Marianne Fons' Red Between the Lines, Marianne and host Angela Huffman teach you the techniques needed for working with a multiple borders and the blocks in this heirloom-level quilt featured in the debut exhibit of the Iowa Quilt Museum.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7147H
13:00:00	Julie Taboulie's Lebanese Kitchen Meet Me at the Market	APTEX	(S)	(CC)	DVI	#103H
	Julie is cordially inviting all of you to come and meet her at the fresh farmer's market. Besides Mama's Glorious Garden, farmer's markets are Julie's favorite places to frequent for fresh foods. She loves meeting and greeting all of the farmers, strolling around an open-outdoor market while supporting and sourcing locally sustainably foods. On today's show, this fresh farmer's market is inspiring Julie to make her marvelous makbouseh, a Lebanese-style summertime squash stew. Meaning to "mix things up," Julie's Makbouseh is a magnificent medley of fresh vegetables along with an array of amazing aromatics that slowly simmer away into a stunning and scrumptious squash stew that is sure to be a staple at your table all summer long. She also prepares and perfectly pairs her homemade and handmade Lebanese pasta tossed in a glorious garlic sauce that just sort of melts in your mouth which is famously known as macaroune b toum. Plus, Julie's first food memory, a childhood favorite of fried squash blossoms called zahrah kousa b maqlieh that Julie is whipping up just for you. Fresh from the farmer's market to a mouthwatering meal, this is one Lebanese masterpiece that you won't want to miss.					
13:30:00	Taste of Louisiana with Chef John Folse & Co. - After The Hunt Rattlesnake/Wildwood Resort	APTEX	(S)	(CC)	N/A	#1217H
	Raccoon Sauce Piquante tops the menu this week. Chef Folse then travels to Wildwood Resort on Toledo Bend Lake to sample Fried Rattlesnake. The final recipe is Smothered Nutria simmered in a light brown roux along with onions, celery, peppers and mushrooms.					
14:00:00	Taste of History The Mummers: Pistols, Parasols & Parades	NETA	(S)	(CC)	N/A	#810H
	The Mummers are a unique part of Philadelphia culture. Revelers dress in vibrant costumes and parade the streets every New Year's Day. Chef Walter Staib discovers the history of mummery and prepares recipes that include: Philadelphia Pepperpot, Braised Bluefish, Skillet Cornbread and more!					
14:30:00	Christopher Kimball's Milk Street Television Milk Street Holidays	APTEX	(S)	(CC)	N/A	#111H
	Festive doesn't have to mean expensive. Milk Street Cook Catherine Smart shows host Christopher Kimball how to turn economical beef eye-round into a succulent holiday roast as she makes prune, peppercorn and fresh herb-rubbed roast beef. Then, a British favorite gets a transatlantic twist as Milk Street Cook Erika Bruce gives the rundown on rye-on-rye sticky toffee pudding. Milk Street Cook Lynn Clark shows Chris how to make skillet-charred Brussels sprouts. The show ends with Chris discussing Sara Moulton's kitchen cabinet essentials.					
15:00:00	Beads, Baubles and Jewels Make It Sparkle	NETA	(S)	(CC)	N/A	#2308H
	Create your color story, then change it. With special wire-shaping techniques, author and crystal superfan Diane Whiting creates strands of beads and crystals that are interchangeable. In the Beading Lesson, Katie creates leather and bead bracelets that can be stacked or worn alone.					
15:30:00	Make It Artsy Hard Hats Required	NETA	(S)	(CC)	N/A	#308H
	Grab your hard hat to make heavy-duty art. Julie Fei Fan Balzer cuts, embosses and paints metal to create home decor. Make a lamp with interchangeable panels with Joe Rotella. Cheryl Boglioli mixes media and crackles it on canvas for special effects and Jane Dunnewold has more ideas about the inner artist.					
16:00:00	Biz Kid\$ Fundraising Can Be Fun	APTEX	(S)	(CC)	DVI	#510H
	Have a worthy cause? Then host a worthy fundraiser. This episode shows how to organize volunteers, choose the right venue, get the word out, and keep expenses low. Learn the right way to do the right thing.					

Daily Program Listing II

43.1

Date: 01/09/2018

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Tue, Feb 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Me!	NETA	(S)	(CC)	DVI	#1812H
	Let's turn toward ourselves for creative ideas. When she makes a lighted mirror, Jenny Barnett-Rohrs makes you a star. Katie Hacker makes personal paper dolls and Franz Spohn draws a 3D self-portrait. Jenny celebrates Thanksgiving with Pilgrim-style table decorations.					
17:00:00	P. Allen Smith's Garden Home Deck The Halls	APTEX	(S)	(CC)	DVI	#1613H
	Tis the season to be jolly as Christmas comes to the farm and P. Allen Smith gets some decorating help from flower expert, J. Schwanke.					
17:30:00	Growing A Greener World Farm School - Learning to Be Organic Farmers	APTEX	(S)	(CC)	N/A	#522H
	"Green Acres is the place to be; farm living is the life for me." You might remember the jingle to the opening of the popular series, Green Acres from decades ago. But today, the same desire is alive and well and spawning "Organic Farm Schools" all over the country. In this fun episode, the whole crew enrolls for a week in a New England farm school to learn all they can while there. The cameras are rolling to show the reality side of organic farm living with our mostly city-slicker crew.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15037H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1215H
	We travel to Minnesota to get a first-hand look at the sugar beet industry in action. Learn how farmers in the region work together and around the clock to transform sugar beets fresh from the fields into sugar products.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8232
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1408H
20:00:00	Sun Studio Sessions Anders Osborne	NETA	(S)	(CC)	N/A	#811H
	The Swedish-born and now New Orleans-based Anders Osborne is a prolific touring artist who has become a fixture on the music festival circuit including multiple performances at the New Orleans Jazz & Heritage Festival as well as at Bonnaroo Music Festival, The High Sierra Festival and the Telluride Blues & Brews Festival. Guitar Player magazine calls him "the poet laureate of Louisiana's fertile roots music scene." In this 100th episode of Sun Studio Sessions, Osborne displays he and his band's musical prowess performing several numbers including "Fools Gold" and "Flower Box."					
20:30:00	Jammin at Hippie Jack's Steeldrivers	NETA	(S)	(CC)	N/A	#1004H
	Only Nashville could give birth to such a band: a group of seasoned veterans. The SteelDrivers have been nominated for three Grammys and IBMA awards. Bringing together country, soul and other contemporary influences to create an unapologetic hybrid that is as old as the hills but as fresh as the morning dew. This is new music with the old feel.					
21:00:00	Infinity Hall Live Rhiannon Giddens	APTEX	(S)	(CC)	N/A	#501H
	Rhiannon Giddens' triumphant performance is fiercely loyal to her roots. During this passionately intelligent performance her bare-footed elegance and fearless banjo and fiddle playing are surpassed only by her vocal prowess. For the IHL audience Giddens offer the fervor of a spiritual on "Waterboy", the yips of a field holler on "Duncan and Jimmy" and a Gaelic-style hootenanny on "Mouth Music". Folk duo Birds of Chicago add to the harmony on "Lost on the River" from The New Basement Tapes project. Interview with Giddens.					
22:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#703H
	Jessica Chastain (Molly's Game) with Holly Hunter (The Big Sick), Gary Oldman (Darkest Hour) with Kate Winslet, (Wonder Wheel) Hong Chau (Downsizing) with Diane Kruger (In the Fade), Richard Jenkins (The Shape of Water) with Laurie Metcalf (Lady Bird) and Jamie Bell (Film Stars Don't Die in Liverpool) with Robert Pattinson (Good Time).					

Tue, Feb 20, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Cuba's Secret Side The Truth Revealed	NETA	(S)	(CC)	DVI	#102H

The Truth Revealed looks beyond the politics and propaganda at the Cubans themselves. People like Adolpho, a tobacco farmer who had open-heart surgery ten years ago and still tends his fields. Or Marco, who walks for miles each day, his operatic voice enticing villagers to buy his cilantro and hot peppers. Both live in rural villages where time moves more slowly and people look out for each other. Although Castro confiscated all land shortly after the Revolution, the Cuban government has since started allowing farmers to sell their excess harvest, and private food stands have popped up all over Cuba. Castro once tried - unsuccessfully - to eradicate religion in Cuba. Cubans still show their faith every year at the festival of San Lazaro. Many pilgrims crawl six miles to the church. Others drag rocks or suffer even more drastic penances. But Catholicism isn't the only religion in Cuba. Santeria - an African belief brought to Cuba with the slave trade - is practiced by over half the population. Hilda is a Santeria priestess and a devout Catholic. After hosting a huge Christmas dinner, she opens up her home to a secret Santeria celebration, complete with drums and dancing - and a spiritual possession. But as much as Cubans love their faith, they also love to laugh and entertain themselves. You'll find a game of dominoes on almost every street corner and the kids have their own hilariously Cuban version of Monopoly. They play to win and they're just as capitalist as their Yankee counterparts. That's a good thing, since the Cuban government is privatizing over a million jobs in Cuba. Manuel repairs shoes on a Havana street corner, and barely makes ends meet. And yet when his customers don't bother to pick up their shoes, he doesn't sell them - he gives them away. It's capitalism, Cuban style - with a human touch. Cubans are avid fishermen, and on any sunny morning you can find Jose fishing on Havana's waterfront. He owns almost no equipment and only two pairs of shorts, yet cheerfully shares his catch with anyone who comes along. Spear fishermen patrol the same waters, using homemade guns and occasionally catching enormous - and toothy - barracuda. A few really brave souls use blocks of Styrofoam to paddle several miles out to sea each morning in search of bigger catch. Their "boats" - barely larger than bathtubs - only last a few months so they often take them home for repairs. This time they've borrowed an old drill and can't get it to work, but they don't get angry. If there's one thing the Cubans have learned over the past 50 years, it's patience. But to really find out what makes Cubans tick, you have to visit Remedios during their annual fireworks festival. For nine months a year it's a sleepy little town, but in September the place splits into two teams - San Salvador and Carmen - and both sides prepare for war. They build enormous floats and complicated light walls, all run by century-old machines. Women design costumes and men make thousands of homemade firecrackers. Rusty tractors haul carefully concealed pieces of floats through back streets. And finally, the big day arrives... The square erupts with games, food, and rides. For the children, this beats Christmas hands down. The men enjoy themselves in baseball pitching challenges and patronize the local beer trucks. Everyone dances and gorges themselves. But this year Team Carmen is in trouble. The fireworks have already started and they haven't finished wiring up their light wall. There's a short somewhere, and they can't find it. And then - amazingly - the other side sends a team of men to help. Within minutes, the machines rumble to life and the competition is on. It looks more like World War III than a festival - falling ash as thick as snow and fireworks going off in the middle of the spectators. The men use the burning debris to light their cigars, which they then in turn use to light more fireworks. The fuses are unreliable, to say the least. When they reach their grand finale, they ring the entire square with 20,000 fireworks and set them off in an unstoppable explosion. And then the festival begins. Dancing, tattoos, rides, and food. Towards midnight the floats make their grand entrance, and by morning Remedios is once again a sleepy little town. So who won the competition? Everyone has an opinion, but in the end they all agree. The town won - Cuba won - because a good time was had by all.

Wed, Feb 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland We travel to Minnesota to get a first-hand look at the sugar beet industry in action. Learn how farmers in the region work together and around the clock to transform sugar beets fresh from the fields into sugar products.	APTEX	(S)	(CC)	N/A	#1215H
00:30:00	Overheard with Evan Smith Bob Schieffer, Journalist/Author Bob Schieffer is a CBS News political contributor and the former host of CBS' Face the Nation. Prior to joining CBS in 1969 he was a reporter at the Fort Worth Star-Telegram where he was the first reporter from a Texas newspaper to report from Vietnam. Schieffer has won eight Emmys, an Edward R. Murrow Award, a Paul White Award and in 2008 he was named a living legend by the Library of Congress. His latest book is titled Overload: Finding Truth in the Deluge of News.	NETA	(S)	(CC)	N/A	#807H
01:00:00	Sun Studio Sessions Anders Osborne The Swedish-born and now New Orleans-based Anders Osborne is a prolific touring artist who has become a fixture on the music festival circuit including multiple performances at the New Orleans Jazz & Heritage Festival as well as at Bonnaroo Music Festival, The High Sierra Festival and the Telluride Blues & Brews Festival. Guitar Player magazine calls him "the poet laureate of Louisiana's fertile roots music scene." In this 100th episode of Sun Studio Sessions, Osborne displays he and his band's musical prowess performing several numbers including "Fools Gold" and "Flower Box."	NETA	(S)	(CC)	N/A	#811H
01:30:00	Jammin at Hippie Jack's Steeldrivers Only Nashville could give birth to such a band: a group of seasoned veterans. The SteelDrivers have been nominated for three Grammys and IBMA awards. Bringing together country, soul and other contemporary influences to create an unapologetic hybrid that is as old as the hills but as fresh as the morning dew. This is new music with the old feel.	NETA	(S)	(CC)	N/A	#1004H
02:00:00	Infinity Hall Live Rhiannon Giddens Rhiannon Giddens' triumphant performance is fiercely loyal to her roots. During this passionately intelligent performance her bare-footed elegance and fearless banjo and fiddle playing are surpassed only by her vocal prowess. For the IHL audience Giddens offer the fervor of a spiritual on "Waterboy", the yips of a field holler on "Duncan and Jimmy" and a Gaelic-style hootenanny on "Mouth Music". Folk duo Birds of Chicago add to the harmony on "Lost on the River" from The New Basement Tapes project. Interview with Giddens.	APTEX	(S)	(CC)	N/A	#501H
03:00:00	Variety Studio: Actors On Actors Jessica Chastain (Molly's Game) with Holly Hunter (The Big Sick), Gary Oldman (Darkest Hour) with Kate Winslet, (Wonder Wheel) Hong Chau (Downsizing) with Diane Kruger (In the Fade), Richard Jenkins (The Shape of Water) with Laurie Metcalf (Lady Bird) and Jamie Bell (Film Stars Don't Die in Liverpool) with Robert Pattinson (Good Time).	NETA	(S)	(CC)	N/A	#703H

