

Sun, Oct 01, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Is Consciousness Ultimate Reality? Some say that consciousness is the only true reality-that everything else, including the universe, comes from consciousness. If so, how would consciousness relate to the world?	EPS	(S)	(CC)	N/A	#1513H
00:30:00	American Forum Watergate Redux? New York Times' MATTHEW ROSENBERG and Politico's VERA BERGENGRUEN on the new age of White House investigative reporting and the Trump scandals.	NETA	(S)	(CC)	N/A	#303H
01:00:00	Infinity Hall Live Wilson Phillips Wilson Phillips, one of the biggest selling all-female groups in music history hits the Infinity Hall stage for an unforgettable night of nostalgia and chart-topping songs. The group, made up of Chynna Phillips, Wendy Wilson and Carnie Wilson, first reached the top of the Billboard charts in 1991 and have seen a resurgence in the past year with their appearance in the hit film Bridesmaids and their new reality series, Wilson Phillips: Still Holding On. Another reason for their return to center stage? They have a hit record! Their new CD, Dedicated, - which has topped the Amazon contemporary pop vocal charts - is a tribute to the music of their iconic parents; Chynna is the daughter of Michelle and John Phillips of the Mamas and the Papas and Wendy and Carnie are the daughters of the Beach Boys' Brian Wilson. Displaying the same tight, lush harmonies their parents were known for in their music, Wilson Phillips gives these beloved songs a new appeal in this intimate concert sure to pull on the heartstrings of multiple generations. The group opens the INFINITY HALL LIVE concert with their #1 chart-topping ballad "Release Me," much to the delight of the crowd, but soon they kick off their high heels and get comfortable singing the nostalgic harmony-rich songs of their extended musical families. From the Mamas and the Papas repertoire, Wilson Phillips performs "12:30", "Monday, Monday" and the song that inspired the Dedicated CD, "California Dreamin'". Carnie Wilson explained, "Last year we were at a private party and decided just for the party to sing 'California Dreamin'". After we sang that together, our manager asked 'What do you think about doing a cover album of the Mamas and the Papas and the Beach Boys?' I said 'When do we start?'" Fans of the Beach Boys won't be disappointed either as the group covers some of their most best-loved songs. From "God Only Knows" and "In My Room" to "Wouldn't it Be Nice," Wilson Phillips' performance of these tunes full of intricate, gorgeous harmonies gives them a fresh new tenderness. And it's a true family affair with Carnie's husband Rob Bonfiglio on guitar and Matt Jardine, the son of Beach Boys founding member Al Jardine, singing back-up vocals. Though the ladies of Wilson Phillips have grown up, married and now have nine children between them, they can still bring the house down with their most iconic hit song "Hold On," which serves as their INFINITY HALL LIVE finale.	APTEX	(S)	(CC)	N/A	#102H
02:00:00	Front and Center Steve Vai Legendary guitarist Steve Vai takes to the stage in the smallest room that he has performed in in years. Voted the 10th Greatest Guitarist by Guitar World magazine, Vai treats fans to selections throughout his three decade long career. Vai began his career as a transcriptionist for Frank Zappa in 1978 before joining his band from 1980-1983. As an independent guitarist he has won three Grammy Awards and has produced eight studio albums, two EPs, two special albums, eight live albums, twelve soundtracks, twenty compilation albums, and six DVD releases. Vai's solo sophomore release, Passion and Warfare, has earned gold certification in the US.	APTEX	(S)	(CC)	N/A	#705H
03:00:00	Globe Trekker Tough Trains: India's Independence Railroads In this episode of Tough Trains, Zay Harding takes on an epic journey across one of the world's biggest railway networks. These railways were built during the 19th century by the British to move troops and raw materials across the land, and ultimately played a role in the independence of the country a century later. The railway tracks are some of the oldest and longest you'll find anywhere in the world, and train travel doesn't get any tougher than this in a country with a population of over 1.2 billion. Indian Railways operations cover 29 states and seven union territories. It's now the world's fourth largest railway network, comprising 71,000 miles of track over a route of 40,000 miles.	APTEX	(S)	(CC)	N/A	#1623H
04:00:00	Arts In Context A Light in the Dark Produced locally and created by hand, Gail Chovan's rich, textural clothing challenges notions of traditional beauty. She examines the transformative properties of textiles and the relationship between the garment and the individual. Influenced more by her European-taught design aesthetic, Chovan stands alone in the Austin fashion world with her evocative, intriguing pieces. Photographer Denise Prince portrays the haunting stories of subjects brutal physical pasts. Her irony of high fashion on disabled models lets the audience wonder: what is body image?	NETA		(CC)	N/A	#601H
04:30:00	Articulate with Jim Cotter The Charming Incongruities of Kevin Barnes Kevin Barnes is the founder and leader of the indie rock band Of Montreal. After 20 years and 14 albums, he's still as much an enigma to those close to him as he is to his fans. Pictures of You - Long before selfies, portraits were a way for those who could afford it, to help shape their public image. Wale Oyejide - Recognized as one of America's best-dressed men, designer, attorney and afrobeat musician Wale Oyejide is on a mission to help all men unleash their inner fashionisto.	APTEX	(S)	(CC)	N/A	#105H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#373

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Gary Spetz's Watercolor Quest Mexican Riviera	APTEX	(S)	(CC)	N/A	#112H
	Host-Artist, Gary Spetz, sails aboard a cruise ship to explore, photograph and paint west-coast Mexico-from the quaint seaside village of Yelapa to the colorful "old town section" of Mazatlan. In this episode, he explains, along the way, what he looks for, in composing a scene and how he approaches various paintings.					
08:30:00	Paint This with Jerry Yarnell Hawaii's Finest Hour, Part 2	NETA	(S)	(CC)	N/A	#2306H
	In this session, Jerry first shows how to make the sunset much brighter. Then shows how to paint in the sunglow and sunrays. Then finishes the clouds and adds the silver linings. Then he shows how to add the shadowed areas of the water. Now he shows how to paint in the sun highlights of the water. He then finishes by showing how to apply the next layer of value on the sand.					
09:00:00	Wyland's Art Studio Na Pali Coast	APTEX		(CC)	N/A	#507H
	Landscapes offer artists excellent opportunities to refine and hone their ability to create a visual sense of depth through brushstrokes, colors, and composition. Mastering this skill, however, takes extensive practice and patience. Wyland showcases this technique by painting Hawaii's famed Na Pali Coast. Depth can be established by overlapping elements to force some elements forward or backward in the scene. Other techniques include using fewer details, texture and definition when painting objects in the mid-ground and background of the landscape. As elements recede in the distance, artists may paint them at a much smaller scale than objects in the foreground. Another hint is to use warmer, darker colors to bring elements forward in the foreground, with cooler colors farther into the background. Artist's tip: It should be noted that a full range of colors might be unneeded. Using three or even only two colors can make a coherent image with an exceptional sense of depth.					
09:30:00	Classical Stretch: By Essentrics Arm Toning Workout	APTEX	(S)	(CC)	DVI	#1121H
	In this episode of Classical Stretch, join Miranda Esmonde-White at a quaint chapel terrace in the beautiful Riviera Maya. Miranda will take your through easy-to-follow arm toning exercises to increase your overall strength and flexibility in this all-standing workout.					
10:00:00	Sit and Be Fit Exercise Is Fun	NETA	(S)	(CC)	N/A	#1203H
	Mary Ann focuses on fun and functional exercises set to some of her favorite music.					
10:30:00	Power Yoga: Mind and Body Flow - Version Two	APTEX	(S)	(CC)	N/A	#114
	With Warrior I & II, Vinyasa to Down Dog, and Toe grasp with Padangusthasana.					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#326H
11:30:00	New Orleans Cooking with Kevin Belton French Beginnings	APTEX	(S)	(CC)	N/A	#118H
	Daube, spaghetti bordelaise, lemon creme brulee.					
12:00:00	Ciao Italia Cooking at the Barilla Academy/Cucinando All'academia Barilla	NETA	(S)	(CC)	N/A	#2424H
	Mary Ann travels to Parma, Italy, where she teaches her students at Barilla Cooking Academy, beginning with Veal Cutlets Stuffed with Artichokes. Then the students go off to prepare the rest of their memorable meal; Green Lasagne Bolognese with Ragù Sauce, Stuffed, Oven-baked Zucchini, and for dessert? Don't be frightened, it's Almond Snake Cake.					
12:30:00	Mike Colameco's Real Food Linton Street	NETA	(S)	(CC)	N/A	#1406H
	The LES is on a roll and nowhere is this more obvious than the frenetic food scene on Clinton St. We'll tour Sushi Ko, Seoul Wings, Ivan ramen, the Black Crescent bar, Azasu Izakaya and Thelma on Clinton.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Celebrating India	APTEX	(S)	(CC)	DVI	#206H
	The Festival of Lights leads up to some major Indian dance in NYC: classical Bharatanatyam, Basement Bhangra with DJ Rekha, & South St. Seaport's annual celebration.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:30:00	Family Travel with Colleen Kelly Tampa Bay, Florida - Cuban Cuisine and Swimming with Sharks This time around, Colleen and her girls head to Tampa Bay, Florida for some family fun in the sun. They get a taste of Tampa's Cuban cuisine and explore some of the local Cuban history. Seeking a few thrills, they also visit the famous Busch Gardens Theme Park, check out the haunted Tampa Theater, and even swim with sharks at the Florida Aquarium.	APTEX		(CC)	N/A	#406H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#326H
14:30:00	Destination Craft with Jim West Canada Jim West travels to Vancouver, Canada where master artisans teach totem pole carving, painting on canvas, traditional soapstone carving, and how to prepare the perfect Canadian salmon with a master chef. Jim creates a traditional native Indian drum, crafts the perfect maple syrup candy, and is tattooed for the first time.	APTEX	(S)	(CC)	N/A	#109H
15:00:00	American Woodshop Ottoman Storage Stool with Reversal Top Ottoman Storage Stool with Reversal Top.	NETA	(S)	(CC)	N/A	#2412H
15:30:00	Rough Cut - Woodworking with Tommy Mac Interior Stairs, Wall Frame, Pop Up Side Walls This week on Rough Cut Woodworking with Tommy Mac, it's all about the interior of the shop - from the stairs, to the wall frame holding up the roof. To help him with the layout and construction of the stairs, Tommy brings on old friend Gordon Arthur to break down what seems like a complicated project into a few simple steps.	APTEX	(S)	(CC)	N/A	#705H
16:00:00	Foundations of Yoga with Tara Lee Earth Grounding Sequence Earth Grounding Sequence is a flowing sequence that will help you ground and revitalize yourself.	EPS	(S)	(CC)	N/A	#102H
16:30:00	Second Opinion Sudden Cardiac Arrest In Young Athletes Patient Story: Sudden cardiac arrest is usually caused by an electrical disturbance in the heart, and leads to a sudden loss of heart function, breathing and consciousness. Nine out of 10 people who experience sudden cardiac arrest, die from it. Fortunately, star basketball player Mike Papale survived because of the quick reaction of an EMT, who immediately initiated CPR and the chain of survival. Mike and his Mom, Joan, share their story of survival and living through the aftermath of sudden cardiac arrest in young athletes. Second Opinion 5: Five things to know about sudden cardiac arrest.	APTEX	(S)	(CC)	N/A	#1207H
17:00:00	Natural Health Breakthroughs with Brenda Watson Toxicity How toxic chemicals are causing genetic changes that lead to obesity - Bruce Blumberg, PhD: Professor, Developmental & Cell Biology, UC Irvine. The total toxic load on our bodies is causing multiple chronic health problems - William Rea, MD: Founder and medical director, Environmental Health Center- Dallas. Environmental toxins, especially molds, are a huge source of misunderstood illnesses - Ritchie Shoemaker, MD: retired physician, author of Surviving Mold. Personal story - Torre Dean: how she went from being an active, healthy college student to being chronically ill, and how Dr. Rea's treatment protocols brought her back to good health.	EPS	(S)	(CC)	N/A	#105H
17:30:00	Well Read Dava Sobel, The Glass Universe From The New York Times best-selling author Dava Sobel comes The Glass Universe. This week on Well Read, Sobel shares the hidden history of the women whose contributions to the burgeoning field of astronomy forever changed our understanding of the stars and our place in the universe.	APTEX	(S)	(CC)	N/A	#613H
18:00:00	California's Gold Vernal Pools For years Huell has been getting letters telling him he should do a show about vernal pools. Well, now he has. Just a short drive from Sacramento on an old military base, Huell meets up with a couple of experts and a bunch of school kids all eager to explore the flora and fauna that live in and around these wonderful, natural pools. As they go from pool to pool, Huell learns that even if they are only a few acres apart, they can be totally different worlds. Now, after all these years of wondering what these pools were, and saying, "I don't even know what they look like," Huell finally does. And as always, you're invited to join him as he finds out.	KCET		(CC)	N/A	#3008

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:30:00	Curious Traveler Curious Bordeaux	APTEX	(S)	(CC)	N/A	#209H
	Who got hitched at Bordeaux Cathedral and why was it such an important moment in history? Did Parisian architecture actually come from Bordeaux? Why is Bordeaux so synonymous with wine? What was the Place de la Bourse hiding? What do all these sculptures mean at Place des Quinconces? Why were two ancient gates spared?					
19:00:00	Blackademics Television Venson / Foster	KNME	(S)	(CC)	N/A	#506H
	A young musician explores her musical journey from classical piano to blues guitar, and how passion and purpose are synonymous. An educational anthropologist discusses the concepts of Blackness and Whiteness. Talks by Jackie Venson and Kevin Michael Foster.					
19:30:00	The Kamla Show Special Michael Price	KAMLA	(S)	(CC)	N/A	#124H
	Michael Price is chief technology officer at Seismic Warning Systems in Silicon Valley. Kamla talks to Michael about the earthquake warning systems that the company has developed and how it works. Prior to this Michael worked in different companies including Pixar, where he was head of engineering. What was it like to work with Steve Jobs? Tune in to find out.					
20:00:00	Black America Eliminating Inequality In America with Darren Walker	EPS	(S)	(CC)	N/A	#101H
	On this episode of Black America, we will discuss eliminating inequality in America with Ford Foundation President, Darren Walker. Join us and find out why Darren Walker has become the person to watch in solving America's problems.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#201H
	An overview of the New York area's Asian Americans. It will feature a roundtable discussion with several prominent members of the community: Sayu Bhojwani, New American Leaders Project; Larry Lee, Asian Women's Center, Vanessa Leung, Coalition for Asian American Children and Families and Kyung Yoon, Korean American Community Foundation. We profile the oldest Asian immigrant enclave in the country, Manhattan's Chinatown, which will include a visit to the Museum of Chinese in America.					
21:00:00	Oregon's Animation Magic	NETA	(S)	(CC)	N/A	#0H
	At just about any moment of any day in Oregon, someone is making animation. The state is home to renowned commercial production houses, award-winning individual artists, and a major animated feature film production studio. This new, half-hour animation special showcases and celebrates the work of animators from around the state, taking viewers behind the scenes of the process and the finished pieces. Featured artists include: Will Vinton, Will Vinton Studios; Joan Gratz, famous for her groundbreaking technique of animated clay painting; Animator Jerold Howard, stop-motion animation; Rose Bond, famous in Portland's independent animation scene; LAIKA President & CEO Travis Knight, behind the scenes of Kubo & the Two Strings These animators discuss their love of the craft, the magic of bringing inanimate objects to life, and being a part of Oregon's unique community of animators.					
21:30:00	American Con	NETA	(S)	(CC)	N/A	#101H
	Billions of dollars are lost by American investors each year through Financial Fraud. American Con uses dramatic story to describe an investment scam and what happens to the victims when they lose everything. Starring Rex Linn (Nashville, Better Call Saul and HBO's The Brink) as Ray Henley - a Department of Justice administrator with the Financial Fraud Division. In "The Meeting" tells the story of a Ponzi scheme that bilked nearly \$6 Million dollars from investors in several states. Taken from actual financial fraud cases from across the country, American Con will tell the story of a different scam, and its disastrous effects on the victims in each episode.					
22:00:00	The Crowd & The Cloud Citizens4earth	APTEX	(S)	(CC)	DVI	#104H
	Counting birds for more than 100 years generates data on a changing climate and there's an app for that: eBird. Surfer science using smart tech tracks ocean acidification and coastal temperatures in the Smartfin project, a recent startup. We spend "A Year in the Life of Citizen Science" including a Thanksgiving Monarch Butterfly Watch in California. Seasonal change is tracked by Latina and Native American teens in springtime in Albuquerque, New Mexico, and horseshoe crabs are surveyed in summer by retirees along mid-Atlantic coasts. In Uganda, World Bank economists and local partners generate data for sustainable development. The far-ranging potential of "Citizen Science in the Digital Age."					
23:00:00	Invitation to World Literature Candide	APTEX	(S)	(CC)	DVI	#109H
	A satirical novel following the travails of Candide, a hopeless optimist whose faith in his tutor's mantra that his is "the best of all possible worlds" is tested beyond all limits. Voltaire's challenge to the aristocracy of his day proves refreshingly amusing and biting today. Original illustrations, songs, and comic book figures plumb the depths of this satire. Featured speakers include director Harold Ramis, actress Kristen Chenoweth, and cartoonist Chris Ware.					

Daily Program Listing II
43.1

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Invitation to World Literature Things Fall Apart	APTEX	(S)	(CC)	DVI	#110H

In this foundational modern African novel, Chinua Achebe's story follows the lives of people trying to understand which belief systems deserve their loyalty. The protagonist, Okonkwo is a tribal leader who battles neighboring villages, the English, and his own demons in early colonial Nigeria. The perspectives of readers from around the world reveal the novel's universal themes. Cast members include playwright and professor Tess Onwueme and theater director Chuck Mike.

Mon, Oct 02, 2017

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00:30:00	The Kamla Show Special Michael Price	KAMLA	(S)	(CC)	N/A	#124H
	Michael Price is chief technology officer at Seismic Warning Systems in Silicon Valley. Kamla talks to Michael about the earthquake warning systems that the company has developed and how it works. Prior to this Michael worked in different companies including Pixar, where he was head of engineering. What was it like to work with Steve Jobs? Tune in to find out.					
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02:00:00	Oregon's Animation Magic	NETA	(S)	(CC)	N/A	#0H
	At just about any moment of any day in Oregon, someone is making animation. The state is home to renowned commercial production houses, award-winning individual artists, and a major animated feature film production studio. This new, half-hour animation special showcases and celebrates the work of animators from around the state, taking viewers behind the scenes of the process and the finished pieces. Featured artists include: Will Vinton, Will Vinton Studios; Joan Gratz, famous for her groundbreaking technique of animated clay painting; Animator Jerold Howard, stop-motion animation; Rose Bond, famous in Portland's independent animation scene; LAIKA President & CEO Travis Knight, behind the scenes of Kubo & the Two Strings These animators discuss their love of the craft, the magic of bringing inanimate objects to life, and being a part of Oregon's unique community of animators.					
02:30:00	American Con	NETA	(S)	(CC)	N/A	#101H
	Billions of dollars are lost by American investors each year though Financial Fraud. American Con uses dramatic story to describe an investment scam and what happens to the victims when they lose everything. Starring Rex Linn (Nashville, Better Call Saul and HBO's The Brink) as Ray Henley - a Department of Justice administrator with the Financial Fraud Division. In "The Meeting" tells the story of a Ponzi scheme that bilked nearly \$6 Million dollars from investors in several states. Taken from actual financial fraud cases form across the country, American Con will tell the story of a different scam, and its disastrous effects on the victims in each episode.					
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08:00:00	Ruby's Studio The Siblings Show	APTEX	(S)	(CC)	N/A	#104H
	"Ruby's Studio: The Siblings Show" is an engaging way to help young siblings reduce rivalry, boost harmony, and celebrate family. Curriculum written in consultation with child development experts, Dr. Joshua Sparrow and Dr. Laura Markham.					
08:30:00	1001 Nights Give Until It Hurts/Ali Baba & The 40 Thieves	NETA	(S)	(CC)	DVI	#106H
	"Give Until It Hurts" - A poor man inherits a large sum of money and is surprised to see all the new friends he suddenly has. In the end, he learns what true friendship means. "Ali Baba & The 40 Thieves" - Ali Baba's town is robbed by the famed forty thieves. When he follows their trail, Ali finds their hidden cave filled with stolen treasure. He takes it back, but he incurs the wrath of their leader, Tabnak the Terrible.					
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 1	ACCES	(S)	(CC)	N/A	#301H
09:30:00	Classical Stretch: By Essentrics Spine Strengthening Workout	APTEX	(S)	(CC)	DVI	#1122H
	In this episode of Classical Stretch, join Miranda Esmonde-White at a gorgeous, Zen spa pool in Mexico. Work on strengthening your entire spine and core with a variety of dynamic standing and floor exercises.					
10:00:00	Sit and Be Fit Strength Coordination	NETA	(S)	(CC)	N/A	#1204H
	This episode features a potpourri of movements to enhance strength and coordination.					
10:30:00	Sewing with Nancy Fashion Sewing: Plain to Fabulous, Part 2	NETA	(S)	(CC)	N/A	#3024H
	Join Nancy and wearable art specialist Lorraine Torrance as they share how to combine fabrics that are not usually used together to change a plain fashion to fabulous. Silk organza, charmeuse, denim and velveteen can all play well together in a jacket you create, once you learn the sewing savvy tips and techniques. Be inspired to personalize your fashion sewing.					
11:00:00	Knit and Crochet Now! Shaped Cardigans	APTEX	(S)	(CC)	DVI	#708H
	Today we are making cardigans, a versatile staple for any wardrobe. Deborah Norville is joined by Kristin Nicholas with the Cosima Cardigan, that features a lace panel front that also creates a cable. Then on to Robyn Chachula who is showing how to make the textured crochet Twyla Cardigan. The stitch of the week is a new take on Shetland Lace by Rohn Strong.					
11:30:00	Fons & Porter's Love of Quilting Cabins at the Lake	NETA	(S)	(CC)	N/A	#2507H
	The Cabins at the Lake quilt utilizes simple piecing techniques and an introduction to foundation paper piecing.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7046H
13:00:00	America's Test Kitchen from Cook's Illustrated Seafood Supper	APTEX	(S)	(CC)	N/A	#1706H
	Host Julia Collin Davison reveals the steps for making perfect pan-seared salmon. Next, tasting expert Jack Bishop challenges host Bridget Lancaster to a tasting of fish sauce. Then, science expert Dan Souza demonstrates the differences between wild and farmed salmon. Finally, test cook Elle Simone shows Julia the secrets to making the ultimate shrimp scampi.					
13:30:00	Pati's Mexican Table Baked!	APTEX	(S)	(CC)	N/A	#412H
	Mexican cuisine is chock-full of grilled, roasted, fried and frozen recipes, but for those looking to expand their repertoire with some baked recipes, this episode is for you! Today, Pati's Mexican Table becomes Pati's Mexican Bakery with a variety of simple recipes - all of which bake right in the oven. Recipe 1: Baked Egg Casserole; Recipe 2: Salsa Ranchera; Recipe 3: Dulce de Leche (Cajeta) and Pecan Cinnamon Rolls; Recipe 4: Baked Fruit Mixiote.					

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14:00:00	Kitchen Wisdom of Cecilia Chiang The Best Chinese Restaurant In America When Cecilia first opened the Mandarin in 1960, business was slow-a bit like the scene from the movie "Big Night" where nobody shows up. But then Herb Caen, front page gossip columnist for the San Francisco Chronicle, wrote about the Mandarin and from that moment on, there were lines out the door. In 1967, Cecilia moved to the recently renovated Ghirardelli Square, where she opened an elegant, temple-like restaurant with 300 seats and white tablecloths. It was called the "best Chinese restaurant in America." The Mandarin attracted the icons of the food world and later, at the urging of actor and comedian Danny Kaye, Cecilia opened another Mandarin in Beverly Hills where she became star to the stars. In this episode, Cecilia teams up with Nancy Oakes, chef/owner of Boulevard, a belle epoque eatery that for the past 20 years has been voted San Francisco's favorite restaurant. Cecilia teaches Nancy and her chef Dana Youkins how to make "minced squab in lettuce cups," a dish Cecilia created that became one of the signature dishes at the Mandarin.	APTEX	(S)	(CC)	DVI	#103H
14:30:00	On The Road with Vic Rallo: Italy! Calabria Vic explores local history at the Librandi Winery and museum and gets hands on experience at the Fattoria della Piana, milking a cow at the cooperative cheese factory that also produces energy. Recipes include bistecca tagliata and a delicious pulpo salad made with octopus caught just a few miles from the kitchen.	APTEX	(S)	(CC)	N/A	#101H
15:00:00	Beads, Baubles and Jewels One of a Kind Express your unique designs by starting at the very beginning. Writer and artist Andrew Thornton begins styling colorful resin jewelry by creating his own silicone molds. Katie Hacker makes stylish bracelets for men in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2409H
15:30:00	Make It Artsy Folk Art Folk art is the essence of a culture. Painter and maker Mystele Kirkeeng paints abstract folk art faces and figures. Tool expert Joe Rotella uses baker's twin to weave new art on a tin tile. Host Julie Fei-Fan Balzer draws repeating shapes to create a meditative mandala. Jane Dunnewold shares another artistic perspective.	NETA	(S)	(CC)	N/A	#209H
16:00:00	Biz Kid\$ The Art of Negotiation Discover strategies for effective negotiations with your parents, teachers, friends, siblings, and bosses. Even if you are simply working out the shared schedule with your brother to walk the dog, you'll find out how to achieve your goals and arrive at a winning solution for everyone. Discover the success of teens who run "Grand Slam Garage Sales" and another young man who sells movie memorabilia online.	APTEX	(S)	(CC)	DVI	#206H
16:30:00	Hands On Crafts for Kids Critters and Creatures Inspiration comes from animals and creatures - real and imaginary. Katie makes a 3-D owl with textured wings makes a great decoration for any room. Franz and Katie make creature creation a team sport by drawing three-part fantasy animals together. Jenny looks to the sea to find inspiration for a jelly-fish made from re-cycled materials then Katie creates a glittery clay lizard textured with found items. From the Family Craft box make a pair of bear claw slippers made from tissue boxes.	NETA	(S)	(CC)	DVI	#1702H
17:00:00	P. Allen Smith's Garden Home Embracing Winter Don't let the winter blues put a chill on your seasonal party. Cool weather entertaining tips and more in this episode of P. Allen Smith's Garden Home. Plus, Santa makes a special visit to Moss Mountain Farm.	APTEX	(S)	(CC)	N/A	#1413H
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm (Atlanta, Ga) Most of us have never experienced true hunger. Yet for much of the world, the assurance of a next meal can be anything but certain. Fortunately, many are working to change that. One such group is ECHO A Ft. Meyers, Florida based organization empowering students and overseas workers with the agricultural skills to share their resources around the world with those who may be just one failed crop away from starvation. In this episode, we visit ECHO's training grounds which uses simulated garden and farm plots for some of the most challenging conditions in the world to hone their skills and trial new techniques. Their work is empowering, changing and literally saving the lives of thousands of people around the world.	APTEX	(S)	(CC)	N/A	#725H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14196H

Daily Program Listing II

43.1

Date: 09/06/2017

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Mon, Oct 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:30:00	Americas Now Earthquake Orphans	NETA	(S)	(CC)	N/A	#105H
	This week's show opens with a gripping report from Stephen Gibbs on the aftermath - years later - of the massive 2010 earthquake in Haiti. Perhaps not unsurprisingly in a place so poor, millions of homeless people who survived the quake still struggle to build new lives. Next Harris Whitbeck takes viewers to Argentina to sample some of the fruity, red, Malbec wines of Mendoza. We learn of the beauty and business opportunities in this region. And through Whitbeck sample its food and drink. Finally - while on a theme of good food and drink, Americas Now ends with a video essay from Peru on its unique cuisine.					
19:00:00	NHK Newsline	APTEx	(S)	(CC)	N/A	#8131
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3538H
20:00:00	Music City Roots Live from the Factory	APTEx	(S)	(CC)	N/A	#406H
	Folk singer and banjo star Abigail Washburn duos with Chinese traditional musician Wu Fei, followed by legendary roots Americana songwriter Tim O'Brien and edgy bluegrass supergroup The Infamous Stringdusters.					
21:00:00	All-Star Orchestra Russian Treasures	APTEx	(S)	(CC)	N/A	#301H
	Mussorgsky/Ravel - Pictures at an Exhibition. The beloved orchestral showpiece: a series of unforgettable musical portraits, with a roof-raising finale "The Great Gate of Kiev." Prokofiev - Romeo and Juliet - excerpts from the ballet The dramatic selection will include: Capulets and Montagues, the Dance of the Knights, Portrait of Young Juliet, Scene at the Ball, the Fight, and The Death of Tybalt.					
22:00:00	Tolkien & Lewis: Myth, Imagination & The Quest for Meaning	APTEx	(S)	(CC)	N/A	#0H
	On a dreary September evening in 1931, C.S. Lewis, J.R.R. Tolkien and their friend and fellow scholar, Hugo Dyson, met for dinner and debate in Lewis's Magdalen College dormitory in Oxford, England. Lewis's transformation from atheist to theist to Christian was based on the insights of Tolkien and Dyson as they engaged in deep conversation about mythology, reality, ritual, imagination and faith. The discussion in that room is at the heart of TOLKIEN & LEWIS: MYTH, IMAGINATION & THE QUEST FOR MEANING. The one-hour documentary explores the fundamental characteristics of myth in a global context, with an emphasis on how it impacts our lives: What traits are common among various cultures and faiths? How does myth inspire the imagination, especially the imaginative process of Tolkien and Lewis? In what ways does faith play into the fantasy and fictional works of Lewis and Tolkien? TOLKIEN & LEWIS: MYTH, IMAGINATION & THE QUEST FOR MEANING engages scholars from various spiritual and academic viewpoints while challenging viewers to draw their own conclusions about the meaning of life and the role that mythology and imagination play in determining belief.					
23:00:00	My Neighborhood: Pilsen	NETA	(S)	(CC)	N/A	#0H
	This engaging new 1-hour documentary is an intimate street level look at what community engagement and activism has done for one Chicago neighborhood: Pilsen. Playing like a street mural come to life, six Pilsen residents share their personal stories to illustrate how the residents of this predominantly Mexican-American working class community have organized to address the societal issues facing their community, ranging from housing to health care to education and citizenship.					

Tue, Oct 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8131
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3538H
01:00:00	Music City Roots Live from the Factory Folk singer and banjo star Abigail Washburn duos with Chinese traditional musician Wu Fei, followed by legendary roots Americana songwriter Tim O'Brien and edgy bluegrass supergroup The Infamous Stringdusters.	APTEX	(S)	(CC)	N/A	#406H
02:00:00	All-Star Orchestra Russian Treasures Mussorgsky/Ravel - Pictures at an Exhibition. The beloved orchestral showpiece: a series of unforgettable musical portraits, with a roof-raising finale "The Great Gate of Kiev." Prokofiev - Romeo and Juliet - excerpts from the ballet The dramatic selection will include: Capulets and Montagues, the Dance of the Knights, Portrait of Young Juliet, Scene at the Ball, the Fight, and The Death of Tybalt.	APTEX	(S)	(CC)	N/A	#301H
03:00:00	Tolkien & Lewis: Myth, Imagination & The Quest for Meaning On a dreary September evening in 1931, C.S. Lewis, J.R.R. Tolkien and their friend and fellow scholar, Hugo Dyson, met for dinner and debate in Lewis's Magdalen College dormitory in Oxford, England. Lewis's transformation from atheist to theist to Christian was based on the insights of Tolkien and Dyson as they engaged in deep conversation about mythology, reality, ritual, imagination and faith. The discussion in that room is at the heart of TOLKIEN & LEWIS: MYTH, IMAGINATION & THE QUEST FOR MEANING. The one-hour documentary explores the fundamental characteristics of myth in a global context, with an emphasis on how it impacts our lives: What traits are common among various cultures and faiths? How does myth inspire the imagination, especially the imaginative process of Tolkien and Lewis? In what ways does faith play into the fantasy and fictional works of Lewis and Tolkien? TOLKIEN & LEWIS: MYTH, IMAGINATION & THE QUEST FOR MEANING engages scholars from various spiritual and academic viewpoints while challenging viewers to draw their own conclusions about the meaning of life and the role that mythology and imagination play in determining belief.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	My Neighborhood: Pilsen This engaging new 1-hour documentary is an intimate street level look at what community engagement and activism has done for one Chicago neighborhood: Pilsen. Playing like a street mural come to life, six Pilsen residents share their personal stories to illustrate how the residents of this predominantly Mexican-American working class community have organized to address the societal issues facing their community, ranging from housing to health care to education and citizenship.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#375
08:00:00	Zula Patrol The Things In Rings/How The Rust Was Won After the Zula Patrol warns Deliria and Cloid about their factory rejects floating in space, the villainous duo decide to dump the junk into Saturn's rings. When Wizzy and Wigg learn about the rings and the different types of natural debris that should make up the rings, they stumble upon Deliria's debris and report it to the others. This is a job for The Zula Patrol! Becoming a cowpoke, Dark Truder rustles up an evil scheme that's stripping Mars of its surface rust. He's raising rust-eating Nefarian Battle Cattle on Mars that he'll use to conquer the Universe. But hang on to your Stetsons, buckaroos; here comes the Zula Patrol ridin' to the rescue!	APTEX	(S)	(CC)	N/A	#201H
08:30:00	1001 Nights Keeping Up with the Jinns/King for a Day "Keeping Up With The Jinns" - A man stumbles across a bottle and a lamp in the middle of the desert. When he opens them, two genies appear who hate each other. "King For a Day" - A man brags that he could run things better if he were in charge. He gets his chance.	NETA	(S)	(CC)	DVI	#107H
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 2	ACCES	(S)	(CC)	N/A	#302H
09:30:00	Classical Stretch: By Essentrics Shoulder Pain Workout In this episode of Classical Stretch, Miranda Esmonde-White will show you how to relieve any shoulder pain you may be feeling due to joint stiffness, stress or injury, with a full-body, all-standing workout. Filmed at a wondrous chapel fountain in Riviera Maya, Mexico-follow Miranda through a series of easy-to-follow exercise sequences to improve mobility and flexibility.	APTEX	(S)	(CC)	DVI	#1123H
10:00:00	Sit and Be Fit Reaction Time Mary Ann shows how to use a ball to test your reaction time.	NETA	(S)	(CC)	N/A	#1205H

Tue, Oct 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 1 See how to turn your embroidery machine into a quilting machine with Nancy and guest, Eileen Roche, embroidery specialist. Nancy and Eileen show how the traditional way of quilting can be revolutionized, letting the computerized machine do the tricky stitching. Learn four of the eight embroidery lessons.	NETA	(S)	(CC)	N/A	#3025H
11:00:00	Knit and Crochet Now! Carry Along Bags Ellen Gormley is here to show Deborah how to stitch up the Rose Messenger Bag, worked in easy crochet with a cross stitch rose. Lena will then show how to knit the Visby Purse which features cables and a linen stitch side panel. Ellen is also in the stitch corner with a crochet Lazy Daisy Stitch.	APTEX	(S)	(CC)	DVI	#709H
11:30:00	Fons & Porter's Love of Quilting Stippled Owl Pillow Mary Fons and Sara Gallegos show you the wonders of the technology that makes embroidery and stippling quick and easy.	NETA	(S)	(CC)	N/A	#2508H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7047H
13:00:00	Julie Taboulie's Lebanese Kitchen Fish, Spice & Everything Nice Fresh, flaky and fabulous fish from the famous Finger Lakes region is the catch of the day on today's show. Resembling fingers in pattern, the famous Finger Lakes region is widely known for their stunning and scenic sights, award-winning wineries, and hosting a fabulous feast of fresh water fish. What better way to represent this rich region than by Julie sharing one of her special Lebanese fish dishes inspired by the Finger Lakes simply called samak harrah. Translating to "spicy fish" samak harrah is one of the most famous fish dishes to hail from Lebanon, straight from Tripoli, a Mediterranean Sea port city situated in the northern part of Lebanon, and with just one bite Julie knows that you will love it too. Julie serves up her samak harrah using whole branzino, a Mediterranean Sea bass, that is blissfully baked away then finished off with a spicy sesame seed, pine nut and cayenne pepper sauce called taratour. She then perfectly pairs her rez b macaroune, a long grain rice and orzo pasta pilaf with her sauteed arugula and onion leeks called sleek b zeit. Her fiery and festive fish dish makes for a wonderful weeknight meal that is truly heart-healthy. Julie's fresh fish, spice and everything nice will reel you in hook, line and sinker.	APTEX	(S)	(CC)	DVI	#110H
13:30:00	Nick Stellino: Storyteller in the Kitchen The Food Artist Chef Stellino paints the picture of a life expressing himself through his love for the culinary arts. He constantly seeks to create those dishes that are as beautiful as they are delicious and shares with the viewers the sacrifices inherent in always seeking the path to the perfect meal. Dishes include: Red wine sauce (with soffritto) / scalloped potatoes (with Swiss and parmesan cheese / steak au poivre (Peppered Steak) with garlic arugula / and salmon with Brussel sprouts and red wine sauce.	APTEX	(S)	(CC)	N/A	#104H
14:00:00	Taste of History German Born, American Made Chef Walter Staib finds a taste of history in Trappe, Pennsylvania at the family home of Henry Muhlenberg. This German immigrant pastor, whose modest goals greatly impacted the communities of the Mid-Atlantic, was father to Peter (Washington's general) and Henry JR, a renowned botanist. Recipes include German fare such as Pickled Lamb Tongue, Stuffed Cabbage and more!"	NETA	(S)	(CC)	N/A	#803H
14:30:00	Christopher Kimball's Milk Street Television Tahini Rules! Meatballs get a makeover as Milk Street Cook Rayna Jhaveri shows host Christopher Kimball how to make Turkish meatballs with lime-yogurt sauce. The recipe borrows a French concept: panade, a bread-based paste that helps keep the meat moist. Chris follows up by explaining the chemistry of the crumbs. Next, Milk Street Cook Catherine Smart shows Chris how to make Israeli hummus, while Rayna demonstrates a dressing that can perk up any vegetable: sweet-and-sour mint dressing. Rounding out the show, Milk Street Cook Erika Bruce show how versatile tahini, the sesame paste that is key to savory dishes like hummus, shines equally bright in their ultimate tahini swirl brownies.	APTEX	(S)	(CC)	N/A	#104H
15:00:00	Beads, Baubles and Jewels Open and Shut Add style, movement and interest to your designs. Multi-media artist Mary Hettmansperger adds personality, function and style to her designs with hinges. Candie Cooper returns to Katie's Beading Lesson with cute stretchy beaded rings that are fast and easy to make for teens and tweens.	NETA	(S)	(CC)	N/A	#2410H
15:30:00	Make It Artsy Wear Your Art Wear your art and express your maker's spirit wherever you go. Embellishment artist Candie Cooper makes bag charms with leather and beads. Resin artist Susan Lenart Kazmer casts found objects to wear as jewelry or embellishments. Fine artist Andrew Thornton turns a book into a necklace. Jane Dunnewold is back with more art tips.	NETA	(S)	(CC)	N/A	#210H

Tue, Oct 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ The World Is A Risky Place Taking risks in life is important, but you want to be smart about those risks. Learn the things you can do to protect your business, your assets, and yourself. Meet two young tennis coaches and the owner of "Small Town Skateshop."	APTEX	(S)	(CC)	DVI	#207H
16:30:00	Hands On Crafts for Kids Let's Play A Game Whether indoors or out, games are fun! Bowl at home with family and friends with a colorful bowling set Katie makes from recycled water bottles. Franz shows how to create your own game board using a variety of art mediums. Jenny and Katie make an indoor hopscotch court that rolls-up, for easy storage. Braid a ring toss toy then use the Family Craft box to make a treasure hunt jar for quiet fun.	NETA	(S)	(CC)	DVI	#1703H
17:00:00	P. Allen Smith's Garden Home Homesteaders USA Allen Smith breaks down the basics of homesteading for beginners. From kitchen to bath, the experts have you covered for your journey to being self-sufficient.	APTEX	(S)	(CC)	N/A	#1501H
17:30:00	Growing A Greener World The Down and Dirty On Healthy Soil and Compost The foundation of any healthy garden starts with the soil. In fact, the health of everything above ground starts with what's below it. To get a better understanding on the real dirt of healthy soil and compost, this episode goes to the source with a tour of a Soil Testing lab and the U.S. Composting Council so we can all learn how to create the best foundation in our own home garden and landscapes.	APTEX	(S)	(CC)	N/A	#726H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14197H
18:30:00	America's Heartland We travel to Minnesota to get a first-hand look at the sugar beet industry in action. Learn how farmers in the region work together and around the clock to transform sugar beets fresh from the fields into sugar products.	APTEX	(S)	(CC)	N/A	#1215H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8132
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1339H
20:00:00	Sun Studio Sessions Jason D. Williams Jason D. Williams is a throwback to Memphis' rockabilly roots and is the heir apparent to Jerry Lee Lewis' raucous piano-based boogie woogie. While paying homage to the past, Williams stands on his own and his unique talents blend jazz, classical and country with rock-n-roll backbeats. In this episode Williams shows off his piano mastery on several songs, including "Sanctified" and "Right String Wrong Yo Yo."	NETA	(S)	(CC)	N/A	#704H
20:30:00	Jammin at Hippie Jack's New Country Rehab Even with the deep pool of technical talent, New Country Rehab's artistic vision and original writing has earned the respect of many critics. Combining sharp innovation and a deep respect and knowledge of timeless musical themes and motifs, the Toronto based collective creates music that is full of love, loss, longing and joy.	NETA	(S)	(CC)	N/A	#1001H
21:00:00	Infinity Hall Live Melissa Etheridge That iconic voice and a wardrobe of guitars make for a riveting solo performance of greatest hits "Come to My Window," "I Want to Come Over," and "I'm the Only One," as well as songs from her latest album, This is M.E. The Grammy Award-winner shares personal stories about her remarkable journey through life and the inspiration behind some of her most beloved songs. Interview with Etheridge.	APTEX	(S)	(CC)	N/A	#508H
22:00:00	Ireland's Great Hunger and the Irish Diaspora Ireland's Great Hunger and the Irish Diaspora explores not just the potato failure that caused mass starvation, death, and emigration in Ireland from 1845 to 1852, but the historic and socio-political circumstances that made the Great Famine almost inevitable. The Emmy Award-winning documentary, narrated by actor Gabriel Byrne, includes insights from famine scholars and descendants of famine survivors as well as the stories of emigrants to Quebec and the "Earl Grey" orphan women who emigrated to Australia.	NETA	(S)	(CC)	N/A	#0H

Daily Program Listing II
43.1

Date: 09/06/2017

10/01/2017 - 10/31/2017

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Tue, Oct 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Company Town	NETA	(S)	(CC)	N/A	#0H

"Company Town" tells the story of how residents of Chinatown and the Latino Mission District in San Francisco overcome the odds to save their communities. At the center of the story is an election that focuses on the role of "home-sharing" apps in incentivizing evictions and the creation of mini-hotels rather to replace rental housing. Told without narration, Company Town follows journalist Joe Rodriguez and educator Jeffrey Kwong as they take us through neighborhoods being transformed by skyrocketing rents and evictions. Two local candidates represent opposing views on the role of gentrification and the "sharing economy." We follow their campaigns and debates from the inside as they take on issues that affect cities across the country.

Wed, Oct 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8132
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1339H
01:00:00	Sun Studio Sessions Jason D. Williams	NETA	(S)	(CC)	N/A	#704H
	Jason D. Williams is a throwback to Memphis' rockabilly roots and is the heir apparent to Jerry Lee Lewis' raucous piano-based boogie woogie. While paying homage to the past, Williams stands on his own and his unique talents blend jazz, classical and country with rock-n-roll backbeats. In this episode Williams shows off his piano mastery on several songs, including "Sanctified" and "Right String Wrong Yo Yo."					
01:30:00	Jammin at Hippie Jack's New Country Rehab	NETA	(S)	(CC)	N/A	#1001H
	Even with the deep pool of technical talent, New Country Rehab's artistic vision and original writing has earned the respect of many critics. Combining sharp innovation and a deep respect and knowledge of timeless musical themes and motifs, the Toronto based collective creates music that is full of love, loss, longing and joy.					
02:00:00	Infinity Hall Live Melissa Etheridge	APTEX	(S)	(CC)	N/A	#508H
	That iconic voice and a wardrobe of guitars make for a riveting solo performance of greatest hits "Come to My Window," "I Want to Come Over," and "I'm the Only One," as well as songs from her latest album, This is M.E. The Grammy Award-winner shares personal stories about her remarkable journey through life and the inspiration behind some of her most beloved songs. Interview with Etheridge.					
03:00:00	Ireland's Great Hunger and the Irish Diaspora	NETA	(S)	(CC)	N/A	#0H
	Ireland's Great Hunger and the Irish Diaspora explores not just the potato failure that caused mass starvation, death, and emigration in Ireland from 1845 to 1852, but the historic and socio-political circumstances that made the Great Famine almost inevitable. The Emmy Award-winning documentary, narrated by actor Gabriel Byrne, includes insights from famine scholars and descendants of famine survivors as well as the stories of emigrants to Quebec and the "Earl Grey" orphan women who emigrated to Australia.					
04:00:00	Company Town	NETA	(S)	(CC)	N/A	#0H
	"Company Town" tells the story of how residents of Chinatown and the Latino Mission District in San Francisco overcome the odds to save their communities. At the center of the story is an election that focuses on the role of "home-sharing" apps in incentivizing evictions and the creation of mini-hotels rather than to replace rental housing. Told without narration, Company Town follows journalist Joe Rodriguez and educator Jeffrey Kwong as they take us through neighborhoods being transformed by skyrocketing rents and evictions. Two local candidates represent opposing views on the role of gentrification and the "sharing economy." We follow their campaigns and debates from the inside as they take on issues that affect cities across the country.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#376
08:00:00	Zula Patrol Ice Station Zula/Ice Truder	APTEX	(S)	(CC)	N/A	#202H
	Multo receives a distress call from his good friend, Professor Precipito, who lives in a sub-arctic region of Zula performing all kinds of precipitation experiments. Someone is stealing her experiments! The Zula Patrol rushes to the scene to help and they soon discover that the thief is none other than the legendary Abominable Snow-Gleep! Did I mention he's not very easy to catch? When Wizzy and Zeeter make a small ice sculpture, they discover they are standing on a glacier and learn all about it. But then Dark Truder steals the glacier for his newly redecorated headquarters - intent on carving it into a giant ice sculpture of himself. The Zula Patrol must intervene before the glacier melts - endangering its tiny ice worm inhabitants!					
08:30:00	1001 Nights Abu Sabir/Bigger, Badder, Badr	NETA	(S)	(CC)	DVI	#108H
	"Abu Sabir" - When everyone in town goes running off to find treasure the ever patient Abu Sabir refuses to participate. "Bigger, Badder, Badr" - A lone man stands up to an evil tyrant and incurs his wrath.					
09:00:00	Functional Fitness with Suzanne Andrews Osteoporosis Walking Workout	ACCES	(S)	(CC)	N/A	#303H
09:30:00	Classical Stretch: By Essentrics Knee Strengthening Workout	APTEX	(S)	(CC)	DVI	#1124H
	In this episode of Classical Stretch, join Miranda Esmonde-White at a beautiful chapel terrace in Riviera Maya, Mexico. Follow along with Miranda as she takes you through a gentle sequence of standing and barre exercises aimed at strengthening the knees, relieving joint stiffness and improving overall mobility.					

