

Wed, Aug 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8087
00:30:00	Euromaxx Summer Festivities Dior turns 70, Europe's best kitesurfers, a model exhibition of Berlin, a water park on the island of Cyprus and the thrill of the racetrack at the Goodwood Festival of Speed.	WNVT	(S)	(CC)	N/A	#1330H
01:00:00	Sun Studio Sessions J.D. Mcpherson (Encore) Originally from Broken Arrow, Oklahoma, J.D. McPherson was named by Rolling Stone as an artist to watch and he has performed on Conan O'Brien, NPR's World Cafe and Jay Leno's Tonight Show. J.D.'s sound harkens back to the early days of rock and roll and on this encore episode, he performs several of his signature tunes, including "Northside Gal."	NETA	(S)	(CC)	N/A	#808H
01:30:00	Jammin at Hippie Jack's Jimmy Davis This versatile singer-songwriter, named "Premier Male Vocalist" five times by the Memphis Chapter of the National Academy of Recording Arts & Sciences, knows no boundaries when it comes to musical styles. Influences range from The Beatles to the Eagles, Johnny Cash and Gram Parsons to Jackson Browne. His songs have been recorded by Martina McBride, Restless Heart, Joy White, Johnny Rivers, as well as many other independent artists. Davis has appeared as a backing vocalist on numerous recordings by artists such as Johnny Lang, former Eagle Bernie Leadon, Danny Tate, Eric Gales, William Lee Golden, Mark Collie, Keith Sykes, Iris DeMent, Cory Branan, Susan Marshall, John Eddie, and the late Toy Caldwell. But it's Jimmy's charisma, warmth and talent as a performer that make him stand out among his well known peers.	NETA	(S)	(CC)	N/A	#908H
02:00:00	The Kate Maurice Hines Famed tap dancer and performer Maurice Hines entertains with heartfelt stories from his childhood days in show business with his brother Gregory, and sings classics like "It Don't Mean A Thing," and "Smile" and of course, wows the audience with his skilled tap moves.	APTEX	(S)	(CC)	N/A	#205H
03:00:00	Women of '69, Unboxed A group of women, college classmates, who were both electrified and pummeled by the turbulent surf of the 60s, look back, then ahead, as they turn 65, ruminate on their heartaches and triumphs, and evaluate the "dowry" they'll leave for future generations. If their parents were the Greatest Generation, perhaps this generation was the Loudest. They changed the world, at least in their fevered dreams, and the world changed them. Meanwhile, time has had its way with them...	NETA		(CC)	N/A	#0H
04:00:00	Real Adam Smith Morality and Markets Morality and Markets, first in the two-part series, The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a close look at Adam Smith, who lived in an 18th century world of sailing ships and horse-drawn carriages. Trade in his day was limited and riddled with corruption, yet Smith imagined and wrote about a lively global trade among ethical businesses that would revolutionize the world's marketplaces. Smith was a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. He recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Today's markets have grown to a massive scope of international trade that would have been unimaginable even a few decades ago. In this seemingly ruthless competitive environment, where the stakes are high, can ethical and honest businesses still prosper? How does globalization benefit anyone and how are Smith's ideas about markets and morality nearly 240 years ago relevant today? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg takes a closer look at the man who would upend the notion of how societies and economics work, and make way for the modern age. Highlights of Norberg's travels throughout Europe, exploring Smith's life, times and revolutionary ideas, include: Visits to Kirkcaldy, Edinburgh and Glasgow, Scotland, where Smith was born, educated and spent his life teaching, writing and advocating his revolutionary ideas on markets and human morality. To London and Paris, where Smith's ideas influenced other important thinkers and statesmen of his time. At the National Maritime Museum in Greenwich, England, Smith's loathing for the corruption and cronyism that was the East India Company is explored. Morality and Markets explores Adam Smith's 18th century worldview of ethics and honesty in business.	NETA	(S)	(CC)	N/A	#101H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#313
08:00:00	Ruby's Studio The Friendship Show "Ruby's Studio: The Friendship Show" offers kids invaluable tools to help them make and nurture lasting friendships. With a curriculum guided by parenting expert and author, Dr. Robyn Silverman.	APTEX	(S)	(CC)	N/A	#102H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus The Broken Key	APTEX	(S)	(CC)	DVI	#115
	Amadeus, tired of practicing on a "silent piano" in his hotel room, is thrilled to learn that a grand piano sits in the ballroom for a "Russian Evening." While he secretly plays the piano, one of the keys breaks. Devilius wants to impress the Russian nobility and manages to put the pianist, due to perform that night, out of action. In the meantime, Amadeus and Nannerl, with the help of Pumperl, try to earn some money on the street so they can buy a new key from the piano maker. Can they pull it off in time for the special event? Who will perform that evening? And will it include the missing piano key? The Music: "Serenade in B Major" K. 361; "Piano Sonata" K. 310; "Serenade in G" ("A Little Serenade") K. 425; et al. Additional Content: Monti climbs into the piano to show how the visible part of the key connects to the string inside to create a tone. Viewers learn some basics about the functions of a piano key and the "technique" of a piano.					
09:00:00	Functional Fitness with Suzanne Andrews Younger Heart In 30 Days	ACCES		(CC)	N/A	#118H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Spine Strength & Flexibility (All Standing)	APTEX	(S)	(CC)	DVI	#921H
10:00:00	Sit and Be Fit Exercising with Accessories	NETA	(S)	(CC)	N/A	#1313H
	Mary Ann introduces a variety of unique exercises incorporating a large ball during the warm up and a small ball for finger flexibility and strengthening.					
10:30:00	It's Sew Easy Dress for the Weather - Layering	NETA	(S)	(CC)	DVI	#1207H
	Be prepared for all kinds of weather. Joanne Banko, blogger and sewing educator, redesigns a simple pashmina to create a fashionable jacket. Couture designer Angela Wolf makes a lightweight fleece jacket that packs easily, then she shows how to serge a narrow rolled hem on a scarf.					
11:00:00	Knit and Crochet Now! Mosaic Stitch Scarves	APTEX	(S)	(CC)	DVI	#704H
	Everybody loves scarves and this week Host Deborah Norville joins Lena Skvagerson who will show you how to knit the Slip That Stich Scarf and magically make two colors appear in the same row without carrying the yarn. Ellen will show us her interpretation of a crochet mosaic scarf with the Nascha Crochet Scarf and then back to Lena in the stitch corner with her very own Knit Crocodile Stitch.					
11:30:00	Fresh Quilting Curves and Strips	NETA	(S)	(CC)	N/A	#103H
	Curved or straight, pieces define the design. Modern quilter Jen Carlton-Bailly uses templates to create contemporary curves. Fiber artist Shelly Gilliland joins Heather Grant with ideas for a quilting Service Day. Textile artist Chawne Kimber's colorful designs emerge as she pieces and sews a log cabin design with very small strips.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7003H
13:00:00	Lidia's Kitchen Quick and Delicious Braises	APTEX	(S)	(CC)	N/A	#309H
	Lidia loves long cooking techniques and braising but often, one just wants to prepare quick and delicious meals using the same technique. In this episode, she teaches the viewer to do just that. Her first dish is a velvety lettuce soup in a fontina gratin; she then makes a juicy but super quick pork tenderloin with balsamic onions. Lastly, she prepares string beans with rocky mashed potatoes made with garlic and olive oil.					
13:30:00	Taste The Islands with Chef Irie Direct Heat	APTEX	(S)	(CC)	N/A	#201H
	Jamaican Chef Irie and Haitian Chef Thia create a sumptuous grilled menu with okra wrapped in prosciutto, grilled lamb in guava mint sauce, churrasco steak with chimichurri sauce and roasted red snapper. Co-host Lisa Lee visits a Caribbean grilling mecca called Oistins.					
14:00:00	Simply Ming Andrew Taylor and Mike Wiley	APTEX	(S)	(CC)	N/A	#1417H
	Chefs Andrew Taylor and Mike Wiley head down from Portland, Maine for a seafood feast. Andrew and Mike work together on an oysters with kimchee ice and a savory brown butter lobster roll. Ming follows up with beer battered oysters with shallots and Chinese vinegar mignonette aioli. Turning New England traditions on their heads, this week on Simply Ming.					

Daily Program Listing II

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Cook's Country All Wrapped Up	APTEX	(S)	(CC)	N/A	#909H
	Test cook Bridget Lancaster shows host Christopher Kimball how to make the ultimate bacon-wrapped meatloaf. Then, tasting expert Jack Bishop challenges Chris to a tasting of salted butter. Then, equipment expert Adam Ried reveals his top picks for vacuum sealers. And finally, test cook Julia Collin Davison uncovers the secrets to making chicken baked in foil with sweet potato and radish.					
15:00:00	Beads, Baubles and Jewels Wire Coiling	NETA	(S)	(CC)	N/A	#2105H
	Inventor Sandra Lupo uses the ancient art of wire coiling to make wire-wrapped cones for end caps, tassel toppers and other creative embellishments. Learn to create a Kumihimo board to create a braid finished with cones and a clasp. Katie shows how to make a riveted leather strap bracelet with crystals.					
15:30:00	Katie Brown Workshop South of the Border	APTEX	(S)	(CC)	DVI	#505H
	Capture the flavor and flair of what lies south of the border with festive food and fun projects. In the Kitchen: Speedster Chili, Zesty Turkey Enchiladas, Easy and Delicious Guacamole. Projects: A feather-adorned picture frame. Planting peppers.					
16:00:00	Biz Kid\$ Take It to the Bank	APTEX	(S)	(CC)	DVI	#508H
	Get a kid's view of the services that banks, credit unions and other financial institutions offer - and why you should make use of them early in life. Learn the different products and services that banks offer and how to shop for the right bank for you. Meet a young entrepreneur with a haunted house who has no fear of banking.					
16:30:00	Curious Crew Candy Chemistry	NETA	(S)	(CC)	N/A	#308H
	Buoyant candy, marshmallow melee and more! Candy and science? It's funny to think that candy is related to science, but it's true! STEM Challenge: Making sugar stained glass. Curious About Careers: Audiologist Brooke Tudor explains how to properly test and care for our hearing.					
17:00:00	P. Allen Smith's Garden Home Embracing Winter	APTEX	(S)	(CC)	N/A	#1413H
	Don't let the winter blues put a chill on your seasonal party. Cool weather entertaining tips and more in this episode of P. Allen Smith's Garden Home. Plus, Santa makes a special visit to Moss Mountain Farm.					
17:30:00	Growing A Greener World The Greening of Suburbia: Lake County, Illinois	APTEX	(S)	(CC)	N/A	#509H
	In years past, developers would build typical subdivisions around golf courses and tennis courts. But today, with the growing interest in environmental conservation and local food systems, savvy developers are building self-contained communities around organic farms. The focus is on creating a sustainable community and outreach programs geared to helping all generations embrace local, in-season food as well as the agrarian lifestyle. Buyers are lining up to stake their claim to experience a taste of life on the farm, from the comfort of their own home. In this episode, we travel to one such community that serves as a model for all the others.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14153H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#512H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8088
19:30:00	In Good Shape Childhood Obesity	WNVC	(S)	(CC)	N/A	#427H
	Supermarket products targeted at kids often contain high levels of fat, sugar and salt, and come in eye-catching packaging. DW asks a psychologist how children can lose weight. Also, treating facial paralysis and why blue light interferes with sleep.					
20:00:00	The Lowertown Line. Communist Daughter	APTEX	(S)	(CC)	N/A	#122H

Wed, Aug 02, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#301H
<p>Artists: Grammy Award Winner Don Henry, Anne E. DeChant, Craig Carothers, and hosted by songwriter Eric Gnezda. Artist Bio: Don Henry, by popular demand, is the first artist to make a return appearance to Songs at the Center. A Grammy award winning songwriter, Don has had songs recorded by Ray Charles, Blake Shelton, Miranda Lambert, BJ Thomas, Patti Page, Conway Twitty, and many others. The wit and wisdom of Don's songs are widely celebrated. He is best known for his Grammy Award-winning song, "Where've You Been," recorded by Kathy Mattea, and co-written with Jon Vezner. The song also garnered Song of the Year honors from the Academy of Country Music, the Country Music Association, and Nashville Songwriters Association International. "Where've You Been" was the first song in country music history to be awarded all four honors in the same year. He sings "BFD" and "Singing Like A Byrd." Artist Bio: Anne E. DeChant is an award-winning Nashville recording artist originally from Cleveland, Ohio where she was a five-time singer-songwriter of the year. She has shared the stage with Stevie Nicks, Nora Jones, Joan Armatrading, Sheryl Crow and the Indigo Girls. She has played venues ranging from the White House to Nashville's Bluebird Cafe. Her song, "Girls and Airplanes," about women breaking down barriers, has been featured on the soundtrack of the Hollywood film, "The Hot Flashes," starring Brooke Shields, and in the critically acclaimed documentary film "The Veters: All We Needed." She performs "Go Get Joe." Artist Bio: Craig Carothers, a native of Portland, Oregon, makes his home in Nashville, Tennessee. He has written songs for Trisha Yearwood, Kathy Mattea, and Peter, Paul & Mary, among others. In addition to being a top-level songwriter, "He has a voice that should be famous," says Patty Larkin. The Birmingham News writes that he performs "smart, memorable material put across with abundant personality," and Performing Songwriter Magazine says Craig has "the right mix of weary-eyed cynicism and helpless hearted romanticism." He sings, "For a Song."</p>						
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#103H
<p>Performances by Tove Lo, Cold War Kids, Youth Lagoon and Trouble Funk, with comedy from Ralphie May and an interview by NPR's Bob Boilen.</p>						
22:00:00	Maritime Silk Road: Birth of the Global Economy Europeans Arrive (16th-18th Century C.E.)	KNME	(S)	(CC)	N/A	#105H
<p>Court power struggles bring the Ming Voyages to an end and forces China's retreat from the sea at the same time as they build a Great Wall sealing China off from the rest of the world, a power grab by the landed gentry. Europeans step into fill the void and China's humiliating downfall is set into motion.</p>						
22:30:00	Glacier Park's Night of the Grizzlies	APTEX	(S)	(CC)	N/A	#0H
<p>On the night of August 12, 1967, grizzly bears in Glacier National Park killed two young women and severely mauled one man. For everyone involved, it remains an unforgettable night of crisis, intense fear, bravery and, ultimately, grief. This dramatic and tragic story, and how it eventually influenced the fate of the grizzly bear in the continental United States, takes center stage in the historical documentary, GLACIER PARK'S NIGHT OF THE GRIZZLIES. Archival material, photographs, re-creations and gripping on-camera interviews with survivors, witnesses, family members journalists and biologists, provide a complete account of those events. Veteran film and television actor J.K. Simmons (Law and Order, Juno, Up in the Air, The Closer) narrates.</p>						

Thu, Aug 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8088
00:30:00	In Good Shape Childhood Obesity Supermarket products targeted at kids often contain high levels of fat, sugar and salt, and come in eye-catching packaging. DW asks a psychologist how children can lose weight. Also, treating facial paralysis and why blue light interferes with sleep.	WNVC	(S)	(CC)	N/A	#427H
01:00:00	The Lowertown Line. Communist Daughter	APTEX	(S)	(CC)	N/A	#122H
01:30:00	Songs at the Center Artists: Grammy Award Winner Don Henry, Anne E. DeChant, Craig Carothers, and hosted by songwriter Eric Gnezda. Artist Bio: Don Henry, by popular demand, is the first artist to make a return appearance to Songs at the Center. A Grammy award winning songwriter, Don has had songs recorded by Ray Charles, Blake Shelton, Miranda Lambert, BJ Thomas, Patti Page, Conway Twitty, and many others. The wit and wisdom of Don's songs are widely celebrated. He is best known for his Grammy Award-winning song, "Where've You Been," recorded by Kathy Mattea, and co-written with Jon Vezner. The song also garnered Song of the Year honors from the Academy of Country Music, the Country Music Association, and Nashville Songwriters Association International. "Where've You Been" was the first song in country music history to be awarded all four honors in the same year. He sings "BFD" and "Singing Like A Byrd." Artist Bio: Anne E. DeChant is an award-winning Nashville recording artist originally from Cleveland, Ohio where she was a five-time singer-songwriter of the year. She has shared the stage with Stevie Nicks, Nora Jones, Joan Armatrading, Sheryl Crow and the Indigo Girls. She has played venues ranging from the White House to Nashville's Bluebird Cafe. Her song, "Girls and Airplanes," about women breaking down barriers, has been featured on the soundtrack of the Hollywood film, "The Hot Flashes," starring Brooke Shields, and in the critically acclaimed documentary film "The Vettres: All We Needed." She performs "Go Get Joe." Artist Bio: Craig Carothers, a native of Portland, Oregon, makes his home in Nashville, Tennessee. He has written songs for Trisha Yearwood, Kathy Mattea, and Peter, Paul & Mary, among others. In addition to being a top-level songwriter, "He has a voice that should be famous," says Patty Larkin. The Birmingham News writes that he performs "smart, memorable material put across with abundant personality," and Performing Songwriter Magazine says Craig has "the right mix of weary-eyed cynicism and helpless hearted romanticism." He sings, "For a Song."	APTEX	(S)	(CC)	N/A	#301H
02:00:00	Live at 9:30 Performances by Tove Lo, Cold War Kids, Youth Lagoon and Trouble Funk, with comedy from Ralphie May and an interview by NPR's Bob Boilen.	NACC	(S)	(CC)	N/A	#103H
03:00:00	Maritime Silk Road: Birth of the Global Economy Europeans Arrive (16th-18th Century C.E.) Court power struggles bring the Ming Voyages to an end and forces China's retreat from the sea at the same time as they build a Great Wall sealing China off from the rest of the world, a power grab by the landed gentry. Europeans step into fill the void and China's humiliating downfall is set into motion.	KNME	(S)	(CC)	N/A	#105H
03:30:00	Glacier Park's Night of the Grizzlies On the night of August 12, 1967, grizzly bears in Glacier National Park killed two young women and severely mauled one man. For everyone involved, it remains an unforgettable night of crisis, intense fear, bravery and, ultimately, grief. This dramatic and tragic story, and how it eventually influenced the fate of the grizzly bear in the continental United States, takes center stage in the historical documentary, GLACIER PARK'S NIGHT OF THE GRIZZLIES. Archival material, photographs, re-creations and gripping on-camera interviews with survivors, witnesses, family members journalists and biologists, provide a complete account of those events. Veteran film and television actor J.K. Simmons (Law and Order, Juno, Up in the Air, The Closer) narrates.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#314
08:00:00	Ruby's Studio The Safety Show "Ruby's Studio: The Safety Show," offers kids age-appropriate language and tools to keep themselves safe with an empowering, non-fearful approach. Curriculum developed and guided by Child Safety expert, Pattie Fitzgerald.	APTEX	(S)	(CC)	N/A	#103H
08:30:00	Wunderkind Little Amadeus Slippery When Wet The empress invites the Mozarts to the imperial court again. The children persuade two of the hotel employees to pose as their parents (who can't be reached) and accompany them to the court. This leads to problems when the real parents hear about the invitation and rush to the palace. In the meantime, Amadeus and Nannerl enjoy sliding on the polished floors of the palace with Marie Antoinette, the empress' youngest daughter. Will Devilius stop another one of Amadeus' successes, or will he slip up? The Music: "Organ Fantasy in F Minor" K. 608; et al. Additional Content: Monti reveals the enormous size of the real imperial palace. Viewers see the Schonbrunn palace, inside and out, and together with Monti and Amadeus, stroll through some of its impressive rooms.	APTEX	(S)	(CC)	DVI	#116

Thu, Aug 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Cancer Prevention	ACCES		(CC)	N/A	#119H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Slenderize The Saddle Bags	APTEX	(S)	(CC)	DVI	#922H
10:00:00	Sit and Be Fit Somatosensory Work We rely on our somatosensory system for good balance and everyday functioning. Mary Ann helps viewers turn their awareness inward to work this system.	NETA	(S)	(CC)	N/A	#1314H
10:30:00	It's Sew Easy Keep Your Valuables Safe When you travel, protect your valuables. Sewing expert Rebecca Kemp Brent makes a designer pouch that holds an electronic tablet and much more. On-line sewing instructor Joanne Banko creates expanding cargo pockets for jackets, pants and totes. Designer Angela Wolf makes blind hems on a serger.	NETA	(S)	(CC)	DVI	#1208H
11:00:00	Knit and Crochet Now! Artsy Afghans Host Deborah Norville believes nothing says you're special like a handmade afghan, it's like a perpetual hug from the person who stitched it. Ellen is first up with the Geometric Crochet Afghan, which features a lace border, and then Kristin shows how to stitch up the Windowpane Afghan, which is knit in the round, then cutting it to make it flat! In the stitch corner Ellen teaches how to Crochet a Cable.	APTEX	(S)	(CC)	DVI	#705H
11:30:00	Fresh Quilting Triangles and Wedges Triangles and wedges are the building blocks of modern quilts. Color enthusiast Rebecca Bryan creates graphic quilt samplers with bold-colored triangles. Quilters Kara Sanders and Elizabeth Dackson talk about organizing quilting retreats that re-fuel creative energy. Designer Christina Cameli uses 10-degree triangles to create versatile blocks for a variety of modern designs.	NETA	(S)	(CC)	N/A	#104H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7004H
13:00:00	The Jazzy Vegetarian Easy Italian Host Laura Theodore prepares quick and easy Italian favorites. Featured guest: Lidia Bastianich. First up, Laura's Spaghetti Sauce is a delicious, classic dish. Then a fifteen-minute Vegan-Ease Pizza takes advantage of a sandwich wrap for the crispy crust, topped by tasty toppings. Eggplant Stack-Ups feature a simple to make cashew cheese filling bathed in a tangy tomato sauce.	NETA	(S)	(CC)	DVI	#504H
13:30:00	Mike Colameco's Real Food Peru Part 1 We'd heard a lot about the amazing new culinary scene in Lima where the vibrant economy plus world class fishing from that Pacific coastline, amazing local ingredients and a lot of native talented chefs pushing the envelope. In these two shows we'll see ceviche in many variations, visit restaurant Central ranked #4 in Pellegrino's Best Restaurants in the World 2015 list, eat some great Peruvian Chicken, tour the city of Cusco at 11,000 feet above seas level and of course have a Pisco sour or three.	NETA	(S)	(CC)	N/A	#1418H
14:00:00	Joanne Weir's Cooking Confidence Summer In Italy Joanne shows how to get maximum flavor from a bountiful tomato crop by roasting them slowly. Sasha learns to make a stew fit for summer using fresh vegetables and a basil mint pesto. Recipes: Oven-Dried Tomatoes, Feta and Olives, Summer Vegetable Stew with Basil and Mint Pesto (Parm-Reg). Student: Sasha Bernstein.	APTEX	(S)	(CC)	N/A	#212H
14:30:00	New Scandinavian Cooking Western Norway: A World of Apples Host Andreas Viestad visits Hardanger, the "apple orchard" of Western Norway. Andreas makes an apple drink and bakes a traditional sourdough bread in an old wood-fired oven and prepares a hot apple dessert.	APTEX	(S)	(CC)	N/A	#209H
15:00:00	Beads, Baubles and Jewels Brick Stitch Jewelry Colorful brick stitch creations are simple and easy to expand as your skills improve. Francie Brodie shows how to use this popular stitch to make large, lightweight earrings for summer fun or holidays. Francie takes the mystery out of making the Slip and Slide bracelet using the right angle weave with single and multiple bead units. Katie shares more tips on organizing and storing your seed beads.	NETA	(S)	(CC)	N/A	#2106H

Thu, Aug 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Under The Tuscan Sun	APTEX	(S)	(CC)	DVI	#506H
	Grab your passport because Katie and her workshop crew present sure-to-please Italian-inspired ideas. In the Kitchen: Tasty Polenta Bites, Italian-Style Focaccia Bread and Katie's Infamous Italian Chicken. Projects: Drying herbs with style. Building an herb garden.					
16:00:00	Biz Kid\$ It's A Job to Get A Job!	APTEX	(S)	(CC)	DVI	#509H
	It's a job getting a job and Biz Kid\$ is here to help. Learn tips and tricks for writing a great resume, dressing for success, and nailing the interview. Get the inside scoop on what employers look for from a young entrepreneur who manages 200 employees.					
16:30:00	Curious Crew Inertia	NETA	(S)	(CC)	N/A	#309H
	Spinning eggs and more! Explore how an object that is still or at rest will stay at rest, while an object in motion will keep moving unless another force acts on it. STEM Challenge: Making 'eggciting' safety restraints. Curious About Careers: Technology coordinator Michelle Massey and pediatrician Mona Hanna-Attisha.					
17:00:00	P. Allen Smith's Garden Home Homesteaders USA	APTEX	(S)	(CC)	N/A	#1501H
	Allen Smith breaks down the basics of homesteading for beginners. From kitchen to bath, the experts have you covered for your journey to being self-sufficient.					
17:30:00	Growing A Greener World The Power of Worms	APTEX	(S)	(CC)	N/A	#510H
	While worms are an important ingredient of the soil, they can steal the show in the compost pile. With vermicompost, worms do all the work of breaking down and decomposing kitchen scraps, turning it into nutrient rich castings from the garden. They take the garbage and turn it into black gold for the garden. This episode explores home vermicomposting, visits a commercial harvesting operation, and tours a "zero waste" company turning warm waste into a multi-million dollar operation as a natural fertilizer alternative.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14154H
18:30:00	Consuelo Mack Wealthtrack High-Growth Investments	APTEX	(S)	(CC)	N/A	#1406H
	Guest: Michael Lippert, Portfolio Manager, Baron Opportunity Fund. This week's Consuelo Mack WealthTrack explores how to find high-growth stocks in a low-growth world with Baron Opportunity Fund's Michael Lippert.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8089
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1011H
20:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuringtony Monaco & The Fareed	NETA	(S)	(CC)	N/A	#710H
	This encore presentation includes Fareed Haque on guitar, Tony Monaco on organ and featuring drummer Randy Gelispie. Together this trio takes a unique twist on jazz with songs including "Flood in Franklin Park" and "Alio E Olio." Recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.					
20:30:00	Music Voyager Macon/Athens, Ga	APTEX	(S)	(CC)	N/A	#604H
	Music Voyager travels into the heartland of Georgia to understand the culture, arts and people that have helped create the 'sound' of America. From Macon to Athens, the home of Georgia University, this creative corridor of Georgia has spawned the likes of Otis Redding, Little Richards, The B52s, REM and others. Today, musicians such as Kishi Bashi, The Whigs and Otis Redding III call the region home, and they feature performances and adventures with these inspirational artists.					
21:00:00	Xerox Rochester International Jazz Festival Jon Ballantyne Trio	APTEX	(S)	(CC)	N/A	#804H
	Pianist and composer Jon Ballantyne has released 10 albums and won two Juno Awards. He is an artist who deftly combines the unknown with the known. Listening to the wondrous sounds he makes at the piano, audiences can never be sure where he will take the music next. There can be a palpable sense that they are hearing a feeling, harmony, melody or rhythm they may be familiar with, and at the same time, they are likely to be figuratively on the edge of their seats, excited, gratified that they are being taken on a musical adventure unlike anything they may have experienced previously.					

Daily Program Listing II
43.1

Date: 08/02/2017

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Thu, Aug 03, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Variety Studio: Actors On Actors Viola Davis (Fences) and Tom Hanks (Sully); Emma Stone (La La Land) and Molly Shannon (Other People); Nicole Kidman (Lion) and Casey Affleck (Manchester by the Sea); Matthew McConaughey (Gold) and Jeff Bridges (Hell or High Water).	NETA	(S)	(CC)	N/A	#501H
23:00:00	Stories of the Mind The Innovators Doctors at the forefront of brain science develop new treatments and gain insights into the connections between mind and body.	NETA	(S)	(CC)	N/A	#110H
23:30:00	Stories of the Mind Young Filmmakers Powerful personal films from young directors, showing skill and understanding beyond their years.	NETA	(S)	(CC)	N/A	#210H

Fri, Aug 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8089
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1011H
01:00:00	Backstage Pass Tony Monaco & The Fareed Haque Trio Featuringtony Monaco & The Fareed	NETA	(S)	(CC)	N/A	#710H
	This encore presentation includes Fareed Haque on guitar, Tony Monaco on organ and featuring drummer Randy Gelispie. Together this trio takes a unique twist on jazz with songs including "Flood in Franklin Park" and "Alio E Olio." Recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.					
01:30:00	Music Voyager Macon/Athens, Ga	APTEX	(S)	(CC)	N/A	#604H
	Music Voyager travels into the heartland of Georgia to understand the culture, arts and people that have helped create the 'sound' of America. From Macon to Athens, the home of Georgia University, this creative corridor of Georgia has spawned the likes of Otis Redding, Little Richards, The B52s, REM and others. Today, musicians such as Kishi Bashi, The Whigs and Otis Redding III call the region home, and they feature performances and adventures with these inspirational artists.					
02:00:00	Xerox Rochester International Jazz Festival Jon Ballantyne Trio	APTEX	(S)	(CC)	N/A	#804H
	Pianist and composer Jon Ballantyne has released 10 albums and won two Juno Awards. He is an artist who deftly combines the unknown with the known. Listening to the wondrous sounds he makes at the piano, audiences can never be sure where he will take the music next. There can be a palpable sense that they are hearing a feeling, harmony, melody or rhythm they may be familiar with, and at the same time, they are likely to be figuratively on the edge of their seats, excited, gratified that they are being taken on a musical adventure unlike anything they may have experienced previously.					
03:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#501H
	Viola Davis (Fences) and Tom Hanks (Sully); Emma Stone (La La Land) and Molly Shannon (Other People); Nicole Kidman (Lion) and Casey Affleck (Manchester by the Sea); Matthew McConaughey (Gold) and Jeff Bridges (Hell or High Water).					
04:00:00	Stories of the Mind The Innovators	NETA	(S)	(CC)	N/A	#110H
	Doctors at the forefront of brain science develop new treatments and gain insights into the connections between mind and body.					
04:30:00	Stories of the Mind Young Filmmakers	NETA	(S)	(CC)	N/A	#210H
	Powerful personal films from young directors, showing skill and understanding beyond their years.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#315
08:00:00	Ruby's Studio The Siblings Show	APTEX	(S)	(CC)	N/A	#104H
	"Ruby's Studio: The Siblings Show" is an engaging way to help young siblings reduce rivalry, boost harmony, and celebrate family. Curriculum written in consultation with child development experts, Dr. Joshua Sparrow and Dr. Laura Markham.					
08:30:00	Wunderkind Little Amadeus Small Pox	APTEX	(S)	(CC)	DVI	#117
	Nannerl collapses during a concert at the palace, but no one knows why. When someone mentions smallpox, Devilius pretends to fall ill. Amadeus thinks the amulet Nannerl lost during the concert at the palace will help her regain her health and sneaks into the palace to look for it. Meanwhile, Devilius enjoys the attention he receives from his accomplices Mario and Monti. Does Nannerl really have smallpox? Will the amulet heal her? And will anyone discover Devilius' feigned sickness? The Music: "Violin Sonata in F" K. 376; "Menuett in D Major" K. 94; et al. Additional Content: Monti plays music with various dynamic and timbre to introduce the concept of tempo. Then, Monti explains the three tempi: adagio, andante and allegro, and viewers hear what each sounds like.					
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 1	ACCES		(CC)	N/A	#120H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Leg Slenderizers	APTEX	(S)	(CC)	DVI	#923H

Fri, Aug 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Releasing Muscle Tightness Mary Ann uses a small ball, a towel and large ball to release some of the restrictions that build up in the connective tissue that runs throughout the body.	NETA	(S)	(CC)	N/A	#1315H
10:30:00	It's Sew Easy Traveling with Pets and Kids It's fun to travel with pets and kids. Author and instructor Donna Babylon makes portable bed for pets. Pattern designer Angela Wolf sews a hooded towel that kids and adults will love. Sewing educator Joanne Banko creates her own fringe for trims and embellishments.	NETA	(S)	(CC)	DVI	#1209H
11:00:00	Knit and Crochet Now! Dolly Long Legs Lena Skvagerson and Robyn Chachula are going to show how to knit and crochet versions of our Dolly Long Legs...which we have named "Deborah Dolls" in honor of new host Deborah Norville. These are sure to be the special doll that gets dragged everywhere. Ellen is in the stitch corner showing how to crochet the Fishbone Stitch.	APTEX	(S)	(CC)	DVI	#706H
11:30:00	Fresh Quilting Messages and Motifs Modern quilts express personal statements. Quilt artist Chawne Kimber creates raw edge applique quilts focused on social justice. Quilt guild activist Katie Burford and Elizabeth Dackson share ideas for organizing unique quilt shows on a shoe-string budget. Using the latest design and quilting technology, Rebecca Kemp Brent quilts an updated feather design on a whole cloth quilt.	NETA	(S)	(CC)	N/A	#105H
12:00:00	Democracy Now! Ellie visits a busy office where stress has led to junk food snacking and fast-food lunching. Armed with photos of sugary office treats submitted by one office employee to solicit her help, Ellie shares tasty alternatives to fight back. Recipes: Herbed farro salad with chicken, walnuts, feta and spinach; Asian chicken wrap; Buffalo chicken salad.	KNME	(S)	(CC)	N/A	#7005H
13:00:00	Ellie's Real Good Food Office Food Overhaul	APTEX	(S)	(CC)	N/A	#106H
13:30:00	Kevin Dundon's Modern Irish Food Birds, Bass and Berries Kevin prepares a woodpigeon salad; whole roasted sea bass in a sea salt crust; crushed baby potatoes; and a sea vegetable salad. Finally, a fresh and tasty elderflower and gooseberry fool.	APTEX	(S)	(CC)	N/A	#105H
14:00:00	Chef John Besh's New Orleans Shrimp Creole, Stuffed Shrimp, and Soft Shell Shrimp with Sweet Chile Sauce.	APTEX	(S)	(CC)	DVI	#111H
14:30:00	Essential Pepin Egg-Ceptional Mollet Eggs Florentine; Eggs In Ramekins; Eggs En Cocotte; Scrambled Eggs In Bread Cases With Candied Oyster Mushrooms; Fines Herbs Omelet; Mushroom Omelet; Flat Potato Omelet.	APTEX	(S)	(CC)	DVI	#118H
15:00:00	Beads, Baubles and Jewels Wire Wrapping Variations Using new innovations and traditional techniques, inventor Wyatt White presents ideas for wrapping different types of wire to create a setting for a cameo cabochon. Using both vintage and new buttons, Wyatt shows how to shape wire to make rings and earrings. Katie shows how to stitch beads onto braided leather.	NETA	(S)	(CC)	N/A	#2107H
15:30:00	Katie Brown Workshop Kids Day Satisfy the little ones with Katie's vibrant projects and tasty treats. In the Kitchen: Yummy Donut Sandwiches, Fruit Kebabs with Lemon-Lime Glaze and Butterscotch Hot Chocolate. Projects: Crafty paper-plate creatures. A garden emerges from old car tires.	APTEX	(S)	(CC)	DVI	#507H
16:00:00	Biz Kid\$ Fundraising Can Be Fun Have a worthy cause? Then host a worthy fundraiser. This episode shows how to organize volunteers, choose the right venue, get the word out, and keep expenses low. Learn the right way to do the right thing.	APTEX	(S)	(CC)	DVI	#510H

Fri, Aug 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Curious Crew Electric Batteries Human batteries, electric lemon, potato possibilities and more! The Curious Crew learns that batteries are used to change chemical energy into electrical energy. STEM Challenge: Designing a better battery. Curious About Careers: Scientist Tonya Matthews and Nuclear physicist Artemis Spyrou.	NETA	(S)	(CC)	N/A	#310H
17:00:00	P. Allen Smith's Garden Home Charming Charleston P. Allen Smith explores the food and fellowship of one of America's oldest cities, Charleston, South Carolina; a true Southern gem.	APTEX	(S)	(CC)	N/A	#1502H
17:30:00	Growing A Greener World An Organic Farm Changing Lives; The Center for Discovery, Sullivan County, Ny Spend time in a garden or on a farm, and you quickly realize the amazing healing powers they have by just being there. Now imagine the power such a place can have when you're immersed in it full time. For children with ASD (Autistic Spectrum Disorder), those benefits are exponential. The Center for Discovery, in Sullivan County, NY is a place created for just such children. The farm is at the heart of the project and it's changing lives in a powerful and moving way. In this episode, we visit the farm, meet some of the dedicated staff, and discover the magic this place has on the children who come here.	APTEX	(S)	(CC)	N/A	#511H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14155H
18:30:00	Euromaxx Summer Festivities Dior turns 70, Europe's best kitesurfers, a model exhibition of Berlin, a water park on the island of Cyprus and the thrill of the racetrack at the Goodwood Festival of Speed.	WNVT	(S)	(CC)	N/A	#1330H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8090
19:30:00	Global 3000 World Population Changes It's estimated that by 2050, 70 percent of the world's population will be living in cities. Rural regions, in contrast, are becoming increasingly depopulated. What can be done to reverse the trend?	WNVC	(S)	(CC)	N/A	#929H
20:00:00	Song of the Mountains Bluegrass Sweethearts / Mark Brine / Irene Kelley	NETA	(S)	(CC)	N/A	#1201H
21:00:00	Woodsongs Tommy Emmanuel Tommy Emmanuel is arguably one of the most exciting, brilliant and powerful guitar masters on earth. Walking in the legacy of Merle Travis, Chet Atkins and many others Tommy has dazzled audiences worldwide with his sheer mastery of the instrument. WoodSongs is excited to welcome back our friend for his sixth appearance on our broadcast as we help Tommy celebrate the release of his brand new album It's Never Too Late.	NETA	(S)	(CC)	N/A	#1806H
22:00:00	Film School Shorts Somebody to Love Kaori Momoi stars as a 55-year-old single office worker in Tokyo with nothing to look forward to but forced retirement and a lonely death in Oh Lucy! However, when her American English teacher gives her a blonde wig and a new identity, her perspective on life begins to change. Directed by Atsuko Hirayanagi. Then Tin takes us to the alleyways of Harlem, where a man mourns life and lost love in this jazz-age inspired stop-motion animation. Directed by Brandon Lake.	NETA	(S)	(CC)	N/A	#407H
22:30:00	On Story Deconstructing Billy Wilder Inarguably one of the greatest storytellers in Hollywood, filmmaker Billy Wilder's classic films include Double Indemnity, Sabrina, Sunset Boulevard, Some Like it Hot, The Apartment, and more. This episode dissects several of his films to analyze what makes his filmmaking style so unique and relevant to audiences today.	NETA	(S)	(CC)	N/A	#709H
23:00:00	Science Goes to the Movies John Coltrane, and Albert Einstein Guest: Stephon Alexander. Music of: John Coltrane. Stephon Alexander, cosmologist and author of The Jazz of Physics, talks math and music, John Coltrane and Einstein.	EPS	(S)	(CC)	N/A	#405H

Daily Program Listing II
43.1

Date: 08/02/2017

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Fri, Aug 04, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:30:00	Theater Talk Songs from Spamilton, and Barry Day On Noel Coward	EPS	(S)	(CC)	N/A	#1003
	Spamilton creator Gerard Alessandrini and performances from cast members Juwan Crawley, Chris Anthony Giles, Nicholas Edwards, Dan Rosales and Nora Schell; then Barry Day, Noel Coward scholar.					

Sat, Aug 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8090
00:30:00	Global 3000 World Population Changes	WNVC	(S)	(CC)	N/A	#929H
	It's estimated that by 2050, 70 percent of the world's population will be living in cities. Rural regions, in contrast, are becoming increasingly depopulated. What can be done to reverse the trend?					
01:00:00	Song of the Mountains Bluegrass Sweethearts / Mark Brine / Irene Kelley	NETA	(S)	(CC)	N/A	#1201H
02:00:00	Woodsongs Tommy Emmanuel	NETA	(S)	(CC)	N/A	#1806H
	Tommy Emmanuel is arguably one of the most exciting, brilliant and powerful guitar masters on earth. Walking in the legacy of Merle Travis, Chet Atkins and many others Tommy has dazzled audiences worldwide with his sheer mastery of the instrument. WoodSongs is excited to welcome back our friend for his sixth appearance on our broadcast as we help Tommy celebrate the release of his brand new album It's Never Too Late.					
03:00:00	Film School Shorts Somebody to Love	NETA	(S)	(CC)	N/A	#407H
	Kaori Momoi stars as a 55-year-old single office worker in Tokyo with nothing to look forward to but forced retirement and a lonely death in Oh Lucy! However, when her American English teacher gives her a blonde wig and a new identity, her perspective on life begins to change. Directed by Atsuko Hirayanagi. Then Tin takes us to the alleyways of Harlem, where a man mourns life and lost love in this jazz-age inspired stop-motion animation. Directed by Brandon Lake.					
03:30:00	On Story Deconstructing Billy Wilder	NETA	(S)	(CC)	N/A	#709H
	Inarguably one of the greatest storytellers in Hollywood, filmmaker Billy Wilder's classic films include Double Indemnity, Sabrina, Sunset Boulevard, Some Like it Hot, The Apartment, and more. This episode dissects several of his films to analyze what makes his filmmaking style so unique and relevant to audiences today.					
04:00:00	Science Goes to the Movies John Coltrane, and Albert Einstein	EPS	(S)	(CC)	N/A	#405H
	Guest: Stephon Alexander. Music of: John Coltrane. Stephon Alexander, cosmologist and author of The Jazz of Physics, talks math and music, John Coltrane and Einstein.					
04:30:00	Theater Talk Songs from Spamilton, and Barry Day On Noel Coward	EPS	(S)	(CC)	N/A	#1003
	Spamilton creator Gerard Alessandrini and performances from cast members Juwan Crawley, Chris Anthony Giles, Nicholas Edwards, Dan Rosales and Nora Schell; then Barry Day, Noel Coward scholar.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#316
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Pink Perfection	APTEX	(S)	(CC)	N/A	#503H
	In this third episode of the new series Gary depicts an old English rose with the subtle combination of colors in the red spectrum providing a beautiful pink sheen. A light gray background with dark accents completes the painting. This painting would be very well suited in a beautiful silver frame.					
08:30:00	Painting with Wilson Bickford Seaside Solitude	NETA	(S)	(CC)	N/A	#210H
	Waves crash against partially submerged rocks as the sun slowly sets, creating a spectacular sunset against the cold blue ocean water.					
09:00:00	Landscapes Through Time with David Dunlop James Abbott Mcneill Whistler's Venice	NETA	(S)	(CC)	DVI	#205H
	David travels to two iconic Venetian locations that inspired provocative artist James Abbott McNeill Whistler (1834-1903) during his transformative trip in 1879-1880. Whistler's pastels, along with his etchings, brought him increased fame when he returned to London. David demonstrates a pastel drawing using Whistler's techniques and color palette while standing on the Giudecca overlooking the broad panorama of Venice. He then visits the famous Piazza San Marco and completes a quick oil sketch in the twilight, fading rapidly into night.					