Wed, Feb 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
04:00:00	Cuba's Secret Side The Truth Revealed	NETA	(S)	(CC)	DVI	#102H
	<p>The Truth Revealed looks beyond the politics and propaganda at the Cubans themselves. People like Adolpho, a tobacco farmer who had open-heart surgery ten years ago and still tends his fields. Or Marco, who walks for miles each day, his operatic voice enticing villagers to buy his cilantro and hot peppers. Both live in rural villages where time moves more slowly and people look out for each other. Although Castro confiscated all land shortly after the Revolution, the Cuban government has since started allowing farmers to sell their excess harvest, and private food stands have popped up all over Cuba. Castro once tried - unsuccessfully - to eradicate religion in Cuba. Cubans still show their faith every year at the festival of San Lazaro. Many pilgrims crawl six miles to the church. Others drag rocks or suffer even more drastic penances. But Catholicism isn't the only religion in Cuba. Santeria - an African belief brought to Cuba with the slave trade - is practiced by over half the population. Hilda is a Santeria priestess and a devout Catholic. After hosting a huge Christmas dinner, she opens up her home to a secret Santeria celebration, complete with drums and dancing - and a spiritual possession. But as much as Cubans love their faith, they also love to laugh and entertain themselves. You'll find a game of dominoes on almost every street corner and the kids have their own hilariously Cuban version of Monopoly. They play to win and they're just as capitalist as their Yankee counterparts. That's a good thing, since the Cuban government is privatizing over a million jobs in Cuba. Manuel repairs shoes on a Havana street corner, and barely makes ends meet. And yet when his customers don't bother to pick up their shoes, he doesn't sell them - he gives them away. It's capitalism, Cuban style - with a human touch. Cubans are avid fishermen, and on any sunny morning you can find Jose fishing on Havana's waterfront. He owns almost no equipment and only two pairs of shorts, yet cheerfully shares his catch with anyone who comes along. Spear fishermen patrol the same waters, using homemade guns and occasionally catching enormous - and toothy - barracuda. A few really brave souls use blocks of Styrofoam to paddle several miles out to sea each morning in search of bigger catch. Their "boats" - barely larger than bathtubs - only last a few months so they often take them home for repairs. This time they've borrowed an old drill and can't get it to work, but they don't get angry. If there's one thing the Cubans have learned over the past 50 years, it's patience. But to really find out what makes Cubans tick, you have to visit Remedios during their annual fireworks festival. For nine months a year it's a sleepy little town, but in September the place splits into two teams - San Salvador and Carmen - and both sides prepare for war. They build enormous floats and complicated light walls, all run by century-old machines. Women design costumes and men make thousands of homemade firecrackers. Rusty tractors haul carefully concealed pieces of floats through back streets. And finally, the big day arrives... The square erupts with games, food, and rides. For the children, this beats Christmas hands down. The men enjoy themselves in baseball pitching challenges and patronize the local beer trucks. Everyone dances and gorges themselves. But this year Team Carmen is in trouble. The fireworks have already started and they haven't finished wiring up their light wall. There's a short somewhere, and they can't find it. And then - amazingly - the other side sends a team of men to help. Within minutes, the machines rumble to life and the competition is on. It looks more like World War III than a festival - falling ash as thick as snow and fireworks going off in the middle of the spectators. The men use the burning debris to light their cigars, which they then in turn use to light more fireworks. The fuses are unreliable, to say the least. When they reach their grand finale, they ring the entire square with 20,000 fireworks and set them off in an unstoppable explosion. And then the festival begins. Dancing, tattoos, rides, and food. Towards midnight the floats make their grand entrance, and by morning Remedios is once again a sleepy little town. So who won the competition? Everyone has an opinion, but in the end they all agree. The town won - Cuba won - because a good time was had by all.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#516
08:00:00	Zula Patrol Birds of a Feather/Bula's Heros: The Great Camouflage Caper	APTEX	(S)	(CC)	N/A	#208H
	<p>When their space craft freezes up, the Zula Patrol makes an emergency landing in the Zula Forest near a bird's nest - with an abandoned egg! After the baby bird hatches, the ZPers decide to track down its mother, who Deliria bird-napped in order to design a flying machine for Cloid. Along the way, the Zula Patrol learns about animal adaptation and attempt to teach the little bird how to fly; only they have no luck. But when the time is right, the bird does fly, rescuing its mother and helping the Zula Patrol snare Deliria and Cloid. In his quest for control of Zula, Dark Truder shrinks Bula, Zeeter and Multo, and then puts them in a terrarium where a beetle named Bruto will keep them from escaping. Deep inside the terrarium, the ZPers meet a group of very polite insects with camouflage abilities. Bug-phobic Bula comes to like the insects and get over his phobia. The insects use their camouflage abilities to help get the ZPers past Bruto, out of the terrarium and defeat Truder.</p>					
08:30:00	Ruby's Studio The Siblings Show	APTEX	(S)	(CC)	N/A	#104H
	<p>"Ruby's Studio: The Siblings Show" is an engaging way to help young siblings reduce rivalry, boost harmony, and celebrate family. Curriculum written in consultation with child development experts, Dr. Joshua Sparrow and Dr. Laura Markham.</p>					
09:00:00	Functional Fitness with Suzanne Andrews Interval Training	ACCES		(CC)	N/A	#123H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Hip Strengthening	APTEX	(S)	(CC)	DVI	#918H
10:00:00	Sit and Be Fit Mobility and Balance	NETA	(S)	(CC)	N/A	#1416H
	<p>This episode highlights a variety of exercises to improve balance and concludes with stroking.</p>					

Wed, Feb 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy Traveling with Pets and Kids It's fun to travel with pets and kids. Author and instructor Donna Babylon makes portable bed for pets. Pattern designer Angela Wolf sews a hooded towel that kids and adults will love. Sewing educator Joanne Banko creates her own fringe for trims and embellishments.	NETA	(S)	(CC)	DVI	#1209H
11:00:00	Knit and Crochet Now Sweet Baby Cardigans Every baby needs a soft, warm cardigan. Lena Skvagerson shows how to make a charming baby sweater by knitting sideways. In the technique corner, Melissa Leapman makes three types of crochet ribbing. Jenny King crochets a darling child's sweater with twisted cables and little bobbles.	NETA	(S)	(CC)	N/A	#805H
11:30:00	Fons & Porter's Love of Quilting Rainbow Mosaic An unusual take on charm quilts, this design by Nancy Mahoney combines multiple charm shapes in a medallion-style quilt that uses batiks. Using templates to make things easier, Nancy and host Sara Gallegos walk you through different methods for dealing with these unusual shapes. Hexagons, diamonds, triangles-with the right tools and techniques, you can master them all!	NETA	(S)	(CC)	N/A	#2909H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7148H
13:00:00	Lidia's Kitchen Ragu The key to a delicious meal is coaxing a lot of flavor from an ingredient, whether it is meat or vegetables. In this episode, Lidia shares two ragu recipes: lamb and pepper ragu; and a chestnut and mushroom ragu: a heart, flavorful medley of chestnuts and mushrooms that make for a satisfying vegetarian ragu.	APTEX	(S)	(CC)	N/A	#409H
13:30:00	Taste The Islands with Chef Irie Eat Your Veggeis Chef Thia explores a healthy vegetarian menu with accra fritters, Haitian eggplant legume (vegetable medley), a refreshing pear and chayote salad, and a stovetop sweet potato pudding. Co-host Lisa Lee visits a Caribbean fresh market and a Rastafarian Ital chef.	APTEX	(S)	(CC)	N/A	#207H
14:00:00	Simply Ming Icelandic Lamb with Chef Thrainn Freyr Vigfusson It's all about Icelandic lamb this week on Simply Ming. Ming visits a fifth-generation farm in the Icelandic countryside where lamb is herded from the mountains to the mossy, grassy fields. Then, he meets up with chef Thrainn Freyr Vigfusson at his Lebanese and Moroccan food-inspired restaurant, Sumac, in downtown Reykjavik to prepare lamb. Chef Vigfusson is a member of the Iceland culinary team and won two gold medals at the World Culinary Cup, among other awards. Cooking over charcoal, chef Vigfusson makes grilled lamb ribs with dried grapes, roasted almonds and lentils while Ming serves up his lamb fried rice with sumac Skyr. Ming also makes a stop at Iceland's most famous lamb hot dog stand for a quick bite.	APTEX	(S)	(CC)	N/A	#1520H
14:30:00	Cook's Country When Only Chocolate Will Do Julia Collin Davison shows Bridget Lancaster how to make the ultimate Mississippi mud pie. Equipment expert Adam Ried reviews small food processors. Bridget uncovers the secrets to making the best whoopie pies right at home.	APTEX	(S)	(CC)	N/A	#1012H
15:00:00	Beads, Baubles and Jewels Add Movement to the Story Make movement part of the story. Author and artist Candie Cooper uses a tassel-maker to create tassels in a variety tones and textures. Then, Katie makes gorgeous crystal earrings using the same settings used by high-end costume jewelry manufacturers.	NETA	(S)	(CC)	N/A	#2309H
15:30:00	Make It Artsy Layering Peel back the layers to discover more artistic possibilities. Mixed media maker Roxanne Coble alters postcards with blobs, patterns and drips. Collage artist Rebekah Meier sews circles to make mandalas. Tool expert, Joe Rotella, molds and casts accessories and embellishments. Crafter Kathy Cano-Murillo has a tip for layering scraps to make a new surface.	NETA	(S)	(CC)	N/A	#103H
16:00:00	Biz Kid\$ What to Do with a Windfall Congratulations - you have a windfall! Now what? Take a look at some investment alternatives and how to evaluate them based on time, risk, and rate of return. Meet several young entrepreneurs who were faced with a financial opportunity and see where they decided to invest their money.	APTEX	(S)	(CC)	DVI	#511H

Wed, Feb 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Make Believe Anything can happen in the world of make-believe. Jenny Barnett-Rohrs turns into a scary monster with a fun headband. Katie Hacker makes a fantasy tent and then whips up a never-ending cherry pie. Jenny shows how to create a show with puppets you make yourself from blogger Mom Carolina Moore.	NETA	(S)	(CC)	DVI	#1813H
17:00:00	P. Allen Smith's Garden Home Best of Travel Join P. Allen Smith as he takes a trip down memory lane and revisits his favorite travel segments from seasons past.	APTEX	(S)	(CC)	DVI	#1614H
17:30:00	Growing A Greener World Farmgirls: Seattle, Wa Today, there are many women who for a variety of reasons have taken it upon themselves to feed their families off the land in their own urban backyards. In this episode, we visit several such women who not only have the goal of feeding their families healthy, sustainable food, but are also teaching others to do the same. From a trained chef educating virtually with a massive online audience to a permaculture pioneer who shares her vision one garden at a time through classes as well as design and installations throughout the Pacific Northwest, it's all about living off the land while living in the city.	APTEX		(CC)	N/A	#523H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15038H
18:30:00	Great Decisions In Foreign Policy Pax Americana: The American Peace The past 70 years has been the era of "Pax Americana," a period of relative stability thanks to the influence and ballast provided by the United States. But with Russian expansion and a rising China, how long can it last?	NETA	(S)	(CC)	N/A	#901H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8233
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#507H
20:00:00	The Lowertown Line.	APTEX	(S)	(CC)	N/A	#123H
20:30:00	Songs at the Center Artists: Kay Harris & Molly Pauken, Erica Blinn, Jared Mahone, and hosted by songwriter Eric Gnezda. Special feature: Profile of First Tuesday Songwriters' Circle. Kay Harris & Molly Pauken are the songwriting engines of the group, Sirens. Kay has recorded numerous albums, providing vocals on more than 70 local and national jingles. Molly tours with Rodney Crowell when she's available, remaining home often enough to perform with the area's elite. The duo has toured throughout Europe and the Middle East. They perform "Naked as Fools." Erica Blinn constructs American rock songs one earnest melody at a time. "A Mid-western beauty with a wistful voice and a country-rock sound somewhere between Lucinda Williams and Sheryl Crow..." (Don Thrasher, Active Dayton.) Erica has shared stages with The Family Stone, and Devon Allman, among others. She performs "Whiskey Kisses." Jared Mahone has been touring nationally for nearly a decade, impressing audiences with his blend of Ohio soul, storytelling poetry, pop melodies, and even classic hip hop. Jared's Everyman persona connects what are often disconnected American cultures. He sings "From Joe to Betsy." "Scenes from the Scene" Segment: First Tuesday Songwriters' Circle gathers songwriters of all genres and abilities at the Peggy R. McConnell Arts Center to share recent works in a receptive environment.	APTEX	(S)	(CC)	N/A	#109H
21:00:00	Live from the Artists Den Gary Clark Jr. For Grammy winner Gary Clark Jr. it was an emotional homecoming in the club he legitimately calls "home" - Austin's legendary "Home Of The Blues," Antone's Nightclub. Clark first played Antone's as a fifteen-year-old obsessed with blues history and now he's both one of the most respected and revered artists in blues and R&B, and in a full-circle move, a part-owner of the club's latest iteration. His 20-song set for a crowd of 350 invited guests for the season finale of Live from the Artists Den featured songs from his 2012 breakthrough Blak and Blu and last year's genre-bending follow-up, The Story Of Sonny Boy Slim. Among the highlights of a night filled with fiery, jaw-dropping guitar heroism and bright flashes of a gorgeous falsetto, a loud, muscular take on "Bright Lights" and a supremely funky meditation on the impact of music, "The Healing."	APTEX	(S)	(CC)	N/A	#1004H
22:00:00	Black/White & Brown: Brown Versus The Board of Education of Topeka On May 17, 1954, the U.S. Supreme Court issued its ruling in the case of Brown vs. the Board of Education of Topeka, Kansas. This momentous Supreme Court decision focused national attention on the practice of maintaining racially segregated public schools. The documentary presents the stories of the individuals, events and circumstances that converged as the wheels of the legal system were set in motion. BLACK/WHITE & BROWN is narrated by Bill Kurtis and features readings by Walter Cronkite, Jim Lehrer and Bill Moyers.	APT	(S)	(CC)	N/A	#0

Daily Program Listing II
43.1

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Wed, Feb 21, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Afropop: The Ultimate Cultural Exchange He Who Dances On Wood, Kojo and Lonnie Holley: The Truth of the Dirt	APTEX	(S)	(CC)	DVI	#1002H

One man's search for joy has culminated in a constant experience of rhythm in the world around him in HE WHO DANCES ON WOOD. KOJO is a short documentary on gifted 12-year-old jazz drummer Kojo Odu Roney. In this candid interview, Kojo reflects on his tireless work ethic, the current state of jazz music, learning from his mentor and father, jazz saxophonist Antoine Roney, and much more. Kojo's charisma, sensibility and passion are as mesmerizing as his drum skills. LONNIE HOLLEY: THE TRUTH OF THE DIRT is an intimate documentary portrait of the self-taught African American visual artist and musical performer.

Thu, Feb 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Great Decisions In Foreign Policy Russia's Foreign Policy	NETA	(S)	(CC)	N/A	#902H
	To his detractors, Putin is an autocrat, crushing any threat to his power, while renewing Soviet-style expansionism. To supporters, Putin represents Russia's redemption as a global superpower - and an alternative to the liberal democracy espoused by the West. Great Decisions explores what drives Putin's Foreign Policy.					
00:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#507H
01:00:00	The Lowertown Line.	APTEX	(S)	(CC)	N/A	#123H
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#109H
	Artists: Kay Harris & Molly Pauken, Erica Blinn, Jared Mahone, and hosted by songwriter Eric Gnezda. Special feature: Profile of First Tuesday Songwriters' Circle. Kay Harris & Molly Pauken are the songwriting engines of the group, Sirens. Kay has recorded numerous albums, providing vocals on more than 70 local and national jingles. Molly tours with Rodney Crowell when she's available, remaining home often enough to perform with the area's elite. The duo has toured throughout Europe and the Middle East. They perform "Naked as Fools." Erica Blinn constructs American rock songs one earnest melody at a time. "A Mid-western beauty with a wistful voice and a country-rock sound somewhere between Lucinda Williams and Sheryl Crow..." (Don Thrasher, Active Dayton.) Erica has shared stages with The Family Stone, and Devon Allman, among others. She performs "Whiskey Kisses." Jared Mahone has been touring nationally for nearly a decade, impressing audiences with his blend of Ohio soul, storytelling poetry, pop melodies, and even classic hip hop. Jared's Everyman persona connects what are often disconnected American cultures. He sings "From Joe to Betsy." "Scenes from the Scene" Segment: First Tuesday Songwriters' Circle gathers songwriters of all genres and abilities at the Peggy R. McConnell Arts Center to share recent works in a receptive environment.					
02:00:00	Live from the Artists Den Gary Clark Jr.	APTEX	(S)	(CC)	N/A	#1004H
	For Grammy winner Gary Clark Jr. it was an emotional homecoming in the club he legitimately calls "home" - Austin's legendary "Home Of The Blues," Antone's Nightclub. Clark first played Antone's as a fifteen-year-old obsessed with blues history and now he's both one of the most respected and revered artists in blues and R&B, and in a full-circle move, a part-owner of the club's latest iteration. His 20-song set for a crowd of 350 invited guests for the season finale of Live from the Artists Den featured songs from his 2012 breakthrough Blak and Blu and last year's genre-bending follow-up, The Story Of Sonny Boy Slim. Among the highlights of a night filled with fiery, jaw-dropping guitar heroism and bright flashes of a gorgeous falsetto, a loud, muscular take on "Bright Lights" and a supremely funky meditation on the impact of music, "The Healing."					
03:00:00	Black/White & Brown: Brown Versus The Board of Education of Topeka	APT	(S)	(CC)	N/A	#0
	On May 17, 1954, the U.S. Supreme Court issued its ruling in the case of Brown vs. the Board of Education of Topeka, Kansas. This momentous Supreme Court decision focused national attention on the practice of maintaining racially segregated public schools. The documentary presents the stories of the individuals, events and circumstances that converged as the wheels of the legal system were set in motion. BLACK/WHITE & BROWN is narrated by Bill Kurtis and features readings by Walter Cronkite, Jim Lehrer and Bill Moyers.					
04:00:00	Afropop: The Ultimate Cultural Exchange He Who Dances On Wood, Kojo and Lonnie Holley: The Truth of the Dirt	APTEX	(S)	(CC)	DVI	#1002H
	One man's search for joy has culminated in a constant experience of rhythm in the world around him in HE WHO DANCES ON WOOD. KOJO is a short documentary on gifted 12-year-old jazz drummer Kojo Odu Roney. In this candid interview, Kojo reflects on his tireless work ethic, the current state of jazz music, learning from his mentor and father, jazz saxophonist Antoine Roney, and much more. Kojo's charisma, sensibility and passion are as mesmerizing as his drum skills. LONNIE HOLLEY: THE TRUTH OF THE DIRT is an intimate documentary portrait of the self-taught African American visual artist and musical performer.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#517
08:00:00	Zula Patrol Moon Struck/Me, Myself and Io	APTEX	(S)	(CC)	N/A	#209H
	The Zula Patrol is called into action to rescue Venus from her erratic behavior in her quest to acquire a moon of her own. It's time again for Jupiterfest, the yearly celebration to honor the Solar System's Big Guy, and this year all of Jupiter's moons will take part in a talent show to cap off the day. All except Io, that is, the most volcanically active moon in the Solar System. Not only doesn't she think she's talented, but she also is embarrassed about her incessant eruptions. The Zula Patrol steps in to give Io confidence (and an act) for the talent show. Meanwhile, Dark Truder, posing as a judge for the competition, plans to take advantage of the talent show... for a chance to steal the contest's grand prize.					
08:30:00	1001 Nights Hunchback's Tale/Agrabroka	NETA	(S)	(CC)	DVI	#105H
	"Hunchback's Tale" - Everyone thinks they were responsible for the death of a poor hunchback. The truth is far stranger than they imagined. "Agrabroka" - A bag of gold makes its way through an entire town and changes the lives of everyone there.					