Wed, Oct 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Balance Improving balance through weight training, stretching and leg strengthening is the theme of this episode.	NETA	(S)	(CC)	N/A	#1206H
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 2 Turn old school quilting into new school technology when using an embroidery machine for quilting. Eileen Roche, embroidery pro, joins Nancy to show how to hoop a quilt and handle the bulk with ease while stitching the designs automatically. Learn tips and techniques from quilting a table runner to a queen-sized quilt.	NETA	(S)	(CC)	N/A	#3026H
11:00:00	Knit and Crochet Now! Itty Bitty Baby Projects Did you know that it's estimated there are four babies born every second...that means someone near you is probably having a baby! Deborah is joined by Kristin Nicholas and Robyn Chachula to show how to knit and crochet the perfect little pair of knit booties and fingerless mitts, Fingers and Toes Knit Booties and Fingerless Mitts and Little Hands & Feet Booties and Fingerless Mitts. In the stitch corner Lena will show how to do Twined Knitting.	APTEX	(S)	(CC)	DVI	#710H
11:30:00	Fons & Porter's Love of Quilting Twisted Triangles In this show you will learn how to use a special triangle template to create hexagons with a little twist.	NETA	(S)	(CC)	N/A	#2509H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7048H
13:00:00	Lidia's Kitchen Layering Italian Flavors "Alla Parmigiana" is a technique applied in many southern Italian dishes that is all about layering simple bold flavors. In today's episode, Lidia shows the viewers her chicken parmigiana light: a version of chicken parmigiana, a breaded chicken thigh layered with tomato and mozzarella and nestled in a bed of tomato sauce; steamed broccoli and egg salad: a simple steamed broccoli dish dressed with red wine vinegar and hard boiled eggs; and limoncello tiramisu: a real "pick me up" made with lady fingers, mascarpone and limoncello zabaglione.	APTEX	(S)	(CC)	N/A	#401H
13:30:00	Taste The Islands with Chef Irie Jamaica Jammin Chef Irie gets in touch with his Jamaican roots preparing ackee and saltfish with mashed yams, curried goat with breadfruit and pumpkin salad, and a carrot juice cocktail. We see a glimpse of Chef Irie's Jamaica, then Jamaican Consul General Franz Hall stops in for a meal.	APTEX	(S)	(CC)	N/A	#202H
14:00:00	Simply Ming Matt Louis This week on Simply Ming, he is joined by Portsmouth, N.H., chef Matt Louis from the restaurant Moxy, known for its Spanish-style tapas using seasonal New England ingredients and his newly opened Franklin Oyster House. Today, Matt cooks up goat meatballs with garlic mustard pesto, local farm feta and sunchoke chips, while Meg whips up surf-n-turf meatballs with his favorite Blue Dragon vinegar fries.	APTEX	(S)	(CC)	N/A	#1426H
14:30:00	Cook's Country Bbq Thighs and Fried Peach Pies Julia Collin Davison shows Bridget Lancaster how to make the ultimate barbeque chicken thighs. Tasting expert Jack Bishop challenges Bridget to a tasting of bagged popcorn. Test cook Bryan Roof shows Julia how to make fried peach pies at home.	APTEX	(S)	(CC)	N/A	#1005H
15:00:00	Beads, Baubles and Jewels Metalworking In Style Express your style in metalwork and with lettering, too. Mary Hettmansperger adds a window in metal work to make a versatile bezel. She adds style by layering metals and putting a variety of motifs behind the window. Creative collaborator Brenda Schweder shares her favorite tips on soldering metalwork. Katie Hacker puts her style into words with lettering in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2411H
15:30:00	Make It Artsy Kid Friendly Inspire a young maker with kid-friendly art projects. Folk artist Mystele Kirkeeng paints a portrait of a cup inspired by various designs. Studio artist Cynthia Thornton paints and assembles charming paper dolls. Jewelry expert Candie Cooper tops things off with a beautiful beaded crown. Jane Dunnewold shares another art tip.	NETA	(S)	(CC)	N/A	#211H

Wed, Oct 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Economic Cycles (What Goes Up Must Come Down) Trends in the economy go up and down. Learn how trends can affect a business. Discover how you can protect yourself against negative effects and plan for the positive trends. Meet a young man who made paintball profitable and a family who mines for gold.	APTEX	(S)	(CC)	DVI	#208H
16:30:00	Hands On Crafts for Kids Playtime Every day is play time! Challenge your skills with an ice cream cone ball toss game. Design your own indoor miniature golf course with Franz, then put on a show with puppets Jenny shows how to make and decorate. Add some cardboard to the Family Craft Box to create a super mask and make your own superhero figure.	NETA	(S)	(CC)	DVI	#1704H
17:00:00	P. Allen Smith's Garden Home Charming Charleston P. Allen Smith explores the food and fellowship of one of America's oldest cities, Charleston, South Carolina; a true Southern gem.	APTEX	(S)	(CC)	N/A	#1502H
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm, Part I (Atlanta, Ga) This season premiere episode documents the first of a two-part series covering an entire year in the working garden set for the television series. Host Joe Lamp'l and gardener-in-residence takes you behind the scenes for the reality of the spring and summer seasons like you've never seen before.	APTEX	(S)	(CC)	N/A	#801H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14198H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#522H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8133
19:30:00	In Good Shape A Look Inside The Body A look inside the body: imaging technologies such as CT scans make it possible to diagnose and patients without invasive procedures. DW speaks with a clinical radiologist about the advantages and risks of such procedures. Also, how useful is professional teeth cleaning? And, what treatment options are available for lymphedema?	WNVC	(S)	(CC)	N/A	#436H
20:00:00	The Lowertown Line. The Lowertown Line: Chastity Brown Singer/songwriter Chastity Brown performs for a live audience at the Twin Cities Public Television studios. Brown and host Dessa discuss "porch culture" in Brown's native Tennessee, spirituality in singing, and storytelling through music. Songs performed: Solely, Lift Us, If You Let Me, I Left Home.	APTEX	(S)	(CC)	N/A	#103H
20:30:00	Songs at the Center Artists appearing in this episode: Kate Klim, Shaun Booker and Sean Carney, Matty Monk, and hosted by songwriter Eric Gnezda. Artist Bio: Kate Klim arrived in Columbus, Ohio, by way of Boston and Nashville, where she was an active member of the local music scenes and no stranger to the stages of Club Passim and Nashville's famous venue for songwriters The Bluebird Cafe. Winner of the 2010 Kerrville New Folk competition, Kate was also a finalist in the Mountain Stage Newsong Contest, Telluride Troubadour Competition, and Falcon Ridge Folk fest. She has worked with Shawn Colvin, Richard Shindell, and Lucy Kaplinsky. Her third and latest CD is 100 Million Years, from which she performs the title track, and "Can't Help Where the Wind Blows." Artist Bio: Shaun Booker and Sean Carney are a Columbus, Ohio-based blues duo that tours the world. Shaun, a native of the South, has deep family roots in the civil rights movement, which contribute to her passionate, defiant vocals. Her guitar playing partner, Sean, a descendent of jazz horn players, has won the Albert King Best Guitarist award and took first place at the 2007 International Blues Challenge in Memphis. They perform "Sunset Key West." Artist Bio: Matty Monk was born and bred in a cornfield town in northern Ohio, and has been expressing himself through music since ever since. He blends an eclectic mix of blues, country, and jazz. Matty is a soul singer by heart and a writer, having released four albums with his band The Lovebones. He is starting to make his solo gig the main attraction and released his second album in 2016. He sings "Holiday."	APTEX	(S)	(CC)	N/A	#310H
21:00:00	Live at 9:30 Performances by Of Monsters & Men, Josh Ritter, Blind Pilot, The Lone Bellow and St. Paul & The Broken Bones.	NACC	(S)	(CC)	N/A	#112H

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Wed, Oct 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Beautiful Remedy	NETA	(S)	(CC)	N/A	#0H
<p>A BEAUTIFUL REMEDY profiles the Arts in Medicine Program at the University of Texas MD Anderson Children's Cancer Hospital. Directed by Artist in Residence Ian Cion, Arts in Medicine provides art programming to pediatric, adolescent and young adult patients and their families. How can the making and viewing of art help participants transform their social and physical realities? How do artful encounters enlarge the scope of traditional medical practices? What are the goals of creative programming in healthcare contexts? A Beautiful Remedy is inspired by these questions and illustrates the power of art to foster human resiliency amidst suffering.</p>						
23:00:00	Will Rogers and American Politics	NETA	(S)	(CC)	N/A	#0H
<p>In the 1930's, with the United States mired in the Great Depression and teetering on the brink of a second World War, millions of Americans turned to a rope-twirling, plain-talking Cherokee cowboy for clarity, comfort and common sense. His plain-spoken musings, always delivered with a shy, sly smile, influenced the political landscape then and still resonate today. WILL ROGERS AND AMERICAN POLITICS reveals how Oklahoma native Will Rogers emerged as one of the most powerful political voices in the United States. The Emmy-winning documentary charts Rogers' impact on American politics through rare archival film footage, photos and documents, and interviews with Supreme Court Justice Sandra Day O'Connor, actor Mickey Rooney, Cherokee Chief Chad Smith, comedian Lewis Black, former Oklahoma Gov. George Nigh, Rogers' grandniece and scholars. Bill Kurtis, former CBS news anchor and host of A&E's American Justice and Cold Case Files, narrates.</p>						

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Thu, Oct 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8133
00:30:00	In Good Shape A Look Inside The Body	WNVC	(S)	(CC)	N/A	#436H
	A look inside the body: imaging technologies such as CT scans make it possible to diagnose and patients without invasive procedures. DW speaks with a clinical radiologist about the advantages and risks of such procedures. Also, how useful is professional teeth cleaning? And, what treatment options are available for lymphedema?					
01:00:00	The Lowertown Line. The Lowertown Line: Chastity Brown	APTEX	(S)	(CC)	N/A	#103H
	Singer/songwriter Chastity Brown performs for a live audience at the Twin Cities Public Television studios. Brown and host Dessa discuss "porch culture" in Brown's native Tennessee, spirituality in singing, and storytelling through music. Songs performed: Solely, Lift Us, If You Let Me, I Left Home.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#310H
	Artists appearing in this episode: Kate Klim, Shaun Booker and Sean Carney, Matty Monk, and hosted by songwriter Eric Gnezda. Artist Bio: Kate Klim arrived in Columbus, Ohio, by way of Boston and Nashville, where she was an active member of the local music scenes and no stranger to the stages of Club Passim and Nashville's famous venue for songwriters The Bluebird Cafe. Winner of the 2010 Kerrville New Folk competition, Kate was also a finalist in the Mountain Stage Newsong Contest, Telluride Troubadour Competition, and Falcon Ridge Folk fest. She has worked with Shawn Colvin, Richard Shindell, and Lucy Kaplinsky. Her third and latest CD is 100 Million Years, from which she performs the title track, and "Can't Help Where the Wind Blows." Artist Bio: Shaun Booker and Sean Carney are a Columbus, Ohio-based blues duo that tours the world. Shaun, a native of the South, has deep family roots in the civil rights movement, which contribute to her passionate, defiant vocals. Her guitar playing partner, Sean, a descendent of jazz horn players, has won the Albert King Best Guitarist award and took first place at the 2007 International Blues Challenge in Memphis. They perform "Sunset Key West." Artist Bio: Matty Monk was born and bred in a cornfield town in northern Ohio, and has been expressing himself through music since ever since. He blends an eclectic mix of blues, country, and jazz. Matty is a soul singer by heart and a writer, having released four albums with his band The Lovebones. He is starting to make his solo gig the main attraction and released his second album in 2016. He sings "Holiday."					
02:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#112H
	Performances by Of Monsters & Men, Josh Ritter, Blind Pilot, The Lone Bellow and St. Paul & The Broken Bones.					
03:00:00	Beautiful Remedy	NETA	(S)	(CC)	N/A	#0H
	A BEAUTIFUL REMEDY profiles the Arts in Medicine Program at the University of Texas MD Anderson Children's Cancer Hospital. Directed by Artist in Residence Ian Cion, Arts in Medicine provides art programming to pediatric, adolescent and young adult patients and their families. How can the making and viewing of art help participants transform their social and physical realities? How do artful encounters enlarge the scope of traditional medical practices? What are the goals of creative programming in healthcare contexts? A Beautiful Remedy is inspired by these questions and illustrates the power of art to foster human resiliency amidst suffering.					
04:00:00	Will Rogers and American Politics	NETA	(S)	(CC)	N/A	#0H
	In the 1930's, with the United States mired in the Great Depression and teetering on the brink of a second World War, millions of Americans turned to a rope-twirling, plain-talking Cherokee cowboy for clarity, comfort and common sense. His plain-spoken musings, always delivered with a shy, sly smile, influenced the political landscape then and still resonate today. WILL ROGERS AND AMERICAN POLITICS reveals how Oklahoma native Will Rogers emerged as one of the most powerful political voices in the United States. The Emmy-winning documentary charts Rogers' impact on American politics through rare archival film footage, photos and documents, and interviews with Supreme Court Justice Sandra Day O'Connor, actor Mickey Rooney, Cherokee Chief Chad Smith, comedian Lewis Black, former Oklahoma Gov. George Nigh, Rogers' grandniece and scholars. Bill Kurtis, former CBS news anchor and host of A&E's American Justice and Cold Case Files, narrates.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#377
08:00:00	Zula Patrol Dueling Space Stations/Don't Look Now	APTEX	(S)	(CC)	N/A	#203H
	While the Zula Patrol is staying on Zulean Space Station ZIR, Dark Truder is on his own space station, building a giant robot to help him take over the galaxy. As our heroes learn what goes on inside the weightless world of space stations, Truder and Traxie are completely unprepared for the challenges and effects of micro-gravity. Something's blocking the view of the Zula Patrol's space telescope. It's Deliria, assuming a variety of shapes to keep the Patrol from seeing that she's got a space telescope of her own and is up to no good.					
08:30:00	1001 Nights The Boy Who Cried Science/Prince Ahmad	NETA	(S)	(CC)	DVI	#109H
	"The Boy Who Cried Science" - A young boy is forced to deal with ignorance and fear when superstition takes over his town. "Prince Ahmad" - A young prince is commanded to lead his country into battle and learns what it takes to be a great king.					

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43.1

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Vertical Ab Toner	ACCES	(S)	(CC)	N/A	#304H
09:30:00	Classical Stretch: By Essentrics Spine Strengthening & Pain-Relief Workout In this episode of Classical Stretch, join Miranda Esmonde-White at a lovely spa pool in Riviera Maya, Mexico. Miranda will take you through an entry-level, standing and barre workout that will provide you with a deep stretch to help relieve any tension and pain in your muscles and joints and rebalance your entire body.	APTEX	(S)	(CC)	DVI	#1125H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1101H
10:30:00	Fit 2 Stitch Job Interview and Business It's important to make a good first impression. Learn to use one jacket pattern with a variety of fabrics, trims and closures for an array of professional looks.	NETA	(S)	(CC)	N/A	#401H
11:00:00	Knit and Crochet Now! Unique Accessories Deborah Norville is working with Rohn Strong this week on a couple of very unique projects. First up is the Linetta Hat using Tunisian crochet and then Rohn shows how to use a knitting loom to make the Les Bouquets Shawl. Ellen is over in the stitch corner and will show how to crochet the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#711H
11:30:00	Fons & Porter's Love of Quilting Terrific Table Topper Mary Fons and her guest Patrick Lose will step you through the basics of preparing fabrics for applique and how best to finish the outer edge.	NETA	(S)	(CC)	N/A	#2510H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7049H
13:00:00	The Jazzy Vegetarian Holidays Made Easy Host Laura Theodore prepares a delicious vegan holiday menu. Featured guest: Julieanna Hever. Festive Stuffed Green Bell Peppers are a vegan version of a traditional family recipe, served with tri-color pasta on the side. A quick appetizer features Raw Veggie Kebabs. For a sweet surprise dessert, Chocolate Party Parfaits with Mocha Cream taste sinfully smooth and creamy, without the use of any dairy or eggs.	NETA	(S)	(CC)	DVI	#513H
13:30:00	Sara's Weeknight Meals Trip to Spain What's not to like about Spanish food? Ham, chorizo, great seafood, tapas - Sara has some great recipes like pork with spanish olives and fideo, a paella like dish that uses noodles instead of rice. Delicious! Sara also visits a specialty maker of chorizo, the spicy sausage beloved throughout the Spanish-speaking world.	APTEX	(S)	(CC)	N/A	#505H
14:00:00	Joanne Weir Gets Fresh Corn - Get An Earful! Come get an earful of corn in this episode dedicated to one of Joanne's favorite vegetables. To take a fresh approach to incorporating corn into recipes, Joanne will travel to Alaska where we'll visit a crab shack, and then make a Corn and Crab Chowder with her student. Recipes: Corn and Crab Chowder, Crab Tacos with fresh Tortillas and Corn Salsa, Elote Student: Gina Brown.	APTEX	(S)	(CC)	N/A	#108H
14:30:00	New Scandinavian Cooking Captain Haddock Andreas visits the wind-blown peninsula of Stad in Western Norway, where boats set sail to catch haddock. Andreas makes haddock "envelopes" stuffed with carrots, saffron, cabbage and prosciutto, and then a brightly colored salad with smoked haddock. After a trip to Scotland to meet the official fish-and-chips champions, he prepares a smoked version of the dish.	APTEX	(S)	(CC)	N/A	#307H
15:00:00	Beads, Baubles and Jewels Connecting The Elements Bend and shape your style with wire. Author and designer Brenda Schweder uses a jig to wrangle wire into repeating shapes to create a cool necklace. In Katie's Beading Lesson, Candie Cooper uses sea glass and cool findings to create a hip bolo necklace. Teens and tweens will love mixing leather cord with chains for extra style.	NETA	(S)	(CC)	N/A	#2412H

Thu, Oct 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Express Yourself/Personal Style Pump up your personal style statement. Host Julie Fei-Fan Balzer draws and cuts custom screens for silkscreen printing. Painter Mystele Kirkeeng uses supplies at hand to paint a charming folk art house. Studio artist Andrew Thornton gives fabric a work out and creates and artful book. Jane Dunnewold joins Julie with another artsy idea.	NETA	(S)	(CC)	N/A	#212H
16:00:00	Biz Kid\$ The Green Economy & You Join the Biz Kids on a mission and discover your impact on the environment. Explore different ways to become part of the green economy and learn how there's green to be made in thinking green. Find out about "The Big Green Bus" and "Zoo Doo."	APTEX	(S)	(CC)	DVI	#209H
16:30:00	Hands On Crafts for Kids Let's Party There's a party going on and you are invited! Katie shows how to make a decorative chandelier to set the mood for your party theme and Franz draws a colorful and fun postcard invitation that will get all your guests to come. Jenny and Katie sculpt a hanging pinata bowl full of treats. Then reach into the Family Craft Box to make a party decoration from yarn and glue to stuff with favors.	NETA	(S)	(CC)	DVI	#1705H
17:00:00	P. Allen Smith's Garden Home Oils All Around P. Allen Smith explores the many uses of oils - from the basic to the exotic.	APTEX	(S)	(CC)	N/A	#1503H
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm, Part II (Atlanta, Ga) Part II of this series picks up with the tomato season waning and a brand-new season of cool season edibles ready to plant. Host, Joe Lamp'l takes you on his gardening journey in the GGW garden set through the fall and into winter, complete with challenges and takeaways anyone can apply.	APTEX	(S)	(CC)	N/A	#802H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14199H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1415H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8134
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1105H
20:00:00	Backstage Pass Best of Jazz Best of Jazz will feature a few of the most swinging jazz performances of 2015. Recorded live at Lansing JazzFest 2015 and in studio, Best of Jazz gives you a one-of-a-kind jam featuring The Paul Keller Orchestra, Tony Monaco & The Fareed Haque Trio featuring Randy Gelispie, and Grupo Aye.	NETA	(S)	(CC)	N/A	#719H
20:30:00	Music Voyager Eleuthera The longest islands of The Bahamas, steeped in history culture and beauty, from the famous visual Glass Window Bridge between the Caribbean and the Atlantic Ocean to historic Spanish Wells and quaint Harbor Island. In this episode, travel the length of the island with Mirissa Neff and learn that while it seems like different worlds between Eleuthera, Harbor Islands and Spanish Wells, it's the people that collectively have one voice and are connected in the island's culture.	APTEX	(S)	(CC)	N/A	#705H
21:00:00	Xerox Rochester International Jazz Festival Elizabeth Shepherd Vocalist/pianist Elizabeth Shepherd arrived on the international scene in 2006 when her debut album "Start to Move" was voted one of the top jazz albums of the year by the listeners of the influential Gilles Peterson Show on BBC Radio Worldwide. Since then, the Toronto-based soul jazz innovator has released two widely acclaimed records and toured extensively in North America, Europe and Japan. Elizabeth has sold out legendary clubs from Tokyo to Detroit, played festivals like Montreal and North Sea Jazz Festivals, and shared the stage with Branford Marsalis and Christian McBride.	APTEX	(S)	(CC)	N/A	#805H

Thu, Oct 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	3 Miles An Hour	APTEX	(S)	(CC)	N/A	#0H
<p>3 MILES AN HOUR invites viewers into the Bob Marshall Wilderness in western Montana to meet legendary backcountry outfitter Arnold "Smoke" Elser. Elser considers "three miles an hour"- the walking speed of a horse - the best way to see and savor life. The documentary combines rare access to one of the largest wilderness areas in the lower 48 states with vintage home movies from backcountry trips and historic photographs to capture Elser's passion for, and connection to, the outdoors. In interviews, fellow outfitters, horsemen, long-time guests, friends, family members and Forest Service district rangers all reflect on their experiences with "Smoke" and comment on the changes in wilderness management he both witnessed and helped realize.</p>						
23:00:00	Good Cardiovascular & Diabetic Health	EPS	(S)	(CC)	N/A	#0H
<p>This documentary explores Good Cardiovascular and Diabetic Health. Some of the topics covered in the film are: Peripheral Arterial Disease: Peripheral Arterial Disease, or PAD, is a buildup of fatty deposits known as plaque in the limbs - most commonly the legs - which causes reduced blood flow. It is often an indicator of a more widespread accumulation of plaque in arteries that supply blood to other parts of the body, including the heart and brain. PAD affects an estimated 8.5 million Americans. Endovascular Aortic Resection: The aorta is the large artery that carries blood to the abdomen and legs. An aortic aneurysm is when a portion of the aorta becomes enlarged, ballooning outward, risking a life-threatening rupture of the aortic wall. One of the procedures to address this is called endovascular aortic repair or EVAR. EVAR is a minimally-invasive procedure where a stint is guided into position to help direct blood flow and insure the aneurism does not rupture. Cardiac Biomarkers: Cardiac biomarkers are substances that are released into the blood when the heart is damaged or stressed. Measurements of these biomarkers are used to help diagnose acute coronary syndrome (ACS) and cardiac ischemia, conditions associated with insufficient blood flow to the heart (atherosclerosis). Tests for cardiac biomarkers can also be used to help determine a person's risk of having these conditions or to help monitor and manage someone with these diseases. Diabetic Foot Ulcers: Lower leg and foot ulcers are a common and potentially serious health problem for millions of Americans with diabetes. Diabetic foot ulcers can form as a result of numerous factors such as poor blood circulation, friction or pressure and trauma. Patients who have had diabetes for many years can develop enough nerve damage that they are not become aware of foot sores that can develop into ulcers. Most anyone with diabetes can develop diabetic foot ulcers.</p>						

Fri, Oct 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8134
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1105H
01:00:00	Backstage Pass Best of Jazz	NETA	(S)	(CC)	N/A	#719H
	Best of Jazz will feature a few of the most swinging jazz performances of 2015. Recorded live at Lansing JazzFest 2015 and in studio, Best of Jazz gives you a one-of-a-kind jam featuring The Paul Keller Orchestra, Tony Monaco & The Fareed Haque Trio featuring Randy Gelispie, and Grupo Aye.					
01:30:00	Music Voyager Eleuthera	APTEX	(S)	(CC)	N/A	#705H
	The longest islands of The Bahamas, steeped in history culture and beauty, from the famous visual Glass Window Bridge between the Caribbean and the Atlantic Ocean to historic Spanish Wells and quaint Harbor Island. In this episode, travel the length of the island with Mirissa Neff and learn that while it seems like different worlds between Eleuthera, Harbor Islands and Spanish Wells, it's the people that collectively have one voice and are connected in the island's culture.					
02:00:00	Xerox Rochester International Jazz Festival Elizabeth Shepherd	APTEX	(S)	(CC)	N/A	#805H
	Vocalist/pianist Elizabeth Shepherd arrived on the international scene in 2006 when her debut album "Start to Move" was voted one of the top jazz albums of the year by the listeners of the influential Gilles Peterson Show on BBC Radio Worldwide. Since then, the Toronto-based soul jazz innovator has released two widely acclaimed records and toured extensively in North America, Europe and Japan. Elizabeth has sold out legendary clubs from Tokyo to Detroit, played festivals like Montreal and North Sea Jazz Festivals, and shared the stage with Branford Marsalis and Christian McBride.					
03:00:00	3 Miles An Hour	APTEX	(S)	(CC)	N/A	#0H
	3 MILES AN HOUR invites viewers into the Bob Marshall Wilderness in western Montana to meet legendary backcountry outfitter Arnold "Smoke" Elser. Elser considers "three miles an hour"- the walking speed of a horse - the best way to see and savor life. The documentary combines rare access to one of the largest wilderness areas in the lower 48 states with vintage home movies from backcountry trips and historic photographs to capture Elser's passion for, and connection to, the outdoors. In interviews, fellow outfitters, horsemen, long-time guests, friends, family members and Forest Service district rangers all reflect on their experiences with "Smoke" and comment on the changes in wilderness management he both witnessed and helped realize.					
04:00:00	Good Cardiovascular & Diabetic Health	EPS	(S)	(CC)	N/A	#0H
	This documentary explores Good Cardiovascular and Diabetic Health. Some of the topics covered in the film are: Peripheral Arterial Disease: Peripheral Arterial Disease, or PAD, is a buildup of fatty deposits known as plaque in the limbs - most commonly the legs - which causes reduced blood flow. It is often an indicator of a more widespread accumulation of plaque in arteries that supply blood to other parts of the body, including the heart and brain. PAD affects an estimated 8.5 million Americans. Endovascular Aortic Resection: The aorta is the large artery that carries blood to the abdomen and legs. An aortic aneurysm is when a portion of the aorta becomes enlarged, ballooning outward, risking a life-threatening rupture of the aortic wall. One of the procedures to address this is called endovascular aortic repair or EVAR. EVAR is a minimally-invasive procedure where a stent is guided into position to help direct blood flow and insure the aneurism does not rupture. Cardiac Biomarkers: Cardiac biomarkers are substances that are released into the blood when the heart is damaged or stressed. Measurements of these biomarkers are used to help diagnose acute coronary syndrome (ACS) and cardiac ischemia, conditions associated with insufficient blood flow to the heart (atherosclerosis). Tests for cardiac biomarkers can also be used to help determine a person's risk of having these conditions or to help monitor and manage someone with these diseases. Diabetic Foot Ulcers: Lower leg and foot ulcers are a common and potentially serious health problem for millions of Americans with diabetes. Diabetic foot ulcers can form as a result of numerous factors such as poor blood circulation, friction or pressure and trauma. Patients who have had diabetes for many years can develop enough nerve damage that they are not become aware of foot sores that can develop into ulcers. Most anyone with diabetes can develop diabetic foot ulcers.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#378
08:00:00	Zula Patrol Rock and Patrol/Support Your Neighborhood Volcano	APTEX	(S)	(CC)	N/A	#204H
	When famous rock group The Bowlin' Stones have a falling out and refuse to play at a big benefit concert, Zula and Zeeter must find them and convince them to change their minds. Meanwhile, to fill in, Multo must overcome his stage-fright to be the front man of the Zula Patrol's own rock band. It's the Zula Patrol to the rescue when Voop's volcanic cousin Fielding holds back from erupting. Fielding's in denial about his condition, but if he builds up too much pressure, the results could be disastrous for the residents of Volcano Valley. Our heroes find out that Fielding is afraid to let his 'inner volcano' shine through because his neighbors fear and mistrust volcanoes, and they might dislike him even more. The ZPers help Fielding re-discover how great it is to be a volcano.					

Fri, Oct 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights It's A Steal/Which Way Is Up? "It's a Steal" - A suspicious looking man is accused of stealing from his neighbors. The townspeople learn that things are not always what they seem. "Which Way Is Up?" - A family goes in search of a better life but they descend into bickering and hatred when they can't agree on the right path to take. In the end, they learn there is more than one way up the mountain.	NETA	(S)	(CC)	DVI	#110H
09:00:00	Functional Fitness with Suzanne Andrews Osteoporosis Back Strength and Stretch	ACCES	(S)	(CC)	N/A	#305H
09:30:00	Classical Stretch: By Essentrics Hips & Hamstring Workout In this episode of Classical Stretch, join Miranda Esmonde-White at the calming and peaceful Kantun-Chi eco-park in Mexico. This all-barre workout will help you strengthen and stretch all 650 muscles in your body and release any joint tension or pain you may be feeling in your hips and hamstrings.	APTEX	(S)	(CC)	DVI	#1126H
10:00:00	Sit and Be Fit Pelvic Floor Muscles of pelvic floor are often ignored but this workout shows some easy movements to keep those important muscles strong.	NETA	(S)	(CC)	N/A	#1208H
10:30:00	Fit 2 Stitch Business Casual What does "business casual" really mean? Learn how to look casual and comfortable but maintain that professional image in perfectly-fitted slacks.	NETA	(S)	(CC)	N/A	#402H
11:00:00	Knit and Crochet Now! Dress Up The Pup We've got plaids for your pooch and hoodies for your hound dog! Today Deborah is joined by Lena Skvagerson who will show how to knit up the Hound Dog Hoodie in a "hounds tooth" pattern. Robyn Chachula is next up with Poppy's Plaid Crochet Dog Sweater featuring a raised stitch plaid. In the stitch corner Lena will show how to knit her very own version of the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#712H
11:30:00	Fons & Porter's Love of Quilting Thread Embellished Coasters Unique gifts and one-of-a-kind creations will inspire you to try your hand at thread embellishment.	NETA	(S)	(CC)	N/A	#2511H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7050H
13:00:00	Ellie's Real Good Food Busy Mom Seeks.....Help Ellie takes Beth - a mom, a full-time labor and delivery nurse, and a grad student -- under her wing. Ellie helps Beth rein in her take-out habit with three easy make-ahead recipes that stock her fridge with a week of tasty meals. Recipes: Blueberry-chia overnight oats; Turkey-stuffed pizza pockets; Cajun shrimp in foil. 3 Ingredient Recipe: Red wine salad dressing.	APTEX	(S)	(CC)	N/A	#101H
13:30:00	Annabel Langbein: The Free Range Cook Cooking for a Crowd Annabel Langbein tries her hand at fly fishing on the lake near her Wanaka cabin, then shows how to cook the most succulent trout enrobed in salt. As her neighbors arrive for a cookout she whips up help-yourself hamburgers and blueberry crepes over the outdoor fire. Recipes from this episode: vegetable samosas, minty yogurt dipping sauce, salt-crusted fish, speedy mayo, dill and caper mayo, mango salsa, sesame beef patties, help-yourself hamburgers, holiday crepes, blueberry sauce, retro fruit punch.	APTEX	(S)	(CC)	N/A	#105H
14:00:00	Chef John Besh's New Orleans Grilled Watermelon, Tomato and Goat Cheese Salad, Caldo, and Melon with Muscat Wine and Wild Berries.	APTEX	(S)	(CC)	DVI	#120H
14:30:00	Jacques Pepin: Heart & Soul Fete Des Boules Jacques and his best friend Jean-Claude work up an appetite in the summer sun playing the traditional French game of boules. Jacques cooks up a party menu of favorites to share. He begins with crab chips with salmon caviar, bursting with decadent flavors and textures. Then the freshest of eggs are whisked to become an egg and herb treats appetizer. The party continues with a crowd-pleasing camembert with pistachio crust, a garden-fresh tabbouleh salad and a tomato, mozzarella and onion salad before Jacques finishes his festive menu with a grand smoked ham glazed with maple syrup, cooked and carved to perfection!	APTEX	(S)	(CC)	N/A	#101H

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Fri, Oct 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels The Shape's The Thing Shape makes the style statement. Designer syndee holt builds style from the bottom up as she creates no-show bezels for polymer clay jewelry. Then, she uses clay to make a seamless custom bail. In her Beading Lesson, Katie Hacker combines suede, chain and beads for a trendy new look.	NETA	(S)	(CC)	N/A	#2413H
15:30:00	Make It Artsy Inspired By Fashion Today, art becomes fashion. Mixed media artist Rae Missigman makes a wearable art journal for her artful ideas. Today's hottest jewelry trend is crafted into a bangle bracelet by Jen Cushman. Artist Candie Cooper affirms her art statement by embellishing boots. Jane Dunnewold has another idea about the maker's movement.	NETA	(S)	(CC)	N/A	#213H
16:00:00	Biz Kid\$ Secrets to Success The secret to success is actually simple - it's all about staying in school and building the best toolbox for your future. Learn about the many ways to pay for your education and the importance of learning every day of your life.	APTEX	(S)	(CC)	DVI	#210H
16:30:00	Hands On Crafts for Kids Wear It! With friends and family, create and wear your crafting projects. A fashionable, shimmery clay bird necklace is perfect to wear or to give as a gift. Franz shows how to draw original designs and transfer them to your t-shirt. Jenny uses plastic tableware and fabric dye to make a stenciled flower or flag on a t-shirt. Katie weaves a colorful loop bracelet you can make in your favorite colors or school colors. Use the Family Craft box to transform a t-shirt into a superhero cape with a custom-designed logo.	NETA	(S)	(CC)	DVI	#1706H
17:00:00	P. Allen Smith's Garden Home When Kids Takeover P. Allen Smith asks, how many kids does it take to host a show? Find out as Allen lets the little ones take over for the day.	APTEX	(S)	(CC)	N/A	#1504H
17:30:00	Growing A Greener World Epic Tomatoes (Raleigh, Nc) This episode shadows expert tomato grower, Craig LeHoullier from planting to harvest to get practical tips from one of the most respected experts while learning unique and innovative growing methods for dealing with a variety of challenging conditions.	APTEX	(S)	(CC)	N/A	#803H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14200H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1339H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8135
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#938H
20:00:00	Song of the Mountains Doyle Lawson & Quicksilver	NETA	(S)	(CC)	N/A	#1210H
21:00:00	Woodsongs John Oates JOHN OATES is one half of the best-selling duo of all time, Hall & Oates, as well as an accomplished solo artist. Influenced by R&B and folk music while growing up near Philadelphia, he is a member of the Rock'n'Roll Hall of Fame and the Songwriters Hall of Fame. John performs classic Hall & Oates hits solo acoustic plus reads from his new memoir 'Change of Seasons' and previews his upcoming tribute album to Mississippi John Hurt.	NETA	(S)	(CC)	N/A	#2001H
22:00:00	Film School Shorts Pet Problems Three wayward pets wreak havoc on the lives of their owners, neighbors and even distant acquaintances in these short films: Rosie, Oh by Andy Koeper and Apple Xenus, The Execution by Elise Ahrens, and Cupcake Bob by Olivia Accardo.	NETA	(S)	(CC)	N/A	#504H

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Fri, Oct 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	On Story From The Golden Age to the Platinum Age: A Conversation with Ed Begley Jr. With hundreds of film and television credits to his name, including Better Call Saul, A Mighty Wind, and Six Feet Under, second generation actor Ed Begley Jr. talks about what he looks for when choosing new projects, finding the pain in a character, and working with Christopher Guest and other comedy legends.	NETA	(S)	(CC)	N/A	#718H
23:00:00	Science Goes to the Movies Cancer Guest: Evan Handler. Movies: Wit, Me and Earl and the Dying Girl, 50/50. For fictional characters, cancer is almost always a death sentence. Odds are so much better for real humans. Actor and cancer survivor Evan Handler discusses his memoir, Time on Fire as we look at Hollywood's take on cancer.	EPS	(S)	(CC)	N/A	#401H
23:30:00	Theater Talk Lisa Lampanelli's Stuffed; Jack Viertel, Plus The Ride Comedian Lisa Lampanelli discusses her new play Stuffed, about women confronting eating and body issues. After her own loss of 107 pounds, Lampanelli (known in the comedy world as "The Queen of Mean") wrote this 4-woman play and starred in the WP Theater production Off-Broadway.	EPS	(S)	(CC)	N/A	#1004

Sat, Oct 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8135
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#938H
01:00:00	Song of the Mountains Doyle Lawson & Quicksilver	NETA	(S)	(CC)	N/A	#1210H
02:00:00	Woodsongs John Oates	NETA	(S)	(CC)	N/A	#2001H
	JOHN OATES is one half of the best-selling duo of all time, Hall & Oates, as well as an accomplished solo artist. Influenced by R&B and folk music while growing up near Philadelphia, he is a member of the Rock'n'Roll Hall of Fame and the Songwriters Hall of Fame. John performs classic Hall & Oates hits solo acoustic plus reads from his new memoir 'Change of Seasons' and previews his upcoming tribute album to Mississippi John Hurt.					
03:00:00	Film School Shorts Pet Problems	NETA	(S)	(CC)	N/A	#504H
	Three wayward pets wreak havoc on the lives of their owners, neighbors and even distant acquaintances in these short films: Rosie, Oh by Andy Koeger and Apple Xenus, The Execution by Elise Ahrens, and Cupcake Bob by Olivia Accardo.					
03:30:00	On Story From The Golden Age to the Platinum Age: A Conversation with Ed Begley Jr.	NETA	(S)	(CC)	N/A	#718H
	With hundreds of film and television credits to his name, including Better Call Saul, A Mighty Wind, and Six Feet Under, second generation actor Ed Begley Jr. talks about what he looks for when choosing new projects, finding the pain in a character, and working with Christopher Guest and other comedy legends.					
04:00:00	Science Goes to the Movies Cancer	EPS	(S)	(CC)	N/A	#401H
	Guest: Evan Handler. Movies: Wit, Me and Earl and the Dying Girl, 50/50. For fictional characters, cancer is almost always a death sentence. Odds are so much better for real humans. Actor and cancer survivor Evan Handler discusses his memoir, Time on Fire as we look at Hollywood's take on cancer.					
04:30:00	Theater Talk Lisa Lampanelli's Stuffed; Jack Viertel, Plus The Ride	EPS	(S)	(CC)	N/A	#1004
	Comedian Lisa Lampanelli discusses her new play Stuffed, about women confronting eating and body issues. After her own loss of 107 pounds, Lampanelli (known in the comedy world as "The Queen of Mean") wrote this 4-woman play and starred in the WP Theater production Off-Broadway.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#379
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Sunflower Drama	APTEX	(S)	(CC)	N/A	#512H
	The sunflower is, along with the rose, one of the most painted flowers in the world. This beautiful dramatic flower turns toward the sun's position, so any conceivable composition and flower position can be depicted. Gary pays particular attention to the petals of the flower which are painted in a loose, somewhat impressionistic style.					
08:30:00	Painting with Wilson Bickford Dragonfly, Part 1	NETA	(S)	(CC)	N/A	#306H
	Dragonflies are symbolic and special to many people. They're often said to be the spirit of a loved one come back to visit. Wilson blocks out the dragonfly and blends in the background.					
09:00:00	Landscapes Through Time with David Dunlop J.M.W. Turner's Visions of Veni	NETA	(S)	(CC)	DVI	#201H
	J.M.W. Turner (1775-1851) traveled to Venice three times and his experimentation in Venice served as a sensual catalyst for his future work. David discusses Turner's watercolor techniques in front of the iconic baroque cathedral Santa Maria della Salute, overlooking the Grand Canal. He then paints an oil sketch overlooking the Dogana and San Giorgio Maggiore, the same scenes immortalized in many of Turner's transcendent paintings from Venice.					

Sat, Oct 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Bone Strength Workout	APTEX	(S)	(CC)	DVI	#1127H
	In this episode of Classical Stretch, Miranda Esmonde-White will show you how to increase your bone strength so that you remain fully mobile, strong and pain-free. Filmed in a beautiful chapel walkway in Riviera Maya, this all-standing workout consists of easy-to-follow exercise sequences that will keep you young and healthy.					
10:00:00	Sit and Be Fit Posture and Breathing	NETA	(S)	(CC)	N/A	#1209H
	Posture is essential to any good workout. In this program Mary Ann demonstrates how to maintain good posture while exercising.					
10:30:00	Functional Fitness with Suzanne Andrews Healthy Neck	ACCES		(CC)	N/A	#112H
11:00:00	Delicious TV's Vegan Mashup Healthy on a Budget	NETA	(S)	(CC)	DVI	#104H
	With grocery bills on the rise, the Vegan Mashup chefs offer you delicious and cost-conscious alternatives to your every day dishes. Shepard's Pie/Sukiyaki/Lickity Split Pea Soup.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Baking Up Comfort	APTEX	(S)	(CC)	N/A	#1107H
	David Sterling, chef and author of "Yucatan: Recipes from a Culinary Expedition," brings Rick on a whirlwind tour of the peninsula. The pair of Oklahoma-born, Mexico-obsessed chefs begin their journey with a conversation in Hunucma, where Dona Lupita serves home-cooked meals at the kitchen table of her family's cocina economica. Though the Yucatan is not known for its bakeries, David goes to the rustic wood-burning ovens at Panaderia Liz in Merida. Then it's back to the gorgeous kitchen at Los Dos Cooking School, where David makes a pan of buttery, indulgent hojaldras - a sweet-and-savory pastry stuffed with ham, cheese and chile and dusted with sugar. Inspired by all of the homey comfort, Rick makes a nourishing frijol con puerco and a hojaldra all his own.					
12:00:00	Lidia's Kitchen Acidity	APTEX	(S)	(CC)	N/A	#426H
	At the base of Italian cuisine are essential Italian ingredients and vinegar is one of them. Lidia masters the art of cooking with vinegar in this episode. She prepares a red cabbage and bacon salad in a warm bacon and balsamic vinegar dressing; chicken in vinegar sauce; and a tangy garlic savoy cabbage and potatoes dish.					
12:30:00	Moveable Feast with Fine Cooking San Francisco - David Barzelay and Brandon Jew	APTEX	(S)	(CC)	N/A	#404H
	Host Pete Evans brings Moveable Feast to Golden Gate Park with fellow chefs David Barzelay of San Francisco's Lazy Bear and Brandon Jew of Mister Jiu's. The team forages today, first for seaweed off Bodega Bay, then redwood bark for the cocktail. For their meal, they prepare steamed halibut and bone marrow and aged cheddar cheese with crudite. Their cross-cultural meal meets a rustic setting as they eat a beautiful dinner inside a Redwood grove.					
13:00:00	Two for the Road Journey to the End of the World	NETA	(S)	(CC)	N/A	#101H
	Nik and Dusty leave their home in Texas and set out for the "city at the end of the world," where they hop on board a Russian research ship bound for Antarctica. Part 1 of 2.					
13:30:00	Mineral Explorers Colombia	NETA	(S)	(CC)	DVI	#102H
	Every day millions of dollars of emeralds are traded on the streets of Bogota, Colombia's thriving capital city, but few people ever venture to the source of these elusive gems. In this episode, Nagin leads us over treacherous mountain roads deep in the Andes Mountains to explore Colombia's gorgeous but rugged countryside, the lives of its people, and the amazing world of emeralds. Then, it's back to the big city to visit to the hustle of the world's largest emerald district. Minerals featured in this episode: Emeralds.					
14:00:00	Rick Steves' Europe Venice: City of Dreams	APTEX	(S)	(CC)	N/A	#710H
	After sorting through the monuments of Venice's powerful past, we trace its decline from Europe's most powerful city to its most hedonistic one. We cruise the Grand Canal, luxuriate in a venerable cafe, and savor fresh fish canalside with Venetian friends. Becoming as anonymous as possible in this city of masks, we'll be dazzled by masterpieces of the Venetian Renaissance and get intimate with the city of Casanova...on a gondola under the moonlight.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese India: Good Karma Explorer Richard Wiese travels to the mystical land of India to explore its ancient yet vibrant traditions. His mission-to perform a "seva" or good deed at the Gurudwara Bangla Sahib in Delhi, a Sikh temple known for feeding thousands. At the world renowned Kalakshetra Foundation, he experiences the magic of Indian music and dance and discovers why they're considered holy arts. Meet an artist who paints holy elephants and find out why Indian pottery is an age-old craft.	APTEX	(S)	(CC)	N/A	#104H
15:00:00	Garden Smart GardenSMART makes a return visit to a great garden, with a tremendous gardener. We discuss water in the garden, companion plants and shade loving plants. Something for every gardener; be sure to tune in.	NETA	(S)	(CC)	N/A	#4801H
15:30:00	Baby Makes 3 Small Safari The Baby Makes 3 team visit Carolina Tiger Rescue with the parents-to-be for a lesson in how this safari-themed nursery can give a child an appreciation for animals and nature.	APTEX	(S)	(CC)	N/A	#210H
16:00:00	Drexel Interview African American Museum In Philadelphia This installment of the program's museum series takes Host Paula Marantz Cohen on a tour of the African American Museum in Philadelphia. Museum staff offer exclusive insight into permanent installations and a recent traveling exhibition, Arresting Patterns: Perspectives on Race, Criminal Justice, Artistic Expression, and Community. Conversation and visual imagery throughout the tour reveal the rich cultural and historical importance of this institution for mapping the trajectory of American democracy, freedom, and civil rights.	NETA		(CC)	N/A	#602H
16:30:00	Overheard with Evan Smith Lyle Lovett, Singer/Actor Lyle Lovett is a singer, composer and actor. Since his self-titled debut in 1986, Lovett has released 14 albums that fuse elements of country, swing, jazz, folk, gospel and blues. He has won four Grammy Awards, including Best Male Country Vocal Performance and Best Country Album. Lovett was also named Texas State Musician.	NETA	(S)	(CC)	N/A	#801H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Still Maker Christopher Kelley makes beautiful copper stills. Host Eric Gorges works with Christopher to make a moonshine still worthy of the most potent of spirits.	APTEX	(S)	(CC)	N/A	#405H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3539H
18:30:00	The Open Mind Guest: Cecile McLorin Salvant. Jazz singer Cecile McLorin Salvant talks about the identity, soul and increasingly political purpose of her music.	NETA		(CC)	N/A	#3810H
19:00:00	Closer to Truth Death Disrupted? Religions offer life after death. Many people are skeptical. Evidence for post-mortem survival? Again, skeptics abound: Can death ever be defeated? Are these possible ways?	EPS	(S)	(CC)	N/A	#1701H
19:30:00	American Forum	NETA	(S)	(CC)	N/A	#304H

Sat, Oct 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Keb' Mo'	APTEX	(S)	(CC)	N/A	#103H
	<p>Contemporary blues musician and three-time Grammy winner Keb' Mo' takes the stage alongside his band of top musicians. With Les Falconer III on drums, Vail Johnson on bass, Michael Hicks on keyboards, Kevin So on keyboards and guitar and Jeff Paris on guitar, mandolin and harmonica, the band's full sound and Mo's incomparable blues style engulf the elated audience. Keb' Mo' - formerly known as Kevin Moore - was born in South Los Angeles to parents from the Deep South. Often described as a living link to the seminal Delta blues of the past, he describes his style as a combination of the music he grew up listening to: blues, country, soul and folk. "I'm kind of a hybrid version of all those things thrown together," he says. His multi-faceted career includes portraying one of his blues influences, Robert Johnson, in the 1998 documentary Can't You Hear the Wind Howl? Mo' and his band open the show at Infinity Hall with "Inside Outside," a song from his most recent album, Reflection. Mo' describes the album as the "culmination of all of my influences throughout my career." He also treats the crowd to his slow groove single "The Whole Enchilada," which he describes as a song that "reminds us men that when you are out there courting and falling in love that there's just a few things to keep in mind." Television fans will recognize his tune "I See Love," the theme song from the CBS sitcom Mike & Molly. Plus, the band doesn't disappoint with "Life is Beautiful" from his 2006 release Suitcase, and several other songs from his Grammy award-winning albums. INFINITY HALL LIVE captures the energy of the crowd during Mo's rousing performance. The band closes the show on a high note with the inspirational "A Better Man," a song created for the charity organization "Playing for Change" which inspires peace in the world through music.</p>					
21:00:00	Front and Center The Cadillac Three	APTEX	(S)	(CC)	N/A	#706H
	<p>Fronted by Grammy Award nominated songwriter Jaren Johnston, The Cadillac Three have a sound that hovers between radio-ready country anthems, hard-and-heavy rock ballads and traditional southern folk. The trio perform songs from their latest album, Bury Me in My Boots, including their three top 50 songs "The South," "Party Like You," and "White Lightning."</p>					
22:00:00	Globe Trekker Nigeria	APTEX	(S)	(CC)	N/A	#1608H
	<p>Adela Ucar kicks off her visit in the capital of Lagos, an anarchic and electric city with a vital nightlife. Next she journeys to Yoruba Land in the southwest, thought to be the site of the Queen of Sheba's tomb. Adela later meets witch doctors in Oyo, travels to the historic walled cities in the north, hunts for bargains in the ancient Kurmi Market, visits the traditional Fulani village of Chafe and encounters a rare mountain gorilla in Nigeria's eastern highlands.</p>					
23:00:00	Arts In Context People's Choice	NETA		(CC)	N/A	#605H
	<p>After creating Red vs. Blue, the longest running webseries in the world, Rooster Teeth is ready to tackle their first feature-length film, Lazer Team. Engaging with their now-vast community has always been a priority for this dedicated team of creators, and that paid major dividends while crowdfunding for Lazer Team - to the tune of nearly \$2.5 million. With the support of their loving fanbase, Rooster Teeth is poised to debut on the big screen in a big way.</p>					
23:30:00	Articulate with Jim Cotter Scents and Sensibility	APTEX	(S)	(CC)	N/A	#106H
	<p>Conducting opera may well be the hardest job in classical music. The quietly spoken Fabio Luisi does it all with grace and aplomb. Found in Translation - Scholarly translations are a constant battle between literal accuracy and literary interpretation. Elizabeth Streb: Dancing with Danger - It's rare for an artist to disavow her own genre but Elizabeth Streb may well be the most fervently anti-dance choreographer you've ever met.</p>					

Sun, Oct 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Death Disrupted? Religions offer life after death. Many people are skeptical. Evidence for post-mortem survival? Again, skeptics abound: Can death ever be defeated? Are these possible ways?	EPS	(S)	(CC)	N/A	#1701H
00:30:00	American Forum	NETA	(S)	(CC)	N/A	#304H
01:00:00	Infinity Hall Live Keb' Mo' Contemporary blues musician and three-time Grammy winner Keb' Mo' takes the stage alongside his band of top musicians. With Les Falconer III on drums, Vail Johnson on bass, Michael Hicks on keyboards, Kevin So on keyboards and guitar and Jeff Paris on guitar, mandolin and harmonica, the band's full sound and Mo's incomparable blues style engulf the elated audience. Keb' Mo' - formerly known as Kevin Moore - was born in South Los Angeles to parents from the Deep South. Often described as a living link to the seminal Delta blues of the past, he describes his style as a combination of the music he grew up listening to: blues, country, soul and folk. "I'm kind of a hybrid version of all those things thrown together," he says. His multi-faceted career includes portraying one of his blues influences, Robert Johnson, in the 1998 documentary Can't You Hear the Wind Howl? Mo' and his band open the show at Infinity Hall with "Inside Outside," a song from his most recent album, Reflection. Mo' describes the album as the "culmination of all of my influences throughout my career." He also treats the crowd to his slow groove single "The Whole Enchilada," which he describes as a song that "reminds us men that when you are out there courting and falling in love that there's just a few things to keep in mind." Television fans will recognize his tune "I See Love," the theme song from the CBS sitcom Mike & Molly. Plus, the band doesn't disappoint with "Life is Beautiful" from his 2006 release Suitcase, and several other songs from his Grammy award-winning albums. INFINITY HALL LIVE captures the energy of the crowd during Mo's rousing performance. The band closes the show on a high note with the inspirational "A Better Man," a song created for the charity organization "Playing for Change" which inspires peace in the world through music.	APTEX	(S)	(CC)	N/A	#103H
02:00:00	Front and Center The Cadillac Three Fronted by Grammy Award nominated songwriter Jaren Johnston, The Cadillac Three have a sound that hovers between radio-ready country anthems, hard-and-heavy rock ballads and traditional southern folk. The trio perform songs from their latest album, Bury Me in My Boots, including their three top 50 songs "The South," "Party Like You," and "White Lightning."	APTEX	(S)	(CC)	N/A	#706H
03:00:00	Globe Trekker Nigeria Adela Ucar kicks off her visit in the capital of Lagos, an anarchic and electric city with a vital nightlife. Next she journeys to Yoruba Land in the southwest, thought to be the site of the Queen of Sheba's tomb. Adela later meets witch doctors in Oyo, travels to the historic walled cities in the north, hunts for bargains in the ancient Kurmi Market, visits the traditional Fulani village of Chafe and encounters a rare mountain gorilla in Nigeria's eastern highlands.	APTEX	(S)	(CC)	N/A	#1608H
04:00:00	Arts In Context People's Choice After creating Red vs. Blue, the longest running webseries in the world, Rooster Teeth is ready to tackle their first feature-length film, Lazer Team. Engaging with their now-vast community has always been a priority for this dedicated team of creators, and that paid major dividends while crowdfunding for Lazer Team - to the tune of nearly \$2.5 million. With the support of their loving fanbase, Rooster Teeth is poised to debut on the big screen in a big way.	NETA		(CC)	N/A	#605H
04:30:00	Articulate with Jim Cotter Scents and Sensibility Conducting opera may well be the hardest job in classical music. The quietly spoken Fabio Luisi does it all with grace and aplomb. Found in Translation - Scholarly translations are a constant battle between literal accuracy and literary interpretation. Elizabeth Streb: Dancing with Danger - It's rare for an artist to disavow her own genre but Elizabeth Streb may well be the most fervently anti-dance choreographer you've ever met.	APTEX	(S)	(CC)	N/A	#106H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#380
08:00:00	Gary Spetz's Watercolor Quest Sea of Cortez Host-Artist, Gary Spetz, sails aboard a cruise ship to explore, photograph and paint Baja Mexico-from the mountain-surrounded scenic town of Loreto to the flashy resort beaches of Cabo San Lucas. In this episode, he explains, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	N/A	#113H
08:30:00	Paint This with Jerry Yarnell Hawaii's Finest Hour, Part 3 In this episode, Jerry shows his viewers how to add the sunlight on the sand. Then he shows his viewers how to compose the group of palm trees on the left side of the painting. Then shows how to block the trunks in using the #2 chisel brush. He then gives a technical explanation of how reflections work and then paints them on with the #4 chisel-edge brush. He finishes up by painting in the large palm tree trunk on the right side.	NETA	(S)	(CC)	N/A	#2307H

Sun, Oct 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Rocky Mountain River	APTEX		(CC)	N/A	#508H
	Color may be the foundation of all art, but it is light, shade, and tone that bring a painting to life. Tone may have a variety of interpretations in art. How we perceive the tone of an object depends on its actual surface lightness or darkness, color and texture, the background and lighting. Generally, however, artists consider tone as the way a light source varies through shades of gray to the deepest black shadows. Wyland uses tone for dramatic effect as he follows the subtle changes of light along a pristine river hidden within the Rocky Mountains.					
09:30:00	Classical Stretch: By Essentrics Weight Loss Workout	APTEX	(S)	(CC)	DVI	#1128H
	In this episode of Classical Stretch, Miranda Esmonde-White will guide you through gentle, full body exercises that will help you lose weight and gain strength and flexibility in your muscles and joints. Enjoy this gentle, all-standing workout, filmed at a gorgeous, quaint chapel in Mexico.					
10:00:00	Sit and Be Fit Facial Exercises	NETA	(S)	(CC)	N/A	#1210H
	Facial exercises are important because they increase sensory awareness in mouth and encourage facial expression. These exercises are essential for anyone experiencing neurological challenges.					
10:30:00	Power Yoga: Mind and Body Twists/Spine	APTEX	(S)	(CC)	N/A	#115
	With Marichyasana C, Crescent / Anjanyasana, Jathara Parivartanasana, and others.					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#327H
11:30:00	New Orleans Cooking with Kevin Belton Oysters	APTEX	(S)	(CC)	N/A	#119H
	Oysters Rockefeller, fried oysters with spinach salad, oyster patties.					
12:00:00	Ciao Italia Strawberries and Raspberries for Dessert/Fragole E Lamponi Per Dessert	NETA	(S)	(CC)	N/A	#2425H
	Master Pastry Chef Jim Dodge reveals the secret of making the perfect Italian custard called Budino, while Mary Ann returns the favor by sharing her tips on how to make masterful Little Raspberry Thyme Tarts.					
12:30:00	Mike Colameco's Real Food Ny Ice Cream	NETA	(S)	(CC)	N/A	#1407H
	For lovers of ice cream there has never been a better time. In one action packed day Mike tours Victory Garden frozen yogurt, The Big Gay Ice Cream Truck, Dave's, Morgenstern's, A.B. Biagi Gelato, Gelato Ti Amo and Melt Bakery Ice Cream sandwiches.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Little Ukraine	APTEX	(S)	(CC)	DVI	#207H
	Little Ukraine is a small 3-block gem in Manhattan's East Village: from celebrating Pierogi Day to jumping splits with Ukrainian dancers, Mickela gets a taste of it all.					
13:30:00	Family Travel with Colleen Kelly Chattanooga, Tennessee - Moonpies, Incline Railway, and the View of Seven	APTEX		(CC)	N/A	#407H
	The Kelly's return to Tennessee, and this time to explore a favorite family destination, Chattanooga. Here, Colleen and her family soak up the local color by tasting some delicious moonpies, and trying their hand at rock climbing in the heart of Chattanooga. They even take a ride on the world's steepest passenger railway! Then, they head to Rock City, a gorgeous mountain with a breathtaking waterfall, where they marvel at the views of not only the Tennessee mountains, but also six different states.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#327H
14:30:00	Destination Craft with Jim West Mexico	APTEX	(S)	(CC)	N/A	#110H
	Jim West travels to San Miguel de Allende, Mexico where master artisans teach paper mache, Huichol beading, pinata making, and creating giant Mojiganga puppets. He hopes to master the art of Mexican mosaics, craft sweet potato ice cream, learn about neo-muralism from street artists, and create a traditional mole sauce with chicken from a master chef.					

