

Sat, Jul 01, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8065
00:30:00	Global 3000 Helping Islamic State Terror Group Victims In Iraq Thousands of women and children have been kidnapped and mistreated the so-called Islamic State terror group. A German psychotherapist is trying to help the victims. And fishermen in the Philippines are fighting to preserve dwindling fish stocks.	WNVC	(S)	(CC)	N/A	#925H
01:00:00	Song of the Mountains Five Mile Mountain Road/Idle Time	NETA	(S)	(CC)	N/A	#1120H
02:00:00	Woodsongs Jewel Jewel is a multi-platinum singer-songwriter, poet and actress. She has sold more than 25 million albums over her musical career. Her debut album Pieces of You had the hit "Who Will Save Your Soul". From the remote tundra of her Alaskan youth to the triumph of international stardom, the 41-year-old singer has always found a way to persevere and convey the emotional turmoil of life during it's most difficult and challenging moments through her work. Jewel tells the countless moments of introspection that led her here with her memoir Never Broken and new album Picking Up The Pieces.	NETA	(S)	(CC)	N/A	#1801H
03:00:00	Film School Shorts America '80s-inspired comedy Total Freak tells the story of how a boy's pursuit of his first summer camp kiss awakens a monster from the deep. Directed by Andrew Ellmaker. Next, Iranian-born Rita sets out to change her life from ordinary to extraordinary in Rita Mahtoubian is Not a Terrorist, starring Patrick Fugit. Directed by Roja Gashtili and Julia Lerman. And one robot learns that fitting in isn't all it's cracked up to be when his new human form attracts the wrong kind of attention in post-9/11 America in Timmy II. Directed by Imran J. Kahn.	NETA	(S)	(CC)	N/A	#402H
03:30:00	On Story A Conversation with Marta Kauffman Marta Kauffman takes viewers into that unforgettable New York apartment and talks about how the phenomenon of Friends came to be, the universal appeal of Grace and Frankie, and working with the network versus Netflix.	NETA	(S)	(CC)	N/A	#704H
04:00:00	Science Goes to the Movies Physics and the Flash	EPS	(S)	(CC)	N/A	#213H
04:30:00	Theater Talk Critics Forum 2017, Part 2 /Joel Grey, Master of Ceremonies Theater critics Peter Marks of "The Washington Post," Terry Teachout of "The Wall Street Journal," Elisabeth Vincentelli of "The New York Times" & "The New Yorker," plus Linda Winer of "Newsday" return to review more major Broadway productions of spring 2017. Also on the program, veteran Broadway star Joel Grey discusses his new book, "Master of Ceremonies: A Memoir."	EPS	(S)	(CC)	N/A	#1033H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#281
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Impressionistic Landscape Gary paints a somewhat impressionistic painting inspired by his home in Sedona, Arizona. Sedona is located in a landscape of mainly red mountains and hills. For this scene on canvas, Gary employs purple and blue tones and creates a highlighting effect using the reflection from the earth, trees and plants.	APTEX	(S)	(CC)	N/A	#524H
08:30:00	Painting with Wilson Bickford Canada Goose, Part 1 A Canada Goose sits serenely on the water on a calm Fall day. In Part 1, Wilson masks out the goose and starts laying the foundation for the background.	NETA	(S)	(CC)	N/A	#205H
09:00:00	Landscapes Through Time with David Dunlop Frederic Church's Olana In Hudson River Valley, Ny David visits Olana, Frederic Church's Persian-inspired home in the Hudson River Valley, painting the expansive vista of the Hudson River Valley. The Hudson River Painters, considered the first American school of painting, were profoundly influenced by European traditions, especially the Ideal Italian landscapes of Claude Lorraine. They were popular from 1825 to 1875 and gave Americans their pictorial sense of national identity.	NETA	(S)	(CC)	DVI	#113H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Feet and Calf Workout In this episode of Classical Stretch, join Miranda Esmonde-White and the Kantun Chi Eco Park. This gentle standing and bar workout is designed to help relieve foot pain and shin splints.	APTEX	(S)	(CC)	DVI	#1119H
10:00:00	Sit and Be Fit Core Strengthening Mary Ann uses hand weights and a ball to strengthen the abdominal muscles. Gretchen adds some exercises to challenge the brain.	NETA	(S)	(CC)	N/A	#1201H
10:30:00	Functional Fitness with Suzanne Andrews Leg Strengthening Workout	ACCES	(S)	(CC)	N/A	#308H
11:00:00	Delicious TV's Vegan Mashup The Mediterranean Round-Up Our chefs share favorites dishes from Spain, Italy, and Greece. Rosemary Potato Pizza with Roasted Tomatoes/Paella/Seitan Gyro Rollups/Braised Escarole and Garlicky White Beans.	NETA	(S)	(CC)	DVI	#102H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Love of Live Fire Cooking In Yucatan, cooking over fire is a way of life. Rick meets up with chef Juan Pablo Loza, who ignites the wood-fire grill for octopus with local pineapple. At Zama Beach Club in Isla Mujeres, Cancun chef Federico Lopez fires up his seaside grill to make tikin xic, a Yucatecan grilled fish dish smothered with achiote, the region's hallmark spice paste. And chef Eric Werner shows off his all wood-fire kitchen at Hartwood in Tulum. Forever obsessed with cooking over fire, Rick goes to Lena Brava, his new all wood-fire restaurant in Chicago, to make poc chuc, a traditional citrusy grilled spicy pork dish, then to his backyard for spatchcocked chicken al oregano worthy of a summertime fiesta.	APTEX	(S)	(CC)	N/A	#1106H
12:00:00	Lidia's Kitchen Crespelle Italians love their crepes either savory or sweet and in this episode, Lidia shows two of her favorite crespelle dishes, along with some great chef tips. She starts by highlighting the thin pancakes that can be made into so many things; then she makes a savory Italian favorite with them - manicotti and for a sweet version, she shows the chocolate and walnut crespelle that will satisfy any sweet tooth.	APTEX	(S)	(CC)	N/A	#412H
12:30:00	Moveable Feast with Fine Cooking Louisville, Kentucky Host Pete Evans joins top chefs Anthony Lamas and Daniel Wright at Ambrosia Farm outside Louisville, Kentucky for a bourbon-themed dinner. Movable Feast with Fine Cooking takes you up close to meet the grazing buffalo on Woodland Farms, a 1000-acre farm with historic roots and a sustainable vision that features the American buffalo. Next, the chefs join master distiller Chris Morris at Woodford Reserve to learn how the bourbon that has been a historic Kentucky landmark for 140 years is made and to pack a few bottles for the night's feast. In the kitchen, Anthony makes a main of grilled buffalo skirt steak with ramp chimichurri while Daniel demonstrates how to make a smoked BBQ beef brisket and short ribs with bourbon and cider. It's a bluegrass, bison and bourbon-soaked feast.	APTEX	(S)	(CC)	N/A	#303H
13:00:00	Expeditions with Patrick Mcmillan South Texas - A Hint of the Tropics This is a place that few of us will ever visit. It's packed with biodiversity. Many of the plants and animals that are found here can be found no place else in the United States and their future is tied to a connection with Mexico, here on the border. Join Patrick as he explores a land of Green Jays and Plain Chachalacas in South Texas.	APTEX	(S)	(CC)	N/A	#307H
13:30:00	Weekends with Yankee Land and Water New England's earliest villages and towns rose up along its ancient waterways. On today's episode of Weekends with Yankee, we visit the region's rivers, lakes, and coastal vineyards. We start in Providence, Rhode Island, where the amazing Waterfire festival illuminates the city with a light show like you've never seen before. Then it's off to New Hampshire and the serenity of Squam Lake, where we're in search of the magnificent loon. Rounding things out is a visit to the Farm Coast for a taste of award-winning wines from Westport River Winery in Massachusetts.	APTEX	(S)	(CC)	N/A	#107H
14:00:00	Rick Steves' Europe Assisi and Italian Country Charm In the Italian countryside, Rick connects with rustic, traditional culture: enjoying an agriturismo (farmhouse inn), seeing how prosciutto and pecorino cheese are made, and hiking down into deep and ancient wine cellars. He ends in Assisi - the hometown of St. Francis - which retains its spiritual aura to this day. Like pilgrims, he explores its stony center before trekking to its awe-inspiring basilica, built on the tomb of the beloved saint.	APTEX	(S)	(CC)	N/A	#906H

Daily Program Listing II

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese South Africa: Amazing Encounters	APTEX	(S)	(CC)	N/A	#116H
	Richard Wiese explores the wildest part of South Africa's fabled Kruger National Park where he encounters elephants, lions and giraffes. He finds out how local communities are banding together to fight poaching and create a new economy based on ecotourism. And he visits a Makuleke village to learn how this proud tribe has helped transform this region into a flourishing wildlife reserve.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4613H
	Visiting gardens with different palettes of plants can open our minds to new plants and new plant combinations. GardenSMART visits several gardens with unique plants and the results are stunning. Be sure to tune in.					
15:30:00	Chefs A' Field King of Alaska	APTEX	(S)	(CC)	N/A	#202H
	Meet the "King" of King Salmon on Alaska's Mighty Yukon River Chef Rick Moonen: RM Seafood - Las Vegas, NV The mighty Yukon River in Alaska holds the most legendary salmon in the world: the Yukon River king salmon. When master seafood chef Rick Moonen ventures to this remote region, his passion for fish and the environment is quickly embraced by the native Yup'ik, who take him fishing on their sacred river. He and his Eskimo fishing companion, Billy Charles, discuss the Yup'ik culture, the future of our waterways, and why the salmon is the center of the Alaskan universe. Recipes: Poached Wild King Salmon with Turnip-Mashed Yukon Potatoes; Grilled Wild King Salmon with Raspberry-Merlot Redux.					
16:00:00	Conversations in the Digital Age with Jim Zirin What's So Funny About The Universe?	EPS	(S)	(CC)	N/A	#101H
	Guest: Neil deGrasse Tyson, Astrophysicist. In his new cable talk show "Star Talk," astrophysicist extraordinaire Neil de Grasse Tyson combines hilarity, pop culture, celebrity guests and science to the joy of his many fans. He tells Jim Zirin that levity combined with gravity is a recipe for learning about the universe, and just plain fun.					
16:30:00	Overheard with Evan Smith Nancy Pelosi, House Democratic Leader	NETA	(S)	(CC)	N/A	#722H
	Nancy Pelosi is the Democratic Leader of the U.S. House of Representatives for the 114th Congress. Previously Pelosi served as the first ever female Speaker of the House. In 2013 she was inducted into the National Women's Hall of Fame. As the Democratic Leader, Pelosi is fighting for increased health care funding, tougher environmental regulations and the protection of human rights.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Tool Maker	APTEX	(S)	(CC)	N/A	#305H
	Seth Gould could easily be called one of the rock-stars of metalsmithing. Host Eric Gorges heads South to the Appalachian Mountains in North Carolina and the famed Penland School of Crafts to learn from this amazing craftsman. In this episode Eric and Seth make a breathtaking hammer.					
18:00:00	Focus On Europe Latvia Living in the Shadow of Russia	WNVC	(S)	(CC)	N/A	#3525H
	"La Republique en Marche" - a French woman with a mission. The 82-year-old Polish actress who started a second career as a model.					
18:30:00	The Open Mind The Story of Science	NETA		(CC)	N/A	#3745H
	Guest: Doron Weber. Doron Weber of the Alfred P. Sloan Foundation talks about human understanding at the intersection of science and the arts.					
19:00:00	Closer to Truth Science and the Future of Humanity	EPS	(S)	(CC)	N/A	#1713H
	Humankind has learned so much, so fast. What are the risks of scientific knowledge? Look to the future. Artificial intelligence. Genetic engineering. Benefits? Dangers?					
19:30:00	American Forum Can President Trump Turn A Corner In Syria?	NETA	(S)	(CC)	N/A	#235H
	Former Obama State Department advisor ANNE MARIE SLAUGHTER on her praise of aggressive new moves in the Middle East.					

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20:00:00	Infinity Hall Live The Robert Cray Band	APTEX	(S)	(CC)	N/A	#301H
	This five-time Grammy Award-winner's guitar presence is legendary. Robert Cray is well-known as one of the few blues artists to cross over into top-40 stardom and his stellar career has included high profile collaborations with icons like B.B. King and Eric Clapton. In 2011, his induction into the Blues Hall of Fame solidified his status as one of the greatest guitarists of his generation. At Infinity Hall, backed by one of the best bands in the business, Cray blazes through a scorching set that includes tracks from his brand new album In My Soul.					
21:00:00	Front and Center Rob Thomas	APTEX	(S)	(CC)	N/A	#701H
	Rob Thomas burst onto the scene in 1996 as the creative force and lead singer of Matchbox Twenty. In 2005 he branched out and has since become a three-time Grammy Award winner whose songs have consistently topped the charts. Thomas, as part of an acoustic trio, takes the stage at the Iridium in New York City to treat fans to performance of some of his biggest hits including #1s "Lonely No More," "3 AM," and "Smooth." Thomas also performs "We Are One" for the first time.					
22:00:00	Globe Trekker Papua New Guinea Islands	APTEX	(S)	(CC)	N/A	#1613H
	The trekkers explore New Britain Island, the largest in the Bismarck Archipelago of Papua New Guinea. Inhabited by the indigenous Papuans and the Austronesians, the island was captured by the Japanese during World War II. Today the island's traditional cultures are diverse and complex but there are several ancient traditions that remain active today, especially the Dukduk Secret Society. Next, we visit the township of Rabaul, once the provincial capital until it was destroyed in 1994 by a massive volcanic eruption. Rabaul is still a superb location for scuba diving, snorkeling and wreck dives. We travel to the stunningly beautiful island of Bougainville, named after a French navigator, and an excellent location for wreck diving and sea kayaking.					
23:00:00	Arts In Context The House of Songs	NETA		(CC)	N/A	#705H
	The House of Songs brings together international songwriters with American songwriters not only to bridge cultures but also for the pure joy of collaboration. It was after going on a songwriting retreat in Denmark that American singer-songwriter Troy Campbell felt inspired to bring this idea of international, intercultural collaboration to his homeland. Campbell is a true believer in bridging the gaps in the global community in order to foster greater creative exploration.					
23:30:00	Articulate with Jim Cotter It Takes Two	APTEX	(S)	(CC)	N/A	#109H
	In the popular imagination, tango is an exotic seduction born on the sultry streets of Buenos Aires. In truth, it's a complex improvised form danced the world over. Krimes and Punishment - Jesse Krimes describes his six years in federal prison as a kind of "arts residency". Not only did his work keep him sane while on the inside, it's become the foundation for a successful artistic career on the outside. Stephen Costello's Most Valuable Friend - Celebrated opera tenor Stephen Costello has been both blessed and betrayed by his voice.					

Sun, Jul 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Science and the Future of Humanity Humankind has learned so much, so fast. What are the risks of scientific knowledge? Look to the future. Artificial intelligence. Genetic engineering. Benefits? Dangers?	EPS	(S)	(CC)	N/A	#1713H
00:30:00	American Forum Can President Trump Turn A Corner In Syria? Former Obama State Department advisor ANNE MARIE SLAUGHTER on her praise of aggressive new moves in the Middle East.	NETA	(S)	(CC)	N/A	#235H
01:00:00	Infinity Hall Live The Robert Cray Band This five-time Grammy Award-winner's guitar presence is legendary. Robert Cray is well-known as one of the few blues artists to cross over into top-40 stardom and his stellar career has included high profile collaborations with icons like B.B. King and Eric Clapton. In 2011, his induction into the Blues Hall of Fame solidified his status as one of the greatest guitarists of his generation. At Infinity Hall, backed by one of the best bands in the business, Cray blazes through a scorching set that includes tracks from his brand new album In My Soul.	APTEX	(S)	(CC)	N/A	#301H
02:00:00	Front and Center Rob Thomas Rob Thomas burst onto the scene in 1996 as the creative force and lead singer of Matchbox Twenty. In 2005 he branched out and has since become a three-time Grammy Award winner whose songs have consistently topped the charts. Thomas, as part of an acoustic trio, takes the stage at the Iridium in New York City to treat fans to performance of some of his biggest hits including #1s "Lonely No More," "3 AM," and "Smooth." Thomas also performs "We Are One" for the first time.	APTEX	(S)	(CC)	N/A	#701H
03:00:00	Globe Trekker Papua New Guinea Islands The trekkers explore New Britain Island, the largest in the Bismarck Archipelago of Papua New Guinea. Inhabited by the indigenous Papuans and the Austronesians, the island was captured by the Japanese during World War II. Today the island's traditional cultures are diverse and complex but there are several ancient traditions that remain active today, especially the Dukduk Secret Society. Next, we visit the township of Rabaul, once the provincial capital until it was destroyed in 1994 by a massive volcanic eruption. Rabaul is still a superb location for scuba diving, snorkeling and wreck dives. We travel to the stunningly beautiful island of Bougainville, named after a French navigator, and an excellent location for wreck diving and sea kayaking.	APTEX	(S)	(CC)	N/A	#1613H
04:00:00	Arts In Context The House of Songs The House of Songs brings together international songwriters with American songwriters not only to bridge cultures but also for the pure joy of collaboration. It was after going on a songwriting retreat in Denmark that American singer-songwriter Troy Campbell felt inspired to bring this idea of international, intercultural collaboration to his homeland. Campbell is a true believer in bridging the gaps in the global community in order to foster greater creative exploration.	NETA		(CC)	N/A	#705H
04:30:00	Articulate with Jim Cotter It Takes Two In the popular imagination, tango is an exotic seduction born on the sultry streets of Buenos Aires. In truth, it's a complex improvised form danced the world over. Crimes and Punishment - Jesse Krimes describes his six years in federal prison as a kind of "arts residency". Not only did his work keep him sane while on the inside, it's become the foundation for a successful artistic career on the outside. Stephen Costello's Most Valuable Friend - Celebrated opera tenor Stephen Costello has been both blessed and betrayed by his voice.	APTEX	(S)	(CC)	N/A	#109H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#282
08:00:00	Painting and Travel with Roger & Sarah Bansermer Journey to Titanic Roger is invited to be a part of an expedition to the Titanic. Leaving from St. Johns, Newfoundland, Roger boards the Russian ship, Keldysh and spends the next two weeks at sea over the site of Titanic to create a number of original paintings. While inside the deep sea submersible some 12,500 feet below the surface he uses acrylics to work on paintings while actually hovering over the bow of the ship.	NETA	(S)	(CC)	N/A	#912H
08:30:00	Painting with Paulson Beach Bum Part II	NETA	(S)	(CC)	N/A	#1706H

Sun, Jul 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio California Coast Dolphins Art Lesson: Color contrast. Find out how color contrast adds drama to a painting. There are many ways to depict contrast in painting by placing or arranging different objects, colors, shades, or textures against each other. The human eye loves contrast. Artists may use contrast of hue, which is simply a color that has not been diluted. Contrast of value is the range of lightness versus darkness of certain colors. Occasionally, in oil painting, artists will paint entirely in shades of grey. This is the oil equivalent of a tonal drawing. A strong tonal drawing almost always leads to a strong painting. Artists such as Degas understood the effectiveness of color contrast. Wyland explores contrasting shades to create a vivid painting of dolphins off the California coast.	APTEX	(S)	(CC)	N/A	#607H
09:30:00	Classical Stretch: By Essentrics Quad Lengthening & Strengthening In this episode of Classical Stretch, join Miranda Esmonde-White by the swimming pool. The workout is aimed at strengthening your lower body while leaving you with longer leaner legs.	APTEX	(S)	(CC)	DVI	#1120H
10:00:00	Sit and Be Fit Healthy Aging A variety of unique exercises are introduced which are all designed to promote healthy aging.	NETA	(S)	(CC)	N/A	#1202H
10:30:00	Power Yoga: Mind and Body Flow - Version One With Sun salutations A & B.	APTEX	(S)	(CC)	N/A	#101
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#313H
11:30:00	New Orleans Cooking with Kevin Belton Soul Food Fried chicken, stuffed green bell peppers, sweet potato pie.	APTEX	(S)	(CC)	N/A	#105H
12:00:00	Ciao Italia Shrimp Two Ways/Due Modi Di Gamberi Seafood Master chef and bosom-buddy Jasper White brings Mary Ann stupendous shrimp, the likes of which she's never seen. Jasper starts off the feast with his classic, spicy Shrimp Fra Diavolo. Then Mary Ann surprises him with Shrimp on Sand with with Marinated Vegetables. Just wait until you see the "sand."	NETA	(S)	(CC)	N/A	#2411H
12:30:00	Mike Colameco's Real Food Sicily Part 1 Chef Melissa Muller own the Sicilian restaurant Eolo in Chelsea she's also is writing a great new book on Sicilian food for Rizzoli So when Mike wanted a culinary tour of the Island he's tapped Melissa to be his Sherpa. In this episode and the next they'll visit all nine provinces drink wine on Mount Etna, taste the best fresh made cannoli, see cous cous made by hand, drink raw goats milk then the cheese made from it, and the list goes on.	NETA	(S)	(CC)	N/A	#1415H
13:00:00	Journeys In India Central India: Land of Pilgrimages Two of the most sacred places in India are featured in this fascinating episode. Bill first burst the myths surrounding the legendary Khajuraho and its intricately carved temples before heading to the Holy City of Varanasi. Varanasi, the Jerusalem or Mecca for Hindus with its deep connection to the Ganges River, is explored with an insider's perspective.	NETA	(S)	(CC)	N/A	#206H
13:30:00	Family Travel with Colleen Kelly Frankenmuth - Michigan's Little Bavaria Frankenmuth is a quaint little town that has fully embraced its Bavarian roots. Colleen, her children, and niece kick off their vacation with a visit to Bronner's, where the holidays are celebrated all year round. From there, they take a chocolate boat tour, and check out some family friendly waterparks!	APTEX		(CC)	N/A	#304H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#313H

Sun, Jul 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Burt Wolf: Travels & Traditions On The Road In America, Part 1	APTEX	(S)	(CC)	N/A	#1610H
	ON THE ROAD IN AMERICA consists of three half-hour programs that report on the history of migrations within the United States --- not how people got here, but how and why they moved around once they were here. In the first program TAILS OF HOPE & TEARS Burt retraces the big relocations of the 19th century. Native Americans were relocated and their ancestral lands turned over to European settlers. In addition, the government was in the process of giving away valuable mineral claims. And finally, there was the discovery of gold.					
15:00:00	American Woodshop Ottoman Storage Stool with Reversal Top Ottoman Storage Stool with Reversal Top.	NETA	(S)	(CC)	N/A	#2412H
15:30:00	Rough Cut - Woodworking with Tommy Mac Interior Stairs, Wall Frame, Pop Up Side Walls	APTEX	(S)	(CC)	N/A	#705H
	This week on Rough Cut Woodworking with Tommy Mac, it's all about the interior of the shop - from the stairs, to the wall frame holding up the roof. To help him with the layout and construction of the stairs, Tommy brings on old friend Gordon Arthur to break down what seems like a complicated project into a few simple steps.					
16:00:00	Happy Yoga with Sarah Starr Desert Rock	NETA	(S)	(CC)	N/A	#308H
	Create more ease in your body amid the desert beauty and natural rock formations as we flow through a series of modified yoga postures, including standing poses designed to stretch the hips, legs, back and shoulders using a chair for support.					
16:30:00	Second Opinion Food Allergies	APTEX	(S)	(CC)	N/A	#1004H
	Patient Story: While some food allergies are not that severe, some can be life threatening. Meet Stacy Saiontz, whose son's food allergies changed the way her entire family lives. Myth or Medicine: Are peanut allergies on the rise? Second Opinion 5: Five things everyone should know about food allergies.					
17:00:00	Immense Possibilities Dying Well	NETA	(S)	(CC)	N/A	#605H
	Death is coming out of the closet. The maker of the new documentary Living While Dying shares her stories of the final days of four men. Then a hospice pioneer and a one-of-a-kind chaplain help us understand how profoundly the acceptance of death's inevitable place in the circle of life can enrich the days that remain.					
17:30:00	Well Read Sherman Alexie / You Don't Have to Say You Love	APTEX	(S)	(CC)	N/A	#626H
	Alexie shares raw, angry, funny, profane, tender memories of a childhood few can imagine-growing up dirt-poor on an Indian reservation, one of four children raised by alcoholic parents. Throughout, a portrait emerges of his mother as a beautiful, mercurial, abusive, intelligent, complicated woman. You Don't Have To Say You Love Me is a powerful account of a complicated relationship, an unflinching and unforgettable remembrance from the critically acclaimed, bestselling National Book Award winner.					
18:00:00	California's Gold Swallows	KCET		(CC)	N/A	#2003
	It's a California's Gold Classic. The miracle of the Swallows of Capistrano takes place each year at the Mission San Juan Capistrano on March 19th, St. Joseph's Day. Legend says the swallows, seeking sanctuary from an innkeeper who destroyed their nests, took up residence at the old Mission. They return to the site each year to nest, knowing their young can be safe within the Mission walls. As the little birds wing their way back to the Mission, the village of San Juan Capistrano takes on a fiesta air and visitors from all parts of the world, and all walks of life, gather in great numbers to witness the "miracle" of the return of the swallows. In this episode, Huell travels to the old Mission to visit this truly Californian phenomenon. There will be all sorts of surprises including a special version of the song, "When The Swallows Come Back To Capistrano." It's a celebration you don't want to miss.					
18:30:00	Fringe Benefits Charleston, Wv	NETA	(S)	(CC)	N/A	#202H
19:00:00	Beyond Geek Kinetic Sculpture Racing	EPS	(S)	(CC)	N/A	#201H
	Dan races against all odds in a human-powered art sculpture race over land, sand, and water.					

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19:30:00	The Kamla Show Special Anarghya Vardhana In her Women in Science & Tech Series, host Kamla Bhatt interviews Anarghya Vardhana about her self development and working in Silicon Valley's tech industry.	KAMLA	(S)	(CC)	N/A	#102H
20:00:00	Black America Women and Depression with Benilde Little An estimated 19 million Americans are living with depression. Novelist and Magazine Editor, Benilde Little joins Carol Jenkins to discuss the topic: Women and Depression and Benilde Little's latest work and moving memoir, "Welcome to My Breakdown".	EPS	(S)	(CC)	N/A	#127H
20:30:00	Asian American Life Asian American Life profiles 4 of the most fascinating leaders in the areas of entertainment, science, business and human rights. Actor and Director Alan Muroka of Sesame Street discusses how he became the first Asian American actor of children's television. Business leader Andrea Jung is the CEO of Grameen America and former CEO of Avon, talks about how she champions women causes. Dr. Henry Lee is America's top forensic scientist who goes over how he cracked high profile cases from O.J. Simpson to JonBenet Ramsey. In a rare and exclusive interview, reporter Minnie Roh talks to Korean comfort women who share their painful stories of being imprisoned as sex slaves by the Japanese military during World War Two. Show is hosted by Ernabel Demillo with reports from Paul Lin, Minnie Roh and Kyung Yoon.	EPS	(S)	(CC)	N/A	#101H
21:00:00	Song Stage Brian from Goodbye Gravity (Indie Alternative) Vs. Juan Luchini (Latin Pop) First round winner Juan Luchini returns with a second seductive Latin/American pop fusion song, and might just have the edge over Brian, who at the last minute throws a curveball by changing the song he's going to perform.	NETA	(S)	(CC)	N/A	#205H
21:30:00	Georgia O'keeffe: A Woman On Paper Artist Georgia O'Keeffe has been called the "Mother of American Modernism," well-known for her flowing, colorful works depicting flowers and plants, dramatic cityscapes and Southwestern landscapes. The half-hour documentary GEORGIA O'KEEFFE: A WOMAN ON PAPER highlights the artist's career while focusing on the little-known story of O'Keeffe's time spent in Columbia, S.C. as an art instructor at Columbia College. While teaching at the college in the fall of 1915 and the spring of 1916, O'Keeffe found her voice with a series of innovative black and white abstract charcoal drawings that represented a radical break with tradition and led her art-and her career-in a new direction. Collectively titled "Specials," the charcoal drawings made O'Keeffe one of the very first American artists to practice pure abstraction, and they would go on to define and establish her career as one of the country's leading artists.	APTEX		(CC)	N/A	#0H
22:00:00	D-Day: Over Normandy The documentary OVER NORMANDY D-DAY shows some of the most spectacular scenes of the landing beaches viewers some of the most iconic locations in Normandy from D-Day captured by one of France's top aerial drone camera companies films viewers have ever seen. combined with archival footage from June 6, 1944.	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Glacier Park Remembered It is hard to imagine what was more memorable in Glacier Park a century ago: the breath taking scenery, or the adventure. Travel in time with us as we follow the adventures of our counterparts 100 years ago through rare, restored old film, museum pictures, and historical memorabilia. See how eastern city slickers were lured to north central Montana by a glitzy promotional campaign promoted by the Great Northern Railroad. The film makes use of the History Museum's Bovey family collection of old film and restored photographs as we follow the Couch and Ford families' journey by automobile, train and boat from Great Falls to Glacier National Park in 1914. Historical interviews with park rangers, Native Americans, historians and descendants of park concessionaires explain the Glacier Park adventure. "Glacier Park Remembered" was directed and produced by Emmy-winning filmmaker, Craig Wirth with Jim Meinert serving as Executive Producer. The film is presented by the History Museum in Great Falls, Montana.	NETA	(S)	(CC)	N/A	#0H

Mon, Jul 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Kinetic Sculpture Racing Dan races against all odds in a human-powered art sculpture race over land, sand, and water.	EPS	(S)	(CC)	N/A	#201H
00:30:00	The Kamla Show Special Anarghya Vardhana In her Women in Science & Tech Series, host Kamla Bhatt interviews Anarghya Vardhana about her self development and working in Silicon Valley's tech industry.	KAMLA	(S)	(CC)	N/A	#102H
01:00:00	Black America Women and Depression with Benilde Little An estimated 19 million Americans are living with depression. Novelist and Magazine Editor, Benilde Little joins Carol Jenkins to discuss the topic: Women and Depression and Benilde Little's latest work and moving memoir, "Welcome to My Breakdown".	EPS	(S)	(CC)	N/A	#127H
01:30:00	Asian American Life Asian American Life profiles 4 of the most fascinating leaders in the areas of entertainment, science, business and human rights. Actor and Director Alan Muroka of Sesame Street discusses how he became the first Asian American actor of children's television. Business leader Andrea Jung is the CEO of Grameen America and former CEO of Avon, talks about how she champions women causes. Dr. Henry Lee is America's top forensic scientist who goes over how he cracked high profile cases from O.J. Simpson to JonBenet Ramsey. In a rare and exclusive interview, reporter Minnie Roh talks to Korean comfort women who share their painful stories of being imprisoned as sex slaves by the Japanese military during World War Two. Show is hosted by Ernabel Demillo with reports from Paul Lin, Minnie Roh and Kyung Yoon.	EPS	(S)	(CC)	N/A	#101H
02:00:00	Song Stage Brian from Goodbye Gravity (Indie Alternative) Vs. Juan Luchini (Latin Pop) First round winner Juan Luchini returns with a second seductive Latin/American pop fusion song, and might just have the edge over Brian, who at the last minute throws a curveball by changing the song he's going to perform.	NETA	(S)	(CC)	N/A	#205H
02:30:00	Georgia O'keeffe: A Woman On Paper Artist Georgia O'Keeffe has been called the "Mother of American Modernism," well-known for her flowing, colorful works depicting flowers and plants, dramatic cityscapes and Southwestern landscapes. The half-hour documentary GEORGIA O'KEEFFE: A WOMAN ON PAPER highlights the artist's career while focusing on the little-known story of O'Keeffe's time spent in Columbia, S.C. as an art instructor at Columbia College. While teaching at the college in the fall of 1915 and the spring of 1916, O'Keeffe found her voice with a series of innovative black and white abstract charcoal drawings that represented a radical break with tradition and led her art-and her career-in a new direction. Collectively titled "Specials," the charcoal drawings made O'Keeffe one of the very first American artists to practice pure abstraction, and they would go on to define and establish her career as one of the country's leading artists.	APTEX		(CC)	N/A	#0H
03:00:00	D-Day: Over Normandy The documentary OVER NORMANDY D-DAY shows some of the most spectacular scenes of the landing beaches viewers some of the most iconic locations in Normandy from D-Day captured by one of France's top aerial drone camera companies films viewers have ever seen. combined with archival footage from June 6, 1944.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Glacier Park Remembered It is hard to imagine what was more memorable in Glacier Park a century ago: the breath taking scenery, or the adventure. Travel in time with us as we follow the adventures of our counterparts 100 years ago through rare, restored old film, museum pictures, and historical memorabilia. See how eastern city slickers were lured to north central Montana by a glitzy promotional campaign promoted by the Great Northern Railroad. The film makes use of the History Museum's Bovey family collection of old film and restored photographs as we follow the Couch and Ford families' journey by automobile, train and boat from Great Falls to Glacier National Park in 1914. Historical interviews with park rangers, Native Americans, historians and descendants of park concessionaires explain the Glacier Park adventure. "Glacier Park Remembered" was directed and produced by Emmy-winning filmmaker, Craig Wirth with Jim Meinert serving as Executive Producer. The film is presented by the History Museum in Great Falls, Montana.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#283
08:00:00	Zula Patrol Hide 'n Seek On Jupiter/A Tale of Two Planets It's time for the Interplanetary Hide 'n Seek Game. Perennial losers Wizzy, Wigg and Gorga decide to on Jupiter when they find out that no one has ever hidden there. While five-time hide 'n seek champion Zeeter is looking for them, the trio discover that the huge planet is filled with storms, the most powerful are in The Great Red Spot, and there is no solid land mass for them to land on. When the twin Giant Ice Planets Uranus and Neptune quarrel, Dark Truder swoops in and hoodwinks Neptune into becoming part of his newly formed personal Planetary System, the Truderverse. But when the dour planet wants out, it's up to the Zula Patrol to release him from Truder's greedy grip.	APTEX	(S)	(CC)	N/A	#206H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights The Riddle of the Ruined Tomb/The Merchant and the Pickpocket "The Riddle of the Ruined Tomb" - Three witnesses to a crime each give different accounts about what really happened. "The Merchant and The Pickpocket" - A young pickpocket learns that there is not honor among thieves.	NETA	(S)	(CC)	DVI	#119H
09:00:00	Functional Fitness with Suzanne Andrews Help Me Sleep: Yoga for Insomnia	ACCES	(S)	(CC)	N/A	#306H
09:30:00	Classical Stretch: By Essentrics Arm Toning Workout In this episode of Classical Stretch, join Miranda Esmonde-White at a quaint chapel terrace in the beautiful Riviera Maya. Miranda will take your through easy-to-follow arm toning exercises to increase your overall strength and flexibility in this all-standing workout.	APTEX	(S)	(CC)	DVI	#1121H
10:00:00	Sit and Be Fit Exercise Is Fun Mary Ann focuses on fun and functional exercises set to some of her favorite music.	NETA	(S)	(CC)	N/A	#1203H
10:30:00	Sewing with Nancy Fashion Sewing: Plain to Fabulous, Part 2 Join Nancy and wearable art specialist Lorraine Torrance as they share how to combine fabrics that are not usually used together to change a plain fashion to fabulous. Silk organza, charmeuse, denim and velveteen can all play well together in a jacket you create, once you learn the sewing savvy tips and techniques. Be inspired to personalize your fashion sewing.	NETA	(S)	(CC)	N/A	#3024H
11:00:00	Knitting Daily Playtime Knits It's time to play! Author Elizabeth Green Musselman knits a kid-approved Ninja back pack. Artist Taylor Hart shares her whimsical crocheted taxidermy and the Dolly Mamas knit a furry friend for a good cause. Tanis Gray teaches the puffy Canterbury Bells stitch and Vickie Howell shows how to finger knit.	NETA	(S)	(CC)	N/A	#1408H
11:30:00	Fons & Porter's Love of Quilting Red Between The Lines, Part 1 A magnificent quilt in the tradition of red-and-white quilts, Marianne Fons' Red Between the Lines was featured in the debut exhibit at the Iowa Quilt Museum. There is so much to learn from this spectacular medallion quilt that we broke it up into two shows. In this first episode, Marianne Fons and host Angela Huffman explore planning a medallion-style quilt, and techniques for creating the pieced border.	NETA	(S)	(CC)	N/A	#2907H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6246H
13:00:00	America's Test Kitchen from Cook's Illustrated Canning Classics Host Julia Collin Davison goes into the test kitchen with test cook Becky Hays to reveal the secrets to making classic strawberry jam at home. Next, gadget guru Lisa McManus uncovers the best canning tools. Finally, test cook Dan Souza shows host Bridget Lancaster how to make the ultimate bread and butter pickles.	APTEX	(S)	(CC)	N/A	#1719H
13:30:00	Pati's Mexican Table Girls Just Wanna Have Fun Pati invites a few of her girlfriends over for a much needed "girls' night in." But these girls are here to GRILL! Grilling isn't just a guy thing - Pati's got a great outdoor grill, and she's gonna put it to work by cooking up a mouth-watering menu of Mexican food with a BBQ twist. One of Pati's sisters shows up to help her mix some drinks too! Recipe 1: Honey Chipotle Ribs; Recipe 2: Spinning Top Cocktail; Recipe 3: Mango Guacamole with Grilled Tortilla Wedges; Recipe 4: Grilled Romaine & Red Bell Peppers with Ancho Chile Vinaigrette & Cheese.	APTEX	(S)	(CC)	N/A	#312H
14:00:00	Lucky Chow Northern Thai Cuisine Andy Ricker, a carpenter-turned-chef from Portland, Oreg., is known for bringing "authentic" Thai food to America. At a food festival in Las Vegas, Ricker prepares a welcome dinner for the participating chefs at the much-loved Lotus of Siam, with chef/owner Saipin Chutima at the helm. The duo create their collective version of a spicy Issan dish. At the table, Jet Tila rhapsodizes about the days when his family opened America's first Thai grocery store in Hollywood, Calif., and introduced lemongrass, kaffir lime leaves and other ingredients to the American palate. The episode also includes visits to a Thai temple in Los Angeles.	APTEX	(S)	(CC)	N/A	#103H

Mon, Jul 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke	APTEX	(S)	(CC)	DVI	#301H
15:00:00	Beads, Baubles and Jewels One of a Kind	NETA	(S)	(CC)	N/A	#2409H
	Express your unique designs by starting at the very beginning. Writer and artist Andrew Thornton begins styling colorful resin jewelry by creating his own silicone molds. Katie Hacker makes stylish bracelets for men in Katie's Beading Lesson.					
15:30:00	Make It Artsy Books	NETA	(S)	(CC)	N/A	#207H
	Nourish your mind with a good book. Artist and writer Andrew Thornton sculpts a beautiful book cover. Julie Fei-Fan Balzer creates a whole book out of a single piece of paper. Tool expert Joe Rotella binds books inspired by ancient techniques from the Far East. Jane Dunnewold shares another artsy idea.					
16:00:00	Biz Kid\$ Learning from Failure	APTEX	(S)	(CC)	DVI	#213H
	Have you ever made a decision you regret? Let the Biz Kids show you how several well-known companies overcame failures. You'll also discover how mistakes can make you stronger by looking at the work of Albert Einstein, Steve Jobs, and the kid businesses of "You're on Deck" custom cards and "Big Quill Enterprises" oyster sales.					
16:30:00	Hands On Crafts for Kids Fly Away	NETA	(S)	(CC)	DVI	#1912H
	Let's make wings and fly. With paper, scissors and a little spaghetti, Jenny Barnett-Rohrs makes paper feathers. Then, she crafts fuzzy bug wings from felt. Artist Franz Spohn gives the appearance of flight in his drawings. Jenny crafts a bird house for our feathered friends.					
17:00:00	P. Allen Smith's Garden Home No Passport Necessary	APTEX	(S)	(CC)	DVI	#1606H
	You don't have to leave home to relax and take a break from life. P. Allen Smith will show you how to incorporate the vacation style and mindset into your everyday.					
17:30:00	Growing A Greener World Debunking Gardening Myths with Linda Chalker Scott (Seattle, Wa)	APTEX	(S)	(CC)	N/A	#625H
	"Dig a ten-dollar hole for a one-dollar plant." "Water deeply but infrequently." Thanks to new academic research, many longstanding gardening "rules" like these are now being debunked as myths. Getting past these outdated or just plain misinformed old wives' tales makes us all better and smarter gardeners. In this episode, we do some myth busting of some of the most common practices with guest host and award-winning author Dr. Linda Chalker Scott.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14131H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#216H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8066
19:30:00	Focus On Europe Latvia Living in the Shadow of Russia	WNVC	(S)	(CC)	N/A	#3525H
	"La Republique en Marche" - a French woman with a mission. The 82-year-old Polish actress who started a second career as a model.					
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#407H
	This special show salutes Nashville roots rocker Tommy Womack. His own band Daddy opens up. Quirky country/boogie artist Webb Wilder follows. Country punk icons Jason and the Scorchers bring it home.					
21:00:00	Speakeasy Robbie Robertson and Warren Zanes	APTEX	(S)	(CC)	N/A	#206H
	Guitar aficionado and Rock and Roll Hall of Fame inductee Robbie Robertson is interviewed by Warren Zanes in this episode of Speakeasy. Robertson rose to fame as the lead guitarist and primary songwriter for The Band and later released five solo albums. His solo debut, Robbie Robertson, was nominated for a Grammy Award and was certified gold in the United States in 1991. Southern Accents, Robertson's third solo album was certified platinum in the United States six months after its release. Rolling Stone ranks him as number 59 on its list of the 100 greatest guitarists and he has received a Lifetime Achievement Award from the National Academy of Songwriters. Zanes has had his hand in almost every aspect of the music industry. As a performer he has released three records with the Del Fuegos and three as a solo artist. He has been the Vice President and the Rock and Roll Hall of Fame and Museum and a writer. The pair discuss touring with Bob Dylan, the narrative quality of Robbie's material, and his forthcoming memoir, The Last Waltz.					

Daily Program Listing II

43.1

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Mon, Jul 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Between Earth and Sky: Climate Change on the Last Frontier	NETA	(S)	(CC)	N/A	#0H
	Alaska has been the source of myth in the imagination of Americans for centuries, and what was once the last frontier of American expansion has become the first frontier in climate change. Between Earth and Sky examines climate change through the lens of impacts to native Alaskans, receding glaciers, and arctic soil.					
23:00:00	The Best of the Boston Pops	APTEX	(S)	(CC)	N/A	#0H
	THE BEST OF THE BOSTON POPS features some of the greatest moments from the world-renowned orchestra's 129-year history. Hosted by Pops conductor Keith Lockhart, the documentary tells the orchestra's story-from its beginning as summertime entertainment for Bostonians to its current role as a national icon and beloved institution. Showcasing the extraordinary variety of artists and performances from the leadership eras of Arthur Fiedler (1930-79), John Williams (1980-1993), and Keith Lockhart (1995 to present), this special program includes interviews and/or performances by Audra McDonald, Kristin Chenoweth, Josh Groban, James Taylor, Vanessa Williams, Yo-Yo Ma, Wynton Marsalis and Roberta Flack, among others. The program also features rare footage of legendary singers and musicians, including Ella Fitzgerald, Sarah Vaughan, Johnny Cash, Benny Goodman and Sammy Davis, Jr., along with performances by Broadway stars Ethel Merman, Bernadette Peters, Nathan Lane and Jerry Herman.					

Tue, Jul 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8066
00:30:00	Focus On Europe Latvia Living in the Shadow of Russia "La Republique en Marche" - a French woman with a mission. The 82-year-old Polish actress who started a second career as a model.	WNVC	(S)	(CC)	N/A	#3525H
01:00:00	Music City Roots Live from the Factory This special show salutes Nashville roots rocker Tommy Womack. His own band Daddy opens up. Quirky country/boogie artist Webb Wilder follows. Country punk icons Jason and the Scorchers bring it home.	APTEX	(S)	(CC)	N/A	#407H
02:00:00	Speakeasy Robbie Robertson and Warren Zanes Guitar aficionado and Rock and Roll Hall of Fame inductee Robbie Robertson is interviewed by Warren Zanes in this episode of Speakeasy. Robertson rose to fame as the lead guitarist and primary songwriter for The Band and later released five solo albums. His solo debut, Robbie Robertson, was nominated for a Grammy Award and was certified gold in the United States in 1991. Southern Accents, Robertson's third solo album was certified platinum in the United States six months after its release. Rolling Stone ranks him as number 59 on its list of the 100 greatest guitarists and he has received a Lifetime Achievement Award from the National Academy of Songwriters. Zanes has had his hand in almost every aspect of the music industry. As a performer he has released three records with the Del Fuegos and three as a solo artist. He has been the Vice President and the Rock and Roll Hall of Fame and Museum and a writer. The pair discuss touring with Bob Dylan, the narrative quality of Robbie's material, and his forthcoming memoir, The Last Waltz.	APTEX	(S)	(CC)	N/A	#206H
03:00:00	Between Earth and Sky: Climate Change on the Last Frontier Alaska has been the source of myth in the imagination of Americans for centuries, and what was once the last frontier of American expansion has become the first frontier in climate change. Between Earth and Sky examines climate change through the lens of impacts to native Alaskans, receding glaciers, and arctic soil.	NETA	(S)	(CC)	N/A	#0H
04:00:00	The Best of the Boston Pops THE BEST OF THE BOSTON POPS features some of the greatest moments from the world-renowned orchestra's 129-year history. Hosted by Pops conductor Keith Lockhart, the documentary tells the orchestra's story-from its beginning as summertime entertainment for Bostonians to its current role as a national icon and beloved institution. Showcasing the extraordinary variety of artists and performances from the leadership eras of Arthur Fiedler (1930-79), John Williams (1980-1993), and Keith Lockhart (1995 to present), this special program includes interviews and/or performances by Audra McDonald, Kristin Chenoweth, Josh Groban, James Taylor, Vanessa Williams, Yo-Yo Ma, Wynton Marsalis and Roberta Flack, among others. The program also features rare footage of legendary singers and musicians, including Ella Fitzgerald, Sarah Vaughan, Johnny Cash, Benny Goodman and Sammy Davis, Jr., along with performances by Broadway stars Ethel Merman, Bernadette Peters, Nathan Lane and Jerry Herman.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#284
08:00:00	Zula Patrol The Sound of Multo/Eyes in the Skies The Zula Patrol comes to the rescue when Deliria leads a swarm of Zulean Music-Munchers into the city to devour Zuleans' musical instruments. Her plan: to force Zuleans to buy only her brand of instrument. After years of hard work, Bula, Zeeter and Multo have finished building satellites. Taking a well-deserved break, they enjoy an afternoon in the wilderness. Dark Truder takes advantage of their absence to steal all of Zula's satellites so he can become "Rula of Zula". Without Zula's satellites, Zula becomes helpless, and our heroes become lost in the wilderness.	APTEX	(S)	(CC)	N/A	#207H
08:30:00	1001 Nights Arman The Cheat/Abu Hassan's Legendary Wedding "Arman the Cheat" - When a young boy gets away with cheating he decides that crime really does pay. "Abu Hassan's Legendary Wedding" - A wedding goes horribly wrong when the groom appears to have uncontrollable flatulence.	NETA	(S)	(CC)	DVI	#120H
09:00:00	Functional Fitness with Suzanne Andrews 30 Day Bladder Fix Pelvic Floor Strengthening	ACCES	(S)	(CC)	N/A	#307H
09:30:00	Classical Stretch: By Essentrics Spine Strengthening Workout In this episode of Classical Stretch, join Miranda Esmonde-White at a gorgeous, Zen spa pool in Mexico. Work on strengthening your entire spine and core with a variety of dynamic standing and floor exercises.	APTEX	(S)	(CC)	DVI	#1122H
10:00:00	Sit and Be Fit Strength Coordination This episode features a potpourri of movements to enhance strength and coordination.	NETA	(S)	(CC)	N/A	#1204H

Tue, Jul 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 1	NETA	(S)	(CC)	N/A	#3025H
	See how to turn your embroidery machine into a quilting machine with Nancy and guest, Eileen Roche, embroidery specialist. Nancy and Eileen show how the traditional way of quilting can be revolutionized, letting the computerized machine do the tricky stitching. Learn four of the eight embroidery lessons.					
11:00:00	Knitting Daily Crochet Home	NETA	(S)	(CC)	N/A	#1409H
	Crochet some style for your home. Editor Marcy Smith highlights a unique, colorful rug and Toni Rexroat talks about crochet and home decor. Marcy Smith shows a charming log cabin afghan and Tanis Gray shares a perfect stitch for a house warming gift. Vickie Howell transforms a doily pattern into a chic throw rug with multiple strands of yarn and a big hook.					
11:30:00	Fons & Porter's Love of Quilting Red Between The Lines, Part 2	NETA	(S)	(CC)	N/A	#2908H
	In this second episode showcasing Marianne Fons' Red Between the Lines, Marianne and host Angela Huffman teach you the techniques needed for working with a multiple borders and the blocks in this heirloom-level quilt featured in the debut exhibit of the Iowa Quilt Museum.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6247H
13:00:00	Julie Taboulie's Lebanese Kitchen Fish, Spice & Everything Nice	APTEX	(S)	(CC)	DVI	#110H
	Fresh, flaky and fabulous fish from the famous Finger Lakes region is the catch of the day on today's show. Resembling fingers in pattern, the famous Finger Lakes region is widely known for their stunning and scenic sights, award-winning wineries, and hosting a fabulous feast of fresh water fish. What better way to represent this rich region than by Julie sharing one of her special Lebanese fish dishes inspired by the Finger Lakes simply called samak harrah. Translating to "spicy fish" samak harrah is one of the most famous fish dishes to hail from Lebanon, straight from Tripoli, a Mediterranean Sea port city situated in the northern part of Lebanon, and with just one bite Julie knows that you will love it too. Julie serves up her samak harrah using whole branzino, a Mediterranean Sea bass, that is blissfully baked away then finished off with a spicy sesame seed, pine nut and cayenne pepper sauce called taratour. She then perfectly pairs her rez b macaroune, a long grain rice and orzo pasta pilaf with her sauteed arugula and onion leeks called sleek b zeit. Her fiery and festive fish dish makes for a wonderful weeknight meal that is truly heart-healthy. Julie's fresh fish, spice and everything nice will reel you in hook, line and sinker.					
13:30:00	Nick Stellino: Storyteller in the Kitchen	APTEX	(S)	(CC)	N/A	#104H
14:00:00	Taste of History Dr. Benjamin Rush: Father of American Psychiatry	NETA	(S)	(CC)	N/A	#703H
	Chef Walter Staib presents the story of Dr. Benjamin Rush, one of the most influential figures in the history of American medicine. To honor Dr. Rush, Chef Staib prepares Seafood Vol-au-Vent and a Leek and Crimini Mushroom Ragu, completing the meal with an Apple Tart.					
14:30:00	Sara's Weeknight Meals Fruit and Meat	APTEX	(S)	(CC)	N/A	#602H
	They say opposites attract. There's something sensational about the sweetness of fruit with the savory taste of meat. Grilled pork tenderloin is a fantastic summer meal with a dressing of watermelon and cucumber. And Sara's son Sam joins her to make a family favorite, chicken with lemon and capers. It's easy and delicious. And on Ask Sara, Sara answers viewer questions on cutting herbs quickly and storing vanilla beans. Recipes: Grilled pork with watermelon cucumber salsa Chicken with lemon and capers.					
15:00:00	Beads, Baubles and Jewels Open and Shut	NETA	(S)	(CC)	N/A	#2410H
	Add style, movement and interest to your designs. Multi-media artist Mary Hettmansperger adds personality, function and style to her designs with hinges. Candie Cooper returns to Katie's Beading Lesson with cute stretchy beaded rings that are fast and easy to make for teens and tweens.					
15:30:00	Make It Artsy Time	NETA	(S)	(CC)	N/A	#208H
	Keep track of time in an artistic way. Metal artist Mary Hettmansperger crafts clock parts into a necklace. For his favorite time piece, his phone, tool expert Joe Rotella makes a decorative stand. Mixed media artist Rae Missigman captures moments in time in an artful clipboard journal. Artist Jane Dunnewold has more artful ideas to share.					
16:00:00	Biz Kid\$ Are You Financially Literate?	APTEX	(S)	(CC)	DVI	#301H
	Understanding how to manage your money before you get to high school will make you even more successful when you head to college or move out on your own. Explore the skills of goal setting, budgeting, saving, and money management that make you financially literate!					