Thu, Feb 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout with the Ball	ACCES		(CC)	N/A	#124H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Toning	APTEX	(S)	(CC)	DVI	#919H
10:00:00	Sit and Be Fit Your Feet, Your Foundation It's important to let your feet feel the floor. Exercising barefoot, Mary Ann emphasizes somatosensory awareness in the feet throughout the workout.	NETA	(S)	(CC)	N/A	#1417H
10:30:00	It's Sew Easy Weekend Get-Away Grab a bag and get away. Kay Whitt, innovator and designer, creates a colorful bag with sturdy dividers. Author Donna Babylon makes a roomy weekender bag with padded handles. A monogram adds extra style. Angela Wolf, designer and sewing expert, shares a tip for starting and stopping a serger stitch.	NETA	(S)	(CC)	DVI	#1210H
11:00:00	Knit and Crochet Now One of a Kind Totes Take your yarn along in a stylish tote. Kristen Mangus makes an adorable raspberry stitch bag that is knit on a loom. Learn to make center-pull yarn balls in the technique corner with Ellen Gormley. Vanessa Wilson crochets a Boho tapestry bag with a long strap and drawstring closure that goes everywhere.	NETA	(S)	(CC)	N/A	#806H
11:30:00	Fons & Porter's Love of Quilting Farmer's Wife Table Runner The Farmer's Wife quilts by Laurie Aaron Hird have become instant classics. The Fons & Porter staff was inspired to pick one quilt block from each iconic quilt, and incorporate them into a smaller project. Host Sara Gallegos and Fons & Porter Sewing Specialist Colleen Tauke showcase how small quilt blocks can be mixed-and-matched. This table runner will let you take a small taste of the rich tradition of sampler quilts.	NETA	(S)	(CC)	N/A	#2910H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7149H
13:00:00	The Jazzy Vegetarian Party Portobello Dinner Host Laura Theodore prepares her perfect party menu. Featuring a meaty texture and mouth-watering taste, "Crispy Portobello Steaks" are encrusted in a savory crunchy coating and cradled in a cloud of delicious "Maple Mashed Sweet Potatoes." Delicate spears of "Roast Asparagus with Baked Garlic and Baby Tomatoes" are served on the side. Luscious "Raspberry Parfaits" top off this satisfying soiree menu.	NETA	(S)	(CC)	DVI	#106H
13:30:00	Sara's Weeknight Meals Meatless Mondays Were you bad over the weekend? Get back on track as you clean out and veg out with the hottest vegetarian chef around Amanda Cohen. Sara will answer viewer questions about mushrooms and vegetable storage on Ask Sara, and she cooks her own vegetarian dish, mu shu vegetables.	APTEX	(S)	(CC)	N/A	#507H
14:00:00	Joanne Weir Gets Fresh Crab What is the most over-the-top thing that you have ever tasted? For her, it's king crab straight from the source. She visits Tracy's Crab Shack in Juneau, Alaska. With her student Lauren, they'll make risotto Rosa with king crab with citrus gastrique, and a rhubarb crostata. Join them as they make a truly one-of-a-kind meal.	APTEX	(S)	(CC)	N/A	#213H
14:30:00	New Scandinavian Cooking Food for a Polar Expedition In today's episode, Andreas goes on a polar expedition onboard Hurtigruten and travels north along the beautiful and icy coastline of Norway. He visits the mountains of northern Norway, where he cooks king crab, fit for activities and fun in the snow. The journey continues to the north east of the country and ends in Kirkenes with a perfect hot chocolate at the Snow Hotel.	APTEX	(S)	(CC)	N/A	#607H
15:00:00	Beads, Baubles and Jewels Close It Up Securely finish your jewelry with flair. Jewelry designer and blogger Molly Schaller returns with techniques using crimps and other findings to secure closures. In the Beading Lesson, Katie makes personalized bangles from 16-gauge wire and crystals that tell your story.	NETA	(S)	(CC)	N/A	#2310H

Thu, Feb 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Stamping	NETA	(S)	(CC)	N/A	#104H
	No matter how many stamps you have, you need more. Color-happy artist Mou Saha draws and cuts custom stamps. Julie Fei Fan Balzer makes cool wrapping paper from paper bags. Joe Rotella, tool expert, manufactures his own stamps from foam. In the tip, Mou Saha throws her stamping process into reverse to create new looks.					
16:00:00	Biz Kid\$ Businesses Going Green	APTEX	(S)	(CC)	DVI	#512H
	Going green is worthwhile and good for the bottom line. Explore the profitable side of going green, and learn how to distinguish between what's hype, and what's hip. Meet two college grads who learned how to make a profit from the coffee grounds up.					
16:30:00	Hands On Crafts for Kids Artist	NETA	(S)	(CC)	DVI	#1901H
	Artists look at the world from fresh perspectives. Host Jenny Barnett-Rohrs draws the geometric patterns she sees looking at the world from high above. Franz Spohn has ideas for all the things artists can do besides creating works for a museum. Candie Cooper introduces us to the art form of Yamamoto to create a collage and Jenny makes a 3-D color wheel.					
17:00:00	P. Allen Smith's Garden Home Best of Cooking	APTEX	(S)	(CC)	DVI	#1615H
	P. Allen Smith highlights some of his favorite cooking segments from the first 15 seasons of Garden Home.					
17:30:00	Growing A Greener World Thomas Jefferson; Organic Gardening Pioneer: Monticello: Virginia	APTEX		(CC)	N/A	#524H
	To gardeners, Thomas Jefferson holds a special place of honor. The gardens at Monticello were a botanic laboratory of ornamental and useful plants from around the world. As an avid plantsman and gardener, Mr. Jefferson kept detailed records over many years of his horticultural discoveries, plant exchanges with friends around Europe as well as his successes and failures when it came to his own gardening and farming practices at Monticello. Thanks to his meticulous records and the historic preservation of the grounds, today we can step back in time to see how one of the most famous green gardeners in history lived out his passion for gardening at Monticello.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15039H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1435H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8234
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1210H
20:00:00	Backstage Pass Best of Jazz	NETA	(S)	(CC)	N/A	#719H
	Best of Jazz will feature a few of the most swinging jazz performances of 2015. Recorded live at Lansing JazzFest 2015 and in studio, Best of Jazz gives you a one-of-a-kind jam featuring The Paul Keller Orchestra, Tony Monaco & The Fareed Haque Trio featuring Randy Gelispie, and Grupo Aye.					
20:30:00	Music Voyager Yellow Roads of Italy: 'all Roads Lead to Rome' (Umbria and Onwards to Rome)	APTEX	(S)	(CC)	N/A	#808H
	Host Paulino Duran leaves the beauty of Tuscany behind as he picks up his journey along the "Yellow Roads," the back roads of Italy to open this episode with a private performance at Posta de Donini Hotel. Then he drives to the capital of Umbria, the city of Perugia, the ancient banking capital in the high-walled city. From Perugia he heads to a private lunch in the middle of the vineyards in Lungarotti and enjoys a conversation with friends around fantastic wines. Leaving the wines behind, he visits the quaint town of Orvieto, with its magnificent Duomo, and lunch with his new friends at Franco's restaurant. From Orvieto he travels to Rome, where he spends time at the Duomo and The Trevi Fountain, along with a famous city expert. His journey ends at the Vatican with a private tour of the Vatican Museum, the Sistine Chapel and a dinner on the lawns of the Vatican.					
21:00:00	All-Star Orchestra Russian Treasures	APTEX	(S)	(CC)	N/A	#301H
	Mussorgsky/Ravel - Pictures at an Exhibition. The beloved orchestral showpiece: a series of unforgettable musical portraits, with a roof-raising finale "The Great Gate of Kiev." Prokofiev - Romeo and Juliet - excerpts from the ballet The dramatic selection will include: Capulets and Montagues, the Dance of the Knights, Portrait of Young Juliet, Scene at the Ball, the Fight, and The Death of Tybalt.					

Thu, Feb 22, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Music Voyager The Bahamas: from the Islands to the World	APTEX	(S)	(CC)	N/A	#608H
	<p>In this episode of Music Voyager, they explore the impact of music from The Bahamas on popular music around the world. Musician Fred Ferguson gives a tour of downtown Nassau while describing the enduring impact of Bahamian folk music and icons such as Joseph Spence on the world's sound (Did you know, for example, that The Beach Boy's "Sloop John B" is a Bahamian folk song and that The Grateful Dead always ended their set with a song from The Bahamas?). They discover the important role The Bahamas played during the Calypso era from the 1940s to the 1960s, as well as its essential role in the history of funk, soul and disco. They then meet up with The Baha Men, whose song "Who Let The Dogs Out" was a worldwide smash. Finally, they meet up for an impromptu dance party in front of a conch stand with D-Mac, thier pick for the next big international star to come out of The Bahamas.</p>					
22:30:00	Window in the Waves: The Flower Garden Banks	APTEX	(S)	(CC)	N/A	#0H
	<p>Located 110 miles off the Louisiana/Texas coast, the corals of the Flower Garden Banks National Marine Sanctuary rank among the healthiest in the world, even though they lie in the middle of one of the most active oil and gas production areas on earth. Narrated by Penny Hammer, a Gulf Coast resident, WINDOW IN THE WAVES tells the intriguing story of the reefs' formation, their essential function as a haven for marine animals, their designation as a national sanctuary in 1992 and their critical importance to the global environment. Formed millions of years ago and protected by remoteness, the three reefs collectively cover 56 square nautical miles in the Gulf of Mexico- and teem with biodiversity. Stunning underwater footage gathered over the course of hundreds of dives reveals the diverse inhabitants, including hundreds of species of fish and invertebrates. Cameras also capture a spectacular annual event in the life of coral reefs. Seven to 10 days after the August Moon, sponges begin to smoke and corals produce an underwater snowstorm resulting in an explosion of new life. WINDOW IN THE WAVES also highlights the unique partnership forged among environmental groups, divers, fishermen and the oil and gas industry to protect this fragile underwater ecosystem from the ever-constant threat of overfishing, climate change, invasive species and pollution.</p>					
23:00:00	Locked Out: The Fall of Massive Resistance	APTEX	(S)	(CC)	N/A	#0Z
	<p>In 1958, the Commonwealth of Virginia led other Southern states in refusing the U.S. Supreme Court's mandate to integrate its public schools in the aftermath of the Brown v. Board of Education decision. Several counties "locked down" or closed their public schools altogether - one for as long as five years - rather than allow black students into all-white schools. LOCKED OUT: THE FALL OF MASSIVE RESISTANCE sheds light on this dark moment in history through interviews, academic commentary and archival footage from the era. The documentary, produced to commemorate the 50th anniversary of the end of the so-called Massive Resistance laws, offers first-hand accounts from African-American students who found themselves on the front lines of this desegregation battle.</p>					

Fri, Feb 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	American Forum Who Is Hoarding The American Dream? RICHARD REEVES on who is being left behind by the U.S. economy and why anyone should care.	NETA	(S)	(CC)	N/A	#317H
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1210H
01:00:00	Backstage Pass Best of Jazz Best of Jazz will feature a few of the most swinging jazz performances of 2015. Recorded live at Lansing JazzFest 2015 and in studio, Best of Jazz gives you a one-of-a-kind jam featuring The Paul Keller Orchestra, Tony Monaco & The Fareed Haque Trio featuring Randy Gelispie, and Grupo Aye.	NETA	(S)	(CC)	N/A	#719H
01:30:00	Music Voyager Yellow Roads of Italy: 'all Roads Lead to Rome' (Umbria and Onwards to Rome) Host Paulino Duran leaves the beauty of Tuscany behind as he picks up his journey along the "Yellow Roads," the back roads of Italy to open this episode with a private performance at Posta de Donini Hotel. Then he drives to the capital of Umbria, the city of Perugia, the ancient banking capital in the high-walled city. From Perugia he heads to a private lunch in the middle of the vineyards in Lungarotti and enjoys a conversation with friends around fantastic wines. Leaving the wines behind, he visits the quaint town of Orvieto, with its magnificent Duomo, and lunch with his new friends at Franco's restaurant. From Orvieto he travels to Rome, where he spends time at the Duomo and The Trevi Fountain, along with a famous city expert. His journey ends at the Vatican with a private tour of the Vatican Museum, the Sistine Chapel and a dinner on the lawns of the Vatican.	APTEX	(S)	(CC)	N/A	#808H
02:00:00	All-Star Orchestra Russian Treasures Mussorgsky/Ravel - Pictures at an Exhibition. The beloved orchestral showpiece: a series of unforgettable musical portraits, with a roof-raising finale "The Great Gate of Kiev." Prokofiev - Romeo and Juliet - excerpts from the ballet The dramatic selection will include: Capulets and Montagues, the Dance of the Knights, Portrait of Young Juliet, Scene at the Ball, the Fight, and The Death of Tybalt.	APTEX	(S)	(CC)	N/A	#301H
03:00:00	Music Voyager The Bahamas: from the Islands to the World In this episode of Music Voyager, they explore the impact of music from The Bahamas on popular music around the world. Musician Fred Ferguson gives a tour of downtown Nassau while describing the enduring impact of Bahamian folk music and icons such as Joseph Spence on the world's sound (Did you know, for example, that The Beach Boy's "Sloop John B" is a Bahamian folk song and that The Grateful Dead always ended their set with a song from The Bahamas?). They discover the important role The Bahamas played during the Calypso era from the 1940s to the 1960s, as well as its essential role in the history of funk, soul and disco. They then meet up with The Baha Men, whose song "Who Let The Dogs Out" was a worldwide smash. Finally, they meet up for an impromptu dance party in front of a conch stand with D-Mac, thier pick for the next big international star to come out of The Bahamas.	APTEX	(S)	(CC)	N/A	#608H
03:30:00	Window in the Waves: The Flower Garden Banks Located 110 miles off the Louisiana/Texas coast, the corals of the Flower Garden Banks National Marine Sanctuary rank among the healthiest in the world, even though they lie in the middle of one of the most active oil and gas production areas on earth. Narrated by Penny Hammer, a Gulf Coast resident, WINDOW IN THE WAVES tells the intriguing story of the reefs' formation, their essential function as a haven for marine animals, their designation as a national sanctuary in 1992 and their critical importance to the global environment. Formed millions of years ago and protected by remoteness, the three reefs collectively cover 56 square nautical miles in the Gulf of Mexico- and teem with biodiversity. Stunning underwater footage gathered over the course of hundreds of dives reveals the diverse inhabitants, including hundreds of species of fish and invertebrates. Cameras also capture a spectacular annual event in the life of coral reefs. Seven to 10 days after the August Moon, sponges begin to smoke and corals produce an underwater snowstorm resulting in an explosion of new life. WINDOW IN THE WAVES also highlights the unique partnership forged among environmental groups, divers, fishermen and the oil and gas industry to protect this fragile underwater ecosystem from the ever-constant threat of overfishing, climate change, invasive species and pollution.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Locked Out: The Fall of Massive Resistance In 1958, the Commonwealth of Virginia led other Southern states in refusing the U.S. Supreme Court's mandate to integrate its public schools in the aftermath of the Brown v. Board of Education decision. Several counties "locked down" or closed their public schools altogether - one for as long as five years - rather than allow black students into all-white schools. LOCKED OUT: THE FALL OF MASSIVE RESISTANCE sheds light on this dark moment in history through interviews, academic commentary and archival footage from the era. The documentary, produced to commemorate the 50th anniversary of the end of the so-called Massive Resistance laws, offers first-hand accounts from African-American students who found themselves on the front lines of this desegregation battle.	APTEX	(S)	(CC)	N/A	#0Z
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#518