Sat, Aug 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Workout (All Standing)	APTEX	(S)	(CC)	DVI	#924H
10:00:00	Sit and Be Fit Myofacial Relief & Gait Mary Ann uses the large ball in this workout to loosen up the fascia around the scapula. Later in the program she focuses on exercises to improve gait.	NETA	(S)	(CC)	N/A	#1316H
10:30:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H
11:00:00	Delicious TV's Vegan Mashup Party Foods This episode is packed with good ideas and Miyoko goes "nutty" for vegan cheese you'll have to try to believe! With our guest chef topping it off with a Cherry Sangria, you'll be ready to throw your next party. Gruyere and Pear Croustade/Tempeh Bites/Tzatsiki/Beet Tapenade/Cherry Sangria/Ceveche.	NETA	(S)	(CC)	DVI	#101H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Dreaming of Sustainable Agriculture Chef Pedro Abascal is changing tourist's perceptions of the food in Riviera Maya, using local farms to supply his hip hotel restaurants. Rick and Pedro discuss his challenges and successes of his approach over a traditional Yucatecan meal at Faison y Venado. Rick pays a visit to a lamb farm in Tizimin for a conversation with a rancher, then heads to C-Grill, Pedro's hip restaurant on the shores of Playa del Carmen, where he makes a beautiful roasted lamb in adobo. In Chicago, Rick heads to the outdoor Green City Market to gather ingredients for his grilled leg of lamb with green garlic mojo and camote mash, accompanied by grilled asparagus with pasilla crema. Oh, and an incredibly delicious skillet cake.	APTEX	(S)	(CC)	N/A	#1111H
12:00:00	Lidia's Kitchen Vegetable Favorites Italy is a garden year round, and Lidia celebrates an array of beautiful vegetable dishes including: celery stalks stuffed with gorgonzola and apples; an elegant asparagus and scallion salad; a refreshing fava sesame dip, that pairs beautifully with flat breads and finally a linguine with swisschard made with walnuts and creamy fresh ricotta.	APTEX	(S)	(CC)	N/A	#417H
12:30:00	Moveable Feast with Fine Cooking Anchorage, Alaska On this episode of Moveable Feast with Fine Cooking, host Pete Evans travels to the beautiful city of Anchorage, Alaska to learn about Alaska's finest fish cuisine. While there, Pete takes a field trip to the Bait Shack to meet up with chef Travis Haugen, and fishing guru Dustin Slinker for a fishing adventure that includes catching a fresh king salmon for their delicious grilled meal that evening. Meanwhile, chef Patrick Hoogerhyde travels to Copper River Seafood, one of the city's largest seafood warehouses, to find the freshest halibut for their feast. The chefs then meet up to craft a flavorful menu including: grilled king salmon with tomato-anchovy vinaigrette, pan-seared halibut with cucumber-radish slaw; salmon belly with golden raisins and ginger-tamari dressing; and salmon tartar.	APTEX	(S)	(CC)	N/A	#308H
13:00:00	Expeditions with Patrick Mcmillan The Longleaf Empire - Apalachicola National Forest The once vast Longleaf Pine woodlands once dominated the South with their green, open and grassy expanses. Today this is one of the rarest habitats on the planet reduced to just two percent of its historic extent. Join Patrick as he explores a land filled with some of the strangest plants and animals anywhere in the Apalachicola National Forest, a land kissed by fire.	APTEX	(S)	(CC)	N/A	#312H
13:30:00	Weekends with Yankee Fall Color Yankee editor Mel Allen calls foliage season "New England's Mardi Gras." In this episode, we search out the most autumn vivid colors imaginable as we travel along New Hampshire's famed Kancamagus Highway, one of our region's most scenic drives. Then we head over to Vermont, where we visit with Allison Hooper, a successful and pioneering New England cheesemaker. We wrap things up with a look at Kent, Connecticut, which Yankee magazine has named the best foliage town in New England.	APTEX	(S)	(CC)	N/A	#112H
14:00:00	Rick Steves' Europe Rome: Ancient Glory Part one of three on the Eternal City, this episode resurrects the rubble and brings back to life the capital of the ancient world. Focusing on the grandeur of classical Rome, we marvel at the Colosseum, the Pantheon, and the empire's exquisite art. Then we go offbeat by bicycle to see the Appian Way and marvels of Roman engineering.	APTEX	(S)	(CC)	N/A	#701H

Sat, Aug 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Australia: Secret Outback	APTEX	(S)	(CC)	N/A	#121H
	In this episode, Richard journeys to Australia to discover its secret outback. From the Northern Territory to the Tiwi Islands. He meets the elders and families of Tiwi along with its artists. Richard goes "outbush" to learn how to survive and live on the land with his hosts. He spears fish and crabs, collects mud mussels. He learns about local customs, dances, and joins in a smoking ceremony to banish stress and demons.					
15:00:00	Garden Smart	NETA	(S)	(CC)	N/A	#4705H
	In this episode, GardenSMART visits a garden that's undergoing a dramatic restoration. How do they deal with older plants, and how do they mix in the new? Good questions and a lot of interesting answers. Be sure to tune in					
15:30:00	Baby Makes 3 Run for the Roses	APTEX	(S)	(CC)	N/A	#201H
	Katherine and Bryan left their hearts in Kentucky when they moved away and are looking for ways to share their Bluegrass roots with their new baby.					
16:00:00	Conversations in the Digital Age with Jim Zirin Why Were Black Voters Disillusioned with Hillary Clinton?	EPS	(S)	(CC)	N/A	#106H
	Guest: Eddie S. Glaude, Jr., Professor, Princeton University. Black voting declined in the 2016 presidential election by 8%, contributing to Donald Trump's stunning upset victory. Was this because of voter suppression, or were many sitting it out as a protest against the failure of the Nation's first black President to deliver on his promise? Princeton's African American Studies Department Chair, Eddie S. Glaude, Jr., author of the bestseller, Democracy in Black-How Race Still Enslaves the American Soul, tells Jim Zirin why many blacks are beginning to take a pass on voting for the President.					
16:30:00	Overheard with Evan Smith Margaret Atwood, Award-Winning Author	NETA	(S)	(CC)	N/A	#605H
	Margaret Atwood is an award-winning author of more than 40 volumes of poetry, children's literature, fiction, and nonfiction. She's best known for her novels, including The Edible Woman, The Handmaid's Tale, and The Blind Assassin, which won the Booker Prize in 2000. Her newest novel, The Heart Goes Last, was published in September.					
17:00:00	Pen Voice	PENTV	(S)	(N)	N/A	#300H
17:30:00	Craftsman's Legacy The Master Penman	APTEX	(S)	(CC)	N/A	#310H
	Host Eric Gorges meets the celebrated Jake Weidmann, the youngest ever master penman and one of only 12 in the world. Together they make a pen and explore the fascinating world of lettering.					
18:00:00	Focus On Europe Russian Hackers Target German Elections	WNVC	(S)	(CC)	N/A	#3530H
	Intelligence agencies warn that Russian cyber attacks will aim to influence Germany's upcoming parliamentary elections. A Slovakian pensioner names and shames right-wing extremists active on Facebook in his blog.					
18:30:00	The Open Mind United to Protect Democracy	NETA		(CC)	N/A	#3801H
	Guest: Ian Bassin. Ian Bassin, founding director of United to Protect Democracy and former White House Counsel, discusses holding the Executive Branch accountable.					
19:00:00	Closer to Truth Speculating About God?	EPS	(S)	(CC)	N/A	#1505H
	In searching, striving to know God-if there is a God-we discover contrasting ways that God could be. It is good to wonder about God, see a landscape of possibilities, get the big picture of what God may be like.					
19:30:00	American Forum The Perils of Presidential Ambition	NETA	(S)	(CC)	N/A	#236H
	Historian JOHN FARRELL on his new evidence that President Richard Nixon sabotaged Vietnam peace talks in 1968. Hosted by Pulitzer Prize-winning author and journalist DOUGLAS BLACKMON.					
20:00:00	Infinity Hall Live Hit Rewind	APTEX	(S)	(CC)	N/A	#604H
	Infinity Hall Live encores some of the best performances from past seasons: Barenaked Ladies - "One Week"; Melissa Etheridge - "Bring Me Some Water"; Rusted Root - "Send Me on My Way"; America - "Horse with No Name"; Cowboy Junkies - "Sweet Jane"; Toad the Wet Sprocket - "All I Want"; Fountains of Wayne - "Stacy's Mom"; Los Lonely Boys - "Heaven"; Joss Stone - "Right to Be Wrong".					

Sat, Aug 05, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center The Cadillac Three	APTEX	(S)	(CC)	N/A	#706H
	Fronted by Grammy Award nominated songwriter Jaren Johnston, The Cadillac Three have a sound that hovers between radio-ready country anthems, hard-and-heavy rock ballads and traditional southern folk. The trio perform songs from their latest album, Bury Me in My Boots, including their three top 50 songs "The South," "Party Like You," and "White Lightning."					
22:00:00	Globe Trekker Food Hour: Southern China	APTEX	(S)	(CC)	N/A	#1618H
	Celebrated New Zealand chef Peter Gordon discovers the roots of Cantonese cuisine. Peter's journey takes him north to Lianzhou, the mountain home of the Yao tribe, where he cooks succulent spiced pork. Next, he walks the rice fields of the Pearl River Delta, meets traditional medical doctors in Foshan, cooks up a strength-giving feast for dragon boat racing crews in Guangzhou, shops in the fabled market of Qingping, samples street fare in Chaozhou, visits the tea mountains near An'xi, stops in the glittering city of Xiamen and ends his journey in Daya Bay for simple soul food.					
23:00:00	Arts In Context In Face	NETA		(CC)	N/A	#502H
	Behind the makeup and false eyelashes of drag queens are the eccentric lives of brilliant performers. In Face follows the complex lives of three performance artists in three cities: Austin, Los Angeles, Atlanta. Each queen, with a unique life offstage, sheds a bit of light on the hectic and determined lifestyle of pursuing a drag career. With daring costumes and lavish handmade hair pieces, Gia Sunflowers always surprises the crowd with his gothic style as waiter and performer of the drag queen dining establishment LIPS Atlanta. Obtaining success in Hollywood as contestant on RuPaul's Drag Race, television star Willam Belli tours the country as a performer while also gaining a career as a recording artist.					
23:30:00	Ecosense for Living Ocean Health - Tales of Recovery	NETA	(S)	(CC)	N/A	#201H
	Tampa Bay Restoration & the Great Bay Scallop Search: Tampa Bay's restoration is a HUGE success story that could only happen with cooperation among non-profits, volunteers, the local and state government and industry. Twenty years ago, they set a goal to clean up the polluted bay. They EXCEEDED their goal and are now a model for other troubled and polluted waterways. Martin EcoSystems - In Louisiana and five other states, Martin EcoSystems has found a way to use recycled plastic to protect coastline by building floating islands and populating them with indigenous plants. This innovative family-run business is rebuilding vulnerable wetlands, one tiny island at a time. Artist Pam Longobardi travels the world "harvesting" plastic trash to turn into amazing art that gets people talking about how to stop trashing our oceans. Pam says beauty is her greatest weapon as people first appreciate her art installations and then hear the story behind where she finds all her materials. Louis Psihoyos, filmmaker ("The Cove") talks about his new documentary, Racing Extinction, and the impact he hopes it will make on viewers.					

Sun, Aug 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth Speculating About God? In searching, striving to know God-if there is a God-we discover contrasting ways that God could be. It is good to wonder about God, see a landscape of possibilities, get the big picture of what God may be like.	EPS	(S)	(CC)	N/A	#1505H
00:30:00	American Forum The Perils of Presidential Ambition Historian JOHN FARRELL on his new evidence that President Richard Nixon sabotaged Vietnam peace talks in 1968. Hosted by Pulitzer Prize-winning author and journalist DOUGLAS BLACKMON.	NETA	(S)	(CC)	N/A	#236H
01:00:00	Infinity Hall Live Hit Rewind Infinity Hall Live encores some of the best performances from past seasons: Barenaked Ladies - "One Week"; Melissa Etheridge - "Bring Me Some Water"; Rusted Root - "Send Me on My Way"; America - "Horse with No Name"; Cowboy Junkies - "Sweet Jane"; Toad the Wet Sprocket - "All I Want"; Fountains of Wayne - "Stacy's Mom"; Los Lonely Boys - "Heaven"; Joss Stone - "Right to Be Wrong".	APTEX	(S)	(CC)	N/A	#604H
02:00:00	Front and Center The Cadillac Three Fronted by Grammy Award nominated songwriter Jaren Johnston, The Cadillac Three have a sound that hovers between radio-ready country anthems, hard-and-heavy rock ballads and traditional southern folk. The trio perform songs from their latest album, Bury Me in My Boots, including their three top 50 songs "The South," "Party Like You," and "White Lightning."	APTEX	(S)	(CC)	N/A	#706H
03:00:00	Globe Trekker Food Hour: Southern China Celebrated New Zealand chef Peter Gordon discovers the roots of Cantonese cuisine. Peter's journey takes him north to Lianzhou, the mountain home of the Yao tribe, where he cooks succulent spiced pork. Next, he walks the rice fields of the Pearl River Delta, meets traditional medical doctors in Foshan, cooks up a strength-giving feast for dragon boat racing crews in Guangzhou, shops in the fabled market of Qingping, samples street fare in Chaozhou, visits the tea mountains near An'xi, stops in the glittering city of Xiamen and ends his journey in Daya Bay for simple soul food.	APTEX	(S)	(CC)	N/A	#1618H
04:00:00	Arts In Context In Face Behind the makeup and false eyelashes of drag queens are the eccentric lives of brilliant performers. In Face follows the complex lives of three performance artists in three cities: Austin, Los Angeles, Atlanta. Each queen, with a unique life offstage, sheds a bit of light on the hectic and determined lifestyle of pursuing a drag career. With daring costumes and lavish handmade hair pieces, Gia Sunflowers always surprises the crowd with his gothic style as waiter and performer of the drag queen dining establishment LIPS Atlanta. Obtaining success in Hollywood as contestant on RuPaul's Drag Race, television star Willam Belli tours the country as a performer while also gaining a career as a recording artist.	NETA		(CC)	N/A	#502H
04:30:00	Ecosense for Living Ocean Health - Tales of Recovery Tampa Bay Restoration & the Great Bay Scallop Search: Tampa Bay's restoration is a HUGE success story that could only happen with cooperation among non-profits, volunteers, the local and state government and industry. Twenty years ago, they set a goal to clean up the polluted bay. They EXCEEDED their goal and are now a model for other troubled and polluted waterways. Martin EcoSystems - In Louisiana and five other states, Martin EcoSystems has found a way to use recycled plastic to protect coastline by building floating islands and populating them with indigenous plants. This innovative family-run business is rebuilding vulnerable wetlands, one tiny island at a time. Artist Pam Longobardi travels the world "harvesting" plastic trash to turn into amazing art that gets people talking about how to stop trashing our oceans. Pam says beauty is her greatest weapon as people first appreciate her art installations and then hear the story behind where she finds all her materials. Louis Psihoyos, filmmaker ("The Cove") talks about his new documentary, Racing Extinction, and the impact he hopes it will make on viewers.	NETA	(S)	(CC)	N/A	#201H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#317
08:00:00	Gary Spetz's Watercolor Quest Eastern Caribbean Host-Artist, Gary Spetz, sails aboard a cruise ship to explore, photograph and paint the colorful eastern Caribbean Islands of Grand Turk, Virgin Gorda, St. John, and Half Moon Cay-explaining, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	DVI	#104
08:30:00	Painting with Paulson Nevada Again Part I	NETA	(S)	(CC)	N/A	#1711H

Sun, Aug 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Blue Moon Seascape	APTEX		(CC)	N/A	#612H
	<p>Art Lesson: Composition. Elements of composition are used to organize the components of an artwork in a pleasing manner. Used effectively, these elements provide a structure that leads the viewer's eye in a particular way for a variety of different effects. Examples of extraordinary composition may include the "Mona Lisa" by Leonardo da Vinci or "Starry Night" by Vincent van Gogh. Important components of good composition include: unity, balance and movement. All compositions begin by identifying a focal point. A range of artistic decisions proceeds from there, ranging from contrasts between light and dark to finding a rhythm that paces the eye of the viewer. The parts of the composition may feel as if they belong together. Or they may be purposely disjointed. A symmetrical arrangement may add a sense of calm; whereas an asymmetrical arrangement may create a sense of unease. By adjusting the arrangement of the objects, the artist can create a sense of motion or still life. Patterns establish an underlying structure of basic lines and shapes. Proportion is the way in which things fit together, big and small, nearby and distant. Each of these components may be used in varying degrees to create the intended effect.</p>					
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Strengthen Your Hamstrings	APTEX	(S)	(CC)	DVI	#925H
10:00:00	Sit and Be Fit Keep The Fun In Functional Fitness	NETA	(S)	(CC)	N/A	#1317H
	<p>In this episode Mary Ann focuses on the fun side of exercise through the use of novelty music and imaginative choreography.</p>					
10:30:00	Power Yoga: Mind and Body Long Holds - Version One	APTEX	(S)	(CC)	N/A	#106
	<p>With Vinyasa, Warrior I, Warrior II, Ardha Chandrasana and others.</p>					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#318H
11:30:00	New Orleans Cooking with Kevin Belton Egg Dishes	APTEX	(S)	(CC)	N/A	#110H
	<p>Eggs Benedict, eggs sardou, clean-out-the-fridge frittata.</p>					
12:00:00	Ciao Italia Piedmont Cheese/I Formaggi Piemontesi	NETA	(S)	(CC)	N/A	#2416H
	<p>Mary Ann and good friend Pattie Bongiovanni, a visit the village of Valcasotto in Italy's Piedmont region to buy some artisanal cheese from the Beppino Occelli cheese company, before returning to the castle kitchen to make creamy rich, meat and cheese-filled Cannelloni to die for.</p>					
12:30:00	Mike Colameco's Real Food Fung Tu/Contra	NETA	(S)	(CC)	N/A	#1420H
	<p>We feature 2 new Lower East Side restaurants. At Fung Tu, chef Jonathan Wu is doing a sort of modern Chinese fusion putting out brilliant dishes paired with a well-curated wine courtesy of Jason Wagner. A few blocks north, opened in 2014 Contra was a trailblazer with set \$55 dollar five course tasting menu from chefs Jeremiah Stone and Fabian von Hauske and in 2015 they opened their new wine bar Wildair next door offering small plates and all natural wines by the glass.</p>					
13:00:00	Journeys In India Ahmedabad: Land of Gandhi	NETA	(S)	(CC)	N/A	#211H
	<p>There is no figure in Indian history that rivals Gandhi. Bill explores the land Gandhi called home and in the process, learns about the man himself. But Ahmedabad is more than Gandhi--its rich history and unusual architecture are revealed.</p>					
13:30:00	Family Travel with Colleen Kelly O'hare Airport, Chicago, II - Airport Travel Tips	APTEX	(S)	(CC)	N/A	#309H
	<p>Colleen gives you an inside look at Chicago's O'Hare Airport, one of the busiest in the nation. With these airport travel tips, it's clear to see how traveling can be made a little easier.</p>					
14:00:00	Journeys In Japan Tottori: Sculpted By Nature	APTEX	(S)	(CC)	N/A	#318H
	<p>On this episode of Journeys in Japan, actor Dean Newcombe from Britain explores the natural wonders of Tottori, including the majestic Tottori Sand Dunes. He meets farmers growing rakkyo, goes fishing for flying fish with his guesthouse owner, and hangs out with washi craftsmen.</p>					

Sun, Aug 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Destination Craft with Jim West Bali	APTEX	(S)	(CC)	N/A	#101H
	Jim West journeys to Bali where master artisans teach woodcarving, free style and block batik, painting and ikat weaving techniques. He discovers how crafting is associated with rice fields, makes a traditional Balinese dish, and creates crafts in the exotic Monkey Forest. He also sees an elephant who paints in a Safari Park.					
15:00:00	American Woodshop Garden Fan Trellis and Garden Gates.	NETA	(S)	(CC)	N/A	#2404H
15:30:00	Rough Cut - Woodworking with Tommy Mac Interior Trim, Doors and Windows	APTEX	(S)	(CC)	N/A	#710H
	This week on Rough Cut Woodworking with Tommy Mac we are finally able to finish the interior of the shop. Tommy finishes up the interior doors and trim and moves on to the windows for the final touches.					
16:00:00	Happy Yoga with Sarah Starr Desk Jockey Gentle Yoga	NETA	(S)	(CC)	N/A	#103H
	Rejuvenate amongst the sunflower backdrop as we enjoy a modified yoga practice using a chair for support. The chair replaces the yoga mat, creating an amazing form of adaptive exercise. Apply this practice to mini yoga breaks at work, a long plane ride, or any time you need to balance the mind, increase blood flow and boost your energy.					
16:30:00	Second Opinion Managing Diabetes	APTEX	(S)	(CC)	N/A	#1009H
	Patient Story: Some experts call Type II Diabetes an epidemic in America. But why is it so difficult to keep under control. Bob Hatch seeks a second opinion as he struggles to manage his diabetes. Myth or Medicine: Can you cure Type II Diabetes? Second Opinon 5: Five lifestyle choices that help manage diabetes.					
17:00:00	Immense Possibilities Children Demanding A Future	NETA	(S)	(CC)	N/A	#610H
	Do children have standing to sue governments for severely damaging their future by ignoring the clear dangers of climate change? One federal court, hearing the case brought by Our Children's Trust, says they might. We talk to OCF's founder and two young plaintiffs to find out about a struggle that could change more than we can easily imagine.					
17:30:00	Well Read Maria Semple, Today Will Be Different	APTEX	(S)	(CC)	N/A	#605H
	First garnering critical acclaim and her loyal fan base with her novel, Where'd You Go, Bernadette, Maria Semple is back with another humorous romp. Semple's Today Will Be Different is full of characters every reader can and will recognize from their own lives.					
18:00:00	California's Gold San Francisco Cemeteries	KCET		(CC)	N/A	#2008
	San Francisco is a city of many distinctions, but few are as intriguing as the history of its cemeteries. As the 19th century came to a close in San Francisco, a movement some say a real estate scheme began to remove all buried remains from within the city. After many ordinances, acts and decrees, cemeteries were carefully relocated to nearby towns, while headstones were recycled as breakwaters and paving material. Only three cemeteries and their inhabitants were left within the boundaries of San Francisco. Join Huell as he discovers the sacred grounds that still exist today at San Francisco de Asis (Mission Dolores) and the San Francisco National Cemetery at the Presidio. He also enters the neoclassical San Francisco Columbarium where the ash remains of many notable San Francisco family members rest within the beauty of an architectural gem.					
18:30:00	Curious Traveler Curious Paris	APTEX	(S)	(CC)	N/A	#201H
	Why does Paris look like Paris? Why were the Eiffel Tower and the Pont Alexandre III built for World Expos? Why is the Opera Garnier so ornate? Why is there a Romano-Byzantine Basilica atop the highest point in Paris? Why are the streets so windy in Montmartre? Why was a famous cabaret built inside a red mill: the Moulin Rouge?					
19:00:00	Beyond Geek High Flying Smackdown!	EPS	(S)	(CC)	N/A	#206H
	Brittini learns to settle the score on the mat as she enters the world of pro-wrestling.					

Sun, Aug 06, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
19:30:00	The Kamla Show Special Danielle Applestone	KAMLA	(S)	(CC)	N/A	#125H
	Kamla talks to Danielle Applestone, CEO of of Other Mill Co in Berkeley. Applestone talks about growing up in Arkansas and discovering her love for math and science, which led her to studying engineering at MIT and UT Austin. Armed with a PhD in material engineering she headed to Silicon Valley, which is where she wanted to learn the ropes for starting a company. Tune in to find out how she did it. This part of "Women in Science and Technology" series.					
20:00:00	Black America Presidential Politics and Black America with Errol Louis	EPS	(S)	(CC)	N/A	#132H
	Carol Jenkins sits down with Errol Louis, CNN contributor, political anchor and host of NY1's Inside City Hall and the Director of Urban Reporting at the CUNY School of Journalism. Together they discuss the many facets of the current presidential race between Hillary Clinton and Donald Trump and the effects of the campaigns on the black community.					
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#106H
	Host and correspondent Ernabel Demillo interviews members of the "Asian Pride Project" about how they've created new public service announcements to raise awareness about gay issues within the Asian American communities nationwide; Correspondent Minnie Roh gets up close and personal with documentarian/filmmaker Dai Sil Kim-Gibson, and looks at her career and award winning films; In honor of the 40th Anniversary of the Fall of Saigon Correspondent Mike Gilliam provides an exclusive report on Amerasian Children and interviews Kien Nguyen, Author of "The Unwanted," and Trista Goldberg, Founder of Operation Reunite, a non-profit organization that provides DNA tests to help reconnect birth parents to their Amerasian children.					
21:00:00	Job Centered Learning	NETA	(S)	(CC)	DVI	#0H
	Many economist, business owners, and labor leaders have raised alarm about a rising skills gap in the United States between the jobs that are available and those with the skills needed to fill them. Job Centered Learning, a very timely film, takes a critical look at the wide range of career education some high schools are offering as a way of both closing this gap as well as making education more meaningful and relevant for students.					
22:00:00	Great Conversations Sebastian Junger and Joe Klein	NETA		(CC)	N/A	#801H
	Sebastian Junger, author of War and The Perfect Storm, talks about his book Tribe: On Homecoming and Belonging, an investigation of how we overcome trauma and seek something bigger than ourselves. He is interviewed by Joe Klein, TIME political columnist and a best-selling author.					
23:00:00	Nuclear Requiem	APTEX	(S)	(CC)	N/A	#0H
	Produced 70 years after the creation and first use of nuclear weapons, THE NUCLEAR REQUIEM is a film meditation that explores the conundrum of humankind's most lethal weapon, investigates the continuing struggle over how to resolve this complex issue, and ponders why nuclear weapons continue to exist. The documentary features commentary by leading experts, heads of international agencies, and world leaders, who provide insights on the realities of living in a nuclear world, the challenges of moving beyond nuclear weapons, and the hard work needed to invest in arms control and nonproliferation. THE NUCLEAR REQUIEM incorporates a specifically composed musical piece by French musician Alain Kremski, which is threaded throughout the documentary to help illustrate the unrelenting flow of 70 years as a nuclear world and the continuing challenges it poses for all. The documentary features commentary by leading experts, heads of international agencies, and world leaders, who provide insights on the realities of living in a nuclear world, the challenges of moving beyond nuclear weapons, and the hard work needed to invest in arms control and nonproliferation. Daryl Kimball, executive director of the Arms Control Association, observes that while the Iran nuclear deal was designed to block Iran's path to the bomb, there are other countries with nuclear weapons that are pursuing destabilizing and dangerous activities, and that we may be on the verge of a potential new global arms race. Annika Thunborg, director of disarmament and nonproliferation at the Ministry of Foreign Affairs in Sweden, notes that these weapons have become such integrated parts of many countries and their defense doctrines that it is hard to see how to move beyond them.					

Mon, Aug 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek High Flying Smackdown! Brittni learns to settle the score on the mat as she enters the world of pro-wrestling.	EPS	(S)	(CC)	N/A	#206H
00:30:00	The Kamla Show Special Danielle Applestone Kamla talks to Danielle Applestone, CEO of of Other Mill Co in Berkeley. Applestone talks about growing up in Arkansas and discovering her love for math and science, which led her to studying engineering at MIT and UT Austin. Armed with a PhD in material engineering she headed to Silicon Valley, which is where she wanted to learn the ropes for starting a company. Tune in to find out how she did it. This part of "Women in Science and Technology" series.	KAMLA	(S)	(CC)	N/A	#125H
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01:30:00	Asian American Life Host and correspondent Ernabel Demillo interviews members of the "Asian Pride Project" about how they've created new public service announcements to raise awareness about gay issues within the Asian American communities nationwide; Correspondent Minnie Roh gets up close and personal with documentarian/filmmaker Dai Sil Kim-Gibson, and looks at her career and award winning films; In honor of the 40th Anniversary of the Fall of Saigon Correspondent Mike Gilliam provides an exclusive report on Amerasian Children and interviews Kien Nguyen, Author of "The Unwanted," and Trista Goldberg, Founder of Operation Reunite, a non-profit organization that provides DNA tests to help reconnect birth parents to their Amerasian children.	EPS	(S)	(CC)	N/A	#106H
02:00:00	Job Centered Learning Many economist, business owners, and labor leaders have raised alarm about a rising skills gap in the United States between the jobs that are available and those with the skills needed to fill them. Job Centered Learning, a very timely film, takes a critical look at the wide range of career education some high schools are offering as a way of both closing this gap as well as making education more meaningful and relevant for students.	NETA	(S)	(CC)	DVI	#0H
03:00:00	Great Conversations Sebastian Junger and Joe Klein Sebastian Junger, author of War and The Perfect Storm, talks about his book Tribe: On Homecoming and Belonging, an investigation of how we overcome trauma and seek something bigger than ourselves. He is interviewed by Joe Klein, TIME political columnist and a best-selling author.	NETA		(CC)	N/A	#801H
04:00:00	Nuclear Requiem Produced 70 years after the creation and first use of nuclear weapons, THE NUCLEAR REQUIEM is a film meditation that explores the conundrum of humankind's most lethal weapon, investigates the continuing struggle over how to resolve this complex issue, and ponders why nuclear weapons continue to exist. The documentary features commentary by leading experts, heads of international agencies, and world leaders, who provide insights on the realities of living in a nuclear world, the challenges of moving beyond nuclear weapons, and the hard work needed to invest in arms control and nonproliferation. THE NUCLEAR REQUIEM incorporates a specifically composed musical piece by French musician Alain Kremski, which is threaded throughout the documentary to help illustrate the unrelenting flow of 70 years as a nuclear world and the continuing challenges it poses for all. The documentary features commentary by leading experts, heads of international agencies, and world leaders, who provide insights on the realities of living in a nuclear world, the challenges of moving beyond nuclear weapons, and the hard work needed to invest in arms control and nonproliferation. Daryl Kimball, executive director of the Arms Control Association, observes that while the Iran nuclear deal was designed to block Iran's path to the bomb, there are other countries with nuclear weapons that are pursuing destabilizing and dangerous activities, and that we may be on the verge of a potential new global arms race. Annika Thunborg, director of disarmament and nonproliferation at the Ministry of Foreign Affairs in Sweden, notes that these weapons have become such integrated parts of many countries and their defense doctrines that it is hard to see how to move beyond them.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#318
08:00:00	Zula Patrol The Things In Rings/How The Rust Was Won After the Zula Patrol warns Deliria and Cloid about their factory rejects floating in space, the villainous duo decide to dump the junk into Saturn's rings. When Wizzy and Wigg learn about the rings and the different types of natural debris that should make up the rings, they stumble upon Deliria's debris and report it to the others. This is a job for The Zula Patrol! Becoming a cowpoke, Dark Truder rustles up an evil scheme that's stripping Mars of its surface rust. He's raising rust-eating Nefarian Battle Cattle on Mars that he'll use to conquer the Universe. But hang on to your Stetsons, buckaroos; here comes the Zula Patrol ridin' to the rescue!	APTEX	(S)	(CC)	N/A	#201H

Mon, Aug 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus The Secret of Ybbs	APTEX	(S)	(CC)	DVI	#118
	Princess Antoinette persuades Amadeus to uncover the secret of Ybbs, a nearby monastery. Amadeus convinces his parents to visit Ybbs on their way back home to Salzburg, where he immediately starts looking for the secret. Devilius and his gang get lost in a heavy snowfall and also end up at the monastery. They quietly creep around and cause confusion among the monks. The secret is finally revealed as a beautiful organ hidden behind a wall. Amadeus presents a small concert on the organ and Devilius, Monti and Mario flee from the monks in a mad rush - on the backs of two pigs! The Music: "Violin Sonata in A" K. 526; "Symphony No. 40 in G Minor" K. 550; "The Abduction from the Seraglio" K. 384; et al. Additional Content: Monti, with Pumperl's help, explains the difference between a piano and organ, and describes the sounds pipes and bellows create on a typical organ. An inside construction drawing shows this connection and how it works.					
09:00:00	Functional Fitness with Suzanne Andrews Fat Blaster 2	ACCES		(CC)	N/A	#121H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Pain Prevention	APTEX	(S)	(CC)	DVI	#926H
10:00:00	Sit and Be Fit Variety, The Spice of Life	NETA	(S)	(CC)	N/A	#1318H
	Mary Ann combines a variety of exercises that improve function including a new exercise that uses the fingers and breath to control abdominal muscles.					
10:30:00	It's Sew Easy Weekend Get-Away	NETA	(S)	(CC)	DVI	#1210H
	Grab a bag and get away. Kay Whitt, innovator and designer, creates a colorful bag with sturdy dividers. Author Donna Babylon makes a roomy weekender bag with padded handles. A monogram adds extra style. Angela Wolf, designer and sewing expert, shares a tip for starting and stopping a serger stitch.					
11:00:00	Knit and Crochet Now! Downton Abbey-Inspired Gloves	APTEX	(S)	(CC)	DVI	#707H
	This week designer Rohn Strong joins Deborah Norville with not one but two pairs of fingerless gloves...one knit and one crochet. The knit Unger Mitts feature a cable and the Riviera Crochet Mitts has an elegant filet cuff, both of which would be suitable for a dinner party at Downton Abbey! In the stitch corner Ellen is demonstrating a Crochet Motif.					
11:30:00	Fresh Quilting Old and New	NETA	(S)	(CC)	N/A	#106H
	Everything old is new in the hands of the modern quilter. Pattern designer Elizabeth Dackson reinterprets vintage blocks using a modern aesthetic. Brenda Ratliff and Heather Grant trade tips on booking the faculty for quilt events. Modern quilt enthusiast Elizabeth Dackson uses half-square triangles to create dynamic blocks.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7006H
13:00:00	America's Test Kitchen from Cook's Illustrated Summer Dinner Party	APTEX	(S)	(CC)	N/A	#1724H
	Host Julia Collin Davison goes into the test kitchen with test cook Dan Souza to learn how to make the ultimate grill-roasted beef tenderloin. Next, equipment expert Adam Ried reviews gas grills in the Equipment Corner. Then, gadget guru Lisa McManus uncovers the best pie carriers. Finally, test cook Erin McMurrer shows host Bridget Lancaster how to make an elegant pear-walnut upside-down cake.					
13:30:00	Pati's Mexican Table Summer Evening Party	APTEX	(S)	(CC)	N/A	#404H
	It's the end of a great week in San Miguel, so Pati and her family decide to have a summer evening party - the perfect end to a fun family vacation. First, she'll head to a few places in San Miguel for ingredients, Agropark and a local winery. Back home she'll cook a big, celebratory family dinner to be enjoyed on their patio, while the sun sets over the city. Recipe 1: Cherry Tomato Jam with Red Wine and Scallions; Recipe 2: Citrus Chicken with Carrots and Baby Potatoes; Recipe 3: Bell Peppers, Cucumbers and Chickpea Salad; Recipe 4: Vanilla Custard.					
14:00:00	Lucky Chow Asian Farm to Table	APTEX	(S)	(CC)	N/A	#202H
	Farmers are the new rock stars of the food world, and in this episode Danielle visits agriculturists large and small, traditional and cutting edge. Ross Koda, a third-generation Japanese-American, runs a renowned Central Valley rice farm and hopes to keep it in the family. Kristyn Leach, a Korean adoptee, hand grows artisanal, heirloom Asian produce for one of San Francisco's most popular restaurants. And on the gorgeous Half Moon Bay coast, a pair of electricians who saw a gap in the market operate America's first wasabi farm.					

Mon, Aug 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Steven Raichlen's Project Smoke Where There's Smoke	APTEX	(S)	(CC)	N/A	#306H
	Smoke is the soul of barbecue. In this episode, you'll learn how to smoke duck breasts (they're tricky), achieving crisp skin without overcooking the meat. Cherry salsa underscores duck's affinity for fruit. Vegetarians and meat eaters alike will devour our cheese- and bean-stuffed poblanos and savory smoked mushroom bread pudding don't forget this recipe come Thanksgiving. But if it's carnivores you're feeding, smoke a hefty awe-inspiring beef shoulder clod until the outside is as black as coal and the inside is fork-tender. A tangy mustard barbecue sauce inspired by the Germans who settled Texas Hill Country makes the perfect complement. Cherry-smoked duck breasts; Project Smoke chiles rellenos; Smoked mushroom bread pudding; Texas beef clod with mustard barbecue sauce.					
15:00:00	Beads, Baubles and Jewels Leather and Chainmaille Jewelry	NETA	(S)	(CC)	N/A	#2108H
	Author Laura Poplin combines the ancient art of leatherwork and chainmaille to make beautiful contemporary jewelry. Learn to make colorful dyed and painted leather rectangles and finish them into jewelry using classic leatherworking techniques. Laura shows how to connect leather pieces with Byzantine chainmaille weave to make a cuff style bracelet. Katie demonstrates a quick and easy cup chain bracelet.					
15:30:00	Katie Brown Workshop Seaside	APTEX	(S)	(CC)	DVI	#508H
	From the kitchen to the craft room to the garden, Katie celebrates the gifts of the sea. In the Kitchen: Delicious Breaded Bluegill, Flavorful Shrimp Pesto, and a simple but scrumptious Seafood Bouillabaisse. Projects: Transport the beauty of the sea into the home. Create enchanting Snorkle Candles. Make-your-own Fish and Shell Compost to nourish any garden.					
16:00:00	Biz Kid\$ What to Do with a Windfall	APTEX	(S)	(CC)	DVI	#511H
	Congratulations - you have a windfall! Now what? Take a look at some investment alternatives and how to evaluate them based on time, risk, and rate of return. Meet several young entrepreneurs who were faced with a financial opportunity and see where they decided to invest their money.					
16:30:00	Hands On Crafts for Kids On The Move	NETA	(S)	(CC)	DVI	#1701H
	We are on the move, with projects that go along with us, or move themselves! Join host Katie Hacker and make a rockin' roadster that really rolls. Artist Franz Spohn uses a little string to add animation to his art and blogger Jenny Barnett Rohrs make a wreath with colorful felt pinwheels. Use the Family Craft Box and recycled denim to make a car track. Decorate your room with an eye-catching string art project that uses color to create the feeling of movement.					
17:00:00	P. Allen Smith's Garden Home Oils All Around	APTEX	(S)	(CC)	N/A	#1503H
	P. Allen Smith explores the many uses of oils - from the basic to the exotic.					
17:30:00	Growing A Greener World Putting The Garden to Bed: Atlanta, Ga	APTEX	(S)	(CC)	N/A	#512H
	The start of the next gardening season begins with making good decisions much earlier. Joe Lamp'I brings in the cameras as he puts his garden to bed and shows you what you need to know too. The tips shared in this episode are many and extremely helpful for any gardener to create a healthier and more productive garden next season and beyond.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14156H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#220H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8091
19:30:00	Focus On Europe Russian Hackers Target German Elections	WNVC	(S)	(CC)	N/A	#3530H
	Intelligence agencies warn that Russian cyber attacks will aim to influence Germany's upcoming parliamentary elections. A Slovakian pensioner names and shames right-wing extremists active on Facebook in his blog.					
20:00:00	Music City Roots Live from the Factory Parker Millsap, Secret Sister, Blackberry Smoke	APTEX	(S)	(CC)	N/A	#412H
	New Americana star Parker Millsap brings bracing songs from Oklahoma. The Secret Sisters sing intimate classic country. And Southern rockers Blackberry Smoke strip down for a finely crafted acoustic set.					

Mon, Aug 07, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Speakeasy Frankie Valli and Paul Shaffer	APTEX	(S)	(CC)	N/A	#201H
	<p>Frankie Valli, best known as the front man of The Four Seasons, sits down with legendary musical director/bandleader Paul Shaffer. Over the course of his career, Valli has scored 29 Top 40 hits with The Four Seasons, one Top 40 hit under The Four Seasons' alias 'The Wonder Who?,' and nine Top 40 hits as a solo artist. He was inducted into the Rock and Roll Hall of Fame in 1990 as a member of The Four Seasons and the Vocal Group Hall of Fame in 1999. Shaffer served as David Letterman's musical director, band leader, and sidekick on the entire run of both Late Night with David Letterman (1982-1993) and Late Show with David Letterman (1993-2015). He began his music career in 1972 as the musical director of the Toronto production of "Godspell" before joining the house band of "Saturday Night Live" from 1975-1980.</p>					
22:00:00	Tim Wise: A Minds That Matter Presentation	NETA	(S)	(CC)	N/A	#0H
	<p>On the next KTWU Minds That Matter Presentation, we feature American anti-racism activist and writer, Tim Wise, in a discussion about race and society, politics, poverty and economic inequality, and his own journey and experiences that have led Mr. Wise to the controversial topics and thoughts he is known for today. This special was taped on February 10, 2017 at White Concert Hall on the campus of Washburn University.</p>					
23:00:00	Beautiful Remedy	NETA	(S)	(CC)	N/A	#0H
	<p>A BEAUTIFUL REMEDY profiles the Arts in Medicine Program at the University of Texas MD Anderson Children's Cancer Hospital. Directed by Artist in Residence Ian Cion, Arts in Medicine provides art programming to pediatric, adolescent and young adult patients and their families. How can the making and viewing of art help participants transform their social and physical realities? How do artful encounters enlarge the scope of traditional medical practices? What are the goals of creative programming in healthcare contexts? A Beautiful Remedy is inspired by these questions and illustrates the power of art to foster human resiliency amidst suffering.</p>					

Tue, Aug 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8091
00:30:00	Focus On Europe Russian Hackers Target German Elections Intelligence agencies warn that Russian cyber attacks will aim to influence Germany's upcoming parliamentary elections. A Slovakian pensioner names and shames right-wing extremists active on Facebook in his blog.	WNVC	(S)	(CC)	N/A	#3530H
01:00:00	Music City Roots Live from the Factory Parker Milsap, Secret Sister, Blackberry Smoke New Americana star Parker Millsap brings bracing songs from Oklahoma. The Secret Sisters sing intimate classic country. And Southern rockers Blackberry Smoke strip down for a finely crafted acoustic set.	APTEX	(S)	(CC)	N/A	#412H
02:00:00	Speakeasy Frankie Valli and Paul Shaffer Frankie Valli, best known as the front man of The Four Seasons, sits down with legendary musical director/bandleader Paul Shaffer. Over the course of his career, Valli has scored 29 Top 40 hits with The Four Seasons, one Top 40 hit under The Four Seasons' alias 'The Wonder Who?,' and nine Top 40 hits as a solo artist. He was inducted into the Rock and Roll Hall of Fame in 1990 as a member of The Four Seasons and the Vocal Group Hall of Fame in 1999. Shaffer served as David Letterman's musical director, band leader, and sidekick on the entire run of both Late Night with David Letterman (1982-1993) and Late Show with David Letterman (1993-2015). He began his music career in 1972 as the musical director of the Toronto production of "Godspell" before joining the house band of "Saturday Night Live" from 1975-1980.	APTEX	(S)	(CC)	N/A	#201H
03:00:00	Tim Wise: A Minds That Matter Presentation On the next KTWU Minds That Matter Presentation, we feature American anti-racism activist and writer, Tim Wise, in a discussion about race and society, politics, poverty and economic inequality, and his own journey and experiences that have led Mr. Wise to the controversial topics and thoughts he is known for today. This special was taped on February 10, 2017 at White Concert Hall on the campus of Washburn University.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Beautiful Remedy A BEAUTIFUL REMEDY profiles the Arts in Medicine Program at the University of Texas MD Anderson Children's Cancer Hospital. Directed by Artist in Residence Ian Cion, Arts in Medicine provides art programming to pediatric, adolescent and young adult patients and their families. How can the making and viewing of art help participants transform their social and physical realities? How do artful encounters enlarge the scope of traditional medical practices? What are the goals of creative programming in healthcare contexts? A Beautiful Remedy is inspired by these questions and illustrates the power of art to foster human resiliency amidst suffering.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#319
08:00:00	Zula Patrol Ice Station Zula/Ice Truder Multo receives a distress call from his good friend, Professor Precipito, who lives in a sub-arctic region of Zula performing all kinds of precipitation experiments. Someone is stealing her experiments! The Zula Patrol rushes to the scene to help and they soon discover that the thief is none other than the legendary Abominable Snow-Gleep! Did I mention he's not very easy to catch? When Wizzy and Zeeter make a small ice sculpture, they discover they are standing on a glacier and learn all about it. But then Dark Truder steals the glacier for his newly redecorated headquarters - intent on carving it into a giant ice sculpture of himself. The Zula Patrol must intervene before the glacier melts - endangering its tiny ice worm inhabitants!	APTEX	(S)	(CC)	N/A	#202H
08:30:00	Wunderkind Little Amadeus The Green Drops Devilius believes Amadeus' musical talent stems from the green miracle drops his mother gives him. Devilius wants to get his hands on this special mixture, so he can give it to Mario and turn him into a real opponent to the child prodigy. Will the ever-devilous Devilius pull it off? And, are the drops really what they seem? The Music: "Piano Concerto No. 9 in E Flat Major" K. 271; et al. Additional Content: Leopold the conductor is responsible for the correct and melodious playing of his orchestra. Monti refers viewers to the Web site where children can explore - to the music of Beethoven's 9th symphony - the composition and complexity of a big orchestra. On the Web site, children may play of the instrument groups individually and in various combinations with others.	APTEX	(S)	(CC)	DVI	#119
09:00:00	Functional Fitness with Suzanne Andrews Headache Prevention	ACCES		(CC)	N/A	#122H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Full Body Strengthening (All Standing)	APTEX	(S)	(CC)	DVI	#927H

Tue, Aug 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Finger Dexterity This episode combines fun music of the Charleston and Cha-cha to demonstrate finger exercises using a pencil, sit to stand exercises and vestibular work.	NETA	(S)	(CC)	N/A	#1319H
10:30:00	It's Sew Easy Vacation Memories Capture travel memories in photos and in writing. Sewing artist Kim Montagnese uses computer software to create new images for artful designs and quilts. Embroidery expert Eileen Roche sews a monogrammed journal cover of faux suede. Serger expert Angela Wolf has a tip for serging seams.	NETA	(S)	(CC)	DVI	#1211H
11:00:00	Knit and Crochet Now! Shaped Cardigans Today we are making cardigans, a versatile staple for any wardrobe. Deborah Norville is joined by Kristin Nicholas with the Cosima Cardigan, that features a lace panel front that also creates a cable. Then on to Robyn Chachula who is showing how to make the textured crochet Twyla Cardigan. The stitch of the week is a new take on Shetland Lace by Rohn Strong.	APTEX	(S)	(CC)	DVI	#708H
11:30:00	Fresh Quilting Design Alternatives Up-end traditional designs for a fresh look. Contemporary quilt designer Jacquie Gering manipulates the traditional quilting grid to make high-impact designs. Avid quilter Katie Burford shares how to start a modern quilt guild. Engineer and quilter Latifah Saafir creates bold designs with bias tape applique on the surface of quilts.	NETA	(S)	(CC)	N/A	#107H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7007H
13:00:00	Julie Taboulie's Lebanese Kitchen It's Taboulie Time Join the "Queen of Lebanese Cuisine", Julie Taboulie, as she pays a special tribute to her namesake dish and her culinary traditions. Throughout this visually vibrant show, Julie takes viewers back to memory lane of her Lebanese heritage and the dishes that she grew up eating ever since she was a young girl at her family's Lebanese table. It's tart, it's tangy and it's tasty. It's non-other than Julie Taboulie's namesake, signature salad, taste-bud-tantalizing taboulie Originating in the mountains of Mount Lebanon, this famous dish is known as the "Queen Salata" throughout the land and Julie shares all of her tips, tricks and techniques to make the tastiest taboulie. Julie also makes a couple trips to Mama's garden and to her very own herb-garden that Mama especially planted for her to gather all of her fresh ingredients for her recipes. While Julie's there she happily introduces viewers to her Uncle Dominick to answer their number one question to finally find how she got her stage name. Julie also shares her luscious lamb kabobs lahem mishwee that lead the way along with her Lebanese-style French fries batata maqlih inspired by her Sitto (Julie's grandmother) that are finished off with an authentic garlic, olive oil and lemon sauce famously called toum making this show so succulent that viewers will wish there was taste-a-vision.	APTEX	(S)	(CC)	DVI	#102H
13:30:00	Nick Stellino: Storyteller in the Kitchen The Tomato Whisperer Chef Stellino explores the complexities and intricacies of Italy's most treasured fruit the tomato. He offers the blueberry as the fruit of choice for dessert. Dishes include: tomato salad (cherry tomatoes with mozzarella and onions) / tonno alla puttanesca (tuna steaks with a special tomato sauce) / blueberry crumble.	APTEX	(S)	(CC)	N/A	#109H
14:00:00	Taste of History George Washington's Tent George Washington's tent, his mobile headquarters, survived both the Revolutionary and Civil Wars. Chef Walter Staib serves up A Taste of History, preparing contrasting Army cuisines with the rustic Pot-au-Feu to Whiskey Cake, Washington's indulgence.	NETA	(S)	(CC)	N/A	#708H
14:30:00	Sara's Weeknight Meals Soul of the South Sara travels to Charleston, South Carolina to learn the secrets to the legendary fried chicken of Martha Lou Gadsden of Martha Lou's Kitchen. Then she travels to Boone Plantation to learn how African American cooks have shaped Southern cooking since the days of slavery. Back in Sara's kitchen, she makes her version of a Southern classic, red beans and rice soup. Recipes: Martha Lou's southern fried chicken; Red beans and rice soup.	APTEX	(S)	(CC)	N/A	#607H
15:00:00	Beads, Baubles and Jewels Color Palette Inspiration Jewelry designer and blogger Erin Prais-Hintz shares tips for drawing inspiration from color palettes, time periods and pop culture. Learn how to find a palette and choose beads based on those colors to make an embellished clasp. Using that color knowledge, make simple, stacking bracelets with beautiful, eye-catching beads. Katie crafts a knotted gemstone necklace.	NETA	(S)	(CC)	N/A	#2109H

