

Thu, Dec 01, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7174
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#345
01:00:00	New Tanglewood Tales: Life On Stage and Off	APTEX	(S)	(CC)	N/A	#104H
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#208H
	Artist: Master Series with Grammy Award Winner Don Henry, and hosted by songwriter Eric Gnezda. Don Henry sits down with host Eric Gnezda in an episode of the Master Series. In a one-on-one interview, Don performs and discusses songwriting. Don has had songs recorded by Ray Charles, Blake Shelton, Miranda Lambert, BJ Thomas, Patti Page, Conway Twitty, among others. The wit and wisdom of Don's songs are widely celebrated. He is best known for his Grammy Award winning, "Where've You Been," recorded by Kathy Mattea, and co-written with her husband, Jon Vezner. The song also garnered Song of the Year honors from the Academy of Country Music, the Country Music Association, and Nashville Songwriters Association International. "Where've You Been" was the first song in country music history to be awarded all four honors in the same year. He also sings "All Kinds of Kinds" and "Beautiful Fool," a tribute to Dr. Martin Luther King.					
02:00:00	Jubilee Masters of Bluegrass	NETA	(S)	(CC)	N/A	#1201H
	The Bluegrass "MOB" - legendary players Del McCoury on guitar and vocals, Bobby Osborne on mandolin and vocals, J.D. Crowe on banjo, Bobby Hicks on fiddle and Jerry McCoury on bass and vocals-performs at the 2013 Festival of the Bluegrass at the Kentucky Horse Park.					
03:00:00	Ishi's Return	NETA	(S)	(CC)	N/A	#0H
	ISHI'S RETURN is a half-hour film about Ishi, billed in 1911 as the "last wild Indian" when he wandered out of the woods in Oroville, CA, and became a national sensation. When Ishi died, his brain was removed and sent to the Smithsonian Institution in Washington, DC. Eighty years later, his descendants in California fight to have his remains repatriated to his ancestral home.					
03:30:00	Beyond Recognition	NETA	(S)	(CC)	N/A	#0H
	After decades struggling to protect her ancestors' burial places, now engulfed by San Francisco's sprawl, a Native woman from a non-federally recognized tribe and her allies occupy a sacred site to prevent its desecration. When this life-altering event fails to stop the development, they vow to follow a new path- to establish the first women-led urban Indigenous land trust. Shattering stereotypes, BEYOND RECOGNITION explores the quest to preserve one's culture and homeland in a society bent on erasing them.					
04:00:00	Gallery: The National Museum of the American Indian	APT	(S)	(CC)	N/A	#0
	GALLERY: THE NATIONAL MUSEUM OF THE AMERICAN INDIAN charts the unveiling and dedication of the first Smithsonian museum dedicated exclusively to American Indians. The grand unveiling of the National Museum of the American Indian coincided with the six-day, outdoor First American Festival and the Native Nations Festival. The colorful opening day began with a Native Nations Procession, the largest gathering of Native peoples in modern history. More than 25,000 American Indians, representing more than 500 tribes and Native communities - from as far north as Alaska to as far south as Chile - participated in this historic event. During the program, the museum's architects discuss the conception and design of the striking building, and landscaping, which was created to resemble a land form shaped by rain, water and nature. Throughout the documentary, American Indians share their thoughts on the importance of the museum, their heritage and passing along traditions to the next generation.					
04:30:00	Arab American Stories	APTEX	(S)	(CC)	DVI	#113H
	A new generation of Arab Americans are making their mark - actress Alia Shawkat, best known for her role on "Arrested Development," is a rising independent film star, Mariem Masmoudi is a student trying to figure out how to merge her American and Tunisian identities to give back to both cultures, and former serviceman and DJ Ace Montaser is making his name on Detroit's airwaves.					
05:00:00	Closer to Truth What Is Nothing?	EPS	(S)	(CC)	N/A	#1212H
	What if nothing ever existed? Scientists claim that the universe came from nothing. But what's the nature of nothing? That's where the confusion lies.					
05:30:00	Innerviews with Ernie Manouse Naomi Judd	NETA	(S)	(CC)	N/A	#1110H
	With her daughter, Wynonna, Naomi Judd topped the charts and The Judds became one of the most successful country music acts of all time. But before the success, Naomi was an abused mother of two - working long hours for little pay, struggling for security for her and her children, and clinging on to the dream that there would be brighter days ahead... and there were. Years later, while at the top of their game - life threw Judd another curve ball when she was diagnosed with Hepatitis C - forcing her to retire - but never to give up! On this episode of InnerVIEWS with Ernie Manouse, our conversation with Grammy winning recording artist, actress, author, motivational speaker - and the mother of Wynonna and Ashley Judd - Naomi Judd.					

Daily Program Listing II

43.1

Date: 10/30/2016

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1977
08:00:00	Zula Patrol The Show Must Float On/tThe Truder Crown Affair	APTEX	(S)	(CC)	DVI	#309H
	THE SHOW MUST FLOAT ON - It's time for the annual Ballet of the Water Striders, a beautiful water-top dance to celebrate the coming of Spring. However, during rehearsals the water striders can't keep themselves on top of the water! Enter The Zula Patrol, who find out the water striders are having trouble holding onto each other. It turns out, an unwelcome substance is making it impossible for the water molecules to form their natural elastic layer. The ZPers need to find the source of the pollution fast or the water could get way too sick to recover... and the water ballet will have to be cancelled! THE TRUDER CROWN AFFAIR - Princess Marina invites The Zula Patrol to the Zulean Isles to enjoy her coronation, but when a suspiciously familiar "Count Von Troodles" takes her crown, the ZPers are back on the job. Unfortunately, Wizzy and Wigg discover the crown they've retrieved floats instead of sinking like the genuine article. The ZPers will have to get the real crown back from Truder before he becomes king of the isles and Marina's hopes sink like...well, like her crown should!					
08:30:00	Bug Bites	APTEX	(S)	(CC)	DVI	#114H
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1017H
10:00:00	Sit and Be Fit The Power of Small Movements	NETA	(S)	(CC)	N/A	#1419H
	This episode demonstrates what can be achieved with small gentle movements.					
10:30:00	Sewing with Nancy Stitching A Sewing Community Together	NETA	(S)	(CC)	N/A	#2815H
	Learn firsthand about ties that bind a Sewing and Stitchery Expo together. Nancy interviews people that bring together the largest "sewing community-the Sewing and Stitchery Expo in Puyallup, WA. Among those interviewed were Pati Palmer, renowned pattern designer; Tula Pink, fabric designer; Kathy Marrone, editor of Vogue Patterns magazine; Candice Jewett, sewing/quilting teacher; Tina Torrey, Kathy Ackley, Brittany Revel, and Debbie Wilson, customers/students; and Joanne Ross, celebrating 30 years as director and founder of the expo.					
11:00:00	Knitting Daily Don't Sweater The Small Stuff	NETA	(S)	(CC)	N/A	#1413H
	Take your project from homemade to handmade. Knitter and instructor Patty Lyons shares tips to make your next sweater a success. Kate Gilbert of the Twist Collective talks about why sweaters are such popular projects. Leslye Solomon shows how to block a sweater successfully and Tanis Gray adds a feminine touch with lace picot. Vickie Howell compares neckline treatments and proportional sizing for baby sweaters.					
11:30:00	Fons & Porter's Love of Quilting Zig A Zag Table Runner	NETA	(S)	(CC)	N/A	#2411H
	Mary Fons and guest, Eleanor Burns, zip together an artistic quilt using pre-cut 2 1/2" strips or cut your own 2 1/2" strips of fabric. With fast strip sewing, you can easily create this strong, geometric pattern that dances across your quilt.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6094H
13:00:00	Eat! Drink! Italy! with Vic Rallo Trust The Land	APTEX	(S)	(CC)	N/A	#308H
	Vic and Tony Verdoni talk to Lamberto Frescobaldi about his unique attempt to help prisoners make wine and enter society with winemaking skills. Vic visits Campania to Chef Lina Fischetti as she makes her local lamb and smoked potato recipe.					
13:30:00	Cooking with Nick Stellino Elegant Veal Chops & A Delectable Cheesecake	APTEX	(S)	(CC)	N/A	#109H
	Cooking the perfect chop and preparing the ultimate sauce with port and Gorgonzola is as easy as 1-2-3! Making the perfect dessert is even easier. Nick visits the cheese monger and the butcher and prepares Veal Chops with Port & Gorgonzola and a Ricotta Cheesecake with Coffee & Chocolate.					

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14:00:00	The Jazzy Vegetarian Mediterranean Flavors	NETA	(S)	(CC)	DVI	#505H
	Host Laura Theodore prepares a Mediterranean-inspired, plant-based meal with special guest Julieanna Hever. Chickpea-Tomato Salad with Tofu "Feta" is a satisfying salad served with a quick to prepare homemade, vegan "cheese." On the side, tangy Escarole with Kalamata Olives makes eating your greens a pleasure and Lots of Garlic Hummus gives this meal jazzy pizzazz. For dessert a moist, delicious Vegan Lemon "Buttermilk" Cake is reminiscent of traditional Greek Lemon Cake.					
14:30:00	New Scandinavian Cooking Very Local Stews	APTEX	(S)	(CC)	N/A	#702H
	Few things are better than a real, hearty stew. Stews have a universal generousness and at the same time they are often a great expression of unique local traditions. In today's episode Andreas travels southwards from Trondheim to Oslo, and the first stop is Oppdal in the breadbasket of Mid-Norway, where he prepares a beef stew with rye bread and beer. In the mountain region lamb is on the menu, and the stew is flavored with mild Scandinavian spices. As he reaches the flatlands again he makes a very traditional dish, pork knuckles with pea stew.					
15:00:00	Beads, Baubles and Jewels Macrame Makeover	NETA	(S)	(CC)	N/A	#2313H
	Weave a color story with macrame. Designer Sandra Younger creates two contemporary bracelets with hemp cord, silver tubes and beads using traditional macrame techniques. Katie creates home decor by wrapping wire and using beaded chain to embellish a chandelier in her Beading Lesson.					
15:30:00	Make It Artsy Nature	NETA	(S)	(CC)	N/A	#105H
	Just step outside to find artsy inspiration in nature. Calligrapher Janet Takahashi adds floral accents to plain lettering. Metalsmith Mary Hettmansperger adds patinas to copper. Art entrepreneur Jenn Mason captures nature's beauty in monostenciling. Julie Fei Fan Balzer has a tip for printing designs with items from nature.					
16:00:00	Biz Kid\$ What to Do with a Windfall	APTEX	(S)	(CC)	DVI	#511H
	Congratulations - you have a windfall! Now what? Take a look at some investment alternatives and how to evaluate them based on time, risk, and rate of return. Meet several young entrepreneurs who were faced with a financial opportunity and see where they decided to invest their money.					
16:30:00	Hands On Crafts for Kids Discover The World	NETA	(S)	(CC)	DVI	#1711H
	Let's discover the world we live in and beyond. Katie and Jennie create a 3-D pop-up map of the planets together, and Franz explores the artistic use of dimension and space. Gather leaves, sticks and stones and then Jenny shows how to create a nature journal. She and Katie use water and paint to create a new fish species in silhouette. Katie blasts off with a jet pack made from recycled bottles and supplies from the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home All About The Bugs	APTEX	(S)	(CC)	N/A	#1510H
	P. Allen Smith meets bugs where they live. Find out how to deal with the good, the bad and the ugly around your home and garden.					
17:30:00	Growing A Greener World Controlling Garden Pests, Diseases, and Weeds Organically (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#718H
	While garden pests, diseases, and weeds are a fact of life, the harsh chemicals often used to treat them don't have to be. As we become more aware of the adverse impact these products are having on wildlife and our environment, gardeners are seeking eco-friendlier ways to manage these ever-present problems. In this episode, Joe and the team tackle all those challenges garden pests, diseases, and weeds in and around the Garden Farm set of Growing a Greener World. And they'll do it using all-organic methods for effective control. It is possible to have a healthy and thriving garden and landscape without the use of harmful chemicals, and this episode shows you how.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13240
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1323H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7175
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1105H

Daily Program Listing II

43.1

Date: 10/30/2016

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Backstage Pass George Delancey Quartet - Encore	NETA	(S)	(CC)	N/A	#714H
	Back for an encore, George DeLancey Quartet featuring George DeLancey, bass; Jon Beshay, sax; Rick Roe, Piano; and Sean Dobbins, drums, continue the jazz jam with "Just One of Things" and "All The Things You Are." This performance was recorded live at the Lansing JazzFest 2015 in Lansing's historic Old Town district.					
20:30:00	Music Voyager Morocco: Gateway to Africa - The North	APTEX	(S)	(CC)	N/A	#706H
	Three friends-Nouamane Lahlou, a rock star and producer of Morocco; Hassan Hakmoun, a master Gnawa musician and Laurent Le Gall, a film director and producer, meet in Casablanca to travel the length of Morocco in search of experiencing it first-hand. Starting in the metropolis of Casablanca the team travels north to Tangier, which is located at the tip of Africa and across from Spain. The music of the Amazir people draws them to the painted city of Chefchaouen, the jewel of the Rif Mountains.					
21:00:00	Live from the Dennison Lodge Pierce Pettis	NETA	(S)	(CC)	N/A	#109H
	Known as a "songwriter's songwriter," Pierce has worked with Joan Baez, Art Garfunkle, Garth Brooks and many more. His songs, tinged with his Appalachian upbringing, have been called "profound," "beautifully delivered," "wry," "sensitive," and "an integral part of any singer/songwriter's collection."					
22:00:00	The Story of Yiwu	KNME	(S)	(CC)	N/A	#0H
	Follow San Francisco clothing store owners Chris and Ben to Yiwu, China, as they shop in the largest commodity market in the world. Yiwu is a world renowned small commodities shopping paradise. Globally, almost ninety percent of all household products come from Yiwu. Their industry is not only seen as a complex kaleidoscope of merchandise, but also as China's most technologically advanced in garment and jewel productions. Apart from shopping, Chris and Ben experienced a state of tranquility as they sat in awe of the magnificent art and architecture during their first visit to a Chinese temple. They also found new tastes in exquisite food from an ancient village and a hustle and bustle night market. The story of Yiwu reveals the hands and faces behind MADE IN CHINA.					
23:00:00	Roadtrip Nation: Ready to Rise	APTEX	(S)	(CC)	N/A	#0H
	The travel documentary ROADTRIP NATION: READY TO RISE follows three out-of-work youth - Ryan, Summer and Michael - as they travel across the country to interview inspiring individuals who overcame adversity to build fulfilling lives and careers. Ryan, a 20-year-old from Patterson, Calif., aspires to uplift his community in some way, and believes the opportunity to travel and meet mentors from similar backgrounds will open him up to a whole new world of possibility. Summer, also 20 and a California native, has been looking for a support system her whole life. Raised in a foster care environment without a defined sense of family to guide her, she knows what it's like to feel alone in the world, and dreams of becoming a crisis counselor to help others who face similar challenges. Twenty-four year old Michael, who was raised in a poverty-stricken neighborhood, found himself involved in gang life at the age of 12 to get by. A high-school dropout, Michael resolved to turn his life around after he found himself locked up in a juvenile detention center. Once out, he became involved with the program YouthBuild Schenectady, which gave him the support he needed to awaken his potential. Michael hopes the road trip will give him the wisdom and experiences to further develop his purpose and share his story with others. As the roadtrippers embark on their personal journeys for a better way of life, along the way they find hope and inspiration from their interviews with Chris Gardner, author of The Pursuit of Happyness, Father Greg Boule, founder and executive director of the non-profit organization Homeboy Industries, filmmaker Lydia Joyner, and several others.					

Fri, Dec 02, 2016

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00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7175
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1105H
01:00:00	Backstage Pass George Delancey Quartet - Encore	NETA	(S)	(CC)	N/A	#714H
	Back for an encore, George DeLancey Quartet featuring George DeLancey, bass; Jon Beshay, sax; Rick Roe, Piano; and Sean Dobbins, drums, continue the jazz jam with "Just One of Things" and "All The Things You Are." This performance was recorded live at the Lansing JazzFest 2015 in Lansing's historic Old Town district.					
01:30:00	Music Voyager Morocco: Gateway to Africa - The North	APTEX	(S)	(CC)	N/A	#706H
	Three friends-Nouamane Lahlou, a rock star and producer of Morocco; Hassan Hakmoun, a master Gnawa musician and Laurent Le Gall, a film director and producer, meet in Casablanca to travel the length of Morocco in search of experiencing it first-hand. Starting in the metropolis of Casablanca the team travels north to Tangier, which is located at the tip of Africa and across from Spain. The music of the Amazir people draws them to the painted city of Chefchaouen, the jewel of the Rif Mountains.					
02:00:00	Live from the Dennison Lodge Pierce Pettis	NETA	(S)	(CC)	N/A	#109H
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03:00:00	The Story of Yiwu	KNME	(S)	(CC)	N/A	#0H
	Follow San Francisco clothing store owners Chris and Ben to Yiwu, China, as they shop in the largest commodity market in the world. Yiwu is a world renowned small commodities shopping paradise. Globally, almost ninety percent of all household products come from Yiwu. Their industry is not only seen as a complex kaleidoscope of merchandise, but also as China's most technologically advanced in garment and jewel productions. Apart from shopping, Chris and Ben experienced a state of tranquility as they sat in awe of the magnificent art and architecture during their first visit to a Chinese temple. They also found new tastes in exquisite food from an ancient village and a hustle and bustle night market. The story of Yiwu reveals the hands and faces behind MADE IN CHINA.					
04:00:00	Roadtrip Nation: Ready to Rise	APTEX	(S)	(CC)	N/A	#0H
	The travel documentary ROADTRIP NATION: READY TO RISE follows three out-of-work youth - Ryan, Summer and Michael - as they travel across the country to interview inspiring individuals who overcame adversity to build fulfilling lives and careers. Ryan, a 20-year-old from Patterson, Calif., aspires to uplift his community in some way, and believes the opportunity to travel and meet mentors from similar backgrounds will open him up to a whole new world of possibility. Summer, also 20 and a California native, has been looking for a support system her whole life. Raised in a foster care environment without a defined sense of family to guide her, she knows what it's like to feel alone in the world, and dreams of becoming a crisis counselor to help others who face similar challenges. Twenty-four year old Michael, who was raised in a poverty-stricken neighborhood, found himself involved in gang life at the age of 12 to get by. A high-school dropout, Michael resolved to turn his life around after he found himself locked up in a juvenile detention center. Once out, he became involved with the program YouthBuild Schenectady, which gave him the support he needed to awaken his potential. Michael hopes the road trip will give him the wisdom and experiences to further develop his purpose and share his story with others. As the roadtrippers embark on their personal journeys for a better way of life, along the way they find hope and inspiration from their interviews with Chris Gardner, author of The Pursuit of Happyness, Father Greg Boule, founder and executive director of the non-profit organization Homeboy Industries, filmmaker Lydia Joyner, and several others.					
05:00:00	Closer to Truth Why Anything at All?	EPS	(S)	(CC)	N/A	#1213H
	Why is there a world, a cosmos, something-instead of absolutely nothing at all? Of all the big questions, this is the biggest. Beware: this is no ordinary question.					
05:30:00	Innerviews with Ernie Manouse Barry Livingston	NETA	(S)	(CC)	N/A	#1111H
	We watched Barry Livingston grow up right before our eyes. He began his acting career at the ripe old age of five-- as Paul Newman's son in the film "Rally Round the Flag Boys" - but soon after he became a fixture on TV in such classic shows as Ozzie & Harriet, The Dick Van Dyke Show and The Lucy Show. But it was as Ernie - the adopted son of Fred MacMurray's Steven Douglas on "My Three Sons" that we all came to know and love him. More recently, Livingston has been seen on Mad Men, Two and a Half Men and the films Zodiac and The Social Network. On this episode of InnerVIEWS with Ernie Manouse, our conversation with classic TVActor Barry Livingston.					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1978

Fri, Dec 02, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Zula Patrol The Great River Race/When You Wish Upon A Sea Star	APTEX	(S)	(CC)	DVI	#310H
	THE GREAT RIVER RACE - As The Zula Patrol competes in Zula's annual Great River Race, their nemesis, Dark Truder, plans to win the race by cheating so he can become famous which he's sure will cause people to finally listen to him. Unfortunately for Truder, every time he plots to knock the ZPers out of the competition, they rally back using their newfound knowledge about rivers. In the end, with quite a bit of help from Gorga, the ZPers win the race and Truder and Traxie wind up all wet. WHEN YOU WISH UPON A SEA STAR - The Zula Patrol is spending a fun day at the beach, when they meet Stella, a young Sea Star, in a tide pool. She needs the Zula Patrol's help to find her way back home, and in the process, our heroes learn all about the ocean's different habitats, and their fascinating inhabitants.					
08:30:00	Bug Bites	APTEX	(S)	(CC)	DVI	#115H
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1018H
10:00:00	Sit and Be Fit Flexibility and Range of Motion	NETA	(S)	(CC)	N/A	#1420H
	All the exercises in this program highlight range of motion throughout the shoulders and back.					
10:30:00	Sewing with Nancy The Absolute Easiest Way to Sew, Part 1	NETA	(S)	(CC)	N/A	#2816H
	Nancy shows tried and true methods for simple sewing. Over the years Nancy tweaked sewing and quilting steps to make them easier and for the best looking results. In this program she shares some of the easiest ways to layout, cut, and mark fabric; sew darts; gather four different ways; and add elastic. Whether you're a new sewer or looking for a refresher class, these techniques are the easiest!					
11:00:00	Knit and Crochet Now! Keeping Bay Warm	APTEX	(S)	(CC)	DVI	#601H
	Kristin shows how to knit the Sawtelle Cardigan and Ellen demonstrates the crochet Sideways Cardigan, both from Berroco. Lena demonstrates a knit Brioche 2-color rib scarf.					
11:30:00	Fons & Porter's Love of Quilting Cubed	NETA	(S)	(CC)	N/A	#2412H
	Tackle cutting like a pro when you learn to cut 60-degree diamonds from simple strips. Learn tips for joining rows and adding borders with ease to create this stunning quilt.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6095H
13:00:00	P. Allen Smith's Garden to Table The Art of Tailgating	APTEX	(S)	(CC)	DVI	#308H
	Tailgating is a time-honored tradition but what if you can't make it out to the big game? Allen shares a few tips on how to prepare your own tailgate party in your backyard with easy and unique recipes that can be prepared in advance. He also offers advice on how to grow our own ingredients in the summer and preserve them for fall.					
13:30:00	Mike Colameco's Real Food The Clam/Louro	NETA	(S)	(CC)	N/A	#1405H
	We'll meet up with veteran NYC Chefs Joey Campanero and Mike Price at their homage to their favorite ingredient, the clam located on a lovely corner spot on Hudson St in the far West Village. Then we meet David Santos at his spot Louro on W 10th another W Village gem.					
14:00:00	Kitchen Wisdom of Cecilia Chiang Last Flight Out of Shanghai	APTEX	(S)	(CC)	DVI	#105H
	Less than a decade after fleeing the Japanese, Cecilia now married and with a young family, caught the last flight out of Shanghai as the communist revolution swept over China. The family relocated to Tokyo where, at a dinner for an ambassador, Cecilia got her first taste of raw fish. Cecilia didn't love it and didn't love living as an ex-pat in the land of her former occupiers, so she sailed on the SS Woodrow Wilson into San Francisco to visit her number seven sister. Though she never learned how to cook, she ended up opening the Mandarin restaurant and never left. In this episode, Cecilia joins Chef Keiko Takahashi, the first Japanese woman in the world to win a Michelin star. She and her husband run Keiko on Nob Hill, a place that feels like a private club, and where the luxurious cooking has a distinct feminine style to it. Cecilia shows Keiko the simplicity of the Mandarin's whole steamed bass with ginger and scallions. Keiko reciprocates with an amazing 12 pound slab of Bluefin "Toro" tuna flown in from Japan. Keiko artfully butchers the Toro by fat content and turns it into a delicate and drop-dead tuna sashimi that Cecilia has no trouble devouring.					

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14:30:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#232H
15:00:00	Beads, Baubles and Jewels Creating Texture	NETA	(S)	(CC)	N/A	#2401H
	Add texture to a simple design to create extra style. Jewelry-maker Samantha Skelton enamels a pendant, then uses a pencil to add motifs and texture to the design. In Katie's Beading Lesson, designer Candie Cooper joins Katie Hacker to macrame a colorful rainbow bracelet for teens and tweens.					
15:30:00	Make It Artsy Color	NETA	(S)	(CC)	N/A	#106H
	Color adds impact to your designs. Host Julie Fei Fan Balzer adds color to dark backgrounds. Color explodes from collaged bags from crafty chica Kathy Cano-Murillo. Designer Mou Saha transforms a coloring book page into a watercolor painting. In the tip, mixed media artist Dina Wakley pours onto her journal pages.					
16:00:00	Biz Kid\$ Businesses Going Green	APTEX	(S)	(CC)	DVI	#512H
	Going green is worthwhile and good for the bottom line. Explore the profitable side of going green, and learn how to distinguish between what's hype, and what's hip. Meet two college grads who learned how to make a profit from the coffee grounds up.					
16:30:00	Hands On Crafts for Kids Just for Fun	NETA	(S)	(CC)	DVI	#1712H
	It's important to have fun and today's projects are fun to make and to use. Katie creates a fuzzy mustache board will tickle you. Franz and his son, Axel play with paints, pencils, crayons, colors and techniques to find new ways of expression. Jenny and Katie let their imaginations go to create colorful pencil toppers. From the Family Craft Box, add empty paper rolls and colored paper to create a reversible playscape mat.					
17:00:00	P. Allen Smith's Garden Home Pura Vida, Costa Rica	APTEX	(S)	(CC)	N/A	#1511H
	P. Allen Smith visits one of the five Blue Zones in the world, Costa Rica, to see if there really is a secret to living longer.					
17:30:00	Growing A Greener World Hope for Heroes: The Farmer Veteran Coalition	APTEX	(S)	(CC)	N/A	#719H
	Ask almost any returning war veteran and they'll tell you that the hardest part of the war is not going, it's coming home. The toll it takes on soldiers is often more debilitating to the body and mind than the combat they faced. Many return with scars and baggage that makes it even harder for them to find gainful employment. Fortunately, organizations are helping connect veterans with good jobs and new careers that can literally change and save the lives of these heroes. The Farmer Veteran Coalition is one such organization with a simple mission: to mobilize veterans to feed America by cultivating a new generation of farmers and food leaders. In this episode, Joe meets one veteran-turned-farmer and shares the story of how his life and that of his family went from hopeless to thriving, thanks to the Coalition connection.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13241
18:30:00	Out of Ireland	WLIW	(S)	(CC)	N/A	#2429Z
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7176
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#848H
20:00:00	Song of the Mountains Giles Mountain String Band/Kody Norris Band/Ashley Lewis	NETA	(S)	(CC)	N/A	#1114H

Fri, Dec 02, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Woodsongs Iris Dement/Leyla Mccalla	NETA	(S)	(CC)	N/A	#1810H
	Iris Dement is considered "one of the great voices in contemporary popular music" (NPR), Beginning with her 1992 debut, Infamous Angel, which was hailed as "an essential album of the 1990's" by Rolling Stone, DeMent released a series of stellar records that established her as "one of the finest singer-songwriters in America" according to The Guardian. The music earned her multiple Grammy nominations, as well as the respect of peers like John Prine, Steve Earle, and Emmylou Harris, who all invited her to collaborate. The Trackless Woods is her latest and foriginal music and melodies, the record brings 18 poems by acclaimed 20th century Russian poet Anna Akhmatova to life. Iris recorded the album in five days, immediately taken by the sorrow and burden of the poems juxtaposed with Akhmatova's lightness and transcendence in the face of inhumanity. Leyla Mccalla is a multi-instrumentalist, is a cellist and singer whose distinctive sound is impossible to replicate. Leyla toured and recorded with the renowned African-American string band the Carolina Chocolate Drops and is now focused on her solo career. Living in New Orleans, she released her debut album Vari-Colored Songs: A Tribute to Langston Hughes in 2014. The album consists of compositions she has written to Langston Hughes poetry, Haitian folk songs and original pieces.					
22:00:00	Film School Shorts Separation Anxiety	NETA	(S)	(CC)	N/A	#302H
	Owl and Mouse (New York University) - In this wry tale that celebrates the art of stop-motion animation, a curmudgeonly owl must fight his nature when he has to watch over a young mouse for a night. Directed by Emma J. Noble. So You've Grown Attached (New York University) - An imaginary friend is forced to consider retirement when his creator - and best friend - starts to grow up. Directed by Kate Tsang. Steadfast Stanley (California Institute of the Arts) - A faithful dog must journey through the zombie apocalypse to save his best friend. Directed by John Kim. Fluffy the Flying Fish (School of Visual Arts) - When they move from Los Angeles to Denver, a family has to decide how to transport their pet goldfish, Fluffy. Directed by Ryan Charmatz.					
22:30:00	On Story Frank Darabont: Filmmaker's Journey	NETA	(S)	(CC)	N/A	#402H
	Frank Darabont, writer and director of such classics as The Shawshank Redemption, The Green Mile and The Mist, discusses adapting works by Stephen King and keeping his characters at the core of the story. Followed by Jeffrey DeChausse's short film, Anniversario, trailing a woman's visit to her two favorite hairdressers on the day of her 45th wedding anniversary for what becomes the most important makeover of their lives.					
23:00:00	Science Goes to the Movies Welcome to Me, The Jinx, and Silence of the Lambs	EPS	(S)	(CC)	N/A	#109H
	Co-hosts Faith Salie and neuroscientist Dr. Heather Berlin discuss madness in the films and TV shows Welcome to Me, starring Kristen Wiig, HBO's The Jinx, Silence of the Lambs, and in part of Game of Thrones.					
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1007

Sat, Dec 03, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7176
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#848H
01:00:00	Song of the Mountains Giles Mountain String Band/Kody Norris Band/Ashley Lewis	NETA	(S)	(CC)	N/A	#1114H
02:00:00	Woodsongs Iris Dement/Leyla Mccalla	NETA	(S)	(CC)	N/A	#1810H
	Iris Dement is considered "one of the great voices in contemporary popular music" (NPR), Beginning with her 1992 debut, Infamous Angel, which was hailed as "an essential album of the 1990's" by Rolling Stone, DeMent released a series of stellar records that established her as "one of the finest singer-songwriters in America" according to The Guardian. The music earned her multiple Grammy nominations, as well as the respect of peers like John Prine, Steve Earle, and Emmylou Harris, who all invited her to collaborate. The Trackless Woods is her latest and foriginal music and melodies, the record brings 18 poems by acclaimed 20th century Russian poet Anna Akhmatova to life. Iris recorded the album in five days, immediately taken by the sorrow and burden of the poems juxtaposed with Akhmatova's lightness and transcendence in the face of inhumanity. Leyla Mccalla is a multi-instrumentalist, is a cellist and singer whose distinctive sound is impossible to replicate. Leyla toured and recorded with the renowned African-American string band the Carolina Chocolate Drops and is now focused on her solo career. Living in New Orleans, she released her debut album Vari-Colored Songs: A Tribute to Langston Hughes in 2014. The album consists of compositions she has written to Langston Hughes poetry, Haitian folk songs and original pieces.					
03:00:00	Film School Shorts Separation Anxiety	NETA	(S)	(CC)	N/A	#302H
	Owl and Mouse (New York University) - In this wry tale that celebrates the art of stop-motion animation, a curmudgeonly owl must fight his nature when he has to watch over a young mouse for a night. Directed by Emma J. Noble. So You've Grown Attached (New York University) - An imaginary friend is forced to consider retirement when his creator - and best friend - starts to grow up. Directed by Kate Tsang. Steadfast Stanley (California Institute of the Arts) - A faithful dog must journey through the zombie apocalypse to save his best friend. Directed by John Kim. Fluffy the Flying Fish (School of Visual Arts) - When they move from Los Angeles to Denver, a family has to decide how to transport their pet goldfish, Fluffy. Directed by Ryan Charmatz.					
03:30:00	On Story Frank Darabont: Filmmaker's Journey	NETA	(S)	(CC)	N/A	#402H
	Frank Darabont, writer and director of such classics as The Shawshank Redemption, The Green Mile and The Mist, discusses adapting works by Stephen King and keeping his characters at the core of the story. Followed by Jeffrey DeChausse's short film, Anniversario, trailing a woman's visit to her two favorite hairdressers on the day of her 45th wedding anniversary for what becomes the most important makeover of their lives.					
04:00:00	Science Goes to the Movies Welcome to Me, The Jinx, and Silence of the Lambs	EPS	(S)	(CC)	N/A	#109H
	Co-hosts Faith Salie and neuroscientist Dr. Heather Berlin discuss madness in the films and TV shows Welcome to Me, starring Kristen Wiig, HBO's The Jinx, Silence of the Lambs, and in part of Game of Thrones.					
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1007
05:00:00	In Good Shape	WNVC	(S)	(CC)	N/A	#345
05:30:00	Innovations In Medicine Visual DX- diagnostic tool, New Delivery System of Meds to Help Premature Babies Breathe, Stem Cell & Orthopedics, New Natural Method Treating Anxiety for Veterans, Brain 360 CT.	EPS	(S)	(CC)	N/A	#109H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1979
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Woodland Scene	APTEX	(S)	(CC)	N/A	#320H
	Today Gary paints a rustic little woodland scene that is very easy to do. A lot of texture on the tree trunk with branches and leaves makes this painting feel like you are in the woods. A little Bird on a branch adds an element of life to the painting.					

Sat, Dec 03, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Grand View Redwood National Park	APT		(CC)	N/A	#208H
	In this episode, Baumann's journey takes his audience to some of the tallest trees on Earth. These old growth redwood stands are some of the last remaining timber that was saved from the lumber industry. These magnificent trees live to be 2000 years old and grow to be over 300 feet tall; Baumann's journey takes him to the base of these mythical giants. Interviews include park biologist, Ray Murray and superintendent, Bill Pierce. Native American yet to be announced. Baumann concludes this episode by painting a grove of redwoods that follow the Little Bald Hills to the Pacific.					
09:00:00	Landscapes Through Time with David Dunlop Renoir's Olive Groves in the South of France	NETA	(S)	(CC)	DVI	#104H
	At Pierre Auguste Renoir's (1841-1919) home and studio in Les Colettes in the South of France, David takes us through the ancient olive grove overlooking Nice and the Mediterranean. David Traces Renoir's difficult but ultimately successful quest for putting clean and strong color into soft and suggestive shapes. David sets his easel precisely where Renoir set his and demonstrates Renoir's methods, describing their effects and explaining his thoughts.					
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1019H
10:00:00	Sit and Be Fit Brain Booster	NETA	(S)	(CC)	N/A	#1501H
	This program focuses on exercises that activate the brain and includes excellent movement patterns for balance and gait.					
10:30:00	Wai Lana Yoga Upside Down Flow	APTEX	(S)	(CC)	N/A	#523
	Move from Plough to Single Leg Shoulderstand to Hips Folded to rest your heart, stretch your hamstrings, and strengthen your back. Then tighten your tummy with Leg Gyration.					
11:00:00	Delicious TV's Vegan Mashup Holiday Classics	NETA	(S)	(CC)	DVI	#103H
	This episode will have you breaking out the best china and every family member digging in to the bounty of vegan deliciousness. The Unbird/Thanksgiving Fritters/Sweet Potato Chipotle Bisque.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Dreaming of Sustainable Agriculture	APTEX	(S)	(CC)	N/A	#1111H
	Chef Pedro Abascal is changing tourist's perceptions of the food in Riviera Maya, using local farms to supply his hip hotel restaurants. Rick and Pedro discuss his challenges and successes of his approach over a traditional Yucatecan meal at Faison y Venado. Rick pays a visit to a lamb farm in Tizimin for a conversation with a rancher, then heads to C-Grill, Pedro's hip restaurant on the shores of Playa del Carmen, where he makes a beautiful roasted lamb in adobo. In Chicago, Rick heads to the outdoor Green City Market to gather ingredients for his grilled leg of lamb with green garlic mojo and camote mash, accompanied by grilled asparagus with pasilla crema. Oh, and an incredibly delicious skillet cake.					
12:00:00	Lidia's Kitchen Italian Taste for Bitter Vegetables	APTEX	(S)	(CC)	N/A	#408H
	Italy is one big garden with a year round growing season. Vegetables are often the stars of the meal, and today Lidia will highlight the versatility of delicious bitter vegetables like broccoli rabe, radicchio and escarole. She makes baked radicchio. Sweetened by the cook time this dish caramelizes into a tender hearty bite. broccoli rabe and sausage: a classic combination with sweet Italian sausage and bitter broccoli rabe; escarole and white bean Soup: a heart warming escarole and white bean soup.					
12:30:00	Moveable Feast with Fine Cooking	APTEX	(S)	(CC)	N/A	#412H
13:00:00	Expeditions with Patrick Mcmillan The Clemson Forest - from Tragedy to Triumph	APTEX	(S)	(CC)	N/A	#311H
	Today, the Clemson Forest is over 17,000 acres of lovely, pristine-looking woodland and pastoral landscape nestled among suburban neighborhoods in the South Carolina piedmont. But this forest wasn't always so picturesque. Seventy years ago this landscape was an ecological disaster. Years of poor cotton farming practice led to dramatic erosion and hardly a tree grew in this now verdant setting. Join Patrick as he explores the unique and rare plants and animals and the changes that led from catastrophe to the restoration of the vibrant world-class ecosystem and working outdoor classroom that is the Clemson Forest.					

Sat, Dec 03, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:30:00	Joseph Rosendo's Travelscope Zermatt, Switzerland - Under The Shadow of the Matterhorn	APTEX	(S)	(CC)	DVI	#705H
	Joseph heads to Zermatt to capture Switzerland's natural majesty at the foot of the country's most iconic mountain - the Matterhorn. With the glorious monolith ever in view, he hikes, climbs, rides and skis along an alpine landscape that takes the breath away and captures the imagination. His travels allow him to join in the yearly Folk Festival which features a parade through car-free Zermatt with 50 different folklore groups, as well as performances by more than 1,200 dancers, yodelers and musicians. During his stay he discovers that the Matterhorn's towering presence is only equaled by the heights Zermatters go to to make sure your visit is a memorable one.					
14:00:00	Rick Steves' Europe West England	APTEX	(S)	(CC)	N/A	#908H
	The quintessence of charming England is the "West Country": quaint Cotswold villages with their fine churches, manor homes, and gastropubs; Wells, England's smallest cathedral town; and the New Age capital of Glastonbury, with its legends of the Holy Grail and King Arthur. He finishes by pondering the dramatic prehistoric stone circles of Stonehenge and Avebury.					
14:30:00	Burt Wolf: Travels & Traditions The Girl with the Book	APTEX	(S)	(CC)	N/A	#1505H
	For centuries, women were discouraged from going to school. It was OK if a woman could read and write, but anything more advanced was considered "dangerous". These days, for the first time in U.S. history, more women graduate from American universities than men. It's an amazing change in the relationship between men and women. In this program, Burt travels around trying to find out what had been going on for hundreds of years and why things are changing.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4409H
	Not sure what to do with your yard? Think about breaking your space into garden rooms. It's attractive and often practical, and certainly worth considering. Be sure to tune in for some great landscaping tips.					
15:30:00	Chefs A' Field Oregon Organics	APTEX	(S)	(CC)	N/A	#210H
	Wheelchair Farmer Fosters Good Earth. Chef Philippe Boulot: The Heathman Restaurant - Portland, OR Tim Gilmer is a paraplegic farmer who has little patience for sympathy, but a great fondness for earth-friendly produce. He grows impeccable ingredients, all without chemicals. Chef Philippe Boulot and his daughter visit Gilmer's farm in Walnut Hill, Oregon. In the kitchen, the chef shows off the culinary skills that earned him a James Beard Foundation Award. Recipes: Stuffed Zucchini with Chanterelle Mushrooms & Garlic-Parsley Butter; Fava Bean Sandwich with Tomato Relish.					
16:00:00	Maria Hinojosa: One-On-One Eve Ensler	APTEX	(S)	(CC)	N/A	#410Z
	A worldwide phenomenon, the female empowerment play The Vagina Monologues has been translated into 45 different languages and performed in more than 119 countries. Creator Eve Ensler joins Maria Hinojosa for a discussion about the play, its global impact, and her tireless activism. Ensler created V-Day to stop violence against women around the world. In 10 years the movement has raised over \$70 million and has been cited as one of Worth magazine's "100 Best Charities."					
16:30:00	Overheard with Evan Smith	NETA	(S)	(CC)	N/A	#708H
17:00:00	Pen Voice Guneet Walia	PENTV	(S)	(N)	N/A	#261H
	Host Dani Gasparini talks with Guneet Walia, Senior Director of Research and Medical Affairs at the Addario Lung Cancer Foundation.					
17:30:00	Craftsman's Legacy The Woodworker	APTEX	(S)	(CC)	N/A	#101H
	Host Eric Gorges visits John Wilson, a writer, a teacher and a woodworker, at his home shop and learns how to make a shoulder plane. Eric learns the history of shop-made tools, how to home temper tool-steel and the importance of salt in the woodshop.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3448
18:30:00	The Open Mind In Apps We Trust	NETA		(CC)	N/A	#3716H
	Guest: Matt Mahan. Brigade CEO Matt Mahan talks about a technological innovation to bridge the partisan divide.					
19:00:00	Closer to Truth Why Is Free Will A Big Question?	EPS	(S)	(CC)	N/A	#1109H
	Free will seems obvious, simple, common; but it's subtle, profound, maddening, Free will probes the deep nature of human existence. But big questions have big problems.					

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Sat, Dec 03, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	Start Up Strike An Adventurous Pose	NETA	(S)	(CC)	N/A	#405H
	Gary and the crew head to La Jolla, California to meet up with Chris Lynch, the founder of Everyday California, an ocean adventure company and lifestyle brand. Then they head to Seattle, Washington to meet up with Nikki Closser, a former social worker turned photographer.					
20:00:00	Infinity Hall Live Covered	APTEX	(S)	(CC)	N/A	#507H
	Infinity Hall Live guests from the first five seasons cover their favorite artists including Joan Osborne's take on Al Green, Wilson Phillips covering the Mamas and Papas' "California Dreamin'," Tommy Emmanuel's cover of guitar classic "Classical Gas", the Bacon Brothers' performing the Delbert McClinton classic "Givin' it Up for Your Love," Tedeschi Trucks Band's brilliant "Angel from Montgomery" and Jackie Greene's interpretation of the Grateful Dead's "Scarlet Begonias".					
21:00:00	Front and Center Cma Songwriters Series: Kip Moore	APTEX	(S)	(CC)	N/A	#604H
	Multi-platinum selling country star Kip Moore, who recently released his second album Wild Ones, performs an acoustic set for the CMA Songwriters Series at New York City's Iridium. A songwriter in his own right, having penned songs for Jake Owen and Thompson Square, Moore takes the stage with renowned artists Brett James and Jaren Johnston. The trio strip down versions of Moore's No. 1 hits "Beer Money," "Hey Pretty Girl" and "Somethin' About A Truck" along with his latest single, "I'm To Blame," while sharing stories behind the making of each.					
22:00:00	Globe Trekker Road Trip: Rust Belt Highway, USA	APTEX	(S)	(CC)	N/A	#1523H
	Globe Trekker Holly Morris takes to the road to explore the industrial heartland of America. This atmospheric and evocative road trip goes through some of America's most underrated regions and beautiful country-sides. Holly takes us through the cities of Pittsburgh, Detroit and Flint, Michigan, along the famous Highway 61 before we skirt the shores of the Great Lakes. In Ohio, she visits Cleveland, Toledo and Akron, the former Rubber Capital of the World. This episode looks at what remains of the industries that made America great, and how the Rust Belt is transforming itself, and looking to the future in the 21st Century.					
23:00:00	Arts In Context A Light in the Dark	NETA		(CC)	N/A	#601H
	Produced locally and created by hand, Gail Chovan's rich, textural clothing challenges notions of traditional beauty. She examines the transformative properties of textiles and the relationship between the garment and the individual. Influenced more by her European-taught design aesthetic, Chovan stands alone in the Austin fashion world with her evocative, intriguing pieces. Photographer Denise Prince portrays the haunting stories of subjects brutal physical pasts. Her irony of high fashion on disabled models lets the audience wonder: what is body image?					
23:30:00	Stand Up Empire	KNME	(S)	(CC)	N/A	#104H
	Featured comics Martin Urbano & Avery Moore, with a Snapshot on the Coldetowne Theatre and the Austin improve scene. Hosted by Brently Heilbron.					

Daily Program Listing II

43.1

Date: 10/30/2016

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Sun, Dec 04, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Why Is Free Will A Big Question? Free will seems obvious, simple, common; but it's subtle, profound, maddening, Free will probes the deep nature of human existence. But big questions have big problems.	EPS	(S)	(CC)	N/A	#1109H
00:30:00	Start Up Strike An Adventurous Pose Gary and the crew head to La Jolla, California to meet up with Chris Lynch, the founder of Everyday California, an ocean adventure company and lifestyle brand. Then they head to Seattle, Washington to meet up with Nikki Closser, a former social worker turned photographer.	NETA	(S)	(CC)	N/A	#405H
01:00:00	Infinity Hall Live Covered Infinity Hall Live guests from the first five seasons cover their favorite artists including Joan Osborne's take on Al Green, Wilson Phillips covering the Mamas and Papas' "California Dreamin'," Tommy Emmanuel's cover of guitar classic "Classical Gas", the Bacon Brothers' performing the Delbert McCClinton classic "Givin' it Up for Your Love," Tedeschi Trucks Band's brilliant "Angel from Montgomery" and Jackie Greene's interpretation of the Grateful Dead's "Scarlet Begonias".	APTEX	(S)	(CC)	N/A	#507H
02:00:00	Front and Center Cma Songwriters Series: Kip Moore Multi-platinum selling country star Kip Moore, who recently released his second album Wild Ones, performs an acoustic set for the CMA Songwriters Series at New York City's Iridium. A songwriter in his own right, having penned songs for Jake Owen and Thompson Square, Moore takes the stage with renowned artists Brett James and Jaren Johnston. The trio strip down versions of Moore's No. 1 hits "Beer Money," "Hey Pretty Girl" and "Somethin' About A Truck" along with his latest single, "I'm To Blame," while sharing stories behind the making of each.	APTEX	(S)	(CC)	N/A	#604H
03:00:00	Globe Trekker Road Trip: Rust Belt Highway, USA Globe Trekker Holly Morris takes to the road to explore the industrial heartland of America. This atmospheric and evocative road trip goes through some of America's most underrated regions and beautiful country-sides. Holly takes us through the cities of Pittsburgh, Detroit and Flint, Michigan, along the famous Highway 61 before we skirt the shores of the Great Lakes. In Ohio, she visits Cleveland, Toledo and Akron, the former Rubber Capital of the World. This episode looks at what remains of the industries that made America great, and how the Rust Belt is transforming itself, and looking to the future in the 21st Century.	APTEX	(S)	(CC)	N/A	#1523H
04:00:00	Arts In Context A Light in the Dark Produced locally and created by hand, Gail Chovan's rich, textural clothing challenges notions of traditional beauty. She examines the transformative properties of textiles and the relationship between the garment and the individual. Influenced more by her European-taught design aesthetic, Chovan stands alone in the Austin fashion world with her evocative, intriguing pieces. Photographer Denise Prince portrays the haunting stories of subjects brutal physical pasts. Her irony of high fashion on disabled models lets the audience wonder: what is body image?	NETA		(CC)	N/A	#601H
04:30:00	Stand Up Empire Featured comics Martin Urbano & Avery Moore, with a Snapshot on the Coldetowne Theatre and the Austin improve scene. Hosted by Brently Heilbron.	KNME	(S)	(CC)	N/A	#104H
05:00:00	California's Golden Parks Sutter's Fort Huell Howser travels to Sutter's Fort State Historic Park in midtown Sacramento. The Park marks the 1839 settlement that would become our state's capital, and play a major role in California history when gold was discovered nearby in 1848.	KCET		(CC)	N/A	#107
05:30:00	Moneywise with Kelvin Boston Women Making Success Happen: Part 2 This episode shares the financial and business life lessons learned from a variety of successful women.	APTEX	(S)	(CC)	DVI	#813H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1980
08:00:00	Color World with Gary Spetz Color Santorini Host-Artist, Gary Spetz, sails aboard a cruise ship to arrive at the gem of the Greek Isles, Santorini. Here he explores the unique and picturesque architecture that clings to the steep cliffs of an ancient, partially sunken, volcano.	APTEX	(S)	(CC)	DVI	#104H

Daily Program Listing II

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Sun, Dec 04, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Paint This with Jerry Yarnell Biloxi Shrimpers, Part 2	NETA	(S)	(CC)	N/A	#1202H
	In episode 2, Jerry continues to discuss the gallery wrap and using the pegs in the frame to tighten a canvas as he continues to under paint the grays of the dock and the boat. He utilizes the contrast rule and discusses the value created with the use of turquoise blue and ultramarine deep to successfully achieve the next level of value in the piers and dock. The next step Jerry demonstrates is the movement of water by using different values all the while keeping a close eye on his negative spaces.					
09:00:00	Wyland's Art Studio Rocky Mountain River	APTEX		(CC)	N/A	#508H
	Color may be the foundation of all art, but it is light, shade, and tone that bring a painting to life. Tone may have a variety of interpretations in art. How we perceive the tone of an object depends on its actual surface lightness or darkness, color and texture, the background and lighting. Generally, however, artists consider tone as the way a light source varies through shades of gray to the deepest black shadows. Wyland uses tone for dramatic effect as he follows the subtle changes of light along a pristine river hidden within the Rocky Mountains.					
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1020H
10:00:00	Sit and Be Fit Practice Perfect Posture	NETA	(S)	(CC)	N/A	#1502H
	This episode puts an emphasis on postural alignment and using proper form to get the most out of each exercise.					
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#206
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#236H
11:30:00	New Orleans Cooking with Kevin Belton Classic New Orleans	APTEX	(S)	(CC)	N/A	#101H
	Seafood gumbo, corn maque choux, beignets.					
12:00:00	Ciao Italia Eat Legumes/Mangiate I Legumi	NETA	(S)	(CC)	N/A	#2405H
	Nothing takes the chill out of a cold winter's night better than hot and hearty Straccetti with Cannellini Beans, complete with homemade pasta, and Mary Ann shows you how. And when summer rolls around? Roll out a happy bowl of Chickpea Salad, filled with prosciutto di parma, olives and fresh thyme.					
12:30:00	Mike Colameco's Real Food Keens/Costata	NETA	(S)	(CC)	N/A	#1408H
	America's love for steak houses keeps growing, in this show we visit Keens well over a century old and Mike's Favorite NY Steakhouse and then we're off to Costata downtown run by Michael Whites team where along with great steak they serve artisan hand made pasta, and great fish crudo, a sort of The Palm for the 21st century.					
13:00:00	Wild Photo Adventures Winter Wildlife of Yellowstone Nps, Part 1	NETA	(S)	(CC)	DVI	#302H
	Host and professional wildlife photographer Doug Gardner brave the winter elements with photographer Jared Lloyd to photograph wildlife along the Northern Range of Yellowstone National Park.					
13:30:00	Equitrekking Alberta	APTEX	(S)	(CC)	N/A	#501
	Equitrekking host Darley Newman travels to Alberta, Canada to experience Western adventure and stunning natural scenery. In Kananaskis, Darley treks amid the beautiful snow-capped Canadian Rockies with a longtime Alberta cowboy, conquering high altitudes and an August hailstorm. Next, Darley experiences the fast-paced Calgary Stampede with its equestrian competitions, Western art, rodeos and surprisingly diverse food offerings. North of Calgary, viewers ride along on a multi-day pack trip into Banff National Park, Canada's oldest national park, passing glacial-fed lakes through rushing mountain streams and forested trails that open up to reveal dramatic, tall mountain peaks. Darley camps in the wilderness, discovering what it takes to live in the primitive backcountry, and sleep out under the stars. At Homeplace Ranch, a historic ranch in the foothills outside of Calgary, Darley meets local Mac McKenny who shares the ranch's intimate history during a ride through tall Aspen trees to an outdoor ranch BBQ.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#234H

Sun, Dec 04, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Mineral Explorers Tucson	NETA	(S)	(CC)	N/A	#207H
	Tombstone, Arizona is the place of legends; not all of them have to do with gunslingers and cowboy hats. Far more important were the copper and silver mines as they helped bring the US into a more modern era. And these mines were the catalyst for Arizona Statehood. Over a century later, Arizona continues to sparkle. The biggest gem and mineral treasure chest comes to Tucson once a year. We crack open the lock to some of the best and brightest collections and take you exploring at the largest mineral exhibit on Earth.					
15:00:00	American Woodshop The Console	NETA	(S)	(CC)	N/A	#2308H
	Artful curved walnut base raises this natural edge table top to perfection.					
15:30:00	Rough Cut - Woodworking with Tommy Mac Old Shop/New Shop	APTEX	(S)	(CC)	N/A	#701H
	This week on Rough Cut Woodworking with Tommy Mac, it's out with the old, in with the new. Tommy's building his very own shop from the ground up. Tommy and his team start by going over the plans for the shop with his architect Monte French, before heading over to Koopman's Lumber to talk to Steve Ingram who explains what kind of lumber Tommy picked and why. Finally, they head back to the site to meet up with building commissioner Ed Walsh, who reminds them it's not just about building a shop, it's building it safely. It's all part of the brand new season of Rough Cut.					
16:00:00	Happy Yoga with Sarah Starr Ocean Spray	NETA	(S)	(CC)	N/A	#310H
	Allow the dancing waves of the sapphire ocean to inspire your practice as we focus on gentle stretches for the shoulders, neck and upper back, including moves to create more ease in the hips while using a chair for support.					
16:30:00	Second Opinion Broken Heart Syndrome	APTEX	(S)	(CC)	N/A	#1304H
	Can you really die of a broken heart? Research says that indeed you can die from Broken Heart Syndrome, also known as Takotsubo and Stress Cardiomyopathy. But with quick medical intervention, the condition can be completely reversed. Maryann Murray shares her story of how stress suddenly turned her into a cardiac patient.					
17:00:00	Natural Health Breakthroughs with Brenda Watson Food Allergies and Sensitivities	EPS	(S)	(CC)	N/A	#108H
	Leading center for the diagnosis and treatment of food allergies - Hugh Sampson, MD: Director of the Jaffe Food Allergy Institute at the Mount Sinai School of Medicine in NYC. Trials and tribulations of peanut-allergy treatments - Stephanie Leonard, MD: pediatric allergy specialist at Rady Children's Hospital, San Diego; Reyna Winter: 11-year-old allergy sufferer who's undergoing immune challenges. One mom's hard-core approach to protecting her son from peanuts - Ashley Smith and her son, Zayden. Promising research that could make peanut flour safe to eat - Mary Ann Lila, PhD: Director of the Plants for Human Health Institute at North Carolina State University. Personal stories - Reyna Winter; Ashley and Zayden.					
17:30:00	Well Read	APTEX	(S)	(CC)	N/A	#610H
18:00:00	California's Gold Big Nugget	KCET		(CC)	N/A	#14017Z
	Huell attends the Long Beach Coin, Stamp & Collectibles Expo where a recently-discovered 100-ounce gold nugget is on public display. The "Washington Nugget" is the largest verifiable California gold nugget in existence. We also meet with the colorful dealers and collectors who make this expo so unique.					
18:30:00	Islands Without Cars with Kira Hesser France's Isle of Porquerolles	APTEX	(S)	(CC)	N/A	#106H
	Just 20 minutes by boat from France's famed Cote d'Azur, the island of Porquerolles is dotted with five small ranges of hills, lined with cliffs and beaches and is renowned for the best weather in France with 275 sunny days per year. In 1912, the entire island was purchased by Francois Joseph Fournier as a wedding present for his second wife. He then planted ... among other things ... 500 acres of vineyards ... and built a hotel. Everything is small, intimate and bathed in the scent of eucalyptus and pine. There are no beachside shops or fast food. There is no smoking allowed outside of the village. And building on the island is mostly forbidden. What there is, is nature ... a grand hotel ... and a great story of conservation and consideration.					

