

Mon, May 01, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	New Environmentalists From Peru to Tanzania	NETA	(S)	(CC)	N/A	#2016H
	The New Environmentalists share a common goal - safeguarding the Earth's natural resources from exploitation and pollution, while fighting for justice in their communities. The film is the latest in the Mill Valley Film Group's Emmy Award-winning series featuring inspiring portraits of six passionate and dedicated activists. These are true environmental heroes who have placed themselves squarely in harm's way to battle intimidating adversaries while building strong grassroots support.					
00:30:00	The Kamla Show Special Hannah Kain	KAMLA	(S)	(CC)	N/A	#112H
	Kamla's guest today is Hannah Kain, CEO/President of ALOM, a global supply chain company in Fremont, CA. Kamla talks to her about her journey from a liberal arts student to founding a company in Silicon Valley.					
01:00:00	Black America Black Women, Beauty and Power with Vanessa De Luca	EPS	(S)	(CC)	N/A	#109H
	Carol Jenkins sits down with Vanessa De Luca, editor in chief of Essence Magazine and discusses the April issue featuring Audra McDonald, The essence Beauty Box and the launch of 'Essence Live'.					
01:30:00	Black America Social Media with Marcus Mabry	EPS	(S)	(CC)	N/A	#110H
	Esteemed journalist and Managing Editor of TwitterMoments, Marcus Mabry joins Carol Jenkins to shed some light on this powerful force known to us as social media.					
02:00:00	Shifting Sands: on the Path to Sustainability	APTEX	(S)	(CC)	N/A	#0H
	For more than a century, North America's giants in manufacturing (US Steel, Standard Oil and Bethlehem Steel) and preservationists battled over a 47-mile stretch of sandy shore along Lake Michigan that contains one of the most diverse ecosystems on the planet-the Indiana Dunes region. While the factories provided jobs and contributed to the community's economic growth, they also wiped out a tremendous amount of rare habitat, and polluted the waterways. In SHIFTING SANDS: ON THE PATH TO SUSTAINABILITY, the hour-long documentary takes a look at the decades-long effort to create the Indiana Dunes National Lakeshore amid the presence of heavy industry along Lake Michigan. It also highlights the collaborative effort to clean up and restore the region. The clash over the Indiana Dunes-considered to be the birthplace of ecological science in North America-would lead to the creation of public policy with worldwide impact, and it would give the United States one of its first urban National Parks. Today, that decades-old battle has transformed into a new model of cooperation, where industrialists and environmentalists, once bitter adversaries, are now working together to steer this community toward sustainability.					
03:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
	COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical break-through, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.					
04:00:00	Paleo Sleuths	APTEX	(S)	(CC)	N/A	#0H
	The one-hour program PALEO SLEUTHS explores a series of paleontology excavations that showcase the changing landscape and animal life on America's Great Plains - beginning 34 million years ago with the Ice Age. Through interviews with paleontology experts, modern-day footage of excavations, historic re-enactments, archival photo-graphs, and stunning animations with 3-D models that bring pre-historic figures to life, the educational and informative PALEO SLEUTHS features fossil discoveries in the Great Plains that challenge popular understanding of the origins of mammals.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#220
08:00:00	Ruby's Studio The Friendship Show	APTEX	(S)	(CC)	N/A	#102H
	"Ruby's Studio: The Friendship Show" offers kids invaluable tools to help them make and nurture lasting friendships. With a curriculum guided by parenting expert and author, Dr. Robyn Silverman.					

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08:30:00	1001 Nights Sinbad Forever/One Thousand and One Nights "Sinbad Forever" - When Sinbad destroys the Queen's fleet, he gets stripped of his rank and becomes homeless. "One Thousand and One Nights" - The story of how the book of 1001 Nights came to be.	NETA	(S)	(CC)	DVI	#126H
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 2	ACCES		(CC)	N/A	#121H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Hip Strengthening	APTEX	(S)	(CC)	DVI	#918H
10:00:00	Sit and Be Fit Improve Your Mood In this episode Mary Ann uses tactile stimulation to increase circulation and elicit a relaxed state of body and mind.	NETA	(S)	(CC)	N/A	#1310H
10:30:00	It's Sew Easy The Stylish Girl Kids like to create their own style. Designer Carla Macklin sews a super-cute, versatile vest for boys or girls. In the style tip, sewing educator Deb Barcello shows an easy way to make a narrow hem. Fashion designer Angela Wolf gives a professional finish to knit hems and Deb Barcello returns to make a fun and sassy circle skirt.	NETA	(S)	(CC)	DVI	#1105H
11:00:00	Knit and Crochet Now! Colorful Hats Learn how to crochet an African Flower Slouch with Robyn and work 2-color knit magic with Kristin's Hat. Lena goes through the steps of a crochet Motif Cowl.	APTEX	(S)	(CC)	DVI	#602H
11:30:00	Fons & Porter's Love of Quilting Folk Dance There are dozens of "traditional" quilt block designs. This episode features a quilt that uses one of those blocks - the Fons & Porter Pickle Dish Template Set makes the cutting and piecing of this block more enjoyable. Mary and Marianne Fons will guide you through the construction of the block, with tips that make your patchwork trouble-free.	NETA	(S)	(CC)	N/A	#2801H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6201H
13:00:00	America's Test Kitchen from Cook's Illustrated Korean Feast Host Julia Collin Davison shows host Bridget Lancaster how to make the ultimate Korean rice bowl at home. Then, equipment expert Adam Ried reviews spider skimmers in the equipment corner. Finally, test cook Dan Souza reveals the secrets for making perfect Korean fried chicken wings.	APTEX	(S)	(CC)	N/A	#1710H
13:30:00	Pati's Mexican Table My Three Favorite Boys This episode is all about Pati's boys - it's time for a little mother-son bonding. First, Pati takes Alan, Sami and Juju to their favorite place to have fun. Then for lunch, the boys will pick their favorite dishes that their mom makes. The only hitch? They have to give Pati a hand as she prepares each dish. Recipe 1: Alphabet Soup; Recipe 2: Molletes, Grilled Cheese & Bean Heroes; Recipe 3: Pico de Gallo Salsa; Recipe 4: Dulce de Leche (Cajeta) Cheesecake.	APTEX	(S)	(CC)	N/A	#303H
14:00:00	Primal Grill with Steven Raichlen Asia's Crossroads Some of the world's biggest flavors come hot off some of the world's smallest grills. Proof positive? Sizzling beef sates-cut from well-marbled rib eye steaks and masterfully spiced with cumin, coriander, and turmeric from tiny Singapore. From Guam, where the sun first rises on American barbecue, comes a main-course chicken salad like your mother never made: smoked chicken with freshly grated coconut and vivifying doses of lime juice and chiles. Cambodia boasts some of the world's best grilled corn (basted with coconut milk), while Malaysia gives us a unique way for preparing swordfish: slathered with lemongrass paste, then wrapped and grilled in banana leaves-a popular Asian technique that not only keeps the fish moist, but that keeps it from sticking to the grill grate. Singapore Beef Sates; Guamanian Chicken Salad; Malaysian Swordfish in Banana Leaves; Cambodian Corn.	APTEX	(S)	(CC)	N/A	#307H

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14:30:00	Steven Raichlen's Project Smoke Seafood Gets Smoked  It's a simple formula-seafood plus salt plus wood smoke-but the results are richly flavorful and complex. In this show, you'll learn essential seafood smoking techniques, from brining and curing to cold- and hot-smoking. Smoked shrimp and corn chowder, New Orleans barbecued shrimp, whisky-cured salmon, and salmon candy-all get the smoke treatment. Teach a man to smoke and he'll feast on glorious seafood the rest of his days. Smoked shrimp and corn chowder; Whisky-cured cold-smoked salmon; NOLA barbecued shrimp; Salmon candy.	APTEX	(S)	(CC)	N/A	#205H
15:00:00	Beads, Baubles and Jewels Bead Weaving  Sleepless Beader Leslie Rogalski shows her contemporary take on the traditional method of bead weaving on a loom. Using a variety of threads, cords and large beads, Leslie creates unconventional, trendy jewelry using traditional stitching. Katie shares tips for storing and organizing beading supplies.	NETA	(S)	(CC)	N/A	#2103H
15:30:00	Make It Artsy Nature  Just step outside to find artsy inspiration in nature. Calligrapher Janet Takahashi adds floral accents to plain lettering. Metalsmith Mary Hettmansperger adds patinas to copper. Art entrepreneur Jenn Mason captures nature's beauty in monostenciling. Julie Fei Fan Balzer has a tip for printing designs with items from nature.	NETA	(S)	(CC)	N/A	#105H
16:00:00	Biz Kid\$ All in the Family  Does your family talk marketing over meatloaf? Do you know someone who tracks revenue at the family reunion? Family-run businesses come in all shapes and sizes whether you're a mom-and-pop shop or the Ford Motor Corporation. Learn how families work, grow, and fight their way to profits.	APTEX	(S)	(CC)	DVI	#513H
16:30:00	Hands On Crafts for Kids People  People keep life exciting. Jenny Barnett-Rohrs shows how to tag you and your best friends with matching lanyard tags. Candie Cooper celebrates diversity with whimsical cone kids. She also crafts one-of-a-kind wooden kokeshi dolls. Jenny uses age-old symbols to monoprint a family crest to frame or use for banners.	NETA	(S)	(CC)	DVI	#1906H
17:00:00	P. Allen Smith's Garden Home The Future  A look at the latest in garden and design innovations and how to incorporate them into your home and outdoor spaces.	APTEX	(S)	(CC)	N/A	#1404H
17:30:00	Growing A Greener World Growing Healthy Foods and Sustainable Communities (Atlanta, Ga)  The modern farmer often bears no resemblance to the old stereotype. Many young farmers today are growing much more than just healthy crops. They're thinking outside the plot to raise healthy communities and lifestyles around organically grown food, school and community gardens, even eco-conscious resorts. Daron Joffe (a.k.a. "Farmer D") is one such farmer and entrepreneur breaking down the walls of traditional farming. Today, his services and projects can be found all around the country, and the proven results of his efforts are in high demand by some of the most prominent gardeners and companies in America.	APTEX	(S)	(CC)	N/A	#713H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14086H
18:30:00	Asian American Life  We profile Asian American leaders nationwide and locally who are making a difference in their communities. The show was filmed at Asia Society Museum's, Golden Vision of Densatil: A Tibetan Buddhist Monastery exhibit of art and sculptures. Asia Society exhibits the world's finest contemporary and traditional Asian and Asian American Art.	EPS	(S)	(CC)	N/A	#205H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8021
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3516H
20:00:00	Music City Roots Live from the Factory  New Americana star Parker Millsap brings bracing songs from Oklahoma. The Secret Sisters sing intimate classic country. And Southern rockers Blackberry Smoke strip down for a finely crafted acoustic set.	APTEX	(S)	(CC)	N/A	#412H

## Daily Program Listing II

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Dennison Lodge Mike Dowling	NETA	(S)	(CC)	N/A	#107H
	Mike Dowling, a nationally acclaimed, Grammy winning acoustic guitar virtuoso entralls an audience of neighbors and friends with his passion for American roots music.					
22:00:00	NHK March Specials The Gate: A Pacific Journey	APTEX	(S)	(CC)	N/A	#101H
	The huge earthquake and tsunami that struck northeaster Japan five years ago swept vast amounts of debris across the Pacific. Many objects reached the U.S. state of Oregon, including the crossbeams from the gates of a Shinto shrine dedicated to the safety of local villagers who depend on the sea. Thanks to the all-out efforts of people living in America, those precious artifacts have made the long journey home. The film tells the story of how this incredible homecoming formed bonds of friendships between people living an ocean apart.					
23:00:00	El Taller	NETA		(CC)	N/A	#0H
	Proyecto Teatro aims to make the arts accessible to the entire community, regardless of income levels, and to reduce social and cultural differences of society. For actor and director Alejandro Pedemonte creating a space that leads to human development through the arts was his main goal when he created Talleres Infantiles, a year round Spanish language art program for mostly low income students. We follow a group of students and volunteers for a year as they work together to improve their community while maintaining their culture alive. An Arts in Context special.					

Tue, May 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8021
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3516H
01:00:00	Music City Roots Live from the Factory New Americana star Parker Millsap brings bracing songs from Oklahoma. The Secret Sisters sing intimate classic country. And Southern rockers Blackberry Smoke strip down for a finely crafted acoustic set.	APTEX	(S)	(CC)	N/A	#412H
02:00:00	Live from the Dennison Lodge Mike Dowling Mike Dowling, a nationally acclaimed, Grammy winning acoustic guitar virtuoso enralls an audience of neighbors and friends with his passion for American roots music.	NETA	(S)	(CC)	N/A	#107H
03:00:00	NHK March Specials The Gate: A Pacific Journey The huge earthquake and tsunami that struck northeastern Japan five years ago swept vast amounts of debris across the Pacific. Many objects reached the U.S. state of Oregon, including the crossbeams from the gates of a Shinto shrine dedicated to the safety of local villagers who depend on the sea. Thanks to the all-out efforts of people living in America, those precious artifacts have made the long journey home. The film tells the story of how this incredible homecoming formed bonds of friendships between people living an ocean apart.	APTEX	(S)	(CC)	N/A	#101H
04:00:00	El Taller Proyecto Teatro aims to make the arts accessible to the entire community, regardless of income levels, and to reduce social and cultural differences of society. For actor and director Alejandro Pedemonte creating a space that leads to human development through the arts was his main goal when he created Talleres Infantiles, a year round Spanish language art program for mostly low income students. We follow a group of students and volunteers for a year as they work together to improve their community while maintaining their culture alive. An Arts in Context special.	NETA		(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#221
08:00:00	Ruby's Studio The Safety Show "Ruby's Studio: The Safety Show," offers kids age-appropriate language and tools to keep themselves safe with an empowering, non-fearful approach. Curriculum developed and guided by Child Safety expert, Pattie Fitzgerald.	APTEX	(S)	(CC)	N/A	#103H
08:30:00	Thomas Edison's Secret Lab Nicky's Compass Goes South/A Gem of a Deal Compass: When the SECRET LAB KIDS head off to rescue some stranded hikers with the aid of Nicky's cell phone compass her battery fizzles out and the team must return to the lab and build a conventional compass. Gem: When a con artist purchases Nicky's granny's house for a fake gemstone necklace, the SECRET LAB KIDS must learn about minerals in order to save granny from ruin.	APTEX	(S)	(CC)	N/A	#101H
09:00:00	Functional Fitness with Suzanne Andrews Headache Prevention	ACCES		(CC)	N/A	#122H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Toning	APTEX	(S)	(CC)	DVI	#919H
10:00:00	Sit and Be Fit Lighthearted Exercises Mary Ann introduces a variety of new exercises for fingers, gait and back strengthening in this fun, light-hearted episode.	NETA	(S)	(CC)	N/A	#1311H
10:30:00	It's Sew Easy Styling Details Design details make the style statement. Fashion designer Kay Whitt shows how to sew classic set-in sleeves. In the style tip, fashion stylist Judy Kessinger installs a zipper in a new way. Sewing educator Rebecca Kemp Brent has a tip for sewing elastic. Designer Heather Valentine adds spirit and style to a fleece vest with color-blocking and distinctive zippers.	NETA	(S)	(CC)	DVI	#1106H
11:00:00	Knit and Crochet Now! Playful Ponchos Knit up a cable Cloos poncho, and Robyn will demonstrate how to crochet the open stitch Lisbon poncho. Learn how to knit the Ribbed Cables Scarf with Lena.	APTEX	(S)	(CC)	DVI	#603H

Tue, May 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:30:00	Fons & Porter's Love of Quilting Kin Coterie	NETA	(S)	(CC)	N/A	#2802H
	When you find a block pattern you love, does it also have a "sister" block? We will define the term and show you how to creatively design a quilt using that as your inspiration. Patrick and AnneMarie Chany discuss color choices, techniques and arrangement of patchwork-all decisions we address in this episode.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6202H
13:00:00	Julie Taboulie's Lebanese Kitchen Garden of Dreams	APTEX	(S)	(CC)	DVI	#101H
	In this sensational season opener of the series, Julie finds herself in a garden of dreams in Mama's Glorious Garden. This special place and special person, both serve as Julie's number one source of inspiration and ideas that influences her to create, cook and celebrate her impressive line-up of fresh, flavorful and fabulous Lebanese foods. From exquisite eggplant, vine-ripe ruby-red tomatoes and spectacular Swiss chard to bouquets of healthy herbs, perky peppers and purple potatoes, Julie showcases and shares some special Lebanese recipes in which all of the ingredients are sourced straight from Mama's home-grown garden. Throughout this spectacular show, Julie takes viewers along with her right into the garden to get an up close and personal look at all of the beautiful and breathtaking bounty as she meets with Mama who shares some of her green-thumb gardening tips for viewers to try for themselves at home. It's more garden, more glory and most of all more Mama in Julie's garden of dreams show, let's dig into deliciousness.					
13:30:00	Sara's Weeknight Meals Chicken Comfort	APTEX	(S)	(CC)	N/A	#515H
	When it comes to comfort food, chicken is the number one ingredient. In fact, it's the star of Jean Anderson's fried chicken. Put away your fryer because this chicken is baked! Then, Sara comes through with a cozy winter chicken chili to warm your bones.					
14:00:00	Taste of History Take to the Waters	NETA	(S)	(CC)	N/A	#606H
	As the tide of settlement pushed native Americans further west, many aristocrats found respite at the Jefferson Pools in Warm Springs Virginia. Chef Staib bathes in the history of the Hot Springs and retraces the path of 22 presidents at the historic Omni Homestead Hotel. Staib cooks mountain trout, honey stung Brussels sprouts, "hausenpfeffer" braised marinated rabbit and roasted, stuffed tenderloin of venison.					
14:30:00	Sara's Weeknight Meals Holiday Sides	APTEX	(S)	(CC)	N/A	#603H
	The winter is full of big family meals where you really have to be on your game to get food on the table all at once. Sara shows a little love to the unsung heroes of the big meal, the sides. She's got delicious winter vegetables like shredded butternut squash with dates, Brussels sprouts with panko breadcrumbs and a creamy tahini sauce, plus a creamy root vegetable soup that can stand on its own as a main course or serve as a first course. And for the hungry cook: apple nutmeg bites to tide you over until dinnertime. Recipes: Root vegetable soup with pita crisps; Shredded butternut squash with dates; Brussels sprouts with panko; Apple nutmeg bites 3.					
15:00:00	Beads, Baubles and Jewels Metal Stamping and Spiral Wire Wrapping	NETA	(S)	(CC)	N/A	#2104H
	As she crafts a cuff bracelet from metal, author and instructor Lisa Niven Kelly shows how to size, stamp and shape a bracelet for fit and fashion. Inspired by the Spirograph and string art popular in days-gone-by, she creates a beautiful wire-wrapped pendant. In Katie's Beading Lesson, learn to make a leather wrap bracelet.					
15:30:00	Make It Artsy Color	NETA	(S)	(CC)	N/A	#106H
	Color adds impact to your designs. Host Julie Fei Fan Balzer adds color to dark backgrounds. Color explodes from collaged bags from crafty chica Kathy Cano-Murillo. Designer Mou Saha transforms a coloring book page into a watercolor painting. In the tip, mixed media artist Dina Wakley pours onto her journal pages.					
16:00:00	Biz Kid\$ What Is A Biz Kid?	APTEX	(S)	(CC)	DVI	#101H
	You'll learn that anybody can be a Biz Kid with effort and the right attitude. Biz Kids identify a need, make a plan, and take action. Join us and you'll meet a skateboard designer, a rap music producer, a boy who started a rock-a-thon to raise money for hospital rocking chairs, and more. You'll also discover the entrepreneur who built a wildly successful garden products business on ... worm poop. All successful. All Biz Kids.					
16:30:00	Hands On Crafts for Kids Animals	NETA	(S)	(CC)	DVI	#1907H
	Animals come in endless varieties. Inspired by ocean creatures, Jenny Barnett-Rohrs creates a sea-life totem. Candy Cooper crafts a piggy bank that holds bills and coins. Artist Franz Spohn adds animation to his favorite animals. Jenny crafts loony llamas from pool noodles.					

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17:00:00	P. Allen Smith's Garden Home Your Happy Place What is your bliss? Do you have one? Let P. Allen Smith help you find and cultivate it.	APTEX	(S)	(CC)	N/A	#1405H
17:30:00	Growing A Greener World Redeeming Your Ground (Atlanta, Ga) How often do we move into a house that provides adequate shelter but does nothing to beckon you outside beyond the walls? That was the case for the Scott family... until they decided to do something about it. What started as an experimental small vegetable garden at the back of the driveway has since evolved into a livable and inviting backyard that is now an essential part of their everyday living space. See how this family's efforts to redeem their ground opened up a whole new world of life in the great outdoors, and how many of the simple changes they made will inspire you in your own backyard.	APTEX	(S)	(CC)	N/A	#714H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14087H
18:30:00	Americas Now Venezuela's Hyperinflation & Galician Homecoming Venezuela - Hyperinflation - Imagine living in a country where the price of everything doubles every 18 days... where in one year, the price of anything can rise well above 12-hundred percent. That's been the recent reality for Venezuelans, whose economy has been ravaged by the fall in the global price of oil, declining productivity and political turmoil. Stephen Gibbs portrays the cases of three locals on their daily struggle. To discuss Venezuela's current economic landscape, we are joined by Temir Porras, a foreign policy specialist who served for ten years as presidential assistant to the late Hugo Chavez. Mexico - Galicia Homecoming In a remote corner of Galicia, a coastal province in Northwestern Spain, summer signals a huge influx of people. But not all of them are tourists who have come to enjoy the sun. Many, in fact, have come for funerals. For generations, thousands of Galician families have left home to find riches in Mexico, as well as the rest of Latin America. But no amount of money they find is enough to replace their final wish: to be buried in the land they were born. Correspondent Gerry Hadden reports on the bonds that keep those who spend a lifetime in Latin America, bound to the place they once called home. Bolivia -Fortune Festival - Finally, we introduce you to Ekeko, the Pre-Columbian God of Prosperity whose miniature statue can be found in almost every home in Bolivia. He is said to bring wealth, hope and happiness... so every year, Bolivians take to the streets so they can buy him tiny offerings. We leave you this week with images of the Alasitas Festival, where gifts for Ekeko - the god of Abundance - abound.	NETA	(S)	(CC)	N/A	#125H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8022
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1317H
20:00:00	Sun Studio Sessions J.D. McPherson (Encore) Originally from Broken Arrow, Oklahoma, J.D. McPherson was named by Rolling Stone as an artist to watch and he has performed on Conan O'Brien, NPR's World Cafe and Jay Leno's Tonight Show. J.D.'s sound harkens back to the early days of rock and roll and on this encore episode, he performs several of his signature tunes, including "Northside Gal."	NETA	(S)	(CC)	N/A	#808H
20:30:00	Jammin at Hippie Jack's Outlaw Gospel This is a very special inside glimpse at Hippie Jack's. Sunday nights at our festival are dedicated to our family of performers. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.	NETA	(S)	(CC)	N/A	#1005H
21:00:00	The Kate Mary Lambert Pop star, poet, activist, and writer Mary Lambert moves audiences to laughter and tears with her powerful prose, quirky humor, and unwavering compassion on The Kate. Includes the hit song "She Keeps Me Warm."	APTEX	(S)	(CC)	N/A	#204H
22:00:00	World Dancesport Grandslam Series Latin Series: The First Four Legs This second episode covers four legs of the GrandSlam Latin Series, from the first leg in Helsinki, Finland, to Wuhan, China, in Hong Kong and Moscow. Italians Nino Langella and Khrystyna Moshenska have dominated Latin dancing for the past three years. After winning three World Championships and a total of 13 GrandSlams, the couple split ahead of this year's GrandSlam Series. Both dancers found new partners. Will either Nino or Khrystyna, in their new partnerships, be able to replicate their prior success? Two couples in particular stand poised to keep that from happening: Gabriele Goffredo and Anna Matus from Moldova, and Russians Armen Tsaturyan and Svetlana Gudyno, who have long tried to break the hegemony of the Italians. Dance legend Peter Maxwell is the host to this hour featuring DanceSport competition full of glitz and glamour. Once the world's best face off against each other on the floor, the focus turns to the sporting action that combines perfect technique with artistry and outstanding athleticism in highly aesthetic performances.	APTEX	(S)	(CC)	N/A	#102H

Tue, May 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	It's "Just" Anxiety	APTEX	(S)	(CC)	DVI	#0H
<p>IT'S "JUST" ANXIETY is a revealing documentary that introduces a dozen people from diverse backgrounds who describe their personal struggles with this mental health condition. Filmed over a period of five years, the documentary follows several individuals with anxiety symptoms ranging from excessive worry and fear to more extreme manifestations such as compulsive behavior and torturous panic attacks. June Moss, for instance, a retired staff sergeant in the U.S. Army, thrived in the real life or death scenarios of war, but upon returning home has been facing the debilitating effects of post-traumatic stress disorder (PTSD). Similarly, Scott Stossel, editor of the monthly magazine "The Atlantic" and author of "My Age of Anxiety: Fear, Hope, Dread, and the Search for Peace of Mind," has been grappling with his generalized anxiety and various therapies for years. Throughout the documentary he shares his personal history as both researcher and patient. Another individual, Jamie Blyth, found that the more he avoided his anxiety, the worse his symptoms got. He began a career in sales and signed on for the first season of "The Bachelorette" in order to face his social anxiety, an experience he reveals in the film. We also meet Lori Daniels, who has been swallowed up in a battle with obsessive compulsive disorder (OCD) and confines herself to a single armchair in her living room. When she comes in contact with any person or object, she must run to the bathroom and aggressively wash her hands. However, by the end of the film, Lori is in therapy and poignantly thriving - shaking hands, petting cats, accepting hugs, and working as a teacher. With more than 40 million Americans suffering from anxiety, the one-hour documentary aims to destigmatize and humanize this debilitating yet treatable mental health issue. The inspiring real-life stories presented in the program demonstrate how those who suffer from this mental health issue can begin the path to recovery.</p>						



Wed, May 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8022
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1317H
01:00:00	Sun Studio Sessions J.D. Mcpherson (Encore)	NETA	(S)	(CC)	N/A	#808H
	Originally from Broken Arrow, Oklahoma, J.D. McPherson was named by Rolling Stone as an artist to watch and he has performed on Conan O'Brien, NPR's World Cafe and Jay Leno's Tonight Show. J.D.'s sound harkens back to the early days of rock and roll and on this encore episode, he performs several of his signature tunes, including "Northside Gal."					
01:30:00	Jammin at Hippie Jack's Outlaw Gospel	NETA	(S)	(CC)	N/A	#1005H
	This is a very special inside glimpse at Hippie Jack's. Sunday nights at our festival are dedicated to our family of performers. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.					
02:00:00	The Kate Mary Lambert	APTEX	(S)	(CC)	N/A	#204H
	Pop star, poet, activist, and writer Mary Lambert moves audiences to laughter and tears with her powerful prose, quirky humor, and unwavering compassion on The Kate. Includes the hit song "She Keeps Me Warm."					
03:00:00	World Dancesport GrandSlam Series Latin Series: The First Four Legs	APTEX	(S)	(CC)	N/A	#102H
	This second episode covers four legs of the GrandSlam Latin Series, from the first leg in Helsinki, Finland, to Wuhan, China, in Hong Kong and Moscow. Italians Nino Langella and Khrystyna Moshenska have dominated Latin dancing for the past three years. After winning three World Championships and a total of 13 GrandSlams, the couple split ahead of this year's GrandSlam Series. Both dancers found new partners. Will either Nino or Khrystyna, in their new partnerships, be able to replicate their prior success? Two couples in particular stand poised to keep that from happening: Gabriele Goffredo and Anna Matus from Moldova, and Russians Armen Tsaturyan and Svetlana Gudyono, who have long tried to break the hegemony of the Italians. Dance legend Peter Maxwell is the host to this hour featuring DanceSport competition full of glitz and glamour. Once the world's best face off against each other on the floor, the focus turns to the sporting action that combines perfect technique with artistry and outstanding athleticism in highly aesthetic performances.					
04:00:00	It's "Just" Anxiety	APTEX	(S)	(CC)	DVI	#0H
	IT'S "JUST" ANXIETY is a revealing documentary that introduces a dozen people from diverse backgrounds who describe their personal struggles with this mental health condition. Filmed over a period of five years, the documentary follows several individuals with anxiety symptoms ranging from excessive worry and fear to more extreme manifestations such as compulsive behavior and torturous panic attacks. June Moss, for instance, a retired staff sergeant in the U.S. Army, thrived in the real life or death scenarios of war, but upon returning home has been facing the debilitating effects of post-traumatic stress disorder (PTSD). Similarly, Scott Stossel, editor of the monthly magazine "The Atlantic" and author of "My Age of Anxiety: Fear, Hope, Dread, and the Search for Peace of Mind," has been grappling with his generalized anxiety and various therapies for years. Throughout the documentary he shares his personal history as both researcher and patient. Another individual, Jamie Blyth, found that the more he avoided his anxiety, the worse his symptoms got. He began a career in sales and signed on for the first season of "The Bachelorette" in order to face his social anxiety, an experience he reveals in the film. We also meet Lori Daniels, who has been swallowed up in a battle with obsessive compulsive disorder (OCD) and confines herself to a single armchair in her living room. When she comes in contact with any person or object, she must run to the bathroom and aggressively wash her hands. However, by the end of the film, Lori is in therapy and poignantly thriving - shaking hands, petting cats, accepting hugs, and working as a teacher. With more than 40 million Americans suffering from anxiety, the one-hour documentary aims to destigmatize and humanize this debilitating yet treatable mental health issue. The inspiring real-life stories presented in the program demonstrate how those who suffer from this mental health issue can begin the path to recovery.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#222
08:00:00	Ruby's Studio The Siblings Show	APTEX	(S)	(CC)	N/A	#104H
	"Ruby's Studio: The Siblings Show" is an engaging way to help young siblings reduce rivalry, boost harmony, and celebrate family. Curriculum written in consultation with child development experts, Dr. Joshua Sparrow and Dr. Laura Markham.					
08:30:00	Thomas Edison's Secret Lab The Eagle Has Landed/Bee-Gone	APTEX	(S)	(CC)	N/A	#102H
	Eagle: When a power company worker finds an abandoned eagle's nest precariously perched atop a wind turbine the SECRET LAB KIDS build a homemade rocket to fire a rope up to him so he can lower the nest to safety. Bee: When JD and Kent discover there's a shortage of beeswax for their surfboards, it leads to the discovery that all the local honeybees have vanished from the beehives.					

Wed, May 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Interval Training	ACCES		(CC)	N/A	#123H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Back Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#920H
10:00:00	Sit and Be Fit Back and Abdominal Strengthening This episode focuses on stretching and strengthening the abdominal and back muscles to protect the spine and help avoid injury.	NETA	(S)	(CC)	N/A	#1312H
10:30:00	It's Sew Easy Style for Evening Evening-wear for men and women offers endless style opportunities. Designer and educator Louis Carney adds glitz and glamour to men's fashions with metallic thread and crystals. Embroidery educator Joanne Banko creates beautiful, Asian-inspired sleepwear with embroidered details and stylish closures.	NETA	(S)	(CC)	DVI	#1107H
11:00:00	Knit and Crochet Now! Comfy Afghans Ellen shows hot to stich up the Spring Bud Afghan by Rena Stevens, then Kristin takes us through the steps of the knit Cabled Cube Throw. Lena demonstrates the crochet Popcorn Crawl, always a fashion favorite! Robyn designed this beautiful crochet Raglan Lace Tee and will show you step by step how to make it.	APTEX	(S)	(CC)	DVI	#604H
11:30:00	Fons & Porter's Love of Quilting Dressed-Up Patchwork: Piecing with Alternative Fabrics Creating an original quilt, sometimes takes in a different direction. As quilters we work with cotton fabrics a majority of the time. Have you been curious about all the other fabrics available, denim, velvet, taffeta, and knits just to name a few. Can they be used in quilts? If so, what type of quilts and how do we approach them successfully. Patrick is joined by Jerry Granata an award winning quilter who teaches us the methods for working with alternative fabrics.	NETA	(S)	(CC)	N/A	#2803H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6203H
13:00:00	Lidia's Kitchen Brodetto Brodetto is a savory, soup fish preparation that can be found up and down the coast of Italy. Lidia makes her rrodetto with onion, scallion, clams and mussels and lots of parsley and pepperoncino. Lidia's walnut cake is delicate and nutty with just enough espresso to make it truly Italian.	APTEX	(S)	(CC)	N/A	#322H
13:30:00	Annabel Langbein: The Free Range Cook Fiesta for Friends Annabel Langbein picks heritage apples from a family orchard dedicated to preserving rare varieties in sunny Nelson, New Zealand. Returning to her lakeside cabin, she cooks a Mexican-style feast of succulent slow-cooked pork with smoky chili beans and guacamole, followed by the easiest, most refreshing apple and raspberry sorbets ever. Recipes from this episode: cinnamon apple fritters, garden gazpacho, Mexican rub, Mexican pulled pork, smoky chili beans, chunky guacamole, fresh flour tortillas, apple and berry sorbets.	APTEX	(S)	(CC)	N/A	#108H
14:00:00	Simply Ming Tiffani Faison This week on Simply Ming, Top Chef alum and restaurateur, chef Tiffani Faison joins the show. She's the chef and owner of Tiger Mama and Sweet Cheeks in Boston. Today it's all about ground meat. Tiffany is making a Vietnamese dish called pad gra pow and Ming is making meatloaf sliders with sambal-bell pepper chutney. They're kicking off the party with a simple and delicious caipirinha.	APTEX	(S)	(CC)	N/A	#1404H
14:30:00	Cook's Country Southern Comfort Test cook Bridget Lancaster shows host Christopher Kimball how to make a regional recipe, Delta hot Tamales at home. Then, Chris shares a test kitchen tip for taking the bite out of garlic. Finally, test cook Julia Collin Davison reveals the secrets to another regional specialty, Charleston shrimp perloo.	APTEX	(S)	(CC)	N/A	#809H
15:00:00	Beads, Baubles and Jewels Wire Coiling Inventor Sandra Lupo uses the ancient art of wire coiling to make wire-wrapped cones for end caps, tassel toppers and other creative embellishments. Learn to create a Kumihimo board to create a braid finished with cones and a clasp. Katie shows how to make a riveted leather strap bracelet with crystals.	NETA	(S)	(CC)	N/A	#2105H

Wed, May 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Industrial	NETA	(S)	(CC)	N/A	#107H
	Look toward the gritty, industrial world for inspiration. Using industrial materials, Joe Rotella creates an artsy tray. Illustrator Jenn Mason designs contemporary earrings, then hardens them with heat. Joe Rotella revs up his micro lathe to carve a keepsake pen. Finally, take a road trip to the Columbus Idea Foundry, a center for the growing Maker Movement.					
16:00:00	Biz Kid\$ What Is Money?	APTEX	(S)	(CC)	DVI	#102H
	The Biz Kids say: "Show me the money!" Join us and you'll take a grand tour through the history of money from the days of bartering, through the first coins and currency, all the way to the electronic transfers of today. Watch as the Biz Kids put on cowboy boots and get a crash course in the art of negotiation and exchange at a high-energy cattle auction in Colorado.					
16:30:00	Hands On Crafts for Kids Stylish	NETA	(S)	(CC)	DVI	#1908H
	Freshen up your style statement. Jenny Barnett-Rohrs fashions a colorful ID bracelet from clay and makes a foxy felt animal pouch. Jenny weaves a trendy beaded bracelet of silver and gold. Then, using fabric and ribbon, Jenny creates a decorator-style memo board to stay organized.					
17:00:00	P. Allen Smith's Garden Home First Things First	APTEX	(S)	(CC)	N/A	#1406H
	Sometimes the first step is the hardest. Gain confidence and let P. Allen Smith show you how to build a solid foundation in your garden.					
17:30:00	Growing A Greener World The Compost Peddlers (Austin, Tx)	APTEX	(S)	(CC)	N/A	#715H
	America is on a mission to lighten their environmental footprint while reducing waste going into landfills. Many urban and suburban homeowners know that composting is a great way to do both. Yet not everyone is ready to take the dive into managing a backyard heap of food scraps and yard debris. In Austin, locals can have the best of both worlds. The Compost Peddlers is a small eco-minded company on a big mission. Using the clean energy of pedal power, they'll bike to your door, pick up your weekly collection, and haul it off to a nearby farm to do the dirty work for you. Keeping it local and out of the landfill while producing an abundance of compost, it's a winning recipe and a business model that's as green as it gets and growing fast.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14088H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#504H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8023
19:30:00	In Good Shape Bed Bugs & Friends	WNVC	(S)	(CC)	N/A	#414H
	How can you protect yourself against these bloodsucking parasites, and how can you deal with an infestation? Also, common remedies for a toothache, and a new cardiovascular therapy.					
20:00:00	The Lowertown Line. The Lowertown Line: The Blind Shake	APTEX	(S)	(CC)	N/A	#109H
	Three-piece garage rock band The Blind Shake performs live at The Amsterdam Bar and Hall in Saint Paul. Their music combines '60's psychedelic influences with a contemporary punk rock sound. The band talks about their aesthetic, their penchant for old school recording techniques, and Minnesota's connection to surf music. Songs performed: I'm Not an Animal, Old Lake, Fly Right, Young Carnival Waste, Calligraphy, Tar Paper.					

Wed, May 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#201H
<p>Artists: J. Scott Franklin, Eric Gnezda (with Arkadiy Gips), Mary Bragg, and Tracy Walker. Artist Bio: J. Scott Franklin of Cleveland has been said to "lasso moments in time." His first love is poetry, and his songs are woven together by unique and beautifully crafted phrases. He is the 2013 winner of the Frank Brown International Songwriter Festival Contest, and has touched audiences throughout the US and Europe. Born in Virginia, he moved to Ohio and attended Bowling Green State University on a trumpet scholarship. Scott dazzles crowds with his energy and love for the audience. He sings "Clint Eastwood." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and earned an Emmy nomination as a television journalist. He is a regular Writers Night performer at Nashville's iconic venue for songwriters, The Bluebird Cafe. He performs "Daddy's Wheels" with violinist Arkadiy Gips, who toured two years with Madonna. Artist Bio: Mary Bragg is a rural Georgia girl who spent a decade in New York City, following the advice of a Music Row executive who told her, "Go out there and live a little - come back to me in 10 years." And so, she lived. New York was her muse, her trouble, her chaperone. Eventually, Nashville's magnetism brought her back to Music City - with many a story to tell. Her music is a seamless hybrid of her southern Americana roots and downtown Manhattan. She performs "Edge of This Town." Artist Bio: Tracy Walker merges a ringing alto voice with estimable guitar skills to create a blazing honesty in her songs. A resident of Cincinnati, Tracy has been the recipient of two CAMMY Awards (Cincinnati Enquirer), 2 CEA Awards (Cincinnati CityBeat Newspaper), and the prestigious Taft Museum of Art Duncanson Artist in Residency Honor. She clearly possesses a knack for perceiving patterns in nature that others seem to overlook, which extends to her musical pursuits. She performs "Who We Are."</p>						
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#102H
<p>Performances by The Arcs, The Jesus and Mary Chain, MS MR and Frank Turner, with an interview from NPR's Bob Boilen and comedy from Tony Rock and Hannibal Burress.</p>						
22:00:00	Managing Risk in a Changing Climate	NETA	(S)	(CC)	N/A	#0H
<p>With relative rates of sea level rise among the highest in the world, the Louisiana coastal region has been called the "canary in the coal mine" for climate risk. "Managing Risk in a Changing Climate" examines how scientists and the region's decision makers and citizen stakeholders came together to create an action plan to fight catastrophic climate impacts from rising seas and violent storms. Peter Coyote narrates.</p>						
22:30:00	The Last Ring Home	APTEX	(S)	(CC)	N/A	#0H
<p>The Last Ring Home is the story of Lt Minter Dial and his 1932 Annapolis Naval Academy ring that miraculously made its way home 17 years after he was killed as a POW of the Japanese in WWII. The Last Ring Home is a spellbinding account of one man's obsession with a family mystery and the product of decades of research and inquiries. It also explores author Minter Dial's pursuit of the true story of his namesake, his late grandfather Lt. Minter Dial, USN, a celebrated war hero whose suffering and trauma nearly buried his memory forever.</p>						
23:00:00	Pacific Heartbeat Mele Murals	APTEX	(S)	(CC)	DVI	#601H
<p>Mele Murals is a documentary about the transformative power of art through the unlikely union of graffiti and ancient Hawaiian culture. At the center of the story are two renowned street artists - Estria Miyashiro (aka Estria) and John Hina (aka Prime) - a group of Native Hawaiian youth, and the rural community of Waimea. Through their stories Mele Murals shows how public art and Native Hawaiian traditions transforms the artists, students and community.</p>						

Thu, May 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8023
00:30:00	In Good Shape Bed Bugs & Friends How can you protect yourself against these bloodsucking parasites, and how can you deal with an infestation? Also, common remedies for a toothache, and a new cardiovascular therapy.	WNVC	(S)	(CC)	N/A	#414H
01:00:00	The Lowertown Line. The Lowertown Line: The Blind Shake Three-piece garage rock band The Blind Shake performs live at The Amsterdam Bar and Hall in Saint Paul. Their music combines '60's psychedelic influences with a contemporary punk rock sound. The band talks about their aesthetic, their penchant for old school recording techniques, and Minnesota's connection to surf music. Songs performed: I'm Not an Animal, Old Lake, Fly Right, Young Carnival Waste, Calligraphy, Tar Paper.	APTEX	(S)	(CC)	N/A	#109H
01:30:00	Songs at the Center Artists: J. Scott Franklin, Eric Gnezda (with Arkadiy Gips), Mary Bragg, and Tracy Walker. Artist Bio: J. Scott Franklin of Cleveland has been said to "lasso moments in time." His first love is poetry, and his songs are woven together by unique and beautifully crafted phrases. He is the 2013 winner of the Frank Brown International Songwriter Festival Contest, and has touched audiences throughout the US and Europe. Born in Virginia, he moved to Ohio and attended Bowling Green State University on a trumpet scholarship. Scott dazzles crowds with his energy and love for the audience. He sings "Clint Eastwood." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and earned an Emmy nomination as a television journalist. He is a regular Writers Night performer at Nashville's iconic venue for songwriters, The Bluebird Cafe. He performs "Daddy's Wheels" with violinist Arkadiy Gips, who toured two years with Madonna. Artist Bio: Mary Bragg is a rural Georgia girl who spent a decade in New York City, following the advice of a Music Row executive who told her, "Go out there and live a little - come back to me in 10 years." And so, she lived. New York was her muse, her trouble, her chaperone. Eventually, Nashville's magnetism brought her back to Music City - with many a story to tell. Her music is a seamless hybrid of her southern Americana roots and downtown Manhattan. She performs "Edge of This Town." Artist Bio: Tracy Walker merges a ringing alto voice with estimable guitar skills to create a blazing honesty in her songs. A resident of Cincinnati, Tracy has been the recipient of two CAMMY Awards (Cincinnati Enquirer), 2 CEA Awards (Cincinnati CityBeat Newspaper), and the prestigious Taft Museum of Art Duncanson Artist in Residency Honor. She clearly possesses a knack for perceiving patterns in nature that others seem to overlook, which extends to her musical pursuits. She performs "Who We Are."	APTEX	(S)	(CC)	N/A	#201H
02:00:00	Live at 9:30 Performances by The Arcs, The Jesus and Mary Chain, MS MR and Frank Turner, with an interview from NPR's Bob Boilen and comedy from Tony Rock and Hannibal Burress.	NACC	(S)	(CC)	N/A	#102H
03:00:00	Managing Risk in a Changing Climate With relative rates of sea level rise among the highest in the world, the Louisiana coastal region has been called the "canary in the coal mine" for climate risk. "Managing Risk in a Changing Climate" examines how scientists and the region's decision makers and citizen stakeholders came together to create an action plan to fight catastrophic climate impacts from rising seas and violent storms. Peter Coyote narrates.	NETA	(S)	(CC)	N/A	#0H
03:30:00	The Last Ring Home The Last Ring Home is the story of Lt Minter Dial and his 1932 Annapolis Naval Academy ring that miraculously made its way home 17 years after he was killed as a POW of the Japanese in WWII. The Last Ring Home is a spellbinding account of one man's obsession with a family mystery and the product of decades of research and inquiries. It also explores author Minter Dial's pursuit of the true story of his namesake, his late grandfather Lt. Minter Dial, USN, a celebrated war hero whose suffering and trauma nearly buried his memory forever.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Pacific Heartbeat Mele Murals Mele Murals is a documentary about the transformative power of art through the unlikely union of graffiti and ancient Hawaiian culture. At the center of the story are two renowned street artists - Estria Miyashiro (aka Estria) and John Hina (aka Prime) - a group of Native Hawaiian youth, and the rural community of Waimea. Through their stories Mele Murals shows how public art and Native Hawaiian traditions transforms the artists, students and community.	APTEX	(S)	(CC)	DVI	#601H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#223

Thu, May 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Mack & Moxy Ty The Grrrr/A Friend Who Reads Is A Friend Indeed "Ty the Grrrr" -To the Shimmerizer! Mack & Moxy hula to HelpeeLand, along with Trooper Tyree to rescue another Great Helpee. While in the Cool Green Jungle, they're pounced on by a playful cub named Ty the Grrrr who explains how all his friends have moved away because there's nowhere left to live. Together they find a solution. And of course, Shelfish Sheldon tries to snatch the Great Helpee first so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of World Wildlife Fund, which for over 50 years, has been committed to saving nature, conserving habitats, and protecting wildlife. "A Friend Who Reads is a Friend Indeed" - Here we go! Mack & Moxy set out with Trooper Kaitlyn on a colorful adventure to HelpeeLand in search of a Great Helpee. They meet Nolie, a loveable little puffball who has never had any pals to play with. As the Heroes become her first friends, they share and sing about the joys of reading books. Meanwhile, Shelfish Sheldon lurks nearby, scheming and sledding to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Josh Duhamel (Transformers, All My Children) helps the Heroes' mission in support of Save the Children, providing quality preschool programs to underserved children around the world since 1932.	APTEX	(S)	(CC)	N/A	#101H
08:30:00	Thomas Edison's Secret Lab A Golden Opportunity/If The Fossil Fits Golden: When Angie loses her mother's favorite - and valuable - gold bracelet at the beach, our heroes build a homemade metal detector to find it. Fossil: When Kent discovers a dinosaur fossil, the SECRET LAB KIDS learn about fossils, DNA and even go back to prehistoric times to determine if Kent has discovered a completely new dinosaur!	APTEX	(S)	(CC)	N/A	#103H
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout with the Ball	ACCES		(CC)	N/A	#124H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Spine Strength & Flexibility (All Standing)	APTEX	(S)	(CC)	DVI	#921H
10:00:00	Sit and Be Fit Exercising with Accessories Mary Ann introduces a variety of unique exercises incorporating a large ball during the warm up and a small ball for finger flexibility and strengthening.	NETA	(S)	(CC)	N/A	#1313H
10:30:00	It's Sew Easy Shape and Style Good fit compliments any style. Fitting expert Judy Kessinger creates a variety of pant styles from one pattern. Couture designer Angela Wolf shares tips for selecting and cutting out knits. Fashion and sewing blogger Gretchen Hirsch adds eyelets to create a lace-up bodice to accent the feminine shape.	NETA	(S)	(CC)	DVI	#1108H
11:00:00	Knit and Crochet Now! Terrific T-Shirts The Butterfly Tee is up next, with Lena showing you how to knit this special project, and lastly the Stripes and Short Rows scarf.	APTEX	(S)	(CC)	DVI	#605H
11:30:00	Fons & Porter's Love of Quilting Anna's Starflake Striking designs are created through a variety of methods. In this episode Patrick and Nancy McNally will examine the fun of working with batiks, the steps taken in paper foundation piecing and the way to create a secondary design with sashing choices. Techniques and tips for quilters at all levels of experience.	NETA	(S)	(CC)	N/A	#2804H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6204H
13:00:00	Eat! Drink! Italy! with Vic Rallo The Best Ingredients Chef Lia Schiera returns to show Vic her wonderfully simple vegetables and pasta recipe. Vic and Tony Verdoni talk about the relatively unknown Cannubi wine. Vic is in Turin with Chef Nicola DiTarsia as they make a basic tagliorini and sausage pasta.	APTEX	(S)	(CC)	N/A	#304H
13:30:00	Mike Colameco's Real Food The Clam/Louro We'll meet up with veteran NYC Chefs Joey Campanero and Mike Price at their homage to their favorite ingredient, the clam located on a lovely corner spot on Hudson St in the far West Village. Then we meet David Santos at his spot Louro on W 10th another W Village gem.	NETA	(S)	(CC)	N/A	#1405H

Thu, May 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Joanne Weir's Cooking Confidence Italian Marketplace	APTEX	(S)	(CC)	N/A	#114H
	Inspired by the roasted chickens in the marketsof Italy Joanne teaches her student Joan her version of crispy chicken and potatoes with a side of hot pepper and white balsamic broccolini, topped off with a cherry Zinfandel zabaglione. Recipes: Broccolini with Hot Pepper and White Balsamic, Crispy Chicken and Potatoes with Mustard, Rosemary and Capers, and Fresh Cherries with Late Harvest Zinfandel Zabaglione. Student: Joan Boada, Principal Dancer, San Francisco Ballet.					
14:30:00	New Scandinavian Cooking Drama on a Plate	APTEX	(S)	(CC)	N/A	#512H
	Andreas travels to the port town of Skien in Eastern Norway, the hometown of Norway's most important playwright, Henrik Ibsen. To honor this, Andreas uses recipes from the 19th century to make herring salad and a dessert made with buttermilk. For the main course, he goes hunting and prepares a tasty dish of wild duck cooked over an open fire and served with seasonal vegetables.					
15:00:00	Beads, Baubles and Jewels Brick Stitch Jewelry	NETA	(S)	(CC)	N/A	#2106H
	Colorful brick stitch creations are simple and easy to expand as your skills improve. Francie Brodie shows how to use this popular stitch to make large, lightweight earrings for summer fun or holidays. Francie takes the mystery out of making the Slip and Slide bracelet using the right angle weave with single and multiple bead units. Katie shares more tips on organizing and storing your seed beads.					
15:30:00	Make It Artsy Paper	NETA	(S)	(CC)	N/A	#108H
	A blank piece of paper challenges every maker. Illustrator Roxanne Coble balances humor and emotional themes in abstract mini-canvases. Lettering artist Janet Takahashi showcases calligraphy with decorative borders. Joe Rotella uses the today's design and cutting technology to create a mosaic box top. In the tip, Dina Wakley creates tags with paint and stamps.					
16:00:00	Biz Kid\$ How Do You Get Money?	APTEX	(S)	(CC)	DVI	#103H
	Join us and you'll explore many ways to make money. Follow a Biz Kid on a job hunt-reviewing help wanted ads, filling out the application, and going through the interview. Hear from business celebrities, including Amazon.com founder Jeff Bezos, as they talk about their very first jobs. The Biz Kids also look at the many ways kids get and use allowances. Meet a young person whose love of animals turned into a profitable dog-walking business.					
16:30:00	Hands On Crafts for Kids Imagination	NETA	(S)	(CC)	DVI	#1909H
	Unleash your imagination. Using rolling pins, Jenny Barnett-Rohrs creates all kinds of textures. Candie Cooper creates little superheroes to showcase her creative writing. Franz Spohn draws a picture from a poem and Jenny makes an ever-lasting lunch from felt.					
17:00:00	P. Allen Smith's Garden Home Down and Dirty	APTEX	(S)	(CC)	N/A	#1407H
	A day without dirt under the fingernails is a sad day at Moss Mountain Farm. How to get the most out of your soil in this episode of P. Allen Smith's Garden Home.					
17:30:00	Growing A Greener World The Green Bronx Machine: The Power of a Classroom Farm (Bronx, Ny)	APTEX	(S)	(CC)	N/A	#716H
	Stephen Ritz will be the first to tell you he's not a farmer. But while his days are spent mostly indoors and with no tractor in sight, he tends to perhaps the most important crop of all: hundreds of elementary school-aged students growing up in the poorest congressional district in America. It is, essentially, the worst soil possible for anything to thrive. But here, Stephen embeds himself-heart and soul-into their lives on a daily basis. Armed with the power of "real food" (that is, fresh fruits and vegetables) in building healthy minds and bodies, Stephen has committed his life's work to teaching kids to grow it in a one-of-a-kind incredible learning environment that he created. In the process, the real-life application of doing it has transcended all levels of academics: reading, writing, math, science, and so much more.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14089H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1345H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8024
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1211H