Tue, Aug 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	Katie Brown Workshop Store-Bought Surprise Katie puts a new twist on classic store-bought ingredients for surprisingly simple recipes and projects. In the Kitchen: Ham and Cheese Pockets, BBQ 'Fried' Cornflake Chicken and Butter Cream Pound Cake. Projects: Fresh flowers accessorize a standard lampshade and dress-up store bought votives.	APTEX	(S)	(CC)	DVI	#509H
16:00:00	Biz Kid\$ Businesses Going Green Going green is worthwhile and good for the bottom line. Explore the profitable side of going green, and learn how to distinguish between what's hype, and what's hip. Meet two college grads who learned how to make a profit from the coffee grounds up.	APTEX	(S)	(CC)	DVI	#512H
16:30:00	Hands On Crafts for Kids Critters and Creatures Inspiration comes from animals and creatures - real and imaginary. Katie makes a 3-D owl with textured wings makes a great decoration for any room. Franz and Katie make creature creation a team sport by drawing three-part fantasy animals together. Jenny looks to the sea to find inspiration for a jelly-fish made from re-cycled materials then Katie creates a glittery clay lizard textured with found items. From the Family Craft box make a pair of bear claw slippers made from tissue boxes.	NETA	(S)	(CC)	DVI	#1702H
17:00:00	P. Allen Smith's Garden Home When Kids Takeover P. Allen Smith asks, how many kids does it take to host a show? Find out as Allen lets the little ones take over for the day.	APTEX	(S)	(CC)	N/A	#1504H
17:30:00	Growing A Greener World Gardening in the Hood; Organic Gardening In An Urban World: Atlanta, Ga Working under the shadows of the downtown skyscrapers of Atlanta, a group lead by urban farmer Rashid Nuri have transformed an urban housing project into an urban oasis right in the middle of the city. The Truly Living Well Center for Natural Urban Agriculture has become a model for local sustainable food systems across the country. They not only grow certified food at five farm sites within the city, but also teach people how to grow food themselves. They are working to protect the environment, provide quality organic produce and grow community at the same time.	APTEX	(S)	(CC)	N/A	#513H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14157H
18:30:00	America's Heartland The Wild Horse Sanctuary in northern California is saving wild mustangs. The Padlock Cattle Ranch welcomes visitors who experience a landscape far different from their urban or suburban homes. Customers pick the fruit at Michigan's Westview Orchards. Kansas is home to some unusual agri-tourism attractions: Shearer Hill Farm plays host to visitors who sample country cooking.	APTEX	(S)	(CC)	N/A	#1207H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8092
19:30:00	Euromaxx Flock to the Italian Riviera Garlenda in northern Italy hosts the world's biggest Fiat 5000 meeting. Mind-bending 3D street painting by Dutch artist Leon Keer, and the impressive skills of freestyle footballer Kitti Szasz.	WNVT	(S)	(CC)	N/A	#1331H
20:00:00	Sun Studio Sessions The Bo-Keys NPR's All Songs Considered describes The Bo-Keys as a "Memphis tour de force" that "breathes new life into classic sounds." Featuring legendary singer Percy Wiggins and led by Grammy nominated producer-bassist Scott Bomar, the group also includes legendary session musicians from the Stax and Hi Records studio bands. In this episode, the soulful band performs multiple fan favorites, including the title track from their latest record "Heartache by the Numbers."	NETA	(S)	(CC)	N/A	#809H
20:30:00	Jammin at Hippie Jack's Tim Easton The alt-country singer-songwriter showcases his influence of pop icons and bluegrass/folk legends.	NETA	(S)	(CC)	N/A	#909H
21:00:00	The Kate Rosanne Cash Rosanne Cash, one of the country's pre-eminent singer-songwriters, accompanied by her producer/husband, John Leventhal, graces The Kate stage and uses her lyrics as paints and her voice as the brush, to deliver a gorgeous sonic portrait, a deeply personal concert revealing the landscape of her career.	APTEX	(S)	(CC)	N/A	#206H

Tue, Aug 08, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	In My Lifetime	APTEX	(S)	(CC)	N/A	#0H
	<p>IN MY LIFETIME thoughtfully and thoroughly examines the 68-year history of nuclear weapons - the most destructive force ever invented. Filmed in Europe, Japan and the U.S., IN MY LIFETIME focuses on the continuing struggle of citizens, scientists and political leaders working to reduce or eliminate the atomic threat, while others search for ways to build nuclear weapons. In contemporary interviews, former heads of state, United Nations representatives, figures from the nuclear establishment, Manhattan Project scientists, Nobel Peace- and Pulitzer Prize-winners, military personnel and atomic-bomb survivors recount the birth of the nuclear age and detail the key developments that followed. The film shifts between historical events, including the Cuban missile crisis and the historic 1986 Reykjavik Summit between Reagan and Gorbachev to present-day efforts to contain the spread of nuclear weapons. IN MY LIFETIME also details the obstacles - political and human- impeding a solution to this complex global issue.</p>					
23:00:00	Real Adam Smith Ideas That Changed The World	NETA	(S)	(CC)	N/A	#102H
	<p>Ideas That Changed The World, second in the two-part series of The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a closer look at the "father of modern economics," who lived in the 18th century among horse-drawn carriages, sailing ships and trade that was greatly limited and riddled with corruption. Yet, Adam Smith envisioned a world of free trade among ethical, honest businesses and recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Smith was a Scotsman, a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. His ideas about global free markets set the stage for the great 19th century era of free trade and even today's economic expansion. But in today's seemingly ruthless competitive environment, where the stakes are high and winning is the name of the game, can ethical and honest businesses still prosper? How does globalization benefit anyone? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg talks with some of the most distinguished Adam Smith scholars, as well as leaders of eBay and Whole Foods to discover how Smith's ideas continue to be relevant and drive the world's economy today. Aboard the Maersk Mc-Kinney Moller, the largest container ship in the world, Norberg witnesses the incredible scale of world trade first hand. Norberg visits Toulouse, France for the final assembly of a new Airbus A380 illustrating Smith's insights on the division of labor's ability to generate wealth. At the University of Chicago, Chinese students study Smith's ideas to better understand how China became capitalist, and in Washington, DC, Norberg shows what happens as cronyism triumphs over the free market, a condition that troubled Smith in his day. Ideas That Changed The World examines 21st century businesses benefiting from Adam Smith's 18th century ideas.</p>					

Wed, Aug 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8092
00:30:00	Euromaxx Flock to the Italian Riviera Garlenda in northern Italy hosts the world's biggest Fiat 5000 meeting. Mind-bending 3D street painting by Dutch artist Leon Keer, and the impressive skills of freestyle footballer Kitti Szasz.	WNVT	(S)	(CC)	N/A	#1331H
01:00:00	Sun Studio Sessions The Bo-Keys NPR's All Songs Considered describes The Bo-Keys as a "Memphis tour de force" that "breathes new life into classic sounds." Featuring legendary singer Percy Wiggins and led by Grammy nominated producer-bassist Scott Bomar, the group also includes legendary session musicians from the Stax and Hi Records studio bands. In this episode, the soulful band performs multiple fan favorites, including the title track from their latest record "Heartache by the Numbers."	NETA	(S)	(CC)	N/A	#809H
01:30:00	Jammin at Hippie Jack's Tim Easton The alt-country singer-songwriter showcases his influence of pop icons and bluegrass/folk legends.	NETA	(S)	(CC)	N/A	#909H
02:00:00	The Kate Rosanne Cash Rosanne Cash, one of the country's pre-eminent singer-songwriters, accompanied by her producer/husband, John Leventhal, graces The Kate stage and uses her lyrics as paints and her voice as the brush, to deliver a gorgeous sonic portrait, a deeply personal concert revealing the landscape of her career.	APTEX	(S)	(CC)	N/A	#206H
03:00:00	In My Lifetime IN MY LIFETIME thoughtfully and thoroughly examines the 68-year history of nuclear weapons - the most destructive force ever invented. Filmed in Europe, Japan and the U.S., IN MY LIFETIME focuses on the continuing struggle of citizens, scientists and political leaders working to reduce or eliminate the atomic threat, while others search for ways to build nuclear weapons. In contemporary interviews, former heads of state, United Nations representatives, figures from the nuclear establishment, Manhattan Project scientists, Nobel Peace- and Pulitzer Prize-winners, military personnel and atomic-bomb survivors recount the birth of the nuclear age and detail the key developments that followed. The film shifts between historical events, including the Cuban missile crisis and the historic 1986 Reykjavik Summit between Reagan and Gorbachev to present-day efforts to contain the spread of nuclear weapons. IN MY LIFETIME also details the obstacles - political and human- impeding a solution to this complex global issue.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Real Adam Smith Ideas That Changed The World Ideas That Changed The World, second in the two-part series of The Real Adam Smith: A Personal Exploration by Johan Norberg, takes a closer look at the "father of modern economics," who lived in the 18th century among horse-drawn carriages, sailing ships and trade that was greatly limited and riddled with corruption. Yet, Adam Smith envisioned a world of free trade among ethical, honest businesses and recorded his revolutionary ideas in two remarkable books: The Theory of Moral Sentiments and The Wealth of Nations. Those ideas changed the world. Smith was a Scotsman, a moral philosopher, a bold voice of the Scottish Enlightenment and the world's first economist. His ideas about global free markets set the stage for the great 19th century era of free trade and even today's economic expansion. But in today's seemingly ruthless competitive environment, where the stakes are high and winning is the name of the game, can ethical and honest businesses still prosper? How does globalization benefit anyone? Noted author, economic analyst, and Cato Institute Senior Fellow Johan Norberg talks with some of the most distinguished Adam Smith scholars, as well as leaders of eBay and Whole Foods to discover how Smith's ideas continue to be relevant and drive the world's economy today. Aboard the Maersk Mc-Kinney Moller, the largest container ship in the world, Norberg witnesses the incredible scale of world trade first hand. Norberg visits Toulouse, France for the final assembly of a new Airbus A380 illustrating Smith's insights on the division of labor's ability to generate wealth. At the University of Chicago, Chinese students study Smith's ideas to better understand how China became capitalist, and in Washington, DC, Norberg shows what happens as cronyism triumphs over the free market, a condition that troubled Smith in his day. Ideas That Changed The World examines 21st century businesses benefiting from Adam Smith's 18th century ideas.	NETA	(S)	(CC)	N/A	#102H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#320
08:00:00	Zula Patrol Dueling Space Stations/Don't Look Now While the Zula Patrol is staying on Zulean Space Station ZIR, Dark Truder is on his own space station, building a giant robot to help him take over the galaxy. As our heroes learn what goes on inside the weightless world of space stations, Truder and Traxie are completely unprepared for the challenges and effects of micro-gravity. Something's blocking the view of the Zula Patrol's space telescope. It's Deliria, assuming a variety of shapes to keep the Patrol from seeing that she's got a space telescope of her own and is up to no good.	APTEX	(S)	(CC)	N/A	#203H

Wed, Aug 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus Shooting Stars	APTEX	(S)	(CC)	DVI	#120
	The children want to sled next to the river on a snowy winter day in Salzburg. Pumperl hops onto a piece of floating ice and drifts away. A dramatic rescue operation ensues with help from Mario and a few unpopular boys from the neighborhood. They eventually locate Pumperl with a telescope, which the Bishop later intends to use to view hundreds of shooting stars. The weather doesn't cooperate, but Amadeus once again enchants the assembled company with his music. The Music: "Piano Sonata in D" (Duernitz) K. 284; "Divertimento in D" K. 136; "Qui tollis" from the "C Minor Mass" K. 427; et al. Additional Content: Amadeus named three symphonies after his hometown. This segment highlights the famous "Salzburg Symphonies" using scenes from the series in which they appear. Monti explains why this music fit well within the scenes.					
09:00:00	Functional Fitness with Suzanne Andrews Interval Training	ACCES		(CC)	N/A	#123H
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Hip Stretches	APTEX	(S)	(CC)	DVI	#928H
10:00:00	Sit and Be Fit Happy Feet, Healthy Body	NETA	(S)	(CC)	N/A	#1320H
	Mary Ann stresses the importance of foot health. Using a small ball she shares foot exercises and massage techniques to improve circulation, range of motion and strength in the foot.					
10:30:00	It's Sew Easy Accessorize for Versatility	NETA	(S)	(CC)	DVI	#1212H
	Make travel fashions work for day and evening. Fabric artist Kim Montagnese upcycles vintage ties to create new fashions. Designer and sewing educator Louis Carney takes daywear into the evening with embroidered appliques for belts, shoes and purses. Angela Wolf shares a tip for serging on knits.					
11:00:00	Knit and Crochet Now! Carry Along Bags	APTEX	(S)	(CC)	DVI	#709H
	Ellen Gormley is here to show Deborah how to stitch up the Rose Messenger Bag, worked in easy crochet with a cross stitch rose. Lena will then show how to knit the Visby Purse which features cables and a linen stitch side panel. Ellen is also in the stitch corner with a crochet Lazy Daisy Stitch.					
11:30:00	Fresh Quilting Quilt Building	NETA	(S)	(CC)	N/A	#108H
	Build a quilt from the ground up. Textile designer Luana Rubin shares designs inspired by colors of Cuba. Allison Evans discusses concepts for charity sewing with Heather Grant. Pattern maker Rossi Hutchinson creates colorful geometric and organic quilt designs with machine piecing and reverse applique.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7008H
13:00:00	Lidia's Kitchen Fish and Seafood	APTEX	(S)	(CC)	N/A	#310H
	It doesn't get any better in an Italian kitchen than when Lidia makes fish and vegetables. In this episode, she prepares a nice and refreshing pan seared shrimp with arugula pesto. Her next dish is butterflied trout, fried in a pan with bacon and basil served with a zucchini dish made with anchovies and capers.					
13:30:00	Taste The Islands with Chef Irie Jamaica Jammin	APTEX	(S)	(CC)	N/A	#202H
	Chef Irie gets in touch with his Jamaican roots preparing ackee and saltfish with mashed yams, curried goat with breadfruit and pumpkin salad, and a carrot juice cocktail. We see a glimpse of Chef Irie's Jamaica, then Jamaican Consul General Franz Hall stops in for a meal.					
14:00:00	Simply Ming Hawai'i - Isaac Bancaco	APTEX	(S)	(CC)	N/A	#1418H
	Ming hits Hawai'i, this week on Simply Ming. Joining Ming is chef Issac Bancaco, the 2014 Maui chef of the year. With two different takes on Tuna, Issac and Ming talk shop and trade recipes as they create a mouthwatering meal on the beautiful sands of Kama'ole beach.					
14:30:00	Cook's Country Southern Stews	APTEX	(S)	(CC)	N/A	#910H
	Test cook Bridget Lancaster shows host Christopher Kimball how to make a regional classic, Brunswick stew. Next, tasting expert Jack Bishop challenges Chris to a tasting of brown rice. Then, equipment expert Adam Ried reveals his top picks for shrimp tools. And finally, test cook Erin McMurrer reveals the steps to making the best shrimp and grits at home.					

Wed, Aug 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Metal Clay Jewelry Author Cindy Pankopf shares her technique for using antique salt spoons and other found objects as molds to create beautiful clay jewelry. Learn how to use silver metal clay to create unique rings using those same molds. Katie creates a bracelet from knotted wire and beads in her Beading Lesson.	NETA	(S)	(CC)	N/A	#2110H
15:30:00	Katie Brown Workshop Worldly Katie travels the world of flavors and puts a modern spin on traditional crafts. In the Kitchen: Crisp Asian Steak Salad, Perfect Tuscan Olive Tapenade and Beautiful English bread Pudding. Projects: Fabulous faux Faberge eggs. Tuillery-inspired topiaries.	APTEX	(S)	(CC)	DVI	#510H
16:00:00	Biz Kid\$ All in the Family Does your family talk marketing over meatloaf? Do you know someone who tracks revenue at the family reunion? Family-run businesses come in all shapes and sizes whether you're a mom-and-pop shop or the Ford Motor Corporation. Learn how families work, grow, and fight their way to profits.	APTEX	(S)	(CC)	DVI	#513H
16:30:00	Hands On Crafts for Kids Let's Play A Game Whether indoors or out, games are fun! Bowl at home with family and friends with a colorful bowling set Katie makes from recycled water bottles. Franz shows how to create your own game board using a variety of art mediums. Jenny and Katie make an indoor hopscotch court that rolls-up, for easy storage. Braid a ring toss toy then use the Family Craft box to make a treasure hunt jar for quiet fun.	NETA	(S)	(CC)	DVI	#1703H
17:00:00	P. Allen Smith's Garden Home Upcycle Your Life P. Allen Smith's unique and clever take on turning trash into treasure. Plus, how to get the most out of your weekly grocery budget.	APTEX	(S)	(CC)	N/A	#1505H
17:30:00	Growing A Greener World Independent Garden Centers: Austin, Tx Local, independently owned nurseries are a vastly under utilized resource and we feature some of the many unique reasons we should support them. They offer benefits not available at larger box stores, yet consumers don't often realize the amazing resources that these small garden centers offer.	APTEX	(S)	(CC)	N/A	#514H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14158H
18:30:00	Asia Insight Beijing's Unattainable Dream Home As China experiences ongoing economic decline, housing costs in Beijing now surpass those of New York and according to an April 2016 announcement from the UK's Global Cities Business Alliance, they are now the most expensive in the world. The rise in prices has made it difficult for migrants in particular to purchase their own homes and many people are moving to the suburbs in search of affordable properties. However, there is a serious imbalance between cost and value. On this episode of Asia Insight, we take a look at ever-spiraling housing costs in Beijing.	APTEX	(S)	(CC)	N/A	#415H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8093
19:30:00	In Good Shape Annoying Allergies Allergies are becoming increasingly common around the world. DW visits an allergist and talks to him about why the incidence of allergies is increasing so much, and also how to relieve hay fever symptoms. Also, what can you do for acute back pain? What does a prosthetic nail do? And what benefits do e-bikes provide?	WNVC	(S)	(CC)	N/A	#428H
20:00:00	The Lowertown Line.	APTEX	(S)	(CC)	N/A	#123H

Wed, Aug 09, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#302H
<p>Artists: Liz Longley, Robby Hecht, Sally Fingerett, and hosted by songwriter Eric Gnezda. Artist Bio: Liz Longley, signed with Sugar Hill Records, is a native of Philadelphia and a graduate of Berklee College of Music in Boston. The award-winning songwriter has taken home top prizes at some of the most prestigious competitions in the country, including the BMI John Lennon Songwriting Scholarship Competition, the International Acoustic Music Awards and the Rocky Mountain Folk Fest Songwriting Competition. She invites comparisons to Shawn Colvin, Paula Cole and Nanci Griffith. She performs "Memphis" and "Unraveling." Artist Bio: Robbie Hecht, of Nashville, has distinguished himself as the second coming of James Taylor, a gentler Damien Jurado. But whatever the comparisons, it's hard to miss that his songwriting is distinct and individual. Across his four indie releases, he doesn't shy from the obvious rhyme, but manages it with a delicate audacity, placing it only where it best serves the story or the mood. Robby has won many prestigious national performing songwriter awards, including the Kerrville New Folk, Telluride Troubadour and the Rocky Mountain Folks Festival Songwriting Competitions. He sings "A Night Together." Artist Bio: Sally Fingerett is a founding member of the musical comedy group, The Four Bitchin' Babes. Also a solo artist, she has released five CDs, which include duets with Janis Ian, Jonathan Edwards, and a song co-written with Tom Paxton. As a Kerrville New Folk Award Winner for songwriting, Sally's composition, "Home Is Where the Heart Is," was recorded by Peter, Paul, and Mary. She has appeared in Putamayo's Songwriter Festival at New York's Carnegie Hall, and was a featured musical guest on Michael Feldman's Whad'Ya Know, NPR's Mountain Stage, and CBS Sunday Morning. She is also author of The Mental Yentl, Stories from a Lifelong Student of Crazy. She performs "Home Is Where The Heart Is."</p>						
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#104H
<p>Performances by X Ambassadors, Jess Glynne, the English Beat, Chicano Batman and Neon Indian, with comedy from Jill Kargman and Christian Finnegan.</p>						
22:00:00	Maritime Silk Road: Birth of the Global Economy Opium Wars and Unequal Treaties (18th - 20th Century)	KNME	(S)	(CC)	N/A	#106H
<p>The Ming Dynasty collapses and the Manchu's take over China. Their success leads to over-population and a hundred years of peace to outdated and untrained military. Isolation also squanders China's technological advantage over the West. This brings China to its knees in a series of humiliating defeats by Europeans, who force opium on the population. Skipping forward 100+ years and in closing, China is shown ultimately coming out of its shell, embracing the outside world, and rising again.</p>						
22:30:00	Living Dream: 100 Years of Rocky Mountain National Park	APTEX	(S)	(CC)	N/A	#0H
<p>This is the story of of a National Park. For centuries human beings have been visiting this inspirational place. In 1915 it was given the name, Rocky Mountain National Park. Native Americans came here for spiritual renewal. Mountain men came dreaming of furs and gold-they found something else. Dreams have been made, lost, and made again in this extraordinary landscape. In 1867, English writer Isabella Bird arrived to live her dream while seeing the Wild West. She found more than she bargained for in the form of legendary mountain man, Rocky Mountain Jim, the personification of the untamed wilderness. F.O. Stanley, the ingenious inventor of the Stanley Steam Car, arrived in 1907 dedicating his life, his dreams, and his wealth to a small community determined to protect and share a pristine, comforting, wild, and sometimes unforgiving environment. A group of individuals pooled their passions and dreams with those of the great naturalist Enos Mills. They persevered through opposition and antagonism while transforming an economy of mining and ranching to an economy of preservation and conservation. Legendary Everest climber Tom Hornbein and world-class climber, Tommy Caldwell share stories of Longs Peak and join others who pass on their legacies from this great National Park. Best defined through personal experience, Rocky Mountain National Park continues into the next 100 years-stimulating dreams from one generation to another.</p>						

Thu, Aug 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8093
00:30:00	In Good Shape Annoying Allergies Allergies are becoming increasingly common around the world. DW visits an allergist and talks to him about why the incidence of allergies is increasing so much, and also how to relieve hay fever symptoms. Also, what can you do for acute back pain? What does a prosthetic nail do? And what benefits do e-bikes provide?	WNVC	(S)	(CC)	N/A	#428H
01:00:00	The Lowertown Line.	APTEX	(S)	(CC)	N/A	#123H
01:30:00	Songs at the Center Artists: Liz Longley, Robby Hecht, Sally Fingerett, and hosted by songwriter Eric Gnezda. Artist Bio: Liz Longley, signed with Sugar Hill Records, is a native of Philadelphia and a graduate of Berklee College of Music in Boston. The award-winning songwriter has taken home top prizes at some of the most prestigious competitions in the country, including the BMI John Lennon Songwriting Scholarship Competition, the International Acoustic Music Awards and the Rocky Mountain Folk Fest Songwriting Competition. She invites comparisons to Shawn Colvin, Paula Cole and Nanci Griffith. She performs "Memphis" and "Unraveling." Artist Bio: Robbie Hecht, of Nashville, has distinguished himself as the second coming of James Taylor, a gentler Damien Jurado. But whatever the comparisons, it's hard to miss that his songwriting is distinct and individual. Across his four indie releases, he doesn't shy from the obvious rhyme, but manages it with a delicate audacity, placing it only where it best serves the story or the mood. Robby has won many prestigious national performing songwriter awards, including the Kerrville New Folk, Telluride Troubadour and the Rocky Mountain Folks Festival Songwriting Competitions. He sings "A Night Together." Artist Bio: Sally Fingerett is a founding member of the musical comedy group, The Four Bitchin' Babes. Also a solo artist, she has released five CDs, which include duets with Janis Ian, Jonathan Edwards, and a song co-written with Tom Paxton. As a Kerrville New Folk Award Winner for songwriting, Sally's composition, "Home Is Where the Heart Is," was recorded by Peter, Paul, and Mary. She has appeared in Putamayo's Songwriter Festival at New York's Carnegie Hall, and was a featured musical guest on Michael Feldman's Whad'Ya Know, NPR's Mountain Stage, and CBS Sunday Morning. She is also author of The Mental Yentl, Stories from a Lifelong Student of Crazy. She performs "Home Is Where The Heart Is."	APTEX	(S)	(CC)	N/A	#302H
02:00:00	Live at 9:30 Performances by X Ambassadors, Jess Glynne, the English Beat, Chicano Batman and Neon Indian, with comedy from Jill Kargman and Christian Finnegan.	NACC	(S)	(CC)	N/A	#104H
03:00:00	Maritime Silk Road: Birth of the Global Economy Opium Wars and Unequal Treaties (18th - 20th Century) The Ming Dynasty collapses and the Manchu's take over China. Their success leads to over-population and a hundred years of peace to outdated and untrained military. Isolation also squanders China's technological advantage over the West. This brings China to its knees in a series of humiliating defeats by Europeans, who force opium on the population. Skipping forward 100+ years and in closing, China is shown ultimately coming out of its shell, embracing the outside world, and rising again.	KNME	(S)	(CC)	N/A	#106H
03:30:00	Living Dream: 100 Years of Rocky Mountain National Park This is the story of of a National Park. For centuries human beings have been visiting this inspirational place. In 1915 it was given the name, Rocky Mountain National Park. Native Americans came here for spiritual renewal. Mountain men came dreaming of furs and gold-they found something else. Dreams have been made, lost, and made again in this extraordinary landscape. In 1867, English writer Isabella Bird arrived to live her dream while seeing the Wild West. She found more than she bargained for in the form of legendary mountain man, Rocky Mountain Jim, the personification of the untamed wilderness. F.O. Stanley, the ingenious inventor of the Stanley Steam Car, arrived in 1907 dedicating his life, his dreams, and his wealth to a small community determined to protect and share a pristine, comforting, wild, and sometimes unforgiving environment. A group of individuals pooled their passions and dreams with those of the great naturalist Enos Mills. They persevered through opposition and antagonism while transforming an economy of mining and ranching to an economy of preservation and conservation. Legendary Everest climber Tom Hornbein and world-class climber, Tommy Caldwell share stories of Longs Peak and join others who pass on their legacies from this great National Park. Best defined through personal experience, Rocky Mountain National Park continues into the next 100 years-stimulating dreams from one generation to another.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#321
08:00:00	Zula Patrol Rock and Patrol/Support Your Neighborhood Volcano When famous rock group The Bowlin' Stones have a falling out and refuse to play at a big benefit concert, Bula and Zeeter must find them and convince them to change their minds. Meanwhile, to fill in, Multo must overcome his stage-fright to be the front man of the Zula Patrol's own rock band. It's the Zula Patrol to the rescue when Voop's volcanic cousin Fielding holds back from erupting. Fielding's in denial about his condition, but if he builds up too much pressure, the results could be disastrous for the residents of Volcano Valley. Our heroes find out that Fielding is afraid to let his 'inner volcano' shine through because his neighbors fear and mistrust volcanoes, and they might dislike him even more. The ZPers help Fielding re-discover how great it is to be a volcano.	APTEX	(S)	(CC)	N/A	#204H

Thu, Aug 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus The Choir of the Silent Sisters The "Silent Sisters" cancel the Salzburg orphan boys choir performance at the annual harvest festival in the convent when a storm partially destroys the monastery. Amadeus and Nannerl plan to perform instead. Devilius, Mario and Monti turn up and put Amadeus out of action with a nasty trick so Mario can perform instead. In the end, Amadeus saves the convent from closure by forming a fantastic choir with the nuns, who break their vow of silence to sing along. The Music: "Missa brevis in C" (Sparrows' Mass) K. 257; et al. Additional Content: Monti explains how children can create their own music video on the Web site by combining and editing 10-15 scenes from the series and setting it to the series' theme song.	APTEX	(S)	(CC)	DVI	#121
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout with the Ball	ACCES		(CC)	N/A	#124H
09:30:00	Classical Stretch: The Esmonde Technique Weight Loss: Hips, Knees & Foot Workout	APTEX	(S)	(CC)	DVI	#929H
10:00:00	Sit and Be Fit All Systems Go! This program incorporates exercises for the brain and several body systems including vestibular and lymphatic.	NETA	(S)	(CC)	N/A	#1401H
10:30:00	It's Sew Easy Easy Sundress Sundresses look great and keep you cool. Designer Kay Whitt professionally finishes sundress necklines and armhole edges. Blogger and designer Caroline Hulse make a tank dress in a straight style and adds elastic at the waistline. Couture designer Angela Wolf has a tip for serging flat-felled seams.	NETA	(S)	(CC)	DVI	#1213H
11:00:00	Knit and Crochet Now! Itty Bitty Baby Projects Did you know that it's estimated there are four babies born every second...that means someone near you is probably having a baby! Deborah is joined by Kristin Nicholas and Robyn Chachula to show how to knit and crochet the perfect little pair of knit booties and fingerless mitts, Fingers and Toes Knit Booties and Fingerless Mitts and Little Hands & Feet Booties and Fingerless Mitts. In the stitch corner Lena will show how to do Twined Knitting.	APTEX	(S)	(CC)	DVI	#710H
11:30:00	Fresh Quilting Scraps and Pieces Scraps and pieces become beautiful quilts. Scrappy applique artist Shannon Brinkley collages scraps of fabric into whimsical quilted designs. Jacquie Gering and Heather Grant discuss guild scholarship programs. Using small scraps, author and paper piecing expert Elizabeth Dackson shows techniques for foundation paper piecing.	NETA	(S)	(CC)	N/A	#109H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7009H
13:00:00	The Jazzy Vegetarian Mediterranean Flavors Host Laura Theodore prepares a Mediterranean-inspired, plant-based meal with special guest Julieanna Hever. Chickpea-Tomato Salad with Tofu "Feta" is a satisfying salad served with a quick to prepare homemade, vegan "cheese." On the side, tangy Escarole with Kalamata Olives makes eating your greens a pleasure and Lots of Garlic Hummus gives this meal jazzy pizzazz. For dessert a moist, delicious Vegan Lemon "Buttermilk" Cake is reminiscent of traditional Greek Lemon Cake.	NETA	(S)	(CC)	DVI	#505H
13:30:00	Mike Colameco's Real Food Peru Part 2 Part 2 of the Peru show.	NETA	(S)	(CC)	N/A	#1419H
14:00:00	Joanne Weir's Cooking Confidence Simply Delicious Joanne shares a tuna and white bean salad recipe straight from the Mediterranean that will make you want to dine al fresca. Charlie joins in and learns a technique for cooking juicy lemon perfect for tossing with herbs and orecchiette for a light and simple pasta salad. They finish the meal with pineapple sprinkled with a secret ingredient for a perfect ending. Recipes: Tuna and White Bean Salad with Basil and Tomatoes, Orecchiette with Lemon Chicken and Herb Salad, Pineapple Chunks with Olive Oil and Salt. Student: Charlie Baldwin.	APTEX	(S)	(CC)	N/A	#213H

Thu, Aug 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	New Scandinavian Cooking Northern Norway: Ice Cold Bounty In this episode, host Andreas Viestad explores the rugged coastline of Vesteralen in Northern Norway, where he later prepares cod and Arctic char fresh from the North Sea.	APTEX	(S)	(CC)	N/A	#210H
15:00:00	Beads, Baubles and Jewels Enameling and Metal Stamping Using bench jewelry techniques, Kieu Pham Gray demonstrates new ways to stamp, layer and enamel metal components as she creates a small book with several pages. She shows how to torch fire enamel onto copper stamping. Katie shares beaded wedding accessory ideas.	NETA	(S)	(CC)	N/A	#2111H
15:30:00	Katie Brown Workshop Gift Giving Katie proves it's better (and more fun) to give than to receive with easy and thoughtful gift ideas. In the Kitchen: Put-It-Together Pie, Tortellini and Turkey Meatball Soup, Strawberry Pesto, Apple Ginger Preserves and Orange Caramel Sauce. Projects: Make-your-own buttons. Gifting a tree.	APTEX	(S)	(CC)	DVI	#511H
16:00:00	Biz Kid\$ Who Wants to Be A Millionaire? Most people say 'yes' even though their actions say 'no'. Don't be one of those people! Biz Kid\$ will show you how you can develop your MDM (Million Dollar Mindset), maximize saving strategies, and get the best return on your investments so you can take advantage of the power of compound interest. You won't get rich overnight but eventually you'll be making millions.	APTEX	(S)	(CC)	N/A	#601H
16:30:00	Hands On Crafts for Kids Playtime Every day is play time! Challenge your skills with an ice cream cone ball toss game. Design your own indoor miniature golf course with Franz, then put on a show with puppets Jenny shows how to make and decorate. Add some cardboard to the Family Craft Box to create a super mask and make your own superhero figure.	NETA	(S)	(CC)	DVI	#1704H
17:00:00	P. Allen Smith's Garden Home It's Tulip Time P. Allen Smith gets down and Dutch at the annual Tulip Time Festival in scenic Holland, Michigan.	APTEX	(S)	(CC)	N/A	#1506H
17:30:00	Growing A Greener World Making More Plants - How to Propagate Anything, Nc A big part of what hooks someone on gardening is watching a plant grow from seed, or tender young transplant. Yet there's another piece to the story of making more plants that is rarely mentioned, yet has a big impact on how they show up around the world. Plant propagation is a technique most used by professionals, yet it's an easy technique gardeners of any level can do to grow more plants for themselves and others. In this episode, we visit with some of the top plant propagators in the country to learn the tricks of the trade that we can easily apply at home.	APTEX	(S)	(CC)	N/A	#515H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14159H
18:30:00	Consuelo Mack Wealthtrack Personal Retirement Paycheck Guests: Steven Earhart, Owner, Devon Financial Partners, LLC; Jamie Hopkins, Associate Professor, The American College of Financial Services. This week's Consuelo Mack WealthTrack features two retirement income specialists, Professor Jamie Hopkins and financial advisor Steven Earhart, who explain how to create your own paycheck in retirement.	APTEX	(S)	(CC)	N/A	#1407H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8094
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1012H
20:00:00	Backstage Pass Donald Kinsey with the Dewaynes Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to hits including "Got my Mojo Workin'" and "Hoochie Coochie Man." Recorded at Michigan BluesFest 2015 in historic Old Town.	NETA	(S)	(CC)	N/A	#711H

Thu, Aug 10, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Music Voyager Albany/Columbus, Ga	APTEX	(S)	(CC)	N/A	#605H
	This episode sees the Music Voyager team delving deeper into the Georgian heartlands, where spirituals, gospel and the blues laid the foundation for American popular music. They start in Albany with Miss Rutha Harris, one of the original Freedom Singers that marched with Martin Luther King Jr. to Washington DC. Every second Saturday, Ms. Harris still assembles her fellow Freedom Singers and new voices from the next generation to join in song to keep the spirit of freedom alive. Next, they head to Columbus and the house of Ma Rainey 'The Mother of the Blues' where her colorful story is just one of many enriching experiences on this journey to where it all began.					
21:00:00	Xerox Rochester International Jazz Festival Elizabeth Shepherd	APTEX	(S)	(CC)	N/A	#805H
	Vocalist/pianist Elizabeth Shepherd arrived on the international scene in 2006 when her debut album "Start to Move" was voted one of the top jazz albums of the year by the listeners of the influential Gilles Peterson Show on BBC Radio Worldwide. Since then, the Toronto-based soul jazz innovator has released two widely acclaimed records and toured extensively in North America, Europe and Japan. Elizabeth has sold out legendary clubs from Tokyo to Detroit, played festivals like Montreal and North Sea Jazz Festivals, and shared the stage with Branford Marsalis and Christian McBride.					
22:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#502H
	Natalie Portman (Jackie) and Michelle Williams (Manchester by the Sea) ; Amy Adams (Arrival, Nocturnal Animals) and Andrew Garfield (Silence, Hacksaw Ridge); Taraji P. Henson (Hidden Figures) with Ryan Reynolds (Deadpool); Annette Bening (20th Century Women) with Naomie Harris (Moonlight).					
23:00:00	Stories of the Mind Communities of Care	NETA	(S)	(CC)	N/A	#111H
	Three organizations perfecting nontraditional methods to deliver effective mental health care.					
23:30:00	Klan On Trial: How Dan Moody Broke The Back of the Kkk In Texas	NETA	(S)	(CC)	N/A	#0H
	This is the story of how a young district attorney took on the KKK in a Texas courtroom, obtaining a guilty verdict and prison sentence against its members for the first time in U.S. history.					

Fri, Aug 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8094
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1012H
01:00:00	Backstage Pass Donald Kinsey with the Dewaynes	NETA	(S)	(CC)	N/A	#711H
	Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to hits including "Got my Mojo Workin'" and "Hoochie Coochie Man." Recorded at Michigan BluesFest 2015 in historic Old Town.					
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02:00:00	Xerox Rochester International Jazz Festival Elizabeth Shepherd	APTEX	(S)	(CC)	N/A	#805H
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03:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#502H
	Natalie Portman (Jackie) and Michelle Williams (Manchester by the Sea) ; Amy Adams (Arrival, Nocturnal Animals) and Andrew Garfield (Silence, Hacksaw Ridge); Taraji P. Henson (Hidden Figures) with Ryan Reynolds (Deadpool); Annette Bening (20th Century Women) with Naomie Harris (Moonlight).					
04:00:00	Stories of the Mind Communities of Care	NETA	(S)	(CC)	N/A	#111H
	Three organizations perfecting nontraditional methods to deliver effective mental health care.					
04:30:00	Klan On Trial: How Dan Moody Broke The Back of the Kkk In Texas	NETA	(S)	(CC)	N/A	#0H
	This is the story of how a young district attorney took on the KKK in a Texas courtroom, obtaining a guilty verdict and prison sentence against its members for the first time in U.S. history.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#322
08:00:00	Zula Patrol Down Under/Singin' in the Rain Forest	APTEX	(S)	(CC)	N/A	#205H
	The Zula Patrol comes to the aid of Zulean insects whose entire neighborhood (a lush green field with rich topsoil) has been bulldozed away by Bruce and Sheila Mole, who are building an above-ground winter home to get away from those chilly months "down under" the ground. Wizzy and Wigg are taking care of Iris' orchid, but when it wilts, they decide to replace it - by going to where most orchids come from: Earth's Amazon rain forest. As they try to find the orchid, they learn all about the incredible rain forest - and make friends with its fascinating animal inhabitants, some of whom are endangered.					
08:30:00	Wunderkind Little Amadeus Breakfast Music	APTEX	(S)	(CC)	DVI	#122
	The cardinal, well-known for his inspection trips that usually end with demotions and transfers, is on his way to visit the Bishop of Salzburg, who is extremely agitated by the impending visit. To make matters worse, the cardinal arrives a day early and nothing is ready. Even the Bishop's choirboys are unprepared to perform. The cardinal mercilessly inspects the palace, terrifying the fearful Bishop. But, thanks to Amadeus' ingenuity, the Bishop stays, and Devilius won't succeed him. The Music: "Regina Coeli" K. 276; "Requiem" K. 625; et al. Additional Content: Singing in a choir forms the fundamental part of this story. Monti presents the canon "Bona nox," which viewers can hear on the Web site.					
09:00:00	Functional Fitness with Suzanne Andrews Couples Workout	ACCES		(CC)	N/A	#125H

Fri, Aug 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Pain Relief: Frozen Shoulder (All Standing)	APTEX	(S)	(CC)	DVI	#930H
10:00:00	Sit and Be Fit Fit from Head to Toe This episode incorporates a variety of exercises ranging from vestibular system to feet and gait.	NETA	(S)	(CC)	N/A	#1402H
10:30:00	It's Sew Easy Day and Evening Create garments and accessories that transform everyday wear into eveningwear. Designer Angela Wolf sews a versatile knit skirt to mix, match and accessorize. Pattern expert Deepika Prakash makes a simple swing dress in lush velvet for a special evening look.	NETA	(S)	(CC)	N/A	#1301H
11:00:00	Knit and Crochet Now! Unique Accessories Deborah Norville is working with Rohn Strong this week on a couple of very unique projects. First up is the Linetta Hat using Tunisian crochet and then Rohn shows how to use a knitting loom to make the Les Bouquets Shawl. Ellen is over in the stitch corner and will show how to crochet the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#711H
11:30:00	Fresh Quilting A New Angle Look at quilting from a fresh new angle. Quilt designer and author Latifah Saafir uses templates and paper piecing to design with half-square triangles. Heather Grant and Elizabeth Dackson give tips for creating a guild demo day. Painter-turned-quilter Victoria Findlay Wolfe creates compelling designs with die-cut shapes.	NETA	(S)	(CC)	N/A	#110H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7010H
13:00:00	Ellie's Real Good Food The Goods On Gluten-Free There's a gluten-free explosion days, but how much of it is real and how much of it is hype? Ellie demystifies the gluten issue once and for all with the help of her stepbrother and yoga instructor David Wilder, who has celiac disease. In this episode, Ellie also underscores just how many foods are naturally gluten-free, with recipes that will satisfy everyone. Recipes: Multigrain pancakes; Steak au poivre salad; Roasted salmon and fennel with lemon and thyme. 3 Ingredient Recipe: Greek yogurt with warm walnuts and honey.	APTEX	(S)	(CC)	N/A	#107H
13:30:00	Kevin Dundon's Modern Irish Food Comfort Foods Kevin's take on Arthurstown fish chowder; slow roasted lemon-cured pork bell; pancetta and cheese mash; braised sweet & sour cabbage; and, to finish, an indulgent Irish cream bread and butter pudding.	APTEX	(S)	(CC)	N/A	#106H
14:00:00	Chef John Besh's New Orleans Black Eyed Peas, Smothered Cabbage, Beef Brisket with Horseradish, and Cornbread.	APTEX	(S)	(CC)	DVI	#112H
14:30:00	Essential Pepin Game Day Venison Steaks In Sweet-Sour Sauce; Skillet Duck With Red Oak Salad; Sauteed Rabbit With Morels And Pearl Onions.	APTEX	(S)	(CC)	DVI	#119H
15:00:00	Beads, Baubles and Jewels Beadwork Cindy Holsclaw takes traditional beadwork in a whole new direction using half-Tila beads to make a bezel setting for a crystal Rivoli. She creates beautiful earrings, a bracelet and more with a circular peyote beadweaving stitch using two-hole beads. In Katie's Beading Lesson, learn to make a wire-wrapped leather cuff.	NETA	(S)	(CC)	N/A	#2112H
15:30:00	Katie Brown Workshop Home for the Holidays Katie demonstrates how infuse a home with the spirit of the season. In the Kitchen: Mouth-Watering Roasted Turkey, Delicious Garlic Potatoes, and a Quick-and-Easy Apple Crumble. Projects: A wreath made from rope. A "gourdgeous" fall centerpiece.	APTEX	(S)	(CC)	DVI	#512H

Fri, Aug 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Is College Worth It?	APTEX	(S)	(CC)	N/A	#602H
	The average college student will graduate with over \$35,000 in debt, and some with thousands more. Faced with such a heavy burden some kids are opting not to go to college. This episode looks at college from a return-on-investment perspective. Which degrees pay for themselves and which don't? When does it make sense NOT to go to college? And how to get creative to achieve your college dreams without ending up with a lifetime of payments.					
16:30:00	Hands On Crafts for Kids Let's Party	NETA	(S)	(CC)	DVI	#1705H
	There's a party going on and you are invited! Katie shows how to make a decorative chandelier to set the mood for your party theme and Franz draws a colorful and fun postcard invitation that will get all your guests to come. Jenny and Katie sculpt a hanging pinata bowl full of treats. Then reach into the Family Craft Box to make a party decoration from yarn and glue to stuff with favors.					
17:00:00	P. Allen Smith's Garden Home Super-Duper	APTEX	(S)	(CC)	N/A	#1507H
	P. Allen Smith highlights great performers in the garden and home that go above and beyond the call of duty.					
17:30:00	Growing A Greener World Polyface Farms	APTEX	(S)	(CC)	N/A	#516H
	Polyface Farms is everything that industrialized farming is not. Here's an in depth look at how they are able to grow produce and raise food (beef, chickens, pigs, and turkeys) while stewarding the land at the same time.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14160H
18:30:00	Euromaxx Flock to the Italian Riviera	WNVT	(S)	(CC)	N/A	#1331H
	Garlenda in northern Italy hosts the world's biggest Fiat 5000 meeting. Mind-bending 3D street painting by Dutch artist Leon Keer, and the impressive skills of freestyle footballer Kitti Szasz.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8095
19:30:00	Global 3000 Fatal Treatments of Medication	WNVC	(S)	(CC)	N/A	#930H
	Many thousands of people die every year after taking fake medication. Global 3000 highlights one particularly tragic case in Mexico. Also, Chinese tourists take Greece's islands by storm.					
20:00:00	Song of the Mountains Flashback with Larry Cordle	NETA	(S)	(CC)	N/A	#1202H
21:00:00	Woodsongs Nelle King / David Wax Museum One	NETA	(S)	(CC)	N/A	#1807H
	Elle King is a phenomenal performer, songwriter, with an incredible voice and massive personality. Her single "Ex's & Oh's" is a hit. It just certified gold by the RIAA, has over 6.5 million views on YouTube and is nominated for two Grammys. She received raves at all the summer festivals including Bonnaroo, Lollapalooza and more. Her debut album Love Stuff on RCA Records marks the true arrival of the young singer/songwriter/guitarist/banjoist as a pop force to be reckoned with. It's frank and fearless, tender and rowdy. David Wax Museum had the breakout performance at the 2010 Newport Folk Festival and made them the most talked-about band of the weekend, with NPR hailing them as "pure, irresistible joy." David Wax Museum's new album Guesthouse melds the band's strong acoustic sound with synthesizers, layers of percussion, and adventurous sonic processing to create the band's boldest studio album to date.					
22:00:00	Film School Shorts Reality Bites	NETA	(S)	(CC)	N/A	#408H
	Anna Camp, Frances Conroy, and Ashley Williams star in Sequin Raze, a behind-the-scenes look at life on a Bachelor-style reality television program. Adapted into Lifetime's award-winning television series UnREAL. Directed by Sarah Gertrude Shapiro. Then get back in front of the TV with Kendall Got a Rose as a couple discusses the latest episode of The Bachelor as one gets ready for work. Directed by Luke Haskard.					
22:30:00	On Story Complicated Relationships: A Conversation with Nancy Meyers	NETA	(S)	(CC)	N/A	#710H
	Short Film: Grand Opening From Private Benjamin to Something's Gotta Give, writer/director Nancy Meyers has created and championed some of the most memorable complicated women characters on the screen. In this episode she shares her career path and stories of her collaborations - with Goldie Hawn, Mel Gibson, and former husband and writing partner Charles Shyer.					