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15:00:00	American Woodshop Tripod Occasional Table for Living Rooms Tripod Occasional Table for Living Rooms.	NETA	(S)	(CC)	N/A	#2413H
15:30:00	Rough Cut - Woodworking with Tommy Mac Ridge/Rafters/Knee Walls This week on Rough Cut Woodworking with Tommy Mac it's a long day of heavy lifting to finish up the frame of the roof. Tommy gets Rough Cut regular Chris Reynolds to help install the ridge, the long and short rafters, and finishing touches like collar ties. By the end of the day, Tommy will have an actual building.	APTEX	(S)	(CC)	N/A	#706H
16:00:00	Foundations of Yoga with Tara Lee Earth Energy Sequence Earth Energy Sequence is a rooting sequence that connects you to the Earth's energy as you move through a selection of yoga postures.	EPS	(S)	(CC)	N/A	#103H
16:30:00	Second Opinion Type II Diabetes/Value-Based Care Patient Story: Almost 30 million people in the U.S. have Type II Diabetes. It's a disease that can be greatly improved by lifestyle changes including a healthy diet and exercise, along with medication compliance and monitoring. But not many people do as well as Mark Lee, who completely turned his life around after his diagnosis. His story is an inspiration to those who struggle every day with controlling their diabetes. Myth or Medicine: Weight loss can improve Type II Diabetes, but can it be cured? Second Opinion 5: Five ways to control your diabetes.	APTEX	(S)	(CC)	N/A	#1208H
17:00:00	Natural Health Breakthroughs with Brenda Watson Stem Cells I Research into using stem cells to repair damaged hearts - Joshua Hare, MD: Director of Interdisciplinary Stem Cell Institute at the Univ. of Miami Miller School of Medicine. Research into using stem cells to repair damaged spinal cords - Barth Green, MD: Chairman of Neurological Surgery at Univ. of Miami Health Miller School of Medicine, and co-founder of The Miami Project to Cure Paralysis. Using stem cells during orthopedic surgery to improve healing and recovery times - Wade McKenna, DO: orthopedic surgeon who routinely uses patients' enhanced stem cells during their operations; Neil Riordan, PhD: research scientist who pioneered the process that enhances patients' stem cells (he's also McKenna's business partner). The current state of stem cell research, and its promising future - Andrew McMahon, PhD: Director of the Broad Center for Regenerative Medicine and Stem Cell Research at USC. Personal story - Jim Morella: we follow this 60-something marathon runner who needs knee surgery (again!) and who's decided he wants Dr. McKenna to give him stem cell injections to help him heal better and faster.	EPS	(S)	(CC)	N/A	#106H
17:30:00	Well Read Jayne Ann Krentz, When All The Girls Have Gone Today's Well Read guest believes at the core of the romance suspense novel lies a classic American story. Author Jayne Ann Krentz explains the core values present in each of her books; debunks the misconception that romance novels are sexual tales; and introduces us to an unlikely crime fighting couple in her new book "When All The Girls Have Gone." In Bookmarks, Mary Ann's list of improbable partners working together to right wrongs.	APTEX	(S)	(CC)	N/A	#614H
18:00:00	California's Gold Pyramid Set against the San Francisco skyline, The Transamerica Building, is one of the most distinctive structures on the globe. With its 48 stories and 212-foot spire, 18 elevators, 3,678 windows, the Pyramid is San Francisco's tallest building and is considered the most photographed building in the world. There are approximately 16,000 cubic yards of concrete and 1500 people working inside, it is truly a spectacle. Join Huell as he learns about the sometimes-controversial history of this California landmark and gets a very special tour, including a vertigo-inducing trip to the very top of the spire.	KCET		(CC)	N/A	#3004
18:30:00	Curious Traveler Curious Sorrento Why did the ancient Roman rich and famous choose to vacation here? Who opened the gate for the bad guys in the 1500s? What does the town clock tower symbolize? What's the history of majolica tile art? Why are Sorrento lemons and limoncello so famous?	APTEX	(S)	(CC)	N/A	#210H
19:00:00	Make48 The series launches with an introduction to Make48 and the real life challenges of taking a product from napkin design to store shelf. Teams are given the product challenge. With the whistle blow the 48 hour inventor competition begins. Product ideas and brainstorm start to flow. Teams meet with a patent attorney to do preliminary patent searches to ensure their idea is a new one. Mentors and Tool Techs give assistance and the teams explore solutions for some of life's everyday problems. The quest to invent has begun.	APTEX	(S)	(CC)	N/A	#101H

Sun, Oct 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Danielle Applestone	KAMLA	(S)	(CC)	N/A	#125H
	Kamla talks to Danielle Applestone, CEO of of Other Mill Co in Berkeley. Applestone talks about growing up in Arkansas and discovering her love for math and science, which led her to studying engineering at MIT and UT Austin. Armed with a PhD in material engineering she headed to Silicon Valley, which is where she wanted to learn the ropes for starting a company. Tune in to find out how she did it. This part of "Women in Science and Technology" series.					
20:00:00	Black America Motherhood with Staceyann Chin	EPS	(S)	(CC)	N/A	#102H
	Spoken-word poet and activist Staceyann Chin sits down with host, Carol Jenkins and talks about her life of activism, art and motherhood.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#202H
	We feature Asian American leaders and Thornton in the fashion industry and profile designers, social media experts and entrepreneurs who are changing the way we look at fashion.					
21:00:00	The Annual Imagen Awards	NETA	(S)	(CC)	N/A	#2017H
	The 32nd Annual Imagen Awards recognizes and rewards positive portrayals of Latinos in all forms of media, as well as encourages and recognizes the achievements of Latino celebrities and Latino-focused projects, including programs that have aired on PBS. Hamilton's Lin-Manuel Miranda and Family receive the President's Award for their contributions to the Latino community and the arts.					
22:00:00	Roadtrip Nation Find Your Voice	APTEX	(S)	(CC)	N/A	#1401H
	A new road trip begins! Road-trippers Ariel, Elicia, and Regina set off in the green RV to meet inspiring women in STEM who've forged their own paths. In Boston, they hear why Harvard professor Evelyn Hammonds went from physics to the history of science, and artist Janet Echelman, whose awe-inspiring sculptures sway above cities across the world, shares the importance of finding your own voice.					
22:30:00	Our American Family: The Barreras	NETA	(S)	(CC)	N/A	#0H
	The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. OUR AMERICAN FAMILY: THE BARRERAS From the darkness of a coal mine in New Mexico to vibrant beauty under the California sun, Our American Family: The Barreras Family provides a compelling narrative of unwavering commitment to family. Life in the remote company-owned town of Madrid in the 1920s and '30s was a mixture of hard, dangerous work offset by the joy of baseball and celebrations. With the closing of the mine in the early '40s, the extended family re-established itself in southern California by living frugally and powerfully supporting one another through challenges.					
23:00:00	Real Adam Smith Morality and Markets	NETA	(S)	(CC)	N/A	#101H
	Morality and Markets, first in the two-part series, The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a close look at Adam Smith, who lived in an 18th century world of sailing ships and horse-drawn carriages. Trade in his day was limited and riddled with corruption, yet Smith imagined and wrote about a lively global trade among ethical businesses that would revolutionize the world's marketplaces. Smith was a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. He recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Today's markets have grown to a massive scope of international trade that would have been unimaginable even a few decades ago. In this seemingly ruthless competitive environment, where the stakes are high, can ethical and honest businesses still prosper? How does globalization benefit anyone and how are Smith's ideas about markets and morality nearly 240 years ago relevant today? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg takes a closer look at the man who would upend the notion of how societies and economics work, and make way for the modern age. Highlights of Norberg's travels throughout Europe, exploring Smith's life, times and revolutionary ideas, include: Visits to Kirkcaldy, Edinburgh and Glasgow, Scotland, where Smith was born, educated and spent his life teaching, writing and advocating his revolutionary ideas on markets and human morality. To London and Paris, where Smith's ideas influenced other important thinkers and statesmen of his time. At the National Maritime Museum in Greenwich, England, Smith's loathing for the corruption and cronyism that was the East India Company is explored. Morality and Markets explores Adam Smith's 18th century worldview of ethics and honesty in business.					

Mon, Oct 09, 2017

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00:30:00	The Kamla Show Special Danielle Applestone Kamla talks to Danielle Applestone, CEO of of Other Mill Co in Berkeley. Applestone talks about growing up in Arkansas and discovering her love for math and science, which led her to studying engineering at MIT and UT Austin. Armed with a PhD in material engineering she headed to Silicon Valley, which is where she wanted to learn the ropes for starting a company. Tune in to find out how she did it. This part of "Women in Science and Technology" series.	KAMLA	(S)	(CC)	N/A	#125H
01:00:00	Black America Motherhood with Staceyann Chin Spoken-word poet and activist Staceyann Chin sits down with host, Carol Jenkins and talks about her life of activism, art and motherhood.	EPS	(S)	(CC)	N/A	#102H
01:30:00	Asian American Life We feature Asian American leaders and Thornton in the fashion industry and profile designers, social media experts and entrepreneurs who are changing the way we look at fashion.	EPS	(S)	(CC)	N/A	#202H
02:00:00	The Annual Imagen Awards The 32nd Annual Imagen Awards recognizes and rewards positive portrayals of Latinos in all forms of media, as well as encourages and recognizes the achievements of Latino celebrities and Latino-focused projects, including programs that have aired on PBS. Hamilton's Lin-Manuel Miranda and Family receive the President's Award for their contributions to the Latino community and the arts.	NETA	(S)	(CC)	N/A	#2017H
03:00:00	Roadtrip Nation Find Your Voice A new road trip begins! Road-trippers Ariel, Elicia, and Regina set off in the green RV to meet inspiring women in STEM who've forged their own paths. In Boston, they hear why Harvard professor Evelyn Hammonds went from physics to the history of science, and artist Janet Echelman, whose awe-inspiring sculptures sway above cities across the world, shares the importance of finding your own voice.	APTEx	(S)	(CC)	N/A	#1401H
03:30:00	Our American Family: The Barreras The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. OUR AMERICAN FAMILY: THE BARRERAS From the darkness of a coal mine in New Mexico to vibrant beauty under the California sun, Our American Family: The Barreras Family provides a compelling narrative of unwavering commitment to family. Life in the remote company-owned town of Madrid in the 1920s and '30s was a mixture of hard, dangerous work offset by the joy of baseball and celebrations. With the closing of the mine in the early '40s, the extended family re-established itself in southern California by living frugally and powerfully supporting one another through challenges.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Real Adam Smith Morality and Markets Morality and Markets, first in the two-part series, The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a close look at Adam Smith, who lived in an 18th century world of sailing ships and horse-drawn carriages. Trade in his day was limited and riddled with corruption, yet Smith imagined and wrote about a lively global trade among ethical businesses that would revolutionize the world's marketplaces. Smith was a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. He recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Today's markets have grown to a massive scope of international trade that would have been unimaginable even a few decades ago. In this seemingly ruthless competitive environment, where the stakes are high, can ethical and honest businesses still prosper? How does globalization benefit anyone and how are Smith's ideas about markets and morality nearly 240 years ago relevant today? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg takes a closer look at the man who would upend the notion of how societies and economics work, and make way for the modern age. Highlights of Norberg's travels throughout Europe, exploring Smith's life, times and revolutionary ideas, include: Visits to Kirkcaldy, Edinburgh and Glasgow, Scotland, where Smith was born, educated and spent his life teaching, writing and advocating his revolutionary ideas on markets and human morality. To London and Paris, where Smith's ideas influenced other important thinkers and statesmen of his time. At the National Maritime Museum in Greenwich, England, Smith's loathing for the corruption and cronyism that was the East India Company is explored. Morality and Markets explores Adam Smith's 18th century worldview of ethics and honesty in business.	NETA	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#381

Mon, Oct 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Zula Patrol Down Under/Singin' in the Rain Forest The Zula Patrol comes to the aid of Zulean insects whose entire neighborhood (a lush green field with rich topsoil) has been bulldozed away by Bruce and Sheila Mole, who are building an above-ground winter home to get away from those chilly months "down under" the ground. Wizzy and Wigg are taking care of Iris' orchid, but when it wilts, they decide to replace it - by going to where most orchids come from: Earth's Amazon rain forest. As they try to find the orchid, they learn all about the incredible rain forest - and make friends with its fascinating animal inhabitants, some of whom are endangered.	APTEX	(S)	(CC)	N/A	#205H
08:30:00	1001 Nights To Hatch A Thief/The Gift of Norooz "To Hatch a Thief" - When ordinary townspeople resort to stealing, they soon learn what it's like to have to live among thieves. "The Gift of Norooz" - A poor family learns the true spirit of giving during the Persian New Year.	NETA	(S)	(CC)	DVI	#111H
09:00:00	Functional Fitness with Suzanne Andrews Help Me Sleep: Yoga for Insomnia	ACCES	(S)	(CC)	N/A	#306H
09:30:00	Classical Stretch: By Essentrics Ab & Core Strength Workout In this episode of Classical Stretch, join Miranda Esmonde-White at a pristine sandy beach in the gorgeous Riviera Maya. Work on strengthening your abs and core with a series of dynamic standing and floor exercises.	APTEX	(S)	(CC)	DVI	#1129H
10:00:00	Sit and Be Fit We've Gone Country Country music sets the tone and pace for this fun full body workout.	NETA	(S)	(CC)	N/A	#1211H
10:30:00	Fit 2 Stitch Graduations and Celebrations No matter what the season, there is sure to be a party going on. Peggy shows how to look and feel great for any occasion in a pretty print dress.	NETA	(S)	(CC)	N/A	#403H
11:00:00	Knit and Crochet Now! Springtime Tees Just because the weather is warm doesn't mean you have to put down your needles and hooks! Deborah is joined by Ellen Gormley who will show how to crochet up the Whole Latte Love Tee with an easy openwork yoke and textured stripes. Lena will then show how to stitch up the Knit Lace Sampler T-shirt. Ellen is in the stitch corner with the Fishbone stitch.	APTEX	(S)	(CC)	DVI	#713H
11:30:00	Fons & Porter's Love of Quilting Moonlight Bay This quilt features a two-block design that creates a rippling movement similar to the moonlight reflected on the surface of water.	NETA	(S)	(CC)	N/A	#2512H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7051H
13:00:00	America's Test Kitchen from Cook's Illustrated The Ultimate Sticky Buns Hosts Julia Collin Davison and Bridget Lancaster head into the test kitchen to uncover the secrets to making the ultimate sticky buns at home. Then, science expert Dan Souza demystifies the science of a water roux. Next, tasting expert Jack Bishop challenges Bridget to a tasting of almond butter. And finally, equipment expert Adam Ried reviews waffle irons in the equipment corner.	APTEX	(S)	(CC)	N/A	#1707H
13:30:00	Pati's Mexican Table Backyard Picnic Pati is throwing a picnic for family and friends in her backyard. She'll make some of her favorite "picnic foods" and serve everyone outside picnic-style. It also happens to be her husband Dany's birthday, so a big surprise is in store! Recipe 1: Crazy Sandwich with Chicken, Refried Beans, Plantain and Avocado; Recipe 2: Potato and Poblano Rajas Salad; Recipe 3: Mango Puff; Recipe 4: Grapefruit and Guava Spritzer with Agave.	APTEX	(S)	(CC)	N/A	#413H

Mon, Oct 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Kitchen Wisdom of Cecilia Chiang Mother Knows Best "In most families in China, father was the boss" Cecilia tells viewers, "but in our family my mother was the boss." Cecilia's mother was very short and plump, loved to eat and was a very good cook. But with 12 children and a husband to feed, she left the cooking to her two chefs who turned out different elaborate lunches and dinners each day-food that can no longer be found, even in China. At the table the mother would go into detail about each dish. Cecilia called upon this knowledge when she opened the first Mandarin restaurant. In this episode, Cecilia cooks with Gary Danko who also learned about food from his mom. In the kitchens of Restaurant Gary Danko, where reservations are coveted like winning lottery tickets, Cecilia and Gary recreate the Mandarin's crispy Szechuan duck and then Gary shows Cecilia his lemon pepper duck breast with confit duck hash.	APTEX	(S)	(CC)	DVI	#104H
14:30:00	On The Road with Vic Rallo: Italy! Cremona Vic visits the quaint town of Cremona outside of Milan, home of the famed Stradivarius and Guarneri violins and violas - and helps make another artisan masterpiece, a 500 lb. Auricchio provolone. In the shadow of Italy's tallest brick bell tower, Vic speaks with the mayor in Cremona's historic piazza and learns about the town's centuries-old traditions of music and food. Recipes include Pasta Napkins with provolone and zucchini fonduta.	APTEX	(S)	(CC)	N/A	#102H
15:00:00	Beads, Baubles and Jewels Vary Your Routine Mix up your jewelry-making routine. Designer Kate Richbourg warms up by mixing colors and shapes in her bead palettes. She works out her designs with beads of all sorts. Then, she cools things down with techniques for crimping and creatively finishing necklaces.	NETA	(S)	(CC)	N/A	#2501H
15:30:00	Katie Brown Workshop Wine and Cheese Bring the vineyard indoors with a wine and cheese party. Tickle guests' taste buds with zucchini poppers, blue cheese with rosemary honey, and bean and feta salad. Turn fruit into art with a stylish grape sculpture and a chic grape centerpiece.	APTEX	(S)	(CC)	DVI	#412H
16:00:00	Biz Kid\$ The Marketing Mix Now that you've decided on your business product or service, how will you promote it? Let the Biz Kids help you understand your target market and learn about the four P's of business success: product, price, promotion, and placement. Learn how "Exclusive Cuts" barber services, "Wow, Take a Bow" dog grooming, and other businesses market their services and products.	APTEX	(S)	(CC)	DVI	#211H
16:30:00	Hands On Crafts for Kids At Home Become an interior designer with crafts you create. Katie shows how to light up the night with a glittery night light. Franz helps you plan and host an art gallery opening at your house. Jenny shows how to bond with your own home as you make a house from felt. Then decorate your home with a colorful garland made from the Family Craft Box. Katie uses a favorite fabric to add a bright, fresh pintuck quilted picture to any bedroom decor.	NETA	(S)	(CC)	DVI	#1707H
17:00:00	P. Allen Smith's Garden Home Upcycle Your Life P. Allen Smith's unique and clever take on turning trash into treasure. Plus, how to get the most out of your weekly grocery budget.	APTEX	(S)	(CC)	N/A	#1505H
17:30:00	Growing A Greener World Gardening for Butterflies & Other Beneficial Insects (Atlanta, Ga, Phoenix, Az) Many Butterflies and pollinators are losing vital habitats to urban sprawl and widespread use of herbicides. In this episode, national experts show ways we can all attract and help restore populations of these threatened insects while increasing the beauty of our landscapes.	APTEX	(S)	(CC)	N/A	#804H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14201H
18:30:00	Americas Now The Uncontacted "The Uncontacted" - In this week's lead story, Correspondent Dan Collyns takes viewers to a remote area of Peru's Amazon rain forest. There he explores a people cut off from the world for centuries. They are now making contact with the outside world for the first time. The contact is not without problems as this "lost tribe" struggles to adapt. Next "Game Changer" - A profile of Dora Maria Ruiz Galindo, a woman dedicated to rural education among the indigenous people of Mexico. She founded an organization to coach children, parents and teachers on issues that traditionally go unexplained: self-esteem, sexual abuse, and domestic violence. Finally - a video essay from Xochimilco Mexico. The name comes from the Aztec word for "garden of flowers." The area is actually a lush habitat of canals which some call the "Venice of Mexico."	NETA	(S)	(CC)	N/A	#106H

Daily Program Listing II

43.1

Date: 09/06/2017

10/01/2017 - 10/31/2017

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Mon, Oct 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8136
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3539H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#407H
	This special show salutes Nashville roots rocker Tommy Womack. His own band Daddy opens up. Quirky country/boogie artist Webb Wilder follows. Country punk icons Jason and the Scorchers bring it home.					
21:00:00	All-Star Orchestra Northern Lights	APTEX	(S)	(CC)	N/A	#302H
	Sibelius - Symphony #2. A pinnacle of Nordic Romanticism - grand, expansive melodies and searing harmonies; fire and ice.					
22:00:00	Austin Revealed: El Despertar	NETA	(S)	(CC)	N/A	#0H
	Explore the struggle of the Chicano movement as the Mexican-American community in Austin, TX unites to fight for quality education, equal representation, and respect for their diverse culture. Through first person interviews, hear how these individuals placed the goals of the community first and made a lasting impact through empowerment, sacrifices, accomplishments and failures.					
23:00:00	Jens Jensen The Living Green	APTEX	(S)	(CC)	N/A	#0H
	Narrated by Jens Jensen's great-granddaughter, Jensen Wheeler Wolfe, the multi-award winning documentary JENS JENSEN THE LIVING GREEN profiles the unsung pioneering landscape architect who became one of America's most influential urban designers and early conservationists - shaping the Midwest's physical and cultural landscape in an enduring way. Danish-born Jensen rose from immigrant street sweeper in the 1880s to "dean of American landscape architects," as The New York Times called him upon his death in 1951. When Jensen arrived in Chicago in 1885, it was one of the fastest growing cities in human history, and one of the least livable, especially for the working poor. Inspired by the Midwest prairie and plains, Jens believed that urban dwellers needed the beauty of nature in their lives and "green space to survive," and he found creative ways to bring it to them. The hour-long documentary is illustrated with archival footage, photos and interviews, including with Jensen himself, which trace his remarkable career and lasting influence as a man ahead of his time. Half a century after his death, Jens Jensen is now hailed as a pioneer of sustainable design, an early champion of native species, and an unsung American hero.					

Tue, Oct 10, 2017

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02:00:00	All-Star Orchestra Northern Lights Sibelius - Symphony #2. A pinnacle of Nordic Romanticism - grand, expansive melodies and searing harmonies; fire and ice.	APTEX	(S)	(CC)	N/A	#302H
03:00:00	Austin Revealed: El Despertar Explore the struggle of the Chicano movement as the Mexican-American community in Austin, TX unites to fight for quality education, equal representation, and respect for their diverse culture. Through first person interviews, hear how these individuals placed the goals of the community first and made a lasting impact through empowerment, sacrifices, accomplishments and failures.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Jens Jensen The Living Green Narrated by Jens Jensen's great-granddaughter, Jensen Wheeler Wolfe, the multi-award winning documentary JENS JENSEN THE LIVING GREEN profiles the unsung pioneering landscape architect who became one of America's most influential urban designers and early conservationists - shaping the Midwest's physical and cultural landscape in an enduring way. Danish-born Jensen rose from immigrant street sweeper in the 1880s to "dean of American landscape architects," as The New York Times called him upon his death in 1951. When Jensen arrived in Chicago in 1885, it was one of the fastest growing cities in human history, and one of the least livable, especially for the working poor. Inspired by the Midwest prairie and plains, Jens believed that urban dwellers needed the beauty of nature in their lives and "green space to survive," and he found creative ways to bring it to them. The hour-long documentary is illustrated with archival footage, photos and interviews, including with Jensen himself, which trace his remarkable career and lasting influence as a man ahead of his time. Half a century after his death, Jens Jensen is now hailed as a pioneer of sustainable design, an early champion of native species, and an unsung American hero.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#382
08:00:00	Zula Patrol Hide 'n Seek On Jupiter/A Tale of Two Planets It's time for the Interplanetary Hide 'n Seek Game. Perennial losers Wizzy, Wigg and Gorga decide to on Jupiter when they find out that no one has ever hidden there. While five-time hide 'n seek champion Zeeter is looking for them, the trio discover that the huge planet is filled with storms, the most powerful are in The Great Red Spot, and there is no solid land mass for them to land on. When the twin Giant Ice Planets Uranus and Neptune quarrel, Dark Truder swoops in and hoodwinks Neptune into becoming part of his newly formed personal Planetary System, the Truderverse. But when the dour planet wants out, it's up to the Zula Patrol to release him from Truder's greedy grip.	APTEX	(S)	(CC)	N/A	#206H
08:30:00	1001 Nights Creature Karma/Just My Luck "Creature Karma" - A young girl befriends three animals who lead her on an interesting journey. "Just My Luck" - An unlucky man just can't get a break.	NETA	(S)	(CC)	DVI	#112H
09:00:00	Functional Fitness with Suzanne Andrews 30 Day Bladder Fix Pelvic Floor Strengthening	ACCES	(S)	(CC)	N/A	#307H
09:30:00	Classical Stretch: By Essentrics Increase Balance Workout In this episode of Classical Stretch, join Miranda Esmonde-White along a serene pathway facing a beautiful beach in Mexico. Miranda will take you through a gentle, all-standing workout that will improve your balance, flexibility and mobility.	APTEX	(S)	(CC)	DVI	#1130H
10:00:00	Sit and Be Fit Don't Forget Your Fingers Paying special attention to the finger joints is important in our quest to stay independent and keep our hands functioning well.	NETA	(S)	(CC)	N/A	#1212H
10:30:00	Fit 2 Stitch Semi-Formal and Cocktail Parties When it is time for a fancy evening out, see how to add boning to create a comfortable, figure flattering strapless dress for any size.	NETA	(S)	(CC)	N/A	#404H

Daily Program Listing II

43.1

Date: 09/06/2017

10/01/2017 - 10/31/2017

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Tue, Oct 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:00:00	Knitting Daily Great Beginnings	NETA	(S)	(CC)	N/A	#1401H
	Have you ever felt at a loss when trying to start a project? Learn to choose the right yarn and fiber with Patty Lyons, and meet up with designer Cirilia Rose in her Seattle studio. Stephannie Tallent shares tips on provisional cast-ons and Tanis Gray teaches an unusual vertical slit cable. Vickie Howell wraps up Loose Ends with an easy triangle shawl that's worked tip-to-tip.					
11:30:00	Fons & Porter's Love of Quilting Prairie Sunrise	NETA	(S)	(CC)	N/A	#2513H
	Mary and Marianne Fons will present the techniques and the Tri-Recs templates that were used to create this earthy inspired design in blues, greens, and creams.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7052H
13:00:00	Julie Taboulie's Lebanese Kitchen Spring Sensations	APTEX	(S)	(CC)	DVI	#111H
	Today's show is a special celebration of Julie's favorite season of all, the spring. There is something about this time of year that puts a smile on Julie's face and a little spring in her step (ahem) and in her cooking. This full-of-life moment of breathing in the refreshing new air, absorbing the new signs of life all around her and awakening to the sudden surprises that the springtime offers inspires Julie to cook, create and celebrate this sensational season. What better way for Julie to rejoice in the stimulating surroundings than by her preparing and sharing a special spring meal with her crown roasted leg of lamb meat called xaruff mishwee infused with a bouquet of fresh herbs and slowly roasted until fork-tender makes quite the centerpiece on the spring-time table. Julie accompanies this amazing main meal with her fire-roasted baby wheat grains infused with aromatics called freekeh, a super-grain that is sweeping the nation along with her steamed spring vegetables that are tossed in a glorious garlic and fresh-herb butter sauce called khoudra b samneh. Together, these impressive platters truly set the stage and make this show a stunning spring sensation during this significant time of year when everything seems possible.					
13:30:00	Nick Stellino: Storyteller in the Kitchen I Love Cheese!	APTEX	(S)	(CC)	N/A	#105H
	Chef Stellino dives into one of Italy's most beloved exports - creamy, flavorful and always tantalizing - the one perfect ingredient in any dish: cheese. Dishes include: Pasta alla norma (pasta with fried eggplant) / rollatini di melanzane (grilled eggplant with ricotta filling and chopped tomato sauce) / ricotta pudding					
14:00:00	Taste of History Creole Cuisine and the War of 1812	NETA	(S)	(CC)	N/A	#804H
	The Battle of New Orleans launched Andrew Jackson into nationwide fame. Chef Walter Staib recounts his fascinating story from the Chalmette battlefield. Recipes include: Redfish Courtbouillon, Brandied Bananas with Rum and Cream Cheese Ice Cream and more."					
14:30:00	Christopher Kimball's Milk Street Television Mexico Every Single Day	APTEX	(S)	(CC)	N/A	#105H
	Milk Street goes to Mexico to get an insider view on traditional classics. Milk Street Cook Lynn Clark puts that intelligence into practice as she makes shrimp in chipotle sauce (camarones enchipotlados). Then, Milk Street Cook Rayna Jhaveri teaches host Christopher Kimball about Central Mexican guacamole: no lime juice, no garlic. Chris demonstrates his foolproof recipe for chili-pineapple margarita. To end the show, Milk Street Cook CatherineSmart demonstrates how to make the pantry staple cilantro-jalapeno adobo sauce.					
15:00:00	Beads, Baubles and Jewels Clay Workout	NETA	(S)	(CC)	N/A	#2502H
	Stretch it out with clay. Polymer clay artist Syndee Holt creates a pendant with sparkle clay and adds an artistic touch with transfers and illustrations. To make a necklace, she recreates the Asian art of raku with clay and mica powders. Jewelry artist Anie Piliguian buffs clay elements to a sparkling finish.					
15:30:00	Katie Brown Workshop Apples	APTEX	(S)	(CC)	DVI	#413H
	Katie pays tribute to the apple. In the kitchen, Katie makes a shrimp and apple slaw, iceberg apple and bacon salad, and apple cider. Projects: adorable apple centerpieces and personalized apple place cards.					
16:00:00	Biz Kid\$ Hidden Careers	APTEX	(S)	(CC)	DVI	#212H
	You don't have to be perfect at your passion to build a career in it. If you love baseball, but don't have the skills of a super athlete, you will see there are many different roles you can play behind the scenes. Learn about "behind the scenes" careers in sports, music, entertainment, art, and even aviation.					

Tue, Oct 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Outside and In	NETA	(S)	(CC)	DVI	#1708H
	Let's step outside and find inspiration for more projects. Store toys or hang a plant in a pail in the brightly-colored macrame hanger Katie shows how to make. Create an illustrated map of your own backyard - Franz gives you some great ideas. Jenny helps you become forest royalty in a woodland crown made of felt and found objects. Then, Katie cheerfully decorates a lightening bug jar to study some nighttime friends. Gather moss and use the Family Craft Box to create a house for friendly fairies.					
17:00:00	P. Allen Smith's Garden Home It's Tulip Time	APTEX	(S)	(CC)	N/A	#1506H
	P. Allen Smith gets down and Dutch at the annual Tulip Time Festival in scenic Holland, Michigan.					
17:30:00	Growing A Greener World Redeeming Your Ground (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#805H
	See how the Scott family's efforts to redeem their own ground in their suburban backyard opened a whole new world of life in the great outdoors, and how many of the simple changes they made will inspire you in your own backyard.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14202H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1216H
	Traverse the golden plains and "purple mountains' majesty" as this special edition takes you to our favorite Heartland destinations. It's the scenic wonders that draw travelers back, and you'll discover people, places, and scenery we've found over the past twelve seasons.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8137
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1340H
20:00:00	Sun Studio Sessions Hope Clayburn's Soul Scrimmage	NETA	(S)	(CC)	N/A	#705H
	Memphis-based Hope Clayburn fuses jazz, funk, rock, world beat and soul to create a unique and upbeat Memphis sound. Hope's saxophone and flute chops have allowed her to perform with an eclectic mix of artists, including James Brown, The Allman Brothers Band and The Temptations. In this episode, Hope and her band, Soul Scrimmage, show their tremendous range performing songs like "Snake", "Don't Wanna Think About It" and "Nobody."					
20:30:00	Jammin at Hippie Jack's Mountain Heart	NETA	(S)	(CC)	N/A	#1002H
	The band's name has been synonymous with cutting-edge excellence in acoustic music circles since the group's creation in 1999. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound, and stage show, which appeals to an incredibly wide variety of musical tastes. They have appeared on the revered Grand Ole Opry in excess of 130 times and have shared the stage with acts ranging from Lynyrd Skynyrd to the Avett Brothers.					
21:00:00	Infinity Hall Live The Revivalists	APTEX	(S)	(CC)	N/A	#601H
	This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.					

Tue, Oct 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	It's All in the Game: The Leta Andrews Story	APTEX	(S)	(CC)	DVI	#0H
	<p>Narrated by NBA Basketball Hall of Famer Bill Walton, IT'S ALL IN THE GAME profiles Leta Andrews, the all-time winningest high school basketball coach in U.S. history. During her career, Leta posted 1, 416 wins and received numerous honors and awards. Leta entered the coaching profession in the 1960s, in an era before Title IX became law in 1972. Her early career has been described as an anomaly because most, if not all, of her high school coaching competitors were men. During those days, as one of the few women coaches, Leta had to constantly prove herself. Players recognized Leta as a tough, demanding coach who expected the best from her "young ladies" - both on and off the court. No exceptions. She played no favorites, not even with her own three daughters on the team. (All three would go on to play for the University of Texas). Leta witnessed firsthand the evolution of girls basketball, including the change from half court to full court, from a six- to a five-player game, and the creation of the 3-point shot. Her determination, rise from poverty, and the trials and tribulations along the way make quite a story for a rich and engaging biography. In 2014, at the age of 76, Leta retired after 52 years of coaching girls basketball. Over the course of her impressive career, Leta led her teams to 16 state Final Four appearances, and a state championship title in 1990. She was also inducted into the National Women's Basketball Hall of Fame as well as the Texas Sports Hall of Fame, and was named a finalist for the Naismith Memorial Basketball Hall of Fame in 2015.</p>					
23:00:00	Media Coverage and Female Athletes	NETA	(S)	(CC)	N/A	#0H
	<p>Forty percent of all sports participants are female, yet women's sports receive only 4% of all sport media coverage and female athletes are much more likely than male athletes to be portrayed in sexually provocative poses. To highlight why this matters and address these disparities, the Tucker Center for Research on Girls & Women in Sport at the University of Minnesota, in partnership with tptMN, have produced "Media Coverage and Female Athletes," a groundbreaking documentary that uses research-based information to examine the amount and type of coverage given to female athletes. You won't want to miss hearing from expert scholars and award winning coaches and athletes who discuss this timely issue from a variety of perspectives, as they help dispel the common-but untrue-myths that no one is interested in women's sport and that "sex sells" women's sport. Effective strategies are also discussed for increasing media coverage and creating images which reflect the reality of women's sports participation and why this is so important.</p>					

Wed, Oct 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8137
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1340H
01:00:00	Sun Studio Sessions Hope Clayburn's Soul Scrimmage	NETA	(S)	(CC)	N/A	#705H
	Memphis-based Hope Clayburn fuzes jazz, funk, rock, world beat and soul to create a unique and upbeat Memphis sound. Hope's saxophone and flute chops have allowed her to perform with an eclectic mix of artists, including James Brown, The Allman Brothers Band and The Temptations. In this episode, Hope and her band, Soul Scrimmage, show their tremendous range performing songs like "Snake", "Don't Wanna Think About It" and "Nobody."					
01:30:00	Jammin at Hippie Jack's Mountain Heart	NETA	(S)	(CC)	N/A	#1002H
	The band's name has been synonymous with cutting-edge excellence in acoustic music circles since the group's creation in 1999. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound, and stage show, which appeals to an incredibly wide variety of musical tastes. They have appeared on the revered Grand Ole Opry in excess of 130 times and have shared the stage with acts ranging from Lynyrd Skynyrd to the Avett Brothers.					
02:00:00	Infinity Hall Live The Revivalists	APTEX	(S)	(CC)	N/A	#601H
	This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.					
03:00:00	It's All in the Game: The Leta Andrews Story	APTEX	(S)	(CC)	DVI	#0H
	Narrated by NBA Basketball Hall of Famer Bill Walton, IT'S ALL IN THE GAME profiles Leta Andrews, the all-time winningest high school basketball coach in U.S. history. During her career, Leta posted 1, 416 wins and received numerous honors and awards. Leta entered the coaching profession in the 1960s, in an era before Title IX became law in 1972. Her early career has been described as an anomaly because most, if not all, of her high school coaching competitors were men. During those days, as one of the few women coaches, Leta had to constantly prove herself. Players recognized Leta as a tough, demanding coach who expected the best from her "young ladies" - both on and off the court. No exceptions. She played no favorites, not even with her own three daughters on the team. (All three would go on to play for the University of Texas). Leta witnessed firsthand the evolution of girls basketball, including the change from half court to full court, from a six- to a five-player game, and the creation of the 3-point shot. Her determination, rise from poverty, and the trials and tribulations along the way make quite a story for a rich and engaging biography. In 2014, at the age of 76, Leta retired after 52 years of coaching girls basketball. Over the course of her impressive career, Leta led her teams to 16 state Final Four appearances, and a state championship title in 1990. She was also inducted into the National Women's Basketball Hall of Fame as well as the Texas Sports Hall of Fame, and was named a finalist for the Naismith Memorial Basketball Hall of Fame in 2015.					
04:00:00	Media Coverage and Female Athletes	NETA	(S)	(CC)	N/A	#0H
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05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#383
08:00:00	Zula Patrol The Sound of Multo/Eyes in the Skies	APTEX	(S)	(CC)	N/A	#207H
	The Zula Patrol comes to the rescue when Deliria leads a swarm of Zulean Music-Munchers into the city to devour Zuleans' musical instruments. Her plan: to force Zuleans to buy only her brand of instrument. After years of hard work, Bula, Zeeter and Multo have finished building satellites. Taking a well-deserved break, they enjoy an afternoon in the wilderness. Dark Truder takes advantage of their absence to steal all of Zula's satellites so he can become "Rula of Zula". Without Zula's satellites, Zula becomes helpless, and our heroes become lost in the wilderness.					

Wed, Oct 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights Details, Details...../Sinbad In Solitude "Details, Details..." - A loose bolt on a wagon wheel sets in motion a chain of events that ends up destroying an entire town. "Sinbad in Solitude" - A shipwrecked Sinbad and Dina embark on an hilarious voyage that takes them to the exotic island of the Wok Wok women.	NETA	(S)	(CC)	DVI	#113H
09:00:00	Functional Fitness with Suzanne Andrews Leg Strengthening Workout	ACCES	(S)	(CC)	N/A	#308H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderizing Your Core	APTEX	(S)	(CC)	DVI	#901H
10:00:00	Sit and Be Fit Vestibular System Mary Ann challenges your vestibular system with a fun ball routine and other functional movements set to jazz music.	NETA	(S)	(CC)	N/A	#1213H
10:30:00	Fit 2 Stitch Black Or White Tie Events Step beyond basic black and create a sophisticated formal look. Select narrow or wide stripes and sew a stunning skirt to wear to other events, too.	NETA	(S)	(CC)	N/A	#405H
11:00:00	Knitting Daily Thick of It Bigger is better for a quick knit or last-minute gift. Nicole Winer demonstrates how to knit a mega bulky hat and fiber artist Kait Brink chats about her meta-mega yarn project. Tanis Gray knits a fun, loopy fur stitch with chunky yarn that could become a home dec item or a doll. Becca Smith explains the magic of scale and shows how to knit with really huge needles and giant yarn.	NETA	(S)	(CC)	N/A	#1402H
11:30:00	Fons & Porter's Love of Quilting Remembered Friends As quilters, fabrics can trigger pleasant memories of times, places and friends. This quilt was constructed from a friends fabric stash. Mary and Marianne will present how to use tools to cut and piece with accuracy to create this beautiful tribute.	NETA	(S)	(CC)	N/A	#2601H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7053H
13:00:00	Lidia's Kitchen Poached Egg The egg is a staple ingredient in any kitchen and should not be overlooked or overcooked. In this episode, Lidia shows the classic technique of poaching an egg and making a warm mushroom salad: a bed of frisee with a warm medley of mixed wild mushrooms, pancetta and a poached egg; eggs poached in tomato sauce: a simple and delicious tomato sauce poached egg served with slices of grilled country bread and brutti ma buoni, a classic Italian hazelnut cookie made with meringue.	APTEX	(S)	(CC)	N/A	#402H
13:30:00	Taste The Islands with Chef Irie Sak Pase Chef Thia creates a menu reminiscent of home with a simple tomato avocado salad, Haitian tasso de dinde - turkey sauteed in white wine, djon djon mushroom rice and a passion fruit rum punch. She shares her memories of youth in the land of kreyol.	APTEX	(S)	(CC)	N/A	#203H
14:00:00	Simply Ming Carla Hall It's time to go crazy for coconut this week with Carla Hall, co-host of the Emmy-award winning television show "The Chew" and owner of her own Southern restaurant in Brooklyn. This week, Carla joins Ming in his loft to make her fragrant calaloo - a crab and coconut spinach soup - and cassava in coconut sauce. Then, Ming counters with a creamless watercress soup with honey apple salsa and coconut shrimp. Soup's On this week on Simply Ming.	APTEX	(S)	(CC)	N/A	#1501H
14:30:00	Cook's Country Ribs and Mashed Potatoes Revisited Bridget Lancaster makes Julia Collin Davison the juiciest Memphis-style wet ribs in the slow cooker. Tasting expert Jack Bishop challenges Julia to an apple-cider vinegar tasting. Test cook Ashley Moore shows Bridget how to make the best mashed potato cakes.	APTEX	(S)	(CC)	N/A	#1006H

Wed, Oct 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Work Out Naturally	NETA	(S)	(CC)	N/A	#2503H
	Look to nature for design inspiration. Using quartz points, designer Molly Schaller creates stunning necklaces and other jewelry. To work out, she makes jewelry from pearls in all shapes, colors and sizes. Artist Jill MacKay cools down with designs in die-cut leather. Katie Hacker discusses how bead-making can benefit children facing health challenges.					
15:30:00	Katie Brown Workshop Reuse	APTEX	(S)	(CC)	DVI	#414H
	Katie finds ingenious ways to use those pesky leftovers. In the kitchen, Katie makes tacos and radish salsa, poached fruit and refreshing herb popsicles. Projects: cork potholder and decorative teacup candelabra.					
16:00:00	Biz Kid\$ Learning from Failure	APTEX	(S)	(CC)	DVI	#213H
	Have you ever made a decision you regret? Let the Biz Kids show you how several well-known companies overcame failures. You'll also discover how mistakes can make you stronger by looking at the work of Albert Einstein, Steve Jobs, and the kid businesses of "You're on Deck" custom cards and "Big Quill Enterprises" oyster sales.					
16:30:00	Hands On Crafts for Kids Make Believe	NETA	(S)	(CC)	DVI	#1709H
	Leave the ordinary behind and enter the world of make-believe. Create a magical fairy garden with Katie, then Franz shows how to take your paper art work from two to three dimensions. Jenny creates golden coins to swap and trade and then she and Katie make a gift extra special with a stenciled rocket gift bag. Cast a spell with a magic wand or gleaming sword created by adding feathers and jewels to the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home Super-Duper	APTEX	(S)	(CC)	N/A	#1507H
	P. Allen Smith highlights great performers in the garden and home that go above and beyond the call of duty.					
17:30:00	Growing A Greener World Gardening in the Desert Southwest (Phoenix, Az)	APTEX	(S)	(CC)	N/A	#806H
	To garden successfully in the desert Southwest, it just takes a little local knowledge to master the nuances of growing a productive garden there. In this episode, we explore tips, tricks and unique challenges to mastering the art of gardening in this part of the country.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14203H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#523H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8138
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#437H
	Vitamin deficiencies are often not taken seriously. A nutrition expert tells us what can happen if you don't get enough. Are supplements dangerous or helpful? Also, learn how doctors reattach appendages, and how springy shoes keep you fit.					
20:00:00	The Lowertown Line. The Lowertown Line: Malamanya	APTEX	(S)	(CC)	N/A	#104H
	Afro-Caribbean band Malamanya performs in front of a live audience at the Twin Cities Public Television studios. Malamanya members Tony and Adriana speak with host Toki Wright about bad habits, the roots of Cuban son music, and the necessary give and take with an audience. Songs performed: Mi Son Cubano, Red Light Morning, Amor Perdido, El Vendedor De Agua.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#311H
	Artist: "Music and Healing," the second of two special episodes exploring the power of music, featuring Travis Meadows and host Eric Gnezda. Travis Meadows sits down with host Eric Gnezda in the season's second episode centering on the theme of "music and healing." Travis is well known among songwriter circles in Nashville, both as a writer and performer. He describes himself as "an open wound," and the rawness of his words and his vocals are compelling. He was shaped by a Mississippi childhood, which included a battle with cancer, his parent's divorce, and later, struggles with alcohol, drugs, God and demons, and a host of memorable characters along the way. He has written several number one hits, and has songs recorded by Dierks Bentley, Eric Church, Jake Owen, Lynyrd Skynyrd, Hank Williams, Jr., Wynonna, and Randy Houser. Music has always been his sanctuary. He is accompanied by musician Whiskey Jack Untz. They perform "Davidson County Police," "Learning to Live Alone," and "Riser."					

Wed, Oct 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Artists Den John Legend	APTEX	(S)	(CC)	N/A	#1201H
	John Legend celebrates the release of his new album, Darkness and Light, with an unforgettable performance at Manhattan's historic Riverside Church. From the same pulpit where, 50 years earlier, Martin Luther King, Jr., delivered an electrifying "Beyond Vietnam: A Time to Break Silence" speech, Legend presents a magnificent set of brand new songs (many being played for the first time ever onstage), alongside such classics as "All Of Me" and "Glory," offering messages of love and hope in a spectacular setting that has been associated with progressive activism for almost a century.					
22:00:00	Anyone and Everyone	APTEX	(S)	(CC)	N/A	#0
	ANYONE AND EVERYONE tells the stories of families from Utah to North Carolina and Wyoming to New York, all connected by a common thread - a gay child. This poignant and often heartbreaking documentary by first-time filmmaker Susan Polis Schutz (also the parent of a gay son) depicts families representing a wide range of religions, nationalities and political leanings. During the film, parents of homosexual teens and young adults eloquently recall their initial reactions to their child's coming-out and their sometimes difficult journeys to acceptance. Some showed unconditional support; others struggled with their child's sexual orientation, either fearing alienation from their extended family, their church or community or failing to understand the universal nature of homosexuality.					
23:00:00	Bell Ringer: The Invisible Brain Injury	APTEX		(CC)	N/A	#0H
	BELL RINGER: THE INVISIBLE BRAIN INJURY dives into the complexities of the injured brain, examining what occurs in the brain during a concussion, how researchers are studying physical impact and neurological injuries, and the safe protocols for returning to play. Through eye-opening interviews with former professional players, including women's soccer legend and two-time World Cup Champion Michelle Akers and three-time Super Bowl Champion Monte Coleman (both of whom suffered multiple concussions during their careers), as well as medical experts and renowned researchers, the documentary examines the short-term effects and long-term risks of concussions, raises awareness of the issue, and discusses the best ways to prevent them altogether.					

Thu, Oct 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8138
00:30:00	In Good Shape Vitamin deficiencies are often not taken seriously. A nutrition expert tells us what can happen if you don't get enough. Are supplements dangerous or helpful? Also, learn how doctors reattach appendages, and how springy shoes keep you fit.	WNVC	(S)	(CC)	N/A	#437H
01:00:00	The Lowertown Line. The Lowertown Line: Malamanya Afro-Caribbean band Malamanya performs in front of a live audience at the Twin Cities Public Television studios. Malamanya members Tony and Adriana speak with host Toki Wright about bad habits, the roots of Cuban son music, and the necessary give and take with an audience. Songs performed: Mi Son Cubano, Red Light Morning, Amor Perdido, El Vendedor De Agua.	APTEX	(S)	(CC)	N/A	#104H
01:30:00	Songs at the Center Artist: "Music and Healing," the second of two special episodes exploring the power of music, featuring Travis Meadows and host Eric Gnezda. Travis Meadows sits down with host Eric Gnezda in the season's second episode centering on the theme of "music and healing." Travis is well known among songwriter circles in Nashville, both as a writer and performer. He describes himself as "an open wound," and the rawness of his words and his vocals are compelling. He was shaped by a Mississippi childhood, which included a battle with cancer, his parent's divorce, and later, struggles with alcohol, drugs, God and demons, and a host of memorable characters along the way. He has written several number one hits, and has songs recorded by Dierks Bentley, Eric Church, Jake Owen, Lynyrd Skynyrd, Hank Williams, Jr., Wynonna, and Randy Houser. Music has always been his sanctuary. He is accompanied by musician Whiskey Jack Untz. They perform "Davidson County Police," "Learning to Live Alone," and "Riser."	APTEX	(S)	(CC)	N/A	#311H
02:00:00	Live from the Artists Den John Legend John Legend celebrates the release of his new album, Darkness and Light, with an unforgettable performance at Manhattan's historic Riverside Church. From the same pulpit where, 50 years earlier, Martin Luther King, Jr., delivered an electrifying "Beyond Vietnam: A Time to Break Silence" speech, Legend presents a magnificent set of brand new songs (many being played for the first time ever onstage), alongside such classics as "All Of Me" and "Glory," offering messages of love and hope in a spectacular setting that has been associated with progressive activism for almost a century.	APTEX	(S)	(CC)	N/A	#1201H
03:00:00	Anyone and Everyone ANYONE AND EVERYONE tells the stories of families from Utah to North Carolina and Wyoming to New York, all connected by a common thread - a gay child. This poignant and often heartbreaking documentary by first-time filmmaker Susan Polis Schutz (also the parent of a gay son) depicts families representing a wide range of religions, nationalities and political leanings. During the film, parents of homosexual teens and young adults eloquently recall their initial reactions to their child's coming-out and their sometimes difficult journeys to acceptance. Some showed unconditional support; others struggled with their child's sexual orientation, either fearing alienation from their extended family, their church or community or failing to understand the universal nature of homosexuality.	APTEX	(S)	(CC)	N/A	#0
04:00:00	Bell Ringer: The Invisible Brain Injury BELL RINGER: THE INVISIBLE BRAIN INJURY dives into the complexities of the injured brain, examining what occurs in the brain during a concussion, how researchers are studying physical impact and neurological injuries, and the safe protocols for returning to play. Through eye-opening interviews with former professional players, including women's soccer legend and two-time World Cup Champion Michelle Akers and three-time Super Bowl Champion Monte Coleman (both of whom suffered multiple concussions during their careers), as well as medical experts and renowned researchers, the documentary examines the short-term effects and long-term risks of concussions, raises awareness of the issue, and discusses the best ways to prevent them altogether.	APTEX		(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#384
08:00:00	Zula Patrol Birds of a Feather/Bula's Heros: The Great Camouflage Caper When their space craft freezes up, the Zula Patrol makes an emergency landing in the Zula Forest near a bird's nest - with an abandoned egg! After the baby bird hatches, the ZPers decide to track down its mother, who Deliria bird-napped in order to design a flying machine for Cloid. Along the way, the Zula Patrol learns about animal adaptation and attempt to teach the little bird how to fly; only they have no luck. But when the time is right, the bird does fly, rescuing its mother and helping the Zula Patrol snare Deliria and Cloid. In his quest for control of Zula, Dark Truder shrinks Bula, Zeeter and Multo, and then puts them in a terrarium where a beetle named Bruto will keep them from escaping. Deep inside the terrarium, the ZPers meet a group of very polite insects with camouflage abilities. Bug-phobic Bula comes to like the insects and get over his phobia. The insects use their camouflage abilities to help get the ZPers past Bruto, out of the terrarium and defeat Truder.	APTEX	(S)	(CC)	N/A	#208H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights The Tale of Taymour and Tiny/The Boy and the Panther "The Tale Of Taymour And Tiny" - Taymour accidentally knocks an egg out of a bird's nest and decides to care for it. When he does, he gets a big surprise. "The Boy and the Panther" - Nadeem witnesses a crime at the fair and sees that the wrong person gets blamed. Since he wasn't supposed to be there, he can't tell anyone or he'll get in trouble.	NETA	(S)	(CC)	DVI	#114H
09:00:00	Functional Fitness with Suzanne Andrews Lung Power Walking Workout	ACCES	(S)	(CC)	N/A	#309H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Focusing On Leg Work	APTEX	(S)	(CC)	DVI	#906H
10:00:00	Sit and Be Fit Breathing By toning and stretching muscles around the ribcage and practicing good breathing technique viewers learn how to get the most out of each breath.	NETA	(S)	(CC)	N/A	#1214H
10:30:00	Fit 2 Stitch Weddings Whatever your role at the wedding, be comfortable and look great from the ceremony through the reception. See how to make a simple sheath dress with a beaded or lace overlay.	NETA	(S)	(CC)	N/A	#406H
11:00:00	Knitting Daily Transitional Knits Knitwear is for every season. Designer Andi Smith teaches a bi-colored cable cowl for when it's too warm for a scarf. Knitted miniatures-maker Althea Crome creates the tiniest knits around. Transition to boot weather with Stephannie Tallent and the beautiful textures of Aran lace. Tanis Gray knits filigree cables lace and Vickie Howell shares a mesh stitch for a market bag.	NETA	(S)	(CC)	N/A	#1403H
11:30:00	Fons & Porter's Love of Quilting Country Fair Classic patchwork patterns stand the test of time. Mary's guest is Deb Tucker for this episode and the Country Fair quilt is our focus. We present the tools and techniques you can use to make this classic with simplified construction. The Carpenter's Wheel block in a scrappy version will be your next favorite.	NETA	(S)	(CC)	N/A	#2602H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7054H
13:00:00	The Jazzy Vegetarian Let's Celebrate! Host Laura Theodore prepares a vegan celebratory meal for friends and family, highlighting a satisfying, easy-to-prepare Yummy Pecan, Sunflower Seed, and Zucchini Loaf served with Simple Mushroom Gravy and Red Potato and Cauliflower Mash. Quick Pecan-Date Truffles make a delicious, sweet dessert.	NETA	(S)	(CC)	N/A	#601H
13:30:00	Sara's Weeknight Meals Take Out Chinese at Home Are you a fan of takeout? Then this is your episode! Sara will demonstrate how to make traditional Chinese takeout dishes at home faster than driving to pick them up. First, stir-fry queen Grace Young shows us how to season a wok, and then cooks up her fast and easy Chinese Burmese chicken. Then, Sara makes homemade baby egg rolls with soy dipping sauce. Her goal? Have it on the table before her two staff members can pick up the same dish at a Chinese restaurant. Its beat the clock - Sara style.	APTEX	(S)	(CC)	N/A	#506H
14:00:00	Joanne Weir Gets Fresh Winter Squash In this episode, Joanne goes wild with one of her secret food crushes - winter squash. We'll visit a farmer's market and a California walnut farm, and then watch as Joanne teaches her student how to transform winter squash into recipes including a Roasted Kabocha Soup with Ginger Butter. Recipes: Pasta with Roasted Butternut Squash, Toasted Walnuts, Sage, and Parsley; Grana Padano and White Balsamic Vinaigrette; Kabocha Soup. Student: Joan Boada.	APTEX	(S)	(CC)	N/A	#109H
14:30:00	New Scandinavian Cooking A Taste of Winter In preparation for a hike, Tina packs a lunch made of grilled flatbread, cabbage salad and smoked salmon. After a day of winter activities, Tina prepares a soup with meatballs and a chocolate dessert.	APTEX	(S)	(CC)	N/A	#501H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Get In Shape with Leather Shape up with leather. Mixed media artist Candie Cooper transforms leather into contemporary jewelry designs with paint, tassels and found objects. Then, she works out by painting leather cuffs and adding druzy beads. She cools down with super-simple designs to make and wear anytime - anywhere.	NETA	(S)	(CC)	N/A	#2504H
15:30:00	Katie Brown Workshop The Big Game Throw a victorious sports night party. Guest chef Chris Paulk makes sweet potato chips and dip, indoor barbecue ribs and empanadas. Celebrate in style with a turf snack tray and a touchdown centerpiece.	APTEX	(S)	(CC)	DVI	#415H
16:00:00	Biz Kid\$ Are You Financially Literate? Understanding how to manage your money before you get to high school will make you even more successful when you head to college or move out on your own. Explore the skills of goal setting, budgeting, saving, and money management that make you financially literate!	APTEX	(S)	(CC)	DVI	#301H
16:30:00	Hands On Crafts for Kids Growing and Building Living things inspire us to create and to craft. Jenny and Katie craft together to make a special pot decorated with glittery sea creatures. Franz takes art outdoors as he designs, lays out and plants a character image for the garden. Bloggers share great ideas for creating a cactus that won't be prickly or making a quick and easy super turtle figure. Katie shows how to create colorful greeting cards and artwork for family and friends then uses supplies in the Family Craft Box to erect buildings or make whimsical bug cars.	NETA	(S)	(CC)	DVI	#1710H
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Cooking Join P. Allen Smith for a trip down memory lane as he revisits his favorite cooking segments from seasons past.	APTEX	(S)	(CC)	N/A	#1508H
17:30:00	Growing A Greener World Hope for Heroes: The Farmer Veteran Coalition (Davis, Ca) The Farmer Veteran Coalition's mission helps connect veterans with good jobs and new careers by cultivating a new generation of farmers. In this episode, we see the FVC's mission in action with moving stories of farmers whose lives have been changed thanks to the coalition connection.	APTEX	(S)	(CC)	N/A	#807H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14204H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1416H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8139
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1106H
20:00:00	Backstage Pass Best of Blues Best of Blues will feature the top soulful blues performances from 2015. Recorded live at Michigan BluesFest 2015 and in studio, Best of Blues will give you something to groove with featuring Chris Canas, Good Cookies, Donald Kinsey with the Dewaynes, Thornetta Davis, and Toronzo Cannon.	NETA	(S)	(CC)	N/A	#720H
20:30:00	Music Voyager Morocco: Gateway to Africa - The North Three friends-Nouamane Lahlou, a rock star and producer of Morocco; Hassan Hakmoun, a master Gnawa musician and Laurent Le Gall, a film director and producer, meet in Casablanca to travel the length of Morocco in search of experiencing it first-hand. Starting in the metropolis of Casablanca the team travels north to Tangier, which is located at the tip of Africa and across from Spain. The music of the Amazir people draws them to the painted city of Chefchaouen, the jewel of the Rif Mountains.	APTEX	(S)	(CC)	N/A	#706H
21:00:00	Xerox Rochester International Jazz Festival Mike Murley Trio An engaging, lyrical saxophonist, Mike Murley is one of Canada's finest jazz talents and one of the most versatile players on the scene today. Currently active as a leader in various formations from duo to septet, Murley also maintains a busy schedule as a sideman and jazz educator (University of Toronto). He has played on 11 Juno Award-winning recordings since 1991, and was also named saxophonist of the year eight times by the Jazz Report Awards/National Jazz Awards.	APTEX	(S)	(CC)	N/A	#806H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Animal R & R	NETA	(S)	(CC)	N/A	#201H
	<p>In this episode, the wildlife rehabbers at The Fund for Animals Wildlife Center in Ramona take in a pair of sibling coyote pups who narrowly escaped the Poinsettia Fire in Carlsbad, Calif. The pups, a brother and sister, suffered life-threatening burns to their paws as they fled their canyon home. Will they ever return to the wild? Also in this episode, a red-shouldered hawk recovers at Project Wildlife from a mysterious paralysis. The cause of her symptoms elude the rehabbers at first, until they make a startling discovery. A naturalist at introduces us to San Diego's local shorebirds.</p>					
23:00:00	Concussion: Answers in the Blood?	APTEX	(S)	(CC)	N/A	#0H
	<p>CONCUSSION: ANSWERS IN THE BLOOD? tells the intertwined story of the promising research undertaken by two University of Montana scientists - Drs. Tom Rau and Sarj Patel - and the real experiences of two athletes: Payton Agnew, a university women's soccer player, and Bridger Skillicorn, a member of a high school football team recovering from concussions. Concussion awareness is on the rise and current diagnostic protocols are improving, however, concussion identification still relies heavily on observed symptoms and self-reporting by athletes. Now, a team of scientists is attempting to develop a blood test to provide a definitive determination. Drs. Tom Rau and Sarg Patel, from the University of Montana's Department of Biomedical and Pharmaceutical Sciences in the Skaggs School of Pharmacy, are in the early stages of promising research to discover biomarkers in the blood that indicate how the brain reacts following a traumatic brain injury. The one-hour documentary tracks a year of Rau and Patel's research and findings, and the quest for funding to continue their work, while also following the athletes and trainers as they navigate the current concussion protocol.</p>					