## Daily Program Listing II

43.1

Date: 04/12/2017

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Thu, May 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Backstage Pass Glenn Brown and Intergalactic Spiral Glenn Brown & Intergalactic Spiral perform more improvised cosmic-jazz that eschews charts and changes for spur-of-the-moment musical explorations inwards (imagination) and outwards (interstellar space).	NETA	(S)	(CC)	N/A	#616H
20:30:00	Ray Stevens Cabaray Nashville Guest: Leroy Van Dyke "Cooter Brown" (RAY) "The Bricklayer's Song" (RAY) "Walk On By" (LEROY) "The Auctioneer" (LEROY).	OETA	(S)	(CC)	N/A	#117H
21:00:00	Music Gone Public Roy Rogers The slide-guitar legend, eight-time Grammy Nominee (and producer of two Grammy winners) brings bluesy, roadhouse music and sophisticated folk with Grammy winning guests Charlie Musselwhite and Ramblin' Jack Elliott.	NETA	(S)	(CC)	N/A	#108H
22:00:00	Ecosense for Living Power Pioneers - Reducing Our Carbon Footprint 97% of scientists agree that global climate change is happening. So... what do we do? This episode looks at creative grassroots solutions. From a small Kentucky town wiped out by tornadoes to revamping Chicago's energy mix to innovative transportation options, we explore how we can fight climate change on multiple fronts.	NETA	(S)	(CC)	N/A	#109H
22:30:00	Ecosense for Living Young Eco Heroes This episode focuses on the next generation of environmentalists making a difference in wildlife preservation, climate change reversal, and healthy ocean policies. From meeting with world leaders to local campaigns, these kids are taking their environmental future into their own hands in surprising ways.	NETA	(S)	(CC)	N/A	#110H
23:00:00	Standing On Sacred Ground Pilgrims & Tourists Around the world, indigenous communities stand in the way of government megaprojects. In the Russian Republic of Altai, traditional native people create their own mountain parks to rein in tourism and resist a gas pipeline that would cut through a World Heritage Site. In northern California, Winnemem Wintu girls grind herbs on a sacred medicine rock, as elders protest U.S. government plans to enlarge one of the West's biggest dams and forever submerge this touchstone of a tribe.	NETA	(S)	(CC)	DVI	#101H



Fri, May 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8024
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1211H
01:00:00	Backstage Pass Glenn Brown and Intergalactic Spiral Glenn Brown & Intergalactic Spiral perform more improvised cosmic-jazz that eschews charts and changes for spur-of-the-moment musical explorations inwards (imagination) and outwards (interstellar space).	NETA	(S)	(CC)	N/A	#616H
01:30:00	Ray Stevens Cabaray Nashville Guest: Leroy Van Dyke "Cooter Brown" (RAY) "The Bricklayer's Song" (RAY) "Walk On By" (LEROY) "The Auctioneer" (LEROY).	OETA	(S)	(CC)	N/A	#117H
02:00:00	Music Gone Public Roy Rogers The slide-guitar legend, eight-time Grammy Nominee (and producer of two Grammy winners) brings bluesy, roadhouse music and sophisticated folk with Grammy winning guests Charlie Musselwhite and Ramblin' Jack Elliott.	NETA	(S)	(CC)	N/A	#108H
03:00:00	Ecosense for Living Power Pioneers - Reducing Our Carbon Footprint 97% of scientists agree that global climate change is happening. So... what do we do? This episode looks at creative grassroots solutions. From a small Kentucky town wiped out by tornadoes to revamping Chicago's energy mix to innovative transportation options, we explore how we can fight climate change on multiple fronts.	NETA	(S)	(CC)	N/A	#109H
03:30:00	Ecosense for Living Young Eco Heroes This episode focuses on the next generation of environmentalists making a difference in wildlife preservation, climate change reversal, and healthy ocean policies. From meeting with world leaders to local campaigns, these kids are taking their environmental future into their own hands in surprising ways.	NETA	(S)	(CC)	N/A	#110H
04:00:00	Standing On Sacred Ground Pilgrims & Tourists Around the world, indigenous communities stand in the way of government megaprojects. In the Russian Republic of Altai, traditional native people create their own mountain parks to rein in tourism and resist a gas pipeline that would cut through a World Heritage Site. In northern California, Winnemem Wintu girls grind herbs on a sacred medicine rock, as elders protest U.S. government plans to enlarge one of the West's biggest dams and forever submerge this touchstone of a tribe.	NETA	(S)	(CC)	DVI	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#224
08:00:00	Mack & Moxy Feeding Rainbow/A Friend Who Reads Is A Friend Indeed "Feeding Rainbow" - Time to save another Great Helpee! As Mack & Moxy zip-line over the Sky Islands in HelpeeLand with Trooper Francesca, they accidentally fall on a fatigued new friend, Rainbow. He's a lethargic Pegasus who hasn't had any breakfast. Since his parents have lost their jobs, there's not enough food to eat. Rainbow's strength is renewed once the Heroes locate a nearby food pantry and enjoy a nutritious feast. But Shelfish Sheldon jets ahead on a flying vacuum, trying to swoop the Great Helpee and keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of Feeding America, a 35 year-old organization who feeds 46 million people every day across the US. "A Friend Who Reads is a Friend Indeed" - Here we go! Mack & Moxy set out with Trooper Kaitlyn on a colorful adventure to HelpeeLand in search of a Great Helpee. They meet Nolie, a loveable little puffball who has never had any pals to play with. As the Heroes become her first friends, they share and sing about the joys of reading books. Meanwhile, Shelfish Sheldon lurks nearby, scheming and sledding to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Josh Duhamel (Transformers, All My Children) helps the Heroes' mission in support of Save the Children, providing quality preschool programs to underserved children around the world since 1932.	APTEX	(S)	(CC)	N/A	#102H
08:30:00	Thomas Edison's Secret Lab No Volts for Von Bolt/Dunkin Zombies Volts: During a sailing trip, Von Bolt begins to malfunction, endangering ALVA and Edison, so the Secret Lab Kids investigate elements, compounds and alloys to diagnose the problem. Zombies: When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.	APTEX	(S)	(CC)	N/A	#104H

Fri, May 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout	ACCES		(CC)	N/A	#125H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize The Saddle Bags	APTEX	(S)	(CC)	DVI	#922H
10:00:00	Sit and Be Fit Somatosensory Work	NETA	(S)	(CC)	N/A	#1314H
	We rely on our somatosensory system for good balance and everyday functioning. Mary Ann helps viewers turn their awareness inward to work this system.					
10:30:00	It's Sew Easy Active Style	NETA	(S)	(CC)	DVI	#1109H
	Today's active lifestyle demands fashion that fits and functions. Sewing educator Joanne Banko selects fabrics, notions and shows her favorite techniques to sew a custom-fit swimsuit. Cheryl Sleboda has a style tip to make jeans fit better. For active days indoors and out, designer Angela Wolf creates well-fitting leggings with today's sportiest look.					
11:00:00	Knit and Crochet Now! Let's Have A Party	APTEX	(S)	(CC)	DVI	#606H
	Drew, The Crochet Dude, makes a special visit and shows how to crochet a Banner and then make a Party Gift Tag. Kristin shows the knit version of the Banner and the Party Gift Tag. A beautiful Filet Crochet Scarf is a must have, and Lena will show you how.					
11:30:00	Fons & Porter's Love of Quilting Freshly Pieced Vegetables	NETA	(S)	(CC)	N/A	#2805H
	Quilters love to find ways to surround themselves with art. The kitchen, being a place we spend a large portion of our time, is the perfect place to show off a "little" pieced project. Mary and Kelly Bowser will teach you techniques for paper foundation piecing that can be used for fanciful, garden-inspired kitchen accessories.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6205H
13:00:00	P. Allen Smith's Garden to Table Sizzlin Celebrations	APTEX	(S)	(CC)	DVI	#306H
	Allen kick starts summer with unique recipes for the grill and a simple way to decorate a table using a 2 x 4 and tea lights. He also takes us to the Garfield Park Conservatory in Chicago to learn about their Sugar from the Sun Garden.					
13:30:00	Cooking with Nick Stellino The Ultimate Bread Pudding	APTEX	(S)	(CC)	N/A	#205H
	Pasta Matriciana; Clams with Sausage & "Fettunta"; Bread Pudding with Two Chocolates.					
14:00:00	Kitchen Wisdom of Cecilia Chiang Last Flight Out of Shanghai	APTEX	(S)	(CC)	DVI	#105H
	Less than a decade after fleeing the Japanese, Cecilia now married and with a young family, caught the last flight out of Shanghai as the communist revolution swept over China. The family relocated to Tokyo where, at a dinner for an ambassador, Cecilia got her first taste of raw fish. Cecilia didn't love it and didn't love living as an ex-pat in the land of her former occupiers, so she sailed on the SS Woodrow Wilson into San Francisco to visit her number seven sister. Though she never learned how to cook, she ended up opening the Mandarin restaurant and never left. In this episode, Cecilia joins Chef Keiko Takahashi, the first Japanese woman in the world to win a Michelin star. She and her husband run Keiko on Nob Hill, a place that feels like a private club, and where the luxurious cooking has a distinct feminine style to it. Cecilia shows Keiko the simplicity of the Mandarin's whole steamed bass with ginger and scallions. Keiko reciprocates with an amazing 12 pound slab of Bluefin "Toro" tuna flown in from Japan. Keiko artfully butchers the Toro by fat content and turns it into a delicate and drop-dead tuna sashimi that Cecilia has no trouble devouring.					
14:30:00	Essential Pepin Fine Finishes	APTEX	(S)	(CC)	DVI	#105H
	Cheesecake With Apricot-Blueberry Sauce; Flan A La Vanille With Caramel-Cognac Sauce; Chocolate Mousse; Bread And Butter Pudding.					
15:00:00	Beads, Baubles and Jewels Wire Wrapping Variations	NETA	(S)	(CC)	N/A	#2107H
	Using new innovations and traditional techniques, inventor Wyatt White presents ideas for wrapping different types of wire to create a setting for a cameo cabochon. Using both vintage and new buttons, Wyatt shows how to shape wire to make rings and earrings. Katie shows how to stitch beads onto braided leather.					

Fri, May 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Celebrations	NETA	(S)	(CC)	N/A	#109H
	Celebrate all that is artsy. Clay artist Laurie Mika celebrates love by embedding all sorts of charms into sculptured hearts. Kathy Cano-Murillo honors Mexican holiday Dia de los Muertos with stained glass ornaments. Janet Takahashi has calligraphy ideas for DIY weddings and mix media artist Jenn Mason makes a mini-banner for any celebration.					
16:00:00	Biz Kid\$ What Can You Do with Money?	APTEX	(S)	(CC)	DVI	#104H
	Decisions, decisions! Join the Biz Kids and you'll ponder the merits of spending, saving, donating, and investing money. Visit the New York Stock Exchange, get tips from the author of Not Buying It, and learn to avoid compulsive shopping. You can also learn how to create a financial diary and track spending. Meet an ambitious teen who opened a candy store at age 15 and, in the process, fulfilled a dream and revived an ailing business district in her small town.					
16:30:00	Hands On Crafts for Kids Sci-Fi	NETA	(S)	(CC)	DVI	#1910H
	Travel to the future for new adventures. Jenny Barnett-Rohrs builds a robot tray to hold coins and treasures. Then, she creates a mysterious sea creature. Franz Spohn launches aliens into outer space and Jenny makes futuristic sculptures from foam.					
17:00:00	P. Allen Smith's Garden Home Drink Your Yard	APTEX	(S)	(CC)	N/A	#1408H
	Using herbs in your cooking is one thing, but in your drinks? P. Allen Smith shows you how to create a garden space that plays nicely with a glass.					
17:30:00	Growing A Greener World The Private Garden of a Public Gardener (Wayne, Pa and Wilmington, De)	APTEX	(S)	(CC)	N/A	#717H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14090H
18:30:00	Great Decisions In Foreign Policy Nuclear Security	NETA	(S)	(CC)	N/A	#808H
	The nuclear status quo is changing. Nine nations are declared nuclear powers-and non-state actors are upending cold war era strategy. How can leaders stop countries from acquiring nuclear weapons, keep nuclear materials out of the hands of non-state actors and protect nuclear facilities from potential terrorist attacks?					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8025
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#917H
20:00:00	Song of the Mountains Lightnin' Charlie/The Ransom Notes	NETA	(S)	(CC)	N/A	#1112H
21:00:00	Woodsongs Celebration of Merle Travis with Thom Bresh, Eddie Pennington, Katelyn Prieboy	NETA	(S)	(CC)	N/A	#1906H
	MERLE TRAVIS is a Kentucky guitar hero and an American music icon. Born in Rosewood, Kentucky, his lyrics often discussed the life and exploitation of coal miners. Among his many well-known songs are "Sixteen Tons," "Re-Enlistment Blues," "I am a Pilgrim" and "Dark as a Dungeon". However, it is his master guitar playing and his interpretations of the rich musical traditions of his native Muhlenberg County, Kentucky for which he is best known today. "Travis picking", a syncopated style of finger-picking, is named after him. He was inducted into the Nashville Songwriters Hall of Fame in 1970 and elected to the Country Music Hall of Fame in 1977. Performing on this broadcast: THOM BRESH is the son of Merle Travis and a world-class guitar master in his own right. Bresh did not begin his music career until his adult years. From age 3 to age 17, he worked as an actor and one of the youngest stuntman in TV and movies, where such programs as 'The Lone Ranger' and the Billy the Kidd trilogy were filmed. Ever since he was old enough to hold a guitar pick, he's followed the unique fingerpicking style his father made famous, bringing it to new audiences. EDDIE PENNINGTON is one of the true guitar legends from Kentucky in the same tradition popularized by Merle Travis and Chet Atkins. PARKER HASTINGS is only 15 years old and already is one of Kentucky's premier thumpicking champions in the tradition of Merle Travis, Eddie Pennington and Tommy Emmanuel. KATELYN PRIEBOY is 19 and from Tampa, Florida. She was recently crowned grand champion at Legends Thumpicking Competition in Muhlenberg County, Ky., in late September.					

## Daily Program Listing II

43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Fri, May 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Film School Shorts Daily Grind	NETA	(S)	(CC)	N/A	#404H
	Stephen Singer plays a sock merchant in Socks & Bonds; he hopes his girlfriend's Hamptons-dwelling ex will invest, only to discover there's a more pressing negotiation at hand. Directed by Daniel Zimble. Then, catch a snapshot of life in the law offices of Hopkins & Delaney, LLP, an animation that captures the hidden cubicle moments that comprise all our working lives. Directed by Sean Buckelew. In Butterfingers, every marriage has its moments, and this wife can't listen to another word from her husband about work. Directed by Milan Roganovic.					
22:30:00	On Story Planet of the Apes: Reimagining A Sci-Fi Franchise	NETA	(S)	(CC)	N/A	#509H
	Rick Jaffa and Amanda Silver, co-writers of Rise of the Planet of the Apes, discuss reimagining the popular sci-fi franchise and their delicate approach to depicting the protagonist's journey.					
23:00:00	Science Goes to the Movies The Economics of the Hunger Games	EPS	(S)	(CC)	N/A	#205H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1025H

Sat, May 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8025
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#917H
01:00:00	Song of the Mountains Lightnin' Charlie/The Ransom Notes	NETA	(S)	(CC)	N/A	#1112H
02:00:00	Woodsongs Celebration of Merle Travis with Thom Bresh, Eddie Pennington, Katelyn Prieboy	NETA	(S)	(CC)	N/A	#1906H
	<p>MERLE TRAVIS is a Kentucky guitar hero and an American music icon. Born in Rosewood, Kentucky, his lyrics often discussed the life and exploitation of coal miners. Among his many well-known songs are "Sixteen Tons," "Re-Enlistment Blues," "I am a Pilgrim" and "Dark as a Dungeon". However, it is his master guitar playing and his interpretations of the rich musical traditions of his native Muhlenberg County, Kentucky for which he is best known today. "Travis picking", a syncopated style of finger-picking, is named after him. He was inducted into the Nashville Songwriters Hall of Fame in 1970 and elected to the Country Music Hall of Fame in 1977. Performing on this broadcast: THOM BRESH is the son of Merle Travis and a world-class guitar master in his own right. Bresh did not begin his music career until his adult years. From age 3 to age 17, he worked as an actor and one of the youngest stuntman in TV and movies, where such programs as 'The Lone Ranger' and the Billy the Kidd trilogy were filmed. Ever since he was old enough to hold a guitar pick, he's followed the unique fingerpicking style his father made famous, bringing it to new audiences. EDDIE PENNINGTON is one of the true guitar legends from Kentucky in the same tradition popularized by Merle Travis and Chet Atkins. PARKER HASTINGS is only 15 years old and already is one of Kentucky's premier thumpicking champions in the tradition of Merle Travis, Eddie Pennington and Tommy Emmanuel. KATELYN PRIEBOY is 19 and from Tampa, Florida. She was recently crowned grand champion at Legends Thumpicking Competition in Muhlenberg County, Ky., in late September.</p>					
03:00:00	Film School Shorts Daily Grind	NETA	(S)	(CC)	N/A	#404H
	<p>Stephen Singer plays a sock merchant in Socks &amp; Bonds; he hopes his girlfriend's Hamptons-dwelling ex will invest, only to discover there's a more pressing negotiation at hand. Directed by Daniel Zimble. Then, catch a snapshot of life in the law offices of Hopkins &amp; Delaney, LLP, an animation that captures the hidden cubicle moments that comprise all our working lives. Directed by Sean Buckelew. In Butterfingers, every marriage has its moments, and this wife can't listen to another word from her husband about work. Directed by Milan Roganovic.</p>					
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	<p>Rick Jaffa and Amanda Silver, co-writers of Rise of the Planet of the Apes, discuss reimagining the popular sci-fi franchise and their delicate approach to depicting the protagonist's journey.</p>					
04:00:00	Science Goes to the Movies The Economics of the Hunger Games	EPS	(S)	(CC)	N/A	#205H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1025H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#225
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Garden Hollyhocks	APTEX	(S)	(CC)	N/A	#516H
	<p>In this episode Gary depicts Hollyhock, known elsewhere as the Boer Rose. He paints these not on a canvas but on a hard board. Sometimes this can be especially good for those who want to paint on wood furniture. At the end of the program he exchanges the wood for a blank canvas and quickly depicts a beautiful impressionistic background with leaves.</p>					
08:30:00	Painting with Wilson Bickford Seaside Solitude	NETA	(S)	(CC)	N/A	#210H
	<p>Waves crash against partially submerged rocks as the sun slowly sets, creating a spectacular sunset against the cold blue ocean water.</p>					
09:00:00	Landscapes Through Time with David Dunlop American Impressionists In Giverny, France	NETA	(S)	(CC)	DVI	#105H
	<p>David follows in the footsteps of the American artists who formed an art colony in Giverny in the 1880-1920s, drawn by the creative magnetic influence of Claude Monet. In the last quarter of the 19th century, artists from Paris escaped the uncomfortable heat of the Parisian summers by train to the surrounding villages along the Seine to form art colonies. The American artists formed a well-integrated colony in Giverny and explored an American style of Impressionism that was then exported to the United States at the turn of the century. David will explore the similarities and differences between French Impressionism and American Impressionism as he paints on the hillside above Giverny, popular with Theodore Robinson and Willard Metcalf.</p>					

Sat, May 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Leg Slenderizers	APTEX	(S)	(CC)	DVI	#923H
10:00:00	Sit and Be Fit Releasing Muscle Tightness Mary Ann uses a small ball, a towel and large ball to release some of the restrictions that build up in the connective tissue that runs throughout the body.	NETA	(S)	(CC)	N/A	#1315H
10:30:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H
11:00:00	Delicious TV's Vegan Mashup A Reason to Rise This episode focuses on breakfast packed with punch from a quick & easy raw smoothie to a full breakfast for your hungry friends and family. Raspberry Morning Muffins/Truffled Tofu & Sweet Potato Hash Browns/Quinoa Porridge/Ginger Snap Smoothies	NETA	(S)	(CC)	DVI	#106H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Dreaming of Sustainable Agriculture Chef Pedro Abascal is changing tourist's perceptions of the food in Riviera Maya, using local farms to supply his hip hotel restaurants. Rick and Pedro discuss his challenges and successes of his approach over a traditional Yucatecan meal at Faison y Venado. Rick pays a visit to a lamb farm in Tizimin for a conversation with a rancher, then heads to C-Grill, Pedro's hip restaurant on the shores of Playa del Carmen, where he makes a beautiful roasted lamb in adobo. In Chicago, Rick heads to the outdoor Green City Market to gather ingredients for his grilled leg of lamb with green garlic mojo and camote mash, accompanied by grilled asparagus with pasilla crema. Oh, and an incredibly delicious skillet cake.	APTEX	(S)	(CC)	N/A	#1111H
12:00:00	Lidia's Kitchen Salt Salting your food is an important step in any kitchen, and the type of salt used can make a huge difference in your meal. Today's menu includes: salted cod fritters: crispy chunky cod fritters made for the perfect salty snack; penne rigate in vodka sauce: an iconic Italian pasta dish with penne rigate in a creamy pink vodka sauce; beef chuck and beer; a rick and flavorful braise that will beckon everyone to the table.	APTEX	(S)	(CC)	N/A	#404H
12:30:00	Moveable Feast with Fine Cooking New York - Staten Island On this episode of Moveable Feast with Fine Cooking, Pete Evans visits various parts of New York City with chefs Seamus Mullen, owner of a handful on New York City restaurants including Tertulia in Manhattan's West Village, and April Bloomfield, the James Beard Award winning best chef of New York City, whose Spotted Pig restaurant has won a prestigious Michelin star seven years in a row. The trio starts the day off at the Brooklyn Grange, which is a rooftop farm in the middle of Brooklyn and then head to Dickson's in Chelsea market where they break down a pig from the nose to the tail. Then it's off to another borough on the ferryboat from Manhattan to Staten Island for the feast. Tonight's menu includes Seafood Paella with Lobster, Scallops and Shrimp, a Brooklyn Grange Salad, Roasted Coppa Spring Greens with Scapes, Favas, and Herbs, and a Duck Confit Salad with Raisins, Fennel, and Apple and the view for the feast at Casa Belvedere is as stunning as the city it was created in!	APTEX	(S)	(CC)	N/A	#208H
13:00:00	Two for the Road Searching for Balance In Beijing Nik and Dusty arrive in China to explore it's fascinating and historic capital city, Beijing. But as they're learning about its rich and colorful past, they get a first-hand look at China's turbulent and difficult present.	NETA	(S)	(CC)	N/A	#107H
13:30:00	Joseph Rosendo's Travelscope Following The Reformation Trail In Switzerland and Germany - Part 2 Joseph continues his travels through Germany and Switzerland in the path of the Protestant Reformation. He follows in the path of the reformers and learns that Switzerland's Anabaptists are the ancestors of today's U.S. Mennonites and Amish. Joseph also takes part in the annual Luther Festival in Wittenberg, Germany, which celebrates the marriage of Luther. The two episodes seek to immerse viewers in the culture of the time and help explain the far-reaching effects these "new thinkers" have on society today.	APTEX	(S)	(CC)	DVI	#814H
14:00:00	Rick Steves' Europe The Netherlands Beyond Amsterdam By train, bike, and boat, we visit the top Dutch sights outside of Amsterdam: from Haarlem to Rotterdam, and from Delft to the Zuiderzee. Along the way, we enjoy charming towns with fragrant cheese markets, soggy polderland, mighty dikes, and windmills both new and old. Rolling through the Netherlands and connecting with its people, you can't help but think, "Everything's so... Dutch!"	APTEX	(S)	(CC)	N/A	#810H

Sat, May 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Tanzania: Summit On Mt. Kilimanjaro	APTEX	(S)	(CC)	N/A	#108H
	Join Richard Wiese as he journeys to Tanzania to climb the highest mountain on the African continent - Mount Kilimanjaro. With friends and family, Richard sets out on a seven-day climb to the summit at over 19,000 feet. He follows the same path he took with his father at age 11, more than 40 years ago. This is his 14th ascent up Kilimanjaro-only this time, Richard encounters the worst weather he's ever faced on the mountain.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4605H
	New and different plants sound exciting. But where do we start? How do we fit them in so we end up with a well-designed garden and not a plant potpourri? Good questions. GardenSMART visits an expert who seems to have found solutions to these challenges. Join us as we GardenSMART.					
15:30:00	Chefs A' Field Food Defines Family	APTEX	(S)	(CC)	N/A	#207H
	California Surfer Grows Vietnamese Specialties. Chef Charles Phan: The Slanted Door and Out The Door - San Francisco, CA Charles Phan is the visionary executive chef of San Francisco's world-renowned Slanted Door. In this episode, the James Beard Foundation Award-winning chef and his family head to Santa Cruz, home of surf-loving farmer Joe Schirmer's Dirty Girl Produce, which grows the unique Asian ingredients used by Chef Phan. The Phan family gathers and sells at the Santa Cruz Farm Market, then it's back to the kitchen, where Chef Phan and his children whip up Asian specialties with an American twist. Recipes: Vietnamese Egg Omelet with Trumpet Mushrooms & Asian Influences; Lemongrass Chicken with Sauteed Beet Greens.					
16:00:00	Maria Hinojosa: One-On-One Alfredo Corchado	APTEX	(S)	(CC)	N/A	#414Z
	After Iraq, Mexico is one of the most dangerous places in the world for journalists. Alfredo Corchado, the Mexico bureau chief for The Dallas Morning News, is one of the last journalists covering the increasingly violent drug war. In this interview with Maria Hinojosa, he talks about why he risks his life every day to report the truth.					
16:30:00	Overheard with Evan Smith Katharine Hayhoe, Atmospheric Scientist	NETA	(S)	(CC)	N/A	#715H
	Katharine Hayhoe is an atmospheric scientist who studies climate change. In 2014, she was recognized by Time Magazine as one of the top 100 Most Influential People in the world and by Foreign Policy as one of the top 100 Global Thinkers. Dr. Hayhoe is currently a professor and directs the Climate Science Center at Texas Tech University. She also hosts the PBS Digital Studios web series Global Weirding.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Quilter	APTEX	(S)	(CC)	N/A	#210H
	Theadra Fleming hands over the needle and thread to host Eric Gorges as this quilter explains the African American tradition of quilting with a focus on colors, symbolism and the history of African textiles.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3517H
18:30:00	The Open Mind An Unprecedented Presidency	NETA		(CC)	N/A	#3738H
	Guest: George Edwards III. Chair of Presidential Studies at Texas A&M George Edwards III talks about President Trump and the constitutional requirements of his office.					
19:00:00	Closer to Truth Can Metaphysics Discern God II?	EPS	(S)	(CC)	N/A	#1705H
	Metaphysics seeks insights into fundamental features of existence: It does not depend on human emotions or personal testimonies. When metaphysics focuses on God, what happens?					
19:30:00	American Forum The President's First Year: Part 8: Race and the Presidency	NETA	(S)	(CC)	N/A	#227H
	SPECIAL SERIES Former U.S. Attorney General ERIC HOLDER and Black Lives Matter leader DERAY MCKESSON discuss current racial tensions and the role of the president in easing them.					

Sat, May 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Toad The Wet Sprocket	APTEX	(S)	(CC)	N/A	#405H
	It's no surprise that Glen Phillips refers to this band of musical brothers as more of a family business than a rock band! Infinity Hall Live audiences will hear a collection of their favorite songs from the band's hit albums Fear and Dulcinea as well as exciting new tracks from their latest release, New Constellation. Never self-indulgent, TTWS charms the audience with the upbeat "Good Intentions", the galloping rhythm in "Windmills", a revelatory sadness in the new "California Wasted" and the nostalgic closer "Walk on the Ocean". Go behind the scenes and listen to Glen Phillips talk about the band's humble beginnings, the challenges of touring and what he hopes the fans take away from their music. With more than 25 years of writing and recording together, this concert proves that Toad the Wet Sprocket never fails to deliver the signature sound and pensive lyrics that solidified their position as one of the great indie rock bands of the 90's.					
21:00:00	Front and Center Joe Jackson	APTEX	(S)	(CC)	N/A	#601H
	Iconic Jazz musician and five-time Grammy Award nominee Joe Jackson performs an electrifying set at New York City's Iridium with songs from his latest album Fast Forward including "A Little Smile" and "Keep On Dreaming." The multi-platinum selling singer/songwriter performs his chart-topping classics "Is She Really Going Out With Him?" "Steppin' Out" and "You Can't Get What You Want."					
22:00:00	Globe Trekker Food Hour: Provence, France	APTEX	(S)	(CC)	N/A	#1605H
	Culinary writer Rosie Lovell explores the South of France's famous Cote D'Azur and encounters a typically rustic cuisine far removed from the haughtiness of renowned French cooking - the ubiquitous (and largely unaffordable) foie gras and truffles noir! Instead, Rosie discovers that the colloquial cuisine is shaped not just by the seasons but also by a wide-ranging climate, soil and geology. This is a remarkable region blessed with sun, sea, mountains, flowing rivers and lush plateau - offering up the most eclectic and fantastic produce served fresh on the plate. Bon appetit!					
23:00:00	Arts In Context Somos Krudas	NETA		(CC)	N/A	#603H
	Having survived under a totalitarian regime, Cuban hip-hop duo Krudas Cubensi refuses to compromise. Lyrically, nothing is off limits as they spit fiery lines about politics and sexuality with a frankness and openness that is seldom seen. With a persistent Afro-Cuban rhythm, Odaymara Cuesta and Olivia Prendes use their art as a weapon "to fight against oppression, for justice, for balance, for our rights, to celebrate the life." Now based out of Austin, Texas, Krudas Cubensi continues their fight for social justice through their incendiary, original hip-hop.					
23:30:00	Articulate with Jim Cotter Tap Into America	APTEX	(S)	(CC)	N/A	#101H
	Despite only occasional glimpses of the mainstream, tap dance remains an iconic American art form. Music with Teeth - With custom-composed pieces employing a staggering range of vocal styles, Roomful of Teeth makes music that can be difficult to define. A Place at the Table - After her father George died, Mira Nakashima inherited his shop and set to work continuing the artistic legacy of a master craftsman in wood.					



Sun, May 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can Metaphysics Discern God II? Metaphysics seeks insights into fundamental features of existence: It does not depend on human emotions or personal testimonies. When metaphysics focuses on God, what happens?	EPS	(S)	(CC)	N/A	#1705H
00:30:00	American Forum The President's First Year: Part 8: Race and the Presidency SPECIAL SERIES Former U.S. Attorney General ERIC HOLDER and Black Lives Matter leader DERAY MCKESSON discuss current racial tensions and the role of the president in easing them.	NETA	(S)	(CC)	N/A	#227H
01:00:00	Infinity Hall Live Toad The Wet Sprocket It's no surprise that Glen Phillips refers to this band of musical brothers as more of a family business than a rock band! Infinity Hall Live audiences will hear a collection of their favorite songs from the band's hit albums Fear and Dulcinea as well as exciting new tracks from their latest release, New Constellation. Never self-indulgent, TTWS charms the audience with the upbeat "Good Intentions", the galloping rhythm in "Windmills", a revelatory sadness in the new "California Wasted" and the nostalgic closer "Walk on the Ocean". Go behind the scenes and listen to Glen Phillips talk about the band's humble beginnings, the challenges of touring and what he hopes the fans take away from their music. With more than 25 years of writing and recording together, this concert proves that Toad the Wet Sprocket never fails to deliver the signature sound and pensive lyrics that solidified their position as one of the great indie rock bands of the 90's.	APTEX	(S)	(CC)	N/A	#405H
02:00:00	Front and Center Joe Jackson Iconic Jazz musician and five-time Grammy Award nominee Joe Jackson performs an electrifying set at New York City's Iridium with songs from his latest album Fast Forward including "A Little Smile" and "Keep On Dreaming." The multi-platinum selling singer/songwriter performs his chart-topping classics "Is She Really Going Out With Him?" "Steppin' Out" and "You Can't Get What You Want."	APTEX	(S)	(CC)	N/A	#601H
03:00:00	Globe Trekker Food Hour: Provence, France Culinary writer Rosie Lovell explores the South of France's famous Cote D'Azur and encounters a typically rustic cuisine far removed from the haughtiness of renowned French cooking - the ubiquitous (and largely unaffordable) foie gras and truffles noir! Instead, Rosie discovers that the colloquial cuisine is shaped not just by the seasons but also by a wide-ranging climate, soil and geology. This is a remarkable region blessed with sun, sea, mountains, flowing rivers and lush plateau - offering up the most eclectic and fantastic produce served fresh on the plate. Bon appetit!	APTEX	(S)	(CC)	N/A	#1605H
04:00:00	Arts In Context Somos Krudas Having survived under a totalitarian regime, Cuban hip-hop duo Krudas Cubensi refuses to compromise. Lyrically, nothing is off limits as they spit fiery lines about politics and sexuality with a frankness and openness that is seldom seen. With a persistent Afro-Cuban rhythm, Odaymara Cuesta and Olivia Prendes use their art as a weapon "to fight against oppression, for justice, for balance, for our rights, to celebrate the life." Now based out of Austin, Texas, Krudas Cubensi continues their fight for social justice through their incendiary, original hip-hop.	NETA		(CC)	N/A	#603H
04:30:00	Articulate with Jim Cotter Tap Into America Despite only occasional glimpses of the mainstream, tap dance remains an iconic American art form. Music with Teeth - With custom-composed pieces employing a staggering range of vocal styles, Roomful of Teeth makes music that can be difficult to define. A Place at the Table - After her father George died, Mira Nakashima inherited his shop and set to work continuing the artistic legacy of a master craftsman in wood.	APTEX	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#226
08:00:00	Painting and Travel with Roger & Sarah Bansemer Castillo De San Marcos Sarah tours the Castillo de San Marcos in St. Augustine, Florida learning the rich history and viewing its unique architecture and building materials of native coquina stone. Over 300 years old, it is the oldest masonry 17th century fort in North America. Setting up his easel on location and using acrylics, Roger creates a large painting of the fort in the early morning hours.	NETA	(S)	(CC)	N/A	#904H
08:30:00	Painting with Paulson Gold Hill Part I	NETA	(S)	(CC)	N/A	#1611H

Sun, May 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Sunset Landscape	APTEX		(CC)	N/A	#504H
	Unity, balance and movement are the basis of a carefully composed painting. A range of artistic decisions proceeds first from the identification of a focal point. Then, the artist may employ a range of contrasts between light and dark to find a rhythm that supplies a unique energy to the artwork. Used effectively, elements of composition provide a structure that leads the viewer's eye in a particular way for a variety of different effects. "Starry Night" by Vincent van Gogh is an excellent example of extraordinary composition. The parts of the composition may feel as if they belong together. Or they may be purposely disjointed. A symmetrical arrangement may add a sense of calm. Whereas an asymmetrical arrangement may create a sense of unease. By adjusting the arrangement of the objects, the artist can create a sense of motion or still life. Patterns establish an underlying structure of basic lines and shapes. Proportion is the way in which things fit together, big and small, nearby and distant. Each of these components may be used in varying degrees to create the intended effect.					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Workout (All Standing)	APTEX	(S)	(CC)	DVI	#924H
10:00:00	Sit and Be Fit Myofacial Relief & Gait	NETA	(S)	(CC)	N/A	#1316H
	Mary Ann uses the large ball in this workout to loosen up the fascia around the scapula. Later in the program she focuses on exercises to improve gait.					
10:30:00	Power Yoga: Mind and Body Backbends Version 3	APTEX	(S)	(CC)	N/A	#228
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#305H
11:30:00	New Orleans Cooking with Kevin Belton Potatoes	APTEX	(S)	(CC)	N/A	#123H
	Sweet potato gnocchi, sweet potato pecan casserole, bacon potatoes au gratin.					
12:00:00	Ciao Italia Focaccia Recco-Style/Focaccia Di Recco	NETA	(S)	(CC)	N/A	#2402H
	Mary Ann re-creates, step-by-step, the elegant art of making one of Liguria's most famous "street foods" Focaccia di Recco, named after the town that made it famous for it's crispy outsides and creamy, cheese-filled insides that have captured the hearts - and appetites - of Italians, and now Americans too!					
12:30:00	Mike Colameco's Real Food Ny Ice Cream	NETA	(S)	(CC)	N/A	#1407H
	For lovers of ice cream there has never been a better time. In one action packed day Mike tours Victory Garden frozen yogurt, The Big Gay Ice Cream Truck, Dave's, Morgenstern's, A.B. Biagi Gelato, Gelato Ti Amo and Melt Bakery Ice Cream sandwiches.					
13:00:00	Bare Feet with Mickela Malozzi Music City (Nashville, Tennessee - USA)	APTEX	(S)	(CC)	DVI	#111H
	Nashville, Tennessee isn't coined "Music City" for nothing - Mickela discovers the traditions of American music & dance in this vibrant southern city, from line dancing to modern ballet to old-time buck dancing.					
13:30:00	Travel Detective with Peter Greenberg Alternatives to Commercial Jets	NETA	(S)	(CC)	DVI	#302H
	The price of commercial airfare keeps soaring, and in turn, so is the popularity of charter flights! CBS News Travel Editor Peter Greenberg tells us what it means to fly private, and how much it actually may not cost you. Plus, how do you know if your hotel is really green? Correspondent Tracy Gallagher shows us how to navigate through the brochures. And, when you're overseas, and you want to buy a souvenir, we'll explain how to find that hidden treasure. It's all about the fine art of shopping abroad.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#305H
14:30:00	Burt Wolf: Travels & Traditions Guatemala, Part 1	APTEX	(S)	(CC)	N/A	#1602H
	The Maya people have been living in Guatemala for over 10,000 years. Burt visits their ancient tribal communities, learns how they were able to develop calendars that are as accurate as the ones we use today. He stops into Funsepa, which is a non-profit foundation that gives the children of Guatemala the technical skills they will need to compete in the modern world. He tours the city of Antigua, checks out the influence of the Spanish conquistadors and learns about Guatemalan music, crafts and food.					

Sun, May 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Garden Fan Trellis and Garden Gates.	NETA	(S)	(CC)	N/A	#2404H
15:30:00	Rough Cut - Woodworking with Tommy Mac Computer Table with Al D'attanasio This week on Rough Cut Woodworking with Tommy Mac, Tommy is joined by series regular Al D'Attanasio to build a computer table. Al and Tommy are inspired by their own lives, hoping to have a place to hold all the essentials for a modern life. Though not as hip as some people may think, Al still needs a spot for his computer as well as drawers and a filing cabinet for his necessary paperwork.	APTEX	(S)	(CC)	N/A	#610H
16:00:00	Happy Yoga with Sarah Starr Rainbow Sunrise Relax and recharge with a glowing morning sunrise as we focus on an invigorating modified yoga practice using a chair for support, combining lower body strengthening moves and hip openers with a series of upper body stretches designed to release tension in the shoulders and upper back.	NETA	(S)	(CC)	N/A	#213H
16:30:00	Second Opinion Mystery Diagnosis IV In any given year, nearly 21 million American adults are diagnosed with a mood disorder. Patient Brittany DiCapua shares her story of mental and physical symptoms that appeared suddenly and inexplicably in a very special "mystery diagnosis."	APTEX	(S)	(CC)	N/A	#1306H
17:00:00	Feel Grand with Jane Seymour Skin Care/Melanoma Our skin. It's the first thing anyone sees. Take care of it and it can be a fountain of youth. Neglect it and those signs of aging become more and more apparent. And a few wrinkles are the least of our worries as the risk of too much sun, even at an early age, can result in serious health problems as we get older. Our skin is one of our most precious possessions, and we'll look at why all of us need to protect it.	APTEX	(S)	(CC)	N/A	#110H
17:30:00	Well Read Laurie Frankel / This Is How It Always Is Laurie Frankel discusses This Is How It Always Is - a novel about revelations, transformations, fairy tales, and family. And it's about the ways this is how it always is: Change is always hard and miraculous and hard again, parenting is always a leap into the unknown with crossed fingers and full hearts, children grow but not always according to plan. And families with secrets don't get to keep them forever.	APTEX	(S)	(CC)	N/A	#622H
18:00:00	California's Gold Muscle Beach Originally just south of the Santa Monica Pier in California, this small plot of "sand" was one of the most famous addresses in the United States from 1934 to 1959. Muscle Beach started as a WPA project in 1934 and helped spawn the modern fitness movement that lives on today. In the beginning it wasn't about muscles, it was about fitness and fun. Men and women did somersaults and handstands, built human towers and threw each other around. Huell and Luis go back to the original plot of sand to visit with some of the men and women who made Muscle Beach their playground during its heyday. We'll see some wonderful old photos and home movies and hear some great stories. This show has a particularly good ending as there are a group of people who are bringing back the original Muscle Beach in it's original spot. The new Muscle Beach will have the old emphasis of fitness and fun and it's sure to be a huge success.	KCET		(CC)	N/A	#1007
18:30:00	Curious Traveler Curious Venice Where is the hidden symbol of Venice on the iconic gondola? Why are there two different saints on the gateway columns? Why is the solar system off on Torre dell'Orologio? Why does Saint Mark's Basilica look like Hagia Sophia? Why does the Doge's Palace have a Stairway of Giants, and what do those symbols mean?	APTEX	(S)	(CC)	N/A	#206H
19:00:00	Beyond Geek Kinetic Sculpture Racing Dan races against all odds in a human-powered art sculpture race over land, sand, and water.	EPS	(S)	(CC)	N/A	#201H
19:30:00	The Kamla Show Special Rasika Kumar Host Kamla interviews Rasika Kumar, Software Engineer at Google and Associate Artistic Director at Abhinaya Dance Co.	KAMLA	(S)	(CC)	N/A	#114H
20:00:00	Black America #Blackperspectivesmatter with Tonya Pinki Actress, Tonya Pinkins joins Carol Jenkins to discuss "colorism" and the perspective of a black woman. Tonya Pinkins also discusses her influences throughout her career and her work in Gotham on Fox and 11. 22.63 on Hulu.	EPS	(S)	(CC)	N/A	#111H

## Daily Program Listing II

43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Sun, May 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Black America Documenting Our Existence In Photography with Deborah Willis	EPS	(S)	(CC)	N/A	#112H
	Carol Jenkins discusses the extreme importance of documenting African American history in photography with Dr. Deborah Willis, author of over 30 books on photography, producer of the documentary 'Through A Lens Darkly' and chair of New York University's Department of Photography and Imaging.					
21:00:00	3 Miles An Hour	APTEX	(S)	(CC)	N/A	#0H
	3 MILES AN HOUR invites viewers into the Bob Marshall Wilderness in western Montana to meet legendary backcountry outfitter Arnold "Smoke" Elser. Elser considers "three miles an hour"- the walking speed of a horse - the best way to see and savor life. The documentary combines rare access to one of the largest wilderness areas in the lower 48 states with vintage home movies from backcountry trips and historic photographs to capture Elser's passion for, and connection to, the outdoors. In interviews, fellow outfitters, horsemen, long-time guests, friends, family members and Forest Service district rangers all reflect on their experiences with "Smoke" and comment on the changes in wilderness management he both witnessed and helped realize.					
22:00:00	Canadian Rockies By Rail	NETA	(S)	(CC)	N/A	#0H
	Canadian Rockies by Rail takes viewers along for a trip through the Pacific Northwest and the Canadian Rockies, exploring some of the most stunning scenery in the world. The rail journey will be aboard the renowned Rocky Mountaineer, known as one of the best rail journeys in the world. The journey begins in Seattle, Wash. with stops in Vancouver, Kamloops, Banff, Jasper, and other memorable places. During the journey the program will explore the rich history and culture of the region, the history of the railroad and its importance to Canada, discover the local cuisine, meet the people of the region, and offer views of the endless natural beauty of the Canadian Rockies.					
23:00:00	Quilted Conscience	NETA	(S)	(CC)	N/A	#0H
	THE QUILTED CONSCIENCE documents the beautiful and important story of a group of sixteen Sudanese-American girls - refugees from the genocide in their troubled homeland - who are thrust into a new life in Grand Island, Nebraska. It's a story of a quilters' guild of local white women, some of whom have had little previous contact with ethnic or racial minorities. It's a story of a famed African-American quilt maker who travels a thousand miles to help "stitch" the groups together by means of a culture-blend fabric-art project. Finally, it's a story about the making of a lovely wall-sized mural, composed of dozens of dramatic "Dreams & Memories" story panels created by the Sudanese girls with the help of the local women.					

Mon, May 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Kinetic Sculpture Racing Dan races against all odds in a human-powered art sculpture race over land, sand, and water.	EPS	(S)	(CC)	N/A	#201H
00:30:00	The Kamla Show Special Rasika Kumar Host Kamla interviews Rasika Kumar, Software Engineer at Google and Associate Artistic Director at Abhinaya Dance Co.	KAMLA	(S)	(CC)	N/A	#114H
01:00:00	Black America #Blackperspectivesmatter with Tonya Pinki Actress, Tonya Pinkins joins Carol Jenkins to discuss "colorism" and the perspective of a black woman. Tonya Pinkins also discusses her influences throughout her career and her work in Gotham on Fox and 11. 22.63 on Hulu.	EPS	(S)	(CC)	N/A	#111H
01:30:00	Black America Documenting Our Existence In Photography with Deborah Willis Carol Jenkins discusses the extreme importance of documenting African American history in photography with Dr. Deborah Willis, author of over 30 books on photography, producer of the documentary 'Through A Lens Darkly' and chair of New York University's Department of Photography and Imaging.	EPS	(S)	(CC)	N/A	#112H
02:00:00	3 Miles An Hour 3 MILES AN HOUR invites viewers into the Bob Marshall Wilderness in western Montana to meet legendary backcountry outfitter Arnold "Smoke" Elser. Elser considers "three miles an hour"- the walking speed of a horse - the best way to see and savor life. The documentary combines rare access to one of the largest wilderness areas in the lower 48 states with vintage home movies from backcountry trips and historic photographs to capture Elser's passion for, and connection to, the outdoors. In interviews, fellow outfitters, horsemen, long-time guests, friends, family members and Forest Service district rangers all reflect on their experiences with "Smoke" and comment on the changes in wilderness management he both witnessed and helped realize.	APTEX	(S)	(CC)	N/A	#0H
03:00:00	Canadian Rockies By Rail Canadian Rockies by Rail takes viewers along for a trip through the Pacific Northwest and the Canadian Rockies, exploring some of the most stunning scenery in the world. The rail journey will be aboard the renowned Rocky Mountaineer, known as one of the best rail journeys in the world. The journey begins in Seattle, Wash. with stops in Vancouver, Kamloops, Banff, Jasper, and other memorable places. During the journey the program will explore the rich history and culture of the region, the history of the railroad and its importance to Canada, discover the local cuisine, meet the people of the region, and offer views of the endless natural beauty of the Canadian Rockies.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Quilted Conscience THE QUILTED CONSCIENCE documents the beautiful and important story of a group of sixteen Sudanese-American girls - refugees from the genocide in their troubled homeland - who are thrust into a new life in Grand Island, Nebraska. It's a story of a quilters' guild of local white women, some of whom have had little previous contact with ethnic or racial minorities. It's a story of a famed African-American quilt maker who travels a thousand miles to help "stitch" the groups together by means of a culture-blend fabric-art project. Finally, it's a story about the making of a lovely wall-sized mural, composed of dozens of dramatic "Dreams & Memories" story panels created by the Sudanese girls with the help of the local women.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#227
08:00:00	Mack & Moxy Always Be Prepared/Feeding Rainbow "Always Be Prepared" - This is not a drill! When Mack & Moxy zoom off to HelpeeLand with Trooper Jax to save another Great Helpee, they meet a cool kid named Kendling Pop-Pop Jr. He's busy drafting an escape plan for his house in case there's a fire. As they're looking for the Great Helpee in the house, the Kendling's smoke detector beeps. Remembering how to stay safe, they "get low and go." Meanwhile, Shelfish Sheldon scurries about to get the Great Helpee first so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Kal Penn (How I Met Your Mother, House M.D.) helps the Heroes' mission in support of the American Red Cross, dedicated to teaching emergency preparedness and providing disaster relief across the globe. "Feeding Rainbow" - Time to save another Great Helpee! As Mack & Moxy zip-line over the Sky Islands in HelpeeLand with Trooper Francesca, they accidentally fall on a fatigued new friend, Rainbow. He's a lethargic Pegasus who hasn't had any breakfast. Since his parents have lost their jobs, there's not enough food to eat. Rainbow's strength is renewed once the Heroes locate a nearby food pantry and enjoy a nutritious feast. But Shelfish Sheldon jets ahead on a flying vacuum, trying to swoop the Great Helpee and keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of Feeding America, a 35 year-old organization who feeds 46 million people every day across the US.	APTEX	(S)	(CC)	N/A	#103H

Mon, May 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab Murphy's Law of Gravity/The Mystery of Pirate Woods Gravity: The SECRET LAB KIDS are ready to demo their new science song for web entrepreneur Mook Zookerboom when he learns that a satellite is coming down out of orbit, panics and heads for the airport. So the team must gather some data on gravity to convince him to return. Pirate: Angie's great-uncle Thaddeus and JD are sure a local nautical antique shop has the missing treasure chest of Greybeard the Pirate - but Angie, Nicky and Kent suspect the shop owner is the true pirate here.	APTEX	(S)	(CC)	N/A	#105H
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 1	ACCES	(S)	(CC)	N/A	#301H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Your Hamstrings	APTEX	(S)	(CC)	DVI	#925H
10:00:00	Sit and Be Fit Keep The Fun In Functional Fitness In this episode Mary Ann focuses on the fun side of exercise through the use of novelty music and imaginative choreography.	NETA	(S)	(CC)	N/A	#1317H
10:30:00	It's Sew Easy Casual Style Just kick back and go casual. Lifestyle blogger Caroline Hulse mixes woven and knit fabrics to make a super-stylish tunic. Fashion and sewing expert Angela Wolf restyles a classic A-line skirt to reflect today's trends. Fitting and style educator Judy Kessinger creates many top styles from just one pattern.	NETA	(S)	(CC)	DVI	#1110H
11:00:00	Knit and Crochet Now! Ottomans Decorate your home with these two special Ottomans: the knit Garter Stripe Ottoman with Kristin and the Motif Ottoman designed and demonstrated by Ellen. Lena shows how to make the knit Bubbles Cowl.	APTEX	(S)	(CC)	DVI	#607H
11:30:00	Fons & Porter's Love of Quilting Picnic In Provence Classics are always eye catching and Picnic in Provence is definitely a classic. Patrick and his guests Joanie Holton and Melanie Greseth will discuss the construction of this diagonal set quilt, demonstrate their applique method and provide tips for finishing your quilt like a pro.	NETA	(S)	(CC)	N/A	#2806H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6206H
13:00:00	America's Test Kitchen from Cook's Illustrated Big Easy Favorites Host Bridget Lancaster shows host Julia Collin Davison the steps to making the ultimate chicken and sausage gumbo. Then, tasting expert Jack Bishop challenges Julia to a tasting of smoked paprika. Next, gadget guru Lisa McManus shares her favorite quirky kitchen tools. Finally, test cook Erin McMurrer reveals the secrets to making the best red beans and rice.	APTEX	(S)	(CC)	N/A	#1711H
13:30:00	Pati's Mexican Table Meals in a Minute Pati is a busy mom on the go. If you're a mom that likes to cook for your family AND take your kids to school, practice and everywhere else, you need a few quick and easy meals in your arsenal. Pati's oldest sister, Karen, shares a few tips as they visit her favorite restaurant in Mexico City. Then back at home, Pati shows us some of her go-to weekly dishes. Recipe 1: Tortilla Soup; Recipe 2: Tuna Casserole; Recipe 3: Triply Limey Pound Cake; Recipe 4: Papaya Relish.	APTEX	(S)	(CC)	N/A	#304H
14:00:00	Primal Grill with Steven Raichlen Heat Without Meat Whether you're a vegetarian, feeding someone who doesn't eat meat, or simply crave meatless grilling from time to time, this show is for you. Smoked egg pate from Israel. (Think of it as turbocharged egg salad.) Grilled tofu with pineapple, cucumber, and a chili-peanut dipping sauce from Malaysia. Grilled bananas with a spoon-licking caliber coconut-caramel sauce from Thailand (as good for breakfast or a snack as a dessert). And Israeli Eggplant Salad-proof that you don't need meat to show off your grilling skills. Israeli Smoked Egg Pate; Malaysian Grilled Tofu; Thai Coconut Bananas; Israeli Eggplant Salad.	APTEX	(S)	(CC)	N/A	#308H

Mon, May 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke Smoked In Four Courses  Once you get the hang of smoking, you can smoke nearly anything-from bar snacks to dessert. In this show, you'll learn to smoke nuts (spice-crusted pecans), fresh oysters on the half-shell, a spectacular prime rib cooked using the reverse-sear method, and even a mango macadamia nut crisp for dessert. Cook a four course feast from soup to nuts using electric smokers, pellet grills, ceramic cookers, and stovetop kettle smokers. Smoked pecans; Chappaquiddick smoked oysters; Reverse-seared prime rib; Mango-macadamia crisp.	APTEX	(S)	(CC)	N/A	#206H
15:00:00	Beads, Baubles and Jewels Leather and Chainmaille Jewelry  Author Laura Poplin combines the ancient art of leatherwork and chainmaille to make beautiful contemporary jewelry. Learn to make colorful dyed and painted leather rectangles and finish them into jewelry using classic leatherworking techniques. Laura shows how to connect leather pieces with Byzantine chainmaille weave to make a cuff style bracelet. Katie demonstrates a quick and easy cup chain bracelet.	NETA	(S)	(CC)	N/A	#2108H
15:30:00	Make It Artsy Transformation  In the hands of the maker, the ordinary is transformed into the extraordinary. A simple lamp morphs into a decorator accent with tool expert Joe Rotella. A matchbook becomes a mini-journal in the hands of artist Roxanne Coble. Host Julie Fei Fan Balzer creates cool jewelry from coloring book pages. Clay artist Laurie Mika has a tip on stenciling on clay.	NETA	(S)	(CC)	N/A	#110H
16:00:00	Biz Kid\$ Money Moves  When money moves between individuals or groups it is called a transaction. Join the Biz Kids and you'll follow a single dollar bill as it moves from a depositor's hand across the counter, down to the vault, over to the Federal Reserve, and finally out to a project the bank is financing. Visit the branch of a real credit union inside a high school where the students are the tellers. Watch the ebb and flow of money as the kids examine the concepts of supply and demand. Meet a young man who began collecting books to read to his grandmother and soon found himself as the head of a national book business.	APTEX	(S)	(CC)	DVI	#105H
16:30:00	Hands On Crafts for Kids Living Places  Each plant and creature has a habitat. To capture the freshness of the ocean, Jenny Barnett-Rohrs makes jars inspired by sea glass. For her art project, Candie Cooper looks to the rainforest for ideas. Then, she sponge-paints an animal foot-print rug. Jenny makes a 3-D diorama of animal habitats from foam and printable images.	NETA	(S)	(CC)	DVI	#1911H
17:00:00	P. Allen Smith's Garden Home Take It Easy  No more excuses, get out and garden! P. Allen Smith demonstrates some hassle free gardening and cooking techniques for even the most well rooted couch potato.	APTEX	(S)	(CC)	N/A	#1409H
17:30:00	Growing A Greener World Controlling Garden Pests, Diseases, and Weeds Organically (Atlanta, Ga)  While garden pests, diseases, and weeds are a fact of life, the harsh chemicals often used to treat them don't have to be. As we become more aware of the adverse impact these products are having on wildlife and our environment, gardeners are seeking eco-friendlier ways to manage these ever-present problems. In this episode, Joe and the team tackle all those challenges garden pests, diseases, and weeds in and around the Garden Farm set of Growing a Greener World. And they'll do it using all-organic methods for effective control. It is possible to have a healthy and thriving garden and landscape without the use of harmful chemicals, and this episode shows you how.	APTEX	(S)	(CC)	N/A	#718H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14091H
18:30:00	Asian American Life  We feature influential Asian Americans with an impact on America. We focus on Assemblyman Ron Kim, the first Korean-American elected to New York State Legislature. Lawyer and Author Helen Wan speaks to Reporter Paul Lin about her new book "The Partner Track" and how Asian American attorneys are breaking through the "Bamboo Ceiling" at corporate law firms.	EPS	(S)	(CC)	N/A	#206H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8026
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3517H
20:00:00	Music City Roots Live from the Factory  Deeply moving, original torch songs by Nashville's eclectic Emily West. Mike & Ruthy bring Woodstock NY folk music with an energetic band. And we celebrate the reunion of Nashville cult rockers Govt. Cheese.	APTEX	(S)	(CC)	N/A	#413H

## Daily Program Listing II

43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Mon, May 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Dennison Lodge Mike Herwitz	NETA	(S)	(CC)	N/A	#108H
	Mike Hurwitz has spent years on the road, picking with anyone and everyone, learning many regional styles played in different parts of the country. Mike plays his vintage Gibsons, Martins and Nationals with notable skill and innovation, singing in a deep rich baritone, with a relaxed, blues influenced country style that is all his own.					
22:00:00	NHK March Specials Five Years, Five Stories	APTEX	(S)	(CC)	N/A	#102H
	When a massive earthquake and tsunami struck Japan's Tohoku region five years ago, life as people knew it was instantly gone. What remained were feelings of loss, pain and devastation. Among the survivors were children, who experienced the disaster and its aftermath at an impressionable time in their lives. The documentary shares five stories of those children, looking at how they have struggled with the past, and follows them as they search for a way to move forward.					
23:00:00	Hafu	NETA	(S)	(CC)	N/A	#0H
	With an ever increasing movement of people between places in this transnational age, there is a mounting number of mixed-race people in Japan, some visible others not. "Hafu" is the unfolding journey of discovery into the intricacies of mixed-race Japanese and their multicultural experience in modern day Japan. The film follows the lives of five "hafus"-the Japanese term for people who are half-Japanese-as they explore what it means to be multiracial and multicultural in a nation that once proudly proclaimed itself as the mono-ethnic nation. For some of these hafus Japan is the only home they know, for some living in Japan is an entirely new experience, and others are caught somewhere between two different worlds.					