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Tue, Jul 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Camp	NETA	(S)	(CC)	DVI	#1913H
	Head to the great outdoors with camping crafts. Jenny Barnett-Rohrs fashions a talking stick like those used by ancient tribes. Then, she paints images of nature with sand. Franz Spohn makes his own fishing game and Jenny weaves a beaded dream catcher. Candie Cooper lights up the forest with a cool camp lantern.					
17:00:00	P. Allen Smith's Garden Home Super Foods; Super Recipes	APTEX	(S)	(CC)	DVI	#1607H
	In this episode of Garden Home, P. Allen Smith shows that you don't have to be a superhero to save the day. Super performers in the kitchen, garden and home are highlighted to help give your life some extra punch.					
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm, Part I (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#801H
	This season premiere episode documents the first of a two-part series covering an entire year in the working garden set for the television series. Host Joe Lamp'l and gardener-in-residence takes you behind the scenes for the reality of the spring and summer seasons like you've never seen before.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14132H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1202H
	Head for the school room to see how Wisconsin's "Farm to Fork" program benefits students. Explore the science behind Arizona's plan to turn algae into livestock feed. Join the trek to California's asparagus fields just in time for the harvest. Serve yourself to a helping of history on sweet potatoes.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8067
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1326H
20:00:00	Sun Studio Sessions Beth Hart (Encore)	NETA	(S)	(CC)	N/A	#804H
	Blues fans worldwide love Beth Hart and many will never forget her show riveting performance at the 2012 Kennedy Center Honors with her stunning tribute to Buddy Guy. The show stopping performance led to the collaboration with Buddy Guy, he recorded the song "What You Gonna Do About Me" with Beth Hart for his album Rhythm & Blues. In this encore episode, the Grammy nominated blues singer gives an intimate performance of fan favorites including "Baddest Blues" and the title track to her album "Bang Bang, Boom Boom."					
20:30:00	Jammin at Hippie Jack's Willie Sugarcapps 2	NETA	(S)	(CC)	N/A	#1014H
	Willie Sugarcapps once again work their blend of musical magic to conjure a celestial celebration of authentic, heartfelt and soulful songs. Its comforting to know that music in the hands of these five artists still happens for no other reason than purely for the sake of the music itself.					
21:00:00	The Kate Jane Lynch	APTEX	(S)	(CC)	N/A	#201H
	Jane Lynch takes to The Katestage with See Jane Sing!, her comedy cabaret including special guests Kate Flannery (The Office) and Tim Davis (Glee's musical arranger) backed by the swinging Tony Guerrero Quintet.					
22:00:00	Inventing America: Making A Nation	NETA	(S)	(CC)	N/A	#0H
	Inventing America: Making a Nation brings our Founding Fathers back to life in a TV talk show filmed before a live audience. This program features three delegates to the Second Continental Congress - Thomas Jefferson (Bill Barker), Benjamin Franklin (John Hamant) and John Adams (Sam Goodyear) - discussing the lead-up to the Declaration of Independence. A fourth delegate, John Dickinson (Rodney TeSlaa), who refused to sign the document, reveals the conflict behind this historic event. Created by Milton Nieuwsma and filmed by Philip A. Lane, two-time Emmy Award-winners from previous collaborations, the show was recorded at Hope College in Holland, Michigan. The host and moderator is Marc Baer, professor of history at Hope. The director is John K.V. Tammi, professor emeritus of theatre and founder of Hope's acclaimed Summer Repertory Theatre.					

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Tue, Jul 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Inventing America: Making A Government	NETA	(S)	(CC)	N/A	#0H

A follow-up to Inventing America: Making a Nation, Inventing America: Making a Government brings our Founding Fathers back to life in a TV talk show filmed before a live audience. This program tells the story behind the Constitutional Convention of 1787 - four momentous months that changed the world. James Madison, Alexander Hamilton, Benjamin Franklin, Gouverneur Morris and George Washington discuss the conflicts and compromises that led to creating the world's most enduring republic. While imagined and presented as a retrospective, the conversation is based on fact, using the Founders' actual words. Created by Milton Nieuwsma and filmed by Philip A. Lane, two-time Emmy Award-winners from previous collaborations, the show was recorded at Hope College in Holland, Michigan. The host and moderator is Fred Johnson, associate professor of history at Hope College. The director is John K.V. Tammi, professor emeritus of theatre and founder of Hope College's acclaimed Summer Repertory Theatre.

Wed, Jul 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8067
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1326H
01:00:00	Sun Studio Sessions Beth Hart (Encore)	NETA	(S)	(CC)	N/A	#804H
	Blues fans worldwide love Beth Hart and many will never forget her show riveting performance at the 2012 Kennedy Center Honors with her stunning tribute to Buddy Guy. The show stopping performance led to the collaboration with Buddy Guy, he recorded the song "What You Gonna Do About Me" with Beth Hart for his album Rhythm & Blues. In this encore episode, the Grammy nominated blues singer gives an intimate performance of fan favorites including "Baddest Blues" and the title track to her album "Bang Bang, Boom Boom."					
01:30:00	Jammin at Hippie Jack's Willie Sugarcapps 2	NETA	(S)	(CC)	N/A	#1014H
	Willie Sugarcapps once again work their blend of musical magic to conjure a celestial celebration of authentic, heartfelt and soulful songs. Its comforting to know that music in the hands of these five artists still happens for no other reason than purely for the sake of the music itself.					
02:00:00	The Kate Jane Lynch	APTEX	(S)	(CC)	N/A	#201H
	Jane Lynch takes to The Katestage with See Jane Sing!, her comedy cabaret including special guests Kate Flannery (The Office) and Tim Davis (Glee's musical arranger) backed by the swinging Tony Guerrero Quintet.					
03:00:00	Inventing America: Making A Nation	NETA	(S)	(CC)	N/A	#0H
	Inventing America: Making a Nation brings our Founding Fathers back to life in a TV talk show filmed before a live audience. This program features three delegates to the Second Continental Congress -Thomas Jefferson (Bill Barker), Benjamin Franklin (John Hamant) and John Adams (Sam Goodyear) - discussing the lead-up to the Declaration of Independence. A fourth delegate, John Dickinson (Rodney TeSlaa), who refused to sign the document, reveals the conflict behind this historic event. Created by Milton Nieuwsma and filmed by Philip A. Lane, two-time Emmy Award-winners from previous collaborations, the show was recorded at Hope College in Holland, Michigan. The host and moderator is Marc Baer, professor of history at Hope. The director is John K.V. Tammi, professor emeritus of theatre and founder of Hope's acclaimed Summer Repertory Theatre.					
04:00:00	Inventing America: Making A Government	NETA	(S)	(CC)	N/A	#0H
	A follow-up to Inventing America: Making a Nation, Inventing America: Making a Government brings our Founding Fathers back to life in a TV talk show filmed before a live audience. This program tells the story behind the Constitutional Convention of 1787 - four momentous months that changed the world. James Madison, Alexander Hamilton, Benjamin Franklin, Gouverneur Morris and George Washington discuss the conflicts and compromises that led to creating the world's most enduring republic. While imagined and presented as a retrospective, the conversation is based on fact, using the Founders' actual words. Created by Milton Nieuwsma and filmed by Philip A. Lane, two-time Emmy Award-winners from previous collaborations, the show was recorded at Hope College in Holland, Michigan. The host and moderator is Fred Johnson, associate professor of history at Hope College. The director is John K.V. Tammi, professor emeritus of theatre and founder of Hope College's acclaimed Summer Repertory Theatre.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#285
08:00:00	Zula Patrol Birds of a Feather/Bula's Heros: The Great Camouflage Caper	APTEX	(S)	(CC)	N/A	#208H
	When their space craft freezes up, the Zula Patrol makes an emergency landing in the Zula Forest near a bird's nest - with an abandoned egg! After the baby bird hatches, the ZPers decide to track down its mother, who Deliria bird-napped in order to design a flying machine for Clويد. Along the way, the Zula Patrol learns about animal adaptation and attempt to teach the little bird how to fly; only they have no luck. But when the time is right, the bird does fly, rescuing its mother and helping the Zula Patrol snare Deliria and Clويد. In his quest for control of Zula, Dark Truder shrinks Bula, Zeeter and Multo, and then puts them in a terrarium where a beetle named Bruto will keep them from escaping. Deep inside the terrarium, the ZPers meet a group of very polite insects with camouflage abilities. Bug-phobic Bula comes to like the insects and get over his phobia. The insects use their camouflage abilities to help get the ZPers past Bruto, out of the terrarium and defeat Truder.					
08:30:00	1001 Nights The King Who Became A Slave/The Spoon That Ruined Everything	NETA	(S)	(CC)	DVI	#121H
	"The King Who Became a Slave" - A king learns what happens when he's out of touch with his people. "The Spoon That Ruined Everything" - People in a small community see a spoon for the first time and begin to fight over it .					
09:00:00	Functional Fitness with Suzanne Andrews Leg Strengthening Workout	ACCES	(S)	(CC)	N/A	#308H

Wed, Jul 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Shoulder Pain Workout In this episode of Classical Stretch, Miranda Esmonde-White will show you how to relieve any shoulder pain you may be feeling due to joint stiffness, stress or injury, with a full-body, all-standing workout. Filmed at a wondrous chapel fountain in Riviera Maya, Mexico-follow Miranda through a series of easy-to-follow exercise sequences to improve mobility and flexibility.	APTEX	(S)	(CC)	DVI	#1123H
10:00:00	Sit and Be Fit Reaction Time Mary Ann shows how to use a ball to test your reaction time.	NETA	(S)	(CC)	N/A	#1205H
10:30:00	Sewing with Nancy Quilt with An Embroidery Machine In 8 Easy Lessons, Part 2 Turn old school quilting into new school technology when using an embroidery machine for quilting. Eileen Roche, embroidery pro, joins Nancy to show how to hoop a quilt and handle the bulk with ease while stitching the designs automatically. Learn tips and techniques from quilting a table runner to a queen-sized quilt.	NETA	(S)	(CC)	N/A	#3026H
11:00:00	Knitting Daily Made In North America Some of the most exciting yarns are made in North America. Donna Drachunas knits a lace scarf with luxurious yarn from the Alaskan muskox. Ron and Theresa Miskin share their story of yarn from the American bison. Tanis Gray stitches a patriotic star flower to accent hats to pillows. Nicole Winer demonstrates a project with a US-made yarn that benefits a good cause.	NETA	(S)	(CC)	N/A	#1410H
11:30:00	Fons & Porter's Love of Quilting Rainbow Mosaic An unusual take on charm quilts, this design by Nancy Mahoney combines multiple charm shapes in a medallion-style quilt that uses batiks. Using templates to make things easier, Nancy and host Sara Gallegos walk you through different methods for dealing with these unusual shapes. Hexagons, diamonds, triangles-with the right tools and techniques, you can master them all!	NETA	(S)	(CC)	N/A	#2909H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6248H
13:00:00	Lidia's Kitchen Perfect Roasted Chicken Every cook dreams of a perfectly roasted chicken, and today Lidia shows the viewer how to do just that. She starts with an American favorite - a crunchy, cheese Caesar salad. Her lemon roasted chicken goes beyond comfort food with onions, rosemary and lots of lemons. Finally she prepares a free form crostata with juicy plums.	APTEX	(S)	(CC)	N/A	#305H
13:30:00	Taste The Islands with Chef Irie Dinner in the Keys Chef Irie showcases his love of island gourmet with Shrimp Bisque, Spicy Steamed Fish Papillote and a Mango Key Lime Pie. Chef cooks and converses with the "Bad Boys" of reggae, Inner Circle.	APTEX	(S)	(CC)	N/A	#104H
14:00:00	Simply Ming Orjan Johannessen Ming continues cooking through Norway, meeting up with chef Orjan Johannessen for a feast of Norwegian proportions! Joined by Orjan's parents, the two chefs create two distinctive Fjord Trout meals, while the Johannessen's create a pickled herring and caramel pudding. Each dish highlights the tastes and traditions of this Scandinavian nation.	APTEX	(S)	(CC)	N/A	#1413H
14:30:00	Cook's Country Big Family Breakfast Host Christopher Kimball visits Freight House Antiques in Erving, Massachusetts, where scones are baked fresh daily. Then, test cook Julia Collin Davison shows Chris how to make perfect mixed berry scones at home. Next, equipment expert Adam Ried reveals his top picks for pizza cutters. Then, tasting expert Jack Bishop challenges Chris to a tasting of honey. And finally, test cook Erin McMurrer reveals the secrets to making the perfect breakfast pizza.	APTEX	(S)	(CC)	N/A	#905H
15:00:00	Beads, Baubles and Jewels Metalworking In Style Express your style in metalwork and with lettering, too. Mary Hettmansperger adds a window in metal work to make a versatile bezel. She adds style by layering metals and putting a variety of motifs behind the window. Creative collaborator Brenda Schweder shares her favorite tips on soldering metalwork. Katie Hacker puts her style into words with lettering in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2411H

Wed, Jul 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Folk Art Folk art is the essence of a culture. Painter and maker Mystele Kirkeeng paints abstract folk art faces and figures. Tool expert Joe Rotella uses baker's twin to weave new art on a tin tile. Host Julie Fei-Fan Balzer draws repeating shapes to create a meditative mandala. Jane Dunnwold shares another artistic perspective.	NETA	(S)	(CC)	N/A	#209H
16:00:00	Biz Kid\$ Wheel of Misfortune Find out how to avoid common money mistakes and learn the importance of following a financial plan. Explore both short- and long-term goals.	APTEX	(S)	(CC)	DVI	#302H
16:30:00	Hands On Crafts for Kids On The Move We are on the move, with projects that go along with us, or move themselves! Join host Katie Hacker and make a rockin' roadster that really rolls. Artist Franz Spohn uses a little string to add animation to his art and blogger Jenny Barnett Rohrs make a wreath with colorful felt pinwheels. Use the Family Craft Box and recycled denim to make a car track. Decorate your room with an eye-catching string art project that uses color to create the feeling of movement.	NETA	(S)	(CC)	DVI	#1701H
17:00:00	P. Allen Smith's Garden Home Leaders in the Field Join P. Allen Smith as he learns a thing or two from gardeners, chefs and designers who are leading the pack in their field and are anything but traditional.	APTEX	(S)	(CC)	DVI	#1608H
17:30:00	Growing A Greener World A Year in the Life of the Garden Farm, Part II (Atlanta, Ga) Part II of this series picks up with the tomato season waning and a brand-new season of cool season edibles ready to plant. Host, Joe Lamp'l takes you on his gardening journey in the GGW garden set through the fall and into winter, complete with challenges and takeaways anyone can apply.	APTEX	(S)	(CC)	N/A	#802H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14133H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#513H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8068
19:30:00	In Good Shape Benefits and Risks of Yoga But practicing it does hold certain risks. Also: Modern treatments for spider veins, the best ways to cope with constipation and why adults can need surgery to combat tonsillitis.	WNVC	(S)	(CC)	N/A	#423H
20:00:00	The Lowertown Line. The Lowertown Line: The Cactus Blossoms With a sound that conjures up old school country and folk music, The Cactus Blossoms perform in front of a live audience at the Twin Cities Public Television studios. The Blossoms discuss their connection to Prairie Home Companion, their fondness for German electronic music, and the harsh realities of the entertainment business. Songs performed: Powder Blue, Mississippi, Adios Maria, Change Your Ways or Die, Stoplight Kisses.	APTEX	(S)	(CC)	N/A	#118H
20:30:00	Songs at the Center Artists: Dianna Corcoran, Marti Dodson, Patrick Buzzard, and Eric Gnezda. Artist Bio: Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Not Ready To Lose." Artist Bio: Marti Dodson fronted the Ohio-based band, Saving Jane, as they climbed the pop charts a few years ago. Now a signed songwriter in Nashville, she collaborates with the industry's elite, having just penned a single release for Thompson Square. She performs "Quarterback." Artist Bio: Patrick Buzzard, a partner of Marti Dodson in Saving Jane, is an accomplished guitarist, singer and songwriter. He also created the popular podcast, "Rock and Roll Book Club," in which he and his co-hosts read and discuss books about musicians. He sings "Never To Hold." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and is a regular Writers Night performer at Nashville's iconic venue for songwriters, The Bluebird Cafe. He performs "Let's Do It."	APTEX	(S)	(CC)	N/A	#210H
21:00:00	Live at 9:30 Performances by Troye Sivan, The Suffers, The Claypool Lennon Delirium (Les Claypool & Sean Lennon), Clutch and The Knocks.	NACC	(S)	(CC)	N/A	#111H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Maritime Silk Road: Birth of the Global Economy New Day Dawns (Ancient Times - 3rd Century)	KNME	(S)	(CC)	N/A	#101H
	Explore the earliest days of the Maritime Silk Road and the production of its namesake trade good, silk. Discover China's ancient maritime roots paddling a dragon boat in Hong Kong. Explore the basis for Chinese civilization from its writing system to its most important philosopher including visiting China's oldest Maritime Silk Road port.					
22:30:00	Yellowstone In Four Seasons	NETA	(S)	(CC)	N/A	#0H
	Yellowstone National Park has four seasons that can change at any time. Summer is for eating, Fall is for mating, Winter is for surviving and Spring is for re-birth. Mother Nature has worked millions of years to sculpt this grand treasure, and her finest work is on display for us all to appreciate and enjoy. Yellowstone's splendor lies in it's solitude, it's grandness, it's complexity and it's simplicity. And for thousands of years this real life drama has performed the same 4 act play over and over again...Yellowstone in Four Seasons.					
23:00:00	Thodos Dance Chicago's "A Light in the Dark"	NETA	(S)	(CC)	N/A	#0H
	Experience the story of Helen Keller like never before in the critically acclaimed story ballet A LIGHT IN THE DARK from Thodos Dance Chicago. This Emmy nominated performance film puts you in the best seat in the house for this unique interpretation of the Keller tale, featuring theatrical choreography from Broadway legend Ann Reinking and award winning artistic director Melissa Thodos, inspiring orchestral music from composer Bruce Wolosoff, and brilliant dance performances from the Thodos Dance company (including Jessica Miller Tomlinson as 'Helen Keller', and Alissa Tollefson as 'Anne Sullivan').					

Thu, Jul 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8068
00:30:00	In Good Shape Benefits and Risks of Yoga But practicing it does hold certain risks. Also: Modern treatments for spider veins, the best ways to cope with constipation and why adults can need surgery to combat tonsillitis.	WNVC	(S)	(CC)	N/A	#423H
01:00:00	The Lowertown Line. The Lowertown Line: The Cactus Blossoms With a sound that conjures up old school country and folk music, The Cactus Blossoms perform in front of a live audience at the Twin Cities Public Television studios. The Blossoms discuss their connection to Prairie Home Companion, their fondness for German electronic music, and the harsh realities of the entertainment business. Songs performed: Powder Blue, Mississippi, Adios Maria, Change Your Ways or Die, Spotlight Kisses.	APTEX	(S)	(CC)	N/A	#118H
01:30:00	Songs at the Center Artists: Dianna Corcoran, Marti Dodson, Patrick Buzzard, and Eric Gnezda. Artist Bio: Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Not Ready To Lose." Artist Bio: Marti Dodson fronted the Ohio-based band, Saving Jane, as they climbed the pop charts a few years ago. Now a signed songwriter in Nashville, she collaborates with the industry's elite, having just penned a single release for Thompson Square. She performs "Quarterback." Artist Bio: Patrick Buzzard, a partner of Marti Dodson in Saving Jane, is an accomplished guitarist, singer and songwriter. He also created the popular podcast, "Rock and Roll Book Club," in which he and his co-hosts read and discuss books about musicians. He sings "Never To Hold." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and is a regular Writers Night performer at Nashville's iconic venue for songwriters, The Bluebird Cafe. He performs "Let's Do It."	APTEX	(S)	(CC)	N/A	#210H
02:00:00	Live at 9:30 Performances by Troye Sivan, The Suffers, The Claypool Lennon Delirium (Les Claypool & Sean Lennon), Clutch and The Knocks.	NACC	(S)	(CC)	N/A	#111H
03:00:00	Maritime Silk Road: Birth of the Global Economy New Day Dawns (Ancient Times - 3rd Century) Explore the earliest days of the Maritime Silk Road and the production of its namesake trade good, silk. Discover China's ancient maritime roots paddling a dragon boat in Hong Kong. Explore the basis for Chinese civilization from its writing system to its most important philosopher including visiting China's oldest Maritime Silk Road port.	KNME	(S)	(CC)	N/A	#101H
03:30:00	Yellowstone In Four Seasons Yellowstone National Park has four seasons that can change at any time. Summer is for eating, Fall is for mating, Winter is for surviving and Spring is for re-birth. Mother Nature has worked millions of years to sculpt this grand treasure, and her finest work is on display for us all to appreciate and enjoy. Yellowstone's splendor lies in it's solitude, it's grandness, it's complexity and it's simplicity. And for thousands of years this real life drama has performed the same 4 act play over and over again...Yellowstone in Four Seasons.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Thodos Dance Chicago's "A Light in the Dark" Experience the story of Helen Keller like never before in the critically acclaimed story ballet A LIGHT IN THE DARK from Thodos Dance Chicago. This Emmy nominated performance film puts you in the best seat in the house for this unique interpretation of the Keller tale, featuring theatrical choreography from Broadway legend Ann Reinking and award winning artistic director Melissa Thodos, inspiring orchestral music from composer Bruce Wolosoff, and brilliant dance performances from the Thodos Dance company (including Jessica Miller Tomlinson as 'Helen Keller', and Alissa Tollefson as 'Anne Sullivan').	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#286
08:00:00	Zula Patrol Moon Struck/Me, Myself and lo The Zula Patrol is called into action to rescue Venus from her erratic behavior in her quest to acquire a moon of her own. It's time again for Jupiterfest, the yearly celebration to honor the Solar System's Big Guy, and this year all of Jupiter's moons will take part in a talent show to cap off the day. All except lo, that is, the most volcanically active moon in the Solar System. Not only doesn't she think she's talented, but she also is embarrassed about her incessant eruptions. The Zula Patrol steps in to give lo confidence (and an act) for the talent show. Meanwhile, Dark Truder, posing as a judge for the competition, plans to take advantage of the talent show... for a chance to steal the contest's grand prize.	APTEX	(S)	(CC)	N/A	#209H
08:30:00	1001 Nights The King Who Outlawed Laughter/Sinbad and the Black Diamond "The King Who Outlawed Laughter" - A king tries to execute his prisoners but no matter what he does, he is unable to kill them. "Sinbad and The Black Diamond" - Sinbad is off once more on a hilarious adventure. This time he battles the dread pirat Santiago for a mysterious black diamond that possesses strange powers.	NETA	(S)	(CC)	DVI	#122H

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Thu, Jul 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Lung Power Walking Workout	ACCES	(S)	(CC)	N/A	#309H
09:30:00	Classical Stretch: By Essentrics Knee Strengthening Workout	APTEX	(S)	(CC)	DVI	#1124H
	In this episode of Classical Stretch, join Miranda Esmonde-White at a beautiful chapel terrace in Riviera Maya, Mexico. Follow along with Miranda as she takes you through a gentle sequence of standing and barre exercises aimed at strengthening the knees, relieving joint stiffness and improving overall mobility.					
10:00:00	Sit and Be Fit Balance	NETA	(S)	(CC)	N/A	#1206H
	Improving balance through weight training, stretching and leg strengthening is the theme of this episode.					
10:30:00	Fit 2 Stitch Job Interview and Business	NETA	(S)	(CC)	N/A	#401H
	It's important to make a good first impression. Learn to use one jacket pattern with a variety of fabrics, trims and closures for an array of professional looks.					
11:00:00	Knitting Daily New Spin	NETA	(S)	(CC)	N/A	#1411H
	Learn how to make yarn yourself! Editor Anne Merrow introduces the ancient art of spinning using a drop spindle and shares ideas for knitting with hand-spun yarn. Liz Gipson shares her love of making yarn by hand and Tanis Gray demonstrates the lazy links stitch. Then learn to make dryer balls to assure great results when laundering knits.					
11:30:00	Fons & Porter's Love of Quilting Farmer's Wife Table Runner	NETA	(S)	(CC)	N/A	#2910H
	The Farmer's Wife quilts by Laurie Aaron Hird have become instant classics. The Fons & Porter staff was inspired to pick one quilt block from each iconic quilt, and incorporate them into a smaller project. Host Sara Gallegos and Fons & Porter Sewing Specialist Colleen Tauke showcase how small quilt blocks can be mixed-and-matched. This table runner will let you take a small taste of the rich tradition of sampler quilts.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6249H
13:00:00	Eat! Drink! Italy! with Vic Rallo Easy Is Best	APTEX	(S)	(CC)	N/A	#313H
	Vic travels to Piemonte to learn Chef Massimo Camia's hazelnut dessert. Tony Verdoni talks to an Amarone winemaker. Vic and Tony talk about the delicious and versatile Piave cheese.					
13:30:00	Mike Colameco's Real Food Aquavit	NETA	(S)	(CC)	N/A	#1414H
	In 2014 Chef Emma Bengtsson talk over the helm as Chef at Aquavit. She had been the pastry chef and the owner thought she was ready for this next phase. A year later with three stars from the NY Times under her belt she became one of a handful of women worldwide to earn two Michelin Stars. She's a chef's chef who loves the craft and we spend a day with her and her staff to see what Emma is all about.					
14:00:00	Joanne Weir's Cooking Confidence Spanish Fiesta	APTEX	(S)	(CC)	N/A	#208H
	Joanne sets the stage for a Spanish Fiesta with a twist on the classic Spanish Gazpacho, turning sweet peas into a refreshing soup. She teaches her student Ron, the perfect party meal, Shellfish Paella. Recipes: Sweet Pea Gazpacho, Shellfish Paella. Student: Ron Martin.					
14:30:00	New Scandinavian Cooking The Coast of Mid Norway: Shellfish Eldorado	APTEX	(S)	(CC)	N/A	#205H
	Host Andreas Viestad visits some of the richest fish banks in mid-Norway and then prepares a seafood dish with native scallops, crabs and lobster. The region also holds some of the most modern aquaculture for salmon and mussels - and Andreas makes the most of these ingredients.					
15:00:00	Beads, Baubles and Jewels Connecting The Elements	NETA	(S)	(CC)	N/A	#2412H
	Bend and shape your style with wire. Author and designer Brenda Schweder uses a jig to wrangle wire into repeating shapes to create a cool necklace. In Katie's Beading Lesson, Candie Cooper uses sea glass and cool findings to create a hip bolo necklace. Teens and tweens will love mixing leather cord with chains for extra style.					

Thu, Jul 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Wear Your Art	NETA	(S)	(CC)	N/A	#210H
	Wear your art and express your maker's spirit wherever you go. Embellishment artist Candie Cooper makes bag charms with leather and beads. Resin artist Susan Lenart Kazmer casts found objects to wear as jewelry or embellishments. Fine artist Andrew Thornton turns a book into a necklace. Jane Dunnewold is back with more art tips.					
16:00:00	Biz Kid\$ More Bang for Your Buck	APTEX	(S)	(CC)	DVI	#303H
	Whether you're facing good times or tough times, it's important to know how to get the best value for your money. Discover tips for stretching your dollars.					
16:30:00	Hands On Crafts for Kids Critters and Creatures	NETA	(S)	(CC)	DVI	#1702H
	Inspiration comes from animals and creatures - real and imaginary. Katie makes a 3-D owl with textured wings makes a great decoration for any room. Franz and Katie make creature creation a team sport by drawing three-part fantasy animals together. Jenny looks to the sea to find inspiration for a jelly-fish made from re-cycled materials then Katie creates a glittery clay lizard textured with found items. From the Family Craft box make a pair of bear claw slippers made from tissue boxes.					
17:00:00	P. Allen Smith's Garden Home Facts of Life	APTEX	(S)	(CC)	DVI	#1609H
	Life at Moss Mountain Farm is like any other working farm, has its ups and downs. Let P. Allen Smith take you through the trials, tribulations and immense rewards on a day at the farm.					
17:30:00	Growing A Greener World Epic Tomatoes (Raleigh, Nc)	APTEX	(S)	(CC)	N/A	#803H
	This episode shadows expert tomato grower, Craig LeHoullier from planting to harvest to get practical tips from one of the most respected experts while learning unique and innovative growing methods for dealing with a variety of challenging conditions.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14134H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1402H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8069
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1007H
	On this edition of Native Report we feature the story of "Little Shadow Catcher" David Barry a 19th Century photographer best known for his frontier photography including many iconic Native American portraits from that era. Then we head into the kitchen to learn the secrets behind perfecting frybread, a popular food often enjoyed at powwows. And then as we continue the celebration of Native Report's 10th season on the air we go into the archives for a popular segment on Lake Superior's Spirit Little Cedar Tree.					
20:00:00	Backstage Pass Chris Canas Band- Encore	NETA	(S)	(CC)	N/A	#706H
	Detroit-based Chris Canas brings the blues with a homestyle feel to a new generation. Highlights: "Little Bluebird," with guest "Frog" Forgey and the title track of the new album "Would Ya Mind." In the band with Canas are Angela Cottingham, vocals; Kevin Schoepke, bass; Michael Scott, drums; and Chris Nordman, keyboards. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.					
20:30:00	Ray Stevens Cabaray Nashville Guest: (Patriotic Theme) Reed Robertson	OETA	(S)	(CC)	N/A	#126H
	"Dear Andy Griffith" (RAY) "The Star Spangled Banner" (RAY) "Hallelujah" (REED) "I'll Be The One" (REED).					
21:00:00	Night of the Proms	NETA	(S)	(CC)	N/A	#113H
	Roger Hodgson plays his Supertramp hit, "The Logical Song." Naturally 7 challenges Il Novecento to a duel. Sinead O'Connor mesmerizes with her first performance of "Troy" in 20 years. Meat Loaf rips your heart out with an impassioned "I'd Do Anything for Love (But I Won't Do That)." Nile Rodgers & Chic lead an all-star lineup in celebrating "We Are Family.": Roger Hodgson (Supertramp) - "The Logical Song" Naturally 7 - "Naturally 7 vs. Il Novecento"; Sinead O'Connor - "Troy"; Meat Loaf - "I'd Do Anything for Love (But I Won't Do That)"; Nile Rodgers & Chic - "We Are Family".					

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Thu, Jul 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:30:00	Night of the Proms Best performances from Night of the Proms, the hottest concert tour in Europe for 30 years. The incomparable Il Novecento orchestra and Fine Fleur choir team with the world's favorite pop stars as they perform their own #1 hit songs. Kicking off with Joe Cocker, David Garrett, Chrissie Hynde and The Pointer Sisters!; Opening orchestral - "Palladio Allegretto"; Joe Cocker - "Unchain My Heart"; David Garrett - "Czardas"; Chrissie Hynde (The Pretenders) - "I'll Stand By You"; Il Novecento orchestra - "The Typewriter"; The Pointer Sisters - "I'm So Excited".	NETA	(S)	(CC)	N/A	#101H
22:00:00	Variety Studio: Actors On Actors Nicole Kidman (Big Little Lies) with Ewan McGregor (Fargo), Millie Bobby Brown (Stranger Things) and Evan Rachel Wood (Westworld), Pamela Adlon (Better Things) and Sterling K. Brown (This is Us), Riz Ahmed (The Night Of) and Elisabeth Moss (The Handmaid's Tale), Brit Marling (The OA) and Issa Rae (Insecure) and Anthony Anderson (Black-ish) with Kaley Cuoco (The Big Bang Theory).	NETA	(S)	(CC)	N/A	#602H
23:00:00	Stories of the Mind Beating Anxiety Three characters in different times of their lives use different tactics to manage their anxiety, the most common type of mental health disorder for Americans.	NETA	(S)	(CC)	N/A	#106H
23:30:00	Stories of the Mind Soldiers' Stories Injured combat veterans find healing through sport, friendship and the great outdoors.	NETA	(S)	(CC)	N/A	#206H

Fri, Jul 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8069
00:30:00	Native Report On this edition of Native Report we feature the story of "Little Shadow Catcher" David Barry a 19th Century photographer best known for his frontier photography including many iconic Native American portraits from that era. Then we head into the kitchen to learn the secrets behind perfecting frybread, a popular food often enjoyed at powwows. And then as we continue the celebration of Native Report's 10th season on the air we go into the archives for a popular segment on Lake Superior's Spirit Little Cedar Tree.	WDSE	(S)	(CC)	N/A	#1007H
01:00:00	Backstage Pass Chris Canas Band- Encore Detroit-based Chris Canas brings the blues with a homestyle feel to a new generation. Highlights: "Little Bluebird," with guest "Frog" Forgey and the title track of the new album "Would Ya Mind." In the band with Canas are Angela Cottingham, vocals; Kevin Schoepke, bass; Michael Scott, drums; and Chris Nordman, keyboards. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#706H
01:30:00	Music Voyager Istanbul Crossroads At the crossroads of the Bosphorous strait sits the sprawling metropolis of Istanbul, which has nurtured a variety of religions, cultures, languages, cuisines and, of course, music. In this episode, host Jacob Edgar checks out some of the sights and sounds found in "The City of the World's Desire." Turkish pop star Nil Karaibrahimgil takes Jacob to her favorite trendy boutique, treats him to unplugged performances of some her best-known songs and provides an exclusive look at her private residence. He goes backstage with rock legend Sebnem Ferah, who shows off her shredding skills in front of 20,000 screaming fans. And famed clarinetist Husnu Senlendirici invites Jacob to picturesque Maiden's Island for a jam session by the sea. The episode concludes as Jacob toasts Istanbul's past and future with a hearty glass of raki, the famed Turkish liqueur, while serenaded by street musicians at a traditional Istanbul cafe.	APTEX	(S)	(CC)	N/A	#401H
02:00:00	Night of the Proms Roger Hodgson plays his Supertramp hit, "The Logical Song." Naturally 7 challenges Il Novecento to a duel. Sinead O'Connor mesmerizes with her first performance of "Troy" in 20 years. Meat Loaf rips your heart out with an impassioned "I'd Do Anything for Love (But I Won't Do That)." Nile Rodgers & Chic lead an all-star lineup in celebrating "We Are Family."; Roger Hodgson (Supertramp) - "The Logical Song" Naturally 7 - "Naturally 7 vs. Il Novecento"; Sinead O'Connor - "Troy"; Meat Loaf - "I'd Do Anything for Love (But I Won't Do That)"; Nile Rodgers & Chic - "We Are Family".	NETA	(S)	(CC)	N/A	#113H
02:30:00	Night of the Proms Best performances from Night of the Proms, the hottest concert tour in Europe for 30 years. The incomparable Il Novecento orchestra and Fine Fleur choir team with the world's favorite pop stars as they perform their own #1 hit songs. Kicking off with Joe Cocker, David Garrett, Chrissie Hynde and The Pointer Sisters!; Opening orchestral - "Palladio Allegretto"; Joe Cocker - "Unchain My Heart"; David Garrett - "Czardas"; Chrissie Hynde (The Pretenders) - "I'll Stand By You"; Il Novecento orchestra - "The Typewriter"; The Pointer Sisters - "I'm So Excited".	NETA	(S)	(CC)	N/A	#101H
03:00:00	Variety Studio: Actors On Actors Nicole Kidman (Big Little Lies) with Ewan McGregor (Fargo), Millie Bobby Brown (Stranger Things) and Evan Rachel Wood (Westworld), Pamela Adlon (Better Things) and Sterling K. Brown (This is Us), Riz Ahmed (The Night Of) and Elisabeth Moss (The Handmaid's Tale), Brit Marling (The OA) and Issa Rae (Insecure) and Anthony Anderson (Black-ish) with Kaley Cuoco (The Big Bang Theory).	NETA	(S)	(CC)	N/A	#602H
04:00:00	Stories of the Mind Beating Anxiety Three characters in different times of their lives use different tactics to manage their anxiety, the most common type of mental health disorder for Americans.	NETA	(S)	(CC)	N/A	#106H
04:30:00	Stories of the Mind Soldiers' Stories Injured combat veterans find healing through sport, friendship and the great outdoors.	NETA	(S)	(CC)	N/A	#206H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#287
08:00:00	Zula Patrol A Friend Named Breezy/Erosion Today, Gone Tomorrow Wizzy and Zeeter befriend BREEZY, a gentle breeze, and learn all about wind. When they help Breezy become a bigger wind, she gets used by DELIRIA and CLOID, who want to blow down Zula Patrol Headquarters - but Zeeter and Wizzy get their friend Breezy to stop just in time. During a fun day at the beach, the ZPers are impressed when Gorga snorts out a huge sandcastle that's a replica of a real eroding stone castle on a nearby cliff. On exploring Gorga's creation, they get lost inside it and meet a 400-year old knight and his pet dragon - both made entirely of sand! The real challenge comes in trying to find their way out of the sandcastle before it erodes from the tide and collapses around them.	APTEX	(S)	(CC)	N/A	#210H

Fri, Jul 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	1001 Nights The Man Who Went Back In Time/The Schoolmaster "The Man Who Went Back in Time" - A man complains his life would have been better if he'd been given his neighbor's luck breaks. When he gets the chance to go back in time and change things, however, he realizes it's not as easy as he imagined. "The Schoolmaster" - A con man lies his way into a job as a Schoolmaster and learns an unexpected lesson about the value of integrity.	NETA	(S)	(CC)	DVI	#123H
09:00:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H
09:30:00	Classical Stretch: By Essentrics Spine Strengthening & Pain-Relief Workout In this episode of Classical Stretch, join Miranda Esmonde-White at a lovely spa pool in Riviera Maya, Mexico. Miranda will take you through an entry-level, standing and barre workout that will provide you with a deep stretch to help relieve any tension and pain in your muscles and joints and rebalance your entire body.	APTEX	(S)	(CC)	DVI	#1125H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1102H
10:30:00	Fit 2 Stitch Business Casual What does "business casual" really mean? Learn how to look casual and comfortable but maintain that professional image in perfectly-fitted slacks.	NETA	(S)	(CC)	N/A	#402H
11:00:00	Knitting Daily Novelty of It All Create a novel effect with non-traditional yarns. Yarn designer Barry Klein shares tips and tricks to get the maximum effect. Soak up the creative spirit of writer and artist Kathy Cano-Murillo. Author Laura Nelkin's combines novelty yarn and beads to make an elegant bracelet. Tanis Gray makes a charming daisy applique with crystals. Vickie Howell crochets a cool cable pattern with lofty, colorful yarn.	NETA	(S)	(CC)	N/A	#1412H
11:30:00	Fons & Porter's Love of Quilting Cross Road to Grandma's House Inspired by memories of traveling to her grandmother's house on Waddington Road, Barb Eikmeier designed this quilt combining two blocks- album cross and snowball-using an on-point layout. Barb and host Sara Gallegos will teach how to construct the quilt, and even share a few tips for working with plaid fabrics. The nostalgic, but bright colors make this a wonderful quilt for remembering the good times.	NETA	(S)	(CC)	N/A	#2911H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6250H
13:00:00	Ellie's Real Good Food Say Yes to Chocolate The key to having chocolate in your life in a manageable way is to go for quality over quantity. In this episode, Ellie visits the Chocolate Expo and demonstrates how to incorporate the joys of chocolate into everyday menus, clarifying how to take advantage of its health benefits. Recipes: Fig & ginger truffles; Double-chocolate waffles a la mode; Mocha java smoothie. 3 Ingredient Recipe: Basic hot chocolate with mix-ins: vanilla extract, ginger, mint extract, chili, cinnamon, chocolate shavings.	APTEX	(S)	(CC)	N/A	#102H
13:30:00	Kevin Dundon's Modern Irish Food Modern Eats to Traditional Treats Kevin starts with a lobster dish served with a mustard cream sauce and seared fillet of beef and blue cheese salad. Next, potato with a pie crust - a completely different way of serving Ireland's national vegetable. Then a quick and simple Waldorf salad. Finally, Kevin shares his mom's recipe for traditional apple pie.	APTEX	(S)	(CC)	N/A	#101H
14:00:00	Chef John Besh's New Orleans Pasta Milanese, Mudrica, and Stuffed Artichokes.	APTEX	(S)	(CC)	DVI	#107H
14:30:00	Essential Pepin Family Favorites Grilled Leg Of Lamb; Pork Loin Tournedos With Cream And Calvados; Puerto Rican Pork And Beans; Lamb Navarin.	APTEX	(S)	(CC)	DVI	#114H

Fri, Jul 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels The Shape's The Thing	NETA	(S)	(CC)	N/A	#2413H
	Shape makes the style statement. Designer syndee holt builds style from the bottom up as she creates no-show bezels for polymer clay jewelry. Then, she uses clay to make a seamless custom bail. In her Beading Lesson, Katie Hacker combines suede, chain and beads for a trendy new look.					
15:30:00	Make It Artsy Kid Friendly	NETA	(S)	(CC)	N/A	#211H
	Inspire a young maker with kid-friendly art projects. Folk artist Mystele Kirkeeng paints a portrait of a cup inspired by various designs. Studio artist Cynthia Thornton paints and assembles charming paper dolls. Jewelry expert Candie Cooper tops things off with a beautiful beaded crown. Jane Dunnewold shares another art tip.					
16:00:00	Biz Kid\$ Where Is My Allowance?	APTEX	(S)	(CC)	DVI	#304H
	Discover how different families work out "allowances." Even basic financial planning starts now-learn how to manage your monthly income and expenses for vacations, education, and more.					
16:30:00	Hands On Crafts for Kids Let's Play A Game	NETA	(S)	(CC)	DVI	#1703H
	Whether indoors or out, games are fun! Bowl at home with family and friends with a colorful bowling set Katie makes from recycled water bottles. Franz shows how to create your own game board using a variety of art mediums. Jenny and Katie make an indoor hopscotch court that rolls-up, for easy storage. Braid a ring toss toy then use the Family Craft box to make a treasure hunt jar for quiet fun.					
17:00:00	P. Allen Smith's Garden Home Handcrafted	APTEX	(S)	(CC)	DVI	#1610H
	Southern hospitality and the arts come together like biscuits and gravy in Natchez, the oldest city on the Mississippi River. Join P. Allen Smith as he explores the cuisine and culture of a city where the river is wide and the history is deep.					
17:30:00	Growing A Greener World Gardening for Butterflies & Other Beneficial Insects (Atlanta, Ga, Phoenix, Az)	APTEX	(S)	(CC)	N/A	#804H
	Many Butterflies and pollinators are losing vital habitats to urban sprawl and widespread use of herbicides. In this episode, national experts show ways we can all attract and help restore populations of these threatened insects while increasing the beauty of our landscapes.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14135H
18:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1326H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8070
19:30:00	Global 3000 Helping Islamic State Terror Group Victims In Iraq	WNVC	(S)	(CC)	N/A	#925H
	Thousands of women and children have been kidnapped and mistreated the so-called Islamic State terror group. A German psychotherapist is trying to help the victims. And fishermen in the Philippines are fighting to preserve dwindling fish stocks.					
20:00:00	Song of the Mountains The Churchmen/Jeff Brown & Still Lonesome	NETA	(S)	(CC)	N/A	#1121H
21:00:00	Woodsongs The Mavericks/Whitney Rose	NETA	(S)	(CC)	N/A	#1802H
	The Mavericks merge traditional country with traditional rock & roll. The band became one of the most critically acclaimed and commercially successful groups of the early '90s. Raul Malo remains the lead singer of the band, his voice easily navigating country, rockabilly, Latino and even opera. The legendary group has released a brand new album called Mono. Whitney Rose is a special guest on the show as requested by Raul Malo himself, who produced her new album Heartbreaker of the Year. Whitney is a powerful Canadian artist who first met the Mavericks when she was booked to open for them in Toronto, and they were suitably impressed enough to ask her to join them for their entire 2014 cross-Canada tour.					

Daily Program Listing II

43.1

Date: 06/14/2017

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Fri, Jul 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Film School Shorts Mean Streets	NETA	(S)	(CC)	N/A	#403H
	Taissa Farmiga stars in Share as a 15-year-old girl facing her return to school after someone shared an explicit video of her online. Directed by Pippa Bianco. Next, watch as racial tensions explode between young people waiting in line to buy the hottest new sneakers on the market in Hypebeasts, inspired by Spike Lee's Do the Right Thing. Directed by Jessica dela Merced.					
22:30:00	On Story John Patrick Shanley: Writing for the Stage and Screen	NETA	(S)	(CC)	N/A	#705H
	John Patrick Shanley holds a unique position as both playwright and screenwriter. The writer behind Moonstruck, Doubt, and others shares how he pulls from real life and makes every action count toward story.					
23:00:00	Science Goes to the Movies Cancer	EPS	(S)	(CC)	N/A	#401H
	Guest: Evan Handler. Movies: Wit, Me and Earl and the Dying Girl, 50/50. For fictional characters, cancer is almost always a death sentence. Odds are so much better for real humans. Actor and cancer survivor Evan Handler discusses his memoir, Time on Fire as we look at Hollywood's take on cancer.					
23:30:00	Theater Talk Dear Evan Hansen Actors	EPS	(S)	(CC)	N/A	#1021H
	Guests: Dear Evan Hansen actors Ben Platt, Rachel Bay Jones, Jennifer Laura Thompson.					

Sat, Jul 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8070
00:30:00	Global 3000 Helping Islamic State Terror Group Victims In Iraq Thousands of women and children have been kidnapped and mistreated the so-called Islamic State terror group. A German psychotherapist is trying to help the victims. And fishermen in the Philippines are fighting to preserve dwindling fish stocks.	WNVC	(S)	(CC)	N/A	#925H
01:00:00	Song of the Mountains The Churchmen/Jeff Brown & Still Lonesome	NETA	(S)	(CC)	N/A	#1121H
02:00:00	Woodsongs The Mavericks/Whitney Rose The Mavericks merge traditional country with traditional rock & roll. The band became one of the most critically acclaimed and commercially successful groups of the early '90s. Raul Malo remains the lead singer of the band, his voice easily navigating country, rockabilly, Latino and even opera. The legendary group has released a brand new album called Mono. Whitney Rose is a special guest on the show as requested by Raul Malo himself, who produced her new album Heartbreaker of the Year. Whitney is a powerful Canadian artist who first met the Mavericks when she was booked to open for them in Toronto, and they were suitably impressed enough to ask her to join them for their entire 2014 cross-Canada tour.	NETA	(S)	(CC)	N/A	#1802H
03:00:00	Film School Shorts Mean Streets Taissa Farniga stars in Share as a 15-year-old girl facing her return to school after someone shared an explicit video of her online. Directed by Pippa Bianco. Next, watch as racial tensions explode between young people waiting in line to buy the hottest new sneakers on the market in Hypebeasts, inspired by Spike Lee's Do the Right Thing. Directed by Jessica dela Merced.	NETA	(S)	(CC)	N/A	#403H
03:30:00	On Story John Patrick Shanley: Writing for the Stage and Screen John Patrick Shanley holds a unique position as both playwright and screenwriter. The writer behind Moonstruck, Doubt, and others shares how he pulls from real life and makes every action count toward story.	NETA	(S)	(CC)	N/A	#705H
04:00:00	Science Goes to the Movies Cancer Guest: Evan Handler. Movies: Wit, Me and Earl and the Dying Girl, 50/50. For fictional characters, cancer is almost always a death sentence. Odds are so much better for real humans. Actor and cancer survivor Evan Handler discusses his memoir, Time on Fire as we look at Hollywood's take on cancer.	EPS	(S)	(CC)	N/A	#401H
04:30:00	Theater Talk Dear Evan Hansen Actors Guests: Dear Evan Hansen actors Ben Platt, Rachel Bay Jones, Jennifer Laura Thompson.	EPS	(S)	(CC)	N/A	#1021H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#288
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Southwest Cactus Flower Gary planted rose bushes in his garden, but between those rose bushes sprouted spontaneous cacti, specifically the Southwest Cactus flower. This inspired Gary for this episode's scene. It's a beautiful combination of roses and this surprise cactus, which in the Southwest is often considered a weed.	APTEX	(S)	(CC)	N/A	#525H
08:30:00	Painting with Wilson Bickford Canada Goose, Part 2 A Canada Goose sits serenely on the water on a calm Fall day. In Part 2, Wilson finishes the background and shows how to detail bird feathers as he discovers what's good for the goose is good for the gander!	NETA	(S)	(CC)	N/A	#206H
09:00:00	Landscapes Through Time with David Dunlop J.M.W. Turner's Visions of Veni J.M.W. Turner (1775-1851) traveled to Venice three times and his experimentation in Venice served as a sensual catalyst for his future work. David discusses Turner's watercolor techniques in front of the iconic baroque cathedral Santa Maria della Salute, overlooking the Grand Canal. He then paints an oil sketch overlooking the Dogana and San Giorgio Maggiore, the same scenes immortalized in many of Turner's transcendent paintings from Venice.	NETA	(S)	(CC)	DVI	#201H

Sat, Jul 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Hips & Hamstring Workout	APTEX	(S)	(CC)	DVI	#1126H
	In this episode of Classical Stretch, join Miranda Esmonde-White at the calming and peaceful Kantun-Chi eco-park in Mexico. This all-barre workout will help you strengthen and stretch all 650 muscles in your body and release any joint tension or pain you may be feeling in your hips and hamstrings.					
10:00:00	Sit and Be Fit Pelvic Floor	NETA	(S)	(CC)	N/A	#1208H
	Muscles of pelvic floor are often ignored but this workout shows some easy movements to keep those important muscles strong.					
10:30:00	Functional Fitness with Suzanne Andrews Lung Power Walking Workout	ACCES	(S)	(CC)	N/A	#309H
11:00:00	Delicious TV's Vegan Mashup Holiday Classics	NETA	(S)	(CC)	DVI	#103H
	This episode will have you breaking out the best china and every family member digging in to the bounty of vegan deliciousness. The Unbird/Thanksgiving Fritters/Sweet Potato Chipotle Bisque.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Baking Up Comfort	APTEX	(S)	(CC)	N/A	#1107H
	David Sterling, chef and author of "Yucatan: Recipes from a Culinary Expedition," brings Rick on a whirlwind tour of the peninsula. The pair of Oklahoma-born, Mexico-obsessed chefs begin their journey with a conversation in Hunucma, where Dona Lupita serves home-cooked meals at the kitchen table of her family's cocina economica. Though the Yucatan is not known for its bakeries, David goes to the rustic wood-burning ovens at Panaderia Liz in Merida. Then it's back to the gorgeous kitchen at Los Dos Cooking School, where David makes a pan of buttery, indulgent hojaldras - a sweet-and-savory pastry stuffed with ham, cheese and chile and dusted with sugar. Inspired by all of the homey comfort, Rick makes a nourishing frijol con puerco and a hojaldra all his own.					
12:00:00	Lidia's Kitchen Agrodolce	APTEX	(S)	(CC)	N/A	#413H
	Sweet and sour is a classic combination of flavors that can be found in almost every cuisine around the world, and in Italy it's called agrodolce and produces delicious, balanced dishes of savory and sweet. Lidia demonstrates a marinated winter squash: fried and soaked in a sweet and tangy marinade made from vinegar, garlic and sugar; swordfish in sweet and sour sauce, showcasing a perfect balance between sweetness and acidity in each bite; sesame candy: a flavor packed sesame candy with citrus zest.					
12:30:00	Moveable Feast with Fine Cooking Culinary Institute of America	APTEX	(S)	(CC)	N/A	#304H
	On this episode of Moveable Feast with Fine Cooking, host Pete Evans joins three award-winning chefs, Germano Minin, Bruno Difabio and Tim Reardon at the prestigious Culinary Institute of America in Hyde Park, New York for an Italian feast. First stop is Arthur Avenue Marketplace in the Bronx to pick-up some wonderful Italian ingredients, then onto Sprout Creek Farm in Poughkeepsie to source some local goat cheese. On the menu tonight at the CIA; classic caponata with prosciutto, grilled octopus salad, sun-dried tomato gnocchi and Bruno's famous Elise's and Bronx House pizzas.					
13:00:00	Expeditions with Patrick Mcmillan South Texas - The Border	APTEX	(S)	(CC)	N/A	#308H
	How important is the border region to the ebb and flow of life in your backyard? How important is it to our natural heritage? Do the birds you enjoy or the waterfowl you pursue need this place to survive? Join Patrick as he explores the connections to your backyard on the volatile border region of South Texas.					
13:30:00	Weekends with Yankee Yankee Ingenuity	APTEX	(S)	(CC)	N/A	#108H
	"Yankee ingenuity" evokes the best of the New England character-its practicality and know-how. On this episode of Weekends with Yankee, we visit Shelburne Farms, 1,400 acres of stunning farmland and historic buildings on the shores of Lake Champlain, to learn how they make award-winning cheeses with their herd of Brown Swiss cows. We also experience the world's first mountain-climbing cog railway in a hair-raising ride up Mount Washington, and we take a look around to Strawberry Banke, where history comes alive along the Piscataqua River in Portsmouth, New Hampshire.					
14:00:00	Rick Steves' Europe Siena and Tuscany's Wine Country	APTEX	(S)	(CC)	N/A	#907H
	Siena, once a proud and independent city-state, retains its confidence and unique traditions. Rick enjoys a front-row seat at its wild horse race - the venerable Palio - and marvel at cultural treasures from the days when Siena rivaled Florence for leadership of Tuscany. Then he heads into wine country for a little dolce vita under the Tuscan sun.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese India: Incredible Land Join Richard Wiese as he discovers India by rickshaw, samples savory cuisine and learns why yoga nourishes body and soul. With a family of dancers, he experiences the rhythms of a rural Indian village. Richard then takes to the streets for a game of gully cricket, one of India's most popular sports. And in Kanchipuram, the City of a Thousand Temples, he receives the Hindu "archana" blessing.	APTEX	(S)	(CC)	N/A	#117H
15:00:00	Garden Smart A garden oasis nestled in the heart of a large city showcases many beautiful plants and a wonderful sculptural exhibit. It also provides ideas and tips that home gardeners can utilize. Join us this week as we GardenSMART.	NETA	(S)	(CC)	N/A	#4701H
15:30:00	Chefs A' Field Blueberry Bombshells Exploding Oregon Blueberries Blast the Taste Buds. Chef Vitaly Paley: Paley's Place - Portland, OR World-renowned Portland, Oregon, chef Vitaly Paley is a James Beard Foundation Award winner whose menu is inspired by the bounty of the Pacific Northwest. In search of the perfect berry, he lands in a blueberry patch where frolicking farm kids explain how to pick the prized fruit. With kids in tow, Chef Paley heads back to the kitchen to create dishes starring the blueberry. Recipes: Summer Blueberry Salad with Cascade Greens & Flowers; Blueberry Muffins a la Kuchen.	APTEX	(S)	(CC)	N/A	#203H
16:00:00	Conversations in the Digital Age with Jim Zirin What Goes Into A Consummate Theatrical Director? Guest: Bartlett Sher, Resident Director, Lincoln Center Theater. Tony Award-winning musical revivals like South Pacific and The King and I. Riveting drama at Lincoln Center Theater like Awake and Sing! and Oslo. Grand opera at the Met. Few modern theatrical directors have shown the range and depth of Bart Sher. He tells Jim Zirin what goes into a great director and how he makes his work resonate with contemporary political themes.	EPS	(S)	(CC)	N/A	#102H
16:30:00	Overheard with Evan Smith Matt Lewis, Journalist Matt Lewis is a senior columnist at The Daily Beast and a CNN political commentator. Lewis has written for GQ, The Washington Post, Politico and many more. Previously, Lewis worked as a senior contributor for The Daily Caller and a columnist for AOL's Politics Daily. He has been named one of the "50 Best Conservative Columnists" by RightWingNews for the past four years.	NETA	(S)	(CC)	N/A	#723H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Chocolatiers In this episode, host Eric Gorges meets Dan and Jael Rattigan at their chocolate factory in Asheville, NC. The Rattigan's truly craft from bean to bar, letting Eric live out his lifetime dream of working with chocolate.	APTEX	(S)	(CC)	N/A	#306H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3526H
18:30:00	The Open Mind Tolerating Intolerance Guest: Teresa Bejan. Teresa Bejan of Oxford University talks about her new book, "Mere Civility: Disagreement and the Limits of Toleration."	NETA		(CC)	N/A	#3746H
19:00:00	Closer to Truth Does The Cosmos Have A Reason? How breathtakingly vast the universe. How majestic. Is there meaning, purpose-a reason? Some scientists say no; we create our own purpose. Others look to God, while some seek meaning in the search for aliens. All see beauty.	EPS	(S)	(CC)	N/A	#1501H
19:30:00	American Forum The Perils of Presidential Ambition Historian JOHN FARRELL on his new evidence that President Richard Nixon sabotaged Vietnam peace talks in 1968. Hosted by Pulitzer Prize-winning author and journalist DOUGLAS BLACKMON.	NETA	(S)	(CC)	N/A	#236H
20:00:00	Infinity Hall Live Brett Dennen Brett Dennen introspective singing and songwriting talents intrigue fans and keep them coming back for more. In October 2013, Dennen released his latest studio album Smoke and Mirrors to critical acclaim. For the Infinity crowd, Dennen and his four-piece band jam through a catalogue of crowd-pleasing, catchy tunes, including the bouncy "Get Out of My Head", the blues-tinged "Who Am I" and the rock anthem "Wild Child" (with Irish singer-songwriter Foy Vance joining the group on stage).	APTEX	(S)	(CC)	N/A	#302H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center Shawn Mendes	APTEX	(S)	(CC)	N/A	#702H
	<p>Singer/songwriter Shawn Mendes treats fans to a performance at the Melrose Ballroom in New York City. Mendes first came into the public eye as a popular user of the social media platform Vine and at only 18 years old, he is one of only six artists to have two No. 1 albums on the Billboard Top 200 all genre chart at such a young age. He was included in Time's "The 25 Most Influential Teens" in 2014 and 2015 and was included in Forbes' "30 Under 30" for 2016. In this episode, Mendes performs some of his biggest hits including "Treat You Better," "Stitches," and "Mercy."</p>					
22:00:00	Globe Trekker Food Hour: The Story of Beef	APTEX	(S)	(CC)	N/A	#1614H
	<p>The tradition of eating beef has passed down generations to become an integral part for many of our regular diets. By providing precious protein, and packed with fatty calories, beef has come to be regarded as an important ingredient for human survival. Along with fellow presenters sharing delicacies from around the globe, this informative and entertaining episode joins Kate Comer on a voyage to discover the extraordinary journey behind the world's favorite red meat. The story of beef would not be complete without seeing Zay Harding attempt to eat a 72-ounce steak.</p>					
23:00:00	Arts In Context Shakespeare on the Farm	NETA		(CC)	N/A	#706H
	<p>Under the starlit, intimate setting of Rain Lily Farm, En Route Productions presents Shakespeare on the Farm. By bringing theatre off of the stage and farming into the city, the two groups take their respective passions to the masses.</p>					
23:30:00	Articulate with Jim Cotter Orchestrating Hits	APTEX	(S)	(CC)	N/A	#110H
	<p>Classically trained cellist Larry Gold has spent a lifetime orchestrating pop classics. Today he's helping bring out the soul in R&B and Hip-hop. Goldberg Variations; Timeless Virtuosity - Bach's centuries old, devilishly difficult, Goldberg Variations, continue to fascinate audiences and challenge pianists. The Illustrious Kevin Cornell - Kevin Cornell's illustrations have a remarkable capacity to evoke childlike emotion, even in adults. Perceptual Shift - Whether created for commercial, political, or personal ends, sculptor Michael Murphy's installations are perceptual puzzles.</p>					