Daily Program Listing II
43.1

Date: 08/02/2017

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Fri, Aug 11, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Science Goes to the Movies Astrophysics	EPS	(S)	(CC)	N/A	#406H
	Guests: Moiya McTier and Mike Massimino. Movie: Hidden Figures. Physicist Moiya McTier and astronaut Mike Massimino break down the math and social science in Hidden Figures.					
23:30:00	Theater Talk War Paint	EPS	(S)	(CC)	N/A	#1024H
	Guests: War Paint leading ladies Patti LuPone & Christine Ebersole, and director Michael Greif.					

Sat, Aug 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8095
00:30:00	Global 3000 Fatal Treatments of Medication	WNVC	(S)	(CC)	N/A	#930H
	Many thousands of people die every year after taking fake medication. Global 3000 highlights one particularly tragic case in Mexico. Also, Chinese tourists take Greece's islands by storm.					
01:00:00	Song of the Mountains Flashback with Larry Cordle	NETA	(S)	(CC)	N/A	#1202H
02:00:00	Woodsongs Nelle King / David Wax Museum One	NETA	(S)	(CC)	N/A	#1807H
	Elle King is a phenomenal performer, songwriter, with an incredible voice and massive personality. Her single "Ex's & Oh's" is a hit. It just certified gold by the RIAA, has over 6.5 million views on YouTube and is nominated for two Grammys. She received raves at all the summer festivals including Bonnaroo, Lollapalooza and more. Her debut album Love Stuff on RCA Records marks the true arrival of the young singer/songwriter/guitarist/banjoist as a pop force to be reckoned with. It's frank and fearless, tender and rowdy. David Wax Museum had the breakout performance at the 2010 Newport Folk Festival and made them the most talked-about band of the weekend, with NPR hailing them as "pure, irresistible joy." David Wax Museum's new album Guesthouse melds the band's strong acoustic sound with synthesizers, layers of percussion, and adventurous sonic processing to create the band's boldest studio album to date.					
03:00:00	Film School Shorts Reality Bites	NETA	(S)	(CC)	N/A	#408H
	Anna Camp, Frances Conroy, and Ashley Williams star in Sequin Raze, a behind-the-scenes look at life on a Bachelor-style reality television program. Adapted into Lifetime's award-winning television series UnREAL. Directed by Sarah Gertrude Shapiro. Then get back in front of the TV with Kendall Got a Rose as a couple discusses the latest episode of The Bachelor as one gets ready for work. Directed by Luke Haskard.					
03:30:00	On Story Complicated Relationships: A Conversation with Nancy Meyers	NETA	(S)	(CC)	N/A	#710H
	Short Film: Grand Opening From Private Benjamin to Something's Gotta Give, writer/director Nancy Meyers has created and championed some of the most memorable complicated women characters on the screen. In this episode she shares her career path and stories of her collaborations - with Goldie Hawn, Mel Gibson, and former husband and writing partner Charles Shyer.					
04:00:00	Science Goes to the Movies Astrophysics	EPS	(S)	(CC)	N/A	#406H
	Guests: Moiya McTier and Mike Massimino. Movie: Hidden Figures. Physicist Moiya McTier and astronaut Mike Massimino break down the math and social science in Hidden Figures.					
04:30:00	Theater Talk War Paint	EPS	(S)	(CC)	N/A	#1024H
	Guests: War Paint leading ladies Patti LuPone & Christine Ebersole, and director Michael Greif.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#323
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Impressionistic Fresh Flowers	APTEX	(S)	(CC)	N/A	#504H
	A vase of daisies and roses serve as the subject of Gary's painting in this episode. Gary explains that a painter often sees things differently, and that provides the inspiration to arrange the painting's roses and daisies in a way that belies reality, but gives a good result.					
08:30:00	Painting with Wilson Bickford Birch Forest, Part 1	NETA	(S)	(CC)	N/A	#201H
	In Part I, Wilson lays the acrylic under-painting and masks out the trees. This foundation will be followed by oil glazes that will bring this sunny summer birch forest to life.					
09:00:00	Landscapes Through Time with David Dunlop Winslow Homer's Seas at Prouts Neck, Maine	NETA	(S)	(CC)	DVI	#206H
	David travels on the rocky shores of Prouts Neck, Maine, where the famously enigmatic Winslow Homer (1836-1910) lived for the last 27 years of his life and painted some of his most recognizable, theatrical, and iconic seascapes. Battling the wind, David paints an evocative watercolor at the location of the famed Cannon Rock, and an oil sketch of the rocks and turbulent sea in front of Homer's studio.					

Sat, Aug 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Waist Slenderizing Workout In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful Jamaica! Miranda will take you through an all-standing, full-body workout that focuses on slenderizing the waist.	APTEX	(S)	(CC)	DVI	#1001H
10:00:00	Sit and Be Fit Sensory Awareness and Breathing Mary Ann uses fun music to demonstrate breathing techniques and sensory awareness.	NETA	(S)	(CC)	N/A	#1403H
10:30:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
11:00:00	Delicious TV's Vegan Mashup Fast Food Magic You'll never have to say, but I don't have time to cook vegan again. Toni Fiore is making a classic Italian dish Pasta with Chickpeas and Tomatoes. Terry Hope Romero is making Coconut Bacon you can top anything including her Kale Tomato Salad. Raw food artist Elizabeth Fraser is shares her No-bake Apple Crisp. And Victor Robinson and his daughter are making Gazpacho with veggies plucked from there garden.	NETA	(S)	(CC)	DVI	#302H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Hunt for Caribbean Lobster Deep in the Sian Ka'an nature reserve, there's a seriously remote village called Punta Allen, where a team from the local sustainable lobster fishing cooperative brings Rick and chef Juan Pablo Loza out for an afternoon at sea. The day's catch? A Caribbean lobster, simply prepared in coconut soup. Back at the ultra-luxe Rosewood Mayakoba resort, Juan Pablo showcases the tranquil resort gardens before preparing a feast of grilled lobster zarandeado with adobo mayo and sweet corn puree in the kitchen of La Ceiba, an outdoor garden party area. Inspired by the tropical abundance, Rick heads to his backyard garden with master gardener Bill Shores before making greens with grilled honey-lime dressing and a sweet-and-spicy, chipotle-honey glazed shrimp dish.	APTEX	(S)	(CC)	N/A	#1101H
12:00:00	Lidia's Kitchen Cheese Italians love cheese, and with more than 460 varieties made in Italy, it leads to many mouth-watering cheesy recipes. In this episode, Lidia shares her cheese baked in a crust:gorgonzola wrapped with puff pastry and baked as crispy cheesy bites; celery, artichoke and mortadella salad: a flavorful and fresh mix of celery, artichoke and mortadella; and finally meatloaf ricotta: a family favorite meatloaf dish packed with three different cheeses.	APTEX	(S)	(CC)	N/A	#418H
12:30:00	Moveable Feast with Fine Cooking The Big Island, Hawai Explore the local flavors and traditions of Hawaii's Big Island on this episode of Moveable Feast with Fine Cooking. "The Pied Piper of Hawaii Regional Cuisine," chef Peter Merriman takes Pete on a trip up the Kohala Mountains to the beautiful Kahua Ranch where they pick-up Wagyu beef for the night's feast. Meanwhile, local chef Jim Babian sources abalone straight from the tank at the Natural Energy Laboratory of Hawaii. After their island adventures, the chefs meet up at Merriman's Restaurant to prepare the feast. Tonight's menu features wood-grilled abalone with celery and fennel salad; pipiaula beef jerky poke; pan-seared kampachi with lily koi brown butter sauce; lamb curry with fresh ginger, tumeric, coconut, and pineapple-mint garnish served with coconut-raisin-cashew chutney, and a fabulous strawberry pie.	APTEX	(S)	(CC)	N/A	#309H
13:00:00	Expeditions with Patrick Mcmillan The Longleaf Empire - Francis Marion National Forest It seems that no matter where we look we can find evidence of man shaping the world around him, the world we consider "natural." Fire is essential for the existence of the longleaf pine woodland, one of the rarest and most interesting habitats on the planet. Join Patrick as he continues to explore the incredible and strange life that makes its home here in the heart of the longleaf empire in the Francis Marion National Forest.	APTEX	(S)	(CC)	N/A	#313H
13:30:00	Weekends with Yankee Winter In New England Winter in New England is a season of sparkling snow, deep-blue skies, sleigh rides, skiing, and vibrant cities where you can escape the cold for indoor delights. This week on Weekends with Yankee, we slide along the snow in a horse-drawn sleigh in beautiful Jackson, New Hampshire. Then we're off to Boston for a food lover's tour with one of the country's top chefs, Barbara Lynch. We round things out by escaping the crowds and taking to the pristine trails of northern New England for an adventure on cross-country skis.	APTEX	(S)	(CC)	N/A	#113H
14:00:00	Rick Steves' Europe Rome: Baroque Brilliance This second of three episodes on Rome reveals a city busy with life and bursting with Baroque. We ramble through the venerable heart of Rome, admire breathtaking Bernini statues, ponder sunbeams inside St. Peter's Basilica at the Vatican, and mix and mingle with the Romans during an early-evening stroll. Following an exquisite Roman dinner, we join locals after dark, lacing together the Eternal City's most romantic nightspots.	APTEX	(S)	(CC)	N/A	#702H

Daily Program Listing II

43.1

Date: 08/02/2017

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Sat, Aug 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Turkey: Land of Legends Richard Wiese travels to Turkey, the ancient crossroads of civilization. In Istanbul, he meets a family that has been creating baklava for over 200 years. In a small Mediterranean village, where 4,000 year-old shipwrecks lie along dangerous reefs, Richard dives in search of ancient treasures. He discovers the Turkish secret for keeping bad luck at bay—a piece of jewelry called the "evil eye".	APTEX	(S)	(CC)	N/A	#122H
15:00:00	Garden Smart Every garden space is different and oftentimes the objectives for those spaces are also different. GardenSMART visits a talented garden designer who shares some great design ideas. A lot to learn; be sure to tune in.	NETA	(S)	(CC)	N/A	#4706H
15:30:00	Baby Makes 3 Kentucky Roots The Kentucky-themed nursery with reminders of horses and the Derby, old barns, and rolling hills is completed.	APTEX	(S)	(CC)	N/A	#202H
16:00:00	Conversations in the Digital Age with Jim Zirin A Conversation with Ban Ki-Moon Guest: Ban Ki-moon, Secretary-General of the United Nations. When Ban Ki-moon left office on December 31, 2016 he will have been the longest-serving Secretary General of the UN in the peacekeeping organization's 71 year history. He tells Jim Zirin of his achievements during his decade-long run, such as reducing global warming and improving the plight of abused women and girls, and talks of his future in public life, perhaps even a run for President of Korea.	EPS	(S)	(CC)	N/A	#107H
16:30:00	Overheard with Evan Smith Ethan Hawke, Actor & Author Ethan Hawke is an Academy Award-nominated actor and screenwriter. He's also an author of three novels, including his most recent Rules for a Knight, which The New Yorker called "a hybrid parenting guide and self-help book." Hawke was nominated for Best Performance by an Actor in a Supporting Role last year for his performance in Boyhood. In his newest film, Born to be Blue, he plays legendary jazz musician Chet Baker. That film will be released March 25th.	NETA	(S)	(CC)	N/A	#610H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Ceramist Host Eric Gorges throws down. Master ceramist David MacDonald shares his magnificent talents with Eric as they work with clay and make a bowl.	APTEX	(S)	(CC)	N/A	#311H
18:00:00	Focus On Europe Lithuania: Fencing In Russia's Kaliningrad A legacy of the Bosnian War, hundreds of thousands of mines left in the soil of Bosnia-Herzegovina. Lithuania is securing its border to Russia's Kaliningrad exclave with a two-meter-high fence.	WNVC	(S)	(CC)	N/A	#3531H
18:30:00	The Open Mind Twitter and Tear Gas Guest: Zeynep Tufekci. Techno-sociologist Zeynep Tufekci discusses her new book "Twitter and Tear Gas: The Power and Fragility of Networked Protest."	NETA		(CC)	N/A	#3802H
19:00:00	Closer to Truth How Could God Intervene in the Universe? For God to be God, God could not do nothing. If God exists, God must do things. Assuming God created the universe, then God should do things with the universe. But what? And how?	EPS	(S)	(CC)	N/A	#1506H
19:30:00	American Forum Is Citizenship Dead? ERIC LIU, founder of Citizen University and Director of the Aspen Institute's Citizenship and American Identity program, on serving the country, patriotism, and bridging the political divide.	NETA	(S)	(CC)	N/A	#237H

Sat, Aug 12, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live Blind Pilot	APTEX	(S)	(CC)	N/A	#605H
	<p>A staple of TV soundtracks, the six-piece indie band Blind Pilot, showcases their hyper individualistic approach and musicianship in an intimate concert with songs including "Half Moon," "Three Rounds and a Sound," and "Oviedo." The Portland, Oregonians' refreshingly modern take, with front man Israel Nebeker, debuted with a bicycle tour in support of their first album. Blind Pilot brings upright bass, banjo, dulcimer, vibraphone, and trumpet together with traditional drums and keyboards for a unique contemporary sound.</p>					
21:00:00	Front and Center Kaleo	APTEX	(S)	(CC)	N/A	#707H
	<p>All the way from Iceland, indie rock band Kaleo comes to New York City to perform songs from their debut album A/B. Highlights include a performance of "Vor i Vaglaskogi," a traditional Icelandic Love song sung in the band's native language, as well as their top 10 singles "All the Pretty Girls" and "Way Down We Go." Formed in 2012, the band music is mostly influenced by folk and blues and prominently features a distinctive resonator sound.</p>					
22:00:00	Globe Trekker Tough Trains: Bolivia	APTEX	(S)	(CC)	N/A	#1619H
	<p>Since the 1860s, Bolivia has lost land to all its surrounding countries, leaving it landlocked and without vital access to coastal ports. As compensation, both Chile and Brazil agreed to build railways from Bolivia to their coasts, but they have not received proper investment since. Zay Harding travels along these railways from the Brazilian Pantanal to the Chilean coast. The first stop is Bolivia's agricultural heartland of Santa Cruz, followed by the constitutional capital of Sucre. Zay then heads to Potosi, where he turns his hand to being a miner for the day, followed by a journey to Uyuni, where he visits the Salar de Uyuni - a salt flat rich in both salt and lithium. Zay heads to Bolivia's administrative capital, La Paz, before concluding his trip at the Pacific coast.</p>					
23:00:00	Arts In Context Here and Beyond	NETA		(CC)	N/A	#503H
	<p>Blue Lapis Light transforms urban environments into works of art. Specializing in large-scale productions in non-traditional public environments - such as federal buildings, power plants, or scaffolding at the shores of Lady Bird Lake - Blue Lapis Light's aerial dance creates what founder Sally Jacques describes as "prayers for the planet." By challenging physical limitations, Blue Lapis Light envelops its audiences in a sense of awe and wonder.</p>					
23:30:00	Ecosense for Living Ocean Health - Creatures Speak	NETA	(S)	(CC)	N/A	#202H
	<p>Sea Turtles Tell Us a lot about the ocean because they travel great distances as well as use the beaches for nesting. We visit Jekyll Island, Georgia where injured turtles are repaired and give researchers fresh information about ocean health. Save the Manatees! Boats harm these slow-moving graceful creatures, but so does habitat loss, run-off and pollution. We explore the threats against these lovable creatures and how our everyday decisions affect their lives. (Crystal River, Florida) Zero Waste - How NOT to put more trash in the ocean or anywhere. Anamarie Shreeves is a model for us all. She takes us on a tour as she grocery shops and shows us how she does more than her part to fight pollution, reducing her waste to nearly nothing. (Atlanta, GA)</p>					

Sun, Aug 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth How Could God Intervene in the Universe? For God to be God, God could not do nothing. If God exists, God must do things. Assuming God created the universe, then God should do things with the universe. But what? And how?	EPS	(S)	(CC)	N/A	#1506H
00:30:00	American Forum Is Citizenship Dead? ERIC LIU, founder of Citizen University and Director of the Aspen Institute's Citizenship and American Identity program, on serving the country, patriotism, and bridging the political divide.	NETA	(S)	(CC)	N/A	#237H
01:00:00	Infinity Hall Live Blind Pilot A staple of TV soundtracks, the six-piece indie band Blind Pilot, showcases their hyper individualistic approach and musicianship in an intimate concert with songs including "Half Moon," "Three Rounds and a Sound," and "Oviedo." The Portland, Oregonians' refreshingly modern take, with front man Israel Nebeker, debuted with a bicycle tour in support of their first album. Blind Pilot brings upright bass, banjo, dulcimer, vibraphone, and trumpet together with traditional drums and keyboards for a unique contemporary sound.	APTEX	(S)	(CC)	N/A	#605H
02:00:00	Front and Center Kaleo All the way from Iceland, indie rock band Kaleo comes to New York City to perform songs from their debut album A/B. Highlights include a performance of "Vor i Vaglakogi," a traditional Icelandic Love song sung in the band's native language, as well as their top 10 singles "All the Pretty Girls" and "Way Down We Go." Formed in 2012, the band music is mostly influenced by folk and blues and prominently features a distinctive resonator sound.	APTEX	(S)	(CC)	N/A	#707H
03:00:00	Globe Trekker Tough Trains: Bolivia Since the 1860s, Bolivia has lost land to all its surrounding countries, leaving it landlocked and without vital access to coastal ports. As compensation, both Chile and Brazil agreed to build railways from Bolivia to their coasts, but they have not received proper investment since. Zay Harding travels along these railways from the Brazilian Pantanal to the Chilean coast. The first stop is Bolivia's agricultural heartland of Santa Cruz, followed by the constitutional capital of Sucre. Zay then heads to Potosi, where he turns his hand to being a miner for the day, followed by a journey to Uyuni, where he visits the Salar de Uyuni - a salt flat rich in both salt and lithium. Zay heads to Bolivia's administrative capital, La Paz, before concluding his trip at the Pacific coast.	APTEX	(S)	(CC)	N/A	#1619H
04:00:00	Arts In Context Here and Beyond Blue Lapis Light transforms urban environments into works of art. Specializing in large-scale productions in non-traditional public environments - such as federal buildings, power plants, or scaffolding at the shores of Lady Bird Lake - Blue Lapis Light's aerial dance creates what founder Sally Jacques describes as "prayers for the planet." By challenging physical limitations, Blue Lapis Light envelops its audiences in a sense of awe and wonder.	NETA		(CC)	N/A	#503H
04:30:00	Ecosense for Living Ocean Health - Creatures Speak Sea Turtles Tell Us a lot about the ocean because they travel great distances as well as use the beaches for nesting. We visit Jekyll Island, Georgia where injured turtles are repaired and give researchers fresh information about ocean health. Save the Manatees! Boats harm these slow-moving graceful creatures, but so does habitat loss, run-off and pollution. We explore the threats against these lovable creatures and how our everyday decisions affect their lives. (Crystal River, Florida) Zero Waste - How NOT to put more trash in the ocean or anywhere. Anamarie Shreeves is a model for us all. She takes us on a tour as she grocery shops and shows us how she does more than her part to fight pollution, reducing her waste to nearly nothing. (Atlanta, GA)	NETA	(S)	(CC)	N/A	#202H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#324
08:00:00	Gary Spetz's Watercolor Quest Vancouver to Ketchikan Host-Artist, Gary Spetz, sails aboard a cruise ship to explore, photograph and paint Alaska's "Inside Passage"-from bustling Vancouver B.C. to colorful Ketchikan. In this episode, he explains, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	DVI	#105
08:30:00	Painting with Paulson Nevada Again Part II	NETA	(S)	(CC)	N/A	#1712H

Sun, Aug 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Wyland's Art Studio Orcas Below Art Lesson: Creating Depth. Create the illusion of three-dimensional imagery. Mastering the ability to create depth in art takes practice and patience. Draw distant objects small than close objects. Incorporate the effects of atmosphere that decrease visibility of objects farther from the viewer. Reduce detail as the background diminishes with mountains and other objects appearing only as silhouettes. Other techniques to imply depth may include reducing color in the background to reinforce the concept of distance between images. Warm colors appear closer to the viewer, while cool colors appear farther. It should be noted that a full range of colors might be unneeded. Using three or even only two colors can make a coherent image with an exceptional sense of depth.	APTEX		(CC)	N/A	#613H
09:30:00	Classical Stretch: The Esmonde Technique Bone Strengthening Workout In this episode of Classical Stretch, join Miranda Esmonde-White in beautiful in Jamaica! This all-barre workout is designed to strengthen your bones and prevent Osteoporosis.	APTEX	(S)	(CC)	DVI	#1002H
10:00:00	Sit and Be Fit Fun with the Large Ball The large ball is used in many ways from postural alignment to helping with balance in this episode.	NETA	(S)	(CC)	N/A	#1404H
10:30:00	Power Yoga: Mind and Body Forward Folds - Version One With Paschimottanasana, Janu Sirasana, Ardha Baddhu Padma, and others.	APTEX	(S)	(CC)	N/A	#107
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#319H
11:30:00	New Orleans Cooking with Kevin Belton Classic Creole Corn and crab bisque, shrimp etouffee, pralines.	APTEX	(S)	(CC)	N/A	#111H
12:00:00	Ciao Italia Give Me Rice/Dammi Il Riso Crispy on the outside, creamy on the inside, Mary Ann turns plain Arborio rice into a symphony of porcini mushrooms and mozzarella cheese, all rolled up into Little Rice Balls, and then covered with bread crumbs, deep fried to perfection, and topped with spicy hot tomato sauce. Seconds anyone? Thirds?	NETA	(S)	(CC)	N/A	#2417H
12:30:00	Mike Colameco's Real Food Alsace We spent a week exploring this northwestern region of France touring the vineyards and meeting with the winemakers while visiting restaurants along the way. Often confused with German wines, the wines of Alsace, especially it's bone dry Rieslings are some of the best value under appreciated wines available from anywhere on the planet.	NETA	(S)	(CC)	N/A	#1421H
13:00:00	Journeys In India Calcutta: City of Living History There is no city in India that is more British than Calcutta. The former capital of British India, Calcutta has gardens, buildings and museums to prove it. Throw away any ideas you have of this giant city and discover the treasures it holds.	NETA	(S)	(CC)	N/A	#212H
13:30:00	Family Travel with Colleen Kelly Oahu - Episode 1 - Horseback Riding, Lei-Making & Discovering Hawaiian Culture Join Colleen and the girls as they travel to the breath-taking gem of Oahu. On this stunning Hawaiian island, the family learns how to make the traditional lei, takes an exciting horseback ride through the beautiful Kualoa Ranch, and even attends a Starlight Lu'au.	APTEX		(CC)	N/A	#310H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#319H
14:30:00	Destination Craft with Jim West Ireland Jim West explores the indigenous crafts of Ireland where master artisans teach dry felting, basket making, woodturning and creating the perfect Irish scones. Jim crafts an Irish rock wall, makes jewelry from Connemara marble, crochets Irish lace, and explores the traditions and culture of the enchanting Emerald Isle.	APTEX	(S)	(CC)	N/A	#102H

Sun, Aug 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Shop Tool Tray Bench for the Organized Work Space.	NETA	(S)	(CC)	N/A	#2405H
15:30:00	Rough Cut - Woodworking with Tommy Mac Cabinets and AI This week on Rough Cut Woodworking with Tommy Mac Tommy is joined by Rough Cut regular AI D'Attanasio to help him on his work station and cabinet in his ever evolving shop. No woodworking shop is complete without a work station for your tools and cabinets for storage, and AI is here to make sure Tommy does it right.	APTEX	(S)	(CC)	N/A	#711H
16:00:00	Happy Yoga with Sarah Starr Seascapes Allow the calming waves and sparkling sea caves to soothe you as we experience the gift of renewal through a series of tranquil, rejuvenating poses using a chair for support, including shoulder, chest and upper back stretches, hip openers, twists and more.	NETA	(S)	(CC)	N/A	#104H
16:30:00	Second Opinion Reversing Heart Disease Patient Story: Heart disease is an increasing problem in the U.S. What is the solution? For Dick DuBois, he changed his diet and it made a significant difference in his overall health. But were the changes enough? Has he cured his heart disease or simply stalled its progression? Myth or Medicine: Can diet alone reverse heart disease? Second Opinion 5: Five risk factors for heart disease.	APTEX	(S)	(CC)	N/A	#1010H
17:00:00	Immense Possibilities Does Earth Day Still Matter? It's been nearly fifty years since a fiery young man named Denis Hayes organized a wildly ambitious new project called "Earth Day." Now Denis sits down with us to reflect on how it spawned America's environmental movement, and to preview the March for Science he's organized for this year's Earth Day on April 22.	NETA	(S)	(CC)	N/A	#611H
17:30:00	Well Read Ann Patchett, Commonwealth Ann Patchett comes to the show with her newest book, Commonwealth - a brilliant and tender tale of the far-reaching ties of love and responsibility that bind us to one another. Full of rich characters intertwined in a complicated family dynamic full of explosive secrets.	APTEX	(S)	(CC)	N/A	#606H
18:00:00	California's Gold Historic Chickens A 1916 brochure called the town of Petaluma "The largest poultry center in the world" and up until the sixties, Petaluma was a major player in the world of chickens. In 1915, Petaluma shipped 11,681,134 dozen eggs. Huell travels to Petaluma to attend the annual Butter and Egg Days celebration, which ran from 1916 to 1928 and was brought back in the early eighties. Petaluma pulls out all the stops in this wonderful small town gathering. You won't want to miss the Cutest Chick costume contest. Continuing our look at Historic Chickens, the Petaluma Historical Society takes Huell to one of original chicken farms that once lined the hills of this town. Beautiful moss covered chicken coups are slowly decaying, but are an integral part of Petaluma's landscape. Several of the original farmers come back to spend a day reminiscing about their lives on these farms. Some of these folks come from a long line of farmers who have called Petaluma home for many generations.	KCET		(CC)	N/A	#2009
18:30:00	Curious Traveler Curious Rome Why is there a giant hole in the top of the Pantheon? And how is it still standing after more than two millennia? Why does Piazza Navona look like a racetrack? And why did it used to be a swimming pool? Where did the bronze for St. Peter's Basilica come from, and why are those windows in the dome so heavenly?	APTEX	(S)	(CC)	N/A	#202H
19:00:00	Beyond Geek Telerobotics Dan discovers how robots can open up your world to endless possibilities.	EPS	(S)	(CC)	N/A	#207H
19:30:00	The Kamla Show Special Suzanne Frey Kamla talks to Suzanne Frey, Director, Trust, Security, Privacy, Google Apps at Google. Frey has a liberal arts degree and ended up working in the technology sector. How did she do it? Frey is also on the board of Motley Fools. This is part of Women in Science and Tech Series.	KAMLA	(S)	(CC)	N/A	#126H
20:00:00	Black America Appreciating and Saving Our Historic Places with Brent Leggs Carol Jenkins sits down with Brent Leggs, Senior Field Officer of the National Trust for Historic Preservation and discusses the importance of preserving historical sites and landmarks. They also discuss the 53rd Anniversary of the March in Washington DC and the celebrations that occurred in Birmingham on the anniversary, leading up to the preservation of the historic AG Gaston motel.	EPS	(S)	(CC)	N/A	#133H

Sun, Aug 13, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#107H
	<p>Art is art, fashion is fashion but contemporary artist Richard Tsao proves they can exist together. He's best known for his line of fashion featured at the New York Metropolitan Opera and Asia Society museum store. You can even find many of New York's opera singers wearing his fashion line. Reporter Kyung Yoon spends a day at his showroom and learns more about his creative process. MC Jin became the first Asian American rapper to sign a major record label. He's in the spotlight again and reporter Paul Lin caught up with him at the annual B-Boy Royale Dance competition in New York. Caroline Shin's web series "Cooking With Granny" spills the secrets behind the family recipes. Reporter Ernabel Demillo spends a day in grandma's kitchen and whips a favorite Filipino holiday dessert. At Queens Museum, New York based Chinese artist Zhang Hongtu debuts a pop cultural series on life and politics in China.</p>					
21:00:00	Slow Way Home	NETA	(S)	(CC)	N/A	#0H
	<p>The way children travel to school structures daily life for families around the world-but the means differs dramatically. In Japan 98 percent of children walk to school every day, unaccompanied by a parent. In the United States just 13 percent of children walk or bike to school, and most are driven to school by a parent. The Slow Way Home explores this divergence, examining how American families have largely given up on keeping our streets and public spaces safe enough for children, while Japanese communities have mobilized to keep their streets safe and walkable, not only for children but for everyone in society. Seen through both a historical and contemporary framing, The Slow Way Home is an uplifting examination of differences in culture that provides both insight into a distressing trend in American society and simultaneously offers hope for change.</p>					
22:00:00	Great Conversations Colson Whitehead and Isaac Fitzgerald	NETA		(CC)	N/A	#802H
	<p>Buzzfeed's Isaac Fitzgerald interviews Pulitzer Prize winner Colson Whitehead about his book The Underground Railroad, chronicling a young slave's desperate bid for freedom and a heroine's flight that serves as a powerful meditation on both history and the present day.</p>					
23:00:00	Alzheimer's: The Caregiver's Perspective	APTEX	(S)	(CC)	N/A	#0H
	<p>According to the Alzheimer's Association, more than 15 million family members and friends provided 18.1 billion hours of unpaid care in 2015 to those with Alzheimer's and dementia. Alzheimer's is more than memory loss; it affects many generations and is the sixth leading cause of death in the United States. In ALZHEIMER'S: THE CAREGIVER'S PERSPECTIVE, caretakers share their diverse experiences of caring for loved ones in the world of dementia - from diagnosis to saying the long goodbye. A variety of caregivers, family members and many others explain how they creatively navigate the frustrations, sorrows, and complications of caring for a loved one who can no longer function safely on their own.</p>					

Mon, Aug 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Telerobotics Dan discovers how robots can open up your world to endless possibilities.	EPS	(S)	(CC)	N/A	#207H
00:30:00	The Kamla Show Special Suzanne Frey Kamla talks to Suzanne Frey, Director, Trust, Security, Privacy, Google Apps at Google. Frey has a liberal arts degree and ended up working in the technology sector. How did she do it? Frey is also on the board of Motley Fools. This is part of Women in Science and Tech Series.	KAMLA	(S)	(CC)	N/A	#126H
01:00:00	Black America Appreciating and Saving Our Historic Places with Brent Leggs Carol Jenkins sits down with Brent Leggs, Senior Field Officer of the National Trust for Historic Preservation and discusses the importance of preserving historical sites and landmarks. They also discuss the 53rd Anniversary of the March in Washington DC and the celebrations that occurred in Birmingham on the anniversary, leading up to the preservation of the historic AG Gaston motel.	EPS	(S)	(CC)	N/A	#133H
01:30:00	Asian American Life Art is art, fashion is fashion but contemporary artist Richard Tsao proves they can exist together. He's best known for his line of fashion featured at the New York Metropolitan Opera and Asia Society museum store. You can even find many of New York's opera singers wearing his fashion line. Reporter Kyung Yoon spends a day at his showroom and learns more about his creative process. MC Jin became the first Asian American rapper to sign a major record label. He's in the spotlight again and reporter Paul Lin caught up with him at the annual B-Boy Royale Dance competition in New York. Caroline Shin's web series "Cooking With Granny" spills the secrets behind the family recipes. Reporter Ernabel Demillo spends a day in grandma's kitchen and whips a favorite Filipino holiday dessert. At Queens Museum, New York based Chinese artist Zhang Hongtu debuts a pop cultural series on life and politics in China.	EPS	(S)	(CC)	N/A	#107H
02:00:00	Slow Way Home The way children travel to school structures daily life for families around the world-but the means differs dramatically. In Japan 98 percent of children walk to school every day, unaccompanied by a parent. In the United States just 13 percent of children walk or bike to school, and most are driven to school by a parent. The Slow Way Home explores this divergence, examining how American families have largely given up on keeping our streets and public spaces safe enough for children, while Japanese communities have mobilized to keep their streets safe and walkable, not only for children but for everyone in society. Seen through both a historical and contemporary framing, The Slow Way Home is an uplifting examination of differences in culture that provides both insight into a distressing trend in American society and simultaneously offers hope for change.	NETA	(S)	(CC)	N/A	#0H
03:00:00	Great Conversations Colson Whitehead and Isaac Fitzgerald Buzzfeed's Isaac Fitzgerald interviews Pulitzer Prize winner Colson Whitehead about his book The Underground Railroad, chronicling a young slave's desperate bid for freedom and a heroine's flight that serves as a powerful meditation on both history and the present day.	NETA		(CC)	N/A	#802H
04:00:00	Alzheimer's: The Caregiver's Perspective According to the Alzheimer's Association, more than 15 million family members and friends provided 18.1 billion hours of unpaid care in 2015 to those with Alzheimer's and dementia. Alzheimer's is more than memory loss; it affects many generations and is the sixth leading cause of death in the United States. In ALZHEIMER'S: THE CAREGIVER'S PERSPECTIVE, caretakers share their diverse experiences of caring for loved ones in the world of dementia - from diagnosis to saying the long goodbye. A variety of caregivers, family members and many others explain how they creatively navigate the frustrations, sorrows, and complications of caring for a loved one who can no longer function safely on their own.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#325
08:00:00	Zula Patrol Hide 'n Seek On Jupiter/A Tale of Two Planets It's time for the Interplanetary Hide 'n Seek Game. Perennial losers Wizzy, Wigg and Gorga decide to on Jupiter when they find out that no one has ever hidden there. While five-time hide 'n seek champion Zeeter is looking for them, the trio discover that the huge planet is filled with storms, the most powerful are in The Great Red Spot, and there is no solid land mass for them to land on. When the twin Giant Ice Planets Uranus and Neptune quarrel, Dark Truder swoops in and hoodwinks Neptune into becoming part of his newly formed personal Planetary System, the Truderverse. But when the dour planet wants out, it's up to the Zula Patrol to release him from Truder's greedy grip.	APTEX	(S)	(CC)	N/A	#206H
08:30:00	Wunderkind Little Amadeus Magic In Salzburg A great magician impresses Amadeus by making a poodle play the piano. Amadeus wonders if Pumperl is up to the task. Devilius figures out the trick and makes the poodle disappear. The magician asks for Amadeus' help when his second partner, a piano-playing dwarf, also disappears. With the aid of the young prodigy, the musician's performance at the Bishop's palace is a success - and Pumperl gives a piano concert after all! The Music: "Piano Concerto No. 27 in B Major" K. 595; "Piano Sonata in C Minor" K. 459; et al. Additional Content: Monti reveals that no schools existed in the 18th century. Amadeus and his sister Nannerl were lucky to have their father Leopold, who taught them reading, writing, math and the natural sciences.	APTEX	(S)	(CC)	DVI	#123

Mon, Aug 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 1	ACCES	(S)	(CC)	N/A	#301H
09:30:00	Classical Stretch: The Esmonde Technique Spine Stretch for Posture Workout In this episode of Classical Stretch, join Miranda Esmonde-White in the beautiful gardens of Jamaica. Miranda will take you through stretches that will increase the flexibility in your back and improve your posture in this all-standing workout.	APTEX	(S)	(CC)	DVI	#1003H
10:00:00	Sit and Be Fit Footwork and Core We take our feet and core muscles for granted. In this episode Mary Ann uses a variety of new exercises to focus on the importance of your feet.	NETA	(S)	(CC)	N/A	#1405H
10:30:00	It's Sew Easy Vacation Indulgences Take time off and plan a vacation. Designer Kay Whitt makes an easy, comfortable and adjustable waistband for skirts or pants. Sewing educator Joanne Banko makes any day a spa day with a luxurious waffle-weave spa robe with colorful custom trim.	NETA	(S)	(CC)	N/A	#1302H
11:00:00	Knit and Crochet Now! Dress Up The Pup We've got plaids for your pooch and hoodies for your hound dog! Today Deborah is joined by Lena Skvagerson who will show how to knit up the Hound Dog Hoodie in a "hounds tooth" pattern. Robyn Chachula is next up with Poppy's Plaid Crochet Dog Sweater featuring a raised stitch plaid. In the stitch corner Lena will show how to knit her very own version of the Crocodile Stitch.	APTEX	(S)	(CC)	DVI	#712H
11:30:00	Fresh Quilting Design Play Play with color, contrast and shapes to create modern quilt designs. Color expert Rebecca Bryan pulls complimenting and contrasting fabrics from her stash to inspire her designs. Fabric designer Luana Rubin and Heather Grant share ideas for charity quilts. Using templates and a lot of creative sass, Jen Carlton-Bailey cuts and sews all sorts of curves with stunning results.	NETA	(S)	(CC)	N/A	#111H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7011H
13:00:00	America's Test Kitchen from Cook's Illustrated Summer Pork Supper Host Julia Collin Davison shows host Bridget Lancaster how to make the best smoked pork loin with dried-fruit chutney. Then, equipment expert Adam Ried reviews the latest grill gadgets in the Equipment Corner. Finally, test cook Becky Hays shows Bridget how to make the ultimate sweet potato soup.	APTEX	(S)	(CC)	N/A	#1725H
13:30:00	Pati's Mexican Table Tamaliza! An episode dedicated to one of Mexico's most iconic foods: tamales. Pati will cook a few variations of tamales, both savory and sweet, then her girlfriends stop by for a tamal party - a tamaliza! Recipe 1: Cooked Salsa Verde; Recipe 2: Chicken in Salsa Verde Tamales; Recipe 3: Sweet Corn Tamales; Recipe 4: Tamara's Fresh From The Garden Green Rice; Recipe 5: Mexican Masa Chocolate Drink.	APTEX	(S)	(CC)	N/A	#405H
14:00:00	Lucky Chow Food of the Gods The relationship between faith and food is evident at three Asian houses of worship: an imposing Buddhist temple where Danielle is served an artful vegetarian feast; a Sikh temple where she helps cook Indian flatbread for a communal meal where all are welcome; and a Queens mosque's annual food fair, where she samples Indonesian dishes and learns about life as a Muslim in America.	APTEX	(S)	(CC)	N/A	#203H
14:30:00	Steven Raichlen's Project Smoke Extreme Smoke In this "surf and turf" show, meet the lively Stephanie Munz, a Santa Barbara-based diver/marine biologist who brings ocean-fresh sea urchins for Steven to grill-topped with an egg and served with grilled bread. Local spiny lobster gets the caveman treatment-split and roasted in the shell directly on the embers. Meanwhile, luxurious Alaskan king crab gets grilled and served with garlicky absinthe butter. Representing turf are bone-in veal chops blasted with rosemary smoke (yes, the process involves a blowtorch) and beef plate ribs spit-roasted on a wood-burning rotisserie and served with ember-roasted onions and peppers and tangy Chilean pebre (salsa). Grilled sea urchins ("egg on eggs"); Caveman lobsters and grilled king crab with absinthe butter; Grilled veal chops with blowtorch-smoked rosemary; Rotisserie beef plate ribs with fire-roasted onions and peppers, Chilean salsa.	APTEX	(S)	(CC)	N/A	#307H

Mon, Aug 14, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Meaningful Gifts and Talismans	NETA	(S)	(CC)	N/A	#2113H
	Artist Catherine Bickford presents ideas for meaningful gifts, including the symbolism of color and design motifs. Catherine discusses the meaning and symbolism behind various design motifs and materials. She shows how to combine themes, materials, techniques and motifs to create a talisman necklace that has significance and well-wishes for the recipient. Fair trade beaded bangles are featured on Katie's Beading Lesson.					
15:30:00	Katie Brown Workshop A Sparkling Holiday	APTEX	(S)	(CC)	DVI	#513H
	Shine in style this holiday season with Katie's simple ideas designed to spread holiday cheer. In the Kitchen: Beef Filet with Cranberry Tarragon Butter, Silky Potato Gratin and Orange and Olive Salad with Basil Vinaigrette. Projects: Glamorous name cards. Star-studded pinecone trees.					
16:00:00	Biz Kid\$ My First Credit Card	APTEX	(S)	(CC)	N/A	#603H
	Your first credit card -- manage it right and it could lead to a world of possibilities. Get it wrong and it will mean years of regret. Biz Kid\$ demystifies the process of getting a credit card, how to use it correctly, and explains terms like credit score and APR. Hear from kids who used credit to their advantage, and a few who wished they had.					
16:30:00	Hands On Crafts for Kids Wear It!	NETA	(S)	(CC)	DVI	#1706H
	With friends and family, create and wear your crafting projects. A fashionable, shimmery clay bird necklace is perfect to wear or to give as a gift. Franz shows how to draw original designs and transfer them to your t-shirt. Jenny uses plastic tableware and fabric dye to make a stenciled flower or flag on a t-shirt. Katie weaves a colorful loop bracelet you can make in your favorite colors or school colors. Use the Family Craft box to transform a t-shirt into a superhero cape with a custom-designed logo.					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Cooking	APTEX	(S)	(CC)	N/A	#1508H
	Join P. Allen Smith for a trip down memory lane as he revisits his favorite cooking segments from seasons past.					
17:30:00	Growing A Greener World Rooftop Farm, Brooklyn, Ny	APTEX	(S)	(CC)	N/A	#517H
	Sitting high above rush hour traffic is a full production, organic farm - growing food in only 8-12 inches of soil spread across the rooftop of a New York City building. We visit this incredible 1-acre farm and learn how they are creating a whole new model for locally grown urban food that can be duplicated anywhere in the world.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14161H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#221H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8096
19:30:00	Focus On Europe Lithuania: Fencing In Russia's Kaliningrad	WNVC	(S)	(CC)	N/A	#3531H
	A legacy of the Bosnian War, hundreds of thousands of mines left in the soil of Bosnia-Herzegovina. Lithuania is securing its border to Russia's Kaliningrad exclave with a two-meter-high fence.					
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#413H
	Deeply moving, original torch songs by Nashville's eclectic Emily West. Mike & Ruthy bring Woodstock NY folk music with an energetic band. And we celebrate the reunion of Nashville cult rockers Govt. Cheese.					
21:00:00	Speakeasy David Crosby and Wynton Marsalis	APTEX	(S)	(CC)	N/A	#202H
	David Crosby is best known as the founding member of The Byrds and Crosby, Stills & Nash. He is a two-time inductee of the Rock and Roll Hall of Fame who has five albums to which he's contributed, included in Rolling Stone's 500 Greatest Albums of all time. Crosby takes the stage opposite Wynton Marsalis; the nine-time Grammy award winning jazz trumpet virtuoso who's "Blood on the Fields" was the first jazz composition to win the Pulitzer Prize for Music. In 1983 and 1984, he became the only artist to win Grammy Awards for both jazz and classical records and is only one of two artists to win Grammy Awards for five consecutive years. This unique pairing of musical legends features an intimate discussion of their lives as musicians, the history and development of American Roots music and the impact that music has had on the social and political landscapes.					