Sun, Dec 04, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:00:00	Barefoot College	NETA	(S)	(CC)	N/A	#0H
	Barefoot College, a new half hour documentary from Producer Bob Gliner (Schools That Change Communities, Lessons From the Real World, Democracy Left Behind), examines a unique community based education program in rural India. Yet, while seemingly far removed from the American experience, it offers telling lessons for how the current debate around educational reform might be focused and curriculum transformed in the United States. When we think about schools in the United States, we generally think of places separated from the larger community, places where students go to learn. Like government schools in India, much of what is taught often seems to have little relationship to the problems students face in their day to day lives. In contrast, at Barefoot College, located in the Indian State of Rajasthan, education takes place off campus, in nearby impoverished villages, among all age groups, with a unique interdisciplinary curriculum intimately encompassing rural village life and the issues villagers must grapple with. Filled with stunning visuals, poignant and insightful interviews, this cross cultural documentary offers powerful insights not only in terms of addressing world poverty, but changing possible education outcomes here at home.					
19:30:00	The Kamla Show Special Hannah Kain	KAMLA	(S)	(CC)	N/A	#112H
	Kamla's guest today is Hannah Kain, CEO/President of ALOM, a global supply chain company in Fremont, CA. Kamla talks to her about her journey from a liberal arts student to founding a company in Silicon Valley.					
20:00:00	Eamonn Mccrystal: The Music of Christmas	NETA	(S)	(CC)	N/A	#0H
	Emmy Award-Winning Irish tenor Eamonn McCrystal hosts an evening celebrating the music of Christmas from Belfast's Grand Opera House. The concert event features an array of Christmas classics including White Christmas, The Christmas Song and a very special rendition of O Holy Night- not to be missed! The "made for TV" concert, filmed by BBC Northern Ireland, will feature internationally renowned and world famous musical talent from Northern Ireland, Special guests include Broadway and West End star Rachel Tucker, Belfast's own Brian Kennedy, Keith & Kristyn Getty and more.					
21:00:00	32nd Annual Fort Lauderdale Christmas Pageant	APTEX	(S)	(CC)	N/A	#0H
	A winter wonderland, familiar carols, a new multidimensional urban streetscape, elegant promenades, a twist on the Tchaikovsky tradition, and fresh musical selections guide viewers along a sleigh bell journey in THE 32ND ANNUAL FORT LAUDERDALE CHRISTMAS PAGEANT. With nearly 1,000 volunteer cast members involved in the production, the pageant features a festive opening scene with familiar carols, a turn-of-the-century setting, a repertoire of inspirational contemporary songs, and a dramatic musical interpretation of the nativity and life of Christ. Viewers are invited to join in this celebration of the most wonderful time of the year. With nearly 1,000 volunteer cast members involved in the production, the pageant features a festive opening scene with familiar carols, a turn-of-the-century setting, a repertoire of inspirational contemporary songs, and a dramatic musical interpretation of the nativity and life of Christ. Viewers are invited to join in this celebration of the most wonderful time of the year.					
22:00:00	Getting to the Nutcracker	NETA	(S)	(CC)	N/A	#0H
	"Getting to the Nutcracker" is a behind the scenes look at what it takes each year to produce the Nutcracker Ballet from auditions to final performance, following the Los Angeles based, Marat Daukayev Ballet Theatre, led by the former Kirov star. Boys and girls, ages 3-18 are profiled; passionate people who, with their families, make incredible sacrifices of time and money, just so that they may dance. The young featured dancers have diverse backgrounds and very different life goals, which may or may not include dance. Executive Producer/Director Serene Meshel-Dillman, a former dancer at the School of American Ballet and commercial television producer, allows the viewer an intimate, behind-the-curtain view of the dancers, their teachers and families. The audience follows the dancers through the auditions, the rigorous hours of training and rehearsals, and shares the joy of landing a principal role and the pain of losing one.					
23:00:00	Pursuit 50 Years in the Fight for Lgbt Rights	NACC	(S)	(CC)	N/A	#0H

Mon, Dec 05, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Barefoot College	NETA	(S)	(CC)	N/A	#0H
	Barefoot College, a new half hour documentary from Producer Bob Gliner (Schools That Change Communities, Lessons From the Real World, Democracy Left Behind), examines a unique community based education program in rural India. Yet, while seemingly far removed from the American experience, it offers telling lessons for how the current debate around educational reform might be focused and curriculum transformed in the United States. When we think about schools in the United States, we generally think of places separated from the larger community, places where students go to learn. Like government schools in India, much of what is taught often seems to have little relationship to the problems students face in their day to day lives. In contrast, at Barefoot College, located in the Indian State of Rajasthan, education takes place off campus, in nearby impoverished villages, among all age groups, with a unique interdisciplinary curriculum intimately encompassing rural village life and the issues villagers must grapple with. Filled with stunning visuals, poignant and insightful interviews, this cross cultural documentary offers powerful insights not only in terms of addressing world poverty, but changing possible education outcomes here at home.					
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	Kamla's guest today is Hannah Kain, CEO/President of ALOM, a global supply chain company in Fremont, CA. Kamla talks to her about her journey from a liberal arts student to founding a company in Silicon Valley.					
01:00:00	Eamonn Mccrystal: The Music of Christmas	NETA	(S)	(CC)	N/A	#0H
	Emmy Award-Winning Irish tenor Eamonn McCrystal hosts an evening celebrating the music of Christmas from Belfast's Grand Opera House. The concert event features an array of Christmas classics including White Christmas, The Christmas Song and a very special rendition of O Holy Night- not to be missed! The "made for TV" concert, filmed by BBC Northern Ireland, will feature internationally renowned and world famous musical talent from Northern Ireland, Special guests include Broadway and West End star Rachel Tucker, Belfast's own Brian Kennedy, Keith & Kristyn Getty and more.					
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03:00:00	Getting to the Nutcracker	NETA	(S)	(CC)	N/A	#0H
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04:00:00	Pursuit 50 Years in the Fight for Lgbt Rights	NACC	(S)	(CC)	N/A	#0H
05:00:00	American Forum Democracy Or Disaster: Campaign 2016?	NETA	(S)	(CC)	N/A	#201H
	Pulitzer Prize winner DOUG BLACKMON interviews New Yorker correspondent RYAN LIZZA on Clinton, Trump and the health of American politics.					
05:30:00	Innerviews with Ernie Manouse Deborah Cox	NETA	(S)	(CC)	N/A	#1112H
	Toronto born Deborah Cox began singing on TV commercials at 12 years old, performed in nightclubs as a teenager, and began to write music around the same time. But after a sixth month stint as a backup singer for Celine Dion, Cox and her husband (high school sweetheart Lacselles Stephens) headed for LA. Since then, she has achieved eleven #1 hits on the Billboards charts, including her 1998 song "Nobody's Supposed to Be Here" which held the record for longest-running number one single on Billboard's Hot R&B chart. On this episode of InnerVIEWS with Ernie Manouse, our conversation with Canada's top R&B artist, 3 time Juno Award winner, Deborah Cox.					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1981

Mon, Dec 05, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Zula Patrol Mine Shaft/The Crystal Cavern MINE SHAFT - Dark Truder is at it again. At Zula's mines, he switches the labels of the minerals being shipped out to manufacturing plants and now everything is in disarray. Then, disguised as a home redecorating guru, Truder gets the ZPers to replace their "dingy old" equipment. Soon, at the ZP HQ and all over Zula, nothing, absolutely nothing, is working like it should. While the ZPers, in their new wobbly ship, try to find out what's gone wrong, Truder is the only one with equipment that works properly! Will Truder finally win? THE CRYSTAL CAVERN - Thanks to a rocky Truder space chase, The Zula Patrol needs a new crystal to power their ship. That means an expedition to the mysterious Crystal Cavern, where the legendary (and notoriously growly) Big Toe lives. Will they find the special crystal they need in time to stop Truder, or will they hit rock bottom?	APTEX	(S)	(CC)	DVI	#311H
08:30:00	Bug Bites	APTEX	(S)	(CC)	DVI	#116H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1021H
10:00:00	Sit and Be Fit Variety: The Spice of Life Mary Ann uses a variety of exercises and exercise accessories to help you feel and function better.	NETA	(S)	(CC)	N/A	#1503H
10:30:00	Sewing with Nancy The Absolute Easiest Way to Sew, Part 2 Nancy takes the most requested sewing techniques and simplifies them. Nancy minimizes sewing effort and makes it easy and fun to sew clothing and home dec accessories using nontraditional methods. Learn the "hands-down easiest way" to sew collars, corners, and sleeves.	NETA	(S)	(CC)	N/A	#2817H
11:00:00	Knit and Crochet Now! Colorful Hats Learn how to crochet an African Flower Slouch with Robyn and work 2-color knit magic with Kristin's Hat. Lena goes through the steps of a crochet Motif Cowl.	APTEX	(S)	(CC)	DVI	#602H
11:30:00	Fons & Porter's Love of Quilting Anchors Aweigh Vintage quilts can be a great source of inspiration for a quilter. Marianne took on the challenge to re-create a 1940s Victory Quilt design using more modern methods of cutting and piecing.	NETA	(S)	(CC)	N/A	#2413H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6096H
13:00:00	America's Test Kitchen from Cook's Illustrated Serving Up Noodles and Rice Test cook Julia Collin Davison shows host Christopher Kimball how to make the best Japanese-style stir-fried noodles with beef at home. Then, equipment expert Adam Ried reviews knife sharpeners in the Equipment Corner. Next, Chris answers cooking questions in Letters to the Editor. Finally, test cook Bridget Lancaster reinvents a classic, fried brown rice with pork and shrimp.	APTEX	(S)	(CC)	N/A	#1615H
13:30:00	Pati's Mexican Table Valladolid - A Day to Explore Pati shows us her favorite way to explore a city...without a plan, just following her nose. Today, she is in Valladolid, a city known to most as a stopover between Cancun and Merida, but this city has so much to explore, you will need a few days. Known for their smoked meats, try the local specialties lomitos de Valladolid and longaniza de Valladolid, explore the stunning churches, beautiful underground cenotes, and wander in and out of the local artisan's shops.	APTEX	(S)	(CC)	N/A	#508H
14:00:00	Primal Grill with Steven Raichlen Primal Grills for a Crowd Cook indoors and you often cook solo. Light a grill and you cook for a crowd. This show focuses on grilling for parties. Mexican grilled fish tacos, for example, where a single dish becomes an entire meal. Or burgers, ranging in size from bite-size kobe-style beef sliders to plate-burying, garlic- and chile-laced Bosnian pljeskavica. Smoked turkey makes another great dish to grill for a crowd: The Primal Grill twist comes from a brown sugar and orange marinade and tangy orange slather sauce. Mexican Fish Tacos; Burgers Big & Small; Brined Turkey Breast.	APTEX	(S)	(CC)	N/A	#313H

Daily Program Listing II

43.1

Date: 10/30/2016

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Mon, Dec 05, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke Tropical Smoke Barbecue originated in the Caribbean-literally-with a Taino Indian smoker-grill called a barbacoa. This show salutes tropical barbecue, from French West Indian buccaneer chicken to traditional Mexican barbacoa. Learn how to smoke snapper to make a spicy fish dip and use a handheld smoker to prepare a lime- and mint-scented mezcalini cocktail. Smoked snapper dip with smoked vegetable chips; Buccaneer chicken; Oaxacan barbacoa; Mezcalini.	APTEX	(S)	(CC)	N/A	#210H
15:00:00	Beads, Baubles and Jewels Customize Your Components Take your style to the next dimension. Designer Erin Prais-Hintz uses glittery clay and beads to make her style statement in 3-D. Katie Hacker adds an unexpected style twist with simple rhinestone settings in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2402H
15:30:00	Make It Artsy Industrial Look toward the gritty, industrial world for inspiration. Using industrial materials, Joe Rotella creates an artsy tray. Illustrator Jenn Mason designs contemporary earrings, then hardens them with heat. Joe Rotella revs up his micro lathe to carve a keepsake pen. Finally, take a road trip to the Columbus Idea Foundry, a center for the growing Maker Movement.	NETA	(S)	(CC)	N/A	#107H
16:00:00	Biz Kid\$ All in the Family Does your family talk marketing over meatloaf? Do you know someone who tracks revenue at the family reunion? Family-run businesses come in all shapes and sizes whether you're a mom-and-pop shop or the Ford Motor Corporation. Learn how families work, grow, and fight their way to profits.	APTEX	(S)	(CC)	DVI	#513H
16:30:00	Hands On Crafts for Kids Use It Use what you make and get double fun from your crafts. Weave hip survival bracelets with some tips from Katie. Franz uses everyday objects to make a robot storage container. Blogger Rachel Howard and her kids make a miniature construction site for toy earth-moving equipment! Use items from the Family Craft Box and recycle old road maps to craft a travel case full of learning games and activities - and treats, too!	NETA	(S)	(CC)	DVI	#1713H
17:00:00	P. Allen Smith's Garden Home Mighty Micros P. Allen Smith explores the little touches that make a big impact around the home and garden.	APTEX	(S)	(CC)	N/A	#1512H
17:30:00	Growing A Greener World Preserving The Harvest - Capturing That Taste of Summer All Year Long (Atlanta) Gardeners are famous for their exuberance in planting their food gardens each spring. A healthy garden can be prolific when it comes to the amount of fruits and vegetables produced from even a few plants. The end result is often a bountiful harvest even greater than what can reasonably be consumed or even given away. The answer to making the most of summer's bounty is to can and preserve the excess harvest to enjoy long after the gardening season is over. Food preserving expert, Theresa Loe shows the basics of simple canning techniques for some of the most commonly grown summer classics to have us all canning with confidence.	APTEX	(S)	(CC)	N/A	#720H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13242
18:30:00	Asian American Life China accounts for one-fifth of the world's population and in the next 15 years, its population will explode to 1.5 billion. Learning Mandarin is one way to keep up with the world's second largest economy. Reporter Paul Lin shares why Mandarin is becoming the official language to learn. Reporter Tinabeth Pina has an exclusive report on incarcerated Asian Americans. Contrary to popular belief, Asian Americans are not a model minority. In fact, their incarceration rates are on the rise. Reporter Minnie Roh also shares an exclusive report on exploited workers. A significant percentage of undocumented immigrants are Asian who are susceptible to exploitation and human trafficking. Many times, the offenders are none other than those in the Asian American community.	EPS	(S)	(CC)	N/A	#110H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7177
19:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1248H
20:00:00	Music City Roots Live from the Factory Two progressive acoustic acts from North Carolina - bluegrass band Mipso and acoustic jazz group Jon Stickely Trio - set up magisterial blues and soul by Nashville's Jimmy Hall of Wet Willie fame.	APTEX	(S)	(CC)	N/A	#405H

Mon, Dec 05, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Live from the Artists Den Panic! at the Disco	APTEX	(S)	(CC)	N/A	#1101H
	Downtown Los Angeles' historic Mayan Theater provided a spectacular backdrop for Panic! At the Disco's taping of Live from the Artists Den. The LA-based band, led by frontman Brendon Urie, offered a boisterous performance highlighting material from their critically acclaimed new album Death of a Bachelor, which was released on January 15th via DCD2/Fueled By Ramen and debuted at No.1 on the Billboard 200 Chart. Urie and crew revisited favorites like "Time To Dance" and "Nine In The Afternoon," as well as new tracks like "Victorious" and "Hallelujah." Five hundred of the band's fans filled the ornate theater, which was originally built in 1927, and lent their voices to the night's closing song and fan favorite, "I Write Sins Not Tragedies."					
22:00:00	Living with Alzheimer's and Dementia	APTEX	(S)	(CC)	N/A	#0H
	An estimated five million people in the U.S. are living with some form of dementia. By 2050, barring any major scientific breakthroughs, the number of people living with dementia is expected to balloon to nearly 14 million. Taking into consideration the family members and other people who provide daily care, Alzheimer's and dementia will have a huge impact on our communities. LIVING WITH ALZHEIMER'S AND DEMENTIA explores the effects these diseases have on individuals, families and communities. The program reveals the myths and stigmas that have hindered better living and caretaking, and examines the heavy burden of costs associated with the disease-whether financial, physical or psychological. Lastly, it looks at innovative ways of meeting the challenges of dementia care. Weaving together personal stories of those who are living with dementia, insight from their care partners, and commentary from leading experts in dementia, the documentary lays the foundation for a better understanding of the disease, ways to care for those with dementia, and the support systems families need in order to provide that care.					
23:00:00	Jackson Pollock's Mural: The Story of a Modern Masterpiece	NETA	(S)	(CC)	N/A	#0H
	Jackson Pollock's "Mural": The Story of a Modern Masterpiece is a new documentary produced by the University of Iowa in collaboration with the University of Iowa Museum of Art. The film documents the truths and the myths surrounding this mammoth sized painting "Mural". Artist Jackson Pollock created the painting in 1943 for art patron and advocate Peggy Guggenheim, for her New York townhouse. This painting measuring approximately 20 feet long by 8 foot high changed the landscape of American modern painting forever. Pollock's creation ignited what would later be called "Abstract Expressionism", an art movement, which even the C.I.A. would embrace to further the cause of American freedom during the uneasy years of the Cold War.					

Tue, Dec 06, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7177
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1248H
01:00:00	Music City Roots Live from the Factory Two progressive acoustic acts from North Carolina - bluegrass band Mipso and acoustic jazz group Jon Stickely Trio - set up magisterial blues and soul by Nashville's Jimmy Hall of Wet Willie fame.	APTEX	(S)	(CC)	N/A	#405H
02:00:00	Live from the Artists Den Panic! at the Disco Downtown Los Angeles' historic Mayan Theater provided a spectacular backdrop for Panic! At the Disco's taping of Live from the Artists Den. The LA-based band, led by frontman Brendon Urie, offered a boisterous performance highlighting material from their critically acclaimed new album Death of a Bachelor, which was released on January 15th via DCD2/Fueled By Ramen and debuted at No.1 on the Billboard 200 Chart. Urie and crew revisited favorites like "Time To Dance" and "Nine In The Afternoon," as well as new tracks like "Victorious" and "Hallelujah." Five hundred of the band's fans filled the ornate theater, which was originally built in 1927, and lent their voices to the night's closing song and fan favorite, "I Write Sins Not Tragedies."	APTEX	(S)	(CC)	N/A	#1101H
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04:00:00	Jackson Pollock's Mural: The Story of a Modern Masterpiece Jackson Pollock's "Mural": The Story of a Modern Masterpiece is a new documentary produced by the University of Iowa in collaboration with the University of Iowa Museum of Art. The film documents the truths and the myths surrounding this mammoth sized painting "Mural". Artist Jackson Pollock created the painting in 1943 for art patron and advocate Peggy Guggenheim, for her New York townhouse. This painting measuring approximately 20 feet long by 8 foot high changed the landscape of American modern painting forever. Pollock's creation ignited what would later be called "Abstract Expressionism", an art movement, which even the C.I.A. would embrace to further the cause of American freedom during the uneasy years of the Cold War.	NETA	(S)	(CC)	N/A	#0H
05:00:00	American Forum Can Our System of Justice Be Trusted? Doug Blackmon interviews civil rights lawyer BRYAN STEVENSON about the crisis in criminal justice and possible solutions.	NETA	(S)	(CC)	N/A	#202H
05:30:00	Innerviews with Ernie Manouse Linda Gray Linda Gray began her career as a model and actress, featured in over 400 TV commercials-- but her rise to fame actually began when she was cast in Norman Lear's series All that Glitters playing the first featured transgender character on series television. But it was her role as Sue Ellen, the tortured, alcoholic wife of J.R. Ewing on the world-wide smash Dallas that cemented her name in pop culture. 14 years later, when she left Dallas, Gray continued working - with roles on Melrose Place, Models, Inc., and The Bold and the Beautiful - she even made a trip to the stage, starring as Mrs. Robinson in the West End production of The Graduate. Now she has returns to the role that made her a star, in the re-launch of the series DALLAS for TNT. On this episode of InnerVIEWS with Ernie Manouse, our conversation with Emmy and Golden Globe-nominated actress Linda Gray.	NETA	(S)	(CC)	N/A	#1113H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1982
08:00:00	Zula Patrol The Lizard Who Came to Dinner/Island of the Endotherms THE LIZARD WHO CAME TO DINNER - Ziggy the Iguana comes to stay with The Zula Patrol, and his abundance of energy and desire to "help" makes him a handful. He wears out his welcome further by turning up the thermostat to keep his ectothermic system from cooling off. But when Ziggy loses the eggs he's babysitting, The Zula Patrol mounts a rescue expedition to the desert, where they learn that being ectothermic can be cool after all. ISLAND OF THE ENDOTHERMS - When Dark Truder sends a phony distress signal, the Zula Patrol find themselves trapped on a remote island with extremely rapid weather changes. While the Zula Patrollers search the island for a power source to start their ship, they learn about endotherms and how they are able to keep their body temperatures relatively constant. Meanwhile, Dark Truder takes over their headquarters, and learns NEVER to touch anything without knowing what it does!	APTEX	(S)	(CC)	DVI	#312H

Daily Program Listing II

43.1

Date: 10/30/2016

12/01/2016 - 12/31/2016

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Tue, Dec 06, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Bug Bites	APTEX	(S)	(CC)	DVI	#117H
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1022H
10:00:00	Sit and Be Fit Functional and Fun Exercises for the Feet This workout begins with a fun segment dedicated to keeping your feet happy and healthy.	NETA	(S)	(CC)	N/A	#1504H
10:30:00	Sewing with Nancy The Absolute Easiest Way to Sew, Part 3 Nancy shares straightforward advice for making sewing fun using easy techniques. Sew simple pockets, facings, and even an invisible zipper- Nancy shows you how, using the absolute easiest techniques. She includes the easiest method for mitering a corner, grading seam allowances, stitching facings that lie flat, and a new approach for stitching an invisible zipper.	NETA	(S)	(CC)	N/A	#2818H
11:00:00	Knit and Crochet Now! Playful Ponchos Knit up a cable Cloos poncho, and Robyn will demonstrate how to crochet the open stitch Lisbon poncho. Learn how to knit the Ribbed Cables Scarf with Lena.	APTEX	(S)	(CC)	DVI	#603H
11:30:00	Fons & Porter's Love of Quilting Libby's Log Cabin This quilt combines the eight-pointed star, the log cabin block and the Irish chain pattern, and is set in a lightning streak design.	NETA	(S)	(CC)	N/A	#2501H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6097H
13:00:00	Hubert Keller: Secrets of a Chef A Brazilian Feast Like the people who live there, the food of Brazil is full of soul, warmth and deliciousness. Chef Keller demonstrates their national dish, Feijoada, a stew made with black beans and meats. The second recipe is a deep-flavored fish stew called Moqueca, cooked in a fragrant, rich coconut broth. Feijoada, Moqueca, & Passion Fruit Caipirinha.	NETA	(S)	(CC)	N/A	#510H
13:30:00	Sara's Weeknight Meals Farm to Table Farm fresh food is a mantra for Sara and so many chefs. That's why her tea rubbed duck salad with Roquefort and pear dressing hits every note. Then, Sara is off to California's Napa Valley to visit chef Joey Altman, a three time James Beard award winner. They visit a winery and gather ingredients at a local farm for an al fresco meal of salmon and corn salad with pea pesto crostini.	APTEX	(S)	(CC)	N/A	#514H
14:00:00	Taste of History The Return of L' Hermione Chef Staib travels to the port of La Rochefort, France for the final phase of reconstruction of L'Hermione the frigate that brought the Marquis d' LaFayette to America. Chef Staib makes calf livers in calvados with apples, potato gratin, poached leeks in vinaigrette, dandelion salad with lardons, a salad of mussels, barley, artichokes and tomatoes and the famous "floating island" dessert.	NETA	(S)	(CC)	N/A	#610H
14:30:00	George Hirsch Lifestyle Good Eating George visits Mecox Bay Dairy, a producer of 360-degree farming. Then, he stops at a Hamptons' micro brew for inspiration on keeping it local. Back in his indoor and outdoor kitchens, he prepares farm-inspired dishes, including white bean casserole, bacon-wrapped meatloaf with mushroom gravy, honey grilled squash and grilled stuffed potatoes. Recipes: - White Bean Casserole - Grilled Meatloaf - Mushroom Gravy - Double Baked Potatoes - Honey Grilled Acorn Squash.	APTEX	(S)	(CC)	N/A	#105H
15:00:00	Beads, Baubles and Jewels Inspired By Books and Movies Personalize your style with custom colors. Author and designer Cathy Jakicic weaves beaded components and makes them multifunctional. Teens and tweens will love to make the charm necklace that Candie Cooper creates as she joins Katie Hacker in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2403H

Tue, Dec 06, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Paper	NETA	(S)	(CC)	N/A	#108H
	A blank piece of paper challenges every maker. Illustrator Roxanne Coble balances humor and emotional themes in abstract mini-canvases. Lettering artist Janet Takahashi showcases calligraphy with decorative borders. Joe Rotella uses the today's design and cutting technology to create a mosaic box top. In the tip, Dina Wakley creates tags with paint and stamps.					
16:00:00	Biz Kid\$ Have A Plan, Stan!	APTEX	(S)	(CC)	DVI	#201H
	Explore the different elements of a business plan and see why it's crucial to develop a plan before you start your business. Meet a teen who opened a snow-cone shack, another who makes and sells candles, and a group who markets self-defense kits.					
16:30:00	Hands On Crafts for Kids Fins, Feathers and Fur	NETA	(S)	(CC)	DVI	#1801H
	Let's get creative with inspiration from the forest, sea and sky. Jenny Barnett-Rohrs and Katie Hacker make a friendly hedgehog then Katie creates a wiggly fish. Franz Spohn scratches off paint to make colorful animal images and Jenny makes a gelatin print Valentine's Day card.					
17:00:00	P. Allen Smith's Garden Home Road Trip	APTEX	(S)	(CC)	N/A	#1513H
	P. Allen Smith packs his bags hits the open road for a more local approach to travel in North Carolina, Rhode Island, Tennessee and Arkansas.					
17:30:00	Growing A Greener World The Waterwise Home & Garden (Los Angeles, Ca)	APTEX	(S)	(CC)	N/A	#721H
	With severe droughts seeming to become commonplace and access to water for irrigation increasingly restricted or even banned in affected communities, finding ways to conserve and reuse water is becoming more important than ever before. Smart watering maximizes this precious resource yet also meets the needs of your home and can save your garden from a slow, dry death. Laura Allen, author and cofounder of Greywater Action, will offer encouraging, practical, and low-tech solutions to having a more waterwise home and a beautiful, thriving garden. From rain gardens to rainwater catchment and harvesting techniques and even greywater systems, Joe explores just a few of the strategies that are becoming an essential part of the new water future.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13243
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1248H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7178
19:30:00	Americas Now Costa Rica - Centenarians	NETA		(CC)	N/A	#101H
	Costa Rica - Centenarians (Harris Whitbeck) - The number of people who live to be 100 years or more is growing. It's estimated that there are more than 450,000 centenarians living across the globe and that segment of the population is the fastest growing one of all. Experts say there are many factors that contribute to the existence of centenarians and recently they have started identifying key traits that are common to them all. Those traits have also been found in five distinct areas around the globe, and two of them are in the Americas. Correspondent Harris Whitbeck visited one of these so-called blue zones in the Nicoya peninsula of Costa Rica. Game Changer - Julia Novelo (Lisa Hagen) - If you walk through the streets of Mexico City, you will find lots of waste on the streets. A young graphic designer was bothered by all this rubbish on the sidewalks. But she decided to give this trash a second chance. She founded "Cerrando el ciclo" ("Closing the cycle"): a work space for single-mothers who collect old bottles and convert them into glass jewelry and decorating articles. Our Game Changer this week is Julia Novelo.					
20:00:00	Sun Studio Sessions Eric Bibb	NETA	(S)	(CC)	N/A	#713H
	A career spanning five decades, a few dozen albums, countless radio & television shows and non-stop touring has made Eric Bibb one of the leading bluesmen of his generation. One critic wrote: "He has all the ingredients for stardom - handsome good looks, a voice as strong and soulful as they come, the guitar chops to hold his own against the best and he writes compelling, sensitive songs. His blues are clean, beautifully sung, soulful and upbeat". The weekly syndicated American program "House of Blues Radio Hour" host Elwood Blues (a.k.a. Dan Aykroyd) once declared to Eric: "You are what the blues in the new century should be about." In this episode, Eric's stellar musicianship is on full display performing several songs including "Going Down Slow" and "Turner Station."					
20:30:00	Jammin at Hippie Jack's Ashley Cleveland	NETA	(S)	(CC)	N/A	#1007H
	Ashley Cleveland is a three-time Grammy and two-time Dove award winner who has released eight critically acclaimed albums. Few artist have achieved such a compelling fusion of gospel, blues, and rock. Cleveland resides in Nashville with her husband Kenny Greenberg.					

Tue, Dec 06, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	The Kate Barb Jungr	APTEX	(S)	(CC)	N/A	#105H
	Award-winning British songstress Barb Jungr is renowned for her vocal style, interpretation of song and radical approach to arrangements. Barb's latest musical exploration, Shelter From The Storm, is a masterful take on healing songs arranged with the help of legendary jazz pianist Laurence Hobgood. Experience Leonard Cohen's "Sisters of Mercy," Bob Dylan's "All Along the Watchtower" and David Bowie's "Life on Mars" through Barb Jungr's provocative musical lens. It doesn't take long to fall captive to Jungr's cheeky British humor and charisma brilliantly paired with the conceptual weight and lyrical depth of her song selections. Jungr and Hobgood are joined by bassist Michael Olatuja (Stevie Wonder, Chaka Khan) and percussionist Wilson Torres (In The Heights, The New York Philharmonic).					
22:00:00	American Reds	APTEX	(S)	(CC)	N/A	#0H
	The documentary AMERICAN REDS provides a historical overview of 20th century Communism and the growth, decline and contemporary relevance of the Communist Party, USA (CPUSA). Since its founding in 1919, the CPUSA has championed the struggles for democracy, labor rights, women's equality, and racial justice. During its heyday in the 1930s and 1940s, it attracted millions of Americans to support its causes and almost 100,000 men and women to enlist in its ranks. The film begins with the Party's emergence as a small militant sect in the 1920s and documents its rise to the foremost radical group in the United States during the Great Depression, fighting against racism, sexism and fascism, as well as for the rights of workers to organize. It ends with the decline of the Party during the Cold War under the assaults of the FBI and anti-communist crusades. Through powerful and compelling personal stories told by current and former members of the Party, along with commentary from historians and academics, AMERICAN REDS explores the organization's complex and contradictory efforts to realize its vision of creating a radiant society based on freedom, equality, justice and fraternity.					
23:30:00	Mississippi's Free State of Jones	NETA	(S)	(CC)	N/A	#0H
	During the Civil War, pro-Union citizens of Jones County, Mississippi, led a rebellion against the Confederacy, an action that would have far reaching repercussions during the conflict and long after the war. Their story shows that the Civil War wasn't just North vs. South, but also Mississippians vs. Mississippians, and the battles they faced lasted long after the war officially ended.					

Wed, Dec 07, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7178
00:30:00	Americas Now Costa Rica - Centenarians	NETA		(CC)	N/A	#101H
	<p>Costa Rica - Centenarians (Harris Whitbeck) - The number of people who live to be 100 years or more is growing. It's estimated that there are more than 450,000 centenarians living across the globe and that segment of the population is the fastest growing one of all. Experts say there are many factors that contribute to the existence of centenarians and recently they have started identifying key traits that are common to them all. Those traits have also been found in five distinct areas around the globe, and two of them are in the Americas. Correspondent Harris Whitbeck visited one of these so-called blue zones in the Nicoya peninsula of Costa Rica. Game Changer - Julia Novelo (Lisa Hagen) - If you walk through the streets of Mexico City, you will find lots of waste on the streets. A young graphic designer was bothered by all this rubbish on the sidewalks. But she decided to give this trash a second chance. She founded "Cerrando el ciclo" ("Closing the cycle"): a work space for single-mothers who collect old bottles and convert them into glass jewelry and decorating articles. Our Game Changer this week is Julia Novelo.</p>					
01:00:00	Sun Studio Sessions Eric Bibb	NETA	(S)	(CC)	N/A	#713H
	<p>A career spanning five decades, a few dozen albums, countless radio & television shows and non-stop touring has made Eric Bibb one of the leading bluesmen of his generation. One critic wrote: "He has all the ingredients for stardom - handsome good looks, a voice as strong and soulful as they come, the guitar chops to hold his own against the best and he writes compelling, sensitive songs. His blues are clean, beautifully sung, soulful and upbeat". The weekly syndicated American program "House of Blues Radio Hour" host Elwood Blues (a.k.a. Dan Aykroyd) once declared to Eric: "You are what the blues in the new century should be about." In this episode, Eric's stellar musicianship is on full display performing several songs including "Going Down Slow" and "Turner Station."</p>					
01:30:00	Jammin at Hippie Jack's Ashley Cleveland	NETA	(S)	(CC)	N/A	#1007H
	<p>Ashley Cleveland is a three-time Grammy and two-time Dove award winner who has released eight critically acclaimed albums. Few artist have achieved such a compelling fusion of gospel, blues, and rock. Cleveland resides in Nashville with her husband Kenny Greenberg.</p>					
02:00:00	The Kate Barb Jungr	APTEX	(S)	(CC)	N/A	#105H
	<p>Award-winning British songstress Barb Jungr is renowned for her vocal style, interpretation of song and radical approach to arrangements. Barb's latest musical exploration, Shelter From The Storm, is a masterful take on healing songs arranged with the help of legendary jazz pianist Laurence Hobgood. Experience Leonard Cohen's "Sisters of Mercy," Bob Dylan's "All Along the Watchtower" and David Bowie's "Life on Mars" through Barb Jungr's provocative musical lens. It doesn't take long to fall captive to Jungr's cheeky British humor and charisma brilliantly paired with the conceptual weight and lyrical depth of her song selections. Jungr and Hobgood are joined by bassist Michael Olatuja (Stevie Wonder, Chaka Khan) and percussionist Wilson Torres (In The Heights, The New York Philharmonic).</p>					
03:00:00	American Reds	APTEX	(S)	(CC)	N/A	#0H
	<p>The documentary AMERICAN REDS provides a historical overview of 20th century Communism and the growth, decline and contemporary relevance of the Communist Party, USA (CPUSA). Since its founding in 1919, the CPUSA has championed the struggles for democracy, labor rights, women's equality, and racial justice. During its heyday in the 1930s and 1940s, it attracted millions of Americans to support its causes and almost 100,000 men and women to enlist in its ranks. The film begins with the Party's emergence as a small militant sect in the 1920s and documents its rise to the foremost radical group in the United States during the Great Depression, fighting against racism, sexism and fascism, as well as for the rights of workers to organize. It ends with the decline of the Party during the Cold War under the assaults of the FBI and anti-communist crusades. Through powerful and compelling personal stories told by current and former members of the Party, along with commentary from historians and academics, AMERICAN REDS explores the organization's complex and contradictory efforts to realize its vision of creating a radiant society based on freedom, equality, justice and fraternity.</p>					
04:30:00	Mississippi's Free State of Jones	NETA	(S)	(CC)	N/A	#0H
	<p>During the Civil War, pro-Union citizens of Jones County, Mississippi, led a rebellion against the Confederacy, an action that would have far reaching repercussions during the conflict and long after the war. Their story shows that the Civil War wasn't just North vs. South, but also Mississippians vs. Mississippians, and the battles they faced lasted long after the war officially ended.</p>					
05:00:00	American Forum What's Causing Our Crazy Politics?	NETA	(S)	(CC)	N/A	#203H
	<p>Historian NIKKI HEMMER discusses with Doug Blackmon the rise of conservative media and the transformation of U.S. political traditions.</p>					
05:30:00	Innerviews with Ernie Manouse Gene Simmons	NETA	(S)	(CC)	N/A	#1001H
	<p>Gene Simmons burst onto the music scene as "The Demon" in the band KISS, which he co-founded. He ranks number 12 in Roadrunner's 50 Best Frontmen in Metal History and has been nominated for induction into the Rock and Roll Hall of Fame. While Simmons is still a respected musician, he's also become a successful businessman and a reality TV star, with such hit series as "My Dad the Rock Star", "Mr. Romance", "Rock School" and "Gene Simmons' Family Jewels". On this episode of InnerVIEWS, Ernie sits down with Rock and Roll legend Gene Simmons.</p>					

Wed, Dec 07, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1983
08:00:00	Zula Patrol Villain of the Year/One Is The Loneliest Number	APTEX	(S)	(CC)	DVI	#313H
	VILLAIN OF THE YEAR - Dark Truder, Deliria and every other villain in the galaxy are competing for this year's Villain Of The Year Award, trying to outdo each other with acts of nefarious nastiness. The Zula Patrol has their hands full trying to quash the cosmic crime wave - especially when Truder announces to all that he plans to pull off the ultimate heist - he's going to steal an entire galaxy! ONE IS THE LONELIEST NUMBER - Zeeter is given a tough choice when The Zula Academy offers her a position that means leaving The Zula Patrol. But her decision is put on hold when the space pirate Captain Jacquie Stellar starts stealing stars out of their binary pairs. As the whole Zula Patrol works together to stop Jacquie, Zeeter realizes her place is with her friends.					
08:30:00	Thomas Edison's Secret Lab Nicky's Compass Goes South/A Gem of a Deal	APTEX	(S)	(CC)	N/A	#101H
	Compass: When the SECRET LAB KIDS head off to rescue some stranded hikers with the aid of Nicky's cell phone compass her battery fizzles out and the team must return to the lab and build a conventional compass. Gem: When a con artist purchases Nicky's granny's house for a fake gemstone necklace, the SECRET LAB KIDS must learn about minerals in order to save granny from ruin.					
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Relief	ACCES		(CC)	N/A	#105H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1023H
10:00:00	Sit and Be Fit Yardsticks and Bands	NETA	(S)	(CC)	N/A	#1505H
	Opening this program is a unique warm-up routine using a yardstick. Later in the show, Mary Ann focuses on upper and lower body strengthening using bands.					
10:30:00	Sewing with Nancy Free-Motion Quilting for Beginners, Part 1	NETA	(S)	(CC)	N/A	#2819H
	Free-motion quilt with ease it's fast and fun! Learn to free-motion quilt on your sewing machine and you'll never look back. Nancy and guest Molly Hanson show how to quilt like a pro and create finished projects without using a long-arm machine.					
11:00:00	Knit and Crochet Now! Comfy Afghans	APTEX	(S)	(CC)	DVI	#604H
	Ellen shows hot to stitch up the Spring Bud Afghan by Rena Stevens, then Kristin takes us through the steps of the knit Cabled Cube Throw. Lena demonstrates the crochet Popcorn Crawl, always a fashion favorite! Robyn designed this beautiful crochet Raglan Lace Tee and will show you step by step how to make it.					
11:30:00	Fons & Porter's Love of Quilting Leather and Lavender Tote	NETA	(S)	(CC)	N/A	#2502H
	A great way to take your quilting with you is to create this fabulous tote that incorporates leather into the design.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6098H
13:00:00	Lidia's Kitchen Ragu	APTEX	(S)	(CC)	N/A	#301H
	Italians don't like to eat big pieces of meat, but they do like to braise small pieces with lots of vegetables into delicious ragus. In this episode, Lidia creates a delicious meal of celery stalks stuffed with gorgonzola and apples; mouthwatering lamb ragu prepared with an array of peppers and potatoes and for a sweet finish, a gianduia cake made of hazelnuts and chocolate-a Piedmontese tradition.					
13:30:00	Taste The Islands with Chef Irie The Latin Lover	APTEX	(S)	(CC)	N/A	#101H
	Chef Irie brings out his inner Latin lover, preparing citrus infused Snapper Ceviche and Mussels Chorizo with Mango Coconut Sauce, finished with Guava Cream Cheese Phyllo tartlets.					

Daily Program Listing II

43.1

Date: 10/30/2016

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Wed, Dec 07, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Simply Ming Rocco DiSpirito	APTEX	(S)	(CC)	N/A	#1409H
	This week on Simply Ming, the award-winning chef, health advocate and New York Times best-selling cookbook author, Rocco DiSpirito is on the show. Voted "America's Most Exciting Young Chef" by Gourmet magazine, his three-star restaurant Union Pacific was a New York City culinary landmark for years. Rocco starts us off with an almond vanilla protein smoothie, followed by a great spinach pesto pasta with tomatoes, and tops it all off with an instant almond cake with mixed berries. Ming keeps it simple but delicious with wok-stirred brown rice noodles with shiitakes and a spicy almond pesto.					
14:30:00	Cook's Country Badger State Favorites	APTEX	(S)	(CC)	N/A	#901H
	Test cook Julia Collin Davison shows host Christopher Kimball how to make a regional classic, spicy cheese bread. Next, tasting expert Jack Bishop challenges Chris to a tasting of sharp cheddar cheese. Then, equipment expert Adam Ried reveals his top picks for dish drying racks. And finally, test cook Bridget Lancaster uncovers the secrets to old-fashioned vanilla frozen custard.					
15:00:00	Beads, Baubles and Jewels Sparkle and Shine	NETA	(S)	(CC)	N/A	#2404H
	Make your style sparkle and shine. Designer and author Ashley Bunting expresses her upbeat style through leather, beading and wirework. In her Beading Lesson, Katie Hacker creates a layered birthstone necklace you can make for yourself or give as a gift.					
15:30:00	Make It Artsy Celebrations	NETA	(S)	(CC)	N/A	#109H
	Celebrate all that is artsy. Clay artist Laurie Mika celebrates love by embedding all sorts of charms into sculptured hearts. Kathy Cano-Murillo honors Mexican holiday Dia de los Muertos with stained glass ornaments. Janet Takahashi has calligraphy ideas for DIY weddings and mix media artist Jenn Mason makes a mini-banner for any celebration.					
16:00:00	Biz Kid\$ Money Math - Who Needs It?	APTEX	(S)	(CC)	DVI	#202H
	Math is a true building block in the business of your life. Whether you are calculating the tip on the restaurant bill, making change at your lemonade stand, or figuring out how to quickly grow your savings, it's all about the math in money. Visit with a handbag designer and meet students who are helping to save the environment.					
16:30:00	Hands On Crafts for Kids Dress Up	NETA	(S)	(CC)	DVI	#1802H
	It's fun to dress up and decorate. Jenny Barnett-Rohrs and Katie Hacker team up to make a really cool cape. Candie Cooper recreates a design from a famous modern artwork. Then, we'll dance away in a new tutu skirt and make a patriotic decoration from blogger Angie Holden.					
17:00:00	P. Allen Smith's Garden Home Unique Eureka	APTEX	(S)	(CC)	N/A	#1514H
	P. Allen Smith visits the one-of-a-kind mountain town of Eureka Springs, Arkansas. Art, food and natural scenery abound as we unwrap this hidden treasure.					
17:30:00	Growing A Greener World Epic Tomatoes (Raleigh, Nc and Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#722H
	Perhaps the most popular plant for any vegetable gardener is the tomato. It's the first food most beginners attempt to grow. It's the one that many experienced veterans still try to perfect each season. It is the iconic crop of the summer garden. Yet it's also one of the hardest to nurture all the way through to harvest without fighting pests and diseases en route to that bountiful harvest we all dream of. In this episode, the team will shadow three expert tomato growers, Craig LeHoullier, Brie Arthur, and Joe Lamp'1. They'll follow along from planting to harvest to get practical tips from the pros and learn unique and innovative growing methods for dealing with a variety of challenging conditions.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13244
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#419H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7179
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#346
20:00:00	New Tanglewood Tales: Life On Stage and Off	APTEX	(S)	(CC)	N/A	#105H

Wed, Dec 07, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#209H
<p>Artists: David LaMotte, Grace Adele & Keenan Wade, Isken, and hosted by songwriter Eric Gnezda. Artist Bio: Grace Adele and Keenan Wade blend Nashville and Vaudeville. With a distinct vintage style, they set the stage with traditional American roots drawn from classic country, Western swing, bluegrass, folk, and contemporary indie rock. A native of Ohio, Grace originally had her heart set on becoming a Rockette after years of classical training in ballet. They sing "Today." Artist Bio: Isken sports an eclectic mix of multi-genre inspiration with technicality in his songwriting. When not seen with an acoustic guitar, he creates a chill vibe on the electric. He incorporates different styles into his songs that inspire and uplift the audience through his brand of "poptimism." He sings "Idea of Me." Artist Bio: David LaMotte has released eight albums. He is a speaker, author, workshop leader and the founder of a non-profit organization that supports schools and music programs in Guatemala. An advocate for peacemakers, he is a member of the American Friends Service Committee, which nominates a candidate for the Nobel Peace Prize. He performs "Water" and "Just One Candle."</p>						
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#102H
<p>Performances by The Arcs, The Jesus and Mary Chain, MS MR and Frank Turner, with an interview from NPR's Bob Boilen and comedy from Tony Rock and Hannibal Burrell.</p>						
22:00:00	To Begin The World Over Again: The Life of Thomas Paine	NETA	(S)	(CC)	DVI	#0H
<p>All the triumphs and tragedies of Thomas Paine's life are here in this film of the acclaimed one-man play To Begin the World Over Again: the Life of Thomas Paine, shot in front of a live audience at the Lillian Theatre, Hollywood. Thomas Paine, a man largely forgotten and greatly misunderstood, is ironically quoted by all and every political faction in America today. Yet his ideas about democracy, equality, slavery, pensions, healthcare, education and morality would have created a very different kind of nation if they had been acted on. He was a man who changed the world, only to have the world he changed turn its back on him. The man who ignited revolutions would die largely ignored and distained, yet he was at the epicenter of world events when he wrote his books, literally transforming nations through the power of his words. Thomas Paine was one of the world's most provocative writers and worst politicians, a very nearly deadly combination. He lived by the creed that "one must always speak the truth as one sees it, no matter the consequences" and what an extraordinary life it was. It is time to hear and discuss and debate Thomas Paine again, since, as he said, "we have it in our power to begin the world over again".</p>						
23:00:00	Cruising The Three Gorges	NETA	(S)	(CC)	N/A	#0H
<p>Follow two American travelers, Audrey and Paul, as they cruise the Three Gorges and visit scenic spots along the Yangtze River in China.</p>						

Thu, Dec 08, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7179
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#346
01:00:00	New Tanglewood Tales: Life On Stage and Off	APTEX	(S)	(CC)	N/A	#105H
01:30:00	Songs at the Center Artists: David LaMotte, Grace Adele & Keenan Wade, Isken, and hosted by songwriter Eric Gnezda. Artist Bio: Grace Adele and Keenan Wade blend Nashville and Vaudeville. With a distinct vintage style, they set the stage with traditional American roots drawn from classic country, Western swing, bluegrass, folk, and contemporary indie rock. A native of Ohio, Grace originally had her heart set on becoming a Rockette after years of classical training in ballet. They sing "Today." Artist Bio: Isken sports an eclectic mix of multi-genre inspiration with technicality in his songwriting. When not seen with an acoustic guitar, he creates a chill vibe on the electric. He incorporates different styles into his songs that inspire and uplift the audience through his brand of "poptimism." He sings "Idea of Me." Artist Bio: David LaMotte has released eight albums. He is a speaker, author, workshop leader and the founder of a non-profit organization that supports schools and music programs in Guatemala. An advocate for peacemakers, he is a member of the American Friends Service Committee, which nominates a candidate for the Nobel Peace Prize. He performs "Water" and "Just One Candle."	APTEX	(S)	(CC)	N/A	#209H
02:00:00	Live at 9:30 Performances by The Arcs, The Jesus and Mary Chain, MS MR and Frank Turner, with an interview from NPR's Bob Boilen and comedy from Tony Rock and Hannibal Burress.	NACC	(S)	(CC)	N/A	#102H
03:00:00	To Begin The World Over Again: The Life of Thomas Paine All the triumphs and tragedies of Thomas Paine's life are here in this film of the acclaimed one-man play To Begin the World Over Again: the Life of Thomas Paine, shot in front of a live audience at the Lillian Theatre, Hollywood. Thomas Paine, a man largely forgotten and greatly misunderstood, is ironically quoted by all and every political faction in America today. Yet his ideas about democracy, equality, slavery, pensions, healthcare, education and morality would have created a very different kind of nation if they had been acted on. He was a man who changed the world, only to have the world he changed turn its back on him. The man who ignited revolutions would die largely ignored and distained, yet he was at the epicenter of world events when he wrote his books, literally transforming nations through the power of his words. Thomas Paine was one of the world's most provocative writers and worst politicians, a very nearly deadly combination. He lived by the creed that "one must always speak the truth as one sees it, no matter the consequences" and what an extraordinary life it was. It is time to hear and discuss and debate Thomas Paine again, since, as he said, "we have it in our power to begin the world over again".	NETA	(S)	(CC)	DVI	#0H
04:00:00	Cruising The Three Gorges Follow two American travelers, Audrey and Paul, as they cruise the Three Gorges and visit scenic spots along the Yangtze River in China.	NETA	(S)	(CC)	N/A	#0H
05:00:00	American Forum Redeeming Thomas Jefferson? Doug Blackmon interviews legendary Jefferson scholars, PETER ONUFF and ANNETTE GORDON-REED, on new understandings of a deeply controversial Founding Father.	NETA	(S)	(CC)	N/A	#204H
05:30:00	Innerviews with Ernie Manouse Jim Lehrer Jim Lehrer's name is synonymous with television journalism. With his partner of over 20 years, Robert MacNeil, he helped redefine the evening newscast and brought the in-depth discussion of current affairs the American audience hungered for. A former Marine, he has been called the "Dean of Moderators" for having conducted almost a dozen presidential debates. He has received an Emmy Award, a National Humanities medal, and in 1999 he was inducted into the Television Hall of Fame. But beneath it all beats the heart of a young boy who loves telling stories, and he has published over 2 dozen novels, plays and memoirs. On this episode of InnerVIEWS, Ernie sits down with the executive editor and former anchor for PBS' News Hour, journalist and author Jim Lehrer.	NETA	(S)	(CC)	N/A	#1002H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1984
08:00:00	Peep and the Big Wide World Magic Duck Dancing/Chirp Chirp Tweet Tweet Chirp/Pocoyo-Dance Off! Quack thinks his snazzy new Duck Dance has magical power. He thoughtfully decides to teach it to all his friends -- for a small fee, of course! Chirp is really good at recognizing other birds' songs, but can she find one of her own? Then, Pocoyo and Pato stumble upon a disco and have a dance off.	APTEX	(S)	(CC)	N/A	#201
08:30:00	Thomas Edison's Secret Lab The Eagle Has Landed/Bee-Gone Eagle: When a power company worker finds an abandoned eagle's nest precariously perched atop a wind turbine the SECRET LAB KIDS build a homemade rocket to fire a rope up to him so he can lower the nest to safety. Bee: When JD and Kent discover there's a shortage of beeswax for their surfboards, it leads to the discovery that all the local honeybees have vanished from the beehives.	APTEX	(S)	(CC)	N/A	#102H

Thu, Dec 08, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Anti Aging	ACCES		(CC)	N/A	#106H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1024H
10:00:00	Sit and Be Fit Shoulder and Back Strength Mary Ann guides viewers through a lively workout sharing exercises that help strengthen the shoulders and back.	NETA	(S)	(CC)	N/A	#1506H
10:30:00	Sewing with Nancy Free-Motion Quilting for Beginners, Part 2 Create free-motion quilting designs with confidence. Learn how to master all the fundamentals of free-motion quilting. Nancy and guest Molly Hanson show you how to confidently stitch different quilting designs, including stippling variations, swirls, and woodgrain.	NETA	(S)	(CC)	N/A	#2820H
11:00:00	Knit and Crochet Now! Terrific T-Shirts The Butterfly Tee is up next, with Lena showing you how to knit this special project, and lastly the Stripes and Short Rows scarf.	APTEX	(S)	(CC)	DVI	#605H
11:30:00	Fons & Porter's Love of Quilting Splendid Stars Mary Fons and her guest Amy Ellis will present a great project that uses diamonds cut from this "new" fabric. They will teach you a simple y-seam technique that will assist you in making great star blocks for your next project.	NETA	(S)	(CC)	N/A	#2503H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6099H
13:00:00	Eat! Drink! Italy! with Vic Rallo The Spice of Life Chef Filippo Oscar Artioli shows Vic his signature pasta dish and pairs it with the Montefalco area's wine. Vic is near Naples to learn Chef Elio Bonafiglia's pizza dough recipe with a unique ingredient.	APTEX	(S)	(CC)	N/A	#309H
13:30:00	Cooking with Nick Stellino A Sicilian Meatloaf & Cake with Rum Sauce Meatloaf when done right can be a work of art, something worthy of the finest restaurant. Chef Stellino re-interprets a fabulous Sicilian recipe from his youth and prepares a Sicilian Stuffed Meatloaf. Then seals the deal with an incredible chocolate butter cake, dripping with the most luscious and buttery rum sauce.... Oh what a life!!!	APTEX	(S)	(CC)	N/A	#110H
14:00:00	The Jazzy Vegetarian Craving for Chocolate Host Laura Theodore prepares dairy- and egg-free chocolate desserts like amazing Sweet Cocoa Cupcakes, topped with a tempting Rich Chocolate Frosting. Quick Chocolate-Coconut Cake with Sweet Cherry Compote preps in a flash and tastes truly decadent. Four-Ingredient Chocolate Chip Cookies make the perfect choice for an easy cookie fix.	NETA	(S)	(CC)	DVI	#506H
14:30:00	New Scandinavian Cooking Innovative and Old Fashioned The UNESCO-listed mountain town of Roros is the backdrop for today's episode, where Andreas investigates how this isolated town has become a culinary attraction. He makes crispy sour cream waffles, homemade cloudberry ice cream, and he learns the secret behind the local fermented sausage. For main course he serves Norwegian meatballs in delicious gravy, with potatoes and lingonberries.	APTEX	(S)	(CC)	N/A	#703H
15:00:00	Beads, Baubles and Jewels Make These Tonight Stacking bracelets are today's hottest style statement. Jewelry designer Meredith Roddy creates three distinct styles of stacking bracelets to combine or to wear alone. Candie Cooper designs trendy earrings for teens and tweens in Katie's Beading Lesson.	NETA	(S)	(CC)	N/A	#2405H
15:30:00	Make It Artsy Transformation In the hands of the maker, the ordinary is transformed into the extraordinary. A simple lamp morphs into a decorator accent with tool expert Joe Rotella. A matchbook becomes a mini-journal in the hands of artist Roxanne Coble. Host Julie Fei Fan Balzer creates cool jewelry from coloring book pages. Clay artist Laurie Mika has a tip on stenciling on clay.	NETA	(S)	(CC)	N/A	#110H

Thu, Dec 08, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Building Your Business Online	APTEX	(S)	(CC)	DVI	#203H
	In today's world, great tools are available for you to build a business online. The Biz Kids investigate the advantages and potential pitfalls in Internet businesses. See the success of a young graphic designer, a nine-year-old who sells bath salts, and two teens who built a social networking site.					
16:30:00	Hands On Crafts for Kids Superheroes	NETA	(S)	(CC)	DVI	#1803H
	Who's your favorite superhero? Katie Hacker creates a utility belt to boost your super powers. Jenny Barnett-Rohrs makes a hero emblem for your room. Franz Spohn shows how to draw yourself into a comic book hero and Katie makes Kryptonite soap.					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Gardening	APTEX	(S)	(CC)	N/A	#1515H
	P. Allen Smith highlights some of his favorite gardening segments in this blast from the past.					
17:30:00	Growing A Greener World In Susan's Garden: A Backyard Habitat In Harmony with Nature (Spokane, Wa)	APTEX	(S)	(CC)	N/A	#723H
	One thing all gardeners have in common is the desire to see other people's beautiful gardens. In fact, while many of viewers enjoy painstakingly-maintained public gardens, nearly all prefer the ideas and inspiration they receive from an up-close look at more down-to-earth personal gardens. Today, Joe responds to many viewers' request for more visits to personal gardens with an episode that will not disappoint. Susan Mulvihill, an avid gardener, birder, and nature lover in Spokane, has created an inviting habitat for the creatures great and small that she welcomes to her garden. Joe will learn some of Susan's best tips for creating a beautiful backyard habitat in harmony with nature.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13245
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1324H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7180
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1106H
20:00:00	Backstage Pass Thornetta Davis	NETA	(S)	(CC)	N/A	#715H
	Detroit native Thornetta Davis, Detroit's "Queen of the Blues," brings her strong vocals and wide range of musical influence to the stage during Michigan BluesFest 2015. In this episode, Davis features her new single "I Gotta Sang the Blues," along with other favorites "Further On Up The Road," and "Please Send Me Someone to Love." Recorded live at Michigan BluesFest 2015.					
20:30:00	Music Voyager Morocco: The Heart of Morocco - The Middle	APTEX	(S)	(CC)	N/A	#707H
	The three friends, Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall, begin their voyage in the western foothills of the southern Middle Atlas (Moyen Atlas) mountains and travel to Fes. The amazing old capital of Morocco lives in two worlds, the new modern Fes and medina (old town). From the ancient city-the medina in Fes-the friends learn that the history and music intertwine to bring out the richness and diversity of the culture. From Fes, the friends head to Khenifra and then on to Merzouga in the Sahara desert. Similar to the changes in topography, so do the people, the culture and the music change. Over the dunes the friends ride ATVs and jam under the amazing night sky by a desert fire. Nouamane, Hassan and Laurent then travel to the city of old-word charm and elegance, Marrakesh. The artist ambassador is the legendary Gnawa artists, Hassan Hakmoun and Fnaire. They show the different sides of this magical city and how it inspires them. The journey ends in the coastal city of Essaouira, where Hassan has asked other famous Moroccan music artists to participate in a traditional Gnawa ceremony.					
21:00:00	Live from the Dennison Lodge Ray Bonneville	NETA	(S)	(CC)	N/A	#110H
	Canadian Ray Bonneville is a blues-influenced, song and groove man who is strongly influenced by New Orleans.					
22:00:00	Arts In Exile: Tibetan Treasures In Small Town America	NETA	(S)	(CC)	N/A	#0H
	Tibetan arts serve a new purpose in modern times. As exiled Tibetans witness the near disappearance of their culture, the arts rise to remind them what they share in common as people. Arts in Exile: Tibetan Treasures in Small Town America explores how a small city in northern New York can be inspired by, and connected to the culture of Tibet from across the globe. Highlighting a large-scale festival of Tibetan arts and culture in Plattsburgh, New York, Arts in Exile examines how several Tibetan refugees use the arts to both raise awareness about the global problems they face, and keep their culture alive. The documentary features insight from Tibet House President Dr. Robert Thurman, and the talents of photographer Sonam Zoksang, freedom singer Techung, wood carver Tashi Dholak, thangka painter Tsering Phuntsok, monks Lobsang Dorjee and Yeshi Dorjee, musician Tamding Tseten and many other visual artists and performers.					