Fri, Oct 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8139
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1106H
01:00:00	Backstage Pass Best of Blues	NETA	(S)	(CC)	N/A	#720H
	Best of Blues will feature the top soulful blues performances from 2015. Recorded live at Michigan BluesFest 2015 and in studio, Best of Blues will give you something to groove with featuring Chris Canas, Good Cookies, Donald Kinsey with the Dewaynes, Thornetta Davis, and Toronzo Cannon.					
01:30:00	Music Voyager Morocco: Gateway to Africa - The North	APTEX	(S)	(CC)	N/A	#706H
	Three friends-Nouamane Lahlou, a rock star and producer of Morocco; Hassan Hakmoun, a master Gnawa musician and Laurent Le Gall, a film director and producer, meet in Casablanca to travel the length of Morocco in search of experiencing it first-hand. Starting in the metropolis of Casablanca the team travels north to Tangier, which is located at the tip of Africa and across from Spain. The music of the Amazir people draws them to the painted city of Chefchaouen, the jewel of the Rif Mountains.					
02:00:00	Xerox Rochester International Jazz Festival Mike Murley Trio	APTEX	(S)	(CC)	N/A	#806H
	An engaging, lyrical saxophonist, Mike Murley is one of Canada's finest jazz talents and one of the most versatile players on the scene today. Currently active as a leader in various formations from duo to septet, Murley also maintains a busy schedule as a sideman and jazz educator (University of Toronto). He has played on 11 Juno Award-winning recordings since 1991, and was also named saxophonist of the year eight times by the Jazz Report Awards/National Jazz Awards.					
03:00:00	Animal R & R	NETA	(S)	(CC)	N/A	#201H
	In this episode, the wildlife rehabbers at The Fund for Animals Wildlife Center in Ramona take in a pair of sibling coyote pups who narrowly escaped the Poinsettia Fire in Carlsbad, Calif. The pups, a brother and sister, suffered life-threatening burns to their paws as they fled their canyon home. Will they ever return to the wild? Also in this episode, a red-shouldered hawk recovers at Project Wildlife from a mysterious paralysis. The cause of her symptoms elude the rehabbers at first, until they make a startling discovery. A naturalist at introduces us to San Diego's local shorebirds.					
04:00:00	Concussion: Answers in the Blood?	APTEX	(S)	(CC)	N/A	#0H
	CONCUSSION: ANSWERS IN THE BLOOD? tells the intertwined story of the promising research undertaken by two University of Montana scientists - Drs. Tom Rau and Sarj Patel - and the real experiences of two athletes: Payton Agnew, a university women's soccer player, and Bridger Skillicorn, a member of a high school football team recovering from concussions. Concussion awareness is on the rise and current diagnostic protocols are improving, however, concussion identification still relies heavily on observed symptoms and self-reporting by athletes. Now, a team of scientists is attempting to develop a blood test to provide a definitive determination. Drs. Tom Rau and Sarg Patel, from the University of Montana's Department of Biomedical and Pharmaceutical Sciences in the Skaggs School of Pharmacy, are in the early stages of promising research to discover biomarkers in the blood that indicate how the brain reacts following a traumatic brain injury. The one-hour documentary tracks a year of Rau and Patel's research and findings, and the quest for funding to continue their work, while also following the athletes and trainers as they navigate the current concussion protocol.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#385
08:00:00	Zula Patrol Moon Struck/Me, Myself and Io	APTEX	(S)	(CC)	N/A	#209H
	The Zula Patrol is called into action to rescue Venus from her erratic behavior in her quest to acquire a moon of her own. It's time again for Jupiterfest, the yearly celebration to honor the Solar System's Big Guy, and this year all of Jupiter's moons will take part in a talent show to cap off the day. All except Io, that is, the most volcanically active moon in the Solar System. Not only doesn't she think she's talented, but she also is embarrassed about her incessant eruptions. The Zula Patrol steps in to give Io confidence (and an act) for the talent show. Meanwhile, Dark Truder, posing as a judge for the competition, plans to take advantage of the talent show... for a chance to steal the contest's grand prize.					
08:30:00	1001 Nights Abu Hassim's Smelly Shoes/The Bandits of Basra	NETA	(S)	(CC)	DVI	#115H
	"Abu Hassim's Smelly Shoes" - A grouchy old man inherits a pair of smelly shoes. No matter how hard he tries, he is unable to get rid of them. "The Bandits of Basra" - Mujab and Sameer pretend to be lawmen in order to land jobs as sheriffs in a small town. What they don't realize is that they have to arrest the most vicious bandit in the territory.					
09:00:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H

Fri, Oct 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Ab & Waist Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#907H
10:00:00	Sit and Be Fit Stretching Strengthening should always be followed by stretching as an important component to any workout. This episode includes some great stretching exercises to improve flexibility.	NETA	(S)	(CC)	N/A	#1215H
10:30:00	Fit 2 Stitch Casual Events and Parties Starting with a well-fitting t-shirt, learn to create a variety of trendy fashions for family events, showers and less dressy evenings out.	NETA	(S)	(CC)	N/A	#407H
11:00:00	Knitting Daily Norwegian Knits The Yarn Guys, Jeffrey Wall and Dennis Rinkenburger, share traditional ways to knit color patterns. Contemporary Norwegian designer Marion Rindsem compares old and new. Donna Druchunas turns classic designs into a trendy winter wearables and Tanis unravels the mystery of Latvian Braids. Vickie takes Nordic practice swatches and creates a cozy pillow.	NETA	(S)	(CC)	N/A	#1404H
11:30:00	Fons & Porter's Love of Quilting Pixie Wings A quilt that dazzles the eye with curves that flow from block to block - Pixie Wings will be the next on your "I have to make it" list. Mary and her guest Amy Ellis present one our newest template sets that enables you to create wonderful curves with accuracy.	NETA	(S)	(CC)	N/A	#2603H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7055H
13:00:00	Ellie's Real Good Food Say Yes to Chocolate The key to having chocolate in your life in a manageable way is to go for quality over quantity. In this episode, Ellie visits the Chocolate Expo and demonstrates how to incorporate the joys of chocolate into everyday menus, clarifying how to take advantage of its health benefits. Recipes: Fig & ginger truffles; Double-chocolate waffles a la mode; Mocha java smoothie. 3 Ingredient Recipe: Basic hot chocolate with mix-ins: vanilla extract, ginger, mint extract, chili, cinnamon, chocolate shavings.	APTEX	(S)	(CC)	N/A	#102H
13:30:00	Annabel Langbein: The Free Range Cook The Perfect Roast Annabel Langbein visits and gathers culinary lavender and merino lamb from local farms to make a roast dinner with a difference. Also on the menu are deep-fried zucchini flowers and a divine maple and apple tarte tatin. Recipes from this episode: cookie sampler, chevre-stuffed zucchini flowers, roast lamb with herb crust, vegetable tian, green beans with olives and garlic, maple and apple tarte tatin, and lavender syrup.	APTEX	(S)	(CC)	N/A	#106H
14:00:00	Chef John Besh's New Orleans Crab Maison, Chicken and Dumplings, and Peach Upside-Down Cake.	APTEX	(S)	(CC)	DVI	#121H
14:30:00	Jacques Pepin: Heart & Soul All in the Family Making memories with family is at the heart of Jacques' kitchen, and daughter Claudine joins him at the stove to cook the classic recipes from his mother's restaurant. Parisian potage, a simple soup with flavors of yesteryear, reminds Jacques of his beloved Lyon in France. The father-daughter duo continue with poulet a la creme paired with a perfectly pureed side of rice soubise. Granddaughter Shorey arrives just in time to make dessert, carefully watching as Jacques teaches her how to peel and segment an orange for instant orange cake, a perfect citrus ending.	APTEX	(S)	(CC)	N/A	#102H
15:00:00	Beads, Baubles and Jewels Wired Routines Wire up your jewelry-making routine. Designer Wyatt White coaches you as he uses braided wire to make a trendy bangle bracelet. In the workout, he adds energy and interest to a stylish cuff with beads. He winds down with a cool tool for weaving colorful wire bracelets.	NETA	(S)	(CC)	N/A	#2505H
15:30:00	Katie Brown Workshop Valentine's Day Melt your beloved's heart with chef Michelangelo Wescott's recipes: lobster and lemon mashed potatoes, filets Diane and chocolate mousse. Katie adds romance to the table with an arrow placemat and a rose and water arrangement.	APTEX	(S)	(CC)	DVI	#416H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Wheel of Misfortune	APTEX	(S)	(CC)	DVI	#302H
	Find out how to avoid common money mistakes and learn the importance of following a financial plan. Explore both short- and long-term goals.					
16:30:00	Hands On Crafts for Kids Discover The World	NETA	(S)	(CC)	DVI	#1711H
	Let's discover the world we live in and beyond. Katie and Jennie create a 3-D pop-up map of the planets together, and Franz explores the artistic use of dimension and space. Gather leaves, sticks and stones and then Jenny shows how to create a nature journal. She and Katie use water and paint to create a new fish species in silhouette. Katie blasts off with a jet pack made from recycled bottles and supplies from the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home Crystal Bridges, American Dreams	APTEX	(S)	(CC)	N/A	#1509H
	P. Allen Smith explores a place unlike any other, the Crystal Bridges Museum of American Art and visits a unique restoration project involving a rare house designed by Frank Lloyd Wright.					
17:30:00	Growing A Greener World The Green Bronx Machine: The Power of a Classroom Farm (Bronx, Ny)	APTEX	(S)	(CC)	N/A	#808H
	Volunteer teacher, Stephen Ritz has committed his life's work to teaching kids to grow real food to build healthy minds and bodies in a one-of-a-kind learning environment he created in a Bronx, NY public school. His system is now being replicated worldwide with huge success.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14205H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1340H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8140
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#939H
20:00:00	Song of the Mountains Molly Jeanne / Michael Reno Harrell / Mike Stevens & Raymond Mclain	NETA	(S)	(CC)	N/A	#1211H
21:00:00	Woodsongs George Winston and the Outside Track	NETA	(S)	(CC)	N/A	#2002H
	GEORGE WINSTON is a celebrated American pianist whose career spans more than 40 years with sales of over 15 million albums, including seven platinum selling recordings. RCA Records is releasing Winston's 14th solo piano album, 'Spring Carousel', a collection of 15 solo piano compositions written by Winston while in recovery from a bone marrow transplant for Myelodysplastic Syndrome (MDS) at City of Hope, in Duarte, California. Proceeds from sales of 'Spring Carousel' will directly benefit City of Hope. THE OUTSIDE TRACK are one of the top Celtic acts in the world. Hailing from Scotland, Ireland, and the US, its five members are united by a love of traditional music and a commitment to creating new music. They effortlessly fuse traditional and contemporary with winning joie de vivre, blending fiddle, accordion, harp, guitar, whistle, step-dance and vocals with breathtaking vitality. The band won Best Group in both the Live Ireland awards and the TIR awards. Their new album is 'Light Up The Dark'. WoodSongs Kid: Benjamin Barker is a 15-year-old hammered dulcimer player from Wilkesboro, North Carolina.					
22:00:00	Film School Shorts Stranger Desires	NETA	(S)	(CC)	N/A	#505H
	Tom and Myrna are looking for love in all the wrong places in two stories of ill-advised affection: Tom by Michael Smigiel and Mr. Lamb by Jean Pesce.					
22:30:00	On Story Treat Yo Self: A Conversation with Alan Yang	NETA	(S)	(CC)	N/A	#719H
	Parks and Recreation and Master of None writer Alan Yang talks about making up for lost time, writing for the Harvard Lampoon, and putting stories from his personal life into the show.					
23:00:00	Science Goes to the Movies Emergency Medicine	EPS	(S)	(CC)	N/A	#402H
	Guest: Dr. William Goldberg. TV Shows: Chicago, Med Mash!, Emergency. The sirens are wailing! The drama is mounting! The facts are getting thrown under the bus! A look at real v. fictional Emergency Medicine, with Dr. William Goldberg of NYU/Bellevue Hospital.					

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<u>Start</u>	<u>Title</u> <u>Subtitle</u>	<u>Distrib</u>	<u>Stereo</u>	<u>Cap</u>	<u>AS2</u>	<u>Episode</u>
23:30:00	Theater Talk Dear Evan Hansen Actors	EPS	(S)	(CC)	N/A	#1021H

Guests: Dear Evan Hansen actors Ben Platt, Rachel Bay Jones, Jennifer Laura Thompson.

Sat, Oct 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8140
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#939H
01:00:00	Song of the Mountains Molly Jeanne / Michael Reno Harrell / Mike Stevens & Raymond Mclain	NETA	(S)	(CC)	N/A	#1211H
02:00:00	Woodsongs George Winston and the Outside Track GEORGE WINSTON is a celebrated American pianist whose career spans more than 40 years with sales of over 15 million albums, including seven platinum selling recordings. RCA Records is releasing Winston's 14th solo piano album, 'Spring Carousel', a collection of 15 solo piano compositions written by Winston while in recovery from a bone marrow transplant for Myelodysplastic Syndrome (MDS) at City of Hope, in Duarte, California. Proceeds from sales of 'Spring Carousel' will directly benefit City of Hope. THE OUTSIDE TRACK are one of the top Celtic acts in the world. Hailing from Scotland, Ireland, and the US, its five members are united by a love of traditional music and a commitment to creating new music. They effortlessly fuse traditional and contemporary with winning joie de vivre, blending fiddle, accordion, harp, guitar, whistle, step-dance and vocals with breathtaking vitality. The band won Best Group in both the Live Ireland awards and the TIR awards. Their new album is 'Light Up The Dark'. WoodSongs Kid: Benjamin Barker is a 15-year-old hammered dulcimer player from Wilkesboro, North Carolina.	NETA	(S)	(CC)	N/A	#2002H
03:00:00	Film School Shorts Stranger Desires Tom and Myrna are looking for love in all the wrong places in two stories of ill-advised affection: Tom by Michael Smigiel and Mr. Lamb by Jean Pesce.	NETA	(S)	(CC)	N/A	#505H
03:30:00	On Story Treat Yo Self: A Conversation with Alan Yang Parks and Recreation and Master of None writer Alan Yang talks about making up for lost time, writing for the Harvard Lampoon, and putting stories from his personal life into the show.	NETA	(S)	(CC)	N/A	#719H
04:00:00	Science Goes to the Movies Emergency Medicine Guest: Dr. William Goldberg. TV Shows: Chicago, Med Mash!, Emergency. The sirens are wailing! The drama is mounting! The facts are getting thrown under the bus! A look at real v. fictional Emergency Medicine, with Dr. William Goldberg of NYU/Bellevue Hospital.	EPS	(S)	(CC)	N/A	#402H
04:30:00	Theater Talk Dear Evan Hansen Actors Guests: Dear Evan Hansen actors Ben Platt, Rachel Bay Jones, Jennifer Laura Thompson.	EPS	(S)	(CC)	N/A	#1021H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#386
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Hydrangea Gary paints an endless summer hydrangea with white petals. Gary uses his imagination to add some pink and yellow highlights. The background of this painting has some dark accents making the subject pop nicely in the frame.	APTEX	(S)	(CC)	N/A	#513H
08:30:00	Painting with Wilson Bickford Butterflies and Daisies, Part 1 The sight of a butterfly is a sure sign that spring is here. Wilson paints a beautiful yellow Sulphur butterfly about to land in a field of daisies.	NETA	(S)	(CC)	N/A	#301H
09:00:00	Landscapes Through Time with David Dunlop Etretat - A Landscape of Inspiration Along The Normandy Coast of France David introduces the majestic white cliffs rising out of the sea at Etretat on the Normandy Coast and their role in the inventive periods of French painting from the romanticism of Delacroix, the realism of Courbet to the Impressionism of the late 1860's through the 1880's. They all respond to Etretat's iconic arches over the sea. He compares the styles and visions of Etretat's artists and reveals the keys to their paintings.	NETA	(S)	(CC)	DVI	#107H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Quad & Hips	APTEX	(S)	(CC)	DVI	#908H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Relaxation Mary Ann explores the healing touch of massage, demonstrating some effective ways to release tension and use movement to relax.	NETA	(S)	(CC)	N/A	#1216H
10:30:00	Functional Fitness with Suzanne Andrews Brain Aerobics	ACCES		(CC)	N/A	#113H
11:00:00	Delicious TV's Vegan Mashup Cooking for Teens Encouraging your kids to eat healthier meals just got easier when our chefs pull out all the stops on these fun and easy recipes. Tempeh Chorizo Soft Tacos/Citrus Salad/Tofu BLT/No Queso Quesadilla.	NETA	(S)	(CC)	DVI	#105H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Splendor of Yucatan's Enchanting Markets Revered by his Mexican peers, Federico Lopez is one of Mexico's most affable and talented chefs. He joins Rick at the enchanting Mercado Municipal in Valladolid to extol the virtues of unique Yucatecan produce. After that, the pair head to Temozon, to a decades-old meat market where they smoke pork in rustic ovens behind the store. With a basket full of market produce and smoked meats, the chefs return to Federico's sleek catering kitchen in Cancun, where Federico artfully recreates the market in a salad of local beans, squash, heirloom tomato and chile dulce. Federico also makes pork tenderloin with longaniza sausage and beans. Back in Chicago, Rick makes lima bean soup with ham hock, plus pork lomitos.	APTEX	(S)	(CC)	N/A	#1108H
12:00:00	Lidia's Kitchen Layering Italian Flavors "Alla Parmigiana" is a technique applied in many southern Italian dishes that is all about layering simple bold flavors. In today's episode, Lidia shows the viewers her chicken parmigiana light: a version of chicken parmigiana, a breaded chicken thigh layered with tomato and mozzarella and nestled in a bed of tomato sauce; steamed broccoli and egg salad: a simple steamed broccoli dish dressed with red wine vinegar and hard boiled eggs; and limoncello tiramisu: a real "pick me up" made with lady fingers, mascarpone and limoncello zabaglione.	APTEX	(S)	(CC)	N/A	#401H
12:30:00	Moveable Feast with Fine Cooking Baltimore, Maryland - Duff Goldman and Bryan Voltaggio Pete takes on blue crab country on this episode of Moveable Feast with Fine Cooking when he joins chefs Duff Goldman and Bryan Voltaggio in Baltimore. After gathering crabs from JM Clayton Seafood Company, the oldest crab-picking house in the U.S., the group visits the small specialty store of Hex Ferments to purchase the best sauerkraut in the area. Pete starts the feast with Thai-style deviled eggs with crab mayo and kraut, while Brian serves a true Maryland blue crab feast and the Ace of Cakes aces it with the classic Smith Island Cake for dessert. Get ready for the crab and cake feast of your dreams, right here on Moveable Feast.	APTEX	(S)	(CC)	N/A	#405H
13:00:00	Travels with Darley Martinique Adventures Explore the French Caribbean on the island of Martinique, combining beautiful beaches with lush rainforests and quiet fishing villages with vibrant cultural sites. Host Darley Newman meets local guides to take a deeper dive into the top places to sun, sail, snorkel, eat, drink and enjoy eco-friendly nature and fascinating Creole culture.	NETA	(S)	(CC)	N/A	#301H
13:30:00	Mineral Explorers Stories from the Road Gems and crystals aren't the only thing we collect as we travel the globe. Join us as Thomas and his friends share some of the more adventurous stories they've gathered on their many expeditions. From flooded mines to road blocks, stampedes to jail time; the hunt for great stones may not be easy, but the memories from the road make great souvenirs.	NETA	(S)	(CC)	N/A	#203H
14:00:00	Rick Steves' Europe Croatia: Adriatic Delights A fascinating land with a hard-fought history in a complex corner of Europe, Croatia is emerging as one of Europe's top destinations. Sampling the very best of Croatia, we start by exploring the fabled Dalmatian Coast from dramatic Dubrovnik to crusty Adriatic island ports. Heading inland, we hike through Plitvice Lakes National Park and enjoy the thriving capital city Zagreb. Our Croatian finale: the Istrian Peninsula and its enchanting port town of Rovinj.	APTEX	(S)	(CC)	N/A	#602H
14:30:00	Born to Explore with Richard Wiese Scotland: Vikings, Puffins & Ponies Travel with host Richard Wiese to the Shetland Islands in northern Scotland. At a renowned breeding farm, Richard meets a herd of pint-sized Shetland ponies; on the craggy cliffs of Sumburgh Head, he encounters thousands of sea birds, including pint-sized puffins. He meets a lively woman who reveals the secrets for knitting the classic Shetland sweater and explores life below the waters of the North Sea.	APTEX	(S)	(CC)	N/A	#105H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Garden Smart Children are the future of our country, but many today spend more time indoors than out. There are gardens specifically designed to bring children into the garden. GardenSMART visits an exceptional children's garden and the lessons are helpful regardless of age. Be sure to tune in.	NETA	(S)	(CC)	N/A	#4802H
15:30:00	Baby Makes 3 Run for the Roses Katherine and Bryan left their hearts in Kentucky when they moved away and are looking for ways to share their Bluegrass roots with their new baby.	APTEX	(S)	(CC)	N/A	#201H
16:00:00	Drexel Interview Valerie Graves Valerie Graves is a creative force in the field of advertising. As she recounts in her memoir Pressure Makes Diamonds: Becoming the Woman I Pretended to Be, Graves transferred childhood smarts and vision from her working class Michigan community to high-rise aspirations as a creative leader with UniWorld, Motown Records, and even President Bill Clinton. Host Paula Marantz Cohen revisits Graves's formative years and the avenue that led her to becoming one of the first African-American copywriters, and then later directing ad campaigns for major corporate accounts like Ford, General Motors, AT&T, Burger King, General Foods, and Pepsi.	NETA		(CC)	N/A	#603H
16:30:00	Overheard with Evan Smith Al Franken, U.S. Senator/Comedian/Author Al Franken is the U.S. Senator of Minnesota. Before running for the Senate, Sen. Franken spent 37 years as a comedy writer, author and radio talk show host. He is best known for his stint on Saturday Night Live during the 1970s and 1980s. Franken was first elected to the US Senate in 2008, and re-elected in 2014. His latest book, Al Franken, Giant of the Senate, was a New York Times Best Seller.	NETA	(S)	(CC)	N/A	#802H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Brass Horn Makers Eric shines the brass with master French horn makers and musicians Rick and Celeste Seraphinoff.	APTEX	(S)	(CC)	N/A	#406H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3540H
18:30:00	The Open Mind Guest: Ethan Zuckerman. Director of the MIT Center for Civic Media Ethan Zuckerman talks about activism, technology and the future of the digital ecosystem.	NETA		(CC)	N/A	#3811H
19:00:00	Closer to Truth How Does Faith Work? Can God be known only by faith? What is faith? What does faith feel like? Can faith be actionable, practical? Describing faith is one thing; having faith, quite another.	EPS	(S)	(CC)	N/A	#1702H
19:30:00	American Forum	NETA	(S)	(CC)	N/A	#305H
20:00:00	Infinity Hall Live Tim Reynolds & Tr3 Tim Reynolds & TR3 bring killer guitar riffs and rock and roll funk to the hallowed walls of Infinity Hall. Reynolds, best known for his collaborations with the Dave Matthews Band, is widely regarded as underrated master, highly skilled at guitar, bass, piano, sitar, mandolin, violin and various instruments of ethnic percussion. Amazing audiences all over the world for more than 35 years, Reynolds has perfected a unique performance style that he brings to this extraordinary INFINITY HALL LIVE set. Born in Germany, Reynolds began playing music at a young age in his parents' church. Following high school graduation, Reynolds left home and moved to Charlottesville, Virginia where he began playing at local bars. Away from his parents' strict moral and behavioral instruction, Reynolds was able to experiment, developing his own sound. After forming the original TR3 in the early '90s, Reynolds began touring. Simultaneously, he collaborated with a young Dave Matthews on his early performances and albums. Today, Reynolds continues to tour with the Dave Matthews Band lending his unmatched guitar skill to the group. Reynolds is accomplished at nearly 30 musical instruments. When his musical mastery is combined with his flawless improvisation and complex riffs, the result is an unforgettable rock performance.	APTEX	(S)	(CC)	N/A	#104H

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Sat, Oct 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center Kaleo	APTEX	(S)	(CC)	N/A	#707H
	All the way from Iceland, indie rock band Kaleo comes to New York City to perform songs from their debut album A/B. Highlights include a performance of "Vor i Vaglaskogi," a traditional Icelandic Love song sung in the band's native language, as well as their top 10 singles "All the Pretty Girls" and "Way Down We Go." Formed in 2012, the band music is mostly influenced by folk and blues and prominently features a distinctive resonator sound.					
22:00:00	Globe Trekker Top 10 South American Adventures	APTEX	(S)	(CC)	N/A	#1609H
	In this Globe Trekker special, Ian Wright, Holly Morris, Elis Nevitt, Matt Young, Megan McCormick and Zay Harding travel all across South America - to Guyana, Venezuela, Columbia, Bolivia, Chile, Argentina, Paraguay and Brazil - in search of the continent's Top 10 adventures, which include white water rafting in untamed waters, searching for giant anaconda snakes, trekking to the world's highest waterfalls, and climbing to the snow-capped summit of the Lanin Volcano in the Andes Mountains.					
23:00:00	Arts In Context Beautiful Creatures	NETA		(CC)	N/A	#606H
	Featuring larger-than-life creatures powered by pedals, Austin Bike Zoo is a one-of-a-kind blend of puppetry and cycling. This "Human Powered Puppetry" was born out of a passion to combine the beauty and strength of human movement with the artistry and theater of puppets and a dedication to creating interactive works. With collaborative support from the community, the zoo presents a new take on classical plays, transforming Shakespeare into a circus performance. Featuring a vast menagerie of creatures including an 80-foot long rattlesnake, Austin Bike Zoo leaves nothing but joy in their quest to educate and inspire while touring the country with their mobile majestic zoo.					
23:30:00	Articulate with Jim Cotter Watsky On How to Ruin Everything	APTEX	(S)	(CC)	N/A	#107H
	The performance poet turned rapper Watsky pulls no punches in his first collection of essays. All of his work is characterized by witty wordplay and disarming honesty. All the World's A Stage - It's widely accepted that life itself is a performance. If so, what can theatre teach us about how to be ourselves? Dindga McCannon - Dindga McCannon helped pioneer art quilting, an innovative, improvisational approach to a traditional medium.					

Sun, Oct 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth How Does Faith Work? Can God be known only by faith? What is faith? What does faith feel like? Can faith be actionable, practical? Describing faith is one thing; having faith, quite another.	EPS	(S)	(CC)	N/A	#1702H
00:30:00	American Forum	NETA	(S)	(CC)	N/A	#305H
01:00:00	Infinity Hall Live Tim Reynolds & Tr3 Tim Reynolds & TR3 bring killer guitar riffs and rock and roll funk to the hallowed walls of Infinity Hall. Reynolds, best known for his collaborations with the Dave Matthews Band, is widely regarded as underrated master, highly skilled at guitar, bass, piano, sitar, mandolin, violin and various instruments of ethnic percussion. Amazing audiences all over the world for more than 35 years, Reynolds has perfected a unique performance style that he brings to this extraordinary INFINITY HALL LIVE set. Born in Germany, Reynolds began playing music at a young age in his parents' church. Following high school graduation, Reynolds left home and moved to Charlottesville, Virginia where he began playing at local bars. Away from his parents' strict moral and behavioral instruction, Reynolds was able to experiment, developing his own sound. After forming the original TR3 in the early '90s, Reynolds began touring. Simultaneously, he collaborated with a young Dave Matthews on his early performances and albums. Today, Reynolds continues to tour with the Dave Matthews Band lending his unmatched guitar skill to the group. Reynolds is accomplished at nearly 30 musical instruments. When his musical mastery is combined with his flawless improvisation and complex riffs, the result is an unforgettable rock performance.	APTEX	(S)	(CC)	N/A	#104H
02:00:00	Front and Center Kaleo All the way from Iceland, indie rock band Kaleo comes to New York City to perform songs from their debut album A/B. Highlights include a performance of "Vor i Vaglaskogi," a traditional Icelandic Love song sung in the band's native language, as well as their top 10 singles "All the Pretty Girls" and "Way Down We Go." Formed in 2012, the band music is mostly influenced by folk and blues and prominently features a distinctive resonator sound.	APTEX	(S)	(CC)	N/A	#707H
03:00:00	Globe Trekker Top 10 South American Adventures In this Globe Trekker special, Ian Wright, Holly Morris, Elis Nevitt, Matt Young, Megan McCormick and Zay Harding travel all across South America - to Guyana, Venezuela, Columbia, Bolivia, Chile, Argentina, Paraguay and Brazil - in search of the continent's Top 10 adventures, which include white water rafting in untamed waters, searching for giant anaconda snakes, trekking to the world's highest waterfalls, and climbing to the snow-capped summit of the Lanin Volcano in the Andes Mountains.	APTEX	(S)	(CC)	N/A	#1609H
04:00:00	Arts In Context Beautiful Creatures Featuring larger-than-life creatures powered by pedals, Austin Bike Zoo is a one-of-a-kind blend of puppetry and cycling. This "Human Powered Puppetry" was born out of a passion to combine the beauty and strength of human movement with the artistry and theater of puppets and a dedication to creating interactive works. With collaborative support from the community, the zoo presents a new take on classical plays, transforming Shakespeare into a circus performance. Featuring a vast menagerie of creatures including an 80-foot long rattlesnake, Austin Bike Zoo leaves nothing but joy in their quest to educate and inspire while touring the country with their mobile majestic zoo.	NETA		(CC)	N/A	#606H
04:30:00	Articulate with Jim Cotter Watsky On How to Ruin Everything The performance poet turned rapper Watsky pulls no punches in his first collection of essays. All of his work is characterized by witty wordplay and disarming honesty. All the World's A Stage - It's widely accepted that life itself is a performance. If so, what can theatre teach us about how to be ourselves? Dindga McCannon - Dindga McCannon helped pioneer art quilting, an innovative, improvisational approach to a traditional medium.	APTEX	(S)	(CC)	N/A	#107H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#387
08:00:00	Painting and Travel with Roger & Sarah Bansemer Clapboard Island Roger and Sarah stay on a 60 acre island on the Maine coast in an historic cottage. Roger sets up his easel to paint colorful lobster buoys . Sarah explores the island and talks to the cottage owners about its origins and recent renovations.	NETA	(S)	(CC)	N/A	#301H
08:30:00	Paint This with Jerry Yarnell Hawaii's Finest Hour, Part 4 In this episode, Jerry spends a lot of time explaining how important a toothbrush can be in creating very fine sand, gravel, and dirt. Then shows the proper way to use the toothbrush to splatter the beach and create the suggestion of broken sea shells. Then he shows how to paint in the grass hut/bungalow. He then shows how to use the #4 chisel-edge brush to paint in the top of the palm trees. He then finishes by showing how to paint the larger sea shells on the beach.	NETA	(S)	(CC)	N/A	#2308H

Sun, Oct 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Whale Tail	APTEX		(CC)	N/A	#509H
	<p>Many artists spend their lives working to understand the nature, structure, or essence of a thing. In Episode 9, Wyland's depiction of a fluking whale tail almost appears to be a separate object in and of itself. Wyland uses negative space -- the space around and between the subject -- to enhance this effect. Negative space may be most evident when the space around a subject, and not the subject itself, is used to artistic effect as the "real" subject of an image. Often, in a two-tone, black-and-white image, a subject is normally depicted in black and the space around it is left blank (white), thereby forming a silhouette of the subject. However, artists apply a multitude of techniques to achieve their intended effect. In this painting, Wyland applies his interest in form and negative space to give the viewer a unique perspective on this iconic image of the sea.</p>					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Posture Workout	APTEX	(S)	(CC)	DVI	#909H
10:00:00	Sit and Be Fit Maintain Independence	NETA	(S)	(CC)	N/A	#1217H
	<p>This episode is full of functional movements to help improve performance of the activities of daily life and help you maintain independence as you age.</p>					
10:30:00	Power Yoga: Mind and Body Flow - Version Three	APTEX	(S)	(CC)	N/A	#116
	<p>With Sun salutation A, Sun salutation B, Warrior I, Triangle/Trikonasana, and others.</p>					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#328H
11:30:00	New Orleans Cooking with Kevin Belton Thanksgiving	APTEX	(S)	(CC)	N/A	#120H
	<p>Stuffed mirlitons, Cajun turkey and dirty rice.</p>					
12:00:00	Ciao Italia The Best Cocktails and Snacks/Ottimi Cocktails E Stuzzichini	NETA	(S)	(CC)	N/A	#2426H
	<p>Mary Ann's daughter-in-law and food writer, Jen Chase arrives nella cucina with a fantastic collection of cocktail materials to celebrate the 25th anniversary of Ciao Italia, by creating modern day versions of Italian favorites, like a Sambuca Citron Martini, while Mary Ann makes a Frico and other tasty antipasti to go along with their anniversary party.</p>					
12:30:00	Mike Colameco's Real Food Keens/Costata	NETA	(S)	(CC)	N/A	#1408H
	<p>America's love for steak houses keeps growing, in this show we visit Keens well over a century old and Mike's Favorite NY Steakhouse and then we're off to Costata downtown run by Michael Whites team where along with great steak they serve artisan hand made pasta, and great fish crudo, a sort of The Palm for the 21st century.</p>					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Harlem, USA	APTEX	(S)	(CC)	DVI	#208H
	<p>Harlem is a neighborhood in Manhattan all its own - alive with culture, music, food, and of course dance, this thriving neighborhood has continued its ascent since the first Harlem Renaissance.</p>					
13:30:00	Family Travel with Colleen Kelly Dallas, Texas - The Texas State Fair, City Sunsets, and Tex Mex	APTEX		(CC)	N/A	#408H
	<p>Grab your stetson and cowboy boots, we're heading to the big city of Dallas, Texas. Join Colleen and her family as they uncover the unique Pumpkin Village, indulge in some authentic Tex Mex cuisine, relish in a beautiful sunset over the city from the famous Reunion Tower, and have a blast exploring true Texas culture at the State Fair. You're sure to see why they say everything's bigger in Texas.</p>					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#328H
14:30:00	Destination Craft with Jim West Switzerland	APTEX	(S)	(CC)	N/A	#111H
	<p>Jim West travels to Zurich and Lucerne, Switzerland where master artisans demonstrate how to craft the perfect Alp Horn, make Swiss cheese in a family farmhouse, craft a traditional cheese fondue, and discover bobbin lace making. Jim becomes cuckoo for cuckoo clocks, crafts honey with a master beekeeper and enjoys the process of Swiss chocolate making.</p>					

Sun, Oct 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Woodsmith Shop Details of Craftsmanship The Woodsmith editors begin their newest project, a dresser-top valet, by creating small joinery at the router table.	NETA	(S)	(CC)	N/A	#1101H
15:30:00	Rough Cut - Woodworking with Tommy Mac Roofing, Rakes and Soffets This week on Rough Cut Woodworking with Tommy Mac, Tommy works on the finishing touches to complete the roof. Joined by good friend and general contractor Chris Reynolds, the two work to get the fascia and trim boards to size before installing them on the roof along with the drip edge and shingles. Tommy and Chris first walk through a small safety lesson, reminding carpenters how important it is to stage your site properly so you and your crew can work as efficiently and safely as possible.	APTEX	(S)	(CC)	N/A	#707H
16:00:00	Foundations of Yoga with Tara Lee Air & Water Expansion & Awareness Sequence Air & Water Expansion & Awareness Sequence focuses on the kidneys and lungs. By breathing into different areas of the body while holding a yoga posture, we can create fluidity and space so tension can be released.	EPS	(S)	(CC)	N/A	#104H
16:30:00	Second Opinion Preventive Cancer Screening Patient Story: More than half a million people die of cancer each year in the U.S., so it's no wonder we want to do what we can to catch and treat cancer early. For some cancers, we have preventive cancer screenings that are readily available. But who should be screened? Rose Arp has no cancer history, but wants to know from the experts what screenings she should be getting as she turns 50 years old. Myth or Medicine: Will a yearly mammogram cause breast or thyroid cancer? Second Opinion 5: Five greatest risk factors for cancer.	APTEX	(S)	(CC)	N/A	#1209H
17:00:00	Natural Health Breakthroughs with Brenda Watson Stem Cells II Cutting-edge stem cell treatments outside the U.S. - R. Vijayanagar, MD: pioneering transplant surgeon now provides stem-cell treatments for heart disease at a Bahamas clinic. A full-service stem-cell treatment clinic in Panama - Neil Riordan, PhD: research scientist and founder of Stem Cell Institute, in Panama City, Panama. Why the clinic's stem cell treatments are safe - Jorge Paz Rodriguez, MD: internal medicine specialist at the institute. Acquisition and processing of stem cells - Rodolfo Fernandez: medical technologist. Personal stories - Sam Harrell - being treated for MS; Juan Jose Ballareno - being treated for a spinal injury; Todd Rinehart - being treated for rheumatoid arthritis.	EPS	(S)	(CC)	N/A	#107H
17:30:00	Well Read Garth Stein & Mary Ann Gwinn: Writers to Reviewers A show for readers, writers and reviewers. First author Garth Stein gives tips on navigating the world of the writer. Then some of our past guests weigh in on research, inspiration and writing styles. Finally, Mary Ann Gwinn is interviewed about life of a reviewer.	APTEX	(S)	(CC)	N/A	#615H
18:00:00	California's Gold Little Hollywood Cars When do you think the economy car hit the American market? Most people would say the '70s or maybe the '60s, but you might be surprised to know that in 1930, the American Austin car company premiered a miniature car that could get 40 miles to the gallon. The cars were not a huge success with the general public, but Hollywood fell in love! Huell visits with a man who has the largest collection of these little cars in the world. We'll see some great cars and look at some fun film clips from Hollywood's golden age. Have you ever wondered what happens to the countless cars that have been driven over cliffs, crushed, crashed and blown up in thousands of movies? Most of those cars were miniature cars that were built for the movies and believe it or not, there is a man who has a huge collection of these "movie" cars. Huell gets a special look at some very unique little Hollywood cars.	KCET		(CC)	N/A	#3005
18:30:00	Curious Traveler Curious Stockholm What did Alfred Nobel invent that led him to create the Nobel Prize? What is Gamla Stan? What's so important about the throne inside the Royal Palace of Stockholm? What is the Djurgarden Canal, and why was it only for the Royal Family? Why did the Swedes grow grass on their rooftops, and what's the history of their folk costumes?	APTEX	(S)	(CC)	N/A	#211H
19:00:00	Make48 Early in the morning the teams are taken on a one-hour hardware store dash to get supplies they may need for the creation of their prototype. Next the teams are given five minutes in front of a select group of industry experts. They pitch their initial product ideas and get feedback to put them on the right track. The clock is ticking.	APTEX	(S)	(CC)	N/A	#102H
19:30:00	The Kamla Show Special Suzanne Frey Kamla talks to Suzanne Frey, Director, Trust, Security, Privacy, Google Apps at Google. Frey has a liberal arts degree and ended up working in the technology sector. How did she do it? Frey is also on the board of Motley Fools. This is part of Women in Science and Tech Series.	KAMLA	(S)	(CC)	N/A	#126H

Sun, Oct 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Black America Hollywood In Black America with Courtney B. Vance	EPS	(S)	(CC)	N/A	#103H
	Carol Jenkins talks with actor Courtney B. Vance about his career, his influences and his work as an actor in projects such as 'Scandal' and 'The People Vs. O.J. Simpson: An American Crime Story'.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#203H
	Profiles of Asian American leaders in the arts & entertainment business, including contemporary artists, musicians, author, playwright, dancer and filmmakers. Guests include: David Henry Hwang, Susan Choi, Xiaochuan Xie.					
21:00:00	West of the West: Tales from California's Channel Island First People	APTEX	(S)	(CC)	N/A	#101H
	1. Island Rotation - Tanya Atwater, geophysicist and marine geologist, explains her theory of how once upon a time the Channel Islands used to be located next to San Diego. Over the millennia plate tectonics 'rotated' them to where they are now off Santa Barbara. 2. Arlington Man - In 1959, while looking for pygmy mammoth bones on Santa Rosa Island, Santa Barbara Museum of Natural History archeologist Phil Orr discovered a human femur sticking out of the canyon wall at Arlington Springs. He knew it was old, but scientific dating technology couldn't tell him how old. Yet. So he put the bones away in the basement of the SBMNH where they were rediscovered by Don Morris and John Johnson in the 1990s. These two archeologists take us back to Arlington Springs while explaining how modern carbon dating confirmed the bones were over 13,000 years old... the oldest ever found in North America. And how this discovery completely altered the accepted theory of human migration on our continent. 3. First Contact - The Voyage of Cabrillo - This tale is actually two parallel stories. One is the voyage of Juan Rodriguez Cabrillo - a Portuguese conquistador sailing for the Spanish - who was looking for China but instead 'discovered' Alta California and the Channel Islands. And that was 89 years before the Pilgrims got to Plymouth Rock, meaning that America really started here. His story is intercut with the San Diego Maritime Museum's ambitious, years in the making, and ultimately successful effort to build a replica of Cabrillo's flagship the San Salvador. 4. Sa Hi Pa Ca - (Once Upon a Time) - This tale follows Julie Tumamait, a Chumash tribal leader, as she describes her own reawakening to her Channel Islands native roots. She visits an archeological dig on Santa Cruz Island where she and UCSB archeologist Lynn Gamble discuss the role of archeology and anthropology in helping rediscover Chumash culture which was lost after the Spanish mission period in the mid 1800s. 5. The Lone Woman of San Nicolas Island - The story of the person known variously as Juana Maria, the Lone Woman, or Karana in the children's classic Island of the Blue Dolphins, is familiar to many people. While comparing her incredible real life adventure of surviving alone on San Nicolas for 18 years to the story in the book, we uncover new facts about her life as well as that of the book's writer Scott O'Dell.					
22:00:00	Roadtrip Nation Get Out There	APTEX	(S)	(CC)	N/A	#1402H
	In NYC, the road-trippers meet the mechanical engineer who's pushing touch technology into the future. Katherine Kuchenbecker is working on haptic technologies that will shape medicine, commerce, and more. Next up, artist and activist Zaria Forman talks about the transformative power of travel, and entrepreneur Jewel Burks tells her gutsy story of building a company from the ground up.					
22:30:00	Our American Family: The Clarks	NETA	(S)	(CC)	N/A	#0H
	The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. For generations, the Clark family of Frankford, DE has shown tremendous support of one another as members faced hard times with tender loyalty. "Our American Family: The Clarks" traces the lives of this African-American family with seven children as they employed humor, resourcefulness and respect for all through the Depression, WWII, and racial tension.					
23:00:00	Real Adam Smith Ideas That Changed The World	NETA	(S)	(CC)	N/A	#102H
	Ideas That Changed The World, second in the two-part series of The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a closer look at the "father of modern economics," who lived in the 18th century among horse-drawn carriages, sailing ships and trade that was greatly limited and riddled with corruption. Yet, Adam Smith envisioned a world of free trade among ethical, honest businesses and recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Smith was a Scotsman, a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. His ideas about global free markets set the stage for the great 19th century era of free trade and even today's economic expansion. But in today's seemingly ruthless competitive environment, where the stakes are high and winning is the name of the game, can ethical and honest businesses still prosper? How does globalization benefit anyone? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg talks with some of the most distinguished Adam Smith scholars, as well as leaders of eBay and Whole Foods to discover how Smith's ideas continue to be relevant and drive the world's economy today. Aboard the Maersk Mc-Kinney Moller, the largest container ship in the world, Norberg witnesses the incredible scale of world trade first hand. Norberg visits Toulouse, France for the final assembly of a new Airbus A380 illustrating Smith's insights on the division of labor's ability to generate wealth. At the University of Chicago, Chinese students study Smith's ideas to better understand how China became capitalist, and in Washington, DC, Norberg shows what happens as cronyism triumphs over the free market, a condition that troubled Smith in his day. Ideas That Changed The World examines 21st century businesses benefiting from Adam Smith's 18th century ideas.					