Mon, Aug 14, 2017

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22:00:00	Rising Voices/Hothaninpi	APTEX	(S)	(CC)	N/A	#0H
<p>Before Christopher Columbus and his fellow Europeans arrived in North America, there were nearly 300 Native languages spoken north of Mexico. Today only half of those languages remain and experts say that by the year 2050, just 20 indigenous American languages will exist. RISING VOICES/HOTHANINPI is a one-hour documentary about how languages die - and how speaking them again can spark cultural and community restoration. The film focuses on the Lakota (often called "Sioux") language and culture, the history that forced the language towards near extinction, and the challenges Lakota face today as they struggle to learn their ancestral language and teach it to their children. The documentary is a portrait of a culture in flux, focusing on the myriad conflicts around the disappearing language on the Lakota reservations of North and South Dakota. The Lakota nation is large, with more than 170,000 tribal members, and that number is growing. Yet only 6,000 people still speak Lakota, and the average age of its speakers will soon be 70 years old. Can the Lakota elders transmit the power of history and tradition, especially in the form of language, or will the heart and soul of their culture die with them? To examine this question, RISING VOICES introduces viewers to a range of people, including the teachers working to save the language and the Lakota trying to learn their ancestral tongue. Woven through the documentary are also short first-person films made by Lakota filmmakers - stories that illustrate the strong connections the artists have between the Lakota language and their everyday lives.</p>						
23:00:00	The Last Chapter	APTEX	(S)	(CC)	N/A	#0H
<p>THE LAST CHAPTER examines the benefits of planning for end-of-life care through interviews with a diverse collection of subjects, including elderly hospice patients, parents of a child battling a rare metabolic bone disease, a young father of three suffering from liver and colon cancer, and even an unlikely hospice "survivor," a 45-year-old mother with congestive heart failure. Throughout, doctors from several Pittsburgh-area hospitals stress the importance of communication regarding end-of-life decision-making. These difficult, but necessary conversations can help patients navigate - and even dictate - their end-of-life scenarios. THE LAST CHAPTER also follows nurses, hospice-care providers and an interfaith chaplain who tend to the physical, emotional and spiritual needs of terminally ill patients.</p>						

Tue, Aug 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8096
00:30:00	Focus On Europe Lithuania: Fencing In Russia's Kaliningrad A legacy of the Bosnian War, hundreds of thousands of mines left in the soil of Bosnia-Herzegovina. Lithuania is securing its border to Russia's Kaliningrad exclave with a two-meter-high fence.	WNVC	(S)	(CC)	N/A	#3531H
01:00:00	Music City Roots Live from the Factory Deeply moving, original torch songs by Nashville's eclectic Emily West. Mike & Ruthy bring Woodstock NY folk music with an energetic band. And we celebrate the reunion of Nashville cult rockers Govt. Cheese.	APTEX	(S)	(CC)	N/A	#413H
02:00:00	Speakeasy David Crosby and Wynton Marsalis David Crosby is best known as the founding member of The Byrds and Crosby, Stills & Nash. He is a two-time inductee of the Rock and Roll Hall of Fame who has five albums to which he's contributed, included in Rolling Stone's 500 Greatest Albums of all time. Crosby takes the stage opposite Wynton Marsalis; the nine-time Grammy award winning jazz trumpet virtuoso who's "Blood on the Fields" was the first jazz composition to win the Pulitzer Prize for Music. In 1983 and 1984, he became the only artist to win Grammy Awards for both jazz and classical records and is only one of two artists to win Grammy Awards for five consecutive years. This unique pairing of musical legends features an intimate discussion of their lives as musicians, the history and development of American Roots music and the impact that music has had on the social and political landscapes.	APTEX	(S)	(CC)	N/A	#202H
03:00:00	Rising Voices/Hothaninpi Before Christopher Columbus and his fellow Europeans arrived in North America, there were nearly 300 Native languages spoken north of Mexico. Today only half of those languages remain and experts say that by the year 2050, just 20 indigenous American languages will exist. RISING VOICES/HOTHANINPI is a one-hour documentary about how languages die - and how speaking them again can spark cultural and community restoration. The film focuses on the Lakota (often called "Sioux") language and culture, the history that forced the language towards near extinction, and the challenges Lakota face today as they struggle to learn their ancestral language and teach it to their children. The documentary is a portrait of a culture in flux, focusing on the myriad conflicts around the disappearing language on the Lakota reservations of North and South Dakota. The Lakota nation is large, with more than 170,000 tribal members, and that number is growing. Yet only 6,000 people still speak Lakota, and the average age of its speakers will soon be 70 years old. Can the Lakota elders transmit the power of history and tradition, especially in the form of language, or will the heart and soul of their culture die with them? To examine this question, RISING VOICES introduces viewers to a range of people, including the teachers working to save the language and the Lakota trying to learn their ancestral tongue. Woven through the documentary are also short first-person films made by Lakota filmmakers - stories that illustrate the strong connections the artists have between the Lakota language and their everyday lives.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	The Last Chapter THE LAST CHAPTER examines the benefits of planning for end-of-life care through interviews with a diverse collection of subjects, including elderly hospice patients, parents of a child battling a rare metabolic bone disease, a young father of three suffering from liver and colon cancer, and even an unlikely hospice "survivor," a 45-year-old mother with congestive heart failure. Throughout, doctors from several Pittsburgh-area hospitals stress the importance of communication regarding end-of-life decision-making. These difficult, but necessary conversations can help patients navigate - and even dictate - their end-of-life scenarios. THE LAST CHAPTER also follows nurses, hospice-care providers and an interfaith chaplain who tend to the physical, emotional and spiritual needs of terminally ill patients.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#326
08:00:00	Zula Patrol The Sound of Multo/Eyes in the Skies The Zula Patrol comes to the rescue when Deliria leads a swarm of Zulean Music-Munchers into the city to devour Zuleans' musical instruments. Her plan: to force Zuleans to buy only her brand of instrument. After years of hard work, Bula, Zeeter and Multo have finished building satellites. Taking a well-deserved break, they enjoy an afternoon in the wilderness. Dark Truder takes advantage of their absence to steal all of Zula's satellites so he can become "Rula of Zula". Without Zula's satellites, Zula becomes helpless, and our heroes become lost in the wilderness.	APTEX	(S)	(CC)	N/A	#207H
08:30:00	Wunderkind Little Amadeus The Muted Trumpet Amadeus can't stand loud trumpet music and wants to prevent a joint concert maliciously arranged by Devilius with the famous trumpeter Schachtner. He and his friend Kajetan try to hide Schachtner's trumpet, but Devilius keeps finding other trumpets for Schachtner to play. Finally, Amadeus devises a solution for the joint concert with Schachtner, so he doesn't have to suffer the sounds of the trumpet. The Music: "Oboe Concerto in C" K. 314; et al. Additional Content: A trumpet serves as the focus of this episode's storyline. Monti illustrates the many different kinds of brass instruments.	APTEX	(S)	(CC)	DVI	#124
09:00:00	Functional Fitness with Suzanne Andrews Arthritis Walking Workout 2	ACCES	(S)	(CC)	N/A	#302H

Tue, Aug 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Slenderize and Strengthen Your Legs In this episode of Classical Stretch, join Miranda Esmonde-White on the jetty overlooking the Caribbean ocean in Jamaica. This all-floor workout is designed to slenderize and strengthen your legs!	APTEX	(S)	(CC)	DVI	#1004H
10:00:00	Sit and Be Fit Controlled Breathing Mary Ann experiments with several ways to control breathing to efficiently distribute oxygen throughout the body.	NETA	(S)	(CC)	N/A	#1406H
10:30:00	It's Sew Easy On The Go Arrive on time and in style. Embroidery expert Eileen Roche embroiders colorful and cool watchbands to add style to any outfit. Using versatile hardware, Carolina Moore creates the ultimate travel bag with roomy pockets for all your take-alongs. Upcycle designer Michelle Paganini has a tip for re-purposing notions and trims from resale garments.	NETA	(S)	(CC)	N/A	#1303H
11:00:00	Knit and Crochet Now! Springtime Tees Just because the weather is warm doesn't mean you have to put down your needles and hooks! Deborah is joined by Ellen Gormley who will show how to crochet up the Whole Latte Love Tee with an easy openwork yoke and textured stripes. Lena will then show how to stitch up the Knit Lace Sampler T-shirt. Ellen is in the stitch corner with the Fishbone stitch.	APTEX	(S)	(CC)	DVI	#713H
11:30:00	Fresh Quilting From Concept to Quilt The maker's vision flows through modern quilts. Using a photo, author and teacher Heather breaks the image into components, creates pattern pieces and calculates yardage to create an abstract quilt. Kara Sanders and Elizabeth Dackson talk about building a modern quilting community on line. Shannon Brinkley shares tips for cutting, fusing and stitching applique motifs.	NETA	(S)	(CC)	N/A	#112H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7012H
13:00:00	Julie Taboulie's Lebanese Kitchen Meet Me at the Market Julie is cordially inviting all of you to come and meet her at the fresh farmer's market. Besides Mama's Glorious Garden, farmer's markets are Julie's favorite places to frequent for fresh foods. She loves meeting and greeting all of the farmers, strolling around an open-outdoor market while supporting and sourcing locally sustainably foods. On today's show, this fresh farmer's market is inspiring Julie to make her marvelous makbouseh, a Lebanese-style summertime squash stew. Meaning to "mix things up," Julie's Makbouseh is a magnificent medley of fresh vegetables along with an array of amazing aromatics that slowly simmer away into a stunning and scrumptious squash stew that is sure to be a staple at your table all summer long. She also prepares and perfectly pairs her homemade and handmade Lebanese pasta tossed in a glorious garlic sauce that just sort of melts in your mouth which is famously known as macaroune b toum. Plus, Julie's first food memory, a childhood favorite of fried squash blossoms called zahrah kousa b maqlieh that Julie is whipping up just for you. Fresh from the farmer's market to a mouthwatering meal, this is one Lebanese masterpiece that you won't want to miss.	APTEX	(S)	(CC)	DVI	#103H
13:30:00	Nick Stellino: Storyteller in the Kitchen Dish to Name Chef Stellino explains the process of naming a dish after someone you love while he prepares some of his favorites. Dishes include: Maureen's farro salad (A twist on farro) / gambero al cocchio (in shell shrimp cooked in wine) / Grandma's braciolo (meat with a moist stuffing) / Aunt Buliti's strawberries (a special twist on a fresh fruit cup featuring strawberries and oranges with a very special sauce).	APTEX	(S)	(CC)	N/A	#110H
14:00:00	Taste of History When America Spoke French In the late 18th century, the French population of Philadelphia swelled as did its influence. Chef Staib delves into the stories: how they lived, worked and ate on the Champs Elysees of Philly: South Second Street. The Berley Brothers of Shane's Candy join Chef Staib to share the history of ice cream making above this centuries-old candy shop.	NETA	(S)	(CC)	N/A	#709H
14:30:00	Sara's Weeknight Meals Girlpower: Hot Young Female Chefs Sara is all about empowering women in the kitchen, whether it's at home or in a restaurant. In this show she visits two up and coming female chefs who are changing their worlds. First, Mashama Baily of Savannah's The Grey, a hot new restaurant in that city's former Greyhound Station. They cook together, and Mashama takes Sara on a cook's tour of Savannah. Back in Sara's kitchen, Amanda Cohen of New York's Dirt Candy stops by to cook her zucchini and Pasta noodles with garlicky yogurt sauce. On the side, her Kentucky lemonade spiked with a good dose of bourbon and beet juice for color. Recipes: Zucchini and pasta noodles with garlicky yogurt sauce; Kentucky lemonade.	APTEX	(S)	(CC)	N/A	#608H

Tue, Aug 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	Beads, Baubles and Jewels Getting Started In Jewelry Making	NETA	(S)	(CC)	N/A	#2201H
	With a few supplies and cold connection techniques, designer Abbi Berta quickly creates mixed media earrings. She also makes a textured cuff with a torch-fired patina to introduce metalwork. Viewer Leslie Rocha tells how her first jewelry class and love of music blossomed into a passion for making jewelry from guitar wire and picks.					
15:30:00	For Your Home Take The Plunge	APTEX	(S)	(CC)	N/A	#3101H
	Who could resist the drawn of a refreshing swimming pool on a hot summer afternoon. How complicated is it to have a pool built in your backyard? This season on FYH host Vicki Payne shares step by step the process of installing a backyard pool and spa.					
16:00:00	Biz Kid\$ Money Really Does Grow On Trees	APTEX	(S)	(CC)	N/A	#604H
	Opportunities to make money are all around you. From products to services, offline to online, and the basics to the bizarre -- this episode explores ways to bring in the bucks if you're too young to get a job. We show you how to make money even if all you have is a good attitude. Kids will walk away with some inspiration, if they're willing to exert the perspiration.					
16:30:00	Hands On Crafts for Kids At Home	NETA	(S)	(CC)	DVI	#1707H
	Become an interior designer with crafts you create. Katie shows how to light up the night with a glittery night light. Franz helps you plan and host an art gallery opening at your house. Jenny shows how to bond with your own home as you make a house from felt. Then decorate your home with a colorful garland made from the Family Craft Box. Katie uses a favorite fabric to add a bright, fresh pintuck quilted picture to any bedroom decor.					
17:00:00	P. Allen Smith's Garden Home Crystal Bridges, American Dreams	APTEX	(S)	(CC)	N/A	#1509H
	P. Allen Smith explores a place unlike any other, the Crystal Bridges Museum of American Art and visits a unique restoration project involving a rare house designed by Frank Lloyd Wright.					
17:30:00	Growing A Greener World Veteran Farmers: Jacksonville, Fl	APTEX	(S)	(CC)	N/A	#518H
	As veterans return home from war, a troubled economy can make finding jobs in the private sector even harder. Combined with the difficulties of readjusting to "normal routines" many are finding careers in organic farming to be the perfect combination of mental therapy, healthy activity, and positive reinforcement as they re-enter the workforce, just at a time when organic farmers are needed more than ever.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14162H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1208H
	Examine the smart phone's potential for better farming as Illinois folks explain how technology could benefit crops in third-world nations. Discover how soybeans became a prevalent part of our diet. Visit an unusual "farm" in California where the harvest is a glowing white crop of salt.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8097
19:30:00	Euromaxx Venetian Lagoon Islands	WNVT	(S)	(CC)	N/A	#1332H
	A microlight airplane that resembles a flying motorbike, Bizet's Carmen comes to Bregenz, orange is the new silk, Copy Kates want to look just like the Duchess of Cambridge and the Venetian lagoon.					
20:00:00	Sun Studio Sessions The Country Duo	NETA	(S)	(CC)	N/A	#810H
	The Kansas City-based Country Duo features Kasey Rausch and Marco Pascolini. Armed with guitars and a pedal steel, the Duo channels classic country sounds while crafting a contemporary Americana sound. Rausch is a 4th generation songwriter and Pascolini is a revered multi-instrumentalist. Together they blend soulful story telling with stellar musicianship. In this episode, the artists talk about their musical influences and perform several songs, including "Heavy Fog" and "Wait a Little While."					
20:30:00	Jammin at Hippie Jack's Kim Richey	NETA	(S)	(CC)	N/A	#910H
	Two-time Grammy-nominated Kim is a storyteller; a weaver of emotions and a tugger of heartstrings. Tender, poetic and aching with life's truths, Kim's songs transport you to her world, where words paint pictures and melodies touch the soul. And then there's her voice. Pure, arresting and honest, it makes you take notice; Kim has the kind of voice where if emotions were ribbons, they'd be streaming in rainbow colors from your music player.					

Daily Program Listing II

43.1

Date: 08/02/2017

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Tue, Aug 15, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Infinity Hall Live Rhiannon Giddens	APTEX	(S)	(CC)	N/A	#501H
	<p>Rhiannon Giddens' triumphant performance is fiercely loyal to her roots. During this passionately intelligent performance her bare-footed elegance and fearless banjo and fiddle playing are surpassed only by her vocal prowess. For the IHL audience Giddens offer the fervor of a spiritual on "Waterboy", the yips of a field holler on "Duncan and Jimmy" and a Gaelic-style hootenanny on "Mouth Music". Folk duo Birds of Chicago add to the harmony on "Lost on the River" from The New Basement Tapes project. Interview with Giddens.</p>					
22:00:00	20th Century Limited	NETA	(S)	(CC)	N/A	#0H
	<p>The 20th Century Limited documentary film covers a span of 65 years of operation on the New York Central Railroad. The train was the way for celebrities and business tycoons to travel between New York and Chicago, 1902-1967. Interviews, vintage film and still images provide an in depth history of America's most famous passenger train. Actor Michael Gross is the host of the program.</p>					
23:00:00	Count Me In	NETA	(S)	(CC)	N/A	#0H
	<p>At a time when voter frustration is mounting, there's finally a good news story about money and voting: COUNT ME IN highlights an innovative experiment in direct democracy that gives ordinary Chicagoans direct say over local public projects and monies. Pioneered in Chicago, participatory budgeting is rapidly spreading across the country and even the White House recently made it one of its key recommendations for open government. The first in-depth documentary about this burgeoning national movement, COUNT ME IN tells the compelling character-based stories of regular Chicagoans who are rolling up their sleeves to make an impact in their neighborhoods. The film shows residents pitch ideas for street repairs, bike lanes, or community gardens. Projects get researched, proposals crafted, and at the end, the entire community is invited to vote. Among the participants featured are Shannon Dudley, a retired IRS agent and passionate gardener; Joann Williams, a feisty community leader; and Maria Hadden, who began as a volunteer, but now teaches people in other Chicago wards how to implement participatory budgeting. But COUNT ME IN doesn't paint an overly rosy picture: power-sharing happens slowly in Chicago -- city agencies are slow to warm to the process and only a handful of aldermen have been willing to try participatory budgeting, even though residents find it empowering and a great tool for community building.</p>					

Wed, Aug 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8097
00:30:00	Euromaxx Venetian Lagoon Islands A microlight airplane that resembles a flying motorbike, Bizet's Carmen comes to Bregenz, orange is the new silk, Copy Kates want to look just like the Duchess of Cambridge and the Venetian lagoon.	WNVT	(S)	(CC)	N/A	#1332H
01:00:00	Sun Studio Sessions The Country Duo The Kansas City-based Country Duo features Kasey Rausch and Marco Pascolini. Armed with guitars and a pedal steel, the Duo channels classic country sounds while crafting a contemporary Americana sound. Rausch is a 4th generation songwriter and Pascolini is a revered multi-instrumentalist. Together they blend soulful story telling with stellar musicianship. In this episode, the artists talk about their musical influences and perform several songs, including "Heavy Fog" and "Wait a Little While."	NETA	(S)	(CC)	N/A	#810H
01:30:00	Jammin at Hippie Jack's Kim Richey Two-time Grammy-nominated Kim is a storyteller; a weaver of emotions and a tugger of heartstrings. Tender, poetic and aching with life's truths, Kim's songs transport you to her world, where words paint pictures and melodies touch the soul. And then there's her voice. Pure, arresting and honest, it makes you take notice; Kim has the kind of voice where if emotions were ribbons, they'd be streaming in rainbow colors from your music player.	NETA	(S)	(CC)	N/A	#910H
02:00:00	Infinity Hall Live Rhiannon Giddens Rhiannon Giddens' triumphant performance is fiercely loyal to her roots. During this passionately intelligent performance her bare-footed elegance and fearless banjo and fiddle playing are surpassed only by her vocal prowess. For the IHL audience Giddens offer the fervor of a spiritual on "Waterboy", the yips of a field holler on "Duncan and Jimmy" and a Gaelic-style hootenanny on "Mouth Music". Folk duo Birds of Chicago add to the harmony on "Lost on the River" from The New Basement Tapes project. Interview with Giddens.	APTEX	(S)	(CC)	N/A	#501H
03:00:00	20th Century Limited The 20th Century Limited documentary film covers a span of 65 years of operation on the New York Central Railroad. The train was the way for celebrities and business tycoons to travel between New York and Chicago, 1902-1967. Interviews, vintage film and still images provide an in depth history of America's most famous passenger train. Actor Michael Gross is the host of the program.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Count Me In At a time when voter frustration is mounting, there's finally a good news story about money and voting: COUNT ME IN highlights an innovative experiment in direct democracy that gives ordinary Chicagoans direct say over local public projects and monies. Pioneered in Chicago, participatory budgeting is rapidly spreading across the country and even the White House recently made it one of its key recommendations for open government. The first in-depth documentary about this burgeoning national movement, COUNT ME IN tells the compelling character-based stories of regular Chicagoans who are rolling up their sleeves to make an impact in their neighborhoods. The film shows residents pitch ideas for street repairs, bike lanes, or community gardens. Projects get researched, proposals crafted, and at the end, the entire community is invited to vote. Among the participants featured are Shannon Dudley, a retired IRS agent and passionate gardener; Joann Williams, a feisty community leader; and Maria Hadden, who began as a volunteer, but now teaches people in other Chicago wards how to implement participatory budgeting. But COUNT ME IN doesn't paint an overly rosy picture: power-sharing happens slowly in Chicago -- city agencies are slow to warm to the process and only a handful of aldermen have been willing to try participatory budgeting, even though residents find it empowering and a great tool for community building.	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#327
08:00:00	Zula Patrol Birds of a Feather/Bula's Heros: The Great Camouflage Caper When their space craft freezes up, the Zula Patrol makes an emergency landing in the Zula Forest near a bird's nest - with an abandoned egg! After the baby bird hatches, the ZPers decide to track down its mother, who Deliria bird-napped in order to design a flying machine for Cloid. Along the way, the Zula Patrol learns about animal adaptation and attempt to teach the little bird how to fly; only they have no luck. But when the time is right, the bird does fly, rescuing its mother and helping the Zula Patrol snare Deliria and Cloid. In his quest for control of Zula, Dark Truder shrinks Bula, Zeeter and Multo, and then puts them in a terrarium where a beetle named Bruto will keep them from escaping. Deep inside the terrarium, the ZPers meet a group of very polite insects with camouflage abilities. Bug-phobic Bula comes to like the insects and get over his phobia. The insects use their camouflage abilities to help get the ZPers past Bruto, out of the terrarium and defeat Truder.	APTEX	(S)	(CC)	N/A	#208H

Wed, Aug 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Wunderkind Little Amadeus The Glockenspiel	APTEX	(S)	(CC)	DVI	#125
	An international company of actors wants to perform in Salzburg - and Devilius wants to stop them. Amadeus knows the actors and prepares a musical number with them, using music he composed on the spur of the moment. Devilius takes drastic measures to prevent the performance. In the end, all of Salzburg cheers and Devilius plays an unexpected leading role on-stage. The Music: Opera "Bastien and Bastienne" K. 50; "Petit Marche Funebre in C" K. 453a; et al. Additional Content: Monti explains how children can research the composition of a real orchestra to the music of "A Little Serenade" on the Web site. There, children can experience the impact of shifting single members of the orchestra on the music and the relation of single instruments to the whole composition.					
09:00:00	Functional Fitness with Suzanne Andrews Osteoporosis Walking Workout	ACCES	(S)	(CC)	N/A	#303H
09:30:00	Classical Stretch: The Esmonde Technique Improve Your Posture	APTEX	(S)	(CC)	DVI	#1005H
	In this episode of Classical Stretch, join Miranda Esmonde-White for an early morning workout on the beautiful beach of Jamaica! Miranda will take you through an all-barre workout that focuses on maintaining and improving posture.					
10:00:00	Sit and Be Fit Vestibular and Core	NETA	(S)	(CC)	N/A	#1407H
	Mary Ann combines a nice mix of vestibular and core work while Gretchen reinforces the importance of gait training exercises.					
10:30:00	It's Sew Easy Take It with You	NETA	(S)	(CC)	N/A	#1304H
	Add function and style to what you carry and what you wear. Designer and author Kay Whitt shares ideas for strong and stylish handles for any purse or tote. Upcycle designer Michelle Paganini refashions a shirt, then adds color and high style with a cool double collar. Joanne Banko has a tip for making welt pockets.					
11:00:00	Knitting Daily Great Beginnings	NETA	(S)	(CC)	N/A	#1401H
	Have you ever felt at a loss when trying to start a project? Learn to choose the right yarn and fiber with Patty Lyons, and meet up with designer Cirilia Rose in her Seattle studio. Stephannie Tallent shares tips on provisional cast-ons and Tanis Gray teaches an unusual vertical slit cable. Vickie Howell wraps up Loose Ends with an easy triangle shawl that's worked tip-to-tip.					
11:30:00	Fresh Quilting Create and Recreate	NETA	(S)	(CC)	N/A	#113H
	Create it. Then recreate it. Improv quilter Victoria Findlay Wolfe precision cuts fabrics and pieces free-form. Quilt blogger, Brenda Ratliff joins Heather Grant with ideas for starting a quilting Round Robin. Designer Heather Jones enlarges a single traditional block into a full-size quilt design. She shows how to handle large pattern pieces and cuts of fabric, too.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7013H
13:00:00	Lidia's Kitchen Pasta	APTEX	(S)	(CC)	N/A	#311H
	Everybody loves pasta and so does Lidia. Today, she makes three dishes that viewers will love. Her first dish is an orecchiette with clams and zucchini, made with scallions, pepperoncino and garlic. Her spaghetti Caruso is made with a hearty sauce of mixed mushrooms, tomatoes, peas and chicken livers. She finishes with a unique dish of rigatoni with cauliflower, saffron and golden raisins.					
13:30:00	Taste The Islands with Chef Irie Sak Pase	APTEX	(S)	(CC)	N/A	#203H
	Chef Thia creates a menu reminiscent of home with a simple tomato avocado salad, Haitian tasso de dinde - turkey sauteed in white wine, djon djon mushroom rice and a passion fruit rum punch. She shares her memories of youth in the land of kreyol.					
14:00:00	Simply Ming Hawai'i - Ed Kenney	APTEX	(S)	(CC)	N/A	#1419H
	Coconuts, opah and plantains all show up in this week's dishes as Ming heads to Hawai'i. Ming catches up with chef Ed Kenney on Ma'oOrganic Farms to harvest ingredients and coconuts for a few exotic dish and drinks. Heading to the kitchen, Ming and Ed create two unique takes on traditional dishes, before sitting down to taste their Hawai'ian creations.					

Daily Program Listing II

43.1

Date: 08/02/2017

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Wed, Aug 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Cook's Country Biting Into The Big Easy	APTEX	(S)	(CC)	N/A	#911H
	Test cook Bridget Lancaster reveals the secrets to making the ultimate pork grillades. Then, tasting expert Jack Bishop challenges host Christopher Kimball to a tasting of Creole seasoning. Next, equipment expert Adam Ried reveals his top picks for slicing knives. And finally, test cook Julia Collin Davison shows Chris how to make a regional favorite, New Orleans muffuletta.					
15:00:00	Beads, Baubles and Jewels Heirloom Cabochons	NETA	(S)	(CC)	N/A	#2102H
	Using colorful fabric, blogger Mandi Ainsworth fashions cabochons to create heirlooms using a new twist on traditional techniques. Mandi makes a bezel with seed beads to create timeless pendants, bracelets and necklaces. Katie shows how to tie knots in leather strips to create a fashion-forward necklace.					
15:30:00	For Your Home Coming Along Swimmngly	APTEX	(S)	(CC)	N/A	#3102H
	When the sun is hot and there's a mountain of dirt in your backyard it might seem as if your dream pool is never going to become a reality. Host Vicki Payne shows you how to not sweat the small details and keep your eye on the prize as FYH completes their first backyard pool construction project.					
16:00:00	Biz Kid\$ Can Money Buy Happiness?	APTEX	(S)	(CC)	N/A	#605H
	Yes, if you're the one giving it away. Hear heart-warming stories of how kids identified a need in their community and used an entrepreneurial mindset to solve it. Be inspired by their ingenuity, and find out how you can do the same to make a difference by becoming a social entrepreneur.					
16:30:00	Hands On Crafts for Kids Outside and In	NETA	(S)	(CC)	DVI	#1708H
	Let's step outside and find inspiration for more projects. Store toys or hang a plant in a pail in the brightly-colored macrame hanger Katie shows how to make. Create an illustrated map of your own backyard - Franz gives you some great ideas. Jenny helps you become forest royalty in a woodland crown made of felt and found objects. Then, Katie cheerfully decorates a lightening bug jar to study some nighttime friends. Gather moss and use the Family Craft Box to create a house for friendly fairies.					
17:00:00	P. Allen Smith's Garden Home All About The Bugs	APTEX	(S)	(CC)	N/A	#1510H
	P. Allen Smith meets bugs where they live. Find out how to deal with the good, the bad and the ugly around your home and garden.					
17:30:00	Growing A Greener World Hyper Local - Heirloom Apples & Craft Beers: New Hampshire	APTEX	(S)	(CC)	N/A	#519H
	Chain grocery stores are only interested in food that ships well and stores long. That is why with over 2,500 different types of apples grown in the United States, only 6 can be found in the typical store. But by eating local and in season, we are exposed to incredible flavors not found anywhere else and we can savor the food products of creative artisans who only source local ingredients. In this episode, we visit an organic farmer who sells 70 different varieties of heirloom apples to learn the secrets of peak flavor and how we can grow some of these varieties ourselves. And we visit a nano-brewery who takes production full circle by only sourcing local grains, fruits and vegetables while repurposing all their byproducts back to local farmers.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14163H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#519H
19:00:00	NHK Newslne	APTEX	(S)	(CC)	N/A	#8098
19:30:00	In Good Shape Parkinson's Disease	WNVC	(S)	(CC)	N/A	#429H
	The symptoms of Parkinson's include tremors, stiffness and balance problems. But it can also lead to social isolation. Find out about possible treatments. Also, is butter or margarine healthier? And, can dust mites make you sick?					
20:00:00	The Lowertown Line. Bruise Violet	APTEX	(S)	(CC)	N/A	#124H

Wed, Aug 16, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#303H
<p>Artist: Master Series with Nashville Songwriters Hall of Fame Member Gretchen Peters, accompanied by Barry Walsh, and hosted by songwriter Eric Gnezda. Gretchen Peters is a member of the Nashville Songwriters Hall of Fame, and a two-time Grammy Award nominee. Her song, "Independence Day," recorded by Martina McBride, was named Country Music Association's "Song of the Year" in 1995. She has also written songs for Etta James, Trisha Yearwood, Patty Loveless, George Strait, Anne Murray, Shania Twain, Neil Diamond, and Bryan Adams, with whom she also co-writes. She collaborates, performs and records with her husband, Barry Walsh, who has worked with Roy Orbison, Waylon Jennings, Olivia Newton-John, Beth Nielsen Chapman, and Alex Chilton's Box Tops. She performs "Five Minutes," "The Cure For The Pain" and "Matador."</p>						
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#105H
<p>Performances by X Ambassadors, Steep Canyon Rangers, Wavves, Lianne LeHavas and Unknown Mortal Orchestra, with an interview by NPR's Bob Boilen and comedy from Hannibal Burress and Top Gear's Adam Ferrara.</p>						
22:00:00	Shifting Sands: on the Path to Sustainability	APTEX	(S)	(CC)	N/A	#0H
<p>For more than a century, North America's giants in manufacturing (US Steel, Standard Oil and Bethlehem Steel) and preservationists battled over a 47-mile stretch of sandy shore along Lake Michigan that contains one of the most diverse ecosystems on the planet-the Indiana Dunes region. While the factories provided jobs and contributed to the community's economic growth, they also wiped out a tremendous amount of rare habitat, and polluted the waterways. In SHIFTING SANDS: ON THE PATH TO SUSTAINABILITY, the hour-long documentary takes a look at the decades-long effort to create the Indiana Dunes National Lakeshore amid the presence of heavy industry along Lake Michigan. It also highlights the collaborative effort to clean up and restore the region. The clash over the Indiana Dunes-considered to be the birthplace of ecological science in North America-would lead to the creation of public policy with worldwide impact, and it would give the United States one of its first urban National Parks. Today, that decades-old battle has transformed into a new model of cooperation, where industrialists and environmentalists, once bitter adversaries, are now working together to steer this community toward sustainability.</p>						
23:00:00	Southwestern Gems: Our Desert National Parks	APTEX	(S)	(CC)	N/A	#0H
<p>SOUTHWESTERN GEMS: OUR DESERT NATIONAL PARKS showcases the top national parks, monuments, preserves and historic sites within the four major North American deserts. Stunning high-definition footage brings to life the majestic landscapes of The Great Basin Desert of Nevada and Utah; the Mojave Desert of California; the Sonoran Desert of Arizona; and the Chihuahuan Desert of New Mexico and Texas. The film captures the defining features and distinct character of each of these major desert areas, including the great temperature fluctuations of Great Basin National Park, the incredible cache of Jurassic-era fossils within Dinosaur National Monument, the geological riches of Death Valley National Park and the awe-inspiring spectacle of the world's largest (and oldest) living trees in Sequoia National Park. Throughout, experts, researchers and rangers from national parks guide viewers through the biology, geology and research that inspired the protection and preservation of these natural treasures.</p>						

Thu, Aug 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8098
00:30:00	In Good Shape Parkinson's Disease The symptoms of Parkinson's include tremors, stiffness and balance problems. But it can also lead to social isolation. Find out about possible treatments. Also, is butter or margarine healthier? And, can dust mites make you sick?	WNVC	(S)	(CC)	N/A	#429H
01:00:00	The Lowertown Line. Bruise Violet	APTEX	(S)	(CC)	N/A	#124H
01:30:00	Songs at the Center Artist: Master Series with Nashville Songwriters Hall of Fame Member Gretchen Peters, accompanied by Barry Walsh, and hosted by songwriter Eric Gnezda. Gretchen Peters is a member of the Nashville Songwriters Hall of Fame, and a two-time Grammy Award nominee. Her song, "Independence Day," recorded by Martina McBride, was named Country Music Association's "Song of the Year" in 1995. She has also written songs for Etta James, Trisha Yearwood, Patty Loveless, George Strait, Anne Murray, Shania Twain, Neil Diamond, and Bryan Adams, with whom she also co-writes. She collaborates, performs and records with her husband, Barry Walsh, who has worked with Roy Orbison, Waylon Jennings, Olivia Newton-John, Beth Nielsen Chapman, and Alex Chilton's Box Tops. She performs "Five Minutes," "The Cure For The Pain" and "Matador."	APTEX	(S)	(CC)	N/A	#303H
02:00:00	Live at 9:30 Performances by X Ambassadors, Steep Canyon Rangers, Wavves, Lianne LeHavas and Unknown Mortal Orchestra, with an interview by NPR's Bob Boilen and comedy from Hannibal Burress and Top Gear's Adam Ferrara.	NACC	(S)	(CC)	N/A	#105H
03:00:00	Shifting Sands: on the Path to Sustainability For more than a century, North America's giants in manufacturing (US Steel, Standard Oil and Bethlehem Steel) and preservationists battled over a 47-mile stretch of sandy shore along Lake Michigan that contains one of the most diverse ecosystems on the planet-the Indiana Dunes region. While the factories provided jobs and contributed to the community's economic growth, they also wiped out a tremendous amount of rare habitat, and polluted the waterways. In SHIFTING SANDS: ON THE PATH TO SUSTAINABILITY, the hour-long documentary takes a look at the decades-long effort to create the Indiana Dunes National Lakeshore amid the presence of heavy industry along Lake Michigan. It also highlights the collaborative effort to clean up and restore the region. The clash over the Indiana Dunes-considered to be the birthplace of ecological science in North America-would lead to the creation of public policy with worldwide impact, and it would give the United States one of its first urban National Parks. Today, that decades-old battle has transformed into a new model of cooperation, where industrialists and environmentalists, once bitter adversaries, are now working together to steer this community toward sustainability.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Southwestern Gems: Our Desert National Parks SOUTHWESTERN GEMS: OUR DESERT NATIONAL PARKS showcases the top national parks, monuments, preserves and historic sites within the four major North American deserts. Stunning high-definition footage brings to life the majestic landscapes of The Great Basin Desert of Nevada and Utah; the Mojave Desert of California; the Sonoran Desert of Arizona; and the Chihuahuan Desert of New Mexico and Texas. The film captures the defining features and distinct character of each of these major desert areas, including the great temperature fluctuations of Great Basin National Park, the incredible cache of Jurassic-era fossils within Dinosaur National Monument, the geological riches of Death Valley National Park and the awe-inspiring spectacle of the world's largest (and oldest) living trees in Sequoia National Park. Throughout, experts, researchers and rangers from national parks guide viewers through the biology, geology and research that inspired the protection and preservation of these natural treasures.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#328
08:00:00	Zula Patrol Moon Struck/Me, Myself and Io The Zula Patrol is called into action to rescue Venus from her erratic behavior in her quest to acquire a moon of her own. It's time again for Jupiterfest, the yearly celebration to honor the Solar System's Big Guy, and this year all of Jupiter's moons will take part in a talent show to cap off the day. All except Io, that is, the most volcanically active moon in the Solar System. Not only doesn't she think she's talented, but she also is embarrassed about her incessant eruptions. The Zula Patrol steps in to give Io confidence (and an act) for the talent show. Meanwhile, Dark Truder, posing as a judge for the competition, plans to take advantage of the talent show... for a chance to steal the contest's grand prize.	APTEX	(S)	(CC)	N/A	#209H
08:30:00	Wunderkind Little Amadeus Into The World The Mozarts must give an evening concert at the Bishop's palace. Amadeus' father Leopold hopes this will convince the remaining skeptics to let them play music for the English court, with Joseph Haydn's invitation. The scheming Devilius deletes the planned concert from the Bishop's calendar but Amadeus finds a way to inform the Bishop about the Mozarts' travel plans. The Music: "Piano Trio in G" K. 564; "Horn Conerto in E Flat Major" K. 417; et al. Additional Content: Monti explains chamber music, played by Leopold, Nannerl and Amadeus in this episode.	APTEX	(S)	(CC)	DVI	#126

Thu, Aug 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Vertical Ab Toner	ACCES	(S)	(CC)	N/A	#304H
09:30:00	Classical Stretch: The Esmonde Technique Anti Aging Workout In this episode of Classical Stretch, join Miranda Esmonde-White for an all-standing full-body workout designed to keep you feeling young! This zero impact cardio workout will help you burn calories while strengthening your full body.	APTEX	(S)	(CC)	DVI	#1006H
10:00:00	Sit and Be Fit Posture Mary Ann breaks down techniques to improve our posture and special guest Jeff Brooks gives us a balance exercise for the day.	NETA	(S)	(CC)	N/A	#1408H
10:30:00	It's Sew Easy Tropical Destinations Create breezy garments that are your go-to wearables for tropical destinations. Designer Angela Wolf sews a perfect t-shirt to wear alone or under a jacket. Pattern designer and fabric expert Linda Lee shares tips for sewing on sheer fabrics inspired by a beautiful silk chiffon jacket or cover up. Michelle Paganini has more upcycling tips.	NETA	(S)	(CC)	N/A	#1305H
11:00:00	Knitting Daily Thick of It Bigger is better for a quick knit or last-minute gift. Nicole Winer demonstrates how to knit a mega bulky hat and fiber artist Kait Brink chats about her meta-mega yarn project. Tanis Gray knits a fun, loopy fur stitch with chunky yarn that could become a home dec item or a doll. Becca Smith explains the magic of scale and shows how to knit with really huge needles and giant yarn.	NETA	(S)	(CC)	N/A	#1402H
11:30:00	Quilting Arts Feathers Focus on feathers. Art quilt instructor Ana Buzzalino designs, draws and free-motion quilts feathers and fills. Studio artist Susan Lenz combines fabric and fibers with a real feather to create dimensional quilt art. Quilt artist Susan Brubaker Knapp shares her favorite techniques for making realistic feathers in free motion.	NETA	(S)	(CC)	N/A	#1901H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7014H
13:00:00	The Jazzy Vegetarian Craving for Chocolate Host Laura Theodore prepares dairy- and egg-free chocolate desserts like amazing Sweet Cocoa Cupcakes, topped with a tempting Rich Chocolate Frosting. Quick Chocolate-Coconut Cake with Sweet Cherry Compote preps in a flash and tastes truly decadent. Four-Ingredient Chocolate Chip Cookies make the perfect choice for an easy cookie fix.	NETA	(S)	(CC)	DVI	#506H
13:30:00	Mike Colameco's Real Food Fung Tu/Contra We feature 2 new Lower East Side restaurants. At Fung Tu, chef Jonathan Wu is doing a sort of modern Chinese fusion putting out brilliant dishes paired with a well-curated wine courtesy of Jason Wagner. A few blocks north, opened in 2014 Contra was a trailblazer with set \$55 dollar five course tasting menu from chefs Jeremiah Stone and Fabian von Hauske and in 2015 they opened their new wine bar Wildair next door offering small plates and all natural wines by the glass.	NETA	(S)	(CC)	N/A	#1420H
14:00:00	Joanne Weir Gets Fresh Brassicas Joanne shines a light on winter vegetables, which often take a back seat to their summertime counterparts. She'll also take us to a butcher chop called Thistle Meats, and stop by a quintessential Italian market. With her student, she'll show how to make Broccoli Soup with Prosciutto Crisps, Whole Roasted Cauliflower with Anchoiade, and Herb Grilled Lamb Chops. Recipes: Broccoli Soup with Prosciutto di San Daniele Crisps, Whole Roasted Cauliflower with Mint Anchoiade, Herb Grilled Lamb Chops. Student: Sarah Van Patten.	APTEX	(S)	(CC)	N/A	#101H
14:30:00	New Scandinavian Cooking Southern Norway: Smoke and Water On a brisk winter day, host Andreas Viestad travels to Vestfold in Southern Norway at the peak of the brisling sardine season. Inspired by Scandinavian tradition, Andreas catches and then smokes the little fish.	APTEX	(S)	(CC)	N/A	#211H
15:00:00	Beads, Baubles and Jewels Beading with Friends It's fun to bead with friends. With a color palette for inspiration, Erin Prais-Hintz spills her beading secrets as she and Katie plan a beading party and give you more ideas for jewelry-making get-togethers. Katie uses vintage-style sliders to make glamorous chandelier earrings.	NETA	(S)	(CC)	N/A	#2203H

Thu, Aug 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	For Your Home Bungalow Blowout	APTEX	(S)	(CC)	N/A	#3103H
	It can be really expensive to fall in love with a neighborhood especially a trendy one filled with small, out of date houses. FYH tackles the renovation of a 1920's arts and crafts bungalow in a five-part mini series. In this first episode, viewers will meet the homeowners, architects, builder and experience the process of designing the new spaces.					
16:00:00	Biz Kid\$ Financial Freedom	APTEX	(S)	(CC)	N/A	#606H
	Ever try to get to a new destination without looking up the directions? You'll never get rich if you don't set a goal and create a roadmap. Find out how to set financial goals, and stick to them, and how to avoid the pitfalls and dangers of getting sidetracked on your journey to making millions.					
16:30:00	Hands On Crafts for Kids Make Believe	NETA	(S)	(CC)	DVI	#1709H
	Leave the ordinary behind and enter the world of make-believe. Create a magical fairy garden with Katie, then Franz shows how to take your paper art work from two to three dimensions. Jenny creates golden coins to swap and trade and then she and Katie make a gift extra special with a stenciled rocket gift bag. Cast a spell with a magic wand or gleaming sword created by adding feathers and jewels to the Family Craft Box.					
17:00:00	P. Allen Smith's Garden Home Pura Vida, Costa Rica	APTEX	(S)	(CC)	N/A	#1511H
	P. Allen Smith visits one of the five Blue Zones in the world, Costa Rica, to see if there really is a secret to living longer.					
17:30:00	Growing A Greener World Winter Greenhouse School: Manhattan, Ny	APTEX	(S)	(CC)	N/A	#520H
	We visit a public school in the heart of NYC that uses a rooftop greenhouse to teach lessons in sustainability and environmental stewardship.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14164H
18:30:00	Consuelo Mack Wealthtrack Etf Dominance?	APTEX	(S)	(CC)	N/A	#1408H
	Guest: Matt Hougan, CEO, Inside ETFs. This week's Consuelo Mack WealthTrack features ETF expert Matt Hougan, who explains why "the gig is up" for mutual funds as passive, exchange-traded funds outperform and attract record amounts of money.					
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8099
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1013H
20:00:00	Backstage Pass Donald Kinsey with the Dewaynes - Encore	NETA	(S)	(CC)	N/A	#712H
	Back for an encore presentation, Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to "The Sky is Crying" and "Jamming." Recorded at Michigan BluesFest 2015 historic Old Town.					
20:30:00	Music Voyager The Bahamas - Junkanoo Celebration	APTEX	(S)	(CC)	N/A	#606H
	Their journey to the The Bahamas begins in Nassau, the capital city, during the annual Junkanoo celebrations that take place between Boxing Day (December 26th) and New Year's Day. During this period the city explodes with vibrant color and celebratory music, as revelers dressed in elaborate costumes parade down the streets dancing to the African-rooted rhythms of Bahamian music. The energy is infectious and the Music Voyager team find themselves wanting to learn more about the roots of Junkanoo and what it tells about the history and people of The Bahamas. They visit the Junkanoo Museum, try on a traditional costume, and even join in a rehearsal, trading licks with the Colours marching band. An exploration of Junkanoo takes them into the mysteries of the past, yet also demonstrates how the people of today's Bahamas are working to keep their own unique traditions going strong far into the future.					
21:00:00	Xerox Rochester International Jazz Festival Mike Murley Trio	APTEX	(S)	(CC)	N/A	#806H
	An engaging, lyrical saxophonist, Mike Murley is one of Canada's finest jazz talents and one of the most versatile players on the scene today. Currently active as a leader in various formations from duo to septet, Murley also maintains a busy schedule as a sideman and jazz educator (University of Toronto). He has played on 11 Juno Award-winning recordings since 1991, and was also named saxophonist of the year eight times by the Jazz Report Awards/National Jazz Awards.					

Daily Program Listing II
43.1

Date: 08/02/2017

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Thu, Aug 17, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Variety Studio: Actors On Actors Thandie Newton (Westworld) and Oprah Winfrey (The Immortal Life of Henrietta Lacks), Kevin Bacon (I Love Dick) and John Lithgow (The Crown), Sarah Jessica Parker (Divorce) and Michelle Pfeiffer (The Wizard of Lies), Freida Pinto (Guerrilla) with Milo Ventimiglia (This is Us), and Lauren Graham (Gilmore Girls) with Constance Zimmer (UnREAL).	NETA	(S)	(CC)	N/A	#601H
23:00:00	Stories of the Mind Inside Schizophrenia Three people with schizophrenia share their powerful stories to challenge perceptions of living with this mental illness.	NETA	(S)	(CC)	N/A	#112H
23:30:00	Dancedance/Re-Volution	NETA	(S)	(CC)	N/A	#0H

Fri, Aug 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8099
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1013H
01:00:00	Backstage Pass Donald Kinsey with the Dewaynes - Encore	NETA	(S)	(CC)	N/A	#712H
	Back for an encore presentation, Donald Kinsey, son of blues great Big Daddy Kinsey, brings a deeply rooted blues vibe to the stage with his infectious guitar playing and undeniable groove. Joining Kinsey are the Dewaynes featuring Craig "Griff" Griffith on harmonica and vocals. Together they jam to "The Sky is Crying" and "Jamming." Recorded at Michigan BluesFest 2015 historic Old Town.					
01:30:00	Music Voyager The Bahamas - Junkanoo Celebration	APTEX	(S)	(CC)	N/A	#606H
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02:00:00	Xerox Rochester International Jazz Festival Mike Murley Trio	APTEX	(S)	(CC)	N/A	#806H
	An engaging, lyrical saxophonist, Mike Murley is one of Canada's finest jazz talents and one of the most versatile players on the scene today. Currently active as a leader in various formations from duo to septet, Murley also maintains a busy schedule as a sideman and jazz educator (University of Toronto). He has played on 11 Juno Award-winning recordings since 1991, and was also named saxophonist of the year eight times by the Jazz Report Awards/National Jazz Awards.					
03:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#601H
	Thandie Newton (Westworld) and Oprah Winfrey (The Immortal Life of Henrietta Lacks), Kevin Bacon (I Love Dick) and John Lithgow (The Crown), Sarah Jessica Parker (Divorce) and Michelle Pfeiffer (The Wizard of Lies), Freida Pinto (Guerrilla) with Milo Ventimiglia (This is Us), and Lauren Graham (Gilmore Girls) with Constance Zimmer (UnREAL).					
04:00:00	Stories of the Mind Inside Schizophrenia	NETA	(S)	(CC)	N/A	#112H
	Three people with schizophrenia share their powerful stories to challenge perceptions of living with this mental illness.					
04:30:00	Dancedance/Re-Volution	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#329
08:00:00	Zula Patrol A Friend Named Breezy/Erosion Today, Gone Tomorrow	APTEX	(S)	(CC)	N/A	#210H
	Wizzy and Zeeter befriend BREEZY, a gentle breeze, and learn all about wind. When they help Breezy become a bigger wind, she gets used by DELIRIA and CLOID, who want to blow down Zula Patrol Headquarters - but Zeeter and Wizzy get their friend Breezy to stop just in time. During a fun day at the beach, the ZPers are impressed when Gorga snorts out a huge sandcastle that's a replica of a real eroding stone castle on a nearby cliff. On exploring Gorga's creation, they get lost inside it and meet a 400-year old knight and his pet dragon - both made entirely of sand! The real challenge comes in trying to find their way out of the sandcastle before it erodes from the tide and collapses around them.					
08:30:00	Thomas Edison's Secret Lab Nicky's Compass Goes South/A Gem of a Deal	APTEX	(S)	(CC)	N/A	#101H
	Compass: When the SECRET LAB KIDS head off to rescue some stranded hikers with the aid of Nicky's cell phone compass her battery fizzles out and the team must return to the lab and build a conventional compass. Gem: When a con artist purchases Nicky's granny's house for a fake gemstone necklace, the SECRET LAB KIDS must learn about minerals in order to save granny from ruin.					
09:00:00	Functional Fitness with Suzanne Andrews Osteoporosis Back Strength and Stretch	ACCES	(S)	(CC)	N/A	#305H

Fri, Aug 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Power Up Your Legs	APTEX	(S)	(CC)	DVI	#1007H
	In this episode of Classical Stretch, join Miranda Esmonde-White on the white sandy beaches of Jamaica. This all-barre workout focuses on strengthening your legs and will make you feel lighter in just 30 minutes!					
10:00:00	Sit and Be Fit Breathing	NETA	(S)	(CC)	N/A	#1409H
	Mary Ann offers several techniques to develop healthy breathing habits.					
10:30:00	It's Sew Easy Travel In Style	NETA	(S)	(CC)	N/A	#1306H
	Be prepared for temperature changes indoors and out. Couture designer Angela Wolf sews a fashion-forward circle sweater with trendy peek-a-boo shoulders. Embroidery expert Eileen Roche captures travel memories in colorful embroidered patches using the most advanced embroidery technology. Sewing educator Joanne Banko has a tip for making an elegant evening bag to pack and take anywhere.					
11:00:00	Knitting Daily Transitional Knits	NETA	(S)	(CC)	N/A	#1403H
	Knitwear is for every season. Designer Andi Smith teaches a bi-colored cable cowl for when it's too warm for a scarf. Knitted miniatures-maker Althea Crome creates the tiniest knits around. Transition to boot weather with Stephannie Tallent and the beautiful textures of Aran lace. Tanis Gray knits filigree cables lace and Vickie Howell shares a mesh stitch for a market bag.					
11:30:00	Quilting Arts Working from Photos	NETA	(S)	(CC)	N/A	#1902H
	A picture is worth a thousand words. Photographs inspire free-form collage artist Ellen Lindner. She interprets her photos to create compelling wall hangings. Landscape quilt artist Ann Loveless uses basic design principles to translate outdoor photos into lush art quilts.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7015H
13:00:00	Ellie's Real Good Food Sweet Tooth Satisfiers	APTEX	(S)	(CC)	N/A	#108H
	Does sugar have you in its thrall? Ellie helps one family tackle their sugar quandary so they can continue to do the baking they love in a healthier way without sacrificing flavor. Recipes: Crispy French toast fingers with blueberry maple sauce; Banana bread with chocolate drizzle; Coconut date balls. 3 Ingredient Recipe: Cherry chocolate haystacks.					
13:30:00	Kevin Dundon's Modern Irish Food Simple Delights	APTEX	(S)	(CC)	N/A	#107H
	Kevin prepares a caramelized Dunmore East scallop tart served with a simple rocket salad; warm roasted garlic cottage pie; quick orzo pasta risotto; and sourdough bread. Finally, a heather-infused buttermilk pannacotta with honey.					
14:00:00	Chef John Besh's New Orleans Chilled Tomato Soup with Tapenade, Trout Amandine, and Buttermilk Panna Cotta.	APTEX	(S)	(CC)	DVI	#113H
14:30:00	Essential Pepin Souper Soups for Supper	APTEX	(S)	(CC)	DVI	#120H
	Tomato Chowder With Mollet Eggs; Black Bean Soup With Bananas; Garlic Soup; Onion Soup Lyonnaise-Style; Consomme.					
15:00:00	Beads, Baubles and Jewels Trendspotting: Parachute Cord & Flowers	NETA	(S)	(CC)	N/A	#2204H
	Using parachute cord in a whole new way, author Ashley Bunting adds beads from her stash to make a charming, colorful floral brooch. Katie rides the floral jewelry wave with pendants made with leather flowers, wire and crystals.					
15:30:00	For Your Home Getting Dirty	APTEX	(S)	(CC)	N/A	#3104H
	With building plans in place Vicki and her FYH team of professionals begin the demolish process of the existing bungalow. The foundation for the new addition is completed and the builder discovers extensive termite damage. Homeowners work through budgets and product selections for their bungalow.					