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Thu, Dec 08, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Changing Seas Sponges: Oldest Creatures in the Sea?	APTEX	(S)	(CC)	N/A	#801H
	Shows how recent DNA research has cast doubt on the theory that sponges were the first animals to branch off the "Animal Tree of Life," a kind of family tree for all living and extinct animals on earth. Recently, some scientists are suggesting that ctenophores, also known as comb jellies, are an older lineage.					
23:30:00	Changing Seas Manatees: Conserving A Marine Mammal	APTEX	(S)	(CC)	N/A	#802H
	Every winter, hundreds of manatees aggregate at Crystal River, Florida. This sanctuary is also a treasure for scientists, who take advantage of these manatee gatherings to study them. From decades of visual ID studies to the most cutting-edge DNA research, experts hope that science will help conserve this beloved marine mammal.					

Fri, Dec 09, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7180
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1106H
01:00:00	Backstage Pass Thornetta Davis	NETA	(S)	(CC)	N/A	#715H
	Detroit native Thornetta Davis, Detroit's "Queen of the Blues," brings her strong vocals and wide range of musical influence to the stage during Michigan BluesFest 2015. In this episode, Davis features her new single "I Gotta Sang the Blues," along with other favorites "Further On Up The Road," and "Please Send Me Someone to Love." Recorded live at Michigan BluesFest 2015.					
01:30:00	Music Voyager Morocco: The Heart of Morocco - The Middle	APTEX	(S)	(CC)	N/A	#707H
	The three friends, Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall, begin their voyage in the western foothills of the southern Middle Atlas (Moyen Atlas) mountains and travel to Fes. The amazing old capital of Morocco lives in two worlds, the new modern Fes and medina (old town). From the ancient city-the medina in Fes-the friends learn that the history and music intertwine to bring out the richness and diversity of the culture. From Fes, the friends head to Khenifra and then on to Merzouga in the Sahara desert. Similar to the changes in topography, so do the people, the culture and the music change. Over the dunes the friends ride ATVs and jam under the amazing night sky by a desert fire. Nouamane, Hassan and Laurent then travel to the city of old-word charm and elegance, Marrakesh. The artist ambassador is the legendary Gnawa artists, Hassan Hakmoun and Fnaire. They show the different sides of this magical city and how it inspires them. The journey ends in the coastal city of Essaouira, where Hassan has asked other famous Moroccan music artists to participate in a traditional Gnawa ceremony.					
02:00:00	Live from the Dennison Lodge Ray Bonneville	NETA	(S)	(CC)	N/A	#110H
	Canadian Ray Bonneville is a blues-influenced, song and groove man who is strongly influenced by New Orleans.					
03:00:00	Arts In Exile: Tibetan Treasures In Small Town America	NETA	(S)	(CC)	N/A	#0H
	Tibetan arts serve a new purpose in modern times. As exiled Tibetans witness the near disappearance of their culture, the arts rise to remind them what they share in common as people. Arts in Exile: Tibetan Treasures in Small Town America explores how a small city in northern New York can be inspired by, and connected to the culture of Tibet from across the globe. Highlighting a large-scale festival of Tibetan arts and culture in Plattsburgh, New York, Arts in Exile examines how several Tibetan refugees use the arts to both raise awareness about the global problems they face, and keep their culture alive. The documentary features insight from Tibet House President Dr. Robert Thurman, and the talents of photographer Sonam Zoksang, freedom singer Techung, wood carver Tashi Dholak, thangka painter Tsering Phuntsok, monks Lobsang Dorjee and Yeshi Dorjee, musician Tamding Tseten and many other visual artists and performers.					
04:00:00	Changing Seas Sponges: Oldest Creatures in the Sea?	APTEX	(S)	(CC)	N/A	#801H
	Shows how recent DNA research has cast doubt on the theory that sponges were the first animals to branch off the "Animal Tree of Life," a kind of family tree for all living and extinct animals on earth. Recently, some scientists are suggesting that ctenophores, also known as comb jellies, are an older lineage.					
04:30:00	Changing Seas Manatees: Conserving A Marine Mammal	APTEX	(S)	(CC)	N/A	#802H
	Every winter, hundreds of manatees aggregate at Crystal River, Florida. This sanctuary is also a treasure for scientists, who take advantage of these manatee gatherings to study them. From decades of visual ID studies to the most cutting-edge DNA research, experts hope that science will help conserve this beloved marine mammal.					
05:00:00	American Forum Inside The First Clinton White House	NETA	(S)	(CC)	N/A	#205H
	Historian RUSSELL RILEY discusses with Doug Blackmon what the Bill Clinton administration tells us about a Hillary Clinton presidency.					
05:30:00	Innerviews with Ernie Manouse Kate Walsh	NETA	(S)	(CC)	N/A	#1003H
	Kate Walsh began her career acting in the small neighborhood theatres of Chicago before entering the New York City theatre scene of the late 80's. Television soon beckoned and the audience began to take notice when she joined the cast of The Drew Carey Show as Carey's girlfriend Nicki. But it has been as Dr. Addison Montgomery on both "Grey's Anatomy" & "Private Practice" that she has truly captured the nation's attention. Outside of acting, she lives just as busy a life - as a business woman she has launched her own fragrance called "Boyfriend", and as an activist, she is a spokesperson for the Narcolepsy Network, serves on the board of Planned Parenthood, and is working with the ocean conservancy group Oceana. On this episode of InnerVIEWS, Ernie sits down with Screen Acting Guild Award winner, Actor and Entrepreneur, Kate Walsh.					

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Fri, Dec 09, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1985
08:00:00	Peep and the Big Wide World A Duck's Tale/ Quack's Tracks/Pocoyo-Scary Noises	APTEX	(S)	(CC)	N/A	#202
	After meeting a skunk for the very first time, Quack discovers a surprising flaw in duck design. On the first snowy day of winter, Peep loses Quack, learns about footprints, and builds a snow duck. Then, Pocoyo and Pato are out for an adventure in the Vamoosh but have to land on a strange planet where they meet a visitor.					
08:30:00	Thomas Edison's Secret Lab A Golden Opportunity/If The Fossil Fits	APTEX	(S)	(CC)	N/A	#103H
	Golden: When Angie loses her mother's favorite - and valuable - gold bracelet at the beach, our heroes build a homemade metal detector to find it. Fossil: When Kent discovers a dinosaur fossil, the SECRET LAB KIDS learn about fossils, DNA and even go back to prehistoric times to determine if Kent has discovered a completely new dinosaur!					
09:00:00	Functional Fitness with Suzanne Andrews COPD/Asthma	ACCES		(CC)	N/A	#107H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1025H
10:00:00	Sit and Be Fit Postural Alignment and Shoulder Stability	NETA	(S)	(CC)	N/A	#1507H
	This program features exercises that help increase postural awareness and stabilize the shoulders.					
10:30:00	Sewing with Nancy Today's Crazy Quilting with Your Embroidery Machine, Part 1	NETA	(S)	(CC)	N/A	#2821H
	Create digital crazy patch designs that look like handwork. Nancy and guest Eileen Roche, machine embroidery expert, show you how to duplicate your grandmother's crazy quilt hand embroidery stitches with today's digital techniques-all in the hoop.					
11:00:00	Knit and Crochet Now! Let's Have A Party	APTEX	(S)	(CC)	DVI	#606H
	Drew, The Crochet Dude, makes a special visit and shows how to crochet a Banner and then make a Party Gift Tag. Kristin shows the knit version of the Banner and the Party Gift Tag. A beautiful Filet Crochet Scarf is a must have, and Lena will show you how.					
11:30:00	Fons & Porter's Love of Quilting Stars and Nines	NETA	(S)	(CC)	N/A	#2504H
	This unusual arrangement creates six point stars that leave the nine-patch blocks dancing in back and forth across the quilt.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6100H
13:00:00	P. Allen Smith's Garden to Table Autumn Enchantment	APTEX	(S)	(CC)	DVI	#309H
	With the welcomed cool air of autumn, it's the perfect time to celebrate the bounty of the season! Allen tells us about the second growing season of the year and shares a few ways to use Mother Nature's gift in the kitchen. He also visits Natchez, Mississippi where a close friend shows him how to make a delicious recipe with sweet potatoes.					
13:30:00	Mike Colameco's Real Food Clinton Street	NETA	(S)	(CC)	N/A	#1406H
	The LES is on a roll and nowhere is this more obvious than the frenetic food scene on Clinton St. We'll tour Sushi Ko, Seoul Wings, Ivan ramen, the Black Crescent bar, Azasu Izakaya and Thelma on Clinton.					
14:00:00	Kitchen Wisdom of Cecilia Chiang Passing on the Wisdom	APTEX	(S)	(CC)	DVI	#106H
	This episode is all about Cecilia as a mentor and passing on her kitchen wisdom. "Cecilia is a perfect mentor because she gives perfect advice," says legendary chef Jeremiah Tower. She gave Julia Child cooking lessons and was Alice Water's mentor in the years leading up to Chez Panisse. Well into her 90's, Cecilia is still mentoring a new generation of San Francisco's chefs. Corey Lee, a Korean American comes to her for professional advice and for personal as well. Tyler Florence asks Cecilia how to manage fame. And Belinda Leong, chef/co-owner and creator of b.patisserie is like a daughter to Cecilia and seeks out her counsel daily. In this episode, first they recreate a Mandarin classic dessert, glaced bananas. Then Belinda does a b.patisserie signature favorite, her now famous chocolate banana almond croissant.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#235H
15:00:00	Beads, Baubles and Jewels Color Explorations	NETA	(S)	(CC)	N/A	#2406H
	Create custom colors and add a new twist to traditional techniques. Katie Hacker combines metals with stones and beads to make her style statement. Artist syndee holt blends polymer clay to create new colors and contemporary designs using the ancient art of mokume gane. Designer Jill MacKay shares a great die-cutting tip as she embellishes leather to make dangly earrings.					
15:30:00	Make It Artsy Home Decor	NETA	(S)	(CC)	N/A	#111H
	Your home is a gallery for your art. Artist Dina Wakley makes a wall hanging with tissue stamping. Tool expert Joe Rotella uses computer design and cutting technology to create an apron. Using watercolors, calligrapher Janet Takahashi creates simple brush lettering. Author Rebekah Meier has a tip for adding a splash of color to any home.					
16:00:00	Biz Kid\$ Financial Institutions - All The Same?	APTEX	(S)	(CC)	DVI	#204H
	You can have a savings account in one place, a checking account in another, and you can even bank online. Learn about the services offered by different institutions, including investment houses, stock exchanges, payday loan companies, and more. Visit New York City to see how fashion and finance mix.					
16:30:00	Hands On Crafts for Kids Too Nice to Stay Inside	NETA	(S)	(CC)	DVI	#1804H
	Let's head outside for some fun. Jenny Barnett-Rohrs makes colorful hand grips for your bike. Katie Hacker has some fun with friendly bugs. Franz Spohn has sidewalk art tips and Katie makes special discovery eggs.					
17:00:00	P. Allen Smith's Garden Home Cozy Settings	APTEX	(S)	(CC)	DVI	#1201H
	P. Allen Smith visits Natchez, Mississippi and tours the newly restored Twin Oaks Bed & Breakfast and historic Ravenna House. Allen shares tips on how he decorated his basement to make it cozy, and roasts smores indoors in a fun and safe way. There is also a sneak preview of the Garden Home Challenge!					
17:30:00	Growing A Greener World A Year in the Life of a Beginning Beekeeper (Atlanta, Ga; Mt. Airy, Nc)	APTEX	(S)	(CC)	N/A	#601H
	Once you get past the buzz of backyard beekeeping, what's the reality? This episode tracks the first year of newbie beekeeper Joe Lamp!': selecting the best equipment, physically taking possession of thousands of live bees, installing them in a proper hive, harvesting the honey, and dealing with the inevitable challenges along the way. With a Master Beekeeper offering expert advice as well as incredible visuals of the honeybee's secret world, this episode is a must-see.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13246
18:30:00	Out of Ireland	WLIW	(S)	(CC)	N/A	#2430Z
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7181
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#849H
20:00:00	Song of the Mountains Antsy McClain & The Trailer Park Troubadours	NETA	(S)	(CC)	N/A	#1115H
21:00:00	Woodsongs The Wood Brothers/The Claudettes	NETA	(S)	(CC)	N/A	#1811H
	The Wood Brothers began as something of a side project between Chris Wood (Medeski Martin & Wood) and brother Oliver (Tinsley Ellis and King Johnson) in 2006. Adapting the blues, folk and other roots-music sounds they loved as kids into their own evocative sound and twining their voices in the sort of high-lonesome harmony blend for which sibling singers are often renowned, it's become quite clear that The Wood Brothers have indeed become the main act. With the addition of drummer Jano Rix, the band have become a stalwart on the Americana scene and "Masters of Soulful Funk" (Paste Magazine). Paradise is the band's fifth album and it's their most sophisticated and rocking work to date. The Claudettes create their own fanatical fusion of blues and soul-jazz-like Ray Charles on a punk kick. Think The White Stripes and Black Keys brandish with a piano instead and fronted by Nigerian-American singer/dancer Yana who sings in French. File under: post-burlesque? Neo-vaudeville? Cosmic cartoon music? You've never seen a band quite like this.					

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Fri, Dec 09, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Film School Shorts On The Prowl	NETA	(S)	(CC)	N/A	#303H
	App (American Film Institute) - Desperate to get funding for his groundbreaking new dating app, shy software developer Paul agrees to use the app to seduce a beautiful stranger, but his calculations backfire when he starts to feel a genuine connection. Directed by Alex Berman. Banana Trip (Florida State University) - Three South Korean college boys head to Florida for spring break, hoping to hook up with white girls. Directed by Hyungjik Lee.					
22:30:00	On Story Alien: Deconstructing A Sci-Fi Classic	NETA	(S)	(CC)	N/A	#403H
	An iconic example of its genre, Alien's tension, pacing, and craftsmanship are deconstructed by veteran screenwriters John August and Ashley Miller. Accompanied by Jason Mann and Frieda Luk's mystical short film, Delicacy, following a culinary connoisseur and his loyal chef as they dangerously navigate into the unknown with hopes to obtain a rare treat.					
23:00:00	Science Goes to the Movies Star Trek, Star Wars, and Fantastic Four	EPS	(S)	(CC)	N/A	#110H
	Dr. Heather Berlin and Faith Salie are joined by City College physics professor Vinod Menon to discuss how light is used and portrayed in Star Wars, Star Trek, and Fantastic Four.					
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1008

Sat, Dec 10, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7181
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#849H
01:00:00	Song of the Mountains Antsy McClain & The Trailer Park Troubadours	NETA	(S)	(CC)	N/A	#1115H
02:00:00	Woodsongs The Wood Brothers/The Claudettes	NETA	(S)	(CC)	N/A	#1811H
	The Wood Brothers began as something of a side project between Chris Wood (Medeski Martin & Wood) and brother Oliver (Tinsley Ellis and King Johnson) in 2006. Adapting the blues, folk and other roots-music sounds they loved as kids into their own evocative sound and twining their voices in the sort of high-lonesome harmony blend for which sibling singers are often renowned, it's become quite clear that The Wood Brothers have indeed become the main act. With the addition of drummer Jano Rix, the band have become a stalwart on the Americana scene and "Masters of Soulful Funk" (Paste Magazine). Paradise is the band's fifth album and it's their most sophisticated and rocking work to date. The Claudettes create their own fanatical fusion of blues and soul-jazz-like Ray Charles on a punk kick. Think The White Stripes and Black Keys brandish with a piano instead and fronted by Nigerian-American singer/dancer Yana who sings in French. File under: post-burlesque? Neo-vaudeville? Cosmic cartoon music? You've never seen a band quite like this.					
03:00:00	Film School Shorts On The Prowl	NETA	(S)	(CC)	N/A	#303H
	App (American Film Institute) - Desperate to get funding for his groundbreaking new dating app, shy software developer Paul agrees to use the app to seduce a beautiful stranger, but his calculations backfire when he starts to feel a genuine connection. Directed by Alex Berman. Banana Trip (Florida State University) - Three South Korean college boys head to Florida for spring break, hoping to hook up with white girls. Directed by Hyungjik Lee.					
03:30:00	On Story Alien: Deconstructing A Sci-Fi Classic	NETA	(S)	(CC)	N/A	#403H
	An iconic example of its genre, Alien's tension, pacing, and craftsmanship are deconstructed by veteran screenwriters John August and Ashley Miller. Accompanied by Jason Mann and Frieda Luk's mystical short film, Delicacy, following a culinary connoisseur and his loyal chef as they dangerously navigate into the unknown with hopes to obtain a rare treat.					
04:00:00	Science Goes to the Movies Star Trek, Star Wars, and Fantastic Four	EPS	(S)	(CC)	N/A	#110H
	Dr. Heather Berlin and Faith Salie are joined by City College physics professor Vinod Menon to discuss how light is used and portrayed in Star Wars, Star Trek, and Fantastic Four.					
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1008
05:00:00	In Good Shape	WNVC	(S)	(CC)	N/A	#346
05:30:00	Innovations In Medicine Personalized Cancer Treatment, Cancer Screening, Ovarian Cancer, 3D Mammograms, Proton Therapy for Cancer.	EPS	(S)	(CC)	N/A	#110H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1986
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Symphony of Roses	APTEX	(S)	(CC)	N/A	#321H
	Today Gary shows you how to paint his favorite subject, the Rose. This is a lovely Tea Rose composition painted inside an oval border. Beautiful White and Red Roses really stand out when painted with the soft earth tone background colors and dramatic Black borders.					
08:30:00	Grand View Devils Postpile National Monument	APT		(CC)	N/A	#209H
	This episode explores one of the most unique phenomena in geology; Hexagonal pillars of Basalt lava that were revealed during the last Ice Age. Located in the Eastern Sierra, this rare and beautiful feature ranks as one of the world's finest examples of columnar basalt. The region reveals a volatile geologic history, with reminders bubbling up from the valley floor. Baumann interviews Park Superintendent, Deanna Dulen, and USGS geologist, Mike Clynnne. Baumann reaches his destination, and paints the Minarets of the Sierras overlooking the park itself.					

Sat, Dec 10, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Landscapes Through Time with David Dunlop American Impressionists In Giverny, France David follows in the footsteps of the American artists who formed an art colony in Giverny in the 1880-1920s, drawn by the creative magnetic influence of Claude Monet. In the last quarter of the 19th century, artists from Paris escaped the uncomfortable heat of the Parisian summers by train to the surrounding villages along the Seine to form art colonies. The American artists formed a well-integrated colony in Giverny and explored an American style of Impressionism that was then exported to the United States at the turn of the century. David will explore the similarities and differences between French Impressionism and American Impressionism as he paints on the hillside above Giverny, popular with Theodore Robinson and Willard Metcalf.	NETA	(S)	(CC)	DVI	#105H
09:30:00	Classical Stretch: The Esmonde Technique	APTEx	(S)	(CC)	DVI	#1026H
10:00:00	Sit and Be Fit Circulation This upbeat episode focuses on movements designed to get the blood flowing through the body.	NETA	(S)	(CC)	N/A	#1508H
10:30:00	Wai Lana Yoga Crane Balance Do the Crane with Wai Lana, balancing on one leg. Then balance on your hands for Patient Crane and improve your concentration as you strengthen your arms.	APTEx	(S)	(CC)	N/A	#524
11:00:00	Delicious TV's Vegan Mashup Healthy on a Budget With grocery bills on the rise, the Vegan Mashup chefs offer you delicious and cost-conscious alternatives to your every day dishes. Shepard's Pie/Sukiyaki/Lickity Split Pea Soup.	NETA	(S)	(CC)	DVI	#104H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Pit Cooking, Sacred and Smoky Cooking in underground pits is an elemental part of Yucatecan cooking. In fact, it's downright sacred, as seen during the preparation of mucbil pollo at an intimate candlelit Hanal Pixan ceremony (think of it as the Yucatan's version of Dias de Los Muertos.) Rick heads to Yaxunah to see the entire process of making cochinita pibil, from the digging of the pit to the garnishing of the tacos. Rick also visits the smoky ovens in Temozon, a village known throughout Yucatan for its purveyors of smoked meats. Then, he places a big order at Momocoa, a Southern-American- slash-Yucatecan barbecue joint in Merida run by chef Paloma Ponce. All of the smoke stokes Rick's inner pit master, so back in Chicago he makes short ribs with ancho BBQ sauce and pollo pibil.	APTEx	(S)	(CC)	N/A	#1112H
12:00:00	Lidia's Kitchen Ragu The key to a delicious meal is coaxing a lot of flavor from an ingredient, whether it is meat or vegetables. In this episode, Lidia shares two ragu recipes: lamb and pepper ragu; and a chestnut and mushroom ragu: a heart, flavorful medley of chestnuts and mushrooms that make for a satisfying vegetarian ragu.	APTEx	(S)	(CC)	N/A	#409H
12:30:00	Moveable Feast with Fine Cooking	APTEx	(S)	(CC)	N/A	#413H
13:00:00	Expeditions with Patrick Mcmillan The Longleaf Empire - Apalachicola National Forest The once vast Longleaf Pine woodlands once dominated the South with their green, open and grassy expanses. Today this is one of the rarest habitats on the planet reduced to just two percent of its historic extent. Join Patrick as he explores a land filled with some of the strangest plants and animals anywhere in the Apalachicola National Forest, a land kissed by fire.	APTEx	(S)	(CC)	N/A	#312H
13:30:00	Joseph Rosendo's Travelscope Montreal, Quebec, Canada - Bonjour, Montreal "Bonjour" means good day in French and it is always a good day in the French speaking Canadian province of Quebec, especially in the lively cosmopolitan city of Montreal. By taking to Montreal's streets, neighborhoods, natural places and waterways, Joseph discovers that joie du vivre is not just a French phrase; it's a way of life in Montreal. And summer is the time for celebrating. From music and dance to fireworks and circus acts, festivals abound! In addition, to the official celebrations every one of the scores of cultural neighborhoods throws a party! Extraordinary markets, majestic cathedrals, trendy cafes, the Latin quarter, a 70's era drum circle, activities on the St. Lawrence and warm fun-loving people all add up to a joyful time in Montreal.	APTEx	(S)	(CC)	DVI	#706H
14:00:00	Rick Steves' Europe Southeast England Arcing along the southeast coast of England, Rick travels from Canterbury (with its famous cathedral) to Dover (stoutly fortified from Roman times to the Battle of Britain). Then he hikes the trails that top the towering chalk cliffs of the South Downs, wander into the beachy resort of Brighton (England's Coney Island), and push on to Portsmouth, whose naval heritage has left it with the best collection of historic sailing ships anywhere.	APTEx	(S)	(CC)	N/A	#909H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Burt Wolf: Travels & Traditions It's A Good Thing When Burt started traveling around the world, the hotels, restaurants, airlines, and just about every other business he encountered had been started by a man, today, half the businesses he deals with were put together by entrepreneurial women and as Martha Stewart would say, "That's a good thing". In this program Burt travels around looking at the tradition of women entrepreneurs.	APTEX	(S)	(CC)	N/A	#1506H
15:00:00	Garden Smart Plants and history, what a great combination for gardeners. GardenSMART visits a unique, beautiful garden that provides plenty of gardening food-for-thought. We learned a lot, think you will too. Be sure to tune in.	NETA	(S)	(CC)	N/A	#4410H
15:30:00	Chefs A' Field Disappearing Act Imagining a World Without Bees. Chef David Guas: Bayou Bakery - Arlington, Virginia Colony Collapse Disorder (CCD) is a term first coined in 2006 for a phenomenon in which worker bees mysteriously vanish from a beehive. CCD represents a looming crisis for agriculture. Pastry chef David Guas knows how important the little worker bee actually is. He joins beekeeper Dave Hackenberg in a picturesque Pennsylvania apple orchard in full bloom to work with the bees and to discuss how they, and our food supply, might be saved. Recipes: Hand Apple Pie with Honeybee Vanilla Ice Cream; Zucchini Cake with Local Honey Glaze.	APTEX	(S)	(CC)	N/A	#211H
16:00:00	Maria Hinojosa: One-On-One Melissa Harris-Lacewell Princeton University professor and frequent MSNBC commentator Melissa Harris- Lacewell joins Maria Hinojosa to discuss the state of African Americans in the Obama era. Winner of the W.E.B. DuBois book award for Barbershops, Bibles, and BET: Everyday Talk and Black Political Thought, Harris-Lacewell teaches African-American studies and political science.	APTEX	(S)	(CC)	N/A	#411Z
16:30:00	Overheard with Evan Smith	NETA	(S)	(CC)	N/A	#709H
17:00:00	The Kamla Show Special Amy Love Host Kamla interviews Amy Love, Chief Marketing Officer for Violin Memory (VMEM) and Founder of Real Sports Magazine.	KAMLA	(S)	(CC)	N/A	#116H
17:30:00	Craftsman's Legacy The Glassblower Host Eric Gorges visits a friend, April Wagner, a glassblower working in abstract art. Eric and April discuss the connection between making a sacrifice when starting up a business and the give-and-take that successful craft people must make and the rewards that eventually come. Eric learns how hot a glass studio can get and how to make a glass cup.	APTEX	(S)	(CC)	N/A	#102H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3449
18:30:00	The Open Mind The Carceral States of America GUEST: Elizabeth Hinton. Harvard University historian Elizabeth Hinton talks about her new book From the War on Poverty to the War on Crime.	NETA		(CC)	N/A	#3717H
19:00:00	Closer to Truth Is Free Will An Illusion? Some philosophers and scientists claim that because every event is determined by prior events, including every event in our brains, free will is not real. What are the arguments, the evidence?	EPS	(S)	(CC)	N/A	#1110H
19:30:00	Start Up Don't Horse Around with the Chocolate Gary and the crew head to Morgan Hill, California to talk with Beth Killough and Susan McCusker, the founders of The Circle Up Experience, a horse assisted leadership and team building program. Then they head to Hamtramck, Michigan to talk to Alexandra Clark, the founder of Bon Bon Bon, an artisan chocolate company.	NETA	(S)	(CC)	N/A	#406H
20:00:00	Infinity Hall Live Melissa Etheridge That iconic voice and a wardrobe of guitars make for a riveting solo performance of greatest hits "Come to My Window," "I Want to Come Over," and "I'm the Only One," as well as songs from her latest album, This is M.E. The Grammy Award-winner shares personal stories about her remarkable journey through life and the inspiration behind some of her most beloved songs. Interview with Etheridge.	APTEX	(S)	(CC)	N/A	#508H

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Sat, Dec 10, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center George Ezra	APTEX	(S)	(CC)	N/A	#605H
	British singer/songwriter George Ezra, whose debut album Wanted On Voyage launched his career internationally and landed on the Top 10 charts in over ten countries, brings his bluesy-pop vocals to the Iridium in New York City. The 2015 Artist to Watch nominee at the MTV Video Music Awards performs "Cassy'O," "Blame It On Me," and his Top 5 hit from the US Hot Rock Songs Chart, "Budapest." The young artist also has the crowd singing along for a soulful cover of Macy Gray's Grammy Award-winning single "I Try," and performs "Girl from The North Country," written by his longtime musical influence Bob Dylan.					
22:00:00	Globe Trekker Vietnam	APTEX	(S)	(CC)	N/A	#1533H
	Zay Harding discovers the checkered and often-dangerous history of the Vietnamese railway. His perilous journey takes him to Hanoi, Hue, the DMZ and Ho Chi Minh City where he meets a general who led the final attack on the Presidential Palace during the Vietnam War.					
23:00:00	Arts In Context In Their Words	NETA		(CC)	N/A	#602H
	Darden Smith had never had a real conversation with a U.S. military service member until he met Lt. Col. Fred Cale. He quickly realized that they had much in common - both were music lovers. Through this meeting, Smith realized that the divide between soldier and civilian was not what he thought it was. He saw the potential for music and songwriting to help soldiers transition back into civilian life. Songwriting With Soldiers offers intensely immersive retreats to military veterans and active duty soldiers where they write songs about their experiences with the help of professional songwriters. Equal parts cathartic release and creative endeavor, SongwritingWith: Soldiers offers a chance at healing to the people who need it most.					
23:30:00	Stand Up Empire	KNME	(S)	(CC)	N/A	#105H
	Featured comics Daniel Rubb Webb & Roxy Castillo, with a Snapshot on the live storytelling show Greetings From Queer Mountain. Hosted by Brently Heilbron.					

Sun, Dec 11, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Is Free Will An Illusion? Some philosophers and scientists claim that because every event is determined by prior events, including every event in our brains, free will is not real. What are the arguments, the evidence?	EPS	(S)	(CC)	N/A	#1110H
00:30:00	Start Up Don't Horse Around with the Chocolate Gary and the crew head to Morgan Hill, California to talk with Beth Killough and Susan McCusker, the founders of The Circle Up Experience, a horse assisted leadership and team building program. Then they head to Hamtramck, Michigan to talk to Alexandra Clark, the founder of Bon Bon Bon, an artisan chocolate company.	NETA	(S)	(CC)	N/A	#406H
01:00:00	Infinity Hall Live Melissa Etheridge That iconic voice and a wardrobe of guitars make for a riveting solo performance of greatest hits "Come to My Window," "I Want to Come Over," and "I'm the Only One," as well as songs from her latest album, This is M.E. The Grammy Award-winner shares personal stories about her remarkable journey through life and the inspiration behind some of her most beloved songs. Interview with Etheridge.	APTEX	(S)	(CC)	N/A	#508H
02:00:00	Front and Center George Ezra British singer/songwriter George Ezra, whose debut album Wanted On Voyage launched his career internationally and landed on the Top 10 charts in over ten countries, brings his bluesy-pop vocals to the Iridium in New York City. The 2015 Artist to Watch nominee at the MTV Video Music Awards performs "Cassy'O," "Blame It On Me," and his Top 5 hit from the US Hot Rock Songs Chart, "Budapest." The young artist also has the crowd singing along for a soulful cover of Macy Gray's Grammy Award-winning single "I Try," and performs "Girl from The North Country," written by his longtime musical influence Bob Dylan.	APTEX	(S)	(CC)	N/A	#605H
03:00:00	Globe Trekker Vietnam Zay Harding discovers the checkered and often-dangerous history of the Vietnamese railway. His perilous journey takes him to Hanoi, Hue, the DMZ and Ho Chi Minh City where he meets a general who led the final attack on the Presidential Palace during the Vietnam War.	APTEX	(S)	(CC)	N/A	#1533H
04:00:00	Arts In Context In Their Words Darden Smith had never had a real conversation with a U.S. military service member until he met Lt. Col. Fred Cale. He quickly realized that they had much in common - both were music lovers. Through this meeting, Smith realized that the divide between soldier and civilian was not what he thought it was. He saw the potential for music and songwriting to help soldiers transition back into civilian life. Songwriting With Soldiers offers intensely immersive retreats to military veterans and active duty soldiers where they write songs about their experiences with the help of professional songwriters. Equal parts cathartic release and creative endeavor, SongwritingWith: Soldiers offers a chance at healing to the people who need it most.	NETA		(CC)	N/A	#602H
04:30:00	Stand Up Empire Featured comics Daniel Rubb Webb & Roxy Castillo, with a Snapshot on the live storytelling show Greetings From Queer Mountain. Hosted by Brently Heilbron.	KNME	(S)	(CC)	N/A	#105H
05:00:00	California's Golden Parks Asilomar Huell travels to the city of Pacific Grove located on the Monterey Peninsula to visit Asilomar. Meaning 'a refuge by the sea', Asilomar State Beach and Conference Grounds sits on 107 breathtaking acres.	KCET		(CC)	N/A	#119
05:30:00	Moneytrack How Wall Street Has Changed The recent dramatic downturn across all economic sectors has changed the way America deals with money. This nuts-and-bolts explainer episode takes a look at how this will affect investors' bottom line.	APT	(S)	(CC)	DVI	#301H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1987
08:00:00	Color World with Gary Spetz Color Rome Host-Artist, Gary Spetz, sails aboard a cruise ship to explore Europe's Mediterranean. He first ventures inland to explore the legendary city of Rome, to find and explore its many famous landmarks, such as The Forum, The Coliseum, Trevi Fountain, The Spanish Steps and Vatican City- purposely getting lost, in-between.	APTEX	(S)	(CC)	DVI	#105H

Sun, Dec 11, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Paint This with Jerry Yarnell Biloxi Shrimpers, Part 3	NETA	(S)	(CC)	N/A	#1203H
	In episode 3, Jerry adding the intermediate details of the boat trim, barrels on the dock, miscellaneous items stacked around the boat house and the additional highlighting of the water. He begins placing more emphasis on the center of interest, the dimensional form of the boat. He blocks it in stages with the #4 bristle brush and a dry brush blending. To finish out this episode, Jerry will sketch in the reflections with a conte pencil and begin to develop the values in the layering process to achieve the value and level of detail in the boat and the water.					
09:00:00	Wyland's Art Studio Whale Tail	APTEX		(CC)	N/A	#509H
	Many artists spend their lives working to understand the nature, structure, or essence of a thing. In Episode 9, Wyland's depiction of a fluking whale tail almost appears to be a separate object in and of itself. Wyland uses negative space -- the space around and between the subject -- to enhance this effect. Negative space may be most evident when the space around a subject, and not the subject itself, is used to artistic effect as the "real" subject of an image. Often, in a two-tone, black-and-white image, a subject is normally depicted in black and the space around it is left blank (white), thereby forming a silhouette of the subject. However, artists apply a multitude of techniques to achieve their intended effect. In this painting, Wyland applies his interest in form and negative space to give the viewer a unique perspective on this iconic image of the sea.					
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1027H
10:00:00	Sit and Be Fit Core Strengthening	NETA	(S)	(CC)	N/A	#1509H
	Mary Ann shares exercises that help build core strength which plays an important role in balance and back strength.					
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#207
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#237H
11:30:00	New Orleans Cooking with Kevin Belton Jazz Brunch	APTEX	(S)	(CC)	N/A	#102H
	Grillades and grits, pain perdu, bananas foster.					
12:00:00	Ciao Italia Classic Piedmont Antipasti/Antipasti Alla Piemontese	NETA	(S)	(CC)	N/A	#2406H
	Mary Ann travels to Pattie Bongiovanni's castle in the Piedmont region of Italy, where she makes herself home in Pattie's kitchen to prepare an antipasti table filled with memorable, regional treats, like Little Ricotta Cheese Balls, Peppers Castellana Style, and a bowl of crunchy vegetables perfect for dipping in a Bagna Cauda of extra virgin olive oil.					
12:30:00	Mike Colameco's Real Food Il Buco	NETA	(S)	(CC)	N/A	#1409H
	In 1994 Donna Leonard opened the original il Buco out back of an antique furniture store on Bond Street steps off the Bowery. Self taught with no experience the place was an instant neighborhood hit. A few years back she expanded with il Buco Alimentari a block north on Great Jones St., which earned 3 stars from the NY Times, both of the places are total stand outs.					
13:00:00	Wild Photo Adventures Winter Wildlife of Yellowstone Nps, Part 2	NETA	(S)	(CC)	DVI	#303H
	Host and professional wildlife photographer Doug Gardner brave the winter elements with photographer Jared Lloyd to photograph wildlife in the interior of Yellowstone National Park.					
13:30:00	Equitrekking Equitrekking Jordan's Deserts and Coast	APTEX	(S)	(CC)	N/A	#502
	Host Darley Newman travels throughout the small, Middle Eastern country of Jordan to experience culture, history and adventure. While in the capital city of Amman, Darley's local guide Ibrahim leads to a bustling downtown market and shopping district. In an exclusive behind-the-scenes tour, viewers learn about the history and characteristics of the Arabian breed in Darley's interview with HRH Princess Alia at the Royal Stables in Amman. From Amman, Darley heads to the Dana Nature Reserve, where she spends the night in an eco-friendly camp before riding through the historic stone village of Dana with a local. Next, Darley visits Madaba, a town known for its mosaics, before standing atop Mount Nebo, where Moses saw the Holy Land. On a multi-day ride through the Wadi Rum Desert, made famous by the epic film Lawrence of Arabia, Darley learns about Bedouin culture as she treks on horseback and camelback. The episode ends in the ancient Roman city of Jerash where Darley, dressed in Roman garb, hops a ride on a horse-drawn chariot.					

Sun, Dec 11, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#235H
14:30:00	Mineral Explorers Bolivia	NETA	(S)	(CC)	DVI	#101H
	A journey into the jungles of eastern Bolivia takes us deep underground into the Anahi Mine, world renowned for its production of amethyst and ametrine. The adventure begins 400 miles away in the bustling city of Santa Cruz, followed by a scenic but harrowing trip by boat through the Pantanal wetlands to the mine. Then it's deep underground to discover the minerals and their myths. See how amethyst and ametrine are mined, watch their transformation from gems in the rough to gemstones, and experience the world's largest-known gem pocket. Minerals featured in this episode: Amethyst and Ametrine.					
15:00:00	American Woodshop The Burkhardt Inspired Green Man Chair	NETA	(S)	(CC)	N/A	#2309H
	Inspired sculpted face chair with an historic story.					
15:30:00	Rough Cut - Woodworking with Tommy Mac Framing	APTEX	(S)	(CC)	N/A	#702H
	This week on Rough Cut Woodworking with Tommy Mac, Tommy is joined by his general contractor, Chris Reynolds, to talk about the framing of the shop. From the foundation to laying out the sills to putting up the first wall, he learns the best way to start off a project like this. And with a little help from Rough Cut regular Al D'Attanasio, that wall will be up in no time.					
16:00:00	Happy Yoga with Sarah Starr Forest Cove	NETA	(S)	(CC)	N/A	#101H
	Rejuvenate inside a lush forest cove as we get those good endorphins flowing, feeling replenished with gentle stretching for all your major muscles, including legs, hips, back, shoulders and neck, using a chair for support.					
16:30:00	Second Opinion Down Syndrome	APTEX	(S)	(CC)	N/A	#1305H
	Life expectancy for people with Down Syndrome has increased over the last 30 years - from 25 years old in 1983 to 60 years old today. While Down Syndrome carries certain health issues and risks, people with Down Syndrome and their families are moving beyond the limitations of this disability. Patient and Special Olympic medalist Frankie Antonelli and his mother Debbie share what their family has done to help Frankie reach his full potential.					
17:00:00	Natural Health Breakthroughs with Brenda Watson Genetics	EPS	(S)	(CC)	N/A	#109H
	Overview of the current state of genomics research - Eric Green, MD, PhD: Director of the National Human Genome Research Institute at NIH in Washington, DC. How genetic testing affects treatments for various diseases - Richard Lifton, MD, PhD: Chairman of Yale University's Department of Genetics; his research into genetic drivers of blood pressure has changed the way high blood pressure is treated. Genetic testing for everyone? - Emily Drabant Conley, MD: Director of Business Development for 23andMe, a company created to make genetic testing routine; the FDA has restricted them to two tests. The ethical ins & outs of genetic testing - Hank Greely: Professor of Law and Genetics at Stanford University's Center for Law and the Biosciences. Personal story - Bill Wray: a patient who's being treated by physicians at Tampa's Moffitt Cancer Center using genetic testing.					
17:30:00	Well Read Todd Kessler, Discussion On Raising Readers	APTEX	(S)	(CC)	N/A	#601H
	Todd Kessler, co-creator and Executive Producer of one of the most successful series in the history of children's television - Blues Clues - is turning his attention to young readers. The author of Good Dog and Good Dog, Bad Cat discusses his goal to transform children's books, literacy and our concept of their understanding and learning abilities.					
18:00:00	California's Gold Camel Dairy	KCET		(CC)	N/A	#14020
	Huell visits the Oasis Camel Dairy east of San Diego where he gets to milk a camel, play with baby camels and learn about camel milk products.					
18:30:00	Travels with Darley England: Manchester, Liverpool & The Lake District	NETA	(S)	(CC)	N/A	#201H
	Travel with Darley to the best places to eat in Northern England, where The Beatles got inspired and hip neighborhoods in Manchester and Liverpool. Join local guides to delve into the city where The Beatles grew up by visiting The Beatles Story at Albert Dock, Strawberry Field and Penny Lane in Liverpool. Soccer fans will enjoy an insider's tour of the National Football Museum, where a history of women footballers is revealed. Plus, the foodies village of Cartmel, where sticky toffee pudding and a Michelin star restaurant help showcase the charms of the Lake District.					

Sun, Dec 11, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:00:00	Communities As Classrooms	NETA	(S)	(CC)	N/A	#0H
	Communities as Classrooms, follows producer Bob Gliner (Schools That Change Communities, Lessons From the Real World, Barefoot College) as he introduces a profound education initiative at four schools in El Salvador in the Fall of 2015. While schools in El Salvador largely resemble those in the United States, with test driven classes, fragmented curriculum and traditional lecture style teaching techniques, largely divorced from real world problems, Bob has K-12 students build an interdisciplinary curriculum around solving problems in their surrounding communities - motivated by the students themselves deciding what those problems are. Communities as Classrooms traces the process week to week over a two month period as students evolve from disinterested bystanders in their classroom experiences, to active members of a newly thriving democracy. From passive recipients of education mandates, the newly invigorated curriculum leads not only to a vibrant student driven educational experience, and the solving of real world problems, but transforms the way teachers, administrators, parents, and other community members look at the role students play in the larger society. As El Salvador makes efforts to build on this education success story, by potentially training all of its teachers to do community based education, Americans might want to consider this option as well as we look for more effective and creative ways to educate students and revitalize our democracy.					
19:30:00	The Kamla Show Special Amy Love	KAMLA	(S)	(CC)	N/A	#116H
	Host Kamla interviews Amy Love, Chief Marketing Officer for Violin Memory (VMEM) and Founder of Real Sports Magazine.					
20:00:00	Holidays at Murray State	NETA	(S)	(CC)	N/A	#2016H
	The Murray State University Concert Choir, Wind Ensemble, Jazz Orchestra and featured soloists highlight this 13th annual seasonal special, "The Holidays at Murray State," a one hour sojourn in sight and sound through Murray State University and the Purchase area of western Kentucky.					
21:00:00	Joshua Bell Presents Musical Gifts	APTEX	(S)	(CC)	N/A	#0H
	In celebration of the release of his 2013 album, Musical Gifts, world-renowned violinist Joshua Bell welcomed cameras into his elegant Manhattan residence for a rare and intimate concert. JOSHUA BELL PRESENTS MUSICAL GIFTS recreates Bell's personal tradition of hosting friends and family at his home during the holidays. The salon-style performance captures the warmth, beauty and magic of the season. The 10-song set list features holiday standards, including "An Old-Fashioned Christmas" with opera star Renee Fleming, "I'll Be Home for Christmas" with pianist and vocalist Frankie Moreno, Jimmy Van Heusen/Sammy Cahn's "The Secret of Christmas" with Michael Feinstein, "Let it Snow" with guitarist/violinist Rob Moose, and a heartwarming rendition of "Silent Night" by the Young People's Chorus of New York. Bell also performs two classical pieces - "Devil's Trill Sonata" and "Polonaise Brillante" - alongside pianist Frederic Chlu.					
22:00:00	Holiday Handbells: The Raleigh Ringers	APTEX	(S)	(CC)	N/A	#0H
	The Raleigh Ringers, an internationally acclaimed community handbell choir based in Raleigh, North Carolina, present the sequel to their critically acclaimed holiday special, One Winter Evening at Meymandi. HOLIDAY HANDBELLS runs the gamut of song selections from old yuletide favorites to Vince Guaraldi's A Charlie Brown Christmasscore and other sounds of the season. Highlights include: a lighthearted take on "Flight of the Bumblebee," the solemn French carol "Pat-a-pan," "March of the Toys" from the operetta Babes in Toyland, Chopin's "Valse Brillante," and an instrumental version of "Silent Night." In between, director and conductor David Harris explains the centuries-old history of handbells, the variety of bells and bell-like instruments used, and the teamwork required to perform a piece.					
23:00:00	Tonic Sol-Fa: Greatest Time of Year	APTEX	(S)	(CC)	N/A	#0H
	Filmed at the historic Hoyt Sherman Theater in Des Moines, Iowa, TONIC SOL-FA: GREATEST TIME OF YEAR highlights the foursome's musical artistry, showmanship and trademark humor as they perform a mix of holiday favorites and interact with the enthusiastic audience. The concert is intertwined with exclusive behind-the-scenes footage that showcases the chemistry among Tonic Sol-fa members Mark McGowan, Greg Bannwarth, Shaun Johnson and Jared Dove.					

Mon, Dec 12, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Communities As Classrooms Communities as Classrooms, follows producer Bob Gliner (Schools That Change Communities, Lessons From the Real World, Barefoot College) as he introduces a profound education initiative at four schools in El Salvador in the Fall of 2015. While schools in El Salvador largely resemble those in the United States, with test driven classes, fragmented curriculum and traditional lecture style teaching techniques, largely divorced from real world problems, Bob has K-12 students build an interdisciplinary curriculum around solving problems in their surrounding communities - motivated by the students themselves deciding what those problems are. Communities as Classrooms traces the process week to week over a two month period as students evolve from disinterested bystanders in their classroom experiences, to active members of a newly thriving democracy. From passive recipients of education mandates, the newly invigorated curriculum leads not only to a vibrant student driven educational experience, and the solving of real world problems, but transforms the way teachers, administrators, parents, and other community members look at the role students play in the larger society. As El Salvador makes efforts to build on this education success story, by potentially training all of its teachers to do community based education, Americans might want to consider this option as well as we look for more effective and creative ways to educate students and revitalize our democracy.	NETA	(S)	(CC)	N/A	#0H
00:30:00	The Kamla Show Special Amy Love Host Kamla interviews Amy Love, Chief Marketing Officer for Violin Memory (VMEM) and Founder of Real Sports Magazine.	KAMLA	(S)	(CC)	N/A	#116H
01:00:00	Holidays at Murray State The Murray State University Concert Choir, Wind Ensemble, Jazz Orchestra and featured soloists highlight this 13th annual seasonal special, "The Holidays at Murray State," a one hour sojourn in sight and sound through Murray State University and the Purchase area of western Kentucky.	NETA	(S)	(CC)	N/A	#2016H
02:00:00	Joshua Bell Presents Musical Gifts In celebration of the release of his 2013 album, Musical Gifts, world-renowned violinist Joshua Bell welcomed cameras into his elegant Manhattan residence for a rare and intimate concert. JOSHUA BELL PRESENTS MUSICAL GIFTS recreates Bell's personal tradition of hosting friends and family at his home during the holidays. The salon-style performance captures the warmth, beauty and magic of the season. The 10-song set list features holiday standards, including "An Old-Fashioned Christmas" with opera star Renee Fleming, "I'll Be Home for Christmas" with pianist and vocalist Frankie Moreno, Jimmy Van Heusen/Sammy Cahn's "The Secret of Christmas" with Michael Feinstein, "Let it Snow" with guitarist/violinist Rob Moose, and a heartwarming rendition of "Silent Night" by the Young People's Chorus of New York. Bell also performs two classical pieces - "Devil's Trill Sonata" and "Polonaise Brillante" - alongside pianist Frederic Chlu.	APTEX	(S)	(CC)	N/A	#0H
03:00:00	Holiday Handbells: The Raleigh Ringers The Raleigh Ringers, an internationally acclaimed community handbell choir based in Raleigh, North Carolina, present the sequel to their critically acclaimed holiday special, One Winter Evening at Meymandi. HOLIDAY HANDBELLS runs the gamut of song selections from old yuletide favorites to Vince Guaraldi's A Charlie Brown Christmasscore and other sounds of the season. Highlights include: a lighthearted take on "Flight of the Bumblebee," the solemn French carol "Pat-a-pan," "March of the Toys" from the operetta Babes in Toyland, Chopin's "Valse Brillante," and an instrumental version of "Silent Night." In between, director and conductor David Harris explains the centuries-old history of handbells, the variety of bells and bell-like instruments used, and the teamwork required to perform a piece.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Tonic Sol-Fa: Greatest Time of Year Filmed at the historic Hoyt Sherman Theater in Des Moines, Iowa, TONIC SOL-FA: GREATEST TIME OF YEAR highlights the foursome's musical artistry, showmanship and trademark humor as they perform a mix of holiday favorites and interact with the enthusiastic audience. The concert is intertwined with exclusive behind-the-scenes footage that showcases the chemistry among Tonic Sol-fa members Mark McGowan, Greg Bannwarth, Shaun Johnson and Jared Dove.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	American Forum Donald Trump Revealed Doug Blackmon interviews Washington Post writers MICHAEL KRANISH and MARC FISHER, authors of a new independent biography of Donald Trump.	NETA	(S)	(CC)	N/A	#206H
05:30:00	Innerviews with Ernie Manouse Helen Reddy Ernie sits down with chart topping 70's singing icon Helen Reddy who shares tales of her career and hits, including the iconic "I Am Woman."	NETA	(S)	(CC)	N/A	#1304H
06:00:00	Morning Cup O Jazz KCSM (N) N/A #1988					
08:00:00	Peep and the Big Wide World Quack and the Very Big Rock/Shadow Play/Pocoyo - My Pato! Quack is utterly flummoxed when a big rock plants itself in a very inconsiderate spot. Peep, Quack, and Chirp discover their shadows-then use them to teach Tom (that trouble-making cat!) a lesson. Then, Pato and Elly are arguing over their blocks when Caterpillar and Baby Bird walk past with presents for Pato. Oh no! Pocoyo and Elly have forgotten Pato's birthday.	APTEX	(S)	(CC)	N/A	#203

Mon, Dec 12, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab No Volts for Von Bolt/Dunkin Zombies Volts: During a sailing trip, Von Bolt begins to malfunction, endangering ALVA and Edison, so the Secret Lab Kids investigate elements, compounds and alloys to diagnose the problem. Zombies: When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.	APTEX	(S)	(CC)	N/A	#104H
09:00:00	Functional Fitness with Suzanne Andrews Better Balance with the Ball	ACCES		(CC)	N/A	#108H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1028H
10:00:00	Sit and Be Fit Hip Mobility Maintaining flexibility in the hips is an important strategy to ensure healthy aging. Mary Ann spends time during this workout focusing on this area of functional fitness.	NETA	(S)	(CC)	N/A	#1510H
10:30:00	Sewing with Nancy Today's Crazy Quilting with Your Embroidery Machine, Part 2 Accent your crazy quilt blocks with decorative in-the-hoop designs. Crazy quilting has come a long way! Learn an easy stitch and flip technique and embellish quilt blocks with delicate and decorative stitches-all in the hoop. Nancy and machine embroidery specialists Eileen Roche show you all the details.	NETA	(S)	(CC)	N/A	#2822H
11:00:00	Knit and Crochet Now! Ottomans Decorate your home with these two special Ottomans: the knit Garter Stripe Ottoman with Kristin and the Motif Ottoman designed and demonstrated by Ellen. Lena shows how to make the knit Bubbles Cowl.	APTEX	(S)	(CC)	DVI	#607H
11:30:00	Fons & Porter's Love of Quilting Appliqued Mini Mats Mary Fons and Patrick Lose will show you how to create beautiful applique designs. They will also teach a great economical way to create continuous bias binding so you can finish projects like a pro.	NETA	(S)	(CC)	N/A	#2505H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6101H
13:00:00	America's Test Kitchen from Cook's Illustrated Italian with Ease Test cook Julia Collin Davison uncovers the secrets to making semolina gnocchi at home. Then, tasting expert Jack Bishop challenges host Christopher Kimball to a tasting of balsamic vinegar. Finally, test cook Bridget Lancaster shows Chris how to make the best Italian sausage with grapes and balsamic vinegar.	APTEX	(S)	(CC)	N/A	#1616H
13:30:00	Pati's Mexican Table Isla Mujeres Inspired Isla Mujeres is a beautiful, peaceful paradise just across the Bahia de Mujeres (Bay of Women) from Cancun Mexico. Known for beautiful white sand beaches, crystal clear turquoise waters and the friendliest locals in the Mexican Caribbean, Isla Mujeres has become a haven for people from all over the world. Pati takes a day to explore this gorgeous island and try the local delicacy, tikin xic, fish marinated in a thick red sauce diluted with the juice of sour oranges and spices and wrapped in banana leaves for cooking.	APTEX	(S)	(CC)	N/A	#509H
14:00:00	Lucky Chow Ramen Mania Ivan Orkin, the renegade New Yorker-turned-Japanese-ramen-chef, discusses ramen culture in New York versus Tokyo. Chef Nakamura from Sun Noodles explains what makes a great bowl of ramen. Later, seafood purveyor-turned-ramen-chef Yuji Haraguchi creates a New York deli-style version of his broth-less ramen dish, mazemen, using sustainable and typically discarded seafood from a nearby supermarket. The episode ends in Berkeley, Calif. with a tour of the local greenmarket from three former Chez Panisse chefs. After traveling to Japan, they opened a restaurant in the U.S. that serves ramen dishes with their local and personal spin.	APTEX	(S)	(CC)	N/A	#101H
14:30:00	Steven Raichlen's Project Smoke Smokehouse Cocktail Party You've sourced and seasoned your meat. You awoke early to fire up your smoker. What better way to celebrate than with a smokehouse cocktail party? We've got a big- flavored international menu for you, including grilled sangria, Danish smoked shrimp, Australian lemon-sesame chicken wings, and an eye-popping Project Smoke cheesesteak. **Lemon-sesame chicken wings; Danish smoked shrimp; Grilled sangria; The Project Smoke "cheesesteak".	APTEX	(S)	(CC)	N/A	#211H

Daily Program Listing II

43.1

Date: 10/30/2016

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Mon, Dec 12, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Switch It Up	NETA	(S)	(CC)	N/A	#2407H
	Change up your techniques and create new styles. Jewelry artist and inventor Jill MacKay changes up her style with interchangeable components embellished with crystals. Katie Hacker uses leather cord in a new way to create innovative designs in Katie's Beading Lesson.					
15:30:00	Make It Artsy Books	NETA	(S)	(CC)	N/A	#101H
	Books are not just for reading! Tool expert Joe Rotella cuts a niche in a book to create a planter. Craft metal book hinges with designer Mary Hettmansperger and Mou Saha makes vintage books into colorful art journals. Host Julie Fei Fan Balzer has a tip for creating a charming little book necklace.					
16:00:00	Biz Kid\$ How Credit Affects Your Life	APTEX	(S)	(CC)	DVI	#205H
	Did you know that your credit score could make the difference in whether or not you get into the college of your dreams? Your credit score could even impact whether or not you get the job you're applying for. Join the Biz Kids, and you'll learn about building good credit and how the credit laws affect your life.					
16:30:00	Hands On Crafts for Kids Wings	NETA	(S)	(CC)	DVI	#1805H
	Our creativity takes to the air. Jenny Barnett-Rohrs and Katie Hacker make sparkly wings and Katie creates a funny spoon bird. Franz Spohn creates see-through bug wings and we'll make a very special chalkboard gift for Mom or Dad.					
17:00:00	P. Allen Smith's Garden Home Gardens & Art	APTEX	(S)	(CC)	DVI	#1202H
	P. Allen Smith shares tips on decorating flower vases, adding garden ornaments to any landscape, and takes us along as he tours the fountains of Tower Grove Park in St. Louis, Missouri, the Monet Garden at the Garfield Park Conservatory in Chicago, and the unique sculptures at the Bernice Gardens in Little Rock, Arkansas. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World How to Make Compost (Mt. Airy, Nc)	APTEX	(S)	(CC)	N/A	#602H
	Soil experts agree: the most effective amendment you can add to your garden to improve soil quality is compost. Best of all, you can make it at home for free! Yet many people are confused about how to get started, unclear about what can be composted, or just want to get better compost faster. Joe Lamp'l takes you on a behind the scenes look at everything you need to know to make it yourself, including a do-it-yourself compost bin using recycled pallets.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13247
18:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#111H
	Minnie Roh reports on New York Police Officer Peter Liang's trial, race relations and justice. She interviews New York Assemblymen William Colton and Ron Kim. Reporter Paul Lin visits a sustainable rice farm in Manhattan that's making a difference in how we grow the world's #1 staple food. Reporter Ernabel Demillo exclusive interview with ballerina Stella Abrera, who's the first Filipino principal dancer with the American Ballet Theater.					
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7182
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1249H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#406H
	Folk singer and banjo star Abigail Washburn duos with Chinese traditional musician Wu Fei, followed by legendary roots Americana songwriter Tim O'Brien and edgy bluegrass supergroup The Infamous Stringdusters.					
21:00:00	Live from the Artists Den Young The Giant	APTEX	(S)	(CC)	N/A	#1102H
	The celebrated El Rey Theatre in the Miracle Mile neighborhood of Los Angeles hosted an intimate hometown show by alt-rockers Young the Giant. Five hundred and fifty of the band's lucky fans filled the former movie theater turned music venue originally built in 1936. The band opened their delightful 15-song set with their exhilarating new single "Something to Believe In," currently ascending to the Top 10 at Alternative radio. Fans were thrilled to hear older favorites such as "My Body," "Cough Syrup," and "Mind Over Matter." The crowd was also treated to two more songs, "Jungle Youth" and "Titus Was Born"- both being played for the first time live - from Young the Giant's new album Home of the Strange, which debuted at #6 on Billboard's Top Albums chart upon its release last month.					