Mon, Oct 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Make48 Early in the morning the teams are taken on a one-hour hardware store dash to get supplies they may need for the creation of their prototype. Next the teams are given five minutes in front of a select group of industry experts. They pitch their initial product ideas and get feedback to put them on the right track. The clock is ticking.	APTEX	(S)	(CC)	N/A	#102H
00:30:00	The Kamla Show Special Suzanne Frey Kamla talks to Suzanne Frey, Director, Trust, Security, Privacy, Google Apps at Google. Frey has a liberal arts degree and ended up working in the technology sector. How did she do it? Frey is also on the board of Motley Fools. This is part of Women in Science and Tech Series.	KAMLA	(S)	(CC)	N/A	#126H
01:00:00	Black America Hollywood In Black America with Courtney B. Vance Carol Jenkins talks with actor Courtney B. Vance about his career, his influences and his work as an actor in projects such as 'Scandal' and 'The People Vs. O.J. Simpson: An American Crime Story'.	EPS	(S)	(CC)	N/A	#103H
01:30:00	Asian American Life Profiles of Asian American leaders in the arts & entertainment business, including contemporary artists, musicians, author, playwright, dancer and filmmakers. Guests include: David Henry Hwang, Susan Choi, Xiaochuan Xie.	EPS	(S)	(CC)	N/A	#203H
02:00:00	West of the West: Tales from California's Channel Island First People 1. Island Rotation - Tanya Atwater, geophysicist and marine geologist, explains her theory of how once upon a time the Channel Islands used to be located next to San Diego. Over the millennia plate tectonics 'rotated' them to where they are now off Santa Barbara. 2. Arlington Man - In 1959, while looking for pygmy mammoth bones on Santa Rosa Island, Santa Barbara Museum of Natural History archeologist Phil Orr discovered a human femur sticking out of the canyon wall at Arlington Springs. He knew it was old, but scientific dating technology couldn't tell him how old. Yet. So he put the bones away in the basement of the SBMNH where they were rediscovered by Don Morris and John Johnson in the 1990s. These two archeologists take us back to Arlington Springs while explaining how modern carbon dating confirmed the bones were over 13,000 years old... the oldest ever found in North America. And how this discovery completely altered the accepted theory of human migration on our continent. 3. First Contact - The Voyage of Cabrillo - This tale is actually two parallel stories. One is the voyage of Juan Rodriguez Cabrillo - a Portuguese conquistador sailing for the Spanish - who was looking for China but instead 'discovered' Alta California and the Channel Islands. And that was 89 years before the Pilgrims got to Plymouth Rock, meaning that America really started here. His story is intercut with the San Diego Maritime Museum's ambitious, years in the making, and ultimately successful effort to build a replica of Cabrillo's flagship the San Salvador. 4. Sa Hi Pa Ca - (Once Upon a Time) - This tale follows Julie Tumamait, a Chumash tribal leader, as she describes her own reawakening to her Channel Islands native roots. She visits an archeological dig on Santa Cruz Island where she and UCSB archeologist Lynn Gamble discuss the role of archeology and anthropology in helping rediscover Chumash culture which was lost after the Spanish mission period in the mid 1800s. 5. The Lone Woman of San Nicolas Island - The story of the person known variously as Juana Maria, the Lone Woman, or Karana in the children's classic Island of the Blue Dolphins, is familiar to many people. While comparing her incredible real life adventure of surviving alone on San Nicolas for 18 years to the story in the book, we uncover new facts about her life as well as that of the book's writer Scott O'Dell.	APTEX	(S)	(CC)	N/A	#101H
03:00:00	Roadtrip Nation Get Out There In NYC, the road-trippers meet the mechanical engineer who's pushing touch technology into the future. Katherine Kuchenbecker is working on haptic technologies that will shape medicine, commerce, and more. Next up, artist and activist Zaria Forman talks about the transformative power of travel, and entrepreneur Jewel Burks tells her gutsy story of building a company from the ground up.	APTEX	(S)	(CC)	N/A	#1402H
03:30:00	Our American Family: The Clarks The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. For generations, the Clark family of Frankford, DE has shown tremendous support of one another as members faced hard times with tender loyalty. "Our American Family: The Clarks" traces the lives of this African-American family with seven children as they employed humor, resourcefulness and respect for all through the Depression, WWII, and racial tension.	NETA	(S)	(CC)	N/A	#0H

Mon, Oct 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
04:00:00	Real Adam Smith Ideas That Changed The World	NETA	(S)	(CC)	N/A	#102H
	<p>Ideas That Changed The World, second in the two-part series of The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a closer look at the "father of modern economics," who lived in the 18th century among horse-drawn carriages, sailing ships and trade that was greatly limited and riddled with corruption. Yet, Adam Smith envisioned a world of free trade among ethical, honest businesses and recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Smith was a Scotsman, a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. His ideas about global free markets set the stage for the great 19th century era of free trade and even today's economic expansion. But in today's seemingly ruthless competitive environment, where the stakes are high and winning is the name of the game, can ethical and honest businesses still prosper? How does globalization benefit anyone? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg talks with some of the most distinguished Adam Smith scholars, as well as leaders of eBay and Whole Foods to discover how Smith's ideas continue to be relevant and drive the world's economy today. Aboard the Maersk Mc-Kinney Moller, the largest container ship in the world, Norberg witnesses the incredible scale of world trade first hand. Norberg visits Toulouse, France for the final assembly of a new Airbus A380 illustrating Smith's insights on the division of labor's ability to generate wealth. At the University of Chicago, Chinese students study Smith's ideas to better understand how China became capitalist, and in Washington, DC, Norberg shows what happens as cronyism triumphs over the free market, a condition that troubled Smith in his day. Ideas That Changed The World examines 21st century businesses benefiting from Adam Smith's 18th century ideas.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#388
08:00:00	Zula Patrol A Friend Named Breezy/Erosion Today, Gone Tomorrow	APTEX	(S)	(CC)	N/A	#210H
	<p>Wizzy and Zeeter befriend BREEZY, a gentle breeze, and learn all about wind. When they help Breezy become a bigger wind, she gets used by DELIRIA and CLOID, who want to blow down Zula Patrol Headquarters - but Zeeter and Wizzy get their friend Breezy to stop just in time. During a fun day at the beach, the ZPers are impressed when Gorga snorts out a huge sandcastle that's a replica of a real eroding stone castle on a nearby cliff. On exploring Gorga's creation, they get lost inside it and meet a 400-year old knight and his pet dragon - both made entirely of sand! The real challenge comes in trying to find their way out of the sandcastle before it erodes from the tide and collapses around them.</p>					
08:30:00	1001 Nights The Genie, The Fish, The Wolf and the Witch/The Forbidden City of Shenzhen	NETA	(S)	(CC)	DVI	#116H
	<p>"The Genie, The Fish, The Wolf and The Witch" - When Shahryar can't sleep, Shahrzad tells a series of stories within stories that become fascinatingly intertwined. "The Forbidden City of Shenzhen" - Ahn-Ming climbs to the other side of the forbidden wall to learn that everything he's been taught about his evil neighbors is wrong.</p>					
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: for the Back	APTEX	(S)	(CC)	DVI	#910H
10:00:00	Sit and Be Fit Resistance Exercises	NETA	(S)	(CC)	N/A	#1218H
	<p>Mary Ann introduces some unique ways to strengthen muscles with a resistance exercise band. Emphasis is placed on maintaining proper technique to avoid injury and get the most out of the movements.</p>					
10:30:00	Fit 2 Stitch Broadway Plays	NETA	(S)	(CC)	N/A	#408H
	<p>When you step out for an evening of live theater, add a little glamor with fur. Learn how easy it is to cut and sew faux or real fur to add an elegant look.</p>					
11:00:00	Knitting Daily Sweater Weather	NETA	(S)	(CC)	N/A	#1405H
	<p>Celebrate sweater weather! Barry Klein shows how to pick the perfect sweater for your next project. Meet designer Rohn Strong to talk about crochet sweater patterns. Louisa Demmitt hand knits a hoodie, and Tanis Gray demonstrates the simple but graphic technique of two-color corrugated ribbing. Then Vickie shows how to flatter any figure with the best sweater for your shape.</p>					
11:30:00	Fons & Porter's Love of Quilting Liz's Lemoyne Star	NETA	(S)	(CC)	N/A	#2604H
	<p>A wonderful scrap quilt designed using block exchange LeMoyné stars. Mary and her guest Liz Porter will show you how to use the Rapid Fire LeMoyné Star tool to create accurate blocks for a great outcome. Liz also shares quilts created by friends with unique setting inspirations.</p>					

Mon, Oct 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7056H
13:00:00	America's Test Kitchen from Cook's Illustrated Hearty One Pot Meals	APTEX	(S)	(CC)	N/A	#1708H
	Host Julia Collin Davison shows host Bridget Lancaster how to make the best ground beef chili. Next, equipment expert Adam Ried reviews food processors in the Equipment Corner. Finally, test cook Erin McMurrer uncovers the secrets to the ultimate red lentil soup with north African spices.					
13:30:00	Pati's Mexican Table	APTEX	(S)	(CC)	N/A	#601H
14:00:00	Kitchen Wisdom of Cecilia Chiang Last Flight Out of Shanghai	APTEX	(S)	(CC)	DVI	#105H
	Less than a decade after fleeing the Japanese, Cecilia now married and with a young family, caught the last flight out of Shanghai as the communist revolution swept over China. The family relocated to Tokyo where, at a dinner for an ambassador, Cecilia got her first taste of raw fish. Cecilia didn't love it and didn't love living as an ex-pat in the land of her former occupiers, so she sailed on the SS Woodrow Wilson into San Francisco to visit her number seven sister. Though she never learned how to cook, she ended up opening the Mandarin restaurant and never left. In this episode, Cecilia joins Chef Keiko Takahashi, the first Japanese woman in the world to win a Michelin star. She and her husband run Keiko on Nob Hill, a place that feels like a private club, and where the luxurious cooking has a distinct feminine style to it. Cecilia shows Keiko the simplicity of the Mandarin's whole steamed bass with ginger and scallions. Keiko reciprocates with an amazing 12 pound slab of Bluefin "Toro" tuna flown in from Japan. Keiko artfully butchers the Toro by fat content and turns it into a delicate and drop-dead tuna sashimi that Cecilia has no trouble devouring.					
14:30:00	On The Road with Vic Rallo: Italy! Montepulciano	APTEX	(S)	(CC)	N/A	#103H
	In Tuscany's famed medieval walled city Vic cooks on an ancient rotisserie designed by Leonardo da Vinci - and learns the most modern techniques for producing sangiovese grapes at the Avignonesi vineyard, using progressive organic and biodynamic farming and winemaking techniques. Tony Verdoni shares his wine tips for the region.					
15:00:00	Beads, Baubles and Jewels Mix Up Your Daily Schedule	NETA	(S)	(CC)	N/A	#2506H
	Get out of the design rut and mix things up. Artist Anne Potter transforms recycled tea tins into fashionable earrings. Then, she gives tips on hosting a jewelry party so you can work out design ideas with friends. Cool down as clay sculptor Syndee Holt creates colorful seascapes on polymer clay pendants.					
15:30:00	Katie Brown Workshop Halloween	APTEX	(S)	(CC)	DVI	#417H
	Trick or treat! Katie shares some "spooky" Halloween ideas. In the kitchen: candy pumpkin apples, chocolate-covered marshmallows and white chocolate candy corns. Get into the "spirit" of things with a painted bucket and gourd-face pumpkins.					
16:00:00	Biz Kid\$ More Bang for Your Buck	APTEX	(S)	(CC)	DVI	#303H
	Whether you're facing good times or tough times, it's important to know how to get the best value for your money. Discover tips for stretching your dollars.					
16:30:00	Hands On Crafts for Kids Just for Fun	NETA	(S)	(CC)	DVI	#1712H
	It's important to have fun and today's projects are fun to make and to use. Katie creates a fuzzy mustache board will tickle you. Franz and his son, Axel play with paints, pencils, crayons, colors and techniques to find new ways of expression. Jenny and Katie let their imaginations go to create colorful pencil toppers. From the Family Craft Box, add empty paper rolls and colored paper to create a reversible playscape mat.					
17:00:00	P. Allen Smith's Garden Home All About The Bugs	APTEX	(S)	(CC)	N/A	#1510H
	P. Allen Smith meets bugs where they live. Find out how to deal with the good, the bad and the ugly around your home and garden.					
17:30:00	Growing A Greener World In Susan's Garden: A Backyard Habitat In Harmony with Nature (Spokane, Wa)	APTEX	(S)	(CC)	N/A	#809H
	In this episode, we follow Master Gardener Susan Mulvihill, an avid gardener, birder, and nature lover who has created a bountiful and beautiful habitat for all creatures. We'll learn some of Susan's best tips for creating a productive garden in harmony with nature.					

Daily Program Listing II
43.1

Date: 09/06/2017

10/01/2017 - 10/31/2017

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Mon, Oct 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14206H
18:30:00	Americas Now Poisonous Spray	NETA	(S)	(CC)	N/A	#107H
	"Poisonous Spray?" - The lead story this week focuses on the banana plantations of Nicaragua. Grace Gonzales explores the dangers of a pesticide called "Nema-gon" used by fruit companies for decades, now being blamed for a variety of illnesses. Next: "Game Changer." Americas Now profiles Mexican rapper Antonio Sanchez. Sanchez is an entertainer with a difference. He uses rap music to keep indigenous languages alive. Finally: In a video essay, we go to Sao Sebastiao do Vatumo in Brazil's rain forest where a unique tower monitors the changes in the forest which may be caused by global warming.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8141
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3540H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#408H
	Molly Tuttle shows where bluegrass songwriting and hot guitar picking is heading. Emerging talent Christian Lopez brings passion and grit. And Sixpence None The Richer star singer Leigh Nash goes old school country.					
21:00:00	All-Star Orchestra British Enigmas	APTEX	(S)	(CC)	N/A	#303H
	Elgar - Enigma Variations. Secret, "enigmatic" portraits of the composer's friends, each with great individuality Britten - Young Person's Guide to the Orchestra The perennial family favorite that showcases - one by one - all the instruments in the orchestra. The perfect introduction to classical music.					
22:00:00	Growing Cities	APTEX	(S)	(CC)	N/A	#0H
	In Lincoln's time, 80 percent of the U.S. population lived in rural areas and worked in farm-related jobs. Today, more than 80 percent of Americans live in cities, with less than 1 percent of the population claiming farming as an occupation. However, many city-dwellers are re-imagining the possibilities of farming in urban settings - growing their own food in empty lots and lawns, and creating healthier, stronger and more vibrant communities in the process. GROWING CITIES examines the role of urban agriculture in the United States and its potential for revitalizing cities and changing the way Americans eat.					
23:00:00	Kosciuszko: A Man Before His Time	APTEX	(S)	(CC)	N/A	#0H
	There are more statues of Thaddeus Kosciuszko in America than any historical figure except for George Washington. Every day, millions of New York television and radio listeners hear about traffic jams on the Kosciuszko Bridge. Yet few know the real story of this Revolutionary War hero and champion of human rights. With a moving narration by actor Blair Underwood (ABC's Quantico and Agents of S.H. I.E.L.D.) and re-enactments filmed in Poland, Philadelphia, and West Point and Saratoga, New York, the one-hour documentary KOSCIUSZKO: A MAN BEFORE HIS TIME tells the story of Thaddeus Kosciuszko's quest for liberty - alongside allies George Washington, Benjamin Franklin, Thomas Jefferson, and French and Polish Revolutionaries - against the tyranny of Britain's King George, Russia's Catherine the Great, and France's Napoleon Bonaparte. Based on the book The Peasant Prince: Thaddeus Kosciuszko and the Age of Revolution by Pulitzer Prize-winning journalist Alex Storozynski, the film brings the Polish revolutionary to life with dramatic readings and re-enactment by actor Olek Krupa (F/X's The Americans and Hidden Figures), coupled with interviews from historical experts and former U.S. National Security Advisor Dr. Zbigniew Brzezinski.					

Daily Program Listing II

43.1

Date: 09/06/2017

10/01/2017 - 10/31/2017

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Tue, Oct 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8141
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3540H
01:00:00	Music City Roots Live from the Factory Molly Tuttle shows where bluegrass songwriting and hot guitar picking is heading. Emerging talent Christian Lopez brings passion and grit. And Sixpence None The Richer star singer Leigh Nash goes old school country.	APTEX	(S)	(CC)	N/A	#408H
02:00:00	All-Star Orchestra British Enigmas Elgar - Enigma Variations. Secret, "enigmatic" portraits of the composer's friends, each with great individuality Britten - Young Person's Guide to the Orchestra The perennial family favorite that showcases - one by one - all the instruments in the orchestra. The perfect introduction to classical music.	APTEX	(S)	(CC)	N/A	#303H
03:00:00	Growing Cities In Lincoln's time, 80 percent of the U.S. population lived in rural areas and worked in farm-related jobs. Today, more than 80 percent of Americans live in cities, with less than 1 percent of the population claiming farming as an occupation. However, many city-dwellers are re-imagining the possibilities of farming in urban settings - growing their own food in empty lots and lawns, and creating healthier, stronger and more vibrant communities in the process. GROWING CITIES examines the role of urban agriculture in the United States and its potential for revitalizing cities and changing the way Americans eat.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Kosciuszko: A Man Before His Time There are more statues of Thaddeus Kosciuszko in America than any historical figure except for George Washington. Every day, millions of New York television and radio listeners hear about traffic jams on the Kosciuszko Bridge. Yet few know the real story of this Revolutionary War hero and champion of human rights. With a moving narration by actor Blair Underwood (ABC's Quantico and Agents of S.H. I.E.L.D.) and re-enactments filmed in Poland, Philadelphia, and West Point and Saratoga, New York, the one-hour documentary KOSCIUSZKO: A MAN BEFORE HIS TIME tells the story of Thaddeus Kosciuszko's quest for liberty - alongside allies George Washington, Benjamin Franklin, Thomas Jefferson, and French and Polish Revolutionaries - against the tyranny of Britain's King George, Russia's Catherine the Great, and France's Napoleon Bonaparte. Based on the book The Peasant Prince: Thaddeus Kosciuszko and the Age of Revolution by Pulitzer Prize-winning journalist Alex Storzynski, the film brings the Polish revolutionary to life with dramatic readings and re-enactment by actor Olek Krupa (F/X's The Americans and Hidden Figures), coupled with interviews from historical experts and former U.S. National Security Advisor Dr. Zbigniew Brzezinski.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#389
08:00:00	Zula Patrol Blast to Earth's Past/The Great Climb Deliria thinks she's found a way to own the entire Earth - by taking a time machine back to when there were no people on the planet, and being the first to claim it. Zeeter accidentally gets whisked along on the time trip, which takes them back to 250 million years ago when Earth's continents were combined as one. Going forward in time to the present, Deliria's clunky time machine continually breaks down. In between encounters with dinosaurs and an Ice Age, Zeeter gets to observe how today's continents were formed because of Plate Tectonics. Zeeter is excited about climbing in The Great Climb, an annual mountain climbing event in her home town, Zazu Falls. It's a two-person team event and Bula's to be her partner. But when Bula is injured, Multo volunteers to be her partner. Zeeter is skeptical of Multo's climbing abilities; however, Multo's knowledge of mountains is what helps them climb close to the top. Unfortunately, the mountain, who prefers to be called the "Grand Zeeterondack," prevents the two from reaching its summit. After asking some questions, Zeeter and Multo learn that the mountain is worried that once someone reaches the top, no one will climb it any more. In the end, the two ZPers must convince the mountain that it is like an old friend and that the climbers will never abandon it. Once they do this, the mountain allows them to climb the rest of the way to the top.	APTEX	(S)	(CC)	N/A	#211H
08:30:00	1001 Nights The Broken Jewel/The Boy Who Became A Genie "The Broken Jewel" - Two servants accidentally break a jewel from the king's crown. In order to avoid getting caught, they must find another one at the top of Asir Mountain. "The Boy Who Became a Genie" - Dissatisfied with his life, Harif trades places with a genie, only to discover that his boring life wasn't so bad after all.	NETA	(S)	(CC)	DVI	#117H
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize Your Waist	APTEX	(S)	(CC)	DVI	#911H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Feel Your Best	NETA	(S)	(CC)	N/A	#1219H
	Mary Ann introduces some unique ways to strengthen muscles with a resistance exercise band. Emphasis is placed on maintaining proper technique to avoid injury and get the most out of the movements.					
10:30:00	Fit 2 Stitch Reunions	NETA	(S)	(CC)	N/A	#409H
	For your school or family reunion, design and sew a trendy knit top that fits perfectly. Peggy shows how the tank top then easily becomes a dress.					
11:00:00	Knitting Daily Accessorize It!	NETA	(S)	(CC)	N/A	#1406H
	Accessories create the look! Dorinda Balanecki incorporates beautiful crystal buttons for a touch of glitz. Shelby Allaho shares her love of crocheted accessories, and editor Louisa Demmitt show how to make warm, stylish mittens. Tanis Gray adds texture with the oyster stitch. Vickie Howell shares a stranding technique to make a cozy cowl.					
11:30:00	Fons & Porter's Love of Quilting Quilted Scallop Pillow	NETA	(S)	(CC)	N/A	#2605H
	That mini quilt with loads of charm can become a decorative pillow in a few quick steps. With a few unique touches and trim you can create a one of a kind home accent. Mary and her guest Lindsay Wilkes will present quick and easy ways to stitch and embellish a pillow project.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7057H
13:00:00	Julie Taboulie's Lebanese Kitchen My Love Letter to Lebanon	APTEX	(S)	(CC)	DVI	#112H
	Julie Taboulie believes that "one dream can the light the world" and her dream to light the world is acting as an ambassador for Lebanese cuisine, culture and customs in America. This selfless mission has been Julie's journey and lifelong work to spread the light and to spread the love of showcasing, spotlighting and most of all sharing her authentic recipes, special stories, gracious and generous nature by which she warmly welcomes audiences across America into the heart of her home in her Lebanese kitchen. This show is Julie's love letter to Lebanon, for her homelands hospitality, soaring spirit and resiliency to rise above that lives in Julie's soul forever. So, what better way to pay tribute to this beautiful and breathtaking country that inspires Julie each and every day than by cooking the national dish of Lebanon itself called kibbeh. Julie pleasantly prepares and presents libbeh three different ways. Kibbeh nayeh, a Lebanese-style steak tartare delicacy that is undeniably delicious leads this show as she smoothly moves on to making kibbeh kbekib, mouthwatering meat pies that are perfect for everyday eating or extraordinary events, along with a vibrant vegetable version for all of her faithful vegetarian viewers called kibbeh batata, a potato, bulgur wheat and fresh-herb spread that is simply sensational. Julie's "TLLC" (Tender Loving Lebanese Care) is thoughtfully infused into each and every dish that she creatively cooks up in her love letter to Lebanon show. Julie may not live in Lebanon but Lebanon lives in her. As Julie exclaims, Ana Bahebak Ya Lebnan "I love you Lebanon!"					
13:30:00	Nick Stellino: Storyteller in the Kitchen Food Memories	APTEX	(S)	(CC)	N/A	#106H
	Chef Stellino explores his Sicilian childhood and recipes that translate to the modern day dinner table with-standing the test of time. Dishes include: Salsiccie e fagioli (sausage and beans) / orecchiette con broccoli e salsiccia (orecchiette pasta with broccoli and sausage) / insalata a la Siciliana (fennel, red cabbage, Belgian endive, red onion, oranges, olives, white balsamic vinegar)					
14:00:00	Taste of History 300 Years of Service	NETA	(S)	(CC)	N/A	#805H
	Philadelphia's Christ Church opened its doors in 1695 and has stood the test of time. Come explore this American landmark and discover which revolutionary leaders worshipped here. Chef Staib whips up Sauerbraten, Spicy Cabbage Slaw and more!					
14:30:00	Christopher Kimball's Milk Street Television Milk Street Suppers	APTEX	(S)	(CC)	N/A	#106H
	Chicken soup goes global, as Milk Street Cook Catherine Smart shows host Christopher Kimball how to make Georgian chicken soup (chikhirtma). That's Georgia the republic just south of Russia, not the peach-growing, southern state. Milk Street Cook Lynn Clark reaches into the liquor cabinet to add interest to potatoes as she explains how to make cracked potatoes with vermouth, coriander and rennet. Butter takes a back seat as Milk Street Cook Matthew Card shows how to make fluffy olive oil scrambled eggs. And Chris tackles a sticky subject as he demonstrates how to season a carbon steel pan.					
15:00:00	Beads, Baubles and Jewels Enamel Training	NETA	(S)	(CC)	N/A	#2507H
	Add new materials to your training routine. Teacher and designer Steven James warms up by forming wire into words and coating them with enamel. In the work out, he adds water and salt to traditional enameling techniques for fabulous results. Mixed media artist Susan Lenart ices things down by adding foil and glitter to resin to create druzo designs.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Thanksgiving Guest chefs from Frankie's restaurant put a new twist to the traditional Thanksgiving dinner with salad, stuffing and apple tart. Join the Katie Brown Workshop crew to create a stylish feather wreath and a burlap feather centerpiece.	APTEX	(S)	(CC)	DVI	#418H
16:00:00	Biz Kid\$ Where Is My Allowance? Discover how different families work out "allowances." Even basic financial planning starts now-learn how to manage your monthly income and expenses for vacations, education, and more.	APTEX	(S)	(CC)	DVI	#304H
16:30:00	Hands On Crafts for Kids Use It Use what you make and get double fun from your crafts. Weave hip survival bracelets with some tips from Katie. Franz uses everyday objects to make a robot storage container. Blogger Rachel Howard and her kids make a miniature construction site for toy earth-moving equipment! Use items from the Family Craft Box and recycle old road maps to craft a travel case full of learning games and activities - and treats, too!	NETA	(S)	(CC)	DVI	#1713H
17:00:00	P. Allen Smith's Garden Home Pura Vida, Costa Rica P. Allen Smith visits one of the five Blue Zones in the world, Costa Rica, to see if there really is a secret to living longer.	APTEX	(S)	(CC)	N/A	#1511H
17:30:00	Growing A Greener World The Private Garden of a Public Gardener (Wayne, Pa and Wilmington, De) Professional horticulturalists Dan Benarcik and Peggy Anne Montgomery never mind bringing their work home. While always experimenting with varied and native plants to provide wildlife habitats, now Dan and Peggy share their wisdom and beautiful personal garden with us.	APTEX	(S)	(CC)	N/A	#810H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14207H
18:30:00	America's Heartland Farmers respond to changes in getting eggs from the farm to your table. Oklahoma farmers take an unusual path to get crops to market. Hawaii farmers educate visitors about agriculture. A Wisconsin farmer has shows off his woodworking skills.	APTEX	(S)	(CC)	N/A	#1217H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8142
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1341H
20:00:00	Sun Studio Sessions Margo Price Rolling Stone named Margo Price & her band the Price Tags as artists to watch, describing the music as "deeply personal and painstakingly crafted" with Margo's voice her "hitting haunting high notes with weariness and reverence." Margo recently signed with Jack White's Third Man Records and her music evokes White's collaboration with Loretta Lynn. In his episode, Margo and her band perform fan favorites, including "I Put a Hurtin' on the Bottle."	NETA	(S)	(CC)	N/A	#706H
20:30:00	Jammin at Hippie Jack's Willie Sugarcapps There is a very strange chemistry between the five distinct musicians that inspires a repertoire of songs demanding to be documented. Birthed from the swamps of the Frog Pond, Willie Sugarcapps consists of Grayson Capps, Will Kimbrough, Corky Hughes, Sugarcane Jane and Anthony Crawford. Together they create impeccable songs imbued by relaxed performances, angelic harmonies and country zen sentiment. Band members often take turns singing lead as they switch up between fiddle, banjo, mandolin, lap steel, bass and even ukulele.	NETA	(S)	(CC)	N/A	#1003H
21:00:00	Infinity Hall Live The Weight Band The musical legacy of Rock and Roll Hall of Fame rock roots group The Band is carried on by The Weight Band with original The Band member Jim Weider and Band close friends Brian Mitchell of the Levon Helm Band and keyboardist Marty Grebb, along with Albert Rogers, and Michael Bram of the Jason Mraz band. With exceptional musicianship, The Weight Band performs songs that keep alive the music that defined an era, playing The Band's biggest hits including "Up on Cripple Creek," "Rag Mama Rag," "The Night They Drove Old Dixie Down" and their namesake song "The Weight." They premiere the gutsy "Never Too Old" a Band demo that they have finished and recorded.	APTEX	(S)	(CC)	N/A	#602H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Take Me Home Huey	NETA	(S)	(CC)	N/A	#0H
	Take Me Home Huey portrays the journey of a Medevac helicopter, shot down in 1969 during a medical rescue in Vietnam, as it is resurrected from a "boneyard" in Arizona and transformed into colorful sculpture by artist Steve Maloney. As the iconic Huey 174 morphs from wounded war bird into vivid sculpture, viewers witness the power of art to heal surviving soldiers and families of the fallen.					
23:00:00	Streets of Wynwood	APTEX	(S)	(CC)	DVI	#0H
	Once a year, when the Art Basel fair comes to Miami, street artists from across the globe converge on the city's Wynwood neighborhood to create and compete. Each December, the walls of this former warehouse district are spectacularly transformed as new works by the world's best taggers, graffiti writers and muralists are painted over prior exhibits. STREETS OF WYNWOOD takes viewers inside this fascinating yet little-known global subculture that spans the artistic gamut from "tagging" and graffiti to towering murals of astonishing quality. Some works might endure for years, while others vanish or are defaced within days of completion. Filmed during recent Art Basel Miami festivals, the documentary is both an immersive journey into an eye-popping street art jamboree, unparalleled in any other city, and a thoughtful exploration of a burgeoning artistic movement where internationally renowned artists such as America's Shepard Fairey, Brazil's Eduardo Kobra, South Africa's Faith 47th and the mysterious Londoner known as Banksy are highly sought after by art collectors, galleries and museums.					

Wed, Oct 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8142
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1341H
01:00:00	Sun Studio Sessions Margo Price	NETA	(S)	(CC)	N/A	#706H
	Rolling Stone named Margo Price & her band the Price Tags as artists to watch, describing the music as "deeply personal and painstakingly crafted" with Margo's voice her "hitting haunting high notes with weariness and reverence." Margo recently signed with Jack White's Third Man Records and her music evokes White's collaboration with Loretta Lynn. In his episode, Margo and her band perform fan favorites, including "I Put a Hurtin' on the Bottle."					
01:30:00	Jammin at Hippie Jack's Willie Sugarcapps	NETA	(S)	(CC)	N/A	#1003H
	There is a very strange chemistry between the five distinct musicians that inspires a repertoire of songs demanding to be documented. Birthed from the swamps of the Frog Pond, Willie Sugarcapps consists of Grayson Capps, Will Kimbrough, Corky Hughes, Sugarcane Jane and Anthony Crawford. Together they create impeccable songs imbued by relaxed preformances, angelic harmonies and country zen sentiment. Band members often take turns singing lead as they switch up between fiddle, banjo, mandolin, lap steel, bass and even ukulele.					
02:00:00	Infinity Hall Live The Weight Band	APTEX	(S)	(CC)	N/A	#602H
	The musical legacy of Rock and Roll Hall of Fame rock roots group The Band is carried on by The Weight Band with original The Band member Jim Weider and Band close friends Brian Mitchell of the Levon Helm Band and keyboardist Marty Grebb, along with Albert Rogers, and Michael Bram of the Jason Mraz band. With exceptional musicianship, The Weight Band performs songs that keep alive the music that defined an era, playing The Band's biggest hits including "Up on Cripple Creek," "Rag Mama Rag," "The Night They Drove Old Dixie Down" and their namesake song "The Weight." They premiere the gutsy "Never Too Old" a Band demo that they have finished and recorded.					
03:00:00	Take Me Home Huey	NETA	(S)	(CC)	N/A	#0H
	Take Me Home Huey portrays the journey of a Medevac helicopter, shot down in 1969 during a medical rescue in Vietnam, as it is resurrected from a "boneyard" in Arizona and transformed into colorful sculpture by artist Steve Maloney. As the iconic Huey 174 morphs from wounded war bird into vivid sculpture, viewers witness the power of art to heal surviving soldiers and families of the fallen.					
04:00:00	Streets of Wynwood	APTEX	(S)	(CC)	DVI	#0H
	Once a year, when the Art Basel fair comes to Miami, street artists from across the globe converge on the city's Wynwood neighborhood to create and compete. Each December, the walls of this former warehouse district are spectacularly transformed as new works by the world's best taggers, graffiti writers and muralists are painted over prior exhibits. STREETS OF WYNWOOD takes viewers inside this fascinating yet little-known global subculture that spans the artistic gamut from "tagging" and graffiti to towering murals of astonishing quality. Some works might endure for years, while others vanish or are defaced within days of completion. Filmed during recent Art Basel Miami festivals, the documentary is both an immersive journey into an eye-popping street art jamboree, unparalleled in any other city, and a thoughtful exploration of a burgeoning artistic movement where internationally renowned artists such as America's Shepard Fairey, Brazil's Eduardo Kobra, South Africa's Faith 47th and the mysterious Londoner known as Banksy are highly sought after by art collectors, galleries and museums.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#390
08:00:00	Zula Patrol Creature Features/Fried Greenhouse Tomatoes	APTEX	(S)	(CC)	N/A	#212H
	When the Zula Patrol helps the Pet Catcher out by taking some strange creatures he's retrieved back to Zula, they get more than they bargained for. The creatures create chaos aboard the ship, including trying to eat it! It's up to our heroes to figure out where they belong and get them back there fast... which means examining their appearance and behavior for clues that will lead them to the proper climate for each strange creature. Clock's ticking. Good luck. The Zula Patrol learn all about the Greenhouse Effect first-hand when a seemingly helpful robot shows up at Zula Patrol Headquarters -- and starts making duplicates of itself. It turns out that the robot - sent by Dark Truder - emits powerful amounts of greenhouse gases that can increase the Greenhouse Effect and someday make Zula uninhabitable.					
08:30:00	1001 Nights The Tale of the Mountain and the Valley/Three Tales of a Daydreaming Boy	NETA	(S)	(CC)	DVI	#118H
	"The Tale of the Mountain and The Valley" - A silly rumor spreads like wildfire through two communities, causing them to go to war with each other. "Three Tales of a Daydreaming Boy" - A set of three shorts about two artists who compete for the same customers, a thirsty bird who struggles to drink the water at the bottom of a bottle, and two kids who accidentally release a mischievous genie.					
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Arm Slenderizing (All Standing)	APTEX	(S)	(CC)	DVI	#912H
10:00:00	Sit and Be Fit Fundamental Moves: In this episode Mary Ann mixes the good old standards with new moves for a fun and effective full body workout.	NETA	(S)	(CC)	N/A	#1220H
10:30:00	Fit 2 Stitch Benefits and Fund-Raisers Are you attending a benefit for your favorite local charity or community organization? Learn to sew a variety of leather clutch purses that make the perfect fashion accessory.	NETA	(S)	(CC)	N/A	#410H
11:00:00	Knitting Daily Arm Yourself Barry Klein shows some great ideas for finishing off your sleeve caps. Chat with the Tech Knitter about her popular blog. Leslye Solomon demonstrates how to attach set-in sleeves and Tanis Gray shows why diamonds and bobbles are a girl's best friend. Vickie Howell shows how details really matter, right down to the cuffs.	NETA	(S)	(CC)	N/A	#1407H
11:30:00	Fons & Porter's Love of Quilting Shortcuts for Free-Motion Quilting Feathers Free-motion quilting feathers look at home on many different kinds of patchwork but learning how to stitch them can be challenging. Mary and her guest Angela Huffman will present the anatomy of a quilting feather and a shortcut method to quilting easy feathers.	NETA	(S)	(CC)	N/A	#2606H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7058H
13:00:00	Lidia's Kitchen All About Chicken This episode features a "Best of Chicken" with some of Lidia's favorite dishes from the oven to the stovetop. Recipes include a succulent roasted chicken; a simple and earthy seared chicken breast with mushrooms; and finally a dish with a little kick - paprika drumsticks with peppers.	APTEX	(S)	(CC)	N/A	#403H
13:30:00	Taste The Islands with Chef Irie Roots and Rum Chef Irie explores Afro and French Caribbean cuisine with a simple celery salad, scallops in sauce chien, camarofongo (plantains) with sauteed shrimp, finished with a pineapple coconut cocktail. Co-host Lisa Lee takes us on a trip to the oldest rum factory in the world.	APTEX	(S)	(CC)	N/A	#204H
14:00:00	Simply Ming Jacques Pepin The legendary Jacques Pepin, who is best-known for his PBS cooking series as well as his history of cooking with Julia Child, keeps things fun and simple this week. Jacques and his granddaughter Shorey swing by Ming's loft to make curly dogs with pickle relish, mayogrette dressing and potato salad. Ming cooks up some quick Chinese sausage buns. Simple ingredients make delicious dishes on Simply Ming.	APTEX	(S)	(CC)	N/A	#1502H
14:30:00	Cook's Country Bourbon and Broccoli Hit The Grill Julia Collin Davison shows Bridget Lancaster how to make the ultimate grilled bourbon steaks. Tasting expert Jack Bishop challenges Bridget to a tasting of dill pickle spears. Equipment expert Adam Ried reveals his top pick for instant-read thermometers for the budget conscious cook. Test cook Ashley Moore heads out to the grill to show Bridget a recipe for perfect grilled broccoli with lemon and parmesan.	APTEX	(S)	(CC)	N/A	#1007H
15:00:00	Beads, Baubles and Jewels Tool Workout Add power to your design with new tool techniques. Host and designer Katie Hacker shows how she uses her favorite tools to make cold connections. Teacher Kate Richbourg gives her metalworking skills a work out with saws, shears and hammers. Then, she cools off with the right tools and techniques for professionally finishing metalwork jewelry.	NETA	(S)	(CC)	N/A	#2508H
15:30:00	Katie Brown Workshop Polka Dot Party Inspired by the polka-dot, Katie cooks some dotted goodies: honey carrot muffins, polka dotted pizza and a watermelon stack. Projects: a colorful birthday banner and zany Willy Wonka-inspired flowers.	APTEX	(S)	(CC)	DVI	#419H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Escape The Box What do you do when opportunity knocks? Learn how to recognize and act on new opportunities in your life and to be creative in problem solving.	APTEX	(S)	(CC)	DVI	#305H
16:30:00	Hands On Crafts for Kids Fins, Feathers and Fur Let's get creative with inspiration from the forest, sea and sky. Jenny Barnett-Rohrs and Katie Hacker make a friendly hedgehog then Katie creates a wiggly fish. Franz Spohn scratches off paint to make colorful animal images and Jenny makes a gelatin print Valentine's Day card.	NETA	(S)	(CC)	DVI	#1801H
17:00:00	P. Allen Smith's Garden Home Mighty Micros P. Allen Smith explores the little touches that make a big impact around the home and garden.	APTEX	(S)	(CC)	N/A	#1512H
17:30:00	Growing A Greener World The Compost Pedallers (Austin, Tx) Using the clean energy of pedal power, this small, eco-minded company, The Compost Pedallers, will bike to your door, pick up your weekly collection of compost ingredients, and haul it off to a nearby farm to do the dirty work for you. It's a winning recipe and a growing business model that's as green as it.	APTEX	(S)	(CC)	N/A	#811H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14208H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#524H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8143
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#438H
20:00:00	The Lowertown Line. The Lowertown Line: Haley Bonar Singer/songwriter Haley Bonar performs in front of a live audience at the Twin Cities Public Television studios. Bonar discusses keytar, her creative process, and the South Dakota punk scene with host Dessa. Songs performed: Kill The Fun, No Sensitive Man, Heaven's Made For Two, Last War, Bad Reputation.	APTEX	(S)	(CC)	N/A	#105H
20:30:00	Songs at the Center Artists: Light, an ensemble of musicians and composers at Shadowbox Live! Theater perform selections from the critically acclaimed production of "Gallery of Echoes." Light consists of Stev Guyer, Gabriel Guyer, Kevin Sweeney, Brandon Smith, Matthew Hahn, and hosted by singer-songwriter Eric Gnezda. Shadowbox Live!, based in Columbus, Ohio, is America's largest local repertoire theater, creating and producing a wide range of shows, including rock operas traditional musicals, fine art exhibits, contemporary dance, and video/television. "Gallery of Echoes" is a mega-media production, including original music, fine art, video, and spoken word. In collaboration with the Columbus Museum of Art and the Columbus Public Arts Project, the band Light, performs compositions recreating selected fine art in musical form.	APTEX	(S)	(CC)	N/A	#312H
21:00:00	Live from the Artists Den Onerepublic OneRepublic creates an avalanche of fans in Park City, Utah as they descend onstage for an epic show of their greatest hits, as well as new music from their latest release, Oh My My. Their set includes fan favorites "Apologize," "Good Life," "Counting Stars," and an electric closing with "If I Love Myself." A taste of their new music included a powerful rendition of "Kids" and "Let's Hurt Tonight." OneRepublic's lead singer Ryan Tedder talks to the audience throughout the set, reflecting on his love of film and the special significance of performing during Sundance.	APTEX	(S)	(CC)	N/A	#1202H
22:00:00	Carry On: Finding Hope in the Canyon Carry On: Finding Hope in the Canyon takes viewers on a journey through Duchenne Muscular Dystrophy into one of the most incredible natural wonders of the world. Fourteen year-old Anthony Castle has a dream: to hike to the bottom of the Grand Canyon. But his illness has taken his ability to walk. Join him in his quest to do the unimaginable: the 20-mile hike to the bottom of one of the largest canyons on earth in a wheelchair, something that has never been done before. Twenty-eight pairs of legs and 350 pounds of gear and food later, they face the dangers of the Canyon. Days before the journey is set to begin, the progression of the disease jeopardizes his dream. Carry On follows Anthony and his family through the challenges of dealing with a muscle-deteriorating disease and the tenacity to take on dreams of any size.	NETA	(S)	(CC)	N/A	#0H
23:00:00	Pursuit 50 Years in the Fight for Lgbt Rights	NACC	(S)	(CC)	N/A	#0H

Thu, Oct 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8143
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#438H
01:00:00	The Lowertown Line. The Lowertown Line: Haley Bonar	APTEX	(S)	(CC)	N/A	#105H
	Singer/songwriter Haley Bonar performs in front of a live audience at the Twin Cities Public Television studios. Bonar discusses keytar, her creative process, and the South Dakota punk scene with host Dessa. Songs performed: Kill The Fun, No Sensitive Man, Heaven's Made For Two, Last War, Bad Reputation.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#312H
	Artists: Light, an ensemble of musicians and composers at Shadowbox Live! Theater perform selections from the critically acclaimed production of "Gallery of Echoes." Light consists of Stev Guyer, Gabriel Guyer, Kevin Sweeney, Brandon Smith, Matthew Hahn, and hosted by singer-songwriter Eric Gnezda. Shadowbox Live!, based in Columbus, Ohio, is America's largest local repertoire theater, creating and producing a wide range of shows, including rock operas traditional musicals, fine art exhibits, contemporary dance, and video/television. "Gallery of Echoes" is a mega-media production, including original music, fine art, video, and spoken word. In collaboration with the Columbus Museum of Art and the Columbus Public Arts Project, the band Light, performs compositions recreating selected fine art in musical form.					
02:00:00	Live from the Artists Den Onerepublic	APTEX	(S)	(CC)	N/A	#1202H
	OneRepublic creates an avalanche of fans in Park City, Utah as they descend onstage for an epic show of their greatest hits, as well as new music from their latest release, Oh My My. Their set includes fan favorites "Apologize," "Good Life," "Counting Stars," and an electric closing with "If I Love Myself." A taste of their new music included a powerful rendition of "Kids" and "Let's Hurt Tonight." OneRepublic's lead singer Ryan Tedder talks to the audience throughout the set, reflecting on his love of film and the special significance of performing during Sundance.					
03:00:00	Carry On: Finding Hope in the Canyon	NETA	(S)	(CC)	N/A	#0H
	Carry On: Finding Hope in the Canyon takes viewers on a journey through Duchenne Muscular Dystrophy into one of the most incredible natural wonders of the world. Fourteen year-old Anthony Castle has a dream: to hike to the bottom of the Grand Canyon. But his illness has taken his ability to walk. Join him in his quest to do the unimaginable: the 20-mile hike to the bottom of one of the largest canyons on earth in a wheelchair, something that has never been done before. Twenty-eight pairs of legs and 350 pounds of gear and food later, they face the dangers of the Canyon. Days before the journey is set to begin, the progression of the disease jeopardizes his dream. Carry On follows Anthony and his family through the challenges of dealing with a muscle-deteriorating disease and the tenacity to take on dreams of any size.					
04:00:00	Pursuit 50 Years in the Fight for Lgbt Rights	NACC	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#391
08:00:00	Zula Patrol If It Looks Like A Plant/Splitsville	APTEX	(S)	(CC)	N/A	#213H
	When Deliria shapeshifts into a sickly looking plant to avoid a citation, Wizzy and Wigg take "the plant" to Headquarters to take care of it. To better understand their new responsibility, the older Zpers teach the youngsters the qualities of living things (and the difference between a plant and an animal). Wizzy and Wigg decide to study "the plant", to figure out how a plant makes its food. However Deliria isn't a plant, so she doesn't respond like the others. It isn't long before the curious duo deduce that their "plant" is really an animal. The Zula Patrol returns to Itty-Bitty City to settle a crisis when Mayor Paula Paramecium splits in two and neither twin is willing to relinquish office.					
08:30:00	1001 Nights The Riddle of the Ruined Tomb/The Merchant and the Pickpocket	NETA	(S)	(CC)	DVI	#119H
	"The Riddle of the Ruined Tomb" - Three witnesses to a crime each give different accounts about what really happened. "The Merchant and The Pickpocket" - A young pickpocket learns that there is not honor among thieves.					
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Spine & Improve Posture	APTEX	(S)	(CC)	DVI	#913H
10:00:00	Sit and Be Fit Kinesthetic Awareness	NETA	(S)	(CC)	N/A	#1301H
	This Sit and Be Fit episode focuses on the importance of kinesthetic awareness and weight shifting as they relate to balance.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	Fit 2 Stitch Grocery Shopping and Errands Learn how to fit a halter top that flatters and is easy to wear. Then, make a simple, comfortable wrap to look chic when shopping and running errands.	NETA	(S)	(CC)	N/A	#411H
11:00:00	Knitting Daily Playtime Knits It's time to play! Author Elizabeth Green Musselman knits a kid-approved Ninja back pack. Artist Taylor Hart shares her whimsical crocheted taxidermy and the Dolly Mamas knit a furry friend for a good cause. Tanis Gray teaches the puffy Canterbury Bells stitch and Vickie Howell shows how to finger knit.	NETA	(S)	(CC)	N/A	#1408H
11:30:00	Fons & Porter's Love of Quilting Boughs & Berries A striking rendition of the classic spider web design, this red and green quilt is sure to be a family favorite. Mary and Marianne will discuss creating strip sets in conjunction with a special tool to create the unique pattern found in this quilt.	NETA	(S)	(CC)	N/A	#2607H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7059H
13:00:00	The Jazzy Vegetarian Summer Jamboree Host Laura Theodore prepares festive plant-based recipes for a warm weather party. The fabulous menu includes Tofu Teriyaki Kebabs-a colorful combination of veggies and tofu roasted in sweet teriyaki sauce and served over Quick Quinoa. For the first course, Almost Caesar Salad is reminiscent of the classic recipe, but in this plant-based version, whipped walnuts offer an excellent egg alternative. For dessert, a simple but elegant vegan White Chocolate Mousse has a creamy texture and delicious taste.	NETA	(S)	(CC)	N/A	#602H
13:30:00	Sara's Weeknight Meals Meatless Mondays Were you bad over the weekend? Get back on track as you clean out and veg out with the hottest vegetarian chef around Amanda Cohen. Sara will answer viewer questions about mushrooms and vegetable storage on Ask Sara, and she cooks her own vegetarian dish, mu shu vegetables.	APTEX	(S)	(CC)	N/A	#507H
14:00:00	Joanne Weir Gets Fresh Summer Fruit Joanne shares her love affair with summer, and shows us how much fun it can be to incorporate fresh summer stone fruits into recipes. She'll instruct her student on how to prepare Stone Fruit Mostarda and a Roasted Freekeh Pilaf with Dried Figs. Recipes: Pan-Roasted Duck Breast with Stone Fruit Mostarda, Roasted Freekeh Pilaf with Dried Fig and Walnuts, Ice Pops Student: Ianthe Brautigan.	APTEX	(S)	(CC)	N/A	#110H
14:30:00	New Scandinavian Cooking Fish on a Platter Tina visits Southern Trondelag and the windswept islands of Hitra and Froya, where the Norwegian Sea offers crystal-clear water and many varieties of shellfish and farmed salmon. Here, Tina cooks crab and Norwegian lobster on the grill before diving for scallops and then preparing a tasty dish featuring the delicacies. For the main course, Tina grills salmon over an open fire.	APTEX	(S)	(CC)	N/A	#502H
15:00:00	Beads, Baubles and Jewels Bodybuilding with Resin Bulk up your jewelry design skills. Designer Susan Lenart warms up and works out by adding tints, glitter, graphics and bits of nature to layers of resin. She adds feathers, leather, threads and wires to create organic jewelry designs. Ana Piliguian cools down by polishing resin elements to create high-gloss finishes.	NETA	(S)	(CC)	N/A	#2509H
15:30:00	Katie Brown Workshop Gifts Katie finds the perfect gift to give. In the kitchen, she makes edible presents: granola, matzo ball soup, and tomato sauce and croutons. Projects: custom gift-wrap tags and a unique idea from the herb garden.	APTEX	(S)	(CC)	DVI	#420H
16:00:00	Biz Kid\$ A World Without Taxes Explore how taxes impact your life. Find out about the importance of federal, state, and local taxes and learn what they pay for. Meet young business owners who sell lacrosse socks and others who serve as swimming instructors and hear how they handle taxes.	APTEX	(S)	(CC)	DVI	#401H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Dress Up It's fun to dress up and decorate. Jenny Barnett-Rohrs and Katie Hacker team up to make a really cool cape. Candie Cooper recreates a design from a famous modern artwork. Then, we'll dance away in a new tutu skirt and make a patriotic decoration from blogger Angie Holden.	NETA	(S)	(CC)	DVI	#1802H
17:00:00	P. Allen Smith's Garden Home Road Trip P. Allen Smith packs his bags hits the open road for a more local approach to travel in North Carolina, Rhode Island, Tennessee and Arkansas.	APTEX	(S)	(CC)	N/A	#1513H
17:30:00	Growing A Greener World Urban Farm, Country Town - The Spark In Sparta (Sparta and Atlanta, Ga) The Currey's are changing many lives in Sparta, GA. Early success with a backyard vegetable garden took off. With every new season, they continue to expand their farm to create new opportunities for a town that's now growing in far more ways than just a garden.	APTEX	(S)	(CC)	N/A	#812H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14209H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1417H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8144
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1107H
20:00:00	Backstage Pass Toronzo Cannon Contemporary bluesman Toronzo Cannon from Chicago performs the title track from his album, "John the Conquer Root," "Ti Ni Nee Ni Nu," and more. In the band with Cannon are Dave Forte, bass; Melvin "Pookie Styx" Carlisle, drums; and Luca Chiellini, keyboard. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#701H
20:30:00	Music Voyager Morocco: The Heart of Morocco - The Middle The three friends, Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall, begin their voyage in the western foothills of the southern Middle Atlas (Moyen Atlas) mountains and travel to Fes. The amazing old capital of Morocco lives in two worlds, the new modern Fes and medina (old town). From the ancient city-the medina in Fes-the friends learn that the history and music intertwine to bring out the richness and diversity of the culture. From Fes, the friends head to Khenifra and then on to Merzouga in the Sahara desert. Similar to the changes in topography, so do the people, the culture and the music change. Over the dunes the friends ride ATVs and jam under the amazing night sky by a desert fire. Nouamane, Hassan and Laurent then travel to the city of old-word charm and elegance, Marrakesh. The artist ambassador is the legendary Gnawa artists, Hassan Hakmoun and Fnaire. They show the different sides of this magical city and how it inspires them. The journey ends in the coastal city of Essaouira, where Hassan has asked other famous Moroccan music artists to participate in a traditional Gnawa ceremony.	APTEX	(S)	(CC)	N/A	#707H
21:00:00	Xerox Rochester International Jazz Festival Jeff Johnston & Friends Jeff Johnston is a Canadian based composer of music for film and media. With musical beginnings as a jazz pianist and recording artist his works are infused with alluring harmonies, lush textures, rhythmic inventiveness and spontaneity. Chuck Berg of Jazz Times Magazine wrote "This is music that while at the contemporary cutting edge, is both immediately and immensely satisfying." Johnston's trio and quartet recordings established him as a respected pianist and composer leading the Globe and Mail's Mark Miller to say "This is Canadian jazz at its best."	APTEX	(S)	(CC)	N/A	#807H
22:00:00	Animal R & R In this episode, the rehabilitation teams at Project Wildlife and the Fund for Animals Wildlife Center meet a peregrine falcon rescued from the tarmac at the San Diego airport, a red-shouldered hawk that has started self-mutilating, an opossum with a half-burned face, and a clutch of screech owls trying to regrown their feathers.	NETA	(S)	(CC)	N/A	#102H
23:00:00	Oceans of Pink OCEANS OF PINK is an inspirational one-hour documentary that highlights the explosive growth of dragon boat racing among breast cancer survivors globally, and the growing participation in the sport among Hispanic women. The film follows the efforts of Miami boat leader and breast cancer survivor Kim Bonomo to expand the movement with new teams throughout Florida and her campaign to make the state the host of the Fourth International Participatory Dragon Boat Festival. It's an emotional journey that tells the stories of several Latina women whose struggles with the disease became more desperate because of their advanced-stage diagnosis. Their stories speak to a widespread problem in the Hispanic population: women tend to seek breast scans much later than other groups, preventing early detection. The stories in OCEANS OF PINK build to the international race event in Sarasota, Fla., the first of its kind in the United States. Thousands of survivors from around the globe celebrate the sisterhood of dragon boaters, who have found a community of support that is helping women overcome the challenges of cancer.	APTEX	(S)	(CC)	N/A	#0H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8144
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1107H
01:00:00	Backstage Pass Toronzo Cannon	NETA	(S)	(CC)	N/A	#701H
	Contemporary bluesman Toronzo Cannon from Chicago performs the title track from his album, "John the Conquer Root," "Ti Ni Nee Ni Nu," and more. In the band with Cannon are Dave Forte, bass; Melvin "Pookie Styx" Carlisle, drums; and Luca Chiellini, keyboard. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.					
01:30:00	Music Voyager Morocco: The Heart of Morocco - The Middle	APTEX	(S)	(CC)	N/A	#707H
	The three friends, Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall, begin their voyage in the western foothills of the southern Middle Atlas (Moyen Atlas) mountains and travel to Fes. The amazing old capital of Morocco lives in two worlds, the new modern Fes and medina (old town). From the ancient city-the medina in Fes-the friends learn that the history and music intertwine to bring out the richness and diversity of the culture. From Fes, the friends head to Khenifra and then on to Merzouga in the Sahara desert. Similar to the changes in topography, so do the people, the culture and the music change. Over the dunes the friends ride ATVs and jam under the amazing night sky by a desert fire. Nouamane, Hassan and Laurent then travel to the city of old-word charm and elegance, Marrakesh. The artist ambassador is the legendary Gnawa artists, Hassan Hakmoun and Fnaire. They show the different sides of this magical city and how it inspires them. The journey ends in the coastal city of Essaouira, where Hassan has asked other famous Moroccan music artists to participate in a traditional Gnawa ceremony.					
02:00:00	Xerox Rochester International Jazz Festival Jeff Johnston & Friends	APTEX	(S)	(CC)	N/A	#807H
	Jeff Johnston is a Canadian based composer of music for film and media. With musical beginnings as a jazz pianist and recording artist his works are infused with alluring harmonies, lush textures, rhythmic inventiveness and spontaneity. Chuck Berg of Jazz Times Magazine wrote "This is music that while at the contemporary cutting edge, is both immediately and immensely satisfying." Johnston's trio and quartet recordings established him as a respected pianist and composer leading the Globe and Mail's Mark Miller to say "This is Canadian jazz at its best."					
03:00:00	Animal R & R	NETA	(S)	(CC)	N/A	#102H
	In this episode, the rehabilitation teams at Project Wildlife and the Fund for Animals Wildlife Center meet a peregrine falcon rescued from the tarmac at the San Diego airport, a red-shouldered hawk that has started self-mutilating, an opossum with a half-burned face, and a clutch of screech owls trying to regrown their feathers.					
04:00:00	Oceans of Pink	APTEX	(S)	(CC)	N/A	#0H
	OCEANS OF PINK is an inspirational one-hour documentary that highlights the explosive growth of dragon boat racing among breast cancer survivors globally, and the growing participation in the sport among Hispanic women. The film follows the efforts of Miami boat leader and breast cancer survivor Kim Bonomo to expand the movement with new teams throughout Florida and her campaign to make the state the host of the Fourth International Participatory Dragon Boat Festival. It's an emotional journey that tells the stories of several Latina women whose struggles with the disease became more desperate because of their advanced-stage diagnosis. Their stories speak to a widespread problem in the Hispanic population: women tend to seek breast scans much later than other groups, preventing early detection. The stories in OCEANS OF PINK build to the international race event in Sarasota, Fla., the first of its kind in the United States. Thousands of survivors from around the globe celebrate the sisterhood of dragon boaters, who have found a community of support that is helping women overcome the challenges of cancer.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#392
08:00:00	Zula Patrol Larva Or Leave Me/Egg Hunt	APTEX	(S)	(CC)	DVI	#301H
	LARVA OR LEAVE ME - Skip needs the help of The Zula Patrol to find his best friend, Wiggly. On their search, they find out the missing worm isn't a worm at all but a beautiful butterfly. They finally locate her just as she emerges from the chrysalis in her new form. Through their search mission, The Zula Patrol learns about the life cycles of different creatures and about a stage of growth called metamorphosis. Now that she's been found, Wiggly worries that Skip won't like her anymore because she's different. Nonsense! Change is a part of life. EGG HUNT - Deliria hatches an evil plan to steal all of the frogs and their eggs on Zula and use them in her quest to takeover the planet. Wizzy and Wigg catch wind of her scheme and come up with their own plan to stop her. Along the way they discover that the eggs hatch into tadpoles and then grow into frogs through metamorphosis. It's up to Zula to find the stolen eggs and frogs and return them to the planet for the good of all.					
08:30:00	1001 Nights Arman The Cheat/Abu Hassan's Legendary Wedding	NETA	(S)	(CC)	DVI	#120H
	"Arman the Cheat" - When a young boy gets away with cheating he decides that crime really does pay. "Abu Hassan's Legendary Wedding" - A wedding goes horribly wrong when the groom appears to have uncontrollable flatulence.					