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Sun, Jul 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Does The Cosmos Have A Reason? How breathtakingly vast the universe. How majestic. Is there meaning, purpose-a reason? Some scientists say no; we create our own purpose. Others look to God, while some seek meaning in the search for aliens. All see beauty.	EPS	(S)	(CC)	N/A	#1501H
00:30:00	American Forum The Perils of Presidential Ambition Historian JOHN FARRELL on his new evidence that President Richard Nixon sabotaged Vietnam peace talks in 1968. Hosted by Pulitzer Prize-winning author and journalist DOUGLAS BLACKMON.	NETA	(S)	(CC)	N/A	#236H
01:00:00	Infinity Hall Live Brett Dennen Brett Dennen introspective singing and songwriting talents intrigue fans and keep them coming back for more. In October 2013, Dennen released his latest studio album Smoke and Mirrors to critical acclaim. For the Infinity crowd, Dennen and his four-piece band jam through a catalogue of crowd-pleasing, catchy tunes, including the bouncy "Get Out of My Head", the blues-tinged "Who Am I" and the rock anthem "Wild Child" (with Irish singer-songwriter Foy Vance joining the group on stage).	APTEx	(S)	(CC)	N/A	#302H
02:00:00	Front and Center Shawn Mendes Singer/songwriter Shawn Mendes treats fans to a performance at the Melrose Ballroom in New York City. Mendes first came into the public eye as a popular user of the social media platform Vine and at only 18 years old, he is one of only six artists to have two No. 1 albums on the Billboard Top 200 all genre chart at such a young age. He was included in Time's "The 25 Most Influential Teens" in 2014 and 2015 and was included in Forbes' "30 Under 30" for 2016. In this episode, Mendes performs some of his biggest his including "Treat You Better," "Stitches," and "Mercy."	APTEx	(S)	(CC)	N/A	#702H
03:00:00	Globe Trekker Food Hour: The Story of Beef The tradition of eating beef has passed down generations to become an integral part for many of our regular diets. By providing precious protein, and packed with fatty calories, beef has come to be regarded as an important ingredient for human survival. Along with fellow presenters sharing delicacies from around the globe, this informative and entertaining episode joins Kate Comer on a voyage to discover the extraordinary journey behind the world's favorite red meat. The story of beef would not be complete without seeing Zay Harding attempt to eat a 72-ounce steak.	APTEx	(S)	(CC)	N/A	#1614H
04:00:00	Arts In Context Shakespeare on the Farm Under the starlit, intimate setting of Rain Lily Farm, En Route Productions presents Shakespeare on the Farm. By bringing theatre off of the stage and farming into the city, the two groups take their respective passions to the masses.	NETA		(CC)	N/A	#706H
04:30:00	Articulate with Jim Cotter Orchestrating Hits Classically trained cellist Larry Gold has spent a lifetime orchestrating pop classics. Today he's helping bring out the soul in R&B and Hip-hop. Goldberg Variations; Timeless Virtuosity - Bach's centuries old, devilishly difficult, Goldberg Variations, continue to fascinate audiences and challenge pianists. The Illustrious Kevin Cornell - Kevin Cornell's illustrations have a remarkable capacity to evoke childlike emotion, even in adults. Perceptual Shift - Whether created for commercial, political, or personal ends, sculptor Michael Murphy's installations are perceptual puzzles.	APTEx	(S)	(CC)	N/A	#110H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#289
08:00:00	Painting and Travel with Roger & Sarah Bansemer Skagway Roger and Sarah Bansemer travel to Skagway, Alaska, the northern most location in the "Painting and Travel" series so far. Sarah explores the old Victorian downtown area with its wooden boardwalks and then rides the White Pass & Yukon Route Railroad for a trip through the magnificent mountain scenery. Back in his studio, Roger uses oils to create a painting of the downtown area with emphasis on perspective and atmosphere.	NETA	(S)	(CC)	N/A	#913H
08:30:00	Painting with Paulson Basketball Moment Part I	NETA	(S)	(CC)	N/A	#1707H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio East Coast Beach Life Art Lesson: Glazing and Color Mixing. Learn how color mixing and glazing create vibrant deep colors in underwater scenes. By using primary colors (red, yellow and blue) while painting this tropical underwater scene Wyland will demonstrate how water dilution levels and various color and paint mixing techniques work together to create proper paint consistency. Complementary colors sit opposite each other on the color wheel. Because they are opposites, they tend to look especially lively when used together. By placing complementary colors together, each color looks more noticeable. Cool color combinations such as blue, green, or purple can suggest the ocean. Warm colors such as red, orange, and yellow can evoke sunlight and warmth. Glazing is a technique used to build up many layers of color in a painting, creating a natural flow between two color tones. One way this can be achieved is by using water to dilute the paint down to a very thin, nearly translucent state. Building up the layers provides more control of the hue and shade of the painting. Let the different coatings dry before applying the next one.	APTEX	(S)	(CC)	N/A	#608H
09:30:00	Classical Stretch: By Essentrics Bone Strength Workout In this episode of Classical Stretch, Miranda Esmonde-White will show you how to increase your bone strength so that you remain fully mobile, strong and pain-free. Filmed in a beautiful chapel walkway in Riviera Maya, this all-standing workout consists of easy-to-follow exercise sequences that will keep you young and healthy.	APTEX	(S)	(CC)	DVI	#1127H
10:00:00	Sit and Be Fit Posture and Breathing Posture is essential to any good workout. In this program Mary Ann demonstrates how to maintain good posture while exercising.	NETA	(S)	(CC)	N/A	#1209H
10:30:00	Power Yoga: Mind and Body Legs - Version One With Paschimottanasana, Janu Sirasana, Ardha Baddhu Padma, and others.	APTEX	(S)	(CC)	N/A	#102
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#314H
11:30:00	New Orleans Cooking with Kevin Belton Mom's Saturday Staple Buttermilk pancakes with praline bacon sprinkles, New Orleans glazed ham po-boys, southern style butter beans.	APTEX	(S)	(CC)	N/A	#106H
12:00:00	Ciao Italia Classic and New Salads/L' Insalate Classiche E Nuove Guy's garden is in all its glory, when Mary Ann comes to harvest the veggies she need to create some creative salads, starting with a poached-perfect Salmon Salad, a crunchy, crispy Roasted Kale Salad and finishes off with a rarely-seen Italian Agretti Salad.	NETA	(S)	(CC)	N/A	#2412H
12:30:00	Mike Colameco's Real Food Sicily Part 2 Part 2 of the Sicily show.	NETA	(S)	(CC)	N/A	#1416H
13:00:00	Journeys In India Calcutta: City of Living History There is no city in India that is more British than Calcutta. The former capital of British India, Calcutta has gardens, buildings and museums to prove it. Throw away any ideas you have of this giant city and discover the treasures it holds.	NETA	(S)	(CC)	N/A	#212H
13:30:00	Family Travel with Colleen Kelly The Keys - Episode 2 - Beach Camping In Florida Colleen and her daughters take you on an RV camping trip unlike any you've ever been on before, as they visit two beautiful campsites; Fiesta Key and Sunshine Key in the glorious Florida Keys. It's camping like you've never imagined before!	APTEX	(S)	(CC)	N/A	#305H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#314H
14:30:00	Burt Wolf: Travels & Traditions On The Road In America, Part 2 In the second program in ON THE ROAD IN AMERICA, titled PACK UP YOUR TROUBLES, Burt continues the story. This time it's around the theme of wars and crisis, covering the two world wars and the depression. Wars often move people around. The labor force demands of WWI accelerated the move from farms to cities and initiated the Great Migration out of the South. The Depression slowed migration as worried people stayed close to home. The Dust Bowl migration, driven by environmental as well as an economic crisis, was the memorable exception.	APTEX	(S)	(CC)	N/A	#1611H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Tripod Occasional Table for Living Rooms Tripod Occasional Table for Living Rooms.	NETA	(S)	(CC)	N/A	#2413H
15:30:00	Rough Cut - Woodworking with Tommy Mac Ridge/Rafters/Knee Walls This week on Rough Cut Woodworking with Tommy Mac it's a long day of heavy lifting to finish up the frame of the roof. Tommy gets Rough Cut regular Chris Reynolds to help install the ridge, the long and short rafters, and finishing touches like collar ties. By the end of the day, Tommy will have an actual building.	APTEX	(S)	(CC)	N/A	#706H
16:00:00	Happy Yoga with Sarah Starr Boulder Valley Allow the energizing gales on top the rugged grandeur valley to inspire your practice as we focus on a modified flow sequence, linking breath with movement, and strengthening moves for the lower body designed to open the hips while using a chair for support.	NETA	(S)	(CC)	N/A	#309H
16:30:00	Second Opinion Teen Depression Patient Story: We all want our teens to be happy and carefree, but the reality is that teen depression is a legitimate and life-changing disease. Ellen and Olivia Reardon share their story of how they worked their way through Olivia's depression together. Myth or Medicine: Are antidepressants safe for teenagers? Second Opinion 5: Five signs of teen depression.	APTEX	(S)	(CC)	N/A	#1005H
17:00:00	Immense Possibilities Not As Divided As You Think: Quiet Cooperation On Climate We're told we're hopelessly divided on issues of climate change, up to and including whether it actually exists. Our three guests, working everyday with business and community leaders, the clergy and national politicians of both parties, have a much different and more hopeful story: we could be on the brink of huge positive change.	NETA	(S)	(CC)	N/A	#606H
17:30:00	Well Read Todd Kessler, Discussion On Raising Readers Todd Kessler, co-creator and Executive Producer of one of the most successful series in the history of children's television - Blues Clues - is turning his attention to young readers. The author of Good Dog and Good Dog, Bad Cat discusses his goal to transform children's books, literacy and our concept of their understanding and learning abilities.	APTEX	(S)	(CC)	N/A	#601H
18:00:00	California's Gold Bird Rock Have you ever wondered what it would be like to have your very own island? What about an island off the southern coast of California? Join Huell and the family that owns this special island as they return to their little slice of California. It takes three separate boat rides to get there and your feet might get wet, but it is well worth the trip.	KCET		(CC)	N/A	#2004
18:30:00	Fringe Benefits	NETA	(S)	(CC)	N/A	#203H
19:00:00	Beyond Geek Kinetic Sculpture Racing 2 With everything going wrong, will Dan and the Hot Roddenberrys even finish the race?	EPS	(S)	(CC)	N/A	#202H
19:30:00	The Kamla Show Special Shampa Banerjee In her Women in Science & Tech Series, host Kamla Bhatt interviews Shampa Banerjee, Chief Product Officer of Silicon Valley-based Eros Now, the digital division of Eros International, the largest integrated studio for Bollywood films. Banerjee has worked in Silicon Valley for 20 years.	KAMLA	(S)	(CC)	N/A	#111H
20:00:00	Black America Alzheimer's with Dan Gasby and B. Smith In this episode Carol Jenkins sits down with Dan Gasby and his wife, former lifestyle tv host, model and restaurateur B. Smith to talk about their book, Before I Forget and about the effects of Alzheimer's disease on their personal lives and in the black community.	EPS	(S)	(CC)	N/A	#128H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life In this episode of Asian American Life, we feature some of the nation's greatest Asian American influencers in the arts, fashion and modeling world. Host Ernabel Demillo reports from the Metropolitan Museum of Art Costume Institute exhibit "China Through A Looking Glass," which took 2 years to produce. This exhibit highlight's China's art, fashion and cinema / film influence in the Western world. It spans three floors, and is the largest costume exhibit ever featured at the museum. Guests in the special include: Fashion Designer Anna Sui, runway and fashion model Geena Rocero, and Eva Chen, Editor in Chief of Lucky Magazine.	EPS	(S)	(CC)	N/A	#102H
21:00:00	Song Stage Dave Bartlett (Singer-Songwriter) Vs. Christiana (Traditional Country) Power vocalist Christiana returns after a first round win, only to reveal that she's only got one other song! Dave Bartlett, however, is back and ready with a little darker version of his normal stuff. Only one will go to the finale.	NETA	(S)	(CC)	N/A	#206H
21:30:00	Young Voices for the Planet	APTEX	(S)	(CC)	N/A	#101H
22:00:00	The Eagles of Decorah Take a captivating look into the private lives of bald eagles through this documentary featuring the world famous Decorah Eagles. This family of eagles became an internet sensation after the installation of a live webcam that provided revealing looks into their everyday lives - from hatching eggs, to nurturing eaglets, to learning to fly. After a violent thunderstorm destroyed the nest in 2015, The Eagles of Decorah followed the efforts of the Raptor Resource Project and its late founder Bob Anderson to rebuild the nest and restore the home of these iconic birds.	NETA	(S)	(CC)	N/A	#0H
23:00:00	The Tokens Show: Dayton TOKENS is part great music, part university lecture, part cultural analysis, and part good conversation, featuring Nashville's finest musicians and songwriters, provocative interviews with best-selling authors, all mixed up with enough humor and satire to keep things ever lively. DAYTON explores the hype and hysteria surrounding the famed "Scopes Monkey Trial" that took place in Dayton, Tennessee in 1925.	NETA	(S)	(CC)	N/A	#0H

Mon, Jul 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Kinetic Sculpture Racing 2 With everything going wrong, will Dan and the Hot Roddenberrys even finish the race?	EPS	(S)	(CC)	N/A	#202H
00:30:00	The Kamla Show Special Shampa Banerjee In her Women in Science & Tech Series, host Kamla Bhatt interviews Shampa Banerjee, Chief Product Officer of Silicon Valley-based Eros Now, the digital division of Eros International, the largest integrated studio for Bollywood films. Banerjee has worked in Silicon Valley for 20 years.	KAMLA	(S)	(CC)	N/A	#111H
01:00:00	Black America Alzheimer's with Dan Gasby and B. Smith In this episode Carol Jenkins sits down with Dan Gasby and his wife, former lifestyle tv host, model and restaurateur B. Smith to talk about their book, Before I Forget and about the effects of Alzheimer's disease on their personal lives and in the black community.	EPS	(S)	(CC)	N/A	#128H
01:30:00	Asian American Life In this episode of Asian American Life, we feature some of the nation's greatest Asian American influencers in the arts, fashion and modeling world. Host Ernabel Demillo reports from the Metropolitan Museum of Art Costume Institute exhibit "China Through A Looking Glass," which took 2 years to produce. This exhibit highlight's China's art, fashion and cinema / film influence in the Western world. It spans three floors, and is the largest costume exhibit ever featured at the museum. Guests in the special include: Fashion Designer Anna Sui, runway and fashion model Geena Rocero, and Eva Chen, Editor in Chief of Lucky Magazine.	EPS	(S)	(CC)	N/A	#102H
02:00:00	Song Stage Dave Bartlett (Singer-Songwriter) Vs. Christiana (Traditional Country) Power vocalist Christiana returns after a first round win, only to reveal that she's only got one other song! Dave Bartlett, however, is back and ready with a little darker version of his normal stuff. Only one will go to the finale.	NETA	(S)	(CC)	N/A	#206H
02:30:00	Young Voices for the Planet	APTEX	(S)	(CC)	N/A	#101H
03:00:00	The Eagles of Decorah Take a captivating look into the private lives of bald eagles through this documentary featuring the world famous Decorah Eagles. This family of eagles became an internet sensation after the installation of a live webcam that provided revealing looks into their everyday lives - from hatching eggs, to nurturing eaglets, to learning to fly. After a violent thunderstorm destroyed the nest in 2015, The Eagles of Decorah followed the efforts of the Raptor Resource Project and its late founder Bob Anderson to rebuild the nest and restore the home of these iconic birds.	NETA	(S)	(CC)	N/A	#0H
04:00:00	The Tokens Show: Dayton TOKENS is part great music, part university lecture, part cultural analysis, and part good conversation, featuring Nashville's finest musicians and songwriters, provocative interviews with best-selling authors, all mixed up with enough humor and satire to keep things ever lively. DAYTON explores the hype and hysteria surrounding the famed "Scopes Monkey Trial" that took place in Dayton, Tennessee in 1925.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#290
08:00:00	Zula Patrol Blast to Earth's Past/The Great Climb Deliria thinks she's found a way to own the entire Earth - by taking a time machine back to when there were no people on the planet, and being the first to claim it. Zeeter accidentally gets whisked along on the time trip, which takes them back to 250 million years ago when Earth's continents were combined as one. Going forward in time to the present, Deliria's clunky time machine continually breaks down. In between encounters with dinosaurs and an Ice Age, Zeeter gets to observe how today's continents were formed because of Plate Tectonics. Zeeter is excited about climbing in The Great Climb, an annual mountain climbing event in her home town, Zazu Falls. It's a two-person team event and Bula's to be her partner. But when Bula is injured, Multo volunteers to be her partner. Zeeter is skeptical of Multo's climbing abilities; however, Multo's knowledge of mountains is what helps them climb close to the top. Unfortunately, the mountain, who prefers to be called the "Grand Zeeterondack," prevents the two from reaching its summit. After asking some questions, Zeeter and Multo learn that the mountain is worried that once someone reaches the top, no one will climb it any more. In the end, the two ZPers must convince the mountain that it is like an old friend and that the climbers will never abandon it. Once they do this, the mountain allows them to climb the rest of the way to the top.	APTEX	(S)	(CC)	N/A	#211H
08:30:00	1001 Nights The Tale of the Haunted Palace/Habib and the Baby Genie "The Tale of the Haunted Palace" - When their wagon breaks down in the middle of nowhere, Shahryar, Shahrzad, Shahzaman, and Donyazad are forced to spent the night in a haunted place. "Habib and the Baby Genie" - A baby genie and a human are switched at birth.	NETA	(S)	(CC)	DVI	#124H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
09:30:00	Classical Stretch: By Essentrics Weight Loss Workout	APTEX	(S)	(CC)	DVI	#1128H
	In this episode of Classical Stretch, Miranda Esmonde-White will guide you through gentle, full body exercises that will help you lose weight and gain strength and flexibility in your muscles and joints. Enjoy this gentle, all-standing workout, filmed at a gorgeous, quaint chapel in Mexico.					
10:00:00	Sit and Be Fit Facial Exercises	NETA	(S)	(CC)	N/A	#1210H
	Facial exercises are important because they increase sensory awareness in mouth and encourage facial expression. These exercises are essential for anyone experiencing neurological challenges.					
10:30:00	Fit 2 Stitch Graduations and Celebrations	NETA	(S)	(CC)	N/A	#403H
	No matter what the season, there is sure to be a party going on. Peggy shows how to look and feel great for any occasion in a pretty print dress.					
11:00:00	Knitting Daily Don't Sweater The Small Stuff	NETA	(S)	(CC)	N/A	#1413H
	Take your project from homemade to handmade. Knitter and instructor Patty Lyons shares tips to make your next sweater a success. Kate Gilbert of the Twist Collective talks about why sweaters are so popular projects. Leslye Solomon shows how to block a sweater successfully and Tanis Gray adds a feminine touch with lace picot. Vickie Howell compares neckline treatments and proportional sizing for baby sweaters.					
11:30:00	Fons & Porter's Love of Quilting A Formal Affair	NETA	(S)	(CC)	N/A	#2912H
	Who knew the home-y log cabin block could have such a dramatic side? Toby Lischko's variation on the log cabin design plays with color, value and placement, resulting in an elegant, riveting quilt. The simple construction gives Toby and host Sara Gallegos ample opportunity to teach the basic, good quilting practices that quilters are all too likely to rush past. Let this sophisticated-looking quilt bring you back to your roots.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6251H
13:00:00	America's Test Kitchen from Cook's Illustrated Steak and Veggies	APTEX	(S)	(CC)	N/A	#1720H
	Host Bridget Lancaster shows host Julia Collin Davison how to make the best pan-seared flank steak with mustard-chive butter. Then, equipment expert Adam Ried reviews carbon steel skillet in the Equipment Corner. Finally, test cook Becky Hays uncovers the secrets for making walkaway ratatouille.					
13:30:00	Pati's Mexican Table Pinata Party	APTEX	(S)	(CC)	N/A	#313H
	What better way to end the season than with a big party? Pati throws a neighborhood bash and cooks up the easiest and best Mexican-themed dishes that would be a huge hit at any party. And what better accessory to a Mexican fiesta than a giant pinata? Pati also gets the chance to visit a pinata maker in the central market of Morelia. Recipe 1: Watermelon, Tomatillo & Mozzarella Skewers with Mint-Agave Syrup; Recipe 2: Red Pozole with Traditional Garnishes; Recipe 3: Mixed Melon, Lime & Coconut Agua Fresca; Recipe 4: Tres Leches & Strawberry Mexican Gelatin Dessert.					
14:00:00	Lucky Chow Filipino Entrepreneurs	APTEX	(S)	(CC)	N/A	#104H
	Filipinos comprise the second-largest Asian-American population nationwide, yet their cuisine is relatively unknown. PJ Quesada, founder of the Filipino Food Movement, explains Filipino cuisine while feasting at his friend Tim Luym's global-Filipino restaurant in San Mateo, Calif. Meet restaurateur Nicole Ponseca, who left her life as an advertising executive in New York to give voice to her culture through food. And finally, the two friends behind Bling Bling Dumplings manufacture thousands of dumplings - from scratch, at home - to serve at Coachella and other festivals.					
14:30:00	Steven Raichlen's Project Smoke	APTEX	(S)	(CC)	DVI	#302H
15:00:00	Beads, Baubles and Jewels Vary Your Routine	NETA	(S)	(CC)	N/A	#2501H
	Mix up your jewelry-making routine. Designer Kate Richbourg warms up by mixing colors and shapes in her bead palettes. She works out her designs with beads of all sorts. Then, she cools things down with techniques for crimping and creatively finishing necklaces.					

Mon, Jul 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Express Yourself/Personal Style Pump up your personal style statement. Host Julie Fei-Fan Balzer draws and cuts custom screens for silkscreen printing. Painter Mystele Kirkeeng uses supplies at hand to paint a charming folk art house. Studio artist Andrew Thornton gives fabric a work out and creates and artful book. Jane Dunnewold joins Julie with another artsy idea.	NETA	(S)	(CC)	N/A	#212H
16:00:00	Biz Kid\$ Escape The Box What do you do when opportunity knocks? Learn how to recognize and act on new opportunities in your life and to be creative in problem solving.	APTEX	(S)	(CC)	DVI	#305H
16:30:00	Hands On Crafts for Kids Playtime Every day is play time! Challenge your skills with an ice cream cone ball toss game. Design your own indoor miniature golf course with Franz, then put on a show with puppets Jenny shows how to make and decorate. Add some cardboard to the Family Craft Box to create a super mask and make your own superhero figure.	NETA	(S)	(CC)	DVI	#1704H
17:00:00	P. Allen Smith's Garden Home Farm School In this episode of Garden Home, P. Allen Smith explores how modern farmers are teaching the next generation the principles of sustainable farming.	APTEX	(S)	(CC)	DVI	#1611H
17:30:00	Growing A Greener World Redeeming Your Ground (Atlanta, Ga) See how the Scott family's efforts to redeem their own ground in their suburban backyard opened a whole new world of life in the great outdoors, and how many of the simple changes they made will inspire you in your own backyard.	APTEX	(S)	(CC)	N/A	#805H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14136H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#217H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8071
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3526H
20:00:00	Music City Roots Live from the Factory Molly Tuttle shows where bluegrass songwriting and hot guitar picking is heading. Emerging talent Christian Lopez brings passion and grit. And Sixpence None The Richer star singer Leigh Nash goes old school country.	APTEX	(S)	(CC)	N/A	#408H
21:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#201H
22:00:00	Ball of Confusion: The 1968 Election Has there ever been a year like 1968? Assassinations, racial unrest, nationwide riots, and an endless war in Vietnam put the nation on edge and produced a historic three-way presidential election where all the candidates were deeply flawed. Backed into a corner by rising casualties in Vietnam and with no easy exit strategy, President Johnson stunned the nation in March 1968 when he announced he would not seek a second full term in the White House. As his efforts to secure a compromise peace proved futile, LBJ's popularity plummeted further. Even darker hours came when Martin Luther King, Jr. and Robert F. Kennedy were cut down by assassins' bullets. Race riots and anti-war protests erupted in hundreds of cities across the country and the world. The hostilities and bitterness spilled over onto the floor of the Democratic National Convention in Chicago where massive demonstrations and an unforgiving police response nearly tore the party apart. The American voters faced an unwelcome but unavoidable dilemma: Could they right America's course, especially with an unsatisfying set of choices in the November election for the White House? Republican Richard Nixon, Democrat Hubert Humphrey, and Independent George Wallace were at the eye of the storm, and in some ways contributed to the intensity of the tempest. The world watched as a fractured electorate narrowly and without evident enthusiasm chose Nixon. In BALL OF CONFUSION, the story of 1968 and the presidential election are told through interviews with Larry J. Sabato, Ted Koppel, Skip Humphrey, Walter Mondale, Mark Updegrove, Fred Malek, George Wallace Jr., and Peggy Wallace, among others.	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Great Museums: "Elevated Thinking" The High Line In New York City Narrated by actress Susan Sarandon, GREAT MUSEUMS: ELEVATED THINKING explores a uniquely captivating public space - High Line Park in New York City. Recycled from a defunct elevated railroad, High Line Park hovers 30 feet in the air and winds through 22 blocks of Manhattan. This "self-sown wilderness" of woodlands, thickets, prairies and meadows rises above busy streets and runs from the historic Meatpacking neighborhood through the Chelsea Art District to Hell's Kitchen.	APTEX	(S)	(CC)	N/A	#0H

Tue, Jul 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8071
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3526H
01:00:00	Music City Roots Live from the Factory Molly Tuttle shows where bluegrass songwriting and hot guitar picking is heading. Emerging talent Christian Lopez brings passion and grit. And Sixpence None The Richer star singer Leigh Nash goes old school country.	APTEX	(S)	(CC)	N/A	#408H
02:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#201H
03:00:00	Ball of Confusion: The 1968 Election Has there ever been a year like 1968? Assassinations, racial unrest, nationwide riots, and an endless war in Vietnam put the nation on edge and produced a historic three-way presidential election where all the candidates were deeply flawed. Backed into a corner by rising casualties in Vietnam and with no easy exit strategy, President Johnson stunned the nation in March 1968 when he announced he would not seek a second full term in the White House. As his efforts to secure a compromise peace proved futile, LBJ's popularity plummeted further. Even darker hours came when Martin Luther King, Jr. and Robert F. Kennedy were cut down by assassins' bullets. Race riots and anti-war protests erupted in hundreds of cities across the country and the world. The hostilities and bitterness spilled over onto the floor of the Democratic National Convention in Chicago where massive demonstrations and an unforgiving police response nearly tore the party apart. The American voters faced an unwelcome but unavoidable dilemma: Could they right America's course, especially with an unsatisfying set of choices in the November election for the White House? Republican Richard Nixon, Democrat Hubert Humphrey, and Independent George Wallace were at the eye of the storm, and in some ways contributed to the intensity of the tempest. The world watched as a fractured electorate narrowly and without evident enthusiasm chose Nixon. In BALL OF CONFUSION, the story of 1968 and the presidential election are told through interviews with Larry J. Sabato, Ted Koppel, Skip Humphrey, Walter Mondale, Mark Updegrave, Fred Malek, George Wallace Jr., and Peggy Wallace, among others.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Great Museums: "Elevated Thinking" The High Line In New York City Narrated by actress Susan Sarandon, GREAT MUSEUMS: ELEVATED THINKING explores a uniquely captivating public space - High Line Park in New York City. Recycled from a defunct elevated railroad, High Line Park hovers 30 feet in the air and winds through 22 blocks of Manhattan. This "self-sown wilderness" of woodlands, thickets, prairies and meadows rises above busy streets and runs from the historic Meatpacking neighborhood through the Chelsea Art District to Hell's Kitchen.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#291
08:00:00	Zula Patrol Creature Features/Fried Greenhouse Tomatoes When the Zula Patrol helps the Pet Catcher out by taking some strange creatures he's retrieved back to Zula, they get more than they bargained for. The creatures create chaos aboard the ship, including trying to eat it! It's up to our heroes to figure out where they belong and get them back there fast... which means examining their appearance and behavior for clues that will lead them to the proper climate for each strange creature. Clock's ticking. Good luck. The Zula Patrol learn all about the Greenhouse Effect first-hand when a seemingly helpful robot shows up at Zula Patrol Headquarters -- and starts making duplicates of itself. It turns out that the robot - sent by Dark Truder - emits powerful amounts of greenhouse gases that can increase the Greenhouse Effect and someday make Zula uninhabitable.	APTEX	(S)	(CC)	N/A	#212H
08:30:00	1001 Nights Three Tales of a Daydreaming Girl/Abu Mohammad Lazybones "Three Tales of a Daydreaming Girl" - A second set of shorts about a cat who befriends a bird, a genie-in-training, and a little pickpocket who finds kindness in others. "Abu Mohammad Lazybones" - A simpleton rises to become the leader of a town without trying to.	NETA	(S)	(CC)	DVI	#125H
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
09:30:00	Classical Stretch: By Essentrics Ab & Core Strength Workout In this episode of Classical Stretch, join Miranda Esmonde-White at a pristine sandy beach in the gorgeous Riviera Maya. Work on strengthening your abs and core with a series of dynamic standing and floor exercises.	APTEX	(S)	(CC)	DVI	#1129H
10:00:00	Sit and Be Fit We've Gone Country Country music sets the tone and pace for this fun full body workout.	NETA	(S)	(CC)	N/A	#1211H

Tue, Jul 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	Fit 2 Stitch Semi-Formal and Cocktail Parties When it is time for a fancy evening out, see how to add boning to create a comfortable, figure flattering strapless dress for any size.	NETA	(S)	(CC)	N/A	#404H
11:00:00	Knit and Crochet Now! Keeping Bay Warm Kristin shows how to knit the Sawtelle Cardigan and Ellen demonstrates the crochet Sideways Cardigan, both from Berroco. Lena demonstrates a knit Brioche 2-color rib scarf.	APTEX	(S)	(CC)	DVI	#601H
11:30:00	Fons & Porter's Love of Quilting Twilight in the Garden Melanie Greseth and Joanie Holton join us again with a striking quilt that will have you eagerly branching out into new design territory. Playing with pieced borders, new ways to use old tools, and even metallic prints, this quilt is a garden of inspiration.	NETA	(S)	(CC)	N/A	#2913H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6252H
13:00:00	Julie Taboulie's Lebanese Kitchen Spring Sensations Today's show is a special celebration of Julie's favorite season of all, the spring. There is something about this time of year that puts a smile on Julie's face and a little spring in her step (ahem) and in her cooking. This full-of-life moment of breathing in the refreshing new air, absorbing the new signs of life all around her and awakening to the sudden surprises that the springtime offers inspires Julie to cook, create and celebrate this sensational season. What better way for Julie to rejoice in the stimulating surroundings than by her preparing and sharing a special spring meal with her crown roasted leg of lamb meat called xaruff mishwee infused with a bouquet of fresh herbs and slowly roasted until fork-tender makes quite the centerpiece on the spring-time table. Julie accompanies this amazing main meal with her fire-roasted baby wheat grains infused with aromatics called freekeh, a super-grain that is sweeping the nation along with her steamed spring vegetables that are tossed in a glorious garlic and fresh-herb butter sauce called khoudra b samneh. Together, these impressive platters truly set the stage and make this show a stunning spring sensation during this significant time of year when everything seems possible.	APTEX	(S)	(CC)	DVI	#111H
13:30:00	Nick Stellino: Storyteller in the Kitchen	APTEX	(S)	(CC)	N/A	#105H
14:00:00	Taste of History The Water of Life: Cognac Cognac is a sophisticated libation that thrived during prohibition and continues to influence food trends to this day. It is also the name of a French town where Chef Staib travels and reveals the fascinating history of this celebrated spirit. In Cognac, Chef Staib visits a sturgeon farm and prepares A Taste of History with Smoked Sturgeon, Roasted Breast of Pigeon with Foie Gras and Chocolate Sabayon with Cognac.	NETA	(S)	(CC)	N/A	#704H
14:30:00	Sara's Weeknight Meals Holiday Sides The winter is full of big family meals where you really have to be on your game to get food on the table all at once. Sara shows a little love to the unsung heroes of the big meal, the sides. She's got delicious winter vegetables like shredded butternut squash with dates, Brussels sprouts with panko breadcrumbs and a creamy tahini sauce, plus a creamy root vegetable soup that can stand on its own as a main course or serve as a first course. And for the hungry cook: apple nutmeg bites to tide you over until dinnertime. Recipes: Root vegetable soup with pita crisps; Shredded butternut squash with dates; Brussels sprouts with panko; Apple nutmeg bites 3.	APTEX	(S)	(CC)	N/A	#603H
15:00:00	Beads, Baubles and Jewels Clay Workout Stretch it out with clay. Polymer clay artist Syndee Holt creates a pendant with sparkle clay and adds an artistic touch with transfers and illustrations. To make a necklace, she recreates the Asian art of raku with clay and mica powders. Jewelry artist Anie Piliguian buffs clay elements to a sparkling finish.	NETA	(S)	(CC)	N/A	#2502H
15:30:00	Make It Artsy Inspired By Fashion Today, art becomes fashion. Mixed media artist Rae Missigman makes a wearable art journal for her artful ideas. Today's hottest jewelry trend is crafted into a bangle bracelet by Jen Cushman. Artist Candie Cooper affirms her art statement by embellishing boots. Jane Dunnewold has another idea about the maker's movement.	NETA	(S)	(CC)	N/A	#213H
16:00:00	Biz Kid\$ Taking Charge of Your Financial Future Join the Biz Kids as they figure out where they want to be financially and make plans on how to get there. You can work on your plans and meet some new kid entrepreneurs, too. Follow along as a Biz Kid sets up his first savings account. We also look at an innovative program that rescues street kids and gets them back into education and business.	APTEX	(S)	(CC)	DVI	#106H

Daily Program Listing II

43.1

Date: 06/14/2017

07/01/2017 - 07/31/2017

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Tue, Jul 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Let's Party	NETA	(S)	(CC)	DVI	#1705H
	There's a party going on and you are invited! Katie shows how to make a decorative chandelier to set the mood for your party theme and Franz draws a colorful and fun postcard invitation that will get all your guests to come. Jenny and Katie sculpt a hanging pinata bowl full of treats. Then reach into the Family Craft Box to make a party decoration from yarn and glue to stuff with favors.					
17:00:00	P. Allen Smith's Garden Home Living Poultry Museum	APTEX	(S)	(CC)	DVI	#1612H
	Heritage poultry has seen a decline in population numbers, but P. Allen Smith goes in depth to find out how we can save these breeds from extinction.					
17:30:00	Growing A Greener World Gardening in the Desert Southwest (Phoenix, Az)	APTEX	(S)	(CC)	N/A	#806H
	To garden successfully in the desert Southwest, it just takes a little local knowledge to master the nuances of growing a productive garden there. In this episode, we explore tips, tricks and unique challenges to mastering the art of gardening in this part of the country.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14137H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1203H
	Travel to the Brunkow Farm in Kansas for a dawn-to-dusk look at the challenges faced by a modern-day farm family. Dealing with the grip of a difficult drought, Glenn Brunkow, his wife Jennifer, and their children Isaac and Tatum raise cattle and row crops.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8072
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1327H
20:00:00	Sun Studio Sessions Elizabeth Cook	NETA	(S)	(CC)	N/A	#805H
	Elizabeth Cook is as, NPR notes a "treasure" of the Americana music scent. She's been nominated for multiple Americana Music Awards, including Song of the Year, Album of the Year and Artist of the Year. Rolling Stone magazine, who listed her 2010 record "Welder" in its 30 best albums for that year, describes her as "a traditionalist with a mountain howl and a taste for pure honky-tonk and gospel" and her most recent album was on Rolling Stone Country's most anticipated 2016 albums list. In this episode of Sun Studio Sessions she performs several songs including "Methadone Blues" and "Straightjacket Love."					
20:30:00	Jammin at Hippie Jack's Mountain Heart 2	NETA	(S)	(CC)	N/A	#1015H
	A group of musicians who are so talented we couldn't do them justice with just one show. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound and stage show, which appeals to an incredibly wide variety of musical tastes.					
21:00:00	The Kate Darlene Love	APTEX	(S)	(CC)	N/A	#202H
	Rock and Roll Hall of Fame inductee Darlene Love and her band perform a range of songs like "Forbidden Nights" from her recent Stevie Van Zandt-produced album, to classic hits like "Da Do Ron Ron" and "He's A Rebel."					
22:00:00	Almost There	NETA	(S)	(CC)	N/A	#0H
	Eighty-two-year-old Peter Anton has spent decades obsessively chronicling his life story in a massive, illustrated autobiography titled Almost There, and nothing - not poverty, isolation, or crippling disabilities - will stop him from seeing it published. Anton's work, which is best described as outsider art, was made in the home where he's been living since he was a child. With his immediate family long dead, the home has fallen into squalor and his health is failing. Almost There tells the story of the controversial art exhibit the filmmakers collaborated on with this charismatic yet curmudgeonly character. The media spotlight turns on Anton, and his lifestyle as a "hoarder" causes the housing department to take notice and condemn his home. The filmmakers follow Anton's tumultuous transition out of his childhood dwelling and into a senior community: a triumph of perseverance and the happiest place he's ever been. Along the way, they meet those like themselves who are compelled to help this elderly artist, while asking: What responsibilities do we have to others in need, and where should boundaries be drawn?					

Tue, Jul 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Balancing The Scales	APTEX	(S)	(CC)	N/A	#0H
<p>BALANCING THE SCALES provides an insightful look at the story of female lawyers in America. The film chronicles pioneering attorneys, including twins Ruby and Ruth Crawford (who first began practicing law in the 1940s), as well as contemporary stories detailing the challenges that women in the legal profession still face today. Through interviews conducted over the past 20 years with Supreme Court Justice Ruth Bader Ginsburg and her daughter, Columbia law professor Jane Ginsburg; civil rights attorney Gloria Allred and her daughter, attorney and media figure Lisa Bloom; State Supreme Court and Appellate Court Justices; as well as female equity partners, women of color, young associates, and law-school students - the documentary examines a range of topics from discrimination and work/life balance to what it takes to become a partner in today's law firms. BALANCING THE SCALES also explores the persistent cultural bias that childcare is primarily a woman's role, and societal views about the value of care-giving vs. the value of professional careers. Through interviews conducted over the past 20 years with Supreme Court Justice Ruth Bader Ginsburg and her daughter, Columbia law professor Jane Ginsburg; civil rights attorney Gloria Allred and her daughter, attorney and media figure Lisa Bloom; State Supreme Court and Appellate Court Justices; as well as female equity partners, women of color, young associates, and law-school students - the documentary examines a range of topics from discrimination and work/life balance to what it takes to become a partner in today's law firms. BALANCING THE SCALES also explores the persistent cultural bias that childcare is primarily a woman's role, and societal views about the value of care-giving vs. the value of professional careers.</p>						

Wed, Jul 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8072
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1327H
01:00:00	Sun Studio Sessions Elizabeth Cook	NETA	(S)	(CC)	N/A	#805H
	Elizabeth Cook is as, NPR notes a "treasure" of the Americana music scent. She's been nominated for multiple Americana Music Awards, including Song of the Year, Album of the Year and Artist of the Year. Rolling Stone magazine, who listed her 2010 record "Welder" in its 30 best albums for that year, describes her as "a traditionalist with a mountain howl and a taste for pure honky-tonk and gospel" and her most recent album was on Rolling Stone Country's most anticipated 2016 albums list. In this episode of Sun Studio Sessions she performs several songs including "Methadone Blues" and "Straightjacket Love."					
01:30:00	Jammin at Hippie Jack's Mountain Heart 2	NETA	(S)	(CC)	N/A	#1015H
	A group of musicians who are so talented we couldn't do them justice with just one show. Mountain Heart's musical virtuosity, unmatched energy, and keen sense of entertainment dynamics have helped them to forge a highly unique sound and stage show, which appeals to an incredibly wide variety of musical tastes.					
02:00:00	The Kate Darlene Love	APTEX	(S)	(CC)	N/A	#202H
	Rock and Roll Hall of Fame inductee Darlene Love and her band perform a range of songs like "Forbidden Nights" from her recent Stevie Van Zandt-produced album, to classic hits like "Da Do Ron Ron" and "He's A Rebel."					
03:00:00	Almost There	NETA	(S)	(CC)	N/A	#0H
	Eighty-two-year-old Peter Anton has spent decades obsessively chronicling his life story in a massive, illustrated autobiography titled Almost There, and nothing - not poverty, isolation, or crippling disabilities - will stop him from seeing it published. Anton's work, which is best described as outsider art, was made in the home where he's been living since he was a child. With his immediate family long dead, the home has fallen into squalor and his health is failing. Almost There tells the story of the controversial art exhibit the filmmakers collaborated on with this charismatic yet curmudgeonly character. The media spotlight turns on Anton, and his lifestyle as a "hoarder" causes the housing department to take notice and condemn his home. The filmmakers follow Anton's tumultuous transition out of his childhood dwelling and into a senior community: a triumph of perseverance and the happiest place he's ever been. Along the way, they meet those like themselves who are compelled to help this elderly artist, while asking: What responsibilities do we have to others in need, and where should boundaries be drawn?					
04:00:00	Balancing The Scales	APTEX	(S)	(CC)	N/A	#0H
	BALANCING THE SCALES provides an insightful look at the story of female lawyers in America. The film chronicles pioneering attorneys, including twins Ruby and Ruth Crawford (who first began practicing law in the 1940s), as well as contemporary stories detailing the challenges that women in the legal profession still face today. Through interviews conducted over the past 20 years with Supreme Court Justice Ruth Bader Ginsburg and her daughter, Columbia law professor Jane Ginsburg; civil rights attorney Gloria Allred and her daughter, attorney and media figure Lisa Bloom; State Supreme Court and Appellate Court Justices; as well as female equity partners, women of color, young associates, and law-school students - the documentary examines a range of topics from discrimination and work/life balance to what it takes to become a partner in today's law firms. BALANCING THE SCALES also explores the persistent cultural bias that childcare is primarily a woman's role, and societal views about the value of care-giving vs. the value of professional careers. Through interviews conducted over the past 20 years with Supreme Court Justice Ruth Bader Ginsburg and her daughter, Columbia law professor Jane Ginsburg; civil rights attorney Gloria Allred and her daughter, attorney and media figure Lisa Bloom; State Supreme Court and Appellate Court Justices; as well as female equity partners, women of color, young associates, and law-school students - the documentary examines a range of topics from discrimination and work/life balance to what it takes to become a partner in today's law firms. BALANCING THE SCALES also explores the persistent cultural bias that childcare is primarily a woman's role, and societal views about the value of care-giving vs. the value of professional careers.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#292
08:00:00	Zula Patrol If It Looks Like A Plant/Splitsville	APTEX	(S)	(CC)	N/A	#213H
	When Deliria shapeshifts into a sickly looking plant to avoid a citation, Wizzy and Wigg take "the plant" to Headquarters to take care of it. To better understand their new responsibility, the older Zpers teach the youngsters the qualities of living things (and the difference between a plant and an animal). Wizzy and Wigg decide to study "the plant", to figure out how a plant makes its food. However Deliria isn't a plant, so she doesn't respond like the others. It isn't long before the curious duo deduce that their "plant" is really an animal. The Zula Patrol returns to Itty-Bitty City to settle a crisis when Mayor Paula Paramecium splits in two and neither twin is willing to relinquish office.					
08:30:00	1001 Nights Sinbad Forever/One Thousand and One Nights	NETA	(S)	(CC)	DVI	#126H
	"Sinbad Forever" - When Sinbad destroys the Queen's fleet, he gets stripped of his rank and becomes homeless. "One Thousand and One Nights" - The story of how the book of 1001 Nights came to be.					

Wed, Jul 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H
09:30:00	Classical Stretch: By Essentrics Increase Balance Workout In this episode of Classical Stretch, join Miranda Esmonde-White along a serene pathway facing a beautiful beach in Mexico. Miranda will take you through a gentle, all-standing workout that will improve your balance, flexibility and mobility.	APTEX	(S)	(CC)	DVI	#1130H
10:00:00	Sit and Be Fit Don't Forget Your Fingers Paying special attention to the finger joints is important in our quest to stay independent and keep our hands functioning well.	NETA	(S)	(CC)	N/A	#1212H
10:30:00	Fit 2 Stitch Black Or White Tie Events Step beyond basic black and create a sophisticated formal look. Select narrow or wide stripes and sew a stunning skirt to wear to other events, too.	NETA	(S)	(CC)	N/A	#405H
11:00:00	Knit and Crochet Now! Colorful Hats Learn how to crochet an African Flower Slouch with Robyn and work 2-color knit magic with Kristin's Hat. Lena goes through the steps of a crochet Motif Cowl.	APTEX	(S)	(CC)	DVI	#602H
11:30:00	Fons & Porter's Love of Quilting Libby's Log Cabin This quilt combines the eight-pointed star, the log cabin block and the Irish chain pattern, and is set in a lightning streak design.	NETA	(S)	(CC)	N/A	#2501H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6253H
13:00:00	Lidia's Kitchen Braising There are few things better than a great piece of meat braised in Barolo wine. When accompanied by some braised vegetables, you've got yourself a great meal. In this episode, Lidia prepares a crispy golden Italian style quiche followed by a fork tender beef braised in Barolo. Her side dish is a braised broccoli rabe with garlic and extra virgin olive oil. This is a meal any family will love.	APTEX	(S)	(CC)	N/A	#306H
13:30:00	Taste The Islands with Chef Irie Rich & Refreshing Chef Irie makes a lineup of non-traditional elements with his Coconut Pumpkin Rum Soup, Picadillo Meatballs, Chayote Salad, and cool Cucumber Lemonade. Viewers listen in on a food conversation between Chef and chart topping British Jamaican reggae singer Maxi Priest.	APTEX	(S)	(CC)	N/A	#105H
14:00:00	Simply Ming Andreas Viestad Mackerel is on the menu for Ming and chef Andreas Viestad on this special episode of Simply Ming in Norway. Known for his show, "New Scandinavian Cooking", Chef Viestad introduces Ming to a farm apple Kir before they settle in to whip up two mouth-watering meals. With dishes capturing each of the five tastes, this is a meal you won't forget.	APTEX	(S)	(CC)	N/A	#1414H
14:30:00	Cook's Country A Taste of Tennessee Test cook Bridget Lancaster shows host Christopher Kimball how to make Tennessee pulled pork sandwiches on hoecakes. Next, tasting expert Jack Bishop challenges Chris to a tasting of shredded coconut. And finally, test cook Julia Collin Davison uncovers the secrets to making the ultimate French coconut pie at home.	APTEX	(S)	(CC)	N/A	#906H
15:00:00	Beads, Baubles and Jewels Work Out Naturally Look to nature for design inspiration. Using quartz points, designer Molly Schaller creates stunning necklaces and other jewelry. To work out, she makes jewelry from pearls in all shapes, colors and sizes. Artist Jill MacKay cools down with designs in die-cut leather. Katie Hacker discusses how bead-making can benefit children facing health challenges.	NETA	(S)	(CC)	N/A	#2503H

Wed, Jul 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Wine and Cheese	APTEX	(S)	(CC)	DVI	#412H
	Bring the vineyard indoors with a wine and cheese party. Tickle guests' taste buds with zucchini poppers, blue cheese with rosemary honey, and bean and feta salad. Turn fruit into art with a stylish grape sculpture and a chic grape centerpiece.					
16:00:00	Biz Kid\$ A World Without Taxes	APTEX	(S)	(CC)	DVI	#401H
	Explore how taxes impact your life. Find out about the importance of federal, state, and local taxes and learn what they pay for. Meet young business owners who sell lacrosse socks and others who serve as swimming instructors and hear how they handle taxes.					
16:30:00	Hands On Crafts for Kids Wear It!	NETA	(S)	(CC)	DVI	#1706H
	With friends and family, create and wear your crafting projects. A fashionable, shimmery clay bird necklace is perfect to wear or to give as a gift. Franz shows how to draw original designs and transfer them to your t-shirt. Jenny uses plastic tableware and fabric dye to make a stenciled flower or flag on a t-shirt. Katie weaves a colorful loop bracelet you can make in your favorite colors or school colors. Use the Family Craft box to transform a t-shirt into a superhero cape with a custom-designed logo.					
17:00:00	P. Allen Smith's Garden Home Deck The Halls	APTEX	(S)	(CC)	DVI	#1613H
	Tis the season to be jolly as Christmas comes to the farm and P. Allen Smith gets some decorating help from flower expert, J. Schwanke.					
17:30:00	Growing A Greener World Hope for Heroes: The Farmer Veteran Coalition (Davis, Ca)	APTEX	(S)	(CC)	N/A	#807H
	The Farmer Veteran Coalition's mission helps connect veterans with good jobs and new careers by cultivating a new generation of farmers. In this episode, we see the FVC's mission in action with moving stories of farmers whose lives have been changed thanks to the coalition connection.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14138H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#514H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8073
19:30:00	In Good Shape Organ Donation: Saving Life In Death	WNVC	(S)	(CC)	N/A	#424H
	Donor organs can save lives, but what is that like for the family of the donor? DW talks with a cardiologist about heart transplants and their after-effects. Also, how the city becomes a gym, and how to get rid of toenail fungus.					
20:00:00	The Lowertown Line. The Lowertown Line: Sonny Knight and the Lakers	APTEX	(S)	(CC)	N/A	#119H
	Sonny Knight and the Lakers bring their exciting brand of soul and R 'n' B to a packed house at the Twin Cities Public Television studios. Sonny recounts his early years in music, the time he spent in Vietnam, coming home from the war to become a long haul truck driver, and gratitude around his second chance at show business. Songs performed: Cave Man, Oh, Mary, Through with You, It Had to Change, Sooner or Later.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#211H
	Artists: Theo Perry & Jonathan Elliott of the Floorwalkers, Savannah Buist & Katie Larson of the Accidentals, Korby Lenker, and hosted by songwriter Eric Gnezda. Artist Bio: Theo Perry & Jonathan Elliot collaborate as part of the songwriting engine for the Columbus-based band, The Floorwalkers. As childhood friends from suburban Cleveland, Theo and Jonathan joined with other friends to form a band in high school, moving to Columbus after graduation. The Floorwalkers have emerged into one of the most popular regional bands, with each member also pursuing successful solo projects. They perform "Out of the Blue" and "One." Artist Bio: Savannah Buist & Katie Larson of Traverse City began performing music together at the Interlochen Arts Academy, and soon formed their band, The Accidentals. Named to Billboard's Top Seven Breakout Artists at SXSW, The Accidentals maintain a heavy national touring schedule. Savannah and Katie are multi-instrumentalists. They sing "The Sound A Watch Makes When Enveloped in Cotton" and "Stitches and Seams." Artist Bio: Korby Lenker grew up as a mortician's son in rural Idaho. Now based in East Nashville, Korby was a recent winner of Kerrville's New Folk songwriting competition. Known as one of the more innovative voices in Music City, he is also a fiction writer, having just released a collection of short stories. He performs "If I Prove False."					
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#112H
	Performances by Of Monsters & Men, Josh Ritter, Blind Pilot, The Lone Bellow and St. Paul & The Broken Bones.					