Daily Program Listing II

43.1

Date: 10/30/2016

12/01/2016 - 12/31/2016

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Mon, Dec 12, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Silent Storytellers	NETA	(S)	(CC)	N/A	#0H
	Silent Storytellers explores the cultural, artistic and personal stories cemeteries provide to their surrounding communities. Guided by author and cemetery researcher Abby Burnett, Silent Storytellers visits cemeteries features tombstones with tales of murder, family heirlooms and folk-art inspired carvings.					
23:00:00	Roadtrip Nation: Being You	APTEX	(S)	(CC)	N/A	#0H
	Roughly one in five people lives with learning and attention issues (LAIs) like ADHD and dyslexia, yet many of those who live with LAIs feel alone. They're not. In a new hour-long special, ROADTRIP NATION shares inspiring stories of struggle, self-acceptance and success. BEING YOU, follows the transformative journey of three young people-Stephanie, Noah, and Nicole-as they travel cross-county to find others who, like them, learn differently and have used that difference to build lives doing what they love. Along their journey, they meet with diverse individuals living with LAIs, including entertainer Howie Mandel, Eye to Eye co-founder and chief empowerment officer David Flink, and Attention Deficit Disorder Association president Evelyn Polk Green, and discover that these individuals are not only coping, but thriving. Many credit their learning and attention issues as the driving forces that shaped their success. ROADTRIP NATION: BEING YOU showcases powerful stories that will inspire all viewers to believe that their individual circumstances can be positively used to define their own roads in life.					

Tue, Dec 13, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7182
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1249H
01:00:00	Music City Roots Live from the Factory Folk singer and banjo star Abigail Washburn duos with Chinese traditional musician Wu Fei, followed by legendary roots Americana songwriter Tim O'Brien and edgy bluegrass supergroup The Infamous Stringdusters.	APTEX	(S)	(CC)	N/A	#406H
02:00:00	Live from the Artists Den Young The Giant The celebrated El Rey Theatre in the Miracle Mile neighborhood of Los Angeles hosted an intimate hometown show by alt-rockers Young the Giant. Five hundred and fifty of the band's lucky fans filled the former movie theater turned music venue originally built in 1936. The band opened their delightful 15-song set with their exhilarating new single "Something to Believe In," currently ascending to the Top 10 at Alternative radio. Fans were thrilled to hear older favorites such as "My Body," "Cough Syrup," and "Mind Over Matter." The crowd was also treated to two more songs, "Jungle Youth" and "Titus Was Born"- both being played for the first time live - from Young the Giant's new album Home of the Strange, which debuted at #6 on Billboard's Top Albums chart upon its release last month.	APTEX	(S)	(CC)	N/A	#1102H
03:00:00	Silent Storytellers Silent Storytellers explores the cultural, artistic and personal stories cemeteries provide to their surrounding communities. Guided by author and cemetery researcher Abby Burnett, Silent Storytellers visits cemeteries features tombstones with tales of murder, family heirlooms and folk-art inspired carvings.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Roadtrip Nation: Being You Roughly one in five people lives with learning and attention issues (LAIs) like ADHD and dyslexia, yet many of those who live with LAIs feel alone. They're not. In a new hour-long special, ROADTRIP NATION shares inspiring stories of struggle, self-acceptance and success. BEING YOU, follows the transformative journey of three young people-Stephanie, Noah, and Nicole-as they travel cross-county to find others who, like them, learn differently and have used that difference to build lives doing what they love. Along their journey, they meet with diverse individuals living with LAIs, including entertainer Howie Mandel, Eye to Eye co-founder and chief empowerment officer David Flink, and Attention Deficit Disorder Association president Evelyn Polk Green, and discover that these individuals are not only coping, but thriving. Many credit their learning and attention issues as the driving forces that shaped their success. ROADTRIP NATION: BEING YOU showcases powerful stories that will inspire all viewers to believe that their individual circumstances can be positively used to define their own roads in life.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	American Forum Can The Next President Break The Gridlock? Doug Blackmon asks two former White House domestic policy chiefs, Democrat MELODY BARNES and Republican JOHN BRIDGELAND how to break D. C. gridlock.	NETA	(S)	(CC)	N/A	#207H
05:30:00	Innerviews with Ernie Manouse Carlisle Floyd American Treasure, Opera composer and co-founder of the Houston Grand Opera Studio Carlisle Floyd talks with Ernie about putting the American Southern sensibilities up on the opera stage.	NETA	(S)	(CC)	N/A	#1305H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1989
08:00:00	Peep and the Big Wide World Spring Thing/ Spring Thingy/Pocoyo - Vamoosh on the Loose It's winter, it's blah, and everything looks dead. Can Peep, Quack, and Chirp survive until spring? Peep discovers his inner bounce when he encounters a frog, a mattress, and a jack-in-the-box. Then, Pocoyo promises to teach Baby Bird to drive the Vamoosh but keeps putting it off. Fed up, Baby Bird decides to have a go on his own.	APTEX	(S)	(CC)	N/A	#204
08:30:00	Thomas Edison's Secret Lab Murphy's Law of Gravity/The Mystery of Pirate Woods Gravity: The SECRET LAB KIDS are ready to demo their new science song for web entrepreneur Mook Zookerboom when he learns that a satellite is coming down out of orbit, panics and heads for the airport. So the team must gather some data on gravity to convince him to return. Pirate: Angie's great-uncle Thaddeus and JD are sure a local nautical antique shop has the missing treasure chest of Greybeard the Pirate - but Angie, Nicky and Kent suspect the shop owner is the true pirate here.	APTEX	(S)	(CC)	N/A	#105H
09:00:00	Functional Fitness with Suzanne Andrews Better Balance	ACCES		(CC)	N/A	#109H

Tue, Dec 13, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1029H
10:00:00	Sit and Be Fit Music and Novelty Mary Ann's love of combining novelty music and exercise is obvious by the way she matches her movements to this engaging staccato melody. Gretchen introduces a seated brain.	NETA	(S)	(CC)	N/A	#1601H
10:30:00	Sewing with Nancy Double Wedding Ring Quilts, Part 1 Create a modern version of the Double Wedding Ring Quilt design. Victoria Findlay Wolfe, called a "mod-quilt celebrity" by the Wall Street Journal, is Nancy's guest. Learn how to take a traditional Double Wedding Ring Quilt design and give it a modern interpretation. The results are breathtaking in their originality and diversity.	NETA	(S)	(CC)	N/A	#2823H
11:00:00	Knit and Crochet Now! Kiddie Toys Special guest Jenny King drops by to show off her crochet Rupert The Rabbit toy, and on the knit side Kristin makes an adorable Amigarumi Cat by Michele Wilcox. The crochet Mosaic Scarf is demonstrated by Lena.	APTEX	(S)	(CC)	DVI	#608H
11:30:00	Fons & Porter's Love of Quilting Marking Your Quilt Top Creating a quilt top is just the beginning. Guest Angela Huffman will show you how simple quilting designs can finish a quilt with style and ease.	NETA	(S)	(CC)	N/A	#2506H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6102H
13:00:00	Hubert Keller: Secrets of a Chef One-Pot Favorites Chef Keller makes an Alsatian favorite, choucroute or sauerkraut served with an array of seafood. Then he heads to the South for a deep, richly-flavored gumbo made with an assortment of great sausage and chicken. Seafood Medley with Choucroute, & Chef Keller's Gumbo.	NETA	(S)	(CC)	N/A	#511H
13:30:00	Sara's Weeknight Meals Chicken Comfort When it comes to comfort food, chicken is the number one ingredient. In fact, it's the star of Jean Anderson's fried chicken. Put away your fryer because this chicken is baked! Then, Sara comes through with a cozy winter chicken chili to warm your bones.	APTEX	(S)	(CC)	N/A	#515H
14:00:00	Taste of History Back to the Black Forest Chef Staib returns to his roots in the Black Forest of Germany, made famous by Grimm's Fairy Tales and where he cultivated his culinary career. He cooks Maultaschen, or Black Forest ravioli, mache salad with eggs, bacon and hazelnuts, Black Forest potato salad and Black Forest cake.	NETA	(S)	(CC)	N/A	#611H
14:30:00	George Hirsch Lifestyle From Our Soil In this episode, George samples a restaurant's five-star dishes featuring ingredients from its organic gardens. He stops at a local farmers' market where East End farmers and food producers provide sustainable fresh ingredients. Back in his home kitchen, George prepares savory vegetable dishes, including field greens and tomato, vinaigrette eggplant and squash gratin, and zabaglione with chocolate cake and berries. Recipes: - Field Greens & Tomato, Vinaigrette - Eggplant & Squash Gratin - Zabaglione with Chocolate Cake & Berries.	APTEX	(S)	(CC)	N/A	#106H
15:00:00	Beads, Baubles and Jewels Boho Chic Made Easy Tassels add movement, color and style. Blogger and designer Molly Schaller adds Boho style to her designs with tassels she makes from fibers and leather. In Katie's Beading Lesson, Candie Cooper creates chunky designs using marbled wood beads that teens and tweens love.	NETA	(S)	(CC)	N/A	#2408H
15:30:00	Make It Artsy Assemblage Add an artsy flair to ordinary objects. Urban artist Seth Apter wraps everyday objects with wire, fibers and beads. Julie Fei Fan Balzer personalizes wooden nesting dolls. Author Laurie Mika fashions clay with stamps, charms and beads to make mini-shrines. In the tip, maker Roxanne Coble adds dimension and texture to journals.	NETA	(S)	(CC)	N/A	#102H

Tue, Dec 13, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ The Art of Negotiation	APTEX	(S)	(CC)	DVI	#206H
	Discover strategies for effective negotiations with your parents, teachers, friends, siblings, and bosses. Even if you are simply working out the shared schedule with your brother to walk the dog, you'll find out how to achieve your goals and arrive at a winning solution for everyone. Discover the success of teens who run "Grand Slam Garage Sales" and another young man who sells movie memorabilia online.					
16:30:00	Hands On Crafts for Kids Trees	NETA	(S)	(CC)	DVI	#1806H
	Bring the outside inside with a little creativity. Jenny Barnett-Rohrs makes a colorful leafy tree banner. Candie Cooper creates a fish kite and Katie Hacker builds a whimsical woods scene. Then, Jenny decorates a glittery tree to celebrate the holidays.					
17:00:00	P. Allen Smith's Garden Home Colorful Spaces	APTEX	(S)	(CC)	DVI	#1203H
	P. Allen Smith celebrates different seasons at Moss Mountain Farm with a lesson on growing tulips, using bold colors to make a huge impact on a garden room, and tips to harmonize color with summer flowering bulbs. On the road, Allen tours The Kauffman Memorial Gardens in Kansas City, Missouri. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Keeping Chickens 101 (Raleigh, Nc)	APTEX	(S)	(CC)	N/A	#603H
	Some do it for the meat, some for the eggs, some just to have a few feathered friends clucking about in the garden. But there's no doubt that the newfound popularity of backyard chickens has turned many a city-dwelling executive into a weekend urban farmer. Joe Lamp'1 and Theresa Loe help you introduce chickens to your yard, and Todd Brock, co-author of Building Chicken Coops for Dummies, shows a solution for housing a flock that even a novice DIYer can handle.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13248
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1249H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7183
19:30:00	Americas Now Peru - Counterfeit Money	NETA		(CC)	N/A	#102H
	Peru - Counterfeit Money (Dan Collyns) - The Peruvian capital of Lima is the "fake dollar" capital of the world, according to the United States Secret Service. For the past four years, the U.S. government has declared Peru the world's leading producer of fake US currency. That's a fact drawing a lot of attention to the clandestine world of Peru's counterfeiters as Correspondent Dan Collyns reports. Venezuela - Underwater Village (Stephen Gibbs) - Since the 1970's, Venezuela has been heavily dependent on hydroelectric power to provide the nation's energy. But this year, a combination of increased demand and drought has caused the water levels at all of the country's main dams to fall to historically low levels. It's been a serious problem for the government which imposed power rationing. But it's also led to an interesting, perhaps less negative side-effect. As the water levels fall, long submerged valleys are being exposed again. Our correspondent Stephen Gibbs travelled to the state of Tachira in the West of the country, where an entire village has re-emerged.					
20:00:00	Sun Studio Sessions Toy Soldiers	NETA	(S)	(CC)	N/A	#601H
	Philadelphia based Toy Soldiers were named a "band to watch" by USA Today and tour nationally winning fans over with their fusion of roots rock, blues and soul. In this episode the band performs several songs, including "Free Help", "Weeping Willow and "Throw Me Down."					
20:30:00	Jammin at Hippie Jack's Josh Farrow	NETA	(S)	(CC)	N/A	#1008H
	Josh Farrow is an American singer/song writer who hails from the heart of music city. Farrow's rootsy songs and captivating performances draw remnants of styles past and present. He has shared the stage with legendary artists such as Leon Russell, Shawn Colvin, and Butch Walker.					
21:00:00	The Kate Rita Wilson	APTEX	(S)	(CC)	N/A	#106H
	Rita Wilson may be well-known for her acting roles (It's Complicated, Sleepless in Seattle, CBS's The Good Wife, HBO's Girls), and producing chops (Mamma Mia!, My Big Fat Greek Wedding) but her performance on The Kate proves that this Hollywood Hills native has a deep affection for songwriting and the joy that music brings. Rita Wilson charms the audience with her stories of growing up in the 60's and 70's-from teasing jingles from products like Charlie Perfume and Jordache Jeans-to her renditions of era classics like "Please Come to Boston" and "Wichita Lineman" from her CD of cover songs AM/FM. Wilson's repertoire is varied mixing the influence of California pop on songs like "Girls Night In" and "I'm Guilty," co-written with famed songwriters for her self-titled album, to a heartwarming homage of the sounds of Laurel Canyon and her admiration for Joni Mitchell. Rita Wilson demonstrates her vocal abilities, love of a good song and sense of humor, including her impressions of series muse Katharine Hepburn. She encourages the audience to have a good time and come "Along for the Ride".					

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Date: 10/30/2016

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Tue, Dec 13, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	American Originals: Made On Main Street Based on the series New York Originals, host Jamie McDonald hits the road to find unique craft persons, one-of-a-kind shows and businesses across America. F B Washburn Candy Corporation - Brockton, MA; D Picking & Co - Bucyrus, OH; Jensen Steam Engines - Jeannette, PA; Newberry & Sons Chairs - Red Boiling Springs, TN; Hensen Broom Shop - Symsonia, KY; Columbus Washboard Co. Logan, OH; Penn's Store - Gravel Switch, KY.	NETA	(S)	(CC)	N/A	#0H
23:00:00	Fixed: The Science/Fiction of Human Enhancement From botox to bionic limbs, the human body is more "upgradeable" than ever. But how much of it can we alter and still be human? What do we gain or lose in the process? Award-winning documentary, Fixed: The Science/Fiction of Human Enhancement, explores the social impact of human biotechnologies. Haunting and humorous, poignant and political, Fixed rethinks "disability" and "normalcy" by exploring technologies that promise to change our bodies and minds forever.	APTEX	(S)	(CC)	DVI	#0H

Wed, Dec 14, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7183
00:30:00	Americas Now Peru - Counterfeit Money	NETA		(CC)	N/A	#102H
	Peru - Counterfeit Money (Dan Collins) - The Peruvian capital of Lima is the "fake dollar" capital of the world, according to the United States Secret Service. For the past four years, the U.S. government has declared Peru the world's leading producer of fake US currency. That's a fact drawing a lot of attention to the clandestine world of Peru's counterfeiters as Correspondent Dan Collins reports. Venezuela - Underwater Village (Stephen Gibbs) - Since the 1970's, Venezuela has been heavily dependent on hydroelectric power to provide the nation's energy. But this year, a combination of increased demand and drought has caused the water levels at all of the country's main dams to fall to historically low levels. It's been a serious problem for the government which imposed power rationing. But it's also led to an interesting, perhaps less negative side-effect. As the water levels fall, long submerged valleys are being exposed again. Our correspondent Stephen Gibbs travelled to the state of Tachira in the West of the country, where an entire village has re-emerged.					
01:00:00	Sun Studio Sessions Toy Soldiers	NETA	(S)	(CC)	N/A	#601H
	Philadelphia based Toy Soldiers were named a "band to watch" by USA Today and tour nationally winning fans over with their fusion of roots rock, blues and soul. In this episode the band performs several songs, including "Free Help", "Weeping Willow and "Throw Me Down."					
01:30:00	Jammin at Hippy Jack's Josh Farrow	NETA	(S)	(CC)	N/A	#1008H
	Josh Farrow is an American singer/song writer who hails from the heart of music city. Farrow's rootsy songs and captivating performances draw remnants of styles past and present. He has shared the stage with legendary artists such as Leon Russell, Shawn Colvin, and Butch Walker.					
02:00:00	The Kate Rita Wilson	APTEX	(S)	(CC)	N/A	#106H
	Rita Wilson may be well-known for her acting roles (It's Complicated, Sleepless in Seattle, CBS's The Good Wife, HBO's Girls), and producing chops (Mamma Mia!, My Big Fat Greek Wedding) but her performance on The Kate proves that this Hollywood Hills native has a deep affection for songwriting and the joy that music brings. Rita Wilson charms the audience with her stories of growing up in the 60's and 70's-from teasing jingles from products like Charlie Perfume and Jordache Jeans-to her renditions of era classics like "Please Come to Boston" and "Wichita Lineman" from her CD of cover songs AM/FM. Wilson's repertoire is varied mixing the influence of California pop on songs like "Girls Night In" and "I'm Guilty," co-written with famed songwriters for her self-titled album, to a heartwarming homage of the sounds of Laurel Canyon and her admiration for Joni Mitchell. Rita Wilson demonstrates her vocal abilities, love of a good song and sense of humor, including her impressions of series muse Katharine Hepburn. She encourages the audience to have a good time and come "Along for the Ride".					
03:00:00	American Originals: Made On Main Street	NETA	(S)	(CC)	N/A	#0H
	Based on the series New York Originals, host Jamie McDonald hits the road to find unique craft persons, one-of-a-kind shows and businesses across America. F B Washburn Candy Corporation - Brockton, MA; D Picking & Co - Bucyrus, OH; Jensen Steam Engines - Jeannette, PA; Newberry & Sons Chairs - Red Boiling Springs, TN; Hensen Broom Shop - Symsonia, KY; Columbus Washboard Co. Logan, OH; Penn's Store - Gravel Switch, KY.					
04:00:00	Fixed: The Science/Fiction of Human Enhancement	APTEX	(S)	(CC)	DVI	#0H
	From botox to bionic limbs, the human body is more "upgradeable" than ever. But how much of it can we alter and still be human? What do we gain or lose in the process? Award-winning documentary, Fixed: The Science/Fiction of Human Enhancement, explores the social impact of human biotechnologies. Haunting and humorous, poignant and political, Fixed rethinks "disability" and "normalcy" by exploring technologies that promise to change our bodies and minds forever.					
05:00:00	American Forum Is The Libertarian Party A Viable Alternative?	NETA	(S)	(CC)	N/A	#208H
	Libertarian Presidential Nominee Gary Johnson makes his case-that voters should reject the two big parties and vote for him.					
05:30:00	Innerviews with Ernie Manouse Justin Hayward	NETA	(S)	(CC)	N/A	#1306H
	Moody Blues lead Justin Hayward shares with Ernie his craft of song writing - including the inspiration for his biggest hit "Nights in White Satin."					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1990
08:00:00	Peep and the Big Wide World You Can Count On Bunnies/Falling Feathers/ Pocoyo - Shutterbug	APTEX	(S)	(CC)	N/A	#205
	Five (or maybe it's 30) young bunnies have gotten lost. Can Peep and Quack help them find their bunnysitter? Quack's losing his feathers, but just how many (is too many)? Then, Pocoyo, Elly and Baby Bird are bored of Pato's countless flower photos so they encourage him to take pictures of them instead. But each time Pato takes a photo, someone moves.					

Wed, Dec 14, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab Electric Kent!/Fashion Genes	APTEX	(S)	(CC)	N/A	#106H
	Electric: Kent discovers one of Edison's secret inventions - an exo-bodysuit: a steampunk Ironman device that turns him into a klutzy superhero. Fashion: Ever-confident Nicky finds herself competing with Sheila in a "Project Runway"-type show, and, needing the perfect model to show off her designs on the runway, she decides to clone herself.					
09:00:00	Functional Fitness with Suzanne Andrews Diabetes	ACCES		(CC)	N/A	#110H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1030H
10:00:00	Sit and Be Fit Imagining Resistance	NETA	(S)	(CC)	N/A	#1602H
	Mary Ann demonstrates three different ways to push up from a chair and uses imaginary resistance to strengthen muscles. Gretchen combines a standing balance routine with vestibular work.					
10:30:00	Sewing with Nancy Double Wedding Ring Quilts, Part 2	NETA	(S)	(CC)	N/A	#2824H
	Diversify basic techniques to create an original Double Wedding Ring Quilt Nancy's guest, Victoria Findlay Wolfe, is a unique quilter whose work is rooted in tradition, yet she produces quilts that push the proverbial quilting envelope. Learn the basic technique to create a Double Wedding Ring Quilt, and then how to diversify the technique.					
11:00:00	Knit and Crochet Now! Handwarmers	APTEX	(S)	(CC)	DVI	#609H
	Drew is back to try his "hand" at knitting with the Scalloped Fingerless Gloves and Robyn shows us her crochet Doily Wristlets. Lena demonstrates a knit Star Stitch Cowl.					
11:30:00	Fons & Porter's Love of Quilting Cabins at the Lake	NETA	(S)	(CC)	N/A	#2507H
	The Cabins at the Lake quilt utilizes simple piecing techniques and an introduction to foundation paper piecing.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6103H
13:00:00	Lidia's Kitchen Crespelle	APTEX	(S)	(CC)	N/A	#302H
	Italians love their crespelle or crepes. In this episode, Lidia teaches viewers how to stuff them with tomato and grated cheese. Today's menu includes: celery, artichoke and mortadella salad, "crespelle manicotti" stuffed with ricotta and mozzarella and for dessert, an Italian classic - beautiful strawberries topped with balsamic vinegar, a Lidia favorite.					
13:30:00	Taste The Islands with Chef Irie Carnival Nights	APTEX	(S)	(CC)	N/A	#102H
	Chef Irie reinterprets Trinidadian favorites with Cilantro Corn soup, Chicken Pelau, Pineapple Pepper Slaw and an Irie-style ginger libation. Viewers listen in on a food conversation between Chef and Trinidadian Olympic athlete and Sports Analyst Ato Boldon.					
14:00:00	Simply Ming Sam Hayward	APTEX	(S)	(CC)	N/A	#1410H
	This week on Simply Ming, Ming is joined by Maine's master of fresh, local and sustainable food, chef Sam Hayward. With his restaurants Fore Street and Scales Restaurant & Seafood Market, Sam is credited with transforming Maine's food scene. Today both Ming and Sam are cooking with shellfish. Sam combines local Bang's Island mussels, local cider, leeks and sea greens with grilled bread while Ming makes wok-stirred Thai King Crab Legs with green papaya and crispy rice.					
14:30:00	Cook's Country Picnic Game Changers	APTEX	(S)	(CC)	N/A	#902H
	Test cook Bridget Lancaster reveals the secrets to making the ultimate ranch rried chicken at home. Then, test cook Ashley Moore shares the steps for five easy tuna salads. Next, equipment expert Adam Ried reveals his top picks for potholders. And finally, test cook Erin McMurrer shows host Christopher Kimball how to make perfect husk-grilled corn.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels One of a Kind	NETA	(S)	(CC)	N/A	#2409H
	Express your unique designs by starting at the very beginning. Writer and artist Andrew Thornton begins styling colorful resin jewelry by creating his own silicone molds. Katie Hacker makes stylish bracelets for men in Katie's Beading Lesson.					
15:30:00	Make It Artsy Layering	NETA	(S)	(CC)	N/A	#103H
	Peel back the layers to discover more artistic possibilities. Mixed media maker Roxanne Coble alters postcards with blobs, patterns and drips. Collage artist Rebekah Meier sews circles to make mandalas. Tool expert, Joe Rotella, molds and casts accessories and embellishments. Crafter Kathy Cano-Murillo has a tip for layering scraps to make a new surface.					
16:00:00	Biz Kid\$ The World Is A Risky Place	APTEX	(S)	(CC)	DVI	#207H
	Taking risks in life is important, but you want to be smart about those risks. Learn the things you can do to protect your business, your assets, and yourself. Meet two young tennis coaches and the owner of "Small Town Skateshop."					
16:30:00	Hands On Crafts for Kids Outer Limits	NETA	(S)	(CC)	DVI	#1807H
	Break the creative boundaries and travel to the outer limits. Blast off as Jenny Barnett-Rohrs makes a bottle rocket. Katie Hacker tracks the journey on a decorated bulletin board. Franz Spohn makes portraits with candy beads and we'll make a sparkly Easter decoration from blogger Jen Goode.					
17:00:00	P. Allen Smith's Garden Home Intriguing Interiors	APTEX	(S)	(CC)	DVI	#1204H
	P. Allen Smith is keeping us indoors to talk about interior design with the help of a few friends. Plus, we get a little history lesson from Allen on how the sleeping porch became so popular. On the road, Allen tours the award winning Garfield Park Conservatory in Chicago. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Creating Certified Wildlife Habitats (Atlanta, Ga)	APTEX	(S)	(CC)	N/A	#604H
	You may think it's a title reserved for vast state parks or federally-protected natural areas, but anyone can create a Certified Wildlife Habitat in their own backyard! In this episode, an expert from the National Wildlife Federation outlines the simple steps to making your own landscape a lot wilder. We also visit a local Certified Wildlife Habitat school where outdoor garden classrooms engage youngsters in nature and teach them about important environmental issues.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13249
18:30:00	Asia Insight Beijing's Unattainable Dream Home	APTEX	(S)	(CC)	N/A	#415H
	As China experiences ongoing economic decline, housing costs in Beijing now surpass those of New York and according to an April 2016 announcement from the UK's Global Cities Business Alliance, they are now the most expensive in the world. The rise in prices has made it difficult for migrants in particular to purchase their own homes and many people are moving to the suburbs in search of affordable properties. However, there is a serious imbalance between cost and value. On this episode of Asia Insight, we take a look at ever-spiraling housing costs in Beijing.					
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7184
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#347
20:00:00	New Tanglewood Tales: Backstage with Rising Artists	APTEX	(S)	(CC)	N/A	#101H
	The Boston Symphony's behind the scenes series, New Tanglewood Tales: Backstage with Rising Artists, introduces six extraordinary young musicians who are featured in the series. Viewers will see them at home, share in their arrival and orientation, and have a humorous look at their living situation. A glimpse of their first rehearsals with teachers and colleagues will also be shown.					

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Wed, Dec 14, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center Artists: Dianna Corcoran, Marti Dodson, Patrick Buzzard, and Eric Gnezda. Artist Bio: Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Not Ready To Lose." Artist Bio: Marti Dodson fronted the Ohio-based band, Saving Jane, as they climbed the pop charts a few years ago. Now a signed songwriter in Nashville, she collaborates with the industry's elite, having just penned a single release for Thompson Square. She performs "Quarterback." Artist Bio: Patrick Buzzard, a partner of Marti Dodson in Saving Jane, is an accomplished guitarist, singer and songwriter. He also created the popular podcast, "Rock and Roll Book Club," in which he and his co-hosts read and discuss books about musicians. He sings "Never To Hold." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and is a regular Writers Night performer at Nashville's iconic venue for songwriters, The Bluebird Cafe. He performs "Let's Do It."	APTEX	(S)	(CC)	N/A	#210H
21:00:00	Live at 9:30 Performances by Tove Lo, Cold War Kids, Youth Lagoon and Trouble Funk, with comedy from Ralphie May and an interview by NPR's Bob Boilen.	NACC	(S)	(CC)	N/A	#103H
22:00:00	Variety Studio: Actors On Actors Exclusive conversations between some of the most exciting actors working today. Featuring: Lady Gaga (American Horror Story) with Jamie Lee Curtis (Scream Queens); Courtney B. Vance (American Crime Story) with Tracee Ellis Ross (Black-ish); Jennifer Lopez (Shades of Blue) with Felicity Huffman (American Crime); Aaron Paul (The Path) with Tom Hiddleston (The Night Manager); Emilia Clarke (Game of Thrones) with Jay Duplass (Transparent)	NETA	(S)	(CC)	N/A	#401H
23:00:00	Count Me In At a time when voter frustration is mounting, there's finally a good news story about money and voting: COUNT ME IN highlights an innovative experiment in direct democracy that gives ordinary Chicagoans direct say over local public projects and monies. Pioneered in Chicago, participatory budgeting is rapidly spreading across the country and even the White House recently made it one of its key recommendations for open government. The first in-depth documentary about this burgeoning national movement, COUNT ME IN tells the compelling character-based stories of regular Chicagoans who are rolling up their sleeves to make an impact in their neighborhoods. The film shows residents pitch ideas for street repairs, bike lanes, or community gardens. Projects get researched, proposals crafted, and at the end, the entire community is invited to vote. Among the participants featured are Shannon Dudley, a retired IRS agent and passionate gardener; Joann Williams, a feisty community leader; and Maria Hadden, who began as a volunteer, but now teaches people in other Chicago wards how to implement participatory budgeting. But COUNT ME IN doesn't paint an overly rosy picture: power-sharing happens slowly in Chicago -- city agencies are slow to warm to the process and only a handful of aldermen have been willing to try participatory budgeting, even though residents find it empowering and a great tool for community building.	NETA	(S)	(CC)	N/A	#0H

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Thu, Dec 15, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7184
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#347
01:00:00	New Tanglewood Tales: Backstage with Rising Artists	APTEX	(S)	(CC)	N/A	#101H
	The Boston Symphony's behind the scenes series, New Tanglewood Tales: Backstage with Rising Artists, introduces six extraordinary young musicians who are featured in the series. Viewers will see them at home, share in their arrival and orientation, and have a humorous look at their living situation. A glimpse of their first rehearsals with teachers and colleagues will also be shown.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#210H
	Artists: Dianna Corcoran, Marti Dodson, Patrick Buzzard, and Eric Gnezda. Artist Bio: Dianna Corcoran is an Australian native now based in Nashville. She just released her latest CD, In America. With two Australian Country Music Gold Guitar Awards, Dianna is now making an imprint on the American Country Music scene. She sings "Not Ready To Lose." Artist Bio: Marti Dodson fronted the Ohio-based band, Saving Jane, as they climbed the pop charts a few years ago. Now a signed songwriter in Nashville, she collaborates with the industry's elite, having just penned a single release for Thompson Square. She performs "Quarterback." Artist Bio: Patrick Buzzard, a partner of Marti Dodson in Saving Jane, is an accomplished guitarist, singer and songwriter. He also created the popular podcast, "Rock and Roll Book Club," in which he and his co-hosts read and discuss books about musicians. He sings "Never To Hold." Artist Bio: Eric Gnezda writes songs that embrace expansive subjects and tones, from inspiring anthems to humor. He is the recipient of the Ohioana Citation for Music composition, and is a regular Writers Night performer at Nashville's iconic venue for songwriters, The Bluebird Cafe. He performs "Let's Do It."					
02:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#103H
	Performances by Tove Lo, Cold War Kids, Youth Lagoon and Trouble Funk, with comedy from Ralphie May and an interview by NPR's Bob Boilen.					
03:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#401H
	Exclusive conversations between some of the most exciting actors working today. Featuring: Lady Gaga (American Horror Story) with Jamie Lee Curtis (Scream Queens); Courtney B. Vance (American Crime Story) with Tracee Ellis Ross (Black-ish); Jennifer Lopez (Shades of Blue) with Felicity Huffman (American Crime); Aaron Paul (The Path) with Tom Hiddleston (The Night Manager); Emilia Clarke (Game of Thrones) with Jay Duplass (Transparent)					
04:00:00	Count Me In	NETA	(S)	(CC)	N/A	#0H
	At a time when voter frustration is mounting, there's finally a good news story about money and voting: COUNT ME IN highlights an innovative experiment in direct democracy that gives ordinary Chicagoans direct say over local public projects and monies. Pioneered in Chicago, participatory budgeting is rapidly spreading across the country and even the White House recently made it one of its key recommendations for open government. The first in-depth documentary about this burgeoning national movement, COUNT ME IN tells the compelling character-based stories of regular Chicagoans who are rolling up their sleeves to make an impact in their neighborhoods. The film shows residents pitch ideas for street repairs, bike lanes, or community gardens. Projects get researched, proposals crafted, and at the end, the entire community is invited to vote. Among the participants featured are Shannon Dudley, a retired IRS agent and passionate gardener; Joann Williams, a feisty community leader; and Maria Hadden, who began as a volunteer, but now teaches people in other Chicago wards how to implement participatory budgeting. But COUNT ME IN doesn't paint an overly rosy picture: power-sharing happens slowly in Chicago -- city agencies are slow to warm to the process and only a handful of aldermen have been willing to try participatory budgeting, even though residents find it empowering and a great tool for community building.					
05:00:00	American Forum The Next President's Greatest Duty	NETA	(S)	(CC)	N/A	#209H
	Doug Blackmon interviews former CIA Director Ret. Gen. MICHAEL HAYDEN on the national security challenges confronting the new administration come 2017.					
05:30:00	Innerviews with Ernie Manouse Mayor Annise Parker	NETA	(S)	(CC)	N/A	#1307H
	Houston Mayor Annise Parker, the first openly gay mayor of a major U. S. city, shares with Ernie a very personal view of her life and career in public service.					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1991
08:00:00	Peep and the Big Wide World The Windy Day/Peep Feet/Pocoyo - Pocoyo's Present	APTEX	(S)	(CC)	N/A	#207
	A windy day makes Chirp long to fly, but when she accidentally gets aloft, she discovers it isn't as easy as it looks. How big is a step? Turns out it means one thing to a cat, another thing to a rabbit, and something else altogether to a Peep. Then, Pocoyo has a beautifully wrapped up present but he won't open it. Elly is dying to know what's inside.					

Daily Program Listing II

43.1

Date: 10/30/2016

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Thu, Dec 15, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab It Takes One to Know One/Smells Like Teen Stink Takes One: JD's ultimate fertilizer is slowly turning him into a plant and it's up to the team to get him back to the lab in time to cure him! Stink: When Kent's super B.O. makes him reluctant to appear on a prized comic con panel, the Secret Lab kids have to find a way to Stop the Stink.	APTEX	(S)	(CC)	N/A	#107H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Back	ACCES		(CC)	N/A	#111H
09:30:00	Classical Stretch: By Essentrics Full Body Workout In this episode, join Miranda at the Saasil Kantenah Wedding Resort in Riviera Maya, Mexico for a full-body, all-standing workout to strengthen and stretch your 650 muscles.	APTEX	(S)	(CC)	DVI	#1101H
10:00:00	Sit and Be Fit A Treat for Your Feet In this episode Mary Ann is paying special attention for feet, shoulders and hip range of motion using a towel and band.	NETA	(S)	(CC)	N/A	#1603H
10:30:00	Sewing with Nancy How to Sew Art, Part 1 Start with a digital photo and create an awesome quilted fabric photograph. Nancy's guest, Tammie Bowser, award winning quilter, shares her amazing technique of transforming a digital photo into quilted photography. Learn how to change a photo into pixels, choose fabrics by color value, and create a unique wall hanging.	NETA	(S)	(CC)	N/A	#2825H
11:00:00	Knit and Crochet Now! Lacy Shawls Jenny King demonstrates her beautiful crochet Blue Lagoon Shawl-perfect for many occasions. Caryl Piere's knit Rhea Capelet is next with Kristin. Lena shows how to make a Tunisian Scarf.	APTEX	(S)	(CC)	DVI	#610H
11:30:00	Fons & Porter's Love of Quilting Stippled Owl Pillow Mary Fons and Sara Gallegos show you the wonders of the technology that makes embroidery and stippling quick and easy.	NETA	(S)	(CC)	N/A	#2508H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6104H
13:00:00	Eat! Drink! Italy! with Vic Rallo Be Picky Vic and Tony Verdoni talk with one of Italy's best know wine families. Vic and Chef Nicola DiTarsia make a basic torteloni pasta from the Torino area. Vic and Tony taste a 1931 vintage wine.	APTEX	(S)	(CC)	N/A	#310H
13:30:00	Cooking with Nick Stellino Nick's Favorite Pasta & Strawberry Dessert Nick visits the P-Patch to talk about tomatoes and prepares his favorite pasta dish from his youth, Rigatoni with Bolognese Ragu. Then shares a the simple techniques of making a luxurious dessert, Strawberries with Zabaglione & Orange Liqueur.	APTEX	(S)	(CC)	N/A	#111H
14:00:00	The Jazzy Vegetarian Sunday Brunch Host Laura Theodore prepares a plant-based morning meal. Featured guest: Julieanna Hever. Vegan Spinach-Tomato Omelet delivers an authentic texture and taste, enhanced with juicy tomatoes and fresh baby spinach. On the side, Spicy Baked Home Fries make the perfect complement to the meal while Breakfast Sunshine Salad will wake up taste buds. Quick Coconut-Grape Muffins feature a moist crumb and sweet surprise center.	NETA	(S)	(CC)	DVI	#507H
14:30:00	New Scandinavian Cooking Plenty of Foods In today's episode, Andreas investigates the great variety of inland Norway, the most productive farmland in the country. The episode starts in the mountains, where he makes a dish flavored by the mountains: veal liver with mushrooms, heather honey and heather oil. In the local town bakery he uses yesterday's bread to make a toast-infused ice cream. For main course he serves a Norwegian pork roll, with apples, dill and fennel.	APTEX	(S)	(CC)	N/A	#704H

Thu, Dec 15, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Open and Shut Add style, movement and interest to your designs. Multi-media artist Mary Hettmansperger adds personality, function and style to her designs with hinges. Candie Cooper returns to Katie's Beading Lesson with cute stretchy beaded rings that are fast and easy to make for teens and tweens.	NETA	(S)	(CC)	N/A	#2410H
15:30:00	Make It Artsy Stamping No matter how many stamps you have, you need more. Color-happy artist Mou Saha draws and cuts custom stamps. Julie Fei Fan Balzer makes cool wrapping paper from paper bags. Joe Rotella, tool expert, manufactures his own stamps from foam. In the tip, Mou Saha throws her stamping process into reverse to create new looks.	NETA	(S)	(CC)	N/A	#104H
16:00:00	Biz Kid\$ Economic Cycles (What Goes Up Must Come Down) Trends in the economy go up and down. Learn how trends can affect a business. Discover how you can protect yourself against negative effects and plan for the positive trends. Meet a young man who made paintball profitable and a family who mines for gold.	APTEX	(S)	(CC)	DVI	#208H
16:30:00	Hands On Crafts for Kids Write It Down When creative ideas pop up, write them down. Make a colorful pocket journal with Jenny Barnett-Rohrs. Candie Cooper shares creative tips for handwriting and Franz Spohn writes with clay. Katie Hacker decorates for fall with a shining pumpkin luminary from blogger Carissa Bonham.	NETA	(S)	(CC)	DVI	#1808H
17:00:00	P. Allen Smith's Garden Home The Great Outdoors P. Allen Smith shows us an outdoor living space that serves as a sitting and dining area. Allen's gardening tips include how to plant hostas in the shade and how to identify poison ivy. Plus, we learn about raising goats in the city and get a peek at a creative chicken coop. Allen shares the latest progress on the Garden Home Challenge.	APTEX	(S)	(CC)	DVI	#1205H
17:30:00	Growing A Greener World Starting Seeds, A to Z (Mount Airy, Nc) Nothing scares new gardeners (and even some veterans) like starting a vegetable crop from seed. But there's no better way to really know what you're growing and turn your gardening habit into a year-round endeavor. This episode demystifies seeds and offers a crash course in starting a productive and successful garden from scratch. Host Joe Lamp'l starts seeds both inside and outside and demonstrates expert techniques from his own kitchen and food garden.	APTEX	(S)	(CC)	N/A	#605H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13250
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1325H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7185
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1107H
20:00:00	Backstage Pass Thornetta Davis - Encore Detroit native and Detroit's "Queen of the Blues" Thornetta Davis returns with her soulful vibe and strong vocal styling to Michigan BluesFest 2015. Recorded live in Lansing's historic Old Town district, Davis and her talented band feature "Wild Women Never Get The Blues," "Cry," "Take Another Piece Of My Heart," and "Meet Me With Your Black Drawers On."	NETA	(S)	(CC)	N/A	#716H

Thu, Dec 15, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Music Voyager Morocco: The Spirit - The South	APTEX	(S)	(CC)	N/A	#708H
	<p>Friends Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall travel across the Atlas Mountains to Marrakesh, one of the most exotic cities in the world. This is where artists and poets, painters and creatives sought their inspiration. Hassan was born and raised here, and this is the city where at the age of five years old he learned how to play Gnawa music. Hassan takes his friends to the house where he grew up, the bakery that he worked in, and the instrument maker that makes his sintir from scratch. The market is bustling with exotic foods, clothes, colors and entertainment. From Marrakesh the friends head to Essaouira, the old city of Mogador by the sea, where the blend of Arabic, Hebrew, and French languages can be heard floating through the seaside resort, home of the International Gnawa Festival. Hassan invites the original Gnawa group to perform on the old fort overlooking the ocean. From Essaouira, the three of them head to the southern desert of the Moroccan Sahara, the home of the Sahrawi people. There, they invite one of the foremost popular artists Fnaire to join them. Their journey brings them to Agadir, a major city in central coastal Morocco, and the home of the Timitar Music Festival. Venturing further into the Western Sahara as guests of Hassan Hakmoun, Fnaire and Nass El Ghiwane, the team travels by road to Dakhla. Through the artist ambassadors, they seek to understand Gadra music, its origins, how it is being preserved, and the modern interpretations of this style of music.</p>					
21:00:00	Live from the Dennison Lodge Best of Live from the Dennison	NETA	(S)	(CC)	N/A	#111H
	<p>This holiday special features stand-out performances from the artists that graced the Dennison Lodge stage in Dubois over the past 18 months, including Mike Dowling, Bepe Gambetta, Karen Savoca, and more.</p>					
22:00:00	Beyond The Divide	APTEX	(S)	(CC)	N/A	#0H
	<p>Nearly 50 years have passed since the beginning of the Vietnam War. While the politics and casualties are now a part of history, deep scars remain between those who served and those who fought a different war at home. BEYOND THE DIVIDE hopes to illuminate a path to healing old wounds by portraying authentic peace-building. In the early 80s in Missoula, Mont., a group of residents decided to commit an act of civil disobedience by painting a peace symbol on the face of an enormous communications panel that sat atop a hillside overlooking the town. The reaction essentially divided the community between anti-war and military-establishment supporters, as past resentments resurfaced. The one-hour documentary traces the aftermath of this act and follows the story of how two individuals-former Vietnam explosives engineer Dan Gallagher and fervent peace advocate Betsy Mulligan-Daguea-come to a deeper understanding of each other's differences through conversation and collaboration, ultimately finding that the ideals they share are much stronger than imagined.</p>					
23:00:00	Changing Seas Maug's Caldera: A Natural Laboratory A Co-Production with Open Boat Films	APTEX	(S)	(CC)	N/A	#803H
	<p>This episode takes viewers into an area of the remote Pacific, the islands of Maug. Formed by an ancient volcano, shallow hydrothermal vents are found close to coral reefs inside the submerged caldera. These vents emit levels of CO2 that can be expected in the world's oceans by the end of the century, making these waters a natural laboratory for scientists studying the impacts of ocean acidification on coral reefs.</p>					
23:30:00	Changing Seas Beneath The Bridge	APTEX	(S)	(CC)	N/A	#804H
	<p>The Blue Heron Bridge in Riviera Beach, Florida is known as one of the best shore dives in the United States. Even though at first it appears as an unlikely dive site, it is home to a rich variety of marine life, ranging from tiny nudibranchs to manta rays. Underwater photographers are documenting what lives beneath the bridge, and a scientist is studying how two species of octopus co-exist there.</p>					

Fri, Dec 16, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7185
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1107H
01:00:00	Backstage Pass Thornetta Davis - Encore	NETA	(S)	(CC)	N/A	#716H
	Detroit native and Detroit's "Queen of the Blues" Thornetta Davis returns with her soulful vibe and strong vocal styling to Michigan BluesFest 2015. Recorded live in Lansing's historic Old Town district, Davis and her talented band feature "Wild Women Never Get The Blues," "Cry," "Take Another Piece Of My Heart," and "Meet Me With Your Black Drawers On."					
01:30:00	Music Voyager Morocco: The Spirit - The South	APTEX	(S)	(CC)	N/A	#708H
	Friends Nouamane Lahlou, Hassan Hakmoun and Laurent LeGall travel across the Atlas Mountains to Marrakesh, one of the most exotic cities in the world. This is where artists and poets, painters and creatives sought their inspiration. Hassan was born and raised here, and this is the city where at the age of five years old he learned how to play Gnawa music. Hassan takes his friends to the house where he grew up, the bakery that he worked in, and the instrument maker that makes his sintir from scratch. The market is bustling with exotic foods, clothes, colors and entertainment. From Marrakesh the friends head to Essaouira, the old city of Mogador by the sea, where the blend of Arabic, Hebrew, and French languages can be heard floating through the seaside resort, home of the International Gnawa Festival. Hassan invites the original Gnawa group to perform on the old fort overlooking the ocean. From Essaouira, the three of them head to the southern desert of the Moroccan Sahara, the home of the Sahrawi people. There, they invite one of the foremost popular artists Fnaire to join them. Their journey brings them to Agadir, a major city in central coastal Morocco, and the home of the Timitar Music Festival. Venturing further into the Western Sahara as guests of Hassan Hakmoun, Fnaire and Nass El Ghiwane, the team travels by road to Dakhla. Through the artist ambassadors, they seek to understand Gadra music, its origins, how it is being preserved, and the modern interpretations of this style of music.					
02:00:00	Live from the Dennison Lodge Best of Live from the Dennison	NETA	(S)	(CC)	N/A	#111H
	This holiday special features stand-out performances from the artists that graced the Dennison Lodge stage in Dubois over the past 18 months, including Mike Dowling, Bepe Gambetta, Karen Savoca, and more.					
03:00:00	Beyond The Divide	APTEX	(S)	(CC)	N/A	#0H
	Nearly 50 years have passed since the beginning of the Vietnam War. While the politics and casualties are now a part of history, deep scars remain between those who served and those who fought a different war at home. BEYOND THE DIVIDE hopes to illuminate a path to healing old wounds by portraying authentic peace-building. In the early 80s in Missoula, Mont., a group of residents decided to commit an act of civil disobedience by painting a peace symbol on the face of an enormous communications panel that sat atop a hillside overlooking the town. The reaction essentially divided the community between anti-war and military-establishment supporters, as past resentments resurfaced. The one-hour documentary traces the aftermath of this act and follows the story of how two individuals-former Vietnam explosives engineer Dan Gallagher and fervent peace advocate Betsy Mulligan-Daguea-come to a deeper understanding of each other's differences through conversation and collaboration, ultimately finding that the ideals they share are much stronger than imagined.					
04:00:00	Changing Seas Maug's Caldera: A Natural Laboratory A Co-Production with Open Boat Films	APTEX	(S)	(CC)	N/A	#803H
	This episode takes viewers into an area of the remote Pacific, the islands of Maug. Formed by an ancient volcano, shallow hydrothermal vents are found close to coral reefs inside the submerged caldera. These vents emit levels of CO2 that can be expected in the world's oceans by the end of the century, making these waters a natural laboratory for scientists studying the impacts of ocean acidification on coral reefs.					
04:30:00	Changing Seas Beneath The Bridge	APTEX	(S)	(CC)	N/A	#804H
	The Blue Heron Bridge in Riviera Beach, Florida is known as one of the best shore dives in the United States. Even though at first it appears as an unlikely dive site, it is home to a rich variety of marine life, ranging from tiny nudibranchs to manta rays. Underwater photographers are documenting what lives beneath the bridge, and a scientist is studying how two species of octopus co-exist there.					
05:00:00	American Forum To Be Muslim In America	NETA	(S)	(CC)	N/A	#210H
	Muslim-American and Gold Star father KHIZR KHAN on the death of his son in Iraq, his speech at the Democratic National Convention, and the election of 2016.					
05:30:00	Innerviews with Ernie Manouse Zack Braff	NETA	(S)	(CC)	N/A	#1308H
	Ernie sits down with actor and director Zack Braff to talk about "Scrubs," "Garden State," Woody Allen, and his fan funded film "Wish I Was There."					