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09:00:00	Functional Fitness with Suzanne Andrews Arthritis Relief	ACCES		(CC)	N/A	#105H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Calf & Knee Strengthening	APTEX	(S)	(CC)	DVI	#914H
10:00:00	Sit and Be Fit Static Balance Weights are incorporated into the standing exercises to challenge static balance.	NETA	(S)	(CC)	N/A	#1302H
10:30:00	Fit 2 Stitch Beach and Outdoor Activities When you head outdoors, be stylish and smart. Learn to make an on-trend wide-brimmed hat. Then, with just two pattern pieces, make a cool cover up.	NETA	(S)	(CC)	N/A	#412H
11:00:00	Knitting Daily Crochet Home Crochet some style for your home. Editor Marcy Smith highlights a unique, colorful rug and Toni Rexroat talks about crochet and home decor. Marcy Smith shows a charming log cabin afghan and Tanis Gray shares a perfect stitch for a house warming gift. Vickie Howell transforms a doily pattern into a chic throw rug with multiple strands of yarn and a big hook.	NETA	(S)	(CC)	N/A	#1409H
11:30:00	Fons & Porter's Love of Quilting Quilting Traditions Art and quilting make great companions. Mary's guest is Jim Shore and they will address how the artist transfers their design concepts to create wonderful new fabrics. They will also discuss the history of Jim's inspiration, design and color palette.	NETA	(S)	(CC)	N/A	#2608H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7060H
13:00:00	Ellie's Real Good Food Carbo-Diem Inez's extreme approach to carbs has left her not only feeling tired, but stressed from making separate meals for herself and her family. Ellie helps Inez bring balance to her home, by dispelling misinformation about carbs and sharing healthy recipes she can enjoy with her family. Recipes: Whole grain penne with chicken, Mushrooms and spinach, basil pesto with spaghetti squash, 3 Ingredient Recipe: Quinoa pilaf.	APTEX	(S)	(CC)	N/A	#103H
13:30:00	Annabel Langbein: The Free Range Cook A Taste of Asia In sunny Nelson at the top of New Zealand's South Island, Annabel Langbein goes foraging and harvests mushrooms to use in a quick and easy teriyaki fish and mushroom bake. She also shares her recipe for a super-simple lemon and ginger ice cream served with crunchy ginger biscotti. Recipes from this episode: pan-fried mushrooms with pine nuts, lahmacun flatbread, salted edamame, teriyaki sauce, teriyaki fish and mushroom bake, Japanese-style rice, gingered bok choy, lemon and ginger ice cream, ginger biscotti, fresh flower tea.	APTEX	(S)	(CC)	N/A	#107H
14:00:00	Chef John Besh's New Orleans Jalapeno Cheese Grits, Slow-Cooked Grillades, and Brendan's Bread Pudding.	APTEX	(S)	(CC)	DVI	#101H
14:30:00	Jacques Pepin: Heart & Soul Toast to Julia Jacques raises a glass - and a fork! - to his beloved friend Julia Child as he shares recipes and anecdotes from their past. First, sole vin blanc, one of Julia's favorites, begins with a fish filleting lesson, and a healthy pour of white wine for the sauce. Next, Jacques mixes together an aromatic assortment of spices for a pan-roasted rack of lamb with spice crust served on a crown of fried potatoes cooked to a golden brown crisp and accompanied by a stew of peas and fennel with lardons. Lastly, Jacques shows us how to finish a large menu with a light fruit dessert by making wine sherbet finale in honor of his friend Julia.	APTEX	(S)	(CC)	N/A	#103H
15:00:00	Beads, Baubles and Jewels Leather Workout Give your leather designs a real workout. Jewelry designer Katie Hacker warms up by creating a choker necklace with beads and leather cord. Jewelry-maker Jill MacKay cuts leather shapes and adds stamps, paint and beads. Then, she cools down by adding metallic effects to leather motifs.	NETA	(S)	(CC)	N/A	#2510H

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15:30:00	Katie Brown Workshop Christmas	APTEX	(S)	(CC)	DVI	#421H
	Katie prepares a no-stress holiday meal with the help of the Workshop crew. Chef Chris Paulk whips up red pepper risotto, pork tenderloin and Kentucky eggnog. Then, Katie decks the halls with an advent calendar and a dressed-up Styrofoam Christmas tree.					
16:00:00	Biz Kid\$ Debt: The Good, The Bad, & The Ugly	APTEX	(S)	(CC)	DVI	#402H
	It's easy to spend more than you make with credit cards. Learn to avoid the pitfalls of overspending by keeping a spending journal, sticking to a budget, and living a cash existence. Meet the owner of a carpet cleaning company and a radio DJ who have both learned how to manage debt.					
16:30:00	Hands On Crafts for Kids Superheroes	NETA	(S)	(CC)	DVI	#1803H
	Who's your favorite superhero? Katie Hacker creates a utility belt to boost your super powers. Jenny Barnett-Rohrs makes a hero emblem for your room. Franz Spohn shows how to draw yourself into a comic book hero and Katie makes Kryptonite soap.					
17:00:00	P. Allen Smith's Garden Home Unique Eureka	APTEX	(S)	(CC)	N/A	#1514H
	P. Allen Smith visits the one-of-a-kind mountain town of Eureka Springs, Arkansas. Art, food and natural scenery abound as we unwrap this hidden treasure.					
17:30:00	Growing A Greener World New Ways of Growing America's Favorite Vegetable - Where Inspiration and	APTEX	(S)	(CC)	N/A	#813H
	Expert grower, Brie Arthur turns conventional tomato-growing wisdom upside down. In this episode, Brie charts new ground to find the latest methods and new opportunities to grow tomatoes in the most unconventional ways.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14210H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1341H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8145
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#940H
20:00:00	Song of the Mountains Troublesome Hollow Featuring Jim Buchanan / Edgar Loudermilk with Jeff Autry	NETA	(S)	(CC)	N/A	#1212H
21:00:00	Woodsongs Judy Collins and Ari Hest	NETA	(S)	(CC)	N/A	#2003H
	JUDY COLLINS burst onto the folk and pop world with her debut album 'A Maid of Constant Sorrow' in 1961, but it was her cover of Joni Mitchell's "Both Sides Now", the lead single from her 1967 album 'Wildflowers', that gave Collins international prominence. The single hit the Top 10 on the Billboard Pop Singles chart and won Collins her first Grammy Award for Best Folk Performance. She enjoyed further success with her covers of "Someday Soon", "Chelsea Morning", "Amazing Grace", and "Cook with Honey". She returns to WoodSongs riding the global wave of her first new studio album in four years, a project of incredible duets with the likes of Michael McDonald, Don McLean, Jackson Brown, Willie Nelson and many others. ARI HEST makes his second appearance on our show. A powerful singer and songwriter and brilliant guitarist in his own right, he has been opening shows for Judy Collins around the world and appears on her duet album. Ari and Judy will perform songs from their Grammy nominated collaborative album 'Silver Skies Blue'. WoodSongs Kid: Mya Hunt is an incredibly powerful vocalist. She is 11 from Mount Vernon, Kentucky.					
22:00:00	Film School Shorts Uncharted Waters	NETA	(S)	(CC)	N/A	#506H
	Whether in rural Japan or upstate New York - fitting in isn't easy for two young men struggling to define their manhood without fathers: Stage Two by Laura Gallagher and Born with It by Emmanuel Osei-Kuffour.					
22:30:00	On Story Frank Marshall On Producing from the Creative Side	NETA	(S)	(CC)	N/A	#720H
	The producer behind Raiders of the Lost Ark, Back to the Future, The Sixth Sense, and more talks about starting his career with Spielberg, Coppola, and Lucas, the creativity in producing, and working with writers.					

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Fri, Oct 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Science Goes to the Movies Mummification Rituals Around The World	EPS	(S)	(CC)	N/A	#403H
	Guest: Dr. David Hurst Thomas. Movie: The Mummy! The Mummy is rising once again! Fact and fiction from a guy who knows, the American Museum of Natural History's Dr. David Hurst Thomas.					
23:30:00	Theater Talk Come from Away/Indecent	EPS	(S)	(CC)	N/A	#1023H
	Guests: Come From Away writers Irene Sankoff & David Hein, director Christopher Ashley, performance by Jenn Colella. Plus Indecent playwright Paula Vogel.					

Sat, Oct 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8145
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#940H
01:00:00	Song of the Mountains Troublesome Hollow Featuring Jim Buchanan / Edgar Loudermilk with Jeff Autry	NETA	(S)	(CC)	N/A	#1212H
02:00:00	Woodsongs Judy Collins and Ari Hest JUDY COLLINS burst onto the folk and pop world with her debut album 'A Maid of Constant Sorrow' in 1961, but it was her cover of Joni Mitchell's "Both Sides Now", the lead single from her 1967 album 'Wildflowers', that gave Collins international prominence. The single hit the Top 10 on the Billboard Pop Singles chart and won Collins her first Grammy Award for Best Folk Performance. She enjoyed further success with her covers of "Someday Soon", "Chelsea Morning", "Amazing Grace", and "Cook with Honey". She returns to WoodSongs riding the global wave of her first new studio album in four years, a project of incredible duets with the likes of Michael McDonald, Don McLean, Jackson Brown, Willie Nelson and many others. ARI HEST makes his second appearance on our show. A powerful singer and songwriter and brilliant guitarist in his own right, he has been opening shows for Judy Collins around the world and appears on her duet album. Ari and Judy will perform songs from their Grammy nominated collaborative album 'Silver Skies Blue'. WoodSongs Kid: Mya Hunt is an incredibly powerful vocalist. She is 11 from Mount Vernon, Kentucky.	NETA	(S)	(CC)	N/A	#2003H
03:00:00	Film School Shorts Uncharted Waters Whether in rural Japan or upstate New York - fitting in isn't easy for two young men struggling to define their manhood without fathers: Stage Two by Laura Gallagher and Born with It by Emmanuel Osei-Kuffour.	NETA	(S)	(CC)	N/A	#506H
03:30:00	On Story Frank Marshall On Producing from the Creative Side The producer behind Raiders of the Lost Ark, Back to the Future, The Sixth Sense, and more talks about starting his career with Spielberg, Coppola, and Lucas, the creativity in producing, and working with writers.	NETA	(S)	(CC)	N/A	#720H
04:00:00	Science Goes to the Movies Mummification Rituals Around The World Guest: Dr. David Hurst Thomas. Movie: The Mummy! The Mummy is rising once again! Fact and fiction from a guy who knows, the American Museum of Natural History's Dr. David Hurst Thomas.	EPS	(S)	(CC)	N/A	#403H
04:30:00	Theater Talk Come from Away/Indecent Guests: Come From Away writers Irene Sankoff & David Hein, director Christopher Ashley, performance by Jenn Colella. Plus Indecent playwright Paula Vogel.	EPS	(S)	(CC)	N/A	#1023H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#393
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Roberto Rooster Returns Gary had a rooster running around in his garden. He named it Roberto. He has painted Roberto many times in various positions. This time Roberto is depicted as a bust, with a deliberately impressionistic background. The earthy colors of the background are a nice contrast with the bright red color of Roberto's comb.	APTEX	(S)	(CC)	N/A	#514H
08:30:00	Painting with Wilson Bickford Out to Dry It's a sunny summer day, the breeze is blowing, and we're hanging the wash out to dry.	NETA	(S)	(CC)	N/A	#308H
09:00:00	Landscapes Through Time with David Dunlop American Impressionists In Old Lyme, Ct Old Lyme, CT was a popular artist colony at the turn of the century with many painters who had also painted in Paris and Giverny, learning the new trends from the French avant-garde. David takes us to the Florence Griswold Museum garden and demonstrates how American Impressionists create the sensual experience of interwoven color, texture, and movement from a palette of complementary colors painted outside or en plein air, a term made popular during this time.	NETA	(S)	(CC)	DVI	#108H

Sat, Oct 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: for Legs & Arms	APTEX	(S)	(CC)	DVI	#915H
10:00:00	Sit and Be Fit Pelvic & Ribcage Mobility Pelvic and ribcage mobility exercises take center stage in this fun full-body workout.	NETA	(S)	(CC)	N/A	#1303H
10:30:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 1	ACCES		(CC)	N/A	#114H
11:00:00	Delicious TV's Vegan Mashup A Reason to Rise This episode focuses on breakfast packed with punch from a quick & easy raw smoothie to a full breakfast for your hungry friends and family. Raspberry Morning Muffins/Truffled Tofu & Sweet Potato Hash Browns/Quinoa Porridge/Ginger Snap Smoothies	NETA	(S)	(CC)	DVI	#106H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless A Place of Deeply Rooted Innovation If you could define the singular challenge facing Yucatecan chefs, it's about honoring the past while pushing forward. Perhaps no one is more emblematic of the effort than Pedro Evia, co-owner of Ku'uk, a molecular fine dining palace housed in a restored Merida mansion. Rick and Pedro start their day talking tradition over tacos at Wayan'e, a busy family-run taco stand in Merida. Then, Pedro invites Rick to his home, where Pedro and his mother make traditional sopa de lentejas. At Ku'uk, Pedro shows us his ultra-modern take on the same dish. Back in Chicago, Rick makes recado negro to complement cured duck. At home, he makes tacos with eggs and burnt habanero salsa, avocado and red onion - the perfect chef's late-night snack.	APTEX	(S)	(CC)	N/A	#1109H
12:00:00	Lidia's Kitchen Poached Egg The egg is a staple ingredient in any kitchen and should not be overlooked or overcooked. In this episode, Lidia shows the classic technique of poaching an egg and making a warm mushroom salad: a bed of frisee with a warm medley of mixed wild mushrooms, pancetta and a poached egg; eggs poached in tomato sauce: a simple and delicious tomato sauce poached egg served with slices of grilled country bread and brutti ma buoni, a classic Italian hazelnut cookie made with meringue.	APTEX	(S)	(CC)	N/A	#402H
12:30:00	Moveable Feast with Fine Cooking San Diego, California - Brian Malarkey and Javier Plascencia This week on Moveable Feast with Fine Cooking, Pete and the crew explore the culinary style of San Diego, California, where chefs Brian MaLarkey and Javier Plascencia create dishes with a Mexican-Cali flair. Host chef Pete Evans joins the chefs for visits to a Californian coffee roaster and the shores of San Diego to find the perfect ingredients. They also embark on a trip to Catalina Offshore, one of the region's premier seafood purveyors. Chef MaLarkey prepares a fantastic salad with grilled local sardines while chef Plascencia impresses with a chicken mole. Appetites will soar aboard San Diego's USS Midway on Moveable Feast with Fine Cooking.	APTEX	(S)	(CC)	N/A	#406H
13:00:00	Travels with Darley Hong Kong Urban Adventures Explore art galleries, hip neighborhoods and top nightlife in Hong Kong, as host Darley Newman meets local experts enjoy the best urban adventures in this bustling Asian city. From authentic cuisine on a foodies' tour of Sham Shui Po to dim sum at the world's cheapest Michelin-star restaurant, food, markets, culture and temples take center state on this city tour.	NETA	(S)	(CC)	N/A	#302H
13:30:00	Mineral Explorers Southern California A Chinese empress' treasures, a world-renowned jewelry company, and one of the biggest mineral finds of a century came to be thanks to mineral rich southern California. We visit the gem belt; world renowned for its Blue Cap Tourmaline, fashionable Pink Tourmaline, and the birth place of Kunzite. San Diego's rich gem history is all but forgotten, but signs of its rock star past are on every street corner. Join us to learn more about one of America's most overlooked treasures.	NETA	(S)	(CC)	N/A	#204H
14:00:00	Rick Steves' Europe Dubrovnik and Balkan Side-Trips Nestled inside its mighty ramparts is Dubrovnik, the "Pearl of the Adriatic." From this remarkably preserved medieval fortress city, we venture into less-touristed corners of the former Yugoslavia. In Bosnia, we visit Mostar - war-torn in the 90s, but bursting with promise today. In Montenegro, we sail the fjord-like Bay of Kotor and explore its mysterious, mountainous interior.	APTEX	(S)	(CC)	N/A	#603H

Daily Program Listing II

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Sat, Oct 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Indonesia: Orangutans-People of the Forest Explorer Richard Wiese travels to Borneo, Indonesia, one of only two islands on the planet where orangutans live in the wild. Richard experiences life aboard a "klotok" boat during his journey deep into the rainforest in search of these magnificent great apes. Find out why Borneo's rainforests are vanishing and meet the local communities who are banding together to save the mighty orangutan.	APTEX	(S)	(CC)	N/A	#106H
15:00:00	Garden Smart What a pleasure to enjoy the freshest food available. GardenSMART visits with several folks who have made this labor of love their livelihood. A great show, be sure to tune in.	NETA	(S)	(CC)	N/A	#4803H
15:30:00	Baby Makes 3 Kentucky Roots The Kentucky-themed nursery with reminders of horses and the Derby, old barns, and rolling hills is completed.	APTEX	(S)	(CC)	N/A	#202H
16:00:00	Drexel Interview Jane Golden Jane Golden is an arts activist and Executive Director of Mural Arts Philadelphia. Golden's affinity for mural-making took her from a small municipal office to managing an arts organization with international renown; it produces upwards of 100 public works of art each year, and has served tens of thousands of residents, artists, and visitors to Philadelphia through art education programs, community engagement activities, employment/training programs, and public mural tours over the last three decades. Host Paula Marantz Cohen delves into Golden's formative years as a lone muralist on a mission, and the breadth of work and community programming that her organization now brings to the streets of Philadelphia and the world.	NETA		(CC)	N/A	#604H
16:30:00	Overheard with Evan Smith Katy Tur, Nbc Correspondent Katy Tur is a correspondent for NBC News and an anchor for MSNBC Live. Tur is the recipient of a 2017 Walter Cronkite Award for Excellence in Journalism. Her latest book, Unbelievable, reflects on her coverage of Donald Trump's 2016 presidential campaign. She currently lives in New York City.	NETA	(S)	(CC)	N/A	#803H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Rocking Horse Maker Master wood carver Jackie Wilson built a rocking horse for Prince George of Cambridge. On this episode she and host Eric Gorges make a rocking horse fit for a king.	APTEX	(S)	(CC)	N/A	#407H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3541H
18:30:00	The Open Mind Guest: Laura Briggs. Chair of Women, Gender, Sexuality Studies at University of Massachusetts-Amherst Laura Briggs discusses her new book "How All Politics Became Reproductive Politics: From Welfare Reform to Foreclosure to Trump."	NETA		(CC)	N/A	#3812H
19:00:00	Closer to Truth How The Subconscious Affects Us There is more to our mental lives than the current content of our awareness. Our subconscious affects what we sense, think, feel and do. How does the subconscious work its magic?	EPS	(S)	(CC)	N/A	#1703H
19:30:00	American Forum	NETA	(S)	(CC)	N/A	#306H

Sat, Oct 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live The Smithereens	APTEX	(S)	(CC)	N/A	#105H
	<p>The New Jersey-based rock band The Smithereens brings down the house with their unique driving guitar sound. The group performs a number of their hit songs, including "Blood and Roses" and "Behind the Wall of Sleep." From their humble beginnings in 1980 in Carteret, New Jersey, The Smithereens have become an enduring facet of alternative rock and acquired a cult following. Initially formed following the members' graduation from Carteret High School, the group became popular with catchy, power pop hits. Drawing on inspiration from The Beatles and Kurt Cobain, The Smithereens have honed a style all their own. With a sound described as a blend of American garage-band rock and British pop, The Smithereens have had an impressive 30-year career. Partnering with artists like The Kinks and Graham Parker, the group has produced over 10 studio albums and 4 live albums. With an extensive touring schedule, the group continues to excite devoted fans across the country. Combining the musical talents of Pat DiNizio, Jim Babjak, Dennis Diken and Severo Jornacion, The Smithereens offer something not seen everyday: a lively, fun, and entertaining performance. A true pillar in the underground music scene, The Smithereens are a great addition to INFINITY HALL LIVE.</p>					
21:00:00	Front and Center Dawes	APTEX	(S)	(CC)	N/A	#708H
	<p>Folk-rock band Dawes take the stage for a performance of both old and new material. The band, comprised of brothers Taylor and Griffin Goldsmith, Wylie Gelber, and Lee Pardini, formed in 2009 from the band Simon Dawes after the departure of their co-songwriter. Their last two albums All Your Favorite Bands (2015) and self-released We're All Gonna Die (2016) have reached No. 1 on the Billboard Folk Chart. Dawes performs new songs "Tequila," "One of Us," and "Roll with the Punches," as well as hits such as "Little Bit" and "When My Time Comes."</p>					
22:00:00	Globe Trekker Tough Trains: Cuba's Sugar Railroads	APTEX	(S)	(CC)	N/A	#1610H
	<p>Cuba was one of the first countries in the world to build a railway, starting all the way back in 1837. At the time, Cuba was the world's largest sugar producer, and its early railways were designed not with passengers in mind, but to transport sugarcane to the mills and refined sugar to the ports. In this episode, host Ian Wright goes on an eye-opening and hair-raising train journey across the Caribbean island of Cuba. The communist country's railway network is dilapidated and very unreliable, but it ends up being a fantastically enjoyable trip.</p>					
23:00:00	Arts In Context Magna Carda	NETA	(S)	(CC)	N/A	#801H
	<p>Austin's premiere rap group, Magna Carda, makes a name for themselves within the local and global music scene. Extended: Breaking into the Austin music scene was never going to be easy but Magna Carda faced the additional challenge of being a hip-hop act in a city with a long, storied history of rock and roll. MC-producer duo Megz Kelli and Dougie Do fought through this obstacle by adding what is now their signature - live instrumentation. Described by Mashable as "Austin's answer to The Roots," Magna Carda's genre-defying blend of rap-meets-jazz-meets-R&B-meets-electronic has quickly captured the imagination of listeners and the attention of critics alike in Austin and beyond.</p>					
23:30:00	Articulate with Jim Cotter The Cutting Edge of Stained Glass	APTEX	(S)	(CC)	N/A	#108H
	<p>For more than thirty years, Judith Schaechter has been applying avant-garde sensibilities to a once traditional art form; stained glass. Bodies of Work - In the past century or so, tattoos have gone from being a mark of the outsider to a more socially accepted expression of self. Eric Owens - With a voice and stage presence as big as his personality, Eric Owens is among the most celebrated bass-baritones in the opera world.</p>					

Sun, Oct 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth How The Subconscious Affects Us There is more to our mental lives than the current content of our awareness. Our subconscious affects what we sense, think, feel and do. How does the subconscious work its magic?	EPS	(S)	(CC)	N/A	#1703H
00:30:00	American Forum	NETA	(S)	(CC)	N/A	#306H
01:00:00	Infinity Hall Live The Smithereens The New Jersey-based rock band The Smithereens brings down the house with their unique driving guitar sound. The group performs a number of their hit songs, including "Blood and Roses" and "Behind the Wall of Sleep." From their humble beginnings in 1980 in Carteret, New Jersey, The Smithereens have become an enduring facet of alternative rock and acquired a cult following. Initially formed following the members' graduation from Carteret High School, the group became popular with catchy, power pop hits. Drawing on inspiration from The Beatles and Kurt Cobain, The Smithereens have honed a style all their own. With a sound described as a blend of American garage-band rock and British pop, The Smithereens have had an impressive 30-year career. Partnering with artists like The Kinks and Graham Parker, the group has produced over 10 studio albums and 4 live albums. With an extensive touring schedule, the group continues to excite devoted fans across the country. Combining the musical talents of Pat DiNizio, Jim Babjak, Dennis Diken and Severo Jornacion, The Smithereens offer something not seen everyday: a lively, fun, and entertaining performance. A true pillar in the underground music scene, The Smithereens are a great addition to INFINITY HALL LIVE.	APTEX	(S)	(CC)	N/A	#105H
02:00:00	Front and Center Dawes Folk-rock band Dawes take the stage for a performance of both old and new material. The band, comprised of brothers Taylor and Griffin Goldsmith, Wylie Gelber, and Lee Pardini, formed in 2009 from the band Simon Dawes after the departure of their co-songwriter. Their last two albums All Your Favorite Bands (2015) and self-released We're All Gonna Die (2016) have reached No. 1 on the Billboard Folk Chart. Dawes performs new songs "Tequila," "One of Us," and "Roll with the Punches," as well as hits such as "Little Bit" and "When My Time Comes."	APTEX	(S)	(CC)	N/A	#708H
03:00:00	Globe Trekker Tough Trains: Cuba's Sugar Railroads Cuba was one of the first countries in the world to build a railway, starting all the way back in 1837. At the time, Cuba was the world's largest sugar producer, and its early railways were designed not with passengers in mind, but to transport sugarcane to the mills and refined sugar to the ports. In this episode, host Ian Wright goes on an eye-opening and hair-raising train journey across the Caribbean island of Cuba. The communist country's railway network is dilapidated and very unreliable, but it ends up being a fantastically enjoyable trip.	APTEX	(S)	(CC)	N/A	#1610H
04:00:00	Arts In Context Magna Carda Austin's premiere rap group, Magna Carda, makes a name for themselves within the local and global music scene. Extended: Breaking into the Austin music scene was never going to be easy but Magna Carda faced the additional challenge of being a hip-hop act in a city with a long, storied history of rock and roll. MC-producer duo Megz Kelli and Dougie Do fought through this obstacle by adding what is now their signature - live instrumentation. Described by Mashable as "Austin's answer to The Roots," Magna Carda's genre-defying blend of rap-meets-jazz-meets-R&B-meets-electronic has quickly captured the imagination of listeners and the attention of critics alike in Austin and beyond.	NETA	(S)	(CC)	N/A	#801H
04:30:00	Articulate with Jim Cotter The Cutting Edge of Stained Glass For more than thirty years, Judith Schaechter has been applying avant-garde sensibilities to a once traditional art form; stained glass. Bodies of Work - In the past century or so, tattoos have gone from being a mark of the outsider to a more socially accepted expression of self. Eric Owens - With a voice and stage presence as big as his personality, Eric Owens is among the most celebrated bass-baritones in the opera world.	APTEX	(S)	(CC)	N/A	#108H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#394
08:00:00	Painting and Travel with Roger & Sarah Bansemer Mississippi River Follow the Mississippi River from Memphis, Tennessee to Natchez Mississippi where Roger paints a view of the winding river from high on a bluff. Sarah takes a look at a famous Blues street, explores the Vicksburg National Military Park, and tastes barbecue in Natchez.	NETA	(S)	(CC)	N/A	#302H
08:30:00	Paint This with Jerry Yarnell Hawaii's Finest Hour, Part 5 In this final session, Jerry shows his viewers the process of applying thin glazes along the beach to create a more wet effect on the sand. Then he shows how to finish the underbrush at the base of the palm trees. Now using the #4 chisel-edge brush, shows how to paint the canopy of palm leaves of the large palm tree on the right side. Then shows how to put final highlights on the water, paint in the sail boat, and finish painting in final details with the script brush.	NETA	(S)	(CC)	N/A	#2309H

Sun, Oct 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Mermaid	APTEX		(CC)	N/A	#510H
	Many artists focus heavily on color combinations early in their careers. However, an important aspect of color theory is contrast -- or using the difference between colors for a heightened effect. Color can contrast in hue, value, and saturation. For example, contrast of hue is what relates most directly to color wheel combinations. The further away two colors are from each other, the higher the contrast. A special case of contrast of hue is the contrast between warm and cold colors. Contrast of value is the range of lightness versus darkness of certain colors. Occasionally, in oil painting, artists will paint entirely in shades of grey. This is the oil equivalent of a tonal drawing. A strong tonal drawing almost always leads to a strong painting. Artists such as Degas understood the effectiveness of color contrast. Wyland explores contrasting shades to create a vivid painting of a mermaid.					
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Focusing On Hips	APTEX	(S)	(CC)	DVI	#916H
10:00:00	Sit and Be Fit Strong Back Strong Core	NETA	(S)	(CC)	N/A	#1304H
	Mary Ann combines a variety of exercises to emphasize the importance of strong core muscles and their role in maintaining back health.					
10:30:00	Power Yoga: Mind and Body Balancing Poses - Version Two	APTEX	(S)	(CC)	N/A	#117
	With Navasana, Vyagrasana, Ashtanga, Eagle/Garudasana, and others.					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#329H
11:30:00	New Orleans Cooking with Kevin Belton Wash Day	APTEX	(S)	(CC)	N/A	#121H
	Red beans and rice, panned veal, bread pudding with whiskey sauce.					
12:00:00	Ciao Italia Recipes of the Mind - Le Ricette Della Mente	NETA	(S)	(CC)	N/A	#2501H
	Mary Ann travels to Ellis Island National Park to retrace the footsteps of her immigrant Italian grandparents. She then goes nella cucina to recreate two Old World "recipes of the mind": Gracie La Puma's Pepper Rolls and Mrs. Belurgi's Pumpkin Bread.					
12:30:00	Mike Colameco's Real Food Il Buco	NETA	(S)	(CC)	N/A	#1409H
	In 1994 Donna Leonard opened the original il Buco out back of an antique furniture store on Bond Street steps off the Bowery. Self taught with no experience the place was an instant neighborhood hit. A few years back she expanded with il Buco Alimentari a block north on Great Jones St., which earned 3 stars from the NY Times, both of the places are total stand outs.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Brazil In Nyc	APTEX	(S)	(CC)	DVI	#209H
	Brazilians are born to dance, and Mickela learns as many ways as possible how New Yorkers keep that Brazilian energy alive - with capoeira, forro, and Carnival's samba.					
13:30:00	Family Travel with Colleen Kelly Oxnard, California - California, Here We Come!	APTEX		(CC)	N/A	#409H
	California, here we come! Colleen and her family head to the beautiful coastal town of Oxnard, California. Join them as they go on a whale watching expedition, learn the history of Oxnard at Heritage Square, try their hand at a game of Foot Golf, and soak up a beautiful sunset at the Hollywood Beach Cafe, where the food is delicious and the surf is sweet.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#329H
14:30:00	Destination Craft with Jim West Nepal	APTEX	(S)	(CC)	N/A	#112H
	Jim West travels to Nepal and the extraordinary Kathmandu Valley where master artisans teach paper and clay mask making, creating felted balls for clothes dryers, and crafting an extraordinary singing bowl. Jim also participates in Nepalese paper making and learns about traditional wood carving. He watches monks make sand mandala's in a Buddhist temple, and enjoys a cooking lesson from a special group of ladies.					

Sun, Oct 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Woodsmith Shop Small Project Assembly The details of assembling a small project successfully are covered. Plus, large scale joinery takes center stage when they begin a tower bookcase.	NETA	(S)	(CC)	N/A	#1102H
15:30:00	Rough Cut - Woodworking with Tommy Mac Recap, Windows and Trim This week on Rough Cut Woodworking with Tommy Mac it's time to take a step back and look at all the progress we've made so far. From the framing to the deck to the finished roof it's been quite a journey. Tommy gets that much closer in this episode by getting the windows and front door in, making sure he gets plenty of sunlight and can accommodate any future project no matter how large.	APTEX	(S)	(CC)	N/A	#708H
16:00:00	Foundations of Yoga with Tara Lee Air & Water Strength & Flexibility Air & Water Strength & Flexibility is designed to increase stamina and flexibility in the body by holding postures and then releasing them through stretching.	EPS	(S)	(CC)	N/A	#105H
16:30:00	Second Opinion Pancreatic Cancer A diagnosis of pancreatic cancer is devastating for the patient and his/her family. Often the cancer is caught when it is at an advanced stage, and survival rates are lower than many cancers. Peter Sues is more than 5 years out from his pancreatic cancer diagnosis, and his story of his ongoing treatment and survival is one of hope and inspiration. Myth or Medicine: Is pancreatic cancer a death sentence? Second Opinion 5: Five ways to support someone with cancer.	APTEX	(S)	(CC)	N/A	#1210H
17:00:00	Natural Health Breakthroughs with Brenda Watson Food Allergies and Sensitivities Leading center for the diagnosis and treatment of food allergies - Hugh Sampson, MD: Director of the Jaffe Food Allergy Institute at the Mount Sinai School of Medicine in NYC. Trials and tribulations of peanut-allergy treatments - Stephanie Leonard, MD: pediatric allergy specialist at Rady Children's Hospital, San Diego; Reyna Winter: 11-year-old allergy sufferer who's undergoing immune challenges. One mom's hard-core approach to protecting her son from peanuts - Ashley Smith and her son, Zayden. Promising research that could make peanut flour safe to eat - Mary Ann Lila, PhD: Director of the Plants for Human Health Institute at North Carolina State University. Personal stories - Reyna Winter; Ashley and Zayden.	EPS	(S)	(CC)	N/A	#108H
17:30:00	Well Read Mark Shriver Pilgrimage Since his 2013 election, Pope Francis has captivated the world. In Pilgrimage, Mark Shriver, nephew of President Kennedy, retraces Francis's personal journey, revealing the origins of his open and unpretentious style... in so doing Shriver reveals his personal reconnection to his own religious commitments.	APTEX	(S)	(CC)	N/A	#616H
18:00:00	California's Gold Zamboni Would you believe the Zamboni was invented right here in sunny Southern California? Huell learns about the machines that clean the ice at ice rinks and professional hockey events around the world. Huell joins up with the son of the inventor, and visits the factory where it all started. Then he tops off the day with a trip to the Anaheim Pond, home of the Mighty Ducks to see the Zamboni in action.	KCET		(CC)	N/A	#3006
18:30:00	Curious Traveler Curious French Villages Why did the famous French architect Eugene Viollet-le-Duc only work on one residence: the historic Roquetaillade Castle? Why is there a monolithic church in Saint-Emilion? And why did its monk sleep underground? Why is there a giant wall around the tiny village of Blaye? And why was beautiful Bourg-en-Gironde built into the side of a cliff? And how do Cadillac and Pauillac make time stand still?	APTEX	(S)	(CC)	N/A	#212H
19:00:00	Make48 The teams continue prototyping their products. Assisted by Tool Techs and Mentors and equipped with all types of tools from 3D printers, laser cutters, computer driven routers, to hammer and nails, prototypes begin to take shape. Teams construct and test their prototypes and begin work on all the pitch materials including product videos, sales sheets, marketing ideas and more.	APTEX	(S)	(CC)	N/A	#103H
19:30:00	The Kamla Show Special Alam Khan Kamla talks to Alam Khan, musician, composer and teacher about about his family's musical legacy and his interest in hip-hop. How does he combine his Indian Classical music with hip-hop? His father Ali Akbar Khan established an Indian musical school in Berkeley in the 1960s, which celebrates its 50th anniversary in 2017.	KAMLA	(S)	(CC)	N/A	#127H

Sun, Oct 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Black America Racism with Dr. Khalil Gibran Muhammad	EPS	(S)	(CC)	N/A	#104H
	This week on Black America, we explore the topic of racism with guest, Dr. Khalil Gibran Muhammad, Director of the Schomburg Center for Research in Black Culture.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#204H
	Asian American Life takes an in-depth look at four topical news issues that impact the Asian American communities in the tri-state (New York) metropolitan area. Another topical story Asian American Life explores is the controversy surrounding CBS host and anchor Julie Chen who had plastic surgery on her eyes earlier in her broadcast journalism career. Correspondent Kyung Yoon takes a closer look at why plastic surgery has become so popular and mainstream in Asia, as well as within our Asian American communities here in New York City.					
21:00:00	West of the West: Tales from California's Channel Island Settlers	APTEX	(S)	(CC)	N/A	#102H
	6. The Last Round-up - Tim Vail, 4th generation rancher on Santa Rosa Island, gives a personal history of his family's involvement there while lamenting the end of their cattle operation after a century. The parallel story is the birth of Channel Islands National Park as told by Bill Ehorn, the founding Park Supervisor and friend of the Vails. 7. Graveyard of Ships - The Channel Islands lie in one of the most hazardous shipping channels in the world. While telling the story of the crash of the paddle wheel steamer Winfield Scott into middle Anacapa Island in 1853, Bob Schwemmer of NOAA and others also describe some of the more than 500 other wrecks in Marine Sanctuary Waters. Many of which can be dived on today in this "underwater museum." 8. Magic Isle - Santa Catalina Island - Catalina is the most widely known of the Channel Islands, and the only one still privately owned. Its fame is the result of the vision of one man, William Wrigley Jr. who bought the island sight unseen in 1919. We chronicle its glory years of movie stars, the Chicago Cubs, and Big Band dancing in the Casino, as well as its struggles to stay relevant today. William Wrigley's great grand-daughter Alison Rusack and her family tell us about the challenges and joys of keeping his dream alive. 9. The Legendary King of San Miguel Island - Betsy Lester Roberti travels back to the windswept and desolate island where she grew up as a child. She describes her "Swiss Family Lester" upbringing and her larger than life father Herbie. And his untimely demise on the eve of World War 2.					
22:00:00	Roadtrip Nation Many Paths	APTEX	(S)	(CC)	N/A	#1403H
	As the road-trippers head south, they visit NASA's largest rocket engine test facility and meet two women who are launching America into space and proving that there isn't just one path to success. Then, with former MIT Media Lab professor Leah Buechley, the team sees how merging your interests can create something amazing, and inspire more girls to pursue STEM and create amazing things, too.					
22:30:00	Our American Family: The Mays	NETA	(S)	(CC)	N/A	#0H
	The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. Courage brought 17-year-old Jacob May to the US from Germany in 1879 in search of a better life. That same courage enabled his family to rescue 200 Jews from Nazi Germany. Moving from poverty to prosperity, the May Hosiery Mill grew through three generations to contribute commerce and compassion within the Nashville community and beyond. Deeply committed to one another, bolstered by good humor, theirs is a story of fearless hope and courage.					
23:00:00	Reaching West: Dreams of China's New Generation	APTEX	(S)	(CC)	DVI	#0H
	The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.					

Mon, Oct 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Make48 The teams continue prototyping their products. Assisted by Tool Techs and Mentors and equipped with all types of tools from 3D printers, laser cutters, computer driven routers, to hammer and nails, prototypes begin to take shape. Teams construct and test their prototypes and begin work on all the pitch materials including product videos, sales sheets, marketing ideas and more.	APTEX	(S)	(CC)	N/A	#103H
00:30:00	The Kamla Show Special Alam Khan Kamla talks to Alam Khan, musician, composer and teacher about about his family's musical legacy and his interest in hip-hop. How does he combine his Indian Classical music with hip-hop? His father Ali Akbar Khan established an Indian musical school in Berkeley in the 1960s, which celebrates its 50th anniversary in 2017.	KAMLA	(S)	(CC)	N/A	#127H
01:00:00	Black America Racism with Dr. Khalil Gibran Muhammad This week on Black America, we explore the topic of racism with guest, Dr. Khalil Gibran Muhammad, Director of the Schomburg Center for Research in Black Culture.	EPS	(S)	(CC)	N/A	#104H
01:30:00	Asian American Life Asian American Life takes an in-depth look at four topical news issues that impact the Asian American communities in the tri-state (New York) metropolitan area. Another topical story Asian American Life explores is the controversy surrounding CBS host and anchor Julie Chen who had plastic surgery on her eyes earlier in her broadcast journalism career. Correspondent Kyung Yoon takes a closer look at why plastic surgery has become so popular and mainstream in Asia, as well as within our Asian American communities here in New York City.	EPS	(S)	(CC)	N/A	#204H
02:00:00	West of the West: Tales from California's Channel Island Settlers 6. The Last Round-up - Tim Vail, 4th generation rancher on Santa Rosa Island, gives a personal history of his family's involvement there while lamenting the end of their cattle operation after a century. The parallel story is the birth of Channel Islands National Park as told by Bill Ehorn, the founding Park Supervisor and friend of the Vails. 7. Graveyard of Ships - The Channel Islands lie in one of the most hazardous shipping channels in the world. While telling the story of the crash of the paddle wheel steamer Winfield Scott into middle Anacapa Island in 1853, Bob Schwemmer of NOAA and others also describe some of the more than 500 other wrecks in Marine Sanctuary Waters. Many of which can be dived on today in this "underwater museum." 8. Magic Isle - Santa Catalina Island - Catalina is the most widely known of the Channel Islands, and the only one still privately owned. Its fame is the result of the vision of one man, William Wrigley Jr. who bought the island sight unseen in 1919. We chronicle its glory years of movie stars, the Chicago Cubs, and Big Band dancing in the Casino, as well as its struggles to stay relevant today. William Wrigley's great grand-daughter Alison Rusack and her family tell us about the challenges and joys of keeping his dream alive. 9. The Legendary King of San Miguel Island - Betsy Lester Roberti travels back to the windswept and desolate island where she grew up as a child. She describes her "Swiss Family Lester" upbringing and her larger than life father Herbie. And his untimely demise on the eve of World War 2.	APTEX	(S)	(CC)	N/A	#102H
03:00:00	Roadtrip Nation Many Paths As the road-trippers head south, they visit NASA's largest rocket engine test facility and meet two women who are launching America into space and proving that there isn't just one path to success. Then, with former MIT Media Lab professor Leah Buechley, the team sees how merging your interests can create something amazing, and inspire more girls to pursue STEM and create amazing things, too.	APTEX	(S)	(CC)	N/A	#1403H
03:30:00	Our American Family: The Mays The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. Courage brought 17-year-old Jacob May to the US from Germany in 1879 in search of a better life. That same courage enabled his family to rescue 200 Jews from Nazi Germany. Moving from poverty to prosperity, the May Hosiery Mill grew through three generations to contribute commerce and compassion within the Nashville community and beyond. Deeply committed to one another, bolstered by good humor, theirs is a story of fearless hope and courage.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Reaching West: Dreams of China's New Generation The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.	APTEX	(S)	(CC)	DVI	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#395
08:00:00	Zula Patrol Spin Control: The Venus Effect/Crater Raters: Journey to Mercury SPIN CONTROL: THE VENUS EFFECT - Venus refuses to pose for a picture on Multo's Mega-Map of the Solar System because she feels that she doesn't fit in with the other planets. The Zula Patrol figures out how unique Venus is, then (with some musical help from Wizzy and Wigg) manage to convince her that having a "retrograde" rotation really rocks! CRATER RATERS: JOURNEY TO MERCURY - The Zulean Crater Rater Society is late in arriving for Multo's luncheon and that means trouble. The Zula Patrol must race to the planet Mercury to rescue the Raters from the clutches of Dark Truder - who wants to use their knowledge of craters to build a gigantic golf course where even HE can't miss the holes.	APTEX	(S)	(CC)	DVI	#302H

Mon, Oct 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights The King Who Became A Slave/The Spoon That Ruined Everything "The King Who Became a Slave" - A king learns what happens when he's out of touch with his people. "The Spoon That Ruined Everything" - People in a small community see a spoon for the first time and begin to fight over it .	NETA	(S)	(CC)	DVI	#121H
09:00:00	Functional Fitness with Suzanne Andrews Anti Aging	ACCES		(CC)	N/A	#106H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Increase Your Range of Motion	APTEX	(S)	(CC)	DVI	#917H
10:00:00	Sit and Be Fit Neuromuscular Coordination In this episode, Mary Ann uses heel tapping, patting, clapping and changing of rhythm patterns which contribute to improving neuromuscular coordination.	NETA	(S)	(CC)	N/A	#1305H
10:30:00	Fit 2 Stitch Casual Dinners and Dates Learn to create fashionable jumpsuit by combining basic pattern pieces. Vary the fabrics and details to make other trendy fashions for casual dinners out.	NETA	(S)	(CC)	N/A	#413H
11:00:00	Knitting Daily Made In North America Some of the most exciting yarns are made in North America. Donna Drachunas knits a lace scarf with luxurious yarn from the Alaskan muskox. Ron and Theresa Miskin share their story of yarn from the American bison. Tanis Gray stitches a patriotic star flower to accent hats to pillows. Nicole Winer demonstrates a project with a US-made yarn that benefits a good cause.	NETA	(S)	(CC)	N/A	#1410H
11:30:00	Fons & Porter's Love of Quilting Hero's Tribute In honor of those who serve and defend, a quilt is a great way to acknowledge how much we appreciate their sacrifice. Mary and her guest Liz Porter present the creative use of eight point stars that allows for a creative design within your quilt. The Quick-Pieced Flying Geese method makes your patchwork accurate and efficient.	NETA	(S)	(CC)	N/A	#2609H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7061H
13:00:00	America's Test Kitchen from Cook's Illustrated Outsmarting Thanksgiving Test cook Dan Souza shows host Julia Collin Davison how to make the ultimate roast turkey. Next, gadget guru Lisa McManus uncovers the best oven thermometers. Finally, test cook Becky Hays uncovers the secrets to foolproof boiled corn.	APTEX	(S)	(CC)	N/A	#1709H
13:30:00	Pati's Mexican Table	APTEX	(S)	(CC)	N/A	#602H
14:00:00	Kitchen Wisdom of Cecilia Chiang Passing on the Wisdom This episode is all about Cecilia as a mentor and passing on her kitchen wisdom. "Cecilia is a perfect mentor because she gives perfect advice," says legendary chef Jeremiah Tower. She gave Julia Child cooking lessons and was Alice Water's mentor in the years leading up to Chez Panisse. Well into her 90's, Cecilia is still mentoring a new generation of San Francisco's chefs. Corey Lee, a Korean American comes to her for professional advice and for personal as well. Tyler Florence asks Cecilia how to manage fame. And Belinda Leong, chef/co-owner and creator of b.patisserie is like a daughter to Cecilia and seeks out her counsel daily. In this episode, first they recreate a Mandarin classic dessert, glaceed bananas. Then Belinda does a b.patisserie signature favorite, her now famous chocolate banana almond croissant.	APTEX	(S)	(CC)	DVI	#106H
14:30:00	On The Road with Vic Rallo: Italy! Chianti Vic visits an organic poultry farm in Gaiole, a village in the hills of Chianti and discovers traditional treasures at Badia a Coltibuono, an 11th century abbey now home to a winery and cooking school. At the Lorenza de Medici cooking school, de Midici's daughters, chefs Benedetta and Emanuela, teach Vic easy ways to prepare fresh ingredients, and discuss the region's unique cheese and salume. Tony Verdoni offers a lesson on the folklore of Chianti classico. Recipes include duck ragu and pesto made the old-fashioned way with mortar and pestle.	APTEX	(S)	(CC)	N/A	#104H

Daily Program Listing II

43.1

Date: 09/06/2017

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Mon, Oct 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Get Connected to Fitness	NETA	(S)	(CC)	N/A	#2511H
	Connect your designs in new ways. Warm up as host Katie Hacker designs with colorful stones. She adds beads and metal spacers to enhance the stone elements in necklaces. Author Lisa Crone works out with memory wire to create a sparkling necklace. Then, she cools down by making matching earrings.					
15:30:00	Katie Brown Workshop New Year's	APTEX	(S)	(CC)	DVI	#422H
	Start the countdown with Katie and the Workshop crew. Recipes: steak with crab sauce, brussels sprouts salad and simple croquebouche (a French dessert). Projects: butterfly lanterns and a sophisticated cinnamon candy centerpiece for a New Year's table.					
16:00:00	Biz Kid\$ Your First Big Purchase	APTEX	(S)	(CC)	DVI	#403H
	You'll want to understand the important steps to take before your first big purchase, whether you're buying the latest computer, a new smart phone, or a car. You will learn about budgeting, researching, negotiating, and more. Find out how a teen photographer upgraded his camera and a 15-year-old aviator purchased an old airplane!					
16:30:00	Hands On Crafts for Kids Too Nice to Stay Inside	NETA	(S)	(CC)	DVI	#1804H
	Let's head outside for some fun. Jenny Barnett-Rohrs makes colorful hand grips for your bike. Katie Hacker has some fun with friendly bugs. Franz Spohn has sidewalk art tips and Katie makes special discovery eggs.					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Gardening	APTEX	(S)	(CC)	N/A	#1515H
	P. Allen Smith highlights some of his favorite gardening segments in this blast from the past.					
17:30:00	Growing A Greener World Creating An Edible Fruit Garden: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#501H
	The first step for most new food gardeners is the addition of a few vegetable and herb plants. Yet once they're hooked, the desire to grow more and different plants and varieties grows as well. From the classic food garden, this episode takes home gardeners to the next step of adding a wide assortment of fruit trees and shrubs for their personal backyard orchard. In this episode, host Joe Lamp'I installs several fruit trees and shrubs on the GGW Garden Farm, while sharing everything you need to know for homegrown success, even if only on a deck or patio.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14211H
18:30:00	Americas Now Mexico - Single Mothers	NETA	(S)	(CC)	N/A	#108H
	Mexico - Single Mothers (Gerry Hadden) - In Mexico, women continue to struggle against a macho culture that leaves them not only unequal... but often victims of violence. In recent decades...the northern city of Ciudad Juarez has captured worldwide attention for the disappearances of thousands of women. But victims and activists say... the problem is everywhere. 66 percent of Mexican women 15 years of age and older, have been the victim of abuse. That's according to a 20-13 study by the National Commission for Prevention and Eradication of Violence Against Women. Not even the vacation paradise of the Yucatan peninsula has been immune. Colombia Cinema in the Barrios - (Toby Muse) - Tourism continues to grow...in the colonial, historic port city of Cartagena. It is known for its walled city center and fortresses...which UNESCO named a world heritage site more than 30 years ago. But Colombia's 5th largest city is also wracked by divisions; economic, social and racial. A program hopes to bring cultural events enjoyed by the wealthy... to the city's poorest slums. They're setting up cinema screenings in Cartagena's deprived neighborhoods.					
19:00:00	NHK Newslime	APTEX	(S)	(CC)	N/A	#8146
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3541H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#409H
	Mod throwback instrumental ensemble Steelism plays country jazz and surf. Jake Shimabukuro makes his ukulele gently weep. And Nashville's beloved writer/player/singer Andrea Zonn debuts new music w guests Keb Mo and more.					
21:00:00	All-Star Orchestra Mysterious Mountain	APTEX	(S)	(CC)	N/A	#304H
	Hovhaness - Symphony # 2 "Mysterious Mountain". The most celebrated work by the iconic composer of the Pacific Northwest. A mystical meditation on the magnificence of nature. Sir Eugene Goossens et al - Jubilee Variations. This will be a world-premiere TV recording of this unpublished 1944 work created by ELEVEN great composers: Goossens, Aaron Copland, Deems Taylor, Howard Hanson, Walter Piston, William Schuman, Roy Harris, Anis Fuleihan, Bernard Rogers, Ernest Bloch, and Paul Creston.					