Tue, May 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8026
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3517H
01:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#413H
	Deeply moving, original torch songs by Nashville's eclectic Emily West. Mike & Ruthy bring Woodstock NY folk music with an energetic band. And we celebrate the reunion of Nashville cult rockers Govt. Cheese.					
02:00:00	Live from the Dennison Lodge Mike Herwitz	NETA	(S)	(CC)	N/A	#108H
	Mike Hurwitz has spent years on the road, picking with anyone and everyone, learning many regional styles played in different parts of the country. Mike plays his vintage Gibsons, Martins and Nationals with notable skill and innovation, singing in a deep rich baritone, with a relaxed, blues influenced country style that is all his own.					
03:00:00	NHK March Specials Five Years, Five Stories	APTEX	(S)	(CC)	N/A	#102H
	When a massive earthquake and tsunami struck Japan's Tohoku region five years ago, life as people knew it was instantly gone. What remained were feelings of loss, pain and devastation. Among the survivors were children, who experienced the disaster and its aftermath at an impressionable time in their lives. The documentary shares five stories of those children, looking at how they have struggled with the past, and follows them as they search for a way to move forward.					
04:00:00	Hafu	NETA	(S)	(CC)	N/A	#0H
	With an ever increasing movement of people between places in this transnational age, there is a mounting number of mixed-race people in Japan, some visible others not. "Hafu" is the unfolding journey of discovery into the intricacies of mixed-race Japanese and their multicultural experience in modern day Japan. The film follows the lives of five "hafus"-the Japanese term for people who are half-Japanese-as they explore what it means to be multiracial and multicultural in a nation that once proudly proclaimed itself as the mono-ethnic nation. For some of these hafus Japan is the only home they know, for some living in Japan is an entirely new experience, and others are caught somewhere between two different worlds.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#228
08:00:00	Mack & Moxy A Bop-Topuss's Garden/Ty The Grrrr	APTEX	(S)	(CC)	N/A	#104H
	"A Bop-Topuss's Garden" - Hey! Another Great Helpee is about to hatch! This time it's in the Giant Oyster Beds at the bottom of HelpeeLand Sea. Mack & Moxy, along with Trooper Georgia, plunge in and get hugged by a bubbly octopus named Penny and her multi-tasking mom, Mrs. Squiggly. As they bop their way to the Great Helpee, Mrs. Squiggly loses steam because she's been too busy to eat properly. Together the Heroes grow their own nutritious garden and with the energy from fresh fruits and vegetables, save the day! Meanwhile, Shelfish Sheldon spies and swiftly swims to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Melissa Fumero (Brooklyn 99) helps the Heroes' mission in support of the American Heart Association, building heart healthy lives for kids, families, and communities since 1924. "Ty the Grrrr" - To the Shimmerizer! Mack & Moxy hula to HelpeeLand, along with Trooper Tyree to rescue another Great Helpee. While in the Cool Green Jungle, they're pounced on by a playful cub named Ty the Grrrr who explains how all his friends have moved away because there's nowhere left to live. Together they find a solution. And of course, Shelfish Sheldon tries to snatch the Great Helpee first so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of World Wildlife Fund, which for over 50 years, has been committed to saving nature, conserving habitats, and protecting wildlife.					
08:30:00	Thomas Edison's Secret Lab Electric Kent!/Fashion Genes	APTEX	(S)	(CC)	N/A	#106H
	Electric: Kent discovers one of Edison's secret inventions - an exo-bodysuit: a steampunk Ironman device that turns him into a klutzy superhero. Fashion: Ever-confident Nicky finds herself competing with Sheila in a "Project Runway"-type show, and, needing the perfect model to show off her designs on the runway, she decides to clone herself.					
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 2	ACCES	(S)	(CC)	N/A	#302H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Pain Prevention	APTEX	(S)	(CC)	DVI	#926H
10:00:00	Sit and Be Fit Variety, The Spice of Life	NETA	(S)	(CC)	N/A	#1318H
	Mary Ann combines a variety of exercises that improve function including a new exercise that uses the fingers and breath to control abdominal muscles.					

Tue, May 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy Style That Goes Everywhere  Style is an attitude that goes with you everywhere. Author and designer Angela Wolf creates a high-style dress that can be made in one afternoon. Garment expert Joanne Banko has a style tip for making a fashion-forward t-shirt. Designer and blogger Heather Valentine whips up a super-simple skirt that goes anywhere in style.	NETA	(S)	(CC)	DVI	#1111H
11:00:00	Knit and Crochet Now! Kiddie Toys  Special guest Jenny King drops by to show off her crochet Rupert The Rabbit toy, and on the knit side Kristin makes an adorable Amigarumi Cat by Michele Wilcox. The crochet Mosaic Scarf is demonstrated by Lena.	APTEX	(S)	(CC)	DVI	#608H
11:30:00	Fons & Porter's Love of Quilting New Hampshire Nights  Quilters collect fabrics that "speak" to them. Marianne loves to collect reproduction prints and tiny shirting prints. When combined they create a soothing, classic quilt. Inspired by a house quest from New Hampshire the quilt was sashed with stars from the night sky.	NETA	(S)	(CC)	N/A	#2807H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6207H
13:00:00	Julie Taboulie's Lebanese Kitchen It's Taboulie Time  Join the "Queen of Lebanese Cuisine", Julie Taboulie, as she pays a special tribute to her namesake dish and her culinary traditions. Throughout this visually vibrant show, Julie takes viewers back to memory lane of her Lebanese heritage and the dishes that she grew up eating ever since she was a young girl at her family's Lebanese table. It's tart, it's tangy and it's tasty. It's non-other than Julie Taboulie's namesake, signature salad, taste-bud-tantalizing taboulie Originating in the mountains of Mount Lebanon, this famous dish is known as the "Queen Salata" throughout the land and Julie shares all of her tips, tricks and techniques to make the tastiest taboulie. Julie also makes a couple trips to Mama's garden and to her very own herb-garden that Mama especially planted for her to gather all of her fresh ingredients for her recipes. While Julie's there she happily introduces viewers to her Uncle Dominick to answer their number one question to finally find how she got her stage name. Julie also shares her luscious lamb kabobs lahem mishwee that lead the way along with her Lebanese-style French fries batata maqlieh inspired by her Sitto (Julie's grandmother) that are finished off with an authentic garlic, olive oil and lemon sauce famously called toum making this show so succulent that viewers will wish there was taste-a-vision.	APTEX	(S)	(CC)	DVI	#102H
13:30:00	Sara's Weeknight Meals Louisiana Style  It's Mardi Gras any time of the year with Sara's easy duck creole. And, because Louisiana's iconic cuisine is one of America's favorites, we journey to the bayou to catch some crawfish for a traditional boil with rice and plenty of spice.	APTEX	(S)	(CC)	N/A	#516H
14:00:00	Taste of History Grenada - The Spice Island  As America's War of Independence raged, the Eastern Caribbean became a powder keg of activity. Chef Staib visits Grenada, the spice capital of the world and the home of nutmeg, the most valuable spice of the 18th century. Chef Staib cooks with local chefs to make 'oil down' and other island dishes.	NETA	(S)	(CC)	N/A	#607H
14:30:00	Sara's Weeknight Meals Honey Be Good  It's a well-known fact that honeybees are a precious resource for pollinating the food we eat, but they are mysteriously dying off. Sara joins a beekeeper in Savannah, Georgia to discover the secrets of bees and beekeeping. Then they make a honey centered dish that's pure Georgia - rosemary honey and Georgia peach chutney burgers. Next, she travels to Napa, California to gather ingredients at a farm and cook with chef Joey Altman. His grilled duck breast with honey roasted carrots, farro-herb salad and cider jus is easier than it sounds, and delicious as well. Recipes: Rosemary honey and Georgia peach chutney burgers; Grilled duck breast, honey roasted carrots, farro-herb salad and cider jus.	APTEX	(S)	(CC)	N/A	#604H
15:00:00	Beads, Baubles and Jewels Color Palette Inspiration  Jewelry designer and blogger Erin Prais-Hintz shares tips for drawing inspiration from color palettes, time periods and pop culture. Learn how to find a palette and choose beads based on those colors to make an embellished clasp. Using that color knowledge, make simple, stacking bracelets with beautiful, eye-catching beads. Katie crafts a knotted gemstone necklace.	NETA	(S)	(CC)	N/A	#2109H
15:30:00	Make It Artsy Home Decor  Your home is a gallery for your art. Artist Dina Wakley makes a wall hanging with tissue stamping. Tool expert Joe Rotella uses computer design and cutting technology to create an apron. Using watercolors, calligrapher Janet Takahashi creates simple brush lettering. Author Rebekah Meier has a tip for adding a splash of color to any home.	NETA	(S)	(CC)	N/A	#111H

Tue, May 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Taking Charge of Your Financial Future	APTEX	(S)	(CC)	DVI	#106H
	Join the Biz Kids as they figure out where they want to be financially and make plans on how to get there. You can work on your plans and meet some new kid entrepreneurs, too. Follow along as a Biz Kid sets up his first savings account. We also look at an innovative program that rescues street kids and gets them back into education and business.					
16:30:00	Hands On Crafts for Kids Fly Away	NETA	(S)	(CC)	DVI	#1912H
	Let's make wings and fly. With paper, scissors and a little spaghetti, Jenny Barnett-Rohrs makes paper feathers. Then, she crafts fuzzy bug wings from felt. Artist Franz Spohn gives the appearance of flight in his drawings. Jenny crafts a bird house for our feathered friends.					
17:00:00	P. Allen Smith's Garden Home All Natural	APTEX	(S)	(CC)	N/A	#1410H
	Become closer to earth using natural ingredients and inspirations from the environment to create your own Garden Home experience.					
17:30:00	Growing A Greener World Hope for Heroes: The Farmer Veteran Coalition	APTEX	(S)	(CC)	N/A	#719H
	Ask almost any returning war veteran and they'll tell you that the hardest part of the war is not going, it's coming home. The toll it takes on soldiers is often more debilitating to the body and mind than the combat they faced. Many return with scars and baggage that makes it even harder for them to find gainful employment. Fortunately, organizations are helping connect veterans with good jobs and new careers that can literally change and save the lives of these heroes. The Farmer Veteran Coalition is one such organization with a simple mission: to mobilize veterans to feed America by cultivating a new generation of farmers and food leaders. In this episode, Joe meets one veteran-turned-farmer and shares the story of how his life and that of his family went from hopeless to thriving, thanks to the Coalition connection.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14092H
18:30:00	Americas Now Fleeing Guatemala & Gina Badenoch	NETA	(S)	(CC)	N/A	#126H
	Guatemala - Fleeing Guatemala - They are young Central American migrants who leave their homes without parental permission, to make a perilous trek to the United States. Most are trying to escape poverty and search for better economic opportunities. Amnesty International has called the journey one of the world's most dangerous. And many of these minors don't even reach their final destination. Correspondent Harris Whitbeck speaks to migrants from Guatemala who were caught by authorities in Mexico and returned home. Game Changer Mexico - Gina Badenoch - You could call this week's Game Changer on "Americas Now" a real "visionary." She's a Mexican photographer on a mission to educate some unlikely pupils devoting her time to teaching photography to the visually-impaired. It may sound impossible but by showing them how to concentrate on their surroundings and focus on other senses, she has enabled them to overcome their disability and capture some amazing images. For this week's Game Changer we introduce you to the founder of "Sight of Emotion"...Gina Badenoch. Urban Voice - Flamenco Saxophone - Jorge Pardo is a musician from Spain who is famous for playing the saxophone. But his compositions don't just feature the saxophone, they include several other instruments that he performs on as well. Pardo believes the sound of each instrument delivers a different message. And when those different sounds are combined, they create a new language. It's one of the reasons why Pardo is also considered a pioneer of the innovative musical form called "flamenco-jazz fusion." For this week's Urban Voice we give you Jorge Pardo.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8027
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1318H
20:00:00	Sun Studio Sessions The Bo-Keys	NETA	(S)	(CC)	N/A	#809H
	NPR's All Songs Considered describes The Bo-Keys as a "Memphis tour de force" that "breathes new life into classic sounds." Featuring legendary singer Percy Wiggins and led by Grammy nominated producer-bassist Scott Bomar, the group also includes legendary session musicians from the Stax and Hi Records studio bands. In this episode, the soulful band performs multiple fan favorites, including the title track from their latest record "Heartache by the Numbers."					
20:30:00	Jammin at Hippie Jack's Chuck Johnson and Charlyhorse	NETA	(S)	(CC)	N/A	#1006H
	Not just a singer-songwriter pouring his heart and soul into his music, Chuck is also a storyteller who weaves songs out of the tales of small southern towns and the roads he has traveled. Charlyhorse is what Americana music strives to be, "Vivid stories in sound, populated by trailer-park queens, hellfire preachers, shuttered cotton mills and down-home philosophers"					
21:00:00	The Kate Maurice Hines	APTEX	(S)	(CC)	N/A	#205H
	Famed tap dancer and performer Maurice Hines entertains with heartfelt stories from his childhood days in show business with his brother Gregory, and sings classics like "It Don't Mean A Thing," and "Smile" and of course, wows the audience with his skilled tap moves.					

Tue, May 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	World Dancesport Grand Slam Series Standard Series - Stuttgart, Germany	APTEX	(S)	(CC)	N/A	#103H

Over the past ten years, the victories at the Grand Slam Standard Stuttgart were divided up between one Danish, two Italian and two German couples. Six wins went to the host country, three to Italy and one to Denmark. Simone Segatori and Annette Sudo of Germany were first last year, claiming the second Grand Slam of their career and starting on a home-winning streak that has not stopped yet. Fellow Germans Benedetto Ferruggia and Claudia Koehler had won Stuttgart non-stop between 2008 and 2012. But let's not pre-judge what will end up being a tight competition between the Germans and the other favorites, including Hong Kong champions Dmitry Zharkov and Olga Kulikova of Russia, who staged the first major upset against Segatori-Sudol for the year. Zharkov-Kulikova had breezed to victory in Moscow without the Germans competing there.

23:00:00	Hidden Legacy: Japanese Traditional Performing Arts in the WWII Internment	KNME	(S)	(CC)	N/A	#0H
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Using historical footage and interviews from artists who were interned, this film tells the story of how traditional Japanese cultural arts were maintained at a time when the War Relocation Authority (WRA) emphasized the importance of assimilation and Americanization. Various essays and studies concerning the camps have been published, but have focused on the political and legal aspects of the internment, while hardly mentioning cultural and recreational activities in the camps. When cultural and recreational activities have been documented, they have focused on American culture, such as baseball and swing music. This film will be the first major presentation of the existence of traditional music, dance and drama in the camps. It includes stories of 19 artists in the fields of music (koto, nagauta shamisen, shakuhachi, shigin, biwa), dance (buyo, obon) and drama (kabuki) who were interned at Tule Lake, Manzanar, Amache/Granada, Rohwer, Gila River, and Topaz.

Wed, May 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8027
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1318H
01:00:00	Sun Studio Sessions The Bo-Keys	NETA	(S)	(CC)	N/A	#809H
	NPR's All Songs Considered describes The Bo-Keys as a "Memphis tour de force" that "breathes new life into classic sounds." Featuring legendary singer Percy Wiggins and led by Grammy nominated producer-bassist Scott Bomar, the group also includes legendary session musicians from the Stax and Hi Records studio bands. In this episode, the soulful band performs multiple fan favorites, including the title track from their latest record "Heartache by the Numbers."					
01:30:00	Jammin at Hippie Jack's Chuck Johnson and Charlyhorse	NETA	(S)	(CC)	N/A	#1006H
	Not just a singer-songwriter pouring his heart and soul into his music, Chuck is also a storyteller who weaves songs out of the tales of small southern towns and the roads he has traveled. Charlyhorse is what Americana music strives to be, "Vivid stories in sound, populated by trailer-park queens, hellfire preachers, shuttered cotton mills and down-home philosophers"					
02:00:00	The Kate Maurice Hines	APTEX	(S)	(CC)	N/A	#205H
	Famed tap dancer and performer Maurice Hines entertains with heartfelt stories from his childhood days in show business with his brother Gregory, and sings classics like "It Don't Mean A Thing," and "Smile" and of course, wows the audience with his skilled tap moves.					
03:00:00	World Dancesport Grandslam Series Standard Series - Stuttgart, Germany	APTEX	(S)	(CC)	N/A	#103H
	Over the past ten years, the victories at the GrandSlam Standard Stuttgart were divided up between one Danish, two Italian and two German couples. Six wins went to the host country, three to Italy and one to Denmark. Simone Segatori and Annette Sudo of Germany were first last year, claiming the second GrandSlam of their career and starting on a home-winning streak that has not stopped yet. Fellow Germans Benedetto Ferruggia and Claudia Koehler had won Stuttgart non-stop between 2008 and 2012. But let's not pre-judge what will end up being a tight competition between the Germans and the other favorites, including Hong Kong champions Dmitry Zharkov and Olga Kulikova of Russia, who staged the first major upset against Segatori-Sudol for the year. Zharkov-Kulikova had breezed to victory in Moscow without the Germans competing there.					
04:00:00	Hidden Legacy: Japanese Traditional Performing Arts in the WWII Internment	KNME	(S)	(CC)	N/A	#0H
	Using historical footage and interviews from artists who were interned, this film tells the story of how traditional Japanese cultural arts were maintained at a time when the War Relocation Authority (WRA) emphasized the importance of assimilation and Americanization. Various essays and studies concerning the camps have been published, but have focused on the political and legal aspects of the internment, while hardly mentioning cultural and recreational activities in the camps. When cultural and recreational activities have been documented, they have focused on American culture, such as baseball and swing music. This film will be the first major presentation of the existence of traditional music, dance and drama in the camps. It includes stories of 19 artists in the fields of music (koto, nagauta shamisen, shakuhachi, shigin, biwa), dance (buyo, obon) and drama (kabuki) who were interned at Tule Lake, Manzanar, Amache/Granada, Rohwer, Gila River, and Topaz.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#229
08:00:00	Mack & Moxy Get Up, Get Going/Always Be Prepared	APTEX	(S)	(CC)	N/A	#105H
	"Get Up, Get Going" - On your mark, get set, go! Somewhere in HelpeeLand, a Great Helpee is hatching! Mack & Moxy jump into action with Trooper Lauren and bump into a friendly teenager named Blump who spends his time playing video games and eating candy bars. When asked to help the Heroes find the Great Helpee at the top of the mountain, Blump slumps and sighs. But once he breaks a sweat and gets into shape bike riding, hooping, and hiking up the hill, he reaps the rewards of exercise. As always, Shelfish Sheldon tries to beat them to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Rachael Ray helps the Heroes in support of the President's Council on Fitness, Sports & Nutrition, whose mission is to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition. "Always Be Prepared" - This is not a drill! When Mack & Moxy zoom off to HelpeeLand with Trooper Jax to save another Great Helpee, they meet a cool kid named Kendling Pop-Pop Jr. He's busy drafting an escape plan for his house in case there's a fire. As they're looking for the Great Helpee in the house, the Kendling's smoke detector beeps. Remembering how to stay safe, they "get low and go." Meanwhile, Shelfish Sheldon scurries about to get the Great Helpee first so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Kal Penn (How I Met Your Mother, House M.D.) helps the Heroes' mission in support of the American Red Cross, dedicated to teaching emergency preparedness and providing disaster relief across the globe.					
08:30:00	Thomas Edison's Secret Lab It Takes One to Know One/Smells Like Teen Stink	APTEX	(S)	(CC)	N/A	#107H
	Takes One: JD's ultimate fertilizer is slowly turning him into a plant and it's up to the team to get him back to the lab in time to cure him! Stink: When Kent's super B.O. makes him reluctant to appear on a prized comic con panel, the Secret Lab kids have to find a way to Stop the Stink.					

Wed, May 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Osteoporosis Walking Workout	ACCES	(S)	(CC)	N/A	#303H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#927H
10:00:00	Sit and Be Fit Finger Dexterity  This episode combines fun music of the Charleston and Cha-cha to demonstrate finger exercises using a pencil, sit to stand exercises and vestibular work.	NETA	(S)	(CC)	N/A	#1319H
10:30:00	It's Sew Easy Retro Style for Today  Let's play dress up! Cosplay enthusiast Cheryl Sleboda creates authentic-looking Steampunk accessories with contemporary fabrics. Designer Gretchen Hirsch shares a style tip for making miles of ruffles in a snap. Couture designer Angela Wolf redesigns an out-of-style jacket to create an on-trend vest.	NETA	(S)	(CC)	DVI	#1112H
11:00:00	Knit and Crochet Now! Handwarmers  Drew is back to try his "hand" at knitting with the Scalloped Fingerless Gloves and Robyn shows us her crochet Doily Wristlets. Lena demonstrates a knit Star Stitch Cowl.	APTEX	(S)	(CC)	DVI	#609H
11:30:00	Fons & Porter's Love of Quilting Autumn Starshine  Our quilts reflect the experiences of our lives. The autumn season turns our attention quilting as the nights become cool and the leaves begin to take on the colors of fall. Autumn Starshine is a great example of capturing that fall palette. Patrick and Lynette Jensen will present techniques for making star blocks, piecing perfect borders and a beautiful binding.	NETA	(S)	(CC)	N/A	#2808H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6208H
13:00:00	Lidia's Kitchen Baked Pasta  Everyone loves baked pasta, and in this episode, Lidia prepares a baked penne dish with a comforting pork ragu and zucchini topped with a golden crust of cheese. She also makes an elegant salad of asparagus, scallions and boiled egg and finishes the meal with a delicious and moist chocolate zucchini cake.	APTEX	(S)	(CC)	N/A	#323H
13:30:00	Annabel Langbein: The Free Range Cook A French Country Table  Annabel Langbein visits her neighbor's hazelnut orchard in New Zealand's Central Otago for the fall harvest, cooking up a rib-sticking pea and ham soup and a spiced apple cake for lunch. On the menu that night are artichokes fresh from the garden, chicken and leek gratin, and individual pear and hazelnut tarts. Recipes from this episode: rib-sticking pea and ham soup, one-pot spiced apple cake, artichokes with vinaigrette, Provencal crust, chicken and leek gratin, garlicky vegetable toss, hazelnut butter, individual pear and hazelnut tarts.	APTEX	(S)	(CC)	N/A	#109H
14:00:00	Simply Ming Madhur Jaffrey  This week on Simply Ming, Ming and his guest are cooking with curry spices. One of the best Indian chefs in the country, Madhur Jaffrey, joins the show. She is a James-beard award-winning author, actress, and restaurateur. Madhur is going to show how to make potatoes in a Marwari style with griddle bread and Ming aims to impress with a Japanese chicken curry with caramelized onions and cauliflower.	APTEX	(S)	(CC)	N/A	#1405H
14:30:00	Cook's Country Simplified Showstoppers  Test cook Bridget Lancaster shows host Christopher Kimball how to make the ultimate one-pan prime rib and roasted vegetables. Next, tasting expert Jack Bishop challenges Chris to a tasting of frozen dinner rolls. Finally, test cook Julia Collin Davison revives a classic recipe for blitz torte.	APTEX	(S)	(CC)	N/A	#810H
15:00:00	Beads, Baubles and Jewels Metal Clay Jewelry  Author Cindy Pankopf shares her technique for using antique salt spoons and other found objects as molds to create beautiful clay jewelry. Learn how to use silver metal clay to create unique rings using those same molds. Katie creates a bracelet from knotted wire and beads in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2110H

## Daily Program Listing II

43.1

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Wed, May 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Collage	NETA	(S)	(CC)	N/A	#112H
	Combine materials, mediums and techniques to create a collage. Julie Fei Fan Balzer has a collage project using layers of stencils. Urban artist Seth Apter die cuts components for an industrial-looking collage. Mixed media artist Rebekah Meier paints, stamps and sews a colorful cloth banner. Jenn Mason has a tip for capturing images while you travel.					
16:00:00	Biz Kid\$ A Biz: What Is It?	APTEX	(S)	(CC)	DVI	#107H
	You'll see that a successful business supplies goods or services and makes profit when it earns more money than it spends. Meet the junior high school boy who makes healthy dog biscuits, the high school twins with a cake decorating company, and the college student seeking investors for his successful corporation.					
16:30:00	Hands On Crafts for Kids Camp	NETA	(S)	(CC)	DVI	#1913H
	Head to the great outdoors with camping crafts. Jenny Barnett-Rohrs fashions a talking stick like those used by ancient tribes. Then, she paints images of nature with sand. Franz Spohn makes his own fishing game and Jenny weaves a beaded dream catcher. Candie Cooper lights up the forest with a cool camp lantern.					
17:00:00	P. Allen Smith's Garden Home The Pioneers Challenge with Georgia Pellegrini	APTEX	(S)	(CC)	N/A	#1411H
	Modern Pioneer, Georgia Pellegrini, teams up with P. Allen Smith to prepare a stunning cocktail party. Meanwhile, a challenge between the two has been waged. Who will come out on top?					
17:30:00	Growing A Greener World Preserving The Harvest - Capturing That Taste of Summer All Year Long (Atlanta,	APTEX	(S)	(CC)	N/A	#720H
	Gardeners are famous for their exuberance in planting their food gardens each spring. A healthy garden can be prolific when it comes to the amount of fruits and vegetables produced from even a few plants. The end result is often a bountiful harvest even greater than what can reasonably be consumed or even given away. The answer to making the most of summer's bounty is to can and preserve the excess harvest to enjoy long after the gardening season is over. Food preserving expert, Theresa Loe shows the basics of simple canning techniques for some of the most commonly grown summer classics to have us all canning with confidence.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14093H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#505H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8028
19:30:00	In Good Shape Coughing: Harmless Or Dangerous?	WNVC	(S)	(CC)	N/A	#415H
	If foreign objects find their way into the respiratory tract, then a cough won't be far behind. Coughing is a natural immune response. But it can also be an alarm signal for serious illnesses. Also, pain-free through trauma therapy, and why too much salt is bad for your health.					
20:00:00	The Lowertown Line. The Lowertown Line: Doomtreen	APTEX	(S)	(CC)	N/A	#110H
	Hip-hop collective Doomtreen performs live at the Varsity Theater in Minneapolis as part of an annual week-long series of concerts dubbed the "Blowout". The band talks about their humble beginnings, challenges of life on the road, and their unexpected successes. Songs performed: Team the Best Team, Gray Duck, Fresh New Trash, Bangarang.					

Wed, May 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center Artists: American Gypsy (Neil Jacobs, Arkadiy Gips , Steven Fox) Grace Adele & Keenan Wade, Isken, David LaMotte, and hosted by songwriter Eric Gnezda. Artist Bio: American Gypsy consists of internationally recognized 12-string guitarist/composer Neil Jacobs, Ukrainian master violinist Arkadiy Gips, and award-winning bassist, Steven Fox. This highly acclaimed new ensemble transforms Gypsy, Jazz, and World Folk into intriguing new American music. American Gypsy has thrilled and mesmerized audiences across the United States and Europe. Arkadiy recently spent two years touring worldwide with pop icon, Madonna, as special guest on the "gypsy" segment of her concert program. American Gypsy's debut CD was nominated for the American Independent Music Award's Album of the Year. They perform "Django Cafe." Artist Bio: Grace Adele and Keenan Wade blend Nashville and Vaudeville. With a distinct vintage style, they set the stage with traditional American roots drawn from classic country, Western swing, bluegrass, folk, and contemporary indie rock. A native of Ohio, Grace originally had her heart set on becoming a Rockette after years of classical training in ballet. They sing "Open Door." Artist Bio: Isken sports an eclectic mix of multi-genre inspiration with technicality in his songwriting. When not seen with an acoustic guitar, he creates a chill vibe on the electric. He incorporates different styles into his songs that inspire and uplift the audience through his brand of "poptimism." He sings "Sweetheartbreaker." Artist Bio: David LaMotte has released eight albums. He is a speaker, author, workshop leader and the founder of a non-profit organization that supports schools and music programs in Guatemala. An advocate for peacemakers, he is a member of the American Friends Service Committee, which nominates a candidate for the Nobel Peace Prize. He performs "Keep the Change."	APTEX	(S)	(CC)	N/A	#202H
21:00:00	Live at 9:30 Performances by Tove Lo, Cold War Kids, Youth Lagoon and Trouble Funk, with comedy from Ralphie May and an interview by NPR's Bob Boilen.	NACC	(S)	(CC)	N/A	#103H
22:00:00	Saving Sea Turtles: Preventing Extinction Late each autumn, hundreds of sea turtles strand on Cape Cod due to hypothermia. For more than 25 years, the New England Aquarium and the Mass Audubon Wellfleet Bay Wildlife Sanctuary have worked together to rescue, rehabilitate and release thousands of these sea turtles, mostly Kemp's Ridleys, the world's most endangered sea turtle. Over the last decade, the number of stranded turtles has steadily increased, but the late autumn of 2014 saw an unprecedented event as more than 1,200 cold-stunned sea turtles washed ashore. This massive wildlife emergency marshaled an inspiring response that reached from individuals to the federal government. This feature length documentary also tells the larger natural history story of the Kemp's Ridley and how humans pushed a healthy population to the precipice of extinction and are now slowly helping it to recover.	NETA	(S)	(CC)	N/A	#0H
23:00:00	Pacific Heartbeat Visions in the Dark: The Life of Pinky Thompson Visions in the Dark: The Life of Pinky Thompson is a Hawaiian story of pain and promise, of challenge and triumph and a story of leadership. Sustaining a serious eye wound in Normandy during WWII that left him in the dark for two years, Myron "Pinky" Thompson emerged with a clear vision of his purpose in life. Thompson would go on to be a social worker, mentor and revered leader in the Native Hawaiian community who left a legacy of positive social change, pride in Pacific heritage and a strong sense of native identity among Hawaiians that flourishes today.	APTEX	(S)	(CC)	DVI	#602H



Thu, May 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8028
00:30:00	In Good Shape Coughing: Harmless Or Dangerous? If foreign objects find their way into the respiratory tract, then a cough won't be far behind. Coughing is a natural immune response. But it can also be an alarm signal for serious illnesses. Also, pain-free through trauma therapy, and why too much salt is bad for your health.	WNVC	(S)	(CC)	N/A	#415H
01:00:00	The Lowertown Line. The Lowertown Line: Doomtree Hip-hop collective Doomtree performs live at the Varsity Theater in Minneapolis as part of an annual week-long series of concerts dubbed the "Blowout". The band talks about their humble beginnings, challenges of life on the road, and their unexpected successes. Songs performed: Team the Best Team, Gray Duck, Fresh New Trash, Bangarang.	APTEX	(S)	(CC)	N/A	#110H
01:30:00	Songs at the Center Artists: American Gypsy (Neil Jacobs, Arkadiy Gips, Steven Fox) Grace Adele & Keenan Wade, Isken, David LaMotte, and hosted by songwriter Eric Gnezdza. Artist Bio: American Gypsy consists of internationally recognized 12-string guitarist/composer Neil Jacobs, Ukrainian master violinist Arkadiy Gips, and award-winning bassist, Steven Fox. This highly acclaimed new ensemble transforms Gypsy, Jazz, and World Folk into intriguing new American music. American Gypsy has thrilled and mesmerized audiences across the United States and Europe. Arkadiy recently spent two years touring worldwide with pop icon, Madonna, as special guest on the "gypsy" segment of her concert program. American Gypsy's debut CD was nominated for the American Independent Music Award's Album of the Year. They perform "Django Cafe." Artist Bio: Grace Adele and Keenan Wade blend Nashville and Vaudeville. With a distinct vintage style, they set the stage with traditional American roots drawn from classic country, Western swing, bluegrass, folk, and contemporary indie rock. A native of Ohio, Grace originally had her heart set on becoming a Rockette after years of classical training in ballet. They sing "Open Door." Artist Bio: Isken sports an eclectic mix of multi-genre inspiration with technicality in his songwriting. When not seen with an acoustic guitar, he creates a chill vibe on the electric. He incorporates different styles into his songs that inspire and uplift the audience through his brand of "poptimism." He sings "Sweetheartbreaker." Artist Bio: David LaMotte has released eight albums. He is a speaker, author, workshop leader and the founder of a non-profit organization that supports schools and music programs in Guatemala. An advocate for peacemakers, he is a member of the American Friends Service Committee, which nominates a candidate for the Nobel Peace Prize. He performs "Keep the Change."	APTEX	(S)	(CC)	N/A	#202H
02:00:00	Live at 9:30 Performances by Tove Lo, Cold War Kids, Youth Lagoon and Trouble Funk, with comedy from Ralphie May and an interview by NPR's Bob Boilen.	NACC	(S)	(CC)	N/A	#103H
03:00:00	Saving Sea Turtles: Preventing Extinction Late each autumn, hundreds of sea turtles strand on Cape Cod due to hypothermia. For more than 25 years, the New England Aquarium and the Mass Audubon Wellfleet Bay Wildlife Sanctuary have worked together to rescue, rehabilitate and release thousands of these sea turtles, mostly Kemp's Ridleys, the world's most endangered sea turtle. Over the last decade, the number of stranded turtles has steadily increased, but the late autumn of 2014 saw an unprecedented event as more than 1,200 cold-stunned sea turtles washed ashore. This massive wildlife emergency marshaled an inspiring response that reached from individuals to the federal government. This feature length documentary also tells the larger natural history story of the Kemp's Ridley and how humans pushed a healthy population to the precipice of extinction and are now slowly helping it to recover.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Pacific Heartbeat Visions in the Dark: The Life of Pinky Thompson Visions in the Dark: The Life of Pinky Thompson is a Hawaiian story of pain and promise, of challenge and triumph and a story of leadership. Sustaining a serious eye wound in Normandy during WWII that left him in the dark for two years, Myron "Pinky" Thompson emerged with a clear vision of his purpose in life. Thompson would go on to be a social worker, mentor and revered leader in the Native Hawaiian community who left a legacy of positive social change, pride in Pacific heritage and a strong sense of native identity among Hawaiians that flourishes today.	APTEX	(S)	(CC)	DVI	#602H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#230

Thu, May 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Mack & Moxy A Spectrum of Possibilities/A Bop-Topuss's Garden	APTEX	(S)	(CC)	N/A	#106H
	<p>"A Spectrum of Possibilities" - Time to rock! When a Great Helpee is about to hatch in the Musical Forest of HelpeeLand, Mack &amp; Moxy are joined by Trooper Charlie, a boy with autism. They land high atop a colorful tree and see a Little Bird building his nest nearby. Confused as to why their new friend won't look at or talk to them, Trooper Charlie recognizes that Little Bird also has autism. Once they all celebrate the joys of being different, Little Bird's unique talents help them find their way to the Great Helpee! But cliff-climbing Shelfish Sheldon almost has it in his grasp, eager to keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Matt Lucas (Bridesmaids, Little Britain) helps the Heroes' mission in support of Easter Seals, helping individuals with disabilities and special needs, and their families, live better lives for nearly 100 years. "A Bop-Topuss's Garden" - Hey! Another Great Helpee is about to hatch! This time it's in the Giant Oyster Beds at the bottom of HelpeeLand Sea. Mack &amp; Moxy, along with Trooper Georgia, plunge in and get hugged by a bubbly octopus named Penny and her multi-tasking mom, Mrs. Squiggly. As they bop their way to the Great Helpee, Mrs. Squiggly loses steam because she's been too busy to eat properly. Together the Heroes grow their own nutritious garden and with the energy from fresh fruits and vegetables, save the day! Meanwhile, Shelfish Sheldon spies and swiftly swims to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Melissa Fumero (Brooklyn 99) helps the Heroes' mission in support of the American Heart Association, building heart healthy lives for kids, families, and communities since 1924.</p>					
08:30:00	Thomas Edison's Secret Lab Monster Smash/A Monster of a Mystery	APTEX	(S)	(CC)	N/A	#108H
	<p>Smash: When JD and Kent's battle bot, Monster Smash, escapes from the lab, the Secret Lab Kids must navigate a maze to find it. Mystery: When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.</p>					
09:00:00	Functional Fitness with Suzanne Andrews Vertical Ab Toner	ACCES	(S)	(CC)	N/A	#304H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Hip Stretches	APTEX	(S)	(CC)	DVI	#928H
10:00:00	Sit and Be Fit Happy Feet, Healthy Body	NETA	(S)	(CC)	N/A	#1320H
	<p>Mary Ann stresses the importance of foot health. Using a small ball she shares foot exercises and massage techniques to improve circulation, range of motion and strength in the foot.</p>					
10:30:00	It's Sew Easy Style and Technology	NETA	(S)	(CC)	DVI	#1113H
	<p>Design options explode using today's technology. With the most current sewing and embroidery software and machines, embroidery designer Eileen Roche adds flair to a traditional skirt. In the style tip, she'll show how to place embroideries in a flattering way. Then, fabric artist Kim Montagnese combines computer technology with traditional sewing techniques to capture vacation memories in a pillow.</p>					
11:00:00	Knit and Crochet Now! Lacy Shawls	APTEX	(S)	(CC)	DVI	#610H
	<p>Jenny King demonstrates her beautiful crochet Blue Lagoon Shawl-perfect for many occasions. Caryl Piere's knit Rhea Capelet is next with Kristin. Lena shows how to make a Tunisian Scarf.</p>					
11:30:00	Fons & Porter's Love of Quilting Red, White and Gratitude	NETA	(S)	(CC)	N/A	#2809H
	<p>Appreciation can be shown in a variety of ways. A quilt is a heartfelt way to show your thanks to the service men and women who have and are serving in the armed forces. Mary and Marianne will take you through the construction of patchwork that can be used in variety of setting, to honor our American veterans.</p>					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6209H
13:00:00	Eat! Drink! Italy! with Vic Rallo Elegant But Approachable	APTEX	(S)	(CC)	N/A	#305H
	<p>Vic and Tony Verdoni are in Lombardy to talk about Franciacorta wines and how best to pair them. Chef Patrizio Cirri makes a basic Tuscan tomato meat sauce.</p>					
13:30:00	Mike Colameco's Real Food Clinton Street	NETA	(S)	(CC)	N/A	#1406H
	<p>The LES is on a roll and nowhere is this more obvious than the frenetic food scene on Clinton St. We'll tour Sushi Ko, Seoul Wings, Ivan ramen, the Black Crescent bar, Azasu Izakaya and Thelma on Clinton.</p>					

Thu, May 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Joanne Weir's Cooking Confidence Gingerly	APTEX	(S)	(CC)	N/A	#115H
	Joanne introduces her student Ron to the versatility of the often overlooked gingerroot, greeting him with poached shrimp with a mango dipping sauce made with freshly grated ginger. It is then brought together with mussels steamed with mustard greens, lemon grass, and ginger with grilled bread and ginger aioli. Recipes: Shrimp with Mango Dipping Sauce, Mussels Steamed With Mustard Greens, Lemon Grass and Ginger, and Grilled Bread with Ginger Aioli. Student: Ron Martin, Fire Chief.					
14:30:00	New Scandinavian Cooking Tina's French Pantry	APTEX	(S)	(CC)	N/A	#513H
	Tina travels to the Cognac region of France, and combines Scandinavian and French ingredients to make mouthwatering seafood dishes, including oysters and mussels with herbs and Cognac, and Norwegian salmon with warm grapes and crown dill. To celebrate French cheese, Tina serves warm brie with grilled tomatoes, honey and lemon.					
15:00:00	Beads, Baubles and Jewels Enameling and Metal Stamping	NETA	(S)	(CC)	N/A	#2111H
	Using bench jewelry techniques, Kieu Pham Gray demonstrates new ways to stamp, layer and enamel metal components as she creates a small book with several pages. She shows how to torch fire enamel onto copper stamping. Katie shares beaded wedding accessory ideas.					
15:30:00	Make It Artsy Paint Techniques	NETA	(S)	(CC)	N/A	#113H
	Get out those paints and brushes and let's paint! Collage artist Rebekah Meier uses custom-cut stencils, masking tape and paints to create a cool canvas. Dina Wakley uses thick and thin paint methods to make an artistic journal page. Host Julie Fei Fan Balzer works with additive and reductive mono-printing techniques. In the tip, Seth Apter shares innovative embossing ideas.					
16:00:00	Biz Kid\$ How to Succeed In Biz-Ness By Really Trying!	APTEX	(S)	(CC)	DVI	#108H
	A business can be anything from babysitting to owning vending machines. You'll discover the three key steps to success: identifying a need, making a plan to fill a need, and taking action. Join us as we meet the prep school boy whose new take on the old school tie caused a sensation. We also meet the young founder of Logan magazine.					
16:30:00	Hands On Crafts for Kids On The Move	NETA	(S)	(CC)	DVI	#1701H
	We are on the move, with projects that go along with us, or move themselves! Join host Katie Hacker and make a rockin' roadster that really rolls. Artist Franz Spohn uses a little string to add animation to his art and blogger Jenny Barnett Rohrs make a wreath with colorful felt pinwheels. Use the Family Craft Box and recycled denim to make a car track. Decorate your room with an eye-catching string art project that uses color to create the feeling of movement.					
17:00:00	P. Allen Smith's Garden Home It's Spooky	APTEX	(S)	(CC)	N/A	#1412H
	Allen Smith is throwing a Halloween Bash! Learn how to keep your Jack-o-Lantern's fresh longer along with unique fall decorating designs.					
17:30:00	Growing A Greener World The Waterwise Home & Garden (Los Angeles, Ca)	APTEX	(S)	(CC)	N/A	#721H
	With severe droughts seeming to become commonplace and access to water for irrigation increasingly restricted or even banned in affected communities, finding ways to conserve and reuse water is becoming more important than ever before. Smart watering maximizes this precious resource yet also meets the needs of your home and can save your garden from a slow, dry death. Laura Allen, author and cofounder of Greywater Action, will offer encouraging, practical, and low-tech solutions to having a more waterwise home and a beautiful, thriving garden. From rain gardens to rainwater catchment and harvesting techniques and even greywater systems, Joe explores just a few of the strategies that are becoming an essential part of the new water future.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14094H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1346H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8029
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1212H

Thu, May 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Backstage Pass Glenn Brown and Intergalactic Spiral - Encore Glenn Brown & Intergalactic Spiral perform more improvised cosmic jazz that eschews charts and changes for spur-of-the-moment musical explorations inwards (imagination) and outwards (interstellar space).	NETA	(S)	(CC)	N/A	#617H
20:30:00	Ray Stevens Cabaray Nashville Guests: Bellamy Brothers (David Bellamy) (Howard Bellamy) "Pickin' On A Chicken" (RAY) "Haircut Song" (RAY) "If I Said You Had A Beautiful Body Would You Hold It Against Me" & "Let Your Love Flow" (BELLAMYS).	OETA	(S)	(CC)	N/A	#118H
21:00:00	Music Gone Public Joe Craven National music festival headliner defies musical boundaries as a mandolinist, violinist, and percussionist. Filmed in five different locations, he has headlined on stage in front of thousands to performing pro bono at homeless shelters.	NETA	(S)	(CC)	N/A	#109H
22:00:00	Ecosense for Living Ocean Health - Tales of Recovery Tampa Bay Restoration & the Great Bay Scallop Search: Tampa Bay's restoration is a HUGE success story that could only happen with cooperation among non-profits, volunteers, the local and state government and industry. Twenty years ago, they set a goal to clean up the polluted bay. They EXCEEDED their goal and are now a model for other troubled and polluted waterways. Martin EcoSystems - In Louisiana and five other states, Martin EcoSystems has found a way to use recycled plastic to protect coastline by building floating islands and populating them with indigenous plants. This innovative family-run business is rebuilding vulnerable wetlands, one tiny island at a time. Artist Pam Longobardi travels the world "harvesting" plastic trash to turn into amazing art that gets people talking about how to stop trashing our oceans. Pam says beauty is her greatest weapon as people first appreciate her art installations and then hear the story behind where she finds all her materials. Louis Psihoyos, filmmaker ("The Cove") talks about his new documentary, Racing Extinction, and the impact he hopes it will make on viewers.	NETA	(S)	(CC)	N/A	#201H
22:30:00	Ecosense for Living Ocean Health - Creatures Speak Sea Turtles Tell Us a lot about the ocean because they travel great distances as well as use the beaches for nesting. We visit Jekyll Island, Georgia where injured turtles are repaired and give researchers fresh information about ocean health. Save the Manatees! Boats harm these slow-moving graceful creatures, but so does habitat loss, run-off and pollution. We explore the threats against these lovable creatures and how our everyday decisions affect their lives. (Crystal River, Florida) Zero Waste - How NOT to put more trash in the ocean or anywhere. Anamarie Shreeves is a model for us all. She takes us on a tour as she grocery shops and shows us how she does more than her part to fight pollution, reducing her waste to nearly nothing. (Atlanta, GA)	NETA	(S)	(CC)	N/A	#202H
23:00:00	Standing On Sacred Ground Profit & Loss From Papua New Guinea rainforests to Canada's tar sands, Profit and Loss exposes industrial threats to native peoples' health, livelihood and cultural survival. In Papua New Guinea, a Chinese government owned nickel mine has violently relocated villagers to a taboo sacred mountain, built a new pipeline and refinery on contested clan land, and is dumping mining waste into the sea. In Alberta, First Nations people suffer from rare cancers as their traditional hunting grounds are stripmined to unearth the world's third-largest oil reserve. Indigenous people tell their own stories-and confront us with the ethical consequences of our culture of consumption.	NETA	(S)	(CC)	DVI	#102H

Fri, May 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8029
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1212H
01:00:00	Backstage Pass Glenn Brown and Intergalactic Spiral - Encore Glenn Brown & Intergalactic Spiral perform more improvised cosmic jazz that eschews charts and changes for spur-of-the-moment musical explorations inwards (imagination) and outwards (interstellar space).	NETA	(S)	(CC)	N/A	#617H
01:30:00	Ray Stevens Cabaray Nashville Guests: Bellamy Brothers (David Bellamy) (Howard Bellamy) "Pickin' On A Chicken" (RAY) "Haircut Song" (RAY) "If I Said You Had A Beautiful Body Would You Hold It Against Me" & "Let Your Love Flow" (BELLAMYS).	OETA	(S)	(CC)	N/A	#118H
02:00:00	Music Gone Public Joe Craven National music festival headliner defies musical boundaries as a mandolinist, violinist, and percussionist. Filmed in five different locations, he has headlined on stage in front of thousands to performing pro bono at homeless shelters.	NETA	(S)	(CC)	N/A	#109H
03:00:00	Ecosense for Living Ocean Health - Tales of Recovery Tampa Bay Restoration & the Great Bay Scallop Search: Tampa Bay's restoration is a HUGE success story that could only happen with cooperation among non-profits, volunteers, the local and state government and industry. Twenty years ago, they set a goal to clean up the polluted bay. They EXCEEDED their goal and are now a model for other troubled and polluted waterways. Martin EcoSystems - In Louisiana and five other states, Martin EcoSystems has found a way to use recycled plastic to protect coastline by building floating islands and populating them with indigenous plants. This innovative family-run business is rebuilding vulnerable wetlands, one tiny island at a time. Artist Pam Longobardi travels the world "harvesting" plastic trash to turn into amazing art that gets people talking about how to stop trashing our oceans. Pam says beauty is her greatest weapon as people first appreciate her art installations and then hear the story behind where she finds all her materials. Louis Psihoyos, filmmaker ("The Cove") talks about his new documentary, Racing Extinction, and the impact he hopes it will make on viewers.	NETA	(S)	(CC)	N/A	#201H
03:30:00	Ecosense for Living Ocean Health - Creatures Speak Sea Turtles Tell Us a lot about the ocean because they travel great distances as well as use the beaches for nesting. We visit Jekyll Island, Georgia where injured turtles are repaired and give researchers fresh information about ocean health. Save the Manatees! Boats harm these slow-moving graceful creatures, but so does habitat loss, run-off and pollution. We explore the threats against these lovable creatures and how our everyday decisions affect their lives. (Crystal River, Florida) Zero Waste - How NOT to put more trash in the ocean or anywhere. Anamarie Shreeves is a model for us all. She takes us on a tour as she grocery shops and shows us how she does more than her part to fight pollution, reducing her waste to nearly nothing. (Atlanta, GA)	NETA	(S)	(CC)	N/A	#202H
04:00:00	Standing On Sacred Ground Profit & Loss From Papua New Guinea rainforests to Canada's tar sands, Profit and Loss exposes industrial threats to native peoples' health, livelihood and cultural survival. In Papua New Guinea, a Chinese government owned nickel mine has violently relocated villagers to a taboo sacred mountain, built a new pipeline and refinery on contested clan land, and is dumping mining waste into the sea. In Alberta, First Nations people suffer from rare cancers as their traditional hunting grounds are stripmined to unearth the world's third-largest oil reserve. Indigenous people tell their own stories-and confront us with the ethical consequences of our culture of consumption.	NETA	(S)	(CC)	DVI	#102H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#231

Fri, May 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Mack & Moxy S.T.E.M. Strong/Get Up, Get Going	APTEX	(S)	(CC)	N/A	#107H
	"S.T.E.M. Strong" - 3-2-1 Blast off! On this mission to save another Great Helpee, the Heroes need Science, Technology, Engineering and Math. With Trooper Xolo, an aspiring engineer, Mack & Moxy head to HelpeeLand and come across a math-loving new friend named Munch Munch. But they're in for a big surprise when they discover that the Great Helpee is hatching atop a volcano covered in hot lava! Together they solve the problem by building a robot. Only one variable - Shelfish Sheldon is bounding up the hillside on a pogo-stick, perfectly poised to pounce and keep all the Great Helpee's happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of Citizen Schools, an education program that, through mentoring, helps thousands of middle school students across the US discover and achieve their dreams. "Get Up, Get Going" - On your mark, get set, go! Somewhere in HelpeeLand, a Great Helpee is hatching! Mack & Moxy jump into action with Trooper Lauren and bump into a friendly teenager named Blump who spends his time playing video games and eating candy bars. When asked to help the Heroes find the Great Helpee at the top of the mountain, Blump slumps and sighs. But once he breaks a sweat and gets into shape bike riding, hooping, and hiking up the hill, he reaps the rewards of exercise. As always, Shelfish Sheldon tries to beat them to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Rachael Ray helps the Heroes in support of the President's Council on Fitness, Sports & Nutrition, whose mission is to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition.					
08:30:00	Thomas Edison's Secret Lab Slime Time/It's Always Sharkest	APTEX	(S)	(CC)	N/A	#109H
	Slime: When JD uses Angie's 'oil slick dissolver' formula for a slime fight, a wrong ingredient creates a gelatinous Blob monster that threatens to devour the city. Sharkest: While visiting one of Kent's relatives, the kids come up with a great idea for attracting more tourists to his restaurant - the only catch is that it also attracts a very big shark with very big teeth!					
09:00:00	Functional Fitness with Suzanne Andrews Osteoporosis Back Strength and Stretch	ACCES	(S)	(CC)	N/A	#305H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Hips, Knees & Foot Workout	APTEX	(S)	(CC)	DVI	#929H
10:00:00	Sit and Be Fit All Systems Go!	NETA	(S)	(CC)	N/A	#1401H
	This program incorporates exercises for the brain and several body systems including vestibular and lymphatic.					
10:30:00	It's Sew Easy Travel Separates	NETA	(S)	(CC)	DVI	#1201H
	Look and feel great wherever you go, and sew it up fast. Designer Angela Wolf serges go-together separates to mix and match and travel wrinkle-free. Then, Angela shows how to get off to a great start with your serger.					
11:00:00	Knit and Crochet Now! Necklace	APTEX	(S)	(CC)	DVI	#611H
	Andi Javori designed a very special knit beaded necklace, The Paloma Necklace & Bracelet, which Drew shows us how to make. Ellen will demonstrate the crochet Boho Circles & Ring designed by Joyce Bragg. The Chunky Lace Scarf is this week's "Scarf of the Week" with Lena.					
11:30:00	Fons & Porter's Love of Quilting Quilting with An Accent: Embellishment Techniques	NETA	(S)	(CC)	N/A	#2810H
	Quilt tops can be seen as a canvas. Our patchwork can be enhanced and accented, becoming a new creation. Mary and her guest Jerry discuss sewing machine needles, threads and techniques for generating a secondary layer - quilting that adds dimension and interest to our patchwork.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6210H
13:00:00	P. Allen Smith's Garden to Table Cooking for Kids	APTEX	(S)	(CC)	DVI	#307H
	Allen is very passionate about educating children about the importance of where their food comes from. In this episode, he will demonstrate ways to get the kids excited about gardening and offer ways to get them to help in the kitchen. Allen will also share a few garden fresh recipes that kids will actually eat!					
13:30:00	Cooking with Nick Stellino Seafood Feast	APTEX	(S)	(CC)	N/A	#206H
	Mussel Soup with Curry; Linguine with Red Clam Sauce; Halibut over Minted Zucchini with Garlic.					