Daily Program Listing II

43.1

Date: 01/09/2018

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Fri, Feb 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Zula Patrol A Friend Named Breezy/Erosion Today, Gone Tomorrow	APTEX	(S)	(CC)	N/A	#210H
	Wizzy and Zeeter befriend BREEZY, a gentle breeze, and learn all about wind. When they help Breezy become a bigger wind, she gets used by DELIRIA and CLOID, who want to blow down Zula Patrol Headquarters - but Zeeter and Wizzy get their friend Breezy to stop just in time. During a fun day at the beach, the ZPers are impressed when Gorga snorts out a huge sandcastle that's a replica of a real eroding stone castle on a nearby cliff. On exploring Gorga's creation, they get lost inside it and meet a 400-year old knight and his pet dragon - both made entirely of sand! The real challenge comes in trying to find their way out of the sandcastle before it erodes from the tide and collapses around them.					
08:30:00	1001 Nights Give Until It Hurts/Ali Baba & The 40 Thieves	NETA	(S)	(CC)	DVI	#106H
	"Give Until It Hurts" - A poor man inherits a large sum of money and is surprised to see all the new friends he suddenly has. In the end, he learns what true friendship means. "Ali Baba & The 40 Thieves" - Ali Baba's town is robbed by the famed forty thieves. When he follows their trail, Ali finds their hidden cave filled with stolen treasure. He takes it back, but he incurs the wrath of their leader, Tabnak the Terrible.					
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout	ACCES		(CC)	N/A	#125H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Back Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#920H
10:00:00	Sit and Be Fit Flabby Arms	NETA	(S)	(CC)	N/A	#1418H
	This workout focuses on exercises to tone the arm muscles. Mary Ann introduces a new way to strengthen arms using your own body as resistance.					
10:30:00	It's Sew Easy Vacation Memories	NETA	(S)	(CC)	DVI	#1211H
	Capture travel memories in photos and in writing. Sewing artist Kim Montagnese uses computer software to create new images for artful designs and quilts. Embroidery expert Eileen Roche sews a monogrammed journal cover of faux suede. Serger expert Angela Wolf has a tip for serging seams.					
11:00:00	Knit and Crochet Now Top Down Sweaters	NETA	(S)	(CC)	N/A	#807H
	Let's take it from the top down. Lena Skvagerson knits a comfy tunic sweater with a saucy split at the neckline. Melissa Leapman knits mitered squares in the technique corner. Then, Ellen Gormley crochets a lacy, casual, pullover with a Bruges lace neckline and no seams.					
11:30:00	Fons & Porter's Love of Quilting Cross Road to Grandma's House	NETA	(S)	(CC)	N/A	#2911H
	Inspired by memories of traveling to her grandmother's house on Waddington Road, Barb Eikmeier designed this quilt combining two blocks- album cross and snowball-using an on-point layout. Barb and host Sara Gallegos will teach how to construct the quilt, and even share a few tips for working with plaid fabrics. The nostalgic, but bright colors make this a wonderful quilt for remembering the good times.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7150H
13:00:00	Cooking Odyssey Ancient Olympia	NETA	(S)	(CC)	N/A	#308H
	The birthplace of the Olympics, the archeological museum of Olympia, the first fountain in Peloponnesus, and the temple of Apollon Epicurius are explored while Chef Michalis makes a variety of Greek pasta dishes and chocolate truffles.					
13:30:00	Cooking with Nick Stellino A Taste of Italy	APTEX	(S)	(CC)	N/A	#212H
	Scallops Mari e Monti; Chicken Milanese with Braised Artichoke; Old-Fashion Chocolate Pudding.					

Fri, Feb 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Kitchen Wisdom of Cecilia Chiang Mother Knows Best "In most families in China, father was the boss" Cecilia tells viewers, "but in our family my mother was the boss." Cecilia's mother was very short and plump, loved to eat and was a very good cook. But with 12 children and a husband to feed, she left the cooking to her two chefs who turned out different elaborate lunches and dinners each day-food that can no longer be found, even in China. At the table the mother would go into detail about each dish. Cecilia called upon this knowledge when she opened the first Mandarin restaurant. In this episode, Cecilia cooks with Gary Danko who also learned about food from his mom. In the kitchens of Restaurant Gary Danko, where reservations are coveted like winning lottery tickets, Cecilia and Gary recreate the Mandarin's crispy Szechuan duck and then Gary shows Cecilia his lemon pepper duck breast with confit duck hash.	APTEX	(S)	(CC)	DVI	#104H
14:30:00	Jacques Pepin: Heart & Soul Cooking Clever Budget-friendly dishes made with inexpensive ingredients are packed full of flavor when Jacques steps in. The result? Unforgettable meals. Today, Jacques prepares mussels with cream and chives on soft polenta for an easy seafood dinner. Classic Italian spaghetti a la Bolognese includes Jacques' special tip to make a delicious, hearty and flavorful sauce. Another seasonal favorite, tomato and potato salad with mustard sauce is perfect when tomatoes are ripe and is served on spicy arugula. Finally, a delicate sauteed radicchio salad ends on a savory-bitter note.	APTEX	(S)	(CC)	N/A	#121H
15:00:00	Beads, Baubles and Jewels Color and Creativity Keep creativity flowing with inspiration from colors. On-line jewelry-making host and crafter Vicki O'Dell makes quick, thoughtful, colorful gifts for everyone. Katie sets crystals into a cup chain cuff and bangle, then adds knotted leather accents for a one-of-a-kind look.	NETA	(S)	(CC)	N/A	#2311H
15:30:00	Make It Artsy Nature Just step outside to find artsy inspiration in nature. Calligrapher Janet Takahashi adds floral accents to plain lettering. Metalsmith Mary Hetmansperger adds patinas to copper. Art entrepreneur Jenn Mason captures nature's beauty in monostenciling. Julie Fei Fan Balzer has a tip for printing designs with items from nature.	NETA	(S)	(CC)	N/A	#105H
16:00:00	Biz Kid\$ All in the Family Does your family talk marketing over meatloaf? Do you know someone who tracks revenue at the family reunion? Family-run businesses come in all shapes and sizes whether you're a mom-and-pop shop or the Ford Motor Corporation. Learn how families work, grow, and fight their way to profits.	APTEX	(S)	(CC)	DVI	#513H
16:30:00	Hands On Crafts for Kids Old Is New Give a new twist to traditional art forms. Jenny Barnett-Rohrs makes a trinket box inspired by a popular video game. Then, she makes a friendly turtle using the ancient art of mosaic. Candie Cooper creates pop art with polka dots in the style of the artist Kusama, and Jenny coils a rag basket with a touch of denim.	NETA	(S)	(CC)	DVI	#1902H
17:00:00	P. Allen Smith's Garden Home A Visit from the Beekman Boys Two New York City boys turned farmers visit Moss Mountain Farm. Find out how the Fabulous Beekman Boys fare, when faced with the challenge of capturing a free-range turkey while Allen puts a spin on a classic dish.	APTEX	(S)	(CC)	N/A	#1401H
17:30:00	Growing A Greener World Money in the Honey: The Business of An Urban Beekeeper With the fate of honeybees still uncertain, gardeners know just how important they are for a bountiful garden and the world's food security. Yet with declining numbers, raising your own backyard bees makes even more sense. One of the biggest barriers to getting started though is the uncertainty of what's involved. In this episode, Joe Lamp'l bring you along as he attends his first beekeeping class, to buying the equipment, setting up the hive, to enjoying the bountiful harvest and wonderful honey that adds to the joy of this rapidly growing hobby.	APTEX	(S)	(CC)	N/A	#525H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15040H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1408H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8235
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1008H

Daily Program Listing II

43.1

Date: 01/09/2018

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Fri, Feb 23, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Song of the Mountains Trinity River Band / Michael Cleveland & Flamekeeper	NETA	(S)	(CC)	N/A	#1206H
21:00:00	Woodsongs John Mceuen and Bill & The Belles	NETA	(S)	(CC)	N/A	#1908H
	JOHN McEUEEN brings 45+ years of worldwide performing with his banjo, fiddle, guitar, and mandolin. Often referred to as "the String Wizard," John is a founding member of the legendary Nitty Gritty Dirt Band. The band's 1972 classic 'Will the Circle Be Unbroken' album was inducted in to the Library of Congress as one of America's most important recordings. McEeun has earned Emmy nominations, Grammy Awards, CMA acclaim, The Western Heritage Award, and many other accolades. He is celebrating the release of his latest solo album 'Made in Brooklyn'. BILL AND THE BELLES has made waves in the world of roots music with striking three-part harmonies and masterful instrumentation. Based at the foothills of the Blue Ridge and the forefront of old time music, Bill and the Belles continue to further the music traditions of their region. From sentimental Southern ballads to the popular songs of Tin Pan Alley to regional fiddle breakdowns, the group's shows are a celebration of the diversity country music once represented. WoodSongs Kid: Victor Furtado is an award winning 15-year-old claw hammer banjo virtuoso from Front Royal, Virginia.					
22:00:00	Film School Shorts Pet Problems	NETA	(S)	(CC)	N/A	#504H
	Three wayward pets wreak havoc on the lives of their owners, neighbors and even distant acquaintances in these short films: Rosie, Oh by Andy Koeger and Apple Xenus, The Execution by Elise Ahrens, and Cupcake Bob by Olivia Accardo.					
22:30:00	On Story Awkward Black Girl: A Conversation with Issa Rae	NETA	(S)	(CC)	N/A	#608H
	Creator/director/producer/star Issa Rae discusses the unique challenges that surround creating independent webseries, the freedoms that come with doing it your own way, and how to navigate the growing sensation of developing original online content. Followed by The Unexpected, a short webisode from The Mis-Adventures of Awkward Black Girl.					
23:00:00	Science Goes to the Movies Trainspotting/ Cheech & Chong	EPS	(S)	(CC)	N/A	#308H
	Dr. Yasmin Hurd, the Director of the Center for Addictive Disorders at Mount Sinai, explains how addiction impacts the lives of many, movie portrayals accuracies and just how little we know about drugs like marijuana.					
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1117H

Sat, Feb 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can Enlarged Materialism Explain Consciousness? Materialism is the belief that only physical things are real. But physical things seem so utterly different from mental things. Could there be more to materialism than the known laws of physics?	EPS	(S)	(CC)	N/A	#1608H
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#1008H
01:00:00	Song of the Mountains Trinity River Band / Michael Cleveland & Flamekeeper	NETA	(S)	(CC)	N/A	#1206H
02:00:00	Woodsongs John Mceuen and Bill & The Belles JOHN McEUEEN brings 45+ years of worldwide performing with his banjo, fiddle, guitar, and mandolin. Often referred to as "the String Wizard," John is a founding member of the legendary Nitty Gritty Dirt Band. The band's 1972 classic 'Will the Circle Be Unbroken' album was inducted in to the Library of Congress as one of America's most important recordings. McEuen has earned Emmy nominations, Grammy Awards, CMA acclaim, The Western Heritage Award, and many other accolades. He is celebrating the release of his latest solo album 'Made in Brooklyn'. BILL AND THE BELLES has made waves in the world of roots music with striking three-part harmonies and masterful instrumentation. Based at the foothills of the Blue Ridge and the forefront of old time music, Bill and the Belles continue to further the music traditions of their region. From sentimental Southern ballads to the popular songs of Tin Pan Alley to regional fiddle breakdowns, the group's shows are a celebration of the diversity country music once represented. WoodSongs Kid: Victor Furtado is an award winning 15-year-old claw hammer banjo virtuoso from Front Royal, Virginia.	NETA	(S)	(CC)	N/A	#1908H
03:00:00	Film School Shorts Pet Problems Three wayward pets wreak havoc on the lives of their owners, neighbors and even distant acquaintances in these short films: Rosie, Oh by Andy Koeger and Apple Xenus, The Execution by Elise Ahrens, and Cupcake Bob by Olivia Accardo.	NETA	(S)	(CC)	N/A	#504H
03:30:00	On Story Awkward Black Girl: A Conversation with Issa Rae Creator/director/producer/star Issa Rae discusses the unique challenges that surround creating independent webseries, the freedoms that come with doing it your own way, and how to navigate the growing sensation of developing original online content. Followed by The Unexpected, a short webisode from The Mis-Adventures of Awkward Black Girl.	NETA	(S)	(CC)	N/A	#608H
04:00:00	Science Goes to the Movies Trainspotting/ Cheech & Chong Dr. Yasmin Hurd, the Director of the Center for Addictive Disorders at Mount Sinai, explains how addiction impacts the lives of many, movie portrayals accuracies and just how little we know about drugs like marijuana.	EPS	(S)	(CC)	N/A	#308H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1117H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#519
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Tropical Paradise Today's painting is demonstrated by Gary. The bold shape of the Bird of Paradise flower and leaves are so unusual which makes for a very striking composition. This dramatic flower really shows off when painted on a White background. Very easy to paint.	APTEX	(S)	(CC)	N/A	#306H
08:30:00	Painting with Wilson Bickford Soaring Eagle, Part 2 Against a sky full of fluffy clouds, an eagle soars high above a forest canopy. In Part 2, Wilson demonstrates the techniques needed to paint this majestic symbol of our country.	NETA	(S)	(CC)	N/A	#213H
09:00:00	Landscapes Through Time with David Dunlop American Impressionists In Giverny, France David follows in the footsteps of the American artists who formed an art colony in Giverny in the 1880-1920s, drawn by the creative magnetic influence of Claude Monet. In the last quarter of the 19th century, artists from Paris escaped the uncomfortable heat of the Parisian summers by train to the surrounding villages along the Seine to form art colonies. The American artists formed a well-integrated colony in Giverny and explored an American style of Impressionism that was then exported to the United States at the turn of the century. David will explore the similarities and differences between French Impressionism and American Impressionism as he paints on the hillside above Giverny, popular with Theodore Robinson and Willard Metcalf.	NETA	(S)	(CC)	DVI	#105H