Mon, Oct 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Free to Rock	APTEx	(S)	(CC)	N/A	#0H
<p>Ten years in the making, FREE TO ROCK explores how American rock and roll contributed to the end of the Cold War. In the eyes of the Soviet Ministry of Culture, western rock music combined the twin evils of spreading the English language and encouraging illicit free enterprise. It was prohibited by the Soviet and Eastern Block authorities and deemed as propaganda. However, the "soft power" of American rock music was pumped into Eastern Europe and the USSR by Voice of America and Radio Free Europe. This forbidden music inspired thousands of underground rock bands and tens of millions of their passionate supporters. Their enthusiasm for rock and roll became a youth movement that openly defied the Communist government. Narrated by Kiefer Sutherland, the film features interviews with former President Jimmy Carter; Mikhail Gorbachev, former president of the USSR; musicians Billy Joel and Mike Love; Robert Santelli, Executive Director of the Grammy Museum; Oleg Kalugin, a former major general in the Soviet KGB; Soviet rock artists Stas Namin, Pete Anderson and Andrey Makarevich; and other scholars and experts.</p>						
23:00:00	Jackson Pollock's Mural: The Story of a Modern Masterpiece	NETA	(S)	(CC)	N/A	#0H
<p>Jackson Pollock's "Mural": The Story of a Modern Masterpiece is a new documentary produced by the University of Iowa in collaboration with the University of Iowa Museum of Art. The film documents the truths and the myths surrounding this mammoth sized painting "Mural". Artist Jackson Pollock created the painting in 1943 for art patron and advocate Peggy Guggenheim, for her New York townhouse. This painting measuring approximately 20 feet long by 8 foot high changed the landscape of American modern painting forever. Pollock's creation ignited what would later be called "Abstract Expressionism", an art movement, which even the C.I.A. would embrace to further the cause of American freedom during the uneasy years of the Cold War.</p>						

Tue, Oct 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8146
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3541H
01:00:00	Music City Roots Live from the Factory Mod throwback instrumental ensemble Steelism plays country jazz and surf. Jake Shimabukuro makes his ukulele gently weep. And Nashville's beloved writer/player/singer Andrea Zonn debuts new music w guests Keb Mo and more.	APTEX	(S)	(CC)	N/A	#409H
02:00:00	All-Star Orchestra Mysterious Mountain Hovhaness - Symphony # 2 "Mysterious Mountain". The most celebrated work by the iconic composer of the Pacific Northwest. A mystical mediation on the magnificence of nature. Sir Eugene Goossens et al - Jubilee Variations. This will be a world-premiere TV recording of this unpublished 1944 work created by ELEVEN great composers: Goossens, Aaron Copland, Deems Taylor, Howard Hanson, Walter Piston, William Schuman, Roy Harris, Anis Fuleihan, Bernard Rogers, Ernest Bloch, and Paul Creston.	APTEX	(S)	(CC)	N/A	#304H
03:00:00	Free to Rock Ten years in the making, FREE TO ROCK explores how American rock and roll contributed to the end of the Cold War. In the eyes of the Soviet Ministry of Culture, western rock music combined the twin evils of spreading the English language and encouraging illicit free enterprise. It was prohibited by the Soviet and Eastern Block authorities and deemed as propaganda. However, the "soft power" of American rock music was pumped into Eastern Europe and the USSR by Voice of America and Radio Free Europe. This forbidden music inspired thousands of underground rock bands and tens of millions of their passionate supporters. Their enthusiasm for rock and roll became a youth movement that openly defied the Communist government. Narrated by Kiefer Sutherland, the film features interviews with former President Jimmy Carter; Mikhail Gorbachev, former president of the USSR; musicians Billy Joel and Mike Love; Robert Santelli, Executive Director of the Grammy Museum; Oleg Kalugin, a former major general in the Soviet KGB; Soviet rock artists Stas Namin, Pete Anderson and Andrey Makarevich; and other scholars and experts.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Jackson Pollock's Mural: The Story of a Modern Masterpiece Jackson Pollock's "Mural": The Story of a Modern Masterpiece is a new documentary produced by the University of Iowa in collaboration with the University of Iowa Museum of Art. The film documents the truths and the myths surrounding this mammoth sized painting "Mural". Artist Jackson Pollock created the painting in 1943 for art patron and advocate Peggy Guggenheim, for her New York townhouse. This painting measuring approximately 20 feet long by 8 foot high changed the landscape of American modern painting forever. Pollock's creation ignited what would later be called "Abstract Expressionism", an art movement, which even the C.I.A. would embrace to further the cause of American freedom during the uneasy years of the Cold War.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#396
08:00:00	Zula Patrol Hey Kids, Amazing Space Monkeys!/The Blorp HEY KIDS, AMAZING SPACE MONKEYS! - Wizzy and Wigg send away for their very own LIVE SPACE MONKEYS. When they add the freeze-dried Space Monkey eggs to water they spring to life. But at night, the Space Monkeys sneak out of their tank, take apart Zula Patrol headquarters and everything in it, roll it all up into a giant mixture, and make off with it. The ZPers have to chase down the aqua-primates and get the mischievous pets to reassemble the pieces to restore HQ. THE BLORP - When Deliria gets her hands on some solid Smellanium and liquid Stenchide she ends up creating a monster concoction she calls "The Blorp." But before long, "The Blorp" takes off on a path of destruction. The Zula Patrol can't figure what the blobish thing is or how to stop it as it almost wipes out their Headquarters and the city of Zulopolis. Wizzy and Wigg finally realize they must separate the solutions that make "The Blorp" tick to stop it in its tracks.	APTEX	(S)	(CC)	DVI	#303H
08:30:00	1001 Nights The King Who Outlawed Laughter/Sinbad and the Black Diamond "The King Who Outlawed Laughter" - A king tries to execute his prisoners but no matter what he does, he is unable to kill them. "Sinbad and the Black Diamond" - Sinbad is off once more on a hilarious adventure. This time he battles the dread pirat Santiago for a mysterious black diamond that possesses strange powers.	NETA	(S)	(CC)	DVI	#122H
09:00:00	Functional Fitness with Suzanne Andrews Copd/Asthma	ACCES		(CC)	N/A	#107H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Hip Strengthening	APTEX	(S)	(CC)	DVI	#918H
10:00:00	Sit and Be Fit Release Tension Through Exercise This fast-paced workout ends with a peaceful relaxation, leading viewers from a state of invigoration to a place of complete tranquility.	NETA	(S)	(CC)	N/A	#1306H

Tue, Oct 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy Travel Separates	NETA	(S)	(CC)	DVI	#1201H
	Look and feel great wherever you go, and sew it up fast. Designer Angela Wolf serges go-together separates to mix and match and travel wrinkle-free. Then, Angela shows how to get off to a great start with your serger.					
11:00:00	Knitting Daily New Spin	NETA	(S)	(CC)	N/A	#1411H
	Learn how to make yarn yourself! Editor Anne Merrow introduces the ancient art of spinning using a drop spindle and shares ideas for knitting with hand-spun yarn. Liz Gipson shares her love of making yarn by hand and Tanis Gray demonstrates the lazy links stitch. Then learn to make dryer balls to assure great results when laundering knits.					
11:30:00	Fons & Porter's Love of Quilting Chilly Willy	NETA	(S)	(CC)	N/A	#2610H
	Snowmen are always a winner and Willy is sure to be your next holiday favorite. Mary's guest Patrick Lose presents this adorable banner project. Using fusible applique and quick piecing techniques you will create a banner to celebrate the season.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7062H
13:00:00	Julie Taboulie's Lebanese Kitchen Lebanese Sweets for the Holiday Season	APTEX	(S)	(CC)	DVI	#113H
	Special seasonal sweets straight from Lebanon and the Middle East always signify the holiday season for Julie as she warmly welcomes you into her home for the holiday season. Ever since Julie was a little girl she grew up to the sights, sounds and smells of fragrant orange blossom water, floral rose water and the warm aroma of baklava baking away by her beautiful mother. Today's show Julie is masterfully making and baking some of the most famous sweets and some of her personal favorites for the holiday season. First up is Julie's blissful Baklava, a decadent phyllo dough and walnut diamond-cut dessert that is deliciously delightful. Followed by her homemade phyllo dough cups called baklava b ashta filled with a luscious Lebanese cream and tasty toppings then finished off with her orange blossom syrup called ater b mazaher. Last, but certainly, not least is the queen sweet of Lebanon and the Middle East, a special treat simply called knefeh. Deliciously decadent and absolutely divine, Julie's Lebanese signature sweets are sure to be a special treat for your family and friends this holiday season straight from Julie's Lebanese kitchen to yours.					
13:30:00	Nick Stellino: Storyteller in the Kitchen Bacon Or Pancetta	APTEX	(S)	(CC)	N/A	#107H
	Chef Stellino attempts to answer the question - which one is more delicious - incredible, salty bacon or aged, spiced pancetta? The answer still eludes him as he explores each versatile ingredient's unique flavor and texture contribution to a variety of recipes. Dishes include: Ragu' di gamberetti (shrimp, bacon, asparagus and red peppers) / shrimp amatriciana with pasta (from the town of Amatriciana, made with pancetta) / insalata del sogno (dream salad with pancetta, parmesan cheese, vinaigrette dressing) / watermelon salad with tomato and bacon.					
14:00:00	Taste of History Bonaparte In St. Lucia	NETA	(S)	(CC)	N/A	#806H
	For centuries, St. Lucia was a contested jewel between the English and the French. It is also the hotly debated birthplace of French Empress Josephine Bonaparte. Join Chef Walter Staib as he prepares upper-class French recipes such as Navarin d'Agneau in the former French capital of Soufriere.					
14:30:00	Christopher Kimball's Milk Street Television Milk Street Italian	APTEX	(S)	(CC)	N/A	#107H
	Italy provides inspiration as Milk Street Cook Matthew Card shows how to make a fast and fabulous Italian flatbread (piadina). Milk Street Cook Erika Bruce takes usually dense cheesecake to the lighter side as she shows host Christopher Kimball how to make ricotta-semolina cheesecake. Milk Street Cook Rayna Jhaveri makes a Tuesday Night favorite: gemelli pasta with chevre, arugula and walnuts. To end the show, Chris lets us in on a foolproof way to fry eggs.					
15:00:00	Beads, Baubles and Jewels Shape Up	NETA	(S)	(CC)	N/A	#2512H
	Bend it, twist it, shape it, wear it. Jewelry designer Sandra Lupo warms up by bending and shaping sheet metal with a tool she invented. Then, she enhances the designs with patterns, texture and color. Host and designer Katie Hacker make a quick and easy charm bracelet to cool down.					
15:30:00	Katie Brown Workshop Family Favorites	APTEX	(S)	(CC)	DVI	#501H
	Katie shares a few of her family's favorite projects and recipes. In the Kitchen: Aunt Barb's Cole Slaw, Cousin Annie's Goulash and Mother Meg's Blueberry Muffins. Projects: A shadow box fashioned from your child's old shoes. Pottery-collecting.					

Tue, Oct 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ What's Up with the Stock Market? Learn the language of the stock market and how these terms apply to your life. Meet an 11-year-old who created an application for the iPhone that helps teach other kids about the stock market.	APTEX	(S)	(CC)	DVI	#404H
16:30:00	Hands On Crafts for Kids Wings Our creativity takes to the air. Jenny Barnett-Rohrs and Katie Hacker make sparkly wings and Katie creates a funny spoon bird. Franz Spohn creates see-through bug wings and we'll make a very special chalkboard gift for Mom or Dad.	NETA	(S)	(CC)	DVI	#1805H
17:00:00	P. Allen Smith's Garden Home Embrace Your Space Making the most out of your space doesn't just apply to what's in your house. P. Allen Smith shows you how to take advantage of your great outdoors without breaking the bank.	APTEX	(S)	(CC)	DVI	#1601H
17:30:00	Growing A Greener World Behind The Scenes with Ggw: Atlanta, Ga With nearly 75 episodes over three seasons, a lot has gone into the planning of each and every one. But who are the people behind scenes, how does the show come together and what gets left on the cutting room floor that we'd love to have back? From the voices our own producers and production team, this episode provides a behind the scenes look at how the series is made, from how we chose our topics and locations, the highlights and lowlights and our some of our favorite scenes you didn't see.	APTEX	(S)	(CC)	N/A	#502H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14212H
18:30:00	America's Heartland Chicago Hotel Restaurant sources food from local farmers. A businesswoman improves her farming community with a botanical garden. Researchers work to save the honeybee. Chef Sharon Profis makes some sweet dishes. We meet a Northern California urban farmer.	APTEX	(S)	(CC)	N/A	#1218H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8147
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1342H
20:00:00	Sun Studio Sessions Reverend John Wilkins Reverend John Wilkins blends the best of Memphis and North Mississippi Hill Country blues. Wilkins' father was also a venerated gospel and blues artist who influenced him, both musically and spiritually. When Wilkins was learning to play guitar, he picked up his father's gospel and country blues styles. He also followed his father's call to ministry and became pastor of Hunter's Chapel Church, where he has led a congregation that includes generations of North Mississippi musicians. In this episode, Reverend John and his band perform several songs including "You Got to Move" and "Sinner's Prayer."	NETA	(S)	(CC)	N/A	#707H
20:30:00	Jammin at Hippie Jack's Steeldrivers Only Nashville could give birth to such a band: a group of seasoned veterans. The SteelDrivers have been nominated for three Grammys and IBMA awards. Bringing together country, soul and other contemporary influences to create an unapologetic hybrid that is as old as the hills but as fresh as the morning dew. This is new music with the old feel.	NETA	(S)	(CC)	N/A	#1004H
21:00:00	Infinity Hall Live Snarky Puppy Bassist and composer Michael League's improvisational pop musician collective defies categorization but never disappoints an audience, as eight of its members bring an evening of music exploration and massive jams to Infinity Hall Live. From fan favorites like "Shofukan" to "Grown Folks" from their latest Grammy-winning album Culcha Vulcha, the performance provides viewers with an immersive experience enhanced by handheld cameras on the stage capturing the woo hoo-worthy solos of this self-described "pop band without vocals."	APTEX	(S)	(CC)	N/A	#603H
22:00:00	Plight of the Grassland Birds Journey to the North American field and meadow homes of grassland birds with host Will Lange, and meet the people trying to protect their habitats.	NETA	(S)	(CC)	N/A	#0H

Daily Program Listing II
43.1

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Tue, Oct 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	When I'm 65	APTEX	(S)	(CC)	N/A	#0H

Narrated by David Brancaccio of American Public Media's Marketplace, WHEN I'M 65 challenges longstanding myths about retirement and living longer, and explores changing attitudes toward work, debt, housing and the financial realities of the 21st century. The program looks at how aspirations and financial planning for retirement have changed. This multi-generational approach examines how Baby Boomers, Generation X and Millennials are facing and planning for retirement, based on the work of and interviews with Teresa Ghilarducci, a retirement security expert from The New School, and Knight Kiplinger, editor-in-chief of Kiplinger's Personal Finance magazine. Using real-life stories, case studies, engaging animation and lively expert interviews, WHEN I'M 65 presents a thorough examination of the issues, generational influences, and human behavior while providing useful information, potential solutions, and "can do" action plans for meeting retirement goals.

Wed, Oct 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8147
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1342H
01:00:00	Sun Studio Sessions Reverend John Wilkins	NETA	(S)	(CC)	N/A	#707H
	Reverend John Wilkins blends the best of Memphis and North Mississippi Hill Country blues. Wilkins' father was also a venerated gospel and blues artist who influenced him, both musically and spiritually. When Wilkins was learning to play guitar, he picked up his father's gospel and country blues styles. He also followed his father's call to ministry and became pastor of Hunter's Chapel Church, where he has led a congregation that includes generations of North Mississippi musicians. In this episode, Reverend John and his band perform several songs including "You Got to Move" and "Sinner's Prayer."					
01:30:00	Jammin at Hippie Jack's Steeldrivers	NETA	(S)	(CC)	N/A	#1004H
	Only Nashville could give birth to such a band: a group of seasoned veterans. The SteelDrivers have been nominated for three Grammys and IBMA awards. Bringing together country, soul and other contemporary influences to create an unapologetic hybrid that is as old as the hills but as fresh as the morning dew. This is new music with the old feel.					
02:00:00	Infinity Hall Live Snarky Puppy	APTEX	(S)	(CC)	N/A	#603H
	Bassist and composer Michael League's improvisational pop musician collective defies categorization but never disappoints an audience, as eight of its members bring an evening of music exploration and massive jams to Infinity Hall Live. From fan favorites like "Shofukan" to "Grown Folks" from their latest Grammy-winning album Culcha Vulcha, the performance provides viewers with an immersive experience enhanced by handheld cameras on the stage capturing the woo hoo-worthy solos of this self-described "pop band without vocals."					
03:00:00	Plight of the Grassland Birds	NETA	(S)	(CC)	N/A	#0H
	Journey to the North American field and meadow homes of grassland birds with host Will Lange, and meet the people trying to protect their habitats.					
04:00:00	When I'm 65	APTEX	(S)	(CC)	N/A	#0H
	Narrated by David Brancaccio of American Public Media's Marketplace, WHEN I'M 65 challenges longstanding myths about retirement and living longer, and explores changing attitudes toward work, debt, housing and the financial realities of the 21st century. The program looks at how aspirations and financial planning for retirement have changed. This multi-generational approach examines how Baby Boomers, Generation X and Millennials are facing and planning for retirement, based on the work of and interviews with Teresa Ghilarducci, a retirement security expert from The New School, and Knight Kiplinger, editor-in-chief of Kiplinger's Personal Finance magazine. Using real-life stories, case studies, engaging animation and lively expert interviews, WHEN I'M 65 presents a thorough examination of the issues, generational influences, and human behavior while providing useful information, potential solutions, and "can do" action plans for meeting retirement goals.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#397
08:00:00	Zula Patrol Vanishing Cream/There Goes The Neighborhood	APTEX	(S)	(CC)	DVI	#304H
	VANISHING CREAM - Deliria and Cloid start a galaxy-wide "beautification" project to remove the craters from every moon, planet and asteroid. When the planets start missing the features that make them unique, it's up to The Zula Patrol to stop Deliria before the problem gets any crater...er, greater. THERE GOES THE NEIGHBORHOOD - Dark Truder has moved his secret hideout into The Zula Patrol's back yard... the nearby Zula Canyon. His very presence is threatening to destroy the ecosystem. As The Zula Patrol fights to keep the destruction of the canyon in check, Wizzy and Wigg uncover fascinating lessons about their habitat... and Dark Truder learns a lesson, too. Well, no, actually he never					
08:30:00	1001 Nights The Man Who Went Back In Time/The Schoolmaster	NETA	(S)	(CC)	DVI	#123H
	"The Man Who Went Back in Time" - A man complains his life would have been better if he'd been given his neighbor's luck breaks. When he gets the chance to go back in time and change things, however, he realizes it's not as easy as he imagined. "The Schoolmaster" - A con man lies his way into a job as a Schoolmaster and learns an unexpected lesson about the value of integrity.					
09:00:00	Functional Fitness with Suzanne Andrews Better Balance with the Ball	ACCES		(CC)	N/A	#108H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Toning	APTEX	(S)	(CC)	DVI	#919H

Wed, Oct 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Strengthening Muscles & Joints This program is devoted to strengthening muscles to stabilize our joints and preserve muscle mass.	NETA	(S)	(CC)	N/A	#1307H
10:30:00	It's Sew Easy Everything In Its Place Stay organized when you travel. Sewing educator Rebecca Kemp Brent sews lightweight packing cubes to maximize luggage space. Fashion expert Angela Wolf shares a tip for personalizing a nail kit and machine embroidery expert Joanne Banko makes a faux suede luggage tag with European flair.	NETA	(S)	(CC)	DVI	#1202H
11:00:00	Knitting Daily Novelty of It All Create a novel effect with non-traditional yarns. Yarn designer Barry Klein shares tips and tricks to get the maximum effect. Soak up the creative spirit of writer and artist Kathy Cano-Murillo. Author Laura Nelkin's combines novelty yarn and beads to make an elegant bracelet. Tanis Gray makes a charming daisy applique with crystals. Vickie Howell crochets a cool cable pattern with lofty, colorful yarn.	NETA	(S)	(CC)	N/A	#1412H
11:30:00	Fons & Porter's Love of Quilting Fond Memories One block quilts can make a dramatic statement. Mary and her guest Liz Porter will present one of our new template sets called Whirling Pinwheels. They demonstrate cutting and piecing the various unique shapes at create this dynamic pattern.	NETA	(S)	(CC)	N/A	#2611H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7063H
13:00:00	Lidia's Kitchen Salt Salting your food is an important step in any kitchen, and the type of salt used can make a huge difference in your meal. Today's menu includes: salted cod fritters: crispy chunky cod fritters made for the perfect salty snack; penne rigate in vodka sauce: an iconic Italian pasta dish with penne rigate in a creamy pink vodka sauce; beef chuck and beer; a rick and flavorful braise that will beckon everyone to the table.	APTEX	(S)	(CC)	N/A	#404H
13:30:00	Taste The Islands with Chef Irie Morning Glory Chef Thia explores a variety of island breakfast options with codfish Creole and sauteed boniatos, cornmeal polenta with spinach, breakfast chicken patties and spicy hot chocolate. Co-host Lisa Lee shares her visit to three island daytime eateries.	APTEX	(S)	(CC)	N/A	#205H
14:00:00	Simply Ming Aaron Sanchez You may recognize one of the world's most distinguished Latin chefs, Aaron Sanchez, from his roles as judge on "Chopped" and alongside Gordon Ramsay on "Masterchef". Today, Aaron visits Ming in his loft to cook his albondigas tacos while Ming makes beef and salted watercress scallion pancakes. It's on fuego this week on Simply Ming.	APTEX	(S)	(CC)	N/A	#1503H
14:30:00	Cook's Country Straight from So-Cal Julia Collin Davison shows Bridget Lancaster how to make authentic citrus-braised pork tacos at home. Tasting expert Jack Bishop challenges Julia to a tasting of mild salsa. Next, equipment expert Adam Ried reviews piping bags. Test cook Christie Morrison shows Julia the secrets to making the best So Cal churros.	APTEX	(S)	(CC)	N/A	#1008H
15:00:00	Beads, Baubles and Jewels Beading Fitness Routine Check your beading fitness. Jewelry design Molly Schaller jump starts her designs by mixing matte and glossy beads. Polishing expert Anie Piliquian buffs matte beads to a high-gloss finish. Then, designer Katie Hacker cools down with ideas for using different types of leather cord and creates a jewelry bail to customize a pendant.	NETA	(S)	(CC)	N/A	#2513H
15:30:00	Katie Brown Workshop Sweet The recipes and projects Katie presents promise to satisfy even the sweetest tooth and awaken your sweet side. In the Kitchen: Colorful Birthday Cake, Heavenly Orange & Cherry Brownies and Kyle's Famous Sugar and Spice Cookies. Projects: Make-and-decorate lip balm. A whimsical butterfly bouquet.	APTEX	(S)	(CC)	DVI	#502H

Wed, Oct 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Crash Course On Starting A Business So you've got an idea - now what? Check out this quick, but comprehensive course on business basics. You'll learn how to refine your ideas, make a business plan, identify funding sources, find a market, and of course, sell your service or product. Find out how two teen girls developed a \$2 million business out of magnetic bottle caps.	APTEX	(S)	(CC)	DVI	#405H
16:30:00	Hands On Crafts for Kids Trees Bring the outside inside with a little creativity. Jenny Barnett-Rohrs makes a colorful leafy tree banner. Candie Cooper creates a fish kite and Katie Hacker builds a whimsical woods scene. Then, Jenny decorates a glittery tree to celebrate the holidays.	NETA	(S)	(CC)	DVI	#1806H
17:00:00	P. Allen Smith's Garden Home Thank You for Sharing Sharing is caring, so join P. Allen Smith as he visits with some of the movers and shakers making a real difference in their communities.	APTEX	(S)	(CC)	DVI	#1602H
17:30:00	Growing A Greener World Solitary Bees; The Unsung Heroes in the World of Pollinators: Atlanta, Ga Today, backyard gardeners may hold the key to the future success of food on our plates. While honeybees are directly responsible for more than 30% of all the food we eat, their population continues to decline in alarming numbers. When orchard managers of the world begin looking for an alternate pollinator, solitary mason bees may be just the answer. In this episode, we explore these solitary creatures, learn just how easy it is to raise them at home, and see that the security of our future food supply just might lie with these unsung heroes, the solitary mason bees.	APTEX	(S)	(CC)	N/A	#503H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14213H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#525H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8148
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#439H
20:00:00	The Lowertown Line. The Lowertown Line: Har Mar Superstar Sean Tillman, better known as Har Mar Superstar, performs in front of a live audience at the Twin Cities Public Television studios.. Tillman and host Dessa discuss Saint Paul malls, acting in feature films, and growing as a performer. Songs performed: Lady, You Shot Me, Restless Leg, Everywhere I'm Local, Late Night Morning Light, Power Lunch.	APTEX	(S)	(CC)	N/A	#106H
20:30:00	Songs at the Center A compilation of great music and moments from season three that have not previously made it to air.	APTEX	(S)	(CC)	N/A	#313H
21:00:00	Live from the Artists Den Lady Antebellum The multi-platinum trio performs at the historic United Palace in Washington Heights. Surrounded by the rococo detail of the vaudeville theater-turned-church and cultural center, Charles Kelley, Hillary Scott, and Dave Haywood keep fans on their feet for their songs that covers both their catalog of smash singles ("Need You Now," "Love Don't Live Here Anymore") and songs from their upcoming album, HEART BREAK, even adding a horn section for their funky new single "You Look Good."	APTEX	(S)	(CC)	N/A	#1203H
22:00:00	Theodore Roosevelt: A Cowboy's Ride to the White House This is the exciting story of a physically challenged young man from Harvard who came to the western frontier in 1883. Theodore Roosevelt bought a ranch, learned how to ride, shoot, hunt and acquired the skills that would make him a war hero and American President. It was in the Badlands of Dakota where young Roosevelt became a cowboy and learned about democracy and the American West. Filmed on location at the Roosevelt ranches in the heart of the beautiful and wild Badlands of North Dakota, the growing of age life experiences of the nation's 26th President, brought to life by nationally acclaimed historians H. W. Brands, Douglas Brinkley, Clay Jenkinson, and great-grandson Tweed Roosevelt.	NETA	(S)	(CC)	N/A	#0H

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Wed, Oct 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Long Road Home	APTEX	(S)	(CC)	N/A	#0H
<p>Exploring the impact of wartime Post Traumatic Stress Disorder (PTSD), LONG ROAD HOME offers compelling stories of Pittsburgh-area military veterans of Vietnam, Korea and World War II still coming to terms with the emotional wounds of war. The film explores successful therapies and documents the promising research underway at the University of Pittsburgh Medical Center, where doctors study the sleep and brain patterns of PTSD sufferers and examine the reasons why women are twice as likely as men to develop the disorder. The program concludes on a hopeful note, with a visit to a weekend retreat for veterans dealing with PTSD and combat stress. United by their experiences, the former servicemen and women discuss their feelings, their struggles in civilian life, their need for closure and their optimism for the future.</p>						

Thu, Oct 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8148
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#439H
01:00:00	The Lowertown Line. The Lowertown Line: Har Mar Superstar	APTEX	(S)	(CC)	N/A	#106H
	Sean Tillman, better known as Har Mar Superstar, performs in front of a live audience at the Twin Cities Public Television studios.. Tillman and host Dessa discuss Saint Paul malls, acting in feature films, and growing as a performer. Songs performed: Lady, You Shot Me, Restless Leg, Everywhere I'm Local, Late Night Morning Light, Power Lunch.					
01:30:00	Songs at the Center A compilation of great music and moments from season three that have not previously made it to air.	APTEX	(S)	(CC)	N/A	#313H
02:00:00	Live from the Artists Den Lady Antebellum	APTEX	(S)	(CC)	N/A	#1203H
	The multi-platinum trio performs at the historic United Palace in Washington Heights. Surrounded by the rococo detail of the vaudeville theater-turned-church and cultural center, Charles Kelley, Hillary Scott, and Dave Haywood keep fans on their feet for their songs that covers both their catalog of smash singles ("Need You Now," "Love Don't Live Here Anymore") and songs from their upcoming album, HEART BREAK, even adding a horn section for their funky new single "You Look Good."					
03:00:00	Theodore Roosevelt: A Cowboy's Ride to the White House	NETA	(S)	(CC)	N/A	#0H
	This is the exciting story of a physically challenged young man from Harvard who came to the western frontier in 1883. Theodore Roosevelt bought a ranch, learned how to ride, shoot, hunt and acquired the skills that would make him a war hero and American President. It was in the Badlands of Dakota where young Roosevelt became a cowboy and learned about democracy and the American West. Filmed on location at the Roosevelt ranches in the heart of the beautiful and wild Badlands of North Dakota, the growing of age life experiences of the nation's 26th President, brought to life by nationally acclaimed historians H. W. Brands, Douglas Brinkley, Clay Jenkinson, and great-grandson Tweed Roosevelt.					
04:00:00	Long Road Home	APTEX	(S)	(CC)	N/A	#0H
	Exploring the impact of wartime Post Traumatic Stress Disorder (PTSD), LONG ROAD HOME offers compelling stories of Pittsburgh-area military veterans of Vietnam, Korea and World War II still coming to terms with the emotional wounds of war. The film explores successful therapies and documents the promising research underway at the University of Pittsburgh Medical Center, where doctors study the sleep and brain patterns of PTSD sufferers and examine the reasons why women are twice as likely as men to develop the disorder. The program concludes on a hopeful note, with a visit to a weekend retreat for veterans dealing with PTSD and combat stress. United by their experiences, the former servicemen and women discuss their feelings, their struggles in civilian life, their need for closure and their optimism for the future.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#398
08:00:00	Zula Patrol The Missing Elements/Journey to the Center of Gorga	APTEX	(S)	(CC)	DVI	#305H
	THE MISSING ELEMENTS - While Wizzy and Wigg learn about elements, the building blocks of matter, Dark Truder puts his latest devious scheme into action. The plan: use elements to create tools needed to take over the universe. However, his plan goes awry and he accidentally releases several gremlin-like elements from their container. The Zula Patrol steps in to track them down. But the runaways transform themselves into a giant rubber band which sling-shots Truder far into space. Fortunately, in the end, the ZPers convince the homesick elements to return to the Keeper of the Elements and everyone is happy. JOURNEY TO THE CENTER OF GORGA - To help explain chemical reactions, Multo uses the Sizerizer to shrink Bula and Zeeter down to atomic size -- but before they can get back to normal, they must escape from a refrigerator ice tray, bacteria in a container of spoiled milk, and a bowl of sticky cake mix. Unfortunately, Gorga swallows the mix, sending our micro-heroes on a journey to the center of Gorga, learning more about chemical reactions, and even using one to help them get out!					
08:30:00	1001 Nights The Tale of the Haunted Palace/Habib and the Baby Genie	NETA	(S)	(CC)	DVI	#124H
	"The Tale of the Haunted Palace" - When their wagon breaks down in the middle of nowhere, Shahryar, Shahrzad, Shahzaman, and Donyazad are forced to spent the night in a haunted place. "Habib and the Baby Genie" - A baby genie and a human are switched at birth.					
09:00:00	Functional Fitness with Suzanne Andrews Better Balance	ACCES		(CC)	N/A	#109H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Back Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#920H

Thu, Oct 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit A Healthy Back	NETA	(S)	(CC)	N/A	#1308H
	Mary Ann focuses on the importance of maintaining a healthy back with exercises that involve back flexibility, strengthening and stretching.					
10:30:00	It's Sew Easy On The Go	NETA	(S)	(CC)	DVI	#1203H
	Convertible active-wear gives lots of easy options. Blogger Mom Caroline Critchfield stays organized with a colorful wallet made from fabric scraps. Pattern designer Angela Wolf creates zip-off sports pants that change from long pants to shorts. Angela Wolf shares a tip for trouble-shooting serger stitches.					
11:00:00	Knitting Daily Don't Sweater The Small Stuff	NETA	(S)	(CC)	N/A	#1413H
	Take your project from homemade to handmade. Knitter and instructor Patty Lyons shares tips to make your next sweater a success. Kate Gilbert of the Twist Collective talks about why sweaters are such popular projects. Leslye Solomon shows how to block a sweater successfully and Tanis Gray adds a feminine touch with lace picot. Vickie Howell compares neckline treatments and proportional sizing for baby sweaters.					
11:30:00	Fons & Porter's Love of Quilting Cottage Home Mini-Quilt	NETA	(S)	(CC)	N/A	#2612H
	The charm of a cottage will entice to you want to create one of your very own. Mary and her guest Lindsay Wilkes will show you how to piece the various sections of the cottage block and give you tips for embellishment.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7064H
13:00:00	The Jazzy Vegetarian Small Bites and Sweet Treats	NETA	(S)	(CC)	N/A	#603H
	Host Laura Theodore prepares vegan snacks for Broadway choreographer Chase Brock and the entire cast of Music Man! Carrot-Chickpea Spread is the perfect plant-based substitute for chicken salad, served in Cute Little Tortilla Bowls. Guacamole Mini Peppers are tasty nibbles of avocado dip, nestled in colorful mini-peppers. Nutty Chocolate Chip Trail Mix combines a festive variety of nuts and dried fruits. For a sweet treat, Cherry-Chocolate Pudding Bites feature a baked tortilla, dipped in melted chocolate and filled with a delightful pudding.					
13:30:00	Sara's Weeknight Meals Family Choice	APTEX	(S)	(CC)	N/A	#508H
	Sara has two kids of her own, so she's always found ways to please finicky palates with food adults love too. Take her easy weeknight mini meatloaves baked in a muffin tin that kids love to make themselves. We have two kids helping Sarah in the kitchen to prove it. There's also Odd Lots mac and cheese, a homemade dish using leftovers from the fridge. Sara tops that off with a cool and refreshing creamsicle drink for dessert. Speaking of cheese, we also visit a Benedictine nun who is the world's foremost expert on raw cheeses.					
14:00:00	Joanne Weir Gets Fresh Fresh Bread	APTEX	(S)	(CC)	N/A	#111H
	One of Joanne's favorite simple pleasures in life is toasted bread and melted cheese. In this episode entirely dedicated to bread and sandwiches, Joanne treats viewers to a trip to Della Fattoria bakery in Petaluma, and teaches her student how to make a Piadina Salmon Melt and a "Not Your Mother's Grilled Cheese" Sandwich. Recipes: Piadina Salmon Melt, Not Your Mother's Grilled Cheese Sandwich, Pullman Bread. Student: Lila Hood.					
14:30:00	New Scandinavian Cooking Land of Fish and Apples	APTEX	(S)	(CC)	N/A	#503H
	Tina visits Hardanger, the fjord valley known as Norway's orchard. In spring, the valley provides an abundance of wild herbs and edible flowers. High atop a glacier, Tina makes a Norwegian drink and serves it with local fjord trout.					
15:00:00	Beads, Baubles and Jewels Leatherworking	NETA	(S)	(CC)	N/A	#2101H
	Leatherworking has deep roots in the Old West. Author Melissa Cable shows how to create a rippled bracelet from a leather strip and embellish with beads. In her second segment, she creates a studded leather bracelet. In Katie's Beading Lesson, learn to wrap wire around stones to create a ring or bracelet.					
15:30:00	Katie Brown Workshop Easy Entertaining	APTEX	(S)	(CC)	DVI	#503H
	Katie's simple, creative and elegant ideas make hosting a party easy as pie. In the Kitchen: Quick Asparagus with Orange Vinaigrette, Refreshing Pear and Apple Wine Cooler and Savory Flank Steak Pinwheels. Projects: A stunning floral centerpiece. Plant seeds: the gift that keeps on giving.					

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Thu, Oct 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ How to Make A Million Bucks!	APTEX	(S)	(CC)	DVI	#406H
	It is possible! If you start early and save consistently, you'll take advantage of the power of compound interest. You can make a million by working hard, spending less than you make, and saving, saving, saving. Meet a 16-year-old with a fashion recycling business.					
16:30:00	Hands On Crafts for Kids Outer Limits	NETA	(S)	(CC)	DVI	#1807H
	Break the creative boundaries and travel to the outer limits. Blast off as Jenny Barnett-Rohrs makes a bottle rocket. Katie Hacker tracks the journey on a decorated bulletin board. Franz Spohn makes portraits with candy beads and we'll make a sparkly Easter decoration from blogger Jen Goode.					
17:00:00	P. Allen Smith's Garden Home Healthy for Generations	APTEX	(S)	(CC)	DVI	#1603H
	Getting your family to eat and live healthy may seem like an enormous challenge, but as P. Allen Smith demonstrates, it can be easy and fun when everyone is on board.					
17:30:00	Growing A Greener World Setting Up A Garden: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#504H
	In this episode, host, Joe Lamp'l invites viewers into his own backyard as he creates a large raised bed garden from scratch, and shows tips along the way that anyone can do to create a productive garden. This episode is particularly appealing to fans of the show since it shows the beginning moments of what now serves as the main teaching and trial gardens for the series as well as other respected organizations.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14214H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1418H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8149
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1108H
20:00:00	Backstage Pass Toronzo Cannon - Encore	NETA	(S)	(CC)	N/A	#702H
	The encore set from contemporary bluesman Toronzo Cannon features "Walk It Off" and more from his latest recording, "The Chicago Way." In the band with the Cannon are Dave Forte, bass; Melvin "Pookie Styx" Carlisle, drums; and Luca Chiellini, keyboard. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.					
20:30:00	Music Voyager Morocco: The Spirit - The South	APTEX	(S)	(CC)	N/A	#708H
	Friends Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall travel across the Atlas Mountains to Marrakesh, one of the most exotic cities in the world. This is where artists and poets, painters and creatives sought their inspiration. Hassan was born and raised here, and this is the city where at the age of five years old he learned how to play Gnawa music. Hassan takes his friends to the house where he grew up, the bakery that he worked in, and the instrument maker that makes his sintir from scratch. The market is bustling with exotic foods, clothes, colors and entertainment. From Marrakesh the friends head to Essaouira, the old city of Mogador by the sea, where the blend of Arabic, Hebrew, and French languages can be heard floating through the seaside resort, home of the International Gnawa Festival. Hassan invites the original Gnawa group to perform on the old fort overlooking the ocean. From Essaouira, the three of them head to the southern desert of the Moroccan Sahara, the home of the Sahrawi people. There, they invite one of the foremost popular artists Fnaire to join them. Their journey brings them to Agadir, a major city in central coastal Morocco, and the home of the Timitar Music Festival. Venturing further into the Western Sahara as guests of Hassan Hakmoun, Fnaire and Nass El Ghiwane, the team travels by road to Dakhla. Through the artist ambassadors, they seek to understand Gandra music, its origins, how it is being preserved, and the modern interpretations of this style of music.					
21:00:00	Xerox Rochester International Jazz Festival Pugs and Crows	APTEX	(S)	(CC)	N/A	#808H
	Juno Award-winning band, Pugs and Crows, performs original instrumental music that explores a wide range of sonic textures by blending elements of indie rock, modern jazz, and neo-classicism. The band infuses its compositions with the inventiveness of its players and warmth of its ensemble sound, while their anthemic melodies, lyricism and groove inspire audiences from all walks of life.					

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Thu, Oct 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Champion Trees	NETA	(S)	(CC)	N/A	#0H
	Escaping the ravages of nature and man, the champion trees are the largest of their species in any state. With lives spanning hundreds of years, these silent sentinels have watched history unfold around them. "Champion Trees" is a one-hour AETN original documentary that explores these natural wonders and how they influence and inspire the people around them. Featured in the documentary are champion trees such as the American Holly, Sweet Tupelo, Baldcypress and Dawn Redwood. Also featured is artist Linda Palmer who has spent years photographing and drawing these trees, artfully preserving them for future generations.					
23:00:00	My Girlfriends Quilt	APT	(S)	(CC)	N/A	#0
	The music special, MY GIRLFRIENDS QUILT celebrates the special relationships and cherished bonds that form between friends, mothers, daughters, sisters and cancer survivors, and pays tribute to friendship and the healing power of women. The inspirational program presents heartfelt songs, as well as conversations with women who understand the value of deep, abiding and supportive friendships. In this intimate gathering, they share their life-affirming experiences and honor the women who have made a difference in their lives. MY GIRLFRIENDS QUILT also spotlights women from the nonprofit activity-based cancer support organization, Pen and Palette, who reveal their quilt, titled "Women Healing Into Wholeness."					

Fri, Oct 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8149
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1108H
01:00:00	Backstage Pass Toronzo Cannon - Encore	NETA	(S)	(CC)	N/A	#702H
	The encore set from contemporary bluesman Toronzo Cannon features "Walk It Off" and more from his latest recording, "The Chicago Way." In the band with the Cannon are Dave Forte, bass; Melvin "Pookie Styx" Carlisle, drums; and Luca Chiellini, keyboard. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.					
01:30:00	Music Voyager Morocco: The Spirit - The South	APTEX	(S)	(CC)	N/A	#708H
	Friends Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall travel across the Atlas Mountains to Marrakesh, one of the most exotic cities in the world. This is where artists and poets, painters and creatives sought their inspiration. Hassan was born and raised here, and this is the city where at the age of five years old he learned how to play Gnawa music. Hassan takes his friends to the house where he grew up, the bakery that he worked in, and the instrument maker that makes his sintir from scratch. The market is bustling with exotic foods, clothes, colors and entertainment. From Marrakesh the friends head to Essaouira, the old city of Mogador by the sea, where the blend of Arabic, Hebrew, and French languages can be heard floating through the seaside resort, home of the International Gnawa Festival. Hassan invites the original Gnawa group to perform on the old fort overlooking the ocean. From Essaouira, the three of them head to the southern desert of the Moroccan Sahara, the home of the Sahrawi people. There, they invite one of the foremost popular artists Fnaire to join them. Their journey brings them to Agadir, a major city in central coastal Morocco, and the home of the Timitar Music Festival. Venturing further into the Western Sahara as guests of Hassan Hakmoun, Fnaire and Nass El Ghiwane, the team travels by road to Dakhla. Through the artist ambassadors, they seek to understand Gadra music, its origins, how it is being preserved, and the modern interpretations of this style of music.					
02:00:00	Xerox Rochester International Jazz Festival Pugs and Crows	APTEX	(S)	(CC)	N/A	#808H
	Juno Award-winning band, Pugs and Crows, performs original instrumental music that explores a wide range of sonic textures by blending elements of indie rock, modern jazz, and neo-classicism. The band infuses its compositions with the inventiveness of its players and warmth of its ensemble sound, while their anthemic melodies, lyricism and groove inspire audiences from all walks of life.					
03:00:00	Champion Trees	NETA	(S)	(CC)	N/A	#0H
	Escaping the ravages of nature and man, the champion trees are the largest of their species in any state. With lives spanning hundreds of years, these silent sentinels have watched history unfold around them. "Champion Trees" is a one-hour AETN original documentary that explores these natural wonders and how they influence and inspire the people around them. Featured in the documentary are champion trees such as the American Holly, Sweet Tupelo, Baldcypress and Dawn Redwood. Also featured is artist Linda Palmer who has spent years photographing and drawing these trees, artfully preserving them for future generations.					
04:00:00	My Girlfriends Quilt	APT	(S)	(CC)	N/A	#0
	The music special, MY GIRLFRIENDS QUILT celebrates the special relationships and cherished bonds that form between friends, mothers, daughters, sisters and cancer survivors, and pays tribute to friendship and the healing power of women. The inspirational program presents heartfelt songs, as well as conversations with women who understand the value of deep, abiding and supportive friendships. In this intimate gathering, they share their life-affirming experiences and honor the women who have made a difference in their lives. MY GIRLFRIENDS QUILT also spotlights women from the nonprofit activity- based cancer support organization, Pen and Palette, who reveal their quilt, titled "Women Healing Into Wholeness."					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#399
08:00:00	Zula Patrol Choosing Sides/Camp Worm	APTEX	(S)	(CC)	DVI	#306H
	CHOOSING SIDES - The Zula Patrol is worried - their shipment of honey never arrived and oatmeal just isn't the same without it. The flowers, beetles and bees have all walked off the job, each claiming they are the most important cog in the honey production wheel! Can the Zula Patrol settle things? They'll have to agree first! Zeeter, Bula and Multo take different sides in this standoff. It's Wizzy and Wigg, armed with knowledge of ecosystems, who finally prove that none can exist without the others -when they work together, can't be beat, just like the ZP! CAMP WORM - When Zeeter and Bula scoff at the big importance of tiny earthworms to the ecosystem, Multo sends them to Camp Worm. They expect a cakewalk, but face a rude awakening when Camp Leader Burrows pushes them and their worm teammates (Team Wiggler) to the limit. Zeeter and Bula gradually learn to respect the value of worm activities. So when an ecosystem emergency springs up, Team Wrigglers are the only worms available. With training and heart, they answer the call, save the ecosystem and earn the honor of being called worms.					
08:30:00	1001 Nights Three Tales of a Daydreaming Girl/Abu Mohammad Lazybones	NETA	(S)	(CC)	DVI	#125H
	"Three Tales of a Daydreaming Girl" - A second set of shorts about a cat who befriends a bird, a genie-in-training, and a little pickpocket who finds kindness in others. "Abu Mohammad Lazybones" - A simpleton rises to become the leader of a town without trying to.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Diabetes	ACCES		(CC)	N/A	#110H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Spine Strength & Flexibility (All Standing)	APTEX	(S)	(CC)	DVI	#921H
10:00:00	Sit and Be Fit Better Balance Good balance begins with proper spinal alignment, strong core muscles and bringing awareness to our center of gravity while weight shifting.	NETA	(S)	(CC)	N/A	#1309H
10:30:00	It's Sew Easy Versatile Packables Make your travel clothes and accessories do double duty. Embroidery expert Eileen Roche makes a fashionable laptop bag. Sewing educator Joanne Banko adds a fashion statement to a simple knit dress with embroidery and accessories. Serger expert Angela Wolf has a tip for serging a rolled hem.	NETA	(S)	(CC)	DVI	#1204H
11:00:00	Knit and Crochet Now! Keeping Bay Warm Kristin shows how to knit the Sawtelle Cardigan and Ellen demonstrates the crochet Sideways Cardigan, both from Berroco. Lena demonstrates a knit Brioche 2-color rib scarf.	APTEX	(S)	(CC)	DVI	#601H
11:30:00	Fons & Porter's Love of Quilting Prussian Blue In the quilting world, it's all about the angles. Combine the units in Prussian Blue and a beautiful design is the result. Mary and Marianne will present the techniques used to create those perfect angles that come together in a harmonious patchwork design.	NETA	(S)	(CC)	N/A	#2613H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7065H
13:00:00	Ellie's Real Good Food Cheese-Crazy Daddy We all love cheese - who doesn't? But there can be too much of a good thing. Ellie answers an SOS from a home where cheese has completely taken over the menu. Ellie, a self-proclaimed cheesehead herself, shows how to keep from going overboard with cheese and instead utilize its best assets - its great flavor and health benefits. Recipes: Skillet mac and cheese; Parmesan-crust chicken breast ; Pan-steamed broccoli with lemon, garlic and parsley.	APTEX	(S)	(CC)	N/A	#104H
13:30:00	Annabel Langbein: The Free Range Cook Fiesta for Friends Annabel Langbein picks heritage apples from a family orchard dedicated to preserving rare varieties in sunny Nelson, New Zealand. Returning to her lakeside cabin, she cooks a Mexican-style feast of succulent slow-cooked pork with smoky chili beans and guacamole, followed by the easiest, most refreshing apple and raspberry sorbets ever. Recipes from this episode: cinnamon apple fritters, garden gazpacho, Mexican rub, Mexican pulled pork, smoky chili beans, chunky guacamole, fresh flour tortillas, apple and berry sorbets.	APTEX	(S)	(CC)	N/A	#108H
14:00:00	Chef John Besh's New Orleans Heirloom Tomatoes, Cheese and Ham Salad, Five-Minute Cherry Tomato Sauce, and Crab Stuffed Tomatoes.	APTEX	(S)	(CC)	DVI	#123H
14:30:00	Jacques Pepin: Heart & Soul Cooking from Le Pelican Jacques, alongside his daughter Claudine, recreates his mother's restaurant recipes from Le Pelican, in Lyon, France. The duo begins with a country-style eggs and swiss chard gratin, including a quick step-by-step bechamel demonstration. Jacques goes on to cure his own meat for a belly-warming dish of kale, sausage, ribs and lima bean stew, followed by a springtime stew of radishes made with aromatic walnut oil. Braised veal breast with pearl onions and artichoke, a hearty medley, continues as Jacques and Claudine serve it all up with style, just as ma mere would have done. To end there's a sweet and juicy dessert of melon and blueberries studded with sage sprigs.	APTEX	(S)	(CC)	N/A	#104H
15:00:00	Beads, Baubles and Jewels Heirloom Cabochons Using colorful fabric, blogger Mandi Ainsworth fashions cabochons to create heirlooms using a new twist on traditional techniques. Mandi makes a bezel with seed beads to create timeless pendants, bracelets and necklaces. Katie shows how to tie knots in leather strips to create a fashion-forward necklace.	NETA	(S)	(CC)	N/A	#2102H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Vegetable Medley Learn to cook, grow, display and love vegetables with exciting projects and delicious recipes. In the Kitchen: Creamy Cauliflower Soup, Colorful Chopped Root Salad and Quick Vegetable Roll-Ups. Projects: Sculptural vegetable centerpiece. A stone wall vegetable garden.	APTEX	(S)	(CC)	DVI	#504H
16:00:00	Biz Kid\$ Scam-A-Rama (Protect Yourself from Being Scammed) It's a complicated world and there are many ways you can be taken advantage of or cheated. Learn how to recognize a scam, and how to protect yourself from identify theft, pyramid schemes, and more.	APTEX	(S)	(CC)	DVI	#407H
16:30:00	Hands On Crafts for Kids Write It Down When creative ideas pop up, write them down. Make a colorful pocket journal with Jenny Barnett-Rohrs. Candie Cooper shares creative tips for handwriting and Franz Spohn writes with clay. Katie Hacker decorates for fall with a shining pumpkin luminary from blogger Carissa Bonham.	NETA	(S)	(CC)	DVI	#1808H
17:00:00	P. Allen Smith's Garden Home The Local Life The concept of living local has become very popular in recent years, hearkening back to pre-industrial times. Let P. Allen Smith show you the power this movement has and where it may lead us.	APTEX	(S)	(CC)	DVI	#1604H
17:30:00	Growing A Greener World Container Gardening from a to Z: Atlanta, Ga We can all appreciate the beauty of colorful containers of plants and flowers to dress up any space. As simple as potting up a few plants can be, the best arrangements are achieved through techniques professional designers use to create stunning combinations. From selecting the most appropriate container, to choosing the right soil, to creating that magical plant combination, we'll show you recipes for successful container gardening no matter how small or large the space.	APTEX	(S)	(CC)	N/A	#505H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14215H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1342H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8150
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#941H
20:00:00	Song of the Mountains David Holt & Josh Goforth	NETA	(S)	(CC)	N/A	#1213H
21:00:00	Woodsongs Emisunshine and Blue Highway EMISUNSHINE became a global sensation when a video of her singing in a music store went viral; the world fell in love with the little nine-year-old gal from Knoxville, Tennessee. The natural-born singer, songwriter and multi-instrumentalist beams with exceptional and inexplicable talents. Steeped in Appalachian music, Emi is a true vocal stylist whose music has been described as "old-timey." This 13-year-old prodigy has released seven projects to date including her much-anticipated next album 'Ragged Dreams', featuring 14 self-penned tracks and co-writes. BLUE HIGHWAY is one considered one of the highest esteemed bluegrass band in the history of the genre. The band has earned a collective 26 IBMA Awards, 6 SPBGMA Awards, one Dove Award, plus three Grammy nominations as a band, in addition to two prestigious Grammy Awards among its current members. The band was voted the Favorite Bluegrass Artist of All Time by the readers of Bluegrass Today in April 2016. Their newly released album 'Original Traditional' is nominated for a 2017 GRAMMY Award for Best Bluegrass Album. WoodSongs Kid: George Fields is an eleven-year-old banjo player from Stamping Grounds Kentucky.	NETA	(S)	(CC)	N/A	#2004H
22:00:00	Film School Shorts Hidden Passions We all harbor secrets we're afraid to share with the world, but sometimes, you just have to take a leap of faith: Festus by Shawn Snyder and Yeah Kowalski! by Evan Roberts.	NETA	(S)	(CC)	N/A	#507H
22:30:00	On Story A Conversation with Jeff Nichols: Bringing History to the Screen In this episode, award-winning writer/director Jeff Nichols talks about bringing a highly charged true story to the screen and finding the personal connection to Richard and Mildred Loving - apolitical people at the center of the landmark 1967 civil rights decision of the U.S. Supreme Court to invalidate laws prohibiting interracial marriage.	NETA	(S)	(CC)	N/A	#701H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Science Goes to the Movies Medicinal Uses of Psychedelics	EPS	(S)	(CC)	N/A	#404H
	Guest: Dr. Anthony Bossis. Movie: The Sunshine Makers. Psychedelics! Like, wow-man! Or like wow, great medicinal properties, man! Science Goes to the Movies looks at The Sunshine Makers with Dr. Anthony Bossis, NYU Clinical Investigator, studying effects of psilocybin on cancer and end-of-life anxiety.					
23:30:00	Theater Talk The Price	EPS	(S)	(CC)	N/A	#1022H
	Guests: Arthur Miller's The Price stars Danny DeVito, Mark Ruffalo and director Terry Kinney.					