Fri, May 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Kitchen Wisdom of Cecilia Chiang Passing on the Wisdom  This episode is all about Cecilia as a mentor and passing on her kitchen wisdom. "Cecilia is a perfect mentor because she gives perfect advice," says legendary chef Jeremiah Tower. She gave Julia Child cooking lessons and was Alice Water's mentor in the years leading up to Chez Panisse. Well into her 90's, Cecilia is still mentoring a new generation of San Francisco's chefs. Corey Lee, a Korean American comes to her for professional advice and for personal as well. Tyler Florence asks Cecilia how to manage fame. And Belinda Leong, chef/co-owner and creator of b.patisserie is like a daughter to Cecilia and seeks out her counsel daily. In this episode, first they recreate a Mandarin classic dessert, glazed bananas. Then Belinda does a b.patisserie signature favorite, her now famous chocolate banana almond croissant.	APTEX	(S)	(CC)	DVI	#106H
14:30:00	Essential Pepin Special Spuds  Garlic Mashed Potatoes; Potato Ragout; Gratin Dauphinoise; Cream Puff Potatoes.	APTEX	(S)	(CC)	DVI	#106H
15:00:00	Beads, Baubles and Jewels Beadwork  Cindy Holsclaw takes traditional beadwork in a whole new direction using half-Tila beads to make a bezel setting for a crystal Rivoli. She creates beautiful earrings, a bracelet and more with a circular peyote beadweaving stitch using two-hole beads. In Katie's Beading Lesson, learn to make a wire-wrapped leather cuff.	NETA	(S)	(CC)	N/A	#2112H
15:30:00	Make It Artsy Text/Typography/Handwriting  Let's talk typography. Host Julie Fei Fan Balzer doodles an art journal page. Metalsmith Mary Hettmansperger uses old letter stamps to create journals, covers and other art. Artist Rae Missigman uses words and mixed media to create a layered canvas panel. Jane Dunnewold shares an artsy idea.	NETA	(S)	(CC)	N/A	#201H
16:00:00	Biz Kid\$ Cash and Credit  You'll learn about the power and pitfalls of credit, which is essentially using someone else's money temporarily (for a price). Meet a young entrepreneur who used credit to start a successful bath salts business and another who launched a successful design firm. And, as a cautionary tale, we talk to a young woman who had fun buying with credit until she found herself in bankruptcy.	APTEX	(S)	(CC)	DVI	#109H
16:30:00	Hands On Crafts for Kids Critters and Creatures  Inspiration comes from animals and creatures - real and imaginary. Katie makes a 3-D owl with textured wings makes a great decoration for any room. Franz and Katie make creature creation a team sport by drawing three-part fantasy animals together. Jenny looks to the sea to find inspiration for a jelly-fish made from re-cycled materials then Katie creates a glittery clay lizard textured with found items. From the Family Craft box make a pair of bear claw slippers made from tissue boxes.	NETA	(S)	(CC)	DVI	#1702H
17:00:00	P. Allen Smith's Garden Home Embracing Winter  Don't let the winter blues put a chill on your seasonal party. Cool weather entertaining tips and more in this episode of P. Allen Smith's Garden Home. Plus, Santa makes a special visit to Moss Mountain Farm.	APTEX	(S)	(CC)	N/A	#1413H
17:30:00	Growing A Greener World Epic Tomatoes (Raleigh, Nc and Atlanta, Ga)  Perhaps the most popular plant for any vegetable gardener is the tomato. It's the first food most beginners attempt to grow. It's the one that many experienced veterans still try to perfect each season. It is the iconic crop of the summer garden. Yet it's also one of the hardest to nurture all the way through to harvest without fighting pests and diseases en route to that bountiful harvest we all dream of. In this episode, the team will shadow three expert tomato growers, Craig LeHoullier, Brie Arthur, and Joe Lamp'l. They'll follow along from planting to harvest to get practical tips from the pros and learn unique and innovative growing methods for dealing with a variety of challenging conditions.	APTEX	(S)	(CC)	N/A	#722H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14095H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1318H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8030
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#918H

Fri, May 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Song of the Mountains Lonesome River Band	NETA	(S)	(CC)	N/A	#1113H
21:00:00	Woodsongs Michael Martin Murphey and the Kentucky Headhunter	NETA	(S)	(CC)	N/A	#1907H
	<p>MICHAEL MARTIN MURPHEY has left an indelible mark on the American Music Landscape crafting and recording such iconic hits as "Wildfire, " "Carolina In The Pines", "Geronimo's Cadillac", "Cowboy Logic," "Cherokee Fiddle", "Boy From The Country" and more.. In the early 1970s, Rolling Stone Magazine called Michael Martin Murphey "one of the best songwriters in America." He has topped the Pop, Country, Bluegrass and Western Music charts, earned six gold albums and multiple Grammy nominations. His latest release is 'High Stakes'. THE KENTUCKY HEADHUNTERS are known as "Southern Rock Royalty" and the "great American rock 'n' roll band." With a GRAMMY Award, CMA Album of the Year Award, two CMA Vocal Group of the Year Awards, two Top 10 charting albums, and four consecutive Top 40 hits, the "Heads" are credited for creating a unique blend of honky-tonk, blues, and southern rock that appeals to the toughest music critics and listeners of all kinds. Their newest album, 'Meet Me In Bluesland', is a collaboration between the band and Rock and Roll Hall of Fame pianist Johnnie Johnson. WoodSongs Kid: Jonathan Wilson Rader is a 10-year-old Elvis tribute artist from Wilmore, Kentucky. He is known as Little E and has released a tribute CDs to the King.</p>					
22:00:00	Film School Shorts Aspirations	NETA	(S)	(CC)	N/A	#405H
	<p>At a beach, in the snow, and underwater, stop-motion short Bottle details a transoceanic conversation between two characters via objects in a bottle. Directed by Kirsten Lepore. In Glory Days, Jack, a recovering alcoholic and divorced father of two, has to look after his kids on New Year's weekend. Directed by Benjamin Rutkowski. Then Lea chronicles the life of a delusional actress with an affinity for burning bridges as she struggles to connect with the role that could make her career. Directed by Connor Simpson.</p>					
22:30:00	On Story Dead Poets Society: Deconstructing The Acclaimed Classic	NETA	(S)	(CC)	N/A	#510H
	<p>Tom Schulman, writer of Dead Poet's Society, deconstructs the story's journey from script to screen, along with his unique working relationships on set with Robin Williams and director Peter Weir.</p>					
23:00:00	Science Goes to the Movies In The Heart of the Sea, White Whales and Conservation	EPS	(S)	(CC)	N/A	#206H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1026H



Sat, May 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8030
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#918H
01:00:00	Song of the Mountains Lonesome River Band	NETA	(S)	(CC)	N/A	#1113H
02:00:00	Woodsongs Michael Martin Murphey and the Kentucky Headhunter	NETA	(S)	(CC)	N/A	#1907H
	<p>MICHAEL MARTIN MURPHEY has left an indelible mark on the American Music Landscape crafting and recording such iconic hits as "Wildfire," "Carolina In The Pines", "Geronimo's Cadillac", "Cowboy Logic," "Cherokee Fiddle", "Boy From The Country" and more.. In the early 1970s, Rolling Stone Magazine called Michael Martin Murphey "one of the best songwriters in America." He has topped the Pop, Country, Bluegrass and Western Music charts, earned six gold albums and multiple Grammy nominations. His latest release is 'High Stakes'. THE KENTUCKY HEADHUNTERS are known as "Southern Rock Royalty" and the "great American rock 'n' roll band." With a GRAMMY Award, CMA Album of the Year Award, two CMA Vocal Group of the Year Awards, two Top 10 charting albums, and four consecutive Top 40 hits, the "Heads" are credited for creating a unique blend of honky-tonk, blues, and southern rock that appeals to the toughest music critics and listeners of all kinds. Their newest album, 'Meet Me In Bluesland', is a collaboration between the band and Rock and Roll Hall of Fame pianist Johnnie Johnson. WoodSongs Kid: Jonathan Wilson Rader is a 10-year-old Elvis tribute artist from Wilmore, Kentucky. He is known as Little E and has released a tribute CDs to the King.</p>					
03:00:00	Film School Shorts Aspirations	NETA	(S)	(CC)	N/A	#405H
	<p>At a beach, in the snow, and underwater, stop-motion short Bottle details a transoceanic conversation between two characters via objects in a bottle. Directed by Kirsten Lepore. In Glory Days, Jack, a recovering alcoholic and divorced father of two, has to look after his kids on New Year's weekend. Directed by Benjamin Rutkowski. Then Lea chronicles the life of a delusional actress with an affinity for burning bridges as she struggles to connect with the role that could make her career. Directed by Connor Simpson.</p>					
03:30:00	On Story Dead Poets Society: Deconstructing The Acclaimed Classic	NETA	(S)	(CC)	N/A	#510H
	<p>Tom Schulman, writer of Dead Poet's Society, deconstructs the story's journey from script to screen, along with his unique working relationships on set with Robin Williams and director Peter Weir.</p>					
04:00:00	Science Goes to the Movies In The Heart of the Sea, White Whales and Conservation	EPS	(S)	(CC)	N/A	#206H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1026H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#232
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Water Lily	APTEX	(S)	(CC)	N/A	#517H
	<p>Gary introduces the first guest artist in this new series, Lee Kaufman. Lee travels throughout America and Europe to teach Gary's painting technique. In this episode, Lee depicts a close-up of a Water Lily. This simple composition shows how you can make an interesting painting with a pattern. The little green frog on the leaf contrasts beautifully with the darker green leaf.</p>					
08:30:00	Painting with Wilson Bickford Macro Sunflower	NETA	(S)	(CC)	N/A	#211H
	<p>Wilson pursues a study of a giant sunflower, demonstrating the techniques and colors needed that make the petals and middle of the flower practically jump out of the canvas.</p>					
09:00:00	Landscapes Through Time with David Dunlop Jmw Turner at the Harbor of Honfleur	NETA	(S)	(CC)	DVI	#106H
	<p>David visits the dramatic Northern French Coast of Normandy at the harbor of Honfleur with its distinctive skyline - a favorite location of Joseph Mallord William Turner (1775-1851). Acknowledged as one of history's greatest landscape watercolorist, Turner deftly transfers his innovative watercolor techniques to his oil painting. David explores this remarkable series of innovations while considering Turner's techniques and composition, borrowed from the atmospheric perspective and freely interpreted landscapes of 17th century French landscape master Claude Lorrain.</p>					

Sat, May 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Frozen Shoulder (All Standing)	APTEX	(S)	(CC)	DVI	#930H
10:00:00	Sit and Be Fit Fit from Head to Toe  This episode incorporates a variety of exercises ranging from vestibular system to feet and gait.	NETA	(S)	(CC)	N/A	#1402H
10:30:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 1	ACCES	(S)	(CC)	N/A	#301H
11:00:00	Delicious TV's Vegan Mashup Street Food Evolution  From around the world food on the street is rich in flavor and history today the chefs create a dish based on their best street food memories. Miyoko Schinner is making created her very own Spicy Miso Ramen. Toni visits a torte shop in Italy and cracks the code to make Torta di Ceci. And Terry Hope Romero whips up a personal favorite, Mexican Roasted Corn Salad with Avocado.	NETA	(S)	(CC)	DVI	#301H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Pit Cooking, Sacred and Smoky  Cooking in underground pits is an elemental part of Yucatecan cooking. In fact, it's downright sacred, as seen during the preparation of mucbil pollo at an intimate candlelit Hanal Pixan ceremony (think of it as the Yucatan's version of Dias de Los Muertos.) Rick heads to Yaxunah to see the entire process of making cochinita pibil, from the digging of the pit to the garnishing of the tacos. Rick also visits the smoky ovens in Temozon, a village known throughout Yucatan for its purveyors of smoked meats. Then, he places a big order at Momocoa, a Southern-American- slash-Yucatecan barbecue joint in Merida run by chef Paloma Ponce. All of the smoke stokes Rick's inner pit master, so back in Chicago he makes short ribs with ancho BBQ sauce and pollo pibil.	APTEX	(S)	(CC)	N/A	#1112H
12:00:00	Lidia's Kitchen Gnocchi  They have been called the "gnocchi family" and in this episode, Lidia shares two of her more unusual versions of this dish: her butternut squash gnocchi are light and slightly sweet as they showcase this welcome vegetable in the potato mix. Her next dish is plum gnocchi, which is typical of her homeland and even sweeter, sometimes eaten as a dessert. Made with toasted breadcrumbs, cinnamon and butter, it doesn't get any better than this.	APTEX	(S)	(CC)	N/A	#405H
12:30:00	Moveable Feast with Fine Cooking Woodland Plantation  On this episode of Moveable Feast with Fine Cooking, Pete Evans visits the banks of the big muddy herself, the Mississippi River, to feast on a southern seafood smorgasbord. Taking us to her shores are chefs Donald Link and Stephen Stryjewski who've partnered on numerous restaurants. The adventure begins by the moonlight as Pete and the boys go bow-fishing and the adventure continues by day as the group sets out to go crabbing. Together they throw a traditional New Orleans seafood feast with a classic crawfish boil, grilled oysters, jalapeno crab salad and grilled red fish. A feast that should appease the appetites of twenty or so friends, purveyors, and one very hungry alligator.	APTEX	(S)	(CC)	N/A	#209H
13:00:00	Two for the Road The Magic of the Galapagos  Nik and Dusty arrive in the legendary Galapagos islands! And after surviving a bit of madness at the airport, they set out on what will prove to be the adventure of a lifetime.	NETA	(S)	(CC)	N/A	#108H
13:30:00	Joseph Rosendo's Travelscope Eastern Europe's Treasures - from Budapest to Bucharest  Joseph seeks the surprising and the little-known, as well as hits the highlights as he hopscotches his way through some of the best and undiscovered of Europe. Along the way there's always time for a taste of the region's culinary gems and to take time to share a drink and a chat with the locals. Join Joseph on a colorful kaleidoscope of adventures in the heart of the heart of Europe.	APTEX	(S)	(CC)	DVI	#815H
14:00:00	Rick Steves' Europe Prague  The capital of the Czech Republic, Prague is the best-preserved Baroque city in Central Europe. We experience its massive castle, beloved statue-lined bridge, evocative Jewish Quarter, and thrilling 20th-century history while enjoying its infectious love of music and perhaps the best beer in Europe. With a beautifully preserved Old Town, Prague deserves its nickname: the Golden City of a Hundred Spires.	APTEX	(S)	(CC)	N/A	#811H

Sat, May 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Morocco: The Last Nomads	APTEX	(S)	(CC)	N/A	#109H
	Discover Morocco with explorer Richard Wiese on a Saharan adventure. Atop an Arabian stallion, he joins in the Fantasia, an annual tribal celebration of traditional horsemanship. He journeys through the Sahara to meet a family of Berber nomads; encounters classic Moroccan hospitality and finds out how nomadic people survive in the desert.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4606H
	Color themes can unify a garden into a whole greater than its parts. But how do we best get there? GardenSMART visits an amazing garden and gardener who have accomplished the task beautifully. Join us as we GardenSMART.					
15:30:00	Chefs A' Field The Real Chef's Garden	APTEX	(S)	(CC)	N/A	#208H
	Seattle Chef Takes "Farm to Table" to New Heights. Chef Brian Scheehser: Trellis Restaurant - Kirkland, WA In this episode, we enjoy a delicious "farm to table" experience with Chef Brian Scheehser, who practices sustainable farming in his 3-acre garden. The chef-who grows and harvests vegetables and herbs featured on the menu of Trellis Restaurant on Seattle's Eastside-shares expert tips on cooking and on growing fruits and vegetables. Recipes: "Two-Hour" Spring Salad with Purple Onions & Strawberries; Seared Wild Salmon with Zucchini, Squash Blossoms, Artichoke, & Sun-Dried Tomatoes.					
16:00:00	Maria Hinojosa: One-On-One Luis Alberto Urrea	APTEX	(S)	(CC)	N/A	#415Z
	Mexican-born author Luis Alberto Urrea is the son of a Mexican father and an American mother. Since he was a child, when his parents registered him as a U.S. citizen born abroad, he has had one foot in the U.S., and the other in Mexico. His work as an author reflects that duality. He is the author of The Devil's Highway: A True Story, The Hummingbird's Daughter, Across the Wire: Life and Hard Times on the Mexican Border, and Into the Beautiful North. In this conversation with Maria Hinojosa, Urrea talks about his dual-culture life experiences, why he doesn't consider himself a border writer, and getting to the big screen.					
16:30:00	Overheard with Evan Smith John Doe, Actor/Musician	NETA	(S)	(CC)	N/A	#716H
	John Doe is an actor and musician who co-founded the Los Angeles punk band X. He has appeared in over 50 films and television productions including Great Balls of Fire!, Roadside Prophets, Roswell and more. His latest book, Under the Big Black Sun, explores the LA punk rock movement and its evolution.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Shoemakers	APTEX	(S)	(CC)	N/A	#211H
	Best foot (ware) forward! Host Eric Gorges picks up the hammer and nail to try his hand at being a shoemaker. Master shoemakers Jesse Moore and Marika Verploegh Chasse give expert guidance along the way.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3518H
18:30:00	The Open Mind Literacy and Fake News	NETA		(CC)	N/A	#3739H
	Guest: Katherine Maher. Wikimedia Foundation executive director Katherine Maher talks about how to preserve truth amid a post-factual democracy.					
19:00:00	Closer to Truth What Is God's Own Being?	EPS	(S)	(CC)	N/A	#1706H
	To what kind of entity does the word "God" refer? What is this God that all worship or dismiss? What, supposedly, is God's nature? What are God's traits?					
19:30:00	American Forum The President's First Year: Part 9: Does The Media Matter?	NETA	(S)	(CC)	N/A	#228H
	Journalist SAM TANENHAUS on the Future of American Conservatism after the 2016 Presidential Election.					

Sat, May 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Infinity Hall Live - Guitar Heroes	APTEX	(S)	(CC)	N/A	#406H
	Acoustic or electric, Gibson or Fender, Jimi Hendrix or Django Reinhardt, no matter what kind of guitar style you enjoy Infinity Hall Live's "Guitar Heroes" episode will delight all fans of this stringed instrument. Experience the intense musicianship of guitarists like Robben Ford, Tommy Emmanuel, Robert Cray, Tim Reynolds and Keb' Mo' as they each take a different approach to six strings. Tim Reynolds serves up a handful of meaty riffs and technical finger work on songs like "Hocus Pocus" reaffirming why he's Dave Mathews favorite guitarist to take on the road and into the studio. One man guitar band Tommy Emmanuel, known for his nimble fingerpicking and use of the entire instrument, forms a soundscape with a style and charisma unmatched by his peers. Learn why Rolling Stone Magazine credited Robert Cray with reinventing the blues and introducing it to a new generation with his razor sharp guitar playing on earthy tunes like "Chicken in the Kitchen". Get a sneak preview of the full length Season 4 episode featuring guitar virtuoso Robben Ford!					
21:00:00	Front and Center Cma Songwriters Series: Darius Rucker	APTEX	(S)	(CC)	N/A	#602H
	iMultiple Grammy and CMA Award winner, Darius Rucker performs songs from his recently released #1 studio album Southern Style for the CMA Songwriters Series at Nashville's Marathon Music Works. The Grand Ole Opry inductee is joined by songwriters Casey Beathard, Nathan Chapman, Chris Dubois, Ashley Gorley, Tim James, Charles Kelley, Clay Mills, Frank Rogers and Rivers Rutherford. Collectively they are responsible for some of Rucker's biggest hits including "Alright," "Don't Think I Don't Think About It," and his current lead single "Homegrown Honey," which he performs with co-writers Chapman, and label mate Kelley of Lady Antebellum.					
22:00:00	Globe Trekker Tough Boats: The Nile, Egypt	APTEX	(S)	(CC)	N/A	#1606H
	Globe trekker Holly Morris travels down the iconic Nile River from Aswan to Cairo visiting some of the greatest sites of antiquity from the age of pharaohs, including the temples of Ramses the 2nd in Abu Simbel, the Valley of the Kings, and the Great Pyramids.					
23:00:00	Arts In Context Music for All	NETA		(CC)	N/A	#604H
	Offering free, intensive music education to low-income youth from Travis and Hays County, Austin Soundwaves believes firmly in the principle that all students deserve a world-class education in the fine arts. Determined to make a difference in the minority community of Austin at a young age, the Hispanic Alliance of Performing Arts launched Austin Soundwaves. Program director Patrick Slevin and his team have already seen a positive impact on their students' overall academics, motivation levels, and self-esteem. For Slevin, Austin Soundwaves is the first step towards providing the world class fine arts education that all students deserve.					
23:30:00	Articulate with Jim Cotter The Nature of Art	APTEX	(S)	(CC)	N/A	#102H
	Brandon Ballengee's artistic practice and scientific research share a single purpose- to generate understanding and awareness of endangered species. Under Pressure - Performance anxiety, is common even among the most accomplished professionals. This fight or flight impulse can be paralyzing, but it can also be conquered. The Jazz Sensibilities of Moe Brooker - Moe Brooker is rightly regarded as one of the greats of American abstract painting. He has stared down adversity but admits that he's also been lucky.					

Sun, May 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth What Is God's Own Being? To what kind of entity does the word "God" refer? What is this God that all worship or dismiss? What, supposedly, is God's nature? What are God's traits?	EPS	(S)	(CC)	N/A	#1706H
00:30:00	American Forum The President's First Year: Part 9: Does The Media Matter? Journalist SAM TANENHAUS on the Future of American Conservatism after the 2016 Presidential Election.	NETA	(S)	(CC)	N/A	#228H
01:00:00	Infinity Hall Live Infinity Hall Live - Guitar Heroes Acoustic or electric, Gibson or Fender, Jimi Hendrix or Django Reinhardt, no matter what kind of guitar style you enjoy Infinity Hall Live's "Guitar Heroes" episode will delight all fans of this stringed instrument. Experience the intense musicianship of guitarists like Robben Ford, Tommy Emmanuel, Robert Cray, Tim Reynolds and Keb' Mo' as they each take a different approach to six strings. Tim Reynolds serves up a handful of meaty riffs and technical finger work on songs like "Hocus Pocus" reaffirming why he's Dave Mathews favorite guitarist to take on the road and into the studio. One man guitar band Tommy Emmanuel, known for his nimble fingerpicking and use of the entire instrument, forms a soundscape with a style and charisma unmatched by his peers. Learn why Rolling Stone Magazine credited Robert Cray with reinventing the blues and introducing it to a new generation with his razor sharp guitar playing on earthy tunes like "Chicken in the Kitchen". Get a sneak preview of the full length Season 4 episode featuring guitar virtuoso Robben Ford!	APTEX	(S)	(CC)	N/A	#406H
02:00:00	Front and Center Cma Songwriters Series: Darius Rucker iMultiple Grammy and CMA Award winner, Darius Rucker performs songs from his recently released #1 studio album Southern Style for the CMA Songwriters Series at Nashville's Marathon Music Works. The Grand Ole Opry inductee is joined by songwriters Casey Beathard, Nathan Chapman, Chris Dubois, Ashley Gorley, Tim James, Charles Kelley, Clay Mills, Frank Rogers and Rivers Rutherford. Collectively they are responsible for some of Rucker's biggest hits including "Alright," "Don't Think I Don't Think About It," and his current lead single "Homegrown Honey," which he performs with co-writers Chapman, and label mate Kelley of Lady Antebellum.	APTEX	(S)	(CC)	N/A	#602H
03:00:00	Globe Trekker Tough Boats: The Nile, Egypt Globe trekker Holly Morris travels down the iconic Nile River from Aswan to Cairo visiting some of the greatest sites of antiquity from the age of pharaohs, including the temples of Ramses the 2nd in Abu Simbel, the Valley of the Kings, and the Great Pyramids.	APTEX	(S)	(CC)	N/A	#1606H
04:00:00	Arts In Context Music for All Offering free, intensive music education to low-income youth from Travis and Hays County, Austin Soundwaves believes firmly in the principle that all students deserve a world-class education in the fine arts. Determined to make a difference in the minority community of Austin at a young age, the Hispanic Alliance of Performing Arts launched Austin Soundwaves. Program director Patrick Slevin and his team have already seen a positive impact on their students' overall academics, motivation levels, and self-esteem. For Slevin, Austin Soundwaves is the first step towards providing the world class fine arts education that all students deserve.	NETA		(CC)	N/A	#604H
04:30:00	Articulate with Jim Cotter The Nature of Art Brandon Ballengee's artistic practice and scientific research share a single purpose- to generate understanding and awareness of endangered species. Under Pressure - Performance anxiety, is common even among the most accomplished professionals. This fight or flight impulse can be paralyzing, but it can also be conquered. The Jazz Sensibilities of Moe Brooker - Moe Brooker is rightly regarded as one of the greats of American abstract painting. He has stared down adversity but admits that he's also been lucky.	APTEX	(S)	(CC)	N/A	#102H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#233
08:00:00	Painting and Travel with Roger & Sarah Bansemer Hackberry On RT. 66 Sarah and Roger visit a most interesting roadside stop on Rt. 66 with relics from the past including old automobiles, a soda shop, rusty signs and all things Route 66. Back in his studio Roger uses oil paints to depict one of the unrestored antique cars on display at the property.	NETA	(S)	(CC)	N/A	#905H
08:30:00	Painting with Paulson Gold Hill Part II	NETA	(S)	(CC)	N/A	#1612H

Sun, May 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Koalas	APTEX		(CC)	N/A	#505H
	In broken color painting one or more shades of paints are applied in distinct layers to impart an interesting look to a surface. Impressionists used the technique to great effect. By using broken color, artists bring a sense of light and energy to the painting. The effect of keeping colors separate can create a sense of colors vibrating against each other for a shimmering effect. Animal portraits provide a wonderful opportunity to incorporate techniques of broken color as Wyland so aptly demonstrates in his portrait of a mother and baby Koala basking in the afternoon sun. Artists tip: To achieve the broken color effect, Wyland creates distinctive brushstrokes of varying length					
09:30:00	Classical Stretch: The Esmonde Technique Waist Slenderizing Workout	APTEX	(S)	(CC)	DVI	#1001H
	In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful Jamaica! Miranda will take you through an all-standing, full-body workout that focuses on slenderizing the waist.					
10:00:00	Sit and Be Fit Sensory Awareness and Breathing	NETA	(S)	(CC)	N/A	#1403H
	Mary Ann uses fun music to demonstrate breathing techniques and sensory awareness.					
10:30:00	Power Yoga: Mind and Body Balancing Poses Version 4	APTEX	(S)	(CC)	N/A	#229
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#306H
11:30:00	New Orleans Cooking with Kevin Belton Poultry	APTEX	(S)	(CC)	N/A	#124H
	Chicken Clemenceau, slow roasted duck with orange and soy gravy, boudin stuffed quail.					
12:00:00	Ciao Italia And The Winner Is.....	NETA	(S)	(CC)	N/A	#2403H
	Mary Ann travels to Toscana Saporita Cooking School in Tuscany to cook with recipe award-winner Nadine Mesch, whose Seared Tuna Topped with Fennel and Arugula and Caper Lemon Sauce recipe won the grand prize award and a trip to Italy. Mary Ann adds her signature Papardelle with Ragu to the table and it's a blue-ribbon day for everyone.					
12:30:00	Mike Colameco's Real Food Keens/Costata	NETA	(S)	(CC)	N/A	#1408H
	America's love for steak houses keeps growing, in this show we visit Keens well over a century old and Mike's Favorite NY Steakhouse and then we're off to Costata downtown run by Michael Whites team where along with great steak they serve artisan hand made pasta, and great fish crudo, a sort of The Palm for the 21st century.					
13:00:00	Bare Feet with Mickela Mallozzi Dancer of the Year (The Cook Islands)	APTEX	(S)	(CC)	DVI	#112H
	The annual Dancer of the Year Competition on The Cook Islands helps preserve and pass down the Polynesian culture on this island paradise. Mickela goes behind-the-scenes at this highly competitive, local tradition.					
13:30:00	Travel Detective with Peter Greenberg Rating Your Tour Guide	NETA	(S)	(CC)	DVI	#303H
	Escorted and guided tours are a great way to explore and learn about a city you're visiting. CBS News Travel Editor Peter Greenberg tells us what tour companies are doing to improve training of its guides. Plus, it was once known as the cigar capital of the world, which is why today, it is still home to the Cuban sandwich! Check out the hidden gems of Tampa, Florida. And, what happens when you rent a car with a credit card? Find out what your card will and will not cover - - essential information you need to know.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#306H
14:30:00	Burt Wolf: Travels & Traditions Guatemala, Part 2	APTEX	(S)	(CC)	N/A	#1603H
	In Guatemala part two, Burt tours the most famous Maya crafts market in Central America, visits Lake Atitlan in the Sierra Madre mountains, which is considered to be one of the most beautiful locations in the Americas. He (carefully) investigates an active volcano, learns how coffee is grown and processed in the high mountains, reviews the history of coffee, learns about an ancient Maya ball game that looks a lot like basketball. He interviews Richard Hanson, one of the world's leading authorities on early Central American culture and tours Guatemala City, the country's capital.					

Sun, May 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Shop Tool Tray Bench for the Organized Work Space.	NETA	(S)	(CC)	N/A	#2405H
15:30:00	Rough Cut - Woodworking with Tommy Mac Fall Front Desk with Steve Brown This week on Rough Cut Woodworking with Tommy Mac we concentrate on a fall front desk, designed as a great work desk. Tommy is joined by series regular Steve Brown who breaks down the different parts to make it a much simpler process. Steve and Tommy work together to make it as compact as the original design to utilize space, while adding in their own contemporary design.	APTEX	(S)	(CC)	N/A	#611H
16:00:00	Happy Yoga with Sarah Starr Desert Bloom Allow the colorful springtime bloom of desert flowers to inspire your practice as we enjoy a series of simple stretches along with conscious deep breathing, designed to create more ease in the hands, wrists, shoulders, upper back and legs using a chair for support.	NETA	(S)	(CC)	N/A	#301H
16:30:00	Second Opinion Kidney Transplant With the increase of chronic diseases such as Type II Diabetes, the need for kidney transplants is on the rise. Both deceased and live donors are needed, and experts shed light on the organ transplant process. Karen Scott Gledhill was shocked in her early 20's to find out she had a rare genetic kidney disorder. Fortunately, her life was saved by a deceased donor, and then again many years later by the life-giving gift of her brother Tom Scott, who joins her to share their story.	APTEX	(S)	(CC)	N/A	#1307H
17:00:00	Feel Grand with Jane Seymour Brain Health It is one of the most frightening prospects of aging: what about our minds? What happens if memories start to fade and we lose that sense of who we are? Alzheimer's and dementia touches all of us in some way over our lives, so what is being done to combat it? And what can we do to keep our brain's health and watch for the warning signs? Even if we're lucky enough to never face that slow decline, aneurysms and other brain injuries can also affect us where it matters most at a moment's notice. We'll take a look at everything you need to keep in mind when it comes to yours.	APTEX	(S)	(CC)	N/A	#111H
17:30:00	Well Read Ann Cleeves / Cold Earth and the Crow Trap Crime writer Anne Cleeves has inspired two ongoing BBC shows with her popular mysteries. The Cold Earth is the seventh book in Cleeves's Detective Inspector Jimmy Perez mysteries which inspired the crime drama Shetland. The Crow Trap is first installment in Cleeves's Inspector Vera Stanhope series, which inspired Vera.	APTEX	(S)	(CC)	N/A	#623H
18:00:00	California's Gold Wine Napa valley has become one of California's main tourist attractions. Thousands of people flock to the area for wine tasting and vineyard tours every year. What most people don't realize is that California's rich wine history got it's start in southern California. In this grape filled adventure, Huell travels to one of the oldest winery's in California. The Guasti family established their winery in 1904 and at one time had 4000 acres of grapes in the Rancho Cucamonga area. A virtual town was built to house the employees and their families. It had its own school, firehouse, inn, church, and post office. In 1917 Guasti was the largest winery in the world. As a special treat, Huell attends a "Guasti" reunion filled with ex-employees and their families that had lived and worked at the winery throughout it's history. We'll look at old photo's and listen to some wonderful stories. We'll also visit Joseph Filippi Winery which has been family run since 1922. Huell goes to the vineyards to take a close a look at what makes So. Cal. wine so special.	KCET		(CC)	N/A	#1008
18:30:00	Curious Traveler Curious Kotor Why is there a beautiful, tiny blue-domed church floating in Kotor's Bay? Why did someone build 1350 steps up the side of Kotor's mountain? Why is The Cathedral of Saint Tryphon pink? And why are the towers mismatched? Why are the streets within the fortress walls intentionally in a maze?	APTEX	(S)	(CC)	N/A	#207H
19:00:00	Beyond Geek Kinetic Sculpture Racing 2 With everything going wrong, will Dan and the Hot Roddenberrys even finish the race?	EPS	(S)	(CC)	N/A	#202H
19:30:00	The Kamla Show Special Nachikettha Yakkundi - Engineer & Musician	KAMLA	(S)	(CC)	N/A	#119H

Sun, May 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Black America Economic and Racial Equality for Women and Girls with Dara Richardson-Heron Carol Jenkins sits down with Dara Richardson-Heron, CEO of the YWCA USA to discuss racial and gender equality and the mission of the YWCA to combat economic instability and violence against women and girls.	EPS	(S)	(CC)	N/A	#113H
20:30:00	Black America The Black Youth Movement with Charlene Carruthers Carol Jenkins is joined by Charlene Carruthers, Director of BYP100 (Black Youth Project) to discuss the Black youth movement: their successes and plans. BYP100 is an activist group within the ages of 18-35 that work for justice and freedom for all Black people.	EPS	(S)	(CC)	N/A	#114H
21:00:00	Druidshakespeare In 2015 Druid Theatre Company marked their 40th anniversary by taking on their most ambitious project yet. To universal acclaim, fearless, pioneering director Garry Hynes and her troop took on Shakespeare's History Plays, casting Irish women as English kings and men as bawdy widows. Acclaimed director Maurice Sweeney was with them all the way, documenting the journey from school text to triumphant premiere and rave reviews at the Lincoln Festival in New York.	NETA	(S)	(CC)	N/A	#0H
22:00:00	On Life's Terms: Mothers In Recovery Driven by the desire for custody of their children, five mothers struggle to overcome addiction in a gender responsive residential treatment program. Their intimate story reveals experiences with domestic violence, prostitution, incarceration and complex intergenerational relations. On Life's Terms: Mothers in Recovery interweaves the women's three year journey to transform their lives through self-sufficiency and new found pride with drug laws that impact mother and child, and will inspire hope for recovery. On Life's Terms: Mothers in Recovery addresses the larger issues of "Treatment Works" and "Family Preservation is Prevention" by breaking the cycle of addiction, abuse and poverty.	NETA	(S)	(CC)	N/A	#0H
23:00:00	Erma Bombeck: Legacy of Laughter ERMA BOMBECK: LEGACY OF LAUGHTER examines the extraordinary life and career of beloved American humorist Erma Bombeck (1927-1996), whose honest tales of domestic life gave voice to millions of homemakers. Archival photographs, video clips and personal memorabilia trace Bombeck's life, from her childhood during the Great Depression to her work as a women's rights activist. The program is interspersed with uplifting and humorous interviews with Erma's family, friends and colleagues, including a touching on-camera introduction and narration by her neighbor and friend, former talk-show host Phil Donahue. LEGACY OF LAUGHTER also features readings from some of Bombeck's best columns, and documents her continuing impact on readers, parents and writers today.	APT	(S)	(CC)	N/A	#0
23:30:00	Our American Family: The Barreras The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. OUR AMERICAN FAMILY: THE BARRERAS From the darkness of a coal mine in New Mexico to vibrant beauty under the California sun, Our American Family: The Barreras Family provides a compelling narrative of unwavering commitment to family. Life in the remote company-owned town of Madrid in the 1920s and '30s was a mixture of hard, dangerous work offset by the joy of baseball and celebrations. With the closing of the mine in the early '40s, the extended family re-established itself in southern California by living frugally and powerfully supporting one another through challenges.	NETA	(S)	(CC)	N/A	#0H



Mon, May 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Kinetic Sculpture Racing 2 With everything going wrong, will Dan and the Hot Roddenberrys even finish the race?	EPS	(S)	(CC)	N/A	#202H
00:30:00	The Kamla Show Special Nachiketia Yakkundi - Engineer & Musician	KAMLA	(S)	(CC)	N/A	#119H
01:00:00	Black America Economic and Racial Equality for Women and Girls with Dara Richardson-Heron Carol Jenkins sits down with Dara Richardson-Heron, CEO of the YWCA USA to discuss racial and gender equality and the mission of the YWCA to combat economic instability and violence against women and girls.	EPS	(S)	(CC)	N/A	#113H
01:30:00	Black America The Black Youth Movement with Charlene Carruthers Carol Jenkins is joined by Charlene Carruthers, Director of BYP100 (Black Youth Project) to discuss the Black youth movement: their successes and plans. BYP100 is an activist group within the ages of 18-35 that work for justice and freedom for all Black people.	EPS	(S)	(CC)	N/A	#114H
02:00:00	Druidshakespeare In 2015 Druid Theatre Company marked their 40th anniversary by taking on their most ambitious project yet. To universal acclaim, fearless, pioneering director Garry Hynes and her troop took on Shakespeare's History Plays, casting Irish women as English kings and men as bawdy widows. Acclaimed director Maurice Sweeney was with them all the way, documenting the journey from school text to triumphant premiere and rave reviews at the Lincoln Festival in New York.	NETA	(S)	(CC)	N/A	#0H
03:00:00	On Life's Terms: Mothers In Recovery Driven by the desire for custody of their children, five mothers struggle to overcome addiction in a gender responsive residential treatment program. Their intimate story reveals experiences with domestic violence, prostitution, incarceration and complex intergenerational relations. On Life's Terms: Mothers in Recovery interweaves the women's three year journey to transform their lives through self-sufficiency and new found pride with drug laws that impact mother and child, and will inspire hope for recovery. On Life's Terms: Mothers in Recovery addresses the larger issues of "Treatment Works" and "Family Preservation is Prevention" by breaking the cycle of addiction, abuse and poverty.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Erma Bombeck: Legacy of Laughter ERMA BOMBECK: LEGACY OF LAUGHTER examines the extraordinary life and career of beloved American humorist Erma Bombeck (1927-1996), whose honest tales of domestic life gave voice to millions of homemakers. Archival photographs, video clips and personal memorabilia trace Bombeck's life, from her childhood during the Great Depression to her work as a women's rights activist. The program is interspersed with uplifting and humorous interviews with Erma's family, friends and colleagues, including a touching on-camera introduction and narration by her neighbor and friend, former talk-show host Phil Donahue. LEGACY OF LAUGHTER also features readings from some of Bombeck's best columns, and documents her continuing impact on readers, parents and writers today.	APT	(S)	(CC)	N/A	#0
04:30:00	Our American Family: The Barreras The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. OUR AMERICAN FAMILY: THE BARRERAS From the darkness of a coal mine in New Mexico to vibrant beauty under the California sun, Our American Family: The Barreras Family provides a compelling narrative of unwavering commitment to family. Life in the remote company-owned town of Madrid in the 1920s and '30s was a mixture of hard, dangerous work offset by the joy of baseball and celebrations. With the closing of the mine in the early '40s, the extended family re-established itself in southern California by living frugally and powerfully supporting one another through challenges.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#234
08:00:00	Mack & Moxy Ty The Grrrr/A Friend Who Reads Is A Friend Indeed "Ty the Grrrr" -To the Shimmerizer! Mack & Moxy hula to HelpeeLand, along with Trooper Tyree to rescue another Great Helpee. While in the Cool Green Jungle, they're pounced on by a playful cub named Ty the Grrrr who explains how all his friends have moved away because there's nowhere left to live. Together they find a solution. And of course, Shelfish Sheldon tries to snatch the Great Helpee first so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of World Wildlife Fund, which for over 50 years, has been committed to saving nature, conserving habitats, and protecting wildlife. "A Friend Who Reads is a Friend Indeed" - Here we go! Mack & Moxy set out with Trooper Kaitlyn on a colorful adventure to HelpeeLand in search of a Great Helpee. They meet Nolie, a loveable little puffball who has never had any pals to play with. As the Heroes become her first friends, they share and sing about the joys of reading books. Meanwhile, Shelfish Sheldon lurks nearby, scheming and sledding to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Josh Duhamel (Transformers, All My Children) helps the Heroes' mission in support of Save the Children, providing quality preschool programs to underserved children around the world since 1932.	APTEX	(S)	(CC)	N/A	#101H

Mon, May 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab Dunkin' Zombie When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.	APTEX	(S)	(CC)	N/A	#110H
09:00:00	Functional Fitness with Suzanne Andrews Help Me Sleep: Yoga for Insomnia	ACCES	(S)	(CC)	N/A	#306H
09:30:00	Classical Stretch: The Esmonde Technique Bone Strengthening Workout In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful in Jamaica! This all-barre workout is designed to strengthen your bones and prevent Osteoporosis.	APTEX	(S)	(CC)	DVI	#1002H
10:00:00	Sit and Be Fit Fun with the Large Ball The large ball is used in many ways from postural alignment to helping with balance in this episode.	NETA	(S)	(CC)	N/A	#1404H
10:30:00	It's Sew Easy Everything In Its Place Stay organized when you travel. Sewing educator Rebecca Kemp Brent sews lightweight packing cubes to maximize luggage space. Fashion expert Angela Wolf shares a tip for personalizing a nail kit and machine embroidery expert Joanne Banko makes a faux suede luggage tag with European flair.	NETA	(S)	(CC)	DVI	#1202H
11:00:00	Knit and Crochet Now! Stylish Cardigans The knit Alabaster Cardigan by Cheryl Beckerich will be demonstrated by Kristin, and Ellen demonstrates the steps of the crochet Uptown Chic by Laura Gebhardt. Lastly, Lena presents the "how-tos" to make the crochet Star Stitch Long Cowl.	APTEX	(S)	(CC)	DVI	#612H
11:30:00	Fons & Porter's Love of Quilting String Me Along Quilter's always have leftover fabric. Here is the perfect way to use up everything. Patrick and his quest Dodi Poulsen will teach you how to get organized and build blocks that "jump" off the design wall. By selecting a strong focus fabric your foundation pieces your blocks come to life, one strip at a time. This relaxing method, frees you from the exacting math of traditional patchwork.	NETA	(S)	(CC)	N/A	#2811H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6211H
13:00:00	America's Test Kitchen from Cook's Illustrated Pantry Pastas Host Bridget Lancaster uncovers the secrets for making perfect pasta e ceci. Next, tasting expert Jack Bishop challenges host Julia Collin Davison to a tasting of parmesan. Then, science expert Dan Souza reveals the science behind parmesan's signature flavor. Finally, test cook Elle Simone shows Bridget how to make the ultimate penne arrabbiata.	APTEX	(S)	(CC)	N/A	#1712H
13:30:00	Pati's Mexican Table Family Fiesta Everyone knows that Mexican food is great for a party. In this episode, Pati invites a few of her son's friends (and their parents) over to her house and makes some of her popular fiesta dishes - perfect for any party! In Mexico, she travels to the town of Quiroga, known as the Carnitas Capital of the World, where she'll show us one of her absolute favorite treats: The REAL Mexican Gazpacho! Recipe 1: Carnitas; Recipe 2: Salsa Verde with Avocad; Recipe 3: Morelia-Style Gazpacho Salad; Recipe 4: Grilled Pineapple Margarita.	APTEX	(S)	(CC)	N/A	#305H
14:00:00	Primal Grill with Steven Raichlen Spanish Smoke Long before Spanish culinary mad scientist Ferran Adria stunned the world with his foams, infusions, and molecular cuisine, grill masters from the Iberian peninsula were setting the world of barbecue, well, on fire. Like Basque grill master, Victor Arguinzoniz, whose grilled shrimp calls for olive oil and txakoli wine misted from spray bottles. Or Matias Gorrochatequi, whose salt-grilled steaks are a masterpiece of fiery simplicity. (Serve them with calcots, flame-grilled green onions dipped in romesco sauce.) Catalan cream, crusted with spiced raw sugar and dramatically caramelized with a fire-heated iron disk, brings the meal to an unforgettable close. Victor's Shrimp; Salt-Grilled Rib Steak; Catalan Cream.	APTEX	(S)	(CC)	N/A	#309H

Mon, May 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke Ham Sessions	APTEX	(S)	(CC)	N/A	#207H
	Ham is a hog's leap to immortality, and you can use classic ham curing and smoking techniques for foods that go well beyond traditional pork leg. In this show, learn how to make ham in a hurry (the secret? use a boneless pork loin) and give the ham treatment to spareribs and turkey legs. The fire and smoke continue with eye-popping bacon sundaes for dessert. Ham in a hurry; Honey ham ribs; Bacon sundaes; Turkey ham.					
15:00:00	Beads, Baubles and Jewels Meaningful Gifts and Talismans	NETA	(S)	(CC)	N/A	#2113H
	Artist Catherine Bickford presents ideas for meaningful gifts, including the symbolism of color and design motifs. Catherine discusses the meaning and symbolism behind various design motifs and materials. She shows how to combine themes, materials, techniques and motifs to create a talisman necklace that has significance and well-wishes for the recipient. Fair trade beaded bangles are featured on Katie's Beading Lesson.					
15:30:00	Make It Artsy Party People	NETA	(S)	(CC)	N/A	#202H
	It's time to party. Artist Cat Kerr mixes things up with a pendant made in layers. Tool expert Joe Rotella melts glass in a microwave oven to create contemporary jewelry and accessories. Candie Cooper cranks out a one-of-a-kind artsy gift box with a treasure inside. Artist Jane Dunnewold has an art tip.					
16:00:00	Biz Kid\$ How to Achieve Your Financial Goals	APTEX	(S)	(CC)	DVI	#110H
	Join us and you'll learn to track your expenses, get control of your spending, and invest what's left over to reach your financial goals. You'll see the importance of starting young, while time is on your side. Meet some high school entrepreneurs who started a sports business.					
16:30:00	Hands On Crafts for Kids Let's Play A Game	NETA	(S)	(CC)	DVI	#1703H
	Whether indoors or out, games are fun! Bowl at home with family and friends with a colorful bowling set Katie makes from recycled water bottles. Franz shows how to create your own game board using a variety of art mediums. Jenny and Katie make an indoor hopscotch court that rolls-up, for easy storage. Braid a ring toss toy then use the Family Craft box to make a treasure hunt jar for quiet fun.					
17:00:00	P. Allen Smith's Garden Home Homesteaders USA	APTEX	(S)	(CC)	N/A	#1501H
	Allen Smith breaks down the basics of homesteading for beginners. From kitchen to bath, the experts have you covered for your journey to being self-sufficient.					
17:30:00	Growing A Greener World In Susan's Garden: A Backyard Habitat In Harmony with Nature (Spokane, Wa)	APTEX	(S)	(CC)	N/A	#723H
	One thing all gardeners have in common is the desire to see other people's beautiful gardens. In fact, while many of viewers enjoy painstakingly-maintained public gardens, nearly all prefer the ideas and inspiration they receive from an up-close look at more down-to-earth personal gardens. Today, Joe responds to many viewers' request for more visits to personal gardens with an episode that will not disappoint. Susan Mulvihill, an avid gardener, birder, and nature lover in Spokane, has created an inviting habitat for the creatures great and small that she welcomes to her garden. Joe will learn some of Susan's best tips for creating a beautiful backyard habitat in harmony with nature.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14096H
18:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#207H
	Jeremy Lin won't be the only Asian American basketball player in the NBA if Jason Brickman can help it. We get the story from Reporter Paul Lin who visits the record-breaking NCAA point guard. Reporter Barry Mitchell introduces to us a cool and refreshing Bubble Tea hot spot in Brooklyn. Tinabeth Pina reports that Broadway musicals are a hit in Asia. Reporter Kyung Yoon invites us to explore how some Asian American adoptees redefine our perception of identity.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8031
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3518H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#414H
	A special season-closing episode entirely dedicated to the 70th birthday of Nitty Gritty Dirt Band founder John McEuen. Loose jamming with guests Jerry Douglas, Sam Bush, John Carter Cash, Rhonda Vincent and more.					

## Daily Program Listing II

43.1

Date: 04/12/2017

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Mon, May 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Dennison Lodge Pierce Pettis	NETA	(S)	(CC)	N/A	#109H
	Known as a "songwriter's songwriter," Pierce has worked with Joan Baez, Art Garfunkle, Garth Brooks and many more. His songs, tinged with his Appalachian upbringing, have been called "profound," "beautifully delivered," "wry," "sensitive," and "an integral part of any singer/songwriter's collection."					
22:00:00	NHK March Specials The Phone of the Wind: Whispers to Lost Families	APTEX	(S)	(CC)	N/A	#103H
	On a hill overlooking the ocean in northern Japan is a telephone booth known as the "Phone of the Wind." It is connected to nowhere, but many people come to here to "call" their loved ones lost in the 2011 tsunami. The phone booth is in a private garden of a man who originally installed it to talk to his lost cousin. The phone's namesake comes from the owner's desire for the wind to carry the voices to loved ones. After the devastating tsunami, he made it available to everyone. Since then many have visited the phone booth, including a boy who lost his father, and a woman who lost her husband. This is a documentary about love, grief and rebirth.					
23:00:00	Lost Child: Sayon's Journey	APTEX	(S)	(CC)	N/A	#0H
	LOST CHILD: SAYON'S JOURNEY explores the Cambodian genocide (1975-1979) and its lasting impact through the eyes of a former Khmer Rouge child soldier. Narrating in his own voice, Sayon Soeun confronts his haunting childhood experiences during Cambodia's darkest hour - the genocide claimed an estimated 1.7 million people - revealing for the first time the horrors he witnessed and his struggles as he came of age. The Khmer Rouge abducted Sayon at the age of six, robbing him of both family life and an education, and forced him to carry out the brutal dictates of the Pol Pot-led Maoist regime. After four years, Sayon and hundreds of thousands of citizens and fellow soldiers fled west to Thailand, ending up in makeshift refugee camps along the border. From there, he transitioned to an orphanage, where he was adopted by a loving American family from Connecticut. This moving and powerful film, winner of a Cine Golden Eagle Award, follows Sayon's first journey back to his home country in 35 years to find the family he thought he lost forever and to forgive himself for his complicity as a Khmer Rouge soldier. The film builds to a suspenseful conclusion as Sayon receives the results of DNA tests that will confirm or refute his relationship to the people he meets in Cambodia.					