Fri, Dec 16, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1992
08:00:00	Peep and the Big Wide World Newton's Big Adventure/Peep Crosses The Road/Pocoyo - Boo! Newton the turtle has a series of excellent adventures-involving a puddle, some dandelion fluff, and a very spooky cracker box. Peep discovers the answer to that ancient conundrum: "Why did the chicken cross the road?" Then, Pocoyo has a new game, which he enjoys playing on his friends: BOO! Only some of his friends find Pocoyo's game annoying or frightening.	APTEX	(S)	(CC)	N/A	#208
08:30:00	Thomas Edison's Secret Lab Monster Smash/A Monster of a Mystery Smash: When JD and Kent's battle bot, Monster Smash, escapes from the lab, the Secret Lab Kids must navigate a maze to find it. Mystery: When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.	APTEX	(S)	(CC)	N/A	#108H
09:00:00	Functional Fitness with Suzanne Andrews Healthy Neck	ACCES		(CC)	N/A	#112H
09:30:00	Classical Stretch: By Essentrics Posture Workout This standing and barre posture workout, filmed in Riviera Maya, Mexico will improve your posture and give you tons of energy.	APTEX	(S)	(CC)	DVI	#1102H
10:00:00	Sit and Be Fit Somatosensory and Lymphatic Systems Mary Ann uses a large ball to stimulate the sensory and lymphatic systems, accompanied by jazzy, New Orleans style music. Gretchen's new cross and open pattern for a brain.	NETA	(S)	(CC)	N/A	#1604H
10:30:00	Sewing with Nancy How to Sew Art, Part 2 Add the finishing touches to a gorgeous photograph wall hanging. During this second episode with guest Tammie Bowser, learn how to put the finishing touches on a quilted photograph wall hanging. Also, learn how to improve your design by using specific fabric values and positioning of the fabric pieces in an random manner.	NETA	(S)	(CC)	N/A	#2826H
11:00:00	Knit and Crochet Now! Necklace Andi Javori designed a very special knit beaded necklace, The Paloma Necklace & Bracelet, which Drew shows us how to make. Ellen will demonstrate the crochet Boho Circles & Ring designed by Joyce Bragg. The Chunky Lace Scarf is this week's "Scarf of the Week" with Lena.	APTEX	(S)	(CC)	DVI	#611H
11:30:00	Fons & Porter's Love of Quilting Twisted Triangles In this show you will learn how to use a special triangle template to create hexagons with a little twist.	NETA	(S)	(CC)	N/A	#2509H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6105H
13:00:00	P. Allen Smith's Garden to Table A Feast for the Season Allen is getting ready for a feast at the farm! But he wants to spend time with his guests. In this episode, he shows viewers how to prepare some recipes in advance so there is more time with family and friends. Plus, Chef Capi Peck prepares a delicious Butternut Squash Gratin and Allen shares tips on how to decorate an elegant table without going overboard.	APTEX	(S)	(CC)	DVI	#310H
13:30:00	Mike Colameco's Real Food Ny Ice Cream For lovers of ice cream there has never been a better time. In one action packed day Mike tours Victory Garden frozen yogurt, The Big Gay Ice Cream Truck, Dave's, Morgenstern's, A.B. Biagi Gelato, Gelato Ti Amo and Melt Bakery Ice Cream sandwiches.	NETA	(S)	(CC)	N/A	#1407H
14:00:00	Chef John Besh's New Orleans Jalapeno Cheese Grits, Slow-Cooked Grillades, and Brendan's Bread Pudding.	APTEX	(S)	(CC)	N/A	#101H

Fri, Dec 16, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#236H
15:00:00	Beads, Baubles and Jewels Metalworking In Style	NETA	(S)	(CC)	N/A	#2411H
	Express your style in metalwork and with lettering, too. Mary Hettmansperger adds a window in metal work to make a versatile bezel. She adds style by layering metals and putting a variety of motifs behind the window. Creative collaborator Brenda Schweder shares her favorite tips on soldering metalwork. Katie Hacker puts her style into words with lettering in Katie's Beading Lesson.					
15:30:00	Make It Artsy Nature	NETA	(S)	(CC)	N/A	#105H
	Just step outside to find artsy inspiration in nature. Calligrapher Janet Takahashi adds floral accents to plain lettering. Metalsmith Mary Hettmansperger adds patinas to copper. Art entrepreneur Jenn Mason captures nature's beauty in monostenciling. Julie Fei Fan Balzer has a tip for printing designs with items from nature.					
16:00:00	Biz Kid\$ The Green Economy & You	APTEX	(S)	(CC)	DVI	#209H
	Join the Biz Kids on a mission and discover your impact on the environment. Explore different ways to become part of the green economy and learn how there's green to be made in thinking green. Find out about "The Big Green Bus" and "Zoo Doo."					
16:30:00	Hands On Crafts for Kids On The Road and Around The Word	NETA	(S)	(CC)	DVI	#1809H
	Travel can really shake up your creativity. Inspired by their travels, Jenny Barnett-Rohrs and Katie Hacker capture cityscapes. Candie Cooper makes a necklace or bookmark with beads from around the world. Franz Spohn sketches vacation memories and Katie makes colorful candy ornaments from blogger Angie Holden.					
17:00:00	P. Allen Smith's Garden Home Stepping Back In Time	APTEX	(S)	(CC)	DVI	#1206H
	P. Allen Smith takes a step back in time on a whirlwind tour starting with Monticello, Thomas Jefferson's home in Charlottesville, Virginia, where we learn about the historic plants in the estate's gardens. Allen also visits Longwood Mansion, the largest octagonal house in the United States, a National Historic Landmark in Natchez, Mississippi; and the home of the famous architect, Frank Lloyd Wright in Oak Park, Illinois. Allen offers tips on how to make terra cotta look vintage. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Fan Favorites from 5 Years (All Over The Us)	APTEX	(S)	(CC)	N/A	#606H
	With over 100 episodes broadcast so far and countless emails and comments from our viewers about each one, the GGW team has gotten a strong sense of which ones have left the most lasting impressions. In this episode, we look back on our most popular segments, share the best stories about the most incredible people we've met and the most dynamic places we've visited... and we uncover more about why these episodes resonated so deeply with fans.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13251
18:30:00	Out of Ireland	WLIW	(S)	(CC)	N/A	#2431Z
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7186
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#850H
20:00:00	Song of the Mountains Eugene Wolf & Mitya Kuznetsov/Jimbo Whaley & Greenbrier	NETA	(S)	(CC)	N/A	#1116H
21:00:00	Woodsongs Celebration of Woodsongs Kids	NETA	(S)	(CC)	N/A	#1812H
	Woodsongs Kids have become one of the most popular parts of every of WoodSongs broadcast since Michael Johnathon introduced it last year. Every week a talented young performer appears on stage along side the professional/touring artists. It's created some incredible one-of-kind musical moments. This broadcast will be made up entirely of WoodSongs Kids!					

Daily Program Listing II

43.1

Date: 10/30/2016

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Fri, Dec 16, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Film School Shorts Where Do We Go from Here? 11-Minute Mile (University of Southern California) - When an arrogant young day-trader is delayed at an airport during the Boston Marathon bombing, the threat of tragedy brings a moment of clarity. Directed by Andrew Wood. Keep the Change (Columbia University) - David has autism, but he prides himself on not being rigid, "like that movie, Rain Man." He enjoys chasing women, offensive humor and "exclusive clubs," but he comes to reevaluate "normal" when he meets a new love interest at a support group. Directed by Rachel Israel.	NETA	(S)	(CC)	N/A	#304H
22:30:00	On Story House of Cards: A Conversation with Beau Willimon House of Cards creator, Beau Willimon, discusses writing for Netflix, working with David Fincher, and delving into the psychology of narrative power struggles. Artiz Moreno's short film, Colera, follows with an ominous glimpse of a town that decides to take the law into their own hands, without considering the consequences.	NETA	(S)	(CC)	N/A	#404H
23:00:00	Science Goes to the Movies Mad Max: Fury Road Dr. Heather Berlin and Faith Salie are joined by automotive engineer and Future Fuels Technology CEO Art Vatsky to discuss the science of cars and engines as portrayed in Mad Max: Fury Road.	EPS	(S)	(CC)	N/A	#111H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1009

Daily Program Listing II

43.1

Date: 10/30/2016

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Sat, Dec 17, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7186
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#850H
01:00:00	Song of the Mountains Eugene Wolf & Mitya Kuznetsov/Jimbo Whaley & Greenbrier	NETA	(S)	(CC)	N/A	#1116H
02:00:00	Woodsongs Celebration of Woodsongs Kids	NETA	(S)	(CC)	N/A	#1812H
	Woodsongs Kids have become one of the most popular parts of every of WoodSongs broadcast since Michael Johnathon introduced it last year. Every week a talented young performer appears on stage along side the professional/touring artists. It's created some incredible one-of-kind musical moments. This broadcast will be made up entirely of WoodSongs Kids!					
03:00:00	Film School Shorts Where Do We Go from Here?	NETA	(S)	(CC)	N/A	#304H
	11-Minute Mile (University of Southern California) - When an arrogant young day-trader is delayed at an airport during the Boston Marathon bombing, the threat of tragedy brings a moment of clarity. Directed by Andrew Wood. Keep the Change (Columbia University) - David has autism, but he prides himself on not being rigid, "like that movie, Rain Man." He enjoys chasing women, offensive humor and "exclusive clubs," but he comes to reevaluate "normal" when he meets a new love interest at a support group. Directed by Rachel Israel.					
03:30:00	On Story House of Cards: A Conversation with Beau Willimon	NETA	(S)	(CC)	N/A	#404H
	House of Cards creator, Beau Willimon, discusses writing for Netflix, working with David Fincher, and delving into the psychology of narrative power struggles. Artiz Moreno's short film, Colera, follows with an ominous glimpse of a town that decides to take the law into their own hands, without considering the consequences.					
04:00:00	Science Goes to the Movies Mad Max: Fury Road	EPS	(S)	(CC)	N/A	#111H
	Dr. Heather Berlin and Faith Salie are joined by automotive engineer and Future Fuels Technology CEO Art Vatsky to discuss the science of cars and engines as portrayed in Mad Max: Fury Road.					
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1009
05:00:00	In Good Shape	WNVC	(S)	(CC)	N/A	#347
05:30:00	Innovations In Medicine New Wound Care, AmfAR Interview, Lifestyle and Heart Health, Alternative Medicine Hospital, COPD Stem Cell.	EPS	(S)	(CC)	N/A	#101H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1993
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Painted Photo Prints	APTEX	(S)	(CC)	N/A	#322H
	Today's lesson shows how to display your artwork in a whole different way. A photograph of your own painting or any photo of your choice is mounted on a canvas board and then is hand painted out around the edges. This is a very easy way to add a creative touch to your photographs.					
08:30:00	Grand View Golden Gate National Recreation Area	APT		(CC)	N/A	#210H
	Baumann sets his sites on one of the largest urban parks in the world: Golden Gate National Recreation Area. The park, which includes Alcatraz, the Marin Headlands, and the original military fortifications surrounding San Francisco, was conceived as part of a trend to make national park resources more accessible to urban populations. Interviews include Frank Heaney, Alcatraz prison guard, Heather Booth, park interpretive ranger, and Stephen Haller, civil war historian. Baumann completes his journey by painting the high dunes of Fort Funston and Ocean Beach.					
09:00:00	Landscapes Through Time with David Dunlop Jmw Turner at the Harbor of Honfleur	NETA	(S)	(CC)	DVI	#106H
	David visits the dramatic Northern French Coast of Normandy at the harbor of Honfleur with its distinctive skyline - a favorite location of Joseph Mallord William Turner (1775-1851). Acknowledged as one of history's greatest landscape watercolorist, Turner deftly transfers his innovative watercolor techniques to his oil painting. David explores this remarkable series of innovations while considering Turner's techniques and composition, borrowed from the atmospheric perspective and freely interpreted landscapes of 17th century French landscape master Claude Lorrain.					

Sat, Dec 17, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Weight Loss In this episode of Classical Stretch, join Miranda Esmonde-White at the Zentropia Spa for a standing and floor workout to tone your full body and promote weight loss.	APTEX	(S)	(CC)	DVI	#1103H
10:00:00	Sit and Be Fit Neglected Areas of Body This episode begins slow and easy with great music to accompany exercises for posture using a towel and band, a large ball for balance, in addition to exercises for hips, carpal tunnel and the pelvic floor.	NETA	(S)	(CC)	N/A	#1605H
10:30:00	Wai Lana Yoga Exercise Your Eyes Wai Lana shows you a simple exercise to strengthen your eyes. Then you'll relax neck and shoulder tension with a series of feel-good stretches.	APTEX	(S)	(CC)	N/A	#525
11:00:00	Delicious TV's Vegan Mashup Cooking for Teens Encouraging your kids to eat healthier meals just got easier when our chefs pull out all the stops on these fun and easy recipes. Tempeh Chorizo Soft Tacos/Citrus Salad/Tofu BLT/No Queso Quesadilla.	NETA	(S)	(CC)	DVI	#105H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Examining The Yucatan's Abundant Natural Resources The salt marshes of Celestun and a seaside octopus farm are unlikely places for a chef to get inspired. But Chef Roberto Solis' approach to food has always been a little different - just see the menu of his revered restaurant Nectar in Merida, which continues to charm and dazzle. In Nectar's kitchen, Roberto shows Rick how to make three of his restaurant's favorite dishes: cebollas negras, poc chuc de pulpo and deeply satisfying crispy, seared pork belly with grilled pineapple and tomatillo. At home, Rick prepares tostadas of charred octopus and escabeche, plus a succulent slow cooker red chile pork belly with braised kale. To finish it off, Rick makes manjar blanco, a traditional Yucatecan coconut dessert.	APTEX	(S)	(CC)	N/A	#1113H
12:00:00	Lidia's Kitchen Italian American Favorites Italian American food: Is it Italian, American or a piece of Americana with Italian roots? Today Lidia pays homage to the cooking of Italian American immigrants. Recipes include: caesar salad; a luscious baked eggplant stuffed with meat and vegetables; and finally stuffed mushrooms, a true crowd pleaser.	APTEX	(S)	(CC)	N/A	#410H
12:30:00	Moveable Feast with Fine Cooking Homer, Alaska In this episode of Movable Feast with Fine Cooking, host Pete Evans travels to Homer, Alaska to team up with a mother-daughter duo chefs Kristen and Mandy Dixon to explore local Alaskan cuisine. Kristen, who has been cooking in the backcountry of Alaska for over 20 years, and Mandy take Pete on an adventure to forge ingredients for their feast. Mandy prepares a wild forged salad along with the signature Tutka Bay sling cocktail, while her mom Kristen, makes the main dish, fisherman's stew with mussels, crab, scallops, and tomato broth.	APTEX	(S)	(CC)	N/A	#301H
13:00:00	Expeditions with Patrick Mcmillan The Longleaf Empire - Francis Marion National Forest It seems that no matter where we look we can find evidence of man shaping the world around him, the world we consider "natural." Fire is essential for the existence of the longleaf pine woodland, one of the rarest and most interesting habitats on the planet. Join Patrick as he continues to explore the incredible and strange life that makes its home here in the heart of the longleaf empire in the Francis Marion National Forest.	APTEX	(S)	(CC)	N/A	#313H
13:30:00	Joseph Rosendo's Travelscope Tokyo, Japan - Celebrating The Past and Present Like every other first time visitor, Tokyo's idiosyncratic pop culture, flashy neon-lights, garish billboards and hoards of people threaten to overwhelm Joseph's sensibilities, yet it doesn't take long for this episode to find its cultural center. Ancient temples, revered practices, natural beauty and graceful personal exchanges take the lead as this episode unfolds. On his Tokyo journey Joseph learns that while the glitz and glamor of modern Tokyo excites the senses, the heart and soul of the Japanese is found in their ancient customs and honored traditions.	APTEX	(S)	(CC)	DVI	#707H
14:00:00	Rick Steves' Europe England's Cornwall The far southwest of England is a world unto itself, with a persistent Cornish culture. He explores a world of flowers springing from towering hedges, a tin-mining heritage going back to biblical times, salty pirates' towns and fishing villages, and the Land's End of England. Then, side-tripping deep into the vast and mysterious Dartmoor National Park, he hikes to forgotten stone circles and chase wild ponies.	APTEX	(S)	(CC)	N/A	#910H

Sat, Dec 17, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Journeys In Africa Masai Mara - Where Lion Is King	NETA	(S)	(CC)	N/A	#201H
	In this first of a two part program on the Mara, Bill follows the wildebeest migration in anticipation of the famous river crossings. He finds all 3 big cats and hyena waiting for their chance to get their share of the migrants. In this episode, the animal numbers are staggering.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4411H
	Beautiful plants and abundant wildlife. What's not to like? A great show, with a lot of helpful gardening information. Be sure to tune in this week to GardenSMART.					
15:30:00	Chefs A' Field Milking Goodness	APTEX	(S)	(CC)	N/A	#212H
	Chef Leads the Herd. Chef Craig Stoll: Delfina - San Francisco James Beard Foundation Award-winning chef Craig Stoll is serious about knowing exactly where his ingredients come from. In this episode, the chef visits Point Reyes Farmstead Cheese Company, a real family dairy on the California coast, to meet the Holstein cows that provide milk for one of his favorite cheeses, and to learn first-hand about the cheese-making process. Recipes: Pizza Margherita with Tomato, fior di latte mozzarella, basil; Pizza Panna with local Blue Cheese, California Figs, and House Prosciutto Homemade Peach Ice Cream.					
16:00:00	Maria Hinojosa: One-On-One Anita Snow	APTEX	(S)	(CC)	N/A	#413Z
	Anita Snow, currently a Neiman Fellow at Harvard University, served as the Havana bureau chief for the Associated Press from 1998-2009. Snow describes life of a journalist in today's Cuba and offers predictions for the future.					
16:30:00	Overheard with Evan Smith Gloria Steinem, Author and Political Activist	NETA	(S)	(CC)	N/A	#701H
	Gloria Steinem is a writer, lecturer, political activist and feminist organizer. She is particularly interested in the shared origins of sex and race caste systems, gender roles and child abuse as roots of violence. She now lives in New York City and has just finished a book detailing her more than thirty years on the road as a feminist organizer.					
17:00:00	The Kamla Show Special Ken Florance, Vp of Content Delivery at Netflix	KAMLA	(S)	(CC)	N/A	#117H
	Meet Ken Florance, Vice-President of Content Delivery at Netflix. He sits down with Kamla in this one-on-interview where they talk about Netflix and binge watching, his interest in music and Buddhism. Florance discovered the music of The Grateful Dead as a teenager and he ended up traveling around the country with his then girlfriend to Grateful Dead's concerts. He is also interested in Indian classical music and learnt to play the sitar from Ashwin Batish in Santa Cruz.					
17:30:00	Craftsman's Legacy The Guitar Maker	APTEX	(S)	(CC)	N/A	#103H
	Brain Galloup builds guitars and runs a school to teach others the craft of guitar making. Host Eric Gorges visits the school and learns what it takes to build a guitar from scratch. They discuss the tonal properties of wood, steam bending and key steps of guitar building.					
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3450
18:30:00	The Open Mind How Resilient Is Democracy?	NETA		(CC)	N/A	#3718H
	Guest: Kenneth Wollack. Kenneth Wollack, president of the National Democratic Institute, talks about the prospect of civil society amid incivility.					
19:00:00	Closer to Truth What's in a Resurrection?	EPS	(S)	(CC)	N/A	#1111H
	Judaism, Christianity and Islam each proclaim a resurrection of the dead-a bodily reconstruction of all people from all time. How would it work? Does it make sense?					
19:30:00	Start Up Hub Repair	NETA	(S)	(CC)	N/A	#407H
	Gary and the crew head to Portland, Oregon to talk with Farhad Ghafarzade, the founder of Green Drop Garage, a eco-friendly auto repair shop. Then they head over to San Diego, California to meet up with Felena Hanson, the founder of HeraHub, a female only co-working space.					

Sat, Dec 17, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live America	APTEx	(S)	(CC)	N/A	#401H
	Grammy winning music group America, led for four decades by Gerry Beckley and Dewey Bunnell, perform their greatest hits. America's Infinity Hall Live concert takes the audience on a musical journey from the 70's to the 80's playing hit after hit of the folk rock band's timeless songs. The band's signature harmonies can be heard on classic hits such as; "A Horse with No Name", "Ventura Highway", "Sister Golden Hair," and "You Can Do Magic". Listen to Gerry and Dewey talk about what it was like to be a reflection of their own generation, achieving international recognition at the same time as The Eagles and Joni Mitchell all under the tutelage of David Geffen and the magnificence of the hippie counter culture that continued to permeate the seventies.					
21:00:00	Front and Center Borns	APTEx	(S)	(CC)	N/A	#606H
	Indie pop singer/songwriter BORNs treats the sold-out crowd at the Iridium in New York City to a captivating performance featuring songs from his debut album Dopamine. The Michigan native debuts his dreamy pop sound with songs like "The Emotion," "10,000 Emerald Pools," and his latest single, the Top 10 hit "Electric Love." During the performance BORNs shares stories from the making of the album and explains the eerie background noise on "The Emotion."					
22:00:00	Globe Trekker Food Hour: Southern China	APTEx	(S)	(CC)	N/A	#1534H
	Celebrated New Zealand chef Peter Gordon discovers the roots of Cantonese cuisine. Peter's journey takes him north to Lianzhou, the mountain home of the Yao tribe, where he cooks succulent spiced pork. Next he walks the rice fields of the Pearl River Delta, meets traditional medical doctors in Foshan, cooks up a strength-giving feast for dragon boat racing crews in Guangzhou, shops in the fabled market of Qingping, samples street fare in Chaozhou, visits the tea mountains near An'xi, stops in the glittering city of Xiamen and ends his journey in Daya Bay for simple soul food.					
23:00:00	Arts In Context Somos Krudas	NETA		(CC)	N/A	#603H
	Having survived under a totalitarian regime, Cuban hip-hop duo Krudas Cubensi refuses to compromise. Lyrically, nothing is off limits as they spit fiery lines about politics and sexuality with a frankness and openness that is seldom seen. With a persistent Afro-Cuban rhythm, Odaymara Cuesta and Olivia Prendes use their art as a weapon "to fight against oppression, for justice, for balance, for our rights, to celebrate the life." Now based out of Austin, Texas, Krudas Cubensi continues their fight for social justice through their incendiary, original hip-hop.					
23:30:00	Stand Up Empire Edited for Flags	KNME	(S)	(CC)	N/A	#106H
	Featured comics Lisa Delarios & Chip Pope, with a Snapshot on Workout with Erica Nix. Hosted by Brently Heilbron.					

Sun, Dec 18, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth What's in a Resurrection? Judaism, Christianity and Islam each proclaim a resurrection of the dead-a bodily reconstruction of all people from all time. How would it work? Does it make sense?	EPS	(S)	(CC)	N/A	#1111H
00:30:00	Start Up Hub Repair Gary and the crew head to Portland, Oregon to talk with Farhad Ghafarzade, the founder of Green Drop Garage, a, eco-friendly auto repair shop. Then they head over to San Diego, California to meet up with Felena Hanson, the founder of HeraHub, a female only co-working space.	NETA	(S)	(CC)	N/A	#407H
01:00:00	Infinity Hall Live America Grammy winning music group America, led for four decades by Gerry Beckley and Dewey Bunnell, perform their greatest hits. America's Infinity Hall Live concert takes the audience on a musical journey from the 70's to the 80's playing hit after hit of the folk rock band's timeless songs. The band's signature harmonies can be heard on classic hits such as; "A Horse with No Name", "Ventura Highway", "Sister Golden Hair," and "You Can Do Magic". Listen to Gerry and Dewey talk about what it was like to be a reflection of their own generation, achieving international recognition at the same time as The Eagles and Joni Mitchell all under the tutelage of David Geffen and the magnificence of the hippie counter culture that continued to permeate the seventies.	APTEX	(S)	(CC)	N/A	#401H
02:00:00	Front and Center Borns Indie pop singer/songwriter BORNs treats the sold-out crowd at the Iridium in New York City to a captivating performance featuring songs from his debut album Dopamine. The Michigan native debuts his dreamy pop sound with songs like "The Emotion," "10,000 Emerald Pools," and his latest single, the Top 10 hit "Electric Love." During the performance BORNs shares stories from the making of the album and explains the eerie background noise on "The Emotion."	APTEX	(S)	(CC)	N/A	#606H
03:00:00	Globe Trekker Food Hour: Southern China Celebrated New Zealand chef Peter Gordon discovers the roots of Cantonese cuisine. Peter's journey takes him north to Lianzhou, the mountain home of the Yao tribe, where he cooks succulent spiced pork. Next he walks the rice fields of the Pearl River Delta, meets traditional medical doctors in Foshan, cooks up a strength-giving feast for dragon boat racing crews in Guangzhou, shops in the fabled market of Qingping, samples street fare in Chaozhou, visits the tea mountains near An'xi, stops in the glittering city of Xiamen and ends his journey in Daya Bay for simple soul food.	APTEX	(S)	(CC)	N/A	#1534H
04:00:00	Arts In Context Somos Krudas Having survived under a totalitarian regime, Cuban hip-hop duo Krudas Cubensi refuses to compromise. Lyrically, nothing is off limits as they spit fiery lines about politics and sexuality with a frankness and openness that is seldom seen. With a persistent Afro-Cuban rhythm, Odaymara Cuesta and Olivia Prendes use their art as a weapon "to fight against oppression, for justice, for balance, for our rights, to celebrate the life." Now based out of Austin, Texas, Krudas Cubensi continues their fight for social justice through their incendiary, original hip-hop.	NETA		(CC)	N/A	#603H
04:30:00	Stand Up Empire Edited for Flags Featured comics Lisa Delarios & Chip Pope, with a Snapshot on Workout with Erica Nix. Hosted by Brently Heilbron.	KNME	(S)	(CC)	N/A	#106H
05:00:00	California's Golden Parks Nike Missile Site During the tense years from 1953 to 1979, the United States Army built and operated a total of 280 Nike missile-firing batteries in the United States. These missile sites were emplaced as the last line of defense against Soviet bombers. Today, a dedicated group of volunteers works in partnership with the Golden Gate National Recreation Area on the continuous task of restoration at site SF-88, which has been turned into a museum. This valuable historical resource is the only restored Nike missile site in the entire country and Huell gets a very special tour with a man who actually ran the site for many years.	KCET		(CC)	N/A	#159
05:30:00	Moneytrack The Inspirational Story What can a 101-year-old teach us about investing? Meet Lyndall Scott Russell, a self-proclaimed country gal whose initial stock purchase some 58 years ago turned her into a multimillionaire. Lyndall is living proof that patience is an essential ingredient for investing success. This episode also features an interview with John Bogle, founder of the index fund.	APT	(S)	(CC)	DVI	#302H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1994

Sun, Dec 18, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Color World with Gary Spetz Color Cinque Terre & Florence Host-Artist, Gary Spetz, explores the spectacular cliff-lined coastal villages of Italy's Cinque Terre, by boat and by foot. Then he ventures inland-into the Tuscany region-where he explores, photographs and paints the birthplace of the Italian Renaissance and the great center of art, the beautiful and historic city of Florence.	APTEX	(S)	(CC)	DVI	#106H
08:30:00	Paint This with Jerry Yarnell Biloxi Shrimpers, Part 4 In the final episode, Jerry begins adding the final details in the boat, blocking in and adding shape to the pelican, plus, he demonstrates how to make a correction to the design/composition of a painting by altering the length of the boat. He switches to the Dynasty brushes for the chiseled edge and to create the shrimpers nets on the boat. The final step in this painting is the demonstration of Jerry's technique for creating a weathered post with thick paint and then the development of wood grain.	NETA	(S)	(CC)	N/A	#1204H
09:00:00	Wyland's Art Studio Mermaid Many artists focus heavily on color combinations early in their careers. However, an important aspect of color theory is contrast -- or using the difference between colors for a heightened effect. Color can contrast in hue, value, and saturation. For example, contrast of hue is what relates most directly to color wheel combinations. The further away two colors are from each other, the higher the contrast. A special case of contrast of hue is the contrast between warm and cold colors. Contrast of value is the range of lightness versus darkness of certain colors. Occasionally, in oil painting, artists will paint entirely in shades of grey. This is the oil equivalent of a tonal drawing. A strong tonal drawing almost always leads to a strong painting. Artists such as Degas understood the effectiveness of color contrast. Wyland explores contrasting shades to create a vivid painting of a mermaid.	APTEX		(CC)	N/A	#510H
09:30:00	Classical Stretch: By Essentrics Full Body Flexibility Join Miranda Esmonde-White for this full-body flexibility workout in a peaceful garden to stretch all of your muscles and help you move comfortably in every direction.	APTEX	(S)	(CC)	DVI	#1104H
10:00:00	Sit and Be Fit Diabetes and Peripheral Neuropathy A large and small ball is used as a way to facilitate exercises to improve conditions such as diabetes and peripheral neuropathy.	NETA	(S)	(CC)	N/A	#1606H
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#208
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#238H
11:30:00	New Orleans Cooking with Kevin Belton Rice Favorites Traditional New Orleans Calas, jambalaya a la Big Easy, Creole rice custard pudding.	APTEX	(S)	(CC)	N/A	#103H
12:00:00	Ciao Italia Gubana and Colomba/Gubana E Colomba Pastry Master Chef Nick Malgieri joins Mary Ann nella cucina to reveal the secret of creating the perfect Gubana, a sweet, spiraled cross between bread and cake, filled with chocolate, raisins, and orange zest. Mary Ann makes Easter that much sweeter by preparing a classic, dove-shaped Colomba.	NETA	(S)	(CC)	N/A	#2407H
12:30:00	Mike Colameco's Real Food Battersby/Dover A couple of young talented chefs with great resumes wanted to do their own thing so they took over a narrow tiny bar space with a small open kitchen out back on Smith St, in Carroll Gardens Brooklyn and named it Battersby. A few years later they opened second larger spot a few blocks away called Dover. French inspired they are easily two of the best restaurants in all of Brooklyn.	NETA	(S)	(CC)	N/A	#1410H
13:00:00	Wild Photo Adventures Birds of Viera Wetlands Host and professional wildlife photographer Doug Gardner photographs a variety of birds at Viera Wetlands in Florida.	NETA	(S)	(CC)	DVI	#304H

Sun, Dec 18, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:30:00	Equitrekking Jordan: Petra, Royal Stables & Dead Sea	APTEX	(S)	(CC)	N/A	#503
	This episode highlights some of the best of classic Jordan, including Petra, Aqaba, Wadi Mujib and the Dead Sea. Darley begins with a visit to the magical city of Petra, where she and her local guide Ibrahim explore by camel, foot and horseback, riding in the lesser-visited suburb of Little Petra and passing through the siq to catch the Treasury, made famous in the film Indiana Jones and the Last Crusade, in the morning light. Darley learns about the local legends surrounding the Treasury and its contents, as she rides a camel by the Treasury. Next, Darley meets a longtime Petra resident, Marguerite van Geldermalsen. A New Zealander who fell in love with a Bedouin and lived in a cave in Petra for over 20 years, Marguerite shares her unique insight on Petra and Bedouin culture from the eyes of an outsider/ From Petra, Darley travels the Dead Sea Highway to the Dead Sea, where she floats in the mineral-rich waters at the lowest point on earth. Darley hikes Wadi Mujib, a huge water-filled canyon known to adventure travelers as an ultimate hike. Within Wadi Mujib, Darley is challenged to rappel down a waterfall, scale rocks and float through the canyon's corridors. Next, Darley heads to the desert, where she camps with local Bedouins and explores the stunning canyons, dunes and petroglyphs of Wadi Rum on Arabian horses. On a break from the desert, Darley travels to the Gulf of Aqaba, bordered by Jordan, Israel, Saudi Arabia and Egypt, to snorkel above Aqaba's colorful reef.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#236H
14:30:00	Travel with Kids Cancun Mexico & Whale Sharks	NETA	(S)	(CC)	N/A	#401H
	Get ready for an adventure of a lifetime, swimming with giant Whale Sharks! Head by boat off the coast of Cancun to experience the majestic Whale Shark migration. Learn Mayan history and culture at Ek Balam pyramids and rappel by rope deep into an underground cave called a Cenote. Try local foods, take a local ferry to the small island of Isla Mujeres to wander the small streets reminding travelers of what Cancun was like years ago. Visit the hotel zone and all the fun things to see and to on this Caribbean coast of Mexico.					
15:00:00	American Woodshop Antique Repair and Restoration Workshop	NETA	(S)	(CC)	N/A	#2310H
	A must-see show packed with ideas and products that make restoration of lost treasures easy to do.					
15:30:00	Rough Cut - Woodworking with Tommy Mac Second Floor Deck	APTEX	(S)	(CC)	N/A	#703H
	This week on Rough Cut Woodworking with Tommy Mac, they're working on the second floor of the shop. Joined by good friend Bob Ayer and his crew, Tommy has his work cut out for him- he'll need to straighten the walls before adding the entire second floor deck and lay out an opening to where his staircase will go. It'll be a lot of work, but with his friends the Rough Cut crew is willing to tackle it.					
16:00:00	Happy Yoga with Sarah Starr Majestic Golden Fields	NETA	(S)	(CC)	N/A	#102H
	Bask in the glory of the majestic golden wheat fields as we experience a modified yoga practice using a chair to improve posture and support movement in the whole body including balance and standing poses to open the hips and lengthen the hamstrings.					
16:30:00	Second Opinion Mystery Diagnosis IV	APTEX	(S)	(CC)	N/A	#1306H
	In any given year, nearly 21 million American adults are diagnosed with a mood disorder. Patient Brittany DiCapua shares her story of mental and physical symptoms that appeared suddenly and inexplicably in a very special "mystery diagnosis."					
17:00:00	Natural Health Breakthroughs with Brenda Watson Pets	EPS	(S)	(CC)	N/A	#110H
	A holistic approach to treating all kinds of pets - Joel Murphy, DVM: owner of Animal and Bird Medical Center in Palm Harbor, FL; he is widely recognized as an authority on non-traditional approaches to caring for companion animals. Study: probiotics were superior to antibiotics in treating dogs with IBD - Jan Suchodolski, DVM, PhD: Assoc. Director of the GI Lab at Texas A&M School of Veterinary Medicine; his study compared a common blend of probiotics to two standard drugs in treating inflammatory bowel disease in dogs - the probiotics won. Even so, most vets still resort to pharmaceuticals - here's why: - Audrey Cook, DVM: helps oversee the Small Animal Internal Medicine Dept. at A&M's veterinary medical clinic. A vet who's convinced probiotics make a difference in dogs with GI problems - Karen Becker, DVM: she describes herself as an integrative veterinarian who focuses on optimizing dogs' diets to prevent health problems from occurring. Personal story - Jango: a patient of Dr. Becker's, an Australian Shepherd experiencing chronic GI distress.					
17:30:00	Well Read Robert Moor, On Trails	APTEX	(S)	(CC)	N/A	#602H
	From a new literary voice, Robert Moor comes a groundbreaking exploration of how trails help us understand the world in his new book On Trails: An Exploration. From ants to elephants to hiking paths that span continents, Moor discusses how the wisdom of trails link together all species.					

Sun, Dec 18, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:00:00	California's Gold Fdr's Boat	KCET		(CC)	N/A	#15001Z
	Huell takes an inspirational voyage upon Franklin D. Roosevelt's Presidential Yacht, the U.S.S. Potomac. Now stationed at Jack London Square in Oakland, the ship is operated by a staff of volunteers and is now open for public tours.					
18:30:00	Travels with Darley Wales: Isle of Anglesey & The Coast	NETA	(S)	(CC)	N/A	#202H
	Join host Darley Newman to enjoy breathtaking coastal farms and beaches, heart pumping adventures on Europe's fastest zipline and a visit to a haunted castle. On Anglesey Island, where Prince William and Duchess Kate once lived, walk the Wales Coast Path and visit a town with one of the world's longest place names. Dive into local cuisine and Welsh products, making for a salty experience. Meet Gareth Wyn Jones, a sheep farmer who has become a celebrity from his social media and advocacy work, and learn about life on a Welsh farm in one of the most beautiful coastal locations on the planet.					
19:00:00	Wheelchair for Petronilla	NETA	(S)	(CC)	N/A	#0
	It's been estimated that at least twenty million people in developing countries need wheelchairs, but less than one percent have the ability to get them. Without wheelchairs, people with disabilities are often isolated in dirt huts or left to beg on the sides of roads, unable to maintain a viable existence. Yet, even for the small percentage of those with access to wheelchairs, most chairs imported from the U.S. and Europe do not hold up on rough terrain, dirt roads, or cobblestone streets. In A Wheelchair for Petronilla, award winning Producer Bob Gliner (Schools That Change Communities, Barefoot College, Lessons From the Real World) examines the challenges the disabled in developing countries face and the efforts of Transitions Foundation in Guatemala to build and provide wheelchairs suitable for Guatemala's habitat. Run almost entirely by people with disabilities, this non-profit organization not only employs the disabled themselves to design and build the wheelchairs, but in the process provides a model that can be emulated throughout the world.					
19:30:00	The Kamla Show Special Ken Florance, Vp of Content Delivery at Netflix	KAMLA	(S)	(CC)	N/A	#117H
	Meet Ken Florance, Vice-President of Content Delivery at Netflix. He sits down with Kamla in this one-on-one interview where they talk about Netflix and binge watching, his interest in music and Buddhism. Florance discovered the music of The Grateful Dead as a teenager and he ended up traveling around the country with his then girlfriend to Grateful Dead's concerts. He is also interested in Indian classical music and learnt to play the sitar from Ashwin Batish in Santa Cruz.					
20:00:00	Crane Candlelight Concert Brightest and Best	NETA	(S)	(CC)	N/A	#2015H
	The Crane Chorus and the Crane Symphony Orchestra come together to present a very special Holiday concert. Featuring over 300 carolers and musicians from the renowned Crane School of Music at the State University of New York at Potsdam, the concert includes traditional Christmas and seasonal hymns along with popular favorites. Conducted by Jeffrey Francom, Ching-Chun Lai, and Michael Sitton, this year features baritone Johnathan Stinson on Fantasia on Christmas Carols; the Crane West African Ensemble with Noel; a stunning rendition of Stars, using glasses of water as instruments; a moving adaptation of Carmen: Suite No. 2; Thou Gracious God with Michael Merdoch on bagpipes; and the title piece, Brightest and Best, a Southern Harmony hymn first published in 1835.					
21:00:00	Christmas with Wartburg	NETA	(S)	(CC)	N/A	#2015H
	As enchanting as fresh snowfall, the 68th annual Christmas with Wartburg concert celebrates the holiday season with a musical performance on the campus of Wartburg College in Waverly, Iowa. This program features the Wartburg Choir, Castle Singers, and Wind Ensemble as well as other Wartburg College choirs such as Ritterchor, St. Elizabeth Chorale, Kantorei and the Handbell Choir. Packed with talent and wrapped in warmth and tradition, the 2015 Christmas with Wartburg performance is a delightful way to enjoy the holiday season!					
22:00:00	Happy Holidays with the Boston Pops	APTEX	(S)	(CC)	N/A	#0H
	The one-hour music special HAPPY HOLIDAYS WITH THE BOSTON POPS showcases the best of the New England holiday season with the Boston Pops and Tanglewood Festival Chorus, under the direction of Keith Lockhart, performing beloved classics, including "Christmas Canticles" and "Hallelujah Chorus" from Handel's Messiah. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans' sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus.					
23:00:00	Christmas Carol: Theater of the Mind	NETA	(S)	(CC)	N/A	#0H
	Journey back to the beloved Charles Dickens' tale of Scrooge and the lessons learned by a lonely, forlorn old curmudgeon all presented with live sound effects like a classic radio-style drama the all-new "A Christmas Carol".					

Mon, Dec 19, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Wheelchair for Petronilla It's been estimated that at least twenty million people in developing countries need wheelchairs, but less than one percent have the ability to get them. Without wheelchairs, people with disabilities are often isolated in dirt huts or left to beg on the sides of roads, unable to maintain a viable existence. Yet, even for the small percentage of those with access to wheelchairs, most chairs imported from the U.S. and Europe do not hold up on rough terrain, dirt roads, or cobblestone streets. In A Wheelchair for Petronilla, award winning Producer Bob Gliner (Schools That Change Communities, Barefoot College, Lessons From the Real World) examines the challenges the disabled in developing countries face and the efforts of Transitions Foundation in Guatemala to build and provide wheelchairs suitable for Guatemala's habitat. Run almost entirely by people with disabilities, this non-profit organization not only employs the disabled themselves to design and build the wheelchairs, but in the process provides a model that can be emulated throughout the world.	NETA	(S)	(CC)	N/A	#0
00:30:00	The Kamla Show Special Ken Florance, Vp of Content Delivery at Netflix Meet Ken Florance, Vice-President of Content Delivery at Netflix. He sits down with Kamla in this one-on-interview where they talk about Netflix and binge watching, his interest in music and Buddhism. Florance discovered the music of The Grateful Dead as a teenager and he ended up traveling around the country with his then girlfriend to Grateful Dead's concerts. He is also interested in Indian classical music and learnt to play the sitar from Ashwin Batish in Santa Cruz.	KAMLA	(S)	(CC)	N/A	#117H
01:00:00	Crane Candlelight Concert Brightest and Best The Crane Chorus and the Crane Symphony Orchestra come together to present a very special Holiday concert. Featuring over 300 carolers and musicians from the renowned Crane School of Music at the State University of New York at Potsdam, the concert includes traditional Christmas and seasonal hymns along with popular favorites. Conducted by Jeffrey Francom, Ching-Chun Lai, and Michael Sitton, this year features baritone Johnathan Stinson on Fantasia on Christmas Carols; the Crane West African Ensemble with Noel; a stunning rendition of Stars, using glasses of water as instruments; a moving adaptation of Carmen: Suite No. 2; Thou Gracious God with Michael Merdoch on bagpipes; and the title piece, Brightest and Best, a Southern Harmony hymn first published in 1835.	NETA	(S)	(CC)	N/A	#2015H
02:00:00	Christmas with Wartburg As enchanting as fresh snowfall, the 68th annual Christmas with Wartburg concert celebrates the holiday season with a musical performance on the campus of Wartburg College in Waverly, Iowa. This program features the Wartburg Choir, Castle Singers, and Wind Ensemble as well as other Wartburg College choirs such as Ritterchor, St. Elizabeth Chorale, Kantorei and the Handbell Choir. Packed with talent and wrapped in warmth and tradition, the 2015 Christmas with Wartburg performance is a delightful way to enjoy the holiday season!	NETA	(S)	(CC)	N/A	#2015H
03:00:00	Happy Holidays with the Boston Pops The one-hour music special HAPPY HOLIDAYS WITH THE BOSTON POPS showcases the best of the New England holiday season with the Boston Pops and Tanglewood Festival Chorus, under the direction of Keith Lockhart, performing beloved classics, including "Christmas Canticles" and "Hallelujah Chorus" from Handel's Messiah. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans' sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Christmas Carol: Theater of the Mind Journey back to the beloved Charles Dickens' tale of Scrooge and the lessons learned by a lonely, forlorn old curmudgeon all presented with live sound effects like a classic radio-style drama the all-new "A Christmas Carol".	NETA	(S)	(CC)	N/A	#0H
05:00:00	American Forum Was 2016 A Truly Pivotal Election In American History? Historian MARGARET O'MARA on what makes some elections deeply historic.	NETA	(S)	(CC)	N/A	#211H
05:30:00	Innerviews with Ernie Manouse Mary Wilson Supremes founding member Mary Wilson shares stories of her time in the Iconic Motown chart topping group; along with her personal stories of life, activism and her unique view of racism in America.	NETA	(S)	(CC)	N/A	#1309H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1995

Daily Program Listing II

43.1

Date: 10/30/2016

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Peep and the Big Wide World Stormy Weather/Peep In Rabbitland/Pocoyo - Baby Bird Brother Peep's first encounter with thunder and lightning makes for a wet and tumultuous day. After falling into a rabbit hole and meeting three fuzzy bunnies, Peep decides to try life underground. Then, Baby Bird is in awe of Pocoyo as he plays skillfully with a bouncy ball.	APTEX	(S)	(CC)	N/A	#209
08:30:00	Thomas Edison's Secret Lab Slime Time/It's Always Sharkest Slime: When JD uses Angie's 'oil slick dissolver' formula for a slime fight, a wrong ingredient creates a gelatinous Blob monster that threatens to devour the city. Sharkest: While visiting one of Kent's relatives, the kids come up with a great idea for attracting more tourists to his restaurant - the only catch is that it also attracts a very big shark with very big teeth!	APTEX	(S)	(CC)	N/A	#109H
09:00:00	Functional Fitness with Suzanne Andrews Brain Aerobics	ACCES		(CC)	N/A	#113H
09:30:00	Classical Stretch: By Essentrics Waist Toning In this episode of Classical Stretch, join Miranda Esmonde-White at the chapel terrace for an all-barre, waist toning workout aimed at strengthening your abs and slenderizing your core.	APTEX	(S)	(CC)	DVI	#1105H
10:00:00	Sit and Be Fit Full Body Workout Mary Ann uses a towel to assist with neck alignment and a band for strengthening shoulders and upper back. There is a focus on core and a special tip to help balance.	NETA	(S)	(CC)	N/A	#1607H
10:30:00	Sewing with Nancy Nancy's Favorite Handbag Sewing Techniques, Part 1 Create fashion forward handbags by making easy changes to your bag pattern. Learn easy functional handbag changes, add ribbon inspiration accents, create a recessed zipper closure or clutch handles, and more. Nancy's favorite handbag techniques make personalized bags with designer appeal.	NETA	(S)	(CC)	N/A	#2901H
11:00:00	Knit and Crochet Now! Stylish Cardigans The knit Alabaster Cardigan by Cheryl Beckerich will be demonstrated by Kristin, and Ellen demonstrates the steps of the crochet Uptown Chic by Laura Gebhardt. Lastly, Lena presents the "how-tos" to make the crochet Star Stitch Long Cowl.	APTEX	(S)	(CC)	DVI	#612H
11:30:00	Fons & Porter's Love of Quilting Terrific Table Topper Mary Fons and her guest Patrick Lose will step you through the basics of preparing fabrics for applique and how best to finish the outer edge.	NETA	(S)	(CC)	N/A	#2510H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6106H
13:00:00	America's Test Kitchen from Cook's Illustrated French Pork Chops and Bisque Host Christopher Kimball goes into the test kitchen with test cook Bridget Lancaster to learn how to make the best French-style pork chops with apples and calvados. Next, tasting expert Jack Bishop challenges Chris to a tasting of brie. Then, Chris answers cooking questions in Letters to the Editor. Finally, test cook Julia Collin Davison reveals the secrets to making the ultimate mushroom bisque.	APTEX	(S)	(CC)	N/A	#1617H
13:30:00	Pati's Mexican Table Cancun: We Meet Again When most people think of the Yucatan Peninsula, they think of Cancun. A vacationer's paradise with the most beautiful turquoise waters and white sand beaches, hotels with every amenity possible and food from around the world. Pati explores this young city of only 30 years, tasting some of the most inventive dishes at Crab House, like their Alaskan wontons. She also experiences the fusion of traditional Mexican cuisine with an international twist, like tuna tartar Kibi and cold pork belly salad at Casa de Cristian Morales.	APTEX	(S)	(CC)	N/A	#510H

Mon, Dec 19, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Lucky Chow Koreatown U.S.A	APTEX	(S)	(CC)	N/A	#102H
	This episode visits New York and Los Angeles - home to the two largest Korean populations in the United States - to explore what distinguishes each. Both are 24-hour hubs of food and drinking culture. However, New York City's Koreatown covers just one block, whereas Los Angeles' Koreatown seems like a city unto itself. At dinner with Lisa Ling and her husband Paul Song, chef Sang Yoon breaks down the basics of Korean cooking. Back in New York, at Saveur Magazine's test kitchen, Top Chef winner Kristen Kish, a Seoul-born Korean adoptee, receives her first-ever Korean cooking lesson, a kimchi tutorial, from Korean homemaker and YouTube sensation, Maangchi. The episode ends with a night out at Pocha 32, an export of Korea's popular "tent" restaurants.					
14:30:00	Steven Raichlen's Project Smoke The Big Smoke	APTEX	(S)	(CC)	N/A	#212H
	Good things come in small packages? Maybe for jewelry, but not when it comes to barbecue. This show is all about thinking big and smoking big - with brined monster-thick smoked pork chops; wood-roasted Cape Town lamb; and spectacular smoked whole suckling pig. Our grand finale? Chocolate bread pudding hot off the smoker. Because sometimes bigger really is better. Triple-thick pork chops; Cape Town lamb; Smoked chocolate bread pudding; Smoked suckling pig, vinegar slaw, and vinegar sauce.					
15:00:00	Beads, Baubles and Jewels Connecting The Elements	NETA	(S)	(CC)	N/A	#2412H
	Bend and shape your style with wire. Author and designer Brenda Schweder uses a jig to wrangle wire into repeating shapes to create a cool necklace. In Katie's Beading Lesson, Candie Cooper uses sea glass and cool findings to create a hip bolo necklace. Teens and tweens will love mixing leather cord with chains for extra style.					
15:30:00	Make It Artsy Color	NETA	(S)	(CC)	N/A	#106H
	Color adds impact to your designs. Host Julie Fei Fan Balzer adds color to dark backgrounds. Color explodes from collaged bags from crafty chica Kathy Cano-Murillo. Designer Mou Saha transforms a coloring book page into a watercolor painting. In the tip, mixed media artist Dina Wakley pours onto her journal pages.					
16:00:00	Biz Kid\$ Secrets to Success	APTEX	(S)	(CC)	DVI	#210H
	The secret to success is actually simple - it's all about staying in school and building the best toolbox for your future. Learn about the many ways to pay for your education and the importance of learning every day of your life.					
16:30:00	Hands On Crafts for Kids Creatures	NETA	(S)	(CC)	DVI	#1810H
	With some paper and a little creativity, we'll make a silly, slithery creature. Candie Cooper recreates impressionist art and Katie Hacker makes glittery slime. Jenny Barnett-Rohrs makes creepy eyeballs and silly spiders for Halloween fun from blogger Morena Hockley.					
17:00:00	P. Allen Smith's Garden Home Garden Fun with Kids	APTEX	(S)	(CC)	DVI	#1207H
	P. Allen Smith brings kids in the garden for some fun! They learn how to make flowers turn a different color, make mosaics with rocks and homemade salt dough, and assemble a birdbath for the garden. Allen takes us to the Children's Garden at the Garfield Park Conservatory in Chicago, and the turn-of-the-century Children's Farmstead in Kansas City, Kansas. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Oh, Deer! Dealing with Garden Pests (Athens, Ga; Mount Airy, Nc)	APTEX	(S)	(CC)	N/A	#607H
	Trying to live in harmony with nature can test anyone's patience, especially when uninvited critters and pests use our gardens and landscapes as one giant dinner buffet. In this important episode, we explore a low-cost and simple (but highly effective) deer barrier that absolutely anyone can make. But deer aren't the only nuisance; we explore natural, safe, and humane ways to repel other common furry garden and landscape pests for good, too.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13252
18:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#112H
	AAL features a special edition on best-selling Asian American authors and how they've changed the literary landscape. Ernael Demillo hosts the show from Kinokunya, the nation's largest Asian and Asian-American book store chain in the U.S. Authors profiled in this episode include: Mia Alvar, Pen Award winner of "In The Country," New York Times Best-selling author Janice Y.K. Lee of "The Expatriates." Mystery Author Laura Joh Rowland of "The Iris Fan," and Yena Kim, author of the popular "Menswear Dog Presents The New Classics: Fresh Looks For the Modern Man."					

Daily Program Listing II
43.1

Date: 10/30/2016

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Mon, Dec 19, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7187
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1250H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#407H
	This special show salutes Nashville roots rocker Tommy Womack. His own band Daddy opens up. Quirky country/boogie artist Webb Wilder follows. Country punk icons Jason and the Scorchers bring it home.					
21:00:00	Live from the Artists Den Sturgill Simpson	APTEX	(S)	(CC)	N/A	#1103H
	The Broad Street Ballroom, an architectural landmark in New York's Wall Street district, provided the perfect backdrop for a riveting performance by musical visionary Sturgill Simpson. A massive mural depicting the history of seafaring wraps around the entire room, echoing the central concept of Simpson's acclaimed new album A Sailor's Guide to Earth, which he played in full for an ecstatic crowd of 400 winners and invited guests. Backed by a powerful horn section, Sturgill reconfigured the arrangements for songs from his breakthrough album, Metamodern Sounds in Country Music, and even delivered an emotional version of the soul classic "You Don't Miss Your Water" to round out an unforgettable night.					
22:00:00	El Taller	NETA		(CC)	N/A	#0H
	Proyecto Teatro aims to make the arts accessible to the entire community, regardless of income levels, and to reduce social and cultural differences of society. For actor and director Alejandro Pedemonte creating a space that leads to human development through the arts was his main goal when he created Talleres Infantiles, a year round Spanish language art program for mostly low income students. We follow a group of students and volunteers for a year as they work together to improve their community while maintaining their culture alive. An Arts in Context special.					
23:00:00	Red Power Energy	APTEX	(S)	(CC)	N/A	#0H
	From a historically passive role in mineral extraction that frequently left their resource-rich reservations either leased out for pennies on the dollar or contaminated by environmental degradation and Federal mismanagement, Native people are in the midst of an extraordinary resurgence. They are challenging long-held stereotypes, fighting for the sovereign right to control their lands and develop their natural and mineral resources - however they choose. RED POWER ENERGY is a provocative film told from the American Indian perspective that reframes today's complex energy debate. Can energy development on tribal lands empower a people while powering the nation? And what impact will it have on their culture, economy and the environment? These Native-told energy stories offer a rare insight into the ideological battle shaping modern Indian country and further advances a deeper understanding of American Indian culture, which is too often under-reported, misunderstood or overlooked.					