Sat, Feb 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Spine Strength & Flexibility (All Standing)	APTEX	(S)	(CC)	DVI	#921H
10:00:00	Sit and Be Fit The Power of Small Movements This episode demonstrates what can be achieved with small gentle movements.	NETA	(S)	(CC)	N/A	#1419H
10:30:00	Functional Fitness with Suzanne Andrews 30 Day Bladder Fix Pelvic Floor Strengthening	ACCES	(S)	(CC)	N/A	#307H
11:00:00	Delicious TV's Vegan Mashup A Reason to Rise This episode focuses on breakfast packed with punch from a quick & easy raw smoothie to a full breakfast for your hungry friends and family. Raspberry Morning Muffins/Truffled Tofu & Sweet Potato Hash Browns/Quinoa Porridge/Ginger Snap Smoothies	NETA	(S)	(CC)	DVI	#106H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless A Tour of Traditions Ask anyone about traditional cooking in the Yucatan and you're bound to hear the name Miriam Peraza, a grandmotherly dynamo who knows every nook and cranny. She brings Rick to the bustling Mercado de Lucas de Galvez in Merida for a quick tour that includes a rare look at the making of recado spice pastes. Flanked by villagers in the remote town of Yaxunah, Miriam and Rick drop in to watch the making of pit-cooked cochinita pibil, the Yucatan's iconic dish of achote-smothered, pit-cooked suckling pig. At Manjarblanco restaurant in Merida, Miriam shows her take on classic panuchos, sopa de lima and queso relleno. Then, Rick brings some of the Yucatan back to Chicago, where he cooks papadzules and shows how to make cochinita pibil at home - banana leaves and quick-pickled onions included.	APTEX	(S)	(CC)	N/A	#1102H
12:00:00	Lidia's Kitchen More Italian American Favorites Italian American classics have always been favorites at the family table and in this episode, there is reason to celebrate. Today's recipes include the most iconic Italian American dish, spaghetti and meatballs; a broccoli rabe with garlic; and a holiday must - zeppole.	APTEX	(S)	(CC)	N/A	#421H
12:30:00	Moveable Feast with Fine Cooking San Francisco - David Barzelay and Brandon Jew Host Pete Evans brings Moveable Feast to Golden Gate Park with fellow chefs David Barzelay of San Francisco's Lazy Bear and Brandon Jew of Mister Jiu's. The team forages today, first for seaweed off Bodega Bay, then redwood bark for the cocktail. For their meal, they prepare steamed halibut and bone marrow and aged cheddar cheese with crudite. Their cross-cultural meal meets a rustic setting as they eat a beautiful dinner inside a Redwood grove.	APTEX	(S)	(CC)	N/A	#404H
13:00:00	Expeditions with Patrick Mcmillan South Texas - The Border How important is the border region to the ebb and flow of life in your backyard? How important is it to our natural heritage? Do the birds you enjoy or the waterfowl you pursue need this place to survive? Join Patrick as he explores the connections to your backyard on the volatile border region of South Texas.	APTEX	(S)	(CC)	N/A	#308H
13:30:00	Weekends with Yankee Adventure in the Wild Offering wild weather, stormy seas, and remote locations, New England is a land of adventure. This week on Weekends with Yankee, we travel to the Northeast's highest peak for some of the most extreme weather found anywhere in the world. Then we head out to sea, braving stiff winds and bracing cold, to capture the coveted Atlantic bay scallop. Finally, we take to the skies high above Maine's iconic Moosehead Lake in search of the majestic creatures that inspired its name.	APTEX	(S)	(CC)	N/A	#102H
14:00:00	Rick Steves' Europe Salzburg and Surroundings The birthplace of Mozart - and everyone's Sound of Music fantasies - Salzburg is a Baroque jewel of a town. It's also the springboard for lots of alpine fun-from thrilling summer bobsledding, to idyllic boat rides in the Salzkammergut lake district, to exploring the delightful romantic town of Hallstatt.	APTEX	(S)	(CC)	N/A	#410H
14:30:00	Born to Explore with Richard Wiese Chile: Kissed by the Sea Richard Wiese travels to Chile, renowned for its rich cultures and traditions. In Santiago, Richard explores the Mercado Centrale, ranked as one of the world's top markets. He journeys to the artistic seaport town of Valparaiso, the cradle of "cueca brava," the gritty urban music that unites Chileans young and old. In the village of Horcon, Richard launches into the Pacific with Chile's only commercial fisherwoman and finds out how she's faced down danger on the open seas for 40 years.	APTEX	(S)	(CC)	N/A	#124H

Sat, Feb 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Garden Smart Daffodils are often the first sign of spring. They are a delightful reminder that the gardening season is approaching, at last! Join GardenSMART as we visit an amazing gardener who shares with us his phenomenal collection of daffodils. A don't miss show.	NETA	(S)	(CC)	N/A	#4611H
15:30:00	For Your Home Getting Dirty With building plans in place Vicki and her FYH team of professionals begin the demolish process of the existing bungalow. The foundation for the new addition is completed and the builder discovers extensive termite damage. Homeowners work through budgets and product selections for their bungalow.	APTEX	(S)	(CC)	N/A	#3104H
16:00:00	Drexel Interview James Kaplan, Part 2 This is the second part of a two-part interview focusing on the life and career of cultural icon Frank Sinatra, as told by acclaimed biographer and character journalist James Kaplan. Kaplan is a writer and expert on all things Sinatra, as detailed in his two volumes: Frank: The Voice and Sinatra: The Chairman. In this episode, Kaplan highlights Sinatra: The Chairman, discussing Sinatra's later tumultuous years and emergence as an iconic figure in American entertainment. Throughout this compelling conversation, the author shares rare anecdotes and insight into Sinatra's complex public persona and stardom.	NETA		(CC)	N/A	#505H
16:30:00	Overheard with Evan Smith Lyle Lovett, Singer/Actor Lyle Lovett is a singer, composer and actor. Since his self-titled debut in 1986, Lovett has released 14 albums that fuse elements of country, swing, jazz, folk, gospel and blues. He has won four Grammy Awards, including Best Male Country Vocal Performance and Best Country Album. Lovett was also named Texas State Musician.	NETA	(S)	(CC)	N/A	#801H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Duck Decoy Maker Duck! Here come some of the most exquisitely carved duck decoys host Eric Gorges ever laid eyes on. Meet Ben Heinemann, master carver, who teaches Eric a thing or two about the real thing.	APTEX	(S)	(CC)	N/A	#304H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3608H
18:30:00	The Open Mind A Union of Concerned Technologists Guest: Renee Diresta. Renee Diresta of Data for Democracy discusses how antisocial media and technology companies are threatening society.	NETA		(CC)	N/A	#3832H
19:00:00	Closer to Truth Can Enlarged Materialism Explain Consciousness? Materialism is the belief that only physical things are real. But physical things seem so utterly different from mental things. Could there be more to materialism than the known laws of physics?	EPS	(S)	(CC)	N/A	#1608H
19:30:00	American Forum Putin and the USA Political scientist ALLEN LYNCH and diplomat DEREK CHOLLET on Russia and the Trump White House.	NETA	(S)	(CC)	N/A	#313H
20:00:00	Speakeasy Steve Earle and David Simon Three-time Grammy Award-winning singer and songwriter Steve Earle is joined by Emmy Award-winning producer David Simon for an intimate conversation in this episode of Speakeasy. Earle began his career as a songwriter in 1982 before having his breakthrough 1986's Guitar Town. His 16th studio album, So You Wanna Be an Outlaw, was released in June 2017. Simon is the Emmy Award winning producer behind HBO's The Wire. His latest project The Deuce is coming to HBO in the fall. The pair discuss storytelling through song, politics, and working with Townes Van Zandt. Earle treats the audience to a special performance of songs from his new album including "Goodbye Michelangelo," "The Firebreak Line," and "So You Wannabe an Outlaw."	APTEX	(S)	(CC)	N/A	#302H

Daily Program Listing II

43.1

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Sat, Feb 24, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center Dawes	APTEX	(S)	(CC)	N/A	#708H
	Folk-rock band Dawes take the stage for a performance of both old and new material. The band, comprised of brothers Taylor and Griffin Goldsmith, Wylie Gelber, and Lee Pardini, formed in 2009 from the band Simon Dawes after the departure of their co-songwriter. Their last two albums All Your Favorite Bands (2015) and self-released We're All Gonna Die (2016) have reached No. 1 on the Billboard Folk Chart. Dawes performs new songs "Tequila," "One of Us," and "Roll with the Punches," as well as hits such as "Little Bit" and "When My Time Comes."					
22:00:00	Globe Trekker Papua New Guinea Islands	APTEX	(S)	(CC)	N/A	#1613H
	The trekkers explore New Britain Island, the largest in the Bismarck Archipelago of Papua New Guinea. Inhabited by the indigenous Papuans and the Austronesians, the island was captured by the Japanese during World War II. Today the island's traditional cultures are diverse and complex but there are several ancient traditions that remain active today, especially the Dukduk Secret Society. Next, we visit the township of Rabaul, once the provincial capital until it was destroyed in 1994 by a massive volcanic eruption. Rabaul is still a superb location for scuba diving, snorkeling and wreck dives. We travel to the stunningly beautiful island of Bougainville, named after a French navigator, and an excellent location for wreck diving and sea kayaking.					
23:00:00	Arts In Context Considering Matthew Shepard	NETA		(CC)	N/A	#703H
	Matthew Shepard's death in 1998 sparked an LGBT civil rights movement. Nearly twenty years later, Grammy Award-winning choral group Conspirare's elegy for this American icon and symbol of hope is the group's greatest undertaking yet.					
23:30:00	Articulate with Jim Cotter Feminist Fatale	APTEX	(S)	(CC)	N/A	#112H
	Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.					

Sun, Feb 25, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can Enlarged Materialism Explain Consciousness? Materialism is the belief that only physical things are real. But physical things seem so utterly different from mental things. Could there be more to materialism than the known laws of physics?	EPS	(S)	(CC)	N/A	#1608H
00:30:00	American Forum Putin and the USA Political scientist ALLEN LYNCH and diplomat DEREK CHOLLET on Russia and the Trump White House.	NETA	(S)	(CC)	N/A	#313H
01:00:00	Speakeasy Steve Earle and David Simon Three-time Grammy Award-winning singer and songwriter Steve Earle is joined by Emmy Award-winning producer David Simon for an intimate conversation in this episode of Speakeasy. Earle began his career as a songwriter in 1982 before having his breakthrough 1986's Guitar Town. His 16th studio album, So You Wanna Be an Outlaw, was released in June 2017. Simon is the Emmy Award winning producer behind HBO's The Wire. His latest project The Deuce is coming to HBO in the fall. The pair discuss storytelling through song, politics, and working with Townes Van Zandt. Earle treats the audience to a special performance of songs from his new album including "Goodbye Michelangelo," "The Firebreak Line," and "So You Wannabe an Outlaw."	APTEX	(S)	(CC)	N/A	#302H
02:00:00	Front and Center Dawes Folk-rock band Dawes take the stage for a performance of both old and new material. The band, comprised of brothers Taylor and Griffin Goldsmith, Wylie Gelber, and Lee Pardini, formed in 2009 from the band Simon Dawes after the departure of their co-songwriter. Their last two albums All Your Favorite Bands (2015) and self-released We're All Gonna Die (2016) have reached No. 1 on the Billboard Folk Chart. Dawes performs new songs "Tequila," "One of Us," and "Roll with the Punches," as well as hits such as "Little Bit" and "When My Time Comes."	APTEX	(S)	(CC)	N/A	#708H
03:00:00	Globe Trekker Papua New Guinea Islands The trekkers explore New Britain Island, the largest in the Bismarck Archipelago of Papua New Guinea. Inhabited by the indigenous Papuans and the Austronesians, the island was captured by the Japanese during World War II. Today the island's traditional cultures are diverse and complex but there are several ancient traditions that remain active today, especially the Dukduk Secret Society. Next, we visit the township of Rabaul, once the provincial capital until it was destroyed in 1994 by a massive volcanic eruption. Rabaul is still a superb location for scuba diving, snorkeling and wreck dives. We travel to the stunningly beautiful island of Bougainville, named after a French navigator, and an excellent location for wreck diving and sea kayaking.	APTEX	(S)	(CC)	N/A	#1613H
04:00:00	Arts In Context Considering Matthew Shepard Matthew Shepard's death in 1998 sparked an LGBT civil rights movement. Nearly twenty years later, Grammy Award-winning choral group Conspirare's elegy for this American icon and symbol of hope is the group's greatest undertaking yet.	NETA		(CC)	N/A	#703H
04:30:00	Articulate with Jim Cotter Feminist Fatale Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.	APTEX	(S)	(CC)	N/A	#112H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#520
08:00:00	Painting and Travel with Roger & Sarah Bansemer Wupatki Pueblo Roger and Sarah Bansemer visit the Wupatki National Monument. Roger paints the 900 year old pueblo as Sarah tours the historic site with Merwin George of the Hopi Indian tribe.	NETA	(S)	(CC)	N/A	#112H
08:30:00	Painting with Paulson Dreamy Waterfall Part I	NETA	(S)	(CC)	N/A	#1501H

Sun, Feb 25, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Orca Breaching	APTEX		(CC)	N/A	#602H
	Art Lesson: Composition. Elements of composition are used to organize the components of an artwork in a pleasing manner. Used effectively, these elements provide a structure that leads the viewer's eye in a particular way for a variety of different effects. Examples of extraordinary composition may include the "Mona Lisa" by Leonardo da Vinci or "Starry Night" by Vincent van Gogh. Important components of good composition include: unity, balance and movement. All compositions begin by identifying a focal point. A range of artistic decisions proceeds from there, ranging from contrasts between light and dark to finding a rhythm that paces the eye of the viewer. The parts of the composition may feel as if they belong together or they may be purposely disjointed. A symmetrical arrangement may add a sense of calm; whereas an asymmetrical arrangement may create a sense of unease. By adjusting the arrangement of the objects, the artist can create a sense of motion or still life. Patterns establish an underlying structure of basic lines and shapes. Proportion is the way in which things fit together, big and small, nearby and distant. Each of these components may be used in varying degrees to create the intended effect.					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize The Saddle Bags	APTEX	(S)	(CC)	DVI	#922H
10:00:00	Sit and Be Fit Flexibility and Range of Motion	NETA	(S)	(CC)	N/A	#1420H
	All the exercises in this program highlight range of motion throughout the shoulders and back.					
10:30:00	Power Yoga: Mind and Body Hips - Version One	APTEX	(S)	(CC)	N/A	#104
	With Baddha Konasana, Pigeon/Kapottasana, Double Pigeon and others.					
11:00:00	Neven Maguire: Home Chef	APTEX	(S)	(CC)	N/A	#104H
	Neven travels to London for a masterclass in baking the perfect tarte tatin from Clare Smyth, head chef at the three Michelin-starred Gordon Ramsey Restaurant. Back in his MacNean House restaurant, Neven demonstrates a delicious deconstructed prawn cocktail and pizza bread, and also prepares beef satay with pickled cucumber.					
11:30:00	New Orleans Cooking with Kevin Belton Gettin' Crabby	APTEX	(S)	(CC)	N/A	#113H
	Crab cakes, soft shell crab amandine, crabmeat stuffed shrimp.					
12:00:00	Ciao Italia Homemade Pizza - Pizza Casalinga	NETA	(S)	(CC)	N/A	#2519H
	Mary Ann visits the small town of Fragneto Manforte, Italy to help her friends, Assunta and Anna, celebrate their town's patron saint, San Niccola, by preparing pizzas for a crowd of people who stop by to join the festivities for Pizza Margherita, Escarole Pizza, Pizza Napoletana, Pizza with Potatoes, with Broccoli, and with Tuna in a wood-fired oven that bakes the thin-crust marvels in record time. Mangia!					
12:30:00	Mike Colameco's Real Food The Clam/Louro	NETA	(S)	(CC)	N/A	#1405H
	We'll meet up with veteran NYC Chefs Joey Campanero and Mike Price at their homage to their favorite ingredient, the clam located on a lovely corner spot on Hudson St in the far West Village. Then we meet David Santos at his spot Louro on W 10th another W Village gem.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi The Lights of Broadway	APTEX	(S)	(CC)	DVI	#204H
	Mickela can't ignore New York's rich history on Broadway - with tap lessons galore and a spot on Broadway's stage, Mickela gets to live out a New York dancer's dream.					
13:30:00	Travel Detective with Peter Greenberg Best Airline Safety Videos	NETA	(S)	(CC)	N/A	#403H
	CBS News Travel Editor Peter Greenberg runs down the most entertaining and innovative airline safety videos. Plus, from famous residents, to the home of a classic children's book character - we reveal the untold story of the iconic, New York Plaza Hotel. And, it's known as the factory tour capital of the world. Greenberg shows you how to live like a local, in historic York County, Pennsylvania.					
14:00:00	Wild Photo Adventures Wildlife of the Appalachian Foothills	NETA	(S)	(CC)	DVI	#310H
	Host and professional wildlife photographer Doug Gardner and photographer/naturalist Clay Bolt hike various streams and trails of the Appalachian foothills in search of small understory animals to photograph.					