Daily Program Listing II

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Date: 06/14/2017

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Wed, Jul 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Maritime Silk Road: Birth of the Global Economy Rising Tide (4th - 12th Century)	KNME	(S)	(CC)	N/A	#102H
	Buddhism comes to China as well as Chinese Martial Arts via the Maritime Silk Road from India. Discover how the advanced monetary system, ceramics technologies, and ship building seen in the 12th Century Nanhai 1, the oldest intact shipwreck found anywhere in the world made China the richest country on earth.					
22:30:00	Hooked: Tracking Heroin's Hold On Arizona	NETA	(S)	(CC)	N/A	#0H
	Hooked: Tracking Heroin's Hold on Arizona is an award-winning investigation on the perils of heroin and opioid use. Produced by advanced journalism students at Arizona State University's Walter Cronkite School of Journalism and Mass Communication, the documentary features heroin users, counselors and law enforcement agents struggling with this epidemic of addiction, which threatens a generation of young people, their families and friends.					
23:00:00	Bard in the Backcountry	APTEX	(S)	(CC)	N/A	#0H
	BARD IN THE BACKCOUNTRY is a behind-the-scenes look at a summer of Montana Shakespeare in the Parks-from first read through to final performance. The documentary chronicles a summer season with a cast of 10 actors as they journey more than 6,500 miles to perform Shakespeare in the rural towns of this vast region. As these young actors travel hundreds of miles every day to set up their stage, don their costumes and perform their roles, they learn about the discipline of a traveling company, the generosity of spirit needed to become part of a team, and the sheer magnitude of the terrain found across Montana. The landscape itself is a primary force in the players' experience as they perform each night in a new location. The tour leads them into the lives of residents in these communities, some as small as 14 people. Many of the people encountered are loyal fans who have seen Shakespeare rendered every summer for 40 years. At the heart of the story is a sense of transformation for the players and for the residents of Montana whose lives have been touched by this beloved company. BARD IN THE BACKCOUNTRY reveals the mutual impact the traveling tour has on these young actors and the people who put in the effort to bring Shakespeare to town. This journey provides a glimpse of the relevance that classic Shakespearean theater still holds for the townspeople across the region.					

Thu, Jul 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8073
00:30:00	In Good Shape Organ Donation: Saving Life In Death Donor organs can save lives, but what is that like for the family of the donor? DW talks with a cardiologist about heart transplants and their after-effects. Also, how the city becomes a gym, and how to get rid of toenail fungus.	WNVC	(S)	(CC)	N/A	#424H
01:00:00	The Lowertown Line. The Lowertown Line: Sonny Knight and the Lakers Sonny Knight and the Lakers bring their exciting brand of soul and R 'n' B to a packed house at the Twin Cities Public Television studios. Sonny recounts his early years in music, the time he spent in Vietnam, coming home from the war to become a long haul truck driver, and gratitude around his second chance at show business. Songs performed: Cave Man, Oh, Mary, Through with You, It Had to Change, Sooner or Later.	APTEX	(S)	(CC)	N/A	#119H
01:30:00	Songs at the Center Artists: Theo Perry & Jonathan Elliott of the Floorwalkers, Savannah Buist & Katie Larson of the Accidentals, Korby Lenker, and hosted by songwriter Eric Gnezda. Artist Bio: Theo Perry & Jonathan Elliot collaborate as part of the songwriting engine for the Columbus-based band, The Floorwalkers. As childhood friends from suburban Cleveland, Theo and Jonathan joined with other friends to form a band in high school, moving to Columbus after graduation. The Floorwalkers have emerged into one of the most popular regional bands, with each member also pursuing successful solo projects. They perform "Out of the Blue" and "One." Artist Bio: Savannah Buist & Katie Larson of Traverse City began performing music together at the Interlochen Arts Academy, and soon formed their band, The Accidentals. Named to Billboard's Top Seven Breakout Artists at SXSW, The Accidentals maintain a heavy national touring schedule. Savannah and Katie are multi-instrumentalists. They sing "The Sound A Watch Makes When Enveloped in Cotton" and "Stitches and Seams." Artist Bio: Korby Lenker grew up as a mortician's son in rural Idaho. Now based in East Nashville, Korby was a recent winner of Kerrville's New Folk songwriting competition. Known as one of the more innovative voices in Music City, he is also a fiction writer, having just released a collection of short stories. He performs "If I Prove False."	APTEX	(S)	(CC)	N/A	#211H
02:00:00	Live at 9:30 Performances by Of Monsters & Men, Josh Ritter, Blind Pilot, The Lone Bellow and St. Paul & The Broken Bones.	NACC	(S)	(CC)	N/A	#112H
03:00:00	Maritime Silk Road: Birth of the Global Economy Rising Tide (4th - 12th Century) Buddhism comes to China as well as Chinese Martial Arts via the Maritime Silk Road from India. Discover how the advanced monetary system, ceramics technologies, and ship building seen in the 12th Century Nanhai 1, the oldest intact shipwreck found anywhere in the world made China the richest country on earth.	KNME	(S)	(CC)	N/A	#102H
03:30:00	Hooked: Tracking Heroin's Hold On Arizona Hooked: Tracking Heroin's Hold on Arizona is an award-winning investigation on the perils of heroin and opioid use. Produced by advanced journalism students at Arizona State University's Walter Cronkite School of Journalism and Mass Communication, the documentary features heroin users, counselors and law enforcement agents struggling with this epidemic of addiction, which threatens a generation of young people, their families and friends.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Bard in the Backcountry BARD IN THE BACKCOUNTRY is a behind-the-scenes look at a summer of Montana Shakespeare in the Parks-from first read through to final performance. The documentary chronicles a summer season with a cast of 10 actors as they journey more than 6,500 miles to perform Shakespeare in the rural towns of this vast region. As these young actors travel hundreds of miles every day to set up their stage, don their costumes and perform their roles, they learn about the discipline of a traveling company, the generosity of spirit needed to become part of a team, and the sheer magnitude of the terrain found across Montana. The landscape itself is a primary force in the players' experience as they perform each night in a new location. The tour leads them into the lives of residents in these communities, some as small as 14 people. Many of the people encountered are loyal fans who have seen Shakespeare rendered every summer for 40 years. At the heart of the story is a sense of transformation for the players and for the residents of Montana whose lives have been touched by this beloved company. BARD IN THE BACKCOUNTRY reveals the mutual impact the traveling tour has on these young actors and the people who put in the effort to bring Shakespeare to town. This journey provides a glimpse of the relevance that classic Shakespearean theater still holds for the townspeople across the region.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#293
08:00:00	Mixed Nutz School's In Session School is a nightmare - literally! Babak worries that his new school will be a horrible experience because kids always tease him when they find out where he is from. Michael is worried that he is being perceived as boring. Both realize, after they get to know one another through a school assignment, that just being yourself is good enough. Lesson: Be proud of who you are.	NETA	(S)	(CC)	N/A	#501H

Thu, Jul 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus Solo for Amadeus On the Bishop of Salzburg's name day, Amadeus will sing a brilliant solo for the festivities, but his malicious and envious rival, the lower court marshal Devilius, wants to stop him. Amadeus must help Mr. Hagenauer, the Bishop's court purveyor and the Mozart family's landlord, locate the missing coach carrying the delicious chocolates from Linz urgently needed for the festival. The chocolates finally reach Salzburg and the Hagenauers, but will Amadeus arrive in time to perform his solo? The Music: "Piano Sonata in C Major" K. 545; et al. Additional Content: In this episode, Mario fails to strike the top C. Monti explains the term "top C" to the children, the sounds it makes when played by different instruments (flute, violin, piano and human voice) and where it falls in the stave (staff).	APTEX	(S)	(CC)	DVI	#101
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderizing Your Core	APTEX	(S)	(CC)	DVI	#901H
10:00:00	Sit and Be Fit Vestibular System Mary Ann challenges your vestibular system with a fun ball routine and other functional movements set to jazz music.	NETA	(S)	(CC)	N/A	#1213H
10:30:00	Fit 2 Stitch Weddings Whatever your role at the wedding, be comfortable and look great from the ceremony through the reception. See how to make a simple sheath dress with a beaded or lace overlay.	NETA	(S)	(CC)	N/A	#406H
11:00:00	Knit and Crochet Now! Playful Ponchos Knit up a cable Cloos poncho, and Robyn will demonstrate how to crochet the open stitch Lisbon poncho. Learn how to knit the Ribbed Cables Scarf with Lena.	APTEX	(S)	(CC)	DVI	#603H
11:30:00	Fons & Porter's Love of Quilting Leather and Lavender Tote A great way to take your quilting with you is to create this fabulous tote that incorporates leather into the design.	NETA	(S)	(CC)	N/A	#2502H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6254H
13:00:00	The Jazzy Vegetarian Gluten-Free Party Menu Host Laura Theodore prepares vegan party recipes that are gluten and soy free. Featured guest: Lidia Bastianich. This fabulous menu starts with a creamy Butternut Squash Soup drizzled with delectable Cashew Cream. Easy to make, Walnut and Quinoa Stuffed Portobello Mushrooms serve as the culinary star of this soiree, while a tangy Kale, Lime and Almond Salad adds an appealing side dish. Maple-Raisin-Date Truffles provide a sweet, petite dessert.	NETA	(S)	(CC)	DVI	#501H
13:30:00	Mike Colameco's Real Food Sicily Part 1 Chef Melissa Muller own the Sicilian restaurant Eolo in Chelsea she's also is writing a great new book on Sicilian food for Rizzoli So when Mike wanted a culinary tour of the Island he's tapped Melissa to be his Sherpa. In this episode and the next they'll visit all nine provinces drink wine on Mount Etna, taste the best fresh made cannoli, see cous cous made by hand, drink raw goats milk then the cheese made from it, and the list goes on.	NETA	(S)	(CC)	N/A	#1415H
14:00:00	Joanne Weir's Cooking Confidence Argentina Remembered Craving the bold flavors she tasted in Argentina, Joanne shows her student Leigh how to give grilled skirt steak a boost with a fresh and zesty chimichurri sauce. And potatoes get the double treatment of roasting and grilling becoming twice as flavorful. Recipes: Gazpacho Salad, Grilled Skirt Steak with Chimichurri, Roasted and Grilled Potatoes. Student: Leigh Balkon.	APTEX	(S)	(CC)	N/A	#209H
14:30:00	New Scandinavian Cooking South West of Norway/"Fat Ducks and Sweet Apples Host Andreas Viestad visits a duck farm and an old steamer on the Telemark canal, which unites costal Norway with the barren mountain regions. Andreas serves a variety of duck and local trout to combine the richness of the land with the spirit of the river.	APTEX	(S)	(CC)	N/A	#206H

Thu, Jul 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Get In Shape with Leather Shape up with leather. Mixed media artist Candie Cooper transforms leather into contemporary jewelry designs with paint, tassels and found objects. Then, she works out by painting leather cuffs and adding druzy beads. She cools down with super-simple designs to make and wear anytime - anywhere.	NETA	(S)	(CC)	N/A	#2504H
15:30:00	Katie Brown Workshop Apples Katie pays tribute to the apple. In the kitchen, Katie makes a shrimp and apple slaw, iceberg apple and bacon salad, and apple cider. Projects: adorable apple centerpieces and personalized apple place cards.	APTEX	(S)	(CC)	DVI	#413H
16:00:00	Biz Kid\$ Debt: The Good, The Bad, & The Ugly It's easy to spend more than you make with credit cards. Learn to avoid the pitfalls of overspending by keeping a spending journal, sticking to a budget, and living a cash existence. Meet the owner of a carpet cleaning company and a radio DJ who have both learned how to manage debt.	APTEX	(S)	(CC)	DVI	#402H
16:30:00	Hands On Crafts for Kids At Home Become an interior designer with crafts you create. Katie shows how to light up the night with a glittery night light. Franz helps you plan and host an art gallery opening at your house. Jenny shows how to bond with your own home as you make a house from felt. Then decorate your home with a colorful garland made from the Family Craft Box. Katie uses a favorite fabric to add a bright, fresh pintuck quilted picture to any bedroom decor.	NETA	(S)	(CC)	DVI	#1707H
17:00:00	P. Allen Smith's Garden Home Best of Travel Join P. Allen Smith as he takes a trip down memory lane and revisits his favorite travel segments from seasons past.	APTEX	(S)	(CC)	DVI	#1614H
17:30:00	Growing A Greener World The Green Bronx Machine: The Power of a Classroom Farm (Bronx, Ny) Volunteer teacher, Stephen Ritz has committed his life's work to teaching kids to grow real food to build healthy minds and bodies in a one-of-a-kind learning environment he created in a Bronx, NY public school. His system is now being replicated worldwide with huge success.	APTEX	(S)	(CC)	N/A	#808H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14139H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1403H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8074
19:30:00	Native Report Today on Native Report with Stacey Thunder we meet the talented artists displaying their work at the Annual Northern Plains Indian Art Market at Souix Falls South Dakota. And we learn how the South Dakota Urban Indian Health Center is meeting the challenges of providing quality health care for Native people. And to honor our 10th season on public airwaves we look back at our visit to the Journey Museum in Rapid City, South Dakota where the Lakota are sharing their people's history in their own way. We also hear from our Elders and learn something new about Indian Country on this edition of Native Report.	WDSE	(S)	(CC)	N/A	#1008H
20:00:00	Backstage Pass Betty Joplin Grammy nominated Michigan favorite Betty Joplin lends her vocal styling to some of the greatest standards ever written. Includes "At Last," "Stormy Weather," and more. Joplin is backed by Larry Barrs, guitar; Jim Alfredson, keyboards; Jeff Shoup, drums. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#707H
20:30:00	Music Voyager Telluride Telluride, Colorado, a small city nestled in a breathtaking valley high in the Rocky Mountains, is a creative jewel that blends an adventurous spirit with creative energy. The Music Voyager team is invited to explore the multiple festivals that call Telluride home, from Blues & Brews, to Mushroom, Mountainfilm, Bluegrass and Jazz. The journey to one of America's great small towns reveals why Telluride has long been a haven for explorers, adventurers, fortune seekers and people looking for an escape from the rat race. Local musicians, artists, microbrewers, chefs and outdoorsmen demonstrate that Telluride is a vibrant and creative community as well as a world-class destination for live music, film, and the arts.	APTEX	(S)	(CC)	N/A	#601H

Daily Program Listing II

43.1

Date: 06/14/2017

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Thu, Jul 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Xerox Rochester International Jazz Festival Marianne Trudel Trio + Special Guest Ingrid Jensen	APTEX	(S)	(CC)	N/A	#801H
	Marianne Trudel is a multi-talented pianist, composer, improviser, and arranger. At once energetic and passionate, Marianne's music cross-cuts a wide swath of musical interests. She has published six recordings as a leader all having garnered rave reviews. She has played in Canada, United States, France, Spain, Germany, and Mexico. Ingrid Jensen has been hailed as one of the most gifted trumpeters of her generation. She attended Berklee College of Music in Boston. Since graduating in 1989, her life has contained a whirlwind of musical activities. From her early days playing in the subways of New York, to establishing herself as a leader and soloist in a wide array of musical genres, Ingrid has made her mark. Her performances as a leader and as a featured soloist have taken her around the world from Canada to Japan, Australia, South America, South Africa, and the Caribbean and to almost every country in Europe and Scandinavia.					
22:00:00	Heart of the World: Colorado's National Parks	APTEX	(S)	(CC)	N/A	#101H
	Wonder, unlocks the mysteries of the geological forces that created the amazing landscapes of Rocky Mountain National Park, Great Sand Dunes National Park and Preserve, Colorado National Monument, Black Canyon of the Gunnison National Park, and Mesa Verde National Park.					
23:00:00	Stories of the Mind Get Your Sleep	NETA	(S)	(CC)	N/A	#107H
	Sleep deprivation affects everything, from memory to mood to decision making. In our 36hour No Sleep Challenge, researchers track 4 participants to see just how vital sleep is to your mental health.					
23:30:00	Stories of the Mind Managing Child Psychosis	NETA	(S)	(CC)	N/A	#207H
	Meet Michael and his parents, an extraordinary family managing his disorder by staying positive and proactive.					

Fri, Jul 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8074
00:30:00	Native Report Today on Native Report with Stacey Thunder we meet the talented artists displaying their work at the Annual Northern Plains Indian Art Market at Souix Falls South Dakota. And we learn how the South Dakota Urban Indian Health Center is meeting the challenges of providing quality health care for Native people. And to honor our 10th season on public airwaves we look back at our visit to the Journey Museum in Rapid City, South Dakota where the Lakota are sharing their people's history in their own way. We also hear from our Elders and learn something new about Indian Country on this edition of Native Report.	WDSE	(S)	(CC)	N/A	#1008H
01:00:00	Backstage Pass Betty Joplin Grammy nominated Michigan favorite Betty Joplin lends her vocal styling to some of the greatest standards ever written. Includes "At Last," "Stormy Weather," and more. Joplin is backed by Larry Barrs, guitar; Jim Alfredson, keyboards; Jeff Shoup, drums. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.	NETA	(S)	(CC)	N/A	#707H
01:30:00	Music Voyager Telluride Telluride, Colorado, a small city nestled in a breathtaking valley high in the Rocky Mountains, is a creative jewel that blends an adventurous spirit with creative energy. The Music Voyager team is invited to explore the multiple festivals that call Telluride home, from Blues & Brews, to Mushroom, Mountainfilm, Bluegrass and Jazz. The journey to one of America's great small towns reveals why Telluride has long been a haven for explorers, adventurers, fortune seekers and people looking for an escape from the rat race. Local musicians, artists, microbrewers, chefs and outdoorsmen demonstrate that Telluride is a vibrant and creative community as well as a world-class destination for live music, film, and the arts.	APTEX	(S)	(CC)	N/A	#601H
02:00:00	Xerox Rochester International Jazz Festival Marianne Trudel Trio + Special Guest Ingrid Jensen Marianne Trudel is a multi-talented pianist, composer, improviser, and arranger. At once energetic and passionate, Marianne's music cross-cuts a wide swath of musical interests. She has published six recordings as a leader all having garnered rave reviews. She has played in Canada, United States, France, Spain, Germany, and Mexico. Ingrid Jensen has been hailed as one of the most gifted trumpeters of her generation. She attended Berklee College of Music in Boston. Since graduating in 1989, her life has contained a whirlwind of musical activities. From her early days playing in the subways of New York, to establishing herself as a leader and soloist in a wide array of musical genres, Ingrid has made her mark. Her performances as a leader and as a featured soloist have taken her around the world from Canada to Japan, Australia, South America, South Africa, and the Caribbean and to almost every country in Europe and Scandinavia.	APTEX	(S)	(CC)	N/A	#801H
03:00:00	Heart of the World: Colorado's National Parks Wonder, unlocks the mysteries of the geological forces that created the amazing landscapes of Rocky Mountain National Park, Great Sand Dunes National Park and Preserve, Colorado National Monument, Black Canyon of the Gunnison National Park, and Mesa Verde National Park.	APTEX	(S)	(CC)	N/A	#101H
04:00:00	Stories of the Mind Get Your Sleep Sleep deprivation affects everything, from memory to mood to decision making. In our 36hour No Sleep Challenge, researchers track 4 participants to see just how vital sleep is to your mental health.	NETA	(S)	(CC)	N/A	#107H
04:30:00	Stories of the Mind Managing Child Psychosis Meet Michael and his parents, an extraordinary family managing his disorder by staying positive and proactive.	NETA	(S)	(CC)	N/A	#207H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#294
08:00:00	Mixed Nutz Lessons The kids are not only faced with school on a Saturday but with a swimming class taught by a very demanding coach. After a series of trials and tribulations (such as getting frogs stuck in their bathing suits and getting dragged behind a speed boat), the kids learn that together they can overcome any obstacle...including off-the-wall swim coaches! Lesson: With teamwork, you can overcome any obstacle.	NETA	(S)	(CC)	N/A	#502H
08:30:00	Wunderkind Little Amadeus The Stolen Watch Amadeus prepares a composition for the Golden Needle of Salzburg competition. The ambitious Devilius and conniving Monti the Rat want Devilius' nephew, Mario, to win the prize instead. With the help of a pocket watch and a stolen Mozart melody, they manage to make Amadeus look like a thief and plagiarist. In a spooky graveyard scene, Amadeus and his friend finally force a confession from Mario. Will it be enough to clear Amadeus of the charges or will Mario win the Golden Needle of Salzburg? The Music: Aria "Ein Maedchen oder Weibchen" from the opera "The Magic Flute" K. 620; et al.	APTEX	(S)	(CC)	DVI	#102

Fri, Jul 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Relief	ACCES		(CC)	N/A	#105H
09:30:00	Classical Stretch: The Esmonde Technique Waist Slenderizing Workout In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful Jamaica! Miranda will take you through an all-standing, full-body workout that focuses on slenderizing the waist.	APTEX	(S)	(CC)	DVI	#1001H
10:00:00	Sit and Be Fit Breathing By toning and stretching muscles around the ribcage and practicing good breathing technique viewers learn how to get the most out of each breath.	NETA	(S)	(CC)	N/A	#1214H
10:30:00	Fit 2 Stitch Casual Events and Parties Starting with a well-fitting t-shirt, learn to create a variety of trendy fashions for family events, showers and less dressy evenings out.	NETA	(S)	(CC)	N/A	#407H
11:00:00	Knit and Crochet Now! Comfy Afghans Ellen shows how to stitch up the Spring Bud Afghan by Rena Stevens, then Kristin takes us through the steps of the knit Cabled Cube Throw. Lena demonstrates the crochet Popcorn Crawl, always a fashion favorite! Robyn designed this beautiful crochet Raglan Lace Tee and will show you step by step how to make it.	APTEX	(S)	(CC)	DVI	#604H
11:30:00	Fons & Porter's Love of Quilting Splendid Stars Mary Fons and her guest Amy Ellis will present a great project that uses diamonds cut from this "new" fabric. They will teach you a simple y-seam technique that will assist you in making great star blocks for your next project.	NETA	(S)	(CC)	N/A	#2503H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6255H
13:00:00	Ellie's Real Good Food Carbo-Diem Inez's extreme approach to carbs has left her not only feeling tired, but stressed from making separate meals for herself and her family. Ellie helps Inez bring balance to her home, by dispelling misinformation about carbs and sharing healthy recipes she can enjoy with her family. Recipes: Whole grain penne with chicken, Mushrooms and spinach, basil pesto with spaghetti squash, 3 Ingredient Recipe: Quinoa pilaf.	APTEX	(S)	(CC)	N/A	#103H
13:30:00	Kevin Dundon's Modern Irish Food Back In Time Kevin goes back in time with this week's menu as he cooks up a smoked chicken terrine. Fresh leeks from the garden are used with some delicious Gubbeen cheese for an indulgent Potato Gratin. Kevin prepares freshly caught trout wrapped in cured bacon with an almond butter sauce. Next it's a tasty Wild Garlic Pesto. Finally, Kevin celebrates the summer's lovely bounty with a Frozen Yogurt Gelato served with a Berry Compote.	APTEX	(S)	(CC)	N/A	#102H
14:00:00	Chef John Besh's New Orleans Slow-Cooked Baby Goat and Cauliflower and Crawfish Soup.	APTEX	(S)	(CC)	DVI	#108H
14:30:00	Essential Pepin All Puffed Up Sugared Puff Paste Sticks; Fast Puff Pastry; Crystallized Puff Paste Of Orange; Choux A La Creme; Chocolate Paris-Brest Cake.	APTEX	(S)	(CC)	DVI	#115H
15:00:00	Beads, Baubles and Jewels Wired Routines Wire up your jewelry-making routine. Designer Wyatt White coaches you as he uses braided wire to make a trendy bangle bracelet. In the workout, he adds energy and interest to a stylish cuff with beads. He winds down with a cool tool for weaving colorful wire bracelets.	NETA	(S)	(CC)	N/A	#2505H
15:30:00	Katie Brown Workshop Reuse Katie finds ingenious ways to use those pesky leftovers. In the kitchen, Katie makes tacos and radish salsa, poached fruit and refreshing herb popsicles. Projects: cork potholder and decorative teacup candelabra.	APTEX	(S)	(CC)	DVI	#414H

Fri, Jul 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Your First Big Purchase You'll want to understand the important steps to take before your first big purchase, whether you're buying the latest computer, a new smart phone, or a car. You will learn about budgeting, researching, negotiating, and more. Find out how a teen photographer upgraded his camera and a 15-year-old aviator purchased an old airplane!	APTEX	(S)	(CC)	DVI	#403H
16:30:00	Hands On Crafts for Kids Outside and In Let's step outside and find inspiration for more projects. Store toys or hang a plant in a pail in the brightly-colored macrame hanger Katie shows how to make. Create an illustrated map of your own backyard - Franz gives you some great ideas. Jenny helps you become forest royalty in a woodland crown made of felt and found objects. Then, Katie cheerfully decorates a lightening bug jar to study some nighttime friends. Gather moss and use the Family Craft Box to create a house for friendly fairies.	NETA	(S)	(CC)	DVI	#1708H
17:00:00	P. Allen Smith's Garden Home Best of Cooking P. Allen Smith highlights some of his favorite cooking segments from the first 15 seasons of Garden Home.	APTEX	(S)	(CC)	DVI	#1615H
17:30:00	Growing A Greener World In Susan's Garden: A Backyard Habitat In Harmony with Nature (Spokane, Wa) In this episode, we follow Master Gardener Susan Mulvihill, an avid gardener, birder, and nature lover who has created a bountiful and beautiful habitat for all creatures. We'll learn some of Susan's best tips for creating a productive garden in harmony with nature.	APTEX	(S)	(CC)	N/A	#809H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14140H
18:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1327H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8075
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#926H
20:00:00	Song of the Mountains Newberry & Compton/Jeff Little Trio	NETA	(S)	(CC)	N/A	#1122H
21:00:00	Woodsongs Tom Paxton/Sam Gleaves Tom Paxton is a legendary singer/songwriter. Paxton headed to Greenwich Village in the early '60s, just in time to join Bob Dylan, Dave Van Ronk, Joan Baez and other troubadours who took over coffeehouse stages - and took on the world. Paxton has been raising his rich voice in song ever since, carrying on the folk tradition with passion, wit and grace. He is considered one of the great songwriters of the last century and will be reckoned as one of the greats in this new century, as well. He's celebrating the release of his 62nd (or so) album, Redemption Road. Sam Gleaves was raised in Wythe County in southwest Virginia, where he has sung his entire life. Sam's performances combine traditional ballads, dance tunes, original songs and the stories that surround the music. Sam earned a degree in Folklore from Berea College and has performed throughout the United States and internationally. He's released a debut album of contemporary Appalachian songs called Ain't We Brothers.	NETA	(S)	(CC)	N/A	#1803H
22:00:00	Film School Shorts Daily Grind Stephen Singer plays a sock merchant in Socks & Bonds; he hopes his girlfriend's Hamptons-dwelling ex will invest, only to discover there's a more pressing negotiation at hand. Directed by Daniel Zimmler. Then, catch a snapshot of life in the law offices of Hopkins & Delaney, LLP, an animation that captures the hidden cubicle moments that comprise all our working lives. Directed by Sean Buckelew. In Butterfingers, every marriage has its moments, and this wife can't listen to another word from her husband about work. Directed by Milan Roganovic.	NETA	(S)	(CC)	N/A	#404H
22:30:00	On Story Queens of Comedy: A Conversation with Paula Pell With Saturday Night Live and the movies Sisters and This is 40 in her credits, Paula Pell is the queen of comedy. In this episode, Pell talks about her background in theater, creating characters that stick, and drawing from a funny family.	NETA	(S)	(CC)	N/A	#706H
23:00:00	Science Goes to the Movies Emergency Medicine Guest: Dr. William Goldberg. TV Shows: Chicago, Med Mash!, Emergency. The sirens are wailing! The drama is mounting! The facts are getting thrown under the bus! A look at real v. fictional Emergency Medicine, with Dr. William Goldberg of NYU/Bellevue Hospital.	EPS	(S)	(CC)	N/A	#402H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Theater Talk Some Enchanted Evening - Mary Martin	EPS	(S)	(CC)	N/A	#1034H

Author David Kaufman and actress Sondra Lee discuss the life and times of Broadway legend Mary Martin.

Sat, Jul 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8075
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#926H
01:00:00	Song of the Mountains Newberry & Compton/Jeff Little Trio	NETA	(S)	(CC)	N/A	#1122H
02:00:00	Woodsongs Tom Paxton/Sam Gleaves	NETA	(S)	(CC)	N/A	#1803H
	Tom Paxton is a legendary singer/songwriter. Paxton headed to Greenwich Village in the early '60s, just in time to join Bob Dylan, Dave Van Ronk, Joan Baez and other troubadours who took over coffeehouse stages - and took on the world. Paxton has been raising his rich voice in song ever since, carrying on the folk tradition with passion, wit and grace. He is considered one of the great songwriters of the last century and will be reckoned as one of the greats in this new century, as well. He's celebrating the release of his 62nd (or so) album, Redemption Road. Sam Gleaves was raised in Wythe County in southwest Virginia, where he has sung his entire life. Sam's performances combine traditional ballads, dance tunes, original songs and the stories that surround the music. Sam earned a degree in Folklore from Berea College and has performed throughout the United States and internationally. He's released a debut album of contemporary Appalachian songs called Ain't We Brothers.					
03:00:00	Film School Shorts Daily Grind	NETA	(S)	(CC)	N/A	#404H
	Stephen Singer plays a sock merchant in Socks & Bonds; he hopes his girlfriend's Hamptons-dwelling ex will invest, only to discover there's a more pressing negotiation at hand. Directed by Daniel Zimble. Then, catch a snapshot of life in the law offices of Hopkins & Delaney, LLP, an animation that captures the hidden cubicle moments that comprise all our working lives. Directed by Sean Buckelew. In Butterfingers, every marriage has its moments, and this wife can't listen to another word from her husband about work. Directed by Milan Roganovic.					
03:30:00	On Story Queens of Comedy: A Conversation with Paula Pell	NETA	(S)	(CC)	N/A	#706H
	With Saturday Night Live and the movies Sisters and This is 40 in her credits, Paula Pell is the queen of comedy. In this episode, Pell talks about her background in theater, creating characters that stick, and drawing from a funny family.					
04:00:00	Science Goes to the Movies Emergency Medicine	EPS	(S)	(CC)	N/A	#402H
	Guest: Dr. William Goldberg. TV Shows: Chicago, Med Mash!, Emergency. The sirens are wailing! The drama is mounting! The facts are getting thrown under the bus! A look at real v. fictional Emergency Medicine, with Dr. William Goldberg of NYU/Bellevue Hospital.					
04:30:00	Theater Talk Some Enchanted Evening - Mary Martin	EPS	(S)	(CC)	N/A	#1034H
	Author David Kaufman and actress Sondra Lee discuss the life and times of Broadway legend Mary Martin.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#295
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Tea Roses for Kathwren	APTEX	(S)	(CC)	N/A	#526H
	Gary and his wife Kathwren combine for a traditional painting. Kathwren is active behind the scenes of The Beauty of Oil Painting, but this time she takes center stage. Kathwren concentrates on creating perfect roses and Gary's classic background painting helps this beautiful bouquet of tea roses come into its own.					
08:30:00	Painting with Wilson Bickford Farmland Sunset	NETA	(S)	(CC)	N/A	#207H
	Silhouette scenes are very striking due their light and dark contrasts. Wilson demonstrates how to take strong, darker elements and place them against vibrant sky colors such as a sunset.					
09:00:00	Landscapes Through Time with David Dunlop Francesco Guardi's Venice	NETA	(S)	(CC)	DVI	#202H
	David travels to many magical locations in Venice that were painted by the great 18th century Venetian landscape painter, Francesco Guardi (1712-1783). David creates a pen and ink drawing and wash of the beautiful baroque church, Santa Maria della Salute, discussing Francesco Guardi's use and understanding of perspective. He then travels to Guardi's home district of the Cannaregio and paints an oil demonstration of the same canal scene painted by Guardi and the famous painter, Canaletto, exploring Guardi's spirited brushstrokes and expressive skies.					

Sat, Jul 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Bone Strengthening Workout In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful in Jamaica! This all-barre workout is designed to strengthen your bones and prevent Osteoporosis.	APTEX	(S)	(CC)	DVI	#1002H
10:00:00	Sit and Be Fit Stretching Strengthening should always be followed by stretching as an important component to any workout. This episode includes some great stretching exercises to improve flexibility.	NETA	(S)	(CC)	N/A	#1215H
10:30:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H
11:00:00	Delicious TV's Vegan Mashup Healthy on a Budget With grocery bills on the rise, the Vegan Mashup chefs offer you delicious and cost-conscious alternatives to your every day dishes. Shepard's Pie/Sukiyaki/Lickity Split Pea Soup.	NETA	(S)	(CC)	DVI	#104H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Splendor of Yucatan's Enchanting Markets Revered by his Mexican peers, Federico Lopez is one of Mexico's most affable and talented chefs. He joins Rick at the enchanting Mercado Municipal in Valladolid to extol the virtues of unique Yucatecan produce. After that, the pair head to Temozon, to a decades-old meat market where they smoke pork in rustic ovens behind the store. With a basket full of market produce and smoked meats, the chefs return to Federico's sleek catering kitchen in Cancun, where Federico artfully recreates the market in a salad of local beans, squash, heirloom tomato and chile dulce. Federico also makes pork tenderloin with longaniza sausage and beans. Back in Chicago, Rick makes lima bean soup with ham hock, plus pork lomitos.	APTEX	(S)	(CC)	N/A	#1108H
12:00:00	Lidia's Kitchen Herbs and Spices Fresh herbs are simply a must in Lidia's kitchen and today she makes three dishes that highlight herbs and spices. She begins the menu with pickled carrots: a quick pickle of tiny carrots packed with the flavors of parsley, garlic and mint; braised beef in guazzetto: rich, braised beef filled with enticing aromas and skillet cauliflower with lemon and mint: cauliflower florettes showered with lemon juice and a sprinkle of fresh mint.	APTEX	(S)	(CC)	N/A	#414H
12:30:00	Moveable Feast with Fine Cooking Miami 2 - Biscayne Bay Host Pete Evans joins chef, restaurateur, and James Beard award-winner Michael Schwartz and his friend chef Giorgio Rapicavoli in Miami at Biscayne Bay in this episode of Movable Feast with Fine Cooking. Their first stop is Sublicious Farms, a gourmet mushroom farm to pick-up oyster mushrooms for Giorgio's mushroom terrine with pickled onions and charred bread. Next they visit Michael's favorite seafood shop, the Casablanca Fish Market to source some fresh catch for Michael's crab fritters and mixed seafood fideua. They finish off the evening with Michael's dessert peaches on the grill with local honey, crema, coconut, and Greek yogurt.	APTEX	(S)	(CC)	N/A	#305H
13:00:00	Expeditions with Patrick Mcmillan Frogs - Spring's Symphony In Peril How many youngsters become fascinated with nature by playing in mud puddles catching tadpoles and frogs? I did. Today, all around the globe, these harbingers of spring are disappearing at an alarming rate. Join Patrick in a race across the region, through the seasons, and against time, to uncover the most secretive, strange, and seldom seen frogs in the Southeast.	APTEX	(S)	(CC)	N/A	#309H
13:30:00	Weekends with Yankee The Islands Off the coasts of Maine, New Hampshire, Massachusetts, Rhode Island, and Connecticut are some of the most beautiful islands in the country- and this week on Weekends with Yankee, we visit two of them. First stop is Martha's Vineyard in Massachusetts, where we check out the historic gingerbread cottages in Oak Bluffs. Next, we're off to Maine's Acadia National Park, a 47,000-acre park on Mount Desert Island, where photographer Jerry Monkman shows us his favorite hidden spots. Then it's back to Massachusetts, where two ambitious young farmers are staking their future on growing the most delicious shiitake mushrooms outside Japan.	APTEX	(S)	(CC)	N/A	#109H
14:00:00	Rick Steves' Europe West England The quintessence of charming England is the "West Country": quaint Cotswold villages with their fine churches, manor homes, and gastropubs; Wells, England's smallest cathedral town; and the New Age capital of Glastonbury, with its legends of the Holy Grail and King Arthur. He finishes by pondering the dramatic prehistoric stone circles of Stonehenge and Avebury.	APTEX	(S)	(CC)	N/A	#908H

Daily Program Listing II

43.1

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Sat, Jul 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Morocco: Secret Village Explorer Richard Wiese discovers the many mysteries of Morocco. In the remote Atlas Mountains, Richard journeys to a village that has never been visited by Westerners and where time seems to stand still. He's welcomed into a community of Berbers, who teach him the secrets for traditional tanja cooking and making butter in a goat bladder. Richard takes part in a traditional wedding ceremony.	APTEX	(S)	(CC)	N/A	#118H
15:00:00	Garden Smart A community effort is getting kids and adults alike back in the garden. A win-win and a lot to learn. Be sure to tune in this week to GardenSMART.	NETA	(S)	(CC)	N/A	#4702H
15:30:00	Chefs A' Field Old Salts, Young Guns Chesapeake Bay Oysters Bubble Back from Virtual Extinction. Chef Jason Alley: Comfort Restaurant - Portsmouth and Richmond, VA Virginia chef Jason Alley and his children join Chesapeake Bay oyster farmers Ryan and Travis Croxton to harvest oysters and learn how the once-endangered bivalves are helping to clean up pollution in the bay. In the kitchen, Chef Alley and his children prepare dishes featuring their prized catch. Recipes: Angels on Horseback; Oysters on the Half Shell with Vanilla-Ginger Mignonette.	APTEX	(S)	(CC)	N/A	#204H
16:00:00	Conversations in the Digital Age with Jim Zirin Has The Supreme Court Become Too Partisan? Guest: James D. Zirin, Author, "Supremely Partisan". Guest Host: Ambassador William vanden Heuvel, Former United States Ambassador. Turning the talk show tables, Ambassador William vanden Heuvel interviews Jim Zirin about his new book, Supremely Partisan--How Raw Politics Tips the Scales in the United States Supreme Court. Jim talks about the Court's historic origins, the evolution of its decision-making, the use of identity politics in appointing Justices to reserved ethnic and religious seats, and the future of a partisan Court in a post-Scalia world.	EPS	(S)	(CC)	N/A	#103H
16:30:00	Overheard with Evan Smith Julian Castro, Politician Julian Castro served as the 16th United States Secretary of Housing and Urban Development under President Barack Obama from 2014 to 2017. Before moving to Washington, Castro served as the Mayor of San Antonio from 2009 to 2014. He currently lives in San Antonio with his family.	NETA	(S)	(CC)	N/A	#724H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Flute Maker Geri Littlejohn has been making Native American style flutes for more than 20 years. Host Eric Gorges and Geri start with a simple piece of bamboo and end with what she likes to call a "sacred musical gift of art."	APTEX	(S)	(CC)	N/A	#307H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3527H
18:30:00	The Open Mind Rescuing The Middle Class Republic Guest: Ganesh Sitaraman. Ganesh Sitaraman talks about his new book "The Crisis of the Middle Class Constitution: Why Economic Inequality Threatens Our Republic."	NETA		(CC)	N/A	#3747H
19:00:00	Closer to Truth Can The Cosmos Have A Reason? Perhaps we cannot know the reason for the universe, if there is any. But is it even possible for the universe to have a reason? If yes, how would natural regularities and rules compare with some kind of goal or God?	EPS	(S)	(CC)	N/A	#1502H
19:30:00	American Forum Is Citizenship Dead? ERIC LIU, founder of Citizen University and Director of the Aspen Institute's Citizenship and American Identity program, on serving the country, patriotism, and bridging the political divide.	NETA	(S)	(CC)	N/A	#237H

Sat, Jul 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live The Revivalists	APTEX	(S)	(CC)	N/A	#601H
	<p>This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.</p>					
21:00:00	Front and Center Cheap Trick	APTEX	(S)	(CC)	N/A	#703H
	<p>Rock and Roll Hall of Fame inductees, Cheap Trick, best known for timeless classics such as "Surrender" and "I Want You to Want Me" celebrate their accomplishment with an intimate performance. The band has become a musical institution with more than 5,000 performances, 20 million records sold, 29 movie soundtracks and 40 gold and platinum recording awards.</p>					
22:00:00	Globe Trekker Food Hour: The Story of Beer	APTEX	(S)	(CC)	N/A	#1615H
	<p>Beer is the world's oldest and most widely consumed alcoholic beverage. In fact, it's the third most popular drink overall, after water and tea. China is currently the world's leading beer producer, whereas the Czech Republic is the biggest consumer, with an average of 143 liters of amber gold each year per person! These are some of the beer facts that will be shared in this informative and entertaining episode hosted by Globe Trekker Judith Jones. Together with fellow travelers from around the world, Judith uncovers the extraordinary popularity behind the favorite alcoholic beverage of millions of people worldwide.</p>					
23:00:00	Arts In Context A'lante	NETA		(CC)	N/A	#707H
	<p>With a deep knowledge and appreciation for the art form, A'lante Flamenco honor the mixture of cultures that went into flamenco's origin by adding their Latin American roots into the dance.</p>					
23:30:00	Articulate with Jim Cotter Ellen Harvey	APTEX	(S)	(CC)	N/A	#111H
	<p>Though she's been a successful visual artist for decades, Ellen Harvey remains obsessed with failure. Bharatanatyam: Indian Dance - The classical Indian dance form Bharatanatyam survived colonial oppression and today exemplifies Indian identity both at home and abroad. Xenia Rubinos - Xenia Rubinos' complex music is infused with simple messages about big ideas.</p>					

Sun, Jul 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Can The Cosmos Have A Reason? Perhaps we cannot know the reason for the universe, if there is any. But is it even possible for the universe to have a reason? If yes, how would natural regularities and rules compare with some kind of god or God?	EPS	(S)	(CC)	N/A	#1502H
00:30:00	American Forum Is Citizenship Dead? ERIC LIU, founder of Citizen University and Director of the Aspen Institute's Citizenship and American Identity program, on serving the country, patriotism, and bridging the political divide.	NETA	(S)	(CC)	N/A	#237H
01:00:00	Infinity Hall Live The Revivalists This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.	APTEX	(S)	(CC)	N/A	#601H
02:00:00	Front and Center Cheap Trick Rock and Roll Hall of Fame inductees, Cheap Trick, best known for timeless classics such as "Surrender" and "I Want You to Want Me" celebrate their accomplishment with an intimate performance. The band has become a musical institution with more than 5,000 performances, 20 million records sold, 29 movie soundtracks and 40 gold and platinum recording awards.	APTEX	(S)	(CC)	N/A	#703H
03:00:00	Globe Trekker Food Hour: The Story of Beer Beer is the world's oldest and most widely consumed alcoholic beverage. In fact, it's the third most popular drink overall, after water and tea. China is currently the world's leading beer producer, whereas the Czech Republic is the biggest consumer, with an average of 143 liters of amber gold each year per person! These are some of the beer facts that will be shared in this informative and entertaining episode hosted by Globe Trekker Judith Jones. Together with fellow travelers from around the world, Judith uncovers the extraordinary popularity behind the favorite alcoholic beverage of millions of people worldwide.	APTEX	(S)	(CC)	N/A	#1615H
04:00:00	Arts In Context A'lante With a deep knowledge and appreciation for the art form, A'lante Flamenco honor the mixture of cultures that went into flamenco's origin by adding their Latin American roots into the dance.	NETA		(CC)	N/A	#707H
04:30:00	Articulate with Jim Cotter Ellen Harvey Though she's been a successful visual artist for decades, Ellen Harvey remains obsessed with failure. Bharatanatyam: Indian Dance - The classical Indian dance form Bharatanatyam survived colonial oppression and today exemplifies Indian identity both at home and abroad. Xenia Rubinos - Xenia Rubinos' complex music is infused with simple messages about big ideas.	APTEX	(S)	(CC)	N/A	#111H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#296
08:00:00	Gary Spetz's Watercolor Quest Glacier National Park - West Host-Artist, Gary Spetz, explores, photographs and paints the west side of Montana's majestic Glacier National Park-explaining, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	N/A	#101H
08:30:00	Painting with Paulson Basketball Moment Part II	NETA	(S)	(CC)	N/A	#1708H

Sun, Jul 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Queen Angelfish Art Lesson: Form. Form is an element of art. Yet there are several ways to consider the meaning of form. At its most basic, a form is a three-dimensional geometrical figure, such as a sphere, cube, cylinder or cone, as opposed to a shape, which is two-dimensional, or flat. In a broader sense, form, in art, means the whole of a piece's visible elements and the way those elements are united. In this context, form allows viewers to mentally capture the work and understand it. Wyland demonstrates the two interpretations of form through his depiction of a bottlenose dolphin against a water element. He uses Payne's gray with a half inch brush to create the dolphin form with a 3-inch brush to block in the blue water. Highlights and shadows are added to enhance the three-dimensional form.	APTEX		(CC)	N/A	#609H
09:30:00	Classical Stretch: The Esmonde Technique Spine Stretch for Posture Workout In this episode of Classical Stretch, join Miranda Esmonde-White in the beautiful gardens of Jamaica. Miranda will take you through stretches that will increase the flexibility in your back and improve your posture in this all-standing workout.	APTEX	(S)	(CC)	DVI	#1003H
10:00:00	Sit and Be Fit Relaxation Mary Ann explores the healing touch of massage, demonstrating some effective ways to release tension and use movement to relax.	NETA	(S)	(CC)	N/A	#1216H
10:30:00	Power Yoga: Mind and Body Balancing Poses - Version One With Utkatasana, Warrior III, Natarajasana, Garudasana and others.	APTEX	(S)	(CC)	N/A	#103
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#315H
11:30:00	New Orleans Cooking with Kevin Belton New Year's Traditions Cabbage casserole, black eyed peas and andouille, corned beef.	APTEX	(S)	(CC)	N/A	#107H
12:00:00	Ciao Italia Bigne! Mary Ann's got cream puffs on her mind, light as a cloud, crunchy and delicious, and filled with wondrous delights. And who better to make them with than master pastry chef and chocolatier Wilhelm Wanders at the Baking Education Center in Norwich, Vermont.	NETA	(S)	(CC)	N/A	#2413H
12:30:00	Mike Colameco's Real Food Alek Stupak What happens when one of the greatest most avant-garde pastry chefs in America who had worked at Alinea and WD-50 decides he's done with pastry and wants instead to do authentic Mexican food in NYC. We'll meet chef Alex Stupak and visit his three downtown restaurants where he may be doing some of the best Mexican inspired ever in Manhattan.	NETA	(S)	(CC)	N/A	#1417H
13:00:00	Journeys In India Nagarhole and Bandipur: The Southern Paradise of India These two national parks have some of the most diverse wildlife found on the Indian subcontinent. From the ancestors of our domesticated livestock to leopards, bear and elephants-this is a safari goers photo paradise. Join Bill as he attempts to track down two of the hardest predators to photograph-the leopard and the sloth bear.	NETA	(S)	(CC)	N/A	#208H
13:30:00	Family Travel with Colleen Kelly Amelia Island - Turtle Escapades, Shrimping Adventures & Petanque Play Colleen leads the way around beautiful Amelia Island, Florida with a lively interactive experience at Ft. Clinch State Park. After stepping back in time with historic re-enactors at the fort, Colleen comes back to the 21st century and joins families to learn the game of petanque.	APTEX	(S)	(CC)	N/A	#306H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#315H
14:30:00	Burt Wolf: Travels & Traditions On The Road In America, Part 3 In part three of ON THE ROAD IN AMERICA, titled YOUR MOVE, Burt introduces the concept of "migrations of convenience". Moving to the suburbs, industries and workers moving to the Sunbelt, tech industries and workers moving back into the gentrified consumer metropolises--each representing a different logic than the migrations of earlier periods.	APTEX	(S)	(CC)	N/A	#1612H

Sun, Jul 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Shaker Inspired Spindle Bench Turning for Beginners - Very Affordable!	NETA	(S)	(CC)	N/A	#2401H
15:30:00	Rough Cut - Woodworking with Tommy Mac Roofing, Rakes and Soffets This week on Rough Cut Woodworking with Tommy Mac, Tommy works on the finishing touches to complete the roof. Joined by good friend and general contractor Chris Reynolds, the two work to get the fascia and trim boards to size before installing them on the roof along with the drip edge and shingles. Tommy and Chris first walk through a small safety lesson, reminding carpenters how important it is to stage your site properly so you and your crew can work as efficiently and safely as possible.	APTEX	(S)	(CC)	N/A	#707H
16:00:00	Happy Yoga with Sarah Starr Ocean Spray Allow the dancing waves of the sapphire ocean to inspire your practice as we focus on gentle stretches for the shoulders, neck and upper back, including moves to create more ease in the hips while using a chair for support.	NETA	(S)	(CC)	N/A	#310H
16:30:00	Second Opinion High Risk Pregnancy Patient Story: Many women choose to wait until after the age of 40 to start a family. Lucy Sun shares her very personal story of how she realized that making the decision to wait to conceive brought with it other complicated choices. Myth or Medicine: Do your chances of having twins increase after the age of 40? Second Opinion 5: Five things to call your doctor about in late pregnancy.	APTEX	(S)	(CC)	N/A	#1006H
17:00:00	Immense Possibilities A Woman Takes On An Industry Common wisdom about the 1979 Three Mile Island nuclear accident is that we dodged a bullet. That's not the view of hundreds of nearby residents who've since developed radiation-related cancers. One of them brings us material from her in-progress documentary Meltdown, the first step of her nearly single-handed stand against the nuclear power industry.	NETA	(S)	(CC)	N/A	#607H
17:30:00	Well Read Robert Moor, On Trails From a new literary voice, Robert Moor comes a groundbreaking exploration of how trails help us understand the world in his new book On Trails: An Exploration. From ants to elephants to hiking paths that span continents, Moor discusses how the wisdom of trails link together all species.	APTEX	(S)	(CC)	N/A	#602H
18:00:00	California's Gold Mudpots In this muddy adventure, Huell travels to some very remote areas to take an up close and personal look at "mudpots". Mudpots only occur three places in the US and one of them is right here in California. Our first stop is the Imperial Wildlife Area. Huell and a member of the Fish and Game take a look at huge mounds of bubbling, oozing, popping and exploding mudpots. This is a public are that is open to mud lovers one and all. Next its off to some privately owned land which has some extraordinary mudpots. Photographer Jack Hobart has made some amazing images with still and video cameras over the years at this secret spot which he shares with Huell.	KCET		(CC)	N/A	#2005
18:30:00	Fringe Benefits	NETA	(S)	(CC)	N/A	#204H
19:00:00	Beyond Geek The Force Is Strong Brittni wields the ultimate sci-fi weapon in light saber combat.	EPS	(S)	(CC)	N/A	#203H
19:30:00	The Kamla Show Special Aaron Lington Kamla talks to Prof. Aaron Lington and Chris Motter about jazz and jazz improvisation. They demonstrate jazz improvisation by playing Take the A Train by Duke Ellington and Billy Strayhorn; Bag's Grove by Milt Jackson and Body and Soul by Johnny Green and Edward Heyman. Dr. Lington teaches at San Jose State University and is a member of the Pacific Mambo Orchestra, an 18-piece big band from San Francisco. Motter got his Master's degree in music from San Jose State University.	KAMLA	(S)	(CC)	N/A	#122H
20:00:00	Black America Nobody with Marc Lamont Hill Carol Jenkins is joined by Marc Lamont Hill, distinguished Morehouse professor, CNN & BET contributor and Author of "Nobody: Casualties of America's War on the Vulnerable, from Ferguson to Flint and Beyond". The title "Nobody" came from a reference to Michael Brown, a teenager killed in Ferguson on August 9, 2014. In this interview, Marc Lamont Hill refers to the "nobody" that is truly "somebody" who can change the world. The "system" is often referred to as being broken when mentioning the treatment of black people, but Hill states that in fact, " the system is working and we should break it".	EPS	(S)	(CC)	N/A	#129H