Tue, Dec 20, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7187
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1250H
01:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#407H
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03:00:00	El Taller	NETA		(CC)	N/A	#0H
	Proyecto Teatro aims to make the arts accessible to the entire community, regardless of income levels, and to reduce social and cultural differences of society. For actor and director Alejandro Pedemonte creating a space that leads to human development through the arts was his main goal when he created Talleres Infantiles, a year round Spanish language art program for mostly low income students. We follow a group of students and volunteers for a year as they work together to improve their community while maintaining their culture alive. An Arts in Context special.					
04:00:00	Red Power Energy	APTEX	(S)	(CC)	N/A	#0H
	From a historically passive role in mineral extraction that frequently left their resource-rich reservations either leased out for pennies on the dollar or contaminated by environmental degradation and Federal mismanagement, Native people are in the midst of an extraordinary resurgence. They are challenging long-held stereotypes, fighting for the sovereign right to control their lands and develop their natural and mineral resources - however they choose. RED POWER ENERGY is a provocative film told from the American Indian perspective that reframes today's complex energy debate. Can energy development on tribal lands empower a people while powering the nation? And what impact will it have on their culture, economy and the environment? These Native-told energy stories offer a rare insight into the ideological battle shaping modern Indian country and further advances a deeper understanding of American Indian culture, which is too often under-reported, misunderstood or overlooked.					
05:00:00	American Forum Is The Left Silencing Free Speech?	NETA	(S)	(CC)	N/A	#212H
	Wall Street Journal columnist KIMBERLEY STRASSEL arguing that the left is trying to intimidate the political right.					
05:30:00	Innerviews with Ernie Manouse Wes Anderson	NETA	(S)	(CC)	N/A	#1310H
	Ernie talks with Oscar and Golden Globe darling, director and screen writer, Wes Anderson about how he creates the worlds his characters inhabit in such films as "The Royal Tenenbaums," "Moonrise Kingdom," & "The Grand Budapest Hotel."					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1996
08:00:00	Peep and the Big Wide World Quack's Stuck Stick/Peep's Can/Pocoyo - Runaway Hat	APTEX	(S)	(CC)	N/A	#210
	Peep discovers a beaver dam and a young, toothy beaver, while Quack, alas, loses his favorite stick. Peep searches for a house he can call...home. Then, it's a windy day and Pato's hat gets blown away. Pato doesn't like the way he looks without his hat and he's afraid his friends will laugh at him so he hides and won't play.					
08:30:00	Thomas Edison's Secret Lab Dunkin' Zombie	APTEX	(S)	(CC)	N/A	#110H
	When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.					
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 1	ACCES		(CC)	N/A	#114H

Tue, Dec 20, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Knee Strengthening Join Miranda Esmonde-White outside this majestic Chapel at the Colonial resort for a standing and barre workout to strengthen your knees and prevent knee pain.	APTEX	(S)	(CC)	DVI	#1106H
10:00:00	Sit and Be Fit Brain and Balance This episode includes unusual exercises for brain stimulation and help with balance.	NETA	(S)	(CC)	N/A	#1608H
10:30:00	Sewing with Nancy Nancy's Favorite Handbag Sewing Techniques, Part Learn Nancy's secrets for making a designer handbag with panache. Add grommets and piping to a cinched tote, embroider monograms on faux leather, or create a continuous strap to hold a yoga mat or baby blanket. Nancy's easy handbag techniques can be adapted for your favorite bag pattern.	NETA	(S)	(CC)	N/A	#2902H
11:00:00	Knit and Crochet Now! Headbands The Thai Garden Headband by Jenny King is a real head turner, and she shows us how to make it. Drew shows how to make a Loom-Knit Meadow Moss Headband by Brenda Myers. Next up is Lena with two cowls: The Big Cable Knit Cowl and The Big Cable Crochet Cowl.	APTEX	(S)	(CC)	DVI	#613H
11:30:00	Fons & Porter's Love of Quilting Thread Embellished Coasters Unique gifts and one-of-a-kind creations will inspire you to try your hand at thread embellishment.	NETA	(S)	(CC)	N/A	#2511H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6107H
13:00:00	Hubert Keller: Secrets of a Chef Pool Party Feast Chef Keller demonstrates pool party favorites, starting with a refreshing melon gazpacho served with a duck prosciutto bruschetta. Then he makes his signature buffalo sliders with brie cheese. He shows step-by-step how to build the perfect charcuterie board with an assortment of sausages, pates, salami, and just the right accompaniments. Melon Gazpacho with Duck Prosciutto Bruschetta, Buffalo Sliders with Brie & Arugula, & Charcuterie Platter.	NETA	(S)	(CC)	N/A	#512H
13:30:00	Sara's Weeknight Meals Louisiana Style It's Mardi Gras any time of the year with Sara's easy duck creole. And, because Louisiana's iconic cuisine is one of America's favorites, we journey to the bayou to catch some crawfish for a traditional boil with rice and plenty of spice.	APTEX	(S)	(CC)	N/A	#516H
14:00:00	Taste of History Pittsburgh: from Frontier to Fortune Chef Walter Staib highlights the cuisine and history of Pittsburgh and one of its grandest landmarks: The William Penn Hotel. Marvel at the transformation of Pittsburgh from the French and Indian War to the opulence of the industrialists who dined on Chateaubriand.	NETA	(S)	(CC)	N/A	#712H
14:30:00	George Hirsch Lifestyle Layering with Seasoning George plans the perfect outdoor cookout, complete with flavor-packed tasting plates, grilled steak and spice-rubbed salmon, and a decadent chocolate mousse. George visits Captain Pete who shares tips on making the perfect smoked salmon. Recipes: - Sliced Steak, Garlic Butter Sauce - Grilled Asparagus - Spice Rubbed Planked Salmon - Roasted Fingerling Potatoes - Chocolate Mousse.	APTEX	(S)	(CC)	N/A	#107H
15:00:00	Beads, Baubles and Jewels The Shape's The Thing Shape makes the style statement. Designer syndee holt builds style from the bottom up as she creates no-show bezels for polymer clay jewelry. Then, she uses clay to make a seamless custom bail. In her Beading Lesson, Katie Hacker combines suede, chain and beads for a trendy new look.	NETA	(S)	(CC)	N/A	#2413H
15:30:00	Make It Artsy Industrial Look toward the gritty, industrial world for inspiration. Using industrial materials, Joe Rotella creates an artsy tray. Illustrator Jenn Mason designs contemporary earrings, then hardens them with heat. Joe Rotella revs up his micro lathe to carve a keepsake pen. Finally, take a road trip to the Columbus Idea Foundry, a center for the growing Maker Movement.	NETA	(S)	(CC)	N/A	#107H

Daily Program Listing II

43.1

Date: 10/30/2016

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Tue, Dec 20, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ The Marketing Mix	APTEX	(S)	(CC)	DVI	#211H
	Now that you've decided on your business product or service, how will you promote it? Let the Biz Kids help you understand your target market and learn about the four P's of business success: product, price, promotion, and placement. Learn how "Exclusive Cuts" barber services, "Wow, Take a Bow" dog grooming, and other businesses market their services and products.					
16:30:00	Hands On Crafts for Kids Music	NETA	(S)	(CC)	DVI	#1811H
	Music inspires creativity and adds to the fun. To keep the beat, Jenny Barnett-Rohrs makes a drum. Katie Hacker makes a jingly bell bracelet and Franz Spohn illustrates great musical works. Jenny has a wonderful gift idea for a sports fan from blogger Morena Hockley.					
17:00:00	P. Allen Smith's Garden Home Nature for the Soul	APTEX	(S)	(CC)	DVI	#1208H
	P. Allen Smith visits The Bell Garden Community Garden in St. Louis, Missouri, where a unique garden therapy program has made a difference in people's lives. Plus, Allen takes a bike ride to explore the beautiful colors of the autumn, and we visit the water garden at Powell Gardens in Kansas City, Missouri. Children from the Access School Kids program are welcomed to pick daffodils at Moss Mountain Farm, and Allen connects with the Adopt a Cat Program at the local Humane Society. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World The Business of Urban Backyard Food Gardens (Seattle, Wa; Brooklyn, Ny)	APTEX	(S)	(CC)	N/A	#608H
	Eating local and seasonal is more than just a foodie trend. Some people have the time and land to grow their own food. Some have the expertise to do it. But few have both. These challenges have given birth to a new cottage industry that creates win-win partnerships and reaches far beyond the garden plots themselves. We meet some young urban professionals who have started successful businesses that reap the rewards of these symbiotic relationships.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13253
18:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1250H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7188
19:30:00	Americas Now Brazil - Syrian Refugees Venezuela	NETA	(S)	(CC)	N/A	#103H
	Brazil - Syrian Refugees Venezuela (Gerry Hadden) - As European countries squabble over how many refugees from the Syrian war to take in, an unlikely and far-away country has already opened its doors: Brazil. "The Giant of the South" has taken in over 2000 Syrians, and has plans for 20-thousand more this year. The country is fast-tracking their visas, making it an easy and safe destination. However, many Syrian refugees know very little of Brazil. Mexico - game Changer Bico Yubo (Lisa Hagen) - Violence has forced "many" in parts of Mexico -- to limit their time outdoors and stay at home. In the southern city of Juchitan...motorcycle taxis are the main means of transportation. They're also used as a tool in committing crimes...like assaults and robberies. But a group of young, indigenous artists...is using the vehicle to carry culture to remote communities. It's the first of its kind in Latin America...a taxi filled with library books, movies and music for people who don't have access to those resources. Meet this week's Game Changer Rodrigo Vasquez.					
20:00:00	Sun Studio Sessions Reverend Horton Heat	NETA	(S)	(CC)	N/A	#602H
	Reverend Horton Heat is an iconic rockabilly stalwart, internationally touring act who have performed on national television as guests of both David Letterman and Conan O'Brien. In this episode the band delivers high energy performances of several songs, including "Bad Reputation" and "Big Red Rocket."					
20:30:00	Jammin at Hippie Jack's Sweetback Sisters	NETA	(S)	(CC)	N/A	#1009H
	The Sweetback Sisters may not be blood relations, but their family-style harmonies recall the best of country music from the Everlys to the Judds, as well as the spirited rockabilly energy of Wanda Jackson. The rollicking country swing of the Sweetback Sisters is as infectious as it is heartbreaking.					
21:00:00	Xerox Rochester International Jazz Festival Benny Green Trio	APTEX	(S)	(CC)	N/A	#701H
	Benny Green possesses the history of jazz at his fingertips. Combine mastery of keyboard technique with decades of real world experience playing with no one less than the most celebrated artists of the last half century, and it's no wonder Green has been hailed as perhaps the most exciting hard-swinging, hard-bop pianist to ever emerge from Art Blakey's Jazz Messengers.					

Daily Program Listing II

43.1

Date: 10/30/2016

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Tue, Dec 20, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Black Ballerina	APTEX	(S)	(CC)	N/A	#0H
<p>BLACK BALLERINA is a story of passion, opportunity, heartbreak and triumph of the human spirit. Set in the over-whelmingly white world of classical dance, it tells the stories of several black women from different generations who fell in love with ballet. Sixty years ago, while pursuing their dreams of careers in classical dance, Joan Myers Brown, Delores Browne and Raven Wilkinson (the Ballet Russe de Monte Carlo's first black ballerina) confronted racism, exclusion and unequal opportunity in segregated mid-century America. In 2015, three young black women also pursue careers as ballerinas, and find that many of the same obstacles their predecessors faced are still evident in the ballet world today. Through interviews with current and former ballet dancers along with engaging archival photos and film, the one-hour documentary uses the ethereal world of ballet to engage viewers on a subject that reaches far outside the art world and compels viewers to think about larger issues of exclusion, equal opportunity and change.</p>						
23:00:00	Slow Way Home	NETA	(S)	(CC)	N/A	#0H
<p>The way children travel to school structures daily life for families around the world-but the means differs dramatically. In Japan 98 percent of children walk to school every day, unaccompanied by a parent. In the United States just 13 percent of children walk or bike to school, and most are driven to school by a parent. The Slow Way Home explores this divergence, examining how American families have largely given up on keeping our streets and public spaces safe enough for children, while Japanese communities have mobilized to keep their streets safe and walkable, not only for children but for everyone in society. Seen through both a historical and contemporary framing, The Slow Way Home is an uplifting examination of differences in culture that provides both insight into a distressing trend in American society and simultaneously offers hope for change.</p>						

Wed, Dec 21, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7188
00:30:00	Americas Now Brazil - Syrian Refugees Venezuela Brazil - Syrian Refugees Venezuela (Gerry Hadden) - As European countries squabble over how many refugees from the Syrian war to take in, an unlikely and far-away country has already opened its doors: Brazil. "The Giant of the South" has taken in over 2000 Syrians, and has plans for 20-thousand more this year. The country is fast-tracking their visas, making it an easy and safe destination. However, many Syrian refugees know very little of Brazil. Mexico - game Changer Bico Yubo (Lisa Hagen) - Violence has forced "many" in parts of Mexico -- to limit their time outdoors and stay at home. In the southern city of Juchitan...motorcycle taxis are the main means of transportation. They're also used as a tool in committing crimes...like assaults and robberies. But a group of young, indigenous artists...is using the vehicle to carry culture to remote communities. It's the first of its kind in Latin America...a taxi filled with library books, movies and music for people who don't have access to those resources. Meet this week's Game Changer Rodrigo Vasquez.	NETA	(S)	(CC)	N/A	#103H
01:00:00	Sun Studio Sessions Reverend Horton Heat Reverend Horton Heat is an iconic rockabilly stalwart, internationally touring act who have performed on national television as guests of both David Letterman and Conan O'Brien. In this episode the band delivers high energy performances of several songs, including "Bad Reputation" and "Big Red Rocket."	NETA	(S)	(CC)	N/A	#602H
01:30:00	Jammin at Hippie Jack's Sweetback Sisters The Sweetback Sisters may not be blood relations, but their family-style harmonies recall the best of country music from the Everlys to the Judds, as well as the spirited rockabilly energy of Wanda Jackson. The rollicking country swing of the Sweetback Sisters is as infectious as it is heartbreaking.	NETA	(S)	(CC)	N/A	#1009H
02:00:00	Xerox Rochester International Jazz Festival Benny Green Trio Benny Green possesses the history of jazz at his fingertips. Combine mastery of keyboard technique with decades of real world experience playing with no one less than the most celebrated artists of the last half century, and it's no wonder Green has been hailed as perhaps the most exciting hard-swinging, hard-bop pianist to ever emerge from Art Blakey's Jazz Messengers.	APTEX	(S)	(CC)	N/A	#701H
03:00:00	Black Ballerina BLACK BALLERINA is a story of passion, opportunity, heartbreak and triumph of the human spirit. Set in the over-whelmingly white world of classical dance, it tells the stories of several black women from different generations who fell in love with ballet. Sixty years ago, while pursuing their dreams of careers in classical dance, Joan Myers Brown, Delores Browne and Raven Wilkinson (the Ballet Russe de Monte Carlo's first black ballerina) confronted racism, exclusion and unequal opportunity in segregated mid-century America. In 2015, three young black women also pursue careers as ballerinas, and find that many of the same obstacles their predecessors faced are still evident in the ballet world today. Through interviews with current and former ballet dancers along with engaging archival photos and film, the one-hour documentary uses the ethereal world of ballet to engage viewers on a subject that reaches far outside the art world and compels viewers to think about larger issues of exclusion, equal opportunity and change.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Slow Way Home The way children travel to school structures daily life for families around the world-but the means differs dramatically. In Japan 98 percent of children walk to school every day, unaccompanied by a parent. In the United States just 13 percent of children walk or bike to school, and most are driven to school by a parent. The Slow Way Home explores this divergence, examining how American families have largely given up on keeping our streets and public spaces safe enough for children, while Japanese communities have mobilized to keep their streets safe and walkable, not only for children but for everyone in society. Seen through both a historical and contemporary framing, The Slow Way Home is an uplifting examination of differences in culture that provides both insight into a distressing trend in American society and simultaneously offers hope for change.	NETA	(S)	(CC)	N/A	#0H
05:00:00	American Forum Is There A War On Cops? Doug Blackmon interviews HEATHER MAC DONALD, author of controversial book challenges Black Lives Matter and argues society is attacking the police.	NETA	(S)	(CC)	N/A	#213H
05:30:00	Innerviews with Ernie Manouse Laurie Anderson Performance Artist Laurie Anderson, best known for her 1980's chart topping song "O Superman," shares her views on what is art, how she found her voice, and the pressures of success.	NETA	(S)	(CC)	N/A	#1311H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1997

Wed, Dec 21, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Peep and the Big Wide World Under Duck/All Fall Down/ Pocoyo - The Seed	APTEX	(S)	(CC)	N/A	#211
	Quack discovers there's more to his pond than meets the eye. (Namely, fish.) Spooked by falling leaves, Squeak the mouse warns Peep that the entire sky will soon be tumbling down. Then, Pocoyo finds a seed. He can't wait for it to grow. He guards it lovingly but can't prevent his friends from taking an interest in the seed too.					
08:30:00	Thomas Edison's Secret Lab A Monster of a Mystery	APTEX	(S)	(CC)	N/A	#111H
	When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.					
09:00:00	Functional Fitness with Suzanne Andrews Walk Your Way to a Healthy Heart 2	ACCES		(CC)	N/A	#115H
09:30:00	Classical Stretch: By Essentrics Spine Mobility	APTEX	(S)	(CC)	DVI	#1107H
	Today on Classical Stretch, join Miranda Esmonde-White for an all-standing workout at the Saasil Kantenah Wedding resort that will improve the mobility of your spine and keep you standing tall all-day long.					
10:00:00	Sit and Be Fit Upbeat and Fun	NETA	(S)	(CC)	N/A	#1609H
	This energetic full body workout has a lot stomping and good hip movement for anyone confined to a wheelchair or chair.					
10:30:00	Sewing with Nancy Quick Stitch to Wear Again, Part 1	NETA	(S)	(CC)	N/A	#2903H
	Nancy highlights a simple, yet unconventional, approach to clothing repairs. Learn the Fool'em Jeans Hem, the No-Bump Jeans Hem, a Snug-Up the Waist Fix, and a Cover-up Zipper Fix. You'll be surprised at these easy methods to do your own clothing repairs quickly.					
11:00:00	Knit and Crochet Now! Versatile Shawls	APTEX	(S)	(CC)	DVI	#701H
	We are pleased to have new host Deborah Norville join us and this week it's all about shawls. Once upon a time shawls were mostly for warmth, but today they are very much a fashion item. Joining Deborah are Kristin Nicholas, who shows us how to knit up the lovely lace Rafael Shawl, and Ellen Gormley demonstrating the unique Star Zag Shawl. Ellen also joins us in the "Stitch of the Week" corner, giving tips and tricks on how to crochet the Solomon's Knot.					
11:30:00	Fons & Porter's Love of Quilting Moonlight Bay	NETA	(S)	(CC)	N/A	#2512H
	This quilt features a two-block design that creates a rippling movement similar to the moonlight reflected on the surface of water.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6108H
13:00:00	Lidia's Kitchen Polenta	APTEX	(S)	(CC)	N/A	#303H
	Lidia prepares a large pot of bubbling polenta, a dish that she grew up with and loved. From that polenta, she'll bake crostini with mixed mushrooms and cheese which is a perfect starter to any meal. Her granddaughter, Julia, joins her in the kitchen to help assemble and of course, taste! She'll then prepare a hearty polenta dish with bacon and broccoli, a perfect combination. Finally, she'll make sweet skillet sausage with mixed grapes.					
13:30:00	Taste The Islands with Chef Irie A Little of This	APTEX	(S)	(CC)	N/A	#103H
	Chef Irie draws inspiration from Trinidad and Jamaica with Plantain chips and dip, Pan Grilled Jerk Pork Medallions, Sweet Mango Chutney and an Herb Apple Salad. Chef's interaction with Trinidadian Olympic athlete and Sports Analyst Ato Boldon is concluded with a lesson in making an interpreted Trini Bake and Shark.					
14:00:00	Simply Ming Gunnar Hvarnes	APTEX	(S)	(CC)	N/A	#1411H
	Ming takes off for Norway to explore its rich culture, beautiful landscape - and their fresh-from-the-sea fish dishes. Meeting up with chef Gunnar Hvarnes, the two men toast martini's before getting down to business - creating two delicious Cod dishes.					

Wed, Dec 21, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Cook's Country Sweet Indulgences Test cook Julia Collin Davison shows host Christopher Kimball how to make milk chocolate cheesecake at home. Next, test cook Ashley Moore reveals the steps for perfect chocolate truffles. Then, equipment expert Adam Ried reveals his top picks for cake stands. And finally, test cook Bridget Lancaster uncovers the secrets to the ultimate Swiss hazelnut cake.	APTEX	(S)	(CC)	N/A	#903H
15:00:00	Beads, Baubles and Jewels Mixing Simple Metal Smithing with Stringing Designer and author Candie Cooper has a unique lesson on coordinating your jewelry pieces. She creates simple layered earrings and then a knotted necklace. She also shares a tool tip for using a hammer and anvil. Katie's Beading Lesson is about coiled bead bracelets to suit any style.	NETA	(S)	(CC)	N/A	#2001H
15:30:00	Make It Artsy Paper A blank piece of paper challenges every maker. Illustrator Roxanne Coble balances humor and emotional themes in abstract mini-canvases. Lettering artist Janet Takahashi showcases calligraphy with decorative borders. Joe Rotella uses the today's design and cutting technology to create a mosaic box top. In the tip, Dina Wakley creates tags with paint and stamps.	NETA	(S)	(CC)	N/A	#108H
16:00:00	Biz Kid\$ Hidden Careers You don't have to be perfect at your passion to build a career in it. If you love baseball, but don't have the skills of a super athlete, you will see there are many different roles you can play behind the scenes. Learn about "behind the scenes" careers in sports, music, entertainment, art, and even aviation.	APTEX	(S)	(CC)	DVI	#212H
16:30:00	Hands On Crafts for Kids Me! Let's turn toward ourselves for creative ideas. When she makes a lighted mirror, Jenny Barnett-Rohrs makes you a star. Katie Hacker makes personal paper dolls and Franz Spohn draws a 3D self-portrait. Jenny celebrates Thanksgiving with Pilgrim-style table decorations.	NETA	(S)	(CC)	DVI	#1812H
17:00:00	P. Allen Smith's Garden Home Garden & Home Alternatives P. Allen Smith shares tips on do-it-yourself projects at home and in the garden using broken terra cotta saucers, how to turn bulbs into party favors for guests, and using recycled Christmas lights and home fixtures to light a garden path. Allen showcases plants that make great screens for unwanted views and excellent ground covers at Moss Mountain, makes a trip to a special eco garden in Kansas City, Missouri, and shares the latest progress on the Garden Home Challenge.	APTEX	(S)	(CC)	DVI	#1209H
17:30:00	Growing A Greener World Rooftop Farming In Nyc (New York City, Ny) Amidst the hustle and bustle, few would guess that sitting high above rush hour traffic are full-production organic farms growing food in only eight to twelve inches of soil on the rooftops of New York City buildings. We visit two such one-acre farms to learn how they are creating a whole new model for locally-grown urban food. But their sky-high gardening techniques aren't exclusive to the Big Apple; they share secrets for duplicating their results anywhere in the world.	APTEX	(S)	(CC)	N/A	#609H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13254
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#420H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7189
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#348
20:00:00	New Tanglewood Tales: Backstage with Rising Artists New Tanglewood Tales: Backstage with Rising Artists features rehearsal, performance and some backstage fun. Conor McDonald (baritone) is a featured guest on a radio program; Clare Monfredo (cellist) rehearses and performs at String Quartet Marathon; Jeff DeRoche gives a tour of the percussion section and conductor Karina Canellakis is presented for the first time.	APTEX	(S)	(CC)	N/A	#102H

Daily Program Listing II

43.1

Date: 10/30/2016

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Wed, Dec 21, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#211H
<p>Artists: Theo Perry & Jonathan Elliott of the Floorwalkers, Savannah Buist & Katie Larson of the Accidentals, Korby Lenker, and hosted by songwriter Eric Gnezda. Artist Bio: Theo Perry & Jonathan Elliot collaborate as part of the songwriting engine for the Columbus-based band, The Floorwalkers. As childhood friends from suburban Cleveland, Theo and Jonathan joined with other friends to form a band in high school, moving to Columbus after graduation. The Floorwalkers have emerged into one of the most popular regional bands, with each member also pursuing successful solo projects. They perform "Out of the Blue" and "One." Artist Bio: Savannah Buist & Katie Larson of Traverse City began performing music together at the Interlochen Arts Academy, and soon formed their band, The Accidentals. Named to Billboard's Top Seven Breakout Artists at SXSW, The Accidentals maintain a heavy national touring schedule. Savannah and Katie are multi-instrumentalists. They sing "The Sound A Watch Makes When Enveloped in Cotton" and "Stitches and Seams." Artist Bio: Korby Lenker grew up as a mortician's son in rural Idaho. Now based in East Nashville, Korby was a recent winner of Kerrville's New Folk songwriting competition. Known as one of the more innovative voices in Music City, he is also a fiction writer, having just released a collection of short stories. He performs "If I Prove False. "</p>						
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#107H
<p>Performances by Grace Potter, Chris Robinson, Soul Rebels (w. Talib Kweli), St. Lucia and Twin Peaks, with comedy from Tony Rock and special content featuring Steve Gleason.</p>						
22:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#402H
<p>An intimate conversation between some of the greatest actors working today. Featuring: Rob Lowe (The Grinder) with John Travolta (American Crime Story); Sarah Paulson (American Crime Story) with Bobby Cannavale (Vinyl); Kerry Washington (Confirmation) with Aziz Ansari (Master of None); Rami Malek (Mr. Robot) with Kirsten Dunst (Fargo); Patrick Stewart (Blunt Talk) with Thomas Middleditch (Silicon Valley)</p>						
23:00:00	First Language - The Race to Save Cherokee	NETA	(S)	(CC)	N/A	#0H
<p>Around fourteen thousand Cherokee remain in their ancestral homeland in the mountains of North Carolina, but few among them still speak their native language, and no children are learning the language at home. The Eastern Band of Cherokee Indians is now fighting to revitalize the language and come to terms with their native heritage in the context of the modern United States.</p>						

Thu, Dec 22, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7189
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#348
01:00:00	New Tanglewood Tales: Backstage with Rising Artists	APTEX	(S)	(CC)	N/A	#102H
	New Tanglewood Tales: Backstage with Rising Artists features rehearsal, performance and some backstage fun. Conor McDonald (baritone) is a featured guest on a radio program; Clare Monfredo (cellist) rehearses and performs at String Quartet Marathon; Jeff DeRoche gives a tour of the percussion section and conductor Karina Canellakis is presented for the first time.					
01:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#211H
	Artists: Theo Perry & Jonathan Elliott of the Floorwalkers, Savannah Buist & Katie Larson of the Accidentals, Korby Lenker, and hosted by songwriter Eric Gnezda. Artist Bio: Theo Perry & Jonathan Elliot collaborate as part of the songwriting engine for the Columbus-based band, The Floorwalkers. As childhood friends from suburban Cleveland, Theo and Jonathan joined with other friends to form a band in high school, moving to Columbus after graduation. The Floorwalkers have emerged into one of the most popular regional bands, with each member also pursuing successful solo projects. They perform "Out of the Blue" and "One." Artist Bio: Savannah Buist & Katie Larson of Traverse City began performing music together at the Interlochen Arts Academy, and soon formed their band, The Accidentals. Named to Billboard's Top Seven Breakout Artists at SXSW, The Accidentals maintain a heavy national touring schedule. Savannah and Katie are multi-instrumentalists. They sing "The Sound A Watch Makes When Enveloped in Cotton" and "Stitches and Seams." Artist Bio: Korby Lenker grew up as a mortician's son in rural Idaho. Now based in East Nashville, Korby was a recent winner of Kerrville's New Folk songwriting competition. Known as one of the more innovative voices in Music City, he is also a fiction writer, having just released a collection of short stories. He performs "If I Prove False."					
02:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#107H
	Performances by Grace Potter, Chris Robinson, Soul Rebels (w. Talib Kweli), St. Lucia and Twin Peaks, with comedy from Tony Rock and special content featuring Steve Gleason.					
03:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#402H
	An intimate conversation between some of the greatest actors working today. Featuring: Rob Lowe (The Grinder) with John Travolta (American Crime Story); Sarah Paulson (American Crime Story) with Bobby Cannavale (VinyL); Kerry Washington (Confirmation) with Aziz Ansari (Master of None); Rami Malek (Mr. Robot) with Kirsten Dunst (Fargo); Patrick Stewart (Blunt Talk) with Thomas Middleditch (Silicon Valley)					
04:00:00	First Language - The Race to Save Cherokee	NETA	(S)	(CC)	N/A	#0H
	Around fourteen thousand Cherokee remain in their ancestral homeland in the mountains of North Carolina, but few among them still speak their native language, and no children are learning the language at home. The Eastern Band of Cherokee Indians is now fighting to revitalize the language and come to terms with their native heritage in the context of the modern United States.					
05:00:00	Closer to Truth How The Mind Heals The Body?	EPS	(S)	(CC)	N/A	#1401H
	Stress triggers sickness, shortens life. Tranquility promotes wellness, lengthens life. How we think affects how we feel. Psychosomatic medicine is modern medicine. But what works, and what doesn't? What's science, and what's not?					
05:30:00	Innerviews with Ernie Manouse Roma Downey	NETA	(S)	(CC)	N/A	#1312H
	Actress ("Touched by an Angel") and producer ("The Bible," and "Son of God") Roma Downey tells Ernie tales of her life from Ireland to Hollywood, and how her faith has been with her every step of the way.					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1998
08:00:00	Peep and the Big Wide World The Perils of Peep and Chirp/Hoop Tricks/Pocoyo - New on the Planet	APTEX	(S)	(CC)	N/A	#213
	Emboldened by the ice, Peep and Chirp try to walk across Big Bay. Chirp finds a beautiful bracelet and soon discovers all the amazing things it can do! Then, Pocoyo is scared when a stranger appears in Pocoyoland, but he soon comes to realize that he needn't be scared of this little alien - and they become friends.					
08:30:00	Thomas Edison's Secret Lab Electri-Kent!	APTEX	(S)	(CC)	N/A	#112H
	Kent discovers one of Edison's secret inventions - an exo-bodysuit: a steampunk Ironman device that turns him into a klutzy superhero.					
09:00:00	Functional Fitness with Suzanne Andrews Younger Muscles In 30 Days	ACCES		(CC)	N/A	#116H

Thu, Dec 22, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Back Pain Relief In this episode of Classical Stretch, join Miranda Esmonde-White at the beaches in Mexico. This workout focuses on your back and core, helping to relieve and prevent back pain.	APTEX	(S)	(CC)	DVI	#1108H
10:00:00	Sit and Be Fit Be Happy Mary Ann will lift your spirits, posture, and leave you with a smile, happy feet and nimble fingers. The workout includes a brain workout with Gretchen and uses a small bell.	NETA	(S)	(CC)	N/A	#1610H
10:30:00	Sewing with Nancy Quick Stitch to Wear Again, Part 2 Nancy takes an easy and lighter approach to clothing repairs. Replace broken zippers, mend jeans, sew on buttons, and more with this unconventional approach to repairs. Nancy breaks all the traditional sewing rules with these easy clothing repair techniques. Zipper Remedy, Holes to Art, Lumberjack Patches, Too Much Cake Fix, and more.	NETA	(S)	(CC)	N/A	#2904H
11:00:00	Knit and Crochet Now! Slip Into Slippers Everybody's got feet, and when it gets cold, those feet get chilly! Today Lena Skvagerson shows Deborah Norville how to stitch up the Walk of Fame textured unisex slippers with a wrap around cuff and Rohn Strong shows us how to crochet the Fireside Slippers, which are moccasin style slippers for both men and women. Lena's in the stitch corner with the Knit Blackberry Stitch.	APTEX	(S)	(CC)	DVI	#702H
11:30:00	Fons & Porter's Love of Quilting Prairie Sunrise Mary and Marianne Fons will present the techniques and the Tri-Recs templates that were used to create this earthy inspired design in blues, greens, and creams.	NETA	(S)	(CC)	N/A	#2513H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6109H
13:00:00	Eat! Drink! Italy! with Vic Rallo Use The Best Vic visits Parma and Chef Rosaria Tunnera to learn how to make a unique but simple savarin (dome) of rice. Vic and Tony Verdoni are in Tuscany to talk about Chianti's new and much improved identity. Vic is in Campania with Chef Matteo Sangiovanni as he puts his new twist on the venerable Spaghetti and Clam Sauce recipe.	APTEX	(S)	(CC)	N/A	#311H
13:30:00	Cooking with Nick Stellino Halibut with a Kick & Aristocratic Risotto Chef Stellino is all about the details of simple techniques and his teaching style shines with brilliance in this episode, inspiring people to enjoy life with fabulous recipes and simple techniques. Nick visits the fish monger and the green grocer and prepares Halibut with Tequila & Jalapeno Pepper Sauce and Risotto with Zucchini, Goat Cheese & Prosciutto.	APTEX	(S)	(CC)	N/A	#112H
14:00:00	The Jazzy Vegetarian Quick Casserole Dinner Host Laura Theodore prepares an easy vegan dinner with special guest Victoria Moran. The center of this menu is a flavorful Oven "Fried" Rice Casserole that's packed with warming ginger, aromatic garlic, fresh veggies and sweet basmati rice. Quick Sweet Potato Soup gets a jazzy twist with veggie noodles and Carrot, Cabbage and Walnut Coleslaw provides a colorful, crisp salad. Upside-Down Apple n' Oat Mini-Cakes serve double duty as a sweet dessert or nutritious breakfast treat.	NETA	(S)	(CC)	DVI	#508H
14:30:00	New Scandinavian Cooking Arctic Food In today's episode, Andreas visits Spitsbergen, the Norwegian settlement at 78 degrees north. In spite of the perpetual cold and barren surroundings, the area is home to some of the world's richest fisheries. Andreas also forages for arctic mushrooms and meets what is probably the world's northernmost farmer. Onboard a research vessel Andreas makes a lightly cured cod with beetroot and anise, he cooks freshly caught cod and serves it with charred leek, and back on the island he makes crispy seared cod served with snow crab and Arctic mushrooms.	APTEX	(S)	(CC)	N/A	#705H
15:00:00	Beads, Baubles and Jewels Using Jigs for Wire Forming Brenda Schweder is an expert on using jigs for forming wire. She demonstrates how to use a jig, plus new ways to create buckle findings. Katie's Beading Lesson is a stylish color block necklace.	NETA	(S)	(CC)	N/A	#2002H

Daily Program Listing II

43.1

Date: 10/30/2016

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Thu, Dec 22, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Celebrations	NETA	(S)	(CC)	N/A	#109H
	Celebrate all that is artsy. Clay artist Laurie Mika celebrates love by embedding all sorts of charms into sculptured hearts. Kathy Cano-Murillo honors Mexican holiday Dia de los Muertos with stained glass ornaments. Janet Takahashi has calligraphy ideas for DIY weddings and mix media artist Jenn Mason makes a mini-banner for any celebration.					
16:00:00	Biz Kid\$ Learning from Failure	APTEX	(S)	(CC)	DVI	#213H
	Have you ever made a decision you regret? Let the Biz Kids show you how several well-known companies overcame failures. You'll also discover how mistakes can make you stronger by looking at the work of Albert Einstein, Steve Jobs, and the kid businesses of "You're on Deck" custom cards and "Big Quill Enterprises" oyster sales.					
16:30:00	Hands On Crafts for Kids Make Believe	NETA	(S)	(CC)	DVI	#1813H
	Anything can happen in the world of make-believe. Jenny Barnett-Rohrs turns into a scary monster with a fun headband. Katie Hacker makes a fantasy tent and then whips up a never-ending cherry pie. Jenny shows how to create a show with puppets you make yourself from blogger Mom Carolina Moore.					
17:00:00	P. Allen Smith's Garden Home Celebrating Summer	APTEX	(S)	(CC)	DVI	#1210H
	P. Allen Smith celebrates the summer season with a visit to the groundskeeper at Busch Stadium in St. Louis, Missouri, who shows us how to maintain a perfect lawn. Back home, Allen showcases the new summer foliage at Moss Mountain Farm, shares design tips using summer flowering bulbs, and how to grow beautiful dahlias. On the road again, Allen visits Grant Park in Chicago, where an urban beautification program is underway, where perfume is made from the oil of locally grown flowers. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Bringing Bees Back (Skagit Valley, Wa)	APTEX	(S)	(CC)	N/A	#610H
	The humble honeybee plays a critical role in our global ecosystem, and its endangered status threatens the very food chain that humanity depends on for survival. While the plight of the honeybee is still a struggle, more people than ever are stepping up in ways both great and small. From major corporations to individual citizens across the country, see what some are doing to create safer habitats and environments and learn how we can make a difference at home.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13255
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1326H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7190
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1108H
20:00:00	Backstage Pass Grupo Aye	NETA	(S)	(CC)	N/A	#717H
	Grand Rapids-based Grupo Aye brings a high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Kiyeelele," "Guajiro de Corazon," and "Llego' la Banda." Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
20:30:00	Music Voyager Telluride	APTEX	(S)	(CC)	N/A	#601H
	Telluride, Colorado, a small city nestled in a breathtaking valley high in the Rocky Mountains, is a creative jewel that blends an adventurous spirit with creative energy. The Music Voyager team is invited to explore the multiple festivals that call Telluride home, from Blues & Brews, to Mushroom, Mountainfilm, Bluegrass and Jazz. The journey to one of America's great small towns reveals why Telluride has long been a haven for explorers, adventurers, fortune seekers and people looking for an escape from the rat race. Local musicians, artists, microbrewers, chefs and outdoorsmen demonstrate that Telluride is a vibrant and creative community as well as a world-class destination for live music, film, and the arts.					
21:00:00	Live from the Dennison Lodge Eliza Gilkyson	NETA	(S)	(CC)	N/A	#104H
	In a home coming of sorts, accomplished artist Eliza Gilkyson entertains a packed house at the Dennison; many of whom remember her days as a child during summers spent on the CM ranch outside Dubois, Wyoming with her dad, legendary singer songwriter Terry Gilkyson.					

Thu, Dec 22, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Boomers Up. No Excuse.	APTEX	(S)	(CC)	N/A	#0H
	Continuing his series about America's Generations, Chuck Underwood's 7th show - BOOMERS UP. NO EXCUSE. - presents the missing piece about the generational leadership of America: why did the G.I. Generation lead our nation to such worldwide prominence in the post-World-War-Two decades? Why did the Silent Generation then stumble so badly when they took their turn at the top during the 1990s and 2000s? And now today, with Americans outraged and disillusioned in the aftermath of the Silent Era, why is there legitimate hope that the Baby Boomer Leadership Era might rescue the country from its downward spiral? In front of a live theater audience of several-hundred, Underwood emotionally tells his story with research-backed accuracy, big-screen visuals, and his own passion for the subject. This show presents to viewers what all other media have missed thus far: the powerful generational forces that explain Americans' rage with their business and government leaders during the past quarter-century; and, the glimmer of hope that maybe, just maybe, the Baby Boom Generation will live up to its promise, honor the opportunities their elders gave them decades ago, and clean up the heartbreaking mess at the top of their nation.					
23:00:00	Happy Holidays with the Boston Pops	APTEX	(S)	(CC)	N/A	#0H
	The one-hour music special HAPPY HOLIDAYS WITH THE BOSTON POPS showcases the best of the New England holiday season with the Boston Pops and Tanglewood Festival Chorus, under the direction of Keith Lockhart, performing beloved classics, including "Christmas Canticles" and "Hallelujah Chorus" from Handel's Messiah. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans' sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus.					

Fri, Dec 23, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
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00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1108H
01:00:00	Backstage Pass Grupo Aye	NETA	(S)	(CC)	N/A	#717H
	Grand Rapids-based Grupo Aye brings a high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Kiyelele," "Guajiro de Corazon," and "Llego` la Banda." Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
01:30:00	Music Voyager Telluride	APTEX	(S)	(CC)	N/A	#601H
	Telluride, Colorado, a small city nestled in a breathtaking valley high in the Rocky Mountains, is a creative jewel that blends an adventurous spirit with creative energy. The Music Voyager team is invited to explore the multiple festivals that call Telluride home, from Blues & Brews, to Mushroom, Mountainfilm, Bluegrass and Jazz. The journey to one of America's great small towns reveals why Telluride has long been a haven for explorers, adventurers, fortune seekers and people looking for an escape from the rat race. Local musicians, artists, microbrewers, chefs and outdoorsmen demonstrate that Telluride is a vibrant and creative community as well as a world-class destination for live music, film, and the arts.					
02:00:00	Live from the Dennison Lodge Eliza Gilkyson	NETA	(S)	(CC)	N/A	#104H
	In a home coming of sorts, accomplished artist Eliza Gilkyson entertains a packed house at the Dennison; many of whom remember her days as a child during summers spent on the CM ranch outside Dubois, Wyoming with her dad, legendary singer songwriter Terry Gilkyson.					
03:00:00	Boomers Up. No Excuse.	APTEX	(S)	(CC)	N/A	#0H
	Continuing his series about America's Generations, Chuck Underwood's 7th show - BOOMERS UP. NO EXCUSE. - presents the missing piece about the generational leadership of America: why did the G.I. Generation lead our nation to such worldwide prominence in the post-World-War-Two decades? Why did the Silent Generation then stumble so badly when they took their turn at the top during the 1990s and 2000s? And now today, with Americans outraged and disillusioned in the aftermath of the Silent Era, why is there legitimate hope that the Baby Boomer Leadership Era might rescue the country from its downward spiral? In front of a live theater audience of several-hundred, Underwood emotionally tells his story with research-backed accuracy, big-screen visuals, and his own passion for the subject. This show presents to viewers what all other media have missed thus far: the powerful generational forces that explain Americans' rage with their business and government leaders during the past quarter-century; and, the glimmer of hope that maybe, just maybe, the Baby Boom Generation will live up to its promise, honor the opportunities their elders gave them decades ago, and clean up the heartbreaking mess at the top of their nation.					
04:00:00	Happy Holidays with the Boston Pops	APTEX	(S)	(CC)	N/A	#0H
	The one-hour music special HAPPY HOLIDAYS WITH THE BOSTON POPS showcases the best of the New England holiday season with the Boston Pops and Tanglewood Festival Chorus, under the direction of Keith Lockhart, performing beloved classics, including "Christmas Canticles" and "Hallelujah Chorus" from Handel's Messiah. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus. Filmed at historic Symphony Hall in Boston, the show features several special segments, including a performance by bass-baritone Justin Hopkins. Country superstar Sara Evans' sings songs from her 2014 holiday album "At Christmas," and Mad Men and Broadway star Robert Morse reads "Twas the Night Before Christmas" with musical accompaniment. Of course, no Holiday Pops concert would be complete without the orchestra's signature rendition of Leroy Anderson's "Sleigh Ride," a piece written expressly for the Boston Pops, and a visit from the one and only Santa Claus.					
05:00:00	Closer to Truth Is God Responsible for Evil?	EPS	(S)	(CC)	N/A	#1402H
	How on earth could God be reconciled with massive, monstrous Evil? If God is all-powerful and all-knowing, and if God is the creator, wouldn't God be responsible for evil?					
05:30:00	Innerviews with Ernie Manouse Thomas Haden Church	NETA	(S)	(CC)	N/A	#1313H
	Actor Thomas Haden Church looks back at his years on "Wings," his Academy Award nominated turn in "Sideways," and the time he spent with Marlon Brando.					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#1999
08:00:00	Peep and the Big Wide World Chirp Builds A Nest/Stuck Duck/Pocoyo - Elly's Ballet Class	APTEX	(S)	(CC)	N/A	#215
	Desperate to fly, Chirp wonders if building a nest will help her? How do you unstuck a duck who's stuck in a hollow log? (Say that five times, fast!) Then, Elly wants to be a prima ballerina with a troupe of other dancers so she tries to teach her friends to dance just like her.					

Fri, Dec 23, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab It Take One to Grow One JD's ultimate fertilizer is slowly turning him into a plant and it's up to the team to get him back to the lab in time to cure him.	APTEX	(S)	(CC)	N/A	#113H
09:00:00	Functional Fitness with Suzanne Andrews Younger Joints In 30 Days	ACCES		(CC)	N/A	#117H
09:30:00	Classical Stretch: By Essentrics Hip and Leg Flexibility Join Miranda Esmonde-White for a great lower body workout that combines standing and barre work to increase your flexibility and put a bounce in your step.	APTEX	(S)	(CC)	DVI	#1109H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1101H
10:30:00	Sewing with Nancy Sew The Perfect T-Shirt, Part 1 Add a designer touch to an easy-to-make T-shirt-fast and fun! Designer Pamela Leggett joins Nancy to share fitting techniques that flatter "real" figures and to show simple knit sewing tips for T-shirts. Pamela's easy T-shirt pattern has a flattering style that gives options for the necklines that are featured.	NETA	(S)	(CC)	N/A	#2905H
11:00:00	Knit and Crochet Now! Vested Interest Today we are feeling funky! Deborah Norville is joined by Robyn Chachula and Kristin Nicholas who are here with two Boho inspired long vests. First up is Robyn with a crochet fringed vest, the Boho Vest, and then Kristin will go over how to knit the Ashbury Vest, featuring a garter stitch stripe and fair isle. Then we'll take a trip to the stitch corner where Ellen will show how to do the Crochet Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#703H
11:30:00	Fons & Porter's Love of Quilting Remembered Friends As quilters, fabrics can trigger pleasant memories of times, places and friends. This quilt was constructed from a friends fabric stash. Mary and Marianne will present how to use tools to cut and piece with accuracy to create this beautiful tribute.	NETA	(S)	(CC)	N/A	#2601H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6110H
13:00:00	P. Allen Smith's Garden to Table Festive Entertaining The holiday season is here and Allen is getting ready by preparing a few unique recipes for the big day. He also shows us how to create a very festive dinner table.	APTEX	(S)	(CC)	DVI	#311H
13:30:00	Mike Colameco's Real Food Keens/Costata America's love for steak houses keeps growing, in this show we visit Keens well over a century old and Mike's Favorite NY Steakhouse and then we're off to Costata downtown run by Michael Whites team where along with great steak they serve artisan hand made pasta, and great fish crudo, a sort of The Palm for the 21st century.	NETA	(S)	(CC)	N/A	#1408H
14:00:00	Chef John Besh's New Orleans Chop Salad, Redfish Courtbouillon, and Strawberry Sorbet.	APTEX	(S)	(CC)	N/A	#114H
14:30:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#237H
15:00:00	Beads, Baubles and Jewels Torch-Fired Enameling Metal artist Mary Hettmansperger demonstrates torch-fired enameling and how to create three dimensional surfaces. She also shares tips for cutting metal. Then, enjoy an online visit with author and teacher Kate Richbourg from her studio with advice for caring for and cleaning your tools.	NETA	(S)	(CC)	N/A	#2003H

Fri, Dec 23, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Make It Artsy Transformation	NETA	(S)	(CC)	N/A	#110H
	In the hands of the maker, the ordinary is transformed into the extraordinary. A simple lamp morphs into a decorator accent with tool expert Joe Rotella. A matchbook becomes a mini-journal in the hands of artist Roxanne Coble. Host Julie Fei Fan Balzer creates cool jewelry from coloring book pages. Clay artist Laurie Mika has a tip on stenciling on clay.					
16:00:00	Biz Kid\$ Are You Financially Literate?	APTEX	(S)	(CC)	DVI	#301H
	Understanding how to manage your money before you get to high school will make you even more successful when you head to college or move out on your own. Explore the skills of goal setting, budgeting, saving, and money management that make you financially literate!					
16:30:00	Hands On Crafts for Kids Symmetry	NETA	(S)	(CC)	DVI	#1606H
	Today's theme is symmetry - something is exactly the same on both sides of a dividing line or center. It can also refer to a balanced arrangement of the parts of a whole. The first project is a mixed media collage that features symmetrical feather shapes. Next, build and decorate a sandcastle. Create jeweled crowns that are exactly the same on both sides. Then, make mirror images on facing pages in your art journal. Last, Make a survivor belt with special findings featuring a symmetrical design.					
17:00:00	P. Allen Smith's Garden Home Autumns Allure	APTEX	(S)	(CC)	DVI	#1211H
	P. Allen Smith visits Arkansas' newest cultural addition, the Crystal Bridges Museum of American Art where he gets a tour of the beautiful landscape surrounding the museum. While in Northwest Arkansas, Allen also learns about innovative environmental efforts to maintain quality landscapes. At Monticello in Charlottesville, Virginia, the home of Thomas Jefferson, Allen talks to the Director of Landscaping about the massive orchard. Back at Moss Mountain Farm Allen shares tips about maintaining Keiffer Pear Trees and planting marigolds, and uses chicken wire to make Ghost Maiden Dresses for Halloween. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Annie's Annuals: Preserving Horticultural Diversity (San Francisco, Ca)	APTEX	(S)	(CC)	N/A	#611H
	Annie's Annuals and Perennials is a small retail nursery specializing in growing plants that large commercial operations have long since passed over. Adding these rare and heirloom plants to our own garden adds beauty but also preserves the species for the future. Learn about green practices like biodegradable plant labels, recycling programs, and eco-friendly growing techniques, and then hit the kitchen with your favorite heirloom tomatoes for a spicy gazpacho.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13256
18:30:00	Out of Ireland	WLIW	(S)	(CC)	N/A	#2432Z
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7191
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#851H
20:00:00	Song of the Mountains Mac Puckett & The Good Company Band/Wayne Henderson & Friends	NETA	(S)	(CC)	N/A	#1117H
21:00:00	Woodsongs Lorraine Jordan & Carolina Road with Eddy Raven/Martin Family Circus	NETA	(S)	(CC)	N/A	#1813H
	Lorraine Jordan & Carolina Road have a distinct sound and charismatic stage show, which sets them apart from many traditional bluegrass bands. Affectionately known as the "Lady of Tradition" in bluegrass, Lorraine has fronted Carolina Road for over 15 years. She just won SPBGMA's 2015 Traditional Female Vocalist of the Year and the band took home honors for 2015 SPBGMA's Song of the Year for "That's Kentucky". Appearing with Lorraine & Carolina Road on this Special WoodSongs Broadcast will be: Cajun-influenced country star Eddy Raven with 8 #1 songs. The Martin Family Circus is a spectacular, talented, adorable family band of brilliant musicians. Paul Martin is a major Nashville session player, became an EXILE band member, and touring partner with Marty Stuart and the Oak Ridge Boys. The family includes mom and dad plus four kids 6-16.					
22:00:00	Film School Shorts Choices	NETA	(S)	(CC)	N/A	#305H
	Late Spring (New York University) - During the Libyan Revolution of 2011, a petty clerk at a police station must choose sides when a tortured prisoner asks him for help. Directed by Zachary Kerschberg. Pagpag (The Refuse) (New York University) - A hard-drinking, rough-edged woman from an impoverished community in the Philippines tries to sell her orphaned granddaughter to an American couple. Directed by John Paul Su.					

Daily Program Listing II

43.1

Date: 10/30/2016

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Fri, Dec 23, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	Christmastime In New Orleans CHRISTMASTIME IN NEW ORLEANS is a festive holiday special showcasing the music, sights and internationally acclaimed cuisine of New Orleans. Taped in part at the historic Saenger Theatre in downtown New Orleans, the special spotlights a concert celebrating the city's vast and unique musical influences. Vibraphonist/percussionist Jason Marsalis and The NOLA Players perform a variety of holiday classics, putting a new twist on "I Heard the Bells on Christmas Day," "Joy to the World" and "Go Tell it on the Mountain. In addition, a few of the Big Easy's finest chefs, including John Folse, Leah Chase and John Besh, discuss how and why the city's gastronomy embodies a cross section of global cultures, and demonstrate recipes typical of New Orleans at Christmastime. Also, actor and New Orleans native Wendell Pierce (HBO's Treme and The Wire) shares what makes the holidays in the Crescent City the only choice for him, and actor Jim Caviezel (CBS' Person of Interest and The Passion of the Christ) explains why this film destination is his favored "home away from home."	APTEX	(S)	(CC)	N/A	#0H
23:00:00	Science Goes to the Movies Ballers and Everest Retired Giants linebacker Carl Banks comes by to talk about the HBO series Ballers, the neurological underpinnings of teamwork, and why humans like to watch other humans engage in risky or dangerous behaviors.	EPS	(S)	(CC)	N/A	#112H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1010

Sat, Dec 24, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7191
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#851H
01:00:00	Song of the Mountains Mac Puckett & The Good Company Band/Wayne Henderson & Friends	NETA	(S)	(CC)	N/A	#1117H
02:00:00	Woodsongs Lorraine Jordan & Carolina Road with Eddy Raven/Martin Family Circus Lorraine Jordan & Carolina Road have a distinct sound and charismatic stage show, which sets them apart from many traditional bluegrass bands. Affectionately known as the "Lady of Tradition" in bluegrass, Lorraine has fronted Carolina Road for over 15 years. She just won SPBGMA's 2015 Traditional Female Vocalist of the Year and the band took home honors for 2015 SPBGMA's Song of the Year for "That's Kentucky". Appearing with Lorraine & Carolina Road on this Special WoodSongs Broadcast will be: Cajun-influenced country star Eddy Raven with 8 #1 songs. The Martin Family Circus is a spectacular, talented, adorable family band of brilliant musicians. Paul Martin is a major Nashville session player, became an EXILE band member, and touring partner with Marty Stuart and the Oak Ridge Boys. The family includes mom and dad plus four kids 6-16.	NETA	(S)	(CC)	N/A	#1813H
03:00:00	Film School Shorts Choices Late Spring (New York University) - During the Libyan Revolution of 2011, a petty clerk at a police station must choose sides when a tortured prisoner asks him for help. Directed by Zachary Kerschberg. Pagpag (The Refuse) (New York University) - A hard-drinking, rough-edged woman from an impoverished community in the Philippines tries to sell her orphaned granddaughter to an American couple. Directed by John Paul Su.	NETA	(S)	(CC)	N/A	#305H
03:30:00	Christmastime In New Orleans CHRISTMASTIME IN NEW ORLEANS is a festive holiday special showcasing the music, sights and internationally acclaimed cuisine of New Orleans. Taped in part at the historic Saenger Theatre in downtown New Orleans, the special spotlights a concert celebrating the city's vast and unique musical influences. Vibraphonist/percussionist Jason Marsalis and The NOLA Players perform a variety of holiday classics, putting a new twist on "I Heard the Bells on Christmas Day," "Joy to the World" and "Go Tell it on the Mountain. In addition, a few of the Big Easy's finest chefs, including John Folse, Leah Chase and John Besh, discuss how and why the city's gastronomy embodies a cross section of global cultures, and demonstrate recipes typical of New Orleans at Christmastime. Also, actor and New Orleans native Wendell Pierce (HBO's Treme and The Wire) shares what makes the holidays in the Crescent City the only choice for him, and actor Jim Caviezel (CBS' Person of Interest and The Passion of the Christ) explains why this film destination is his favored "home away from home."	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Science Goes to the Movies Ballers and Everest Retired Giants linebacker Carl Banks comes by to talk about the HBO series Ballers, the neurological underpinnings of teamwork, and why humans like to watch other humans engage in risky or dangerous behaviors.	EPS	(S)	(CC)	N/A	#112H
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1010
05:00:00	In Good Shape	WNVC	(S)	(CC)	N/A	#348
05:30:00	Innovations In Medicine Dangers of Being Overweight, Children & Teen Obesity, Why Diets Fail, Healthy Diets & Foods, Bariatric Surgery.	EPS	(S)	(CC)	N/A	#102H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2000
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Mystic Koi Today's painting is a subject that Gary loves to photograph. The Koi Fish with all their beautiful colors are so much fun to paint. These bright colored Fish are set against a Black background, accented with bright splashes of abstract color. Tiny bubbles are added for additional interest.	APTEX	(S)	(CC)	N/A	#323H
08:30:00	Grand View Grand Canyon National Park - North Rim In this episode, Stefan Baumann journeys through one of the world's most famous National Parks and explores its lesser known North Rim. In contrast to it's southern half, this region offers the typical canyon beauty, but also a more lush environ of pine and aspen. Interviews include Chris Parish from The Peregrine/Condor Project, as he discusses the successful reintroduction of the California condor to the canyon; Becky Latanich discusses the region's unique geologic history; and Leigh Kuwanwisiwma, Hopi Native American, shares the history of her people before the region became a National Park. Baumann concludes with a painting of one of the canyon's most breathtaking vistas.	APT		(CC)	N/A	#201H

Sat, Dec 24, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Landscapes Through Time with David Dunlop Etretat - A Landscape of Inspiration Along The Normandy Coast of France David introduces the majestic white cliffs rising out of the sea at Etretat on the Normandy Coast and their role in the inventive periods of French painting from the romanticism of Delacroix, the realism of Courbet to the Impressionism of the late 1860's through the 1880's. They all respond to Etretat's iconic arches over the sea. He compares the styles and visions of Etretat's artists and reveals the keys to their paintings.	NETA	(S)	(CC)	DVI	#107H
09:30:00	Classical Stretch: By Essentrics Mobility Today, we're outside the tranquil Zentropia spa doing an all-standing, mobility workout to give you range of motion in all of your activities.	APTEX	(S)	(CC)	DVI	#1110H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1102H
10:30:00	Wai Lana Yoga Spinal Spiral Spiral your spine up and around in this invigorating twist. You'll also open your shoulders, strengthen your arms, and tighten your buttocks.	APTEX	(S)	(CC)	N/A	#526
11:00:00	Delicious TV's Vegan Mashup A Reason to Rise This episode focuses on breakfast packed with punch from a quick & easy raw smoothie to a full breakfast for your hungry friends and family. Raspberry Morning Muffins/Truffled Tofu & Sweet Potato Hash Browns/Quinoa Porridge/Ginger Snap Smoothies	NETA	(S)	(CC)	DVI	#106H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Hunt for Caribbean Lobster Deep in the Sian Ka'an nature reserve, there's a seriously remote village called Punta Allen, where a team from the local sustainable lobster fishing cooperative brings Rick and chef Juan Pablo Loza out for an afternoon at sea. The day's catch? A Caribbean lobster, simply prepared in coconut soup. Back at the ultra-luxe Rosewood Mayakoba resort, Juan Pablo showcases the tranquil resort gardens before preparing a feast of grilled lobster zarandeado with adobo mayo and sweet corn puree in the kitchen of La Ceiba, an outdoor garden party area. Inspired by the tropical abundance, Rick heads to his backyard garden with master gardener Bill Shores before making greens with grilled honey-lime dressing and a sweet-and-spicy, chipotle-honey glazed shrimp dish.	APTEX	(S)	(CC)	N/A	#1101H
12:00:00	Lidia's Kitchen Fruit Desserts Fruit desserts have always been an Italian tradition; they are simple, delicious and the perfect way to showcase nature's bounty. In this episode, Lidia highlights some of her fans' preferred seasonal sweets with: strawberries with balsamic vinegar, a light and creamy panna cotta with seasonal fresh fruit; juicy nectarines and blueberries in prosecco and a plum crostata, a free form Italian tart with juicy plums.	APTEX	(S)	(CC)	N/A	#411H
12:30:00	Moveable Feast with Fine Cooking Oahu, Hawaii Pete Evans visits the beautiful island of Oahu, Hawaii on this episode of Movable Feast with Fine Cooking. Joined by award-winning Hawaiian chefs Jon Mastubara and Lee Anne Wong, Pete and the chefs learn how local pineapple is harvested and meet local fish guru/mentor Brooks Takenaka at the Honolulu Fish Auction to bid and buy locally sourced fish for dinner. On the menu tonight, Chef Jon shows how to make his famous smoking mai tai cocktail, hibachi-style Kauai shrimp, and Kahaluu roast pork belly while Lee Ann cooks up fresh opah and vegetable sides and Pete prepares ahi poke. It's a spectacular menu for an equally spectacular feast set by the ocean.	APTEX	(S)	(CC)	N/A	#302H
13:00:00	Expeditions with Patrick Mcmillan Catalina Island - A Natural History Fairytale Catalina Island sits in the middle of one of the world's great biodiversity hotspots. It has all the challenges that any island faces but rather than dwindling, life here is thriving. Join Patrick as he explores this magical island and the unique life that has developed and finds a safe harbor here on Catalina.	APTEX	(S)	(CC)	N/A	#301H
13:30:00	Joseph Rosendo's Travelscope The Bonin/Ogasawara Islands - A Land Far, Far Away On the Bonin or Ogasawara Islands Joseph is reminded that travel is a treasure hunt. Even though one is told where the riches are buried, the real gems have to be discovered on their own. On this voyage to Tokyo's most distant possessions - more than 600 miles and 25 hours by ferry from the mainland - Joseph partakes of kayaking, snorkeling, trekking and whale watching. Yet, in spite of all the activities, he discovers that interactions with the islanders and what one learns by exploring their heritage are the most cherished souvenirs. His personal discoveries among the islanders, whose roots lie in an American past, open up a world still shrouded in mystery and little-known to the casual day tripper.	APTEX	(S)	(CC)	DVI	#708H