Tue, May 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8031
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3518H
01:00:00	Music City Roots Live from the Factory A special season-closing episode entirely dedicated to the 70th birthday of Nitty Gritty Dirt Band founder John McEuen. Loose jamming with guests Jerry Douglas, Sam Bush, John Carter Cash, Rhonda Vincent and more.	APTEX	(S)	(CC)	N/A	#414H
02:00:00	Live from the Dennison Lodge Pierce Pettis Known as a "songwriter's songwriter," Pierce has worked with Joan Baez, Art Garfunkle, Garth Brooks and many more. His songs, tinged with his Appalachian upbringing, have been called "profound," "beautifully delivered," "wry," "sensitive," and "an integral part of any singer/songwriter's collection."	NETA	(S)	(CC)	N/A	#109H
03:00:00	NHK March Specials The Phone of the Wind: Whispers to Lost Families On a hill overlooking the ocean in northern Japan is a telephone booth known as the "Phone of the Wind." It is connected to nowhere, but many people come to here to "call" their loved ones lost in the 2011 tsunami. The phone booth is in a private garden of a man who originally installed it to talk to his lost cousin. The phone's namesake comes from the owner's desire for the wind to carry the voices to loved ones. After the devastating tsunami, he made it available to everyone. Since then many have visited the phone booth, including a boy who lost his father, and a woman who lost her husband. This is a documentary about love, grief and rebirth.	APTEX	(S)	(CC)	N/A	#103H
04:00:00	Lost Child: Sayon's Journey LOST CHILD: SAYON'S JOURNEY explores the Cambodian genocide (1975-1979) and its lasting impact through the eyes of a former Khmer Rouge child soldier. Narrating in his own voice, Sayon Soeun confronts his haunting childhood experiences during Cambodia's darkest hour - the genocide claimed an estimated 1.7 million people - revealing for the first time the horrors he witnessed and his struggles as he came of age. The Khmer Rouge abducted Sayon at the age of six, robbing him of both family life and an education, and forced him to carry out the brutal dictates of the Pol Pot-led Maoist regime. After four years, Sayon and hundreds of thousands of citizens and fellow soldiers fled west to Thailand, ending up in makeshift refugee camps along the border. From there, he transitioned to an orphanage, where he was adopted by a loving American family from Connecticut. This moving and powerful film, winner of a Cine Golden Eagle Award, follows Sayon's first journey back to his home country in 35 years to find the family he thought he lost forever and to forgive himself for his complicity as a Khmer Rouge soldier. The film builds to a suspenseful conclusion as Sayon receives the results of DNA tests that will confirm or refute his relationship to the people he meets in Cambodia.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#235
08:00:00	Mack & Moxy Play It Again, Mack/S.T.E.M. Strong "Play it Again, Mack" - Get in the game! Mack & Moxy team up with Trooper Sydnee to save another Great Helpee. When they bounce over to HelpeeLand School, they run into a rabbit named Patch who is sad because recess has become too rowdy and no one wants to play anymore. To cheer Patch up, the Heroes start a lively game of foursquare. But when a disagreement develops over who won, Trooper Sydnee suggests Rock, Paper, Scissors to settle the dispute. It works like a charm except for one problem - Shelfish Sheldon is about to snatch the Great Helpee and keep all its happiness for himself! A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of PlayWorks, a nation-wide program promoting the power of play and creating a place for every kid on the playground to feel included, be active, and build valuable social skills. "S.T.E.M. Strong" - 3-2-1 Blast off! On this mission to save another Great Helpee, the Heroes need Science, Technology, Engineering and Math. With Trooper Xolo, an aspiring engineer, Mack & Moxy head to HelpeeLand and come across a math-loving new friend named Munch Munch. But they're in for a big surprise when they discover that the Great Helpee is hatching atop a volcano covered in hot lava! Together they solve the problem by building a robot. Only one variable - Shelfish Sheldon is bounding up the hillside on a pogo-stick, perfectly poised to pounce and keep all the Great Helpee's happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of Citizen Schools, an education program that, through mentoring, helps thousands of middle school students across the US discover and achieve their dreams.	APTEX	(S)	(CC)	N/A	#109H
08:30:00	Thomas Edison's Secret Lab A Monster of a Mystery When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.	APTEX	(S)	(CC)	N/A	#111H
09:00:00	Functional Fitness with Suzanne Andrews 30 Day Bladder Fix Pelvic Floor Strengthening	ACCES	(S)	(CC)	N/A	#307H

Tue, May 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Spine Stretch for Posture Workout  In this episode of Classical Stretch, join Miranda Esmonde-White in the beautiful gardens of Jamaica. Miranda will take you through stretches that will increase the flexibility in your back and improve your posture in this all-standing workout.	APTEX	(S)	(CC)	DVI	#1003H
10:00:00	Sit and Be Fit Footwork and Core  We take our feet and core muscles for granted. In this episode Mary Ann uses a variety of new exercises to focus on the importance of your feet.	NETA	(S)	(CC)	N/A	#1405H
10:30:00	It's Sew Easy On The Go  Convertible active-wear gives lots of easy options. Blogger Mom Caroline Critchfield stays organized with a colorful wallet made from fabric scraps. Pattern designer Angela Wolf creates zip-off sports pants that change from long pants to shorts. Angela Wolf shares a tip for trouble-shooting serger stitches.	NETA	(S)	(CC)	DVI	#1203H
11:00:00	Knit and Crochet Now! Headbands  The Thai Garden Headband by Jenny King is a real head turner, and she shows us how to make it. Drew shows how to make a Loom-Knit Meadow Moss Headband by Brenda Myers. Next up is Lena with two cowls: The Big Cable Knit Cowl and The Big Cable Crochet Cowl.	APTEX	(S)	(CC)	DVI	#613H
11:30:00	Fons & Porter's Love of Quilting Shattered Dresden  One of the most popular quilt designs of the 1920's and 30's-the Dresden Plate pattern takes on a modern flavor in this medallion-style quilt. Patrick is joined by Dodi Poulsen in this episode as they teach techniques for making the perfect Dresden block, the applique choices and design options for making this quilt.	NETA	(S)	(CC)	N/A	#2812H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6212H
13:00:00	Julie Taboulie's Lebanese Kitchen Meet Me at the Market  Julie is cordially inviting all of you to come and meet her at the fresh farmer's market. Besides Mama's Glorious Garden, farmer's markets are Julie's favorite places to frequent for fresh foods. She loves meeting and greeting all of the farmers, strolling around an open-outdoor market while supporting and sourcing locally sustainably foods. On today's show, this fresh farmer's market is inspiring Julie to make her marvelous makbouseh, a Lebanese-style summertime squash stew. Meaning to "mix things up," Julie's Makbouseh is a magnificent medley of fresh vegetables along with an array of amazing aromatics that slowly simmer away into a stunning and scrumptious squash stew that is sure to be a staple at your table all summer long. She also prepares and perfectly pairs her homemade and handmade Lebanese pasta tossed in a glorious garlic sauce that just sort of melts in your mouth which is famously known as macaroune b toum. Plus, Julie's first food memory, a childhood favorite of fried squash blossoms called zahrah kousa b maqlieh that Julie is whipping up just for you. Fresh from the farmer's market to a mouthwatering meal, this is one Lebanese masterpiece that you won't want to miss.	APTEX	(S)	(CC)	DVI	#103H
13:30:00	Sara's Weeknight Meals Pestopalooza  Summer means more of everything and if you have extra herbs, this is the show for you. We start with a traditional basil pesto, string bean and potato pasta from guest chef Giuseppe Fanelli. On Ask Sara, tips on growing your own windowsill herb garden and how to cook with herb. Sara also creates her phenomenal brown and wild rice with broccoli pesto.	APTEX	(S)	(CC)	N/A	#517H
14:00:00	Taste of History Discovering China's Past  Join Chef Staib on an epic Chinese adventure. Follow him as he treks from an exotic fish market and the Forbidden City in Beijing and floats down the Yangtze River to sample authentic hotpots in Chonging. Along the way he cooks a classic Chinese feast of tripe, spicy peanut and peppercorn sauce, pot stickers, Chonging style chicken, steamed buns and more.	NETA	(S)	(CC)	N/A	#608H
14:30:00	Sara's Weeknight Meals Super Bowls of Soup (Super Bowl Stunt)  The big game and a cold night are both perfect times to enjoy a heart bowl of soup, like Sara's take on traditional New England chowder, her smoky fish chowder, made even more delicious with bacon. On Ask Sara, she shows ways to pack for a tailgate, including safely transporting hot soups. Then she joins Brazilian chef Leticia Moreinos Schwartz on a shopping trip to a Brazilian market before they make Leticia's chicken, shrimp, peanut and cashew stew. Soups on! Recipes: Smoky fish chowder; Chicken shrimp, peanut and cashew stew.	APTEX	(S)	(CC)	N/A	#605H

Tue, May 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Getting Started In Jewelry Making With a few supplies and cold connection techniques, designer Abbi Berta quickly creates mixed media earrings. She also makes a textured cuff with a torch-fired patina to introduce metalwork. Viewer Leslie Rocha tells how her first jewelry class and love of music blossomed into a passion for making jewelry from guitar wire and picks.	NETA	(S)	(CC)	N/A	#2201H
15:30:00	Make It Artsy Embrace Imperfection Embrace imperfection as you make art. Metalwork artist Mary Hettmansperger playfully collages with fabric and mediums to create wall art. Author and artist Jane Dunnewold takes the basic square into new directions. Julie Fei-Fan Balzer uses a masking technique to create layers of watercolor effects. Jane Dunnewold shares her artistic perspective.	NETA	(S)	(CC)	N/A	#203H
16:00:00	Biz Kid\$ Don't Blow Your Dough Biz Kids Beware. Protect the money you already have by putting it in a safe place. Beware of scams and schemers. You'll discover ways to avoid the growing problem of identity theft. Meet with Washington State's Attorney General Rob McKenna and the Better Business Bureau. You'll also see young people who did blow their dough, and find out what that experience has taught them.	APTEX	(S)	(CC)	DVI	#111H
16:30:00	Hands On Crafts for Kids Playtime Every day is play time! Challenge your skills with an ice cream cone ball toss game. Design your own indoor miniature golf course with Franz, then put on a show with puppets Jenny shows how to make and decorate. Add some cardboard to the Family Craft Box to create a super mask and make your own superhero figure.	NETA	(S)	(CC)	DVI	#1704H
17:00:00	P. Allen Smith's Garden Home Charming Charleston P. Allen Smith explores the food and fellowship of one of America's oldest cities, Charleston, South Carolina; a true Southern gem.	APTEX	(S)	(CC)	N/A	#1502H
17:30:00	Growing A Greener World Gardening for Butterflies & Other Beneficial Insects (Atlanta, Ga and Portland, Or) Ask a gardener these days what's on their short list of upcoming projects, and they'll likely name the addition or expansion of a butterfly or pollinator garden. That's because the loss of their native habitats to urban sprawl and the widespread use of herbicides in commercial farming has decimated many of the plants these insects need to survive. As gardeners often do, they're now rising up in force in an effort to restore lost habitats across the country, starting in their own backyards. In this episode, Joe works alongside national experts to show ways to attract and help restore populations of these threatened insects. At the same time, he'll be increasing the beauty of landscapes with native plants that beneficial insects depend on.	APTEX	(S)	(CC)	N/A	#724H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14097H
18:30:00	Americas Now Privatizing Education In Haiti & Evelina Cabrera Haiti - Privatizing Education In many societies private education is a luxury that only the wealthiest can afford. So you may be surprised to learn that in Haiti, the poorest country in the Western hemisphere, far more children attend private schools than state schools. This despite the fact that nation's constitution stipulates that all Haitian children have the right to a free education. Unfortunately, no government in Haitian history has come close to achieving that. Setbacks, including the 2010 earthquake in which at least 200,000 people died, have made the challenge more difficult to achieve. But as CGTN's Stephen Gibbs reports from Port au Prince; efforts are being made to make educating children less of a financial burden for parents. Game Changer Argentina - Evelina Cabrera - Argentina is famed for football. It is the country of some of the greatest players of all time, Lionel Messi and Diego Maradona. But while women's football grows around the world, in Argentina the sport lacks organization. And those women wanting to play also suffer discrimination, and at times worse. Growing levels of domestic violence have lead Argentina to hold demonstrations to demand a stop to violence against women. One woman is trying to promote football as a way to help break boundaries and raise social awareness. Urban Voices - Mexico Mariachis - Mariachi are a symbol of Mexico. The United Nations recognizes Mariachi music as part of the intangible Mexican heritage. Yet until recently the only place to learn this regional genre was on the streets. Plaza Garibaldi, an open square in downtown Mexico City where you can listen to Mariachis 24/ 7 / 365 was considered the "mariachi university". In an attempt to formalize the genre, the "Escuela de Mariachi" is teaching pupils, documenting the tradition, ensuring it's transmission and aiming to give it it's true value. Alvaro Mora, coordinator and violin teacher at the school comes from a family of 3 generations of mariachis. At 15 he started playing his violin in a mariachi group. 28 years on he's never worked as anything else.	NETA	(S)	(CC)	N/A	#127H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8032
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1319H

## Daily Program Listing II

43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Tue, May 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Sun Studio Sessions The Country Duo	NETA	(S)	(CC)	N/A	#810H
	The Kansas City-based Country Duo features Kasey Rausch and Marco Pascolini. Armed with guitars and a pedal steel, the Duo channels classic country sounds while crafting a contemporary Americana sound. Rausch is a 4th generation songwriter and Pascolini is a revered multi-instrumentalist. Together they blend soulful story telling with stellar musicianship. In this episode, the artists talk about their musical influences and perform several songs, including "Heavy Fog" and "Wait a Little While."					
20:30:00	Jammin at Hippie Jack's Ashley Cleveland	NETA	(S)	(CC)	N/A	#1007H
	Ashley Cleveland is a three-time Grammy and two-time Dove award winner who has released eight critically acclaimed albums. Few artist have achieved such a compelling fusion of gospel, blues, and rock. Cleveland resides in Nashville with her husband Kenny Greenberg.					
21:00:00	The Kate Rosanne Cash	APTEX	(S)	(CC)	N/A	#206H
	Rosanne Cash, one of the country's pre-eminent singer-songwriters, accompanied by her producer/husband, John Leventhal, graces The Kate stage and uses her lyrics as paints and her voice as the brush, to deliver a gorgeous sonic portrait, a deeply personal concert revealing the landscape of her career.					
22:00:00	World Dancesport GrandSlam Series Latin Series - Stuttgart, Germany	APTEX	(S)	(CC)	N/A	#104H
	Stuttgart is traditionally the biggest GrandSlam of the Latin Series. Making it to the final and onto the podium is harder in Stuttgart than at any other location. Even if the finalists generally don't dance until round three, they must complete six rounds of five dances each before the winners are declared. An amazing 371 couples appeared on the starting lists, among them the biggest names in the Latin dances. Moldovans Gabriele Goffredo and Anna Matus, the #1 in the World Ranking, are looking for their third successive win in the Series. But reigning European Champions Armen Tsaturyan and Svetlana Gudyno of Russia are competing as are couples who danced the final round in the two previous legs: Charles-Guillaume Schmitt and Elena Salikhova of France, and Marius-Andrei Balan and Khrystyna Moshenska of Germany.					
23:00:00	Reaching West: Dreams of China's New Generation	APTEX	(S)	(CC)	DVI	#0H
	The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.					



Wed, May 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8032
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1319H
01:00:00	Sun Studio Sessions The Country Duo	NETA	(S)	(CC)	N/A	#810H
	The Kansas City-based Country Duo features Kasey Rausch and Marco Pascolini. Armed with guitars and a pedal steel, the Duo channels classic country sounds while crafting a contemporary Americana sound. Rausch is a 4th generation songwriter and Pascolini is a revered multi-instrumentalist. Together they blend soulful story telling with stellar musicianship. In this episode, the artists talk about their musical influences and perform several songs, including "Heavy Fog" and "Wait a Little While."					
01:30:00	Jammin at Hippy Jack's Ashley Cleveland	NETA	(S)	(CC)	N/A	#1007H
	Ashley Cleveland is a three-time Grammy and two-time Dove award winner who has released eight critically acclaimed albums. Few artist have achieved such a compelling fusion of gospel, blues, and rock. Cleveland resides in Nashville with her husband Kenny Greenberg.					
02:00:00	The Kate Rosanne Cash	APTEX	(S)	(CC)	N/A	#206H
	Rosanne Cash, one of the country's pre-eminent singer-songwriters, accompanied by her producer/husband, John Leventhal, graces The Kate stage and uses her lyrics as paints and her voice as the brush, to deliver a gorgeous sonic portrait, a deeply personal concert revealing the landscape of her career.					
03:00:00	World Dancesport Grandslam Series Latin Series - Stuttgart, Germany	APTEX	(S)	(CC)	N/A	#104H
	Stuttgart is traditionally the biggest GrandSlam of the Latin Series. Making it to the final and onto the podium is harder in Stuttgart than at any other location. Even if the finalists generally don't dance until round three, they must complete six rounds of five dances each before the winners are declared. An amazing 371 couples appeared on the starting lists, among them the biggest names in the Latin dances. Moldovans Gabriele Goffredo and Anna Matus, the #1 in the World Ranking, are looking for their third successive win in the Series. But reigning European Champions Armen Taturyan and Svetlana Gudyno of Russia are competing as are couples who danced the final round in the two previous legs: Charles-Guillaume Schmitt and Elena Salikhova of France, and Marius-Andrei Balan and Khrystyna Moshenska of Germany.					
04:00:00	Reaching West: Dreams of China's New Generation	APTEX	(S)	(CC)	DVI	#0H
	The documentary REACHING WEST: DREAMS OF CHINA'S NEW GENERATION follows several of these determined and engaging students through their senior year at one of the private high schools in Beijing that prepares students for study abroad. The program chronicles the rigors of the application process from interviews to writing their personal essays. It also provides a window into the students' daily lives and the challenges they face, from dating to the impact of American pop culture.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#236
08:00:00	Mack & Moxy Feeding Rainbow/A Friend Who Reads Is A Friend Indeed	APTEX	(S)	(CC)	N/A	#102H
	"Feeding Rainbow" - Time to save another Great Helpee! As Mack & Moxy zip-line over the Sky Islands in HelpeeLand with Trooper Francesca, they accidentally fall on a fatigued new friend, Rainbow. He's a lethargic Pegasus who hasn't had any breakfast. Since his parents have lost their jobs, there's not enough food to eat. Rainbow's strength is renewed once the Heroes locate a nearby food pantry and enjoy a nutritious feast. But Shelfish Sheldon jets ahead on a flying vacuum, trying to swoop the Great Helpee and keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of Feeding America, a 35 year-old organization who feeds 46 million people every day across the US. "A Friend Who Reads is a Friend Indeed" - Here we go! Mack & Moxy set out with Trooper Kaitlyn on a colorful adventure to HelpeeLand in search of a Great Helpee. They meet Nolie, a loveable little puffball who has never had any pals to play with. As the Heroes become her first friends, they share and sing about the joys of reading books. Meanwhile, Shelfish Sheldon lurks nearby, scheming and sledding to the Great Helpee so he can keep all its happiness for himself. A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Josh Duhamel (Transformers, All My Children) helps the Heroes' mission in support of Save the Children, providing quality preschool programs to underserved children around the world since 1932.					
08:30:00	Thomas Edison's Secret Lab Electri-Kent!	APTEX	(S)	(CC)	N/A	#112H
	Kent discovers one of Edison's secret inventions - an exo-bodysuit: a steampunk Ironman device that turns him into a klutzy superhero.					
09:00:00	Functional Fitness with Suzanne Andrews Leg Strengthening Workout	ACCES	(S)	(CC)	N/A	#308H

Wed, May 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Slenderize and Strengthen Your Legs  In this episode of Classical Stretch, join Miranda Esmonde-White on the jetty overlooking the Caribbean ocean in Jamaica. This all-floor workout is designed to slenderize and strengthen your legs!	APTEX	(S)	(CC)	DVI	#1004H
10:00:00	Sit and Be Fit Controlled Breathing  Mary Ann experiments with several ways to control breathing to efficiently distribute oxygen throughout the body.	NETA	(S)	(CC)	N/A	#1406H
10:30:00	It's Sew Easy Versatile Packables  Make your travel clothes and accessories do double duty. Embroidery expert Eileen Roche makes a fashionable laptop bag. Sewing educator Joanne Banko adds a fashion statement to a simple knit dress with embroidery and accessories. Serger expert Angela Wolf has a tip for serging a rolled hem.	NETA	(S)	(CC)	DVI	#1204H
11:00:00	Knit and Crochet Now! Versatile Shawls  We are pleased to have new host Deborah Norville join us and this week it's all about shawls. Once upon a time shawls were mostly for warmth, but today they are very much a fashion item. Joining Deborah are Kristin Nicholas, who shows us how to knit up the lovely lace Rafael Shawl, and Ellen Gormley demonstrating the unique Star Zag Shawl. Ellen also joins us in the "Stitch of the Week" corner, giving tips and tricks on how to crochet the Solomon's Knot.	APTEX	(S)	(CC)	DVI	#701H
11:30:00	Fons & Porter's Love of Quilting Free Motion Designs with Patchwork Roots  Decisions for free motion quilting can be daunting. Mary and Angela Huffman help us find inspiration within our traditional pieced quilt top. Isolating a block, designing a quilting motif and then modifying it for a smooth quilt path-all information you don't want to miss. Embellish your next "simple" patchwork, creating a "simply" fabulous quilt.	NETA	(S)	(CC)	N/A	#2813H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6213H
13:00:00	Lidia's Kitchen Vegetables  Whether used in soups, roasted or stuffed, the Italians love their vegetables. In this episode, she makes a platter full of roasted peppers stuffed with tuna. She then creates a mellow dish of savory onions stuffed with lamb and sweet raisins. The cauliflower and tomato soup is one that warms the heart and any kitchen table.	APTEX	(S)	(CC)	N/A	#324H
13:30:00	Annabel Langbein: The Free Range Cook Fish on the Menu  Always up for an adventure, Annabel Langbein wades in boots and all to net for flounder on a Nelson beach at the northern tip of New Zealand's South Island. Her haul is the starting point for a Mediterranean-themed meal featuring a generous platter of tapas, the simplest baked fish and a delicious vanilla citrus terrine. Recipes from this episode: the ultimate chocolate brownie, sunshine carrot dip, roasted bell pepper boats, tapenade, mediterranean baked fish, parsley mashed potatoes, crisp romaine salad, vanilla citrus terrine, honeyed oranges.	APTEX	(S)	(CC)	N/A	#110H
14:00:00	Simply Ming Rick Bayless  This week on Simply Ming is master-chef of Mexican cuisine and Emmy-nominated host, Rick Bayless. Rick has nine cookbooks and owns several restaurants in Chicago including the much-acclaimed Frontera Grill. He is also well-known for his public television series, Mexico One Plate at a Time. Today, Rick's going to make a green chili adobo taco duo including roasted chayote with herbs and goat cheese and shrimp skillet tacos. He then helps Ming cook up a family-favorite, surf-n-surf moo shu wraps.	APTEX	(S)	(CC)	N/A	#1406H
14:30:00	Cook's Country Grilled Salmon and Stuffed Tomatoes  Test cook Bridget Lancaster uncovers the secrets to making the best grilled salmon steaks with lemon-caper sauce. Next, equipment expert Adam Ried reveals his top picks for tomato coring tools. Then, tasting expert Jack Bishop challenges host Christopher Kimball to a tasting of bread crumbs. And finally, test cook Erin McMurrer shows Chris how to make stuffed tomatoes at home.	APTEX	(S)	(CC)	N/A	#811H
15:00:00	Beads, Baubles and Jewels Heirloom Cabochons  Using colorful fabric, blogger Mandi Ainsworth fashions cabochons to create heirlooms using a new twist on traditional techniques. Mandi makes a bezel with seed beads to create timeless pendants, bracelets and necklaces. Katie shows how to tie knots in leather strips to create a fashion-forward necklace.	NETA	(S)	(CC)	N/A	#2102H

## Daily Program Listing II

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Wed, May 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Shine	NETA	(S)	(CC)	N/A	#204H
	Make your art sparkle. Artist Jen Cushman wraps wire and stamps words to create a metallic flower. Host Julie Fei-Fan Balzer crafts a variety of projects with decorative foils. Artist and teacher Cat Kerr molds shining eyes to use in lots of different projects. Learn a new tip from Jane Dunnewold.					
16:00:00	Biz Kid\$ Introducing Entrepreneurs	APTEX	(S)	(CC)	DVI	#112H
	You'll discover an entrepreneur is someone who sees a financial opportunity and acts upon it. Learn the stories behind the Frisbee, the Slinky, and blue jeans. Meet an entrepreneur who started a lemonade stand to raise money for playground equipment, then grew so successful she was able to make over an entire park.					
16:30:00	Hands On Crafts for Kids Let's Party	NETA	(S)	(CC)	DVI	#1705H
	There's a party going on and you are invited! Katie shows how to make a decorative chandelier to set the mood for your party theme and Franz draws a colorful and fun postcard invitation that will get all your guests to come. Jenny and Katie sculpt a hanging pinata bowl full of treats. Then reach into the Family Craft Box to make a party decoration from yarn and glue to stuff with favors.					
17:00:00	P. Allen Smith's Garden Home Oils All Around	APTEX	(S)	(CC)	N/A	#1503H
	P. Allen Smith explores the many uses of oils - from the basic to the exotic.					
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#725H
	Over the years, viewers have always enjoyed getting specific ideas and tips about whatever is growing at the moment on the gardening set of Growing a Greener World. But this episode takes it to a new level. We're documenting an entire year in the life of the Garden Farm. From prepping the beds and planting the crops to dealing with potential pests and diseases and whatever else Mother Nature throws at us, you'll see it all: the good, the bad, the challenges, and the successes. All the while, we'll weave in teachable moments, practical tips, and simple projects. Joe Lamp'l, our own horticultural expert and gardener in residence, will bring you behind the scenes for the reality of all four seasons in the GGW garden like you've never seen before.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14098H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#506H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8033
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#416H
20:00:00	The Lowertown Line. The Lowertown Line: Heiruspecs	APTEX	(S)	(CC)	N/A	#111H
	Formed while attending St. Paul Central High School back in the '90s, hip hop veterans Heiruspecs have continued to make music for two decades. Heiruspecs play their music live with instruments not samples, and are known for their distinctive song writing style and well received live shows. The band performs in front of a live audience and talks about the importance of place in hip hop. Songs performed: I Know, 5ves, On the Ground, Get Up.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#203H
	Artist: Master Series with Rock and Roll Hall of Fame Member John Oates, and hosted by songwriter Eric Gnezda. John Oates, a Rock and Roll Hall of Fame member - and one-half of Rock's biggest-selling duo of all-time, Hall and Oates - sits down with host Eric Gnezda in the inaugural Master Series episode. In a one-on-one interview, John performs and discusses songwriting. He sings, "Stack O Lee," "Maneater," which he originally wrote as a reggae song, "When Carolina Comes Home Again" and "Pushing A Rock Uphill."					
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#104H
	Performances by X Ambassadors, Jess Glynne, the English Beat, Chicano Batman and Neon Indian, with comedy from Jill Kargman and Christian Finnegan.					

Wed, May 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Quietest Place On Earth	APTEX	(S)	(CC)	N/A	#0H
	<p>The Hawaiian Islands are the most remote major island group on earth. On the second-largest island of Maui, the Haleakala volcano rises 10,000 feet - nearly two miles - into the sky. And the massive crater located at its summit carries the unique distinction of "The Quietest Place on Earth." For some, the exquisite stillness of this stark volcanic landscape can mimic a religious experience, while for others, it simply inspires a deeper awareness of humans' place in nature. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace.</p>					
23:00:00	Pacific Heartbeat Ever The Land	APTEX	(S)	(CC)	DVI	#603H
	<p>Ever The Land explores the sublime bond between people and their land. For the past 150 years, longstanding grievances over extreme colonization tactics have defined the Ngai (tribe) Tuhoe and New Zealand governments relationship. In 2014 history was made when the Tuhoe's ancestral homelands were returned, the New Zealand government gave a official apology and Tuhoe built the first ever "Living Building" in Aotearoa, New Zealand as a testament to their values and vision of self-governance.</p>					

Thu, May 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8033
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#416H
01:00:00	The Lowertown Line. The Lowertown Line: Heiruspecs	APTEX	(S)	(CC)	N/A	#111H
	Formed while attending St. Paul Central High School back in the '90s, hip hop veterans Heiruspecs have continued to make music for two decades. Heiruspecs play their music live with instruments not samples, and are known for their distinctive song writing style and well received live shows. The band performs in front of a live audience and talks about the importance of place in hip hop. Songs performed: I Know, 5ves, On the Ground, Get Up.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#203H
	Artist: Master Series with Rock and Roll Hall of Fame Member John Oates, and hosted by songwriter Eric Gnezda. John Oates, a Rock and Roll Hall of Fame member - and one-half of Rock's biggest-selling duo of all-time, Hall and Oates - sits down with host Eric Gnezda in the inaugural Master Series episode. In a one-on-one interview, John performs and discusses songwriting. He sings, "Stack O Lee," "Maneater," which he originally wrote as a reggae song, "When Carolina Comes Home Again" and "Pushing A Rock Uphill."					
02:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#104H
	Performances by X Ambassadors, Jess Glynne, the English Beat, Chicano Batman and Neon Indian, with comedy from Jill Kargman and Christian Finnegan.					
03:00:00	Quietest Place On Earth	APTEX	(S)	(CC)	N/A	#0H
	The Hawaiian Islands are the most remote major island group on earth. On the second-largest island of Maui, the Haleakala volcano rises 10,000 feet - nearly two miles - into the sky. And the massive crater located at its summit carries the unique distinction of "The Quietest Place on Earth." For some, the exquisite stillness of this stark volcanic landscape can mimic a religious experience, while for others, it simply inspires a deeper awareness of humans' place in nature. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace. THE QUIETEST PLACE ON EARTH, from the producers behind APT Exchange's When the Mountain Calls, explores Maui's geological and spiritual birthplace.					
04:00:00	Pacific Heartbeat Ever The Land	APTEX	(S)	(CC)	DVI	#603H
	Ever The Land explores the sublime bond between people and their land. For the past 150 years, longstanding grievances over extreme colonization tactics have defined the Ngai (tribe) Tuhoe and New Zealand governments relationship. In 2014 history was made when the Tuhoe's ancestral homelands were returned, the New Zealand government gave a official apology and Tuhoe built the first ever "Living Building" in Aotearoa, New Zealand as a testament to their values and vision of self-governance.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#237
08:00:00	Mack & Moxy Help Is on the Way/Play It Again, Mack	APTEX	(S)	(CC)	N/A	#111H
	"Help is On the Way" - All hands on deck! A Great Helpee needs rescuing! Mack & Moxy shimmerize off with Trooper Quinn where they're greeted by Sheriff Hiya, an amiable eagle who's always of service to the residents of HelpeeLand. As the Sheriff's assistance is requested by a neighbor in need, the Heroes continue on their journey. But when Shelfish Sheldon plays a sneaky trick so he can keep the Great Helpee for himself, the Heroes fall to the bottom of a very deep pit and can't get out. Then they remember Sheriff Hiya's advice about dialing 9-1-1 if there's an emergency. They call the number and help is immediately on its way - just in time for the Great Helpee to hatch! A celebrity cast including Hank Azaria (The Simpsons, Family Guy) helps the Heroes' mission in support of the Orange County Sheriff's Department and law enforcement across the nation dedicated to protecting and serving citizens and communities. "Play it Again, Mack" - Get in the game! Mack & Moxy team up with Trooper Sydnee to save another Great Helpee. When they bounce over to HelpeeLand School, they run into a rabbit named Patch who is sad because recess has become too rowdy and no one wants to play anymore. To cheer Patch up, the Heroes start a lively game of foursquare. But when a disagreement develops over who won, Trooper Sydnee suggests Rock, Paper, Scissors to settle the dispute. It works like a charm except for one problem - Shelfish Sheldon is about to snatch the Great Helpee and keep all its happiness for himself! A celebrity cast including Hank Azaria (The Simpsons, Family Guy) and guest star Eva LaRue (CSI Miami, All My Children) helps the Heroes' mission in support of PlayWorks, a nation-wide program promoting the power of play and creating a place for every kid on the playground to feel included, be active, and build valuable social skills.					
08:30:00	Thomas Edison's Secret Lab It Take One to Grow One	APTEX	(S)	(CC)	N/A	#113H
	JD's ultimate fertilizer is slowly turning him into a plant and it's up to the team to get him back to the lab in time to cure him.					
09:00:00	Functional Fitness with Suzanne Andrews Lung Power Walking Workout	ACCES	(S)	(CC)	N/A	#309H

Thu, May 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Improve Your Posture	APTEX	(S)	(CC)	DVI	#1005H
	In this episode of Classical Stretch, join Miranda Esmonde-White for an early morning workout on the beautiful beach of Jamaica! Miranda will take you through an all-barre workout that focuses on maintaining and improving posture.					
10:00:00	Sit and Be Fit Vestibular and Core	NETA	(S)	(CC)	N/A	#1407H
	Mary Ann combines a nice mix of vestibular and core work while Gretchen reinforces the importance of gait training exercises.					
10:30:00	It's Sew Easy At The Beach	NETA	(S)	(CC)	DVI	#1205H
	It's time to hit the beach. Sewing educator and writer Rebecca Kemp Brent makes a handy tote bag from a towel. Sewing blogger Caroline Critchfield sews a fish-shaped drawstring beach or laundry bag. Sewing enthusiast Joanne Banko sews in circles to create a ruffled beach cover-up.					
11:00:00	Knit and Crochet Now! Slip Into Slippers	APTEX	(S)	(CC)	DVI	#702H
	Everybody's got feet, and when it gets cold, those feet get chilly! Today Lena Skvagerson shows Deborah Norville how to stitch up the Walk of Fame textured unisex slippers with a wrap around cuff and Rohn Strong shows us how to crochet the Fireside Slippers, which are moccasin style slippers for both men and women. Lena's in the stitch corner with the Knit Blackberry Stitch.					
11:30:00	Fresh Quilting Design Options	NETA	(S)	(CC)	N/A	#101H
	Design from a fresh perspective. Free-motion quilt artist Christina Cameli echo quilts and contrasts curves and lines to create new designs. Art historian and quilter Allison Evans joins modern quilt activist Heather Grant to discuss charity quilting events. Quilt innovator Jacquie Gering quilts with gentle curves.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6214H
13:00:00	Eat! Drink! Italy! with Vic Rallo Measure Twice, Cut Once	APTEX	(S)	(CC)	N/A	#306H
	Vic is in Campania with Chef Matteo Sangiovanni creates a dish using Mozzarella in three ways. Vic and Tony Verdoni talk about the Montefalco area's up and coming Sagrantino wine. Vic visits a buffalo mozzarella factory.					
13:30:00	Mike Colameco's Real Food Ny Ice Cream	NETA	(S)	(CC)	N/A	#1407H
	For lovers of ice cream there has never been a better time. In one action packed day Mike tours Victory Garden frozen yogurt, The Big Gay Ice Cream Truck, Dave's, Morgenstern's, A.B. Biagi Gelato, Gelato Ti Amo and Melt Bakery Ice Cream sandwiches.					
14:00:00	Joanne Weir's Cooking Confidence Italian Flavor Or Slow Food, Italian Style	APTEX	(S)	(CC)	N/A	#201H
	Joanne loves Italian flavors. She prepares a Spinach and Fennel Salad enhanced with Prosciutto di San Daniele. Then, hungry for a little comfort food, she creates a hearty Tuscan Pot Roast with her student Cheryl and shows her the secret to the perfect creamy polenta. Recipes: Spinach and Fennel Salad with Prosciutto di San Daniele, Tuscan Pot Roast, Creamy Polenta with Grana Padano. Student: Cheryl Kovelchik.					
14:30:00	New Scandinavian Cooking A Journey to the North	APTEX	(S)	(CC)	N/A	#604H
	In this episode, Andreas travels north across the Arctic Circle on the train from Trondheim to Bodo. He goes fishing in the Queen of Rivers, Namsen and grills the salmon on a riverbank. On the highlands of the north Andreas makes reindeer meatballs and in Bodo where the landscape becomes lush and greener again, Andreas fries a piece of Arctic beef - fit for a feast.					
15:00:00	Beads, Baubles and Jewels Beading with Friends	NETA	(S)	(CC)	N/A	#2203H
	It's fun to bead with friends. With a color palette for inspiration, Erin Prais-Hintz spills her beading secrets as she and Katie plan a beading party and give you more ideas for jewelry-making get-togethers. Katie uses vintage-style sliders to make glamorous chandelier earrings.					
15:30:00	Make It Artsy New to Me	NETA	(S)	(CC)	N/A	#205H
	Add something new to your creative routine. Tool expert Joe Rotella uses today's latest cutting technology to create glitter applique. Host Julie Fei-Fan Balzer makes collages with acrylic skins and films. Studio artist Cynthia Thornton paints fashions and faces to create a charming fabric doll. Jane Dunnewold shares another art tip.					

Thu, May 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ The Biz Kids Challenge The Biz Kids learn the world of marketing through the "Project Lemonade Challenge." Two teams, two identical lemonade stands. It's up to the kids to decide the price and promotion strategy to sell the most product. The proceeds go to their favorite charities. You'll see the preparation and the results when they are critiqued by marketing guru Scott Bedbury, the force behind Nike's slogan "Just do it."	APTEX	(S)	(CC)	DVI	#113H
16:30:00	Hands On Crafts for Kids Wear It! With friends and family, create and wear your crafting projects. A fashionable, shimmery clay bird necklace is perfect to wear or to give as a gift. Franz shows how to draw original designs and transfer them to your t-shirt. Jenny uses plastic tableware and fabric dye to make a stenciled flower or flag on a t-shirt. Katie weaves a colorful loop bracelet you can make in your favorite colors or school colors. Use the Family Craft box to transform a t-shirt into a superhero cape with a custom-designed logo.	NETA	(S)	(CC)	DVI	#1706H
17:00:00	P. Allen Smith's Garden Home When Kids Takeover P. Allen Smith asks, how many kids does it take to host a show? Find out as Allen lets the little ones take over for the day.	APTEX	(S)	(CC)	N/A	#1504H
17:30:00	Growing A Greener World Gardening in the Desert Southwest (Phoenix, Az) When it comes to gardening, one size most certainly does not fit all. What grows well in the cool Pacific Northwest would melt in the Florida heat. What thrives in the mild Southeast might never be hardy enough to handle a typical Midwestern winter. For many of us unfamiliar with the desert Southwest, we may believe that nothing can grow there at all. Yet it boasts one of the most horticulturally diverse regions in the country. It just takes a little local knowledge to master the nuances of growing a productive garden there. In this episode, we explore some of the unique beauty, challenges, and benefits to gardening in this part of the country where water is scarce and the brutal heat is the only predictable part of the weather.	APTEX	(S)	(CC)	N/A	#726H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14099H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1347H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8034
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1213H
20:00:00	Backstage Pass Root Doctor Making their second appearance on BackStage Pass, Root Doctor (featuring vocalist Freddie Cunningham) performs classic soul, R&B, traditional blues and inspired originals to the delight of their enthusiastic fans.	NETA	(S)	(CC)	N/A	#618H
20:30:00	Ray Stevens Cabaray Nashville Guests: Gatlin Brothers (Larry, Steve and Rudy Gatlin) "Witchcraft" & "Rub It In" (RAY) "Houston" (GATLINS) "Ode To The Road" (GATLINS).	OETA	(S)	(CC)	N/A	#119H
21:00:00	Music Gone Public Tommy Emmanuel The world's best acoustic guitarist (according to Guitar Player magazine, Eric Clapton, Les Paul, Steve Vai, and thousands of public television fans) brings "The Best of Tommy on public television" curated from various performances around the country.	NETA	(S)	(CC)	N/A	#110H
22:00:00	Ecosense for Living Great Smoky Mountains National Park and the Atlanta Coyote Project Great Smoky Mountains National Park is the most heavily visited park in the country. The sheer volume of people generates a lot of trash and food waste that tempt the park's mascot, the black bear. Unfortunately, this can mean dangerous encounters for visitors and trauma or death to the bears. Park biologists show us how they manage bears and humans to keep both safe, including the latest in bear DNA research. Then we learn about the wily ways of coyotes in the suburbs, using hidden cameras from the Atlanta Coyote Project.	NETA	(S)	(CC)	N/A	#203H

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Thu, May 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	Ecosense for Living Biscayne National Park and E.O. Wilson	NETA	(S)	(CC)	N/A	#204H
	<p>Biscayne National Park, just south of Miami, is all about what lies beneath. Ninety-five percent of the park is covered in water and is best explored by snorkeling or diving. EcoSense follows a group of divers, some veterans, some disabled, on the park's Maritime Heritage Trail of 6 shipwrecks, complete with submerged historical trail markers. The trail is an opportunity for archeologists to study the human history of Florida's reef, and for visitors to experience a trail like no other in the National Park System. Pulitzer prize-winning biologist E.O. Wilson expands our horizons with his wisdom on how places like national parks can preserve the planet.</p>					
23:00:00	Standing On Sacred Ground Fire & Ice	NETA	(S)	(CC)	DVI	#103H
	<p>From Ethiopia to Peru, indigenous customs protect biodiversity on sacred lands under pressure from religious conflicts and climate change. In the Gamo Highlands of Ethiopia, scientists confirm the benefits of traditional stewardship even as elders witness the decline of spiritual practices that have long protected trees, meadows and mountains. Tensions with evangelical Christians over a sacred meadow erupt into a riot. In the Peruvian Andes, the Q'eros, on a pilgrimage to a revered glacier, are driven from their ritual site by intolerant Catholics. Q'eros potato farmers face a more ominous foe: global warming is melting glaciers, their water source. Andes farmers, scientists and visiting Ethiopians struggle to adapt indigenous agriculture to the changing climate.</p>					



## Daily Program Listing II

43.1

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Fri, May 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8034
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1213H
01:00:00	Backstage Pass Root Doctor	NETA	(S)	(CC)	N/A	#618H
	Making their second appearance on BackStage Pass, Root Doctor (featuring vocalist Freddie Cunningham) performs classic soul, R&B, traditional blues and inspired originals to the delight of their enthusiastic fans.					
01:30:00	Ray Stevens Cabaray Nashville Guests: Gatlin Brothers (Larry, Steve and Rudy Gatlin) "Witchcraft" & "Rub It In" (RAY) "Houston" (GATLINS) "Ode To The Road" (GATLINS).	OETA	(S)	(CC)	N/A	#119H
02:00:00	Music Gone Public Tommy Emmanuel	NETA	(S)	(CC)	N/A	#110H
	The world's best acoustic guitarist (according to Guitar Player magazine, Eric Clapton, Les Paul, Steve Vai, and thousands of public television fans) brings "The Best of Tommy on public television" curated from various performances around the country.					
03:00:00	Ecosense for Living Great Smoky Mountains National Park and the Atlanta Coyote Project	NETA	(S)	(CC)	N/A	#203H
	Great Smoky Mountains National Park is the most heavily visited park in the country. The sheer volume of people generates a lot of trash and food waste that tempt the park's mascot, the black bear. Unfortunately, this can mean dangerous encounters for visitors and trauma or death to the bears. Park biologists show us how they manage bears and humans to keep both safe, including the latest in bear DNA research. Then we learn about the wily ways of coyotes in the suburbs, using hidden cameras from the Atlanta Coyote Project.					
03:30:00	Ecosense for Living Biscayne National Park and E.O. Wilson	NETA	(S)	(CC)	N/A	#204H
	Biscayne National Park, just south of Miami, is all about what lies beneath. Ninety-five percent of the park is covered in water and is best explored by snorkeling or diving. EcoSense follows a group of divers, some veterans, some disabled, on the park's Maritime Heritage Trail of 6 shipwrecks, complete with submerged historical trail markers. The trail is an opportunity for archeologists to study the human history of Florida's reef, and for visitors to experience a trail like no other in the National Park System. Pulitzer prize-winning biologist E.O. Wilson expands our horizons with his wisdom on how places like national parks can preserve the planet.					
04:00:00	Standing On Sacred Ground Fire & Ice	NETA	(S)	(CC)	DVI	#103H
	From Ethiopia to Peru, indigenous customs protect biodiversity on sacred lands under pressure from religious conflicts and climate change. In the Gamo Highlands of Ethiopia, scientists confirm the benefits of traditional stewardship even as elders witness the decline of spiritual practices that have long protected trees, meadows and mountains. Tensions with evangelical Christians over a sacred meadow erupt into a riot. In the Peruvian Andes, the Q'eros, on a pilgrimage to a revered glacier, are driven from their ritual site by intolerant Catholics. Q'eros potato farmers face a more ominous foe: global warming is melting glaciers, their water source. Andes farmers, scientists and visiting Ethiopians struggle to adapt indigenous agriculture to the changing climate.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#238
08:00:00	Zula Patrol The Things In Rings/How The Rust Was Won	APTEX	(S)	(CC)	N/A	#201H
	After the Zula Patrol warns Deliria and Cloid about their factory rejects floating in space, the villainous duo decide to dump the junk into Saturn's rings. When Wizzy and Wigg learn about the rings and the different types of natural debris that should make up the rings, they stumble upon Deliria's debris and report it to the others. This is a job for The Zula Patrol! Becoming a cowpoke, Dark Truder rustles up an evil scheme that's stripping Mars of its surface rust. He's raising rust-eating Nefarian Battle Cattle on Mars that he'll use to conquer the Universe. But hang on to your Stetsons, buckaroos; here comes the Zula Patrol ridin' to the rescue!					
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#114H
09:00:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H

Fri, May 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Anti Aging Workout  In this episode of Classical Stretch, join Miranda Esmonde-White for an all-standing full-body workout designed to keep you feeling young! This zero impact cardio workout will help you burn calories while strengthening your full body.	APTEX	(S)	(CC)	DVI	#1006H
10:00:00	Sit and Be Fit Posture  Mary Ann breaks down techniques to improve our posture and special guest Jeff Brooks gives us a balance exercise for the day.	NETA	(S)	(CC)	N/A	#1408H
10:30:00	It's Sew Easy Get Comfortable  When you arrive at your destination, relax and get comfortable. Author and sewing instructor Donna Babylon gets organized with a double-zipped lingerie bag. Sew sews a comfy travel pillow, too. Fashion designer Angela Wolf sews an easy-to-make cover up and shares a tip for serging on lace.	NETA	(S)	(CC)	DVI	#1206H
11:00:00	Knit and Crochet Now! Vested Interest  Today we are feeling funky! Deborah Norville is joined by Robyn Chachula and Kristin Nicholas who are here with two Boho inspired long vests. First up is Robyn with a crochet fringed vest, the Boho Vest, and then Kristin will go over how to knit the Ashbury Vest, featuring a garter stitch stripe and fair isle. Then we'll take a trip to the stitch corner where Ellen will show how to do the Crochet Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#703H
11:30:00	Fresh Quilting Shapes  Use shapes in new ways. Modern Quilt Guild marketing director Heather Grant discusses the modern quilt aesthetic and modern quilt designs. Blogger Rossie Hutchinson joins quilter Elizabeth Dackson to talk about improv quilt events. Instructor Rebecca Kemp Brent uses the latest cutting and quilting technology to create a confetti star quilt design.	NETA	(S)	(CC)	N/A	#102H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6215H
13:00:00	P. Allen Smith's Garden to Table The Art of Tailgating  Tailgating is a time-honored tradition but what if you can't make it out to the big game? Allen shares a few tips on how to prepare your own tailgate party in your backyard with easy and unique recipes that can be prepared in advance. He also offers advice on how to grow our own ingredients in the summer and preserve them for fall.	APTEX	(S)	(CC)	DVI	#308H
13:30:00	Cooking with Nick Stellino Nick's Favorites  Pasta with Shrimp & Zucchini; Veal Saltimbocca; Cherry Almond Rice Pudding.	APTEX	(S)	(CC)	N/A	#207H
14:00:00	Chef Paul Prudhomme: Louisiana Legend  The 30-minute special, CHEF PAUL PRUDHOMME: LOUISIANA LEGEND, celebrates the life of the restaurateur, author, entrepreneur and television personality, who passed away in October of 2015. The program features interviews with longtime colleagues, including chef Paul Miller, executive chef of K-Paul's Louisiana Kitchen in New Orleans; chef Frank Brigtsen, first night chef of K-Paul's; Marty Cosgrove of Magic Seasoning Blends; and Ella Brennan and Ti Martin of the James Beard Award-winning Commander's Palace - the restaurant where chef Paul first fused Cajun country and Creole sophistication as executive chef in the late 1970's.	APTEX	(S)	(CC)	N/A	#0H
14:30:00	Essential Pepin Economical Offal  Pork Liver Pate; Roast Sausage With Potatoes; Braised Sweetbreads In Mirepoix; Braised Tongue With Lentils.	APTEX	(S)	(CC)	DVI	#107H
15:00:00	Beads, Baubles and Jewels Trendspotting: Parachute Cord & Flowers  Using parachute cord in a whole new way, author Ashley Bunting adds beads from her stash to make a charming, colorful floral brooch. Katie rides the floral jewelry wave with pendants made with leather flowers, wire and crystals.	NETA	(S)	(CC)	N/A	#2204H
15:30:00	Make It Artsy Making A House A Home  Add artistic flair to your home. Jewelry-maker Candie Cooper makes beaded vases and luminaries. Mixed media artist Cat Kerr shows a new technique for using resin to create textured sheets. Artist Rae Missigman makes a small canvas to add an artful touch to any room. Back with another art tip is Jane Dunnewold.	NETA	(S)	(CC)	N/A	#206H

Fri, May 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ How to Be A Smart Consumer	APTEX	(S)	(CC)	DVI	#114H
	Get the most for your money. Join the Biz Kids and you'll explore smart shopping strategies. Learn how to avoid common pitfalls and traps set by savvy marketers and high-pressure salesmen. Meet some smart consumers and successful entrepreneurs.					
16:30:00	Hands On Crafts for Kids At Home	NETA	(S)	(CC)	DVI	#1707H
	Become an interior designer with crafts you create. Katie shows how to light up the night with a glittery night light. Franz helps you plan and host an art gallery opening at your house. Jenny shows how to bond with your own home as you make a house from felt. Then decorate your home with a colorful garland made from the Family Craft Box. Katie uses a favorite fabric to add a bright, fresh pintuck quilted picture to any bedroom decor.					
17:00:00	P. Allen Smith's Garden Home Upcycle Your Life	APTEX	(S)	(CC)	N/A	#1505H
	P. Allen Smith's unique and clever take on turning trash into treasure. Plus, how to get the most out of your weekly grocery budget.					
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#801H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14100H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1319H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8035
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#919H
20:00:00	Song of the Mountains Giles Mountain String Band/Kody Norris Band/Ashley Lewis	NETA	(S)	(CC)	N/A	#1114H
21:00:00	Woodsongs John Mceuen and Bill & The Belles	NETA	(S)	(CC)	N/A	#1908H
	JOHN McEUEEN brings 45+ years of worldwide performing with his banjo, fiddle, guitar, and mandolin. Often referred to as "the String Wizard," John is a founding member of the legendary Nitty Gritty Dirt Band. The band's 1972 classic 'Will the Circle Be Unbroken' album was inducted in to the Library of Congress as one of America's most important recordings. McEuen has earned Emmy nominations, Grammy Awards, CMA acclaim, The Western Heritage Award, and many other accolades. He is celebrating the release of his latest solo album 'Made in Brooklyn'. BILL AND THE BELLES has made waves in the world of roots music with striking three-part harmonies and masterful instrumentation. Based at the foothills of the Blue Ridge and the forefront of old time music, Bill and the Belles continue to further the music traditions of their region. From sentimental Southern ballads to the popular songs of Tin Pan Alley to regional fiddle breakdowns, the group's shows are a celebration of the diversity country music once represented. WoodSongs Kid: Victor Furtado is an award winning 15-year-old claw hammer banjo virtuoso from Front Royal, Virginia.					
22:00:00	Film School Shorts Crossed Stars	NETA	(S)	(CC)	N/A	#406H
	It's love at first sight in the midst of a dinosaur invasion in The Life and Death of Tommy Chaos and Stacey Danger. Together, they flee for a life of adventure and romance - only to discover that even the brightest flames don't burn forever. Directed by Michael Lukk Litwak. In Googly Eyes, Cooper Barnes stars as Gary, whose chronic earache stirs up memories of his childhood and unresolved baggage with his ex-girlfriend. Directed by Simon Savelyev. Dance across an old Victorian mansion filled with whimsical animated characters in Fool of People. Directed by Jose Rodriguez.					
22:30:00	On Story Tommy Lee Jones: Bringing The Three Burials of Melquiades Estrada to Life	NETA	(S)	(CC)	N/A	#511H
	Tommy Lee Jones, writer, director, and protagonist of The Three Burials of Melquiades Estrada, reflects on the making of the film, accompanied by some of his cast and crew. Followed by Roy Rutngamlug's short film, Formosa, TX, about a first generation Asian-American's fleeting encounter with an out-of-towner who stumbles upon his family's diner.					
23:00:00	Science Goes to the Movies Inside Out and the Science of Comedy	EPS	(S)	(CC)	N/A	#207H