Sun, Feb 25, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Destination Craft with Jim West Poland Jim West travels to the Warsaw and Krakow areas of Poland where master artisans teach how to make traditional Polish folk dolls, stained glass, and exquisite pottery. He makes Polish pierogi, visits the Wieliczka Salt Mines, and travels to a small "painted" village. He also sees the largest piece of lace in the world.	APTEX	(S)	(CC)	N/A	#104H
15:00:00	Woodsmith Shop Working with Small Parts A small handle provides the final touch to the keepsake box. In the shop project segment, the Woodsmith editors create storage compartments in the roll-around cart.	NETA	(S)	(CC)	N/A	#1004H
15:30:00	Rough Cut - Woodworking with Tommy Mac Special Project This week on Rough Cut Woodworking with Tommy Mac Tommy surprises viewers with a special guest - a Rough Cut regular with some last pieces of advice and walks viewers through the final steps to completing any home project. All the hard work has finally paid off, and Tommy can get to work doing what he does best in a brand new shop.	APTEX	(S)	(CC)	N/A	#713H
16:00:00	Happy Yoga with Sarah Starr Ocean Spray Allow the dancing waves of the sapphire ocean to inspire your practice as we focus on gentle stretches for the shoulders, neck and upper back, including moves to create more ease in the hips while using a chair for support.	NETA	(S)	(CC)	N/A	#310H
16:30:00	Second Opinion Kidney Transplant With the increase of chronic diseases such as Type II Diabetes, the need for kidney transplants is on the rise. Both deceased and live donors are needed, and experts shed light on the organ transplant process. Karen Scott Gledhill was shocked in her early 20's to find out she had a rare genetic kidney disorder. Fortunately, her life was saved by a deceased donor, and then again many years later by the life-giving gift of her brother Tom Scott, who joins her to share their story.	APTEX	(S)	(CC)	N/A	#1307H
17:00:00	Natural Health Breakthroughs with Brenda Watson Fermentation What is it, and why is it making a comeback? - Sandor Katz: Fermentation Revivalist and author, The Art of Fermentation. Fermentation's place in a healthy, natural-foods diet - Sally Fallon Morrell: Founder, The Weston A. Price Foundation and author of Wise Traditions in Food, Farming and the Healing Arts. Medical uses of fermented foods - David Berger, MD: Tampa pediatrician who recommends fermented foods for kids with GI problems. Spreading the fermented-foods gospel in the heartland - Donna Schwenk: Kansas resident who's regional director of the Weston A. Price Foundation; her family's health greatly improved thanks to fermented foods. Personal story - Jolene Taranto: how her son's desperate situation turned around after she began feeding him fermented foods.	EPS	(S)	(CC)	N/A	#103H
17:30:00	Well Read Tracy Kidder, A Trunk Full of Money Author Tracy Kidder, the "master of the nonfiction narrative" tells the story of Paul English - founder of Kayak.com - a kinetic and unconventional inventor and entrepreneur, who as a boy rebelled against authority. Kidder casts a fresh, critical, and often-humorous eye on the way new ideas and new money are reshaping our culture and the world.	APTEX	(S)	(CC)	N/A	#608H
18:00:00	California's Gold Pismo Clams Huell travels to Pismo Beach on the coast 10 miles south of San Luis Obispo, and learns how its famous clams, plentiful in the region at the turn of the century, did their part in creating an image for one of the last of the classic California beach towns.	KCET		(CC)	N/A	#5003
18:30:00	Joseph Rosendo's Travelscope The Many Faces of Los Cabos, Mexico Los Cabos is actually two resorts: Cabo San Lucas, at the tip of the Baja California peninsula, and San Jose del Cabo, 23 miles north along the coast. Joseph covers both and the sea that binds them - the Sea of Cortez - on his Los Cabos, Mexico adventure. Activities include whale watching and seaside dining, hiking through the desert to hidden waterfalls and swimming with dolphins. Besides taking part in the fun-and-sun experiences like fishing and snorkeling, he also heads out to the Baja Peninsula's outback and meets ex-pat farmers and artists living off the grid. During this episode Joseph proves that there's more to Los Cabos than just a place "Where the Land Ends and the Party Begins."	APTEX	(S)	(CC)	DVI	#701H
19:00:00	Blackademics Television Ulmer / Wests / Smiths Young entrepreneurs from around the United States inspire with their business successes and community engagement. Young scholars explain the essence of the Juneteenth holiday.	KNME	(S)	(CC)	N/A	#401H

Sun, Feb 25, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Delores Huerta	KAMLA	(S)	(CC)	N/A	#155H
20:00:00	Black America Image, Beauty and Power with Michaela Angela Davis	EPS	(S)	(CC)	N/A	#120H
<p>In this episode of Black America, Carol Jenkins is joined by Michaela Angela Davis, creator of MAD Free and Image Activist. In this discussion, Carol Jenkins discusses Davis' work with MAD Free, a "multi-platform, multi-generational critical community conversation project with revolutionary women whose work and lives serve to liberate the narrow and disinforming image of women." Michaela Angela Davis shared her experience with Circle of Mothers, a foundation established by Sybrina Fulton (mother of Trayvon Martin) for women who have experienced the loss of a child due to gun violence. Find out about MAD Free's Hair Tales and visit us on Facebook (www.facebook.com/BlackAmericaTV) to check out a MAD Free clip featuring Patrisse Cullors, co-founder of Black Lives Matter, who discusses the story and magic behind her hair.</p>						
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#108H
<p>Correspondent Minnie Roh gives us the latest update on the backlash surrounding the deal to provide reparations to the Korean sex slave victims of World War II. Protests have been staged all across the world, including here in New York. Exclusive interviews include one of the comfort women Lee Ok-Sun who shares her personal story and struggles, and Phyllis Kim, Director of the Korean American Forum of California who represents many of the victims. One of the top Supreme Court cases to watch this year is Abigail Fisher vs. The University of Texas, which raises the issue of affirmative action and does it keep qualified applicants from getting into elite schools based on race. How will the justices' decisions affect Asian American admission into the Ivy Leagues? Reporter Paul Lin has an in-depth report and interviews legal scholars and educational experts. In March, thousands of middle school students will learn of their fate as they wait for word on admission into New York's elite public high schools. Correspondent Kyung Yoon explores high stakes testing and interviews documentarian Curtis Chin who walks us through this competitive process.</p>						
21:00:00	West of the West: Tales from California's Channel Island Settlers	APTEX	(S)	(CC)	N/A	#102H
<p>6. The Last Round-up - Tim Vail, 4th generation rancher on Santa Rosa Island, gives a personal history of his family's involvement there while lamenting the end of their cattle operation after a century. The parallel story is the birth of Channel Islands National Park as told by Bill Ehorn, the founding Park Supervisor and friend of the Vails. 7. Graveyard of Ships - The Channel Islands lie in one of the most hazardous shipping channels in the world. While telling the story of the crash of the paddle wheel steamer Winfield Scott into middle Anacapa Island in 1853, Bob Schwemmer of NOAA and others also describe some of the more than 500 other wrecks in Marine Sanctuary Waters. Many of which can be dived on today in this "underwater museum." 8. Magic Isle - Santa Catalina Island - Catalina is the most widely known of the Channel Islands, and the only one still privately owned. Its fame is the result of the vision of one man, William Wrigley Jr. who bought the island sight unseen in 1919. We chronicle its glory years of movie stars, the Chicago Cubs, and Big Band dancing in the Casino, as well as its struggles to stay relevant today. William Wrigley's great grand-daughter Alison Rusack and her family tell us about the challenges and joys of keeping his dream alive. 9. The Legendary King of San Miguel Island - Betsy Lester Roberti travels back to the windswept and desolate island where she grew up as a child. She describes her "Swiss Family Lester" upbringing and her larger than life father Herbie. And his untimely demise on the eve of World War 2.</p>						
22:00:00	Korla	NETA	(S)	(CC)	N/A	#0H
<p>Korla is the amazing story of John Roland Redd, an African American from Columbia, Missouri who migrated to Hollywood in 1939 and reinvented himself as a musician from India. As one of early television's pioneering musical artists, Korla Pandit's life was one of talent, determination, ingenuity and racial passing, a story not fully realized until after his death in 1998.</p>						
23:00:00	Finding Traction	NETA	(S)	(CC)	N/A	#0H
<p>Finding Traction presents the inspirational story of ultra runner Nikki Kimball's quest to become the fastest person in history to run America's oldest hiking trail, the 273-mile Long Trail.</p>						

Mon, Feb 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Ulmer / Wests / Smiths	KNME	(S)	(CC)	N/A	#401H
	Young entrepreneurs from around the United States inspire with their business successes and community engagement. Young scholars explain the essence of the Juneteenth holiday.					
00:30:00	The Kamla Show Special Shireen Santosham	KAMLA	(S)	(CC)	N/A	#139H
01:00:00	Black America Image, Beauty and Power with Michaela Angela Davis	EPS	(S)	(CC)	N/A	#120H
	In this episode of Black America, Carol Jenkins is joined by Michaela Angela Davis, creator of MAD Free and Image Activist. In this discussion, Carol Jenkins discusses Davis' work with MAD Free, a "multi-platform, multi-generational critical community conversation project with revolutionary women whose work and lives serve to liberate the narrow and disinforming image of women." Michaela Angela Davis shared her experience with Circle of Mothers, a foundation established by Sybrina Fulton (mother of Trayvon Martin) for women who have experienced the loss of a child due to gun violence. Find out about MAD Free's Hair Tales and visit us on Facebook (www.facebook.com/BlackAmericaTV) to check out a MAD Free clip featuring Patrisse Cullors, co-founder of Black Lives Matter, who discusses the story and magic behind her hair.					
01:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#108H
	Correspondent Minnie Roh gives us the latest update on the backlash surrounding the deal to provide reparations to the Korean sex slave victims of World War II. Protests have been staged all across the world, including here in New York. Exclusive interviews include one of the comfort women Lee Ok-Sun who shares her personal story and struggles, and Phyllis Kim, Director of the Korean American Forum of California who represents many of the victims. One of the top Supreme Court cases to watch this year is Abigail Fisher vs. The University of Texas, which raises the issue of affirmative action and does it keep qualified applicants from getting into elite schools based on race. How will the justices' decisions affect Asian American admission into the Ivy Leagues? Reporter Paul Lin has an in-depth report and interviews legal scholars and educational experts. In March, thousands of middle school students will learn of their fate as they wait for word on admission into New York's elite public high schools. Correspondent Kyung Yoon explores high stakes testing and interviews documentarian Curtis Chin who walks us through this competitive process.					
02:00:00	West of the West: Tales from California's Channel Island Settlers	APTEX	(S)	(CC)	N/A	#102H
	6. The Last Round-up - Tim Vail, 4th generation rancher on Santa Rosa Island, gives a personal history of his family's involvement there while lamenting the end of their cattle operation after a century. The parallel story is the birth of Channel Islands National Park as told by Bill Ehorn, the founding Park Supervisor and friend of the Vails. 7. Graveyard of Ships - The Channel Islands lie in one of the most hazardous shipping channels in the world. While telling the story of the crash of the paddle wheel steamer Winfield Scott into middle Anacapa Island in 1853, Bob Schwemmer of NOAA and others also describe some of the more than 500 other wrecks in Marine Sanctuary Waters. Many of which can be dived on today in this "underwater museum." 8. Magic Isle - Santa Catalina Island - Catalina is the most widely known of the Channel Islands, and the only one still privately owned. Its fame is the result of the vision of one man, William Wrigley Jr. who bought the island sight unseen in 1919. We chronicle its glory years of movie stars, the Chicago Cubs, and Big Band dancing in the Casino, as well as its struggles to stay relevant today. William Wrigley's great grand-daughter Alison Rusack and her family tell us about the challenges and joys of keeping his dream alive. 9. The Legendary King of San Miguel Island - Betsy Lester Roberti travels back to the windswept and desolate island where she grew up as a child. She describes her "Swiss Family Lester" upbringing and her larger than life father Herbie. And his untimely demise on the eve of World War 2.					
03:00:00	Korla	NETA	(S)	(CC)	N/A	#0H
	Korla is the amazing story of John Roland Redd, an African American from Columbia, Missouri who migrated to Hollywood in 1939 and reinvented himself as a musician from India. As one of early television's pioneering musical artists, Korla Pandit's life was one of talent, determination, ingenuity and racial passing, a story not fully realized until after his death in 1998.					
04:00:00	Finding Traction	NETA	(S)	(CC)	N/A	#0H
	Finding Traction presents the inspirational story of ultra runner Nikki Kimball's quest to become the fastest person in history to run America's oldest hiking trail, the 273-mile Long Trail.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#521

Mon, Feb 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Zula Patrol Blast to Earth's Past/The Great Climb	APTEX	(S)	(CC)	N/A	#211H
	Deliria thinks she's found a way to own the entire Earth - by taking a time machine back to when there were no people on the planet, and being the first to claim it. Zeeter accidentally gets whisked along on the time trip, which takes them back to 250 million years ago when Earth's continents were combined as one. Going forward in time to the present, Deliria's clunky time machine continually breaks down. In between encounters with dinosaurs and an Ice Age, Zeeter gets to observe how today's continents were formed because of Plate Tectonics. Zeeter is excited about climbing in The Great Climb, an annual mountain climbing event in her home town, Zazu Falls. It's a two-person team event and Bula's to be her partner. But when Bula is injured, Multo volunteers to be her partner. Zeeter is skeptical of Multo's climbing abilities; however, Multo's knowledge of mountains is what helps them climb close to the top. Unfortunately, the mountain, who prefers to be called the "Grand Zeeterondack," prevents the two from reaching its summit. After asking some questions, Zeeter and Multo learn that the mountain is worried that once someone reaches the top, no one will climb it any more. In the end, the two ZPers must convince the mountain that it is like an old friend and that the climbers will never abandon it. Once they do this, the mountain allows them to climb the rest of the way to the top.					
08:30:00	1001 Nights Keeping Up with the Jinns/King for a Day	NETA	(S)	(CC)	DVI	#107H
	"Keeping Up With The Jinns" - A man stumbles across a bottle and a lamp in the middle of the desert. When he opens them, two genies appear who hate each other. "King For a Day" - A man brags that he could run things better if he were in charge. He gets his chance.					
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Leg Slenderizers	APTEX	(S)	(CC)	DVI	#923H
10:00:00	Sit and Be Fit Brain Booster	NETA	(S)	(CC)	N/A	#1501H
	This program focuses on exercises that activate the brain and includes excellent movement patterns for balance and gait.					
10:30:00	It's Sew Easy Accessorize for Versatility	NETA	(S)	(CC)	DVI	#1212H
	Make travel fashions work for day and evening. Fabric artist Kim Montagnese upcycles vintage ties to create new fashions. Designer and sewing educator Louis Carney takes daywear into the evening with embroidered appliques for belts, shoes and purses. Angela Wolf shares a tip for serging on knits.					
11:00:00	Knit and Crochet Now Fanciful Shawls	NETA	(S)	(CC)	N/A	#808H
	Make a simple shawl fancy. Starting with a garter stitch, Kristen Mangus knits a cable lace edging to create an elegant shawl. In the technique corner, Lena Skvagerson shows how to work in the ends as you go. Jenny King crochets a peacock-colored shawl starting from the center out and adds a picot border.					
11:30:00	Fons & Porter's Love of Quilting A Formal Affair	NETA	(S)	(CC)	N/A	#2912H
	Who knew the home-y log cabin block could have such a dramatic side? Toby Lischko's variation on the log cabin design plays with color, value and placement, resulting in an elegant, riveting quilt. The simple construction gives Toby and host Sara Gallegos ample opportunity to teach the basic, good quilting practices that quilters are all too likely to rush past. Let this sophisticated-looking quilt bring you back to your roots.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7151H
13:00:00	America's Test Kitchen from Cook's Illustrated Cast Iron Staples	APTEX	(S)	(CC)	N/A	#1701H
	Hosts Julia Collin Davison and Bridget Lancaster debunk cast iron myths and share the basics for cast iron care. Then, Julia shows Bridget how to make the ultimate cast iron steak. Next, equipment expert Adam Ried reviews paper towel holders in the Equipment Corner. And finally, test cook Dan Souza uncovers the secrets to crisp roast butterflied chicken with rosemary and garlic.					
13:30:00	Pati's Mexican Table Cooking with the Fans	APTEX	(S)	(CC)	N/A	#407H
	Pati is in constant contact with her fans - through Facebook, Twitter, email - and they love to give her feedback on her recipes. In this episode, Pati will update and put new spins on her three most popular recipes according to the fans. And she'll surprise a lucky fan by showing up at his or her house! Recipe 1: Tart Pico de Guac; Recipe 2: Chipotle Chicken Pasta Casserole; Recipe 3: Marbled Tres Leches Cake.					