Fri, Aug 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ What Is A Biz Kid? You'll learn that anybody can be a Biz Kid with effort and the right attitude. Biz Kids identify a need, make a plan, and take action. Join us and you'll meet a skateboard designer, a rap music producer, a boy who started a rock-a-thon to raise money for hospital rocking chairs, and more. You'll also discover the entrepreneur who built a wildly successful garden products business on ... worm poop. All successful. All Biz Kids.	APTEX	(S)	(CC)	DVI	#101H
16:30:00	Hands On Crafts for Kids Growing and Building Living things inspire us to create and to craft. Jenny and Katie craft together to make a special pot decorated with glittery sea creatures. Franz takes art outdoors as he designs, lays out and plants a character image for the garden. Bloggers share great ideas for creating a cactus that won't be prickly or making a quick and easy super turtle figure. Katie shows how to create colorful greeting cards and artwork for family and friends then uses supplies in the Family Craft Box to erect buildings or make whimsical bug cars.	NETA	(S)	(CC)	DVI	#1710H
17:00:00	P. Allen Smith's Garden Home Mighty Micros P. Allen Smith explores the little touches that make a big impact around the home and garden.	APTEX	(S)	(CC)	N/A	#1512H
17:30:00	Growing A Greener World The Seed Farmer; Dr. John Navazio-The Organic Seed Alliance: Port Townsend, Home gardeners are increasingly drawn to heirloom seeds for their unusual flavors, colors and of course, their cultural heritage. But many do not realize that unless the seeds of those heirloom and open pollinated plants are grown out properly, the genetics are lost forever. In this episode, we visit the Organic Seed Alliance and meet Dr. John Navazio - one of the pioneers in preserving the cultural heritage of our garden seed supply. We learn all about seed stewardship, why it is important and what we can do in our own backyards to help preserve these special plants for many more generations to come.	APTEX	(S)	(CC)	N/A	#521H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14165H
18:30:00	Euromaxx Venetian Lagoon Islands A microlight airplane that resembles a flying motorbike, Bizet's Carmen comes to Bregenz, orange is the new silk, Copy Kates want to look just like the Duchess of Cambridge and the Venetian lagoon.	WNVT	(S)	(CC)	N/A	#1332H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8100
19:30:00	Global 3000 USA: Hunting for Illegal Aliens The fate of migrants from Mexico and Senegal, and the rift in British society, which has come to light in London.	WNVC	(S)	(CC)	N/A	#931H
20:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Dixie Trio / Heather Berry & Tony Mabe / The	NETA	(S)	(CC)	N/A	#1203H
21:00:00	Woodsongs Charlie Musselwhite/Gill Landry Charlie Musselwhite is one of the most revered blues musicians in the world. The harmonica master, also is a respected singer and songwriter in his own right. He has won countless awards during his legendary career including induction into the Blues Hall of Fame and collaborated with innumerable musical giants of the past 50 years including Howlin' Wolf, Muddy Waters, Big Joe Williams, Little Walter, Sonny Boy Williamson, Tom Waits, Eddie Vedder and Ben Harper, just to name to name a few. His latest I Ain't Lyin' is all Charlie - original tunes penned by this Grammy winning master that resonate with the South itself. Gill Landry is a songwriter and multi-instrumentalist from Louisiana. After cutting his musical teeth busking in New Orleans and chewing up half of America, he started writing on guitar, banjo, pedal steel, and been a contributing songwriter in Old Crow Medicine Show since 2004. Although Gill's music is influenced by some of the same sources as Old Crow, from Dylan to old delta blues songsters, his music is very much his own. Gill's self titled third album is his first on the ATO label.	NETA	(S)	(CC)	N/A	#1808H
22:00:00	Film School Shorts Behind Closed Doors In Busted on Brigham Lane, a young girl gets creative as she attempts to convince her estranged father to attend her 18th birthday celebration. Directed by Talibah Newman. Followed by Expiration Date, where fridge foods come to life to fight a zombie apocalypse. Directed by Sarah Tejada.	NETA	(S)	(CC)	N/A	#409H

Daily Program Listing II

43.1

Date: 08/02/2017

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Fri, Aug 18, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:30:00	On Story A Conversation with Jim Sheridan	NETA	(S)	(CC)	N/A	#711H
	Heavily-influenced by politics and family, the screenwriter of In the Name of the Father, My Left Foot, In America, and more discusses his efforts to do justice to Irish fathers, and translate Irish situations and accents for American audiences.					
23:00:00	Science Goes to the Movies Teenagers	EPS	(S)	(CC)	N/A	#407H
	Guest: Dr. Karen Sorens. Movie: Spiderman. Teens in movies are just as complicated as they are in real life. Columbia University's Director of Adolescent Medicine, Dr. Karen Sorens joins us to discuss Spiderman and teenagers' not-so-secret desire to be a superhero.					
23:30:00	Theater Talk Miss Saigon Revival	EPS	(S)	(CC)	N/A	#1020H
	Guests: Miss Saigon co-librettist & co-lyricist Alain Boublil, composer & co-librettist Claude-Michel Schonberg.					

Sat, Aug 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newslines	APTEX	(S)	(CC)	N/A	#8100
00:30:00	Global 3000 USA: Hunting for Illegal Aliens The fate of migrants from Mexico and Senegal, and the rift in British society, which has come to light in London.	WNVC	(S)	(CC)	N/A	#931H
01:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Dixie Trio / Heather Berry & Tony Mabe / The	NETA	(S)	(CC)	N/A	#1203H
02:00:00	Woodsongs Charlie Musselwhite/Gill Landry Charlie Musselwhite is one of the most revered blues musicians in the world. The harmonica master, also is a respected singer and songwriter in his own right. He has won countless awards during his legendary career including induction into the Blues Hall of Fame and collaborated with innumerable musical giants of the past 50 years including Howlin' Wolf, Muddy Waters, Big Joe Williams, Little Walter, Sonny Boy Williamson, Tom Waits, Eddie Vedder and Ben Harper, just to name to name a few. His latest I Ain't Lyin' is all Charlie - original tunes penned by this Grammy winning master that resonate with the South itself. Gill Landry is a songwriter and multi-instrumentalist from Louisiana. After cutting his musical teeth busking in New Orleans and chewing up half of America, he started writing on guitar, banjo, pedal steel, and been a contributing songwriter in Old Crow Medicine Show since 2004. Although Gill's music is influenced by some of the same sources as Old Crow, from Dylan to old delta blues songsters, his music is very much his own. Gill's self titled third album is his first on the ATO label.	NETA	(S)	(CC)	N/A	#1808H
03:00:00	Film School Shorts Behind Closed Doors In Busted on Brigham Lane, a young girl gets creative as she attempts to convince her estranged father to attend her 18th birthday celebration. Directed by Talibah Newman. Followed by Expiration Date, where fridge foods come to life to fight a zombie apocalypse. Directed by Sarah Tejada.	NETA	(S)	(CC)	N/A	#409H
03:30:00	On Story A Conversation with Jim Sheridan Heavily-influenced by politics and family, the screenwriter of In the Name of the Father, My Left Foot, In America, and more discusses his efforts to do justice to Irish fathers, and translate Irish situations and accents for American audiences.	NETA	(S)	(CC)	N/A	#711H
04:00:00	Science Goes to the Movies Teenagers Guest: Dr. Karen Sorens. Movie: Spiderman. Teens in movies are just as complicated as they are in real life. Columbia University's Director of Adolescent Medicine, Dr. Karen Sorens joins us to discuss Spiderman and teenagers' not-so-secret desire to be a superhero.	EPS	(S)	(CC)	N/A	#407H
04:30:00	Theater Talk Miss Saigon Revival Guests: Miss Saigon co-librettist & co-lyricist Alain Boublil, composer & co-librettist Claude-Michel Schonberg.	EPS	(S)	(CC)	N/A	#1020H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#330
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Shimmering Pond A white heron flying up from a moonlit pond highlights Gary's creation of this beautiful, fairytale painting design. In the background, Gary paints a dusky glowing atmosphere and luminous stars to complete his composition.	APTEX	(S)	(CC)	N/A	#505H
08:30:00	Painting with Wilson Bickford Soaring Eagle, Part 1 Against a sky full of fluffy clouds, an eagle soars high above a forest canopy. In Part 1, Wilson shows how to mask out the bird, and starts the background scene.	NETA	(S)	(CC)	N/A	#212H
09:00:00	Landscapes Through Time with David Dunlop The Tide Pools at Winslow Homer Prouts Neck, Maine David visits another location on the rocky shores of Prouts Neck, Maine, where the famously enigmatic Winslow Homer (1836-1910) lived for the final 27 years of his life and painted some of his most recognizable, theatrical, and iconic seascapes. David explores the calm tide pools swirling around the rocky shores and discusses Homer's techniques and palette as he paints an oil painting of the shores of Maine from the rocks.	NETA	(S)	(CC)	DVI	#207H

Sat, Aug 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Triceps and Arms In this episode of Classical Stretch, join Miranda Esmonde-White in a charming park overlooking the ocean in Jamaica! This allstanding workout is intended to strengthen and slenderize your arms!	APTEX	(S)	(CC)	DVI	#1008H
10:00:00	Sit and Be Fit Back Health Mary Ann introduces new exercises to gently loosen the thoracic spine with subtle shoulder and back movements.	NETA	(S)	(CC)	N/A	#1410H
10:30:00	Functional Fitness with Suzanne Andrews Arthritis Relief	ACCES		(CC)	N/A	#105H
11:00:00	Delicious TV's Vegan Mashup It's Bean Wonderful Fear not the bean. They're a power packed food with fiber protein and important minerals. We dish out three nutritious, delicious bean recipes that will get your taste buds singing. Toni Fiore is making Caramelized Onion and Cannellini Bean Flatbread and a Quick Vegan Parm. Miyoko Schinner is making Moroccan Lentil and Spinach Pancakes with Spiced Date Chutney. Special Guest Allison Carroll Duffy makes Refrigerator Pickles-Dillie Beans.	NETA	(S)	(CC)	DVI	#303H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless Examining The Yucatan's Abundant Natural Resources The salt marshes of Celestun and a seaside octopus farm are unlikely places for a chef to get inspired. But Chef Roberto Solis' approach to food has always been a little different - just see the menu of his revered restaurant Nectar in Merida, which continues to charm and dazzle. In Nectar's kitchen, Roberto shows Rick how to make three of his restaurant's favorite dishes: cebollas negras, poc chuc de pulpo and deeply satisfying crispy, seared pork belly with grilled pineapple and tomatillo. At home, Rick prepares tostadas of charred octopus and escabeche, plus a succulent slow cooker red chile pork belly with braised kale. To finish it off, Rick makes manjar blanco, a traditional Yucatecan coconut dessert.	APTEX	(S)	(CC)	N/A	#1113H
12:00:00	Lidia's Kitchen My Favorite Braises Braising is a preferred technique in Lidia's kitchen and today she prepares one rich braised meat dish, along with two braised vegetable choices for the home cook. Recipes include: beef braised in barolo; a braised kale with bacon; and finally braised cauliflower.	APTEX	(S)	(CC)	N/A	#419H
12:30:00	Moveable Feast with Fine Cooking Nashville, Tennessee It's a country-style feast in the heart of Nashville, one of America's music meccas, on this episode of Moveable Feast with Fine Cooking. Host Pete Evans hits the road with Nashville food legends Matt Bolus and Trevor Moran. First stop is the Rocky Glade Farm in Eagleville where Pete learns about this local family farm and sources fresh produce for the night's feast. Then they head to Wedge Oak Farm in Lebanon to collect eggs, mushrooms, and duck -- and where all of the cooking and dining takes place. The menu features, baby collards and swiss chard salad with gribiche and grilled onions; grilled suckling pig stuffed with green onions and green garlic; fire-grilled vegetables with sorrel salsa verde and smoked farm eggs; wood-fired roasted duck with wild farm greens and beer yeast sauce, served with fried duck eggs; and chamomile ice cream for dessert.	APTEX	(S)	(CC)	N/A	#310H
13:00:00	Two for the Road Journey to the End of the World Nik and Dusty leave their home in Texas and set out for the "city at the end of the world," where they hop on board a Russian research ship bound for Antarctica. Part 1 of 2.	NETA	(S)	(CC)	N/A	#101H
13:30:00	Mineral Explorers Bolivia A journey into the jungles of eastern Bolivia takes us deep underground into the Anahi Mine, world renowned for its production of amethyst and ametrine. The adventure begins 400 miles away in the bustling city of Santa Cruz, followed by a scenic but harrowing trip by boat through the Pantanal wetlands to the mine. Then it's deep underground to discover the minerals and their myths. See how amethyst and ametrine are mined, watch their transformation from gems in the rough to gemstones, and experience the world's largest-known gem pocket. Minerals featured in this episode: Amethyst and Ametrine.	NETA	(S)	(CC)	DVI	#101H
14:00:00	Rick Steves' Europe Rome: Back-Street Riches In this third of three episodes on the Eternal City, we explore this grand metropolis-so rich in art and culture-on a more intimate scale, delving into its back lanes and unheralded corners. Venturing through the crusty Trastevere district, visiting the historic Jewish Ghetto, and enjoying art treasures in a string of rarely visited churches, we uncover charms of hidden Rome that compete with its marquee sights.	APTEX	(S)	(CC)	N/A	#703H

Sat, Aug 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Tanzania: The Last Stone Age Tribe Richard Wiese journeys to Tanzania to meet its people, rich cultures and amazing wildlife. He descends into the Ngoro Ngoro Crater and comes face-to-face with lions, elephants, and hippos. Richard then travels deep into the Serengeti bush for a rare encounter with a little-known Stone Age tribe called the Hadza. Only a few hundred Hadzabe remain today, living a remote and primitive existence. Richard joins the men on a hunt with only bows and arrows in their daily search for food.	APTEX	(S)	(CC)	N/A	#123H
15:00:00	Garden Smart In the South in early days, many of the gardens were English influenced. Adapting those plants to the hot, humid South presented issues. But one very talented gardener has endured many years with these gardens, and her results are spectacular. We enjoyed filming this show; think you'll enjoy watching. Be sure to tune in.	NETA	(S)	(CC)	N/A	#4707H
15:30:00	Baby Makes 3 All Star Baby After 18 years together including taking in a special needs teenager, Schrita and Shante welcome a baby of their own. Sports brings them all together.	APTEX	(S)	(CC)	N/A	#203H
16:00:00	Conversations in the Digital Age with Jim Zirin Should Trump Be So Quick to Establish Good Relations with Putin? Guest: Thomas E. Graham, Kissinger Associates. Obama thought he would "reset" relations with the Russians; yet they deteriorated to the lowest level since the Cold War. Can the U.S. salvage the relationship? Is the election hack an insuperable barrier? Tom Graham, former Senior Director for Russia on the National Security Council, and Special Assistant to President Bush 43, who is in the mix for Trump's Ambassador to Russia, tells Jim Zirin that our way forward with Putin must be a multi-pronged approach.	EPS	(S)	(CC)	N/A	#108H
16:30:00	Overheard with Evan Smith Mary Lynn Rajsclub, Comedian and Actress Mary Lynn Rajsclub is a comedian and actress, best known for playing Chloe on Fox's super-popular series 24. She has also appeared on 2 Broke Girls, Californication, Arrested Development, Mr. Show, and as a regular panelist on Chelsea Lately. Rajsclub has also been seen in movies, including Safety Not Guaranteed and The Kings of Summer.	NETA	(S)	(CC)	N/A	#603H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Fly Rod Makers Host Eric Gorges and master bamboo fly rod makers, Jeff Wagner and Casimira Orlowski, make a rod together, underscoring Eric's belief that "a bad day of fishing is better than a good day at work."	APTEX	(S)	(CC)	N/A	#312H
18:00:00	Focus On Europe Chinese Invasion In Greece More and more retirees in Germany are living below the poverty line. Unused housing in Spain has begun attracting squatters.	WNVC	(S)	(CC)	N/A	#3532H
18:30:00	The Open Mind Rust Belt Populism Guest: John Fetterman. John Fetterman, Mayor of Braddock, PA, discusses authentic solutions to serve the public.	NETA		(CC)	N/A	#3803H
19:00:00	Closer to Truth What Could Esp Mean? Extrasensory perception (ESP) probes reality. If ESP does not exist, then today's physical world may be all there is. If ESP does exist, then reality may go beyond the physical world. But can ESP be tested by science?	EPS	(S)	(CC)	N/A	#1507H
19:30:00	American Forum A Conservative Journalist On Real News? RICH LOWRY, editor of the conservative NATIONAL REVIEW, on the debate about alternative facts, partisan journalism, and fake news.	NETA	(S)	(CC)	N/A	#239H
20:00:00	Infinity Hall Live Dave Mason Dave Mason, a Rock and Roll Hall of Famer as a founding member of Traffic, and a hit solo artist in the 1970s, performs a rousing concert of his hits "Dear Mr. Fantasy," "Rock and Roll Stew," "Feelin' Alright," "Only You Know and I Know" and "We Just Disagree." The English singer songwriter and guitarist is joined by his own band on the Infinity Hall stage.	APTEX	(S)	(CC)	N/A	#606H

Sat, Aug 19, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
21:00:00	Front and Center Dawes	APTEX	(S)	(CC)	N/A	#708H
	Folk-rock band Dawes take the stage for a performance of both old and new material. The band, comprised of brothers Taylor and Griffin Goldsmith, Wylie Gelber, and Lee Pardini, formed in 2009 from the band Simon Dawes after the departure of their co-songwriter. Their last two albums All Your Favorite Bands (2015) and self-released We're All Gonna Die (2016) have reached No. 1 on the Billboard Folk Chart. Dawes performs new songs "Tequila," "One of Us," and "Roll with the Punches," as well as hits such as "Little Bit" and "When My Time Comes."					
22:00:00	Globe Trekker Delhi & Agra	APTEX	(S)	(CC)	N/A	#1620H
	Delhi is an incarnation of seven cities all born out of a bloody history. It is a city teeming with extraordinary life flowing through the 22 million+ Hindu and Muslim inhabitants who make India's capital one of the most vibrant in the world. It's also what attracts Globe Trekker Ian Wright to explore Delhi's old quarters, bargain bazaars, Imperial Mughai monuments, and last remaining outposts of British occupation. In this lively city guide, Ian takes in spectacular visits to the Taj Mahal in Agra, and the holy town of Haridwar in Uttarakhand.					
23:00:00	Arts In Context Rude Mechs	NETA		(CC)	N/A	#504H
	Since 1995, Rude Mechs have created original theatrical productions that represent a genre-defying cocktail of big ideas, cheap laughs, and dizzying spectacle. While fostering a truly collaborative environment - there are no individual leaders or directors - Rude Mechs has jumped into the national spotlight as one of the most innovative and subversive acting companies in the country. Their generous creative spirit also led them to create Girl Action, a year-round arts mentoring program for teenage girls. This "punk theater" ensemble was borne out of a desire for a truly collaborative environment, which has also led to their management of a multi-arts space for the artistic community.					
23:30:00	Ecosense for Living Great Smoky Mountains National Park and the Atlanta Coyote Project	NETA	(S)	(CC)	N/A	#203H
	Great Smoky Mountains National Park is the most heavily visited park in the country. The sheer volume of people generates a lot of trash and food waste that tempt the park's mascot, the black bear. Unfortunately, this can mean dangerous encounters for visitors and trauma or death to the bears. Park biologists show us how they manage bears and humans to keep both safe, including the latest in bear DNA research. Then we learn about the wily ways of coyotes in the suburbs, using hidden cameras from the Atlanta Coyote Project.					

Sun, Aug 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Closer to Truth What Could Esp Mean? Extrasensory perception (ESP) probes reality. If ESP does not exist, then today's physical world may be all there is. If ESP does exist, then reality may go beyond the physical world. But can ESP be tested by science?	EPS	(S)	(CC)	N/A	#1507H
00:30:00	American Forum A Conservative Journalist On Real News? RICH LOWRY, editor of the conservative NATIONAL REVIEW, on the debate about alternative facts, partisan journalism, and fake news.	NETA	(S)	(CC)	N/A	#239H
01:00:00	Infinity Hall Live Dave Mason Dave Mason, a Rock and Roll Hall of Famer as a founding member of Traffic, and a hit solo artist in the 1970s, performs a rousing concert of his hits "Dear Mr. Fantasy," "Rock and Roll Stew," "Feelin' Alright," "Only You Know and I Know" and "We Just Disagree." The English singer songwriter and guitarist is joined by his own band on the Infinity Hall stage.	APTEx	(S)	(CC)	N/A	#606H
02:00:00	Front and Center Dawes Folk-rock band Dawes take the stage for a performance of both old and new material. The band, comprised of brothers Taylor and Griffin Goldsmith, Wylie Gelber, and Lee Pardini, formed in 2009 from the band Simon Dawes after the departure of their co-songwriter. Their last two albums All Your Favorite Bands (2015) and self-released We're All Gonna Die (2016) have reached No. 1 on the Billboard Folk Chart. Dawes performs new songs "Tequila," "One of Us," and "Roll with the Punches," as well as hits such as "Little Bit" and "When My Time Comes."	APTEx	(S)	(CC)	N/A	#708H
03:00:00	Globe Trekker Delhi & Agra Delhi is an incarnation of seven cities all born out of a bloody history. It is a city teeming with extraordinary life flowing through the 22 million+ Hindu and Muslim inhabitants who make India's capital one of the most vibrant in the world. It's also what attracts Globe Trekker Ian Wright to explore Delhi's old quarters, bargain bazaars, Imperial Mughai monuments, and last remaining outposts of British occupation. In this lively city guide, Ian takes in spectacular visits to the Taj Mahal in Agra, and the holy town of Haridwar in Uttarakhand.	APTEx	(S)	(CC)	N/A	#1620H
04:00:00	Arts In Context Rude Mechs Since 1995, Rude Mechs have created original theatrical productions that represent a genre-defying cocktail of big ideas, cheap laughs, and dizzying spectacle. While fostering a truly collaborative environment - there are no individual leaders or directors - Rude Mechs has jumped into the national spotlight as one of the most innovative and subversive acting companies in the country. Their generous creative spirit also led them to create Girl Action, a year-round arts mentoring program for teenage girls. This "punk theater" ensemble was borne out of a desire for a truly collaborative environment, which has also led to their management of a multi-arts space for the artistic community.	NETA		(CC)	N/A	#504H
04:30:00	Ecosense for Living Great Smoky Mountains National Park and the Atlanta Coyote Project Great Smoky Mountains National Park is the most heavily visited park in the country. The sheer volume of people generates a lot of trash and food waste that tempt the park's mascot, the black bear. Unfortunately, this can mean dangerous encounters for visitors and trauma or death to the bears. Park biologists show us how they manage bears and humans to keep both safe, including the latest in bear DNA research. Then we learn about the wily ways of coyotes in the suburbs, using hidden cameras from the Atlanta Coyote Project.	NETA	(S)	(CC)	N/A	#203H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#331
08:00:00	Gary Spetz's Watercolor Quest Misty Fjords to Sitka Host-Artist, Gary Spetz, sails aboard a cruise ship to explore, photograph and paint Alaska-from the sheer cliffs of Misty Fjords to historical Sitka. In this episode, he explains, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEx	(S)	(CC)	DVI	#106
08:30:00	Painting with Paulson Nevada Again Part III	NETA	(S)	(CC)	N/A	#1713H
09:00:00	Wyland's Art Studio Bengal Tiger The dramatic markings of wild animals offer a perfect study of contrast. Arranging different colors, shades and textures against each other appeals to our natural love of contrast and adds a heightened element of drama. Artists may use contrast of hue, which is simply a color that has not been diluted. Contrast of value is the range of lightness versus darkness of certain colors. Occasionally, in oil painting, artists will paint entirely in shades of grey. This is the oil equivalent of a tonal drawing. A strong tonal drawing almost always leads to a strong painting. Artists such as Degas understood the effectiveness of color contrast. Wyland explores contrasting shades in this painting of a Bengal Tiger.	APTEx		(CC)	N/A	#501H

Sun, Aug 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Stress Release Workout In this episode of Classical Stretch, join Miranda Esmonde-White in Jamaica. Miranda will take you through an all-floor stress relief workout. This gentle workout is sure to release tensions in your body.	APTEX	(S)	(CC)	DVI	#1009H
10:00:00	Sit and Be Fit Functional Fitness This episode includes exercises that promote healthy living and being able to perform daily activities with ease and without injury. Registered dietitian, Janell Buchkoski, challenges viewers with a weight management tip of the day.	NETA	(S)	(CC)	N/A	#1411H
10:30:00	Power Yoga: Mind and Body Stamina - Version One With Vyagrasana, Trikonasana, and others.	APTEX	(S)	(CC)	N/A	#108
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#320H
11:30:00	New Orleans Cooking with Kevin Belton Italian Influences New Orleans red gravy, triple threat meatballs, tiramisu cupcakes.	APTEX	(S)	(CC)	N/A	#112H
12:00:00	Ciao Italia Little Bites/Stuzzichini These "little bites" become a BIG hit when Mary Ann prepares Celery Stuffed with Cheese and Hazelnuts, and then mixes anchovies, parsley and garlic for some fantastic, Anchovy Stuffed Cherry Tomatoes. And just when you don't have room for more, you make room for her signature Zucchini Meatballs.	NETA	(S)	(CC)	N/A	#2418H
12:30:00	Mike Colameco's Real Food Racines/Wine Disciples Two restaurants that are wine lovers paradise, both affiliated with wine shop. Racine's is linked to Chambers St Wines down the block, spot on French inspired menu and an amazing selection of wines by the glass or bottle. Wine Disciples is a store right next to a restaurant, here the cooking is American / Italian, ingredient driven and the wine list by glass and bottle is wonderful.	NETA	(S)	(CC)	N/A	#1422H
13:00:00	Journeys In India South India: Land of Superlatives Two of the greatest ancient monuments in the world are in South India-Hampi and Konark. These two wonders of the world were lost to the west, but now are at the top of many bucket lists. Join Bill as he takes the veil off these two incredible achievements of man.	NETA	(S)	(CC)	N/A	#213H
13:30:00	Family Travel with Colleen Kelly Oahu - Episode 2 - Spectacular Surfing, Hawaiian The journey into the heart of Hawaii doesn't end here. Colleen and her family take advantage of Kualoa Ranch's movie set tour and see where they shot films like Jurassic Park and 50 First Dates. They even get some lessons in surfing, hula dancing, and the ukulele.	APTEX	(S)	(CC)	N/A	#311H
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#320H
14:30:00	Destination Craft with Jim West Guatemala Jim West travels to colorful Guatemala where master artisans teach cotton dying, back strap and loom weaving, hand embroidery, pine needle basket making, and crafting functional mats from the reeds found in Lake Atitlan. Jim makes tasty tamales, learns about iron work and creates an artistic journal with celebrity artist Pam Holland.	APTEX	(S)	(CC)	N/A	#103H
15:00:00	American Woodshop Intarsia Flying Eagle Scroll Saw Folk Art with Scorched Wood Accents.	NETA	(S)	(CC)	N/A	#2406H
15:30:00	Rough Cut - Woodworking with Tommy Mac Interior Stairs This week on Rough Cut Woodworking with Tommy Mac it's time to add the finishing touches to the staircase. Tommy works on getting finished hand rails in place, getting the steps done and the baseboard. It's a tricky job, but needs to be done safely and properly to support all the years to come of running up and down with projects.	APTEX	(S)	(CC)	N/A	#712H

Sun, Aug 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Happy Yoga with Sarah Starr Radiant Bloom	NETA	(S)	(CC)	N/A	#105H
	Enjoy the radiant summer sunflower setting as Sarah Starr guides you expertly through a modified yoga practice with an emphasis on alignment - dedicated to opening the full circumference of the hip-joints using a chair for support as well as gentle seated stretching for the upper body.					
16:30:00	Second Opinion C-Sections	APTEX	(S)	(CC)	N/A	#1201H
	Patient Story: An estimated 4 million babies are born in the United States each year, and many moms have specific hopes for how their labor should go. Our patient Anna Sproul-Latimer shares the story of her high-risk pregnancy and the choices she made for the birth of her son. Myth or Medicine: Is preeclampsia cured at delivery? Second Opinion 5: Five things to know when considering your delivery options.					
17:00:00	Immense Possibilities Are We Up to the Climate Challenge?	NETA	(S)	(CC)	N/A	#612H
	The outcome of the 2016 election looks to many like a devastating setback to national and global efforts to reduce greenhouse gasses. Our guests, 350.org founder Bill McKibben and current 350.org chairman KC Golden, see another possibility: a fossil fuel-free clean energy revolution that no one can stop.					
17:30:00	Well Read Amor Towles, A Gentlemen In Moscow	APTEX	(S)	(CC)	N/A	#607H
	From the New York Times best-selling author of Rules of Civility-a transporting novel about a man who is ordered to spend the rest of his life inside a luxury hotel. Amor Towles' A Gentleman in Moscow is brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another.					
18:00:00	California's Gold State Library Treasures	KCET		(CC)	N/A	#2010
	Founded along with the State of California itself, the California State Library houses precious artifacts from California's infancy. Huell gets a private tour of this rare collection which includes California's first newspaper, mirror images of the gold country from the 1850s, a 17th Century map of California and John Marshall's own hand-drawn map and sketch of gold discovery.					
18:30:00	Curious Traveler Curious Copenhagen	APTEX	(S)	(CC)	N/A	#203H
	Why did Shakespeare use Kronborg Castle as the setting for Hamlet? Was picturesque Nyhavn really the playground for sailors and brothels? Christiansborg Palace, Amalienborg Palace, Rosenborg Castle - why so many palaces in one small European country?					
19:00:00	Beyond Geek Beam Me Up	EPS	(S)	(CC)	N/A	#208H
	Brittni beams aboard a Star Trek fan show to help them create their latest episode.					
19:30:00	The Kamla Show Special Alam Khan	KAMLA	(S)	(CC)	N/A	#127H
	Kamla talks to Alam Khan, musician, composer and teacher about about his family's musical legacy and his interest in hip-hop.How does he combine his Indian Classical music with hip-hop? His father Ali Akbar Khan established an Indian musical school in Berkeley in the 1960s, which celebrates its 50th anniversary in 2017.					
20:00:00	Black America The Art and Sport of Fencing with Peter Westbrook	EPS	(S)	(CC)	N/A	#134H
	When Peter Westbrook became the first black man to win an Olympic medal in fencing in the 80s, he vowed to put his win and stature to good use. After later establishing the Peter Westbrook Foundation, he's done just that. Through his initiative he trains black inner city youth to honor the sport and use it as a means of expression beyond its physical requirements. His trainees include accomplished black fencers such as Nzingha Prescod, Keeth and Erin Smart, and Ibtihaj Muhammad who recently won bronze at the 2016 Olympics in Rio. Peter Westbrook joins Carol Jenkins to discuss the art and sport of fencing and how black athletes dominated several other sports at the Olympics in Rio.					

Sun, Aug 20, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life	EPS	(S)	(CC)	N/A	#108H
<p>Correspondent Minnie Roh gives us the latest update on the backlash surrounding the deal to provide reparations to the Korean sex slave victims of World War II. Protests have been staged all across the world, including here in New York. Exclusive interviews include one of the comfort women Lee Ok-Sun who shares her personal story and struggles, and Phyllis Kim, Director of the Korean American Forum of California who represents many of the victims. One of the top Supreme Court cases to watch this year is Abigail Fisher vs. The University of Texas, which raises the issue of affirmative action and does it keep qualified applicants from getting into elite schools based on race. How will the justices' decisions affect Asian American admission into the Ivy Leagues? Reporter Paul Lin has an in-depth report and interviews legal scholars and educational experts. In March, thousands of middle school students will learn of their fate as they wait for word on admission into New York's elite public high schools. Correspondent Kyung Yoon explores high stakes testing and interviews documentarian Curtis Chin who walks us through this competitive process.</p>						
21:00:00	Job Centered Learning	NETA	(S)	(CC)	DVI	#0H
<p>Many economist, business owners, and labor leaders have raised alarm about a rising skills gap in the United States between the jobs that are available and those with the skills needed to fill them. Job Centered Learning, a very timely film, takes a critical look at the wide range of career education some high schools are offering as a way of both closing this gap as well as making education more meaningful and relevant for students.</p>						
22:00:00	Great Conversations P.J. O'rourke and Robert Siegel	NETA		(CC)	N/A	#803H
<p>The author of such bestsellers as Parliament of Whores and Give War a Chance, discusses his latest book, How The Hell Did This Happen?, about the 2016 presidential election. He is interviewed by Robert Siegel, senior host of NPR's "All Things Considered."</p>						
23:00:00	Fly Boys: Western Pennsylvania's Tuskegee Airmen	APTEX	(S)	(CC)	N/A	#0
<p>FLY BOYS: WESTERN PENNSYLVANIA'S TUSKEGEE AIRMEN tells the story of struggle and the ultimate triumph of the brave African-American soldiers who served their country during World War II. The film chronicles the "Tuskegee Airmen" program, a controversial military initiative designed to measure African-Americans' competence for flying the engines of war. This fascinating documentary features the stories of the more than 40 aviators from western Pennsylvania, including the pilots, navigators and bombardiers who flew fighter and bomber planes during the war, as well as the maintenance and support staff, instructors and personnel who kept the planes in the air.</p>						

Mon, Aug 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Beyond Geek Beam Me Up Brittni beams aboard a Star Trek fan show to help them create their latest episode.	EPS	(S)	(CC)	N/A	#208H
00:30:00	The Kamla Show Special Alam Khan Kamla talks to Alam Khan, musician, composer and teacher about about his family's musical legacy and his interest in hip-hop. How does he combine his Indian Classical music with hip-hop? His father Ali Akbar Khan established an Indian musical school in Berkeley in the 1960s, which celebrates its 50th anniversary in 2017.	KAMLA	(S)	(CC)	N/A	#127H
01:00:00	Black America The Art and Sport of Fencing with Peter Westbrook When Peter Westbrook became the first black man to win an Olympic medal in fencing in the 80s, he vowed to put his win and stature to good use. After later establishing the Peter Westbrook Foundation, he's done just that. Through his initiative he trains black inner city youth to honor the sport and use it as a means of expression beyond its physical requirements. His trainees include accomplished black fencers such as Nzingha Prescod, Keeth and Erin Smart, and Ibtihaj Muhammad who recently won bronze at the 2016 Olympics in Rio. Peter Westbrook joins Carol Jenkins to discuss the art and sport of fencing and how black athletes dominated several other sports at the Olympics in Rio.	EPS	(S)	(CC)	N/A	#134H
01:30:00	Asian American Life Correspondent Minnie Roh gives us the latest update on the backlash surrounding the deal to provide reparations to the Korean sex slave victims of World War II. Protests have been staged all across the world, including here in New York. Exclusive interviews include one of the comfort women Lee Ok-Sun who shares her personal story and struggles, and Phyllis Kim, Director of the Korean American Forum of California who represents many of the victims. One of the top Supreme Court cases to watch this year is Abigail Fisher vs. The University of Texas, which raises the issue of affirmative action and does it keep qualified applicants from getting into elite schools based on race. How will the justices' decisions affect Asian American admission into the Ivy Leagues? Reporter Paul Lin has an in-depth report and interviews legal scholars and educational experts. In March, thousands of middle school students will learn of their fate as they wait for word on admission into New York's elite public high schools. Correspondent Kyung Yoon explores high stakes testing and interviews documentarian Curtis Chin who walks us through this competitive process.	EPS	(S)	(CC)	N/A	#108H
02:00:00	iQ: Smartparent The Family Fun Guide On this episode of iQ: smartparent, discover family past times that do double-duty: they're fun and educational. Experts from Adventure Outdoors and the after-school program Brashear Kids demonstrate how to turn an ordinary scavenger hunt into a high-tech adventure with the hot new hobby called geocaching and they show how geocaching and GPS technology can be used in the classroom to support STEM learning. Two young people from Brashear Kids provide a demonstration of geocaching in the studio. Then, an educator from the Allegheny Intermediate Unit reveals ways families can get creative with science experiments with arts and crafts supplies they already have lying around the house. Finally, the Education Coordinator of the youth makerspace Digital Harbor Foundation of Baltimore provides tips for families to make the most out of a visit to a makerspace, including suggestions for inter-generational maker collaborations.	APTEX	(S)	(CC)	N/A	#401H
02:30:00	iQ: Smartparent Celebrating Different Learning Styles In this episode of iQ: smartparent, experts reveal strategies to help children who have atypical learning styles. The focus is on appreciating each child's distinctive learning style and experts explain learning strategies to capitalize on a child's unique strengths. Child psychologist John Carosso explains the term "neurodiversity" and the movement, led nationally by the Autism community, to end stigmas and limitations that come with a diagnosis of a learning disability. We welcome two young teens who have autism, along with their former teacher, to discuss the online talk show the two boys created and continue to produce with the help of their classmates. Their goal is to educate others about autism and how to create a more accepting and understanding culture and their online program is gaining national attention. We are also joined by education and technology specialists who demonstrate a range of low-tech and high-tech tools to help language-challenged children communicate. Finally, we meet a blogger and teacher, who has a very special and personal interest in the neuro-diversity movement, to talk about ways in which he uses hands-on STEM and maker projects in his special-needs classroom.	APTEX	(S)	(CC)	N/A	#402H
03:00:00	Great Conversations P.J. O'Rourke and Robert Siegel The author of such bestsellers as Parliament of Whores and Give War a Chance, discusses his latest book, How The Hell Did This Happen?, about the 2016 presidential election. He is interviewed by Robert Siegel, senior host of NPR's "All Things Considered."	NETA		(CC)	N/A	#803H
04:00:00	Fly Boys: Western Pennsylvania's Tuskegee Airmen FLY BOYS: WESTERN PENNSYLVANIA'S TUSKEGEE AIRMEN tells the story of struggle and the ultimate triumph of the brave African-American soldiers who served their country during World War II. The film chronicles the "Tuskegee Airmen" program, a controversial military initiative designed to measure African-Americans' competence for flying the engines of war. This fascinating documentary features the stories of the more than 40 aviators from western Pennsylvania, including the pilots, navigators and bombardiers who flew fighter and bomber planes during the war, as well as the maintenance and support staff, instructors and personnel who kept the planes in the air.	APTEX	(S)	(CC)	N/A	#0

Mon, Aug 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#332
08:00:00	Zula Patrol Blast to Earth's Past/The Great Climb	APTEX	(S)	(CC)	N/A	#211H
	Deliria thinks she's found a way to own the entire Earth - by taking a time machine back to when there were no people on the planet, and being the first to claim it. Zeeter accidentally gets whisked along on the time trip, which takes them back to 250 million years ago when Earth's continents were combined as one. Going forward in time to the present, Deliria's clunky time machine continually breaks down. In between encounters with dinosaurs and an Ice Age, Zeeter gets to observe how today's continents were formed because of Plate Tectonics. Zeeter is excited about climbing in The Great Climb, an annual mountain climbing event in her home town, Zazu Falls. It's a two-person team event and Bula's to be her partner. But when Bula is injured, Multo volunteers to be her partner. Zeeter is skeptical of Multo's climbing abilities; however, Multo's knowledge of mountains is what helps them climb close to the top. Unfortunately, the mountain, who prefers to be called the "Grand Zeeterondack," prevents the two from reaching its summit. After asking some questions, Zeeter and Multo learn that the mountain is worried that once someone reaches the top, no one will climb it any more. In the end, the two ZPers must convince the mountain that it is like an old friend and that the climbers will never abandon it. Once they do this, the mountain allows them to climb the rest of the way to the top.					
08:30:00	Thomas Edison's Secret Lab The Eagle Has Landed/Bee-Gone	APTEX	(S)	(CC)	N/A	#102H
	Eagle: When a power company worker finds an abandoned eagle's nest precariously perched atop a wind turbine the SECRET LAB KIDS build a homemade rocket to fire a rope up to him so he can lower the nest to safety. Bee: When JD and Kent discover there's a shortage of beeswax for their surfboards, it leads to the discovery that all the local honeybees have vanished from the beehives.					
09:00:00	Functional Fitness with Suzanne Andrews Help Me Sleep: Yoga for Insomnia	ACCES	(S)	(CC)	N/A	#306H
09:30:00	Classical Stretch: The Esmonde Technique Zero Impact Cardio	APTEX	(S)	(CC)	DVI	#1010H
	In this episode of Classical Stretch, join Miranda Esmonde-White in splendid Jamaica! This all-standing zero impact cardio workout will get your blood flowing without stressing your joints.					
10:00:00	Sit and Be Fit Good Alignment	NETA	(S)	(CC)	N/A	#1412H
	By doing exercises with eyes closed, Mary Ann builds an awareness of how good spinal alignment feels. Mary Ann gives a tip of the day.					
10:30:00	It's Sew Easy Go Everywhere	NETA	(S)	(CC)	N/A	#1307H
	Create and capture memories as you look and feel your best. Children's fashion designer Carla Macklin uses colorful bias trim to finish off sleeves, necklines and open shoulders on a girl's dress. Author and educator Rebecca Kemp Brent sews a unique embellished box with a lid to stash photos, treasures and souvenirs.					
11:00:00	Knitting Daily Norwegian Knits	NETA	(S)	(CC)	N/A	#1404H
	The Yarn Guys, Jeffrey Wall and Dennis Rinkenburger, share traditional ways to knit color patterns. Contemporary Norwegian designer Marion Rindsem compares old and new. Donna Druchunas turns classic designs into a trendy winter wearables and Tanis unravels the mystery of Latvian Braids. Vickie takes Nordic practice swatches and creates a cozy pillow.					
11:30:00	Quilting Arts Portraits	NETA	(S)	(CC)	N/A	#1903H
	Portraits capture a personality. Whimsical quilt artist Mary Lou Donahue-Weidman builds a happy self-portrait that expresses who she is. Free motion quilt artist Susan Brubaker Knapp uses a pattern and paint to create a detailed portrait of her cat. Then, she shares special techniques for creating realistic fur, whiskers and eyes.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7016H
13:00:00	America's Test Kitchen from Cook's Illustrated Italian Vegetarian	APTEX	(S)	(CC)	N/A	#1705H
	Host Bridget Lancaster shows host Julia Collin Davison how to make perfect cheese and tomato lasagna. Next, tasting expert Jack Bishop challenges Julia to a tasting of jarred anchovies. Finally, test cook Keith Dresser uncovers the secrets to really good garlic bread.					