Sat, Dec 24, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Rick Steves' Europe Germany's Hamburg and the Luther Trail Hamburg, Germany's mighty port city has risen from the ashes of World War II with a gleaming new skyline and a brisk creative energy. From there, Rick visits the great historic sights of Martin Luther and the Reformation (Erfurt, Wittenberg, and Wartburg Castle) before finishing in the capital of Franconia: wine-loving Wurzburg.	APTEX	(S)	(CC)	N/A	#901H
14:30:00	Journeys In Africa Masai Mara - Land of the Leopard Bill decides to stay on a few extra days to try and get some good leopard footage. These are the most elusive of the Big Twelve and filming them is a major challenge. In the process of tracking leopards, he runs across a newborn gazelle trying to walk for the first time. Will it succeed before the predators find it? Can Bill find and film a leopard up close?	NETA	(S)	(CC)	N/A	#202H
15:00:00	Garden Smart Fantastic homes, with equally fantastic gardens make for a gardeners paradise. GardenSMART visits with some great gardeners who show us how they made their yards and gardens "special." Join us as we GardenSMART with some exceptional gardeners.	NETA	(S)	(CC)	N/A	#4412H
15:30:00	Chefs A' Field The Revolution The Birthplace of Modern Organic Farming. Chef Christine Keff: Flying Fish - Seattle Chef Christine Keff is considered America's "queen of green cuisine," as she recognized the importance of conservation years ahead of other chefs. For the last 15 years, her four-star kitchen has been serving Northwest-inspired dishes made with local and organic ingredients. In this episode, the chef visits one of organic farming's early pioneers, Jim Meyer, in the foothills of the scenic North Cascades mountains. Recipes: Alaskan King Salmon, Squash & Mushroom Ragout, Roasted Onions, Bacon Vinaigrette; Grilled Fish Tacos, Charred Tomato Salsa, Guacamole, Onions, Handmade Tortillas.	APTEX	(S)	(CC)	N/A	#213H
16:00:00	Maria Hinojosa: One-On-One Alfredo Corchado After Iraq, Mexico is one of the most dangerous places in the world for journalists. Alfredo Corchado, the Mexico bureau chief for The Dallas Morning News, is one of the last journalists covering the increasingly violent drug war. In this interview with Maria Hinojosa, he talks about why he risks his life every day to report the truth.	APTEX	(S)	(CC)	N/A	#414Z
16:30:00	Overheard with Evan Smith Maureen Dowd, Columnist and Best-Selling Author Maureen Dowd is a best-selling author and a columnist for The New York Times. In 1999 Dowd won the Pulitzer Prize for her columns on the Monica Lewinsky scandal during the Clinton administration. She has most recently written The Year of Voting Dangerously: The Derangement of American Politics.	NETA	(S)	(CC)	N/A	#702H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Stone Carver Host Eric Gorges visits with Walter Arnold, an accomplished stone carver. Eric learns about what it takes to carve limestone and marble. He also hears about the history of stone carving and early days of Walter's apprenticeship in Italy, including kicking around the same quarry where Michelangelo shopped for his marble.	APTEX	(S)	(CC)	N/A	#104H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3451
18:30:00	The Open Mind Sexuality As Free Expression Guest: Asa Akira. Adult entertainer Asa Akira talks about her new book Dirty Thirty and the state of contemporary pornography.	NETA		(CC)	N/A	#3719H
19:00:00	Closer to Truth Does Hell Reveal God? What kind of God would create hell? Does the truth of Christianity, Judaism and Islam depend on the reality of Hell? Does the nature of Hell offer Insight into what God would be like?	EPS	(S)	(CC)	N/A	#1112H
19:30:00	Start Up The Cheese Board Gary and the crew head to San Francisco, California to talk with Taylor and Kevin, the founders of Blue Board, a unique employee reward company. Then they head to Seattle, Washington to meet up with Junea and Cameron Rocha, the creators of BraziBites, a company that specializes in Brazilian cheese bread.	NETA	(S)	(CC)	N/A	#408H

Sat, Dec 24, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Sadie and the Hotheads	APTEX	(S)	(CC)	N/A	#402H
	<p>Sadie and the Hotheads, fronted by actress Elizabeth McGovern, are a real band whose musicianship combines a world of musical influences, from 60s pop to country, esoteric folk to jazz, Celtic to torch songs. During this concert Infinity Hall Live audiences will delight in McGovern's girlish enthusiasm combined with a rock 'n' roll style that is a world away from her persona as the dignified Lady Cora in Downton Abbey. The band's mix of original songs and new approach to pop classics like the Bee Gee's "Stayin' Alive or The Fixx's "One Thing Leads to Another" showcase their spirited approach to music making. The band consists of Elizabeth McGovern (lead vocals, acoustic guitar), Simon Nelson (electric and acoustic guitars, dobro, backing vocals), Steve Nelson (acoustic guitar, bouzouki, banjo, backing vocals), Teri Bryant (drums and percussion), Ron Knights (bass), Nick Lacey (piano, keyboards, penny whistle, backing vocals) and Danica Chapman (backing vocals). A line-up that between them has worked with everyone from John Paul Jones to Joss Stone, Walter Trout to Faith Hill and Mavis Staples to Roddy Frame.</p>					
21:00:00	Front and Center Cma Songwriters Series: Brett Eldredge	APTEX	(S)	(CC)	N/A	#607H
	<p>CMA New Artist of the Year winner Brett Eldredge takes the stage for the CMA Songwriters Series at the Marathon Music Works in Nashville with songwriters Ross Copperman, Tom Douglas, Travis Hill and Heather Morgan. A songwriter in his own right, having co-written all of the songs on his recent release Illinois, which debuted at number 3 on the Billboard 200 chart, Eldredge joins co-writers Copperman and Morgan on a performance of the album's lead single "Lose My Mind." Eldredge and the hit makers also perform hits from his debut album Bring You Back including best-loved No. 1 hits including "Beat of the Music," "Mean To Me" and "Don't Ya."</p>					
22:00:00	Globe Trekker Food Hour: Ireland	APTEX	(S)	(CC)	N/A	#1505H
	<p>Globe Trekker Bobby Chinn samples oysters in Galway, fishes for salmon in Connemara, plays a tune or two with The Chieftains in Westport, visits the Nenagh Agricultural Show, judges a baking competition in Tipperary, and learns the history of Guinness in Dublin.</p>					
23:00:00	Arts In Context Music for All	NETA		(CC)	N/A	#604H
	<p>Offering free, intensive music education to low-income youth from Travis and Hays County, Austin Soundwaves believes firmly in the principle that all students deserve a world-class education in the fine arts. Determined to make a difference in the minority community of Austin at a young age, the Hispanic Alliance of Performing Arts launched Austin Soundwaves. Program director Patrick Slevin and his team have already seen a positive impact on their students' overall academics, motivation levels, and self-esteem. For Slevin, Austin Soundwaves is the first step towards providing the world class fine arts education that all students deserve.</p>					
23:30:00	Stand Up Empire	KNME	(S)	(CC)	N/A	#101H
	<p>Featured comics Chris Cubas & Saffron Herndon, with a Snapshot of Liezta Brass and the Moontower Comedy and Oddity Festival. Hosted by Brently Heilbron.</p>					

Sun, Dec 25, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Does Hell Reveal God? What kind of God would create hell? Does the truth of Christianity, Judaism and Islam depend on the reality of Hell? Does the nature of Hell offer insight into what God would be like?	EPS	(S)	(CC)	N/A	#1112H
00:30:00	Start Up The Cheese Board Gary and the crew head to San Francisco, California to talk with Taylor and Kevin, the founders of Blue Board, a unique employee reward company. Then they head to Seattle, Washington to meet up with Junea and Cameron Rocha, the creators of BraziBites, a company that specializes in Brazilian cheese bread.	NETA	(S)	(CC)	N/A	#408H
01:00:00	Infinity Hall Live Sadie and the Hotheads Sadie and the Hotheads, fronted by actress Elizabeth McGovern, are a real band whose musicianship combines a world of musical influences, from 60s pop to country, esoteric folk to jazz, Celtic to torch songs. During this concert Infinity Hall Live audiences will delight in McGovern's girlish enthusiasm combined with a rock 'n' roll style that is a world away from her persona as the dignified Lady Cora in Downton Abbey. The band's mix of original songs and new approach to pop classics like the Bee Gee's "Stayin' Alive or The Fixx's "One Thing Leads to Another" showcase their spirited approach to music making. The band consists of Elizabeth McGovern (lead vocals, acoustic guitar), Simon Nelson (electric and acoustic guitars, dobro, backing vocals), Steve Nelson (acoustic guitar, bouzouki, banjo, backing vocals), Teri Bryant (drums and percussion), Ron Knights (bass), Nick Lacey (piano, keyboards, penny whistle, backing vocals) and Danica Chapman (backing vocals). A line-up that between them has worked with everyone from John Paul Jones to Joss Stone, Walter Trout to Faith Hill and Mavis Staples to Roddy Frame.	APTEX	(S)	(CC)	N/A	#402H
02:00:00	Front and Center Cma Songwriters Series: Brett Eldredge CMA New Artist of the Year winner Brett Eldredge takes the stage for the CMA Songwriters Series at the Marathon Music Works in Nashville with songwriters Ross Copperman, Tom Douglas, Travis Hill and Heather Morgan. A songwriter in his own right, having co-written all of the songs on his recent release Illinois, which debuted at number 3 on the Billboard 200 chart, Eldredge joins co-writers Copperman and Morgan on a performance of the album's lead single "Lose My Mind." Eldredge and the hit makers also perform hits from his debut album Bring You Back including best-loved No. 1 hits including "Beat of the Music," "Mean To Me" and "Don't Ya."	APTEX	(S)	(CC)	N/A	#607H
03:00:00	Globe Trekker Food Hour: Ireland Globe Trekker Bobby Chinn samples oysters in Galway, fishes for salmon in Connemara, plays a tune or two with The Chieftains in Westport, visits the Nenagh Agricultural Show, judges a baking competition in Tipperary, and learns the history of Guinness in Dublin.	APTEX	(S)	(CC)	N/A	#1505H
04:00:00	Arts In Context Music for All Offering free, intensive music education to low-income youth from Travis and Hays County, Austin Soundwaves believes firmly in the principle that all students deserve a world-class education in the fine arts. Determined to make a difference in the minority community of Austin at a young age, the Hispanic Alliance of Performing Arts launched Austin Soundwaves. Program director Patrick Slevin and his team have already seen a positive impact on their students' overall academics, motivation levels, and self-esteem. For Slevin, Austin Soundwaves is the first step towards providing the world class fine arts education that all students deserve.	NETA		(CC)	N/A	#604H
04:30:00	Stand Up Empire Featured comics Chris Cubas & Saffron Herndon, with a Snapshot of Liezta Brass and the Moontower Comedy and Oddity Festival. Hosted by Brently Heilbron.	KNME	(S)	(CC)	N/A	#101H
05:00:00	California's Golden Parks Joaquin Miller Situated in the Oakland Hills, with sweeping views of the Bay Area, Joaquin Miller Park contains one of the only urban second growth redwood groves in existence. It is named for Miller, "Poet of the Sierras, who settled in the hills above the "City of Oaks."	KCET		(CC)	N/A	#121
05:30:00	Moneytrack Navigating Retirement Steve and Linda thought they had everything they needed to enjoy a comfortable retirement, but they discover that if they make one wrong move, they'll run out of money. Financial expert Jonathan Pond explains how to get retirement plans back on track.	APT	(S)	(CC)	DVI	#303H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2001

Sun, Dec 25, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:00:00	Color World with Gary Spetz Color Sicily & Capri Host-Artist, Gary Spetz, sails aboard a cruise ship to reach the Italian island of Sicily. Here he explores the ancient seaside town of Taormina, and its mountainside historic counterpart, Castelmola. From there he crosses over to Naples, Italy, where he travels by ferry boat to the nearby mountainous resort island of Capri.	APTEX	(S)	(CC)	DVI	#107H
08:30:00	Paint This with Jerry Yarnell My Favorite Things, Part 1 Jerry discusses the unique steps that an artist will take to actually develop a painting. What exactly is his or her inspiration from idea to the execution of the painting? He discusses the use of a camera for resources, using a color printer and setting up a research library. The next step is the setting up of a still life, the proper lighting, suggested items for the setting such as colored fruit, vases, flowers, all the while watching the negative space even as you set up the still life. What we see in life, what we feel, the emotion that follows, that passion for painting, which is how an artist operates. After deciding on the composition, Jerry begins the background with Turquoise Deep and Ultramarine Blue; when it is dried he sketches in the composition with a white conte pencil.	NETA	(S)	(CC)	N/A	#1205H
09:00:00	Wyland's Art Studio Sea Turtle In visual experiences, harmony is something is pleasing to the eye. It engages the viewer and creates a sense of order and balance in the visual experience. When something is not harmonious, it may be considered either boring or chaotic. This follows in the way people perceive things. For example, the human brain tends to reject what it cannot organize, therefore a logical structure is often called for. Harmony delivers a visual interest and sense of order. Interestingly, Wyland uses the seemingly discordant image of a sea turtle to create an image of harmony. Using proportion, composition, color, patterns, and movement, the artist achieves a pleasing harmonious visual work of art.	APTEX		(CC)	N/A	#511H
09:30:00	Classical Stretch: By Essentrics Spine Strengthening In this episode of Classical Stretch, join Miranda Esmonde-White on a beautiful terrace in Mexico. Miranda will take you through stretches that will strengthen your back and improve your posture in this entry level standing and floor workout.	APTEX	(S)	(CC)	DVI	#1111H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1103H
10:30:00	Power Yoga: Mind and Body	APTEX	(S)	(CC)	N/A	#209
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#239H
11:30:00	New Orleans Cooking with Kevin Belton Traditional Mexican Posole fish tacos with remoulade sauce, guacamole.	APTEX	(S)	(CC)	N/A	#104H
12:00:00	Ciao Italia Who Wants Prosciutto Di San Danielle?/Chi Vuole Prosciutto Di San Daniele? Mary Ann makes Prosciutto San Daniele the star of the show when she prepares a simple yet delicious Prosciutto San Danielle Roll-Ups, Parmesan Cheese Pudding and Prosciutto di San Daniele Salad.	NETA	(S)	(CC)	N/A	#2408H
12:30:00	Mike Colameco's Real Food Tao Set in the heart of uber popular Meatpacking district of Manhattan sits this ambitious sprawling space with a pan-Asian fusion menu. The folks that run this location and the two others are total pros running restaurants with the highest gross revenues in the USA. We'll spend a day with grizzled NY Native chef Ralph Scamardella and his vast team to how this pull off this kind of volume with great quality night after night.	NETA	(S)	(CC)	N/A	#1411H
13:00:00	Wild Photo Adventures Grouse of the Prairie Host and professional wildlife photographer Doug Gardner along with photographer Ron Hayes stalk and photograph Sharp-Tail and Sage Grouse on the Wyoming prairies.	NETA	(S)	(CC)	DVI	#305H

Sun, Dec 25, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:30:00	Equitrekking Uruguay	APTEX	(S)	(CC)	N/A	#504
	Equitrekking host Darley Newman travels to the small South American country of Uruguay to discover gaucho culture by visiting various estancias, riding with cowboys on the beach, taking in the coastal town of Punta del Este and tasting local foods in Montevideo. At an eco-friendly ranch that raises sheep and cattle, Darley learns about the area's mystical vibe on a ride to a section of mysterious stone cones and up to a high point with views of a Tibetan monastery. Over a morning cup of mate, a special tea popular throughout Uruguay, Darley talks with a local about the tradition behind this caffeinated drink and the proper way to prepare it. Then it's off to the beach to visit the attractions of popular Punta del Este and a city stop in Montevideo to eat at Mercado del Puerto. Darley goes horse riding on the beaches of Uruguay's northern border near Brazil, hearing the legends of pirates who once raided the shores. At a working cattle ranch, viewers meet real gauchos, learning about the nomadic life of these South American cowboys. At a third working estancia, Darley rides through area vineyards and explores the rugged terrain of the Sierras of Mahoma on horseback.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#237H
14:30:00	Travel with Kids Belize Beach Islands & Mayan Jungles	NETA	(S)	(CC)	N/A	#402H
	You better Belize it! This Central American Caribbean country is packed with adventure and culture. From the quiet beach sand streets of the tiny island of Cay Caluker, you will find a slow pace of hammocks and bicycles. Snorkel with sting rays and sharks, hang out on the dock with locals, learn to fish, and visit a local school. Nathan & Seamus then head to the mainland to meet friends from home. Explore ancient Mayan pyramids accessible by a hand cranked car transport over a river and try strange local foods. Cow Hoof Soup anyone? Stay in a jungle lodge where all kinds of creepy crawlies come out at night. Go for a night walk and learn the ways of the jungle.					
15:00:00	American Woodshop Custom Headboards	NETA	(S)	(CC)	N/A	#2311H
	Wall-mounted headboards that work for any bed.					
15:30:00	Rough Cut - Woodworking with Tommy Mac Gable Ends and Walls	APTEX	(S)	(CC)	N/A	#704H
	This week on Rough Cut Woodworking with Tommy Mac, Tommy and crew do some heavy lifting, working on the gable ends of the roof and lifting the walls into place. They first head over to see Tommy's longtime friend Jim Reader, to walk them through how to pick out the best lumber you need for your job. Then it's back to the site to see new Rough Cut regular Chris Reynolds to install the Gable Ends, before getting that wall up - all before a storm hits.					
16:00:00	Happy Yoga with Sarah Starr Desk Jockey Gentle Yoga	NETA	(S)	(CC)	N/A	#103H
	Rejuvenate amongst the sunflower backdrop as we enjoy a modified yoga practice using a chair for support. The chair replaces the yoga mat, creating an amazing form of adaptive exercise. Apply this practice to mini yoga breaks at work, a long plane ride, or any time you need to balance the mind, increase blood flow and boost your energy.					
16:30:00	Second Opinion Kidney Transplant	APTEX	(S)	(CC)	N/A	#1307H
	With the increase of chronic diseases such as Type II Diabetes, the need for kidney transplants is on the rise. Both deceased and live donors are needed, and experts shed light on the organ transplant process. Karen Scott Gledhill was shocked in her early 20's to find out she had a rare genetic kidney disorder. Fortunately, her life was saved by a deceased donor, and then again many years later by the life-giving gift of her brother Tom Scott, who joins her to share their story.					
17:00:00	Natural Health Breakthroughs with Brenda Watson Heart Health	EPS	(S)	(CC)	N/A	#101H
	Wheat is bad for your heart, and so are statins - William Davis, MD: cardiologist and author of Wheat Belly. Statins save lives, but diet and exercise are just as important - Mariell Jessup, MD: Cardiologist and immediate past president, American Heart Assn. A natural way to protect your heart so you won't need statins - Steven Masley, MD: President, Masley Optimal Health Center. Study: Probiotics alter gut bacteria in ways that protect hearts during cardiac events - John Baker, PhD: Professor at Medical College of Wisconsin in Milwaukee. Personal story - Mike and Barbara Smith: Mike was close to a potentially fatal cardiac event when he agreed to follow a diet and exercise program prescribed by Dr. Masley; today he's healthier than he's been in decades.					
17:30:00	Well Read Kareem Abdul-Jabbar, Writings on the Wall	APTEX	(S)	(CC)	N/A	#603H
	A NBA Hall of Fame inductee, columnist for Time Magazine, author of young adult novels, Kareem Abdul-Jabbar joins Well Read to discuss his latest book, this time for an adult audience: Writings on the Wall: Searching for a New Equality Beyond Black and White.					

Sun, Dec 25, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:00:00	California's Gold Chavez Center	KCET		(CC)	N/A	#15002Z
	Huell travels to the Tehachapi Mountains to visit The Cesar Chavez Foundation. Set on 187 acres, the buildings were once home to a tuberculosis hospital and then it's where Cesar lived and labored during his last quarter century as he fought for better rights for migrant workers. Now the Center is carrying on Cesar's dream and welcomes visitors to learn about this important chapter in our states history. Huell gets a very special and personal tour of the Center from Cesar's son Paul.					
18:30:00	Travels with Darley Northern England and Wales	NETA	(S)	(CC)	N/A	#203H
	Visit stately castles and stunning landscapes in Northern England and Wales, including a famous film location from Harry Potter. Darley meets the real life Calendar Girls to hear their inspiring story and walks the landscapes that inspired the Bronte Sisters to write famous works, including Wuthering Heights. She also takes viewers to stunning and historic UNESCO World Heritage Sites, including Saltaire and the Pontcysyllte Aqueduct.					
19:00:00	Growing Up Green	NETA	(S)	(CC)	N/A	#0H
	Educational reform in the United States has largely focused on increasing test scores without changing the meaning of schooling for those expected to achieve academic success. As a result, student motivation and test scores have changed little, despite a nationwide effort. A few schools across the country have tried a different approach, focusing education around the places where students live and solving problems their communities face. While showing promise, these efforts have been largely isolated and piecemeal. However, they have helped set the stage for a unique statewide effort in Michigan, where for the first time, rural and urban schools, spanning a broad population base, focus school reform around the environments students inhabit. Growing Up Green, a new documentary from award winning filmmaker Bob Gliner (Schools That Change Communities, Lessons From the Real World, Democracy Left Behind) focuses on this groundbreaking work which hopes to serve as a model for changing environmental and educational outcomes as well as the way public education is practiced.					
19:30:00	The Kamla Show Special Vinod Dham, Engineer, Investor and Entrepreneur	KAMLA	(S)	(CC)	N/A	#118H
	Ever wondered how Vinod Dham got his moniker as "Father of the Pentium Chip?" Kamla sits down with Dham to find out how he got that moniker and his journey from India to America and how he came to work in Silicon Valley. Dham worked at Intel and went on to work in other hardward companies before branching out to become an investor and an entrepreneur.					
20:00:00	Christmas Invitation from Pacific Lutheran University	NETA	(S)	(CC)	N/A	#0H
	Pacific Lutheran University's annual holiday tradition rings in the season with a Christmas celebration featuring the world premiere of critically acclaimed composer JAC Redford's, "A Christmas Invitation, " a three-movement work composed for the Choir of the West, University Chorale and PLU's University Symphony Orchestra. The program will also feature a guest appearance by world-renowned Metropolitan Opera soprano and PLU alumna Angela Meade, class of 2001. "					
21:00:00	52nd Annual Wassail Concert at Chapman University	NETA	(S)	(CC)	N/A	#0H
	For 52 years, Chapman University has produced a holiday concert blending traditional Christmas music with festive songs from around the world. Join 150 students and musicians for this holiday special event. Featuring a special performance by the Wimberley Bluegrass Band. Celebrate the season!					
22:00:00	Jordan Smith 'tis The Season	APTEX	(S)	(CC)	N/A	#0H
	Jordan Smith, season nine winner of NBC's The Voice (and biggest selling The Voice artist to date), stars in his very first one-hour concert program, JORDAN SMITH 'TIS THE SEASON. Taped on the Evergreen Stage at Diadan Studios, the special spotlights music from Jordan's new Christmas album "'Tis the Season," and features special guest David Foster, the legendary composer, songwriter and producer (Whitney Houston, Barbra Streisand, Celine Dion). Jordan performs with his core band, led by musical director Cheche Alara (Latin Grammys and American Idol), along with a string and horns/woodwind section to round out the sound. Produced by the team behind the critically acclaimed music series Front And Center and the talk show Speakeasy, the concert special showcases Jordan's powerful vocals singing classic holiday and popular songs, including.					
23:00:00	European Christmas Markets	NETA	(S)	(CC)	N/A	#0H
	Join us on our discovery of Europe's Christmas Markets, where the town center, market square or just the narrow, cobblestone streets of the cities and towns of Europe come alive in winter with festively decorated wooden stalls offering all sorts of treats and delights. As we travel through Germany, France and Switzerland we visit cities and towns and learn of their history, see their major sights, and visit their charming markets. Besides being a visual treat, the show is also a musical treat, as T the Kingston Trio provides special folk arrangements of traditional Christmas carols to add to the magic and enchantment of the medieval and castle towns we visit. In our visit to Bernkastel-Kues we see the town hall decorated as an advent calendar, and learn of the traditional beverage of the markets, the Gluhwein. In Nuremberg we visit the imposing castle, and one of the most famous of all the Christmas markets. You can almost smell the roasting sausages and gingerbread sold in the stalls. In Rothenburg we learn of the traditional wooden Christmas decorations from the son of the founder of the Kathe Wolfhart Christmas store, and wander along the ramparts the the fairy tale village. Then we have a quick stop in the wine town of Rudesheim. A unique visit is made to the ancient town of Michelstadt and its Christmas market. And then into France, to see how the French celebrate the season in Strasbourg. We conclude our travels in Switzerland, with the sights and sounds of the holidays in Basel and and the alpine city of Lucerne. This show is a true Christmas treat, as we experience Europe at a time of community, conviviality and color. It will fill your senses with the warmth and the fun of the holiday season, with some geography and history lessons to boot!					

Daily Program Listing II
43.1

Date: 10/30/2016

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Sun, Dec 25, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Christmas on the Danube	NETA	(S)	(CC)	N/A	#0H
<p>Christmas on the Danube is a companion to European Christmas Market. It is true holiday treat that will fill your senses with warmth, touch your heart, and provide your mind with geography and history, as well. Traveling the majestic Danube river as it passes through stunning European landscape, history and culture, Christmas on the Danube visits these cities along the Danube, which are particularly spectacular at Christmas.</p>						

Mon, Dec 26, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Growing Up Green Educational reform in the United States has largely focused on increasing test scores without changing the meaning of schooling for those expected to achieve academic success. As a result, student motivation and test scores have changed little, despite a nationwide effort. A few schools across the country have tried a different approach, focusing education around the places where students live and solving problems their communities face. While showing promise, these efforts have been largely isolated and piecemeal. However, they have helped set the stage for a unique statewide effort in Michigan, where for the first time, rural and urban schools, spanning a broad population base, focus school reform around the environments students inhabit. Growing Up Green, a new documentary from award winning filmmaker Bob Gliner (Schools That Change Communities, Lessons From the Real World, Democracy Left Behind) focuses on this groundbreaking work which hopes to serve as a model for changing environmental and educational outcomes as well as the way public education is practiced.	NETA	(S)	(CC)	N/A	#0H
00:30:00	The Kamla Show Special Vinod Dham, Engineer, Investor and Entrepreneur Ever wondered how Vinod Dham got his moniker as "Father of the Pentium Chip?" Kamla sits down with Dham to find out how he got that moniker and his journey from India to America and how he came to work in Silicon Valley. Dham worked at Intel and went on to work in other hardward companies before branching out to become an investor and an entrepreneur.	KAMLA	(S)	(CC)	N/A	#118H
01:00:00	Christmas Invitation from Pacific Lutheran University Pacific Lutheran University's annual holiday tradition rings in the season with a Christmas celebration featuring the world premiere of critically acclaimed composer JAC Redford's, "A Christmas Invitation, " a three-movement work composed for the Choir of the West, University Chorale and PLU's University Symphony Orchestra. The program will also feature a guest appearance by world-renowned Metropolitan Opera soprano and PLU alumna Angela Meade, class of 2001. "	NETA	(S)	(CC)	N/A	#0H
02:00:00	52nd Annual Wassail Concert at Chapman University For 52 years, Chapman University has produced a holiday concert blending traditional Christmas music with festive songs from around the world. Join 150 students and musicians for this holiday special event. Featuring a special performance by the Wimberley Bluegrass Band. Celebrate the season!	NETA	(S)	(CC)	N/A	#0H
03:00:00	Jordan Smith 'tis The Season Jordan Smith, season nine winner of NBC's The Voice (and biggest selling The Voice artist to date), stars in his very first one-hour concert program, JORDAN SMITH 'TIS THE SEASON. Taped on the Evergreen Stage at Diadan Studios, the special spotlights music from Jordan's new Christmas album "'Tis the Season," and features special guest David Foster, the legendary composer, songwriter and producer (Whitney Houston, Barbra Streisand, Celine Dion). Jordan performs with his core band, led by musical director Cheche Alara (Latin Grammys and American Idol), along with a string and horns/woodwind section to round out the sound. Produced by the team behind the critically acclaimed music series Front And Center and the talk show Speakeasy, the concert special showcases Jordan's powerful vocals singing classic holiday and popular songs, including.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	European Christmas Markets Join us on our discovery of Europe's Christmas Markets, where the town center, market square or just the narrow, cobblestone streets of the cities and towns of Europe come alive in winter with festively decorated wooden stalls offering all sorts of treats and delights. As we travel through Germany, France and Switzerland we visit cities and towns and learn of their history, see their major sights, and visit their charming markets. Besides being a visual treat, the show is also a musical treat, as T the Kingston Trio provides special folk arrangements of traditional Christmas carols to add to the magic and enchantment of the medieval and castle towns we visit. In our visit to Bernkastel-Kues we see the town hall decorated as an advent calendar, and learn of the traditional beverage of the markets, the Gluhwein. In Nuremberg we visit the imposing castle, and one of the most famous of all the Christmas markets. You can almost smell the roasting sausages and gingerbread sold in the stalls. In Rothenburg we learn of the traditional wooden Christmas decorations from the son of the founder of the Kathe Wolfhart Christmas store, and wander along the ramparts the the fairy tale village. Then we have a quick stop in the wine town of Rudesheim. A unique visit is made to the ancient town of Michelstadt and its Christmas market. And then into France, to see how the French celebrate the season in Strasbourg. We conclude our travels in Switzerland, with the sights and sounds of the holidays in Basel and and the alpine city of Lucerne. This show is a true Christmas treat, as we experience Europe at a time of community, conviviality and color. It will fill your senses with the warmth and the fun of the holiday season, with some geography and history lessons to boot!	NETA	(S)	(CC)	N/A	#0H
04:30:00	Christmas on the Danube Christmas on the Danube is a companion to European Christmas Market. It is true holiday treat that will fill your senses with warmth, touch your heart, and provide your mind with geography and history, as well. Traveling the majestic Danube river as it passes through stunning European landscape, history and culture, Christmas on the Danube visits theses cities along the Danube, which are particularly spectacular at Christmas.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Closer to Truth What Is Information? Information is all the rage in science, changing how we think about fundamental questions. Information has many descriptions, some of them surprising. Why is Information so important to scientists and philosophers?	EPS	(S)	(CC)	N/A	#1403H

Mon, Dec 26, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
05:30:00	Innerviews with Ernie Manouse Greg Gorman Greg Gorman is one of the top photographers working today - known primarily for his celebrity portraits, nudes and movie poster images. His iconic shots have appeared on the covers of Esquire, GQ, Interview, Rolling Stone, and Vanity Fair, to name but a few. He has published a dozen books, won multiple awards, and conducts sold out photography seminars across the globe. On this episode of InnerVIEWS, Ernie sits down with famed photographer Greg Gorman.	NETA	(S)	(CC)	N/A	#1004H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2002
08:00:00	Peep and the Big Wide World The Real Decoy/ Peep's Lost Leaf/Pocoyo - Detective Pocoyo Quack finds a majestic duck (a decoy, actually) and refuses to admit that there's something strange about her. One windy day, Peep spies the "perfect" leaf and decides to chase it down. Then, Elly is aghast to realize that her darling doll is missing. Detective Pocoyo decides to help Elly and he looks for clues as to where her doll might be.	APTEX	(S)	(CC)	N/A	#217
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#114H
09:00:00	Functional Fitness with Suzanne Andrews Younger Heart In 30 Days	ACCES		(CC)	N/A	#118H
09:30:00	Classical Stretch: By Essentrics Boost Your Energy In this episode of Classical Stretch, join Miranda Esmonde-White by the spa pool in beautiful Mexico. In this entry level standing and barre workout, Miranda will lead you through a series of exercises that will leave you feeling energized.	APTEX	(S)	(CC)	DVI	#1112H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1104H
10:30:00	Sewing with Nancy Sew The Perfect T-Shirt, Part 2 Sew a classic tee dress with easy fitting, sewing, and designing techniques. Nancy and designer Pamela Leggett show how to apply sewing and fitting techniques from a T-shirt pattern to a wardrobe classic-a comfortable tee dress. Also learn tips for several neckline variations and hemming options ideal for dresses.	NETA	(S)	(CC)	N/A	#2906H
11:00:00	Knit and Crochet Now! Mosaic Stitch Scarves Everybody loves scarves and this week Host Deborah Norville joins Lena Skvagerson who will show you how to knit the Slip That Stich Scarf and magically make two colors appear in the same row without carrying the yarn. Ellen will show us her interpretation of a crochet mosaic scarf with the Nascha Crochet Scarf and then back to Lena in the stitch corner with her very own Knit Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#704H
11:30:00	Fons & Porter's Love of Quilting Country Fair Classic patchwork patterns stand the test of time. Mary's guest is Deb Tucker for this episode and the Country Fair quilt is our focus. We present the tools and techniques you can use to make this classic with simplified construction. The Carpenter's Wheel block in a scrappy version will be your next favorite.	NETA	(S)	(CC)	N/A	#2602H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6111H
13:00:00	America's Test Kitchen from Cook's Illustrated Ultimate Chinese Test cook Bridget Lancaster shows host Christopher Kimball how to make the ultimate mu shu pork at home. Then, equipment expert Adam Ried reviews rice cookers in the Equipment Corner. Finally, test cook Julia Collin Davison uncovers the secrets to making the best crispy orange beef.	APTEX	(S)	(CC)	N/A	#1618H
13:30:00	Pati's Mexican Table Turkey Day Pati and her family celebrate Thanksgiving in the Jinich house. Pati cooks for and hosts the Jinich family traditional Thanksgiving dinner with all of the essentials - turkey, stuffing, veggies, the works - all with a Mexican twist, of course.	APTEX	(S)	(CC)	N/A	#511H

Mon, Dec 26, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Lucky Chow Northern Thai Cuisine	APTEX	(S)	(CC)	N/A	#103H
	Andy Ricker, a carpenter-turned-chef from Portland, Oreg., is known for bringing "authentic" Thai food to America. At a food festival in Las Vegas, Ricker prepares a welcome dinner for the participating chefs at the much-loved Lotus of Siam, with chef/owner Saipin Chutima at the helm. The duo create their collective version of a spicy Issan dish. At the table, Jet Tila rhapsodizes about the days when his family opened America's first Thai grocery store in Hollywood, Calif., and introduced lemongrass, kaffir lime leaves and other ingredients to the American palate. The episode also includes visits to a Thai temple in Los Angeles.					
14:30:00	Steven Raichlen's Project Smoke Behind The Smoke	APTEX	(S)	(CC)	N/A	#213H
	Come behind the smoke as Steven pushes the envelope with a refreshing lime and mint mezcalini, hay-smoked quail eggs, Danish smoked shrimp and, believe it or not, smoked ice cream! Mezcalini; Danish smoked shrimp; Hay-smoked quail eggs; Bacon sundaes; Smoked chocolate bread pudding; Smoked ice cream with rum raisin sauce.					
15:00:00	Beads, Baubles and Jewels Stringing Projects Using Double-Drilled Beads	NETA	(S)	(CC)	N/A	#2004H
	Author and designer Kristal Wick has some fabulous stringing projects featuring double drilled beads. She shows how to design coordinating necklace and bracelet using double drilled beads. Kristal also has a segment discussing metal clay. Katie shows how to store and organize seed beads.					
15:30:00	Make It Artsy Home Decor	NETA	(S)	(CC)	N/A	#111H
	Your home is a gallery for your art. Artist Dina Wakley makes a wall hanging with tissue stamping. Tool expert Joe Rotella uses computer design and cutting technology to create an apron. Using watercolors, calligrapher Janet Takahashi creates simple brush lettering. Author Rebekah Meier has a tip for adding a splash of color to any home.					
16:00:00	Biz Kid\$ Wheel of Misfortune	APTEX	(S)	(CC)	DVI	#302H
	Find out how to avoid common money mistakes and learn the importance of following a financial plan. Explore both short- and long-term goals.					
16:30:00	Hands On Crafts for Kids Shadows	NETA	(S)	(CC)	DVI	#1607H
	The definition of a shadow is a dark image projected onto a surface when light is blocked by the shade of an object. It's what gives your project dimension. First, make silhouettes of your friends. Then, create shadows all around the room with a birthday mobile. Today's art journal technique is an introduction to shading using three dimensional shapes. We finish with a shadow puppet theater.					
17:00:00	P. Allen Smith's Garden Home Getting Ready for Christmas	APTEX	(S)	(CC)	DVI	#1212H
	P. Allen Smith is gearing up for the Christmas Season with tons of fresh greenery and ways to use it inside the home, including fireplace mantles and a children's room. Plus, he shows us how to make simple cinnamon pinecones and other fun holiday luminaries. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World The Giving Garden: Ample Harvest Helps Share The Bounty (Milford, Nj)	APTEX	(S)	(CC)	N/A	#701H
	If you've ever grown a vegetable garden, you've probably had more of something than you could use at the end of the season. That was the basis for how AmpleHarvest.org was formed. Gary Oppenheimer saw that his community garden was producing far more than the gardeners could consume, or even give away to family and friends. So he decided to find a way to get that fresh produce in the hands of neighbors in need, and that simple idea grew into a national non-profit network. The premise was to make it possible for anyone to have access to- or donate- fresh produce, wherever they lived-all from garden surplus. Today, AmpleHarvest.org has been recognized by the White House as well as major companies and organizations for their important work. In this episode, founder Gary Oppenheimer will be introduced and learn how we can all share some of our "ample harvest" with our own neighbors in need.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13257
18:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#113H
	Bambike - Paul Lin reports on one of the most popular transportation lifestyle trends, cycling with bamboo bikes. Guest: Bryan Benitez McClelland, Founder Bambike. Actress Ann Sanders - Kyung Yoon interviews actress Ann Sanders who created a buzz on Broadway for stepping in the lead role of Anna in "The King And I." Museum Diversity - Ernabel Demillo reports how the workforce at museums and art organizations nationwide don't reflect the diverse population they serve. K-pop - Korean Pop, also known as K-pop has made its way from Seoul to New York, thanks to pop star Psy's "Gangnam Style" hit song. Now it's all the rage here in New York and in other cities worldwide.					

Daily Program Listing II

43.1

Date: 10/30/2016

12/01/2016 - 12/31/2016

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Mon, Dec 26, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7192
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1251H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#408H
	Molly Tuttle shows where bluegrass songwriting and hot guitar picking is heading. Emerging talent Christian Lopez brings passion and grit. And Sixpence None The Richer star singer Leigh Nash goes old school country.					
21:00:00	Live from the Artists Den The Lumineers	APTEX	(S)	(CC)	N/A	#1104H
	Americana superstars The Lumineers returned to their former neighborhood of Brooklyn for an unforgettable taping of Live from the Artists Den at the majestic Kings Theatre. The band performed an 18-song set for ticket winners and guests, split evenly between songs from their Grammy-nominated 2012 debut and its Number One-charting follow-up, Cleopatra (plus a riveting unreleased song, "Long Way From Home," played solo by lead singer Wesley Schultz). The ornate, magnificent theater-built in 1929 and recently restored to its initial glory-provided a breathtaking setting for a night full of great moments, from an unamplified version of "Darlene" to a rousing rendition of the Lumineers' breakthrough smash "Ho Hey."					
22:00:00	Bucknell Candlelight Christmas	APTEX	(S)	(CC)	N/A	#0H
	Lessons and Carols, returns to public television. Rooke Chapel, set on one of Central Pennsylvania's most picturesque campuses, makes for an evocative setting in A BUCKNELL CANDLELIGHT CHRISTMAS. The program opens with the traditional candlelight procession and recounts Christ's birth through Bible readings and anthems from the renowned undergraduate musical ensembles, the Rooke Chapel Choir and Rooke Chapel Ringers. This holiday special also highlights the uplifting power of congregational singing, with performances of sacred music and familiar carols such as "God Rest Ye Merry Gentlemen," "Go Tell it On the Mountain," "Hark! The Herald Angels Sing," "Silent Night" and "Joy to the World."					
23:00:00	Getting to the Nutcracker	NETA	(S)	(CC)	N/A	#0H
	"Getting to the Nutcracker" is a behind the scenes look at what it takes each year to produce the Nutcracker Ballet from auditions to final performance, following the Los Angeles based, Marat Daukayev Ballet Theatre, led by the former Kirov star. Boys and girls, ages 3-18 are profiled; passionate people who, with their families, make incredible sacrifices of time and money, just so that they may dance. The young featured dancers have diverse backgrounds and very different life goals, which may or may not include dance. Executive Producer/Director Serene Meshel-Dillman, a former dancer at the School of American Ballet and commercial television producer, allows the viewer an intimate, behind-the-curtain view of the dancers, their teachers and families. The audience follows the dancers through the auditions, the rigorous hours of training and rehearsals, and shares the joy of landing a principal role and the pain of losing one.					

Tue, Dec 27, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7192
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1251H
01:00:00	Music City Roots Live from the Factory Molly Tuttle shows where bluegrass songwriting and hot guitar picking is heading. Emerging talent Christian Lopez brings passion and grit. And Sixpence None The Richer star singer Leigh Nash goes old school country.	APTEX	(S)	(CC)	N/A	#408H
02:00:00	Live from the Artists Den The Lumineers Americana superstars The Lumineers returned to their former neighborhood of Brooklyn for an unforgettable taping of Live from the Artists Den at the majestic Kings Theatre. The band performed an 18-song set for ticket winners and guests, split evenly between songs from their Grammy-nominated 2012 debut and its Number One-charting follow-up, Cleopatra (plus a riveting unreleased song, "Long Way From Home," played solo by lead singer Wesley Schultz). The ornate, magnificent theater-built in 1929 and recently restored to its initial glory-provided a breathtaking setting for a night full of great moments, from an unamplified version of "Darlene" to a rousing rendition of the Lumineers' breakthrough smash "Ho Hey."	APTEX	(S)	(CC)	N/A	#1104H
03:00:00	Bucknell Candlelight Christmas Lessons and Carols, returns to public television. Rooke Chapel, set on one of Central Pennsylvania's most picturesque campuses, makes for an evocative setting in A BUCKNELL CANDLELIGHT CHRISTMAS. The program opens with the traditional candlelight procession and recounts Christ's birth through Bible readings and anthems from the renowned undergraduate musical ensembles, the Rooke Chapel Choir and Rooke Chapel Ringers. This holiday special also highlights the uplifting power of congregational singing, with performances of sacred music and familiar carols such as "God Rest Ye Merry Gentlemen," "Go Tell it On the Mountain," "Hark! The Herald Angels Sing," "Silent Night" and "Joy to the World."	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Getting to the Nutcracker "Getting to the Nutcracker" is a behind the scenes look at what it takes each year to produce the Nutcracker Ballet from auditions to final performance, following the Los Angeles based, Marat Daukayev Ballet Theatre, led by the former Kirov star. Boys and girls, ages 3-18 are profiled; passionate people who, with their families, make incredible sacrifices of time and money, just so that they may dance. The young featured dancers have diverse backgrounds and very different life goals, which may or may not include dance. Executive Producer/Director Serene Meshel-Dillman, a former dancer at the School of American Ballet and commercial television producer, allows the viewer an intimate, behind-the-curtain view of the dancers, their teachers and families. The audience follows the dancers through the auditions, the rigorous hours of training and rehearsals, and shares the joy of landing a principal role and the pain of losing one.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Closer to Truth Can Design Point to God? To argue for God, the easy way appears to be 'design', the obvious order and apparent purpose of the world. How could all of this be if there were no God? Quite easily, says science. What's the deep thinking on both sides?	EPS	(S)	(CC)	N/A	#1404H
05:30:00	Innerviews with Ernie Manouse Loretta Devine Loretta Devine has taken Broadway and the silver screen by storm, grabbing the nation's attention with her breakout role as Lorrell in the original Broadway production of Dreamgirls. That role led to a film career that has included featured appearances in Waiting to Exhale, What Women Want, and Crash. After spending some time in television series like "Boston Public", "Grey's Anatomy" and "Eli Stone", she lit up the silver screen once again in Tyler Perry's "For Colored Girls." On this episode of InnerVIEWS, Ernie sits down with 5-time NAACP Image award winner, actor and singer Loretta Devine.	NETA	(S)	(CC)	N/A	#1005H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2003
08:00:00	Peep and the Big Wide World Bringing Spring/Quack's Pond Party/Pocoyo - Elly's Tea Party It's February, which means it's cold and bleagh and dreary. But things start to cheer up when the birds help a young groundhog find her shadow. Quack needs some attention (shocking!), and decides to throw a party to get some. He'll be the entertainment, of course, but what should he serve to eat? Then, Elly invites her chums to a tea party but they don't want to come because they know how bossy Elly is at her tea parties.	APTEX	(S)	(CC)	N/A	#216
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#115H
09:00:00	Functional Fitness with Suzanne Andrews Cancer Prevention	ACCES		(CC)	N/A	#119H

Tue, Dec 27, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Bone Strengthening In this episode of Classical Stretch, join Miranda Esmonde-White at the Kantun Chi Eco Park. This all-standing workout is designed to strengthen your bones and prevent osteoporosis.	APTEX	(S)	(CC)	DVI	#1113H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1105H
10:30:00	Sewing with Nancy Beginning Landscape Quilting, Part 1 Learn landscape quilting using this simplistic approach and easy techniques. Nancy and her quilting mentor Natalie Sewell streamline the landscape quilting process using a beginner's prospective. Learn to use inspirational photos, choose fabric, and master messy and fussy cutting techniques. Create trees easily with raw-edge applique techniques and give them dimension with fabric markers or oil pastels.	NETA	(S)	(CC)	N/A	#2907H
11:00:00	Knit and Crochet Now! Artsy Afghans Host Deborah Norville believes nothing says you're special like a handmade afghan, it's like a perpetual hug from the person who stitched it. Ellen is first up with the Geometric Crochet Afghan, which features a lace border, and then Kristin shows how to stitch up the Windowpane Afghan, which is knit in the round, then cutting it to make it flat! In the stitch corner Ellen teaches how to Crochet a Cable.	APTEX	(S)	(CC)	DVI	#705H
11:30:00	Fons & Porter's Love of Quilting Pixie Wings A quilt that dazzles the eye with curves that flow from block to block - Pixie Wings will be the next on your "I have to make it" list. Mary and her guest Amy Ellis present one our newest template sets that enables you to create wonderful curves with accuracy.	NETA	(S)	(CC)	N/A	#2603H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6112H
13:00:00	Hubert Keller: Secrets of a Chef Hawaiian Island Lunch A fan of Hawaiian cuisine, Chef Keller prepares a tasty island lunch. First it's a grilled octopus salad with hearts of palm, sea beans and a chipotle aioli. Then he makes the popular musubi sandwich with sushi rice, nori seaweed, and pork belly. Dessert is a roasted pineapple, infused with vanilla beans and soaked in a rum brown sugar syrup. Grilled Octopus Salad with Hearts of Palm, Hawaiian Musubi Sandwich, & Roasted Pineapple with Vanilla and Rum.	NETA	(S)	(CC)	N/A	#513H
13:30:00	Sara's Weeknight Meals Pestopalooza Summer means more of everything and if you have extra herbs, this is the show for you. We start with a traditional basil pesto, string bean and potato pasta from guest chef Giuseppe Fanelli. On Ask Sara, tips on growing your own windowsill herb garden and how to cook with herb. Sara also creates her phenomenal brown and wild rice with broccoli pesto.	APTEX	(S)	(CC)	N/A	#517H
14:00:00	Taste of History Charles Thomson's Great Seal of the United States Chef Walter Staib pays tribute to Charles Thomson, designer of America's Great Seal. Chef Staib dedicates this meal to Thomson with: Crawfish Bisque and Wether Stew. Bee Sting Cake, infused with honey from this founding father's estate, is baked in an 18th century beehive oven and completes the meal.	NETA	(S)	(CC)	N/A	#701H
14:30:00	George Hirsch Lifestyle Food Is Art An inspired George creates a traditional Italian menu of herb frittata, pasta with quick marinara, a time-honored meatballs recipe, and biscotti. An artist shares how art and food go hand-in-hand, and a local chef chats with George about finding new sources for inspiration for creating art in his kitchen. Recipes: - Fresh Herb Frittata - Nana's Meatballs - Marinara Sauce & Penne Pasta - George's Biscotti.	APTEX	(S)	(CC)	N/A	#108H
15:00:00	Beads, Baubles and Jewels Get Creative with Resin and Wire Mixed media artist Susan Lenart Kazmer demonstrates making faux stones with glass glitter, inclusions and resin, and then she shows cold surface work to mimic enameling on metal. Today's Beading Lesson is on knotting with leather.	NETA	(S)	(CC)	N/A	#2005H
15:30:00	Make It Artsy Collage Combine materials, mediums and techniques to create a collage. Julie Fei Fan Balzer has a collage project using layers of stencils. Urban artist Seth Apter die cuts components for an industrial-looking collage. Mixed media artist Rebekah Meier paints, stamps and sews a colorful cloth banner. Jenn Mason has a tip for capturing images while you travel.	NETA	(S)	(CC)	N/A	#112H

Tue, Dec 27, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ More Bang for Your Buck	APTEX	(S)	(CC)	DVI	#303H
	Whether you're facing good times or tough times, it's important to know how to get the best value for your money. Discover tips for stretching your dollars.					
16:30:00	Hands On Crafts for Kids Shapes	NETA	(S)	(CC)	DVI	#1608H
	We're exploring shapes today. Shape is what gives an object its form - they can be geometric like squares or triangles - or a shape can be anamorphic or free form. We begin with a Japanese printing technique called gyotaka to make fish shaped prints. Then, we're making a homemade hula hoop. The next page of our art journal is using the shape of your fingerprint to create faces to express your mood. Finally, mix and match shapes to create monster cubes.					
17:00:00	P. Allen Smith's Garden Home Seasonal Change	APTEX	(S)	(CC)	DVI	#1213H
	P. Allen Smith shows us ways to change out the seasonal decor in our homes from fall to winter, force bulbs indoors, recycle Christmas Trees, and attract birds to your yard in the winter. Plus, Allen shares some valuable tips on things you can do in your garden when it's cold, to gear up for spring. Allen shares the latest progress on the Garden Home Challenge.					
17:30:00	Growing A Greener World Regenerating Detroit Through Urban Gardening (Detroit, Mi)	APTEX	(S)	(CC)	N/A	#702H
	Once America's most productive manufacturing city, Detroit's landscape took a turn for the worse in the mid-1960s. But in recent years, green-minded citizens began to reclaim their city with community gardens and urban farms providing two of the fastest roads to recovery. Today, over 1,300 such plots have sprouted throughout Detroit. They're providing an emotional boost to citizens, food for the hungry and instant beauty to areas while lifting spirits, enthusiasm and economic recovery for a better tomorrow.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13258
18:30:00	Euromaxx	WNVN	(S)	(CC)	N/A	#1251H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7193
19:30:00	Americas Now Argentina - Beef Up	NETA	(S)	(CC)	N/A	#104H
	Argentina - Beef up (Joel Richards) - Argentina is famed worldwide for the quality of its beef. Argentineans eat an average of over 50 kilos of meat every year, making it one of the most carnivorous countries in the world. The beef industry is what pushed the country's economy forward over a century ago and it's still a key component of its agricultural exports. China is now the number one buyer of Argentine beef, overtaking the European market. But, as Americas Now correspondent Joel Richards discovered the beef and ranching industry is at a crossroads for a whole range of reasons. Mexico - Endangered Cactus (Franc Contreras) - When we think of global threats of extinction, exotic animals usually come to mind. But many rare plants also are at risk of disappearing forever. And that is a major concern -as plants are the foundation of all food chains. Few scientific studies have ever examined plant species facing extinction, until now. Biologists from across the Americas have produced the first full assessment of cacti species. It found nearly one-third of these desert plants face extinction. CCTV's Franc Contreras takes us to a special botanical garden in Mexico, dedicated to conserving rare and threatened cactus species.					
20:00:00	Sun Studio Sessions Patrick Sweany	NETA	(S)	(CC)	N/A	#603H
	Nashville based Patrick Sweany is a musician's musician and counts the Black Keys' Dan Auerbach, who produced two Sweany records, as a fan. Esquire magazine writes "This is the kind of music Robert Johnson sold his soul for way back when - and Sweany is pouring his into it.". He performs several fan favorites, including "Every Gun" and "Working for You."					
20:30:00	Jammin at Hippy Jack's Outlaw Gospel 2	NETA	(S)	(CC)	N/A	#1010H
	Watch the magic unfold as performers and family members take stage to share songs at Hippy Jack's. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippy Jack's is all about.					
21:00:00	Xerox Rochester International Jazz Festival Tessa Souter	APTEX	(S)	(CC)	N/A	#702H
	Award-winning Anglo-Trinidadian Tessa Souter's "truly beautiful voice" (Sirius Radio) and penchant for exploring strikingly beautiful music mostly untouched by other singers has set her apart as "one of the finest and most fearless vocalists to have emerged in recent years." (Boston Globe)					

Tue, Dec 27, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	St. Thomas Christmas: Jubilant Light 2015	APTEX	(S)	(CC)	N/A	#0H
	<p>This Christmas season, the University of St. Thomas (UST) in Saint Paul, Minnesota is proud to share its musical artistry with audiences nationwide. The Catholic university is Minnesota's largest private college or university enrolling nearly 11,000 students on campuses in Saint Paul, Minneapolis and Rome, Italy. In December 2015, viewers will enjoy A ST. THOMAS CHRISTMAS: JUBILANT LIGHT a festive concert showcasing UST's internationally renowned vocal instrumental ensembles in performance with inspired musical programming. The Christmas concert is a tradition for the entire St. Thomas community to celebrate the seasons of Advent and Christmas, while enjoying the amazing talents showcases by student ensembles performing in concert on a world-class stage. The one-hour holiday special celebrates the Advent and Christmas season by drawing from both the familiar traditional carols and innovative contemporary selections. The University's Chamber Singers, Concert Choir, Liturgical Choir, Women's Choir, Symphonic Wind Ensemble, Brass Choir and the String Orchestra will all perform. A sampling of the music chosen to date includes a world premiere performance of Jubilant Light by the nationally acclaimed composer, James Stephenson. A ST. THOMAS CHRISTMAS: JUBILANT LIGHT will be filmed before a live audience at Orchestra Hall in downtown Minneapolis. Orchestra Hall, which is home to the acclaimed Minnesota Orchestra, is widely praised for its acoustic design in the honored tradition of renowned European concert halls credited for their sonic purity. Hundreds of student musicians will perform for 2,500 music enthusiasts in person.</p>					
23:00:00	Christmas with the Duttons	NETA	(S)	(CC)	N/A	#0H
	<p>"Christmas with The Duttons" is a joyful affair full of song, dance, comedy, and surprises with cultural influences from the holiday season all over the world! With three generations of family performing The Duttons pull out the stops with everything from Celtic fiddles and Christmas classics, to beautiful orchestrations and modern arrangements. This is a Christmas broadcast full of magic that demonstrates the love that these entertainers have for this amazing time of year.</p>					