Mon, Feb 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Steven Raichlen's Project Smoke Big Bad Beef	APTEX	(S)	(CC)	N/A	#106H
	For many people, beef makes the ultimate barbecue. This show celebrates beef in all its smoky glory, from not-so-traditional beef jerky (marinated in fiery Sriracha and smoked in an electric smoker) to a magisterial whole smoked beef tenderloin smoked in an upright barrel smoker and served with horseradish whipped cream. Of course, you'll learn how to smoke brisket Texas-style (rubbed with spices and cooked in a massive offset smoker fired with oak logs. Plus smokehouse beans to serve on the side. We'll even show you how to smoke-roast bell peppers directly on a bed of hot embers. Recipes: Sriracha Beef Jerky; Slam Dunk Brisket; Whole Smoked Beef Tenderloin with Horseradish Cream; Smokehouse Beans; Ember Roasted Peppers.					
14:30:00	George Hirsch Lifestyle Country Made	APTEX	(S)	(CC)	N/A	#103H
	George prepares a selection of simple comfort recipes, including fried chicken and waffles and his favorite creamy rice pudding. George visits Shady Lady Root Beer, a small-batch brewer of handcrafted soda, and then stops in at an artisanal producer of pastries in Sag Harbor. Recipes - Dill & Cheddar Waffles - Oven-Fried Garlic Chicken - Rice Pudding.					
15:00:00	Beads, Baubles and Jewels Colored Gold	NETA	(S)	(CC)	N/A	#2312H
	The rose gold color trend has taken hold. Metal-smith Hilary Halstead Scott introduces a grant program that helps jewelry artists grow their businesses. Then, she shares her design ideas for rose gold jewelry. In the Beading Lesson, Katie combines macrame with chain to create a new look for beaded jewelry.					
15:30:00	Make It Artsy Under and Over	NETA	(S)	(CC)	N/A	#312H
	Look over, under and all around for creative ideas. Debbi Simon sculpts artful household hardware from clay. Candie Cooper embosses on leather and Sandra Evertson transforms candlesticks into art with clay and found objects. Jane Dunnewold talks about setting goals.					
16:00:00	Biz Kid\$ Who Wants to Be A Millionaire?	APTEX	(S)	(CC)	N/A	#601H
	Most people say 'yes' even though their actions say 'no'. Don't be one of those people! Biz Kid\$ will show you how you can develop your MDM (Million Dollar Mindset), maximize saving strategies, and get the best return on your investments so you can take advantage of the power of compound interest. You won't get rich overnight but eventually you'll be making millions.					
16:30:00	Hands On Crafts for Kids Stars	NETA	(S)	(CC)	DVI	#1903H
	Look beyond the sky. Jenny Barnett-Rohrs makes a glittery star catcher featuring the constellations. Candie Cooper creates a 3-D board illustrating moon phases. Artist Franz Spohn creates a landscape featuring clouds. Candie Cooper creates a sparkly space galaxy.					
17:00:00	P. Allen Smith's Garden Home Past Made New	APTEX	(S)	(CC)	N/A	#1402H
	Take a step back in time to the late 18th century town of Salem, North Carolina. Learn how many of the same practices and principles in this Moravian community can be utilized in today's modern backyard gardens.					
17:30:00	Growing A Greener World Blooms and Birds; A Gardeners Guide to Backyard Birding: Copake Falls, Ny	APTEX	(S)	(CC)	N/A	#526H
	For gardeners, bird watching and attracting them to our gardens is a natural. Beyond the beauty and excitement they bring, birds play an important role in organic pest control, seed dispersal, and biodiversity. Gardeners can play an important role in creating environments that offer shelter, natural food and water sources, nesting sites, and a place to raise their young. This episode covers the most important things you need to know to have a healthy habitat that will attract and protect the widest variety of birds to your backyard.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15041H
18:30:00	Americas Now Venezuela's Hyperinflation & Galician Homecoming	NETA	(S)	(CC)	N/A	#127H
	Venezuela - Hyperinflation Nation Imagine living in a country where the price of everything doubles every 18 days and where in one year, the price of anything can rise well above 1,200 percent. That's been the recent reality for Venezuelans, whose economy has been ravaged by the fall in the global price of oil, declining productivity, and political turmoil. Galicia - Homecoming In a remote corner of Galicia, in Northwestern Spain, summer means a huge influx of people. Some are tourists, but many more are former locals who have taken up life in Mexico. For generations, thousands of families have sought their fortunes there and throughout Latin America. But all the money in the world cannot replace one overriding wish: to come home as often as is possible. Bolivia - Ekeko Ekeko is the pre-Columbine God of Prosperity, whose miniature statue can be found in almost every home in Bolivia. He is said to bring wealth, hope and happiness, so every year, Bolivians attend a street festival where they can buy him just about every kind of tiny offering.					

Mon, Feb 26, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8236
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3608H
20:00:00	The Kate Kiefer Sutherland	APTEX	(S)	(CC)	N/A	#203H
	Film and TV star Kiefer Sutherland lays his soul on the line and performs his very personal guitar-driven outlaw country/Americana inspired songs, steeped in storytelling and gritty realism. Featuring songs from his album Down In The Hole.					
21:00:00	Backstage Pass The Crane Wives	NETA	(S)	(CC)	N/A	#808H
	Grand Rapids natives The Crane Wives blend genres like folk, Americana, and rock to create an innovative sound. Recorded at WKAR's Studio A, The Crane Wives performs original songs including, "Hard Sell," "Curses," and "The Garden."					
22:00:00	Black Ballerina	APTEX	(S)	(CC)	N/A	#0H
	BLACK BALLERINA is a story of passion, opportunity, heartbreak and triumph of the human spirit. Set in the over-whelmingly white world of classical dance, it tells the stories of several black women from different generations who fell in love with ballet. Sixty years ago, while pursuing their dreams of careers in classical dance, Joan Myers Brown, Delores Browne and Raven Wilkinson (the Ballet Russe de Monte Carlo's first black ballerina) confronted racism, exclusion and unequal opportunity in segregated mid-century America. In 2015, three young black women also pursue careers as ballerinas, and find that many of the same obstacles their predecessors faced are still evident in the ballet world today. Through interviews with current and former ballet dancers along with engaging archival photos and film, the one-hour documentary uses the ethereal world of ballet to engage viewers on a subject that reaches far outside the art world and compels viewers to think about larger issues of exclusion, equal opportunity and change.					
23:00:00	Anne Braden: Southern Patriot	NETA	(S)	(CC)	N/A	#0H
	Anne Braden: Southern Patriot is a first person documentary about the extraordinary life of this American civil rights leader. Braden (1924-2006) was hailed as a white southerner who was "eloquent and prophetic" by Dr. Martin Luther King Jr. in his 1963 Letter from Birmingham Jail. Ostracized as a "red," she fought for an inclusive movement community and mentored three generations of social justice activists.					

Tue, Feb 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Americas Now Venezuela's Hyperinflation & Galician Homecoming	NETA	(S)	(CC)	N/A	#127H
	<p>Venezuela - Hyperinflation Nation Imagine living in a country where the price of everything doubles every 18 days and where in one year, the price of anything can rise well above 1,200 percent. That's been the recent reality for Venezuelans, whose economy has been ravaged by the fall in the global price of oil, declining productivity, and political turmoil. Galicia - Homecoming In a remote corner of Galicia, in Northwestern Spain, summer means a huge influx of people. Some are tourists, but many more are former locals who have taken up life in Mexico. For generations, thousands of families have sought their fortunes there and throughout Latin America. But all the money in the world cannot replace one overriding wish: to come home as often as is possible. Bolivia - Ekeko Ekeko is the pre-Columbine God of Prosperity, whose miniature statue can be found in almost every home in Bolivia. He is said to bring wealth, hope and happiness, so every year, Bolivians attend a street festival where they can buy him just about every kind of tiny offering.</p>					
00:30:00	The Open Mind Fascism Strikes Back	NETA		(CC)	N/A	#3830H
	<p>Guest: Shane Burley. Shane Burley discusses his new book "Fascism Today: What It Is and How We End It."</p>					
01:00:00	The Kate Kiefer Sutherland	APTEX	(S)	(CC)	N/A	#203H
	<p>Film and TV star Kiefer Sutherland lays his soul on the line and performs his very personal guitar-driven outlaw country/Americana inspired songs, steeped in storytelling and gritty realism. Featuring songs from his album Down In The Hole.</p>					
02:00:00	Backstage Pass The Crane Wives	NETA	(S)	(CC)	N/A	#808H
	<p>Grand Rapids natives The Crane Wives blend genres like folk, Americana, and rock to create an innovative sound. Recorded at WKAR's Studio A, The Crane Wives performs original songs including, "Hard Sell," "Curses," and "The Garden."</p>					
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04:00:00	Anne Braden: Southern Patriot	NETA	(S)	(CC)	N/A	#0H
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05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#522
08:00:00	Zula Patrol Creature Features/Fried Greenhouse Tomatoes	APTEX	(S)	(CC)	N/A	#212H
	<p>When the Zula Patrol helps the Pet Catcher out by taking some strange creatures he's retrieved back to Zula, they get more than they bargained for. The creatures create chaos aboard the ship, including trying to eat it! It's up to our heroes to figure out where they belong and get them back there fast... which means examining their appearance and behavior for clues that will lead them to the proper climate for each strange creature. Clock's ticking. Good luck. The Zula Patrol learn all about the Greenhouse Effect first-hand when a seemingly helpful robot shows up at Zula Patrol Headquarters -- and starts making duplicates of itself. It turns out that the robot - sent by Dark Truder - emits powerful amounts of greenhouse gases that can increase the Greenhouse Effect and someday make Zula uninhabitable.</p>					
08:30:00	1001 Nights Abu Sabir/Bigger, Badder, Badr	NETA	(S)	(CC)	DVI	#108H
	<p>"Abu Sabir" - When everyone in town goes running off to find treasure the ever patient Abu Sabir refuses to participate. "Bigger, Badder, Badr" - A lone man stands up to an evil tyrant and incurs his wrath.</p>					
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H

Tue, Feb 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Workout (All Standing)	APTEX	(S)	(CC)	DVI	#924H
10:00:00	Sit and Be Fit Practice Perfect Posture This episode puts an emphasis on postural alignment and using proper form to get the most out of each exercise.	NETA	(S)	(CC)	N/A	#1502H
10:30:00	It's Sew Easy Easy Sundress Sundresses look great and keep you cool. Designer Kay Whitt professionally finishes sundress necklines and armhole edges. Blogger and designer Caroline Hulse make a tank dress in a straight style and adds elastic at the waistline. Couture designer Angela Wolf has a tip for serging flat-felled seams.	NETA	(S)	(CC)	DVI	#1213H
11:00:00	Knit and Crochet Now Outfits in the Round Let's work in the round. Melissa Leapman knits the moss stitch to add a flounce border to a cardigan. It has a wide collar and soft, flowing folds. Ellen Gormley has tips on double-ended crochet in the technique corner. Vanessa Wilson crochets a colorful vest with shades of color radiating out from the center back.	NETA	(S)	(CC)	N/A	#809H
11:30:00	Fons & Porter's Love of Quilting Twilight in the Garden Melanie Greseth and Joanie Holton join us again with a striking quilt that will have you eagerly branching out into new design territory. Playing with pieced borders, new ways to use old tools, and even metallic prints, this quilt is a garden of inspiration.	NETA	(S)	(CC)	N/A	#2913H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7152H
13:00:00	Julie Taboulie's Lebanese Kitchen Eggplant Extravaganza On today's show, it's an extraordinary eggplant extravaganza. American, Italian, Indian, Sicilian, French, Lebanese, Japanese and Chinese too, it's all about eggplant that Julie is making just for you. From simple and sophisticated to earthy and exotic, eggplants are excellent selections for sauces, spreads, soups and stews, stuffed and even pickled eggplant too. In today's episode Julie is sharing some of her favorite eggplant recipes with you. Julie's eggplant extravaganza all starts with her signature starter called batenjen mishwee, a fire-roasted eggplant spread that sets the stage for her magnificent main meal, internationally known as sheikh el' mahshi. Her star dish delight of the day showcases baby Indian eggplants, that are sauteed and stuffed with a mouthwatering meat and pine nut mixture then blissfully baked away in a tomato casserole that is golden brown and bubbly as can be. Last but certainly not least is a specialty breakfast dish called bayd b batenjen baked eggs and eggplants that is an enjoyable flavor combination. With just one look, you will love Julie's extraordinary eggplant dishes and inspiring ideas just as much as she loves preparing them for you. Sourced straight from Mama's garden with Mama's eggplant expertise on how-to grow right at home. Sliced, diced, sauteed, smashed and stuffed too, it's Julie's eggplant extravaganza that she is cooking up just for you.	APTEX	(S)	(CC)	DVI	#104H
13:30:00	Taste of Louisiana with Chef John Folse & Co. - After The Hunt Goose Jerky Goose is the main ingredient as Chef Folse prepares Baked Goose Holly Beach, Goose Jerky and Goose Bratwurst with Beer & Mustard. He also visits Keith Felder and Jules Lambert of Denham Springs, Louisiana who show how to build Cajun boats known as pirogues.	APTEX	(S)	(CC)	N/A	#1218H
14:00:00	Taste of History Coffee Past, Present & Future Chef Walter Staib explores one of Philadelphia's longest running coffee producers and prepares java-inspired recipes such as: Coffee-marinated Tenderloin of Beef, Coffee-Infused Diver Scallops, Coffee Cake and more!"	NETA	(S)	(CC)	N/A	#811H
14:30:00	Christopher Kimball's Milk Street Television Crazy Noodles Milk Street visits Peru to learn a new way to make pesto, with-surprise!-spinach. Milk Street Cook Rayna Jhaveri shows how it's done as she creates Peruvian Pesto (tallarines verde). The pasta theme continues as Milk Street Cook Catherine Smart teaches host Christopher Kimball about a different noodle dish, soba with miso butter and asparagus. Chris reveals his foolproof recipe for pisco sours. Finally, Milk Street Cook Lynn Clark shows us a pesto that's red, not green, as she creates the Sicilian pasta dish, trapanese pesto. Rounding out the show, Chris discusses Andy Ricker's kitchen cabinet essentials.	APTEX	(S)	(CC)	N/A	#112H
15:00:00	Beads, Baubles and Jewels Macrame Makeover Weave a color story with macrame. Designer Sandra Younger creates two contemporary bracelets with hemp cord, silver tubes and beads using traditional macrame techniques. Katie creates home decor by wrapping wire and using beaded chain to embellish a chandelier in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2313H

Tue, Feb 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Grand Opening - Proper Attire	NETA	(S)	(CC)	N/A	#313H
	Once it's built, it's time for the grand opening! Dress up with wood and clay jewelry holder from Candie Cooper. Jen Cushman stamps an on-trend metal bracelet. Rae Missigman makes a cute purse from recycled products. Mary Hettmansperger has safety tips for working in your studio.					
16:00:00	Biz Kid\$ Is College Worth It?	APTEX	(S)	(CC)	N/A	#602H
	The average college student will graduate with over \$35,000 in debt, and some with thousands more. Faced with such a heavy burden some kids are opting not to go to college. This episode looks at college from a return-on-investment perspective. Which degrees pay for themselves and which don't? When does it make sense NOT to go to college? And how to get creative to achieve your college dreams without ending up with a lifetime of payments.					
16:30:00	Hands On Crafts for Kids Creatures	NETA	(S)	(CC)	DVI	#1904H
	The earth is full of wonderful creatures. Jenny Barnett-Rohrs crafts simple animals that are easily adaptable and molds a robot mouse. Artist Franz Spohn draws creatures that are just like us - or not. Jenny uses glow-in-the-dark clay to craft a spooky-sweet charm for your backpack.					
17:00:00	P. Allen Smith's Garden Home Pay It Forward	APTEX	(S)	(CC)	N/A	#1403H
	Be inspired to pay it forward! From building homes for those in need, to inspiring children to garden, in this episode P. Allen Smith spotlights several groups and organizations that are doing their part giving back to the community.					
17:30:00	Growing A Greener World The Giving Garden: Ample Harvest Helps Share The Bounty (Milford, Nj)	APTEX	(S)	(CC)	N/A	#701H
	If you've ever grown a vegetable garden, you've probably had more of something than you could use at the end of the season. That was the basis for how AmpleHarvest.org was formed. Gary Oppenheimer saw that his community garden was producing far more than the gardeners could consume, or even give away to family and friends. So he decided to find a way to get that fresh produce in the hands of neighbors in need, and that simple idea grew into a national non-profit network. The premise was to make it possible for anyone to have access to- or donate- fresh produce, wherever they lived-all from garden surplus. Today, AmpleHarvest.org has been recognized by the White House as well as major companies and organizations for their important work. In this episode, founder Gary Oppenheimer will be introduced and learn how we can all share some of our "ample harvest" with our own neighbors in need.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15042H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1216H
	Traverse the golden plains and "purple mountains' majesty" as this special edition takes you to our favorite Heartland destinations. It's the scenic wonders that draw travelers back, and you'll discover people, places, and scenery we've found over the past twelve seasons.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8237
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1409H
20:00:00	Sun Studio Sessions Devon Allman (Encore)	NETA	(S)	(CC)	N/A	#812H
	Having a famous parent carries a lot of weight, but Devon Allman is busting out of his father Greg's shadow making his own mark on the blues rock scene. Indeed, his most recent record debuted at #1 on the Billboard Blues albums charts. In this encore episode, Devon performs several of his signature songs including "Turn off the World."					
20:30:00	Jammin at Hippie Jack's Outlaw Gospel	NETA	(S)	(CC)	N/A	#1005H
	This is a very special inside glimpse at Hippie Jack's. Sunday nights at our festival are dedicated to our family of performers. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.					
21:00:00	Infinity Hall Live Galactic	APTEX	(S)	(CC)	N/A	#502H
	The seminal New Orleans band draws inspiration from the cultural flavors of their city streets and their local orbit of southern soul, funk, blues, rock and brass band. From the band's traditional "second line" brass-infused show opener "Sugar Doosie" to the funky bass line and tumbling guitar on "Long Live the Borgne;" to the break in the funk for Paul Simon's "Fifty Ways" with guest Ryan Montbleau, the band showcases their 20-year musical evolution in an electrifying performance. Erica Falls is guest vocalist. With artist interviews.					