Sun, Jul 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life Ursula Chiang, Documentarian/Filmmaker discusses her film "Nine Man Volleyball" which looks at the history of a game traditionally played by immigrants; Reporter: Kyung Yoon covers the business of child models and interviews two sister models, Emilie and Alexandra Su, and Marlene Wallach, President of Wilhelmina. "Finding Samuel Lowe Book and Documentary" - Reporter: Mike Gilliam talks to Paula Madison, Author of "Finding Samuel Lowe" and Former NBC News Vice President. Together they trace her bi-racial roots from the Carribean Islands to China. Paul Lin reports on Elena Moon Park, artist of "Rabbit Days & Dumplings," an Asian Kids Folk music and best-selling album.	EPS	(S)	(CC)	N/A	#103H
21:00:00	Song Stage Jessamyn Rains (Folk Rock) Vs. Cedd The Light (R&B) Like Brian, Jessamyn advanced only by wild card, and now must face an even more difficult opponent in Cedd the Light. His smooth vocals seem to hypnotize any audience of any size. The question is, which one has the better second song?	NETA	(S)	(CC)	N/A	#207H
21:30:00	Hi Gene! Meet The Real Senator Mccarthy This documentary film looks at Sen. Eugene McCarthy's improbable and historic 1968 presidential campaign and features interviews with, among others, Sen. Eugene McCarthy, Sam Donaldson, Kathleen Kennedy Townsend, George Reedy and Curtis Gas.	NETA	(S)	(CC)	N/A	#0H
22:00:00	Roadtrip Nation: Being You Roughly one in five people lives with learning and attention issues (LAIs) like ADHD and dyslexia, yet many of those who live with LAIs feel alone. They're not. In a new hour-long special, ROADTRIP NATION shares inspiring stories of struggle, self-acceptance and success. BEING YOU, follows the transformative journey of three young people-Stephanie, Noah, and Nicole-as they travel cross-county to find others who, like them, learn differently and have used that difference to build lives doing what they love. Along their journey, they meet with diverse individuals living with LAIs, including entertainer Howie Mandel, Eye to Eye co-founder and chief empowerment officer David Flink, and Attention Deficit Disorder Association president Evelyn Polk Green, and discover that these individuals are not only coping, but thriving. Many credit their learning and attention issues as the driving forces that shaped their success. ROADTRIP NATION: BEING YOU showcases powerful stories that will inspire all viewers to believe that their individual circumstances can be positively used to define their own roads in life.	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Exotic Invaders: Pythons in the Everglades EXOTIC INVADERS: PYTHONS IN THE EVERGLADES documents how the Everglades' fragile and treasured ecosystem is under attack by invasive species including an apex predator-the Burmese python. The Burmese python, a ravenous snake that rivals the anaconda in size and appetite, has gained a foothold in the Everglades. Since its arrival, the native animal populations of possums, raccoons, bobcats, foxes, otters and armadillos have crashed by as much as 98 percent. The one-hour documentary features interviews with the hunters, scientists and policy makers on the front lines of the battle against Florida's pythons.	APTEX	(S)	(CC)	N/A	#0H

Mon, Jul 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek The Force Is Strong Brittni wields the ultimate sci-fi weapon in light saber combat.	EPS	(S)	(CC)	N/A	#203H
00:30:00	The Kamla Show Special Aaron Lington Kamla talks to Prof. Aaron Lington and Chris Motter about jazz and jazz improvisation. They demonstrate jazz improvisation by playing Take the A Train by Duke Ellington and Billy Strayhorn; Bag's Grove by Milt Jackson and Body and Soul by Johnny Green and Edward Heyman. Dr. Lington teaches at San Jose State University and is a member of the Pacific Mambo Orchestra, an 18-piece big band from San Francisco. Motter got his Master's degree in music from San Jose State University.	KAMLA	(S)	(CC)	N/A	#122H
01:00:00	Black America Nobody with Marc Lamont Hill Carol Jenkins is joined by Marc Lamont Hill, distinguished Morehouse professor, CNN & BET contributor and Author of "Nobody: Casualties of America's War on the Vulnerable, from Ferguson to Flint and Beyond". The title "Nobody" came from a reference to Michael Brown, a teenager killed in Ferguson on August 9, 2014. In this interview, Marc Lamont Hill refers to the "nobody" that is truly "somebody" who can change the world. The "system" is often referred to as being broken when mentioning the treatment of black people, but Hill states that in fact, " the system is working and we should break it".	EPS	(S)	(CC)	N/A	#129H
01:30:00	Asian American Life Ursula Chiang, Documentarian/Filmmaker discusses her film "Nine Man Volleyball" which looks at the history of a game traditionally played by immigrants; Reporter: Kyung Yoon covers the business of child models and interviews two sister models, Emilie and Alexandra Su, and Marlene Wallach, President of Wilhelmina. "Finding Samuel Lowe Book and Documentary" - Reporter: Mike Gilliam talks to Paula Madison, Author of "Finding Samuel Lowe" and Former NBC News Vice President. Together they trace her bi-racial roots from the Carribean Islands to China. Paul Lin reports on Elena Moon Park, artist of "Rabbit Days & Dumplings," an Asian Kids Folk music and best-selling album.	EPS	(S)	(CC)	N/A	#103H
02:00:00	Song Stage Jessamyn Rains (Folk Rock) Vs. Cedd The Light (R&B) Like Brian, Jessamyn advanced only by wild card, and now must face an even more difficult opponent in Cedd the Light. His smooth vocals seem to hypnotize any audience of any size. The question is, which one has the better second song?	NETA	(S)	(CC)	N/A	#207H
02:30:00	Hi Gene! Meet The Real Senator Mccarthy This documentary film looks at Sen. Eugene McCarthy's improbable and historic 1968 presidential campaign and features interviews with, among others, Sen. Eugene McCarthy, Sam Donaldson, Kathleen Kennedy Townsend, George Reedy and Curtis Gas.	NETA	(S)	(CC)	N/A	#0H
03:00:00	Roadtrip Nation: Being You Roughly one in five people lives with learning and attention issues (LAIs) like ADHD and dyslexia, yet many of those who live with LAIs feel alone. They're not. In a new hour-long special, ROADTRIP NATION shares inspiring stories of struggle, self-acceptance and success. BEING YOU, follows the transformative journey of three young people-Stephanie, Noah, and Nicole-as they travel cross-county to find others who, like them, learn differently and have used that difference to build lives doing what they love. Along their journey, they meet with diverse individuals living with LAIs, including entertainer Howie Mandel, Eye to Eye co-founder and chief empowerment officer David Flink, and Attention Deficit Disorder Association president Evelyn Polk Green, and discover that these individuals are not only coping, but thriving. Many credit their learning and attention issues as the driving forces that shaped their success. ROADTRIP NATION: BEING YOU showcases powerful stories that will inspire all viewers to believe that their individual circumstances can be positively used to define their own roads in life.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Exotic Invaders: Pythons in the Everglades EXOTIC INVADERS: PYTHONS IN THE EVERGLADES documents how the Everglades' fragile and treasured ecosystem is under attack by invasive species including an apex predator-the Burmese python. The Burmese python, a ravenous snake that rivals the anaconda in size and appetite, has gained a foothold in the Everglades. Since its arrival, the native animal populations of possums, raccoons, bobcats, foxes, otters and armadillos have crashed by as much as 98 percent. The one-hour documentary features interviews with the hunters, scientists and policy makers on the front lines of the battle against Florida's pythons.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#297
08:00:00	Mixed Nutz When I Grow Up While working at a rummage sale, the kids share with each other what they would like to be when they grow up. Cowboy, Mad Scientist, Superhero, Astronaut! Nothing short of their imagination can limit their future plans! Lesson: You can be anything you want to be.	NETA	(S)	(CC)	N/A	#503H

Mon, Jul 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus Pumperl In Trouble	APTEX	(S)	(CC)	DVI	#103
	Devilius and Monti the Rat scheme about a devious new plan. Together, they lure Pumperl, Amadeus' sweet little dog, into the hands of a dogcatcher. They hope he'll be too busy searching for Pumperl to perform at the silver wedding anniversary of his friend Kati's parents. This would enable Devilius' nephew Mario, who fell madly in love with Kati, to take Amadeus' place (and his music). Unfortunately for them, the bad guys didn't count on Pumperl's cleverness. The Music: "Piano Trio in G" K. 564; et al. Additional Content: At the beginning of the episode, Amadeus plays a beautiful melody on the flute for Kati. Monti explains the flute's place in the woodwind family of instruments and shows the many different types of woodwinds, while viewers see images of a recorder, a transverse flute, a bassoon, an oboe and a clarinet and hear their sounds.					
09:00:00	Functional Fitness with Suzanne Andrews Anti Aging	ACCES		(CC)	N/A	#106H
09:30:00	Classical Stretch: The Esmonde Technique Slenderize and Strengthen Your Legs	APTEX	(S)	(CC)	DVI	#1004H
	In this episode of Classical Stretch, join Miranda Esmonde-White on the jetty overlooking the Caribbean ocean in Jamaica. This all-floor workout is designed to slenderize and strengthen your legs!					
10:00:00	Sit and Be Fit Maintain Independence	NETA	(S)	(CC)	N/A	#1217H
	This episode is full of functional movements to help improve performance of the activities of daily life and help you maintain independence as you age.					
10:30:00	Fit 2 Stitch Broadway Plays	NETA	(S)	(CC)	N/A	#408H
	When you step out for an evening of live theater, add a little glamor with fur. Learn how easy it is to cut and sew faux or real fur to add an elegant look.					
11:00:00	Knit and Crochet Now! Terrific T-Shirts	APTEX	(S)	(CC)	DVI	#605H
	The Butterfly Tee is up next, with Lena showing you how to knit this special project, and lastly the Stripes and Short Rows scarf.					
11:30:00	Fons & Porter's Love of Quilting Stars and Nines	NETA	(S)	(CC)	N/A	#2504H
	This unusual arrangement creates six point stars that leave the nine-patch blocks dancing in back and forth across the quilt.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6256H
13:00:00	America's Test Kitchen from Cook's Illustrated Mediterranean Grill	APTEX	(S)	(CC)	N/A	#1721H
	Host Julia Collin Davison uncovers the secrets to making the best grilled shrimp and vegetable kebabs. Then, tasting expert Jack Bishop challenges host Bridget Lancaster to a tasting of whole-milk Greek yogurt. Finally, test cook Dan Souza shows Julia how to make the best Persian-style rice with golden crust at home.					
13:30:00	Pati's Mexican Table Good Morning, Mexico	APTEX	(S)	(CC)	N/A	#401H
	Pati is on the road in San Miguel de Allende, Mexico, a pretty, tourist-friendly vacation town in the state of Guanajuato, known for its cobblestone streets, colonial architecture, art galleries and, of course, a wide range of delicious eats. This week, Alan, Sami and Juju have a break from school, so she and Dany brought them along! In this episode, the Jinich family has just arrived in San Miguel, and Pati has decided to kick off the week with a delicious breakfast. But first, she wants to introduce us to San Miguel. Recipe 1: JuJu's Fruit Smoothie; Recipe 2: Big Brunch Enchiladas; Recipe 3: Black Beans from the Pot; Recipe 4: Warm Nopalitos with Sauteed Corn and Guajillo.					
14:00:00	Lucky Chow Bay Area's Pacific Rim Cuisine	APTEX	(S)	(CC)	N/A	#105H
	This episode introduces Olivia Wu, designer of the original Asian restaurant concepts on Google's "campus." Go behind-the-scenes at Google's first sit-down restaurant, as the assembly line churns out 2,000 servings of the Indian fried rice dish, biryani. A visit to Google's purveyors showcases the ethos of the Bay Area food culture - local, seasonable and sustainable. After a career in Silicon Valley, two retired Japanese executives returned to their ancestral farming roots and constructed an indoor vertical farm which services some of the top restaurants in the Bay Area. The episode ends at a now-mainstream tofu factory.					

Daily Program Listing II

43.1

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Mon, Jul 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke	APTEX	(S)	(CC)	DVI	#303H
15:00:00	Beads, Baubles and Jewels Mix Up Your Daily Schedule	NETA	(S)	(CC)	N/A	#2506H
	Get out of the design rut and mix things up. Artist Anne Potter transforms recycled tea tins into fashionable earrings. Then, she gives tips on hosting a jewelry party so you can work out design ideas with friends. Cool down as clay sculptor Syndee Holt creates colorful seascapes on polymer clay pendants.					
15:30:00	Katie Brown Workshop The Big Game	APTEX	(S)	(CC)	DVI	#415H
	Throw a victorious sports night party. Guest chef Chris Paulk makes sweet potato chips and dip, indoor barbecue ribs and empanadas. Celebrate in style with a turf snack tray and a touchdown centerpiece.					
16:00:00	Biz Kid\$ What's Up with the Stock Market?	APTEX	(S)	(CC)	DVI	#404H
	Learn the language of the stock market and how these terms apply to your life. Meet an 11-year-old who created an application for the iPhone that helps teach other kids about the stock market.					
16:30:00	Hands On Crafts for Kids Make Believe	NETA	(S)	(CC)	DVI	#1709H
	Leave the ordinary behind and enter the world of make-believe. Create a magical fairy garden with Katie, then Franz shows how to take your paper art work from two to three dimensions. Jenny creates golden coins to swap and trade and then she and Katie make a gift extra special with a stenciled rocket gift bag. Cast a spell with a magic wand or gleaming sword created by adding feathers and jewels to the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home A Visit from the Beekman Boys	APTEX	(S)	(CC)	N/A	#1401H
	Two New York City boys turned farmers visit Moss Mountain Farm. Find out how the Fabulous Beekman Boys fare, when faced with the challenge of capturing a free-range turkey while Allen puts a spin on a classic dish.					
17:30:00	Growing A Greener World The Private Garden of a Public Gardener (Wayne, Pa and Wilmington, De)	APTEX	(S)	(CC)	N/A	#810H
	Professional horticulturalists Dan Benarcik and Peggy Anne Montgomery never mind bringing their work home. While always experimenting with varied and native plants to provide wildlife habitats, now Dan and Peggy share their wisdom and beautiful personal garden with us.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14141H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#218H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8076
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3527H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#409H
	Mod throwback instrumental ensemble Steelism plays country jazz and surf. Jake Shimabukuro makes his ukulele gently weep. And Nashville's beloved writer/player/singer Andrea Zonn debuts new music w guests Keb Mo and more.					
21:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#202H

Mon, Jul 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Gordon Getty: There Will Be Music	APTEX	(S)	(CC)	N/A	#0H
	<p>GORDON GETTY: THERE WILL BE MUSIC profiles a man born into extraordinary wealth who chose to concentrate largely on music rather than on the family business. Gordon Getty's father, J. Paul Getty, was at the time of his death in 1976, the richest man in the world. But as the progeny of his father's fourth marriage, Gordon also inherited a family history that included scandal and tragedy. However, Gordon has more than survived and he has earned, on his own, membership in the highest echelons of the worlds of the arts and ideas. He is the author of complex, groundbreaking economic theories, and is an influential philanthropist and patron of the arts. It is music, however, that is Getty's chief pursuit. His compositions reflect a rich imagination and mastery of technique, as well as his courage to go against the grain of modernism. Although he thinks that he would have become a composer no matter what, Gordon credits his wealth for giving him the unrestricted liberty to compose. Yet, he credits his passion for music for lifting the curse of his family's inherited wealth and for letting him avoid all the trappings of money. Ten years in the making, the documentary offers a glimpse into the life of this complex, creative, controversial octogenarian at home and around the globe (Napa, San Francisco, Mexico, Germany, Russia and Portugal), during an intensely productive period. GORDON GETTY: THERE WILL BE MUSIC delivers an intimate portrait of the composer and musician during the creation, rehearsals, recordings and performances, of two full-length operas, including Usher House, based on Edgar Allan Poe's The Fall of the House of Usher, cantata, and numerous solo and chamber works.</p>					
23:00:00	West of the West: Tales from California's Channel Island First People	APTEX	(S)	(CC)	N/A	#101H
	<p>1. Island Rotation - Tanya Atwater, geophysicist and marine geologist, explains her theory of how once upon a time the Channel Islands used to be located next to San Diego. Over the millennia plate tectonics 'rotated' them to where they are now off Santa Barbara. 2. Arlington Man - In 1959, while looking for pygmy mammoth bones on Santa Rosa Island, Santa Barbara Museum of Natural History archeologist Phil Orr discovered a human femur sticking out of the canyon wall at Arlington Springs. He knew it was old, but scientific dating technology couldn't tell him how old. Yet. So he put the bones away in the basement of the SBMNH where they were rediscovered by Don Morris and John Johnson in the 1990s. These two archeologists take us back to Arlington Springs while explaining how modern carbon dating confirmed the bones were over 13,000 years old... the oldest ever found in North America. And how this discovery completely altered the accepted theory of human migration on our continent. 3. First Contact - The Voyage of Cabrillo - This tale is actually two parallel stories. One is the voyage of Juan Rodriguez Cabrillo - a Portuguese conquistador sailing for the Spanish - who was looking for China but instead 'discovered' Alta California and the Channel Islands. And that was 89 years before the Pilgrims got to Plymouth Rock, meaning that America really started here. His story is intercut with the San Diego Maritime Museum's ambitious, years in the making, and ultimately successful effort to build a replica of Cabrillo's flagship the San Salvador. 4. Sa Hi Pa Ca - (Once Upon a Time) - This tale follows Julie Tumamait, a Chumash tribal leader, as she describes her own reawakening to her Channel Islands native roots. She visits an archeological dig on Santa Cruz Island where she and UCSB archeologist Lynn Gamble discuss the role of archeology and anthropology in helping rediscover Chumash culture which was lost after the Spanish mission period in the mid 1800s. 5. The Lone Woman of San Nicolas Island - The story of the person known variously as Juana Maria, the Lone Woman, or Karana in the children's classic Island of the Blue Dolphins, is familiar to many people. While comparing her incredible real life adventure of surviving alone on San Nicolas for 18 years to the story in the book, we uncover new facts about her life as well as that of the book's writer Scott O'Dell.</p>					

Tue, Jul 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8076
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3527H
01:00:00	Music City Roots Live from the Factory Mod throwback instrumental ensemble Steelism plays country jazz and surf. Jake Shimabukuro makes his ukulele gently weep. And Nashville's beloved writer/player/singer Andrea Zonn debuts new music w guests Keb Mo and more.	APTEX	(S)	(CC)	N/A	#409H
02:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#202H
03:00:00	Gordon Getty: There Will Be Music GORDON GETTY: THERE WILL BE MUSIC profiles a man born into extraordinary wealth who chose to concentrate largely on music rather than on the family business. Gordon Getty's father, J. Paul Getty, was at the time of his death in 1976, the richest man in the world. But as the progeny of his father's fourth marriage, Gordon also inherited a family history that included scandal and tragedy. However, Gordon has more than survived and he has earned, on his own, membership in the highest echelons of the worlds of the arts and ideas. He is the author of complex, groundbreaking economic theories, and is an influential philanthropist and patron of the arts. It is music, however, that is Getty's chief pursuit. His compositions reflect a rich imagination and mastery of technique, as well as his courage to go against the grain of modernism. Although he thinks that he would have become a composer no matter what, Gordon credits his wealth for giving him the unrestricted liberty to compose. Yet, he credits his passion for music for lifting the curse of his family's inherited wealth and for letting him avoid all the trappings of money. Ten years in the making, the documentary offers a glimpse into the life of this complex, creative, controversial octogenarian at home and around the globe (Napa, San Francisco, Mexico, Germany, Russia and Portugal), during an intensely productive period. GORDON GETTY: THERE WILL BE MUSIC delivers an intimate portrait of the composer and musician during the creation, rehearsals, recordings and performances, of two full-length operas, including Usher House, based on Edgar Allan Poe's The Fall of the House of Usher, cantata, and numerous solo and chamber works.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	West of the West: Tales from California's Channel Island First People 1. Island Rotation - Tanya Atwater, geophysicist and marine geologist, explains her theory of how once upon a time the Channel Islands used to be located next to San Diego. Over the millennia plate tectonics 'rotated' them to where they are now off Santa Barbara. 2. Arlington Man - In 1959, while looking for pygmy mammoth bones on Santa Rosa Island, Santa Barbara Museum of Natural History archeologist Phil Orr discovered a human femur sticking out of the canyon wall at Arlington Springs. He knew it was old, but scientific dating technology couldn't tell him how old. Yet. So he put the bones away in the basement of the SBMNH where they were rediscovered by Don Morris and John Johnson in the 1990s. These two archeologists take us back to Arlington Springs while explaining how modern carbon dating confirmed the bones were over 13,000 years old... the oldest ever found in North America. And how this discovery completely altered the accepted theory of human migration on our continent. 3. First Contact - The Voyage of Cabrillo - This tale is actually two parallel stories. One is the voyage of Juan Rodriguez Cabrillo - a Portuguese conquistador sailing for the Spanish - who was looking for China but instead 'discovered' Alta California and the Channel Islands. And that was 89 years before the Pilgrims got to Plymouth Rock, meaning that America really started here. His story is intercut with the San Diego Maritime Museum's ambitious, years in the making, and ultimately successful effort to build a replica of Cabrillo's flagship the San Salvador. 4. Sa Hi Pa Ca - (Once Upon a Time) - This tale follows Julie Tumamait, a Chumash tribal leader, as she describes her own reawakening to her Channel Islands native roots. She visits an archeological dig on Santa Cruz Island where she and UCSB archeologist Lynn Gamble discuss the role of archeology and anthropology in helping rediscover Chumash culture which was lost after the Spanish mission period in the mid 1800s. 5. The Lone Woman of San Nicolas Island - The story of the person known variously as Juana Maria, the Lone Woman, or Karana in the children's classic Island of the Blue Dolphins, is familiar to many people. While comparing her incredible real life adventure of surviving alone on San Nicolas for 18 years to the story in the book, we uncover new facts about her life as well as that of the book's writer Scott O'Dell.	APTEX	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#298
08:00:00	Mixed Nutz Bollywood Dreams Sanjay learns that love and politic don't mix when he falls in love with his teacher during class elections. He is too busy imagining her in romantic Bollywood movies, instead of paying attention to the voters. In the end, the more responsible party wins and Sanjay realizes where he went wrong. Lesson: When you take on a responsibility, do it for the right reasons.	NETA	(S)	(CC)	N/A	#504H
08:30:00	Wunderkind Little Amadeus Kidnappers Devilius hires two evil crooks to kidnap Amadeus and his best friend Kajetan so he can finally discover the secret behind Amadeus' music. The two boys, not easily taken by surprise, outwit the naive crooks and save themselves on a raft - until they encounter dangerous rapids. The Music: "Horn Concerto No. 4" K. 495; Piano Sonata "Rondo alla Turca" K. 331; "Serenade in G" ("A Little Serenade") K. 525; et al. Additional Content: Monti goes on a sightseeing tour through Mozart's hometown of Salzburg, where many landmarks remain from Mozart's day.	APTEX	(S)	(CC)	DVI	#104
09:00:00	Functional Fitness with Suzanne Andrews Copd/Asthma	ACCES		(CC)	N/A	#107H

Tue, Jul 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Focusing On Leg Work	APTEX	(S)	(CC)	DVI	#906H
10:00:00	Sit and Be Fit Resistance Exercises Mary Ann introduces some unique ways to strengthen muscles with a resistance exercise band. Emphasis is placed on maintaining proper technique to avoid injury and get the most out of the movements.	NETA	(S)	(CC)	N/A	#1218H
10:30:00	Fit 2 Stitch Reunions For your school or family reunion, design and sew a trendy knit top that fits perfectly. Peggy shows how the tank top then easily becomes a dress.	NETA	(S)	(CC)	N/A	#409H
11:00:00	Knit and Crochet Now! Let's Have A Party Drew, The Crochet Dude, makes a special visit and shows how to crochet a Banner and then make a Party Gift Tag. Kristin shows the knit version of the Banner and the Party Gift Tag. A beautiful Filet Crochet Scarf is a must have, and Lena will show you how.	APTEX	(S)	(CC)	DVI	#606H
11:30:00	Fons & Porter's Love of Quilting Appliqued Mini Mats Mary Fons and Patrick Lose will show you how to create beautiful applique designs. They will also teach a great economical way to create continuous bias binding so you can finish projects like a pro.	NETA	(S)	(CC)	N/A	#2505H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6257H
13:00:00	Julie Taboulie's Lebanese Kitchen My Love Letter to Lebanon Julie Taboulie believes that "one dream can the light the world" and her dream to light the world is acting as an ambassador for Lebanese cuisine, culture and customs in America. This selfless mission has been Julie's journey and lifelong work to spread the light and to spread the love of showcasing, spotlighting and most of all sharing her authentic recipes, special stories, gracious and generous nature by which she warmly welcomes audiences across America into the heart of her home in her Lebanese kitchen. This show is Julie's love letter to Lebanon, for her homelands hospitality, soaring spirit and resiliency to rise above that lives in Julie's soul forever. So, what better way to pay tribute to this beautiful and breathtaking country that inspires Julie each and every day than by cooking the national dish of Lebanon itself called kibbeh. Julie pleasantly prepares and presents libbeh three different ways. Kibbeh nayeh, a Lebanese-style steak tartare delicacy that is undeniably delicious leads this show as she smoothly moves on to making kibbeh kbekib, mouthwatering meat pies that are perfect for everyday eating or extraordinary events, along with a vibrant vegetable version for all of her faithful vegetarian viewers called kibbeh batata, a potato, bulgur wheat and fresh-herb spread that is simply sensational. Julie's "TLCC" (Tender Loving Lebanese Care) is thoughtfully infused into each and every dish that she creatively cooks up in her love letter to Lebanon show. Julie may not live in Lebanon but Lebanon lives in her. As Julie exclaims, Ana Bahebak Ya Lebnan "I love you Lebanon!"	APTEX	(S)	(CC)	DVI	#112H
13:30:00	Nick Stellino: Storyteller in the Kitchen	APTEX	(S)	(CC)	N/A	#106H
14:00:00	Taste of History Boston's Famous Parker House Situated on Boston's Freedom Trail, the historic Parker House has a rich history in both cuisine and politics. Chef Walter Staib is your tour guide from Haymarket Square to the kitchen of the Parker House. He features: Boston Scrod, the famous Parker House Rolls, and of course, Boston Cream Pie.	NETA	(S)	(CC)	N/A	#705H
14:30:00	Sara's Weeknight Meals Honey Be Good It's a well-known fact that honeybees are a precious resource for pollinating the food we eat, but they are mysteriously dying off. Sara joins a beekeeper in Savannah, Georgia to discover the secrets of bees and beekeeping. Then they make a honey centered dish that's pure Georgia - rosemary honey and Georgia peach chutney burgers. Next, she travels to Napa, California to gather ingredients at a farm and cook with chef Joey Altman. His grilled duck breast with honey roasted carrots, farro-herb salad and cider jus is easier than it sounds, and delicious as well. Recipes: Rosemary honey and Georgia peach chutney burgers; Grilled duck breast, honey roasted carrots, farro-herb salad and cider jus.	APTEX	(S)	(CC)	N/A	#604H
15:00:00	Beads, Baubles and Jewels Enamel Training Add new materials to your training routine. Teacher and designer Steven James warms up by forming wire into words and coating them with enamel. In the work out, he adds water and salt to traditional enameling techniques for fabulous results. Mixed media artist Susan Lenart ices things down by adding foil and glitter to resin to create druzo designs.	NETA	(S)	(CC)	N/A	#2507H

Tue, Jul 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Valentine's Day Melt your beloved's heart with chef Michelangelo Wescott's recipes: lobster and lemon mashed potatoes, filets Diane and chocolate mousse. Katie adds romance to the table with an arrow placemat and a rose and water arrangement.	APTEX	(S)	(CC)	DVI	#416H
16:00:00	Biz Kid\$ Crash Course On Starting A Business So you've got an idea - now what? Check out this quick, but comprehensive course on business basics. You'll learn how to refine your ideas, make a business plan, identify funding sources, find a market, and of course, sell your service or product. Find out how two teen girls developed a \$2 million business out of magnetic bottle caps.	APTEX	(S)	(CC)	DVI	#405H
16:30:00	Hands On Crafts for Kids Growing and Building Living things inspire us to create and to craft. Jenny and Katie craft together to make a special pot decorated with glittery sea creatures. Franz takes art outdoors as he designs, lays out and plants a character image for the garden. Bloggers share great ideas for creating a cactus that won't be prickly or making a quick and easy super turtle figure. Katie shows how to create colorful greeting cards and artwork for family and friends then uses supplies in the Family Craft Box to erect buildings or make whimsical bug cars.	NETA	(S)	(CC)	DVI	#1710H
17:00:00	P. Allen Smith's Garden Home Past Made New Take a step back in time to the late 18th century town of Salem, North Carolina. Learn how many of the same practices and principles in this Moravian community can be utilized in today's modern backyard gardens.	APTEX	(S)	(CC)	N/A	#1402H
17:30:00	Growing A Greener World The Compost Pedallers (Austin, Tx) Using the clean energy of pedal power, this small, eco-minded company, The Compost Pedallers, will bike to your door, pick up your weekly collection of compost ingredients, and haul it off to a nearby farm to do the dirty work for you. It's a winning recipe and a growing business model that's as green as it.	APTEX	(S)	(CC)	N/A	#811H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14142H
18:30:00	America's Heartland Take to the range in Wyoming where goats are essential to a cattle ranching operation. Haul in a sweet harvest of sugarcane in Louisiana. Travel back in time to find out about George Washington the farmer. Discover why bok choy should be a regular vegetable on your dinner table.	APTEX	(S)	(CC)	N/A	#1204H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8077
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1328H
20:00:00	Sun Studio Sessions Leo Bud Welch Leo "Bud" Welch Sr. was born in Sabougla, Mississippi in 1932. Bud earned his living by carrying a chainsaw through the hills and hollows of North Mississippi, logging for 35 years. He played his guitar for close family and friends for over 65 years and remained well under the radar until his debut album "Sabougla Voices" was released January 7, 2014 just two months before his 82nd birthday and his sophomore album "I Don't Prefer No Blues" was released on March 24, 2015 just two days after his 83rd birthday. Rolling Stone named him an artist to watch and he now enjoys an international fan base. In this episode, Leo showcases his blues chops performing several songs, including "Cadillac Baby" and "Praise Him."	NETA	(S)	(CC)	N/A	#806H
20:30:00	Jammin at Hippie Jack's Outlaw Gospel 3 Watch the magic unfold as performers and family members take stage to share songs at Hippie Jack's. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.	NETA	(S)	(CC)	N/A	#1016H
21:00:00	The Kate Kiefer Sutherland Film and TV star Kiefer Sutherland lays his soul on the line and performs his very personal guitar-driven outlaw country/Americana inspired songs, steeped in storytelling and gritty realism. Featuring songs from his album Down In The Hole.	APTEX	(S)	(CC)	N/A	#203H

Daily Program Listing II

43.1

Date: 06/14/2017

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Tue, Jul 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Finding Traction Finding Traction presents the inspirational story of ultra runner Nikki Kimball's quest to become the fastest person in history to run America's oldest hiking trail, the 273-mile Long Trail.	NETA	(S)	(CC)	N/A	#0H
23:00:00	Managing Risk in a Changing Climate With relative rates of sea level rise among the highest in the world, the Louisiana coastal region has been called the "canary in the coal mine" for climate risk. "Managing Risk in a Changing Climate" examines how scientists and the region's decision makers and citizen stakeholders came together to create an action plan to fight catastrophic climate impacts from rising seas and violent storms. Peter Coyote narrates.	NETA	(S)	(CC)	N/A	#0H
23:30:00	Juneteenth Jamboree Spotlight On Unsung Heroes Explore the lives of African American heroes from Texas history. Meet Mary E. Branch, an innovative educator who was responsible for bringing Tillotson College out of the Great Depression and into a flourishing future. Learn about Jacob Fontaine, who in spite of spending most of his life in slavery played an historical role in the founding of the University of Texas. Plus, the surprising history behind The Yellow Rose of Texas.	NETA	(S)	(CC)	N/A	#2017H

Wed, Jul 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8077
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1328H
01:00:00	Sun Studio Sessions Leo Bud Welch	NETA	(S)	(CC)	N/A	#806H
	Leo "Bud" Welch Sr. was born in Sabougla, Mississippi in 1932. Bud earned his living by carrying a chainsaw through the hills and hollows of North Mississippi, logging for 35 years. He played his guitar for close family and friends for over 65 years and remained well under the radar until his debut album "Sabougla Voices" was released January 7, 2014 just two months before his 82nd birthday and his sophomore album "I Don't Prefer No Blues" was released on March 24, 2015 just two days after his 83rd birthday. Rolling Stone named him an artist to watch and he now enjoys an international fan base. In this episode, Leo showcases his blues chops performing several songs, including "Cadillac Baby" and "Praise Him."					
01:30:00	Jammin at Hippie Jack's Outlaw Gospel 3	NETA	(S)	(CC)	N/A	#1016H
	Watch the magic unfold as performers and family members take stage to share songs at Hippie Jack's. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.					
02:00:00	The Kate Kiefer Sutherland	APTEX	(S)	(CC)	N/A	#203H
	Film and TV star Kiefer Sutherland lays his soul on the line and performs his very personal guitar-driven outlaw country/Americana inspired songs, steeped in storytelling and gritty realism. Featuring songs from his album Down In The Hole.					
03:00:00	Finding Traction	NETA	(S)	(CC)	N/A	#0H
	Finding Traction presents the inspirational story of ultra runner Nikki Kimball's quest to become the fastest person in history to run America's oldest hiking trail, the 273-mile Long Trail.					
04:00:00	Managing Risk in a Changing Climate	NETA	(S)	(CC)	N/A	#0H
	With relative rates of sea level rise among the highest in the world, the Louisiana coastal region has been called the "canary in the coal mine" for climate risk. "Managing Risk in a Changing Climate" examines how scientists and the region's decision makers and citizen stakeholders came together to create an action plan to fight catastrophic climate impacts from rising seas and violent storms. Peter Coyote narrates.					
04:30:00	Juneteenth Jamboree Spotlight On Unsung Heroes	NETA	(S)	(CC)	N/A	#2017H
	Explore the lives of African American heroes from Texas history. Meet Mary E. Branch, an innovative educator who was responsible for bringing Tillotson College out of the Great Depression and into a flourishing future. Learn about Jacob Fontaine, who in spite of spending most of his life in slavery played an historical role in the founding of the University of Texas. Plus, the surprising history behind The Yellow Rose of Texas.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#299
08:00:00	Mixed Nutz Obsession	NETA	(S)	(CC)	N/A	#505H
	Jae becomes obsessed with winning the junior golf championships, as Damaris gets carried away with cleanliness. Both kids learn the value of moderation, and enjoying the tasks at hand with getting too caught up in them. Lesson: Too much of anything can be harmful.					
08:30:00	Wunderkind Little Amadeus The Birdseller	APTEX	(S)	(CC)	DVI	#105
	Amadeus wants to buy a new canary from the bird seller to cheer up his heartbroken sister, Nannerl. Meanwhile, Devilius thinks a magnificent golden eagle will turn him into a genius composer. He steals the eagle while staging an incident that results in all of the birds escaping. Authorities wrongly blame Amadeus and his friend for the incident and throw them into the dungeon of the Bishop's palace. Can they prove their innocence before the eagle makes Devilius' dreams a reality? The Music: "Salzburg Symphony No. 1" K. 138; Papageno's Aria "Der Vogelfaenger bin ich ja" from "The Magic Flute" K. 620; "Symphony No. 25 in G Minor" ("Small Symphony in G Minor") K. 183; et al. Additional Content: In this episode, Amadeus' flute-playing saves him and his friends from the dungeon. Kajetan carved the flute out of a piece of wood he carried in his pens. Monti easily carves a flute out of wood and other materials and shows viewers how it works.					
09:00:00	Functional Fitness with Suzanne Andrews Better Balance with the Ball	ACCES		(CC)	N/A	#108H

Wed, Jul 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Ab & Waist Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#907H
10:00:00	Sit and Be Fit Feel Your Best Mary Ann introduces some unique ways to strengthen muscles with a resistance exercise band. Emphasis is placed on maintaining proper technique to avoid injury and get the most out of the movements.	NETA	(S)	(CC)	N/A	#1219H
10:30:00	Fit 2 Stitch Benefits and Fund-Raisers Are you attending a benefit for your favorite local charity or community organization? Learn to sew a variety of leather clutch purses that make the perfect fashion accessory.	NETA	(S)	(CC)	N/A	#410H
11:00:00	Knit and Crochet Now! Ottomans Decorate your home with these two special Ottomans: the knit Garter Stripe Ottoman with Kristin and the Motif Ottoman designed and demonstrated by Ellen. Lena shows how to make the knit Bubbles Cowl.	APTEX	(S)	(CC)	DVI	#607H
11:30:00	Fons & Porter's Love of Quilting Marking Your Quilt Top Creating a quilt top is just the beginning. Guest Angela Huffman will show you how simple quilting designs can finish a quilt with style and ease.	NETA	(S)	(CC)	N/A	#2506H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6258H
13:00:00	Lidia's Kitchen Pizza Everybody loves grilling, and everybody loves pizza. Today Lidia puts the two together and prepares grilled pizza which anyone can do - rain or shine - as it's done in her kitchen. She makes a simple Margherita style pizza and another version topped with prosciutto. To start, her fresh and crunchy salad is made with cucumbers, string beans and potatoes. For dessert, she prepares juicy peaches and blueberries soaked in prosecco.	APTEX	(S)	(CC)	N/A	#307H
13:30:00	Taste The Islands with Chef Irie An Early Lunch Chef Irie prepares a casual brunch menu: Jerk Turkey Pumpkin Frittata, Herb-Crusted Salmon with Green Papaya and Mango Slaw, and a decadent Passion Fruit Mousse. Chef's interaction with chart topping British Jamaican reggae singer Maxi Priest is concluded with a lesson in making a vegetarian-friendly lentil salad.	APTEX	(S)	(CC)	N/A	#106H
14:00:00	Simply Ming Will Gilson This week on Simply Ming, rising star and Cambridge-based chef, Will Gilson, joins Ming. Will, the chef and owner of Puritan & Co. in Cambridge, is going to help Ming cook up duck two ways. Will makes duck breast with hay-roasted carrots and toasted pistachios, and Ming makes pressure cooked Szechwan duck legs with Yukon gold potato fried rice.	APTEX	(S)	(CC)	N/A	#1415H
14:30:00	Cook's Country The Devil Made Me Do It Test cook Julia Collin Davison uncovers the secrets to perfect grilled chicken diavolo. Then, equipment expert Adam Ried reveals his top picks for water bottles. Next, tasting expert Jack Bishop challenges host Christopher Kimball to a tasting of hard cider. And finally, test cook Bridget Lancaster shows Chris how to make the ultimate deviled beef short ribs.	APTEX	(S)	(CC)	N/A	#907H
15:00:00	Beads, Baubles and Jewels Tool Workout Add power to your design with new tool techniques. Host and designer Katie Hacker shows how she uses her favorite tools to make cold connections. Teacher Kate Richbourg gives her metalworking skills a work out with saws, shears and hammers. Then, she cools off with the right tools and techniques for professionally finishing metalwork jewelry.	NETA	(S)	(CC)	N/A	#2508H
15:30:00	Katie Brown Workshop Halloween Trick or treat! Katie shares some "spooky" Halloween ideas. In the kitchen: candy pumpkin apples, chocolate-covered marshmallows and white chocolate candy corns. Get into the "spirit" of things with a painted bucket and gourd-face pumpkins.	APTEX	(S)	(CC)	DVI	#417H

Daily Program Listing II

43.1

Date: 06/14/2017

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Wed, Jul 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ How to Make A Million Bucks!	APTEX	(S)	(CC)	DVI	#406H
	It is possible! If you start early and save consistently, you'll take advantage of the power of compound interest. You can make a million by working hard, spending less than you make, and saving, saving, saving. Meet a 16-year-old with a fashion recycling business.					
16:30:00	Hands On Crafts for Kids Discover The World	NETA	(S)	(CC)	DVI	#1711H
	Let's discover the world we live in and beyond. Katie and Jennie create a 3-D pop-up map of the planets together, and Franz explores the artistic use of dimension and space. Gather leaves, sticks and stones and then Jenny shows how to create a nature journal. She and Katie use water and paint to create a new fish species in silhouette. Katie blasts off with a jet pack made from recycled bottles and supplies from the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home Pay It Forward	APTEX	(S)	(CC)	N/A	#1403H
	Be inspired to pay it forward! From building homes for those in need, to inspiring children to garden, in this episode P. Allen Smith spotlights several groups and organizations that are doing their part giving back to the community.					
17:30:00	Growing A Greener World Urban Farm, Country Town - The Spark In Sparta (Sparta and Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#812H
	The Currey's are changing many lives in Sparta, GA. Early success with a backyard vegetable garden took off. With every new season, they continue to expand their farm to create new opportunities for a town that's now growing in far more ways than just a garden.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14143H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#515H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8078
19:30:00	In Good Shape Cardiac Arrhythmia	WNVC	(S)	(CC)	N/A	#425H
	Heart palpitations are usually harmless additional beats. But they can lead to dangerous situations and after-effects such as strokes. DW meets a cardiologist to find out why the heart can get out of step, and when it's time to go to the doctor. Also, is fluoride in toothpaste harmful? And new methods to combat excessive sweating.					
20:00:00	The Lowertown Line. The Lowertown Line: Davina and the Vagabonds	APTEX	(S)	(CC)	N/A	#120H
	Watch Davina and the Vagabonds blow the roof off, as they mix classic jazz standards with contemporary originals. The band performs in front of a live audience at the Twin Cities Public Television studios. Intimate conversations with Davina focus on the many hats she wears as bandleader, road manager, and business-person, her songwriting technique, and her insatiable need to collect items from the past.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#212H
	Artist: Master Series with Tom Russell, accompanied by Thad Beckman, and hosted by songwriter Eric Gnezda. Tom Russell, one of America's foremost songwriters, sits down with host, Eric Gnezda, for a one-on-one interview, in which he performs and discusses his work. Tom's songs have been recorded by Johnny Cash, Jerry Jeff Walker, Joe Ely, Nanci Griffith, Iris Dement, and Ramblin' Jack Elliott, among others. Legendary poet, Lawrence Ferlinghetti, said that Tom "is writing out of the wounded heart of America." Tom made five appearances on Late Show with David Letterman, and his songs have served as soundtracks in multiple movies and television series. He is also an author and painter. He and Thad perform "The Rose of Roscrae," "Hair Trigger Heart," and "Tularosa."					
21:00:00	Live at 9:30 Performances by Garbage, Ibeyi, El Vy and Misterwives, with comedy from Hannibal Buress and Breaking Bad's Lavelle Crawford.	NACC	(S)	(CC)	N/A	#101H
22:00:00	Maritime Silk Road: Birth of the Global Economy Marco Polo & The Mongols (12th -14th Century)	KNME	(S)	(CC)	N/A	#103H
	See how lacquerware was developed and produced by the Chinese. Discover how the Mongols incorporated foreigners and their technologies to conquer most of Eurasia that allowed Bubonic Plague to wipe out one-third of the world's population yet opened the door to the Renaissance. And, learn how the land-based Silk Road is more myth than reality.					

Wed, Jul 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	No Going Back: Women and the War	APTEX	(S)	(CC)	N/A	#0H
	<p>North of the Mason-Dixon line, the Industrial Revolution of the mid-19th century drew increasing numbers of women out of the home and into the factories. In the agrarian, antebellum South, no such exodus occurred. Many Southerners perceived the forces of modernization - including the early rumblings of the women's suffrage movement - as a threat to their traditional way of life. However, as Fort Sumter fell in April of 1861, so too would many firmly held cultural and societal beliefs about "a woman's place." Hardships and hunger forced ill-prepared, isolated and often uneducated Southern women into the public sphere to demand relief from the government and advocate for policy changes. NO GOING BACK: WOMEN AND THE WAR explores how the lives of women, and their roles in society, changed during and after the Civil War. Grammy-winning singer-songwriter Mary Chapin Carpenter narrates. Interviews with well-known historians and academics, reenactments at Civil War-era landmarks, and dramatic readings from the letters and journals of women, both free and enslaved, illuminate this fascinating chapter in American history.</p>					
23:00:00	Stagestruck: Confessions from Summer Stock	APTEX	(S)	(CC)	DVI	#0Z
	<p>STAGESTRUCK: CONFESSIONS FROM SUMMER STOCK takes a nostalgic look back at the 26-year history of America's first summer stock theater, the Orleans Arena Theatre on Massachusetts' Cape Cod. The one-hour documentary uses dramatic re-enactments, historical photos and engaging interviews with past members to capture the day-to-day challenges and joys of the summer stock experience. Beginning in 1950 and lasting until 1976, temperamental young actors and actresses would live together, work for pennies and do odd jobs in pursuit of refining their craft and creating a professional theatrical production each week. Author Kurt Vonnegut, an Orleans Arena Theatre alumnus, interjects humor and insight as he reflects on his time at the distinguished American art colony and its founders, Betsy and Gordon Argo.</p>					

Thu, Jul 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8078
00:30:00	In Good Shape Cardiac Arrhythmia	WNVC	(S)	(CC)	N/A	#425H
	Heart palpitations are usually harmless additional beats. But they can lead to dangerous situations and after-effects such as strokes. DW meets a cardiologist to find out why the heart can get out of step, and when it's time to go to the doctor. Also, is fluoride in toothpaste harmful? And new methods to combat excessive sweating.					
01:00:00	The Lowertown Line. The Lowertown Line: Davina and the Vagabonds	APTEX	(S)	(CC)	N/A	#120H
	Watch Davina and the Vagabonds blow the roof off, as they mix classic jazz standards with contemporary originals. The band performs in front of a live audience at the Twin Cities Public Television studios. Intimate conversations with Davina focus on the many hats she wears as bandleader, road manager, and business-person, her songwriting technique, and her insatiable need to collect items from the past.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#212H
	Artist: Master Series with Tom Russell, accompanied by Thad Beckman, and hosted by songwriter Eric Gnezda. Tom Russell, one of America's foremost songwriters, sits down with host, Eric Gnezda, for a one-on-one interview, in which he performs and discusses his work. Tom's songs have been recorded by Johnny Cash, Jerry Jeff Walker, Joe Ely, Nanci Griffith, Iris Dement, and Ramblin' Jack Elliott, among others. Legendary poet, Lawrence Ferlinghetti, said that Tom "is writing out of the wounded heart of America." Tom made five appearances on Late Show with David Letterman, and his songs have served as soundtracks in multiple movies and television series. He is also an author and painter. He and Thad perform "The Rose of Roscrae," "Hair Trigger Heart," and "Tularosa."					
02:00:00	Live at 9:30 Performances by Garbage, Ibeyi, El Vy and Misterwives, with comedy from Hannibal Buress and Breaking Bad's Lavelle Crawford.	NACC	(S)	(CC)	N/A	#101H
03:00:00	Maritime Silk Road: Birth of the Global Economy Marco Polo & The Mongols (12th -14th Century)	KNME	(S)	(CC)	N/A	#103H
	See how lacquerware was developed and produced by the Chinese. Discover how the Mongols incorporated foreigners and their technologies to conquer most of Eurasia that allowed Bubonic Plague to wipe out one-third of the world's population yet opened the door to the Renaissance. And, learn how the land-based Silk Road is more myth than reality.					
03:30:00	No Going Back: Women and the War	APTEX	(S)	(CC)	N/A	#0H
	North of the Mason-Dixon line, the Industrial Revolution of the mid-19th century drew increasing numbers of women out of the home and into the factories. In the agrarian, antebellum South, no such exodus occurred. Many Southerners perceived the forces of modernization - including the early rumblings of the women's suffrage movement - as a threat to their traditional way of life. However, as Fort Sumter fell in April of 1861, so too would many firmly held cultural and societal beliefs about "a woman's place." Hardships and hunger forced ill-prepared, isolated and often uneducated Southern women into the public sphere to demand relief from the government and advocate for policy changes. NO GOING BACK: WOMEN AND THE WAR explores how the lives of women, and their roles in society, changed during and after the Civil War. Grammy-winning singer-songwriter Mary Chapin Carpenter narrates. Interviews with well-known historians and academics, reenactments at Civil War-era landmarks, and dramatic readings from the letters and journals of women, both free and enslaved, illuminate this fascinating chapter in American history.					
04:00:00	Stagestruck: Confessions from Summer Stock	APTEX	(S)	(CC)	DVI	#0Z
	STAGESTRUCK: CONFESSIONS FROM SUMMER STOCK takes a nostalgic look back at the 26-year history of America's first summer stock theater, the Orleans Arena Theatre on Massachusetts' Cape Cod. The one-hour documentary uses dramatic re-enactments, historical photos and engaging interviews with past members to capture the day-to-day challenges and joys of the summer stock experience. Beginning in 1950 and lasting until 1976, temperamental young actors and actresses would live together, work for pennies and do odd jobs in pursuit of refining their craft and creating a professional theatrical production each week. Author Kurt Vonnegut, an Orleans Arena Theatre alumnus, interjects humor and insight as he reflects on his time at the distinguished American art colony and its founders, Betsy and Gordon Argo.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#300
08:00:00	Mixed Nutz Food for Thought	NETA	(S)	(CC)	N/A	#506H
	After viewing the interesting foods from around the world that his friends bring for lunch, Michael's peanut butter and jelly sandwich looks more boring than ever. To top it off, his Dad only promotes eating the same things. Lucky for Michael, his Mom decides to have a pot luck dinner party, and Michael and his Dad both get to experience international flavors. Lesson: Appreciate what you have but also keep an open mind and try new things.					

Thu, Jul 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus Mixed Up Violins	APTEX	(S)	(CC)	DVI	#106
	A bishop asks the Mozart family, now on a concert tour, to take a valuable violin to Munich as a present for the prince-elect. As always, Devilius wants to get the Mozarts into trouble, so he replaces the valuable violin with a worthless old fiddle. He hopes to make it look like the Mozarts sold the valuable violin in order to make money. Then, Devilius will simply hand over the real violin and receive generous praise. In the end, Amadeus' musical genius takes center stage and thwarts Devilius' plans. The Music: "Violin Concerto in G" K. 216; "Divertimento in F" K. 138; "Violin Concerto in B" K. 207; et al. Additional Content: Monti explains violins' place among the string instruments or "strings." Then, he demonstrates the different sizes of a viola, a violin, a cello and a contrabass (double bass) and viewers hear the sounds they make.					
09:00:00	Functional Fitness with Suzanne Andrews Better Balance	ACCES		(CC)	N/A	#109H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Quad & Hips	APTEX	(S)	(CC)	DVI	#908H
10:00:00	Sit and Be Fit Fundamental Moves:	NETA	(S)	(CC)	N/A	#1220H
	In this episode Mary Ann mixes the good old standards with new moves for a fun and effective full body workout.					
10:30:00	Fit 2 Stitch Grocery Shopping and Errands	NETA	(S)	(CC)	N/A	#411H
	Learn how to fit a halter top that flatters and is easy to wear. Then, make a simple, comfortable wrap to look chic when shopping and running errands.					
11:00:00	Knit and Crochet Now! Kiddie Toys	APTEX	(S)	(CC)	DVI	#608H
	Special guest Jenny King drops by to show off her crochet Rupert The Rabbit toy, and on the knit side Kristin makes an adorable Amigarumi Cat by Michele Wilcox. The crochet Mosaic Scarf is demonstrated by Lena.					
11:30:00	Fons & Porter's Love of Quilting Cabins at the Lake	NETA	(S)	(CC)	N/A	#2507H
	The Cabins at the Lake quilt utilizes simple piecing techniques and an introduction to foundation paper piecing.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6259H
13:00:00	The Jazzy Vegetarian Summer Soiree	NETA	(S)	(CC)	DVI	#502H
	Host Laura Theodore prepares a scrumptious summer meal. This easy menu starts with chilled Cashew, Cucumber and Basil Soup paired with a vegan version of a seafood favorite - Not So Crabby Cakes, served with Classic Cocktail Sauce. For dessert, Deep Dark Chocolate Truffle Pudding is sure to please the chocolate lovers at your table.					
13:30:00	Mike Colameco's Real Food Sicily Part 2	NETA	(S)	(CC)	N/A	#1416H
	Part 2 of the Sicily show.					
14:00:00	Joanne Weir's Cooking Confidence Bistro Style	APTEX	(S)	(CC)	N/A	#210H
	Farm fresh lettuces get just a bit of enhancement from a delicious green goddess dressing in Joanne's salad. Her student, Aggie, learns a few simple secrets to making great pie crusts, an they decide to make a savory galette topping their crust with a savory filling of mushrooms and blue cheese. Recipes: Butter Lettuce with Green Goddess Dressing, Mushroom and Blue Cheese Galette. Student: Aggie Gettys.					
14:30:00	New Scandinavian Cooking The Mountain Region of Sothern Norway "On Top of Norway"	APTEX	(S)	(CC)	N/A	#207H
	Host Andreas Viestad ventures to the tallest mountain in Norway: Galdopiggen. Then, Andreas prepares some desserts using the fruits of summer, including sweet and tart berries.					