Mon, Aug 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
13:30:00	Pati's Mexican Table Mexamericana	APTEX	(S)	(CC)	N/A	#406H
	<p>Pati's family is the perfect example of cultures colliding - Mexican and American. The happy result is the creation of unique and tasty recipes in the kitchen on a daily basis. In this episode, Pati dives deep into the blending of these cultures and comes up with some classic American recipes with a delicious Mexican twist. Of course, the meeting of Mexican and American cultures is happening in small towns and big cities all over America, too! Pati will also take us to a local restaurant where she'll get the story, and taste the results of, their unique Mex-American story. Recipe 1: Mexican Crab Cakes with Jalapeno Aioli; Recipe 2: Foolproof Pizza Dough; Recipe 3: Pizza Sauce; Recipe 4: Poblano, Corn and Zucchini Pizza; Recipe 5: Carne Asada and Cebollitas Pizza; Recipe 6: Chorizo Hamburgers.</p>					
14:00:00	Lucky Chow Made In China	APTEX	(S)	(CC)	N/A	#204H
	<p>The rise of China has meant the rise of Chinese culinary traditions in America. Danielle checks out an industrial kitchen where traditional "confinement meals" are made for new mothers across the country; an underground Manhattan cocktail den whose main ingredient is the fiery liquor baijiu, the world's most heavily consumed spirit; and a wedding in the heart of San Francisco's Chinatown where old world and new meet at the banquet table and on the dance floor.</p>					
14:30:00	Steven Raichlen's Project Smoke Perfect Hog	APTEX	(S)	(CC)	N/A	#308H
	<p>This show goes whole hog, with pork belly, chops, and pork loin. Up first, pastrami bacon-made by brine-curing pork belly, then rubbing it with a pepper-coriander pastrami rub and slow-smoking it over hardwood. An apple cider-based brine and a rum-spiked finishing glaze propel pork chops into the winner's circle. Hungry yet? Next, "pork and beans" like you've never seen them: butterflied pork loin stuffed with brown sugar, baked beans, and a shot of bourbon get draped with bacon and smoke-roasted. Finally, thick rings of sweet onions are doused with hot sauce, spiraled with bacon, and crisped over the fire for an addictive side dish. Pastrami bacon; Cider-brined pork chops; Yankee porchetta ("pork and beans"); Bacon-wrapped onion rings.</p>					
15:00:00	Beads, Baubles and Jewels Raid Your Craft Closet	NETA	(S)	(CC)	N/A	#2205H
	<p>With tools from her craft closet, author and designer Eva Sherman shares clever ways to emboss metal to add new interest and detail. A well-equipped workspace lets you focus on creativity. Katie shows how to set up your workspace for maximum efficiency and fun.</p>					
15:30:00	For Your Home All About The Surfaces	APTEX	(S)	(CC)	N/A	#3105H
	<p>New spaces take shape as drywall, hardwood floors and vinyl siding transform the interior and exterior of the bungalow while new doors and windows provide beauty and energy saving advantages. Homeowner, Liz Lowry, works with Ron, the finish carpenter, to recycle two old wooden doors into headboards for two of her three children's bedrooms.</p>					
16:00:00	Biz Kid\$ What Is Money?	APTEX	(S)	(CC)	DVI	#102H
	<p>The Biz Kids say: "Show me the money!" Join us and you'll take a grand tour through the history of money from the days of bartering, through the first coins and currency, all the way to the electronic transfers of today. Watch as the Biz Kids put on cowboy boots and get a crash course in the art of negotiation and exchange at a high-energy cattle auction in Colorado.</p>					
16:30:00	Hands On Crafts for Kids Discover The World	NETA	(S)	(CC)	DVI	#1711H
	<p>Let's discover the world we live in and beyond. Katie and Jennie create a 3-D pop-up map of the planets together, and Franz explores the artistic use of dimension and space. Gather leaves, sticks and stones and then Jenny shows how to create a nature journal. She and Katie use water and paint to create a new fish species in silhouette. Katie blasts off with a jet pack made from recycled bottles and supplies from the Family Craft Box.</p>					
17:00:00	P. Allen Smith's Garden Home Road Trip	APTEX	(S)	(CC)	N/A	#1513H
	<p>P. Allen Smith packs his bags hits the open road for a more local approach to travel in North Carolina, Rhode Island, Tennessee and Arkansas.</p>					
17:30:00	Growing A Greener World Farm School - Learning to Be Organic Farmers	APTEX	(S)	(CC)	N/A	#522H
	<p>"Green Acres is the place to be; farm living is the life for me." You might remember the jingle to the opening of the popular series, Green Acres from decades ago. But today, the same desire is alive and well and spawning "Organic Farm Schools" all over the country. In this fun episode, the whole crew enrolls for a week in a New England farm school to learn all they can while there. The cameras are rolling to show the reality side of organic farm living with our mostly city-slicker crew.</p>					

Mon, Aug 21, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14166H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#222H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8101
19:30:00	Focus On Europe Chinese Invasion In Greece	WNVC	(S)	(CC)	N/A	#3532H
	More and more retirees in Germany are living below the poverty line. Unused housing in Spain has begun attracting squatters.					
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#414H
	A special season-closing episode entirely dedicated to the 70th birthday of Nitty Gritty Dirt Band founder John McEuen. Loose jamming with guests Jerry Douglas, Sam Bush, John Carter Cash, Rhonda Vincent and more.					
21:00:00	Speakeasy Cyndi Lauper and Billy Porter	APTEX	(S)	(CC)	N/A	#203H
	Cyndi Lauper, the Grammy, Tony and Emmy Award winning singer and social activist, sits down with Tony and Emmy Award winner Billy Porter, star of the Broadway musical "Kinky Boots," to discuss how not only music, but how "Kinky Boots" has changed their lives and the importance of self-acceptance. The pair met when Lauper was writing the music and lyrics to the musical and formed a great friendship. In 2013 Kinky Boots was nominated for 13 Tony Awards and took home six, including the coveted Award for Best Musical. Lauper's win for Best Score makes her the first woman to win alone in that category and Porter took home the Tony Award for Best Actor in a Musical.					
22:00:00	Pacific Heartbeat Hula: The Merrie Monarch's Golden Celebration	APTEX	(S)	(CC)	DVI	#303H
	Hula: The Merrie Monarch's Golden Celebration takes a behind-the-scenes look at preparations for the 50th annual Merrie Monarch Festival in Hilo, Hawaii. The Festival is Hawaii's most significant cultural event and showcases the ancient art of hula for a global audience. This program highlights the hard work, dedication and spirit of the Festival participants.					
23:00:00	Hooked Rx: from Prescription to Addiction	NETA	(S)	(CC)	N/A	#0H
	Investigate the alarming rise of prescription opioid abuse in Arizona in this Cronkite News special report produced by more than 100 students at ASU's Walter Cronkite School of Journalism and Mass Communication under the guidance of over a dozen faculty members.					
23:30:00	Boom and Bust: America's Journey on the Erie Canal	NETA	(S)	(CC)	N/A	#0H
	The film tells the story of industrial expansion and decline along the Erie Canal, and examines its impact on the lives of workers in steel, grain, textiles, and shipping. In the wake of economic collapse, can the people of America's cities find meaning and worth?					

Tue, Aug 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8101
00:30:00	Focus On Europe Chinese Invasion In Greece More and more retirees in Germany are living below the poverty line. Unused housing in Spain has begun attracting squatters.	WNVC	(S)	(CC)	N/A	#3532H
01:00:00	Music City Roots Live from the Factory A special season-closing episode entirely dedicated to the 70th birthday of Nitty Gritty Dirt Band founder John McEuen. Loose jamming with guests Jerry Douglas, Sam Bush, John Carter Cash, Rhonda Vincent and more.	APTEX	(S)	(CC)	N/A	#414H
02:00:00	Speakeasy Cyndi Lauper and Billy Porter Cyndi Lauper, the Grammy, Tony and Emmy Award winning singer and social activist, sits down with Tony and Emmy Award winner Billy Porter, star of the Broadway musical "Kinky Boots," to discuss how not only music, but how "Kinky Boots" has changed their lives and the importance of self-acceptance. The pair met when Lauper was writing the music and lyrics to the musical and formed a great friendship. In 2013 Kinky Boots was nominated for 13 Tony Awards and took home six, including the coveted Award for Best Musical. Lauper's win for Best Score makes her the first woman to win alone in that category and Porter took home the Tony Award for Best Actor in a Musical.	APTEX	(S)	(CC)	N/A	#203H
03:00:00	Pacific Heartbeat Hula: The Merrie Monarch's Golden Celebration Hula: The Merrie Monarch's Golden Celebration takes a behind-the-scenes look at preparations for the 50th annual Merrie Monarch Festival in Hilo, Hawaii. The Festival is Hawaii's most significant cultural event and showcases the ancient art of hula for a global audience. This program highlights the hard work, dedication and spirit of the Festival participants.	APTEX	(S)	(CC)	DVI	#303H
04:00:00	Hooked Rx: from Prescription to Addiction Investigate the alarming rise of prescription opioid abuse in Arizona in this Cronkite News special report produced by more than 100 students at ASU's Walter Cronkite School of Journalism and Mass Communication under the guidance of over a dozen faculty members.	NETA	(S)	(CC)	N/A	#0H
04:30:00	Boom and Bust: America's Journey on the Erie Canal The film tells the story of industrial expansion and decline along the Erie Canal, and examines its impact on the lives of workers in steel, grain, textiles, and shipping. In the wake of economic collapse, can the people of America's cities find meaning and worth?	NETA	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#333
08:00:00	Zula Patrol Creature Features/Fried Greenhouse Tomatoes When the Zula Patrol helps the Pet Catcher out by taking some strange creatures he's retrieved back to Zula, they get more than they bargained for. The creatures create chaos aboard the ship, including trying to eat it! It's up to our heroes to figure out where they belong and get them back there fast... which means examining their appearance and behavior for clues that will lead them to the proper climate for each strange creature. Clock's ticking. Good luck. The Zula Patrol learn all about the Greenhouse Effect first-hand when a seemingly helpful robot shows up at Zula Patrol Headquarters -- and starts making duplicates of itself. It turns out that the robot - sent by Dark Truder - emits powerful amounts of greenhouse gases that can increase the Greenhouse Effect and someday make Zula uninhabitable.	APTEX	(S)	(CC)	N/A	#212H
08:30:00	Thomas Edison's Secret Lab A Golden Opportunity/If The Fossil Fits Golden: When Angie loses her mother's favorite - and valuable - gold bracelet at the beach, our heroes build a homemade metal detector to find it. Fossil: When Kent discovers a dinosaur fossil, the SECRET LAB KIDS learn about fossils, DNA and even go back to prehistoric times to determine if Kent has discovered a completely new dinosaur!	APTEX	(S)	(CC)	N/A	#103H
09:00:00	Functional Fitness with Suzanne Andrews 30 Day Bladder Fix Pelvic Floor Strengthening	ACCES	(S)	(CC)	N/A	#307H
09:30:00	Classical Stretch: The Esmonde Technique Prevention of Hand and Finger Arthritis In this episode of Classical Stretch, join Miranda Esmonde-White in sunny Jamaica. This all-barre routine is designed to help prevent hand and finger Arthritis and will increase flexibility in your lower body!	APTEX	(S)	(CC)	DVI	#1011H
10:00:00	Sit and Be Fit New Challenges Mary Ann introduces a new abdominal exercise called the "Ski Jump" and Gretchen gives you a new balance challenge.	NETA	(S)	(CC)	N/A	#1413H

Tue, Aug 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:30:00	It's Sew Easy High Adventure	NETA	(S)	(CC)	N/A	#1308H
	Explore places beyond the ordinary wearing all the right gear. Designer Angela Wolf makes great-fitting leggings that take you around town or to the gym. Designer and blogger Alex Woodbury shares techniques for making an active-wear jacket using high-tech neoprene fabric. Angela Wolf has a tip for making leggings from any pants pattern.					
11:00:00	Knitting Daily Sweater Weather	NETA	(S)	(CC)	N/A	#1405H
	Celebrate sweater weather! Barry Klein shows how to pick the perfect sweater for your next project. Meet designer Rohn Strong to talk about crochet sweater patterns. Louisa Demmitt hand knits a hoodie, and Tanis Gray demonstrates the simple but graphic technique of two-color corrugated ribbing. Then Vickie shows how to flatter any figure with the best sweater for your shape.					
11:30:00	Quilting Arts Transfer Techniques	NETA	(S)	(CC)	N/A	#1904H
	Transfer images from paper to fabric. Mixed media artist Jane Davila uses a special solution to transfer photos and drawings from paper to fabric. Art quilter Ana Buzzalino edits photos on her computer and transfers them to her quilts. Kristine Lundblad shows how to pack a quilt for shipping.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7017H
13:00:00	Julie Taboulie's Lebanese Kitchen Eggplant Extravaganza	APTEX	(S)	(CC)	DVI	#104H
	On today's show, it's an extraordinary eggplant extravaganza. American, Italian, Indian, Sicilian, French, Lebanese, Japanese and Chinese too, it's all about eggplant that Julie is making just for you. From simple and sophisticated to earthy and exotic, eggplants are excellent selections for sauces, spreads, soups and stews, stuffed and even pickled eggplant too. In today's episode Julie is sharing some of her favorite eggplant recipes with you. Julie's eggplant extravaganza all starts with her signature starter called batenjen mishwee, a fire-roasted eggplant spread that sets the stage for her magnificent main meal, internationally known as sheikh el' mahshi. Her star dish delight of the day showcases baby Indian eggplants, that are sauteed and stuffed with a mouthwatering meat and pine nut mixture then blissfully baked away in a tomato casserole that is golden brown and bubbly as can be. Last but certainly not least is a specialty breakfast dish called bayd b batenjen baked eggs and eggplants that is an enjoyable flavor combination. With just one look, you will love Julie's extraordinary eggplant dishes and inspiring ideas just as much as she loves preparing them for you. Sourced straight from Mama's garden with Mama's eggplant expertise on how-to grow right at home. Sliced, diced, sauteed, smashed and stuffed too, it's Julie's eggplant extravaganza that she is cooking up just for you.					
13:30:00	Nick Stellino: Storyteller in the Kitchen The Great Outdoorsman	APTEX	(S)	(CC)	N/A	#111H
	Chef Stellino recalls the joys of pastoral Italy and delivers rustic recipes as the perfect end to a day of outdoor adventures. Dishes include: Pollo alla cacciatore (chicken, pearled onions, rosemary) / pork chop alla Milanese (breaded fried pork chop "Milanese Style") / Macedonia di frutta (marinated fruit salad in liquor and sugar).					
14:00:00	Taste of History Orchids, Herbs and Rum In Jamaica	NETA	(S)	(CC)	N/A	#710H
	The history of Jamaica is examined in this fascinating episode of A Taste of History. Chef Staib examines the 1800s orchid craze, reveals a present-day Maroon tribal leader, and uncovers the art of making rum. Rum is a staple in the preparation of ceviche and a complement to one of the featured recipes: Brown Stew Pork.					
14:30:00	Sara's Weeknight Meals Best of Summer	APTEX	(S)	(CC)	N/A	#609H
	There is nothing like the height of summer for delicious produce, simply prepared. Sara's friends stop by to celebrate the season starting with Top Chef winner Hung Huynh. His grilled shrimp in lettuce wraps is delicious, portable and light in calories. Then Sara's buddy Giuseppe Fanelli makes a gorgeous lamb dish dressed with fresh heirloom tomatoes - agnello scottadito. And on Ask Sara, she answers a viewer's question about avocados. Recipes: Grilled shrimp in lettuce wraps; Agnello scottadito with heirloom tomatoes.					
15:00:00	Beads, Baubles and Jewels Spotlight On Bracelets	NETA	(S)	(CC)	N/A	#2206H
	Author and instructor Melissa Grakowsky-Shippee creates stunning beaded components using two-hole tile beads and teaches her technique for a flawless herringbone stitch. Katie discusses the various types of memory wire as she makes a glass bead bracelet that's fun to wear.					
15:30:00	For Your Home Electrifying Details	APTEX	(S)	(CC)	N/A	#3106H
	Renovating an old house always requires updating the electrical, plumbing and heating and cooling systems as well as replacing old bathroom fixtures, cabinets, countertops and finishing details. Discover what's involved in selecting and installing all the new mechanicals and architectural details.					

Tue, Aug 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ How Do You Get Money?	APTEX	(S)	(CC)	DVI	#103H
	Join us and you'll explore many ways to make money. Follow a Biz Kid on a job hunt-reviewing help wanted ads, filling out the application, and going through the interview. Hear from business celebrities, including Amazon.com founder Jeff Bezos, as they talk about their very first jobs. The Biz Kids also look at the many ways kids get and use allowances. Meet a young person whose love of animals turned into a profitable dog-walking business.					
16:30:00	Hands On Crafts for Kids Just for Fun	NETA	(S)	(CC)	DVI	#1712H
	It's important to have fun and today's projects are fun to make and to use. Katie creates a fuzzy mustache board will tickle you. Franz and his son, Axel play with paints, pencils, crayons, colors and techniques to find new ways of expression. Jenny and Katie let their imaginations go to create colorful pencil toppers. From the Family Craft Box, add empty paper rolls and colored paper to create a reversible playscape mat.					
17:00:00	P. Allen Smith's Garden Home Unique Eureka	APTEX	(S)	(CC)	N/A	#1514H
	P. Allen Smith visits the one-of-a kind mountain town of Eureka Springs, Arkansas. Art, food and natural scenery abound as we unwrap this hidden treasure.					
17:30:00	Growing A Greener World Farmgirls: Seattle, Wa	APTEX		(CC)	N/A	#523H
	Today, there are many women who for a variety of reasons have taken it upon themselves to feed their families off the land in their own urban backyards. In this episode, we visit several such women who not only have the goal of feeding their families healthy, sustainable food, but are also teaching others to do the same. From a trained chef educating virtually with a massive online audience to a permaculture pioneer who shares her vision one garden at a time through classes as well as design and installations throughout the Pacific Northwest, it's all about living off the land while living in the city.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14167H
18:30:00	America's Heartland	APTEX	(S)	(CC)	N/A	#1209H
	Find out where California rice farmers have found a market for Japanese-style sake. Then, discover how horses are helping kids with special needs, and how an Indiana man breathes life into historic windmills.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8102
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1333H
20:00:00	Sun Studio Sessions Anders Osborne	NETA	(S)	(CC)	N/A	#811H
	The Swedish-born and now New Orleans-based Anders Osborne is a prolific touring artist who has become a fixture on the music festival circuit including multiple performances at the New Orleans Jazz & Heritage Festival as well as at Bonnaroo Music Festival, The High Sierra Festival and the Telluride Blues & Brews Festival. Guitar Player magazine calls him "the poet laureate of Louisiana's fertile roots music scene." In this 100th episode of Sun Studio Sessions, Osborne displays he and his band's musical prowess performing several numbers including "Fools Gold" and "Flower Box."					
20:30:00	Jammin at Hippie Jack's Don Henry	NETA	(S)	(CC)	N/A	#911H
	Grammy Award winner Don Henry's songs have been recorded by legends like Ray Charles, Patti Page and Conway Twitty. By country crooners like: Gene Watson, John Conlee and B.J. Thomas By young hit makers of today like: Blake Shelton, Lonestar and Miranda Lambert and the list goes on. And he's shared the stage with performers as diverse as Joey Ramone to Keith Urban. The wit and wisdom of Don's songs are widely renowned whether it's campfire favorites, the hilarious "B.F.D." and biker lullaby "Harley", to the wonderfully poignant tribute to Martin Luther King "Beautiful Fool", and of course his Grammy Award winning country classic "Where've You Been".					
21:00:00	Infinity Hall Live Galactic	APTEX	(S)	(CC)	N/A	#502H
	The seminal New Orleans band draws inspiration from the cultural flavors of their city streets and their local orbit of southern soul, funk, blues, rock and brass band. From the band's traditional "second line" brass-infused show opener "Sugar Doosie" to the funky bass line and tumbling guitar on "Long Live the Borgne;" to the break in the funk for Paul Simon's "Fifty Ways" with guest Ryan Montbleau, the band showcases their 20-year musical evolution in an electrifying performance. Erica Falls is guest vocalist. With artist interviews.					

Daily Program Listing II

43.1

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Tue, Aug 22, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Writer's Roots: Kurt Vonnegut's Indianapolis	APTEX	(S)	(CC)	N/A	#0H
	How did the most famous Hoosier author since James Whitcomb Riley get his start? What about Indianapolis inspired him? Why did he keep coming back to Indianapolis in his books? A WRITER'S ROOTS: KURT VONNEGUT'S INDIANAPOLIS explores Vonnegut's relationship with his hometown, his children and family life, and the people and places that shaped him. Using archival photos, a 1991 interview with Vonnegut himself, along with interviews with his children, friends and Hoosier authors James Alexander Thom (Panther In The Sky), John Green (The Fault In Our Stars), and Dan Wakefield (Going All The Way), viewers discover how Indianapolis left its mark on one of the 20th century's most influential writers and his writing.					
23:00:00	In The Image: Palestinian Women Capture The Occupation	NETA	(S)	(CC)	N/A	#0H
	In the Image explores the daily lives of Palestinian women living in the occupied West Bank. The film portrays their stories in a novel and eye-opening manner; through video footage captured by the women themselves.					

Wed, Aug 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8102
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1333H
01:00:00	Sun Studio Sessions Anders Osborne	NETA	(S)	(CC)	N/A	#811H
	The Swedish-born and now New Orleans-based Anders Osborne is a prolific touring artist who has become a fixture on the music festival circuit including multiple performances at the New Orleans Jazz & Heritage Festival as well as at Bonnaroo Music Festival, The High Sierra Festival and the Telluride Blues & Brews Festival. Guitar Player magazine calls him "the poet laureate of Louisiana's fertile roots music scene." In this 100th episode of Sun Studio Sessions, Osborne displays he and his band's musical prowess performing several numbers including "Fools Gold" and "Flower Box."					
01:30:00	Jammin at Hippie Jack's Don Henry	NETA	(S)	(CC)	N/A	#911H
	Grammy Award winner Don Henry's songs have been recorded by legends like Ray Charles, Patti Page and Conway Twitty. By country crooners like: Gene Watson, John Conlee and B.J. Thomas By young hit makers of today like: Blake Shelton, Lonestar and Miranda Lambert and the list goes on. And he's shared the stage with performers as diverse as Joey Ramone to Keith Urban. The wit and wisdom of Don's songs are widely renowned whether it's campfire favorites, the hilarious "B.F.D." and biker lullaby "Harley", to the wonderfully poignant tribute to Martin Luther King "Beautiful Fool", and of course his Grammy Award winning country classic "Where've You Been".					
02:00:00	Infinity Hall Live Galactic	APTEX	(S)	(CC)	N/A	#502H
	The seminal New Orleans band draws inspiration from the cultural flavors of their city streets and their local orbit of southern soul, funk, blues, rock and brass band. From the band's traditional "second line" brass-infused show opener "Sugar Doosie" to the funky bass line and tumbling guitar on "Long Live the Borgne;" to the break in the funk for Paul Simon's "Fifty Ways" with guest Ryan Montbleau, the band showcases their 20-year musical evolution in an electrifying performance. Erica Falls is guest vocalist. With artist interviews.					
03:00:00	Writer's Roots: Kurt Vonnegut's Indianapolis	APTEX	(S)	(CC)	N/A	#0H
	How did the most famous Hoosier author since James Whitcomb Riley get his start? What about Indianapolis inspired him? Why did he keep coming back to Indianapolis in his books? A WRITER'S ROOTS: KURT VONNEGUT'S INDIANAPOLIS explores Vonnegut's relationship with his hometown, his children and family life, and the people and places that shaped him. Using archival photos, a 1991 interview with Vonnegut himself, along with interviews with his children, friends and Hoosier authors James Alexander Thom (Panther In The Sky), John Green (The Fault In Our Stars), and Dan Wakefield (Going All The Way), viewers discover how Indianapolis left its mark on one of the 20th century's most influential writers and his writing.					
04:00:00	In The Image: Palestinian Women Capture The Occupation	NETA	(S)	(CC)	N/A	#0H
	In the Image explores the daily lives of Palestinian women living in the occupied West Bank. The film portrays their stories in a novel and eye-opening manner; through video footage captured by the women themselves.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#334
08:00:00	Zula Patrol If It Looks Like A Plant/Splitsville	APTEX	(S)	(CC)	N/A	#213H
	When Deliria shapeshifts into a sickly looking plant to avoid a citation, Wizzy and Wigg take "the plant" to Headquarters to take care of it. To better understand their new responsibility, the older Zpers teach the youngsters the qualities of living things (and the difference between a plant and an animal). Wizzy and Wigg decide to study "the plant", to figure out how a plant makes its food. However Deliria isn't a plant, so she doesn't respond like the others. It isn't long before the curious duo deduce that their "plant" is really an animal. The Zula Patrol returns to Itty-Bitty City to settle a crisis when Mayor Paula Paramecium splits in two and neither twin is willing to relinquish office.					
08:30:00	Thomas Edison's Secret Lab No Volts for Von Bolt/Dunkin Zombies	APTEX	(S)	(CC)	N/A	#104H
	Volts: During a sailing trip, Von Bolt begins to malfunction, endangering ALVA and Edison, so the Secret Lab Kids investigate elements, compounds and alloys to diagnose the problem. Zombies: When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.					
09:00:00	Functional Fitness with Suzanne Andrews Leg Strengthening Workout	ACCES	(S)	(CC)	N/A	#308H
09:30:00	Classical Stretch: The Esmonde Technique Quad Slenderizing	APTEX	(S)	(CC)	DVI	#1012H
	In this episode of Classical Stretch, join Miranda Esmonde-White for this all-floor workout will slenderize and strengthen your quads while increasing mobility in your spine.					

Wed, Aug 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Coordination and Reaction Time This episode focuses on being aware of your body's movements and how it contributes to coordination and reaction time.	NETA	(S)	(CC)	N/A	#1414H
10:30:00	It's Sew Easy Coast to Coast From coast to coast, today's designers have you covered. Blogger and sewing educator Joanne Banko embellishes a western-inspired shirt with embroidery and decorative stitches. An old subway map becomes a versatile tote in the hands of sewing expert Rebecca Kemp Brent. Angela Wolf shares a tip for sewing with tweed fabric.	NETA	(S)	(CC)	N/A	#1309H
11:00:00	Knitting Daily Accessorize It! Accessories create the look! Dorinda Balanecki incorporates beautiful crystal buttons for a touch of glitz. Shelby Allaho shares her love of crocheted accessories, and editor Louisa Demmitt show how to make warm, stylish mittens. Tanis Gray adds texture with the oyster stitch. Vickie Howell shares a stranding technique to make a cozy cowl.	NETA	(S)	(CC)	N/A	#1406H
11:30:00	Quilting Arts Bowls and Buses Take fiber arts into new dimensions. Fabric embellishment expert Heidi Lund fashions fabric bowls using lush batik fabrics. Quilt artist and vintage car enthusiast Teresa Shippy shows how she designed and selected fabrics to quilt a magical VW bus. She embellishes the bus with a variety of quilting techniques.	NETA	(S)	(CC)	N/A	#1905H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7018H
13:00:00	Lidia's Kitchen Savory Baking Lidia introduces this episode with "beautiful vegetables and a hot oven: a great marriage!" She then begins the meal with a simple and refreshing sesame and fava bean dip, perfect for flatbreads. Next, she prepares a baked eggplant stuffed with meat and vegetables, topped with a golden, cheesy crust. Her unique version of baked potatoes is made with pancetta and oregano.	APTEX	(S)	(CC)	N/A	#312H
13:30:00	Taste The Islands with Chef Irie Roots and Rum Chef Irie explores Afro and French Caribbean cuisine with a simple celery salad, scallops in sauce chien, camarofongo (plantains) with sauteed shrimp, finished with a pineapple coconut cocktail. Co-host Lisa Lee takes us on a trip to the oldest rum factory in the world.	APTEX	(S)	(CC)	N/A	#204H
14:00:00	Simply Ming Hawai'i - Lee Ann Wong Ming continues his adventures on Maui with chef Lee Anne Wong. Heading to Kako'o 'Oiwi farm, the chefs gather traditional Hawaiian ingredients, such as taro plants, edible ferns and breadfruit. Heading into the kitchen, Ming and Lee Anne create a sumptuous meal celebrating the heritage of the islands.	APTEX	(S)	(CC)	N/A	#1420H
14:30:00	Cook's Country Prime Rib with All The Fixings Test cook Bridget Lancaster shows host Christopher Kimball how to make the ultimate prime rib and potatoes with red wine-orange sauce at home. Then, test cook Christie Morrison reveals the steps for green goddess dressing. Next, equipment expert Adam Ried reveals his top picks for roasting racks. And finally, test cook Julia Collin Davison uncovers the secrets to making the best roasted green beans with goat cheese and hazelnuts.	APTEX	(S)	(CC)	N/A	#912H
15:00:00	Beads, Baubles and Jewels Trendspotting: Tassels and Knotting Tassels are the next big trend in jewelry-making. Designer Wyatt White shows how to wrap, tie and finish beautiful tassels for earrings and other accessories. Katie adds a modern twist to traditional knotting techniques to make bracelets with crystal pearls.	NETA	(S)	(CC)	N/A	#2207H
15:30:00	For Your Home Finishing Touches It always take longer than you expect to complete any construction project but the wait is always worth it. Tour the finished bungalow with host Vicki Payne as she reveals the stunning details that transformed a 1920s bungalow into a functional home for a multi-generational family of five.	APTEX	(S)	(CC)	N/A	#3107H

Wed, Aug 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ What Can You Do with Money?	APTEX	(S)	(CC)	DVI	#104H
	Decisions, decisions! Join the Biz Kids and you'll ponder the merits of spending, saving, donating, and investing money. Visit the New York Stock Exchange, get tips from the author of Not Buying It, and learn to avoid compulsive shopping. You can also learn how to create a financial diary and track spending. Meet an ambitious teen who opened a candy store at age 15 and, in the process, fulfilled a dream and revived an ailing business district in her small town.					
16:30:00	Hands On Crafts for Kids Use It	NETA	(S)	(CC)	DVI	#1713H
	Use what you make and get double fun from your crafts. Weave hip survival bracelets with some tips from Katie. Franz uses everyday objects to make a robot storage container. Blogger Rachel Howard and her kids make a miniature construction site for toy earth-moving equipment! Use items from the Family Craft Box and recycle old road maps to craft a travel case full of learning games and activities - and treats, too!					
17:00:00	P. Allen Smith's Garden Home The Best of Garden Home: Gardening	APTEX	(S)	(CC)	N/A	#1515H
	P. Allen Smith highlights some of his favorite gardening segments in this blast from the past.					
17:30:00	Growing A Greener World Thomas Jefferson; Organic Gardening Pioneer: Monticello: Virginia	APTEX		(CC)	N/A	#524H
	To gardeners, Thomas Jefferson holds a special place of honor. The gardens at Monticello were a botanic laboratory of ornamental and useful plants from around the world. As an avid plantsman and gardener, Mr. Jefferson kept detailed records over many years of his horticultural discoveries, plant exchanges with friends around Europe as well as his successes and failures when it came to his own gardening and farming practices at Monticello. Thanks to his meticulous records and the historic preservation of the grounds, today we can step back in time to see how one of the most famous green gardeners in history lived out his passion for gardening at Monticello.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14168H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#520H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8103
19:30:00	In Good Shape Traditional Chinese Medicine	WNVC	(S)	(CC)	N/A	#430H
	Traditional Chinese Medicine is growing in popularity in the West. What kinds of health issues can be treated with acupuncture, herbs and Tai Chi? DW pays a visit to a TCM therapist. Also, how doctors can help mend severed nerves, and an illness that causes your legs and arms to balloon.					
20:00:00	The Lowertown Line. P.O.S.	APTEX	(S)	(CC)	N/A	#125H
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#304H
	Artists: Shaun Booker and Sean Carney, Matty Monk, Kate Klim, and hosted by songwriter Eric Gnezda. Artist Bio: Shaun Booker and Sean Carney are a Columbus, Ohio-based blues duo that tours the world. Shaun, a native of the South, has deep family roots in the civil rights movement, which contribute to her passionate, defiant vocals. Her guitar playing partner, Sean, a descendent of jazz horn players, has won the Albert King Best Guitarist award and took first place at the 2007 International Blues Challenge in Memphis. They perform "David and Goliath" and "I Don't Even Know Your Name." Artist Bio: Matty Monk was born and bred in a cornfield town in northern Ohio, and has been expressing himself through music since ever since. He blends an eclectic mix of blues, country, and jazz. Matty is a soul singer by heart and a writer, having released four albums with his band The Lovebones. He is starting to make his solo gig the main attraction and released his second album in 2016. He sings "Ohio Makes Me Cry." Artist Bio: Kate Klim arrived in Columbus, Ohio, by way of Boston and Nashville, where she was an active member of the local music scenes and no stranger to the stages of Club Passim and Nashville's famous venue for songwriters The Bluebird Cafe. Winner of the 2010 Kerrville New Folk competition, Kate was also a finalist in the Mountain Stage Newsong Contest, Telluride Troubadour Competition, and Falcon Ridge Folk fest. She has worked with Shawn Colvin, Richard Shindell, and Lucy Kaplinsky. Her third and latest CD is 100 Million Years. She performs "Even When its Bad."					
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#106H
	Performances by Miike Snow, Melanie Martinez, Deerhunter, Pusha T and Kurt Vile, with Henry Rollins and comedy from Top Gear's Adam Ferrara.					

Wed, Aug 23, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Climate Change: A Global Reality	NETA	(S)	(CC)	N/A	#0H
	<p>The headlines are ominous. "California Governor Proposes \$1 Billion In Drought Spending." "Researcher Says Rising Oceans Could Displace Millions By 2100." "NOAA, NASA Say 2014 Was Warmest Year on Record." "U.N. Warns World Could Have 40 Percent Water Shortfall By 2030." When it comes to climate change, the heat is on. In Climate Change: A Global Reality, moderator John King of CNN and expert panelists examine the relationship between climate change and the human activities that heighten and intensify its impacts. Topics include rising temperatures and sea levels, ongoing and future multi-year droughts and catastrophic weather events - with an eye toward reducing their impact through public policy initiatives.</p>					
23:00:00	Olmsted and America's Urban Parks	APTEX	(S)	(CC)	N/A	#0H
	<p>One-hundred and fifty-one years after Frederick Law Olmsted (1822-1903) designed New York City's Central Park with Calvert Vaux, it remains an undisputed haven of tranquility amid one of the largest, tallest and most unnatural places in the world. OLMSTED AND AMERICA'S URBAN PARKS, narrated by actress Kerry Washington, examines the visionary urban planner and landscape architect's impact on the development of America's first great city parks in the late 19th century. With incredible foresight, Olmsted brought nourishing green spaces to New York, Boston, Chicago, San Francisco, Atlanta, Louisville and dozens of other U.S. cities. Throughout his working life, Olmsted and his firm carried out more than 500 commissions, including nearly 100 public parks. He believed parks should serve as vital democratic spaces, where citizens from all walks of life could converge and feel restored. Prior to officially committing to landscape architecture, Olmsted worked as a New York Times correspondent to the Confederate states, the manager of a California gold mine and General Secretary of the United States Sanitary Commission during the Civil War. Olmsted, a workaholic by today's standards, devoted the latter half of his life to creating green spaces for overworked city dwellers. Told in large part through Olmsted's own words (voiced by Oscar winning actor Kevin Kline), this film weaves together his poignant personal story and pioneering vision with contemporary footage of the lasting masterpieces he left behind.</p>					

Thu, Aug 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8103
00:30:00	In Good Shape Traditional Chinese Medicine Traditional Chinese Medicine is growing in popularity in the West. What kinds of health issues can be treated with acupuncture, herbs and Tai Chi? DW pays a visit to a TCM therapist. Also, how doctors can help mend severed nerves, and an illness that causes your legs and arms to balloon.	WNVC	(S)	(CC)	N/A	#430H
01:00:00	The Lowertown Line. P.O.S.	APTEX	(S)	(CC)	N/A	#125H
01:30:00	Songs at the Center Artists: Shaun Booker and Sean Carney, Matty Monk, Kate Klim, and hosted by songwriter Eric Gnezda. Artist Bio: Shaun Booker and Sean Carney are a Columbus, Ohio-based blues duo that tours the world. Shaun, a native of the South, has deep family roots in the civil rights movement, which contribute to her passionate, defiant vocals. Her guitar playing partner, Sean, a descendent of jazz horn players, has won the Albert King Best Guitarist award and took first place at the 2007 International Blues Challenge in Memphis. They perform "David and Goliath" and "I Don't Even Know Your Name." Artist Bio: Matty Monk was born and bred in a cornfield town in northern Ohio, and has been expressing himself through music since ever since. He blends an eclectic mix of blues, country, and jazz. Matty is a soul singer by heart and a writer, having released four albums with his band The Lovebones. He is starting to make his solo gig the main attraction and released his second album in 2016. He sings "Ohio Makes Me Cry." Artist Bio: Kate Klim arrived in Columbus, Ohio, by way of Boston and Nashville, where she was an active member of the local music scenes and no stranger to the stages of Club Passim and Nashville's famous venue for songwriters The Bluebird Cafe. Winner of the 2010 Kerrville New Folk competition, Kate was also a finalist in the Mountain Stage Newsong Contest, Telluride Troubadour Competition, and Falcon Ridge Folk fest. She has worked with Shawn Colvin, Richard Shindell, and Lucy Kaplinsky. Her third and latest CD is 100 Million Years. She performs "Even When its Bad."	APTEX	(S)	(CC)	N/A	#304H
02:00:00	Live at 9:30 Performances by Miike Snow, Melanie Martinez, Deerhunter, Pusha T and Kurt Vile, with Henry Rollins and comedy from Top Gear's Adam Ferrara.	NACC	(S)	(CC)	N/A	#106H
03:00:00	Climate Change: A Global Reality The headlines are ominous. "California Governor Proposes \$1 Billion In Drought Spending." "Researcher Says Rising Oceans Could Displace Millions By 2100." "NOAA, NASA Say 2014 Was Warmest Year on Record." "U.N. Warns World Could Have 40 Percent Water Shortfall By 2030." When it comes to climate change, the heat is on. In Climate Change: A Global Reality, moderator John King of CNN and expert panelists examine the relationship between climate change and the human activities that heighten and intensify its impacts. Topics include rising temperatures and sea levels, ongoing and future multi-year droughts and catastrophic weather events - with an eye toward reducing their impact through public policy initiatives.	NETA	(S)	(CC)	N/A	#0H
04:00:00	Olmsted and America's Urban Parks One-hundred and fifty-one years after Frederick Law Olmsted (1822-1903) designed New York City's Central Park with Calvert Vaux, it remains an undisputed haven of tranquility amid one of the largest, tallest and most unnatural places in the world. OLMSTED AND AMERICA'S URBAN PARKS, narrated by actress Kerry Washington, examines the visionary urban planner and landscape architect's impact on the development of America's first great city parks in the late 19th century. With incredible foresight, Olmsted brought nourishing green spaces to New York, Boston, Chicago, San Francisco, Atlanta, Louisville and dozens of other U.S. cities. Throughout his working life, Olmsted and his firm carried out more than 500 commissions, including nearly 100 public parks. He believed parks should serve as vital democratic spaces, where citizens from all walks of life could converge and feel restored. Prior to officially committing to landscape architecture, Olmsted worked as a New York Times correspondent to the Confederate states, the manager of a California gold mine and General Secretary of the United States Sanitary Commission during the Civil War. Olmsted, a workaholic by today's standards, devoted the latter half of his life to creating green spaces for overworked city dwellers. Told in large part through Olmsted's own words (voiced by Oscar winning actor Kevin Kline), this film weaves together his poignant personal story and pioneering vision with contemporary footage of the lasting masterpieces he left behind.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#335
08:00:00	Zula Patrol Larva Or Leave Me/Egg Hunt LARVA OR LEAVE ME - Skip needs the help of The Zula Patrol to find his best friend, Wiggly. On their search, they find out the missing worm isn't a worm at all but a beautiful butterfly. They finally locate her just as she emerges from the chrysalis in her new form. Through their search mission, The Zula Patrol learns about the life cycles of different creatures and about a stage of growth called metamorphosis. Now that she's been found, Wiggly worries that Skip won't like her anymore because she's different. Nonsense! Change is a part of life. EGG HUNT - Deliria hatches an evil plan to steal all of the frogs and their eggs on Zula and use them in her quest to takeover the planet. Wizzy and Wigg catch wind of her scheme and come up with their own plan to stop her. Along the way they discover that the eggs hatch into tadpoles and then grow into frogs through metamorphosis. It's up to Zula to find the stolen eggs and frogs and return them to the planet for the good of all.	APTEX	(S)	(CC)	DVI	#301H

Thu, Aug 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Thomas Edison's Secret Lab Murphy's Law of Gravity/The Mystery of Pirate Woods Gravity: The SECRET LAB KIDS are ready to demo their new science song for web entrepreneur Mook Zookerboom when he learns that a satellite is coming down out of orbit, panics and heads for the airport. So the team must gather some data on gravity to convince him to return. Pirate: Angie's great-uncle Thaddeus and JD are sure a local nautical antique shop has the missing treasure chest of Greybeard the Pirate - but Angie, Nicky and Kent suspect the shop owner is the true pirate here.	APTEX	(S)	(CC)	N/A	#105H
09:00:00	Functional Fitness with Suzanne Andrews Lung Power Walking Workout	ACCES	(S)	(CC)	N/A	#309H
09:30:00	Classical Stretch: The Esmonde Technique Stomach Flattening Workout In this episode of Classical Stretch, join Miranda Esmonde-White on the grand beaches of Jamaica! This all-standing workout is designed to work your core and flatten your abs!	APTEX	(S)	(CC)	DVI	#1013H
10:00:00	Sit and Be Fit Lymphatic System Mary Ann uses soothing music and slow gentle movements to stimulate the lymphatic system.	NETA	(S)	(CC)	N/A	#1415H
10:30:00	It's Sew Easy Day and Evening Create garments and accessories that transform everyday wear into eveningwear. Designer Angela Wolf sews a versatile knit skirt to mix, match and accessorize. Pattern expert Deepika Prakash makes a simple swing dress in lush velvet for a special evening look.	NETA	(S)	(CC)	N/A	#1301H
11:00:00	Knitting Daily Arm Yourself Barry Klein shows some great ideas for finishing off your sleeve caps. Chat with the Tech Knitter about her popular blog. Leslye Solomon demonstrates how to attach set-in sleeves and Tanis Gray shows why diamonds and bobbles are a girl's best friend. Vickie Howell shows how details really matter, right down to the cuffs.	NETA	(S)	(CC)	N/A	#1407H
11:30:00	Quilting Arts Tell Me A Story Every quilt tells a story. Beginning with the color palette, artist Mary Lou Donahue-Weidman pieces free and easy blocks to build her quilt narrative. Using her camera, collage artist Leni Weiner captures familiar, everyday moments and translates them into compelling story quilts.	NETA	(S)	(CC)	N/A	#1906H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7019H
13:00:00	The Jazzy Vegetarian Sunday Brunch Host Laura Theodore prepares a plant-based morning meal. Featured guest: Julieanna Hever. Vegan Spinach-Tomato Omelet delivers an authentic texture and taste, enhanced with juicy tomatoes and fresh baby spinach. On the side, Spicy Baked Home Fries make the perfect complement to the meal while Breakfast Sunshine Salad will wake up taste buds. Quick Coconut-Grape Muffins feature a moist crumb and sweet surprise center.	NETA	(S)	(CC)	DVI	#507H
13:30:00	Mike Colameco's Real Food Alsace We spent a week exploring this northwestern region of France touring the vineyards and meeting with the winemakers while visiting restaurants along the way. Often confused with German wines, the wines of Alsace, especially it's bone dry Rieslings are some of the best value under appreciated wines available from anywhere on the planet.	NETA	(S)	(CC)	N/A	#1421H
14:00:00	Joanne Weir Gets Fresh Fresh Dairy Joanne takes us to a classic Italian trattoria called Poggio, where Chef Ben will show us how to make fresh mozzarella. To complement the freshly made cheese, Joanne will visit an amazing fig orchard in Yountville, and then incorporate cheese and figs in her cooking lesson, making Prosciutto-Wrapped Figs with Goat Cheese, amongst other dishes. Recipes: Grilled Prosciutto di Parma Wrapped Figs stuffed with Goat Cheese, Arugula Salad with Balsamic Vinaigrette, Green Caprese Salad. Student: Reggie Wooden.	APTEX	(S)	(CC)	N/A	#102H

Daily Program Listing II

43.1

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Thu, Aug 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	New Scandinavian Cooking Rich Farmland	APTEX	(S)	(CC)	N/A	#301H
	Andreas visits the county of Hedmark in Eastern Norway, a region known for big farms and abundance of produce. Inspired by 19th-century recipes of Norway's first cookbook writer, Andreas makes beef meatballs, sour cream porridge with air-cured ham and thick steaks served with mushroom ragu and potato gratin.					
15:00:00	Beads, Baubles and Jewels Wire It Up	NETA	(S)	(CC)	N/A	#2208H
	The right tools can unleash your creativity. Designer Brenda Schweder shows how to make wire frames and captures on a stationary jig. Illusion-style necklaces with crystals are easy and quick to make using tips and tricks from Katie's Beading Lesson.					
15:30:00	For Your Home Do You Know?	APTEX	(S)	(CC)	N/A	#3108H
	In this fact filled episode host Vicki Payne answers FYH viewers' questions, like why do you have to have your furnace and air conditioner inspected each season? Which is best a natural gas fire pit or one that operates on propane? How can you protect your outdoor planters from winter weather and what kinds of plants can take care of themselves? Information all homeowners need to know.					
16:00:00	Biz Kid\$ Money Moves	APTEX	(S)	(CC)	DVI	#105H
	When money moves between individuals or groups it is called a transaction. Join the Biz Kids and you'll follow a single dollar bill as it moves from a depositor's hand across the counter, down to the vault, over to the Federal Reserve, and finally out to a project the bank is financing. Visit the branch of a real credit union inside a high school where the students are the tellers. Watch the ebb and flow of money as the kids examine the concepts of supply and demand. Meet a young man who began collecting books to read to his grandmother and soon found himself as the head of a national book business.					
16:30:00	Hands On Crafts for Kids Fins, Feathers and Fur	NETA	(S)	(CC)	DVI	#1801H
	Let's get creative with inspiration from the forest, sea and sky. Jenny Barnett-Rohrs and Katie Hacker make a friendly hedgehog then Katie creates a wiggly fish. Franz Spohn scratches off paint to make colorful animal images and Jenny makes a gelatin print Valentine's Day card.					
17:00:00	P. Allen Smith's Garden Home Embrace Your Space	APTEX	(S)	(CC)	DVI	#1601H
	Making the most out of your space doesn't just apply to what's in your house. P. Allen Smith shows you how to take advantage of your great outdoors without breaking the bank.					
17:30:00	Growing A Greener World Money in the Honey: The Business of An Urban Beekeeper	APTEX	(S)	(CC)	N/A	#525H
	With the fate of honeybees still uncertain, gardeners know just how important they are for a bountiful garden and the world's food security. Yet with declining numbers, raising your own backyard bees makes even more sense. One of the biggest barriers to getting started though is the uncertainty of what's involved. In this episode, Joe Lamp'l bring you along as he attends his first beekeeping class, to buying the equipment, setting up the hive, to enjoying the bountiful harvest and wonderful honey that adds to the joy of this rapidly growing hobby.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14169H
18:30:00	Consuelo Mack Wealthtrack Contrarian Approach	APTEX	(S)	(CC)	N/A	#1409H
	Guest: David Wallack, Portfolio Manager, T. Rowe Price Mid-Cap Value Fund. This week's Consuelo Mack WealthTrack features a rare interview with "Great Investor" and Morningstar's 2016 Domestic-Stock Fund Manager of the Year David Wallack.					
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8104
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1014H
20:00:00	Backstage Pass George Delancey Quartet	NETA	(S)	(CC)	N/A	#713H
	Former Michigan State University Jazz students George DeLancey, bass, and Jon Beshay, sax, bring jazz to life alongside Rick Roe, piano, and Sean Dobbins, drums. The George DeLancey Quartet featured "The Piano by the Window" and "Melancholy Evening" during this performance recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.					