Daily Program Listing II

43.1

Date: 01/09/2018

02/01/2018 - 02/28/2018

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Tue, Feb 27, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Variety Studio: Actors On Actors Thandie Newton (Westworld) and Oprah Winfrey (The Immortal Life of Henrietta Lacks), Kevin Bacon (I Love Dick) and John Lithgow (The Crown), Sarah Jessica Parker (Divorce) and Michelle Pfeiffer (The Wizard of Lies), Freida Pinto (Guerrilla) with Milo Ventimiglia (This is Us), and Lauren Graham (Gilmore Girls) with Constance Zimmer (UnREAL).	NETA	(S)	(CC)	N/A	#601H
23:00:00	Cuba: A Lifetime of Passion With unprecedented access to Cubans on both sides of the Florida Straits, CUBA: A LIFETIME OF PASSION looks at the present-day reality of the Cuban Revolution and its uncertain post-Castro future, and the conflicts that have engulfed Cuba for the past six decades. The Cuban Revolution took place before many Cubans today were even born. But what is the legacy of this historic movement? What will happen to the government and to the island nation's citizens after the Castro brothers are no longer in power? Through a series of revealing sequences shot in Cuba and the United States, as well as interviews with individuals who fall on all sides of this issue: pro-Castro Communists and oppositionists in Cuba, U.S. Department of State personnel, academics, and Cubans "stranded in exile" in Miami, this thought-provoking documentary considers Cuba's past and future, and the legacy of a revolutionary regime that has been in power for 57 years.	APTEX	(S)	(CC)	N/A	#0H

Wed, Feb 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	America's Heartland Traverse the golden plains and "purple mountains' majesty" as this special edition takes you to our favorite Heartland destinations. It's the scenic wonders that draw travelers back, and you'll discover people, places, and scenery we've found over the past twelve seasons.	APTEx	(S)	(CC)	N/A	#1216H
00:30:00	Overheard with Evan Smith Jim Gaffigan, Comedian/Author Jim Gaffigan is a Grammy nominated comedian, actor, writer, producer and two-time New York Times best-selling author. He is currently on his Noble Ape international arena and theater comedy tour. This year he premiered his fifth one hour stand up special, Cinco, on Netflix. His latest film is titled Chappaquiddick.	NETA	(S)	(CC)	N/A	#808H
01:00:00	Sun Studio Sessions Devon Allman (Encore) Having a famous parent carries a lot of weight, but Devon Allman is busting out of his father Greg's shadow making his own mark on the blues rock scene. Indeed, his most recent record debuted at #1 on the Billboard Blues albums charts. In this encore episode, Devon performs several of his signature songs including "Turn off the World."	NETA	(S)	(CC)	N/A	#812H
01:30:00	Jammin at Hippie Jack's Outlaw Gospel This is a very special inside glimpse at Hippie Jack's. Sunday nights at our festival are dedicated to our family of performers. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.	NETA	(S)	(CC)	N/A	#1005H
02:00:00	Infinity Hall Live Galactic The seminal New Orleans band draws inspiration from the cultural flavors of their city streets and their local orbit of southern soul, funk, blues, rock and brass band. From the band's traditional "second line" brass-infused show opener "Sugar Doosie" to the funky bass line and tumbling guitar on "Long Live the Borgne;" to the break in the funk for Paul Simon's "Fifty Ways" with guest Ryan Montbleau, the band showcases their 20-year musical evolution in an electrifying performance. Erica Falls is guest vocalist. With artist interviews.	APTEx	(S)	(CC)	N/A	#502H
03:00:00	Variety Studio: Actors On Actors Thandie Newton (Westworld) and Oprah Winfrey (The Immortal Life of Henrietta Lacks), Kevin Bacon (I Love Dick) and John Lithgow (The Crown), Sarah Jessica Parker (Divorce) and Michelle Pfeiffer (The Wizard of Lies), Freida Pinto (Guerrilla) with Milo Ventimiglia (This is Us), and Lauren Graham (Gilmore Girls) with Constance Zimmer (UnREAL).	NETA	(S)	(CC)	N/A	#601H
04:00:00	Cuba: A Lifetime of Passion With unprecedented access to Cubans on both sides of the Florida Straits, CUBA: A LIFETIME OF PASSION looks at the present-day reality of the Cuban Revolution and its uncertain post-Castro future, and the conflicts that have engulfed Cuba for the past six decades. The Cuban Revolution took place before many Cubans today were even born. But what is the legacy of this historic movement? What will happen to the government and to the island nation's citizens after the Castro brothers are no longer in power? Through a series of revealing sequences shot in Cuba and the United States, as well as interviews with individuals who fall on all sides of this issue: pro-Castro Communists and oppositionists in Cuba, U.S. Department of State personnel, academics, and Cubans "stranded in exile" in Miami, this thought-provoking documentary considers Cuba's past and future, and the legacy of a revolutionary regime that has been in power for 57 years.	APTEx	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#523
08:00:00	Zula Patrol If It Looks Like A Plant/Splitsville When Deliria shapeshifts into a sickly looking plant to avoid a citation, Wizzy and Wigg take "the plant" to Headquarters to take care of it. To better understand their new responsibility, the older Zpers teach the youngsters the qualities of living things (and the difference between a plant and an animal). Wizzy and Wigg decide to study "the plant", to figure out how a plant makes its food. However Deliria isn't a plant, so she doesn't respond like the others. It isn't long before the curious duo deduce that their "plant" is really an animal. The Zula Patrol returns to Itty-Bitty City to settle a crisis when Mayor Paula Paramecium splits in two and neither twin is willing to relinquish office.	APTEx	(S)	(CC)	N/A	#213H
08:30:00	1001 Nights The Boy Who Cried Science/Prince Ahmad "The Boy Who Cried Science" - A young boy is forced to deal with ignorance and fear when superstition takes over his town. "Prince Ahmad" - A young prince is commanded to lead his country into battle and learns what it takes to be a great king.	NETA	(S)	(CC)	DVI	#109H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H

Wed, Feb 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Your Hamstrings	APTEX	(S)	(CC)	DVI	#925H
10:00:00	Sit and Be Fit Variety: The Spice of Life Mary Ann uses a variety of exercises and exercise accessories to help you feel and function better.	NETA	(S)	(CC)	N/A	#1503H
10:30:00	It's Sew Easy Day and Evening Create garments and accessories that transform everyday wear into eveningwear. Designer Angela Wolf sews a versatile knit skirt to mix, match and accessorize. Pattern expert Deepika Prakash makes a simple swing dress in lush velvet for a special evening look.	NETA	(S)	(CC)	N/A	#1301H
11:00:00	Knit and Crochet Now Hunky Dory Hats Top things off with a hunky dory hat. Knit a colorful beret with Meredith Crawford using a feather and fan stitch pattern. Melissa Leapman shows a double knitting technique and interesting color work in the technique corner. Jenny King crochets a stylish beret with a charming flower.	NETA	(S)	(CC)	N/A	#810H
11:30:00	Fons & Porter's Love of Quilting Diagonally Set Log Cabin Quilts Alongside host Sara Gallegos, Marianne Fons shares two quilts, Town Square and Concentric Circles. Both feature a diagonally set log cabin design, but the difference between the two could not be more dramatic.	NETA	(S)	(CC)	N/A	#3001H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7153H
13:00:00	Lidia's Kitchen Italian American Favorites Italian American food: Is it Italian, American or a piece of Americana with Italian roots? Today Lidia pays homage to the cooking of Italian American immigrants. Recipes include: caesar salad; a luscious baked eggplant stuffed with meat and vegetables; and finally stuffed mushrooms, a true crowd pleaser.	APTEX	(S)	(CC)	N/A	#410H
13:30:00	Taste The Islands with Chef Irie Pineapple Expressed Chef Thia and chef Irie prepare a menu with pineapple as the star in each dish. Starting with fresh made pineapple salsa, pineapple glazed pork with a mango and jicama salad, pineapple marmalade chicken skewers and finished with a new version of pineapple ginger cocktail. Co-host Lisa Lee chats with the reigning queen of soca music Alison Hinds.	APTEX	(S)	(CC)	N/A	#208H
14:00:00	Simply Ming Arctic Char with Fanney Dora Sigurjonsdottir, Vodka Cocktail Ming's third visit in Iceland is to chef Fanney Dora Sigurjonsdottir who is head chef at Skall, an experimental bar and restaurant in Reykjavik's Hlemmur Food Hall. Ming meets chef Sigursjonsdottir at the Reyka vodka distillery, where they learn about the volcanic rock-purified water that goes into making their special liquor and get inspired for making cocktails back at the bar. Then, they gather up produce at Hlemmur Food Hall together and prepare Arctic char, one of the northernmost fish species with beautiful depth of flavor. Chef Sigurjonsdottir prepares a cured Arctic char tartar with grilled bread. Then, Ming prepares a tea-smoked five peppercorn Arctic char with root vegetable risotto.	APTEX	(S)	(CC)	N/A	#1521H
14:30:00	Cook's Country The Italian-American Kitchen Test cook Ashley Moore shows Bridget Lancaster how to make the ultimate sausage ragu. Tasting expert Jack Bishop challenges Bridget to a tasting of fettuccine. Test cook Bryan Roof shows Julia Collin Davison the secrets to making a regional specialty for fluffy baked polenta with red sauce at home.	APTEX	(S)	(CC)	N/A	#1013H
15:00:00	Beads, Baubles and Jewels Creating Texture Add texture to a simple design to create extra style. Jewelry-maker Samantha Skelton enamels a pendant, then uses a pencil to add motifs and texture to the design. In Katie's Beading Lesson, designer Candie Cooper joins Katie Hacker to macrame a colorful rainbow bracelet for teens and tweens.	NETA	(S)	(CC)	N/A	#2401H
15:30:00	Make It Artsy Books Books are not just for reading! Tool expert Joe Rotella cuts a niche in a book to create a planter. Craft metal book hinges with designer Mary Hetmansperger and Mou Saha makes vintage books into colorful art journals. Host Julie Fei Fan Balzer has a tip for creating a charming little book necklace.	NETA	(S)	(CC)	N/A	#101H

Wed, Feb 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ My First Credit Card	APTEX	(S)	(CC)	N/A	#603H
	Your first credit card -- manage it right and it could lead to a world of possibilities. Get it wrong and it will mean years of regret. Biz Kid\$ demystifies the process of getting a credit card, how to use it correctly, and explains terms like credit score and APR. Hear from kids who used credit to their advantage, and a few who wished they had.					
16:30:00	Hands On Crafts for Kids Bloom	NETA	(S)	(CC)	DVI	#1905H
	Flowers make us happy. By mixing bright colors, Jenny Barnett-Rohrs makes a fun floral banner. Candie Cooper makes flowerpots that help you count and add. Artist Franz Spohn draws tulips and daisies in different perspectives. Jenny creates a nightlight inspired by coral that grows in the sea.					
17:00:00	P. Allen Smith's Garden Home The Future	APTEX	(S)	(CC)	N/A	#1404H
	A look at the latest in garden and design innovations and how to incorporate them into your home and outdoor spaces.					
17:30:00	Growing A Greener World Regenerating Detroit Through Urban Gardening (Detroit, Mi)	APTEX	(S)	(CC)	N/A	#702H
	Once America's most productive manufacturing city, Detroit's landscape took a turn for the worse in the mid-1960s. But in recent years, green-minded citizens began to reclaim their city with community gardens and urban farms providing two of the fastest roads to recovery. Today, over 1,300 such plots have sprouted throughout Detroit. They're providing an emotional boost to citizens, food for the hungry and instant beauty to areas while lifting spirits, enthusiasm and economic recovery for a better tomorrow.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#15043H
18:30:00	Great Decisions In Foreign Policy Russia's Foreign Policy	NETA	(S)	(CC)	N/A	#902H
	To his detractors, Putin is an autocrat, crushing any threat to his power, while renewing Soviet-style expansionism. To supporters, Putin represents Russia's redemption as a global superpower - and an alternative to the liberal democracy espoused by the West. Great Decisions explores what drives Putin's Foreign Policy.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8238
19:30:00	In Good Shape - The Health Show	WNVC	(S)	(CC)	N/A	#508H
20:00:00	The Lowertown Line. Bruise Violet	APTEX	(S)	(CC)	N/A	#124H
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#110H
	Artists: Tim Easton, Talisha Holmes, Nathan Bell, Mark Brinkman, and hosted by songwriter Eric Gnezda. Tim Easton was nominated twice in the 9th Annual Independent Music Awards, including for Best Americana Song. Originally from Akron, he is now based in Nashville. He tours worldwide. He recently re-released his first album, Special 20, on vinyl. He sings "Elmore James." Talisha Holmes is known for her intimacy and energy as a performer. She has opened for Dwele, John Legend, Styx, Stephanie Mills, Ohio Players and others. With an eclectic style fusing jazz, blues, folk, rock and choral music, Talisha performs regularly with the Columbus Jazz Orchestra. She sings "Follow Me." Nathan Bell composed the music for The Day After Stonewall Died, a movie that was awarded first prize at the 2014 Cannes Short Film Festival. Son of famed poet-laureate of Iowa, Marvin Bell, Nathan learned to write lyrics by reading Jack London, William Carlos Williams and Frank Herbert. He sings "Names." Mark "Brink" Brinkman is one of the most successful bluegrass songwriters in the world. He was a double nominee for 2014 International Bluegrass Music Association awards. With more than 130 songs recorded by artists of many genres, he's an elite songwriter, and a consummate storyteller. He sings, "Broken-In Friends and Worn-Out Shoes."					
21:00:00	Live from the Artists Den Panic! at the Disco	APTEX	(S)	(CC)	N/A	#1101H
	Downtown Los Angeles' historic Mayan Theater provided a spectacular backdrop for Panic! At the Disco's taping of Live from the Artists Den. The LA-based band, led by frontman Brendon Urie, offered a boisterous performance highlighting material from their critically acclaimed new album Death of a Bachelor, which was released on January 15th via DCD2/Fueled By Ramen and debuted at No. 1 on the Billboard 200 Chart. Urie and crew revisited favorites like "Time To Dance" and "Nine In The Afternoon," as well as new tracks like "Victorious" and "Hallelujah." Five hundred of the band's fans filled the ornate theater, which was originally built in 1927, and lent their voices to the night's closing song and fan favorite, "I Write Sins Not Tragedies."					

Wed, Feb 28, 2018

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Raising Ms. President Women make up more than half of the American population and workforce. Yet, the United States only ranks 97th out of 190 countries when it comes to the number of women in elected office. According to research conducted by Jennifer Lawless, director of the Women & Politics Institute, and Richard Fox, political science department chair at Loyola Marymount University, women are less likely than men to run for office, and often consider themselves under-qualified to serve, despite their success in business and education. In the documentary RAISING MS. PRESIDENT, filmmaker Kiley Lane explores why more women don't run for office. Through interviews with elected officials, scholars, high school students and leaders of two non-profits dedicated to raising the next generation of female leaders, the program investigates where political ambition begins and why society should encourage more women to lead. Interviewees include Anne Moses, founder of IGNITE; Senator Lisa Murkowski, Republican of Alaska; Tiffany Dufu, former president of the White House Project; Melissa Deckman, professor of public affairs at Washington College; Susannah W. Shakow, founder of Running Start; Emiliana Simon-Thomas, cognitive, affective and behavioral neuroscientist at UC Berkeley; and Amanda Adkins, GOP state chair, Kansas; among others.	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Afropop: The Ultimate Cultural Exchange Between Two Shores This moving documentary tells the story of two mothers' struggles through the immigration bureaucracy of two countries to unite their children born on two different islands, Guadeloupe and the Dominican Republic.	APTEX	(S)	(CC)	DVI	#1003H