Daily Program Listing II  
43.1

Date: 04/12/2017  
Fri, May 19, 2017

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<u>Start</u>	<u>Title</u> <u>Subtitle</u>	<u>Distrib</u>	<u>Stereo</u>	<u>Cap</u>	<u>AS2</u>	<u>Episode</u>
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1027H

Sat, May 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8035
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#919H
01:00:00	Song of the Mountains Giles Mountain String Band/Kody Norris Band/Ashley Lewis	NETA	(S)	(CC)	N/A	#1114H
02:00:00	Woodsongs John Mceuen and Bill & The Belles	NETA	(S)	(CC)	N/A	#1908H
	<p>JOHN McEUEEN brings 45+ years of worldwide performing with his banjo, fiddle, guitar, and mandolin. Often referred to as "the String Wizard," John is a founding member of the legendary Nitty Gritty Dirt Band. The band's 1972 classic 'Will the Circle Be Unbroken' album was inducted into the Library of Congress as one of America's most important recordings. McEuen has earned Emmy nominations, Grammy Awards, CMA acclaim, The Western Heritage Award, and many other accolades. He is celebrating the release of his latest solo album 'Made in Brooklyn'. BILL AND THE BELLES has made waves in the world of roots music with striking three-part harmonies and masterful instrumentation. Based at the foothills of the Blue Ridge and the forefront of old time music, Bill and the Belles continue to further the music traditions of their region. From sentimental Southern ballads to the popular songs of Tin Pan Alley to regional fiddle breakdowns, the group's shows are a celebration of the diversity country music once represented. WoodSongs Kid: Victor Furtado is an award winning 15-year-old claw hammer banjo virtuoso from Front Royal, Virginia.</p>					
03:00:00	Film School Shorts Crossed Stars	NETA	(S)	(CC)	N/A	#406H
	<p>It's love at first sight in the midst of a dinosaur invasion in The Life and Death of Tommy Chaos and Stacey Danger. Together, they flee for a life of adventure and romance - only to discover that even the brightest flames don't burn forever. Directed by Michael Lukk Litwak. In Googly Eyes, Cooper Barnes stars as Gary, whose chronic earache stirs up memories of his childhood and unresolved baggage with his ex-girlfriend. Directed by Simon Savelyev. Dance across an old Victorian mansion filled with whimsical animated characters in Fool of People. Directed by Jose Rodriguez.</p>					
03:30:00	On Story Tommy Lee Jones: Bringing The Three Burials of Melquiades Estrada to Life	NETA	(S)	(CC)	N/A	#511H
	<p>Tommy Lee Jones, writer, director, and protagonist of The Three Burials of Melquiades Estrada, reflects on the making of the film, accompanied by some of his cast and crew. Followed by Roy Rutngamlug's short film, Formosa, TX, about a first generation Asian-American's fleeting encounter with an out-of-towner who stumbles upon his family's diner.</p>					
04:00:00	Science Goes to the Movies Inside Out and the Science of Comedy	EPS	(S)	(CC)	N/A	#207H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1027H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#239
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Hibiscus on a Painted Mat	APTEX	(S)	(CC)	N/A	#518H
	<p>In this episode, Gary makes use of a mat and explains how you can do this. He paints a pink hibiscus amidst a beautiful fantasy of leaves and stalks. Note the complementary background of the painting that sets off the color of the hibiscus flower very nicely.</p>					
08:30:00	Painting with Wilson Bickford Soaring Eagle, Part 1	NETA	(S)	(CC)	N/A	#212H
	<p>Against a sky full of fluffy clouds, an eagle soars high above a forest canopy. In Part 1, Wilson shows how to mask out the bird, and starts the background scene.</p>					
09:00:00	Landscapes Through Time with David Dunlop Etretat - A Landscape of Inspiration Along The Normandy Coast of France	NETA	(S)	(CC)	DVI	#107H
	<p>David introduces the majestic white cliffs rising out of the sea at Etretat on the Normandy Coast and their role in the inventive periods of French painting from the romanticism of Delacroix, the realism of Courbet to the Impressionism of the late 1860's through the 1880's. They all respond to Etretat's iconic arches over the sea. He compares the styles and visions of Etretat's artists and reveals the keys to their paintings.</p>					
09:30:00	Classical Stretch: The Esmonde Technique Power Up Your Legs	APTEX	(S)	(CC)	DVI	#1007H
	<p>In this episode of Classical Stretch, join Miranda Esmonde-White on the white sandy beaches of Jamaica. This all-barre workout focuses on strengthening your legs and will make you feel lighter in just 30 minutes!</p>					

Sat, May 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Breathing Mary Ann offers several techniques to develop healthy breathing habits.	NETA	(S)	(CC)	N/A	#1409H
10:30:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 2	ACCES	(S)	(CC)	N/A	#302H
11:00:00	Delicious TV's Vegan Mashup Fast Food Magic You'll never have to say, but I don't have time to cook vegan again. Toni Fiore is making a classic Italian dish Pasta with Chickpeas and Tomatoes. Terry Hope Romero is making Coconut Bacon you can top anything including her Kale Tomato Salad. Raw food artist Elizabeth Fraser is shares her No-bake Apple Crisp. And Victor Robinson and his daughter are making Gazpacho with veggies plucked from there garden.	NETA	(S)	(CC)	DVI	#302H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Examining The Yucatan's Abundant Natural Resources The salt marshes of Celestun and a seaside octopus farm are unlikely places for a chef to get inspired. But Chef Roberto Solis' approach to food has always been a little different - just see the menu of his revered restaurant Nectar in Merida, which continues to charm and dazzle. In Nectar's kitchen, Roberto shows Rick how to make three of his restaurant's favorite dishes: cebollas negras, poc chuc de pulpo and deeply satisfying crispy, seared pork belly with grilled pineapple and tomatillo. At home, Rick prepares tostadas of charred octopus and escabeche, plus a succulent slow cooker red chile pork belly with braised kale. To finish it off, Rick makes manjar blanco, a traditional Yucatecan coconut dessert.	APTEX	(S)	(CC)	N/A	#1113H
12:00:00	Lidia's Kitchen Cooking with Wine Italians love to drink wine with their meals and cook with it as well. In this episode, Lidia shares a meal where wine plays a part of each delicious dish: sausage crostini: a toasted piece of bread topped with sweet Italian sausage and topped with taleggio cheese; linguine with white clam sauce: a simple white wine clam sauce served with linguine pasta; braised beef rolls: stuffed beef rolls oozing with the flavors of prosciutto, provolone and golden raisins served in a red wine tomato sauce.	APTEX	(S)	(CC)	N/A	#406H
12:30:00	Moveable Feast with Fine Cooking America's Fruit Basket On this episode of Moveable Feast with Fine Cooking, Pete Evans is in central California, America's fruit basket, about to throw a multi-cultural meal for a party of 30. Joining Pete are chefs David Lentz and Anthony Lamas. The morning starts off with a relaxing fishing trip on bass lake. It is tough to get the guys to leave the lake but there are a lot of hungry people waiting for dinner!! Next stop is a local orchard to pick up some juicy peaches and nectarines for a stone-fruit salsa to accompany the pork tenderloin and some California raisins for an updated version of a raisin/carrot salad. The rainbow trout is grilled to perfection with charred dandelion greens and we're serving it all al fresco in Fresno.	APTEX	(S)	(CC)	N/A	#210H
13:00:00	Expeditions with Patrick Mcmillan Catalina Island - A Natural History Fairytale Catalina Island sits in the middle of one of the world's great biodiversity hotspots. It has all the challenges that any island faces but rather than dwindling, life here is thriving. Join Patrick as he explores this magical island and the unique life that has developed and finds a safe harbor here on Catalina.	APTEX	(S)	(CC)	N/A	#301H
13:30:00	Weekends with Yankee The Coast From Connecticut's soft sandy beaches to Maine's rugged granite shores, our Atlantic coastline is a place of beauty and wonder, lapping along five of the six New England states and drawing visitors from around the world. This week, we start in Ogunquit, Maine, named by Yankee magazine as the best beach town in New England. Next, we travel north to a rocky cove near Acadia National Park, where we create an authentic Maine clambake (right down to the Red Snapper hot dogs). And then it's back to New England basics with a lesson in traditional boatbuilding in Newport, Rhode Island.	APTEX	(S)	(CC)	N/A	#101H
14:00:00	Rick Steves' Europe Berlin A tumultuous 20th century left Berlin filled with powerful sights - from evocative memorials, to surviving bits of its communist and fascist days, to its glass-domed Reichstag. We enjoy its now-trendy east side, its people-friendly riverfront, and its vibrant social scene. Reunited Berlin - perhaps the fastest changing and most happening city in Europe - is entertaining more visitors than ever.	APTEX	(S)	(CC)	N/A	#812H
14:30:00	Born to Explore with Richard Wiese Chile: Flowering of the Llamas Richard Wiese travels to the driest place on earth, Chile's Atacama Desert. He explores the Valley of the Moons on horseback and meets the Atacamenos, a people who have survived in this harsh environment for hundreds of years. In a tiny oasis community, Richard joins a family in a sacred thanksgiving ceremony called the "Floramiento" or flowering of the llamas, where these beasts of burden are adorned with flowers.	APTEX	(S)	(CC)	N/A	#110H

Sat, May 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Garden Smart Container gardening is more popular every year. It's a great way to get that "pop" of color in just the right spot. It can be helpful to get another person's perspective on container design. GardenSMART visits with an expert who shows us how to design and plant containers. Be sure to tune in.	NETA	(S)	(CC)	N/A	#4607H
15:30:00	Chefs A' Field Sustainable Hawaii Not Just Beaches and Volcanoes, Hawaii Grows Secret Ingredients to Delight the Palate. Chef Alan Wong: Alan Wong's Restaurants - Honolulu and Tokyo On the Big Island of Hawaii, top chef Alan Wong visits Richard Ha, whose Hamakua Springs Country Farms grows beautiful, award-winning produce in the shadow of Mauna Kea. Then it's on to the links-to fish in golf course ponds! In the kitchen, Chef Wong explains how waves of immigration have influenced his unique take on Hawaiian cuisine. Recipes: Hawaiian Shrimp & Clam Paella with Island Spices & Veggies; Sauteed Moi & Heirloom Tomato Salad.	APTEX	(S)	(CC)	N/A	#209H
16:00:00	Maria Hinojosa: One-On-One John Francis In this episode of One-on-One, Maria Hinojosa talks with John Francis, the founder of the nonprofit organization Planetwalk. Dedicated to raising environmental consciousness, he stopped using motorized transportation, and for 22 years walked over 20,000 miles throughout the United States and Latin America. Francis also stopped speaking for 17 years (1973-1990) to demonstrate the importance and power of listening over arguing. Today he serves as a goodwill ambassador for the United Nations Environment Program and writes pollution regulations for the Coast Guard.	APTEX	(S)	(CC)	N/A	#416Z
16:30:00	Overheard with Evan Smith Jeff Nichols, Director Jeff Nichols is a writer and director whose past works include internationally acclaimed Shotgun Stories, Take Shelter, Mud and Midnight Special. His latest film Loving tells the story of the landmark US civil rights case, Loving v. Virginia.	NETA	(S)	(CC)	N/A	#717H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Bicycle Maker Oh, the freedom of two wheels! Host Eric Gorges discovers how master bicycle maker, Stephen Bilenky, brazes bikes and has made a living for over 30 years doing exactly what he loves.	APTEX	(S)	(CC)	N/A	#212H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3519H
18:30:00	The Open Mind Intelligence of Imagination Guest: Hesh Kestin. Author Hesh Kestin talks about U.S.-Israel relations and his conversion from foreign correspondent to novelist.	NETA		(CC)	N/A	#3740H
19:00:00	Closer to Truth Huston Smith: Tribute to a Religious Visionary Huston Smith, world religion scholar and seeker of the Divine in diverse religions, died on December 30, 2016. We had the privilege of discussing God, spirit, soul, eternal life, judgment, existence.	EPS	(S)	(CC)	N/A	#1707H
19:30:00	American Forum President's First Year: Part 9: Does The Media Matter? SPECIAL SERIES Trump's First Year: Is the mainstream media obsolete? Wall Street Journal's JERRY SEIB on Trump's "tweets," D.C., and "fake news."	NETA	(S)	(CC)	N/A	#229H
20:00:00	Infinity Hall Live Robben Ford Grammy winning guitar virtuoso Robben Ford brings his signature style of blues and stunning guitar licks to Infinity Hall. Playing songs from his new album Into The Sun as well as other Ford favorites from his extensive catalogue of blues and rock, it's easy for audiences to see why this master of the six string became a go to musician for the likes of Miles Davis, Joni Mitchell, George Harrison and other legends. In this dynamic performance fans have a unique opportunity to experience the depths of Ford's vision which equally incorporates his jazz, pop and rock chops. Robben Ford is confident and relaxed not only in his style of playing but with the progression of his musical journey in this lifetime. Hear how this self-taught, spirited musician continues to hone in his craft and find inspiration with each new project.	APTEX	(S)	(CC)	N/A	#407H

## Daily Program Listing II

43.1

Date: 04/12/2017

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Sat, May 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center Cma Songwriters Series: Ronnie Dunn	APTEX	(S)	(CC)	N/A	#603H
	Best known as one half of the legendary Grammy and CMA Award-winning duo Brooks & Dunn, Ronnie Dunn brings out renowned songwriters Tony Martin, Wendall Mobley, Neil Thrasher and Craig Wisemen for a one-of-a-kind taping of the CMA Songwriters Series at the Marathon Music Works in Nashville. Dunn performs some of his best-loved No. 1 hits in front of a sold-out crowd, as well as songs from his third solo album Ain't No Trucks In Texas, including the lead single and title track. The country icon also brings out CMA Award-winning artist Brett Eldredge to share the stage for the first time ever. Eldredge, who has cited Dunn as one of his longtime musical influences, duets with Dunn on "Believe," co-written with Wisemen for Brooks & Dunn's 2005 platinum album Hillbilly Deluxe, and Eldredge's "One Mississippi."					
22:00:00	Globe Trekker Road Trip: Patagonia	APTEX	(S)	(CC)	N/A	#1607H
	Zay Harding takes a journey along Ruta 40 by climbing Volcan Lanin, the highest peak in the area. Traveling down the Seven Lakes Drive, he passes through the Lake District in San Carlos de Bariloche, heads next to the former hippie colony of El Bolson, boards the La Trochita steam train, searches for Butch Cassidy's hideout in Chollila and drives on to Trevelin, a town founded by Welsh immigrants that maintains that culture. Zay then makes the long trek to Cueva de las Manos to admire its incredible rock art, reaches El Chalten for the spectacular view of Mount Fitz Roy before the final leg that takes him to the Cabo Virgenes lighthouse, the last stop on Ruta 40.					
23:00:00	Arts In Context People's Choice	NETA		(CC)	N/A	#605H
	After creating Red vs. Blue, the longest running webseries in the world, Rooster Teeth is ready to tackle their first feature-length film, Lazer Team. Engaging with their now-vast community has always been a priority for this dedicated team of creators, and that paid major dividends while crowdfunding for Lazer Team - to the tune of nearly \$2.5 million. With the support of their loving fanbase, Rooster Teeth is poised to debut on the big screen in a big way.					
23:30:00	Articulate with Jim Cotter The Ghetto Potter	APTEX	(S)	(CC)	N/A	#103H
	The ceramics of Roberto Lugo pay homage to their classical past but are firmly rooted in the realities of his inner city upbringing. Changing Minds About Climate Change - Two artists are helping to reinvigorate the conversation about climate change by presenting its truths more... artfully. Gerald Busby's Lust for Life - Composer Gerald Busby could not have guessed that after surviving heartbreak, HIV and drug addiction, he would experience an artistic rebirth in his twilight years.					



Sun, May 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Huston Smith: Tribute to a Religious Visionary Huston Smith, world religion scholar and seeker of the Divine in diverse religions, died on December 30, 2016. We had the privilege of discussing God, spirit, soul, eternal life, judgment, existence.	EPS	(S)	(CC)	N/A	#1707H
00:30:00	American Forum President's First Year: Part 9: Does The Media Matter? SPECIAL SERIES Trump's First Year: Is the mainstream media obsolete? Wall Street Journal's JERRY SEIB on Trump's "tweets," D.C., and "fake news."	NETA	(S)	(CC)	N/A	#229H
01:00:00	Infinity Hall Live Robben Ford Grammy winning guitar virtuoso Robben Ford brings his signature style of blues and stunning guitar licks to Infinity Hall. Playing songs from his new album Into The Sun as well as other Ford favorites from his extensive catalogue of blues and rock, it's easy for audiences to see why this master of the six string became a go to musician for the likes of Miles Davis, Joni Mitchell, George Harrison and other legends. In this dynamic performance fans have a unique opportunity to experience the depths of Ford's vision which equally incorporates his jazz, pop and rock chops. Robben Ford is confident and relaxed not only in his style of playing but with the progression of his musical journey in this lifetime. Hear how this self-taught, spirited musician continues to hone in his craft and find inspiration with each new project.	APTEX	(S)	(CC)	N/A	#407H
02:00:00	Front and Center Cma Songwriters Series: Ronnie Dunn Best known as one half of the legendary Grammy and CMA Award-winning duo Brooks & Dunn, Ronnie Dunn brings out renowned songwriters Tony Martin, Wendall Mobley, Neil Thrasher and Craig Wisemen for a one-of-a-kind taping of the CMA Songwriters Series at the Marathon Music Works in Nashville. Dunn performs some of his best-loved No. 1 hits in front of a sold-out crowd, as well as songs from his third solo album Ain't No Trucks In Texas, including the lead single and title track. The country icon also brings out CMA Award-winning artist Brett Eldredge to share the stage for the first time ever. Eldredge, who has cited Dunn as one of his longtime musical influences, duets with Dunn on "Believe," co-written with Wisemen for Brooks & Dunn's 2005 platinum album Hillbilly Deluxe, and Eldredge's "One Mississippi."	APTEX	(S)	(CC)	N/A	#603H
03:00:00	Globe Trekker Road Trip: Patagonia Zay Harding takes a journey along Ruta 40 by climbing Volcan Lanin, the highest peak in the area. Traveling down the Seven Lakes Drive, he passes through the Lake District in San Carlos de Bariloche, heads next to the former hippie colony of El Bolson, boards the La Trochita steam train, searches for Butch Cassidy's hideout in Cholila and drives on to Trevelin, a town founded by Welsh immigrants that maintains that culture. Zay then makes the long trek to Cueva de las Manos to admire its incredible rock art, reaches El Chalten for the spectacular view of Mount Fitz Roy before the final leg that takes him to the Cabo Virgenes lighthouse, the last stop on Ruta 40.	APTEX	(S)	(CC)	N/A	#1607H
04:00:00	Arts In Context People's Choice After creating Red vs. Blue, the longest running webseries in the world, Rooster Teeth is ready to tackle their first feature-length film, Lazer Team. Engaging with their now-vast community has always been a priority for this dedicated team of creators, and that paid major dividends while crowdfunding for Lazer Team - to the tune of nearly \$2.5 million. With the support of their loving fanbase, Rooster Teeth is poised to debut on the big screen in a big way.	NETA		(CC)	N/A	#605H
04:30:00	Articulate with Jim Cotter The Ghetto Potter The ceramics of Roberto Lugo pay homage to their classical past but are firmly rooted in the realities of his inner city upbringing. Changing Minds About Climate Change - Two artists are helping to reinvigorate the conversation about climate change by presenting its truths more... artfully. Gerald Busby's Lust for Life - Composer Gerald Busby could not have guessed that after surviving heartbreak, HIV and drug addiction, he would experience an artistic rebirth in his twilight years.	APTEX	(S)	(CC)	N/A	#103H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#240
08:00:00	Painting and Travel with Roger & Sarah Bansemer The Fly Fisherman, Part 1 In the first of this two part program, Sarah joins an expert fly fisherman by the Davidson River in North Carolina where he demonstrates the art of catching trout using different methods of casting. Roger uses oils to begin a large painting of a mountain stream with a fisherman.	NETA	(S)	(CC)	N/A	#906H
08:30:00	Painting with Paulson Gold Hill Part III	NETA	(S)	(CC)	N/A	#1613H

Sun, May 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Florida Keys Sunset  Art Lesson: Broken Color Painting. Learn about the classic technique of broken color. Refined by impressionists such as Monet, this technique has been used for years to capture the actual sensation of the light. The painter does not blend any of these brushstrokes. Instead, the viewer is allowed to "visually mix" these brushstrokes to view a whole image. Each brushstroke is allowed to remain separate. The length of the brushstrokes may vary. Brushes are frequently cleaned to allow a clean color with thick paint. The effect of keeping colors separate can create a sense of colors vibrating against each other for a shimmering effect.	APTEX		(CC)	N/A	#601H
09:30:00	Classical Stretch: The Esmonde Technique Triceps and Arms  In this episode of Classical Stretch, join Miranda Esmonde-White in a charming park overlooking the ocean in Jamaica! This allstanding workout is intended to strengthen and slenderize your arms!	APTEX	(S)	(CC)	DVI	#1008H
10:00:00	Sit and Be Fit Back Health  Mary Ann introduces new exercises to gently loosen the thoracic spine with subtle shoulder and back movements.	NETA	(S)	(CC)	N/A	#1410H
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#230
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#307H
11:30:00	New Orleans Cooking with Kevin Belton Irish New Orleans  Irish stew, Creole cottage pie, Irish channel soda bread.	APTEX	(S)	(CC)	N/A	#125H
12:00:00	Ciao Italia The Art of the Artichoke/L'arte Del Carciofo  Frozen in the freezer or fresh from the garden, Mary Ann elevates artichokes to a new art form, when she goes nella cucina, to the kitchen, to create a quick and elegant, puff-pastry Artichoke Tart. And then turns ordinary risotto into a rhapsodic Risotto with Artichokes.	NETA	(S)	(CC)	N/A	#2404H
12:30:00	Mike Colameco's Real Food Il Buco  In 1994 Donna Leonard opened the original il Buco out back of an antique furniture store on Bond Street steps off the Bowery. Self taught with no experience the place was an instant neighborhood hit. A few years back she expanded with il Buco Alimentari a block north on Great Jones St., which earned 3 stars from the NY Times, both of the places are total stand outs.	NETA	(S)	(CC)	N/A	#1409H
13:00:00	Bare Feet with Mickela Mallozzi Where Asia Meets Europe (Turkey)  Turkey is a country that crosses two continents, full of rich dance and music, from the bustling city of Istanbul to the fairy caves in Cappadocia. Mickela's magical journey through Turkey connects her with the locals through the universal language of dance.	APTEX	(S)	(CC)	DVI	#113H
13:30:00	Travel Detective with Peter Greenberg Decline & Fall of Air Service to U.S. Cities  "Can you get there from here?" That's the question more and more Americans are asking. CBS News Travel Editor Peter Greenberg discusses the decline in air service across the United States, and provides some sobering numbers. Plus, when you think of Spain, the obvious destinations come to mind, like Madrid and Barcelona. We take you beyond the brochures and show you the hidden gems of this European country. And, what happens when you buy a nonrefundable ticket for you and your girlfriend, and then your girlfriend breaks up with you! Hear about one man's ingenious solution.	NETA	(S)	(CC)	DVI	#304H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#307H
14:30:00	Burt Wolf: Travels & Traditions Cruising The Baltic  Burt takes a look at the history of cruising and how it has changed and how much of it has remained the same during the past 200 years. The first luxury cruise ship was based in Italy, and was only available to the rich and famous. It offered excellent food, gambling, magnificent parties and guided tours. Burt's cruise starts in Portsmouth, England and visit Belgium (Zeebrugge), Denmark (Copenhagen) , Germany (Berlin), Russia (St. Petersburg), Estonia (Tallinn) and Sweden (Stockholm).	APTEX	(S)	(CC)	N/A	#1604H

Sun, May 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Intarsia Flying Eagle Scroll Saw Folk Art with Scorched Wood Accents.	NETA	(S)	(CC)	N/A	#2406H
15:30:00	Rough Cut - Woodworking with Tommy Mac Dog House with Al D'attanasio This week on Rough Cut Woodworking with Tommy Mac, Tommy is inspired to build a dog house by visiting with the Plymouth County Sheriff's Department K-9 unit. After going on the road, he and Al return to the shop to build a dog house fit for any dog, large or small. Even big enough for Tommy's own dog, Murphy.	APTEX	(S)	(CC)	N/A	#612H
16:00:00	Happy Yoga with Sarah Starr Golden Sunset Bask in the golden light of sunset with a rejuvenating modified yoga practice using a chair for balance and support. Includes seated and standing postures focusing on opening the hips and elongating the spine, while increasing circulation.	NETA	(S)	(CC)	N/A	#302H
16:30:00	Second Opinion Lead Poisoning Even small amounts of lead can cause serious health problems-particularly in young children. While the national media focuses on Flint, Michigan, patient Yvette Reynolds shares her personal story, taking viewers behind the headlines of what some have called a national epidemic.	APTEX	(S)	(CC)	N/A	#1308H
17:00:00	Feel Grand with Jane Seymour Sex Re-Education Is growing old the end of sex? It shouldn't be. And in so many ways it's a chance for us to go back to the classroom in order to really understand the importance and health benefits of intimacy as we age. Add menopause to the mix and--especially for women--growing older is a time to go back to the drawing board for some sex education all over again.	APTEX	(S)	(CC)	N/A	#112H
17:30:00	Well Read Hari Kunzru / White Tears Hari Kunzru is one of the most talented fiction writers at work today. He comes to Well Read with his new book White Tears about two ambitious young musicians drawn into the dark underworld of blues record collecting, haunted by the ghosts of a repressive past.	APTEX	(S)	(CC)	N/A	#624H
18:00:00	California's Gold Flying Fish Catalina has been famous for many things over the years, Glass BottomBoats, Buffalo and the Casino to name a few. But one of the strangest and most popular attractions has been the Flying Fish Boat Trip which has been transporting visitors on nighttime journeys to watch Catalina's flying fish since the turn of the century. In 1924 William Wrigley decided to build a boat just for Flying Fish Tours. The Blanche W. is a 64-foot long open-deck wooden boat named after Wrigley's granddaughter Blanche. The boat is still outfitted with its original pew-style mahogany benches, which seats 98 passengers. The boat cruises the islands coastline at night, attracting flying fish with two 40-million candle-power W.W.I spotlights. The spectacle of the fish leaping out of the water has been compared to giant silver dragonflies soaring over the ocean. Huell travels back to Catalina for a very special 75th anniversary cruise. William Wrigleys granddaughter Blanche (for whom the boat was named) comes back to the island and shares some wonderful stories with Huell. We'll even take a close up look at a flying fish and enjoy a wonderful night on the sea.	KCET		(CC)	N/A	#1009
18:30:00	Curious Traveler Curious Oslo Why are you encouraged to walk on the rooftop of the Oslo Opera House? Why did Vikings live here, and why are their ships shaped like that? Why was the Oslo National Theatre built, and what's that secret staircase? What is the troll legend, and why did it happen here?	APTEX	(S)	(CC)	N/A	#208H
19:00:00	Beyond Geek The Force Is Strong Brittini wields the ultimate sci-fi weapon in light saber combat.	EPS	(S)	(CC)	N/A	#203H
19:30:00	The Kamla Show Special Guglielmo Winery Kamla talks to Gene Guglielmo about the wines of Santa Clara Valley (Silicon Valley) , one of the oldest wine growing regions of California, about the wines from his family vineyard. Guglielmo shares how his grandfather came from Piedmont in Italy to the San Francisco Bay area. After working in San Francisco, his grandfather bought a vineyard and started making wines. Today, Guglielmo Winery is the oldest continuously family owned and operated winery in Santa Clara Valley.	KAMLA	(S)	(CC)	N/A	#120H

Sun, May 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Black America Misty Copeland, Principal Dancer, American Ballet	EPS	(S)	(CC)	N/A	#115H
	In this episode, the Black America team went outside of CUNY TV Studios into The American Ballet Theatre to sit down with Principal Dancer, Misty Copeland to discuss little brown girls in black America. Misty discusses her recent conversation with President Obama on body image and how her perseverance in dance led her to the journey in making history by becoming ABT's first female principal dancer on June 30, 2015. In her conversation with Carol Jenkins, Misty discusses her endorsements with Seiko, Under Armour and her involvement in creating her Barbie doll that releases this May.					
20:30:00	Black America Black America and the Political Process with Bob Herbert	EPS	(S)	(CC)	N/A	#116H
	Carol Jenkins sits down with Bob Herbert, Distinguished Senior Fellow at Demos and host of Bob Herbert's OP-ED.TV on CUNY TV and discusses the current election, his thoughts on the Obama election and administration, the draw of African American Women toward Hillary Clinton and his work as an author and columnist.					
21:00:00	National Geographic Bee	WMPT	(S)	(CC)	N/A	#2017H
	The annual National Geographic Bee returns for the 29 th consecutive year, with journalist and humorist Mo Rocca serving as host and moderator. The 2017 National Geographic Bee will feature fourth to eighth-graders vying for the Bee crown and the top prize of a \$50,000 college scholarship and lifetime membership in the National Geographic Society. The finalists, all winners of their state-level geographic bees, have triumphed over a field of nearly 4 million students to earn a place in the national championships. They represent the 50 states, District of Columbia, Atlantic Territories, Pacific Territories and Department of Defense Dependents Schools.					
22:00:00	Of Race and Reconciliation	NETA	(S)	(CC)	N/A	#0H
	Of Race and Reconciliation chronicles the Chinese experience in America around the year 1885. That was the year the Chinese residents of Tacoma were forcefully expelled from the city against the backdrop of increasingly alarming and even violent tensions between American citizens caught in an economic downturn and Chinese immigrants seeking opportunity in "Gum San," or the Land of the Golden Mountains they had heard about in America. Of Race and Reconciliation producer Forrest Burger traveled through six states to take an unflinching look at this period in time, but also document how the tensions between American citizens and immigrant populations provide relevant lessons in today's political climate, and in Tacoma's case, how far efforts toward reconciliation have come.					
23:00:00	Fly Boys: Western Pennsylvania's Tuskegee Airmen	APTEX	(S)	(CC)	N/A	#0
	FLY BOYS: WESTERN PENNSYLVANIA'S TUSKEGEE AIRMEN tells the story of struggle and the ultimate triumph of the brave African-American soldiers who served their country during World War II. The film chronicles the "Tuskegee Airmen" program, a controversial military initiative designed to measure African-Americans' competence for flying the engines of war. This fascinating documentary features the stories of the more than 40 aviators from western Pennsylvania, including the pilots, navigators and bombardiers who flew fighter and bomber planes during the war, as well as the maintenance and support staff, instructors and personnel who kept the planes in the air.					

Mon, May 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
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03:00:00	Of Race and Reconciliation Of Race and Reconciliation chronicles the Chinese experience in America around the year 1885. That was the year the Chinese residents of Tacoma were forcefully expelled from the city against the backdrop of increasingly alarming and even violent tensions between American citizens caught in an economic downturn and Chinese immigrants seeking opportunity in "Gum San," or the Land of the Golden Mountains they had heard about in America. Of Race and Reconciliation producer Forrest Burger traveled through six states to take an unflinching look at this period in time, but also document how the tensions between American citizens and immigrant populations provide relevant lessons in today's political climate, and in Tacoma's case, how far efforts toward reconciliation have come.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Fly Boys: Western Pennsylvania's Tuskegee Airmen FLY BOYS: WESTERN PENNSYLVANIA'S TUSKEGEE AIRMEN tells the story of struggle and the ultimate triumph of the brave African-American soldiers who served their country during World War II. The film chronicles the "Tuskegee Airmen" program, a controversial military initiative designed to measure African-Americans' competence for flying the engines of war. This fascinating documentary features the stories of the more than 40 aviators from western Pennsylvania, including the pilots, navigators and bombardiers who flew fighter and bomber planes during the war, as well as the maintenance and support staff, instructors and personnel who kept the planes in the air.	APTEX	(S)	(CC)	N/A	#0
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#241
08:00:00	Zula Patrol Ice Station Zula/Ice Truder Multo receives a distress call from his good friend, Professor Precipito, who lives in a sub-arctic region of Zula performing all kinds of precipitation experiments. Someone is stealing her experiments! The Zula Patrol rushes to the scene to help and they soon discover that the thief is none other than the legendary Abominable Snow-Gleep! Did I mention he's not very easy to catch? When Wizzy and Zeeter make a small ice sculpture, they discover they are standing on a glacier and learn all about it. But then Dark Truder steals the glacier for his newly redecorated headquarters - intent on carving it into a giant ice sculpture of himself. The Zula Patrol must intervene before the glacier melts - endangering its tiny ice worm inhabitants!	APTEX	(S)	(CC)	N/A	#202H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#115H

Mon, May 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
09:30:00	Classical Stretch: The Esmonde Technique Stress Release Workout  In this episode of Classical Stretch, join Miranda Esmonde-White in Jamaica. Miranda will take you through an all-floor stress relief workout. This gentle workout is sure to release tensions in your body.	APTEX	(S)	(CC)	DVI	#1009H
10:00:00	Sit and Be Fit Functional Fitness  This episode includes exercises that promote healthy living and being able to perform daily activities with ease and without injury. Registered dietitian, Janell Buchkoski, challenges viewers with a weight management tip of the day.	NETA	(S)	(CC)	N/A	#1411H
10:30:00	It's Sew Easy Dress for the Weather - Layering  Be prepared for all kinds of weather. Joanne Banko, blogger and sewing educator, redesigns a simple pashmina to create a fashionable jacket. Couture designer Angela Wolf makes a lightweight fleece jacket that packs easily, then she shows how to serge a narrow rolled hem on a scarf.	NETA	(S)	(CC)	DVI	#1207H
11:00:00	Knit and Crochet Now! Mosaic Stitch Scarves  Everybody loves scarves and this week Host Deborah Norville joins Lena Skvagerson who will show you how to knit the Slip That Stich Scarf and magically make two colors appear in the same row without carrying the yarn. Ellen will show us her interpretation of a crochet mosaic scarf with the Nascha Crochet Scarf and then back to Lena in the stitch corner with her very own Knit Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#704H
11:30:00	Fresh Quilting Curves and Strips  Curved or straight, pieces define the design. Modern quilter Jen Carlton-Bailly uses templates to create contemporary curves. Fiber artist Shelly Gilliland joins Heather Grant with ideas for a quilting Service Day. Textile artist Chawne Kimber's colorful designs emerge as she pieces and sews a log cabin design with very small strips.	NETA	(S)	(CC)	N/A	#103H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6216H
13:00:00	America's Test Kitchen from Cook's Illustrated Refreshing Desserts  Host Bridget Lancaster goes into the test kitchen with test cook Dan Souza to learn how to make the best ginger frozen yogurt at home. Then, equipment expert Adam Ried reviews digital scales in the equip-ment corner. Next, gadget guru Lisa McManus uncovers the best personal blenders. Finally, test cook Tim Chin shows host Julia Collin Davison how to make perfect lemon posset with berries.	APTEX	(S)	(CC)	N/A	#1713H
13:30:00	Pati's Mexican Table American Classics, My Way  Pati takes a few classic American meals and gives them an exotic, yet homey, Mexican twist. Plus, take a look as Pati helps make, and then devours, one of Mexico's famed hot dogs at Richard's in Morelia. Recipe 1: Mac 'N Cheese Mexicano; Recipe 2: Chipotle Agave Chicken Wings; Recipe 3: Extreme Brownies with Caramelized Pecans.	APTEX	(S)	(CC)	N/A	#306H
14:00:00	Primal Grill with Steven Raichlen Out of Africa  Africa. Where mankind, grilling, and civilization began. Today, we take you to this mysterious, multi-cultural continent, where complex flavors and grilling techniques show just how far we've evolved since a human ancestor called Homo erectus became the first animal to cook his dinner. For starters, a South African specialty-incendiary peri-peri chicken wings. Then a Cape Malay twist on shish kebab--sosaties-pork and lamb skewers perfumed with red wine, dried fruit, and curry. From Nairobi, our grand finale: Kenyan spit-roasted lamb with sweet sour mint glaze-a reminder of the once-long reach of the British Empire. Peri Peri Wings; Sosaties; Kenyan Spit-Roasted Lamb.	APTEX	(S)	(CC)	N/A	#310H
14:30:00	Steven Raichlen's Project Smoke Rise and Smoke: Breakfast Hits The Smoker  Wake up and smell the coffee? We'd rather smell the wood smoke. The truth is, some of the world's best breakfast dishes-from bacon to hash-depend on the irresistible flavor of wood smoke. Today, we give you a reason-to-get-up: Project Smoke breakfast, complete with a smoky mile-high pancake, candied bacon, pastrami hash, and a beer can breakfast burger sandwich. Mile-high pancake; Candied bacon; Beer can breakfast burgers; Pork pastrami hash.	APTEX	(S)	(CC)	N/A	#208H

Mon, May 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Raid Your Craft Closet	NETA	(S)	(CC)	N/A	#2205H
	With tools from her craft closet, author and designer Eva Sherman shares clever ways to emboss metal to add new interest and detail. A well-equipped workspace lets you focus on creativity. Katie shows how to set up your workspace for maximum efficiency and fun.					
15:30:00	Make It Artsy Books	NETA	(S)	(CC)	N/A	#207H
	Nourish your mind with a good book. Artist and writer Andrew Thornton sculpts a beautiful book cover. Julie Fei-Fan Balzer creates a whole book out of a single piece of paper. Tool expert Joe Rotella binds books inspired by ancient techniques from the Far East. Jane Dunnewold shares another artsy idea.					
16:00:00	Biz Kid\$ Using Your Credit-Crazy Or Compelling?	APTEX	(S)	(CC)	DVI	#115H
	Don't live on borrowed time. Join the Biz Kids and you'll see the true cost of purchasing with credit. You'll also have an unsettling look at credit scores and the increasing number of people and places (employers, insurers, colleges, etc.) who are using these scores to make major decisions that could affect your future. Meet entrepreneurs who have successfully navigated credit pitfalls.					
16:30:00	Hands On Crafts for Kids Outside and In	NETA	(S)	(CC)	DVI	#1708H
	Let's step outside and find inspiration for more projects. Store toys or hang a plant in a pail in the brightly-colored macrame hanger Katie shows how to make. Create an illustrated map of your own backyard - Franz gives you some great ideas. Jenny helps you become forest royalty in a woodland crown made of felt and found objects. Then, Katie cheerfully decorates a lightening bug jar to study some nighttime friends. Gather moss and use the Family Craft Box to create a house for friendly fairies.					
17:00:00	P. Allen Smith's Garden Home It's Tulip Time	APTEX	(S)	(CC)	N/A	#1506H
	P. Allen Smith gets down and Dutch at the annual Tulip Time Festival in scenic Holland, Michigan.					
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#802H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14101H
18:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#208H
	Ernabel Demillo hosts from the Jacques Marchais Museum of Tibetan Art in Staten Island. Topics include: Immigrant housing in Chinatown; Asian-American Mental Health and Depression, CUNY Asian American Film Festival; Geena Rocero, founder of Gender Proud. Reporters: Minnie Roh, Kyung Yoon, and Andrew Falzon.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8036
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3519H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#401H
	Season four of Music City Roots premieres with an Americana Festival showcase special, featuring blues star Shemekia Copeland, Canadian mod duo Whitehorse and alt-country icons The Mavericks.					
21:00:00	Live from the Dennison Lodge Ray Bonneville	NETA	(S)	(CC)	N/A	#110H
	Canadian Ray Bonneville is a blues-influenced, song and groove man who is strongly influenced by New Orleans.					
22:00:00	My Voice: One Man's Journey to Overcome The Silence of Autism	NETA	(S)	(CC)	N/A	#0H
	A young autistic man fights to help others who, like him, were born without the ability to communicate. Watch the inspiring true story of Matt Hayes as he navigates life and finds his place in the world as a defender of human rights for non-communicative autistic people.					
23:00:00	Return to Normandy	NETA	(S)	(CC)	N/A	#0H
	Twenty-two World War II veterans are invited on a trip to attend the 70th anniversary celebration of the invasion of D-Day in Normandy, France. Many of the veterans have reservations about attending and some are excited to set foot on the sands they fought on decades ago. No veteran was expecting the hero's welcome that they would receive during their ten day visit that, in the end, would change their lives.					

Daily Program Listing II  
43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Mon, May 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Rasi Dari Tari / The Soul of Dance: Contemporary Dance In Indonesia	NETA	(S)	(CC)	N/A	#0H

Rasa Dari Tari / The Soul of Dance is an introduction to the vibrant diversity of contemporary dance in Indonesia. Rooted both in tradition and the idioms of modern movement this half hour documentary introduces audiences to work ranging from site-specific solos to multi-media musical theater. The documentary includes excerpts from six works.



Tue, May 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8036
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3519H
01:00:00	Music City Roots Live from the Factory Season four of Music City Roots premieres with an Americana Festival showcase special, featuring blues star Shemekia Copeland, Canadian mod duo Whitehorse and alt-country icons The Mavericks.	APTEX	(S)	(CC)	N/A	#401H
02:00:00	Live from the Dennison Lodge Ray Bonneville Canadian Ray Bonneville is a blues-influenced, song and groove man who is strongly influenced by New Orleans.	NETA	(S)	(CC)	N/A	#110H
03:00:00	My Voice: One Man's Journey to Overcome The Silence of Autism A young autistic man fights to help others who, like him, were born without the ability to communicate. Watch the inspiring true story of Matt Hayes as he navigates life and finds his place in the world as a defender of human rights for non-communicative autistic people.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Return to Normandy Twenty-two World War II veterans are invited on a trip to attend the 70th anniversary celebration of the invasion of D-Day in Normandy, France. Many of the veterans have reservations about attending and some are excited to set foot on the sands they fought on decades ago. No veteran was expecting the hero's welcome that they would receive during their ten day visit that, in the end, would change their lives.	NETA	(S)	(CC)	N/A	#0H
04:30:00	Rasi Dari Tari / The Soul of Dance: Contemporary Dance In Indonesia Rasa Dari Tari / The Soul of Dance is an introduction to the vibrant diversity of contemporary dance in Indonesia. Rooted both in tradition and the idioms of modern movement this half hour documentary introduces audiences to work ranging from site-specific solos to multi-media musical theater. The documentary includes excerpts from six works.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#242
08:00:00	Zula Patrol Dueling Space Stations/Don't Look Now While the Zula Patrol is staying on Zulean Space Station ZIR, Dark Truder is on his own space station, building a giant robot to help him take over the galaxy. As our heroes learn what goes on inside the weightless world of space stations, Truder and Traxie are completely unprepared for the challenges and effects of micro-gravity. Something's blocking the view of the Zula Patrol's space telescope. It's Deliria, assuming a variety of shapes to keep the Patrol from seeing that she's got a space telescope of her own and is up to no good.	APTEX	(S)	(CC)	N/A	#203H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#116H
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
09:30:00	Classical Stretch: The Esmonde Technique Zero Impact Cardio In this episode of Classical Stretch, join Miranda Esmonde-White in splendid Jamaica! This all-standing zero impact cardio workout will get your blood flowing without stressing your joints.	APTEX	(S)	(CC)	DVI	#1010H
10:00:00	Sit and Be Fit Good Alignment By doing exercises with eyes closed, Mary Ann builds an awareness of how good spinal alignment feels. Mary Ann gives a tip of the day.	NETA	(S)	(CC)	N/A	#1412H
10:30:00	It's Sew Easy Keep Your Valuables Safe When you travel, protect your valuables. Sewing expert Rebecca Kemp Brent makes a designer pouch that holds an electronic tablet and much more. On-line sewing instructor Joanne Banko creates expanding cargo pockets for jackets, pants and totes. Designer Angela Wolf makes blind hems on a serger.	NETA	(S)	(CC)	DVI	#1208H

Tue, May 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:00:00	Knit and Crochet Now! Artsy Afghans	APTEX	(S)	(CC)	DVI	#705H
	Host Deborah Norville believes nothing says you're special like a handmade afghan, it's like a perpetual hug from the person who stitched it. Ellen is first up with the Geometric Crochet Afghan, which features a lace border, and then Kristin shows how to stitch up the Windowpane Afghan, which is knit in the round, then cutting it to make it flat! In the stitch corner Ellen teaches how to Crochet a Cable.					
11:30:00	Fresh Quilting Triangles and Wedges	NETA	(S)	(CC)	N/A	#104H
	Triangles and wedges are the building blocks of modern quilts. Color enthusiast Rebecca Bryan creates graphic quilt samplers with bold-colored triangles. Quilters Kara Sanders and Elizabeth Dackson talk about organizing quilting retreats that re-fuel creative energy. Designer Christina Cameli uses 10-degree triangles to create versatile blocks for a variety of modern designs.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6217H
13:00:00	Julie Taboulie's Lebanese Kitchen Eggplant Extravaganza	APTEX	(S)	(CC)	DVI	#104H
	On today's show, it's an extraordinary eggplant extravaganza. American, Italian, Indian, Sicilian, French, Lebanese, Japanese and Chinese too, it's all about eggplant that Julie is making just for you. From simple and sophisticated to earthy and exotic, eggplants are excellent selections for sauces, spreads, soups and stews, stuffed and even pickled eggplant too. In today's episode Julie is sharing some of her favorite eggplant recipes with you. Julie's eggplant extravaganza all starts with her signature starter called batenjen mishwee, a fire-roasted eggplant spread that sets the stage for her magnificent main meal, internationally known as sheikh el' mahshi. Her star dish delight of the day showcases baby Indian eggplants, that are sauteed and stuffed with a mouthwatering meat and pine nut mixture then blissfully baked away in a tomato casserole that is golden brown and bubbly as can be. Last but certainly not least is a specialty breakfast dish called bayd b batenjen baked eggs and eggplants that is an enjoyable flavor combination. With just one look, you will love Julie's extraordinary eggplant dishes and inspiring ideas just as much as she loves preparing them for you. Sourced straight from Mama's garden with Mama's eggplant expertise on how-to grow right at home. Sliced, diced, sauteed, smashed and stuffed too, it's Julie's eggplant extravaganza that she is cooking up just for you.					
13:30:00	Sara's Weeknight Meals One Pan Wonder	APTEX	(S)	(CC)	N/A	#518H
	Using just one pan for dinner makes both the cook and the dishwasher happy, plus it's so easy. We start with guest Ming Tsai and his coconut lemon chicken soup. Then on Ask Sara, tips for using the original pot, the wok. Finally, Sara helps a young bride with an easy one-pot meal - Greek shrimp, farro and greens.					
14:00:00	Taste of History Benjamin Franklin - at Home In London	NETA	(S)	(CC)	N/A	#609H
	Chef Staib visits London and the Benjamin Franklin House where Franklin lived as an ambassador to the colonies. Chef Staib cooks Ben Franklin's own recipes for lettuce and anchovy soup, stuffed lobster, venison loaf, succotash and parmesan cheesecake.					
14:30:00	Sara's Weeknight Meals Between The Bread	APTEX	(S)	(CC)	N/A	#606H
	A sandwich might be the ultimate weeknight meal - hearty, portable and easy enough for anyone to make. Sara's got two great ones: her picadillo sloppy Joe with the terrific counterpoint of prunes and green olives. Surprisingly, she shows how to grind your own meat. Roasted vegetable and fresh ricotta sandwiches are another winning combo and Sara even shows how to make the ricotta. She also visits a worth bakery for bread lovers - Hot Bread Kitchen. This non-profit food incubator helps struggling women get a leg up by teaching them baking skills so they may move on to jobs at other bakeries. They sample some of their delicious bread. Recipes: Picadillo sloppy Joes; Roasted vegetable and fresh ricotta sandwiches 4.					
15:00:00	Beads, Baubles and Jewels Spotlight On Bracelets	NETA	(S)	(CC)	N/A	#2206H
	Author and instructor Melissa Grakowsky-Shippee creates stunning beaded components using two-hole tile beads and teaches her technique for a flawless herringbone stitch. Katie discusses the various types of memory wire as she makes a glass bead bracelet that's fun to wear.					
15:30:00	Make It Artsy Time	NETA	(S)	(CC)	N/A	#208H
	Keep track of time in an artistic way. Metal artist Mary Hettmansperger crafts clock parts into a necklace. For his favorite time piece, his phone, tool expert Joe Rotella makes a decorative stand. Mixed media artist Rae Missigman captures moments in time in an artful clipboard journal. Artist Jane Dunnewold has more artful ideas to share.					
16:00:00	Biz Kid\$ Budgeting Basics	APTEX	(S)	(CC)	DVI	#116H
	The Biz Kids learn the first rule of money management: you can't manage what you don't know. Join the kids and you'll look at spending and expenses and examine several proven methods on how to gain control of both. You'll also meet several successful entrepreneurs.					

Tue, May 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Make Believe	NETA	(S)	(CC)	DVI	#1709H
	Leave the ordinary behind and enter the world of make-believe. Create a magical fairy garden with Katie, then Franz shows how to take your paper art work from two to three dimensions. Jenny creates golden coins to swap and trade and then she and Katie make a gift extra special with a stenciled rocket gift bag. Cast a spell with a magic wand or gleaming sword created by adding feathers and jewels to the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home Super-Duper	APTEX	(S)	(CC)	N/A	#1507H
	P. Allen Smith highlights great performers in the garden and home that go above and beyond the call of duty.					
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#803H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14102H
18:30:00	Americas Now Mexican Female Rappers & Argentinean Gabriela Gonzalez	NETA	(S)	(CC)	N/A	#128H
	Mexico - Rappers - Women fighting for justice, security and equal rights in Mexico have a new and vocal ally in their cause: female rappers. The budding movement isn't drawing huge crowds yet but its message IS resonating. Especially among the young. That's in part because thousands of young women go missing every year in Mexico. And in most cases authorities don't investigate. Our correspondent Gerry Hadden reports from Mexico City. Women in Science - Argentinean Gabriela Gonzalez - When she was growing up in Cordoba, Argentina, Gabriela Gonzalez wanted to be a math teacher. By the time she got to college, she had fallen in love with Physics. Now, this professor at Louisiana State University is on a team and the spokesperson for that team that has made history...the discovery of gravitational waves which Einstein predicted one hundred years ago. There is little question the team will win the Noble Prize. Game Changer - Peru - Maria Costa Checa - When it comes to women in science and technology, the challenge is to provide opportunities and access. Even more so in Latin America where women are under-represented in this field. In Peru social entrepreneur Mariana Costa is trying to do just that. She's the founder of the founder of Laboratoria, a social enterprise that empowers young women by giving them access to education and work in the digital sector. Spain - Dominican Culinary Star - A 27-year-old woman from the Dominican Republic moved to Madrid looking for a career as a chef. But because she had no formal training, the only job she could get was washing dishes. Now, less than ten years later, she is an award-winning chef... and her career is doing all the sparkling. This is the story of Maria Marte, the "Michelin Cinderella"... whose hard work is the true protagonist of this fairy tale.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8037
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1320H
20:00:00	Sun Studio Sessions Anders Osborne	NETA	(S)	(CC)	N/A	#811H
	The Swedish-born and now New Orleans-based Anders Osborne is a prolific touring artist who has become a fixture on the music festival circuit including multiple performances at the New Orleans Jazz & Heritage Festival as well as at Bonnaroo Music Festival, The High Sierra Festival and the Telluride Blues & Brews Festival. Guitar Player magazine calls him "the poet laureate of Louisiana's fertile roots music scene." In this 100th episode of Sun Studio Sessions, Osborne displays he and his band's musical prowess performing several numbers including "Fools Gold" and "Flower Box."					
20:30:00	Jammin at Hippie Jack's Josh Farrow	NETA	(S)	(CC)	N/A	#1008H
	Josh Farrow is an American singer/song writer who hails from the heart of music city. Farrow's rootsy songs and captivating performances draw remnants of styles past and present. He has shared the stage with legendary artists such as Leon Russell, Shawn Colvin, and Butch Walker.					
21:00:00	The Kate Ana Gasteyer	APTEX	(S)	(CC)	N/A	#101H
	When Ana Gasteyer steps up to the mic, she evokes the swagger of an era when a lady ruled a nightclub and an audience knew they were in for a good time. Her performance is a perfect blend of the tongue-in -cheek comedy you can expect from a former Saturday Night Live cast member combined with the vocal range of a seasoned Broadway star. Gasteyer's eclectic range of covers and reimagined classics like "One Mint Julep" and "I Wish Could Shimmy Like My Sister Kate" to her surprisingly smooth rendition of Carrie Underwood's "Before He Cheats", are the perfect showcase of her musical chops and comedic genius. Gasteyer tells stories with humor, heartbreak...and just a little splash of soda. The patter is real, the themes adult, the lyrics are timeless, and the music swings like crazy!					