Thu, Jul 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Bodybuilding with Resin Bulk up your jewelry design skills. Designer Susan Lenart warms up and works out by adding tints, glitter, graphics and bits of nature to layers of resin. She adds feathers, leather, threads and wires to create organic jewelry designs. Ana Piliguian cools down by polishing resin elements to create high-gloss finishes.	NETA	(S)	(CC)	N/A	#2509H
15:30:00	Katie Brown Workshop Thanksgiving Guest chefs from Frankie's restaurant put a new twist to the traditional Thanksgiving dinner with salad, stuffing and apple tart. Join the Katie Brown Workshop crew to create a stylish feather wreath and a burlap feather centerpiece.	APTEX	(S)	(CC)	DVI	#418H
16:00:00	Biz Kid\$ Scam-A-Rama (Protect Yourself from Being Scammed) It's a complicated world and there are many ways you can be taken advantage of or cheated. Learn how to recognize a scam, and how to protect yourself from identify theft, pyramid schemes, and more.	APTEX	(S)	(CC)	DVI	#407H
16:30:00	Hands On Crafts for Kids Just for Fun It's important to have fun and today's projects are fun to make and to use. Katie creates a fuzzy mustache board will tickle you. Franz and his son, Axel play with paints, pencils, crayons, colors and techniques to find new ways of expression. Jenny and Katie let their imaginations go to create colorful pencil toppers. From the Family Craft Box, add empty paper rolls and colored paper to create a reversible playscape mat.	NETA	(S)	(CC)	DVI	#1712H
17:00:00	P. Allen Smith's Garden Home The Future A look at the latest in garden and design innovations and how to incorporate them into your home and outdoor spaces.	APTEX	(S)	(CC)	N/A	#1404H
17:30:00	Growing A Greener World New Ways of Growing America's Favorite Vegetable - Where Inspiration and Expert grower, Brie Arthur turns conventional tomato-growing wisdom upside down. In this episode, Brie charts new ground to find the latest methods and new opportunities to grow tomatoes in the most unconventional ways.	APTEX	(S)	(CC)	N/A	#813H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14144H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1404H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8079
19:30:00	Native Report Come with us to a Sunday protest by thousands at the Tribal Nations Plaza at Twin Cities Federal Stadium as part of The Change the Mascot national campaign to end the use of a racial slur as part of the name of a professional football team from Washington D.C. Then we go into the studio and hear a performance by award winning rapper Chase Manhattan. And as we continue to celebrate our tenth season, we remember the impact made by the legendary Billy Franks Jr. on Native communities across Indian Country. We also hear what the Elders want to say and learn something new about Indian Country on this Native Report.	WDSE	(S)	(CC)	N/A	#1009H
20:00:00	Backstage Pass Good Cookies Bandleader and drummer Mike Daniels brings together some of Michigan's most talented veteran players for a set of swinging, rocking, soulful blues. Includes "Messin' with the Kid" and "Bacon Fat." With Steve Pinckney, guitar; Doc Yankee, keyboards; Dave Dudt, keyboards, trombone; Mike Smalley, bass; Gary Clavette, sax. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#708H
20:30:00	Music Voyager Pueblo, Co The Music Voyager team travels to Pueblo, Colorado to experience the ways in which this industrious city has promoted creative expressions to revitalize the community. Host Jacob Edgar meets Inaiah Lujan, the founder of the band The Haunted Windchimes. Lujan and other local artists and musicians go on a journey across Pueblo, a town blessed with perpetual sunshine, a proud and culturally diverse community, and ample amounts of Pueblo chili peppers. Along the way, they discover that Pueblo embodies the American experience, from the pioneer days to the eras of industrialization and immigration.	APTEX	(S)	(CC)	N/A	#602H

Daily Program Listing II

43.1

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Thu, Jul 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Xerox Rochester International Jazz Festival Quinn Bachand's Brishen / Mike Herriott Quartet	APTEX	(S)	(CC)	N/A	#802H
	Twenty year old Quinn Bachand is one of Canada's most outstanding young musicians. With diverse musical talents and a bottomless pool of creativity, Quinn Bachand is an experienced performer, a prodigious guitar player and gifted multi-instrumentalist who is at ease playing a wide range of styles, from Celtic to Jazz. A devoted Django fan and lover of Gypsy Jazz, Quinn has assembled a top-notch ensemble of jazz manouche players to form BRISHEN, a sizzling hot gypsy jazz and swing band. Canadian trumpeter, Mike Herriott, a respected multi-instrumentalist in both the classical and jazz genres, is in demand as a lead trumpeter, jazz improviser, orchestral soloist, bassist, arranger and composer. He has toured extensively through North America and South East Asia and has shared the stage with a host of luminaries, including Maynard Ferguson, Michael Buble, and Slide Hampton.					
22:00:00	Heart of the World: Colorado's National Parks	APTEX	(S)	(CC)	N/A	#102H
	Water focuses on the distinct ways that water forms the landscapes, and the unique life it helps to create and sustain life in Rocky Mountain National Park, Great Sand Dunes National Park and Preserve, Colorado National Monument, Black Canyon of the Gunnison National Park, and Mesa Verde National Park.					
23:00:00	Stories of the Mind Best Practices for Better Care	NETA	(S)	(CC)	N/A	#108H
	Stories in San Antonio, Chicago and Fort Worth highlight programs that work: best practices for a positive impact on mental health in their communities.					
23:30:00	Stories of the Mind Recovering from Trauma	NETA	(S)	(CC)	N/A	#208H
	Two actors overcome their troubled pasts to move strongly into the future.					

Fri, Jul 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8079
00:30:00	Native Report Come with us to a Sunday protest by thousands at the Tribal Nations Plaza at Twin Cities Federal Stadium as part of The Change the Mascot national campaign to end the use of a racial slur as part of the name of a professional football team from Washington D.C. Then we go into the studio and hear a performance by award winning rapper Chase Manhattan. And as we continue to celebrate our tenth season, we remember the impact made by the legendary Billy Franks Jr. on Native communities across Indian Country. We also hear what the Elders want to say and learn something new about Indian Country on this Native Report.	WDSE	(S)	(CC)	N/A	#1009H
01:00:00	Backstage Pass Good Cookies Bandleader and drummer Mike Daniels brings together some of Michigan's most talented veteran players for a set of swinging, rocking, soulful blues. Includes "Messin' with the Kid" and "Bacon Fat." With Steve Pinckney, guitar; Doc Yankee, keyboards; Dave Dudt, keyboards, trombone; Mike Smalley, bass; Gary Clavette, sax. Recorded at Michigan BluesFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#708H
01:30:00	Music Voyager Pueblo, Co The Music Voyager team travels to Pueblo, Colorado to experience the ways in which this industrious city has promoted creative expressions to revitalize the community. Host Jacob Edgar meets Inaiah Lujan, the founder of the band The Haunted Windchimes. Lujan and other local artists and musicians go on a journey across Pueblo, a town blessed with perpetual sunshine, a proud and culturally diverse community, and ample amounts of Pueblo chili peppers. Along the way, they discover that Pueblo embodies the American experience, from the pioneer days to the eras of industrialization and immigration.	APTEX	(S)	(CC)	N/A	#602H
02:00:00	Xerox Rochester International Jazz Festival Quinn Bachand's Brishen / Mike Herriott Quartet Twenty year old Quinn Bachand is one of Canada's most outstanding young musicians. With diverse musical talents and a bottomless pool of creativity, Quinn Bachand is an experienced performer, a prodigious guitar player and gifted multi-instrumentalist who is at ease playing a wide range of styles, from Celtic to Jazz. A devoted Django fan and lover of Gypsy Jazz, Quinn has assembled a top-notch ensemble of jazz manouche players to form BRISHEN, a sizzling hot gypsy jazz and swing band. Canadian trumpeter, Mike Herriott, a respected multi-instrumentalist in both the classical and jazz genres, is in demand as a lead trumpeter, jazz improviser, orchestral soloist, bassist, arranger and composer. He has toured extensively through North America and South East Asia and has shared the stage with a host of luminaries, including Maynard Ferguson, Michael Buble, and Slide Hampton.	APTEX	(S)	(CC)	N/A	#802H
03:00:00	Heart of the World: Colorado's National Parks Water focuses on the distinct ways that water forms the landscapes, and the unique life it helps to create and sustain life in Rocky Mountain National Park, Great Sand Dunes National Park and Preserve, Colorado National Monument, Black Canyon of the Gunnison National Park, and Mesa Verde National Park.	APTEX	(S)	(CC)	N/A	#102H
04:00:00	Stories of the Mind Best Practices for Better Care Stories in San Antonio, Chicago and Fort Worth highlight programs that work: best practices for a positive impact on mental health in their communities.	NETA	(S)	(CC)	N/A	#108H
04:30:00	Stories of the Mind Recovering from Trauma Two actors overcome their troubled pasts to move strongly into the future.	NETA	(S)	(CC)	N/A	#208H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#301
08:00:00	Mixed Nutz Persian Adventures With the help of a mysterious artist and some magical paintings, Babak, Saman and Sousanne travel through Iran to learn that with a little faith and imagination one can make the mundane really fun. Lesson: Having the ability to use one's imagination and maintaining an open mind can make everyday an adventure.	NETA	(S)	(CC)	N/A	#507H

Fri, Jul 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus Rumors Devilius maliciously spreads the rumor that all of Amadeus' compositions were written by his father, Leopold Mozart. As a result, the Bishop organizes a competition in which Amadeus must compete against Devilius. An herbalist mixes a special ink for Devilius that makes Amadeus' composition disappear. Can Amadeus uncover Devilius' terrible plot before time runs out? The Music: "Serenade in G" ("A Little Serenade") K. 525; Aria of the "Koenigin der Nacht" from "The Magic Flute" K. 620; "Clarinet Concerto in A" K. 622; et al. Additional Content: Monti shows a collection of backgrounds and scenes from the series that correspond to actual places in Salzburg, Mozart's hometown. Monti uses these scenes on the Web site to create an historic city video, set to the series' theme music.	APTEX	(S)	(CC)	DVI	#107
09:00:00	Functional Fitness with Suzanne Andrews Diabetes	ACCES		(CC)	N/A	#110H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Posture Workout	APTEX	(S)	(CC)	DVI	#909H
10:00:00	Sit and Be Fit Kinesthetic Awareness This Sit and Be Fit episode focuses on the importance of kinesthetic awareness and weight shifting as they relate to balance.	NETA	(S)	(CC)	N/A	#1301H
10:30:00	Fit 2 Stitch Beach and Outdoor Activities When you head outdoors, be stylish and smart. Learn to make an on-trend wide-brimmed hat. Then, with just two pattern pieces, make a cool cover up.	NETA	(S)	(CC)	N/A	#412H
11:00:00	Knit and Crochet Now! Handwarmers Drew is back to try his "hand" at knitting with the Scalloped Fingerless Gloves and Robyn shows us her crochet Doily Wristlets. Lena demonstrates a knit Star Stitch Cowl.	APTEX	(S)	(CC)	DVI	#609H
11:30:00	Fons & Porter's Love of Quilting Stippled Owl Pillow Mary Fons and Sara Gallegos show you the wonders of the technology that makes embroidery and stippling quick and easy.	NETA	(S)	(CC)	N/A	#2508H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6260H
13:00:00	Ellie's Real Good Food Cheese-Crazy Daddy We all love cheese - who doesn't? But there can be too much of a good thing. Ellie answers an SOS from a home where cheese has completely taken over the menu. Ellie, a self-proclaimed cheesehead herself, shows how to keep from going overboard with cheese and instead utilize its best assets - its great flavor and health benefits. Recipes: Skillet mac and cheese; Parmesan-crust chicken breast ; Pan-steamed broccoli with lemon, garlic and parsley.	APTEX	(S)	(CC)	N/A	#104H
13:30:00	Kevin Dundon's Modern Irish Food Transformations Kevin serves up a crock of Kilmore Quay mussels with bacon in white wine. Next it's chicken thighs with Asian stuffing and a sticky teriyaki glaze followed by Hasselback potatoes; cherry tomato and roasted garlic soup; and a Kinky Eton mess served with basil oil.	APTEX	(S)	(CC)	N/A	#103H
14:00:00	Chef John Besh's New Orleans Creole Matzos Ball Soup, Passover Artichokes, and Blood Orange Creme Brulee.	APTEX	(S)	(CC)	DVI	#109H
14:30:00	Essential Pepin Shell-Ebration Crab Cakes With Avocado Sauce; Oysters Madison; Mussels Poulette; Mussels Gratinee; Clam Fritters.	APTEX	(S)	(CC)	DVI	#116H
15:00:00	Beads, Baubles and Jewels Leather Workout Give your leather designs a real workout. Jewelry designer Katie Hacker warms up by creating a choker necklace with beads and leather cord. Jewelry-maker Jill MacKay cuts leather shapes and adds stamps, paint and beads. Then, she cools down by adding metallic effects to leather motifs.	NETA	(S)	(CC)	N/A	#2510H

Fri, Jul 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Polka Dot Party Inspired by the polka-dot, Katie cooks some dotted goodies: honey carrot muffins, polka dotted pizza and a watermelon stack. Projects: a colorful birthday banner and zany Willy Wonka-inspired flowers.	APTEX	(S)	(CC)	DVI	#419H
16:00:00	Biz Kid\$ The Value of Money With many currencies around the world, what determines the value of money? What are the factors that raise or lower the value of the american dollar? Why is the dollar measured against the chinese yuan, the japanese yen, or the euro? Learn why the value of the dollar is important in your life.	APTEX	(S)	(CC)	DVI	#408H
16:30:00	Hands On Crafts for Kids Use It Use what you make and get double fun from your crafts. Weave hip survival bracelets with some tips from Katie. Franz uses everyday objects to make a robot storage container. Blogger Rachel Howard and her kids make a miniature construction site for toy earth-moving equipment! Use items from the Family Craft Box and recycle old road maps to craft a travel case full of learning games and activities - and treats, too!	NETA	(S)	(CC)	DVI	#1713H
17:00:00	P. Allen Smith's Garden Home Your Happy Place What is your bliss? Do you have one? Let P. Allen Smith help you find and cultivate it.	APTEX	(S)	(CC)	N/A	#1405H
17:30:00	Growing A Greener World Creating An Edible Fruit Garden: Atlanta, Ga The first step for most new food gardeners is the addition of a few vegetable and herb plants. Yet once they're hooked, the desire to grow more and different plants and varieties grows as well. From the classic food garden, this episode takes home gardeners to the next step of adding a wide assortment of fruit trees and shrubs for their personal backyard orchard. In this episode, host Joe Lamp'I installs several fruit trees and shrubs on the GGW Garden Farm, while sharing everything you need to know for homegrown success, even if only on a deck or patio.	APTEX	(S)	(CC)	N/A	#501H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14145H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1328H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8080
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#927H
20:00:00	Song of the Mountains Carolina Blue/Moron Brothers	NETA	(S)	(CC)	N/A	#1123H
21:00:00	Woodsongs Celebrating The Legacy of the Carter Family The Carter Family are considered the most influential group in country music history. Comprised of a gaunt, shy gospel quartet member named Alvin P. Carter and two reserved country girls -- his wife, Sara, and their sister-in-law, Maybelle -- the Carter Family sang a pure, simple harmony that influenced not only the numerous other family groups of the '30s and the '40s, but folk, bluegrass, and rock musicians like Woody Guthrie, Bill Monroe, the Kingston Trio, Doc Watson, Bob Dylan, and Emmylou Harris, to mention just a few. Among the more than 300 sides they recorded are "Worried Man Blues," "Wabash Cannonball," "Will the Circle Be Unbroken," "Wildwood Flower," and "Keep on the Sunny Side." This WoodSongs Special Event Broadcast will be celebrating the Legacy of the Carter Family and will feature: John Carter Cash has been involved in music all his life and is an accomplished and award winning record producer. However, his activities in the creative world reach far beyond just music production. He is also a singer-songwriter, and author. The grandson of Maybelle Carter and the only son to Johnny Cash and June Carter Cash, he preserves the family legacy and is a caretaker to the heritage of his musical ancestors. Dale Jett is a native of Southwest Virginia and is a third generation member of the legendary Carter Family. The son of Janette Carter, the grandson of A.P. and Sara Carter, his roots have been heavily steeped within the heart of his family's musical heritage. Their group, "Hello Stranger", features Dale as he carries on the Carter Family tradition. Al, Alice & Ruth are a Berea-based Appalachian and bluegrass trio. They toured for years as part of the McLain Family Band, a world-renowned family bluegrass band and Kentucky musical treasure.	NETA	(S)	(CC)	N/A	#1804H
22:00:00	Film School Shorts Aspirations At a beach, in the snow, and underwater, stop-motion short Bottle details a transoceanic conversation between two characters via objects in a bottle. Directed by Kirsten Lepore. In Glory Days, Jack, a recovering alcoholic and divorced father of two, has to look after his kids on New Year's weekend. Directed by Benjamin Rutkowski. Then Lea chronicles the life of a delusional actress with an affinity for burning bridges as she struggles to connect with the role that could make her career. Directed by Connor Simpson.	NETA	(S)	(CC)	N/A	#405H

Daily Program Listing II

43.1

Date: 06/14/2017

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Fri, Jul 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	On Story Freaks & Muppets: A Conversation with Jason Segel As charming as any muppet, actor/writer Jason Segel relays how he was destined for the stage at an early age and how, from goofball to vampire puppet musical to full frontal nudity, he's formed a family of weirdos in film and television.	NETA	(S)	(CC)	N/A	#707H
23:00:00	Science Goes to the Movies Mummification Rituals Around The World Guest: Dr. David Hurst Thomas. Movie: The Mummy! The Mummy is rising once again! Fact and fiction from a guy who knows, the American Museum of Natural History's Dr. David Hurst Thomas.	EPS	(S)	(CC)	N/A	#403H
23:30:00	Theater Talk Ethan Mordden, When Broadway Went to Hollywood Author and musical theatre historian Ethan Mordden charts the volatile and galvanizing influence of Broadway on Hollywood (and vice versa) throughout the twentieth century, in his latest book, When Broadway Went to Hollywood.	EPS	(S)	(CC)	N/A	#1035H

Sat, Jul 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8080
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#927H
01:00:00	Song of the Mountains Carolina Blue/Moron Brothers	NETA	(S)	(CC)	N/A	#1123H
02:00:00	Woodsongs Celebrating The Legacy of the Carter Family	NETA	(S)	(CC)	N/A	#1804H
	<p>The Carter Family are considered the most influential group in country music history. Comprised of a gaunt, shy gospel quartet member named Alvin P. Carter and two reserved country girls -- his wife, Sara, and their sister-in-law, Maybelle -- the Carter Family sang a pure, simple harmony that influenced not only the numerous other family groups of the '30s and the '40s, but folk, bluegrass, and rock musicians like Woody Guthrie, Bill Monroe, the Kingston Trio, Doc Watson, Bob Dylan, and Emmylou Harris, to mention just a few. Among the more than 300 sides they recorded are "Worried Man Blues," "Wabash Cannonball," "Will the Circle Be Unbroken," "Wildwood Flower," and "Keep on the Sunny Side." This WoodSongs Special Event Broadcast will be celebrating the Legacy of the Carter Family and will feature: John Carter Cash has been involved in music all his life and is an accomplished and award winning record producer. However, his activities in the creative world reach far beyond just music production. He is also a singer-songwriter, and author. The grandson of Maybelle Carter and the only son to Johnny Cash and June Carter Cash, he preserves the family legacy and is a caretaker to the heritage of his musical ancestors. Dale Jett is a native of Southwest Virginia and is a third generation member of the legendary Carter Family. The son of Janette Carter, the grandson of A.P. and Sara Carter, his roots have been heavily steeped within the heart of his family's musical heritage. Their group, "Hello Stranger", features Dale as he carries on the Carter Family tradition. Al, Alice & Ruth are a Berea-based Appalachian and bluegrass trio. They toured for years as part of the McLain Family Band, a world-renowned family bluegrass band and Kentucky musical treasure.</p>					
03:00:00	Film School Shorts Aspirations	NETA	(S)	(CC)	N/A	#405H
	<p>At a beach, in the snow, and underwater, stop-motion short Bottle details a transoceanic conversation between two characters via objects in a bottle. Directed by Kirsten Lepore. In Glory Days, Jack, a recovering alcoholic and divorced father of two, has to look after his kids on New Year's weekend. Directed by Benjamin Rutkowski. Then Lea chronicles the life of a delusional actress with an affinity for burning bridges as she struggles to connect with the role that could make her career. Directed by Connor Simpson.</p>					
03:30:00	On Story Freaks & Muppets: A Conversation with Jason Segel	NETA	(S)	(CC)	N/A	#707H
	<p>As charming as any muppet, actor/writer Jason Segel relays how he was destined for the stage at an early age and how, from goofball to vampire puppet musical to full frontal nudity, he's formed a family of weirdos in film and television.</p>					
04:00:00	Science Goes to the Movies Mummification Rituals Around The World	EPS	(S)	(CC)	N/A	#403H
	<p>Guest: Dr. David Hurst Thomas. Movie: The Mummy! The Mummy is rising once again! Fact and fiction from a guy who knows, the American Museum of Natural History's Dr. David Hurst Thomas.</p>					
04:30:00	Theater Talk Ethan Mordden, When Broadway Went to Hollywood	EPS	(S)	(CC)	N/A	#1035H
	<p>Author and musical theatre historian Ethan Mordden charts the volatile and galvanizing influence of Broadway on Hollywood (and vice versa) throughout the twentieth century, in his latest book, When Broadway Went to Hollywood.</p>					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#302
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Sulphur Crested Cockatoo	APTEX	(S)	(CC)	N/A	#501H
	<p>Gary's first painting in this new series is a silver-white crested Cockatoo. This beautiful bird is a fairly simple painting made up of many parts. In the background, Gary paints jungle plants which are common in Indonesia, the habitat of this beautiful bird.</p>					
08:30:00	Painting with Wilson Bickford Out to Pasture, Part 1	NETA	(S)	(CC)	N/A	#208H
	<p>Old cars and trucks have a lot of character - and make great painting subjects! In this piece, an old truck has been left to rust in a flowery pasture. In Part 1, Wilson masks out the truck and starts the background.</p>					

Sat, Jul 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Landscapes Through Time with David Dunlop John Singer Sargent's Venice John Singer Sargent (1856-1925) travels to Venice many times over a 40-year period and paints dazzling plein air watercolor landscapes, turning away from portraiture. David paints a watercolor demonstration at the famous Piazza dei Giovanni e Paolo, the same scene painted by Sargent and centuries of painters, exploring his color theory and painting technique.	NETA	(S)	(CC)	DVI	#203H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: for the Back	APTEX	(S)	(CC)	DVI	#910H
10:00:00	Sit and Be Fit Static Balance Weights are incorporated into the standing exercises to challenge static balance.	NETA	(S)	(CC)	N/A	#1302H
10:30:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
11:00:00	Delicious TV's Vegan Mashup Cooking for Teens Encouraging your kids to eat healthier meals just got easier when our chefs pull out all the stops on these fun and easy recipes. Tempeh Chorizo Soft Tacos/Citrus Salad/Tofu BLT/No Queso Quesadilla.	NETA	(S)	(CC)	DVI	#105H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless A Place of Deeply Rooted Innovation If you could define the singular challenge facing Yucatecan chefs, it's about honoring the past while pushing forward. Perhaps no one is more emblematic of the effort than Pedro Evia, co-owner of Ku'uk, a molecular fine dining palace housed in a restored Merida mansion. Rick and Pedro start their day talking tradition over tacos at Wayan'e, a busy family-run taco stand in Merida. Then, Pedro invites Rick to his home, where Pedro and his mother make traditional sopa de lentejas. At Ku'uk, Pedro shows us his ultra-modern take on the same dish. Back in Chicago, Rick makes recado negro to complement cured duck. At home, he makes tacos with eggs and burnt habanero salsa, avocado and red onion - the perfect chef's late-night snack.	APTEX	(S)	(CC)	N/A	#1109H
12:00:00	Lidia's Kitchen Steak House Favorites Steak is a favorite in many American households, and this episode is a tribute to the nice juicy dish and showcase not only one of Lidia's preferred preparations but two other recipes that work well for a special steak house evening at home. Featured recipes include seared steak with mushroom sauce and braised escarole; baked potatoes with pancetta and oregano; and an almond cake with chocolate chips.	APTEX	(S)	(CC)	N/A	#415H
12:30:00	Moveable Feast with Fine Cooking San Antonio, Texas On this episode of Movable Feast with Fine Cookin, host Pete Evans joins "Rising Star Chef" Jason Dady and chef Diana Barrios Trevino in San Antonio for a Tex-Mex feast. Their first stop is the Sanitary Tortilla Company, supplier of tortillas to over 85 restaurants across Texas, for some handmade tortillas. Next Pete and Diana visit Bending Branch Winery to select some local wines for their meal. For dinner, Jason cooks up a roasted chile salsa while Diana prepares her fresh salsa and one of the main dishes - puffy chicken tacos with a side of classic rice and beans. Jason's main dish is beef fajitas with tomatillo-walnut mole, pickled pepperonata, and fresh tortillas. For dessert, Chef Jason prepares a delicious wood-fired strawberry crostata with ice cream.	APTEX	(S)	(CC)	N/A	#306H
13:00:00	Expeditions with Patrick Mcmillan The Clemson Forest - A Backyard Bounty of Life How important is your suburban woodland or even your backyard to the ecology of the continent and the globe? The Clemson Experimental Forest is over 17,000 acres of woodland and pastoral agricultural land surrounded by a suburban and agricultural landscape in the piedmont of South Carolina. It doesn't boast lofty summits, towering waterfalls or rushing rivers but it does contain a world-class diversity of plants and animals that is difficult to surpass in the highly modified piedmont landscape.	APTEX	(S)	(CC)	N/A	#310H
13:30:00	Weekends with Yankee Back to the Land New England's landscape is vast and varied-from small farms to sprawling forests, green valleys to rocky mountaintops. Today on Weekends with Yankee, we visit the Well at Jordan's Farm, where one small farm gives new meaning to "farm to table" dining by serving its own produce at an alfresco restaurant just steps from the fields. Then we travel south to Connecticut's Grace Farms, where we meet some incredible birds of prey. And we conclude with a lesson in fly-fishing from angler, artist, and author James Prosek.	APTEX	(S)	(CC)	N/A	#110H

Sat, Jul 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Rick Steves' Europe Southeast England	APTEX	(S)	(CC)	N/A	#909H
	Arcing along the southeast coast of England, Rick travels from Canterbury (with its famous cathedral) to Dover (stoutly fortified from Roman times to the Battle of Britain). Then he hikes the trails that top the towering chalk cliffs of the South Downs, wander into the beachy resort of Brighton (England's Coney Island), and push on to Portsmouth, whose naval heritage has left it with the best collection of historic sailing ships anywhere.					
14:30:00	Born to Explore with Richard Wiese	APTEX	(S)	(CC)	N/A	#119H
	Deep in the heart of Uganda lies the Bwindi Impenetrable Forest, one of the world's last refuges for mountain gorillas. Richard Wiese joins a group of trackers as they come face to face with these extraordinary elusive creatures. He meets a tribe of Batwa Pygmies, who lived amidst the gorillas in the Bwindi Forest. He finds out how these people have adapted to a new life in the village after moving out of the forest to save their primate neighbors.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4703H
	Spring in the garden can be a wonderful time. It's great to be outside once again and many of the plants are breathtaking. GardenSMART visits with an expert who shows us how and why he has chosen these plants and how he cares for them. A beautiful show and a lot to learn. Be sure to join us this week as we GardenSMART.					
15:30:00	Chefs A' Field Sweet Nectar	APTEX	(S)	(CC)	N/A	#205H
	World's First Organic Fair-Trade Honey & Blue Agave Syrup from Mexico. Chef Richard Sandoval: Modern Mexican Restaurants - New York; Dubai; Las Vegas; Denver; Tysons Corner, VA; Washington, D.C.; Mexico City; Acapulco This episode accompanies Chef Richard Sandoval, world-famous for his modern Mexican cuisine, on a journey to the outer reaches of Mexico, from the dense jungles of Quintana Roo to the mountaintops of Jalisco to the Pacific cliffs outside Acapulco. We see how the world's first organic fair-trade honey is harvested by native Mayans, and Chef Sandoval shows how to tap the rare blue agave for its syrup. In the kitchen, a Mexican feast is prepared by three generations of Sandovals. Recipes: Salmon Terrine with Chile Guajillo a la Blue Agave; Camarones de la Vera Cruz (& a Touch of Honey).					
16:00:00	Conversations in the Digital Age with Jim Zirin Has Hacking Become A National Security Issue?	EPS	(S)	(CC)	N/A	#104H
	Guest: Adam Segal, Author, "The Hacked World Order". The Russians hacked the DNC and Hillary Clinton's private server. The North Koreans hacked SONY. The U.S. hacked Angela Merkel's cell phone and Dilma Rouseff's email. The U.S. and the Israelis hacked Iran's nuclear installation in Natanz, and set the program back for at least five years. Council on Foreign Relations cyber-security expert Adam Segal tells Jim Zirin that whether on offense or defense, America lives in a new hacked world order.					
16:30:00	Overheard with Evan Smith David Brown, Retired Dallas Police Chief	NETA	(S)	(CC)	N/A	#725H
	David Brown is a thirty-three-year veteran of the Dallas Police Department, from which he retired as chief in October 2016. Now a correspondent for ABC News, he is also an adviser for Texas organizations focused on positively influencing early childhood education efforts, mental health awareness and treatment, and assistance for formerly incarcerated persons. His first book titled Called to Rise hits shelves this June.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Soap Maker	APTEX	(S)	(CC)	N/A	#308H
	Host Eric Gorges and master soap maker, Deb Kraemer, stir it up with essential oils and herbs. For a guy who likes to get his hands dirty, Eric cleans up nicely.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3528H
18:30:00	The Open Mind Full-Hearted Hymns	NETA		(CC)	N/A	#3748H
	Guest: Madeleine Peyroux. French-American songwriter Madeleine Peyroux talks about her soulful music at a time of political unease.					
19:00:00	Closer to Truth Implications of Cosmology?	EPS	(S)	(CC)	N/A	#1503H
	The universe is strange and wondrous-dauntingly vast, menacingly violent, infinitely complex. There are explanations, but is there a final explanation?					
19:30:00	American Forum Where Does U.S. Relationship with Mexico Go Now?	NETA	(S)	(CC)	N/A	#238H
	Historian GERALDO CADAVA on our biggest neighbor and a difficult new America for immigrants.					

Daily Program Listing II

43.1

Date: 06/14/2017

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Sat, Jul 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live The Weight Band	APTEX	(S)	(CC)	N/A	#602H
	The musical legacy of Rock and Roll Hall of Fame rock roots group The Band is carried on by The Weight Band with original The Band member Jim Weider and Band close friends Brian Mitchell of the Levon Helm Band and keyboardist Marty Grebb, along with Albert Rogers, and Michael Bram of the Jason Mraz band. With exceptional musicianship, The Weight Band performs songs that keep alive the music that defined an era, playing The Band's biggest hits including "Up on Cripple Creek," "Rag Mama Rag," "The Night They Drove Old Dixie Down" and their namesake song "The Weight." They premiere the gutsy "Never Too Old" a Band demo that they have finished and recorded.					
21:00:00	Front and Center Southside Johnny	APTEX	(S)	(CC)	N/A	#704H
	The Godfather of "the New Jersey Sound," Southside Johnny performs in front of an audience of his biggest fans. Southside Johnny and the Asbury Jukes have become a staple in the New Jersey music scene having released twelve studio albums since 1976 and featuring a rotating group of members such as Bruce Springsteen, Jon Bon Jovi, and Steve Van Zandt.					
22:00:00	Globe Trekker Myanmar	APTEX	(S)	(CC)	N/A	#1616H
	Megan McCormick starts her journey in Yangon with a visit to Shwedagon Pagoda, the most revered Buddhist temple in Myanmar. Next she visits Inle Lake and then heads to the Shan Palace in the town of Hsipaw, where she uncovers a centuries-old tribal rivalry. Megan travels by train to Mandalay to visit the golden Mahamuni Buddha and to try her hand at puppetry. She makes her way to the Chin State and then on to Bagan, once the capital city. Megan's last stop is the Rahkine State where she boards a boat to Ngapali Beach, the ultimate beach destination.					
23:00:00	Arts In Context Sing Me A Lullaby	NETA		(CC)	N/A	#708H
	Austin Classical Guitar Society's Lullaby Project helps teen mothers compose lullabies for their babies. The group's goal is to use music's profound ability to provide a sense of achievement, connection, and joy for the teens.					
23:30:00	Articulate with Jim Cotter Feminist Fatale	APTEX	(S)	(CC)	N/A	#112H
	Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.					

Sun, Jul 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Implications of Cosmology? The universe is strange and wondrous-dauntingly vast, menacingly violent, infinitely complex. There are explanations, but is there a final explanation?	EPS	(S)	(CC)	N/A	#1503H
00:30:00	American Forum Where Does U.S. Relationship with Mexico Go Now? Historian GERALDO CADAVA on our biggest neighbor and a difficult new America for immigrants.	NETA	(S)	(CC)	N/A	#238H
01:00:00	Infinity Hall Live The Weight Band The musical legacy of Rock and Roll Hall of Fame rock roots group The Band is carried on by The Weight Band with original The Band member Jim Weider and Band close friends Brian Mitchell of the Levon Helm Band and keyboardist Marty Grebb, along with Albert Rogers, and Michael Bram of the Jason Mraz band. With exceptional musicianship, The Weight Band performs songs that keep alive the music that defined an era, playing The Band's biggest hits including "Up on Cripple Creek," "Rag Mama Rag," "The Night They Drove Old Dixie Down" and their namesake song "The Weight." They premiere the gutsy "Never Too Old" a Band demo that they have finished and recorded.	APTEX	(S)	(CC)	N/A	#602H
02:00:00	Front and Center Southside Johnny The Godfather of "the New Jersey Sound," Southside Johnny performs in front of an audience of his biggest fans. Southside Johnny and the Asbury Jukes have become a staple in the New Jersey music scene having released twelve studio albums since 1976 and featuring a rotating group of members such as Bruce Springsteen, Jon Bon Jovi, and Steve Van Zandt.	APTEX	(S)	(CC)	N/A	#704H
03:00:00	Globe Trekker Myanmar Megan McCormick starts her journey in Yangon with a visit to Shwedagon Pagoda, the most revered Buddhist temple in Myanmar. Next she visits Inle Lake and then heads to the Shan Palace in the town of Hsipaw, where she uncovers a centuries-old tribal rivalry. Megan travels by train to Mandalay to visit the golden Mahamuni Buddha and to try her hand at puppetry. She makes her way to the Chin State and then on to Bagan, once the capital city. Megan's last stop is the Rahkine State where she boards a boat to Ngapali Beach, the ultimate beach destination.	APTEX	(S)	(CC)	N/A	#1616H
04:00:00	Arts In Context Sing Me A Lullaby Austin Classical Guitar Society's Lullaby Project helps teen mothers compose lullabies for their babies. The group's goal is to use music's profound ability to provide a sense of achievement, connection, and joy for the teens.	NETA		(CC)	N/A	#708H
04:30:00	Articulate with Jim Cotter Feminist Fatale Carsie Blanton is using an old school musical form- jazz- to help change the way women are perceived today. Matthew Neenan - From a very young age, life has been a dance for choreographer Matthew Neenan. Modigliani - Amedeo Modigliani died a broken man. His art, especially sculptures, have endured. Luis Cruz Azaceta - Since the 1970s, the paintings and drawings of the Cuban American artist Luis Cruz Azaceta, have reflected on some of society's great modern tragedies.	APTEX	(S)	(CC)	N/A	#112H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#303
08:00:00	Gary Spetz's Watercolor Quest Glacier National Park - East Host-Artist, Gary Spetz, explores, photographs and paints the east side of Montana's majestic Glacier National Park-explaining, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	N/A	#102H
08:30:00	Painting with Paulson Moment of Serenity Part I	NETA	(S)	(CC)	N/A	#1709H
09:00:00	Wyland's Art Studio Lion King Art Lesson: Chiaroscuro modeling - Light and Shadow. The term chiaroscuro refers to a strong juxtaposition of light and shade to enhance the dramatic aspects of a painting. Even the Italian definition, from chiaro "clear, light" and oscuro "obscure, dark" connote the unique treatment of light and dark parts in a work of art. This technique was pioneered and used to heightened effect by Leonardo da Vinci, Caravaggio, and Rembrandt. Wyland uses the interplay of shading to establish the power and nobility of the king of the beasts. Identifying the light source is the single most important aspect of chiaroscuro painting. Once lines have been established, mid-tones are added. Keeping the light source in mind, paint strong shadows. Highlights that have a bit of color from the light source may be added. If the light source is cool, highlights may have blues and cool colors. If the source is warm, yellows, oranges or reds may be added.	APTEX		(CC)	N/A	#610H

Sun, Jul 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize Your Waist	APTEX	(S)	(CC)	DVI	#911H
10:00:00	Sit and Be Fit Pelvic & Ribcage Mobility Pelvic and ribcage mobility exercises take center stage in this fun full-body workout.	NETA	(S)	(CC)	N/A	#1303H
10:30:00	Power Yoga: Mind and Body Hips - Version One With Baddha Konasana, Pigeon/Kapottasana, Double Pigeon and others.	APTEX	(S)	(CC)	N/A	#104
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#316H
11:30:00	New Orleans Cooking with Kevin Belton German Heritage Red cabbage, beef rouladen, potato pancakes.	APTEX	(S)	(CC)	N/A	#108H
12:00:00	Ciao Italia Candy Wrapper Pasta/La Pasta Di Caramelle Mary Ann makes magic with a fresh pasta creation that looks like candy and tastes like heaven, called Caramelle. Each bite-sized, tiny pillow shaped masterpiece, twisted at each end, filled with ricotta cheese, prosciutto di parma, parmigiano reggiano cheese, then goes for a happy swim in a butter sauce, on its way to your waiting fork.	NETA	(S)	(CC)	N/A	#2414H
12:30:00	Mike Colameco's Real Food Peru Part 1 We'd heard a lot about the amazing new culinary scene in Lima where the vibrant economy plus world class fishing from that Pacific coastline, amazing local ingredients and a lot of native talented chefs pushing the envelope. In these two shows we'll see ceviche in many variations, visit restaurant Central ranked #4 in Pellegrino's Best Restaurants in the World 2015 list, eat some great Peruvian Chicken, tour the city of Cusco at 11,000 feet above seas level and of course have a Pisco sour or three.	NETA	(S)	(CC)	N/A	#1418H
13:00:00	Journeys In India Bhavnagar: Land of Surprises Where can you find literally hundreds of Jain Temples, a lost civilization and one of the top birding destinations in the world-the Bhavnagar region of course. Follow Bill as he attempts to climb 4000 steps to the great Jain temples of Palitana, floats through a lagoon full of flamingoes, egrets and cranes and learns about a kingdom lost to history.	NETA	(S)	(CC)	N/A	#209H
13:30:00	Family Travel with Colleen Kelly Ireland - The Wild Atlantic Way of Ireland from Galway to Donegal Colleen is back in Ireland, but this time she is taking a family friendly tour of the Wild Atlantic Way. From Galway to Donegal, join Colleen as she explores this magnificent country and learns all about the Irish culture.	APTEX	(S)	(CC)	N/A	#307H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#316H
14:30:00	Burt Wolf: Travels & Traditions Kansas City Burt visits Kansas City, discovers the history of Kansas City BBQ, visits the town's best BBQ joint and goes into their kitchens to checkout their technique. He visits the Kansas City Royals stadium, which is one of the few stadiums still standing that was originally built for baseball and learns about the team culture that has made them champions. He tours the city's great art museum and discovers the World War I Memorial Museum.	APTEX	(S)	(CC)	N/A	#1601H
15:00:00	American Woodshop Homemade Window Casings and Baseboard Trim for Everyone.	NETA	(S)	(CC)	N/A	#2402H
15:30:00	Rough Cut - Woodworking with Tommy Mac Recap, Windows and Trim This week on Rough Cut Woodworking with Tommy Mac it's time to take a step back and look at all the progress we've made so far. From the framing to the deck to the finished roof it's been quite a journey. Tommy gets that much closer in this episode by getting the windows and front door in, making sure he gets plenty of sunlight and can accommodate any future project no matter how large.	APTEX	(S)	(CC)	N/A	#708H

Sun, Jul 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Happy Yoga with Sarah Starr Forest Cove Rejuvenate inside a lush forest cove as we get those good endorphins flowing, feeling replenished with gentle stretching for all your major muscles, including legs, hips, back, shoulders and neck, using a chair for support.	NETA	(S)	(CC)	N/A	#101H
16:30:00	Second Opinion Controlling Hypertension Patient Story: Connie Bentley thought she was doing everything right-she ate well and exercised every day. But like many Americans, her hypertension went untreated-and she almost paid the ultimate price. Myth or Medicine: Does eating salt cause hypertension? Second Opinion 5: Five ways to keep your hypertension in check.	APTEX	(S)	(CC)	N/A	#1007H
17:00:00	Immense Possibilities Story and Race Seminars, rallies, academic papers, scholarly books, earnest roundtable discussions-none of them has taken us to deep and satisfying understanding of our racial differences. Can storytelling? Our guests, including the co-author of Story Bridge, help us see how that old art form can dissolve the fear and defensive blocks that get in our way.	NETA	(S)	(CC)	N/A	#608H
17:30:00	Well Read Kareem Abdul-Jabbar, Writings on the Wall A NBA Hall of Fame inductee, columnist for Time Magazine, author of young adult novels, Kareem Abdul-Jabbar joins Well Read to discuss his latest book, this time for an adult audience: Writings on the Wall: Searching for a New Equality Beyond Black and White.	APTEX	(S)	(CC)	N/A	#603H
18:00:00	California's Gold Hot Creek If you love to soak in really hot water and love the out of doors, you have to watch this show. Huell travels to the Eastern Sierra's in search of a good place to have a soak. Hot Creek Geological Site is nestled in the Inyo National Forest close to the town of Mammoth Lakes. We take a ride out to the site with Debbie Nelson who is a Recreation Specialist for the forest. Huell gets a first hand look at this beautiful spot with water boiling up from the ground which mixes with the cool water of Hot Creek and makes for some very nice swimming. We'll even meet some die-hard soakers who come from all over California to enjoy the therapeutic water.	KCET		(CC)	N/A	#2006
18:30:00	Fringe Benefits	NETA	(S)	(CC)	N/A	#205H
19:00:00	Beyond Geek Hackathon Nate races against the clock on a team creating something out of thin air in a 44-hour hackathon... and tries to do it with no sleep.	EPS	(S)	(CC)	N/A	#204H
19:30:00	The Kamla Show Special Danielle Applestone Kamla talks to Danielle Applestone, CEO of of Other Mill Co in Berkeley. Applestone talks about growing up in Arkansas and discovering her love for math and science, which led her to studying engineering at MIT and UT Austin. Armed with a PhD in material engineering she headed to Silicon Valley, which is where she wanted to learn the ropes for starting a company. Tune in to find out how she did it. This part of "Women in Science and Technology" series.	KAMLA	(S)	(CC)	N/A	#125H
20:00:00	Black America Vision and Justice with Sarah Lewis Dr. Sarah Lewis, Harvard professor of art history, art historian and author of "The Rise: Creativity, The Gift of Failure and the Search for Mastery" joins Carol Jenkins to discuss how the bestseller explores the importance of a "near win" for those seeking success in any given field. They also talk about her work as guest editor of Aperture magazine for an issue entitled Vision and Justice. Lewis details how photographers like Dowoud Bey are working to cultivate an important visual landscape for black America, and how black leaders like Frederick Douglass and Martin Luther King left a powerful stamp on the black community through their voice, their work, and the photos they appeared in.	EPS	(S)	(CC)	N/A	#130H
20:30:00	Asian American Life In an this episode of Asian American Life - Ernabel Demillo visits the Rubin Museum of Art, which houses the largest Himalayan and Indian art exhibit worldwide. Featured reports include: "Reviving Nepal Bhasa" - Minnie Roh reports on how the Nepalese in the U.S. are trying to save their culture and language; Reporter Paul Lin interviews Asian American Judges Denny Chin and Kathryn S. Paek. New York's Mayor Bill de Blasio appointed 28 new judges to family, civil and criminal courts - making it one of the most diverse courts nationwide; Facial Acupuncture - Kyung Yoon reports on this popular treatment and gets some medical advise on how to proceed with alternative beauty treatment; Latin Asians - Correspondent Tinabeth Pina looks at Latin Asians communities right here in NYC, and traces the history of how this population immigrated to America.	EPS	(S)	(CC)	N/A	#104H

Sun, Jul 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Song Stage Season Finale	NETA	(S)	(CC)	N/A	#208H
	Only the three best artists remain, and as usual on Song Stage, they represent a wide variety of music styles. Each will have to choose the better of the two songs they've played thus far....and hope they can give it the performance of a lifetime...because only one will win.					
21:30:00	Forsaken Fields	APT	(S)	(CC)	N/A	#0
	FORSAKEN FIELDS documents what happened to the first and second generation of Japanese- American farmers after the bombing of Pearl Harbor in 1941. Emmy award-winning journalist Jan Yanehiro interviews farmers who worked the land in California before the war, as well as those citizens who were incarcerated in relocation centers or forced to move to the interior of the United States by executive order. The program honors the Japanese-Americans who helped build California agriculture and explores the racism and intolerance that gripped the country at that time.					
22:00:00	Roadtrip Nation: Beyond The Dream	APTEX	(S)	(CC)	N/A	#0H
	ROADTRIP NATION: BEYOND THE DREAM follows three 20-something immigrants - Alexis, Rachel and Pratishta - who were each brought to the U.S. at a young age by their parents. They all have temporary relief from deportation, but not legal status. An immigration policy called DACA (Deferred Action for Childhood Arrivals) has allowed them to live and work in the U.S. for a two-year period. But without long-term protections, Rachel, Alexis and Pratishta have a much graver question to ponder: "Will I be able to stay in this country?" Determined to clarify their futures despite their murky status, they set out in the series' green RV, for an unforgettable journey where they explore the country, have an adventure like no other, and ask people who've been in their shoes the questions they've always wondered.					
23:00:00	Gluten Free	NETA	(S)	(CC)	N/A	#0H
	"Gluten Free" explores the front line of fact and controversy surrounding gluten-related illnesses. Is gluten harmful or not? Is it a fad diet, or can it actually kill people? Millions of people have joined the conversation, but little has been clarified as the food industry today sells more than \$5 billion a year in gluten-free foods. Learn what's going on, as we take you on a gut-wrenching journey that explains the true story of gluten, with its facts, myths, mysteries, and deadly potential revealed. If you know any of the millions of people in the United States with a gluten-related illness, this film is a must-see event for you.					

Mon, Jul 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Hackathon	EPS	(S)	(CC)	N/A	#204H
	Nate races against the clock on a team creating something out of thin air in a 44-hour hackathon... and tries to do it with no sleep.					
00:30:00	The Kamla Show Special Danielle Applestone	KAMLA	(S)	(CC)	N/A	#125H
	Kamla talks to Danielle Applestone, CEO of of Other Mill Co in Berkeley. Applestone talks about growing up in Arkansas and discovering her love for math and science, which led her to studying engineering at MIT and UT Austin. Armed with a PhD in material engineering she headed to Silicon Valley, which is where she wanted to learn the ropes for starting a company. Tune in to find out how she did it. This part of "Women in Science and Technology" series.					
01:00:00	Black America Vision and Justice with Sarah Lewis	EPS	(S)	(CC)	N/A	#130H
	Dr. Sarah Lewis, Harvard professor of art history, art historian and author of "The Rise: Creativity, The Gift of Failure and the Search for Mastery" joins Carol Jenkins to discuss how the bestseller explores the importance of a "near win" for those seeking success in any given field. They also talk about her work as guest editor of Aperture magazine for an issue entitled Vision and Justice. Lewis details how photographers like Dowoud Bey are working to cultivate an important visual landscape for black America, and how black leaders like Frederick Douglass and Martin Luther King left a powerful stamp on the black community through their voice, their work, and the photos they appeared in.					
01:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#104H
	In an this episode of Asian American Life - Ernabel Demillo visits the Rubin Museum of Art, which houses the largest Himalayan and Indian art exhibit worldwide. Featured reports include: "Reviving Nepal Bhasa" - Minnie Roh reports on how the Nepalese in the U.S. are trying to save their culture and language; Reporter Paul Lin interviews Asian American Judges Denny Chin and Kathryn S. Paek. New York's Mayor Bill de Blasio appointed 28 new judges to family, civil and criminal courts - making it one of the most diverse courts nationwide; Facial Acupuncture - Kyung Yoon reports on this popular treatment and gets some medical advise on how to proceed with alternative beauty treatment; Latin Asians - Correspondent Tinabeth Pina looks at Latin Asians communities right here in NYC, and traces the history of how this population immigrated to America.					
02:00:00	Song Stage Season Finale	NETA	(S)	(CC)	N/A	#208H
	Only the three best artists remain, and as usual on Song Stage, they represent a wide variety of music styles. Each will have to choose the better of the two songs they've played thus far....and hope they can give it the performance of a lifetime...because only one will win.					
02:30:00	Forsaken Fields	APT	(S)	(CC)	N/A	#0
	FORSAKEN FIELDS documents what happened to the first and second generation of Japanese- American farmers after the bombing of Pearl Harbor in 1941. Emmy award-winning journalist Jan Yanehiro interviews farmers who worked the land in California before the war, as well as those citizens who were incarcerated in relocation centers or forced to move to the interior of the United States by executive order. The program honors the Japanese-Americans who helped build California agriculture and explores the racism and intolerance that gripped the country at that time.					
03:00:00	Roadtrip Nation: Beyond The Dream	APTEX	(S)	(CC)	N/A	#0H
	ROADTRIP NATION: BEYOND THE DREAM follows three 20-something immigrants - Alexis, Rachel and Pratishta - who were each brought to the U.S. at a young age by their parents. They all have temporary relief from deportation, but not legal status. An immigration policy called DACA (Deferred Action for Childhood Arrivals) has allowed them to live and work in the U.S. for a two-year period. But without long-term protections, Rachel, Alexis and Pratishta have a much graver question to ponder: "Will I be able to stay in this country?" Determined to clarify their futures despite their murky status, they set out in the series' green RV, for an unforgettable journey where they explore the country, have an adventure like no other, and ask people who've been in their shoes the questions they've always wondered.					
04:00:00	Gluten Free	NETA	(S)	(CC)	N/A	#0H
	"Gluten Free" explores the front line of fact and controversy surrounding gluten-related illnesses. Is gluten harmful or not? Is it a fad diet, or can it actually kill people? Millions of people have joined the conversation, but little has been clarified as the food industry today sells more than \$5 billion a year in gluten-free foods. Learn what's going on, as we take you on a gut-wrenching journey that explains the true story of gluten, with its facts, myths, mysteries, and deadly potential revealed. If you know any of the millions of people in the United States with a gluten-related illness, this film is a must-see event for you.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#304
08:00:00	Mixed Nutz Camping	NETA	(S)	(CC)	N/A	#508H
	When two troopers get separated from the scout troop, Adele takes charge and leads everybody to set up camp. The kids are able to put their differences aside long enough to get rescued. Lesson: Learning to appreciate each other can make the world a better place.					