Sat, Oct 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8150
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#941H
01:00:00	Song of the Mountains David Holt & Josh Goforth	NETA	(S)	(CC)	N/A	#1213H
02:00:00	Woodsongs Emisunshine and Blue Highway	NETA	(S)	(CC)	N/A	#2004H
	<p>EMISUNSHINE became a global sensation when a video of her singing in a music store went viral; the world fell in love with the little nine-year-old gal from Knoxville, Tennessee. The natural-born singer, songwriter and multi-instrumentalist beams with exceptional and inexplicable talents. Steeped in Appalachian music, Ermi is a true vocal stylist whose music has been described as "old-timey." This 13-year-old prodigy has released seven projects to date including her much-anticipated next album 'Ragged Dreams', featuring 14 self-penned tracks and co-writes. BLUE HIGHWAY is one considered one of the highest esteemed bluegrass band in the history of the genre. The band has earned a collective 26 IBMA Awards, 6 SPBGMA Awards, one Dove Award, plus three Grammy nominations as a band, in addition to two prestigious Grammy Awards among its current members. The band was voted the Favorite Bluegrass Artist of All Time by the readers of Bluegrass Today in April 2016. Their newly released album 'Original Traditional' is nominated for a 2017 GRAMMY Award for Best Bluegrass Album. WoodSongs Kid: George Fields is an eleven-year-old banjo player from Stamping Grounds Kentucky.</p>					
03:00:00	Film School Shorts Hidden Passions	NETA	(S)	(CC)	N/A	#507H
	<p>We all harbor secrets we're afraid to share with the world, but sometimes, you just have to take a leap of faith: Festus by Shawn Snyder and Yeah Kowalski! by Evan Roberts.</p>					
03:30:00	On Story A Conversation with Jeff Nichols: Bringing History to the Screen	NETA	(S)	(CC)	N/A	#701H
	<p>In this episode, award-winning writer/director Jeff Nichols talks about bringing a highly charged true story to the screen and finding the personal connection to Richard and Mildred Loving - apolitical people at the center of the landmark 1967 civil rights decision of the U.S. Supreme Court to invalidate laws prohibiting interracial marriage.</p>					
04:00:00	Science Goes to the Movies Medicinal Uses of Psychedelics	EPS	(S)	(CC)	N/A	#404H
	<p>Guest: Dr. Anthony Bossis. Movie: The Sunshine Makers. Psychedelics! Like, wow-man! Or like wow, great medicinal properties, man! Science Goes to the Movies looks at The Sunshine Makers with Dr. Anthony Bossis, NYU Clinical Investigator, studying effects of psilocybin on cancer and end-of-life anxiety.</p>					
04:30:00	Theater Talk The Price	EPS	(S)	(CC)	N/A	#1022H
	<p>Guests: Arthur Miller's The Price stars Danny DeVito, Mark Ruffalo and director Terry Kinney.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#400
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Pretty As A Peacock	APTEX	(S)	(CC)	N/A	#515H
	<p>Using his stuffed peacock Gary shows how you can create a beautiful composition with the use of a model. Blue dominates this painting and Gary suggests you can do well by using Prussian blue. Beware however, this color is very strong.</p>					
08:30:00	Painting with Wilson Bickford Whitetail Fawn, Part 1	NETA	(S)	(CC)	N/A	#309H
	<p>A Whitetail fawn is ready to munch on leaves from a low-hanging branch. Wilson shows how to block out the fawn, and lays in the background.</p>					
09:00:00	Landscapes Through Time with David Dunlop The Transcendent Landscapes of George Inness, Montclair, Nj	NETA	(S)	(CC)	DVI	#109H
	<p>In this program David Dunlop firsts visits the George Inness room at the Montclair Art Museum and explores the evolution of Inness's paintings and his philosophy. George Inness (1825-1894) was inspired by the classical landscape painters, especially the classic 17th century French artist Claude Lorraine, considered the father of landscape painting. David then sets up his easel on the hillside in Montclair, NJ and demonstrates the techniques of Inness, his quest for a union of spirituality and paint, his reliance on ambiguity, his sources of inspiration and his enduring influence in the world of art.</p>					

Sat, Oct 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize The Saddle Bags	APTEX	(S)	(CC)	DVI	#922H
10:00:00	Sit and Be Fit Improve Your Mood In this episode Mary Ann uses tactile stimulation to increase circulation and elicit a relaxed state of body and mind.	NETA	(S)	(CC)	N/A	#1310H
10:30:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 2	ACCES		(CC)	N/A	#115H
11:00:00	Delicious TV's Vegan Mashup Party Foods This episode is packed with good ideas and Miyoko goes "nutty" for vegan cheese you'll have to try to believe! With our guest chef topping it off with a Cherry Sangria, you'll be ready to throw your next party. Gruyere and Pear Croustade/Tempeh Bites/Tzatsiki/Beet Tapenade/Cherry Sangria/Ceveche.	NETA	(S)	(CC)	DVI	#101H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Chocolate Dreams, Cacao Fantasies Belgian-born chocolatier Mathieu Brees brings Rick deep in the jungles of Ticul for a tour of cacao groves. The serene setting is the backdrop for a complete bean-to-bar chocolate education, with Mathieu, Rick and the plantation's caretaker tromping around the lovingly farmed cacao fields. Then, Rick and Mathieu head to the Ki' Xocolatl chocolate factory in Merida. Still daydreaming about all of that chocolate, Rick makes a trio of cacao-inspired dishes, including a chocolate cake with candied ancho chile, red mole with chocolate and a cocktail featuring macerated cacao and chile-infused tequila.	APTEX	(S)	(CC)	N/A	#1110H
12:00:00	Lidia's Kitchen All About Chicken This episode features a "Best of Chicken" with some of Lidia's favorite dishes from the oven to the stovetop. Recipes include a succulent roasted chicken; a simple and earthy seared chicken breast with mushrooms; and finally a dish with a little kick - paprika drumsticks with peppers.	APTEX	(S)	(CC)	N/A	#403H
12:30:00	Moveable Feast with Fine Cooking Davidson, North Carolina - Joe and Katy Kindred On this episode of Moveable Feast with Fine Cooking, Pete heads to Davidson, North Carolina to meet with the owners of the famous Kindred restaurant, chef Joe Kindred and his wife Katy. The three visit the award-winning Noda Brewing Company - home of the Hop, Drop 'n' Roll IPA - and the family-run Newtown Farm for organic vegetables. Together, they make a beautiful lakeside feast featuring classics like a crispy North Carolina oysters and shrimp roll as well as pasta and clams. And, of course, no southern meal would be complete without a sweet dish like Katy's strawberry shortcake spin. Find it all here on Moveable Feast.	APTEX	(S)	(CC)	N/A	#407H
13:00:00	Travels with Darley Wyoming National Forests From the Bridger Teton National Forest in iconic Jackson Hole to the Snowy Range scenic byway in the Medicine Bow National Forest, host Darley Newman and local guides go off the grid to reconnect and discover national forests and great towns for outdoor lovers in Wyoming. From mountain biking, horseback riding, fishing, hiking and scenic drives to historic towns and modern brewpubs, the Cowboy State does not disappoint.	NETA	(S)	(CC)	N/A	#303H
13:30:00	Mineral Explorers Spain Not all that glitters is gold; it could very well be Spanish Pyrite. Join us as we visit never-before seen private collections and hear the history of a country full of explorers. Then travel with us as we step back in time in the medieval town of Navajun. While there, we visit a mine that glitters with the world's most perfectly crystalized Pyrite. We end our trip with an exclusive look at some of the world's best pyrite held in a private collection of the mine owner, who kept some of his favorite specimens.	NETA	(S)	(CC)	N/A	#205H
14:00:00	Rick Steves' Europe The Best of Slovenia Little Slovenia is the least visited and most underrated of Europe's alpine countries. From its prosperous capital of Ljubljana, we enjoy the mountain resort of Lake Bled, venture into the Julian Alps for natural thrills mixed with World War I history, go spelunking in a gigantic cave, and swim with Slavs in a charming Adriatic port.	APTEX	(S)	(CC)	N/A	#604H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Canada: The Mighty Polar Bear Migration Journey with Richard Wiese to the barren wilds of Arviat, Canada where polar bears and the Inuit people live in uneasy harmony. Richard is welcomed into a small Inuit community and discovers how these hunter-gatherers struggle to survive in this inhospitable land and preserve their traditional way of life. Richard explores the frozen tundra and comes face-to-face with magnificent polar bears in the wild.	APTEX	(S)	(CC)	N/A	#107H
15:00:00	Garden Smart Arranging flowers is a true work of art. GardenSMART visits with a talented floral arranger who is showing off her talents in some unique and beneficial ways. A don't-miss show.	NETA	(S)	(CC)	N/A	#4804H
15:30:00	Baby Makes 3 All Star Baby After 18 years together including taking in a special needs teenager, Schrita and Shante welcome a baby of their own. Sports brings them all together.	APTEX	(S)	(CC)	N/A	#203H
16:00:00	Drexel Interview Bernard-Henri Levy French philosopher, author, and public intellectual Bernard-Henri Levy is so famous in certain circles that many identify him by his iconic initials alone: BHL. Having written and spoken extensively on social, political, and intellectual matters since the 1960s, he is credited as one of the founders of the Nouveaux Philosophes-or New Philosophers. Host Paula Marantz Cohen explores some of Levy's early activism, writing, controversy, and cultural appeal, as well as his distinct brand of philosophy as it informs matters in both France and the United States today. In this interview, Levy specifically discusses two of his books, The Genius of Judaism and American Vertigo: Traveling American in the Footsteps of Tocqueville.	NETA		(CC)	N/A	#605H
16:30:00	Overheard with Evan Smith Ben Domenech, Publisher, The Federalist Benjamin Domenech is the publisher of The Federalist, host of The Federalist Radio Hour, and writes The Transom, a daily subscription newsletter for political insiders. He co-founded Redstate and co-hosted Coffee & Markets, an award-winning economic podcast. His writing has been published in The Wall Street Journal, The Daily Beast, Politico, Commentary, Reason, and GQ, and he appears regularly on Fox News, MSNBC, CNN, and CBS's Face The Nation.	NETA	(S)	(CC)	N/A	#804H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Arrow Maker Cherokee National treasure Noel Grayson shows host Eric Gorges how to craft traditional Cherokee arrows using primitive tools.	APTEX	(S)	(CC)	N/A	#408H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3542H
18:30:00	The Open Mind Putin and Political Murder Guest: Amy Knight. Russia and KGB scholar Amy Knight talks about her new book "Orders to Kill: The Putin Regime and Political Murder."	NETA		(CC)	N/A	#3813H
19:00:00	Closer to Truth Can Metaphysics Discern God I? How to think about God rationally, logically, profoundly, critically. We have no illusion that metaphysics can find God, but can a kind of progress be made?	EPS	(S)	(CC)	N/A	#1704H
19:30:00	American Forum	NETA	(S)	(CC)	N/A	#307H

Sat, Oct 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Open Wings Broken Strings	APTEX	(S)	(CC)	N/A	#106H
	<p>The Open Wings Broken Strings tour pulls into Infinity Hall with Ed Kowalczyk, Emerson Hart and Leigh Nash, all performing individual acoustic sets. Ed Kowalczyk, most famous as the singer/songwriter of the multi-million album-selling alternative rock band Live, performs an unplugged set of his former group's hit singles such as "I Alone" as well as his newer solo work. He is also responsible for creating the Open Wings Broken Strings Tour. Kowalczyk explained the origin of the tour's name. "At the height of songwriting epiphanies, I seem to always break strings 'cause you get so excited. Bang! The string breaks. But there's this moment where you're really soaring. Open Wings Broken Strings just kind of came out of that." Joining Kowalczyk on the tour is lead singer/songwriter Emerson Hart of another alternative rock band, Tonic. Tonic's first album, Lemon Parade, went multi-platinum with featured hits "Open Your Eyes" and "If You Could Only See," which became radio's most played songs in 1997. In 2007, Emerson went solo and signed with EMI/Manhattan Records, continuing his successful career. His solo acoustic set brings a new intimacy to these well-known songs. Another featured artist of Open Wings Broken Strings is Leigh Nash, lead singer of Sixpence None the Richer. With hit singles like "Kiss Me," "There She Goes," and "Breathe Your Name," Sixpence None the Richer successfully reached platinum status over the past decade, along with picking up a Grammy nomination and several Dove Awards. Now Nash is offering a new perspective on the group's biggest hits as she tours with Open Wings Broken Strings. While each artist performs their own individual acoustic sets, the show features a final performance with all three artists on stage together for a cover of The Band's classic "The Weight." Infinity Hall Live allows for a wonderful experience and by hearing the instruments "stripped down, intimate and acoustic," as Kowalczyk explains it, "you'll hear the strings on the guitar vibrate and buzz."</p>					
21:00:00	Front and Center Cma Songwriter Series with Jennifer Nettles	APTEX	(S)	(CC)	N/A	#709H
	<p>Three time Grammy Award winner and six time CMA Award winner Jennifer Nettles is known as one of country music's powerhouse vocalists. Her debut solo album, That Girl, hit #1 on the Billboard Country Chart and #5 on the Billboard Top 200. Her second album, Playing with Fire, released May 2016 reached #2 on the Billboard Country Chart and #10 on The Billboard Top 200. Grammy Award nominated singer/songwriter Brandy Clark and singer/songwriter Amos Lee join Jennifer Nettles on stage to sing some of their greatest hits including "Love Can Go to Hell," "Unlove You," and "Drunk in Heels."</p>					
22:00:00	Globe Trekker Food Hour: Ireland	APTEX	(S)	(CC)	N/A	#1611H
	<p>Globe Trekker Bobby Chinn samples oysters in Galway, fishes for salmon in Connemara, plays a tune or two with The Chieftains in Westport, visits the Nenagh Agricultural Show, judges a baking competition in Tipperary, and learns the history of Guinness in Dublin.</p>					
23:00:00	Arts In Context A Girl Named Sue	NETA	(S)	(CC)	N/A	#802H
	<p>A play about the love between an Asian-American woman and an African-American man, playwright Christine Hoang pulled from her most personal experiences to write A Girl Named Sue. Extended: A Girl Named Sue is a play about unexpected love. Focusing on a young Vietnamese-American woman, the play explores issues between Asian and Black communities in America, as well as the generational and cultural tension of growing up with refugee parents. From growing up in New Orleans to being the child of refugees, playwright Christine Hoang pulled from her most personal experiences to write A Girl Named Sue. At its heart, A Girl Named Sue is a universal story of identity, love, relationships, and community.</p>					
23:30:00	Articulate with Jim Cotter It Takes Two	APTEX	(S)	(CC)	N/A	#109H
	<p>In the popular imagination, tango is an exotic seduction born on the sultry streets of Buenos Aires. In truth, it's a complex improvised form danced the world over. Crimes and Punishment - Jesse Krimes describes his six years in federal prison as a kind of "arts residency". Not only did his work keep him sane while on the inside, it's become the foundation for a successful artistic career on the outside. Stephen Costello's Most Valuable Friend - Celebrated opera tenor Stephen Costello has been both blessed and betrayed by his voice.</p>					

Sun, Oct 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can Metaphysics Discern God I? How to think about God rationally, logically, profoundly, critically. We have no illusion that metaphysics can find God, but can a kind of progress be made?	EPS	(S)	(CC)	N/A	#1704H
00:30:00	American Forum	NETA	(S)	(CC)	N/A	#307H
01:00:00	Infinity Hall Live Open Wings Broken Strings The Open Wings Broken Strings tour pulls into Infinity Hall with Ed Kowalczyk, Emerson Hart and Leigh Nash, all performing individual acoustic sets. Ed Kowalczyk, most famous as the singer/songwriter of the multi-million album-selling alternative rock band Live, performs an unplugged set of his former group's hit singles such as "I Alone" as well as his newer solo work. He is also responsible for creating the Open Wings Broken Strings Tour. Kowalczyk explained the origin of the tour's name. "At the height of songwriting epiphanies, I seem to always break strings 'cause you get so excited. Bang! The string breaks. But there's this moment where you're really soaring. Open Wings Broken Strings just kind of came out of that." Joining Kowalczyk on the tour is lead singer/songwriter Emerson Hart of another alternative rock band, Tonic. Tonic's first album, Lemon Parade, went multi-platinum with featured hits "Open Your Eyes" and "If You Could Only See," which became radio's most played songs in 1997. In 2007, Emerson went solo and signed with EMI/Manhattan Records, continuing his successful career. His solo acoustic set brings a new intimacy to these well-known songs. Another featured artist of Open Wings Broken Strings is Leigh Nash, lead singer of Sixpence None the Richer. With hit singles like "Kiss Me," "There She Goes," and "Breathe Your Name," Sixpence None the Richer successfully reached platinum status over the past decade, along with picking up a Grammy nomination and several Dove Awards. Now Nash is offering a new perspective on the group's biggest hits as she tours with Open Wings Broken Strings. While each artist performs their own individual acoustic sets, the show features a final performance with all three artists on stage together for a cover of The Band's classic "The Weight." Infinity Hall Live allows for a wonderful experience and by hearing the instruments "stripped down, intimate and acoustic," as Kowalczyk explains it, "you'll hear the strings on the guitar vibrate and buzz."	APTEX	(S)	(CC)	N/A	#106H
02:00:00	Front and Center Cma Songwriter Series with Jennifer Nettles Three time Grammy Award winner and six time CMA Award winner Jennifer Nettles is known as one of country music's powerhouse vocalists. Her debut solo album, That Girl, hit #1 on the Billboard Country Chart and #5 on the Billboard Top 200. Her second album, Playing with Fire, released May 2016 reached #2 on the Billboard Country Chart and #10 on The Billboard Top 200. Grammy Award nominated singer/songwriter Brandy Clark and singer/songwriter Amos Lee join Jennifer Nettles on stage to sing some of their greatest hits including "Love Can Go to Hell," "Unlove You," and "Drunk in Heels."	APTEX	(S)	(CC)	N/A	#709H
03:00:00	Globe Trekker Food Hour: Ireland Globe Trekker Bobby Chinn samples oysters in Galway, fishes for salmon in Connemara, plays a tune or two with The Chieftains in Westport, visits the Nenagh Agricultural Show, judges a baking competition in Tipperary, and learns the history of Guinness in Dublin.	APTEX	(S)	(CC)	N/A	#1611H
04:00:00	Arts In Context A Girl Named Sue A play about the love between an Asian-American woman and an African-American man, playwright Christine Hoang pulled from her most personal experiences to write A Girl Named Sue. Extended: A Girl Named Sue is a play about unexpected love. Focusing on a young Vietnamese-American woman, the play explores issues between Asian and Black communities in America, as well as the generational and cultural tension of growing up with refugee parents. From growing up in New Orleans to being the child of refugees, playwright Christine Hoang pulled from her most personal experiences to write A Girl Named Sue. At its heart, A Girl Named Sue is a universal story of identity, love, relationships, and community.	NETA	(S)	(CC)	N/A	#802H
04:30:00	Articulate with Jim Cotter It Takes Two In the popular imagination, tango is an exotic seduction born on the sultry streets of Buenos Aires. In truth, it's a complex improvised form danced the world over. Crimes and Punishment - Jesse Krimes describes his six years in federal prison as a kind of "arts residency". Not only did his work keep him sane while on the inside, it's become the foundation for a successful artistic career on the outside. Stephen Costello's Most Valuable Friend - Celebrated opera tenor Stephen Costello has been both blessed and betrayed by his voice.	APTEX	(S)	(CC)	N/A	#109H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#401
08:00:00	Painting and Travel with Roger & Sarah Bansemer Heritage Village Spend the day at Heritage Village Park in Largo, Florida. Sarah enjoys walking thru the old timey village stores, school and firehouse. Roger goes inside a pioneer cabin and paints one of the old fashioned rooms' interior.	NETA	(S)	(CC)	N/A	#303H

Daily Program Listing II

43.1

Date: 09/06/2017

10/01/2017 - 10/31/2017

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Sun, Oct 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Paint This with Jerry Yarnell The Perfect Perch, Part 1	NETA	(S)	(CC)	N/A	#2310H
	Acrylic Medium on 18x24 horizontal stretched canvas. In this first episode, Jerry discusses the reference material he will be using to create the composition. Then uses soft vine charcoal to sketch in the basic components of the landscape. Next, he shows how to paint in the sky and clouds. Then he shows how to block in the distant hills and trees. Now he explains the composition and re-sketches the hay bales. Then he finishes by underpainting the background and middle ground meadows.					
09:00:00	Wyland's Art Studio Sea Turtle	APTEX		(CC)	N/A	#511H
	In visual experiences, harmony is something is pleasing to the eye. It engages the viewer and creates a sense of order and balance in the visual experience. When something is not harmonious, it may be considered either boring or chaotic. This follows in the way people perceive things. For example, the human brain tends to reject what it cannot organize, therefore a logical structure is often called for. Harmony delivers a visual interest and sense of order. Interestingly, Wyland uses the seemingly discordant image of a sea turtle to create an image of harmony. Using proportion, composition, color, patterns, and movement, the artist achieves a pleasing harmonious visual work of art.					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Leg Slenderizers	APTEX	(S)	(CC)	DVI	#923H
10:00:00	Sit and Be Fit Lighthearted Exercises	NETA	(S)	(CC)	N/A	#1311H
	Mary Ann introduces a variety of new exercises for fingers, gait and back strengthening in this fun, light-hearted episode.					
10:30:00	Power Yoga: Mind and Body Flow - Version Four	APTEX	(S)	(CC)	N/A	#118
	With Sun salutation A, Sun salutation B, Vinyasa to down dog, Pigeon, and others.					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#330H
11:30:00	New Orleans Cooking with Kevin Belton Garden Harvest	APTEX	(S)	(CC)	N/A	#122H
	Corn and sweet pepper relish, fried green tomatoes, Creole okra.					
12:00:00	Ciao Italia A Sicilian Meal - Un Pasto Siciliano	NETA	(S)	(CC)	N/A	#2502H
	Mary Ann cooks with her friend Maria Iapichino in her summer kitchen that overlooks the sparkling Tyrrhenian Sea near Cefalu, Sicily. After Maria prepares the classic Sicilian Pasta with Sardines, Mary Ann goes nella cucina to create other Sicilian specialties including Swordfish.					
12:30:00	Mike Colameco's Real Food Battersby/Dover	NETA	(S)	(CC)	N/A	#1410H
	A couple of young talented chefs with great resumes wanted to do their own thing so they took over a narrow tiny bar space with a small open kitchen out back on Smith St, in Carroll Gardens Brooklyn and named it Battersby. A few years later they opened second larger spot a few blocks away called Dover. French inspired they are easily two of the best restaurants in all of Brooklyn.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Little Haiti	APTEX	(S)	(CC)	DVI	#210H
	Mickela gets transported to Haiti in the streets of Flatbush, Brooklyn with drum lessons, dance classes, and local shops.					
13:30:00	Family Travel with Colleen Kelly The Best of Season 4 - A Year of Traveling	APTEX		(CC)	N/A	#410H
	We take a look back at some of our best moments from season four of "Family Travel", where we had the opportunities to explore amazing international destinations like Scotland and Quebec City, as well as some spectacular cities in our own American backyard, like Shenandoah Valley, Virginia, Sevierville, Tennessee, Tampa, Florida, Dallas, Texas, and more.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#330H

Sun, Oct 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Destination Craft with Jim West Christmas Crafts of Austria & Germany Jim West travels to Austria and throughout Bavaria where he visits the Christmas market in Salzburg, learns the mechanics of a three-year-old Glockenspiel, crafts the perfect pair of lederhosen, and makes homemade apple strudel with a master chef. He also learns how to create hand blown glass ornaments. Jim participates in a woodcarving workshop, learns how to make a holiday mulled wine, and takes a tour of a Christmas toy museum.	APTEX	(S)	(CC)	N/A	#113H
15:00:00	Woodsmith Shop Adding Details & Tower Bookcase Assembly Custom liners are fitted to the dresser-top valet. Then watch as the Woodsmith editors bring the parts of the tower bookcase together.	NETA	(S)	(CC)	N/A	#1103H
15:30:00	Rough Cut - Woodworking with Tommy Mac Machinery This week on Rough Cut Woodworking with Tommy Mac Tommy is excited to bring in the machinery every good woodworker needs for his shop. We need to haul them all in and set them up in their proper place before starting work on the interior of the shop, getting a good start on the door and trim. Then we can finally get the flooring down, getting that much closer to getting the entire interior shop done.	APTEX	(S)	(CC)	N/A	#709H
16:00:00	Foundations of Yoga with Tara Lee Air & Water Fluidity & Balance Air & Water Fluidity & Balance a flowing sequence connecting movement and breath to create openness and awareness.	EPS	(S)	(CC)	N/A	#106H
16:30:00	Healthy Body Healthy Mind Parkinson's Disease and Psychosis It's understandable that most people associate Parkinson's with tremors and other motor symptoms. But for some, the disease gives rise to something more terrifying, and much more hidden: psychosis. It is estimated that as many as half of the one million Americans with Parkinson's disease today experience hallucinations, illusions, and delusions over the course of their disease. These symptoms are a signal of disease progression and are very likely to intensify over time which can frighten patients and caregivers alike. In this edition of Healthy Body Healthy Mind, we will explore the mysterious occurrence of psychotic behavior for those dealing with Parkinson's disease.	EPS	(S)	(CC)	N/A	#3601H
17:00:00	Natural Health Breakthroughs with Brenda Watson Pets A holistic approach to treating all kinds of pets - Joel Murphy, DVM: owner of Animal and Bird Medical Center in Palm Harbor, FL; he is widely recognized as an authority on non-traditional approaches to caring for companion animals. Study: probiotics were superior to antibiotics in treating dogs with IBD - Jan Suchodolski, DVM, PhD: Assoc. Director of the GI Lab at Texas A&M School of Veterinary Medicine; his study compared a common blend of probiotics to two standard drugs in treating inflammatory bowel disease in dogs - the probiotics won. Even so, most vets still resort to pharmaceuticals - here's why: - Audrey Cook, DVM: helps oversee the Small Animal Internal Medicine Dept. at A&M's veterinary medical clinic. A vet who's convinced probiotics make a difference in dogs with GI problems - Karen Becker, DVM: she describes herself as an integrative veterinarian who focuses on optimizing dogs' diets to prevent health problems from occurring. Personal story - Jango: a patient of Dr. Becker's, an Australian Shepherd experiencing chronic GI distress.	EPS	(S)	(CC)	N/A	#109H
17:30:00	Well Read Katie Kitamura, A Separation From critic and novelist, Katie Kitamura - a searing, suspenseful story of intimacy and infidelity, A Separation lays bare the guilt that divides us from the inner lives of others. Named one of the most anticipated books of 2017 by the New York Times, Entertainment Weekly, Vulture, Huffington Post, and The Millions	APTEX	(S)	(CC)	N/A	#617H
18:00:00	California's Gold Will Rogers Will Rogers has got to be one of the all-time great American characters. Often called the "Cowboy Philosopher," he kept America laughing through some of its toughest years. Will was a radio commentator, newspaper columnist and motion picture star. In 1922, Will bought property above Sunset Boulevard in Pacific Palisades and built a summer cottage. The family loved the place so much that Will had a proper ranch built and the family moved there in 1928. In 1944, after the death of Mrs. Rogers, the property became Will Rogers State Historic Park and is now a well loved tourist destination. The ranch has been perfectly maintained and is filled with all of the Rogers family original furnishings and memorabilia. It's like stepping back into Will's boots. What makes Huell's tour so special, is that it's given by Will's last remaining child Jimmy Rogers. Jimmy grew up at the ranch and shares many wonderful memories of a home that was dearly loved by all. This program is now itself a part of California's history because shortly after the interview was filmed, Jimmy Rogers passed away. From the ranch buildings to the polo fields that Will hosted many matches on, to the personal remembrances of his son, it's a tour you won't want to miss.	KCET		(CC)	N/A	#3007

Sun, Oct 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:30:00	Fringe Benefits Indianapolis	NETA	(S)	(CC)	N/A	#201H
	Come along as Katie takes a ride around the track at the Indianapolis Motor Speedway in a real Indy Car! We'll learn more about the history of the "brickyard" and get up close to historic racecars and trophies. Then, we'll learn about the early settlers to Indiana and take a hot air balloon ride at Connor Prairie - a 19th-century living history museum. Later on, we find a calming spot to spend the day near Bloomington, Indiana, and enjoy a surprise visit to the Dalai Lama's private apartment, before cooking up a great meal and learning all about grilling at a favorite local spot.					
19:00:00	Make48	APTEX	(S)	(CC)	N/A	#104H
	The teams finish up their prototypes and shift focus to their pitch. Prior to the final judging teams provide a sneak peek of their product to the judges and manufacturers in a two-minute lightening round of pre-judging. Is the product unique? Does it have a wow factor? Will it sell? Is it feasible for manufacturing based on costs and complexity? Precious time is ticking before viewers find out when the final judging begins.					
19:30:00	The Kamla Show Special Uma Jayaram Voke	KAMLA	(S)	(CC)	N/A	#128H
20:00:00	Black America The Power of the Documentary with June Cross	EPS	(S)	(CC)	N/A	#105H
	Carol Jenkins sits down with multiple Emmy and duPont award recipient, documentary filmmaker June Cross and discusses her film 'Wilhemina's War'.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#205H
	We profile Asian American leaders nationwide and locally who are making a difference in their communities. The show was filmed at Asia Society Museum's, Golden Vision of Densatil: A Tibetan Buddhist Monastery exhibit of art and sculptures. Asia Society exhibits the world's finest contemporary and traditional Asian and Asian American Art.					
21:00:00	West of the West: Tales from California's Channel Island Return	APTEX	(S)	(CC)	N/A	#103H
	12. The Doctor and the Rock Star - This is the story of an odd couple - Dr. Carey Stanton, who owned Santa Cruz Island, and rock star Joe Walsh. Meeting in the 1970s through Marla Daily, they struck up an unusual, and unusually strong, bond that led to Joe putting on an Eagle's concert to help raise the money for the Nature Conservancy's purchase of Santa Cruz Island... and ultimately its protection forever. 13. Cache - After a 20 year quest to find a cave reputed to have been used by the Lone Woman, archeologist Steve Schwartz finally discovers the cave. Only to have his excavation efforts shut down by the Navy. This tale chronicles the turf war over the cave between archeologists, the Navy and various Indian tribes. It also tells the story of an amazing discovery of the Lone Woman's 'cache' by Jon Erlandson and Rene Vellanoweth. And shows the over 200 artifacts they preserved. 14. Island Restoration - Novelist TC Boyle talks about his attraction to the Channel Islands that led him to write two books about them. One, When the Killing is Done, focuses on the showdown between environmentalists and Channel Islands National Park and Nature Conservancy naturalists who wanted to restore the islands to their native state. This is the spine of our tale and leads to discussion of 'who gets to play god' out there, what steps have been taken with various species like the island fox and the bald eagle, and what the results have been.					
22:00:00	Roadtrip Nation Build The Future	APTEX	(S)	(CC)	N/A	#1404H
	The road-trippers end their journey in San Francisco, where they meet Debbie Sterling and hear about the experiences that sparked her company, GoldieBlox, which makes engineering toys for girls. Last up, MythBusters' Kari Byron talks about experimentation, curiosity, being brave, and doing things you didn't think you could do; but her most important work is being a role model for young girls.					
22:30:00	Journey Ahead - End of Life	NETA	(S)	(CC)	N/A	#0H
	Courageous people share their personal stories of end-of-life decisions, hospice care, and how to navigate The Journey Ahead. A 17-year-old's organ donation wishes are honored, and five lives are saved. Meet the doctors, nurses, social workers, and clergy helping people move forward.					
23:00:00	For The Rights of All: Ending Jim Crow In Alaska	APTEX	(S)	(CC)	DVI	#0H
	Narrated by Peter Coyote, FOR THE RIGHTS OF ALL: ENDING JIM CROW IN ALASKA traces the Native Alaskan civil-rights movement. The film profiles the remarkable people behind the victories for citizenship, voting rights and school desegregation, including Alberta Schenck Adams ("Alaska's Rosa Parks") and Elizabeth Peratrovich, a unassuming young woman whose compelling testimony helped sway the Alaska State Senate to pass the first civil-rights bill since the Civil War. Blending re-enactments, rare and newly discovered historic footage and photographs, and interviews with tribal elders, FOR THE RIGHTS OF ALL chronicles Alaska Natives' efforts to honor their heritage and leverage their future.					

Mon, Oct 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Make48 The teams finish up their prototypes and shift focus to their pitch. Prior to the final judging teams provide a sneak peek of their product to the judges and manufacturers in a two-minute lightening round of pre-judging. Is the product unique? Does it have a wow factor? Will it sell? Is it feasible for manufacturing based on costs and complexity? Precious time is ticking before viewers find out when the final judging begins.	APTEX	(S)	(CC)	N/A	#104H
00:30:00	The Kamla Show Special Uma Jayaram Voke	KAMLA	(S)	(CC)	N/A	#128H
01:00:00	Black America The Power of the Documentary with June Cross Carol Jenkins sits down with multiple Emmy and duPont award recipient, documentary filmmaker June Cross and discusses her film 'Wilhemina's War'.	EPS	(S)	(CC)	N/A	#105H
01:30:00	Asian American Life We profile Asian American leaders nationwide and locally who are making a difference in their communities. The show was filmed at Asia Society Museum's, Golden Vision of Densatil: A Tibetan Buddhist Monastery exhibit of art and sculptures. Asia Society exhibits the world's finest contemporary and traditional Asian and Asian American Art.	EPS	(S)	(CC)	N/A	#205H
02:00:00	West of the West: Tales from California's Channel Island Return 12. The Doctor and the Rock Star - This is the story of an odd couple - Dr. Carey Stanton, who owned Santa Cruz Island, and rock star Joe Walsh. Meeting in the 1970s through Marla Daily, they struck up an unusual, and unusually strong, bond that led to Joe putting on an Eagle's concert to help raise the money for the Nature Conservancy's purchase of Santa Cruz Island... and ultimately its protection forever. 13. Cache - After a 20 year quest to find a cave reputed to have been used by the Lone Woman, archeologist Steve Schwartz finally discovers the cave. Only to have his excavation efforts shut down by the Navy. This tale chronicles the turf war over the cave between archeologists, the Navy and various Indian tribes. It also tells the story of an amazing discovery of the Lone Woman's 'cache' by Jon Erlandson and Rene Vellanoweth. And shows the over 200 artifacts they preserved. 14. Island Restoration - Novelist TC Boyle talks about his attraction to the Channel Islands that led him to write two books about them. One, When the Killing is Done, focuses on the showdown between environmentalists and Channel Islands National Park and Nature Conservancy naturalists who wanted to restore the islands to their native state. This is the spine of our tale and leads to discussion of 'who gets to play god' out there, what steps have been taken with various species like the island fox and the bald eagle, and what the results have been.	APTEX	(S)	(CC)	N/A	#103H
03:00:00	Roadtrip Nation Build The Future The road-trippers end their journey in San Francisco, where they meet Debbie Sterling and hear about the experiences that sparked her company, GoldieBlox, which makes engineering toys for girls. Last up, MythBusters' Kari Byron talks about experimentation, curiosity, being brave, and doing things you didn't think you could do; but her most important work is being a role model for young girls.	APTEX	(S)	(CC)	N/A	#1404H
03:30:00	Journey Ahead - End of Life Courageous people share their personal stories of end-of-life decisions, hospice care, and how to navigate The Journey Ahead. A 17-year-old's organ donation wishes are honored, and five lives are saved. Meet the doctors, nurses, social workers, and clergy helping people move forward.	NETA	(S)	(CC)	N/A	#0H
04:00:00	For The Rights of All: Ending Jim Crow In Alaska Narrated by Peter Coyote, FOR THE RIGHTS OF ALL: ENDING JIM CROW IN ALASKA traces the Native Alaskan civil-rights movement. The film profiles the remarkable people behind the victories for citizenship, voting rights and school desegregation, including Alberta Schenck Adams ("Alaska's Rosa Parks") and Elizabeth Peratrovich, a unassuming young woman whose compelling testimony helped sway the Alaska State Senate to pass the first civil-rights bill since the Civil War. Blending re-enactments, rare and newly discovered historic footage and photographs, and interviews with tribal elders, FOR THE RIGHTS OF ALL chronicles Alaska Natives' efforts to honor their heritage and leverage their future.	APTEX	(S)	(CC)	DVI	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#402
08:00:00	Zula Patrol May The Force Be Wigg You/Five Zuleans in a Boat (And Gorga) MAY THE FORCE BE WIGG YOU - One of Multo's gadgets accidentally gives Wigg with super- strength, giving Wigg a chance to live out his superhero fantasies. But when a bully challenges him to a show of force to determine who's the strongest, Wigg has to rely on his friends (and their knowledge of force) to save the day. FIVE ZULEANS IN A BOAT (AND GORGA) - While on a relaxing boat trip down the Amazula River, the Zula Patrol spots Deliria racing up the river, causing mayhem in her vast luxury cruise liner . But her perilous piloting causes the ship to become wedged in a narrow part of the river. Water builds up behind her boat, threatening a flood! It's up to the Zula Patrol to utilize the law of force to find a way to pull it free before the Amazula bursts its banks.	APTEX	(S)	(CC)	DVI	#307H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights Sinbad Forever/One Thousand and One Nights "Sinbad Forever" - When Sinbad destroys the Queen's fleet, he gets stripped of his rank and becomes homeless. "One Thousand and One Nights" - The story of how the book of 1001 Nights came to be.	NETA	(S)	(CC)	DVI	#126H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Back	ACCES		(CC)	N/A	#111H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Workout (All Standing)	APTEX	(S)	(CC)	DVI	#924H
10:00:00	Sit and Be Fit Back and Abdominal Strengthening This episode focuses on stretching and strengthening the abdominal and back muscles to protect the spine and help avoid injury.	NETA	(S)	(CC)	N/A	#1312H
10:30:00	It's Sew Easy At The Beach It's time to hit the beach. Sewing educator and writer Rebecca Kemp Brent makes a handy tote bag from a towel. Sewing blogger Caroline Critchfield sews a fish-shaped drawstring beach or laundry bag. Sewing enthusiast Joanne Banko sews in circles to create a ruffled beach cover-up.	NETA	(S)	(CC)	DVI	#1205H
11:00:00	Knit and Crochet Now! Colorful Hats Learn how to crochet an African Flower Slouch with Robyn and work 2-color knit magic with Kristin's Hat. Lena goes through the steps of a crochet Motif Cowl.	APTEX	(S)	(CC)	DVI	#602H
11:30:00	Fons & Porter's Love of Quilting Just Beachy Would you like to add a touch of whimsy to your next pool side gathering? This beach ball placemat and mini mat project would be the perfect addition. Patrick and Marianne will walk you through the basics of raw edge applique with tips on machine quilting like a pro.	NETA	(S)	(CC)	N/A	#2701H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7066H
13:00:00	America's Test Kitchen from Cook's Illustrated Korean Feast Host Julia Collin Davison shows host Bridget Lancaster how to make the ultimate Korean rice bowl at home. Then, equipment expert Adam Ried reviews spider skimmers in the equipment corner. Finally, test cook Dan Souza reveals the secrets for making perfect Korean fried chicken wings.	APTEX	(S)	(CC)	N/A	#1710H
13:30:00	Pati's Mexican Table	APTEX	(S)	(CC)	N/A	#603H
14:00:00	Steven Raichlen's Project Smoke Much at Steak A show devoted to the most awesome cut of meat to grill: steak. Unleash your inner carnivore and build your confidence whenever you step up to the grill to cook the perfect slab of meat. Up first, a magisterial wood-grilled beef tomahawk steak topped with Pt. Reyes blue cheese butter. Followed by a four-finger thick cherry-smoked New York strip steak, whose juices become part of an intensely flavorful sauce you build right on the cutting board. Then a plancha-seared "steak" from the sea: bacon-wrapped albacore tuna "filet mignons" sauced with peppercorn cream sauce. Wood-grilled beef tomahawk with blue cheese butter; Cherry-smoked strip steak with cutting board sauce; Bacon-wrapped albacore "filet mignons" with peppercorn cream sauce.	APTEX	(S)	(CC)	N/A	#301H
14:30:00	On The Road with Vic Rallo: Italy! Umbria Vic reaches new heights of Italian culture in Orvieto, an 11th century town perched on a cliff of volcanic rock, with stops at the 14th century Duomo; 7 Consuls restaurant; the state of the art Falesco winery; plus the clay to kiln handmade process for the region's distinctive colorful ceramics. Recipes include tortelli and pigeon.	APTEX	(S)	(CC)	N/A	#105H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Bead Weaving	NETA	(S)	(CC)	N/A	#2103H
	Sleepless Beader Leslie Rogalski shows her contemporary take on the traditional method of bead weaving on a loom. Using a variety of threads, cords and large beads, Leslie creates unconventional, trendy jewelry using traditional stitching. Katie shares tips for storing and organizing beading supplies.					
15:30:00	Katie Brown Workshop South of the Border	APTEX	(S)	(CC)	DVI	#505H
	Capture the flavor and flair of what lies south of the border with festive food and fun projects. In the Kitchen: Speedster Chili, Zesty Turkey Enchiladas, Easy and Delicious Guacamole. Projects: A feather-adorned picture frame. Planting peppers.					
16:00:00	Biz Kid\$ The Value of Money	APTEX	(S)	(CC)	DVI	#408H
	With many currencies around the world, what determines the value of money? What are the factors that raise or lower the value of the american dollar? Why is the dollar measured against the chinese yuan, the japanese yen, or the euro? Learn why the value of the dollar is important in your life.					
16:30:00	Hands On Crafts for Kids On The Road and Around The Word	NETA	(S)	(CC)	DVI	#1809H
	Travel can really shake up your creativity. Inspired by their travels, Jenny Barnett-Rohrs and Katie Hacker capture cityscapes. Candie Cooper makes a necklace or bookmark with beads from around the world. Franz Spohn sketches vacation memories and Katie makes colorful candy ornaments from blogger Angie Holden.					
17:00:00	P. Allen Smith's Garden Home Melting Potluck	APTEX	(S)	(CC)	DVI	#1605H
	Join P. Allen Smith as he joins a diverse group of families to share cultures, kitchen tips and of course, food. Take a culinary journey around the world without having to leave your couch.					
17:30:00	Growing A Greener World In The Garden with Margaret Roach: New York	APTEX	(S)	(CC)	N/A	#506H
	Former senior executive for Martha Stewart shares how her garden saved her and how it IS possible to grow more sustainably both in the garden and in life.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14216H
18:30:00	Americas Now	NETA	(S)	(CC)	N/A	#109H
	Chile - Saving a Language. A 25-year-old Chilean musician is trying to keep the culture of a tribe alive by saving its language. His name is Keyuk and his mission is to use the ancient words to unite descendants. Linguists estimate there are some 7,000 different languages still spoken in the world today. But a recent study indicates half of those languages could disappear by the end of the century. Portugal - Cavaquinho. It may look like a ukulele, but this stringed instrument is called a cavaquinho. Sometimes referred to as a "cava," it is key to composing Samba and Pagode music in Brazil. Many assume the miniature guitar also hails from Brazil but that is not the case. Correspondent Gerry Hadden travels to Lisbon, Portugal for "Americas Now" to explore the origins of the cavaquinho.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8151
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3542H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#410H
	For the third time, Music City Roots goes to N. Ireland to seek the "roots of our roots." Featuring Scott Miller and Jim Lauderdale in Belfast plus key Belfast songwriters playing in Nashville.					
21:00:00	All-Star Orchestra Russian Treasures	APTEX	(S)	(CC)	N/A	#301H
	Mussorgsky/Ravel - Pictures at an Exhibition. The beloved orchestral showpiece: a series of unforgettable musical portraits, with a roof-raising finale "The Great Gate of Kiev." Prokofiev - Romeo and Juliet - excerpts from the ballet The dramatic selection will include: Capulets and Montagues, the Dance of the Knights, Portrait of Young Juliet, Scene at the Ball, the Fight, and The Death of Tybalt.					

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Mon, Oct 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Dracula: Theater of the Mind	NETA	(S)	(CC)	N/A	#0H
<p>It's radio you can see, complete with actors, music and a crew of sound effects technicians, creating it all right before your eyes. Dracula! Emmy Award Winning, "Dracula: Theater of the Mind" is a 1940's-style radio drama, produced for television. "Dracula: Theater of the Mind" follows the story of a small band of mortals who faced the most powerful vampire of them all. It is 1888 and, in Whitby, England, Lucy Westenra has fallen ill. Her fiancée, Jack Seward has brought her to his sanitarium and called in a battery of physicians, but her condition worsens. Desperate, Jack sends for Van Helsing, a specialist in obscure diseases. Van Helsing's visit coincides with that of Jonathan Harker and his wife, Mina, who had been Seward's nurse, but resigned to care for Jon during his recent illness. Jon's law firm has purchased, for one of its clients, the old Abbey next door to the sanitarium. The client's name is Count Dracula.</p>						
23:00:00	Frankenstein: Theater of the Mind	NETA	(S)	(CC)	N/A	#0H
<p>It's radio you can see, complete with actors, music and a crew of sound effects technicians, creating it all right before your eyes. Frankenstein! Upon graduating from the university, and with the help of a friend, Victor Frankenstein set out to create life--using corpses stolen from graveyards. During a raging storm, he is successful but, too late, realizes he has created a misshapen, inarticulate horror. And so begins a tale of creature vs. creator in KTWU's fifth televised 1940's style radio drama from ARTS, Inc., and playwright, Phil Grecian.</p>						

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8151
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3542H
01:00:00	Music City Roots Live from the Factory For the third time, Music City Roots goes to N. Ireland to seek the "roots of our roots." Featuring Scott Miller and Jim Lauderdale in Belfast plus key Belfast songwriters playing in Nashville.	APTEX	(S)	(CC)	N/A	#410H
02:00:00	All-Star Orchestra Russian Treasures Mussorgsky/Ravel - Pictures at an Exhibition. The beloved orchestral showpiece: a series of unforgettable musical portraits, with a roof-raising finale "The Great Gate of Kiev." Prokofiev - Romeo and Juliet - excerpts from the ballet The dramatic selection will include: Capulets and Montagues, the Dance of the Knights, Portrait of Young Juliet, Scene at the Ball, the Fight, and The Death of Tybalt.	APTEX	(S)	(CC)	N/A	#301H
03:00:00	Dracula: Theater of the Mind It's radio you can see, complete with actors, music and a crew of sound effects technicians, creating it all right before your eyes. Dracula! Emmy Award Winning, "Dracula: Theater of the Mind" is a 1940's-style radio drama, produced for television. "Dracula: Theater of the Mind" follows the story of a small band of mortals who faced the most powerful vampire of them all. It is 1888 and, in Whitby, England, Lucy Westenra has fallen ill. Her fiancée, Jack Seward has brought her to his sanitarium and called in a battery of physicians, but her condition worsens. Desperate, Jack sends for Van Helsing, a specialist in obscure diseases. Van Helsing's visit coincides with that of Jonathan Harker and his wife, Mina, who had been Seward's nurse, but resigned to care for Jon during his recent illness. Jon's law firm has purchased, for one of its clients, the old Abbey next door to the sanitarium. The client's name is Count Dracula.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Frankenstein: Theater of the Mind It's radio you can see, complete with actors, music and a crew of sound effects technicians, creating it all right before your eyes. Frankenstein! Upon graduating from the university, and with the help of a friend, Victor Frankenstein set out to create life--using corpses stolen from graveyards. During a raging storm, he is successful but, too late, realizes he has created a misshapen, inarticulate horror. And so begins a tale of creature vs. creator in KTWU's fifth televised 1940's style radio drama from ARTS, Inc., and playwright, Phil Grecian.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#403
08:00:00	Zula Patrol Where Did All The Water Go?/The Dew Drops WHERE DID ALL THE WATER GO? - When Bula reads about a "vanishing lake" in Zula's tabloid newspaper, Zeeter is skeptical. They go to investigate and find out the lake is hoax perpetrated by the nefarious villain, Dark Truder, whose ultimate goal is to make all the water of Zula disappear by vaporizing it. He traps Multo, Bula and Zeeter, but they manage to escape, thanks to their knowledge of evaporation and vaporization. They're too late to stop Dark Truder's wicked plan, but the joke is on Truder - when he learns the hard way that vaporized water turns to rain. THE DEW DROPS - The Zula Patrol learns all about condensation when they meet the Dew Drops, three drops of water who sing like a 50's Doo-Wop group. The Dew Drops need the Zula Patrol's help to enter a Battle of the Bands contest. Our heroes discover that Dark Truder has a condensation-singing group of his own, and will stop at nothing to make the Dew Drops lose! Using what they've learned about condensation, Wizzy & Wiggy and the Zula Patrol save the Dew Drops and foil Truder's plans!	APTEX	(S)	(CC)	DVI	#308H
08:30:00	Thomas Edison's Secret Lab Nicky's Compass Goes South/A Gem of a Deal Compass: When the SECRET LAB KIDS head off to rescue some stranded hikers with the aid of Nicky's cell phone compass her battery fizzles out and the team must return to the lab and build a conventional compass. Gem: When a con artist purchases Nicky's granny's house for a fake gemstone necklace, the SECRET LAB KIDS must learn about minerals in order to save granny from ruin.	APTEX	(S)	(CC)	N/A	#101H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Neck	ACCES		(CC)	N/A	#112H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Your Hamstrings	APTEX	(S)	(CC)	DVI	#925H
10:00:00	Sit and Be Fit Exercising with Accessories Mary Ann introduces a variety of unique exercises incorporating a large ball during the warm up and a small ball for finger flexibility and strengthening.	NETA	(S)	(CC)	N/A	#1313H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy Get Comfortable	NETA	(S)	(CC)	DVI	#1206H
	When you arrive at your destination, relax and get comfortable. Author and sewing instructor Donna Babylon gets organized with a double-zipped lingerie bag. Sew sews a comfy travel pillow, too. Fashion designer Angela Wolf sews an easy-to-make cover up and shares a tip for serging on lace.					
11:00:00	Knit and Crochet Now! Playful Ponchos	APTEX	(S)	(CC)	DVI	#603H
	Knit up a cable Cloos poncho, and Robyn will demonstrate how to crochet the open stitch Lisbon poncho. Learn how to knit the Ribbed Cables Scarf with Lena.					
11:30:00	Fons & Porter's Love of Quilting Core Connection	NETA	(S)	(CC)	N/A	#2702H
	Some quilt patterns just speak to us. Someday you know you will have to make one. The Apple Core template makes Core Connection a "snap" to cut, now to polish the curve piecing skill. Patrick Lose and Colleen Tauke will present how to use a template to cut and then piece with accuracy this beautiful quilt.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7067H
13:00:00	My Greek Table with Diane Kochilas	APTEX	(S)	(CC)	N/A	#101H
13:30:00	Nick Stellino: Storyteller in the Kitchen Family Matters	APTEX	(S)	(CC)	N/A	#108H
	Chef Stellino recalls the charming quirks of his family and how they have influenced his own outlook on food. His mother smelled the fruit; his uncle thought Brooklyn was named after broccoli; and how a one-pot dish and luxurious pudding brings everyone together. Dishes include: Pasta all' arrabbiata (pasta with a spicy tomato sauce) / salsicce brasate con broccoli e peperoni (braised sausages with broccoli and peppers) / banana cream pudding.					
14:00:00	Taste of History Alexander Hamilton The Financier	NETA	(S)	(CC)	N/A	#807H
	Alexander Hamilton authored the Federalist Papers, championed the authority of the Federal Government and established banking practices still in effect today. Chef Walter Staib explores the story of this fascinating American figure and prepares Fricassee of Veal with Turnips, Soft Shell Crabs and a classic dessert for Hamilton: the Financier!"					
14:30:00	Christopher Kimball's Milk Street Television Simply Spanish	APTEX	(S)	(CC)	N/A	#108H
	Host Christopher Kimball travels to Washington, D.C. to cook with Jose Andres. Back at Milk Street, Jose's love of great food made with simple ingredients and techniques is translated into everyday cooking as Milk Street Cook Matthew Card makes garlic soup (sopa de ajo). Milk Street Cook Rayna Jhaveri shows how to make Spanish spice-crusted pork tenderloin bites (pinchos morunos). The show ends with Milk Street Cook Lynn Clark showing Chris how to make a vibrant kale salad. Massaging the leaves to keep them from being tough-a technique borrowed from Japanese cooking.					
15:00:00	Beads, Baubles and Jewels Metal Stamping and Spiral Wire Wrapping	NETA	(S)	(CC)	N/A	#2104H
	As she crafts a cuff bracelet from metal, author and instructor Lisa Niven Kelly shows how to size, stamp and shape a bracelet for fit and fashion. Inspired by the Spirograph and string art popular in days-gone-by, she creates a beautiful wire-wrapped pendant. In Katie's Beading Lesson, learn to make a leather wrap bracelet.					
15:30:00	Katie Brown Workshop Under The Tuscan Sun	APTEX	(S)	(CC)	DVI	#506H
	Grab your passport because Katie and her workshop crew present sure-to-please Italian-inspired ideas. In the Kitchen: Tasty Polenta Bites, Italian-Style Focaccia Bread and Katie's Infamous Italian Chicken. Projects: Drying herbs with style. Building an herb garden.					
16:00:00	Biz Kid\$ What's Your Money Personality?	APTEX	(S)	(CC)	DVI	#501H
	How do you act with money? Are you a "Money Star," "Oblivious," or "Penny Wise Pound Foolish"? This episode looks at the range of emotional reactions and connections people have with money. So what personality are you? Find out in this episode.					

Tue, Oct 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Creatures With some paper and a little creativity, we'll make a silly, slithery creature. Candie Cooper recreates impressionist art and Katie Hacker makes glittery slime. Jenny Barnett-Rohrs makes creepy eyeballs and silly spiders for Halloween fun from blogger Morena Hockley.	NETA	(S)	(CC)	DVI	#1810H
17:00:00	P. Allen Smith's Garden Home No Passport Necessary You don't have to leave home to relax and take a break from life. P. Allen Smith will show you how to incorporate the vacation style and mindset into your everyday.	APTEX	(S)	(CC)	DVI	#1606H
17:30:00	Growing A Greener World The Weekend Farmer; Beyond The Garden-The Basics of Starting A Small Farm: For many, the longing for a more rural lifestyle comes calling sooner or later. Just a small plot of land out in the country for a weekend getaway we say; a few chickens, a garden and maybe a goat or two. Before you know it, you're farming. While experience is still the best teacher, we'll show you some of the most important considerations you need to know-before taking the plunge.	APTEX	(S)	(CC)	N/A	#507H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14217H
18:30:00	America's Heartland A huge Montana ranch welcomes tourists. A farm family works together to bring in the hay harvest. We visit Oregon's famous Tillamook cheese factory. Discover an underground harvest in a Utah salt mine.	APTEX	(S)	(CC)	N/A	#1219H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8152
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1343H
20:00:00	Sun Studio Sessions Farwell Angelina Farewell Angelina brings together four talented ladies who are taking Nashville by storm and building a growing fanbase across the country with their high energy shows and down home harmonies. Each of the ladies are award-winning songwriters, dynamic singers and multi-instrumentalists that come together in a captivating musical synergy. In this episode, the band performs live show stalwarts like "Shotgun Summer" and "American Fathers."	NETA	(S)	(CC)	N/A	#708H
20:30:00	Jammin at Hippie Jack's Outlaw Gospel This is a very special inside glimpse at Hippie Jack's. Sunday nights at our festival are dedicated to our family of performers. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.	NETA	(S)	(CC)	N/A	#1005H
21:00:00	Infinity Hall Live Hit Rewind Infinity Hall Live encores some of the best performances from past seasons: Barenaked Ladies - "One Week"; Melissa Etheridge - "Bring Me Some Water"; Rusted Root - "Send Me on My Way"; America - "Horse with No Name"; Cowboy Junkies - "Sweet Jane"; Toad the Wet Sprocket - "All I Want"; Fountains of Wayne - "Stacy's Mom"; Los Lonely Boys - "Heaven"; Joss Stone - "Right to Be Wrong".	APTEX	(S)	(CC)	N/A	#604H
22:00:00	Werewolf of the Bayou: Theater of the Mind It is 1940, and ace newspaper reporter Margo Mason heads to the Louisiana swamps to investigate a series of strange murders and an ancient curse centered around an archaeological dig and a strange skeleton unearthed: The body of a human, the head of a wolf. And chilling howls at night under the full moon. The local swamp witch says it's the rougarou werewolf, returned for vengeance. But who is the werewolf? And who will be its next victim?	NETA	(S)	(CC)	N/A	#0H
23:00:00	Trilogy of Terror: Theater of the Mind KTWU's Theatre of the Mind presents an all-new production in the style of a 1940's radio play. Based on three classic stories and adapted by playwright Philip Grecian. "The Fall of the House of Usher" by Edgar Allan Poe; "The Legend of Sleepy Hollow" by Washington Irving; "The Cats of Ulthar" by H. P. Lovecraft. As has been the custom with these dramas, the actors often play multiple roles and employ vintage microphones to simulate radio's Golden Age with live physical sound effects. They portray period radio performers, and so the haunted presence of Poe's House of Usher, the hoofbeats of the Headless Horseman and the horrific fantasy with felines is created through "theater of the mind" in the imagination of the listening audience.	NETA	(S)	(CC)	N/A	#0H