Tue, May 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	World Dancesport Grandslam Series Part 1 Standard Series - The Showdown In Shanghai	APTEX	(S)	(CC)	N/A	#105H
	<p>The hierarchy seems firmly established in the standings of the regular legs of the GrandSlam Standard Series. Germans Simone Segatori and Annette Sudol won every time they entered a competition, from the first leg in Helsinki, Finland, to conquering the biggest field of the season in Stuttgart, Germany. Russians Dmitry Zharkov and Olga Kulikova are destined to be the perennial runners-up, even if they claimed their second places by narrowing the point margins separating them from the winners. The one time the Germans didn't dance, in the Moscow leg, Dmitry and Olga won the final with their highest total ever for the five Standard dances. Lithuanians Evaldas Sodeika and Ieva Zukauskaitė are similarly cast to be the other runners-up of the Series, coming in third more often than not. Fortunately for the GrandSlam Series Final, more than a few experts predict that the established order could get reversed. If the runners-up should plan an overthrow, there is no better time to do that than in the "Showdown in Shanghai." Reserved for the top 12 couples in the GrandSlam rankings, and with points accrued in four of the regular legs, the Final is the most important competition of all.</p>					
23:00:00	Coming of Age In Aging America	APTEX	(S)	(CC)	N/A	#0H
	<p>It's widely accepted that most Americans are living decades longer than any generation in human history. This longevity has far-reaching implications for society, and experts, policy makers and the general population are only just beginning to grapple with how to reframe our thoughts on aging. What does it mean for communities, programs and policies, and how we live and work? COMING OF AGE IN AGING AMERICA is a penetrating documentary that probes these questions. It suggests that America's social and economic institutions will - and must - change to adapt to a staggering demographic transformation where more than half of the world's population will eventually be over the age of fifty. Over the course of an hour, the program examines the current social security system; looks at the data being collected on the aging brain and body at a Massachusetts Institute of Technology (MIT) lab; explores a town re-designing itself for multi-generational use; and observes a large medical system remodeling its work environment to both retain older workers and welcome younger ones. Through interviews with experts - including John W. Rowe, professor at Columbia University's Aging Center; Lisa F. Berkman, professor of public policy and director of the Harvard Center for Population and Development Studies; Laura L. Carstensen, professor and director of the Stanford University Center on Longevity; Joseph Coughlin, director of the MIT AgeLab; and urban planner Scott Ball - COMING OF AGE IN AGING AMERICA examines the exploding population shift, its impact on society, and the need to see the reach and magnitude of the changes an aging America will bring.</p>					

Wed, May 24, 2017

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00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8037
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1320H
01:00:00	Sun Studio Sessions Anders Osborne	NETA	(S)	(CC)	N/A	#811H
	<p>The Swedish-born and now New Orleans-based Anders Osborne is a prolific touring artist who has become a fixture on the music festival circuit including multiple performances at the New Orleans Jazz &amp; Heritage Festival as well as at Bonnaroo Music Festival, The High Sierra Festival and the Telluride Blues &amp; Brews Festival. Guitar Player magazine calls him "the poet laureate of Louisiana's fertile roots music scene." In this 100th episode of Sun Studio Sessions, Osborne displays he and his band's musical prowess performing several numbers including "Fools Gold" and "Flower Box."</p>					
01:30:00	Jammin at Hippie Jack's Josh Farrow	NETA	(S)	(CC)	N/A	#1008H
	<p>Josh Farrow is an American singer/song writer who hails from the heart of music city. Farrow's rootsy songs and captivating performances draw remnants of styles past and present. He has shared the stage with legendary artists such as Leon Russell, Shawn Colvin, and Butch Walker.</p>					
02:00:00	The Kate Ana Gasteyer	APTEX	(S)	(CC)	N/A	#101H
	<p>When Ana Gasteyer steps up to the mic, she evokes the swagger of an era when a lady ruled a nightclub and an audience knew they were in for a good time. Her performance is a perfect blend of the tongue-in-cheek comedy you can expect from a former Saturday Night Live cast member combined with the vocal range of a seasoned Broadway star. Gasteyer's eclectic range of covers and reimagined classics like "One Mint Julep" and "I Wish Could Shimmy Like My Sister Kate" to her surprisingly smooth rendition of Carrie Underwood's "Before He Cheats", are the perfect showcase of her musical chops and comedic genius. Gasteyer tells stories with humor, heartbreak...and just a little splash of soda. The patter is real, the themes adult, the lyrics are timeless, and the music swings like crazy!</p>					
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04:00:00	Coming of Age In Aging America	APTEX	(S)	(CC)	N/A	#0H
	<p>It's widely accepted that most Americans are living decades longer than any generation in human history. This longevity has far-reaching implications for society, and experts, policy makers and the general population are only just beginning to grapple with how to reframe our thoughts on aging. What does it mean for communities, programs and policies, and how we live and work? COMING OF AGE IN AGING AMERICA is a penetrating documentary that probes these questions. It suggests that America's social and economic institutions will - and must - change to adapt to a staggering demographic transformation where more than half of the world's population will eventually be over the age of fifty. Over the course of an hour, the program examines the current social security system; looks at the data being collected on the aging brain and body at a Massachusetts Institute of Technology (MIT) lab; explores a town re-designing itself for multi-generational use; and observes a large medical system remodeling its work environment to both retain older workers and welcome younger ones. Through interviews with experts - including John W. Rowe, professor at Columbia University's Aging Center; Lisa F. Berkman, professor of public policy and director of the Harvard Center for Population and Development Studies; Laura L. Carstensen, professor and director of the Stanford University Center on Longevity; Joseph Coughlin, director of the MIT AgeLab; and urban planner Scott Ball - COMING OF AGE IN AGING AMERICA examines the exploding population shift, its impact on society, and the need to see the reach and magnitude of the changes an aging America will bring.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#243
08:00:00	Zula Patrol Rock and Patrol/Support Your Neighborhood Volcano	APTEX	(S)	(CC)	N/A	#204H
	<p>When famous rock group The Bowlin' Stones have a falling out and refuse to play at a big benefit concert, Bula and Zeeter must find them and convince them to change their minds. Meanwhile, to fill in, Multo must overcome his stage-fright to be the front man of the Zula Patrol's own rock band. It's the Zula Patrol to the rescue when Voop's volcanic cousin Fielding holds back from erupting. Fielding's in denial about his condition, but if he builds up too much pressure, the results could be disastrous for the residents of Volcano Valley. Our heroes find out that Fielding is afraid to let his "inner volcano" shine through because his neighbors fear and mistrust volcanoes, and they might dislike him even more. The ZPers help Fielding re-discover how great it is to be a volcano.</p>					

Wed, May 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#117H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H
09:30:00	Classical Stretch: The Esmonde Technique Prevention of Hand and Finger Arthritis  In this episode of Classical Stretch, join Miranda Esmonde-White in sunny Jamaica. This all-barre routine is designed to help prevent hand and finger Arthritis and will increase flexibility in your lower body!	APTEX	(S)	(CC)	DVI	#1011H
10:00:00	Sit and Be Fit New Challenges  Mary Ann introduces a new abdominal exercise called the "Ski Jump" and Gretchen gives you a new balance challenge.	NETA	(S)	(CC)	N/A	#1413H
10:30:00	It's Sew Easy Traveling with Pets and Kids  It's fun to travel with pets and kids. Author and instructor Donna Babylon makes portable bed for pets. Pattern designer Angela Wolf sews a hooded towel that kids and adults will love. Sewing educator Joanne Banko creates her own fringe for trims and embellishments.	NETA	(S)	(CC)	DVI	#1209H
11:00:00	Knit and Crochet Now! Dolly Long Legs  Lena Skvagerson and Robyn Chachula are going to show how to knit and crochet versions of our Dolly Long Legs...which we have named "Deborah Dolls" in honor of new host Deborah Norville. These are sure to be the special doll that gets dragged everywhere. Ellen is in the stitch corner showing how to crochet the Fishbone Stitch.	APTEX	(S)	(CC)	DVI	#706H
11:30:00	Fresh Quilting Messages and Motifs  Modern quilts express personal statements. Quilt artist Chawne Kimber creates raw edge applique quilts focused on social justice. Quilt guild activist Katie Burford and Elizabeth Dackson share ideas for organizing unique quilt shows on a shoe-string budget. Using the latest design and quilting technology, Rebecca Kemp Brent quilts an updated feather design on a whole cloth quilt.	NETA	(S)	(CC)	N/A	#105H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6218H
13:00:00	Lidia's Kitchen Dough and Crusts  Italians will wrap anything in dough, whether it's savory or sweet, and still have time for a classic. Lidia begins this meal with a savory zucchini and rice crostata. She then turns to the sweets with a celebration of zeppole, a fried delicious dough stuffed with creamy ricotta. Grandma Erminia, who has the sweet tooth in the family, joins Lidia for this segment. Lastly, there is still time for a classic and Lidia prepares an easy steamed mussel dish with white wine, onions, bay leaves and pepperoncino.	APTEX	(S)	(CC)	N/A	#325H
13:30:00	Annabel Langbein: The Free Range Cook Life's A Picnic  Annabel Langbein and her daughter Rose head off to a local Wanaka orchard to pick one of the Central Otago's most eagerly anticipated stone fruits - apricots. The abundant harvest forms the basis of that evening's meal, both as a savory chili dipping sauce for crunchy spring rolls, and as a delicious dessert. For the main course, a brilliant speedy bang bang chicken salad. Recipes from this episode: sausage, tomato and olive pissaladiere, really useful apricot chili glaze, pork and cilantro spring rolls, aromatic poached chicken, bang bang chicken salad, speedy peanut sauce, apricots with macaroon topping, lemon syllabub, ginger mule.	APTEX	(S)	(CC)	N/A	#111H
14:00:00	Simply Ming Johnny Iuzzini  This week on Simply Ming, it's "dark and stormy" time with James Beard award-winning uber-pastry chef Johnny Iuzzini. Johnny was named one of the 10 most influential pastry chefs in America. He shows his best today when he creates an amazing frozen dark & stormy soufflé. And Ming will do a dark and stormy his way with his dark & stormy doughnuts with ginger cloud cream.	APTEX	(S)	(CC)	N/A	#1407H
14:30:00	Cook's Country Bringing Home Tex-Mex Favorites  Test cook Julia Collin Davison shows host Christopher Kimball how to make Tex-Mex cheese enchiladas at home. Next, tasting expert Jack Bishop challenges Chris to a tasting of corn tortillas. Then, equipment expert Adam Ried reveals his top picks for tortilla keepers. And finally, test cook Erin McMurrer uncovers the secrets to making perfect huevos rancheros.	APTEX	(S)	(CC)	N/A	#812H

## Daily Program Listing II

43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Wed, May 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Trendspotting: Tassels and Knotting Tassels are the next big trend in jewelry-making. Designer Wyatt White shows how to wrap, tie and finish beautiful tassels for earrings and other accessories. Katie adds a modern twist to traditional knotting techniques to make bracelets with crystal pearls.	NETA	(S)	(CC)	N/A	#2207H
15:30:00	Katie Brown Workshop Minty Holiday Host Katie Brown creates recipes and projects inspired by the festive red and white peppermint. In the Kitchen: refreshing mashed potato blend, rack of lamb with minty glaze, and Kim's thin mint cookies. Projects: Peppermint place settings and a tabletop sign that spells JOY.	APTEX	(S)	(CC)	N/A	#601H
16:00:00	Biz Kid\$ Understanding Business Ethics Do the right thing! You'll learn with the Biz Kids as they examine several aspects of ethics in business. You'll also see the downside of not following ethical business practices. In this episode you will discover what it means for management to lead by example, and how employees must take responsibility for their behavior. Meet several entrepreneurs who are successful on all levels.	APTEX	(S)	(CC)	DVI	#117H
16:30:00	Hands On Crafts for Kids Growing and Building Living things inspire us to create and to craft. Jenny and Katie craft together to make a special pot decorated with glittery sea creatures. Franz takes art outdoors as he designs, lays out and plants a character image for the garden. Bloggers share great ideas for creating a cactus that won't be prickly or making a quick and easy super turtle figure. Katie shows how to create colorful greeting cards and artwork for family and friends then uses supplies in the Family Craft Box to erect buildings or make whimsical bug cars.	NETA	(S)	(CC)	DVI	#1710H
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Cooking Join P. Allen Smith for a trip down memory lane as he revisits his favorite cooking segments from seasons past.	APTEX	(S)	(CC)	N/A	#1508H
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#804H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14103H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#507H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8038
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#417H
20:00:00	The Lowertown Line. The Lowertown Line: Kitten Forever Taking inspiration from feminism, punk and pop music, Kitten Forever's aesthetic is both stripped down and personal. The bass and drum trio rocks a low-fi, high-energy sound. The band performs a live set at The Amsterdam Bar in Saint Paul and sits down to talk about their tongue-in-cheek lyrics, the power of flower crowns, and feminism. Songs performed: Hail Mary, Haha, Static Static, Temple, Tripwire, Voodoo, Rat Queen, Get Loud, Little Beasts, Famous Friends.	APTEX	(S)	(CC)	N/A	#112H
20:30:00	Songs at the Center Artists: Dianna Corcoran, Marti Dodson, Patrick Buzzard, and hosted by songwriter Eric Gnezda. Artist Bio: Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Then There's Me." Artist Bio: Marti Dodson fronted the Ohio-based band, Saving Jane, as they climbed the pop charts a few years ago. Now a signed songwriter in Nashville, she collaborates with the industry's elite, having just penned a single release for Thompson Square. She performs "Faded." Artist Bio: Patrick Buzzard, a partner of Marti Dodson in Saving Jane, is an accomplished guitarist, singer and songwriter. He also created the popular podcast, "Rock and Roll Book Club," in which he and his co-hosts read and discuss books about musicians. He sings "I'll Be There" and "Where I Belong."	APTEX	(S)	(CC)	N/A	#204H
21:00:00	Live at 9:30 Performances by X Ambassadors, Steep Canyon Rangers, Wavves, Lianne LeHavas and Unknown Mortal Orchestra, with an interview by NPR's Bob Boilen and comedy from Hannibal Burress and Top Gear's Adam Ferrara.	NACC	(S)	(CC)	N/A	#105H

Daily Program Listing II  
43.1

Date: 04/12/2017

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Wed, May 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Beyond The Wall: A Texas Tribune Investigation Go past the rhetoric to investigate the reality of the Texas border with The Texas Tribune. Step into the shoes of undocumented immigrants, border patrol agents and a borderland rancher, and explore Texas' thirst for illegal drugs and cheap labor.	NETA	(S)	(CC)	N/A	#0H
22:30:00	Pacific Heartbeat Next Goal Wins In 2001, the tiny Pacific island of American Samoa suffered a world record 31-0 defeat at the hands of Australia, garnering headlines across the world as the worst football team on the planet. Next Goal Wins is an inspirational story about the power of hope in the face of seemingly insurmountable odds, and an object lesson in what it really means to be a winner in life.	APTEX	(S)	(CC)	DVI	#604H



Thu, May 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8038
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#417H
01:00:00	The Lowertown Line. The Lowertown Line: Kitten Forever	APTEX	(S)	(CC)	N/A	#112H
	Taking inspiration from feminism, punk and pop music, Kitten Forever's aesthetic is both stripped down and personal. The bass and drum trio rocks a low-fi, high-energy sound. The band performs a live set at The Amsterdam Bar in Saint Paul and sits down to talk about their tongue-in-cheek lyrics, the power of flower crowns, and feminism. Songs performed: Hail Mary, Haha, Static Static, Temple, Tripwire, Voodoo, Rat Queen, Get Loud, Little Beasts, Famous Friends.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#204H
	Artists: Dianna Corcoran, Marti Dodson, Patrick Buzzard, and hosted by songwriter Eric Gnezda. Artist Bio: Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Then There's Me." Artist Bio: Marti Dodson fronted the Ohio-based band, Saving Jane, as they climbed the pop charts a few years ago. Now a signed songwriter in Nashville, she collaborates with the industry's elite, having just penned a single release for Thompson Square. She performs "Faded." Artist Bio: Patrick Buzzard, a partner of Marti Dodson in Saving Jane, is an accomplished guitarist, singer and songwriter. He also created the popular podcast, "Rock and Roll Book Club," in which he and his co-hosts read and discuss books about musicians. He sings "I'll Be There" and "Where I Belong."					
02:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#105H
	Performances by X Ambassadors, Steep Canyon Rangers, Wavves, Lianne LeHavas and Unknown Mortal Orchestra, with an interview by NPR's Bob Boilen and comedy from Hannibal Burress and Top Gear's Adam Ferrara.					
03:00:00	Beyond The Wall: A Texas Tribune Investigation	NETA	(S)	(CC)	N/A	#0H
	Go past the rhetoric to investigate the reality of the Texas border with The Texas Tribune. Step into the shoes of undocumented immigrants, border patrol agents and a borderland rancher, and explore Texas' thirst for illegal drugs and cheap labor.					
03:30:00	Pacific Heartbeat Next Goal Wins	APTEX	(S)	(CC)	DVI	#604H
	In 2001, the tiny Pacific island of American Samoa suffered a world record 31-0 defeat at the hands of Australia, garnering headlines across the world as the worst football team on the planet. Next Goal Wins is an inspirational story about the power of hope in the face of seemingly insurmountable odds, and an object lesson in what it really means to be a winner in life.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#244
08:00:00	Zula Patrol Down Under/Singin' in the Rain Forest	APTEX	(S)	(CC)	N/A	#205H
	The Zula Patrol comes to the aid of Zulean insects whose entire neighborhood (a lush green field with rich topsoil) has been bulldozed away by Bruce and Sheila Mole, who are building an above-ground winter home to get away from those chilly months "down under" the ground. Wizzy and Wigg are taking care of Iris' orchid, but when it wilts, they decide to replace it - by going to where most orchids come from: Earth's Amazon rain forest. As they try to find the orchid, they learn all about the incredible rain forest - and make friends with its fascinating animal inhabitants, some of whom are endangered.					
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#118H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
09:30:00	Classical Stretch: The Esmonde Technique Quad Slenderizing	APTEX	(S)	(CC)	DVI	#1012H
	In this episode of Classical Stretch, join Miranda Esmonde-White for this all-floor workout will slenderize and strengthen your quads while increasing mobility in your spine.					
10:00:00	Sit and Be Fit Coordination and Reaction Time	NETA	(S)	(CC)	N/A	#1414H
	This episode focuses on being aware of your body's movements and how it contributes to coordination and reaction time.					

Thu, May 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy Weekend Get-Away	NETA	(S)	(CC)	DVI	#1210H
	Grab a bag and get away. Kay Whitt, innovator and designer, creates a colorful bag with sturdy dividers. Author Donna Babylon makes a roomy weekender bag with padded handles. A monogram adds extra style. Angela Wolf, designer and sewing expert, shares a tip for starting and stopping a serger stitch.					
11:00:00	Knit and Crochet Now! Downton Abbey-Inspired Gloves	APTEX	(S)	(CC)	DVI	#707H
	This week designer Rohn Strong joins Deborah Norville with not one but two pairs of fingerless gloves...one knit and one crochet. The knit Unger Mitts feature a cable and the Riviera Crochet Mitts has an elegant filet cuff, both of which would be suitable for a dinner party at Downton Abbey! In the stitch corner Ellen is demonstrating a Crochet Motif.					
11:30:00	Fresh Quilting Old and New	NETA	(S)	(CC)	N/A	#106H
	Everything old is new in the hands of the modern quilter. Pattern designer Elizabeth Dackson reinterprets vintage blocks using a modern aesthetic. Brenda Ratliff and Heather Grant trade tips on booking the faculty for quilt events. Modern quilt enthusiast Elizabeth Dackson uses half-square triangles to create dynamic blocks.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6219H
13:00:00	Eat! Drink! Italy! with Vic Rallo The Locals Know	APTEX	(S)	(CC)	N/A	#307H
	Tuscany's Chef Patrizio Cirri returns to make a typical braised Tuscan beef. Vic is in Verona with Chef Luisa Zecchinato to learn how to bake her Grana Padano cheese biscuits. Vic and Tony Verdoni are in the Florence area to talk about Vin Santo dessert wine and pairing it with two great local cookies.					
13:30:00	Mike Colameco's Real Food Keens/Costata	NETA	(S)	(CC)	N/A	#1408H
	America's love for steak houses keeps growing, in this show we visit Keens well over a century old and Mike's Favorite NY Steakhouse and then we're off to Costata downtown run by Michael Whites team where along with great steak they serve artisan hand made pasta, and great fish crudo, a sort of The Palm for the 21st century.					
14:00:00	Joanne Weir's Cooking Confidence Harvest Time	APTEX	(S)	(CC)	N/A	#202H
	Inspired by freshly picked vegetables, Joanne prepares a vegetarian feast. She begins by making a luscious butternut squash soup. And then for a twist with her student Sasha she cooks up some Gnocchi with Brown Butter using semolina instead of potatoes along with Kale with Garlic and White Balsamic. Recipes: Roasted Butternut Squash and Carrot Soup with Coriander Oil, Semolina Gnocchi with Brown Butter and Fried Sage (Parm-Reg), Kale with Garlic and White Balsamic. Student: Sasha Bernstein.					
14:30:00	New Scandinavian Cooking Pale Fish	APTEX	(S)	(CC)	N/A	#601H
	In this episode, Andreas visits the small community of Bulandet, a group of wind-blown islands in western Norway. He goes fishing after saithe, summer's most delicious fish. Andreas also gathers kelp, which becomes the base for a tasty stock. On a green pasture he grills some of a juicy and tender beef from a local farm. A simple yet rich dish served with wild herbs.					
15:00:00	Beads, Baubles and Jewels Wire It Up	NETA	(S)	(CC)	N/A	#2208H
	The right tools can unleash your creativity. Designer Brenda Schweder shows how to make wire frames and captures on a stationary jig. Illusion-style necklaces with crystals are easy and quick to make using tips and tricks from Katie's Beading Lesson.					
15:30:00	Katie Brown Workshop Herbalicious	APTEX	(S)	(CC)	N/A	#602H
	Host Katie Brown's creative ideas for cooking, baking and crafting with herbs allow her to reap the rewards of her garden. In the Kitchen: herb corn bread in clay pots, barley soup with mini meatballs and coconut mint macaroons. Projects: Planting an herb garden, drying herbs to make tasty tea blends and gift-wrapping with glitter.					
16:00:00	Biz Kid\$ Saving and Investing for Your Future	APTEX	(S)	(CC)	DVI	#118H
	You'll learn along with the Biz Kids about the powerful potential of starting a savings plan early in life. You'll also discover various savings and investing options available to young people. As always, you'll meet individuals who are successful at saving and at their businesses.					

Thu, May 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Discover The World Let's discover the world we live in and beyond. Katie and Jennie create a 3-D pop-up map of the planets together, and Franz explores the artistic use of dimension and space. Gather leaves, sticks and stones and then Jenny shows how to create a nature journal. She and Katie use water and paint to create a new fish species in silhouette. Katie blasts off with a jet pack made from recycled bottles and supplies from the Family Craft Box.	NETA	(S)	(CC)	DVI	#1711H
17:00:00	P. Allen Smith's Garden Home Crystal Bridges, American Dreams P. Allen Smith explores a place unlike any other, the Crystal Bridges Museum of American Art and visits a unique restoration project involving a rare house designed by Frank Lloyd Wright.	APTEX	(S)	(CC)	N/A	#1509H
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#805H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14104H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1348H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8039
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1214H
20:00:00	Backstage Pass Root Doctor - Encore Root Doctor (featuring vocalist Freddie Cunningham) performs more classic soul, R&B, traditional blues and inspired originals to the delight of their enthusiastic fans.	NETA	(S)	(CC)	N/A	#619H
20:30:00	Ray Stevens Cabaray Nashville Guest: Collin Raye ""Hearts Made of Stone" (RAY) "Yakety Yak" (RAY) "My Kind of Girl" & "Love Me" (COLLIN).	OETA	(S)	(CC)	N/A	#120H
21:00:00	Night of the Proms Best performances from Night of the Proms, the hottest concert tour in Europe for 30 years. The incomparable Il Novecento orchestra and Fine Fleur choir team with the world's favorite pop stars as they perform their own #1 hit songs. Kicking off with Joe Cocker, David Garrett, Chrissie Hynde and The Pointer Sisters!; Opening orchestral - "Palladio Allegretto"; Joe Cocker - "Unchain My Heart"; David Garrett - "Czardas"; Chrissie Hynde (The Pretenders) - "I'll Stand By You"; Il Novecento orchestra - "The Typewriter"; The Pointer Sisters - "I'm So Excited".	NETA	(S)	(CC)	N/A	#101H
21:30:00	Night of the Proms Funk, dance, soft rock and pop. Brilliant performances by two of the greatest legends of our lifetime, James Brown and Donna Summer, highlight this episode. Pop great Michael McDonald gives us "Sweet Freedom." British singer songwriter John Miles sings his hit song "Music," the Night of the Proms theme song. James Brown - "I Got You (I Feel Good)"; John Miles - "Music"; Michael McDonald - "Sweet Freedom"; Donna Summer - "MacArthur Park".	NETA	(S)	(CC)	N/A	#102H
22:00:00	Animal R & R In this episode, the wildlife rehabbers at The Fund for Animals Wildlife Center in Ramona take in a pair of sibling coyote pups who narrowly escaped the Poinsettia Fire in Carlsbad, Calif. The pups, a brother and sister, suffered life-threatening burns to their paws as they fled their canyon home. Will they ever return to the wild? Also in this episode, a red-shouldered hawk recovers at Project Wildlife from a mysterious paralysis. The cause of her symptoms elude the rehabbers at first, until they make a startling discovery. A naturalist at introduces us to San Diego's local shorebirds.	NETA	(S)	(CC)	N/A	#201H
23:00:00	Standing On Sacred Ground Islands of Sanctuary Native Hawaiians and Aboriginal Australians resist threats to their sacred places in a growing international movement to defend human rights and protect the environment. In Australia's Northern Territory, Aboriginal clans maintain Indigenous Protected Areas and resist the destructive effects of a mining boom. In Hawai'i, indigenous ecological and spiritual practices are used to restore the sacred island of Kaho'olawe after 50 years of military use as a bombing range.	NETA	(S)	(CC)	DVI	#104H

Fri, May 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8039
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1214H
01:00:00	Backstage Pass Root Doctor - Encore Root Doctor (featuring vocalist Freddie Cunningham) performs more classic soul, R&B, traditional blues and inspired originals to the delight of their enthusiastic fans.	NETA	(S)	(CC)	N/A	#619H
01:30:00	Ray Stevens Cabaray Nashville Guest: Collin Raye ""Hearts Made of Stone" (RAY) "Yakety Yak" (RAY) "My Kind of Girl" & "Love Me" (COLLIN).	OETA	(S)	(CC)	N/A	#120H
02:00:00	Night of the Proms Best performances from Night of the Proms, the hottest concert tour in Europe for 30 years. The incomparable Il Novecento orchestra and Fine Fleur choir team with the world's favorite pop stars as they perform their own #1 hit songs. Kicking off with Joe Cocker, David Garrett, Chrissie Hynde and The Pointer Sisters!; Opening orchestral - "Palladio Allegretto"; Joe Cocker - "Unchain My Heart"; David Garrett - "Czardas"; Chrissie Hynde (The Pretenders) - "I'll Stand By You"; Il Novecento orchestra - "The Typewriter"; The Pointer Sisters - "I'm So Excited".	NETA	(S)	(CC)	N/A	#101H
02:30:00	Night of the Proms Funk, dance, soft rock and pop. Brilliant performances by two of the greatest legends of our lifetime, James Brown and Donna Summer, highlight this episode. Pop great Michael McDonald gives us "Sweet Freedom." British singer songwriter John Miles sings his hit song "Music," the Night of the Proms theme song. James Brown - "I Got You (I Feel Good)"; John Miles - "Music"; Michael McDonald - "Sweet Freedom"; Donna Summer - "MacArthur Park".	NETA	(S)	(CC)	N/A	#102H
03:00:00	Animal R & R In this episode, the wildlife rehabbers at The Fund for Animals Wildlife Center in Ramona take in a pair of sibling coyote pups who narrowly escaped the Poinsettia Fire in Carlsbad, Calif. The pups, a brother and sister, suffered life-threatening burns to their paws as they fled their canyon home. Will they ever return to the wild? Also in this episode, a red-shouldered hawk recovers at Project Wildlife from a mysterious paralysis. The cause of her symptoms elude the rehabbers at first, until they make a startling discovery. A naturalist at introduces us to San Diego's local shorebirds.	NETA	(S)	(CC)	N/A	#201H
04:00:00	Standing On Sacred Ground Islands of Sanctuary Native Hawaiians and Aboriginal Australians resist threats to their sacred places in a growing international movement to defend human rights and protect the environment. In Australia's Northern Territory, Aboriginal clans maintain Indigenous Protected Areas and resist the destructive effects of a mining boom. In Hawai'i, indigenous ecological and spiritual practices are used to restore the sacred island of Kaho'olawe after 50 years of military use as a bombing range.	NETA	(S)	(CC)	DVI	#104H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#245
08:00:00	Zula Patrol Hide 'n Seek On Jupiter/A Tale of Two Planets It's time for the Interplanetary Hide 'n Seek Game. Perennial losers Wizzy, Wigg and Gorga decide to on Jupiter when they find out that no one has ever hidden there. While five-time hide 'n seek champion Zeeter is looking for them, the trio discover that the huge planet is filled with storms, the most powerful are in The Great Red Spot, and there is no solid land mass for them to land on. When the twin Giant Ice Planets Uranus and Neptune quarrel, Dark Truder swoops in and hoodwinks Neptune into becoming part of his newly formed personal Planetary System, the Truderverse. But when the dour planet wants out, it's up to the Zula Patrol to release him from Truder's greedy grip.	APTEX	(S)	(CC)	N/A	#206H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#119H
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Relief	ACCES		(CC)	N/A	#105H
09:30:00	Classical Stretch: The Esmonde Technique Stomach Flattening Workout In this episode of Classical Stretch, join Miranda Esmonde-White on the grand beaches of Jamaica! This all-standing workout is designed to work your core and flatten your abs!	APTEX	(S)	(CC)	DVI	#1013H

Fri, May 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Lymphatic System Mary Ann uses soothing music and slow gentle movements to stimulate the lymphatic system.	NETA	(S)	(CC)	N/A	#1415H
10:30:00	It's Sew Easy Vacation Memories Capture travel memories in photos and in writing. Sewing artist Kim Montagnese uses computer software to create new images for artful designs and quilts. Embroidery expert Eileen Roche sews a monogrammed journal cover of faux suede. Serger expert Angela Wolf has a tip for serging seams.	NETA	(S)	(CC)	DVI	#1211H
11:00:00	Knit and Crochet Now! Shaped Cardigans Today we are making cardigans, a versatile staple for any wardrobe. Deborah Norville is joined by Kristin Nicholas with the Cosima Cardigan, that features a lace panel front that also creates a cable. Then on to Robyn Chachula who is showing how to make the textured crochet Twyla Cardigan. The stitch of the week is a new take on Shetland Lace by Rohn Strong.	APTEX	(S)	(CC)	DVI	#708H
11:30:00	Fresh Quilting Design Alternatives Up-end traditional designs for a fresh look. Contemporary quilt designer Jacquie Gering manipulates the traditional quilting grid to make high-impact designs. Avid quilter Katie Burford shares how to start a modern quilt guild. Engineer and quilter Latifah Saafir creates bold designs with bias tape applique on the surface of quilts.	NETA	(S)	(CC)	N/A	#107H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6220H
13:00:00	P. Allen Smith's Garden to Table Autumn Enchantment With the welcomed cool air of autumn, it's the perfect time to celebrate the bounty of the season! Allen tells us about the second growing season of the year and shares a few ways to use Mother Nature's gift in the kitchen. He also visits Natchez, Mississippi where a close friend shows him how to make a delicious recipe with sweet potatoes.	APTEX	(S)	(CC)	DVI	#309H
13:30:00	Cooking with Nick Stellino Special Creations Parisa's Scallops; Risotto with Sausage, Butternut Squash & Peas; Peppered Tuna Sicilian-style.	APTEX	(S)	(CC)	N/A	#208H
14:00:00	Chef John Besh's New Orleans Jalapeno Cheese Grits, Slow-Cooked Grillades, and Brendan's Bread Pudding.	APTEX	(S)	(CC)	DVI	#101H
14:30:00	Essential Pepin Cozy Carbs Ricotta Dumplings With Red Pepper Sauce; Macaroni Beaucaire; Gnocchi Maison; Linguine With Clam Sauce And Vegetables.	APTEX	(S)	(CC)	DVI	#108H
15:00:00	Beads, Baubles and Jewels Make It from Scratch When the creative urge strikes, it's great to have the right tools at hand. Author and teacher Kate Richbourg cuts, forms and textures metal using hand-held tools to create a leaf-shaped pendant. Katie embellishes tassels with crystals to add a little sparkle.	NETA	(S)	(CC)	N/A	#2209H
15:30:00	Katie Brown Workshop Fun Fete Host Katie Brown provides the essentials for a fun, feminine party: light finger foods, a chocolate treat and projects with a touch of glitz. In the Kitchen: filo triangles stuffed with feta and spinach, tea sandwiches three ways and chocolate carrot-cake cupcakes with cream cheese filling. Projects: Repurposing old trays with chalkboard paint and broken jewelry and creating birch wood cones to fill with flowers.	APTEX	(S)	(CC)	N/A	#603H
16:00:00	Biz Kid\$ A Closer Look at Financial Careers When is a job more than a job? The Biz Kids look at what it takes to find your true calling. You'll learn ways to start exploring careers. The kids talk to several celebrities and find out how they got their start and how they keep achieving their dreams.	APTEX	(S)	(CC)	DVI	#119H

Fri, May 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Just for Fun It's important to have fun and today's projects are fun to make and to use. Katie creates a fuzzy mustache board will tickle you. Franz and his son, Axel play with paints, pencils, crayons, colors and techniques to find new ways of expression. Jenny and Katie let their imaginations go to create colorful pencil toppers. From the Family Craft Box, add empty paper rolls and colored paper to create a reversible playscape mat.	NETA	(S)	(CC)	DVI	#1712H
17:00:00	P. Allen Smith's Garden Home All About The Bugs P. Allen Smith meets bugs where they live. Find out how to deal with the good, the bad and the ugly around your home and garden.	APTEX	(S)	(CC)	N/A	#1510H
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#806H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14105H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1320H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8040
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#920H
20:00:00	Song of the Mountains Antsy McClain & The Trailer Park Troubadours	NETA	(S)	(CC)	N/A	#1115H
21:00:00	Woodsongs Celebration of Michael Hedges with Andy McKee and Christie Lenee MICHAEL HEDGES was a trailblazing acoustic guitarist. He pioneered percussive fingerstyle guitar, the influence of which can now be heard in the compositions and playing of many guitarists. Performing on this broadcast: ANDY MCKEE is among the world's finest acoustic guitarists. His youthful energy and attention to song structure and melodic content elevates him above the rest. He entertains both the eye and the ear as he magically transforms the steel string guitar into a full orchestra via his use of altered tunings, tapping, partial capos, percussive hits and a signature two-handed technique. McKee's crossover success has helped him to achieve millions upon millions of YouTube viewers, underscoring his emergence as one of today's most unique and influential artists. McKee is the first artist to be signed CGP Sounds, the record label founded by fellow guitarist Tommy Emmanuel. 'Live Book' is McKee's first release for the label. CHRISTIE LENEEN is often compared to guitar visionaries like Michael Hedges, Joni Mitchell and Dave Matthews- fusing folk/funky playfulness with pop/rock inspired songs and virtuosic guitar compositions. Being a compositional pioneer for this product inspired an abundance of innovative techniques and a unique percussive approach to the guitar. Christie is now in the process of mixing tracks for her next album that will deliver her innovative music, empowering vocals and inspirational lyrics. WoodSongs Kid: Logan Florence is 15-year-old guitarist from Lexington, Kentucky. Andy McKee and Michael Hedges are two of Logan's guitar heroes.	NETA	(S)	(CC)	N/A	#1909H
22:00:00	Film School Shorts Somebody to Love Kaori Momoi stars as a 55-year-old single office worker in Tokyo with nothing to look forward to but forced retirement and a lonely death in Oh Lucy! However, when her American English teacher gives her a blonde wig and a new identity, her perspective on life begins to change. Directed by Atsuko Hirayanagi. Then Tin takes us to the alleyways of Harlem, where a man mourns life and lost love in this jazz-age inspired stop-motion animation. Directed by Brandon Lake.	NETA	(S)	(CC)	N/A	#407H
22:30:00	On Story Scott Frank: A Screenwriter's Design Scott Frank (Get Shorty, Out of Sight) reflects on his diverse career writing thrillers and pulp films, and his approach to developing complex characters in search of their identity.	NETA	(S)	(CC)	N/A	#512H
23:00:00	Science Goes to the Movies The Drama of Space Travel	EPS	(S)	(CC)	N/A	#208H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1028H

Sat, May 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8040
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#920H
01:00:00	Song of the Mountains Antsy McClain & The Trailer Park Troubadours	NETA	(S)	(CC)	N/A	#1115H
02:00:00	Woodsongs Celebration of Michael Hedges with Andy Mckee and Christie Lenee	NETA	(S)	(CC)	N/A	#1909H
	<p>MICHAEL HEDGES was a trailblazing acoustic guitarist. He pioneered percussive fingerstyle guitar, the influence of which can now be heard in the compositions and playing of many guitarists. Performing on this broadcast: ANDY MCKEE is among the world's finest acoustic guitarists. His youthful energy and attention to song structure and melodic content elevates him above the rest. He entertains both the eye and the ear as he magically transforms the steel string guitar into a full orchestra via his use of altered tunings, tapping, partial capos, percussive hits and a signature two-handed technique. McKee's crossover success has helped him to achieve millions upon millions of YouTube viewers, underscoring his emergence as one of today's most unique and influential artists. McKee is the first artist to be signed CGP Sounds, the record label founded by fellow guitarist Tommy Emmanuel. 'Live Book' is McKee's first release for the label. CHRISTIE LENEER is often compared to guitar visionaries like Michael Hedges, Joni Mitchell and Dave Matthews- fusing folk/funky playfulness with pop/rock inspired songs and virtuosic guitar compositions. Being a compositional pioneer for this product inspired an abundance of innovative techniques and a unique percussive approach to the guitar. Christie is now in the process of mixing tracks for her next album that will deliver her innovative music, empowering vocals and inspirational lyrics. WoodSongs Kid: Logan Florence is 15-year-old guitarist from Lexington, Kentucky. Andy McKee and Michael Hedges are two of Logan's guitar heroes.</p>					
03:00:00	Film School Shorts Somebody to Love	NETA	(S)	(CC)	N/A	#407H
	<p>Kaori Momoi stars as a 55-year-old single office worker in Tokyo with nothing to look forward to but forced retirement and a lonely death in Oh Lucy! However, when her American English teacher gives her a blonde wig and a new identity, her perspective on life begins to change. Directed by Atsuko Hirayanagi. Then Tin takes us to the alleyways of Harlem, where a man mourns life and lost love in this jazz-age inspired stop-motion animation. Directed by Brandon Lake.</p>					
03:30:00	On Story Scott Frank: A Screenwriter's Design	NETA	(S)	(CC)	N/A	#512H
	<p>Scott Frank (Get Shorty, Out of Sight) reflects on his diverse career writing thrillers and pulp films, and his approach to developing complex characters in search of their identity.</p>					
04:00:00	Science Goes to the Movies The Drama of Space Travel	EPS	(S)	(CC)	N/A	#208H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1028H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#246
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Tea Rose Fantasy	APTEX	(S)	(CC)	N/A	#519H
	<p>Gary shows how important it is to start with a good background and explains how you can make a beautiful background using a simple paper doily. Next up is a whimsical tea rose painting on a fantasy background.</p>					
08:30:00	Painting with Wilson Bickford Soaring Eagle, Part 2	NETA	(S)	(CC)	N/A	#213H
	<p>Against a sky full of fluffy clouds, an eagle soars high above a forest canopy. In Part 2, Wilson demonstrates the techniques needed to paint this majestic symbol of our country.</p>					
09:00:00	Landscapes Through Time with David Dunlop American Impressionists In Old Lyme, Ct	NETA	(S)	(CC)	DVI	#108H
	<p>Old Lyme, CT was a popular artist colony at the turn of the century with many painters who had also painted in Paris and Giverny, learning the new trends from the French avant-garde. David takes us to the Florence Griswold Museum garden and demonstrates how American Impressionists create the sensual experience of interwoven color, texture, and movement from a palette of complementary colors painted outside or en plein air, a term made popular during this time.</p>					

Sat, May 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Put A Bounce In Your Step	APTEX	(S)	(CC)	DVI	#1014H
	In this episode of Classical Stretch, join Miranda Esmonde-White on location in stunning Jamaica. This all-barre workout will strengthen your entire body and put a bounce in your step by making you feel light on your feet!					
10:00:00	Sit and Be Fit Mobility and Balance	NETA	(S)	(CC)	N/A	#1416H
	This episode highlights a variety of exercises to improve balance and concludes with stroking.					
10:30:00	Functional Fitness with Suzanne Andrews Osteoporosis Walking Workout	ACCES	(S)	(CC)	N/A	#303H
11:00:00	Delicious TV's Vegan Mashup It's Bean Wonderful	NETA	(S)	(CC)	DVI	#303H
	Fear not the bean. They're a power packed food with fiber protein and important minerals. We dish out three nutritious, delicious bean recipes that will get your taste buds singing. Toni Fiore is making Caramelized Onion and Cannellini Bean Flatbread and a Quick Vegan Parm. Miyoko Schinner is making Moroccan Lentil and Spinach Pancakes with Spiced Date Chutney. Special Guest Allison Carroll Duffy makes Refrigerator Pickles-Dillie Beans.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Hunt for Caribbean Lobster	APTEX	(S)	(CC)	N/A	#1101H
	Deep in the Sian Ka'an nature reserve, there's a seriously remote village called Punta Allen, where a team from the local sustainable lobster fishing cooperative brings Rick and chef Juan Pablo Loza out for an afternoon at sea. The day's catch? A Caribbean lobster, simply prepared in coconut soup. Back at the ultra-luxe Rosewood Mayakoba resort, Juan Pablo showcases the tranquil resort gardens before preparing a feast of grilled lobster zarandeado with adobo mayo and sweet corn puree in the kitchen of La Ceiba, an outdoor garden party area. Inspired by the tropical abundance, Rick heads to his backyard garden with master gardener Bill Shores before making greens with grilled honey-lime dressing and a sweet-and-spicy, chipotle-honey glazed shrimp dish.					
12:00:00	Lidia's Kitchen Eggs - All Different Ways	APTEX	(S)	(CC)	N/A	#407H
	It's an episode devoted to the fresh, simple egg, and it highlights some of Lidia's all-time favorites: stracciatella: a simple chicken stock laced with ribbons of egg and tender spinach; frittata with ricotta: a luscious frittata filled with ricotta, tomatoes, onions and basil; baked eggplant and eggs: a baked dish showing off of one of summer's best vegetables.					
12:30:00	Moveable Feast with Fine Cooking Marvimon	APTEX	(S)	(CC)	N/A	#211H
	On this episode of Moveable Feast with Fine Cooking, Pete Evans explores the City of Angels where he throws a Mexican inspired feast with the help of chefs and television personalities Jeffrey Saad and Brooke Williamson. No Mexican feast would be complete without some fresh corn tortillas. Pete and his amigos head to North Gate Markets where Molses Gonzalez and his family have been making tortillas the same way for years. To add a bit of an edge to the meal, the group stops by Groundwork Coffee for a needed afternoon boost but also another ingredient for the menu. Tonight the 15 or so glamorous LA invitees will dine like movie moguls on a menu that includes Chorizo and Lobster Queso Fundido, Ceviche with Bay Scallops and Jicama, Carnittas with Rice and Beans, Coffee Kahlua Trifle with candied peanuts and a delectable cocktail called "The Ruby Cigar." Hooray for Hollywood!					
13:00:00	Expeditions with Patrick Mcmillan Catalina Island - Jewel of the Pacific	APTEX	(S)	(CC)	N/A	#302H
	Every island is unique. The same characteristics that lead to the special and often bizarre wildlife and plants here also make them extremely vulnerable to loss. There may be a place where man and island can exist to the benefit of all. Catalina Island is that jewel of the Pacific. Join Patrick as he continues to explore this land where man and island coexist.					
13:30:00	Weekends with Yankee Adventure in the Wild	APTEX	(S)	(CC)	N/A	#102H
	Offering wild weather, stormy seas, and remote locations, New England is a land of adventure. This week on Weekends with Yankee, we travel to the Northeast's highest peak for some of the most extreme weather found anywhere in the world. Then we head out to sea, braving stiff winds and bracing cold, to capture the coveted Atlantic bay scallop. Finally, we take to the skies high above Maine's iconic Moosehead Lake in search of the majestic creatures that inspired its name.					
14:00:00	Rick Steves' Europe Germany's Hamburg and the Luther Trail	APTEX	(S)	(CC)	N/A	#901H
	Hamburg, Germany's mighty port city has risen from the ashes of World War II with a gleaming new skyline and a brisk creative energy. From there, Rick visits the great historic sights of Martin Luther and the Reformation (Erfurt, Wittenberg, and Wartburg Castle) before finishing in the capital of Franconia: wine-loving Wurzburg.					



Sat, May 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese South Africa: Saving The Mighty Rhino  Join explorer Richard Wiese as he journeys to South Africa, for incredible encounters with white rhinos and elephants. Richard joins a conservation team on foot and by helicopter as they implant tracking devices to help monitor rhinos and protect them against poachers. He's welcomed into a Zulu tribe and meets some enterprising women who started a community garden that feeds the tribe and supplies local safari lodges.	APTEX	(S)	(CC)	N/A	#111H
15:00:00	Garden Smart  A vast garden in the middle of the city has to overcome a number of obstacles. But with the right gardener, the results can be dramatic. A good looking garden and a lot of gardening lessons. Be sure to watch this episode of GardenSMART.	NETA	(S)	(CC)	N/A	#4608H
15:30:00	Chefs A' Field Oregon Organics  Wheelchair Farmer Fosters Good Earth. Chef Philippe Boulot: The Heathman Restaurant - Portland, OR Tim Gilmer is a paraplegic farmer who has little patience for sympathy, but a great fondness for earth-friendly produce. He grows impeccable ingredients, all without chemicals. Chef Philippe Boulot and his daughter visit Gilmer's farm in Walnut Hill, Oregon. In the kitchen, the chef shows off the culinary skills that earned him a James Beard Foundation Award. Recipes: Stuffed Zucchini with Chanterelle Mushrooms & Garlic-Parsley Butter; Fava Bean Sandwich with Tomato Relish.	APTEX	(S)	(CC)	N/A	#210H
16:00:00	Maria Hinojosa: One-On-One M.A. Sanjayan  From Antarctica to Tanzania and from Alaska to Australia, Nature Conservancy lead scientist M.A. Sanjayan travels the world to track global warming and promote conservation. Sanjayan, who was born in Sri Lanka and raised in Africa, talks about poverty alleviation and conservation, and whether or not there is still time to save the planet.	APTEX	(S)	(CC)	N/A	#417Z
16:30:00	Overheard with Evan Smith Dean Baquet, Journalist  Dean Baquet is the executive editor of the New York Times. He is the first African-American to hold the position. In 1988 Baquet won a Pulitzer Prize for his coverage of City Council corruption in Chicago. During his nearly 40-year career, Baquet has worked for The Times-Picayune of New Orleans, the Chicago Tribune, the Los Angeles Times and the New York Times.	NETA	(S)	(CC)	N/A	#718H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Furnituremaker  Host Eric Gorges visits Alan Kaniarz, an innovator in the world of furniture design. Together they discuss the love of making furniture, environmentally conscious approaches to the craft and award-winning workmanship.	APTEX	(S)	(CC)	N/A	#213H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3520H
18:30:00	The Open Mind Dreams of the Heartland  Guest: Peter Buttigieg. Mayor Peter Buttigieg of South Bend, Indiana talks about democratic aspirations and values of the American Midwest.	NETA		(CC)	N/A	#3741H
19:00:00	Closer to Truth Observing Physics, Observing Nature?  Why is an observer key to quantum physics? Does the act of observation affect what exists and what happens in the external world? Why is Observation in the quantum world a mystery?	EPS	(S)	(CC)	N/A	#1708H
19:30:00	American Forum The President's First Year: Part 10: Behind Our Fears  SPECIAL SERIES Economist NICHOLAS EBERSTADT on the anxieties of working class voters and challenges for the White House?	NETA	(S)	(CC)	N/A	#230H
20:00:00	Infinity Hall Live Jackie Greene  Jackie Green weaves into his lyrics and guitar playing influences from blues, rock, soul and folk. He boasts music in the Oscar-winning Brokeback Mountain, has participated in multiple tours alongside Phil Lesh, Joan Osborne, and Steve Gorman. He spent some time as a member of The Black Crowes and played alongside Levon Helm at many of his famed Midnight Rambles. This singer, songwriter, bandleader and multi-instrumentalist shares music from his eighth album, Back To Birth, and other Jackie Green favorites like "Honey I Been Thinking About You" and "Gone Wanderin".	APTEX	(S)	(CC)	N/A	#408H

## Daily Program Listing II

43.1

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Sat, May 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center Cma Songwriters Series: Kip Moore	APTEX	(S)	(CC)	N/A	#604H
	Multi-platinum selling country star Kip Moore, who recently released his second album Wild Ones, performs an acoustic set for the CMA Songwriters Series at New York City's Iridium. A songwriter in his own right, having penned songs for Jake Owen and Thompson Square, Moore takes the stage with renowned artists Brett James and Jaren Johnston. The trio strip down versions of Moore's No. 1 hits "Beer Money," "Hey Pretty Girl" and "Somethin' About A Truck" along with his latest single, "I'm To Blame," while sharing stories behind the making of each.					
22:00:00	Globe Trekker Nigeria	APTEX	(S)	(CC)	N/A	#1608H
	Adela Ucar kicks off her visit in the capital of Lagos, an anarchic and electric city with a vital nightlife. Next she journeys to Yoruba Land in the southwest, thought to be the site of the Queen of Sheba's tomb. Adela later meets witch doctors in Oyo, travels to the historic walled cities in the north, hunts for bargains in the ancient Kurmi Market, visits the traditional Fulani village of Chafe and encounters a rare mountain gorilla in Nigeria's eastern highlands.					
23:00:00	Arts In Context Beautiful Creatures	NETA		(CC)	N/A	#606H
	Featuring larger-than-life creatures powered by pedals, Austin Bike Zoo is a one-of-a-kind blend of puppetry and cycling. This "Human Powered Puppetry" was born out of a passion to combine the beauty and strength of human movement with the artistry and theater of puppets and a dedication to creating interactive works. With collaborative support from the community, the zoo presents a new take on classical plays, transforming Shakespeare into a circus performance. Featuring a vast menagerie of creatures including an 80-foot long rattlesnake, Austin Bike Zoo leaves nothing but joy in their quest to educate and inspire while touring the country with their mobile majestic zoo.					
23:30:00	Articulate with Jim Cotter Sugar Tongue Slim	APTEX	(S)	(CC)	N/A	#104H
	For STS, wordplay is a way of life; hip-hop lines his pockets, poetry feeds his soul. Bruce Metcalf - Master fine art jeweler Bruce Metcalf refuses to use the traditional metals and gems in his work, finding them all a little too... precious. Fear of the Known - For generations, the early 20th century American writer H.P. Lovecraft has been terrifying readers. We find out how.					