Mon, Jul 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus The Bet	APTEX	(S)	(CC)	DVI	#108
	The Bishop would like to give Countess Kussmaul, a patron and great lover of Mozart's music, one of Amadeus' compositions as a birthday gift. Devilius bets the Bishop that Amadeus cannot deliver a piece in such a short time. Confident of Mozart's talent as a composer, the Bishop wagers half of his royal household. In an attempt to win the wager, Devilius and Monti the Rat devise a villainous plan. Will Mozart finish his composition on time or will the Bishop make Devilius a wealthy man? The Music: "Violin Sonata in F" K. 376; "Horn Concerto in E Flat Major" K. 417; "Minuet" K. 94; et al. Additional Content: In this episode, Amadeus attempts to write a new composition before nightfall. How do composers compose? Monti shows the moment when Amadeus turns his musical idea into the principal theme of his composition. On the basis of this simple musical piece for three instruments (piano, violin and cello), Monti explains how a composition is built, the notes of each instrument and the single melody. Finally, viewers see and hear the complete composition played by Amadeus, Nannerl and their father Leopold.					
09:00:00	Functional Fitness with Suzanne Andrews Healthy Back	ACCES		(CC)	N/A	#111H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Arm Slenderizing (All Standing)	APTEX	(S)	(CC)	DVI	#912H
10:00:00	Sit and Be Fit Strong Back Strong Core	NETA	(S)	(CC)	N/A	#1304H
	Mary Ann combines a variety of exercises to emphasize the importance of strong core muscles and their role in maintaining back health.					
10:30:00	Fit 2 Stitch Casual Dinners and Dates	NETA	(S)	(CC)	N/A	#413H
	Learn to create fashionable jumpsuit by combining basic pattern pieces. Vary the fabrics and details to make other trendy fashions for casual dinners out.					
11:00:00	Knit and Crochet Now! Lacy Shawls	APTEX	(S)	(CC)	DVI	#610H
	Jenny King demonstrates her beautiful crochet Blue Lagoon Shawl-perfect for many occasions. Caryl Piere's knit Rhea Capelet is next with Kristin. Lena shows how to make a Tunisian Scarf.					
11:30:00	Fons & Porter's Love of Quilting Twisted Triangles	NETA	(S)	(CC)	N/A	#2509H
	In this show you will learn how to use a special triangle template to create hexagons with a little twist.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6261H
13:00:00	America's Test Kitchen from Cook's Illustrated A Spanish Affair	APTEX	(S)	(CC)	N/A	#1722H
	Host Julia Collin Davison reveals the secrets to making the best paella on the grill with host Bridget Lancaster. Then, equipment expert Adam Ried reviews paella pans in the Equipment Corner. Finally, test cook Dan Souza shows Julia how to make the ultimate patatas bravas at home.					
13:30:00	Pati's Mexican Table Adventures In San Miguel	APTEX	(S)	(CC)	N/A	#402H
	Pati is vacationing in San Miguel de Allende, which has lots of opportunities for rest and relaxation, but today she is here for one thing - FOOD! From street food to fine dining, San Miguel has always been one of Mexico's top culinary destinations. Pati is going to show us the highlights of the food scene, then she'll head back to the kitchen to cook up recipes that reflect the region. Recipe 1: Fish with Plums, Pasilla and Tequila; Recipe 2: Orange Blossom Rice with Pepitas; Recipe 3: Chardonnay Mango Pecan Tart.					
14:00:00	Lucky Chow Chinatown, Reimagined	APTEX	(S)	(CC)	N/A	#106H
	Track the evolution of Chinese food in America through the lens of two third-generation Chinese-American restaurateurs. Wilson Tang preserves the legacy of his family's dim sum parlor (America's oldest) while opening a fine-dining Chinese restaurant on Chinatown's expanding Lower East Side. Ed Schoenfeld, a self-proclaimed Chinese food expert and owner of one of the most critically acclaimed Chinese restaurants in New York, provides a tutorial on Peking duck preparation. The episode concludes at Hakkasan, a global Chinese brand that includes nightclubs and restaurants from Beverly Hills to Dubai to Shanghai.					
14:30:00	Steven Raichlen's Project Smoke	APTEX	(S)	(CC)	DVI	#304H

Mon, Jul 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Get Connected to Fitness Connect your designs in new ways. Warm up as host Katie Hacker designs with colorful stones. She adds beads and metal spacers to enhance the stone elements in necklaces. Author Lisa Crone works out with memory wire to create a sparkling necklace. Then, she cools down by making matching earrings.	NETA	(S)	(CC)	N/A	#2511H
15:30:00	Katie Brown Workshop Gifts Katie finds the perfect gift to give. In the kitchen, she makes edible presents: granola, matzo ball soup, and tomato sauce and croutons. Projects: custom gift-wrap tags and a unique idea from the herb garden.	APTEX	(S)	(CC)	DVI	#420H
16:00:00	Biz Kid\$ What's Your Money Personality? How do you act with money? Are you a "Money Star," "Oblivious," or "Penny Wise Pound Foolish"? This episode looks at the range of emotional reactions and connections people have with money. So what personality are you? Find out in this episode.	APTEX	(S)	(CC)	DVI	#501H
16:30:00	Curious Crew Wheels and Axles Difficult doorknobs, funnel races, water wheels and pinwheel power! Explore how a round wheel works together with an axle so that they rotate together. STEM Challenge: Making a rubber band powered wheel and axle. Curious About Careers: Scientist Tonya Matthews gives an interactive tour at Michigan Science Center in Detroit.	NETA	(S)	(CC)	N/A	#301H
17:00:00	P. Allen Smith's Garden Home First Things First Sometimes the first step is the hardest. Gain confidence and let P. Allen Smith show you how to build a solid foundation in your garden.	APTEX	(S)	(CC)	N/A	#1406H
17:30:00	Growing A Greener World Behind The Scenes with Ggw: Atlanta, Ga With nearly 75 episodes over three seasons, a lot has gone into the planning of each and every one. But who are the people behind scenes, how does the show come together and what gets left on the cutting room floor that we'd love to have back? From the voices our own producers and production team, this episode provides a behind the scenes look at how the series is made, from how we chose our topics and locations, the highlights and lowlights and our some of our favorite scenes you didn't see.	APTEX	(S)	(CC)	N/A	#502H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14146H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#219H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8081
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3528H
20:00:00	Music City Roots Live from the Factory For the third time, Music City Roots goes to N. Ireland to seek the "roots of our roots." Featuring Scott Miller and Jim Lauderdale in Belfast plus key Belfast songwriters playing in Nashville.	APTEX	(S)	(CC)	N/A	#410H
21:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#203H
22:00:00	Apache 8 APACHE 8 tells the story of an all-women wildland firefighter crew from the White Mountain Apache Tribe who has been fighting fires in Arizona and throughout the U.S., for over 30 years. The film delves into the challenging lives of these Native firefighters. Four extraordinary women from different generations of the Apache 8 crew share their personal narratives with humor and tenderness. They speak of hardship and loss, family and community, and pride in being a firefighter from Fort Apache. APACHE 8 weaves together a compelling tale of these remarkable firefighters, revealed for the first time.	NETA	(S)	(CC)	N/A	#0H

Daily Program Listing II

43.1

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Mon, Jul 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	West of the West: Tales from California's Channel Island Settlers	APTEX	(S)	(CC)	N/A	#102H

6. The Last Round-up - Tim Vail, 4th generation rancher on Santa Rosa Island, gives a personal history of his family's involvement there while lamenting the end of their cattle operation after a century. The parallel story is the birth of Channel Islands National Park as told by Bill Ehorn, the founding Park Supervisor and friend of the Vails. 7. Graveyard of Ships - The Channel Islands lie in one of the most hazardous shipping channels in the world. While telling the story of the crash of the paddle wheel steamer Winfield Scott into middle Anacapa Island in 1853, Bob Schwemmer of NOAA and others also describe some of the more than 500 other wrecks in Marine Sanctuary Waters. Many of which can be dived on today in this "underwater museum." 8. Magic Isle - Santa Catalina Island - Catalina is the most widely known of the Channel Islands, and the only one still privately owned. Its fame is the result of the vision of one man, William Wrigley Jr. who bought the island sight unseen in 1919. We chronicle its glory years of movie stars, the Chicago Cubs, and Big Band dancing in the Casino, as well as its struggles to stay relevant today. William Wrigley's great grand-daughter Alison Rusack and her family tell us about the challenges and joys of keeping his dream alive. 9. The Legendary King of San Miguel Island - Betsy Lester Roberti travels back to the windswept and desolate island where she grew up as a child. She describes her "Swiss Family Lester" upbringing and her larger than life father Herbie. And his untimely demise on the eve of World War 2.

Tue, Jul 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8081
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3528H
01:00:00	Music City Roots Live from the Factory For the third time, Music City Roots goes to N. Ireland to seek the "roots of our roots." Featuring Scott Miller and Jim Lauderdale in Belfast plus key Belfast songwriters playing in Nashville.	APTEX	(S)	(CC)	N/A	#410H
02:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#203H
03:00:00	Apache 8 APACHE 8 tells the story of an all-women wildland firefighter crew from the White Mountain Apache Tribe who has been fighting fires in Arizona and throughout the U.S., for over 30 years. The film delves into the challenging lives of these Native firefighters. Four extraordinary women from different generations of the Apache 8 crew share their personal narratives with humor and tenderness. They speak of hardship and loss, family and community, and pride in being a firefighter from Fort Apache. APACHE 8 weaves together a compelling tale of these remarkable firefighters, revealed for the first time.	NETA	(S)	(CC)	N/A	#0H
04:00:00	West of the West: Tales from California's Channel Island Settlers 6. The Last Round-up - Tim Vail, 4th generation rancher on Santa Rosa Island, gives a personal history of his family's involvement there while lamenting the end of their cattle operation after a century. The parallel story is the birth of Channel Islands National Park as told by Bill Ehorn, the founding Park Supervisor and friend of the Vails. 7. Graveyard of Ships - The Channel Islands lie in one of the most hazardous shipping channels in the world. While telling the story of the crash of the paddle wheel steamer Winfield Scott into middle Anacapa Island in 1853, Bob Schwemmer of NOAA and others also describe some of the more than 500 other wrecks in Marine Sanctuary Waters. Many of which can be dived on today in this "underwater museum." 8. Magic Isle - Santa Catalina Island - Catalina is the most widely known of the Channel Islands, and the only one still privately owned. Its fame is the result of the vision of one man, William Wrigley Jr. who bought the island sight unseen in 1919. We chronicle its glory years of movie stars, the Chicago Cubs, and Big Band dancing in the Casino, as well as its struggles to stay relevant today. William Wrigley's great grand-daughter Alison Rusack and her family tell us about the challenges and joys of keeping his dream alive. 9. The Legendary King of San Miguel Island - Betsy Lester Roberti travels back to the windswept and desolate island where she grew up as a child. She describes her "Swiss Family Lester" upbringing and her larger than life father Herbie. And his untimely demise on the eve of World War 2.	APTEX	(S)	(CC)	N/A	#102H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#305
08:00:00	Mixed Nutz Mind The Gap Jae and Hanna's embarrassing Grandfather visits and goes out of his way to get involved in their routines. Michael takes an "anything goes" attitude when his "hard of hearing" grandmother babysits. The kids realize there is more than meets the eye to their grandparents and gain a new sense of respect for them. Lesson: Grandparents should be loved and respected.	NETA	(S)	(CC)	N/A	#509H
08:30:00	Wunderkind Little Amadeus Mysterious Drink The Bishop wants to hold a music competition between the cities of Linz and Salzburg. To prevent another brilliant success by Amadeus, Devilius obtains a strong sleeping potion, which should knock out Amadeus at the appropriate time. Devilius will then appear as the "black violinist" and claim victory for himself. To make matters worse, Amadeus' father, Leopold, took Amadeus' violin to a pawnbroker because he desperately needs money. Can Amadeus shine without his violin? Will the sleeping potion work? Or, will Devilius once again leave the concert hall as the loser? The Music: "Divertimento in B Major" K. 137; "Violin Sonata in A" K. 305; "12 Variations for Violin and Piano in G" K. 359; et al. Additional Content: This episode describes the different violins of the world-renowned violin maker Stradivari, including an old and expensive Stradivarius, and explains how instruments differ from each other by listening to diverse violins.	APTEX	(S)	(CC)	DVI	#109
09:00:00	Functional Fitness with Suzanne Andrews Healthy Neck	ACCES		(CC)	N/A	#112H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Spine & Improve Posture	APTEX	(S)	(CC)	DVI	#913H
10:00:00	Sit and Be Fit Neuromuscular Coordination In this episode, Mary Ann uses heel tapping, patting, clapping and changing of rhythm patterns which contribute to improving neuromuscular coordination.	NETA	(S)	(CC)	N/A	#1305H

Tue, Jul 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy Travel Separates Look and feel great wherever you go, and sew it up fast. Designer Angela Wolf serges go-together separates to mix and match and travel wrinkle-free. Then, Angela shows how to get off to a great start with your serger.	NETA	(S)	(CC)	DVI	#1201H
11:00:00	Knit and Crochet Now! Necklace Andi Javori designed a very special knit beaded necklace, The Paloma Necklace & Bracelet, which Drew shows us how to make. Ellen will demonstrate the crochet Boho Circles & Ring designed by Joyce Bragg. The Chunky Lace Scarf is this week's "Scarf of the Week" with Lena.	APTEX	(S)	(CC)	DVI	#611H
11:30:00	Fons & Porter's Love of Quilting Terrific Table Topper Mary Fons and her guest Patrick Lose will step you through the basics of preparing fabrics for applique and how best to finish the outer edge.	NETA	(S)	(CC)	N/A	#2510H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6262H
13:00:00	Julie Taboulie's Lebanese Kitchen Lebanese Sweets for the Holiday Season Special seasonal sweets straight from Lebanon and the Middle East always signify the holiday season for Julie as she warmly welcomes you into her home for the holiday season. Ever since Julie was a little girl she grew up to the sights, sounds and smells of fragrant orange blossom water, floral rose water and the warm aroma of baklava baking away by her beautiful mother. Today's show Julie is masterfully making and baking some of the most famous sweets and some of her personal favorites for the holiday season. First up is Julie's blissful Baklava, a decadent phyllo dough and walnut diamond-cut dessert that is deliciously delightful. Followed by her homemade phyllo dough cups called baklava b ashta filled with a luscious Lebanese cream and tasty toppings then finished off with her orange blossom syrup called ater b mazaher. Last, but certainly, not least is the queen sweet of Lebanon and the Middle East, a special treat simply called knefeh. Deliciously decadent and absolutely divine, Julie's Lebanese signature sweets are sure to be a special treat for your family and friends this holiday season straight from Julie's Lebanese kitchen to yours.	APTEX	(S)	(CC)	DVI	#113H
13:30:00	Nick Stellino: Storyteller in the Kitchen	APTEX	(S)	(CC)	N/A	#107H
14:00:00	Taste of History The Moravians of Bethlehem Chef Walter Staib showcases the history of the Moravians and how the population grew from twenty people on 500 acres along the Lehigh River, to a thriving community whose influence is still felt today. In honor of this German-speaking society, Chef Staib prepares: Beef Rouladen and Stir Fried Cabbage. He completes meal with the Moravian Sugar Cake.	NETA	(S)	(CC)	N/A	#706H
14:30:00	Sara's Weeknight Meals Super Bowls of Soup (Super Bowl Stunt) The big game and a cold night are both perfect times to enjoy a heart bowl of soup, like Sara's take on traditional New England chowder, her smoky fish chowder, made even more delicious with bacon. On Ask Sara, she shows ways to pack for a tailgate, including safely transporting hot soups. Then she joins Brazilian chef Leticia Moreinos Schwartz on a shopping trip to a Brazilian market before they make Leticia's chicken, shrimp, peanut and cashew stew. Soups on! Recipes: Smoky fish chowder; Chicken shrimp, peanut and cashew stew.	APTEX	(S)	(CC)	N/A	#605H
15:00:00	Beads, Baubles and Jewels Shape Up Bend it, twist it, shape it, wear it. Jewelry designer Sandra Lupo warms up by bending and shaping sheet metal with a tool she invented. Then, she enhances the designs with patterns, texture and color. Host and designer Katie Hacker make a quick and easy charm bracelet to cool down.	NETA	(S)	(CC)	N/A	#2512H
15:30:00	Katie Brown Workshop Christmas Katie prepares a no-stress holiday meal with the help of the Workshop crew. Chef Chris Paulk whips up red pepper risotto, pork tenderloin and Kentucky eggnog. Then, Katie decks the halls with an advent calendar and a dressed-up Styrofoam Christmas tree.	APTEX	(S)	(CC)	DVI	#421H
16:00:00	Biz Kid\$ Business Structures What structure is right for your future business? It's not just "incorporated" anymore. Join us and learn about LLCs, sole proprietorships, partnerships, and more. Examine the pros and cons of each business structure and discover which one could be right for you. Meet two girls who were able to start both a non-profit organization and a for-profit company, all from selling honey.	APTEX	(S)	(CC)	DVI	#502H

Tue, Jul 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Curious Crew Resonance	NETA	(S)	(CC)	N/A	#302H
	Resonant rods, rings and pipes and powerful pendulums! Explore how every object has the potential to vibrate, and those vibrations occur in different wave patterns. Resonance is adding an additional force with a matching frequency the wave. STEM Challenge: Making a membranophone. Curious About Careers: Nuclear physicist Artemis Spyrou explains how an atom-smashing cyclotron works.					
17:00:00	P. Allen Smith's Garden Home Down and Dirty	APTEX	(S)	(CC)	N/A	#1407H
	A day without dirt under the fingernails is a sad day at Moss Mountain Farm. How to get the most out of your soil in this episode of P. Allen Smith's Garden Home.					
17:30:00	Growing A Greener World Solitary Bees; The Unsung Heroes in the World of Pollinators: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#503H
	Today, backyard gardeners may hold the key to the future success of food on our plates. While honeybees are directly responsible for more than 30% of all the food we eat, their population continues to decline in alarming numbers. When orchard managers of the world begin looking for an alternate pollinator, solitary mason bees may be just the answer. In this episode, we explore these solitary creatures, learn just how easy it is to raise them at home, and see that the security of our future food supply just might lie with these unsung heroes, the solitary mason bees.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14147H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1205H
	Saddle up for a rodeo riding school in Montana. Visit a California farm community pulling together to save pollinating honeybees. Meet an Arkansas rancher as he rounds up a large and growing herd of buffalo.					
19:00:00	NHK Newslite	APTEX	(S)	(CC)	N/A	#8082
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1329H
20:00:00	Sun Studio Sessions Stephen Kellogg	NETA	(S)	(CC)	N/A	#807H
	Stephen Kellogg is a natural storyteller and is a road warrior who puts on energetic live shows from coast to coast. Billboard magazine says Kellogg delivers "songs that delve deep into the personal, but make room for a sense of fun, while the music, which is intelligent and intimate, is also full of passion and electricity." His solo record "Blunderstone Rookery" featured guest performances by Travis McNabb and Annie Clements from Sugarland, Sean Watkins from Nickel Creek, and Jerry DePizzo from O.A.R. In this episode, Kellogg performs several songs, including "Good Red Wine" and "Crosses."					
20:30:00	Jammin at Hippie Jack's Stacey Earle and Mark Stuart	NETA	(S)	(CC)	N/A	#907H
	Few husband-wife musical duos provide audiences with the complete entertainment package that Stacey Earle & Mark Stuart dish out in a live performance. Armed with clever acoustic guitar interplay, autobiographical songwriting, lovely harmonies, and humorous storytelling this couple captivates your attention from the first moment they are onstage. Based out of Tennessee, Earle and Stuart draw from blues, pop, country, rock, and more in their heartfelt music. The years of touring the folk/Americana circuit (playing 170 concerts a year) have given them a knack for reaching out to the audience in an intimate "come in to my living room" fashion.					
21:00:00	The Kate Mary Lambert	APTEX	(S)	(CC)	N/A	#204H
	Pop star, poet, activist, and writer Mary Lambert moves audiences to laughter and tears with her powerful prose, quirky humor, and unwavering compassion on The Kate. Includes the hit song "She Keeps Me Warm."					
22:00:00	On Life's Terms: Mothers In Recovery	NETA	(S)	(CC)	N/A	#0H
	Driven by the desire for custody of their children, five mothers struggle to overcome addiction in a gender responsive residential treatment program. Their intimate story reveals experiences with domestic violence, prostitution, incarceration and complex intergenerational relations. On Life's Terms: Mothers in Recovery interweaves the women's three year journey to transform their lives through self-sufficiency and new found pride with drug laws that impact mother and child, and will inspire hope for recovery. On Life's Terms: Mothers in Recovery addresses the larger issues of "Treatment Works" and "Family Preservation is Prevention" by breaking the cycle of addiction, abuse and poverty.					
23:00:00	The Answer to Cancer May Be Walking Beside Us	NETA	(S)	(CC)	N/A	#0H
	Humans and dogs have been together for millennia, forming an inseparable bond. We also, together, have a common enemy in cancer. One in three people, one in four dogs develop cancer in their lifetimes. As we seek to battle this fierce enemy, who better to turn to than our best friend. Together, we're in the fight of our lives, and together, we may prevail over a deadly foe. This is a story about the promise and potential of Translational Oncology.					

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Tue, Jul 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Elder Abuse and Exploitation	APTEX	(S)	(CC)	N/A	#0H

There are more than five million elder abuse victims in the United States, affecting an estimated one in 10 adults over the age of 60. Elder abuse is defined by the National Center on Elder Abuse as a knowing, intended or careless act that causes harm to an older person - physically, mentally, emotionally or financially. The documentary ELDER ABUSE & EXPLOITATION examines the causes behind geriatric mistreatment, neglect and exploitation. Experts suggest that our understanding of elder abuse lags decades behind child abuse and domestic violence. This form of maltreatment is often underreported, lacks clear legal definition, and is complicated by ethical challenges. The documentary shares several surprising and thought-provoking facts about elderly abuse. For example, there are more victims of older adult mistreatment than there are of child abuse and domestic violence combined. And while exploitation by scammers and other strangers grabs the most headlines, the majority of perpetrators tend to be people close to and trusted by the victim.

Wed, Jul 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8082
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1329H
01:00:00	Sun Studio Sessions Stephen Kellogg	NETA	(S)	(CC)	N/A	#807H
	Stephen Kellogg is a natural storyteller and is a road warrior who puts on energetic live shows from coast to coast. Billboard magazine says Kellogg delivers "songs that delve deep into the personal, but make room for a sense of fun, while the music, which is intelligent and intimate, is also full of passion and electricity." His solo record "Blunderstone Rookery" featured guest performances by Travis McNabb and Annie Clements from Sugarland, Sean Watkins from Nickel Creek, and Jerry DePizzo from O.A.R. In this episode, Kellogg performs several songs, including "Good Red Wine" and "Crosses."					
01:30:00	Jammin at Hippie Jack's Stacey Earle and Mark Stuart	NETA	(S)	(CC)	N/A	#907H
	Few husband-wife musical duos provide audiences with the complete entertainment package that Stacey Earle & Mark Stuart dish out in a live performance. Armed with clever acoustic guitar interplay, autobiographical songwriting, lovely harmonies, and humorous storytelling this couple captivates your attention from the first moment they are onstage. Based out of Tennessee, Earle and Stuart draw from blues, pop, country, rock, and more in their heartfelt music. The years of touring the folk/Americana circuit (playing 170 concerts a year) have given them a knack for reaching out to the audience in an intimate "come in to my living room" fashion.					
02:00:00	The Kate Mary Lambert	APTEX	(S)	(CC)	N/A	#204H
	Pop star, poet, activist, and writer Mary Lambert moves audiences to laughter and tears with her powerful prose, quirky humor, and unwavering compassion on The Kate. Includes the hit song "She Keeps Me Warm."					
03:00:00	On Life's Terms: Mothers In Recovery	NETA	(S)	(CC)	N/A	#0H
	Driven by the desire for custody of their children, five mothers struggle to overcome addiction in a gender responsive residential treatment program. Their intimate story reveals experiences with domestic violence, prostitution, incarceration and complex intergenerational relations. On Life's Terms: Mothers in Recovery interweaves the women's three year journey to transform their lives through self-sufficiency and new found pride with drug laws that impact mother and child, and will inspire hope for recovery. On Life's Terms: Mothers in Recovery addresses the larger issues of "Treatment Works" and "Family Preservation is Prevention" by breaking the cycle of addiction, abuse and poverty.					
04:00:00	The Answer to Cancer May Be Walking Beside Us	NETA	(S)	(CC)	N/A	#0H
	Humans and dogs have been together for millennia, forming an inseparable bond. We also, together, have a common enemy in cancer. One in three people, one in four dogs develop cancer in their lifetimes. As we seek to battle this fierce enemy, who better to turn to than our best friend. Together, we're in the fight of our lives, and together, we may prevail over a deadly foe. This is a story about the promise and potential of Translational Oncology.					
04:30:00	Elder Abuse and Exploitation	APTEX	(S)	(CC)	N/A	#0H
	There are more than five million elder abuse victims in the United States, affecting an estimated one in 10 adults over the age of 60. Elder abuse is defined by the National Center on Elder Abuse as a knowing, intended or careless act that causes harm to an older person - physically, mentally, emotionally or financially. The documentary ELDER ABUSE & EXPLOITATION examines the causes behind geriatric mistreatment, neglect and exploitation. Experts suggest that our understanding of elder abuse lags decades behind child abuse and domestic violence. This form of maltreatment is often underreported, lacks clear legal definition, and is complicated by ethical challenges. The documentary shares several surprising and thought-provoking facts about elderly abuse. For example, there are more victims of older adult mistreatment than there are of child abuse and domestic violence combined. And while exploitation by scammers and other strangers grabs the most headlines, the majority of perpetrators tend to be people close to and trusted by the victim.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#306
08:00:00	Mixed Nutz Halloween Haunts	NETA	(S)	(CC)	N/A	#510H
	When their trick or treating plans are ruined by an unexpected electrical storm, the kids are left telling spooky ghost stories. It all ends with Damaris's "Lady in White" story, that even scares the most skeptic of the lot. Lesson: A good time can be had even when your original plans go out the door (and more importantly - without a TV!).					

Wed, Jul 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus The Wrong Boat	APTEX	(S)	(CC)	DVI	#110
	On their way to Vienna, Amadeus and his sister Nannerl follow a troupe of actors and accidentally board the wrong ship. While their parents sail on the Danube towards Vienna, the two children enjoy their time aboard the pleasure boat. They cap off the performance of the acting troupe with their own musical accompaniment. Along the way, they help bring peace between an angry father and his daughter and future son-in-law. But will the Mozart siblings ever catch up with their parents' ship? The Music: "Sonata in C Major" K. 545; "Flute Quartet in D" K. 285; "Concerto for Two Violins and Orchestra in C" K. 190; et al. Additional Content: The Mozart family travels to Vienna in this episode. When they arrive in Passau at the river Donau, they board a ship instead of a coach. The trip from Salzburg to Vienna took several days, as traveling during that time was much more difficult and time-consuming. Monti shows how people traveled in the past.					
09:00:00	Functional Fitness with Suzanne Andrews Brain Aerobics	ACCES		(CC)	N/A	#113H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Calf & Knee Strengthening	APTEX	(S)	(CC)	DVI	#914H
10:00:00	Sit and Be Fit Release Tension Through Exercise	NETA	(S)	(CC)	N/A	#1306H
	This fast-paced workout ends with a peaceful relaxation, leading viewers from a state of invigoration to a place of complete tranquility.					
10:30:00	It's Sew Easy Everything In Its Place	NETA	(S)	(CC)	DVI	#1202H
	Stay organized when you travel. Sewing educator Rebecca Kemp Brent sews lightweight packing cubes to maximize luggage space. Fashion expert Angela Wolf shares a tip for personalizing a nail kit and machine embroidery expert Joanne Banko makes a faux suede luggage tag with European flair.					
11:00:00	Knit and Crochet Now! Stylish Cardigans	APTEX	(S)	(CC)	DVI	#612H
	The knit Alabaster Cardigan by Cheryl Beckerich will be demonstrated by Kristin, and Ellen demonstrates the steps of the crochet Uptown Chic by Laura Gebhardt. Lastly, Lena presents the "how-tos" to make the crochet Star Stitch Long Cowl.					
11:30:00	Fons & Porter's Love of Quilting Thread Embellished Coasters	NETA	(S)	(CC)	N/A	#2511H
	Unique gifts and one-of-a-kind creations will inspire you to try your hand at thread embellishment.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6263H
13:00:00	Lidia's Kitchen Braising Smaller Cuts	APTEX	(S)	(CC)	N/A	#308H
	Today it's all about the braise. To start, Lidia makes a unique salad of radicchio and oranges, a perfect blend of bitter and sweet. She then makes a heartwarming braised chicken thigh dish with potatoes and olives, a family favorite. For another braise, she demonstrates a simple technique with cauliflower that brings out the nutty flavor of this underused vegetable.					
13:30:00	Taste The Islands with Chef Irie Kingston to Bridgetown	APTEX	(S)	(CC)	N/A	#107H
	Chef Irie mixes big island and small island traditions with his Escoveitched Flying Fish over Coucou, Kale Salad with Mango Vinaigrette and a delightful Rum Raisin Bread Pudding with Coconut Custard Sauce. Chef takes on a drink-making challenge at the home of Vincentian Soca King Kevin Lyttle.					
14:00:00	Simply Ming Susan Regis	APTEX	(S)	(CC)	N/A	#1416H
	Today on Simply Ming, James-beard nominated chef Susan Regis joins Ming in his loft kitchen. Ming and Susan focus on fresh-picked veggies - Susan starts out by creating a rye berry salad with wine cap mushrooms, wild greens and herbed creme fraiche. Meanwhile, Ming couples a delicious coriander-crust salmon with asparagus sauce, quinoa and an asparagus salad.					
14:30:00	Cook's Country Latin Heat	APTEX	(S)	(CC)	N/A	#908H
	Test cook Julia Collin Davison shows host Christopher Kimball how to make a regional recipe, puffy tacos, at home. Then, tasting expert Jack Bishop challenges Chris to a tasting of tortilla chips. And finally, test cook Erin McMurrer reveals the secrets to perfect chicken chilaquiles.					

Daily Program Listing II

43.1

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Wed, Jul 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Beading Fitness Routine	NETA	(S)	(CC)	N/A	#2513H
	Check your beading fitness. Jewelry design Molly Schaller jump starts her designs by mixing matte and glossy beads. Polishing expert Anie Piliguiian buffs matte beads to a high-gloss finish. Then, designer Katie Hacker cools down with ideas for using different types of leather cord and creates a jewelry bail to customize a pendant.					
15:30:00	Katie Brown Workshop New Year's	APTEX	(S)	(CC)	DVI	#422H
	Start the countdown with Katie and the Workshop crew. Recipes: steak with crab sauce, brussels sprouts salad and simple croquebouche (a French dessert). Projects: butterfly lanterns and a sophisticated cinnamon candy centerpiece for a New Year's table.					
16:00:00	Biz Kid\$ Movin' On Out	APTEX	(S)	(CC)	DVI	#503H
	Check out this kid's guide to the true cost of cutting the cord and being independent. This episode takes you through it all - budgeting, roommates, finding a place, and learning about all the hidden costs that Mom and Dad used to pay for you. Meet seven girls who figured out how to share finances and the hairdryer. So how much does it cost to live on your own? More than you think!					
16:30:00	Curious Crew Momentum	NETA	(S)	(CC)	N/A	#303H
	Racing cans, pencil spinners, bowling ball bangers! Explore how whenever something is moving, it has momentum, and the faster it's moving, the more momentum it has. STEM Challenge: Designing a better bobsled. Curious About Careers: Pediatrician Mona Hanna-Attisha describes what it takes to care for children's health.					
17:00:00	P. Allen Smith's Garden Home Drink Your Yard	APTEX	(S)	(CC)	N/A	#1408H
	Using herbs in your cooking is one thing, but in your drinks? P. Allen Smith shows you how to create a garden space that plays nicely with a glass.					
17:30:00	Growing A Greener World Setting Up A Garden: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#504H
	In this episode, host, Joe Lamp'l invites viewers into his own backyard as he creates a large raised bed garden from scratch, and shows tips along the way that anyone can do to create a productive garden. This episode is particularly appealing to fans of the show since it shows the beginning moments of what now serves as the main teaching and trial gardens for the series as well as other respected organizations.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14148H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#516H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8083
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#426H
20:00:00	The Lowertown Line. The Lowertown Line: Songwriters Compilation	APTEX	(S)	(CC)	N/A	#121H
	Three singer songwriters are featured on this special compilation episode. Mayyadda is a recent college graduate who performs Periscope shows to hone her live performance techniques, Barbara Jean uses violin and banjo to connect to her childhood love of Americana music, and Mayda creates unique stage experiences using avant-garde theatrics. Songs Performed: Mississippi, Black is Beautiful, Mars, The City, What's Right, Rubies, Focus.					

Wed, Jul 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center Artists: Dianna Corcoran, The Red Wine Effect (Kathy Redwine, Hollie Brogunier, Steve Goodie), American Gypsy (Neil Jacobs, Steven Fox, Arkadiy Gips), Willie Phoenix, and Eric Gnezda. A compilation of peak moments from Season Two. Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Thank You For Cheating On Me." Artist Bios: The Red Wine Effect. Kathy Redwine and Hollie Brogunier hail from Oregon and Maryland, respectively. Their band, The Red Wine Effect, is known for fresh songwriting and exquisite harmonies. They've been featured on WSM Radio, home of the Grand Ole Opry, and at the coveted Key West Songwriters Festival. The band's multi-instrumentalist, Steve Goodie, is frequently called the funniest man in Nashville. He's been a regular guest on many of the nation's top comedic radio shows, including Howard Stern, Bob and Tom, and Dr. Demento. He hosts Writers Night at Nashville's iconic venue for songwriters, the Bluebird Cafe. They perform "Road Trip." American Gypsy consists of internationally recognized 12-string guitarist/composer Neil Jacobs, Ukrainian master violinist Arkadiy Gips, and award-winning bassist, Steven Fox. This highly acclaimed new ensemble transforms Gypsy, Jazz, and World Folk into intriguing new American music. American Gypsy has thrilled and mesmerized audiences across the United States and Europe. Arkadiy recently spent two years touring worldwide with pop icon, Madonna, as special guest on the "gypsy" segment of her concert program. American Gypsy's debut CD was nominated for the American Independent Music Award's Album of the Year. They perform "American Gypsy." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and earned an Emmy nomination as a television journalist. He is a regular Writers Night performer at The Bluebird Cafe. He performs "Is This America" with Steve Goodie. Artist Bio: Willie Phoenix, former A&M recording artist, and Columbus blues-rock legend. "He sang like Wilson Pickett, wore his Telecaster upside down like Hendrix, and had Elvis Costellos' gift for cutting a pop gem. He didn't play second to James Brown when putting on a show. He's as good as we've ever seen." (Joe Oestreich, Hitless Wonder.) Willis sings "The Hello Song."	APTEx	(S)	(CC)	N/A	#213H
21:00:00	Live at 9:30 Performances by The Arcs, The Jesus and Mary Chain, MS MR and Frank Turner, with an interview from NPR's Bob Boilen and comedy from Tony Rock and Hannibal Burress.	NACC	(S)	(CC)	N/A	#102H
22:00:00	Maritime Silk Road: Birth of the Global Economy Ming Voyages (15th Century) 90 years before Christopher Columbus sailed for the Americas, China launched the largest fleet of wooden ships that the world would ever see to trade with half the world, while freeing sea-lanes of pirates. The largest vessels were 5 times longer than Columbus' Santa Maria. This caused vast quantities of goods and technologies to be shared along the Maritime Silk Road.	KNME	(S)	(CC)	N/A	#104H
22:30:00	Crisis of Faith Narrated by Grammy-winning singer-songwriter Amy Grant, CRISIS OF FAITH examines how slavery and biblical interpretations on its morality divided religious denominations and ultimately, the nation, in the Civil War era. Most Southerners deemed slavery integral to their way of life, and the Bible seemingly reinforced this belief. Christian figures in both the Old Testament and the New Testament never object to, nor do they condemn, the practice. Abolitionists, meanwhile, viewed slavery as an evil inconsistent with values of Christianity. In interviews, prominent religious scholars and historians discuss the evolution of arguments over slavery - from the rhetoric of freedom and equality stoked by the American Revolution; to the divisions of the Methodist, Baptist and Presbyterian churches into northern and southern factions; to the dividing of the nation and the eruption of Civil War.	APTEx	(S)	(CC)	N/A	#0H
23:00:00	Great Museums - Sound Tracks: The Rock & Roll Hall of Fame & Museum For 15 years, GREAT MUSEUMS has crisscrossed the country, showcasing the breadth and diversity of America's museum world. GREAT MUSEUMS' newest release takes viewers to the Rock and Roll Hall of Fame and Museum in Cleveland, Ohio. Opened in 1995, the museum, designed by architect I.M. Pei, is a spectacular glass pyramid, reflecting the idea that Rock and Roll is a "prism" through which we can more clearly see and understand our culture and ourselves. Why Cleveland? It was here that legendary disc jockey Alan Freed coined the phrase "Rock and Roll" to describe this new sound that was sprouting out of Blues, Gospel, R&B, Country, Folk and Bluegrass. Beginning in the 1950's, Rock and Roll swept the nation, helping break down racial barriers, change attitudes, promote peace, and empower the people. The one-hour film features the museums' fascinating collection of sights and sounds that skillfully recreate the story of Rock from its roots to its ubiquitous acceptance as the soundtrack of our lives. The film also explores the annual Hall of Fame Inductions and Concerts, which began in 1986, to recognize those who created and influenced Rock and Roll. The museum exhibits are designed to perpetuate understanding of Rock and Roll as a social phenomenon and the most significant art form to emerge in the 20th century. The number of iconic artifacts is dizzying: Muddy Water's primary guitar; John Lennon's Sgt. Pepper uniform; Michael Jackson's glove; Janis Joplin's porsche; Pink Floyd's The Wall; Mick Jagger's jumpsuits. The music itself is curated at the museum in a variety of ways, including interactive listening booths that connect influences from one artist to another across the decades. "So, it's not four skinny guys with long hair and guitars only," explains Greg Harris, President and CEO of the museum. It's also vocalists, folk singers, soul music, dance music, hip-hop, punk, heavy metal, grunge, and electronic dance music. All are branches of the tree of rock and roll.	APTEx	(S)	(CC)	N/A	#0H

Thu, Jul 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8083
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#426H
01:00:00	The Lowertown Line. The Lowertown Line: Songwriters Compilation	APTEX	(S)	(CC)	N/A	#121H
	Three singer songwriters are featured on this special compilation episode. Mayyadda is a recent college graduate who performs Periscope shows to hone her live performance techniques, Barbara Jean uses violin and banjo to connect to her childhood love of Americana music, and Mayda creates unique stage experiences using avant-garde theatrics. Songs Performed: Mississippi, Black is Beautiful, Mars, The City, What's Right, Rubies, Focus.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#213H
	Artists: Dianna Corcoran, The Red Wine Effect (Kathy Redwine, Hollie Brogunier, Steve Goodie), American Gypsy (Neil Jacobs, Steven Fox, Arkadiy Gips), Willie Phoenix, and Eric Gnezda. A compilation of peak moments from Season Two. Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Thank You For Cheating On Me." Artist Bios: The Red Wine Effect. Kathy Redwine and Hollie Brogunier hail from Oregon and Maryland, respectively. Their band, The Red Wine Effect, is known for fresh songwriting and exquisite harmonies. They've been featured on WSM Radio, home of the Grand Ole Opry, and at the coveted Key West Songwriters Festival. The band's multi-instrumentalist, Steve Goodie, is frequently called the funniest man in Nashville. He's been a regular guest on many of the nation's top comedic radio shows, including Howard Stern, Bob and Tom, and Dr. Demento. He hosts Writers Night at Nashville's iconic venue for songwriters, the Bluebird Cafe. They perform "Road Trip." American Gypsy consists of internationally recognized 12-string guitarist/composer Neil Jacobs, Ukrainian master violinist Arkadiy Gips, and award-winning bassist, Steven Fox. This highly acclaimed new ensemble transforms Gypsy, Jazz, and World Folk into intriguing new American music. American Gypsy has thrilled and mesmerized audiences across the United States and Europe. Arkadiy recently spent two years touring worldwide with pop icon, Madonna, as special guest on the "gypsy" segment of her concert program. American Gypsy's debut CD was nominated for the American Independent Music Award's Album of the Year. They perform "American Gypsy." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and earned an Emmy nomination as a television journalist. He is a regular Writers Night performer at The Bluebird Cafe. He performs "Is This America" with Steve Goodie. Artist Bio: Willie Phoenix, former A&M recording artist, and Columbus blues-rock legend. "He sang like Wilson Pickett, wore his Telecaster upside down like Hendrix, and had Elvis Costellos' gift for cutting a pop gem. He didn't play second to James Brown when putting on a show. He's as good as we've ever seen." (Joe Oestreich, Hitless Wonder.) Willis sings "The Hello Song."					
02:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#102H
	Performances by The Arcs, The Jesus and Mary Chain, MS MR and Frank Turner, with an interview from NPR's Bob Boilen and comedy from Tony Rock and Hannibal Burress.					
03:00:00	Maritime Silk Road: Birth of the Global Economy Ming Voyages (15th Century)	KNME	(S)	(CC)	N/A	#104H
	90 years before Christopher Columbus sailed for the Americas, China launched the largest fleet of wooden ships that the world would ever see to trade with half the world, while freeing sea-lanes of pirates. The largest vessels were 5 times longer than Columbus' Santa Maria. This caused vast quantities of goods and technologies to be shared along the Maritime Silk Road.					
03:30:00	Crisis of Faith	APTEX	(S)	(CC)	N/A	#0H
	Narrated by Grammy-winning singer-songwriter Amy Grant, CRISIS OF FAITH examines how slavery and biblical interpretations on its morality divided religious denominations and ultimately, the nation, in the Civil War era. Most Southerners deemed slavery integral to their way of life, and the Bible seemingly reinforced this belief. Christian figures in both the Old Testament and the New Testament never object to, nor do they condemn, the practice. Abolitionists, meanwhile, viewed slavery as an evil inconsistent with values of Christianity. In interviews, prominent religious scholars and historians discuss the evolution of arguments over slavery - from the rhetoric of freedom and equality stoked by the American Revolution; to the divisions of the Methodist, Baptist and Presbyterian churches into northern and southern factions; to the dividing of the nation and the eruption of Civil War.					

Thu, Jul 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
04:00:00	Great Museums - Sound Tracks: The Rock & Roll Hall of Fame & Museum	APTEX	(S)	(CC)	N/A	#0H
	For 15 years, GREAT MUSEUMS has crisscrossed the country, showcasing the breadth and diversity of America's museum world. GREAT MUSEUMS' newest release takes viewers to the Rock and Roll Hall of Fame and Museum in Cleveland, Ohio. Opened in 1995, the museum, designed by architect I.M. Pei, is a spectacular glass pyramid, reflecting the idea that Rock and Roll is a "prism" through which we can more clearly see and understand our culture and ourselves. Why Cleveland? It was here that legendary disc jockey Alan Freed coined the phrase "Rock and Roll" to describe this new sound that was sprouting out of Blues, Gospel, R&B, Country, Folk and Bluegrass. Beginning in the 1950's, Rock and Roll swept the nation, helping break down racial barriers, change attitudes, promote peace, and empower the people. The one-hour film features the museums' fascinating collection of sights and sounds that skillfully recreate the story of Rock from its roots to its ubiquitous acceptance as the soundtrack of our lives. The film also explores the annual Hall of Fame Inductions and Concerts, which began in 1986, to recognize those who created and influenced Rock and Roll. The museum exhibits are designed to perpetuate understanding of Rock and Roll as a social phenomenon and the most significant art form to emerge in the 20th century. The number of iconic artifacts is dizzying: Muddy Water's primary guitar; John Lennon's Sgt. Pepper uniform; Michael Jackson's glove; Janis Joplin's porsche; Pink Floyd's The Wall; Mick Jagger's jumpsuits. The music itself is curated at the museum in a variety of ways, including interactive listening booths that connect influences from one artist to another across the decades. "So, it's not four skinny guys with long hair and guitars only," explains Greg Harris, President and CEO of the museum. It's also vocalists, folk singers, soul music, dance music, hip-hop, punk, heavy metal, grunge, and electronic dance music. All are branches of the tree of rock and roll.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#307
08:00:00	Mixed Nutz The New Girl	NETA	(S)	(CC)	N/A	#511H
	Damaris becomes unusually competitive in a social networking video game and ignores her father. Adele is looked down upon as the "new girl" in school. Both kids learn how important it is to have good family and friends around. Lesson: Your loved ones are the most important in life!					
08:30:00	Wunderkind Little Amadeus The Dancing Harbor	APTEX	(S)	(CC)	DVI	#111
	After their boat trip on the Danube, the Mozarts land in Vienna, along with Devilius' deceitful trio. To prevent the Mozarts from entering Vienna, they steal Amadeus' father Leopold's wallet. This leads to big complications; customs officers mistake the Mozarts for merchants and ask them to pay high tariffs. Amadeus gets the whole harbor - including Empress Maria Theresia and her children - dancing with a sensational musical performance that convinces the customs officers. Now, nothing stands in the way of a visit to the imperial castle. The Music: "Divertimento No. 17" K. 334; "Contredance in D" K. 603; et al. Additional Content: Monti explains that Austria is Amadeus's home country and introduces Linz, Salzburg, Vienna, the river Danube and other Austrian landscapes.					
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 1	ACCES		(CC)	N/A	#114H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: for Legs & Arms	APTEX	(S)	(CC)	DVI	#915H
10:00:00	Sit and Be Fit Strengthening Muscles & Joints	NETA	(S)	(CC)	N/A	#1307H
	This program is devoted to strengthening muscles to stabilize our joints and preserve muscle mass.					
10:30:00	It's Sew Easy On The Go	NETA	(S)	(CC)	DVI	#1203H
	Convertible active-wear gives lots of easy options. Blogger Mom Caroline Critchfield stays organized with a colorful wallet made from fabric scraps. Pattern designer Angela Wolf creates zip-off sports pants that change from long pants to shorts. Angela Wolf shares a tip for trouble-shooting serger stitches.					
11:00:00	Knit and Crochet Now! Headbands	APTEX	(S)	(CC)	DVI	#613H
	The Thai Garden Headband by Jenny King is a real head turner, and she shows us how to make it. Drew shows how to make a Loom-Knit Meadow Moss Headband by Brenda Myers. Next up is Lena with two cowls: The Big Cable Knit Cowl and The Big Cable Crochet Cowl.					
11:30:00	Fons & Porter's Love of Quilting Moonlight Bay	NETA	(S)	(CC)	N/A	#2512H
	This quilt features a two-block design that creates a rippling movement similar to the moonlight reflected on the surface of water.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6264H

Thu, Jul 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:00:00	The Jazzy Vegetarian Rockilicious!	NETA	(S)	(CC)	DVI	#503H
	Host Laura Theodore prepares garden fresh recipes with help from a special guest, Lynyrd Skynyrd lead guitarist Rickey Medlocke. This "wow" meal stars an enticing entree: Roasted Cauliflower Cutlets with Lemon-Caper Sauce. On the side, Zingy Roasted Asparagus preps in a flash, and Grape Tomato, Avocado and Fresh Herb Salad makes great use of summer tomatoes, fresh basil and parsley. Rockin' Berry Parfaits with Cashew-Coconut Cream make a fun and fresh dessert.					
13:30:00	Mike Colameco's Real Food Alek Stupak	NETA	(S)	(CC)	N/A	#1417H
	What happens when one of the greatest most avant-garde pastry chefs in America who had worked at Alinea and WD-50 decides he's done with pastry and wants instead to do authentic Mexican food in NYC. We'll meet chef Alex Stupak and visit his three downtown restaurants where he may be doing some of the best Mexican inspired ever in Manhattan.					
14:00:00	Joanne Weir's Cooking Confidence You Say Harissa	APTEX	(S)	(CC)	N/A	#211H
	Each time Joanne travels, she loves to find ways to bring exotic flavors home. In this episode, she shows her student Michelle how a picant spice rub, harissa, can quickly transform a home cooked meal of pork tenderloin into a gourmet experience with a cooling mint and cumin yogurt on the side. Recipes: Harissa-Rubbed Pork Tenderloin with Mint and Cumin Yogurt, Green Spring Vegetables. Student: Michelle Soto.					
14:30:00	New Scandinavian Cooking Southern Norway: A Modest But Generous Spud	APTEX	(S)	(CC)	N/A	#208H
	In the South inland region of Norway, host Andreas Viestad cooks with one of the most loved Norwegian ingredients - the potato. Then, Andreas catches and prepares crayfish, a sought-after delicacy in Norway.					
15:00:00	Beads, Baubles and Jewels Leatherworking	NETA	(S)	(CC)	N/A	#2101H
	Leatherworking has deep roots in the Old West. Author Melissa Cable shows how to create a rippled bracelet from a leather strip and embellish with beads. In her second segment, she creates a studded leather bracelet. In Katie's Beading Lesson, learn to wrap wire around stones to create a ring or bracelet.					
15:30:00	Katie Brown Workshop Family Favorites	APTEX	(S)	(CC)	DVI	#501H
	Katie shares a few of her family's favorite projects and recipes. In the Kitchen: Aunt Barb's Cole Slaw, Cousin Annie's Goulash and Mother Meg's Blueberry Muffins. Projects: A shadow box fashioned from your child's old shoes. Pottery-collecting.					
16:00:00	Biz Kid\$ You Are The Target!	APTEX	(S)	(CC)	DVI	#504H
	Every day, kids and teens are subjected to thousands of commercial messages from advertisers. This episode helps you recognize when you are being targeted, how to resist manipulation, and when to apply good consumer skills to cut through the commercial fog.					
16:30:00	Curious Crew Football Science	NETA	(S)	(CC)	N/A	#304H
	Football bounce and flight, sticky fingers and more! Explore how a football's shape makes it more difficult to predict how it will bounce, while that shape helps its gyroscopic motion when thrown or kicked. STEM Challenge: Designing a water balloon helmet. Curious About Careers: Biomechanical engineer Tamara Reid Bush explains the movement of the human body.					
17:00:00	P. Allen Smith's Garden Home Take It Easy	APTEX	(S)	(CC)	N/A	#1409H
	No more excuses, get out and garden! P. Allen Smith demonstrates some hassle free gardening and cooking techniques for even the most well rooted couch potato.					
17:30:00	Growing A Greener World Container Gardening from a to Z: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#505H
	We can all appreciate the beauty of colorful containers of plants and flowers to dress up any space. As simple as potting up a few plants can be, the best arrangements are achieved through techniques professional designers use to create stunning combinations. From selecting the most appropriate container, to choosing the right soil, to creating that magical plant combination, we'll show you recipes for successful container gardening no matter how small or large the space.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14149H

Thu, Jul 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1405H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8084
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1010H
	<p>On this Native Report we learn about the art of basket making from Eastern Band of Cherokee Elder Emma Garrett, she is one of only a few women who still make this traditional style basket. While in North Carolina we also learn how the Eastern Band of Cherokee Nation is managing their fisheries resource. And we look at the night sky through the lens of traditional Dakota and Lakota astronomy. We also hear from the elders and learn something new about Indian Country on Native Report.</p>					
20:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuring Randy Gelispie	NETA	(S)	(CC)	N/A	#709H
	<p>The Fareed Haque & Tony Monaco Trio featuring Randy Gelispie includes some of the most innovative musicians in jazz today. Haque showcases a unique twist on jazz guitar, while Monaco's organ playing takes each song for a ride. The trio is rounded out with drummer Gelispie. Songs featured include "Furry Slippers," and "My One and Only Love." Recorded at Lansing JazzFest 2015.</p>					
20:30:00	Music Voyager Atlanta, Ga	APTEX	(S)	(CC)	N/A	#603H
	<p>Music Voyager is invited to Atlanta, Georgia to experience the heartbeat of the city from the inside out. The host is musician Tacuma Bradley who explores the Atlanta landscape while following the six degrees of separation between the people he meets. These include musicians Christian and Brand Bush, who brings them to the neighborhood of Buckhead for an unplugged performance at a local cemetery. They are introduced to their friends Ruby Velle and the Soulphonics. Ruby's music sets the tone to explore the funky and artistic Five Points neighborhood. Ruby introduces them to the feisty Myra, who owns a boutique cuisine shop called La Fruta. Myra then takes them to the Elevate Festival in the heart of downtown Atlanta. Finally, an introduction is made to Killer Mike, a local hip-hop legend and activist who brings Tacuma to his barbershop/community center to experience a concert with Killer Mike and special guest Big Boi from OutKast.</p>					
21:00:00	Xerox Rochester International Jazz Festival Kent Sangster Obsessions Octet	APTEX	(S)	(CC)	N/A	#803H
	<p>The Obsessions Octet was founded in 2005 by Kent Sangster a jazz saxophonist, and his wife Joanna Ciapka-Sangster, a classically trained violinist, out of their long- held desire to make music together. This group is the most innovative, ambitious, crazy and satisfying project that they have undertaken to date. The distinct sound of this group is an elegant blend of classical, Latin and jazz elements, performing works by Astor Piazzolla, Chucho Valdes, Cole Porter and a collection of Kent Sangster's original compositions.</p>					
22:00:00	Heart of the World: Colorado's National Parks	APTEX	(S)	(CC)	N/A	#103H
	<p>Humans are an important part of the story of Colorado's National Parks. Some used the abundant natural resources to make it home. Others used ingenious methods to adapt to the harsh environments. Still others recognized the wonder of these places and sought to preserve them for future generations. The common denominator for humans across cultures - and through time - is the power the National Parks of Colorado have on the human spirit.</p>					
23:00:00	Stories of the Mind Family Portraits	NETA	(S)	(CC)	N/A	#109H
	<p>Families are often the primary mental health care providers. In these rich stories, family members help loved ones and each other to manage their challenges.</p>					
23:30:00	Stories of the Mind Film Festival	NETA	(S)	(CC)	N/A	#209H
	<p>Three winning films with international perspectives on mental health.</p>					