Wed, Dec 28, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7193
00:30:00	Americas Now Argentina - Beef Up	NETA	(S)	(CC)	N/A	#104H
	<p>Argentina - Beef up (Joel Richards) - Argentina is famed worldwide for the quality of its beef. Argentineans eat an average of over 50 kilos of meat every year, making it one of the most carnivorous countries in the world. The beef industry is what pushed the country's economy forward over a century ago and it's still a key component of its agricultural exports. China is now the number one buyer of Argentine beef, overtaking the European market. But, as Americas Now correspondent Joel Richards discovered the beef and ranching industry is at a crossroads for a whole range of reasons. Mexico - Endangered Cactus (Franc Contreras) - When we think of global threats of extinction, exotic animals usually come to mind. But many rare plants also are at risk of disappearing forever. And that is a major concern -as plants are the foundation of all food chains. Few scientific studies have ever examined plant species facing extinction, until now. Biologists from across the Americas have produced the first full assessment of cacti species. It found nearly one-third of these desert plants face extinction. CCTV's Franc Contreras takes us to a special botanical garden in Mexico, dedicated to conserving rare and threatened cactus species.</p>					
01:00:00	Sun Studio Sessions Patrick Sweany	NETA	(S)	(CC)	N/A	#603H
	<p>Nashville based Patrick Sweany is a musician's musician and counts the Black Keys' Dan Auerbach, who produced two Sweany records, as a fan. Esquire magazine writes "This is the kind of music Robert Johnson sold his soul for way back when - and Sweany is pouring his into it.". He performs several fan favorites, including "Every Gun" and "Working for You."</p>					
01:30:00	Jammin at Hippie Jack's Outlaw Gospel 2	NETA	(S)	(CC)	N/A	#1010H
	<p>Watch the magic unfold as performers and family members take stage to share songs at Hippie Jack's. With an ever changing line up, and a jam band mentality the result is a beautiful cross pollination of sound and energy. This is exactly what Jammin' at Hippie Jack's is all about.</p>					
02:00:00	Xerox Rochester International Jazz Festival Tessa Souter	APTEX	(S)	(CC)	N/A	#702H
	<p>Award-winning Anglo-Trinidadian Tessa Souter's "truly beautiful voice" (Sirius Radio) and penchant for exploring strikingly beautiful music mostly untouched by other singers has set her apart as "one of the finest and most fearless vocalists to have emerged in recent years." (Boston Globe)</p>					
03:00:00	St. Thomas Christmas: Jubilant Light 2015	APTEX	(S)	(CC)	N/A	#0H
	<p>This Christmas season, the University of St. Thomas (UST) in Saint Paul, Minnesota is proud to share its musical artistry with audiences nationwide. The Catholic university is Minnesota's largest private college or university enrolling nearly 11,000 students on campuses in Saint Paul, Minneapolis and Rome, Italy. In December 2015, viewers will enjoy A ST. THOMAS CHRISTMAS: JUBILANT LIGHT a festive concert showcasing UST's internationally renowned vocal instrumental ensembles in performance with inspired musical programming. The Christmas concert is a tradition for the entire St. Thomas community to celebrate the seasons of Advent and Christmas, while enjoying the amazing talents showcases by student ensembles performing in concert on a world-class stage. The one-hour holiday special celebrates the Advent and Christmas season by drawing from both the familiar traditional carols and innovative contemporary selections. The University's Chamber Singers, Concert Choir, Liturgical Choir, Women's Choir, Symphonic Wind Ensemble, Brass Choir and the String Orchestra will all perform. A sampling of the music chosen to date includes a world premiere performance of Jubilant Light by the nationally acclaimed composer, James Stephenson. A ST. THOMAS CHRISTMAS: JUBILANT LIGHT will be filmed before a live audience at Orchestra Hall in downtown Minneapolis. Orchestra Hall, which is home to the acclaimed Minnesota Orchestra, is widely praised for its acoustic design in the honored tradition of renowned European concert halls credited for their sonic purity. Hundreds of student musicians will perform for 2,500 music enthusiasts in person.</p>					
04:00:00	Christmas with the Duttons	NETA	(S)	(CC)	N/A	#0H
	<p>"Christmas with The Duttons" is a joyful affair full of song, dance, comedy, and surprises with cultural influences from the holiday season all over the world! With three generations of family performing The Duttons pull out the stops with everything from Celtic fiddles and Christmas classics, to beautiful orchestrations and modern arrangements. This is a Christmas broadcast full of magic that demonstrates the love that these entertainers have for this amazing time of year.</p>					
05:00:00	Closer to Truth What Is Truth?	EPS	(S)	(CC)	N/A	#1405H
	<p>Everyone wants to know 'Truth'. But what is Truth? People argue about Truth; people fight about Truth-consider politics and religion. But what is the basic meaning of Truth itself?</p>					
05:30:00	Innerviews with Ernie Manouse Bill Moyers	NETA	(S)	(CC)	N/A	#1006H
	<p>Bill Moyers served as White House Press Secretary in the Johnson Administration from 1965 to 1967. He was a news commentator on television for ten years. But today, Moyers is probably best known for his extensive involvement with public television, producing documentaries and news journal programs. He has received over thirty Emmy Awards and virtually every other major television journalism prize, as well as becoming well known as a critic of the media. On this episode of InnerVIEWS, Ernie sits down with Emmy and Peabody lifetime award winner, journalist Bill Moyers.</p>					

Wed, Dec 28, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2004
08:00:00	Peep and the Big Wide World Birds of a Feather/The Incredible Shrinking Duck/Pocoyo - Lost In Space Peep discovers a beautiful feather, then sets out to find its rightful owner. Quack builds a snow monument to himself, but is horrified to discover that snow-and fame-don't last. Then, Pocoyo goes to visit his alien friend who wants to show him around his beautiful planet.	APTEX	(S)	(CC)	N/A	#218
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#116H
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 1	ACCES		(CC)	N/A	#120H
09:30:00	Classical Stretch: By Essentrics Spine Flexibility In this episode of Classical Stretch, join Miranda Esmonde-White at the Sassil Kantenah Wedding Resort. Miranda will take you through stretches that will increase the flexibility in your back and improve your posture in this standing and floor workout.	APTEX	(S)	(CC)	DVI	#1114H
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1106H
10:30:00	Sewing with Nancy Beginning Landscape Quilting, Part 2 Learn to create a garden scene in fabric with this easy landscape quilting process. Natalie Sewell, landscape quilt artist, and Nancy create beautiful foliage, groundcover, and floral accents in their landscape quilt designs-learn the easy process in this program. Nancy and Natalie guide you in choosing fabric, cutting, clustering, highlighting, and adding dimension for beautiful detail in your quilt garden.	NETA	(S)	(CC)	N/A	#2908H
11:00:00	Knit and Crochet Now! Dolly Long Legs Lena Skvagerson and Robyn Chachula are going to show how to knit and crochet versions of our Dolly Long Legs...which we have named "Deborah Dolls" in honor of new host Deborah Norville. These are sure to be the special doll that gets dragged everywhere. Ellen is in the stitch corner showing how to crochet the Fishbone Stitch.	APTEX	(S)	(CC)	DVI	#706H
11:30:00	Fons & Porter's Love of Quilting Liz's Lemoyne Star A wonderful scrap quilt designed using block exchange LeMoyne stars. Mary and her guest Liz Porter will show you how to use the Rapid Fire LeMoyne Star tool to create accurate blocks for a great outcome. Liz also shares quilts created by friends with unique setting inspirations.	NETA	(S)	(CC)	N/A	#2604H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6113H
13:00:00	Lidia's Kitchen Eggs Eggs were always a favorite at Lidia's home as a kid and they still are. In this episode, she'll prepare savory egg battered zucchini roll ups; a refreshing and simple fennel, red onion and celery salad topped with Italian salami and a luscious frittata filled with ricotta, tomatoes, onion and basil.	APTEX	(S)	(CC)	N/A	#304H
13:30:00	Taste The Islands with Chef Irie Dinner in the Keys Chef Irie showcases his love of island gourmet with Shrimp Bisque, Spicy Steamed Fish Papillote and a Mango Key Lime Pie. Chef cooks and converses with the "Bad Boys" of reggae, Inner Circle.	APTEX	(S)	(CC)	N/A	#104H
14:00:00	Simply Ming Geir Skeier This week on Simply Ming, Chef Tsai continues his adventure in Norway, catching up with chef Geir Skeier, winner of the 2009 Bocuse d'Or world cooking contest. After prepping a delicious cocktail from traditional Norwegian Aquavit, Ming and Geir create two meals from the region's sumptuous salmon.	APTEX	(S)	(CC)	N/A	#1412H
14:30:00	Cook's Country Surf and Turf Goes Regional Test cook Julia Collin Davison shows host Christopher Kimball how to make cedar-planked salmon with cucumber-yogurt sauce at home. Then, test cook Christie Morrison reveals the steps for lemon and herb red potato salad. Next, equipment expert Adam Ried unveils his top picks for insulated food carriers. And finally, test cook Bridget Lancaster uncovers the secrets to grilled sugar steak.	APTEX	(S)	(CC)	N/A	#904H

Wed, Dec 28, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Beaded Embellishments for Your Home Add a touch of glamour to your life. Laura Timmons has rings for your fingers and beaded napkin rings for your table decor. Laura also has tips for adding crystals to fabric. Katie's Beading Lesson is on creating your own beading storage station.	NETA	(S)	(CC)	N/A	#2006H
15:30:00	Make It Artsy Paint Techniques Get out those paints and brushes and let's paint! Collage artist Rebekah Meier uses custom-cut stencils, masking tape and paints to create a cool canvas. Dina Wakley uses thick and thin paint methods to make an artistic journal page. Host Julie Fei Fan Balzer works with additive and reductive mono-printing techniques. In the tip, Seth Apter shares innovative embossing ideas.	NETA	(S)	(CC)	N/A	#113H
16:00:00	Biz Kid\$ Where Is My Allowance? Discover how different families work out "allowances." Even basic financial planning starts now-learn how to manage your monthly income and expenses for vacations, education, and more.	APTEX	(S)	(CC)	DVI	#304H
16:30:00	Hands On Crafts for Kids Lettering Today we take a very personal approach using our names and monograms. Our first projects are monogram ornaments made from air dry clay. Then make initial letter necklaces for you and your friends. Today's art journal technique is lettering - learn some tips for simple calligraphy. Finally make an initial bulletin board covered with initials and doodle art.	NETA	(S)	(CC)	DVI	#1609H
17:00:00	P. Allen Smith's Garden Home A Visit from the Beekman Boys Two New York City boys turned farmers visit Moss Mountain Farm. Find out how the Fabulous Beekman Boys fare, when faced with the challenge of capturing a free-range turkey while Allen puts a spin on a classic dish.	APTEX	(S)	(CC)	N/A	#1401H
17:30:00	Growing A Greener World Masters of the Edible Landscape (San Francisco, Ca and Mt. Vernon, Wa) A common misconception of food gardens is that they're ugly and unsuitable in front yards or as ornamental displays. Accordingly, they're typically relegated to out of sight corners in backyards. But landscape design pro Rosalind Creasy has been working to debunk that myth for over 35 years. Even her home garden - starting right at the curb - is so beautiful that passersby usually don't even realize that it's almost exclusively an edible landscape. In this episode, Joe visits another master of gardening and food, international celebrity chef and television host Graham Kerr, a.k.a. "The Galloping Gourmet." His newfound passion for gardening is infectious, and his desire to share a love of growing food is a true inspiration.	APTEX	(S)	(CC)	N/A	#703H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13259
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#421H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7194
19:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#349
20:00:00	New Tanglewood Tales: Backstage with Rising Artists Cellist Yo-Yo Ma and pianist Emanuel Ax coach a Brahms Trio with fellow Clare Monfredo. Boston Symphony music director Andris Nelsons conducts the students and they discuss their excitement about working with him as a thirty-six year old mentor.	APTEX	(S)	(CC)	N/A	#103H
20:30:00	Songs at the Center Artist: Master Series with Tom Russell, accompanied by Thad Beckman, and hosted by songwriter Eric Gnezda. Tom Russell, one of America's foremost songwriters, sits down with host, Eric Gnezda, for a one-on-one interview, in which he performs and discusses his work. Tom's songs have been recorded by Johnny Cash, Jerry Jeff Walker, Joe Ely, Nanci Griffith, Iris Dement, and Ramblin' Jack Elliott, among others. Legendary poet, Lawrence Ferlinghetti, said that Tom "is writing out of the wounded heart of America." Tom made five appearances on Late Show with David Letterman, and his songs have served as soundtracks in multiple movies and television series. He is also an author and painter. He and Thad perform "The Rose of Roscrae," "Hair Trigger Heart," and "Tularosa."	APTEX	(S)	(CC)	N/A	#212H
21:00:00	Live at 9:30 Performances by Leon Bridges, Wolfmother, Andrew McMahon, Ryn Weaver, Lake Street Drive, and comedy from Hannibal Buress and Christian Finnegan.	NACC	(S)	(CC)	N/A	#108H

Daily Program Listing II

43.1

Date: 10/30/2016

12/01/2016 - 12/31/2016

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Wed, Dec 28, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Rick Steves Special European Christmas	APTEX	(S)	(CC)	N/A	#106H
	<p>From manger scenes and mistletoe to wintry wonderlands, RICK STEVES' EUROPEAN CHRISTMAS celebrates the Christmas season throughout the European continent. In the special, Rick visits friends and families in England, France, Norway, Germany, Austria, Switzerland and Italy to reveal their customs and practices of the holiday season. He begins his travels in England, where the Christmas pudding is the real centerpiece of a traditional English holiday meal. In Paris, the Eiffel Tower heralds the season with its red, twinkling lights. And in the countryside of Tuscany, villagers stack neat pyramids of wood for great bonfires. The lighting of the fires is a signal to villagers - dressed as shepherds - to come and sing old carols. RICK STEVES' EUROPEAN CHRISTMAS offers a colorful, musical celebration of Christmas across Europe where viewers will learn about customs from "the old countries," hear local choirs, and discover holiday family traditions.</p>					
23:00:00	Wisdom of the Grandmothers	ACCES	(S)	(CC)	N/A	#0H
	<p>The Wisdom of the Grandmothers is a powerful testimony to the importance of the voices of elder women in today's world. Love, community, creativity, family, faith and spirituality, respect and caring for our Mother Earth are just a few of the important topics shared.</p>					

Thu, Dec 29, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7194
00:30:00	In Good Shape	WNVC	(S)	(CC)	N/A	#349
01:00:00	New Tanglewood Tales: Backstage with Rising Artists Cellist Yo-Yo Ma and pianist Emanuel Ax coach a Brahms Trio with fellow Clare Monfredo. Boston Symphony music director Andris Nelsons conducts the students and they discuss their excitement about working with him as a thirty-six year old mentor.	APTEX	(S)	(CC)	N/A	#103H
01:30:00	Songs at the Center Artist: Master Series with Tom Russell, accompanied by Thad Beckman, and hosted by songwriter Eric Gnezda. Tom Russell, one of America's foremost songwriters, sits down with host, Eric Gnezda, for a one-on-one interview, in which he performs and discusses his work. Tom's songs have been recorded by Johnny Cash, Jerry Jeff Walker, Joe Ely, Nanci Griffith, Iris Dement, and Ramblin' Jack Elliott, among others. Legendary poet, Lawrence Ferlinghetti, said that Tom "is writing out of the wounded heart of America." Tom made five appearances on Late Show with David Letterman, and his songs have served as soundtracks in multiple movies and television series. He is also an author and painter. He and Thad perform "The Rose of Roscrae," "Hair Trigger Heart," and "Tularosa."	APTEX	(S)	(CC)	N/A	#212H
02:00:00	Live at 9:30 Performances by Leon Bridges, Wolfmother, Andrew McMahon, Ryn Weaver, Lake Street Drive, and comedy from Hannibal Buress and Christian Finnegan.	NACC	(S)	(CC)	N/A	#108H
03:00:00	Rick Steves Special European Christmas From manger scenes and mistletoe to wintry wonderlands, RICK STEVES' EUROPEAN CHRISTMAS celebrates the Christmas season throughout the European continent. In the special, Rick visits friends and families in England, France, Norway, Germany, Austria, Switzerland and Italy to reveal their customs and practices of the holiday season. He begins his travels in England, where the Christmas pudding is the real centerpiece of a traditional English holiday meal. In Paris, the Eiffel Tower heralds the season with its red, twinkling lights. And in the countryside of Tuscany, villagers stack neat pyramids of wood for great bonfires. The lighting of the fires is a signal to villagers - dressed as shepherds - to come and sing old carols. RICK STEVES' EUROPEAN CHRISTMAS offers a colorful, musical celebration of Christmas across Europe where viewers will learn about customs from "the old countries," hear local choirs, and discover holiday family traditions.	APTEX	(S)	(CC)	N/A	#106H
04:00:00	Wisdom of the Grandmothers The Wisdom of the Grandmothers is a powerful testimony to the importance of the voices of elder women in today's world. Love, community, creativity, family, faith and spirituality, respect and caring for our Mother Earth are just a few of the important topics shared.	ACCES	(S)	(CC)	N/A	#0H
05:00:00	Closer to Truth Does Information Create The Cosmos? Of what is reality made? What are the most basic building blocks from which the cosmos is constructed? Particles? Mass-Energy? Forces? Fields? A new candidate is 'Information'-IT from BIT.	EPS	(S)	(CC)	N/A	#1406H
05:30:00	Innerviews with Ernie Manouse Alana Stewart Alana Stewart emerged in the 70's as a model and actress, with appearances in print, commercials and on TV. She has been married to a pair of very well known personalities - first actor George Hamilton, and rocker Rod Stewart. But it was her enduring friendship with Farrah Fawcett that changed her life forever. Her documentary "Farrah's Story" gave viewers an intimate look inside Fawcett's valiant battle with cancer. On this episode of InnerVIEWS, Ernie sits down with actor, model, filmmaker and president of the Farrah Fawcett Foundation, Alana Stewart.	NETA	(S)	(CC)	N/A	#1007H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2005
08:00:00	Peep and the Big Wide World An Inconvenient Tooth, Part I/An Inconvenient Tooth, Part II/Pocoyo - Not In My Beaver Boy needs some wood to gnaw. (He's got growing teeth!) Problem is, he's cutting down too many trees. The solution? Grow some new trees! Beaver Boy discovers that growing trees is hard. (Not to mention slowwwwww.) Can he find some other way to make his teeth happy? Then, Pocoyo discovers some old rubbish and decides to have a clear out.	APTEX	(S)	(CC)	N/A	#220
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#117H
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 2	ACCES		(CC)	N/A	#121H

Thu, Dec 29, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Arthritis Relief and Pain Prevention	APTEX	(S)	(CC)	DVI	#1115H
	In this episode of Classical Stretch, join Miranda Esmonde-White at the beautiful beach in Mexico. This entry level standing and barre workout is designed to liberate and rebalance all your joints.					
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1107H
10:30:00	Sewing with Nancy Beginning Landscape Quilting, Part 3	NETA	(S)	(CC)	N/A	#2909H
	Spontaneous landscape quilting techniques are the secret to creating picturesque scenes. Nancy and her quilting buddy Natalie Sewell have fine-tuned the process of landscape quilting. You'll learn to cut blooms, accents, and mountains creatively and enhance them easily with fabric, paint, or markers. Then, give life to your designs as you stipple, following the movement of the fabric with easy tips from Natalie and Nancy.					
11:00:00	Knit and Crochet Now! Downton Abbey-Inspired Gloves	APTEX	(S)	(CC)	DVI	#707H
	This week designer Rohn Strong joins Deborah Norville with not one but two pairs of fingerless gloves...one knit and one crochet. The knit Unger Mitts feature a cable and the Riviera Crochet Mitts has an elegant filet cuff, both of which would be suitable for a dinner party at Downton Abbey! In the stitch corner Ellen is demonstrating a Crochet Motif.					
11:30:00	Fons & Porter's Love of Quilting Quilted Scallop Pillow	NETA	(S)	(CC)	N/A	#2605H
	That mini quilt with loads of charm can become a decorative pillow in a few quick steps. With a few unique touches and trim you can create a one of a kind home accent. Mary and her guest Lindsay Wilkes will present quick and easy ways to stitch and embellish a pillow project.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6114H
13:00:00	Eat! Drink! Italy! with Vic Rallo A Little Knowledge	APTEX	(S)	(CC)	N/A	#312H
	Vic visits with Sorrento's Chef Antonino Esposito to learn his masterful pizza recipe. Vic is in Tuscany with Chef Patrizio Cirri to prepare a sausage crostini. Vic and Tony Verdoni are in Campania to talk to some of the area's dynamic and successful winemakers.					
13:30:00	Cooking with Nick Stellino Espresso Ribeye & Fried Green Tomatoes	APTEX	(S)	(CC)	N/A	#113H
	Sometime in life, the most unexpected combination of flavors creates true culinary masterpieces. In this episode Chef Stellino does just that, a magic rub containing espresso turns a great steak into a work of art. Then Nick teaches us how to create a southern favorite, Fried Green Tomatoes.					
14:00:00	The Jazzy Vegetarian Tofu Surprise	NETA	(S)	(CC)	DVI	#509H
	Host Laura Theodore prepares tasty recipes based in tofu. The star of the meal is Parchment Wrapped Tofu Surprise, filled with tender tofu, savory mushrooms and tangy tomatoes, all wrapped up in an enticing package. For the first course, festive Avocado Salad Parfaits make a fun starter and for dessert, tofu is the feature once again in creamy and delicious Peanut Butter-Chocolate Mousse.					
14:30:00	New Scandinavian Cooking Historical Garden	APTEX	(S)	(CC)	N/A	#706H
	Some of Scandinavia's grandest farms can be found around Norway's largest lake, Mjosa. In today's episode Andreas visits one of them, Hovelsrud, where he combines innovation, tradition and world class vegetables. He uses fresh herbs to make an egg-free mayonnaise, combines baked rutabaga and local vendace roe, and makes scones with yellow and red beets. For main course he makes a potato crusted beef fillet with herbs from the beautiful garden.					
15:00:00	Beads, Baubles and Jewels Hammering, Torching and Shaping	NETA	(S)	(CC)	N/A	#2007H
	Author and metal artist Mary Hettmansperger has some great ideas for hammering, texturing and coloring metal, plus using eyelets and rivets for cold connections. Katie's Beading Lesson is using snap finding to make jewelry quickly and easily.					
15:30:00	Katie Brown Workshop Family Favorites	APTEX	(S)	(CC)	DVI	#501H
	Katie shares a few of her family's favorite projects and recipes. In the Kitchen: Aunt Barb's Cole Slaw, Cousin Annie's Goulash and Mother Meg's Blueberry Muffins. Projects: A shadow box fashioned from your child's old shoes. Pottery-collecting.					

Thu, Dec 29, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Escape The Box	APTEX	(S)	(CC)	DVI	#305H
	What do you do when opportunity knocks? Learn how to recognize and act on new opportunities in your life and to be creative in problem solving.					
16:30:00	Hands On Crafts for Kids Settings	NETA	(S)	(CC)	DVI	#1610H
	We create some new locations for creative play as we change the setting around us. We start out with a tree that reflects the changing seasons. Then, we'll make a play tent for imaginary adventures. The next page of our art journal is a surreal collage from magazine cutouts. Last, we create a portable playscape of the forest.					
17:00:00	P. Allen Smith's Garden Home Past Made New	APTEX	(S)	(CC)	N/A	#1402H
	Take a step back in time to the late 18th century town of Salem, North Carolina. Learn how many of the same practices and principles in this Moravian community can be utilized in today's modern backyard gardens.					
17:30:00	Growing A Greener World The 50-Mile Bouquet: Why Local Matters with Flowers, Too (Skagit Valley, Wa)	APTEX	(S)	(CC)	N/A	#704H
	We've all heard the term "sustainably grown." But have you ever stopped to consider that it can apply to more than food? In fact, the flowers you put on your dinner table (unless you grew them yourself) are likely loaded with pesticides that were applied when they were growing in foreign countries thousands of miles away. While the multi-billion-dollar floral industry creates a beautiful product, the growing practices to bring it to market are anything but. Fortunately, a new and local industry for organic and sustainably grown cut flowers is springing up and gaining momentum all across America. These farmers care deeply about not only their product but also the methods used to grow them. In this episode, Joe visits Jello Mold Farm in the beautiful Skagit Valley, WA to see how this small farm operation has created a successful business while caring for the environment.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13260
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1327H
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7195
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1109H
20:00:00	Backstage Pass Grupo Aye - Encore	NETA	(S)	(CC)	N/A	#718H
	Back for an encore, Grand Rapids-based Grupo Aye brings even more high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Guela," "Cuarto de Tula," and more. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
20:30:00	Music Voyager Pueblo, Co	APTEX	(S)	(CC)	N/A	#602H
	The Music Voyager team travels to Pueblo, Colorado to experience the ways in which this industrious city has promoted creative expressions to revitalize the community. Host Jacob Edgar meets Inaiah Lujan, the founder of the band The Haunted Windchimes. Lujan and other local artists and musicians go on a journey across Pueblo, a town blessed with perpetual sunshine, a proud and culturally diverse community, and ample amounts of Pueblo chili peppers. Along the way, they discover that Pueblo embodies the American experience, from the pioneer days to the eras of industrialization and immigration.					
21:00:00	Live from the Dennison Lodge Karen Savoka	NETA	(S)	(CC)	N/A	#106H
	Karen Savoca's warm vocals and catchy percussion accompanied by her husband Pete on guitar bring an eclectic mix of engaging Americana music.					
22:00:00	Cuba: A Lifetime of Passion	APTEX	(S)	(CC)	N/A	#0H
	With unprecedented access to Cubans on both sides of the Florida Straits, CUBA: A LIFETIME OF PASSION looks at the present-day reality of the Cuban Revolution and its uncertain post-Castro future, and the conflicts that have engulfed Cuba for the past six decades. The Cuban Revolution took place before many Cubans today were even born. But what is the legacy of this historic movement? What will happen to the government and to the island nation's citizens after the Castro brothers are no longer in power? Through a series of revealing sequences shot in Cuba and the United States, as well as interviews with individuals who fall on all sides of this issue: pro-Castro Communists and oppositionists in Cuba, U.S. Department of State personnel, academics, and Cubans "stranded in exile" in Miami, this thought-provoking documentary considers Cuba's past and future, and the legacy of a revolutionary regime that has been in power for 57 years.					

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Thu, Dec 29, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Glacier Park Remembered	NETA	(S)	(CC)	N/A	#0H

It is hard to imagine what was more memorable in Glacier Park a century ago: the breath taking scenery, or the adventure. Travel in time with us as we follow the adventures of our counterparts 100 years ago through rare, restored old film, museum pictures, and historical memorabilia. See how eastern city slickers were lured to north central Montana by a glitzy promotional campaign promoted by the Great Northern Railroad. The film makes use of the History Museum's Bovey family collection of old film and restored photographs as we follow the Couch and Ford families' journey by automobile, train and boat from Great Falls to Glacier National Park in 1914. Historical interviews with park rangers, Native Americans, historians and descendants of park concessionaires explain the Glacier Park adventure. "Glacier Park Remembered" was directed and produced by Emmy-winning filmmaker, Craig Wirth with Jim Meinert serving as Executive Producer. The film is presented by the History Museum in Great Falls, Montana.

Fri, Dec 30, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7195
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1109H
01:00:00	Backstage Pass Grupo Aye - Encore	NETA	(S)	(CC)	N/A	#718H
	Back for an encore, Grand Rapids-based Grupo Aye brings even more high energy salsa influence to the 2015 Lansing JazzFest stage. Their infectious sound features brass, vocals, piano, bongos, drums, and more. Songs include: "Mama Guela," "Cuarto de Tula," and more. Recorded at Lansing JazzFest 2015 in the capital city's historic Old Town district.					
01:30:00	Music Voyager Pueblo, Co	APTEX	(S)	(CC)	N/A	#602H
	The Music Voyager team travels to Pueblo, Colorado to experience the ways in which this industrious city has promoted creative expressions to revitalize the community. Host Jacob Edgar meets Inaiah Lujan, the founder of the band The Haunted Windchimes. Lujan and other local artists and musicians go on a journey across Pueblo, a town blessed with perpetual sunshine, a proud and culturally diverse community, and ample amounts of Pueblo chili peppers. Along the way, they discover that Pueblo embodies the American experience, from the pioneer days to the eras of industrialization and immigration.					
02:00:00	Live from the Dennison Lodge Karen Savoka	NETA	(S)	(CC)	N/A	#106H
	Karen Savoca's warm vocals and catchy percussion accompanied by her husband Pete on guitar bring an eclectic mix of engaging Americana music.					
03:00:00	Cuba: A Lifetime of Passion	APTEX	(S)	(CC)	N/A	#0H
	With unprecedented access to Cubans on both sides of the Florida Straits, CUBA: A LIFETIME OF PASSION looks at the present-day reality of the Cuban Revolution and its uncertain post-Castro future, and the conflicts that have engulfed Cuba for the past six decades. The Cuban Revolution took place before many Cubans today were even born. But what is the legacy of this historic movement? What will happen to the government and to the island nation's citizens after the Castro brothers are no longer in power? Through a series of revealing sequences shot in Cuba and the United States, as well as interviews with individuals who fall on all sides of this issue: pro-Castro Communists and oppositionists in Cuba, U.S. Department of State personnel, academics, and Cubans "stranded in exile" in Miami, this thought-provoking documentary considers Cuba's past and future, and the legacy of a revolutionary regime that has been in power for 57 years.					
04:00:00	Glacier Park Remembered	NETA	(S)	(CC)	N/A	#0H
	It is hard to imagine what was more memorable in Glacier Park a century ago: the breath taking scenery, or the adventure. Travel in time with us as we follow the adventures of our counterparts 100 years ago through rare, restored old film, museum pictures, and historical memorabilia. See how eastern city slickers were lured to north central Montana by a glitzy promotional campaign promoted by the Great Northern Railroad. The film makes use of the History Museum's Bovey family collection of old film and restored photographs as we follow the Couch and Ford families' journey by automobile, train and boat from Great Falls to Glacier National Park in 1914. Historical interviews with park rangers, Native Americans, historians and descendants of park concessionaires explain the Glacier Park adventure. "Glacier Park Remembered" was directed and produced by Emmy-winning filmmaker, Craig Wirth with Jim Meinert serving as Executive Producer. The film is presented by the History Museum in Great Falls, Montana.					
05:00:00	Closer to Truth Why A Body in a Resurrection?	EPS	(S)	(CC)	N/A	#1407H
	Judaism, Christianity and Islam teach the 'resurrection of the body', the person brought back to life. But isn't a 'body' out of place in a nonphysical hereafter? Isn't a body a burden throughout eternity? Moreover, how to resurrect a body?					
05:30:00	Innerviews with Ernie Manouse Kim Zimmer	NETA	(S)	(CC)	N/A	#1008H
	Kim Zimmer originally replaced Kathleen Turner on the daytime soap opera The Doctors, and then appeared with her in the iconic film "Body Heat." She has spent two tours of duty on "One Life To Live", but is best known for her role as Riva Shayne on CBS' daytime soap opera "Guiding Light." She has recently published her autobiography "I'm Just Saying...." And she continues to work in film, television and on the stage. On this episode of InnerVIEWS, Ernie sits down with 4-time Emmy Award winner Kim Zimmer.					
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2006
08:00:00	Peep and the Big Wide World There's No Place Like Home/Flipping Newton/Pocoyo - Baby Bird Sitting	APTEX	(S)	(CC)	N/A	#221
	Quack sets out to prove that HIS pond is the best and biggest pond in all the world. How do you unflip a turtle? (It's not as easy as you might think!) Then, when Sleepy Bird has to pop out for a while, Pato and Pocoyo baby-sit.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab	APTEX	(S)	(CC)	N/A	#118H
09:00:00	Functional Fitness with Suzanne Andrews Headache Prevention	ACCES		(CC)	N/A	#122H
09:30:00	Classical Stretch: By Essentrics Posture	APTEX	(S)	(CC)	DVI	#1116H
	In this episode of Classical Stretch, join Miranda Esmonde-White at the colorful mosaic pathway of the Grand Palladium Hotel. This all-standing intermediate workout is designed to stretch and strengthen your entire body while improving your posture.					
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1108H
10:30:00	Sewing with Nancy A Modern Quilting Bee	NETA	(S)	(CC)	N/A	#2910H
	Join Nancy at the Quilt Expo in Madison, WI, for a modern gathering of all things quilting The term "quilting bee" might bring to mind faded images of women gathered around a quilt stretched on a frame. Now, ponder the term "modern quilting bee," an image with thousands of quilt enthusiasts at a convention center.					
11:00:00	Knit and Crochet Now! Shaped Cardigans	APTEX	(S)	(CC)	DVI	#708H
	Today we are making cardigans, a versatile staple for any wardrobe. Deborah Norville is joined by Kristin Nicholas with the Cosima Cardigan, that features a lace panel front that also creates a cable. Then on to Robyn Chachula who is showing how to make the textured crochet Twyla Cardigan. The stitch of the week is a new take on Shetland Lace by Rohn Strong.					
11:30:00	Fons & Porter's Love of Quilting Shortcuts for Free-Motion Quilting Feathers	NETA	(S)	(CC)	N/A	#2606H
	Free-motion quilting feathers look at home on many different kinds of patchwork but learning how to stitch them can be challenging. Mary and her guest Angela Huffman will present the anatomy of a quilting feather and a shortcut method to quilting easy feathers.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#6115H
13:00:00	P. Allen Smith's Garden to Table Celebrating New Beginnings	APTEX	(S)	(CC)	DVI	#312H
	Allen shows viewers it's never too late to eat healthy and delicious with homegrown food. He'll show us how to start tomato plants early, share tips on growing sweet peas and prepare delicious and healthy recipes. For dessert, Allen makes super soy cookies!					
13:30:00	Mike Colameco's Real Food Il Buco	NETA	(S)	(CC)	N/A	#1409H
	In 1994 Donna Leonard opened the original il Buco out back of an antique furniture store on Bond Street steps off the Bowery. Self taught with no experience the place was an instant neighborhood hit. A few years back she expanded with il Buco Alimentari a block north on Great Jones St., which earned 3 stars from the NY Times, both of the places are total stand outs.					
14:00:00	Healthy Heritage Kitchen - Kwanzaa Edition	NETA		(CC)	N/A	#0
	HEALTHY HERITAGE KITCHEN demonstrates healthy versions of traditional holiday meals for ethnic communities. Hosted by Wilbert Jones, a Chicago based chef and food product developer this Wilbert will demonstrate how to prepare healthy recipes for Kwanzaa. Many ethnic American communities suffer from diet related illnesses such as diabetes and heart disease. The holiday season provides little relief. This program introduces some simple substitutions that viewers can use to lighten up their holiday culinary celebrations. Wilbert Jones introduces ingredients used in his recipes for Spoon Bread, Seafood Stew and Pecan Coconut pie that present alternative ways to cut cholesterol, sodium, and fat. Later , Wilbert Jones is joined by Sira Williams to discuss the celebration of Kwanza.					
14:30:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#238H
15:00:00	Beads, Baubles and Jewels Style and Color	NETA	(S)	(CC)	N/A	#2008H
	Molly Schaller shows how she uses trend boards to design jewelry and demonstrates trendy leather bracelets with large focal beads. Then she makes a colorful statement necklace and shares great tips on storing bead strands. In Katie's Beading Lesson she shows how to organize your work space. She offers suggestions for the right supplies and tools and adds another important element - lighting, especially when working with small beads and distinguishing colors.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Sweet	APTEX	(S)	(CC)	DVI	#502H
	The recipes and projects Katie presents promise to satisfy even the sweetest tooth and awaken your sweet side. In the Kitchen: Colorful Birthday Cake, Heavenly Orange & Cherry Brownies and Kyle's Famous Sugar and Spice Cookies. Projects: Make-and-decorate lip balm. A whimsical butterfly bouquet.					
16:00:00	Biz Kid\$ A World Without Taxes	APTEX	(S)	(CC)	DVI	#401H
	Explore how taxes impact your life. Find out about the importance of federal, state, and local taxes and learn what they pay for. Meet young business owners who sell lacrosse socks and others who serve as swimming instructors and hear how they handle taxes.					
16:30:00	Hands On Crafts for Kids Blending	NETA	(S)	(CC)	DVI	#1611H
	One of the keys of impressionism is the blending together of images. The definition of this movement in art is characterized by visible brush strokes, ordinary subject matters, and an emphasis on light and its changing qualities. The first project is an impressionistic landscape using oil pastels and black mat board. Then we're using dye in spray bottles to make colorful geometric designs. Learn about color blending using special tools to create interesting effects in your art journal. And finally, blend colored glue to create a piece of art.					
17:00:00	P. Allen Smith's Garden Home Pay It Forward	APTEX	(S)	(CC)	N/A	#1403H
	Be inspired to pay it forward! From building homes for those in need, to inspiring children to garden, in this episode P. Allen Smith spotlights several groups and organizations that are doing their part giving back to the community.					
17:30:00	Growing A Greener World Dominica: Island Ingenuity In Sustainability (Island of Dominica, The Caribbean)	APTEX	(S)	(CC)	N/A	#705H
	It's been said that necessity is the mother of invention. And when your resources are limited, you quickly learn to make the most of them, while protecting what you have. That's the way of life on one tiny Caribbean island. Commonly known as "The Nature Island," Dominica has unquestionably earned the nickname. Over two-thirds of the island is made up of protected rainforests. On the remaining third, sustainable agriculture and eco-tourism help the nation thrive, while serving as a role model for others. In this episode, Joe travels to the beautiful shores and jungles of Dominica to discover what we can all learn from this small country whose population appreciates what they have and takes nothing for granted.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#13261
18:30:00	Out of Ireland	WLIW	(S)	(CC)	N/A	#2433Z
19:00:00	Newsline	APTEX	(S)	(CC)	N/A	#7196
19:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#852H
20:00:00	Song of the Mountains Mountain Faith/Raymond Mclain & The Mclain Family Band/Terry Baucom & The	NETA	(S)	(CC)	N/A	#1118H
21:00:00	Woodsongs Jewel	NETA	(S)	(CC)	N/A	#1801H
	Jewel is a multi-platinum singer-songwriter, poet and actress. She has sold more than 25 million albums over her musical career. Her debut album Pieces of You had the hit "Who Will Save Your Soul". From the remote tundra of her Alaskan youth to the triumph of international stardom, the 41-year-old singer has always found a way to persevere and convey the emotional turmoil of life during it's most difficult and challenging moments through her work. Jewel tells the countless moments of introspection that led her here with her memoir Never Broken and new album Picking Up The Pieces.					
22:00:00	Film School Shorts Lives In Limbo	NETA	(S)	(CC)	N/A	#306H
	Burn to Send (New York University) - Amidst Saigon's underground motorcycle racing scene, a young man and woman struggle to define their ambiguous romance. Directed by Andinh Ha.					
22:30:00	On Story Thelma & Louise: A Conversation with Callie Khouri	NETA	(S)	(CC)	N/A	#406H
	Callie Khouri reflects upon her experience working with Ridley Scott and writing the classic female-driven-buddy film, Thelma and Louise. Followed by Avram Dodson's short film, Pistachio Milk, a coming of age tale about a young suitor using only his wits and a bottle of pistachio milk to pursue his love interest.					

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<u>Start</u>	<u>Title</u> <u>Subtitle</u>	<u>Distrib</u>	<u>Stereo</u>	<u>Cap</u>	<u>AS2</u>	<u>Episode</u>
23:00:00	Science Goes to the Movies Zom-Bees Mark Siddall, parasitologist and curator at the American Museum of Natural History talks the science and history of both real and fictional zombies.	EPS	(S)	(CC)	N/A	#113H
23:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1011

Sat, Dec 31, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Newsline	APTEX	(S)	(CC)	N/A	#7196
00:30:00	Global 3000	WNVC	(S)	(CC)	N/A	#852H
01:00:00	Song of the Mountains Mountain Faith/Raymond Mclain & The Mclain Family Band/Terry Baucom & The	NETA	(S)	(CC)	N/A	#1118H
02:00:00	Woodsongs Jewel	NETA	(S)	(CC)	N/A	#1801H
	Jewel is a multi-platinum singer-songwriter, poet and actress. She has sold more than 25 million albums over her musical career. Her debut album Pieces of You had the hit "Who Will Save Your Soul". From the remote tundra of her Alaskan youth to the triumph of international stardom, the 41-year-old singer has always found a way to persevere and convey the emotional turmoil of life during it's most difficult and challenging moments through her work. Jewel tells the countless moments of introspection that led her here with her memoir Never Broken and new album Picking Up The Pieces.					
03:00:00	Film School Shorts Lives In Limbo	NETA	(S)	(CC)	N/A	#306H
	Burn to Send (New York University) - Amidst Saigon's underground motorcycle racing scene, a young man and woman struggle to define their ambiguous romance. Directed by Andinh Ha.					
03:30:00	On Story Thelma & Louise: A Conversation with Callie Khouri	NETA	(S)	(CC)	N/A	#406H
	Callie Khouri reflects upon her experience working with Ridley Scott and writing the classic female-driven-buddy film, Thelma and Louise. Followed by Avram Dodson's short film, Pistachio Milk, a coming of age tale about a young suitor using only his wits and a bottle of pistachio milk to pursue his love interest.					
04:00:00	Science Goes to the Movies Zom-Bees	EPS	(S)	(CC)	N/A	#113H
	Mark Siddall, parasitologist and curator at the American Museum of Natural History talks the science and history of both real and fictional zombies.					
04:30:00	Theater Talk	EPS	(S)	(CC)	N/A	#1011
05:00:00	In Good Shape	WNVC	(S)	(CC)	N/A	#349
05:30:00	Innovations In Medicine Air Purifier, Childhood Obesity, Peanut Allergy, Waterlase Dentistry Pediatrics, SIDS, Teen Suicide.	EPS	(S)	(CC)	N/A	#103H
06:00:00	Morning Cup O Jazz	KCSM		(N)	N/A	#2007
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Mountain Falls	APTEX	(S)	(CC)	N/A	#324H
	Today, Gary paints a waterfall scene. Dark, rich earth tones of Black, Green, Mauve and Blue are accented with bright warm highlights of Yellow and Orange. A realistic waterfall and stream complete this beautiful composition.					
08:30:00	Grand View Point Reyes National Seashore	APT		(CC)	N/A	#202H
	In this episode Baumann discovers the beach where it is theorized that English explorer Sir Francis Drake once landed. This beautiful episode proves to be one of the most diverse landscapes in America, featuring over 330 species of animals, and some of the most shocking manifestations of plate tectonics on the West Coast. As he journeys this National Seashore, he meets up with Kate McClain, kayaking tour guide; John Del'osso, National Park Ranger, and peniped biologist, Dr. Sarrah Allen. Baumann concludes by painting Sir Francis Drake's " White Cliffs of Dover", a tidal flat on the west side of the park.					
09:00:00	Landscapes Through Time with David Dunlop American Impressionists In Old Lyme, Ct	NETA	(S)	(CC)	DVI	#108H
	Old Lyme, CT was a popular artist colony at the turn of the century with many painters who had also painted in Paris and Giverny, learning the new trends from the French avant-garde. David takes us to the Florence Griswold Museum garden and demonstrates how American Impressionists create the sensual experience of interwoven color, texture, and movement from a palette of complementary colors painted outside or en plein air, a term made popular during this time.					

Sat, Dec 31, 2016

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: By Essentrics Toning and Slenderizing	APTEX	(S)	(CC)	DVI	#1117H
	In this episode of Classical Stretch, join Miranda Esmonde-White in the Mayan Riviera, Mexico. Miranda will take you through exercises that will tone your body from head to toe in this standing and floor workout.					
10:00:00	Sit and Be Fit	NETA	(S)	(CC)	N/A	#1109H
10:30:00	Wai Lana Yoga Tip-Top Trio	APTEX	(S)	(CC)	N/A	#501
	Wai Lana shows you a trio of backbends to keep you in tip-top shape. You'll strengthen your back, give your digestive system a boost, and improve your overall health.					
11:00:00	Delicious TV's Vegan Mashup Brown Bag Lunches	NETA	(S)	(CC)	N/A	#201H
	Boxed, bagged, or shaken, on today's episode let's dig into outrageously tasty and easy lunch favorites. Miyoko Schinner whips up a creamy curried eggless salad. Terry Hope Romero summons kale fans everywhere with Shake it Kale Caesar Salad. Guest chef Adam Sobel of the Cinnamon Snail creates Spicy Seitan & Kimchi Tacos! And Toni Fiore shows us fabulous fish-free Tunno Sandwiches. And our bonus guest chef Ayinde Howell stirs up a Gluten-Free Fettucine.					
11:30:00	Mexico -- One Plate at a Time with Rick Bayless A Tour of Traditions	APTEX	(S)	(CC)	N/A	#1102H
	Ask anyone about traditional cooking in the Yucatan and you're bound to hear the name Miriam Peraza, a grandmotherly dynamo who knows every nook and cranny. She brings Rick to the bustling Mercado de Lucas de Galvez in Merida for a quick tour that includes a rare look at the making of recado spice pastes. Flanked by villagers in the remote town of Yaxunah, Miriam and Rick drop in to watch the making of pit-cooked cochinita pibil, the Yucatan's iconic dish of achiote-smothered, pit-cooked suckling pig. At Manjarblanco restaurant in Merida, Miriam shows her take on classic panuchos, sopa de lima and queso relleno. Then, Rick brings some of the Yucatan back to Chicago, where he cooks papadzules and shows how to make cochinita pibil at home - banana leaves and quick-pickled onions included.					
12:00:00	Lidia's Kitchen Crespelle	APTEX	(S)	(CC)	N/A	#412H
	Italians love their crepes either savory or sweet and in this episode, Lidia shows two of her favorite crespelle dishes, along with some great chef tips. She starts by highlighting the thin pancakes that can be made into so many things; then she makes a savory Italian favorite with them - manicotti and for a sweet version, she shows the chocolate and walnut crespelle that will satisfy any sweet tooth.					
12:30:00	Moveable Feast with Fine Cooking Louisville, Kentucky	APTEX	(S)	(CC)	N/A	#303H
	Host Pete Evans joins top chefs Anthony Lamas and Daniel Wright at Ambrosia Farm outside Louisville, Kentucky for a bourbon-themed dinner. Moveable Feast with Fine Cooking takes you up close to meet the grazing buffalo on Woodland Farms, a 1000-acre farm with historic roots and a sustainable vision that features the American buffalo. Next, the chefs join master distiller Chris Morris at Woodford Reserve to learn how the bourbon that has been a historic Kentucky landmark for 140 years is made and to pack a few bottles for the night's feast. In the kitchen, Anthony makes a main of grilled buffalo skirt steak with ramp chimichurri while Daniel demonstrates how to make a smoked BBQ beef brisket and short ribs with bourbon and cider. It's a bluegrass, bison and bourbon-soaked feast.					
13:00:00	Expeditions with Patrick Mcmillan Catalina Island - Jewel of the Pacific	APTEX	(S)	(CC)	N/A	#302H
	Every island is unique. The same characteristics that lead to the special and often bizarre wildlife and plants here also make them extremely vulnerable to loss. There may be a place where man and island can exist to the benefit of all. Catalina Island is that jewel of the Pacific. Join Patrick as he continues to explore this land where man and island coexist.					
13:30:00	Joseph Rosendo's Travelscope Bhutan - Part 1 - Gross National Happiness	APTEX	(S)	(CC)	DVI	#709H
	Travel is a life-changing experience, though often these changes come when least expected. Joseph heads to the Kingdom of Bhutan, a devout Buddhist country, fully aware of the possibilities for enlightenment that Bhutan offers him and his viewers. His trip through the "Land of the Thunder Dragon" begins in Paro with a conversation with an esteemed Buddhist master and an invitation to watch a local thangka (spiritual art) artist at work. From there he travels to the Bhutan capital of Thimphu where he is confronted by the modern pressures that ancient Bhutan faces as it strives to preserve and promote its cultural heritage, pristine environment and the "Gross National Happiness" of its people. In dzongs and monasteries, in shops and schools, in valleys and on mountaintops, every experience becomes a journey of discovery. And in a country where the traveler is surrounded by prayer - prayer flags, prayer wheels, prayer walls, sacred memorials and historic monasteries - every encounter is a blessing.					

Daily Program Listing II

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:00:00	Rick Steves' Europe Germany's Dresden and Leipzig Saxony, part of the former East Germany, remains a secret to most travelers. Rick visits the two great cities of the region: the capital city of Dresden, with the opulent palaces and art treasures of the Wettin dynasty, and Leipzig, with its Bach heritage, a massive monument to the day Europe beat Napoleon, and museums remembering its communist heritage.	APTEX	(S)	(CC)	N/A	#902H
14:30:00	Journeys In Africa Cape Town - Africa's Malibu One of the most modern cities in Africa, Cape Town has something for everyone. Bill explores the cities architecture, tastes a little wine at nearby Vineyards and tracks down the only penguin species in Africa before reaching the fabled Cape of Good Hope just a scenic drive outside the city proper.	NETA	(S)	(CC)	N/A	#203H
15:00:00	Garden Smart GardenSMART visits with a gardener who shares how they create surprise and excitement in their garden. We learned a lot and think you will too. Join us this week as we GardenSMART.	NETA	(S)	(CC)	N/A	#4413H
15:30:00	Farm with Ian Knauer Honey Bees are the most important farm member. Learn how to keep your own, harvest honey and cook a honey feast including Chipotle-Honey Glazed Ribs and Honey Cake.	NETA	(S)	(CC)	N/A	#101H
16:00:00	Maria Hinojosa: One-On-One Luis Alberto Urrea Mexican-born author Luis Alberto Urrea is the son of a Mexican father and an American mother. Since he was a child, when his parents registered him as a U.S. citizen born abroad, he has had one foot in the U.S., and the other in Mexico. His work as an author reflects that duality. He is the author of The Devil's Highway: A True Story, The Hummingbird's Daughter, Across the Wire: Life and Hard Times on the Mexican Border, and Into the Beautiful North. In this conversation with Maria Hinojosa, Urrea talks about his dual-culture life experiences, why he doesn't consider himself a border writer, and getting to the big screen.	APTEX	(S)	(CC)	N/A	#415Z
16:30:00	Overheard with Evan Smith Evan McMullin, Independent Presidential Candidate, Former CIA Operative Kelly McEvers is the host of NPR's Embedded and co-host of All Things Considered. McEvers won many awards for her work during the Syrian conflict including a Peabody award, Alfred I. DuPont-Columbia award and Gracie award. Her writing has appeared in The New York Times Magazine, Esquire, Slate and The Washington Monthly.	NETA	(S)	(CC)	N/A	#703H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Goldsmith Host Eric Gorges visits goldsmith Susan McDonough, who works in a small studio on her family's farm in the mountains. Eric makes a silver ring using a 3,000-year-old technique. The conversation turns to the paths craftspeople take in their journey. Susan describes working in kitchens and bakeries, as a school-bus driver, EMT, firefighter and librarian, on her long journey to becoming a goldsmith.	APTEX	(S)	(CC)	N/A	#105H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3452
18:30:00	The Open Mind Red Feed, Blue Feed Guest: Vincent Fella Hendricks. Vincent Fella Hendricks, director of the Center for Information and Bubble Studies, University of Copenhagen, talks about his new book Infostorms.	NETA		(CC)	N/A	#3720H
19:00:00	Closer to Truth Confronting Consciousness Consciousness is what mental activity feels like inside-the private inner experience of sensation, thought and emotion. Consciousness is like nothing else.	EPS	(S)	(CC)	N/A	#1113H
19:30:00	Start Up A Coffee Date Gary and the crew head to Seattle, Washington to talk with Suzie Lee, the creator of Siren, a online dating site that focuses on comfort, privacy and mutual respect. Then they head over to Oakland, California to meet up with Keba Konte, the founder of Red Bay Coffee, a roaster and coffee bar.	NETA	(S)	(CC)	N/A	#409H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Tedeschi Trucks Band	APTEX	(S)	(CC)	N/A	#403H
	<p>Filmed in Connecticut's historic Warner Theatre, Infinity Hall Live goes "On the Road" to bring you the rock and soul sounds of the Tedeschi Trucks Band. After many years on the road building separate, successful solo careers, Derek Trucks and Susan Tedeschi united to form a new band with an extended pool of collaborators and friends. The chemistry of the band is something to behold, complementing the masterful guitar playing of Trucks and the vocal prowess of Tedeschi this performance turns your living room into a soul stirring party. Listen to Tedeschi and Trucks talk about the experience of combining their musical talents and interests into a unique opportunity to bring their family on the road to deliver their blend of southern soul, American roots, authentic rock 'n' roll, and a touch of Florida swamp magic.</p>					
21:00:00	Front and Center Cma Songwriters Series: Steven Tyler	APTEX	(S)	(CC)	N/A	#608H
	<p>Legendary singer/songwriter and multi-instrumentalist Steven Tyler makes his CMA Songwriters Series debut at the Melrose Ballroom in New York City. The stripped down country inspired set features Tyler sharing the story behind the making of his first country single, "Love Is Your Name," and performing the chart-topping hit with Nashville-based co-writers Lindsey Lee and Eric Paslay. The Grammy Award-winning artist, whose debut country album is due out in early 2016, also shares the stage with The Loving Mary Band which features longtime Aerosmith collaborator Marti Frederickson and country hit maker Rebecca Lynn Howard, along with Extreme lead guitarist Nuno Bettencourt for performances of "Jaded," "Janie's Got A Gun," "Sweet Emotion" and more.</p>					
22:00:00	Globe Trekker Food Hour: The Story of Chocolate	APTEX	(S)	(CC)	N/A	#1516H
	<p>For 4,000 million years, people the world over have turned to the delicacy of chocolate for rituals, medicine, romance and sheer pleasure. In this informative and entertaining documentary, Judith Jones reveals how our love affair with chocolate began in Mesoamerica, present-day Southern Mexico and Central America, where people living deep in the tropical rainforests discovered the edible properties of Theobroma cacao, referred to as the food of the gods. With fellow travellers from around the world, Judith discovers the extraordinary popularity behind the pleasure of chocolate.</p>					
23:00:00	Arts In Context People's Choice	NETA		(CC)	N/A	#605H
	<p>After creating Red vs. Blue, the longest running webseries in the world, Rooster Teeth is ready to tackle their first feature-length film, Lazer Team. Engaging with their now-vast community has always been a priority for this dedicated team of creators, and that paid major dividends while crowdfunding for Lazer Team - to the tune of nearly \$2.5 million. With the support of their loving fanbase, Rooster Teeth is poised to debut on the big screen in a big way.</p>					
23:30:00	Stand Up Empire	KNME	(S)	(CC)	N/A	#102H
	<p>Featured comics Kerry Awn and Kerri Lendo, with a Snapshot on Shaun Branigan and the emo puppet band Fragile Rock. Hosted by Brently Heilbron.</p>					