Sun, May 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Observing Physics, Observing Nature? Why is an observer key to quantum physics? Does the act of observation affect what exists and what happens in the external world? Why is Observation in the quantum world a mystery?	EPS	(S)	(CC)	N/A	#1708H
00:30:00	American Forum The President's First Year: Part 10: Behind Our Fears SPECIAL SERIES Economist NICHOLAS EBERSTADT on the anxieties of working class voters and challenges for the White House?	NETA	(S)	(CC)	N/A	#230H
01:00:00	Infinity Hall Live Jackie Greene Jackie Green weaves into his lyrics and guitar playing influences from blues, rock, soul and folk. He boasts music in the Oscar-winning Brokeback Mountain, has participated in multiple tours alongside Phil Lesh, Joan Osborne, and Steve Gorman. He spent some time as a member of The Black Crowes and played alongside Levon Helm at many of his famed Midnight Rambles. This singer, songwriter, bandleader and multi-instrumentalist shares music from his eighth album, Back To Birth, and other Jackie Green favorites like "Honey I Been Thinking About You" and "Gone Wanderin".	APTEX	(S)	(CC)	N/A	#408H
02:00:00	Front and Center Cma Songwriters Series: Kip Moore Multi-platinum selling country star Kip Moore, who recently released his second album Wild Ones, performs an acoustic set for the CMA Songwriters Series at New York City's Iridium. A songwriter in his own right, having penned songs for Jake Owen and Thompson Square, Moore takes the stage with renowned artists Brett James and Jaren Johnston. The trio strip down versions of Moore's No. 1 hits "Beer Money," "Hey Pretty Girl" and "Somethin' About A Truck" along with his latest single, "I'm To Blame," while sharing stories behind the making of each.	APTEX	(S)	(CC)	N/A	#604H
03:00:00	Globe Trekker Nigeria Adela Ucar kicks off her visit in the capital of Lagos, an anarchic and electric city with a vital nightlife. Next she journeys to Yoruba Land in the southwest, thought to be the site of the Queen of Sheba's tomb. Adela later meets witch doctors in Oyo, travels to the historic walled cities in the north, hunts for bargains in the ancient Kurmi Market, visits the traditional Fulani village of Chafe and encounters a rare mountain gorilla in Nigeria's eastern highlands.	APTEX	(S)	(CC)	N/A	#1608H
04:00:00	Arts In Context Beautiful Creatures Featuring larger-than-life creatures powered by pedals, Austin Bike Zoo is a one-of-a-kind blend of puppetry and cycling. This "Human Powered Puppetry" was born out of a passion to combine the beauty and strength of human movement with the artistry and theater of puppets and a dedication to creating interactive works. With collaborative support from the community, the zoo presents a new take on classical plays, transforming Shakespeare into a circus performance. Featuring a vast menagerie of creatures including an 80-foot long rattlesnake, Austin Bike Zoo leaves nothing but joy in their quest to educate and inspire while touring the country with their mobile majestic zoo.	NETA		(CC)	N/A	#606H
04:30:00	Articulate with Jim Cotter Sugar Tongue Slim For STS, wordplay is a way of life; hip-hop lines his pockets, poetry feeds his soul. Bruce Metcalf - Master fine art jeweler Bruce Metcalf refuses to use the traditional metals and gems in his work, finding them all a little too... precious. Fear of the Known - For generations, the early 20th century American writer H.P. Lovecraft has been terrifying readers. We find out how.	APTEX	(S)	(CC)	N/A	#104H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#247
08:00:00	Painting and Travel with Roger & Sarah Bansemer The Fly Fisherman, Part 2 In part 2 of this two part program, Sarah watches an expert as he creates one of the many types of flies used in fly fishing. Using oils, Roger puts the finishing touches on his painting of the mountain stream.	NETA	(S)	(CC)	N/A	#907H
08:30:00	Painting with Paulson Rolling Home Part I	NETA	(S)	(CC)	N/A	#1701H

Sun, May 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Orca Breaching	APTEX		(CC)	N/A	#602H
	<p>Art Lesson: Composition. Elements of composition are used to organize the components of an artwork in a pleasing manner. Used effectively, these elements provide a structure that leads the viewer's eye in a particular way for a variety of different effects. Examples of extraordinary composition may include the "Mona Lisa" by Leonardo da Vinci or "Starry Night" by Vincent van Gogh. Important components of good composition include: unity, balance and movement. All compositions begin by identifying a focal point. A range of artistic decisions proceeds from there, ranging from contrasts between light and dark to finding a rhythm that paces the eye of the viewer. The parts of the composition may feel as if they belong together or they may be purposely disjointed. A symmetrical arrangement may add a sense of calm; whereas an asymmetrical arrangement may create a sense of unease. By adjusting the arrangement of the objects, the artist can create a sense of motion or still life. Patterns establish an underlying structure of basic lines and shapes. Proportion is the way in which things fit together, big and small, nearby and distant. Each of these components may be used in varying degrees to create the intended effect.</p>					
09:30:00	Classical Stretch: The Esmonde Technique Fingers and Hands	APTEX	(S)	(CC)	DVI	#1015H
	<p>In this episode of Classical Stretch, join Miranda Esmonde-White on the charming beaches of Jamaica. This all-standing workout will strengthen your entire body with an emphasis on your fingers and hands!</p>					
10:00:00	Sit and Be Fit Your Feet, Your Foundation	NETA	(S)	(CC)	N/A	#1417H
	<p>It's important to let your feet feel the floor. Exercising barefoot, Mary Ann emphasizes somatosensory awareness in the feet throughout the workout.</p>					
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#231
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#308H
11:30:00	New Orleans Cooking with Kevin Belton Reveillon Dinne	APTEX	(S)	(CC)	N/A	#126H
	<p>Redfish sauce piquante, smothered Creole pork roast, buche de Noel.</p>					
12:00:00	Ciao Italia Eat Legumes/Mangiate I Legumi	NETA	(S)	(CC)	N/A	#2405H
	<p>Nothing takes the chill out of a cold winter's night better than hot and hearty Straccetti with Cannellini Beans, complete with homemade pasta, and Mary Ann shows you how. And when summer rolls around? Roll out a happy bowl of Chickpea Salad, filled with prosciutto di parma, olives and fresh thyme.</p>					
12:30:00	Mike Colameco's Real Food Battersby/Dover	NETA	(S)	(CC)	N/A	#1410H
	<p>A couple of young talented chefs with great resumes wanted to do their own thing so they took over a narrow tiny bar space with a small open kitchen out back on Smith St, in Carroll Gardens Brooklyn and named it Battersby. A few years later they opened second larger spot a few blocks away called Dover. French inspired they are easily two of the best restaurants in all of Brooklyn.</p>					
13:00:00	Journeys In India Great Caves of Ajanta and Ellora	NETA	(S)	(CC)	N/A	#201H
	<p>Caves have held a special place in human development. The Hindu, Buddhist and Jain caves in these two UNESCO sites contain some of the most beautiful carvings and paintings found in Asia. The show explores the history and relationship between these religions.</p>					
13:30:00	Travel Detective with Peter Greenberg Frivolous Lawsuits	NETA	(S)	(CC)	DVI	#305H
	<p>We all love to travel. However, what happens when something goes wrong during your trip? Legal Correspondent Rikki Klieman reports on arguably the most frivolous lawsuits of all time. Plus, booking a trip online is easy these days. But when your itinerary gets complicated, you might want to get some professional advice. Travel Weekly Editor in Chief Arnie Weissmann tells us when it's worth it to hire a travel agent. And, remember Pan Am: the iconic American airline that failed in 1991? CBS News Travel Editor Peter Greenberg relives that legendary Pan Am experience, through a rather unusual way.</p>					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#308H

Sun, May 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Burt Wolf: Travels & Traditions St. Augustine, Florida  St. Augustine, Florida is the oldest city in the United States. Burt tours the town, looks into the history of Henry Flagler who built a railroad that turned Florida into "The American Riviera." He also visits Flagler College and learns about their Coastal Environmental project. St. Augustine was the place where the Spanish Conquistador, Juan Ponce De Leon searched for the Fountain of Youth. Throughout the program, Burt continues that investigation, with considerable success.	APTEX	(S)	(CC)	N/A	#1605H
15:00:00	American Woodshop Shaker-Inspired Wall Rack.	NETA	(S)	(CC)	N/A	#2407H
15:30:00	Rough Cut - Woodworking with Tommy Mac Master Showcase with Tom McLaughlin  This week on Rough Cut Woodworking with Tommy Mac, we're heading to Canterbury, NH to see Master Woodworker and series regular Tom McLaughlin in his natural habitat. Tommy joins Tom in his workshop to build a porch swing, a perfect addition for any family home.	APTEX	(S)	(CC)	N/A	#613H
16:00:00	Happy Yoga with Sarah Starr Beach Cove  Relax and rejuvenate amid the tranquil beach setting, drawing in calm, soothing energy from the ocean waves as we focus on seated postures to strengthen the legs while opening the hips, combined with upper body moves to stretch the shoulders and chest using a chair for support.	NETA	(S)	(CC)	N/A	#303H
16:30:00	Second Opinion Lupus  Lupus is a chronic autoimmune disease that is known as the "great imitator" because many of its symptoms can mask themselves as other disorders. Patient Shanelle Gabriel thought her symptoms were a result of her busy college schedule-until a moment of vanity took her to see her doctor.	APTEX	(S)	(CC)	N/A	#1309H
17:00:00	Feel Grand with Jane Seymour Ancient Remedies for Modern Health  While we may have been raised to always think of the doctor's office as the first solution, there is a whole world of health care solutions out there waiting to be discovered, and most of them go beyond merely talking another prescription. We'll take a look at some alternative approaches to keeping our bodies healthy."	APTEX	(S)	(CC)	N/A	#113H
17:30:00	Well Read Garth Stein & Mary Ann Gwinn: Writers to Reviewers  A show for readers, writers and reviewers. First author Garth Stein gives tips on navigating the world of the writer. Then some of our past guests weigh in on research, inspiration and writing styles. Finally, Mary Ann Gwinn is interviewed about life of a reviewer.	APTEX	(S)	(CC)	N/A	#615H
18:00:00	California's Gold Lompoc Mural  Imagine driving through Lompoc in the early 1940's and coming across a huge 12 acre American flag made up of red, white and blue flowers. That's just what people saw every spring for several years and it was a remarkable sight. In 1942 the good folks at Bodger Seeds in Lompoc decided they could do something really spectacular to support the war effort. A 12 acre flower flag was their way of saying thanks to all the Americans who were fighting the good fight. The company planted " flags" in 1942, '43, '45 and 1952. In a fitting tribute to an obscure piece of California history, the town of Lompoc decided the flower flag was a wonderful image for their annual Mural-in-a-Day event as part of the Old Town Faire. The mural was painted by 15 talented artist and is truly beautiful. Huell met some folks from Bodger Seed and even someone who helped plant the "flag" in 1952.	KCET		(CC)	N/A	#1010
18:30:00	Curious Traveler Curious Bordeaux  Who got hitched at Bordeaux Cathedral and why was it such an important moment in history? Did Parisian architecture actually come from Bordeaux? Why is Bordeaux so synonymous with wine? What was the Place de la Bourse hiding? What do all these sculptures mean at Place des Quinconces? Why were two ancient gates spared?	APTEX	(S)	(CC)	N/A	#209H
19:00:00	Beyond Geek Hackathon  Nate races against the clock on a team creating something out of thin air in a 44-hour hackathon... and tries to do it with no sleep.	EPS	(S)	(CC)	N/A	#204H

Sun, May 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Solis Winery	KAMLA	(S)	(CC)	N/A	#121H
	Kamla talks to Vic Vanni of Solis Winery of Santa Clara Wineries - the oldest wine growing region of California. Long before technology, this was known as the Valley of Heart's Delight. Vanni shares how his family had a flower business in Mountain View and how they moved south to Gilroy and started the winery in the 1970s.					
20:00:00	Black America A Conversation with Salamishah Tillet	EPS	(S)	(CC)	N/A	#117H
	Salamishah Tillet, Professor at University of Pennsylvania and Co-Founder of "A Long Walk Home" sits down with Carol Jenkins to discuss the topic, saving Black girls from violence and nurturing their success. In 2003, A Long Walk Home was founded by sisters, Dr. Salamishah Tillet and Scheherazade Tillet to educate, inspire, and mobilize young people to end violence against girls and women by using art. This journey was inspired after Scheherazade discovered her sister, Salamishah was a rape survivor and wanted to help her sister heal from the violence she experienced. In this episode of Black America, Dr. Salamishah Tillet discusses sexual violence, why we have to "Say Her Name", her thoughts on Beyonce's latest project, "Lemonade" and her latest work on artist, Nina Simone.					
20:30:00	Black America Women and Sports with Wendy Hilliard	EPS	(S)	(CC)	N/A	#118H
	Carol Jenkins is joined by Wendy Hilliard, the first Black woman to represent the U.S on the Rhythmic Gymnastics National Team, Hall of Fame rhythmic gymnast and Founder of the Wendy Hilliard Foundation to talk about women and sports. The Wendy Hilliard Gymnastics Foundation has trained over 15,000 inner-city youth; including top elite athletes and international gymnastics performers. In this discussion, Carol Jenkins and Wendy Hilliard discuss body image, the top 5 women in sports, equality and take a look at floor routines by Simone Biles and Gabby Douglas who are heading to the Olympics in Rio.					
21:00:00	Tibet Diary: Beauty and Mystery	NETA	(S)	(CC)	N/A	#0H
	Join two American athletes, Chris and Lache, as they experience the culture, the spirituality and the stunning scenery of Tibet for the very first time. They begin their journey with a twenty three hour train ride through the Qinghai Tibetan Plateau: the highest plateau on earth. Tibet, the roof of the world, with an average elevation of 16,000 feet, provided serious physical challenges for the two athletes, but their struggles were worthwhile. They witnessed monks debating Buddhist scriptures at the Sera Monastery, had a chat about Buddhism with a revered monk at the Jokhang Temple, tasted traditional Tibetan food and danced with local Tibetans. The breathtaking scenery at the Yamzho Yumco Lake left them both at a loss for words. Finally, they visited the magnificent Potala Palace and ascended up to the rooftop, a site forbidden to film crews for the past 7 years.					
22:00:00	Beyond The Wall: A Texas Tribune Investigation	NETA	(S)	(CC)	N/A	#0H
	Go past the rhetoric to investigate the reality of the Texas border with The Texas Tribune. Step into the shoes of undocumented immigrants, border patrol agents and a borderland rancher, and explore Texas' thirst for illegal drugs and cheap labor.					
22:30:00	Canefield Songs: Holehole Bushi	NETA	(S)	(CC)	N/A	#0H
	In this new film, Professor of Anthropology Christine Yano explains, "If we want to know something of what some of these women					
23:00:00	Soldier On: Life After Deployment	APTEX	(S)	(CC)	DVI	#0H
	In SOLDIER ON: LIFE AFTER DEPLOYMENT three women - Natasha Young, Amanda Tejada and Lyndsey Lyons - confront the challenges of readjusting to civilian life after their post-9/11 military service. Once back in the United States, the women cope with the disintegration of their relationships, alcohol and substance abuse, depression, health problems, military sexual trauma, post-traumatic stress disorder, and employment difficulties.					

Mon, May 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Hackathon	EPS	(S)	(CC)	N/A	#204H
	Nate races against the clock on a team creating something out of thin air in a 44-hour hackathon... and tries to do it with no sleep.					
00:30:00	The Kamla Show Special Solis Winery	KAMLA	(S)	(CC)	N/A	#121H
	Kamla talks to Vic Vanni of Solis Winery of Santa Clara Wineries - the oldest wine growing region of California. Long before technology, this was known as the Valley of Heart's Delight. Vanni shares how his family had a flower business in Mountain View and how they moved south to Gilroy and started the winery in the 1970s.					
01:00:00	Black America A Conversation with Salamishah Tillet	EPS	(S)	(CC)	N/A	#117H
	Salamishah Tillet, Professor at University of Pennsylvania and Co-Founder of "A Long Walk Home" sits down with Carol Jenkins to discuss the topic, saving Black girls from violence and nurturing their success. In 2003, A Long Walk Home was founded by sisters, Dr. Salamishah Tillet and Scheherazade Tillet to educate, inspire, and mobilize young people to end violence against girls and women by using art. This journey was inspired after Scheherazade discovered her sister, Salamishah was a rape survivor and wanted to help her sister heal from the violence she experienced. In this episode of Black America, Dr. Salamishah Tillet discusses sexual violence, why we have to "Say Her Name", her thoughts on Beyonce's latest project, "Lemonade" and her latest work on artist, Nina Simone.					
01:30:00	Black America Women and Sports with Wendy Hilliard	EPS	(S)	(CC)	N/A	#118H
	Carol Jenkins is joined by Wendy Hilliard, the first Black woman to represent the U.S on the Rhythmic Gymnastics National Team, Hall of Fame rhythmic gymnast and Founder of the Wendy Hilliard Foundation to talk about women and sports. The Wendy Hilliard Gymnastics Foundation has trained over 15,000 inner-city youth; including top elite athletes and international gymnastics performers. In this discussion, Carol Jenkins and Wendy Hilliard discuss body image, the top 5 women in sports, equality and take a look at floor routines by Simone Biles and Gabby Douglas who are heading to the Olympics in Rio.					
02:00:00	Tibet Diary: Beauty and Mystery	NETA	(S)	(CC)	N/A	#0H
	Join two American athletes, Chris and Lache, as they experience the culture, the spirituality and the stunning scenery of Tibet for the very first time. They begin their journey with a twenty three hour train ride through the Qinghai Tibetan Plateau: the highest plateau on earth. Tibet, the roof of the world, with an average elevation of 16,000 feet, provided serious physical challenges for the two athletes, but their struggles were worthwhile. They witnessed monks debating Buddhist scriptures at the Sera Monastery, had a chat about Buddhism with a revered monk at the Jokhang Temple, tasted traditional Tibetan food and danced with local Tibetans. The breathtaking scenery at the Yamzho Yumco Lake left them both at a loss for words. Finally, they visited the magnificent Potala Palace and ascended up to the rooftop, a site forbidden to film crews for the past 7 years.					
03:00:00	Beyond The Wall: A Texas Tribune Investigation	NETA	(S)	(CC)	N/A	#0H
	Go past the rhetoric to investigate the reality of the Texas border with The Texas Tribune. Step into the shoes of undocumented immigrants, border patrol agents and a borderland rancher, and explore Texas' thirst for illegal drugs and cheap labor.					
03:30:00	Canefield Songs: Holehole Bushi	NETA	(S)	(CC)	N/A	#0H
	In this new film, Professor of Anthropology Christine Yano explains, "If we want to know something of what some of these women					
04:00:00	Soldier On: Life After Deployment	APTEX	(S)	(CC)	DVI	#0H
	In SOLDIER ON: LIFE AFTER DEPLOYMENT three women - Natasha Young, Amanda Tejada and Lyndsey Lyons - confront the challenges of readjusting to civilian life after their post-9/11 military service. Once back in the United States, the women cope with the disintegration of their relationships, alcohol and substance abuse, depression, health problems, military sexual trauma, post-traumatic stress disorder, and employment difficulties.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#248
08:00:00	Zula Patrol The Sound of Multo/Eyes in the Skies	APTEX	(S)	(CC)	N/A	#207H
	The Zula Patrol comes to the rescue when Deliria leads a swarm of Zulean Music-Munchers into the city to devour Zuleans' musical instruments. Her plan: to force Zuleans to buy only her brand of instrument. After years of hard work, Bula, Zeeter and Multo have finished building satellites. Taking a well-deserved break, they enjoy an afternoon in the wilderness. Dark Truder takes advantage of their absence to steal all of Zula's satellites so he can become "Rula of Zula". Without Zula's satellites, Zula becomes helpless, and our heroes become lost in the wilderness.					
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#120H

Mon, May 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Anti Aging	ACCES		(CC)	N/A	#106H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1016H
10:00:00	Sit and Be Fit Flabby Arms	NETA	(S)	(CC)	N/A	#1418H
	This workout focuses on exercises to tone the arm muscles. Mary Ann introduces a new way to strengthen arms using your own body as resistance.					
10:30:00	It's Sew Easy Accessorize for Versatility	NETA	(S)	(CC)	DVI	#1212H
	Make travel fashions work for day and evening. Fabric artist Kim Montagnese upcycles vintage ties to create new fashions. Designer and sewing educator Louis Carney takes daywear into the evening with embroidered appliques for belts, shoes and purses. Angela Wolf shares a tip for serging on knits.					
11:00:00	Knit and Crochet Now! Carry Along Bags	APTEX	(S)	(CC)	DVI	#709H
	Ellen Gormley is here to show Deborah how to stitch up the Rose Messenger Bag, worked in easy crochet with a cross stitch rose. Lena will then show how to knit the Visby Purse which features cables and a linen stitch side panel. Ellen is also in the stitch corner with a crochet Lazy Daisy Stitch.					
11:30:00	Fresh Quilting Quilt Building	NETA	(S)	(CC)	N/A	#108H
	Build a quilt from the ground up. Textile designer Luana Rubin shares designs inspired by colors of Cuba. Allison Evans discusses concepts for charity sewing with Heather Grant. Pattern maker Rossi Hutchinson creates colorful geometric and organic quilt designs with machine piecing and reverse applique.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6221H
13:00:00	America's Test Kitchen from Cook's Illustrated Baked Alaska Showstopper	APTEX	(S)	(CC)	N/A	#1714H
	Hosts Julia Collin Davison and Bridget Lancaster head into the test kitchen to uncover the secrets to making the ultimate baked Alaska at home. Then, equipment expert Adam Ried reviews ice cream machines in the Equipment Corner. Next, science expert Dan Souza reveals the science of insulation and thermodynamics at work in baked Alaska. And finally, gadget guru Lisa McManus shares the best offset spatulas.					
13:30:00	Pati's Mexican Table Sugar for Hubby	APTEX	(S)	(CC)	N/A	#307H
	When you're a busy mom to three boys AND you have a job, you have to make an effort to set aside time for just you and the hubby. So today, Pati is preparing a special meal for a date night with her husband, Dany. And since he LOVES seafood, she's going to make seafood dishes for their romantic night in. A trip down to the state of Michoacan, where Pati meets the "Butterfly Net Fishermen," helps with the inspiration. Recipe 1: Shrimp Cocktail Pacifico; Recipe 2: Rodrigo-Style Fish; Recipe 3: Nana Jose's Flourless Chocolate Pecan Cake.					
14:00:00	Primal Grill with Steven Raichlen The Best Kept Secrets of European Grilling	APTEX	(S)	(CC)	N/A	#311H
	When it comes to European grilling, Italy and Greece grab the headlines. Here's a look of some of Europe's lesser-known grilling traditions. From Belgium, it's briny oysters grilled with an uncommon (and uncommonly delectable) combo of ginger, soy sauce, and fruit jam. Serbia gives us boned chicken thighs, stuffed and grilled with bacon, ham, and cheese. And from Germany comes the best barbecue you've never heard of- spießbraten-butterflied pork shoulder stuffed with onions and garlic and spit-roasted over beech wood. Finally, straight from a wood-burning beehive oven, experience a mixed vegetable grill with Brussel sprouts. You saw it here first on Primal Grill. Belgian Oysters; Serbian Grilled Chicken Bundles; German Spießbraten; Vegetable Mixed Grill.					
14:30:00	Steven Raichlen's Project Smoke Smoke in a Hurry	APTEX	(S)	(CC)	N/A	#209H
	Grilling is fast. Smoking demands patience. But what if you could achieve great smoke flavor in five to 10 minutes? In this show, you'll learn how to smoke in a hurry, from spectacular spruce-smoked steaks to a dragon's breath cocktail dramatically served in a smoking brandy snifter. Ember-smoked corn and a Project Smoke first: smoked ice cream. Set your stopwatch: We're smoking in a hurry. Dragon's breath cocktail; Hay-smoked mozzarella (smoked caprese salad) ; Spruce-smoked steaks; Ember-roasted corn; Smoked ice cream with rum-raisin sauce.					



Mon, May 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Make It Colorful	NETA	(S)	(CC)	N/A	#2210H
	Color adds an extra pop to any jewelry design. Designer and author Ameer Sweet-McNamara blends her love of colors and shapes with soutache braid and tiny beads to create high-impact jewelry. Katie colors charms and pendants using permanent markers and alcohol inks.					
15:30:00	Katie Brown Workshop Regional Garden	APTEX	(S)	(CC)	N/A	#604H
	In this "best-of" episode, host Katie Brown celebrates the diverse tastes of the world. In the Kitchen: French onion soup, Greek-style stuffed eggplant and Jamaican jerk chicken with citrus salsa. Projects: Planting a regional vegetable and herb garden and making creative garden stakes to mark the rows.					
16:00:00	Biz Kid\$ Money Moves (Global Economy)	APTEX	(S)	(CC)	DVI	#120H
	Around the world with the Biz Kids! Join us and you'll follow the flow of imports and exports that make up the interconnected world economy. You will discover who makes the many things we use every day that come from all over the world. You'll also see how several entrepreneurs have made a success of their businesses, despite the pressures of the world economy.					
16:30:00	Hands On Crafts for Kids Use It	NETA	(S)	(CC)	DVI	#1713H
	Use what you make and get double fun from your crafts. Weave hip survival bracelets with some tips from Katie. Franz uses everyday objects to make a robot storage container. Blogger Rachel Howard and her kids make a miniature construction site for toy earth-moving equipment! Use items from the Family Craft Box and recycle old road maps to craft a travel case full of learning games and activities - and treats, too!					
17:00:00	P. Allen Smith's Garden Home Pura Vida, Costa Rica	APTEX	(S)	(CC)	N/A	#1511H
	P. Allen Smith visits one of the five Blue Zones in the world, Costa Rica, to see if there really is a secret to living longer.					
17:30:00	Growing A Greener World	APTEX	(S)	(CC)	N/A	#807H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14106H
18:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#209H
	Asian American Life's host Ernabel Demillo watches the Origami Holiday Tree unfold at the American Museum of Natural History. Then a closer look at Terracotta Daughters with Reporter Paul Lin. Artist Prune Nourry's exhibition drawing attention to gender selection is traveling the world and soon will be a documentary. Caring for aging parents is something most adult children worry about, but for Asian Americans cultural obligations exist that can lead to challenges, as Kyung Yoon reports.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8041
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3520H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#402H
	The spirit of The Band and Woodstock is alive in the folk duo Larry Campbell & Teresa Williams, plus bluegrass superstar bands Blue Highway and Hot Rize will light up the Liberty Hall stage.					
21:00:00	Speakeasy Frankie Valli and Paul Shaffer	APTEX	(S)	(CC)	N/A	#201H
	Frankie Valli, best known as the front man of The Four Seasons, sits down with legendary musical director/bandleader Paul Shaffer. Over the course of his career, Valli has scored 29 Top 40 hits with The Four Seasons, one Top 40 hit under The Four Seasons' alias 'The Wonder Who?,' and nine Top 40 hits as a solo artist. He was inducted into the Rock and Roll Hall of Fame in 1990 as a member of The Four Seasons and the Vocal Group Hall of Fame in 1999. Shaffer served as David Letterman's musical director, band leader, and sidekick on the entire run of both Late Night with David Letterman (1982-1993) and Late Show with David Letterman (1993-2015). He began his music career in 1972 as the musical director of the Toronto production of "Godspell" before joining the house band of "Saturday Night Live" from 1975-1980.					
22:00:00	Canine Soldiers: The Militarization of Love	NETA	(S)	(CC)	N/A	#0H
	Canine Soldiers explores the intimate bond between Military Working Dogs and their handlers-combat soldiers who make life-and-death decisions based on the instincts and behavior of the dogs who lead their patrols. In wars where the rules of engagement have shifted from traditional combat to the unforeseen and the invisible, these highly trained dogs are saving soldiers' lives and giving them comfort, hope and protection.					

Daily Program Listing II  
43.1

Date: 04/12/2017

05/01/2017 - 05/31/2017

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Mon, May 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Hunting In Wartime	NETA	(S)	(CC)	N/A	#0H
<p>"Hunting in Wartime" profiles Tlingit veterans from Hoonah, Alaska who saw combat during the Vietnam War. The veterans talk about surviving trauma, relating to Vietnamese communities, readjusting to civilian life, and serving a government that systematically oppresses native people. Their stories give an important human face to the combat soldier and show the lasting effects of war on individuals, families and communities.</p>						

Tue, May 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8041
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3520H
01:00:00	Music City Roots Live from the Factory The spirit of The Band and Woodstock is alive in the folk duo Larry Campbell & Teresa Williams, plus bluegrass superstar bands Blue Highway and Hot Rize will light up the Liberty Hall stage.	APTEX	(S)	(CC)	N/A	#402H
02:00:00	Speakeasy Frankie Valli and Paul Shaffer Frankie Valli, best known as the front man of The Four Seasons, sits down with legendary musical director/bandleader Paul Shaffer. Over the course of his career, Valli has scored 29 Top 40 hits with The Four Seasons, one Top 40 hit under The Four Seasons' alias 'The Wonder Who?', and nine Top 40 hits as a solo artist. He was inducted into the Rock and Roll Hall of Fame in 1990 as a member of The Four Seasons and the Vocal Group Hall of Fame in 1999. Shaffer served as David Letterman's musical director, band leader, and sidekick on the entire run of both Late Night with David Letterman (1982-1993) and Late Show with David Letterman (1993-2015). He began his music career in 1972 as the musical director of the Toronto production of "Godspell" before joining the house band of "Saturday Night Live" from 1975-1980.	APTEX	(S)	(CC)	N/A	#201H
03:00:00	Canine Soldiers: The Militarization of Love Canine Soldiers explores the intimate bond between Military Working Dogs and their handlers-combat soldiers who make life-and-death decisions based on the instincts and behavior of the dogs who lead their patrols. In wars where the rules of engagement have shifted from traditional combat to the unforeseen and the invisible, these highly trained dogs are saving soldiers' lives and giving them comfort, hope and protection.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Hunting In Wartime "Hunting in Wartime" profiles Tlingit veterans from Hoonah, Alaska who saw combat during the Vietnam War. The veterans talk about surviving trauma, relating to Vietnamese communities, readjusting to civilian life, and serving a government that systematically oppresses native people. Their stories give an important human face to the combat soldier and show the lasting effects of war on individuals, families and communities.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#249
08:00:00	Zula Patrol Birds of a Feather/Bula's Heros: The Great Camouflage Caper When their space craft freezes up, the Zula Patrol makes an emergency landing in the Zula Forest near a bird's nest - with an abandoned egg! After the baby bird hatches, the ZPers decide to track down its mother, who Deliria bird-napped in order to design a flying machine for Cloid. Along the way, the Zula Patrol learns about animal adaptation and attempt to teach the little bird how to fly; only they have no luck. But when the time is right, the bird does fly, rescuing its mother and helping the Zula Patrol snare Deliria and Cloid. In his quest for control of Zula, Dark Truder shrinks Bula, Zeeter and Multo, and then puts them in a terrarium where a beetle named Bruto will keep them from escaping. Deep inside the terrarium, the ZPers meet a group of very polite insects with camouflage abilities. Bug-phobic Bula comes to like the insects and get over his phobia. The insects use their camouflage abilities to help get the ZPers past Bruto, out of the terrarium and defeat Truder.	APTEX	(S)	(CC)	N/A	#208H
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#121H
09:00:00	Functional Fitness with Suzanne Andrews Copd/Asthma	ACCES		(CC)	N/A	#107H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1017H
10:00:00	Sit and Be Fit The Power of Small Movements This episode demonstrates what can be achieved with small gentle movements.	NETA	(S)	(CC)	N/A	#1419H
10:30:00	It's Sew Easy Easy Sundress Sundresses look great and keep you cool. Designer Kay Whitt professionally finishes sundress necklines and armhole edges. Blogger and designer Caroline Hulse make a tank dress in a straight style and adds elastic at the waistline. Couture designer Angela Wolf has a tip for serging flat-felled seams.	NETA	(S)	(CC)	DVI	#1213H

Tue, May 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:00:00	Knit and Crochet Now! Itty Bitty Baby Projects  Did you know that it's estimated there are four babies born every second...that means someone near you is probably having a baby! Deborah is joined by Kristin Nicholas and Robyn Chachula to show how to knit and crochet the perfect little pair of knit booties and fingerless mitts, Fingers and Toes Knit Booties and Fingerless Mitts and Little Hands & Feet Booties and Fingerless Mitts. In the stitch corner Lena will show how to do Twined Knitting.	APTEX	(S)	(CC)	DVI	#710H
11:30:00	Fresh Quilting Scraps and Pieces  Scraps and pieces become beautiful quilts. Scrappy applique artist Shannon Brinkley collages scraps of fabric into whimsical quilted designs. Jacquie Gering and Heather Grant discuss guild scholarship programs. Using small scraps, author and paper piecing expert Elizabeth Dackson shows techniques for foundation paper piecing.	NETA	(S)	(CC)	N/A	#109H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6222H
13:00:00	Julie Taboulie's Lebanese Kitchen Street Food Star, Shawarma  Julie is serving up her street food star supreme sandwich, shawarma. Succulent, spicy, saucy and shaved off a rotisserie spit, shawarma is one of Lebanon's and the Middle East's most famous street-food sandwiches seen throughout the international and the American street food scene. Translating to "turn" or to "rotate," shawarma lahem is thinly sliced marinated lamb meat that is roasted and lusciously layered with traditional toppings of caramelized onions and stewed tomatoes called khoudra mishwiyeh then topped with tasty and tangy tahini, a sesame seed sauce sprinkled with an array of fresh herbs. Then, this succulent sandwich is all wrapped up in warm pita bread, making this scrumptious sandwich something that you'll want to create, make and taste, time and time again. Julie is sharing some of her special tips, tricks and techniques on how to make her signature street food star sandwich right at home so that you can simply re-create her recipes in your very own kitchen and NO rotisserie spit needed. It's succulent. It's spicy. It's saucy. It's shawarma. Julie Taboulie's supreme street food star sandwich.	APTEX	(S)	(CC)	DVI	#105H
13:30:00	Sara's Weeknight Meals Significant Salad  If you've packed on the pounds lately, we have solution - salads that cut the calories without cutting the flavor, Sara's steak, mushroom and tomato salad, or scallop and grapefruit salad. We'll also visit the quintessential farmers market to shop for clean greens. It's like a spa in your own home!	APTEX	(S)	(CC)	N/A	#519H
14:00:00	Taste of History The Return of L' Hermione  Chef Staib travels to the port of La Rochefort, France for the final phase of reconstruction of L'Hermione the frigate that brought the Marquis d' LaFayette to America. Chef Staib makes calf livers in calvados with apples, potato gratin, poached leeks in vinaigrette, dandelion salad with lardons, a salad of mussels, barley, artichokes and tomatoes and the famous "floating island" dessert.	NETA	(S)	(CC)	N/A	#610H
14:30:00	Sara's Weeknight Meals Soul of the South  Sara travels to Charleston, South Carolina to learn the secrets to the legendary fried chicken of Martha Lou Gadsden of Martha Lou's Kitchen. Then she travels to Boone Plantation to learn how African American cooks have shaped Southern cooking since the days of slavery. Back in Sara's kitchen, she makes her version of a Southern classic, red beans and rice soup. Recipes: Martha Lou's southern fried chicken; Red beans and rice soup.	APTEX	(S)	(CC)	N/A	#607H
15:00:00	Beads, Baubles and Jewels Take Beadwork to the Next Level  Author Nealay Patel returns to show how the type of wire used can enhance the design possibilities. He uses knitted wire and adds ruffles and ripples to make a dazzling necklace. Following today's hot trend, Katie makes a bracelet on a loom using leather cord and crystal beads in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2211H
15:30:00	Katie Brown Workshop Best of Gifts  In these "best-of" segments taken from previous seasons, host Katie Brown demonstrates her favorite homemade gifts to give and receive. In the Kitchen: designer breadsticks, matzo ball soup, Katie's truffles. Projects: putting together a welcome basket for a neighbor and personalizing planters with photos.	APTEX	(S)	(CC)	N/A	#605H
16:00:00	Biz Kid\$ Bulls, Bears, and Financial Markets  Kids and bulls and bears, oh my! The Biz Kids examine stocks, bonds, commodities, and the markets where each of them are traded. You will discover various ways young people can get involved with the transactions, aim for profit, and avoid risk. Meet some successful entrepreneurs along the way.	APTEX	(S)	(CC)	DVI	#121H

Tue, May 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Fins, Feathers and Fur Let's get creative with inspiration from the forest, sea and sky. Jenny Barnett-Rohrs and Katie Hacker make a friendly hedgehog then Katie creates a wiggly fish. Franz Spohn scratches off paint to make colorful animal images and Jenny makes a gelatin print Valentine's Day card.	NETA	(S)	(CC)	DVI	#1801H
17:00:00	P. Allen Smith's Garden Home Mighty Micros P. Allen Smith explores the little touches that make a big impact around the home and garden.	APTEX	(S)	(CC)	N/A	#1512H
17:30:00	Growing A Greener World A Year in the Life of a Beginning Beekeeper (Atlanta, Ga; Mt. Airy, Nc) Once you get past the buzz of backyard beekeeping, what's the reality? This episode tracks the first year of newbie beekeeper Joe Lamp! selecting the best equipment, physically taking possession of thousands of live bees, installing them in a proper hive, harvesting the honey, and dealing with the inevitable challenges along the way. With a Master Beekeeper offering expert advice as well as incredible visuals of the honeybee's secret world, this episode is a must-see.	APTEX	(S)	(CC)	N/A	#601H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14107H
18:30:00	Americas Now	NETA	(S)	(CC)	N/A	#129H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8042
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1321H
20:00:00	Sun Studio Sessions Devon Allman (Encore) Having a famous parent carries a lot of weight, but Devon Allman is busting out of his father Greg's shadow making his own mark on the blues rock scene. Indeed, his most recent record debuted at #1 on the Billboard Blues albums charts. In this encore episode, Devon performs several of his signature songs including "Turn off the World."	NETA	(S)	(CC)	N/A	#812H
20:30:00	Jammin at Hippie Jack's Sweetback Sisters The Sweetback Sisters may not be blood relations, but their family-style harmonies recall the best of country music from the Everlys to the Judds, as well as the spirited rockabilly energy of Wanda Jackson. The rollicking country swing of the Sweetback Sisters is as infectious as it is heartbreaking.	NETA	(S)	(CC)	N/A	#1009H
21:00:00	The Kate Rickie Lee Jones Two-time Grammy-winner Rickie Lee Jones exploded onto the pop scene in 1978 and has made a career of fearlessly experimenting with her sound and persona over 15 critically acclaimed albums. Her latest release, The Other Side of Desire, explores a new chapter in her life--her first album of new original material in ten years. In The Kate, Rickie Lee's performance provides a window into the meteoric rise and fade of the early days and the soul-stirring place her song writing emanates from now. Charming the audience with fan favorites like "Chuck E's In Love" and the playful new tune penned for her daughter, "Jimmy Choos," to the haunting piano-driven ballad "Infinity," Rickie Lee Jones shares with audiences her signature bravado.	APTEX	(S)	(CC)	N/A	#102H
22:00:00	World Dancesport GrandSlam Series Part 2 Latin Series - The Showdown In Shanghai It has been a tumultuous year in Latin dancing as the five GrandSlam Series competitions reflected perfectly. When the series began with the first leg in Helsinki, everybody was eager to see the three "new" couples formed after two high-profile partnerships were dissolved at the end of the previous year. Even the skeptics seemed to like what they saw. By winning Helsinki with his new partner Vera Bondareva, Nino Langella seemed all set to continue where he had left off five months earlier. It came all the more as a surprise when the two Italian dancers didn't make it to Wuhan, China, and later when Nino announced that he would leave the GrandSlam Series. But by then, three couples had started to position themselves as the heirs apparent to his dominance. Moldovans Gabriele Goffredo and Anna Matus had two back-to-back victories in Asia, but Armen Tsaturyan and Svetlana Gudyno of Russia came back fighting and took the next two legs in Moscow and Stuttgart. Nino's former partner Khrystyna Moshenska and Marius-Andrei Balan were runners-up twice but then surprisingly failed to qualify for the season-ending GrandSlam Final. The stage was set for the "Showdown in Shanghai" to determine which couple would succeed the long-time champions from Italy.	APTEX	(S)	(CC)	N/A	#106H

Tue, May 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
<p>COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical break-through, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.</p>						

Wed, May 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8042
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1321H
01:00:00	Sun Studio Sessions Devon Allman (Encore)	NETA	(S)	(CC)	N/A	#812H
	Having a famous parent carries a lot of weight, but Devon Allman is busting out of his father Greg's shadow making his own mark on the blues rock scene. Indeed, his most recent record debuted at #1 on the Billboard Blues albums charts. In this encore episode, Devon performs several of his signature songs including "Turn off the World."					
01:30:00	Jammin at Hippie Jack's Sweetback Sisters	NETA	(S)	(CC)	N/A	#1009H
	The Sweetback Sisters may not be blood relations, but their family-style harmonies recall the best of country music from the Everlys to the Judds, as well as the spirited rockabilly energy of Wanda Jackson. The rollicking country swing of the Sweetback Sisters is as infectious as it is heartbreaking.					
02:00:00	The Kate Rickie Lee Jones	APTEX	(S)	(CC)	N/A	#102H
	Two-time Grammy-winner Rickie Lee Jones exploded onto the pop scene in 1978 and has made a career of fearlessly experimenting with her sound and persona over 15 critically acclaimed albums. Her latest release, The Other Side of Desire, explores a new chapter in her life--her first album of new original material in ten years. In The Kate, Rickie Lee's performance provides a window into the meteoric rise and fade of the early days and the soul-stirring place her song writing emanates from now. Charming the audience with fan favorites like "Chuck E's In Love" and the playful new tune penned for her daughter, "Jimmy Choos," to the haunting piano-driven ballad "Infinity," Rickie Lee Jones shares with audiences her signature bravado.					
03:00:00	World Dancesport GrandSlam Series Part 2 Latin Series - The Showdown In Shanghai	APTEX	(S)	(CC)	N/A	#106H
	It has been a tumultuous year in Latin dancing as the five GrandSlam Series competitions reflected perfectly. When the series began with the first leg in Helsinki, everybody was eager to see the three "new" couples formed after two high-profile partnerships were dissolved at the end of the previous year. Even the skeptics seemed to like what they saw. By winning Helsinki with his new partner Vera Bondareva, Nino Langella seemed all set to continue where he had left off five months earlier. It came all the more as a surprise when the two Italian dancers didn't make it to Wuhan, China, and later when Nino announced that he would leave the GrandSlam Series. But by then, three couples had started to position themselves as the heirs apparent to his dominance. Moldovans Gabriele Goffredo and Anna Matus had two back-to-back victories in Asia, but Armen Tsaturyan and Svetlana Gudyno of Russia came back fighting and took the next two legs in Moscow and Stuttgart. Nino's former partner Khrystyna Moshenska and Marius-Andrei Balan were runners-up twice but then surprisingly failed to qualify for the season-ending GrandSlam Final. The stage was set for the "Showdown in Shanghai" to determine which couple would succeed the long-time champions from Italy.					
04:00:00	Counting from Infinity: Yitang Zhang and the Twin Prime Conjecture	APTEX	(S)	(CC)	N/A	#0H
	COUNTING FROM INFINITY: YITANG ZHANG AND THE TWIN PRIME CONJECTURE centers on an exciting string of mathematical discoveries. It began in April 2013 when Yitang "Tom" Zhang, a virtually unknown mathematician working as an adjunct professor at the University of New Hampshire, submitted a paper to the Annals of Mathematics. Zhang had made an important breakthrough in Number Theory by solving the Twin Prime Conjecture (pairs of prime numbers that differ by two). His work, Small Gaps Between Primes, was immediately recognized as an important mathematical break-through, and Zhang became an instant celebrity - a role for which he was unprepared. The film documents Zhang's quiet perseverance amidst adversity, and his preference for thinking and working in solitude. Zhang's story is interwoven with a history of the Twin Prime Conjecture as told by several mathematicians, many of whom have wrestled with this challenging problem: Daniel Goldston, Kannan Soundararajan, Andrew Granville, Peter Sarnak, Enrico Bombieri and James Maynard. By chronicling the series of rapid developments around the twin prime problem in 2013, and the many individuals who contributed to it, the film offers a glimpse at how mathematics progresses. A snapshot of a great moment in mathematical history, COUNTING FROM INFINITY is at once a biographical portrait of a unique individual and the exciting story of his discovery.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#250
08:00:00	Zula Patrol Moon Struck/Me, Myself and lo	APTEX	(S)	(CC)	N/A	#209H
	The Zula Patrol is called into action to rescue Venus from her erratic behavior in her quest to acquire a moon of her own. It's time again for Jupiterfest, the yearly celebration to honor the Solar System's Big Guy, and this year all of Jupiter's moons will take part in a talent show to cap off the day. All except lo, that is, the most volcanically active moon in the Solar System. Not only doesn't she think she's talented, but she also is embarrassed about her incessant eruptions. The Zula Patrol steps in to give lo confidence (and an act) for the talent show. Meanwhile, Dark Truder, posing as a judge for the competition, plans to take advantage of the talent show... for a chance to steal the contest's grand prize.					
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#122H

Wed, May 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Better Balance with the Ball	ACCES		(CC)	N/A	#108H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1018H
10:00:00	Sit and Be Fit Flexibility and Range of Motion All the exercises in this program highlight range of motion throughout the shoulders and back.	NETA	(S)	(CC)	N/A	#1420H
10:30:00	Sewing with Nancy Best Sweatshirt Makeovers, Part 1 Transform a wardrobe staple-the sweatshirt-into a unique garment that expresses your own personal style. Mary Mulari joins Nancy to inspire you with some of their new projects and a few favorites from the past 30 years. Learn how to restyle a pullover to a cardigan, apply simple appliques, and add plackets and zippers.	NETA	(S)	(CC)	N/A	#3001H
11:00:00	Knit and Crochet Now! Unique Accessories Deborah Norville is working with Rohn Strong this week on a couple of very unique projects. First up is the Linetta Hat using Tunisian crochet and then Rohn shows how to use a knitting loom to make the Les Bouquets Shawl. Ellen is over in the stitch corner and will show how to crochet the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#711H
11:30:00	Fresh Quilting A New Angle Look at quilting from a fresh new angle. Quilt designer and author Latifah Saafir uses templates and paper piecing to design with half-square triangles. Heather Grant and Elizabeth Dackson give tips for creating a guild demo day. Painter-turned-quilter Victoria Findlay Wolfe creates compelling designs with die-cut shapes.	NETA	(S)	(CC)	N/A	#110H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6223H
13:00:00	Lidia's Kitchen Antipasti There is a party in the air with an Italian flair. Lidia teaches the viewer several dishes that will work for any party - including a selection of varies cheese, cured meat and Giardiniera-style vegetables; an easy and quick sweet and sour zucchini dish and lastly stuffed mushrooms made with a delicious mixture of scallions, red peppers and fresh parsley. Lastly there is still time for a delicious salad of poached seafood featuring shrimp, mussels and calamari.	APTEX	(S)	(CC)	N/A	#326H
13:30:00	Annabel Langbein: The Free Range Cook Effortless Entertaining Annabel Langbein milks goats at her neighbors' organic farm and then shows how easy it is to make haloumi cheese. She turns this into a starter, grilled on skewers with shrimp and zucchini. Also on the menu are flash-roasted salmon fillets with home-made pesto, and decadent molten chocolate pots. Recipes from this episode: home-made haloumi, shrimp, haloumi and zucchini skewers, summer basil pesto, flash-roasted pesto salmon, potato rosti, braised fennel with lemon, molten chocolate pots, limoncello.	APTEX	(S)	(CC)	N/A	#112H
14:00:00	Simply Ming Shaun Hergatt This week on Simply Ming, New York executive chef Shaun Hergatt from the restaurant Juni joins the show. Today it's duck two ways. He creates an acacia-glazed duck breast with plum puree and fennel salad, while Ming tries to match him with duck pho with sweet potato noodles and Thai herbs.	APTEX	(S)	(CC)	N/A	#1408H
14:30:00	Cook's Country Chinese Comes Home Test cook Bridget Lancaster revives a classic recipe for chicken chow mein. Then, equipment expert Adam Ried reveals his top picks for slow cookers. Finally, test cook Julia Collin Davison shows host Christopher Kimball how to make the ultimate slow-cooker Chinese barbecued pork.	APTEX	(S)	(CC)	N/A	#813H
15:00:00	Beads, Baubles and Jewels New Ideas for Wirework Designer Wyatt White shows how to use a special bracelet jig to create fun and fashionable wire bangles and custom wire components. In her Beading Lesson, Katie braids knitted wire tubing and strings it together with stones and fibers to make a chunky multi-strand necklace.	NETA	(S)	(CC)	N/A	#2212H



Wed, May 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Best of Summer	APTEX	(S)	(CC)	N/A	#606H
	Host Katie Brown's summer-inspired recipes and outdoor-entertaining projects make the most of the season. In the Kitchen: cucumber salad, poached salmon with dill and berry cake. Projects: fashioning etched glass globe candleholders and sand and a beach-glass vase with orchid.					
16:00:00	Biz Kid\$ Sell, Sell, Sell (The Science of Sales)	APTEX	(S)	(CC)	DVI	#122H
	All sales final. Join the Biz Kids in sales training as they explore philosophy and sales techniques. Discover the traits common to all good salespeople. You'll meet several entrepreneurs who demonstrate superior sales skills!					
16:30:00	Hands On Crafts for Kids Dress Up	NETA	(S)	(CC)	DVI	#1802H
	It's fun to dress up and decorate. Jenny Barnett-Rohrs and Katie Hacker team up to make a really cool cape. Candie Cooper recreates a design from a famous modern artwork. Then, we'll dance away in a new tutu skirt and make a patriotic decoration from blogger Angie Holden.					
17:00:00	P. Allen Smith's Garden Home Road Trip	APTEX	(S)	(CC)	N/A	#1513H
	P. Allen Smith packs his bags hits the open road for a more local approach to travel in North Carolina, Rhode Island, Tennessee and Arkansas.					
17:30:00	Growing A Greener World How to Make Compost (Mt. Airy, Nc)	APTEX	(S)	(CC)	N/A	#602H
	Soil experts agree: the most effective amendment you can add to your garden to improve soil quality is compost. Best of all, you can make it at home for free! Yet many people are confused about how to get started, unclear about what can be composted, or just want to get better compost faster. Joe Lamp'l takes you on a behind the scenes look at everything you need to know to make it yourself, including a do-it-yourself compost bin using recycled pallets.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14108H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#508H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8043
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#418H
20:00:00	The Lowertown Line. The Lowertown Line: Pavielle	APTEX	(S)	(CC)	N/A	#113H
	Growing up in the Rondo neighborhood of St. Paul and getting her start at Penumbra Theater, multidisciplinary artist Pavielle's neo-soul voice is as robust as her career. From writing a one-woman play to performing with a large backing band, Pavielle has taken the Twin Cities music scene by storm with her intimate performances and expressive sound. Songs performed: Sometimes You Wanna Be, Dreams, Runnin', Disbelief.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#205H
	Artists: Mary Bragg, Tracy Walker, J. Scott Franklin, American Gypsy (Neil Jacobs, Arkadiy Gips, Steven Fox) and hosted by songwriter Eric Gnezda. Artist Bio: Tracy Walker merges a ringing alto voice with estimable guitar skills to create a blazing honesty in her songs. A resident of Cincinnati, Tracy has been the recipient of two CAMMY Awards (Cincinnati Enquirer), 2 CEA Awards (Cincinnati CityBeat Newspaper), and the prestigious Taft Museum of Art Duncanson Artist in Residency Honor. She clearly possesses a knack for perceiving patterns in nature that others seem to overlook, which extends to her musical pursuits. She performs "Can't Do Without." Artist Bio: J. Scott Franklin, of Cleveland, has been said to "lasso moments in time." His first love is poetry, and his songs are woven together by unique and beautifully crafted phrases. He is the 2013 winner of the Frank Brown International Songwriter Festival Contest, and has touched audiences throughout the US and Europe. Born in Virginia, he moved to Ohio and attended Bowling Green State University on a trumpet scholarship. Scott dazzles crowds with his energy and love for the audience. He sings "Good Old Days." Artist Bio: Mary Bragg is a rural Georgia girl who spent a decade in New York City, following the advice of a Music Row executive who told her, "Go out there and live a little - come back to me in 10 years." And so, she lived. New York was her muse, her trouble, her chaperone. Eventually, Nashville's magnetism brought her back to Music City - with many a story to tell. Her music is a seamless hybrid of her southern Americana roots and downtown Manhattan. She performs "Say You Need Me." Artist Bio: American Gypsy consists of internationally recognized 12-string guitarist/composer Neil Jacobs, Ukrainian master violinist Arkadiy Gips, and award-winning bassist, Steven Fox. This highly acclaimed new ensemble transforms Gypsy, Jazz, and World Folk into intriguing new American music. American Gypsy has thrilled and mesmerized audiences across the United States and Europe. Arkadiy recently spent two years touring worldwide with pop icon, Madonna, as special guest on the "gypsy" segment of her concert program. American Gypsy's debut CD was nominated for the American Independent Music Award's Album of the Year. They perform "Romany Roll."					

Wed, May 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live at 9:30 Performances by Miike Snow, Melanie Martinez, Deerhunter, Pusha T and Kurt Vile, with Henry Rollins and comedy from Top Gear's Adam Ferrara.	NACC	(S)	(CC)	N/A	#106H
22:00:00	No Going Back: Women and the War North of the Mason-Dixon line, the Industrial Revolution of the mid-19th century drew increasing numbers of women out of the home and into the factories. In the agrarian, antebellum South, no such exodus occurred. Many Southerners perceived the forces of modernization - including the early rumblings of the women's suffrage movement - as a threat to their traditional way of life. However, as Fort Sumter fell in April of 1861, so too would many firmly held cultural and societal beliefs about "a woman's place." Hardships and hunger forced ill-prepared, isolated and often uneducated Southern women into the public sphere to demand relief from the government and advocate for policy changes. NO GOING BACK: WOMEN AND THE WAR explores how the lives of women, and their roles in society, changed during and after the Civil War. Grammy-winning singer-songwriter Mary Chapin Carpenter narrates. Interviews with well-known historians and academics, reenactments at Civil War-era landmarks, and dramatic readings from the letters and journals of women, both free and enslaved, illuminate this fascinating chapter in American history.	APTEX	(S)	(CC)	N/A	#0H
22:30:00	Searching for Home: Coming Back from War "Searching for Home: Coming Back from War" explores, in their own words, the Truth, the Healing and the Hope of veterans from all generations returning home from war and their search for the "home" they left behind-physically, mentally and spiritually. From World War II, Korea and Vietnam to modern-day conflicts, Searching for Home is a multi-generational documentary that chronicles the journey from battlefield to homefront and the search for healing and eventually hope.	NETA	(S)	(CC)	N/A	#0H