Fri, Jul 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8084
00:30:00	Native Report On this Native Report we learn about the art of basket making from Eastern Band of Cherokee Elder Emma Garrett, she is one of only a few women who still make this traditional style basket. While in North Carolina we also learn how the Eastern Band of Cherokee Nation is managing their fisheries resource. And we look at the night sky through the lens of traditional Dakota and Lakota astronomy. We also hear from the elders and learn something new about Indian Country on Native Report.	WDSE	(S)	(CC)	N/A	#1010H
01:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuring Randy Gelispie The Fareed Haque & Tony Monaco Trio featuring Randy Gelispie includes some of the most innovative musicians in jazz today. Haque showcases a unique twist on jazz guitar, while Monaco's organ playing takes each song for a ride. The trio is rounded out with drummer Gelispie. Songs featured include "Furry Slippers," and "My One and Only Love." Recorded at Lansing JazzFest 2015.	NETA	(S)	(CC)	N/A	#709H
01:30:00	Music Voyager Atlanta, Ga Music Voyager is invited to Atlanta, Georgia to experience the heartbeat of the city from the inside out. The host is musician Tacuma Bradley who explores the Atlanta landscape while following the six degrees of separation between the people he meets. These include musicians Christian and Brand Bush, who brings them to the neighborhood of Buckhead for an unplugged performance at a local cemetery. They are introduced to their friends Ruby Velle and the Soulphonics. Ruby's music sets the tone to explore the funky and artistic Five Points neighborhood. Ruby introduces them to the feisty Myra, who owns a boutique cuisine shop called La Fruta. Myra then takes them to the Elevate Festival in the heart of downtown Atlanta. Finally, an introduction is made to Killer Mike, a local hip-hop legend and activist who brings Tacuma to his barbershop/community center to experience a concert with Killer Mike and special guest Big Boi from OutKast.	APTEX	(S)	(CC)	N/A	#603H
02:00:00	Xerox Rochester International Jazz Festival Kent Sangster Obsessions Octet The Obsessions Octet was founded in 2005 by Kent Sangster a jazz saxophonist, and his wife Joanna Ciapka-Sangster, a classically trained violinist, out of their long- held desire to make music together. This group is the most innovative, ambitious, crazy and satisfying project that they have undertaken to date. The distinct sound of this group is an elegant blend of classical, Latin and jazz elements, performing works by Astor Piazzolla, Chucho Valdes, Cole Porter and a collection of Kent Sangster's original compositions.	APTEX	(S)	(CC)	N/A	#803H
03:00:00	Heart of the World: Colorado's National Parks Humans are an important part of the story of Colorado's National Parks. Some used the abundant natural resources to make it home. Others used ingenious methods to adapt to the harsh environments. Still others recognized the wonder of these places and sought to preserve them for future generations. The common denominator for humans across cultures - and through time - is the power the National Parks of Colorado have on the human spirit.	APTEX	(S)	(CC)	N/A	#103H
04:00:00	Stories of the Mind Family Portraits Families are often the primary mental health care providers. In these rich stories, family members help loved ones and each other to manage their challenges.	NETA	(S)	(CC)	N/A	#109H
04:30:00	Stories of the Mind Film Festival Three winning films with international perspectives on mental health.	NETA	(S)	(CC)	N/A	#209H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#308
08:00:00	Mixed Nutz Indian Wedding When Sanjay's dear Auntie Sonya announces she is getting married, Sanjay is very jealous and recruits the gang to sabotage the wedding! After a few failed attempts Sanjay comes around to accepting the situation and sends off the bride and groom with a big dance number. Lesson: If you love someone, you have to set them free.	NETA	(S)	(CC)	N/A	#512H
08:30:00	Wunderkind Little Amadeus Street Musicians On the way to their guesthouse in Vienna, the Mozarts witness a terrible incident in which the arrogant son of a nobleman mistreats an old woman and her grandchildren. Outraged, Amadeus challenges the man to a duel - "whip against violin." He deliberately plays the violin badly so that the horse of the evil young man runs away. News of this incident quickly spreads around Vienna. Amadeus gets to know two young street musicians and joins them to form a trio, playing in the music cafes of Vienna. However, neither the humiliated son of the nobleman nor Devilius and his sidekick Monti want to give up. The Music: "Violin Concerto in B" K. 207; "Piano Sonata No. 18 in F" K. 533; et al.	APTEX	(S)	(CC)	DVI	#112

Fri, Jul 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 2	ACCES		(CC)	N/A	#115H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Focusing On Hips	APTEX	(S)	(CC)	DVI	#916H
10:00:00	Sit and Be Fit A Healthy Back Mary Ann focuses on the importance of maintaining a healthy back with exercises that involve back flexibility, strengthening and stretching.	NETA	(S)	(CC)	N/A	#1308H
10:30:00	It's Sew Easy Versatile Packables Make your travel clothes and accessories do double duty. Embroidery expert Eileen Roche makes a fashionable laptop bag. Sewing educator Joanne Banko adds a fashion statement to a simple knit dress with embroidery and accessories. Serger expert Angela Wolf has a tip for serging a rolled hem.	NETA	(S)	(CC)	DVI	#1204H
11:00:00	Knit and Crochet Now! Versatile Shawls We are pleased to have new host Deborah Norville join us and this week it's all about shawls. Once upon a time shawls were mostly for warmth, but today they are very much a fashion item. Joining Deborah are Kristin Nicholas, who shows us how to knit up the lovely lace Rafael Shawl, and Ellen Gormley demonstrating the unique Star Zag Shawl. Ellen also joins us in the "Stitch of the Week" corner, giving tips and tricks on how to crochet the Solomon's Knot.	APTEX	(S)	(CC)	DVI	#701H
11:30:00	Fons & Porter's Love of Quilting Prairie Sunrise Mary and Marianne Fons will present the techniques and the Tri-Recs templates that were used to create this earthy inspired design in blues, greens, and creams.	NETA	(S)	(CC)	N/A	#2513H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6265H
13:00:00	Ellie's Real Good Food No Brainer Breakfasts Ellie tackles the challenge we all face every day--what's for breakfast, especially in a busy household when everyone is out the door like a pool ball break. She helps out Mary, a mom and an elite athlete and coach, who literally hits the ground running each morning. Recipes: Make-ahead mini frittatas with leeks and asparagus; Morning glory baked oatmeal; Peanut butter and grapes wrap; Avocado toast with egg.	APTEX	(S)	(CC)	N/A	#105H
13:30:00	Kevin Dundon's Modern Irish Food Fish, Hunt and Harvest Kevin prepares smoked mackerel with a blackcurrant Jus, Skeaghanore duck breast with black cherries, pickled wild mushrooms, sauteed garlic potatoes and to finish, a spiced apple with Killowen yogurt.	APTEX	(S)	(CC)	N/A	#104H
14:00:00	Chef John Besh's New Orleans Shrimp and Chicken Jambalaya, Jen's Wild Berry Cream Pie, and Blueberry Sorbet.	APTEX	(S)	(CC)	DVI	#110H
14:30:00	Essential Pepin Rollin' In Dough Soda Bread; Gros Pain; Long Proofed Baguette; Brioche; Bread Galettes.	APTEX	(S)	(CC)	DVI	#117H
15:00:00	Beads, Baubles and Jewels Heirloom Cabochons Using colorful fabric, blogger Mandi Ainsworth fashions cabochons to create heirlooms using a new twist on traditional techniques. Mandi makes a bezel with seed beads to create timeless pendants, bracelets and necklaces. Katie shows how to tie knots in leather strips to create a fashion-forward necklace.	NETA	(S)	(CC)	N/A	#2102H
15:30:00	Katie Brown Workshop Sweet The recipes and projects Katie presents promise to satisfy even the sweetest tooth and awaken your sweet side. In the Kitchen: Colorful Birthday Cake, Heavenly Orange & Cherry Brownies and Kyle's Famous Sugar and Spice Cookies. Projects: Make-and-decorate lip balm. A whimsical butterfly bouquet.	APTEX	(S)	(CC)	DVI	#502H

Fri, Jul 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ The Economics of Economics	APTEX	(S)	(CC)	DVI	#505H
	Here's a lighter look at a complex science. Learn about everything from micro to macro economics, supply and demand, and economic indicators. See how business owners and even individuals use economic principles to make financial decisions. Meet a young entrepreneur who started up her serving business when the economy turned down. It's all economics!					
16:30:00	Curious Crew Buoyancy	NETA	(S)	(CC)	N/A	#305H
	Sinking stones, aluminum boats, Cartesian diver, scuba action figures, hot air balloons and more! Explore buoyancy, which is an object's ability to float. STEM Challenge: Making a hovering balloon. Curious About Careers: Microbiologist Joan Rose discusses the workings of a water research lab.					
17:00:00	P. Allen Smith's Garden Home All Natural	APTEX	(S)	(CC)	N/A	#1410H
	Become closer to earth using natural ingredients and inspirations from the environment to create your own Garden Home experience.					
17:30:00	Growing A Greener World In The Garden with Margaret Roach: New York	APTEX	(S)	(CC)	N/A	#506H
	Former senior executive for Martha Stewart shares how her garden saved her and how it IS possible to grow more sustainably both in the garden and in life.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14150H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1329H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8085
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#928H
20:00:00	Song of the Mountains Bobby Hicks & Mark Kuykendall/Steve Gulley & New Pinnacle	NETA	(S)	(CC)	N/A	#1124H
21:00:00	Woodsongs United States Air Force Band Celtic Aire/Leroy Troy and the Tennessee Mafia Jug	NETA	(S)	(CC)	N/A	#1805H
	Celtic Aire is the premier Celtic and folk ensemble of the United States Air Force. Formed in 2007, the group is comprised of five Airmen musicians from The United States Air Force Band's Singing Sergeants, the official chorus of the U.S. Air Force. In addition to community relations concerts in Washington, D.C., and the surrounding area, this small ensemble regularly performs at official functions for military and civilian leaders. In 2009, Celtic Aire deployed to Kuwait, Iraq, Qatar and Kyrgyzstan in support of diplomatic and troop morale initiatives as a part of Operation Enduring Freedom. Their latest release is 'As I Roved Out'. Leroy Troy And The Tennessee Mafia Jug Band are a "blast from the past" band. They are five guys and a scrubboard, with roots like wisdom teeth anchored by Leroy Troy, "The Tennessee Slicker," who has performed his astounding old time banjo act since the 1980's and was a featured player on hit TV show Hee Haw. Their latest CD is Lester's Loafin' Lounge.					
22:00:00	Film School Shorts Crossed Stars	NETA	(S)	(CC)	N/A	#406H
	It's love at first sight in the midst of a dinosaur invasion in The Life and Death of Tommy Chaos and Stacey Danger. Together, they flee for a life of adventure and romance - only to discover that even the brightest flames don't burn forever. Directed by Michael Lukk Litwak. In Googly Eyes, Cooper Barnes stars as Gary, whose chronic earache stirs up memories of his childhood and unresolved baggage with his ex-girlfriend. Directed by Simon Savelyev. Dance across an old Victorian mansion filled with whimsical animated characters in Fool of People. Directed by Jose Rodriguez.					
22:30:00	On Story Creed: A New Legend	NETA	(S)	(CC)	N/A	#708H
	In this episode, writer Aaron Covington discusses how he and co-writer/director Ryan Coogler came up with the idea for a unique and personal spin on the Rocky Balboa story and in the process created a new legend.					
23:00:00	Science Goes to the Movies Medicinal Uses of Psychedelics	EPS	(S)	(CC)	N/A	#404H
	Guest: Dr. Anthony Bossis. Movie: The Sunshine Makers. Psychedelics! Like, wow-man! Or like wow, great medicinal properties, man! Science Goes to the Movies looks at The Sunshine Makers with Dr. Anthony Bossis, NYU Clinical Investigator, studying effects of psilocybin on cancer and end-of-life anxiety.					

Daily Program Listing II
43.1

Date: 06/14/2017
Fri, Jul 28, 2017

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Theater Talk Ken Fallin, Theater Caricaturist	EPS	(S)	(CC)	N/A	#1036H

Theater Talk welcomes artist Ken Fallin and presents an on-air exhibition of his popular drawings of show business luminaries.

Sat, Jul 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8085
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#928H
01:00:00	Song of the Mountains Bobby Hicks & Mark Kuykendall/Steve Gulley & New Pinnacle	NETA	(S)	(CC)	N/A	#1124H
02:00:00	Woodsongs United States Air Force Band Celtic Aire/Leroy Troy and the Tennessee Mafia Jug Celtic Aire is the premier Celtic and folk ensemble of the United States Air Force. Formed in 2007, the group is comprised of five Airmen musicians from The United States Air Force Band's Singing Sergeants, the official chorus of the U.S. Air Force. In addition to community relations concerts in Washington, D.C., and the surrounding area, this small ensemble regularly performs at official functions for military and civilian leaders. In 2009, Celtic Aire deployed to Kuwait, Iraq, Qatar and Kyrgyzstan in support of diplomatic and troop morale initiatives as a part of Operation Enduring Freedom. Their latest release is 'As I Roved Out'. Leroy Troy And The Tennessee Mafia Jug Band are a "blast from the past" band. They are five guys and a scrubboard, with roots like wisdom teeth anchored by Leroy Troy, "The Tennessee Slicker," who has performed his astounding old time banjo act since the 1980's and was a featured player on hit TV show Hee Haw. Their latest CD is Lester's Loafin' Lounge.	NETA	(S)	(CC)	N/A	#1805H
03:00:00	Film School Shorts Crossed Stars It's love at first sight in the midst of a dinosaur invasion in The Life and Death of Tommy Chaos and Stacey Danger. Together, they flee for a life of adventure and romance - only to discover that even the brightest flames don't burn forever. Directed by Michael Lukk Litwak. In Googly Eyes, Cooper Barnes stars as Gary, whose chronic earache stirs up memories of his childhood and unresolved baggage with his ex-girlfriend. Directed by Simon Saveljev. Dance across an old Victorian mansion filled with whimsical animated characters in Fool of People. Directed by Jose Rodriguez.	NETA	(S)	(CC)	N/A	#406H
03:30:00	On Story Creed: A New Legend In this episode, writer Aaron Covington discusses how he and co-writer/director Ryan Coogler came up with the idea for a unique and personal spin on the Rocky Balboa story and in the process created a new legend.	NETA	(S)	(CC)	N/A	#708H
04:00:00	Science Goes to the Movies Medicinal Uses of Psychedelics Guest: Dr. Anthony Bossis. Movie: The Sunshine Makers. Psychedelics! Like, wow-man! Or like wow, great medicinal properties, man! Science Goes to the Movies looks at The Sunshine Makers with Dr. Anthony Bossis, NYU Clinical Investigator, studying effects of psilocybin on cancer and end-of-life anxiety.	EPS	(S)	(CC)	N/A	#404H
04:30:00	Theater Talk Ken Fallin, Theater Caricaturist Theater Talk welcomes artist Ken Fallin and presents an on-air exhibition of his popular drawings of show business luminaries.	EPS	(S)	(CC)	N/A	#1036H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#309
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Beautiful Bouquet This painting is composed of flowers which form a natural balance with the background. This is a fine example of a floral painting where you can change, add or remove almost anything without ruining its natural balance.	APTEX	(S)	(CC)	N/A	#502H
08:30:00	Painting with Wilson Bickford Out to Pasture, Part 2 Old cars and trucks have a lot of character - and make great painting subjects! In this piece, an old truck has been left to rust in a flowery pasture. In Part 2, Wilson finishes the summer scene and details the truck.	NETA	(S)	(CC)	N/A	#209H
09:00:00	Landscapes Through Time with David Dunlop James Abbott McNeill Whistler's Venetian Etchings David travels to beautiful Venetian locations that inspired provocative, iconoclastic artist James Abbott McNeill Whistler (1834-1903) during his transformative trip in 1879-1880. Whistler's fame from the etchings that he created in the backstreets of Venice helped rehabilitate his artistic reputation after a disastrous libel trial with noted art critic John Ruskin. David demonstrates a dry point on a copper plate alongside a canal, the Rio de San Barnaba, located near Whistler's first studio at the Ca' Rezzonico, demonstrating Whistler's brilliance in graphic design.	NETA	(S)	(CC)	DVI	#204H

Sat, Jul 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Increase Your Range of Motion	APTEX	(S)	(CC)	DVI	#917H
10:00:00	Sit and Be Fit Better Balance Good balance begins with proper spinal alignment, strong core muscles and bringing awareness to our center of gravity while weight shifting.	NETA	(S)	(CC)	N/A	#1309H
10:30:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
11:00:00	Delicious TV's Vegan Mashup A Reason to Rise This episode focuses on breakfast packed with punch from a quick & easy raw smoothie to a full breakfast for your hungry friends and family. Raspberry Morning Muffins/Truffled Tofu & Sweet Potato Hash Browns/Quinoa Porridge/Ginger Snap Smoothies	NETA	(S)	(CC)	DVI	#106H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Chocolate Dreams, Cacao Fantasies Belgian-born chocolatier Mathieu Brees brings Rick deep in the jungles of Ticul for a tour of cacao groves. The serene setting is the backdrop for a complete bean-to-bar chocolate education, with Mathieu, Rick and the plantation's caretaker tromping around the lovingly farmed cacao fields. Then, Rick and Mathieu head to the Ki' Xocolatl chocolate factory in Merida. Still daydreaming about all of that chocolate, Rick makes a trio of cacao-inspired dishes, including a chocolate cake with candied ancho chile, red mole with chocolate and a cocktail featuring macerated cacao and chile-infused tequila.	APTEX	(S)	(CC)	N/A	#1110H
12:00:00	Lidia's Kitchen Sweet and Savory It's all about the balance today as Lidia pairs some unexpected ingredients that result in the best of flavors. She starts the meal with her prosciutto and fig bruschetta: grilled bread topped with a salty sweet combination of prosciutto and fig jam; spaghetti with fennel and bitter greens: spaghetti tossed with fennel, escarole and a splash of balsamic; chocolate anise biscotti: the "twice cooked" Italian cookie made with chocolate and anise.	APTEX	(S)	(CC)	N/A	#416H
12:30:00	Moveable Feast with Fine Cooking Maui, Hawaii Follow host Pete Evans on a trip to the stunning island of Maui on this episode of Moveable Feast with Fine Cooking. He's here to explore, cook, and dine with two of the island's excellent chefs 2014 Maui Chef of the Year Isaac Bancoco, and founder of the mobile kitchen Maui Fresh Streatery Kyle Kawakami. The island adventure starts with an expedition into the Hawaiian waters for some off-shore fishing. Back on shore the team prepares a modern take on a traditional Maui feast at the spectacular Noho'ana Farm known for its taro and pounding poi.	APTEX	(S)	(CC)	N/A	#307H
13:00:00	Expeditions with Patrick Mcmillan The Clemson Forest - from Tragedy to Triumph Today, the Clemson Forest is over 17,000 acres of lovely, pristine-looking woodland and pastoral landscape nestled among suburban neighborhoods in the South Carolina piedmont. But this forest wasn't always so picturesque. Seventy years ago this landscape was an ecological disaster. Years of poor cotton farming practice led to dramatic erosion and hardly a tree grew in this now verdant setting. Join Patrick as he explores the unique and rare plants and animals and the changes that led from catastrophe to the restoration of the vibrant world-class ecosystem and working outdoor classroom that is the Clemson Forest.	APTEX	(S)	(CC)	N/A	#311H
13:30:00	Weekends with Yankee Quintessential Villages New England is known for its postcard-perfect villages. This week on Weekends with Yankee, we pay a visit to Stockbridge, Massachusetts, home of the Norman Rockwell Museum, which houses the famed painter's best-known works. Our second stop is Woodstock, Vermont, where the ultimate general store, Gillingham & Sons, has been serving customers for 130 years. Lastly, it's off to Biddeford, Maine, for a taste of the Palace Diner, a classic New England eatery reimaged by two ambitious young chefs.	APTEX	(S)	(CC)	N/A	#111H
14:00:00	Rick Steves' Europe England's Cornwall The far southwest of England is a world unto itself, with a persistent Cornish culture. He explores a world of flowers springing from towering hedges, a tin-mining heritage going back to biblical times, salty pirates' towns and fishing villages, and the Land's End of England. Then, side-tripping deep into the vast and mysterious Dartmoor National Park, he hikes to forgotten stone circles and chase wild ponies.	APTEX	(S)	(CC)	N/A	#910H

Daily Program Listing II

43.1

Date: 06/14/2017

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese South Africa: Turtles and Tsongas	APTEX	(S)	(CC)	N/A	#120H
	The tale of the turtle takes place on the beaches of South Africa's Rocktail Bay, on the edge of the Indian Ocean. Richard Wiese travels here to search for the extraordinary 300-pound loggerhead turtle, which swims thousands of miles each year to lay its eggs on the same beach where it was born. Richard joins a Tsonga tribesman to catch fish in unusual reed traps and visits a rural primary school to see how the next generation of South Africans is coming of age.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4704H
	A unique way to remember our nation's history is through plants. Some have been around for generations, most likely because they're durable. Others may be forgotten, yet they deserve our attention. GardenSMART visits a lovely garden that is filled with beautiful, historic plants. A great show, be sure to tune in.					
15:30:00	Chefs A' Field Peaches and Herb	APTEX	(S)	(CC)	N/A	#206H
	Pennsylvania Peaches Transcending Politics in Washington, D.C. Chef Brian McBride: Blue Duck Tavern - Washington, D.C. In Washington, D.C. , the talk of the town is GDP and CPI, but just across the Pennsylvania border, folks are discussing IPM. One of Washington, D.C. 's hottest chefs, Brian McBride, and his daughters visit Pennsylvania farmer Mark Toigo, who uses IPM, integrated pest management, to grow sweet, picture-perfect peaches and plums with no chemical residue. In the kitchen, the chef and his daughters prepare a visually pleasing, mouthwatering feast. Recipes: Free-Range Chicken with Peaches & Herbs; Summer Salad with Heirloom Tomatoes, Garden Herbs & Doughnut Peaches.					
16:00:00	Conversations in the Digital Age with Jim Zirin How Do We Deal with the Syrian Refugee Crisis?	EPS	(S)	(CC)	N/A	#105H
	Guest: David Miliband, President, International Rescue Committee. The bloody civil war in Syria has spawned a refugee crisis of dimensions unknown since World War II. Nearly 5.5 million people have fled the conflict with only around 10,000 re-settled in the United States - less than 0.2 per cent of the total Syrian refugee population. Yet, during the campaign, President-elect Trump said he would close the door to Syrian immigration. International Rescue Committee President David Miliband tells Jim Zirin that the U.S. must open its doors to carefully vetted Syrian refugees, and do its part to avert a humanitarian disaster.					
16:30:00	Overheard with Evan Smith Gary Kelly, Ceo, Southwest Airlines	NETA	(S)	(CC)	N/A	#726H
	Gary Kelly serves as Chairman of the Board and Chief Executive Officer of Southwest Airlines. In Kelly's 30 years at Southwest he has worked as a controller, Chief Financial Officer, VP of Finance, Executive VP and CFO before being promoted to CEO in 2004. In 2017 Kelly was recognized as one of the top five underrated CEOs by Fortune magazine.					
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Cooper	APTEX	(S)	(CC)	N/A	#309H
	Think handmade wooden buckets a thing of the past? Cooper Jim Gaster keeps the craft alive and well. His buckets were recently in The Revenant. Host Eric Gorges and Jim make a bucket - no leaks.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3529H
18:30:00	The Open Mind Centrism for America	NETA		(CC)	N/A	#3749H
	Guest: Nick Troiano. Nick Troiano of the Centrist Project talks about electing independent candidates to correct the partisan dysfunction.					
19:00:00	Closer to Truth What Is God About?	EPS	(S)	(CC)	N/A	#1504H
	We dig into issues and arguments about God's existence-and, if God exists, about God's nature or traits. We explore competing ideas about God and assess divine diversity.					
19:30:00	American Forum A Conservative Journalist On Real News?	NETA	(S)	(CC)	N/A	#239H
	RICH LOWRY, editor of the conservative NATIONAL REVIEW, on the debate about alternative facts, partisan journalism, and fake news.					

Sat, Jul 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Snarky Puppy	APTEX	(S)	(CC)	N/A	#603H
	Bassist and composer Michael League's improvisational pop musician collective defies categorization but never disappoints an audience, as eight of its members bring an evening of music exploration and massive jams to Infinity Hall Live. From fan favorites like "Shofukan" to "Grown Folks" from their latest Grammy-winning album Culcha Vulcha, the performance provides viewers with an immersive experience enhanced by handheld cameras on the stage capturing the woo hoo-worthy solos of this self-described "pop band without vocals."					
21:00:00	Front and Center Steve Vai	APTEX	(S)	(CC)	N/A	#705H
	Legendary guitarist Steve Vai takes to the stage in the smallest room that he has performed in in years. Voted the 10th Greatest Guitarist by Guitar World magazine, Vai treats fans to selections throughout his three decade long career. Vai began his career as a transcriptionist for Frank Zappa in 1978 before joining his band from 1980-1983. As an independent guitarist he has won three Grammy Awards and has produced eight studio albums, two EPs, two special albums, eight live albums, twelve soundtracks, twenty compilation albums, and six DVD releases. Vai's solo sophomore release, Passion and Warfare, has earned gold certification in the US.					
22:00:00	Globe Trekker Tough Boats: The Arctic	APTEX	(S)	(CC)	N/A	#1617H
	Globe Trekker Ian Wright travels to the high Arctic from the coast of northern Norway, working his passage on a trawler fishing for cod before continuing his voyage on a specially ice-strengthened vessel around Spitsbergen, the world's northernmost inhabited islands. Ian's tough Arctic journey starts in fishing port of Tromso, more than 200 miles north of the Arctic Circle. From here, aboard the fishing trawler Hermes, he travels another 300 miles north to rich fishing ground near remote Bear Island. Among his expeditions across the Arctic Ocean, Ian transfers to a small, but beautiful, 1950s-era Arctic cruise ship, The Stockholm, taking just a dozen or so passengers around the islands in search of polar bears and other Arctic wildlife.					
23:00:00	Arts In Context Rebirth	NETA		(CC)	N/A	#501H
	Born out of intense personal hardship, Les Rav - the classically-influenced experimental indie folk band - is the musical brainchild of Lauren Bruno, an ethereal, infinitely positive songwriter. Beyond the music, Bruno uses Les Rav to spread and foster a message of peace, connection, and understanding to anyone who will listen. Though diagnosed with ulcerative colitis early on in life, Bruno uses this often debilitating disease as motivation to spread her message of hope with even more fervor and intensity. Her haunting vocals and melodies reel listeners in but it's her overwhelming sense of hopefulness and goodness that keeps them in.					
23:30:00	Ecosense for Living Household Tips	NETA	(S)	(CC)	N/A	#101H
	Household tips for saving money while going easier on the planet. The first segment features nationally syndicated radio host and consumer advocate, Clark Howard, showing us the simple changes he's made in his own house to save on his energy bills. In the second segment, an urban couple in an older home is amazed at the results of their whole house energy audit. The third segment takes us behind the scenes at a grocery store for a look at how the decisions we make there affect the planet. Then we wrap it up with a "green cleaning" expert who tells us how to make our own eco-friendly cleaners using inexpensive items from our pantries.					

Sun, Jul 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth What Is God About? We dig into issues and arguments about God's existence-and, if God exists, about God's nature or traits. We explore competing ideas about God and assess divine diversity.	EPS	(S)	(CC)	N/A	#1504H
00:30:00	American Forum A Conservative Journalist On Real News? RICH LOWRY, editor of the conservative NATIONAL REVIEW, on the debate about alternative facts, partisan journalism, and fake news.	NETA	(S)	(CC)	N/A	#239H
01:00:00	Infinity Hall Live Snarky Puppy Bassist and composer Michael League's improvisational pop musician collective defies categorization but never disappoints an audience, as eight of its members bring an evening of music exploration and massive jams to Infinity Hall Live. From fan favorites like "Shofukan" to "Grown Folks" from their latest Grammy-winning album Culcha Vulcha, the performance provides viewers with an immersive experience enhanced by handheld cameras on the stage capturing the woo hoo-worthy solos of this self-described "pop band without vocals."	APTEX	(S)	(CC)	N/A	#603H
02:00:00	Front and Center Steve Vai Legendary guitarist Steve Vai takes to the stage in the smallest room that he has performed in in years. Voted the 10th Greatest Guitarist by Guitar World magazine, Vai treats fans to selections throughout his three decade long career. Vai began his career as a transcriptionist for Frank Zappa in 1978 before joining his band from 1980-1983. As an independent guitarist he has won three Grammy Awards and has produced eight studio albums, two EPs, two special albums, eight live albums, twelve soundtracks, twenty compilation albums, and six DVD releases. Vai's solo sophomore release, Passion and Warfare, has earned gold certification in the US.	APTEX	(S)	(CC)	N/A	#705H
03:00:00	Globe Trekker Tough Boats: The Arctic Globe Trekker Ian Wright travels to the high Arctic from the coast of northern Norway, working his passage on a trawler fishing for cod before continuing his voyage on a specially ice-strengthened vessel around Spitsbergen, the world's northernmost inhabited islands. Ian's tough Arctic journey starts in fishing port of Tromso, more than 200 miles north of the Arctic Circle. From here, aboard the fishing trawler Hermes, he travels another 300 miles north to rich fishing ground near remote Bear Island. Among his expeditions across the Arctic Ocean, Ian transfers to a small, but beautiful, 1950s-era Arctic cruise ship, The Stockholm, taking just a dozen or so passengers around the islands in search of polar bears and other Arctic wildlife.	APTEX	(S)	(CC)	N/A	#1617H
04:00:00	Arts In Context Rebirth Born out of intense personal hardship, Les Rav - the classically-influenced experimental indie folk band - is the musical brainchild of Lauren Bruno, an ethereal, infinitely positive songwriter. Beyond the music, Bruno uses Les Rav to spread and foster a message of peace, connection, and understanding to anyone who will listen. Though diagnosed with ulcerative colitis early on in life, Bruno uses this often debilitating disease as motivation to spread her message of hope with even more fervor and intensity. Her haunting vocals and melodies reel listeners in but it's her overwhelming sense of hopefulness and goodness that keeps them in.	NETA		(CC)	N/A	#501H
04:30:00	Ecosense for Living Household Tips Household tips for saving money while going easier on the planet. The first segment features nationally syndicated radio host and consumer advocate, Clark Howard, showing us the simple changes he's made in his own house to save on his energy bills. In the second segment, an urban couple in an older home is amazed at the results of their whole house energy audit. The third segment takes us behind the scenes at a grocery store for a look at how the decisions we make there affect the planet. Then we wrap it up with a "green cleaning" expert who tells us how to make our own eco-friendly cleaners using inexpensive items from our pantries.	NETA	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#310
08:00:00	Gary Spetz's Watercolor Quest Hawaii's Big Island Host-Artist, Gary Spetz, explores, photographs and paints Hawaii's diverse "Big Island"-explaining, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	DVI	#103
08:30:00	Painting with Paulson Moment of Serenity Part II	NETA	(S)	(CC)	N/A	#1710H

Sun, Jul 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Seahorse	APTEX		(CC)	N/A	#611H
	Art Lesson: Harmony. Harmony can be defined as a pleasing arrangement of parts, whether it is music, poetry, color, or even an ice cream sundae. Harmony, in art, is an image that is pleasing to the eye, creates an inner sense of order and a balance in the visual experience. When an artwork is not harmonious, it may be considered boring or chaotic. A well-crafted painting is a unified whole that encompasses all the other elements and principles of art and design. Size relationships are defined by proportion and scale. Proportion refers to how the elements within an object relate to the object as a whole. Scale relates to the size of an object when compared with the size of the space in which it is located. As with Wyland's depiction of a Seahorse, unity assures a sense of order. There is a consistency of size and shape, a harmony of color and pattern. Where too much unity can be boring; too much variety can cause a restless feeling. Juggling the elements and principles to get just the right mix is a key to good harmony and unity in a painting.					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Hip Strengthening	APTEX	(S)	(CC)	DVI	#918H
10:00:00	Sit and Be Fit Improve Your Mood	NETA	(S)	(CC)	N/A	#1310H
	In this episode Mary Ann uses tactile stimulation to increase circulation and elicit a relaxed state of body and mind.					
10:30:00	Power Yoga: Mind and Body Core-Abs/Back - Version One	APTEX	(S)	(CC)	N/A	#105
	With Ustrasana, Charlie Chaplin-asana, Fish/Matsyasana and others.					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#317H
11:30:00	New Orleans Cooking with Kevin Belton Shrimp Specialties	APTEX	(S)	(CC)	N/A	#109H
	Shrimp remoulade, shrimp Creole, BBQ shrimp.					
12:00:00	Ciao Italia Would You Like A Bowl of Soup?/Vorebbe Una Ciotola Della Minestra	NETA	(S)	(CC)	N/A	#2415H
	When all else fails, soup wins, when Mary Ann creates three masterpieces nella cucina, starting with a velvety-smooth Cream of Carrot and Potato Soup, and then goes fishing with a surprisingly satisfying Swordfish Minestrone. Break out the bowls and spoons and sit down for soup!					
12:30:00	Mike Colameco's Real Food Peru Part 2	NETA	(S)	(CC)	N/A	#1419H
	Part 2 of the Peru show.					
13:00:00	Journeys In India Panna: Land of the Dhole	NETA	(S)	(CC)	N/A	#210H
	Over the years, Bill has been able to find and film all of the great predators of India, but one-the wild Asiatic Dog or Dhole. These illusive and endangered canines have rarely been captured on camera. This is the last great wildlife challenge Bill has yet to conquer... Will he or won't he succeed?					
13:30:00	Family Travel with Colleen Kelly Panama City Beach - Pirate Parties, Geo-Cache Treasures & Snorkeling Fun	APTEX	(S)	(CC)	N/A	#308H
	Colleen Kelly and her children kick off their visit to Florida's Panama City Beach by exploring the white sands of Shell Island, followed by a snorkeling excursion during which they have an encounter with starfish. They even attend the annual Pirates of the High Seas Festival, fish for their own lunch, and embark on a breathtaking helicopter ride.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#317H
14:30:00	Burt Wolf: Travels & Traditions Guatemala, Part 1	APTEX	(S)	(CC)	N/A	#1602H
	The Maya people have been living in Guatemala for over 10,000 years. Burt visits their ancient tribal communities, learns how they were able to develop calendars that are as accurate as the ones we use today. He stops into Funsepa, which is a non-profit foundation that gives the children of Guatemala the technical skills they will need to compete in the modern world. He tours the city of Antigua, checks out the influence of the Spanish conquistadors and learns about Guatemalan music, crafts and food.					

Sun, Jul 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Corinthian Door Pilasters with Beautiful Carved Capitals.	NETA	(S)	(CC)	N/A	#2403H
15:30:00	Rough Cut - Woodworking with Tommy Mac Machinery This week on Rough Cut Woodworking with Tommy Mac Tommy is excited to bring in the machinery every good woodworker needs for his shop. We need to haul them all in and set them up in their proper place before starting work on the interior of the shop, getting a good start on the door and trim. Then we can finally get the flooring down, getting that much closer to getting the entire interior shop done.	APTEX	(S)	(CC)	N/A	#709H
16:00:00	Happy Yoga with Sarah Starr Majestic Golden Fields Bask in the glory of the majestic golden wheat fields as we experience a modified yoga practice using a chair to improve posture and support movement in the whole body including balance and standing poses to open the hips and lengthen the hamstrings.	NETA	(S)	(CC)	N/A	#102H
16:30:00	Second Opinion C. Difficile Patient Story: When the bacteria Clostridium difficile (C.diff) grows out of control in your intestines, you can become very sick with what is commonly known as C. diff. Lois Joseph shares her painful story of living with C. diff and how she ultimately overcame this horrible illness. Myth or Medicine: Is C. diff only acquired in healthcare settings? Second Opinion 5: Five ways to prevent contracting C. diff.	APTEX	(S)	(CC)	N/A	#1008H
17:00:00	Immense Possibilities The True Rights of Communities When Thomas Linzey's clients across rural America asked why they couldn't stop industrial hog farms from devastating their communities, he could give them a legal but not a reasonable answer. So he started a legal defense fund to support communities fighting for the rights and authority they had before a century of court decisions gave corporations almost limitless siting power. This episode goes to the root of things.	NETA	(S)	(CC)	N/A	#609H
17:30:00	Well Read Anuradha Roy, Sleeping On Jupiter Traveling from India to the US, Man Booker long-list author Anuradha Roy discusses Sleeping on Jupiter on the show. This unflinching novel by a spellbinding storyteller, weaves a deep and disturbing story based on religion, love, and violence in the modern world.	APTEX	(S)	(CC)	N/A	#604H
18:00:00	California's Gold Nixon's Birthplace Visit The Richard Nixon Library and Birthplace with Huell and first daughter Julie Nixon Eisenhower, as she gives a private and personal tour of the farmhouse where her dad was born and raised. During this informal tour, Julie talks about her father's memories of growing up in this simple, wooden home that used to be in the middle of a huge orange grove. It is a rare personal insight into the 37th President's early California years, and an authentic piece of California's Gold.	KCET		(CC)	N/A	#2007
18:30:00	Fringe Benefits	NETA	(S)	(CC)	N/A	#206H
19:00:00	Beyond Geek A Pirate's Life for Me Nate travels through time into a world filled with black powder weapons, swords fights, and adventure.	EPS	(S)	(CC)	N/A	#205H
19:30:00	The Kamla Show Special Suzanne Frey Kamla talks to Suzanne Frey, Director, Trust, Security, Privacy, Google Apps at Google. Frey has a liberal arts degree and ended up working in the technology sector. How did she do it? Frey is also on the board of Motley Fools. This is part of Women in Science and Tech Series.	KAMLA	(S)	(CC)	N/A	#126H
20:00:00	Black America Black Women and Politics with Kimberly Peeler-Allen Kimberly Peeler-Allen, co-founder of Higher Heights, an organization that works to get more black women elected to public office, sat down with Carol Jenkins to discuss black women in politics. Peeler-Allen talks about the low number of black women elected to congress and the difficulties many face inside and outside the political process such as fundraising and campaigning.	EPS	(S)	(CC)	N/A	#131H

Sun, Jul 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#105H
	In honor of October's National "People's History Month," Asian American Life reports from Ellis Island's Peopling of America Center. This major expansion of the museum reopened in May 2015, and it traces the immigrant experience to the U.S.A, from 1892 to present day. Asian American Life takes a close look at our immigration history and its influence on American culture. Reporter Kyung Yoon looks at the "Peopling of America" exhibit and how people can trace their ancestry. Ernabel Demillo reports on the little known history of Filipinos who arrived in the early 1900's where many were sponsored students. Paul Lin reports on how undocumented students face a greater hurdle to obtain a college education. Minnie Roh interviews Dr. Leroy Chiao who achieved the American dream and became only a handful of Asian American astronauts in the history of NASA.					
21:00:00	National Geographic Bee	WMPT	(S)	(CC)	N/A	#2017H
	The annual National Geographic Bee returns for the 29 th consecutive year, with journalist and humorist Mo Rocca serving as host and moderator. The 2017 National Geographic Bee will feature fourth to eighth-graders vying for the Bee crown and the top prize of a \$50,000 college scholarship and lifetime membership in the National Geographic Society. The finalists, all winners of their state-level geographic bees, have triumphed over a field of nearly 4 million students to earn a place in the national championships. They represent the 50 states, District of Columbia, Atlantic Territories, Pacific Territories and Department of Defense Dependents Schools.					
22:00:00	America's First Forest: Carl Schenck and the Asheville Experiment	APTEX	(S)	(CC)	N/A	#0H
	Based on Dr. Carl Alwin Schenck's memoir Cradle of Forestry in America, AMERICA'S FIRST FOREST: CARL SCHENCK AND THE ASHEVILLE EXPERIMENT examines the pivotal role played by pioneering forestry educator Carl Schenck and his founding of America's first school of forestry-the Biltmore Forest School. Through archival photos, historical re-enactments and contemporary interviews, the documentary recounts how Schenck, a German forester, came to America in 1895 to manage the forests at George Vanderbilt's Biltmore Estate in western North Carolina. With more than 100,000 acres of woodland to oversee and replant, Schenck began hiring young men to help with the work. After three years of answering their questions while on the job, the forester decided to teach them in a more formal setting and established the first forestry school in the United States. Schenck lectured in the mornings and students worked the land in the afternoons, gaining practical forestry training in a one-year program. Despite eventually being dismissed by Vanderbilt and returning to Germany, Schenck's unheralded leadership while at the Biltmore Forest (now preserved and celebrated as the Cradle of Forestry in America) was central to the conservation movement and the emergence of professional forestry.					
23:00:00	Hidden Pictures	NETA	(S)	(CC)	DVI	#0H
	When filmmaker Delaney Ruston learns that worldwide over 450 million people have some type of mental illness, she wonders why their stories are rarely heard. HIDDEN PICTURES depicts Delaney's journey to uncover deeply personal mental health stories in India, China, South Africa, France and the United States. The filmmaker explores questions around cultural attitudes toward mental illness, the desolating experience of stigma, and the challenge of coping in countries where access to mental health treatments are severely limited and human rights violations are common. The stories uncover a surprising reality...globally; when it comes to experiences of mental illness, we are far more similar than different. Ultimately, HIDDEN PICTURES instills hope by featuring the anti-stigma campaigns of mental health advocates such as former Congressman Patrick Kennedy and actor Glenn Close.					

Mon, Jul 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek A Pirate's Life for Me Nate travels through time into a world filled with black powder weapons, swords fights, and adventure.	EPS	(S)	(CC)	N/A	#205H
00:30:00	The Kamla Show Special Suzanne Frey Kamla talks to Suzanne Frey, Director, Trust, Security, Privacy, Google Apps at Google. Frey has a liberal arts degree and ended up working in the technology sector. How did she do it? Frey is also on the board of Motley Fools. This is part of Women in Science and Tech Series.	KAMLA	(S)	(CC)	N/A	#126H
01:00:00	Black America Black Women and Politics with Kimberly Peeler-Allen Kimberly Peeler-Allen, co-founder of Higher Heights, an organization that works to get more black women elected to public office, sat down with Carol Jenkins to discuss black women in politics. Peeler-Allen talks about the low number of black women elected to congress and the difficulties many face inside and outside the political process such as fundraising and campaigning.	EPS	(S)	(CC)	N/A	#131H
01:30:00	Asian American Life In honor of October's National "People's History Month," Asian American Life reports from Ellis Island's Peopling of America Center. This major expansion of the museum reopened in May 2015, and it traces the immigrant experience to the U.S.A, from 1892 to present day. Asian American Life takes a close look at our immigration history and its influence on American culture. Reporter Kyung Yoon looks at the "Peopling of America" exhibit and how people can trace their ancestry. Ernabel Demillo reports on the little known history of Filipinos who arrived in the early 1900's where many were sponsored students. Paul Lin reports on how undocumented students face a greater hurdle to obtain a college education. Minnie Roh interviews Dr. Leroy Chiao who achieved the American dream and became only a handful of Asian American astronauts in the history of NASA.	EPS	(S)	(CC)	N/A	#105H
02:00:00	National Geographic Bee The annual National Geographic Bee returns for the 29 th consecutive year, with journalist and humorist Mo Rocca serving as host and moderator. The 2017 National Geographic Bee will feature fourth to eighth-graders vying for the Bee crown and the top prize of a \$50,000 college scholarship and lifetime membership in the National Geographic Society. The finalists, all winners of their state-level geographic bees, have triumphed over a field of nearly 4 million students to earn a place in the national championships. They represent the 50 states, District of Columbia, Atlantic Territories, Pacific Territories and Department of Defense Dependents Schools.	WMPT	(S)	(CC)	N/A	#2017H
03:00:00	America's First Forest: Carl Schenck and the Asheville Experiment Based on Dr. Carl Alwin Schenck's memoir Cradle of Forestry in America, AMERICA'S FIRST FOREST: CARL SCHENCK AND THE ASHEVILLE EXPERIMENT examines the pivotal role played by pioneering forestry educator Carl Schenck and his founding of America's first school of forestry-the Biltmore Forest School. Through archival photos, historical re-enactments and contemporary interviews, the documentary recounts how Schenck, a German forester, came to America in 1895 to manage the forests at George Vanderbilt's Biltmore Estate in western North Carolina. With more than 100,000 acres of woodland to oversee and replant, Schenck began hiring young men to help with the work. After three years of answering their questions while on the job, the forester decided to teach them in a more formal setting and established the first forestry school in the United States. Schenck lectured in the mornings and students worked the land in the afternoons, gaining practical forestry training in a one-year program. Despite eventually being dismissed by Vanderbilt and returning to Germany, Schenck's unheralded leadership while at the Biltmore Forest (now preserved and celebrated as the Cradle of Forestry in America) was central to the conservation movement and the emergence of professional forestry.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Hidden Pictures When filmmaker Delaney Ruston learns that worldwide over 450 million people have some type of mental illness, she wonders why their stories are rarely heard. HIDDEN PICTURES depicts Delaney's journey to uncover deeply personal mental health stories in India, China, South Africa, France and the United States. The filmmaker explores questions around cultural attitudes toward mental illness, the desolating experience of stigma, and the challenge of coping in countries where access to mental health treatments are severely limited and human rights violations are common. The stories uncover a surprising reality...globally; when it comes to experiences of mental illness, we are far more similar than different. Ultimately, HIDDEN PICTURES instills hope by featuring the anti-stigma campaigns of mental health advocates such as former Congressman Patrick Kennedy and actor Glenn Close.	NETA	(S)	(CC)	DVI	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#311
08:00:00	Mixed Nutz Phantom of the Auditorium The kids put on a school musical and Adele finds out that the school bully Tubby is actually a really nice boy named Tobias. Lesson: Don't judge a book by its cover.	NETA	(S)	(CC)	N/A	#513H

Mon, Jul 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus Never Kiss An Empress	APTEX	(S)	(CC)	DVI	#113
	The invitation to the imperial court still hasn't arrived. Money is short, and Devilius manipulates the innkeeper to demand the hotel bill from Amadeus' father, Leopold, in advance. Leopold has no other option but to return to Salzburg. Amadeus attempts to meet the Empress during a visit to the opera, without success. As the Mozarts make their way home in an oxcart, the invitation to the imperial court finally arrives! In a race against time, the misled innkeeper tries to reach the Mozarts to bring them back. Will Devilius still stand in the way of Amadeus' appearance at the court, or could Amadeus end up receiving a kiss from the Empress herself? The Music: "Cassation" K. 63; "Turkish March" from Piano Sonata "Rondo alla Turca" K. 331; et al. Additional Content: In this episode, Amadeus and his family find themselves in several locations of Vienna, once the cultural capital in Europe (next to Paris). Monti shares information about this city, including its buildings, squares and the famous St. Stephen's Cathedral.					
09:00:00	Functional Fitness with Suzanne Andrews Younger Muscles In 30 Days	ACCES		(CC)	N/A	#116H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Toning	APTEX	(S)	(CC)	DVI	#919H
10:00:00	Sit and Be Fit Lighthearted Exercises	NETA	(S)	(CC)	N/A	#1311H
	Mary Ann introduces a variety of new exercises for fingers, gait and back strengthening in this fun, light-hearted episode.					
10:30:00	It's Sew Easy At The Beach	NETA	(S)	(CC)	DVI	#1205H
	It's time to hit the beach. Sewing educator and writer Rebecca Kemp Brent makes a handy tote bag from a towel. Sewing blogger Caroline Critchfield sews a fish-shaped drawstring beach or laundry bag. Sewing enthusiast Joanne Banko sews in circles to create a ruffled beach cover-up.					
11:00:00	Knit and Crochet Now! Slip Into Slippers	APTEX	(S)	(CC)	DVI	#702H
	Everybody's got feet, and when it gets cold, those feet get chilly! Today Lena Skvagerson shows Deborah Norville how to stitch up the Walk of Fame textured unisex slippers with a wrap around cuff and Rohn Strong shows us how to crochet the Fireside Slippers, which are moccasin style slippers for both men and women. Lena's in the stitch corner with the Knit Blackberry Stitch.					
11:30:00	Fresh Quilting Design Options	NETA	(S)	(CC)	N/A	#101H
	Design from a fresh perspective. Free-motion quilt artist Christina Cameli echo quilts and contrasts curves and lines to create new designs. Art historian and quilter Allison Evans joins modern quilt activist Heather Grant to discuss charity quilting events. Quilt innovator Jacquie Gering quilts with gentle curves.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7001H
13:00:00	America's Test Kitchen from Cook's Illustrated Fast Food Makeovers	APTEX	(S)	(CC)	N/A	#1723H
	Test cook Dan Souza shows host Julia Collin Davison how to make the perfect grilled pizza at home. Then, tasting expert Jack Bishop challenges Julia to a tasting of super- market olive oil. Next, gadget guru Lisa McManus uncovers the best avocado gadgets. Finally, host Bridget Lancaster goes into the test kitchen with test cook Tim Chin to learn how to make the best shredded chicken tacos.					
13:30:00	Pati's Mexican Table Taco Night	APTEX	(S)	(CC)	N/A	#403H
	There are so many delicious ways to enjoy tacos, and Pati is constantly trying to impress her boys with new twists on traditional taco recipes. Her sons love tacos so much that the Jinich's have a family tradition every couple of weeks: Taco Night! While the family is on vacation in San Miguel, Pati has decided to bring their Taco Night tradition to Mexico. Recipe 1: Homemade Corn Tortillas; Recipe 2: Fresh Cheese Basket Tacos; Recipe 3: Tacos al Pastor with Garnishes; Recipe 4: Achiote Adobo; Recipe 5: Chile de Arbol and Tomatillo Quick Salsita.					
14:00:00	Lucky Chow Japan: Food As Fetis	APTEX	(S)	(CC)	N/A	#201H
	Japan has mesmerized American foodies for generations and a new wave of Japanese culinary culture continues to intoxicate us. Exploring American manifestations of otaku, the Japanese trope that combines cutting-edge pop culture with fetishistic obsession, Danielle visits New York's first cat cafe; a Brooklyn izakaya run by a Frenchman in thrall to Japanese anime and manga; and a California suburban mom who's a star on the international bento-box circuit. On a more traditional note, Danielle gets in the sumo ring with a 600-pound opponent and then helps him make chanko nabe, the sumo wrestler's staple meal.					

Mon, Jul 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke	APTEX	(S)	(CC)	DVI	#305H
15:00:00	Beads, Baubles and Jewels Bead Weaving Sleepless Beader Leslie Rogalski shows her contemporary take on the traditional method of bead weaving on a loom. Using a variety of threads, cords and large beads, Leslie creates unconventional, trendy jewelry using traditional stitching. Katie shares tips for storing and organizing beading supplies.	NETA	(S)	(CC)	N/A	#2103H
15:30:00	Katie Brown Workshop Easy Entertaining Katie's simple, creative and elegant ideas make hosting a party easy as pie. In the Kitchen: Quick Asparagus with Orange Vinaigrette, Refreshing Pear and Apple Wine Cooler and Savory Flank Steak Pinwheels. Projects: A stunning floral centerpiece. Plant seeds: the gift that keeps on giving.	APTEX	(S)	(CC)	DVI	#503H
16:00:00	Biz Kid\$ Businesses That Give Back Get to know some businesses that are giving back in big ways, including up-and-coming entertainer Cymphonique, who helps encourage positive self-esteem for girls. Learn from socially conscious companies that are doing good. It's the new triple bottom line: people, planet, and profit.	APTEX	(S)	(CC)	DVI	#506H
16:30:00	Curious Crew Skeletal System Broken bones, tendon tricks, acidic exoskeletons and more! Explore the human skeletal system including bones, cartilage, ligaments, tendons, and joints; and how it stores calcium and phosphorous and produces blood cells. STEM Challenge: Making a no-hands crutch. Curious About Careers: Orthopedic surgeon and baseball team physician Julie Dodds on her career in sports medicine.	NETA	(S)	(CC)	N/A	#306H
17:00:00	P. Allen Smith's Garden Home The Pioneers Challenge with Georgia Pellegrini Modern Pioneer, Georgia Pellegrini, teams up with P. Allen Smith to prepare a stunning cocktail party. Meanwhile, a challenge between the two has been waged. Who will come out on top?	APTEX	(S)	(CC)	N/A	#1411H
17:30:00	Growing A Greener World The Weekend Farmer; Beyond The Garden-The Basics of Starting A Small Farm: For many, the longing for a more rural lifestyle comes calling sooner or later. Just a small plot of land out in the country for a weekend getaway we say; a few chickens, a garden and maybe a goat or two. Before you know it, you're farming. While experience is still the best teacher, we'll show you some of the most important considerations you need to know-before taking the plunge.	APTEX	(S)	(CC)	N/A	#507H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14151H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#220H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8086
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3529H
20:00:00	Music City Roots Live from the Factory John Conlee, Sierra Hull, Jim Lauderdale Country crooner and Grand Ole Opry star John Conlee sings "Rose Colored Glasses." Sierra Hull unveils intimate new acoustic music. And Jim Lauderdale features his Soul Searching LP with the N. Miss. All-Stars.	APTEX	(S)	(CC)	N/A	#411H
21:00:00	All-Star Orchestra	APTEX	(S)	(CC)	N/A	#204H
22:00:00	Wisdom of the Grandmothers The Wisdom of the Grandmothers is a powerful testimony to the importance of the voices of elder women in today's world. Love, community, creativity, family, faith and spirituality, respect and caring for our Mother Earth are just a few of the important topics shared.	ACCES	(S)	(CC)	N/A	#0H

Daily Program Listing II

43.1

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Mon, Jul 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	West of the West: Tales from California's Channel Island Return	APTEX	(S)	(CC)	N/A	#103H

12. The Doctor and the Rock Star - This is the story of an odd couple - Dr. Carey Stanton, who owned Santa Cruz Island, and rock star Joe Walsh. Meeting in the 1970s through Marla Daily, they struck up an unusual, and unusually strong, bond that led to Joe putting on an Eagle's concert to help raise the money for the Nature Conservancy's purchase of Santa Cruz Island... and ultimately its protection forever. 13. Cache - After a 20 year quest to find a cave reputed to have been used by the Lone Woman, archeologist Steve Schwartz finally discovers the cave. Only to have his excavation efforts shut down by the Navy. This tale chronicles the turf war over the cave between archeologists, the Navy and various Indian tribes. It also tells the story of an amazing discovery of the Lone Woman's 'cache' by Jon Erlandson and Rene Vellanoweth. And shows the over 200 artifacts they preserved. 14. Island Restoration - Novelist TC Boyle talks about his attraction to the Channel Islands that led him to write two books about them. One, When the Killing is Done, focuses on the showdown between environmentalists and Channel Islands National Park and Nature Conservancy naturalists who wanted to restore the islands to their native state. This is the spine of our tale and leads to discussion of 'who gets to play god' out there, what steps have been taken with various species like the island fox and the bald eagle, and what the results have been.