Thu, Aug 24, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Music Voyager The Bahamas: Raking and Scraping Across The Islands	APTEX	(S)	(CC)	N/A	#607H
	This archipelago of beautiful tropical islands has long appealed to musical explorers in search of sonic treasures. In this episode, they travel to Cat Island in search of the roots of rake and scrape, the local music style Bahamians call their own. After a beach-side performance by traditionalists Bo Hog and the Rooters we head to Grand Bahama in search of Stileet, a new generation rake and scrape singer who is bringing urban attitude to the style. Then they explore the roots of spiritual music in The Bahamas with a fireside performance by multigenerational acapella group The Region Bells. From there, Shabak, the most popular contemporary gospel group in The Bahamas, gives them an uplifting performance in a beautiful 17th century cathedral. Along the way they learn how to carve up a conch, attempt to fish for their supper, and sample the intoxicating drink known as The Gully Wash.					
21:00:00	Xerox Rochester International Jazz Festival Jeff Johnston & Friends	APTEX	(S)	(CC)	N/A	#807H
	Jeff Johnston is a Canadian based composer of music for film and media. With musical beginnings as a jazz pianist and recording artist his works are infused with alluring harmonies, lush textures, rhythmic inventiveness and spontaneity. Chuck Berg of Jazz Times Magazine wrote "This is music that while at the contemporary cutting edge, is both immediately and immensely satisfying." Johnston's trio and quartet recordings established him as a respected pianist and composer leading the Globe and Mail's Mark Miller to say "This is Canadian jazz at its best."					
22:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#602H
	Nicole Kidman (Big Little Lies) with Ewan McGregor (Fargo), Millie Bobby Brown (Stranger Things) and Evan Rachel Wood (Westworld), Pamela Adlon (Better Things) and Sterling K. Brown (This is Us), Riz Ahmed (The Night Of) and Elisabeth Moss (The Handmaid's Tale), Brit Marling (The OA) and Issa Rae (Insecure) and Anthony Anderson (Black-ish) with Kaley Cuoco (The Big Bang Theory).					
23:00:00	Oregon Revealed: Coastal Wonder	APTEX	(S)	(CC)	N/A	#0H
	OREGON REVEALED. COASTAL WONDERS highlights the state's stunning landscapes and spectacular coastline stretching from the bridges of Astoria to the rolling dunes of Bandon. Shot with a CinePlex camera system, the one-hour documentary features a dramatic aerial tour of the state's breathtaking cliffs, estuaries, ports and small towns, including Tillamook Bay, Cape Kiwanda, Coos Bay and more. The striking footage also captures Oregonians in action along the coast, from windsurfing in the Columbia River to riding all-terrain vehicles through the sand dunes.					

Fri, Aug 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8104
00:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1014H
01:00:00	Backstage Pass George DeLancey Quartet	NETA	(S)	(CC)	N/A	#713H
	Former Michigan State University Jazz students George DeLancey, bass, and Jon Beshay, sax, bring jazz to life alongside Rick Roe, piano, and Sean Dobbins, drums. The George DeLancey Quartet featured "The Piano by the Window" and "Melancholy Evening" during this performance recorded at Lansing JazzFest 2015 in Lansing's historic Old Town district.					
01:30:00	Music Voyager The Bahamas: Raking and Scraping Across The Islands	APTEX	(S)	(CC)	N/A	#607H
	This archipelago of beautiful tropical islands has long appealed to musical explorers in search of sonic treasures. In this episode, they travel to Cat Island in search of the roots of rake and scrape, the local music style Bahamians call their own. After a beach-side performance by traditionalists Bo Hog and the Rooters we head to Grand Bahama in search of Stileet, a new generation rake and scrape singer who is bringing urban attitude to the style. Then they explore the roots of spiritual music in The Bahamas with a fireside performance by multigenerational acapella group The Region Bells. From there, Shabak, the most popular contemporary gospel group in The Bahamas, gives them an uplifting performance in a beautiful 17th century cathedral. Along the way they learn how to carve up a conch, attempt to fish for their supper, and sample the intoxicating drink known as The Gully Wash.					
02:00:00	Xerox Rochester International Jazz Festival Jeff Johnston & Friends	APTEX	(S)	(CC)	N/A	#807H
	Jeff Johnston is a Canadian based composer of music for film and media. With musical beginnings as a jazz pianist and recording artist his works are infused with alluring harmonies, lush textures, rhythmic inventiveness and spontaneity. Chuck Berg of Jazz Times Magazine wrote "This is music that while at the contemporary cutting edge, is both immediately and immensely satisfying." Johnston's trio and quartet recordings established him as a respected pianist and composer leading the Globe and Mail's Mark Miller to say "This is Canadian jazz at its best."					
03:00:00	Variety Studio: Actors On Actors	NETA	(S)	(CC)	N/A	#602H
	Nicole Kidman (Big Little Lies) with Ewan McGregor (Fargo), Millie Bobby Brown (Stranger Things) and Evan Rachel Wood (Westworld), Pamela Adlon (Better Things) and Sterling K. Brown (This is Us), Riz Ahmed (The Night Of) and Elisabeth Moss (The Handmaid's Tale), Brit Marling (The OA) and Issa Rae (Insecure) and Anthony Anderson (Black-ish) with Kaley Cuoco (The Big Bang Theory).					
04:00:00	Oregon Revealed: Coastal Wonder	APTEX	(S)	(CC)	N/A	#0H
	OREGON REVEALED. COASTAL WONDERS highlights the state's stunning landscapes and spectacular coastline stretching from the bridges of Astoria to the rolling dunes of Bandon. Shot with a CinePlex camera system, the one-hour documentary features a dramatic aerial tour of the state's breathtaking cliffs, estuaries, ports and small towns, including Tillamook Bay, Cape Kiwanda, Coos Bay and more. The striking footage also captures Oregonians in action along the coast, from windsurfing in the Columbia River to riding all-terrain vehicles through the sand dunes.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#336
08:00:00	Zula Patrol Spin Control: The Venus Effect/Crater Raters: Journey to Mercury	APTEX	(S)	(CC)	DVI	#302H
	SPIN CONTROL: THE VENUS EFFECT - Venus refuses to pose for a picture on Multo's Mega-Map of the Solar System because she feels that she doesn't fit in with the other planets. The Zula Patrol figures out how unique Venus is, then (with some musical help from Wizzy and Wigg) manage to convince her that having a "retrograde" rotation really rocks! CRATER RATERS: JOURNEY TO MERCURY - The Zulean Crater Rater Society is late in arriving for Multo's luncheon and that means trouble. The Zula Patrol must race to the planet Mercury to rescue the Raters from the clutches of Dark Truder - who wants to use their knowledge of craters to build a gigantic golf course where even HE can't miss the holes.					
08:30:00	Thomas Edison's Secret Lab Electric Kent!/Fashion Genes	APTEX	(S)	(CC)	N/A	#106H
	Electric: Kent discovers one of Edison's secret inventions - an exo-bodysuit: a steampunk Ironman device that turns him into a klutzy superhero. Fashion: Ever-confident Nicky finds herself competing with Sheila in a "Project Runway"-type show, and, needing the perfect model to show off her designs on the runway, she decides to clone herself.					
09:00:00	Functional Fitness with Suzanne Andrews Arm Conditioning	ACCES	(S)	(CC)	N/A	#310H
09:30:00	Classical Stretch: The Esmonde Technique Put A Bounce In Your Step	APTEX	(S)	(CC)	DVI	#1014H
	In this episode of Classical Stretch, join Miranda Esmonde-White on location in stunning Jamaica. This all-barre workout will strengthen your entire body and put a bounce in your step by making you feel light on your feet!					

Fri, Aug 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
10:00:00	Sit and Be Fit Mobility and Balance This episode highlights a variety of exercises to improve balance and concludes with stroking.	NETA	(S)	(CC)	N/A	#1416H
10:30:00	It's Sew Easy Vacation Indulgences Take time off and plan a vacation. Designer Kay Whitt makes an easy, comfortable and adjustable waistband for skirts or pants. Sewing educator Joanne Banko makes any day a spa day with a luxurious waffle-weave spa robe with colorful custom trim.	NETA	(S)	(CC)	N/A	#1302H
11:00:00	Knitting Daily Playtime Knits It's time to play! Author Elizabeth Green Musselman knits a kid-approved Ninja back pack. Artist Taylor Hart shares her whimsical crocheted taxidermy and the Dolly Mamas knit a furry friend for a good cause. Tanis Gray teaches the puffy Canterbury Bells stitch and Vickie Howell shows how to finger knit.	NETA	(S)	(CC)	N/A	#1408H
11:30:00	Quilting Arts Planning and Design Thoughtful planning yields high-impact results. Textile artist Ann Loveless shares her process for creating a 10-foot, multi-panel panorama quilt. Fiber artist and author Grace Errea translates color values and harmonies in her quilt designs.	NETA	(S)	(CC)	N/A	#1907H
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7020H
13:00:00	Ellie's Real Good Food Dueling Schedules Dinner Challenge It can be a challenge to put dinner together in a working household. And then what happens when you're working opposite shifts? Ellie helps a frazzled couple trying to get healthy weeknight dinners on the table when conflicting schedules and priorities intervene. Recipes: Shrimp with spinach, garlic and smoked paprika; Peach chicken with crispy bread crumbs. 3-Ingredient Recipe: Two-minute mango-coconut sorbet.	APTEX	(S)	(CC)	N/A	#109H
13:30:00	Kevin Dundon's Modern Irish Food Savory to Sweet Kevin serves up a warming courgette and almond soup followed by a rack of Wexford lamb with an Asian twist served with a potato rosti. Plus, caramelized apple chutney; dandelion salad with bacon and poached eggs; and orange marmalade pudding.	APTEX	(S)	(CC)	N/A	#108H
14:00:00	Chef John Besh's New Orleans Chop Salad, Redfish Courtbouillon, and Strawberry Sorbet.	APTEX	(S)	(CC)	DVI	#114H
14:30:00	Essential Pepin Light As Air Meringue Shells With Chantilly Cream; Macaroons; Chocolate Roll; Chocolate Souffle Cake With Raspberry Sauce.	APTEX	(S)	(CC)	DVI	#121H
15:00:00	Beads, Baubles and Jewels Make It from Scratch When the creative urge strikes, it's great to have the right tools at hand. Author and teacher Kate Richbourg cuts, forms and textures metal using hand-held tools to create a leaf-shaped pendant. Katie embellishes tassels with crystals to add a little sparkle.	NETA	(S)	(CC)	N/A	#2209H
15:30:00	For Your Home Backyard Living Spaces FYH host Vicki Payne takes a trip to Michigan to help her son Tony transform his backyard into an exciting place to entertain his family of five and all their friends. Tony lends sweat equity to the project and gets lots of help from his neighbors to stay on budget throughout the project.	APTEX	(S)	(CC)	N/A	#3109H
16:00:00	Biz Kid\$ Taking Charge of Your Financial Future Join the Biz Kids as they figure out where they want to be financially and make plans on how to get there. You can work on your plans and meet some new kid entrepreneurs, too. Follow along as a Biz Kid sets up his first savings account. We also look at an innovative program that rescues street kids and gets them back into education and business.	APTEX	(S)	(CC)	DVI	#106H

Fri, Aug 25, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Dress Up It's fun to dress up and decorate. Jenny Barnett-Rohrs and Katie Hacker team up to make a really cool cape. Candie Cooper recreates a design from a famous modern artwork. Then, we'll dance away in a new tutu skirt and make a patriotic decoration from blogger Angie Holden.	NETA	(S)	(CC)	DVI	#1802H
17:00:00	P. Allen Smith's Garden Home Thank You for Sharing Sharing is caring, so join P. Allen Smith as he visits with some of the movers and shakers making a real difference in their communities.	APTEX	(S)	(CC)	DVI	#1602H
17:30:00	Growing A Greener World Blooms and Birds; A Gardeners Guide to Backyard Birding: Copake Falls, Ny For gardeners, bird watching and attracting them to our gardens is a natural. Beyond the beauty and excitement they bring, birds play an important role in organic pest control, seed dispersal, and biodiversity. Gardeners can play an important role in creating environments that offer shelter, natural food and water sources, nesting sites, and a place to raise their young. This episode covers the most important things you need to know to have a healthy habitat that will attract and protect the widest variety of birds to your backyard.	APTEX	(S)	(CC)	N/A	#526H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14170H
18:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1333H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8105
19:30:00	Global 3000 Bicycle-Mounted Medical Team Accompany a bicycle-mounted medical team through civil war plagued South Sudan. Join giant manta rays and conservationists off the Peruvian coast, and explore the growing halal tourism market.	WNVC	(S)	(CC)	N/A	#932H
20:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Larry Stephenson Band / Chris Jones & The	NETA	(S)	(CC)	N/A	#1204H
21:00:00	Woodsongs Kinky Friedman/Kacey Jones Kinky Friedman is America's most famous Jewish cowboy. He's a songwriter, musician, author, comedian, philosopher, thinker and politician. His band is called "Texas Jewboys" and his big hit is "They Don't Make Jews Like Jesus Anymore." Kinky is one of the modern era's closest link to Walt Whitman and Mark Twain. Kinky performs songs from his new album The Loneliest Man I Even Met. Kacey Jones is one of America's funniest ladies of song. She produced an album with Kinky and has a huge body of work in her own right. Her latest song "Donald Trump's Hair" is a hysterical song about one of the recent campaign's oddest subjects.	NETA	(S)	(CC)	N/A	#1809H
22:00:00	Film School Shorts Our Culture If the gangsters of Martin Scorsese's Goodfellas got into the fast food business, Foodfellas would result. Directed by Reuben Guberek. And as Reel.com wrote, Culture is "The best 60 seconds of film you'll see at Sundance." Directed by Ari Gold. A quick stop for gas turns into a high-stress waiting game for one unlucky criminal in Open 24 Hours, featuring Brad Leland and Dale Raoul. Directed by Henry Chaisson. The episode ends with a mischievous cat that loves knocking over trashcans, much to his owner's dismay in Trash Cat. Directed by Kelsey Goldych.	NETA	(S)	(CC)	N/A	#410H
22:30:00	On Story Script to Screen: Motorcycle Diaries In this episode, screenwriter Jose Rivera discusses his approach to bringing Che Guevara's story to the screen, balancing Guevara's political awakening with his road trip adventures, and working with director Walter Salles and actor Gael Garcia Bernal.	NETA	(S)	(CC)	N/A	#712H
23:00:00	Science Goes to the Movies Evil Guest: Professor Ahmed Rageb. Movie: Split. Evil - it's a great plot twist but where does it fit in real life? Prof. Ahmed Rageb of Harvard School of Divinity joins us to talk about the psychology and science in the movie, Split.	EPS	(S)	(CC)	N/A	#408H
23:30:00	Theater Talk A Doll's House, Part 2 and Anastasia The guests are TONY-nominated actors Laurie Metcalf and Chris Cooper from "A Doll's House, Part 2," plus its TONY-nominated playwright Lucas Hnath. Next up, actors Christy Altomare and Ramin Karimloo from the new musical "Anastasia," along with the show's librettist Terrence McNally.	EPS	(S)	(CC)	N/A	#1030H

Sat, Aug 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8105
00:30:00	Global 3000 Bicycle-Mounted Medical Team	WNVC	(S)	(CC)	N/A	#932H
	Accompany a bicycle-mounted medical team through civil war plagued South Sudan. Join giant manta rays and conservationists off the Peruvian coast, and explore the growing halal tourism market.					
01:00:00	Song of the Mountains Tribute & Memorial to Miss Dixie Hall Larry Stephenson Band / Chris Jones & The	NETA	(S)	(CC)	N/A	#1204H
02:00:00	Woodsongs Kinky Friedman/Kacey Jones	NETA	(S)	(CC)	N/A	#1809H
	Kinky Friedman is America's most famous Jewish cowboy. He's a songwriter, musician, author, comedian, philosopher, thinker and politician. His band is called "Texas Jewboys" and his big hit is "They Don't Make Jews Like Jesus Anymore." Kinky is one of the modern era's closest link to Walt Whitman and Mark Twain. Kinky performs songs from his new album The Loneliest Man I Even Met. Kacey Jones is one of America's funniest ladies of song. She produced an album with Kinky and has a huge body of work in her own right. Her latest song "Donald Trump's Hair" is a hysterical song about one of the recent campaign's oddest subjects.					
03:00:00	Film School Shorts Our Culture	NETA	(S)	(CC)	N/A	#410H
	If the gangsters of Martin Scorsese's Goodfellas got into the fast food business, Foodfellas would result. Directed by Reuben Guberek. And as Reel.com wrote, Culture is "The best 60 seconds of film you'll see at Sundance." Directed by Ari Gold. A quick stop for gas turns into a high-stress waiting game for one unlucky criminal in Open 24 Hours, featuring Brad Leland and Dale Raoul. Directed by Henry Chaisson. The episode ends with a mischievous cat that loves knocking over trashcans, much to his owner's dismay in Trash Cat. Directed by Kelsey Goldych.					
03:30:00	On Story Script to Screen: Motorcycle Diaries	NETA	(S)	(CC)	N/A	#712H
	In this episode, screenwriter Jose Rivera discusses his approach to bringing Che Guevara's story to the screen, balancing Guevara's political awakening with his road trip adventures, and working with director Walter Salles and actor Gael Garcia Bernal.					
04:00:00	Science Goes to the Movies Evil	EPS	(S)	(CC)	N/A	#408H
	Guest: Professor Ahmed Rageb. Movie: Split. Evil - it's a great plot twist but where does it fit in real life? Prof. Ahmed Rageb of Harvard School of Divinity joins us to talk about the psychology and science in the movie, Split.					
04:30:00	Theater Talk A Doll's House, Part 2 and Anastasia	EPS	(S)	(CC)	N/A	#1030H
	The guests are TONY-nominated actors Laurie Metcalf and Chris Cooper from "A Doll's House, Part 2," plus its TONY-nominated playwright Lucas Hnath. Next up, actors Christy Altomare and Ramin Karimloo from the new musical "Anastasia," along with the show's librettist Terrence McNally.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#337
08:00:00	Beauty of Oil Painting with Gary and Kathwren Jenkins Songbird of the Tropics	APTEX	(S)	(CC)	N/A	#506H
	A tropical songbird sits on a wild berry bush deep in the rainforest in front of a green acrylic background. Gary goes into detail regarding the necessary techniques he'll need to incorporate to complete this painting.					
08:30:00	Painting with Wilson Bickford Soaring Eagle, Part 2	NETA	(S)	(CC)	N/A	#213H
	Against a sky full of fluffy clouds, an eagle soars high above a forest canopy. In Part 2, Wilson demonstrates the techniques needed to paint this majestic symbol of our country.					
09:00:00	Landscapes Through Time with David Dunlop The Woodland Streams of the Hudson River Painters	NETA	(S)	(CC)	DVI	#208H
	David travels to a secluded woodland stream in New England, following in the footsteps of Hudson River painters such as Thomas Cole (1801-1848) and Asher Durand (1796-1886). David paints an oil study of the intimate stream in a setting of dense and dappled foliage, demonstrating techniques of painting water and woods used by the Hudson River painters to convey emotion as well as inspiration.					

Sat, Aug 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique Fingers and Hands In this episode of Classical Stretch, join Miranda Esmonde-White on the charming beaches of Jamaica. This all-standing workout will strengthen your entire body with an emphasis on your fingers and hands!	APTEX	(S)	(CC)	DVI	#1015H
10:00:00	Sit and Be Fit Your Feet, Your Foundation It's important to let your feet feel the floor. Exercising barefoot, Mary Ann emphasizes somatosensory awareness in the feet throughout the workout.	NETA	(S)	(CC)	N/A	#1417H
10:30:00	Functional Fitness with Suzanne Andrews Anti Aging	ACCES		(CC)	N/A	#106H
11:00:00	Delicious TV's Vegan Mashup Budget Friendly Bonanza Who knew budget-friendly vegan feasting would be easy, fun and scrumptious. Toni Fiore is making a delicious and dreamy Veggie One Pot utilizing frozen veggies over her Savory Roasted Potatoes. Miyoko Schinner creates a family style spread for roll your own sushi. And Toni joins Miyoko as a fan for the day.	NETA	(S)	(CC)	DVI	#304H
11:30:00	Mexico -- One Plate at a Time with Rick Bayless The Hunt for Caribbean Lobster Deep in the Sian Ka'an nature reserve, there's a seriously remote village called Punta Allen, where a team from the local sustainable lobster fishing cooperative brings Rick and chef Juan Pablo Loza out for an afternoon at sea. The day's catch? A Caribbean lobster, simply prepared in coconut soup. Back at the ultra-luxe Rosewood Mayakoba resort, Juan Pablo showcases the tranquil resort gardens before preparing a feast of grilled lobster zarandeado with adobo mayo and sweet corn puree in the kitchen of La Ceiba, an outdoor garden party area. Inspired by the tropical abundance, Rick heads to his backyard garden with master gardener Bill Shores before making greens with grilled honey-lime dressing and a sweet-and-spicy, chipotle-honey glazed shrimp dish.	APTEX	(S)	(CC)	N/A	#1101H
12:00:00	Lidia's Kitchen The Tomato The tomato is not native to Italy, but it made a big impact on Italian cuisine when it arrived centuries ago. From canned to vine ripened, Lidia shares with you several of her favorite tomato dishes including: stuffed tomatoes: stuffed with rice, mozzarella and basil; braised pork ribs with rigatoni: tender to the bone pork ribs and braising sauce with rigatoni; and green beans in chunky tomato sauce: a perfect side of fresh green beans smothered in a fresh chunky tomato sauce.	APTEX	(S)	(CC)	N/A	#420H
12:30:00	Moveable Feast with Fine Cooking Miami 1 - Fruit and Spice Park Host Pete Evans makes his way to the gorgeous city of Miami to explore the freshest local ingredients it has to offer on this episode of Moveable Feast with Fine Cooking. He meets up with three fabulous Miami chefs, Michelle Bernstein, Lindsay Autry, and Cindy Hudson. The three travel to Paradise Farms to pick-up banana leaves and other fresh veggies for the night's feast. Then they're off to the Fruit & Spice Park, a 37-acre botanical garden with exotic fruits and produce where the chefs pick fresh jackfruit and canistel in the gardens and prepare this farm-fresh feast. The menu features grilled snapper in banana leaf with charred okra and tomato stew; farro risotto with squash blossoms and creamy pesto; toasted curried jackfruit pilau with salted cashews; maduros and fresh coconut cream; and canistel islas flotantes for dessert.	APTEX	(S)	(CC)	N/A	#311H
13:00:00	Two for the Road Adventure In Antarctica After crossing the dreaded Drake Passage, Nik and Dusty arrive to the coast to Antarctica, and find penguins, whales and skyscraper-sized icebergs. But a painful accident threatens to spoil their hopes of setting foot on the continent. Part 2 of 2.	NETA	(S)	(CC)	N/A	#102H
13:30:00	Mineral Explorers Colombia Every day millions of dollars of emeralds are traded on the streets of Bogota, Colombia's thriving capital city, but few people ever venture to the source of these elusive gems. In this episode, Nagin leads us over treacherous mountain roads deep in the Andes Mountains to explore Colombia's gorgeous but rugged countryside, the lives of its people, and the amazing world of emeralds. Then, it's back to the big city to visit to the hustle of the world's largest emerald district. Minerals featured in this episode: Emeralds.	NETA	(S)	(CC)	DVI	#102H
14:00:00	Rick Steves' Europe Florence: Heart of the Renaissance Fifteenth-century Florence was the home of the Renaissance and the birthplace of our modern world. In this first of two episodes, we gaze into the self-assured eyes of Michelangelo's David, enjoy Botticelli's Birth of Venus, delve into the 3-D wonders of Ghiberti's Gates of Paradise, appreciate Fra Angelico's serene beauty, and climb the dome that kicked off the Renaissance. Then we cross the Arno to where Florentine artisans live, work, and eat...very well.	APTEX	(S)	(CC)	N/A	#704H

Sat, Aug 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
14:30:00	Born to Explore with Richard Wiese Chile: Kissed by the Sea Richard Wiese travels to Chile, renowned for its rich cultures and traditions. In Santiago, Richard explores the Mercado Centrale, ranked as one of the world's top markets. He journeys to the artistic seaport town of Valparaiso, the cradle of "cueca brava," the gritty urban music that unites Chileans young and old. In the village of Horcon, Richard launches into the Pacific with Chile's only commercial fisherwoman and finds out how she's faced down danger on the open seas for 40 years.	APTEX	(S)	(CC)	N/A	#124H
15:00:00	Garden Smart A raindrop can be one of the most beneficial or most destructive elements on earth. And managing storm water runoff is a problem no matter where we live. GardenSMART visits the University of Virginia, founded by Thomas Jefferson, to take a look at their innovative rainwater management ideas. An interesting show and a lot to learn. Be sure to tune in.	NETA	(S)	(CC)	N/A	#4708H
15:30:00	Baby Makes 3 The Homestretch Tight restrictions on painting and modifications for this family living in an apartment are no match for the Baby Makes 3 design team, and they hit a home run.	APTEX	(S)	(CC)	N/A	#204H
16:00:00	Conversations in the Digital Age with Jim Zirin Should Nuclear Policy Be Trump's First Order of Business? Guest: Rebecca Lissner, Council on Foreign Relations. Trump said he wants to ramp up our nuclear arsenal as he bids for a better relationship with Putin. Meanwhile, North Korea says its ICBM launch has reached the final stage. Council on Foreign Relations nuclear policy expert Rebecca Lissner tells Jim Zirin that we urgently need a "grand strategy" to deal with an alarming threat.	EPS	(S)	(CC)	N/A	#109H
16:30:00	Overheard with Evan Smith Steve Case, Venture Capitalist & Co-Founder, Aol Steve Case is Co-Founder of AOL and a venture capitalist. As CEO of Revolution he has backed companies like Zipcar, Sweetgreen and Living Social. He's known as one of America's most successful entrepreneurs and executives, focused on supporting startups. Case is also a Presidential Ambassador for Global Entrepreneurship and was a member of President Obama's Council on Jobs and Competitiveness. He is author of a new book entitled The Third Wave: An Entrepreneur's Vision of the Future.	NETA	(S)	(CC)	N/A	#621H
17:00:00	Pen TV Program TBA Place Holder for TBA Program		(S)	(N)	N/A	#0H
17:30:00	Craftsman's Legacy The Metal Shaper We're switching it up! Host becomes the guest as metal shaper Eric Gorges is the featured craftsman, letting master blacksmith Lorelei Sims (season one) do the interviewing while they heat it up and make a motorcycle fender.	APTEX	(S)	(CC)	N/A	#313H
18:00:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3533H
18:30:00	The Open Mind A Politics In Crisis Guest: Lawrence O'Donnell Host of MSNBC's The Last Word and former The West Wing executive producer/writer Lawrence O'Donnell talks about the condition of American politic.	NETA		(CC)	N/A	#3804H
19:00:00	Closer to Truth How Could Esp Work? If ESP were real, would it transcend space and time? How could our minds know stuff, and do stuff, not only beyond our senses, but also beyond the laws of physics? What are possible mechanisms?	EPS	(S)	(CC)	N/A	#1508H
19:30:00	American Forum Trump and His America How has President Trump matched up to his promises to middle America as a candidate? What did major policymakers expect? Where are we now? A special report.	NETA	(S)	(CC)	N/A	#240H

Sat, Aug 26, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:00:00	Infinity Hall Live The Revivalists	APTEX	(S)	(CC)	N/A	#601H
	<p>This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.</p>					
21:00:00	Front and Center Cma Songwriter Series with Jennifer Nettles	APTEX	(S)	(CC)	N/A	#709H
	<p>Three time Grammy Award winner and six time CMA Award winner Jennifer Nettles is known as one of country music's powerhouse vocalists. Her debut solo album, That Girl, hit #1 on the Billboard Country Chart and #5 on the Billboard Top 200. Her second album, Playing with Fire, released May 2016 reached #2 on the Billboard Country Chart and #10 on The Billboard Top 200. Grammy Award nominated singer/songwriter Brandy Clark and singer/songwriter Amos Lee join Jennifer Nettles on stage to sing some of their greatest hits including "Love Can Go to Hell," "Unlove You," and "Drunk in Heels."</p>					
22:00:00	Globe Trekker Road Trip: Rust Belt Highway, USA	APTEX	(S)	(CC)	N/A	#1601H
	<p>Globe Trekker Megan McCormick takes to the road to explore the industrial heartland of America. This atmospheric and evocative road trip goes through some of America's most underrated regions and beautiful country sides. Megan goes through the cities of Pittsburgh, Detroit and Flint, Michigan, along the famous Highway 61 before we skirt the shores of the Great Lakes. In Ohio, she visits Cleveland, Toledo and Akron, the former Rubber Capital of the World. This episode looks at what remains of the industries that made America great, and how the Rust Belt is transforming itself, and looking to the future in the 21st Century.</p>					
23:00:00	Arts In Context The Influencers	NETA		(CC)	N/A	#505H
	<p>Few things form the expectations for a work-of-art like its branding. Album art, posters, and visual presentation can enhance, transform, or even subvert its associated work-of-art. Responsible for some of the most iconic album art in the past two decades, Chris Bilheimer has left his stamp on the world of graphic design. Having created some of the most recognizable album covers in the world for R.E.M., Green Day, and Neutral Milk Hotel, Bilheimer is now in Austin, Texas, searching for new opportunities. Michael Sieben is not only one of the world's best graphic designers but is also the managing editor of Thrasher Magazine. These two key figures of contemporary graphic design are helping to shape the future of branding.</p>					
23:30:00	Ecosense for Living Biscayne National Park and E.O. Wilson	NETA	(S)	(CC)	N/A	#204H
	<p>Biscayne National Park, just south of Miami, is all about what lies beneath. Ninety-five percent of the park is covered in water and is best explored by snorkeling or diving. EcoSense follows a group of divers, some veterans, some disabled, on the park's Maritime Heritage Trail of 6 shipwrecks, complete with submerged historical trail markers. The trail is an opportunity for archeologists to study the human history of Florida's reef, and for visitors to experience a trail like no other in the National Park System. Pulitzer prize-winning biologist E.O. Wilson expands our horizons with his wisdom on how places like national parks can preserve the planet.</p>					

Sun, Aug 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:00	Closer to Truth How Could Esp Work? If ESP were real, would it transcend space and time? How could our minds know stuff, and do stuff, not only beyond our senses, but also beyond the laws of physics? What are possible mechanisms?	EPS	(S)	(CC)	N/A	#1508H
00:30:00	American Forum Trump and His America How has President Trump matched up to his promises to middle America as a candidate? What did major policymakers expect? Where are we now? A special report.	NETA	(S)	(CC)	N/A	#240H
01:00:00	Infinity Hall Live The Revivalists This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more. This alt-rock jam band surged out of Bayou Country in 2007, led by the intoxicating David Shaw and were named by Rolling Stonemagazine as one of 2016's "10 Bands You Need to Know." Shaw's searing vocals together with Zack Feinberg on guitar, Andrew Campanelli on drums, Ed Williams on pedal steel guitar, George Gekas on bass, Rob Ingraham on saxophone, and Michael Girardot on keyboards and trumpet energize fans with their eclectic Southern mix of jazz-funk grooves, blues-rock grit, and warm melodies on "Soulfight" (featured on the TV series NCIS: New Orleans), their No. 1 radio hit "Wish I Knew You" and more.	APTEX	(S)	(CC)	N/A	#601H
02:00:00	Front and Center Cma Songwriter Series with Jennifer Nettles Three time Grammy Award winner and six time CMA Award winner Jennifer Nettles is known as one of country music's powerhouse vocalists. Her debut solo album, That Girl, hit #1 on the Billboard Country Chart and #5 on the Billboard Top 200. Her second album, Playing with Fire, released May 2016 reached #2 on the Billboard Country Chart and #10 on The Billboard Top 200. Grammy Award nominated singer/songwriter Brandy Clark and singer/songwriter Amos Lee join Jennifer Nettles on stage to sing some of their greatest hits including "Love Can Go to Hell," "Unlove You," and "Drunk in Heels."	APTEX	(S)	(CC)	N/A	#709H
03:00:00	Globe Trekker Road Trip: Rust Belt Highway, USA Globe Trekker Megan McCormick takes to the road to explore the industrial heartland of America. This atmospheric and evocative road trip goes through some of America's most underrated regions and beautiful country sides. Megan goes through the cities of Pittsburgh, Detroit and Flint, Michigan, along the famous Highway 61 before we skirt the shores of the Great Lakes. In Ohio, she visits Cleveland, Toledo and Akron, the former Rubber Capital of the World. This episode looks at what remains of the industries that made America great, and how the Rust Belt is transforming itself, and looking to the future in the 21st Century.	APTEX	(S)	(CC)	N/A	#1601H
04:00:00	Arts In Context The Influencers Few things form the expectations for a work-of-art like its branding. Album art, posters, and visual presentation can enhance, transform, or even subvert its associated work-of-art. Responsible for some of the most iconic album art in the past two decades, Chris Bilheimer has left his stamp on the world of graphic design. Having created some of the most recognizable album covers in the world for R.E.M., Green Day, and Neutral Milk Hotel, Bilheimer is now in Austin, Texas, searching for new opportunities. Michael Sieben is not only one of the world's best graphic designers but is also the managing editor of Thrasher Magazine. These two key figures of contemporary graphic design are helping to shape the future of branding.	NETA		(CC)	N/A	#505H
04:30:00	Ecosense for Living Biscayne National Park and E.O. Wilson Biscayne National Park, just south of Miami, is all about what lies beneath. Ninety-five percent of the park is covered in water and is best explored by snorkeling or diving. EcoSense follows a group of divers, some veterans, some disabled, on the park's Maritime Heritage Trail of 6 shipwrecks, complete with submerged historical trail markers. The trail is an opportunity for archeologists to study the human history of Florida's reef, and for visitors to experience a trail like no other in the National Park System. Pulitzer prize-winning biologist E.O. Wilson expands our horizons with his wisdom on how places like national parks can preserve the planet.	NETA	(S)	(CC)	N/A	#204H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#338
08:00:00	Gary Spetz's Watercolor Quest Tracy Arm to Juneau Host-Artist, Gary Spetz, sails aboard a cruise ship to explore, photograph and paint Alaska-from the deep fjord of Tracy Arm to the capital city of Juneau. In this episode, he explains, along the way, what he looks for, in composing a scene and how he approaches various paintings.	APTEX	(S)	(CC)	DVI	#107

Sun, Aug 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
08:30:00	Painting with Paulson Farewell to Today Part I	NETA	(S)	(CC)	N/A	#1601H
09:00:00	Wyland's Art Studio Mt. Hood	APTEX		(CC)	N/A	#502H
	Oregon's Mount Hood rises sharply in the distance, as a sprawling lake fills the foreground in this iconic painting of the Pacific Northwest. The artist uses the scene as a study of vanishing points, horizon lines, and linear perspective. Artists use linear perspective -- the illusion of space and distance on a flat surface -- first by picturing the canvas surface as an "open window" through which to see the painted world. Straight lines are then drawn on the canvas to represent the horizon and "visual rays" connecting the viewer's eye to a point in the distance. The horizon line runs across the canvas at the eye level of the viewer. The horizon line is where the sky appears to meet the ground. The vanishing point should be located near the center of the horizon line. The vanishing point is where all parallel lines (orthogonals) that run towards the horizon line appear to come together like train tracks in the distance. Orthogonal lines are "visual rays" helping the viewer's eye to connect points around the edges of the canvas to the vanishing point.					
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1016H
10:00:00	Sit and Be Fit Flabby Arms	NETA	(S)	(CC)	N/A	#1418H
	This workout focuses on exercises to tone the arm muscles. Mary Ann introduces a new way to strengthen arms using your own body as resistance.					
10:30:00	Power Yoga: Mind and Body Upper Body/Arms	APTEX	(S)	(CC)	N/A	#109
	With Vinyasa to plank, Chaturanga, Vasisthasana, and others.					
11:00:00	Dining with the Chef	APTEX	(S)	(CC)	N/A	#321H
11:30:00	New Orleans Cooking with Kevin Belton Gettin' Crabby	APTEX	(S)	(CC)	N/A	#113H
	Crab cakes, soft shell crab amandine, crabmeat stuffed shrimp.					
12:00:00	Ciao Italia Cooking Pellegrino Artusi-Style/Cucinando Come Pellegrino Artusi	NETA	(S)	(CC)	N/A	#2419H
	Mary Ann's cooking students travel to Casa Artusi, in Forlimpopoli, Italy, to learn the secrets of Romagna regional cooking. Mary Ann leads the way with Cappelletti in Capon Broth, and the student continue with Turbo in Paper, Piadina, Whipped Mortadella, Lenten Spinach, and delicate dessert called English "Soup."					
12:30:00	Mike Colameco's Real Food Portugal	NETA	(S)	(CC)	N/A	#1401H
	Mike and his crew explore Portugal starting with a three-hour surf session in Cascias followed by a one star Michelin lunch, off to Lisbon to hit the markets and few top restaurants and then of course deep into the wine country.					
13:00:00	Bare Feet In Nyc with Mickela Mallozzi Manhattan's Chinatown	APTEX	(S)	(CC)	DVI	#201H
	Mickela kicks off her New York series in one of the oldest and most iconic neighborhoods in NYC, Manhattan's Chinatown, during the festive time of Chinese Lunar New Year.					
13:30:00	Family Travel with Colleen Kelly Columbia, South Carolina - Southern Food, Watersports, Museums, and Baseball	APTEX		(CC)	N/A	#401H
	Colleen and her children check out family favorites in Columbia, South Carolina, where they go on a culinary excavation, devouring delicious southern brunch at Cafe Strudel, and mouth-watering barbecue at local-favorite, Doc's BBQ. They also get to hand feed giraffes at the zoo, meet the world's largest ten year-old at the EdVenture Children's museum, explore Congaree National Park, and even catch a local baseball game.					
14:00:00	Journeys In Japan	APTEX	(S)	(CC)	N/A	#321H
14:30:00	Destination Craft with Jim West Poland	APTEX	(S)	(CC)	N/A	#104H
	Jim West travels to the Warsaw and Krakow areas of Poland where master artisans teach how to make traditional Polish folk dolls, stained glass, and exquisite pottery. He makes Polish pierogi, visits the Wieliczka Salt Mines, and travels to a small "painted" village. He also sees the largest piece of lace in the world.					

Sun, Aug 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:00:00	American Woodshop Shaker-Inspired Wall Rack.	NETA	(S)	(CC)	N/A	#2407H
15:30:00	Rough Cut - Woodworking with Tommy Mac Special Project This week on Rough Cut Woodworking with Tommy Mac Tommy surprises viewers with a special guest - a Rough Cut regular with some last pieces of advice and walks viewers through the final steps to completing any home project. All the hard work has finally paid off, and Tommy can get to work doing what he does best in a brand new shop.	APTEX	(S)	(CC)	N/A	#713H
16:00:00	Happy Yoga with Sarah Starr Tranquil Meadow Replenish your energy in the natural beauty of a tranquil summer meadow as we focus on seated shoulder and upper back stretches, as well as standing hip openers, using a chair for balance and support, creating easy comfort in each movement.	NETA	(S)	(CC)	N/A	#106H
16:30:00	Second Opinion Chronic Fatigue Syndrome Patient Story: Chronic Fatigue Syndrome (CFS) is a debilitating chronic disease that has a significant impact on a person's quality of life. Because the cause is unknown, effective treatment is still out of reach for many patients. Danielle Warner's description of battling CFS every day is a heartbreaking one, as she longs for her once active and vibrant life. Her husband and caregiver, Tyrone, joins Danielle as they share the story of their life, and their uncertain future. Myth or Medicine: Is Chronic Fatigue Syndrome a psychiatric disorder? Second Opinion 5: Five things to know about Chronic Fatigue Syndrome.	APTEX	(S)	(CC)	N/A	#1202H
17:00:00	Immense Possibilities The Boy Who Flies, Flies Again Godfrey Masauli captured our hearts in 2015 with his dream of flight. He left his tiny village to become Malawi's first paraglider pilot. Now he returns to tell us of more dreams made real-he's earning his commercial pilot's license and uses his story to convince admiring schoolchildren all over his country that "Ndizotheka!"...It is possible!	NETA	(S)	(CC)	N/A	#613H
17:30:00	Well Read Tracy Kidder, A Trunk Full of Money Author Tracy Kidder, the "master of the nonfiction narrative" tells the story of Paul English - founder of Kayak.com - a kinetic and unconventional inventor and entrepreneur, who as a boy rebelled against authority. Kidder casts a fresh, critical, and often-humorous eye on the way new ideas and new money are reshaping our culture and the world.	APTEX	(S)	(CC)	N/A	#608H
18:00:00	California's Gold Under Lake Arrowhead Originally built as a reservoir to feed the citrus groves of San Bernardino through a series of flumes and tunnels this engineering marvel fell apart. For legal reasons, the project never worked and the reservoir became a recreational area. What most people don't know is that there is a whole world under the lake. Huell takes a hundred-foot ride down in an elevator that was built in the late 1800s to explore this underwater marvel. Believe it or not there is a 3000 foot tunnel that runs under the lake and lots of wonderful old equipment, including pumps, engines and valves originally built for irrigation purposes. It's a world that few people have ever seen and a wonderful bit of California's Gold.	KCET		(CC)	N/A	#2011
18:30:00	Curious Traveler Curious Vancouver Who was Gassy Jack and why was he so gassy? Why was Capilano Suspension Bridge built and what do all those totem poles mean? What's so important about the Hotel Vancouver, and what does it have to do with the train station, the Queen of England, and Harry Potter? Who was Yip Sang, and why did he have his own Boy Scout Troop?	APTEX	(S)	(CC)	N/A	#204H
19:00:00	Blackademics Television Hills / Lucket / Santana Elite sports training; black acting methods; surviving domestic violence. Talks by Jeremy Hills, Sharrell D. Lockett and Courtney Santana.	KNME	(S)	(CC)	N/A	#501H
19:30:00	The Kamla Show Special Devika Chawla	KAMLA	(S)	(CC)	N/A	#129H
20:00:00	Black America Spiritual Black America with Jacqui Lewis Carol Jenkins sits down with the Reverend Jacqui Lewis, Senior Minister of Middle Collegiate Church in lower Manhattan. They discuss the importance of diversity, multi-culturalism, love and the arts in the world of faith and ministry.	EPS	(S)	(CC)	N/A	#135H

Sun, Aug 27, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
20:30:00	Asian American Life Technology Leaders - Host Ernabel Demillo reports on the challenges of breaking the glass ceiling in the tech industry. You'll find many Asian American engineers and computer programmers in the industry, but very few in the boardroom. Guests: Chieh Huang, CEO and Co-Founder of Boxed and Mr Wesley Hom, VP Ascend, Former VP of IBM. Girls Who Code - Reporter Kyung Yoon explains the importance of computer "coding" and how one woman is leading a science revolution, preparing young girls with coding computer skills that will help them with careers in technology and engineering. Guest: Reshma Saujani, Founder of Girls Who Code. Sports 120 App - Reporter Minnie Roh shares the hottest new sports app that highlights everything you need to know in 120 seconds. Guest: Mike Kim, Anchor of Sports 120. Blood Test App and Dongle Device - Reporter Mike Gilliam explains how one blood test dongle and app is saving lives in the U.S. and in developing countries. Guest: Dr. Sam Sia, Associate Professor of Biomedical Engineering, Columbia University.	EPS	(S)	(CC)	N/A	#109H
21:00:00	IQ: Smartparent The Family Fun Guide On this episode of iQ: smartparent, discover family past times that do double-duty: they're fun and educational. Experts from Adventure Outdoors and the after-school program Brashear Kids demonstrate how to turn an ordinary scavenger hunt into a high-tech adventure with the hot new hobby called geocaching and they show how geocaching and GPS technology can be used in the classroom to support STEM learning. Two young people from Brashear Kids provide a demonstration of geocaching in the studio. Then, an educator from the Allegheny Intermediate Unit reveals ways families can get creative with science experiments with arts and crafts supplies they already have lying around the house. Finally, the Education Coordinator of the youth makerspace Digital Harbor Foundation of Baltimore provides tips for families to make the most out of a visit to a makerspace, including suggestions for inter-generational maker collaborations.	APTEX	(S)	(CC)	N/A	#401H
21:30:00	IQ: Smartparent Celebrating Different Learning Styles In this episode of iQ: smartparent, experts reveal strategies to help children who have atypical learning styles. The focus is on appreciating each child's distinctive learning style and experts explain learning strategies to capitalize on a child's unique strengths. Child psychologist John Carosso explains the term "neurodiversity" and the movement, led nationally by the Autism community, to end stigmas and limitations that come with a diagnosis of a learning disability. We welcome two young teens who have autism, along with their former teacher, to discuss the online talk show the two boys created and continue to produce with the help of their classmates. Their goal is to educate others about autism and how to create a more accepting and understanding culture and their online program is gaining national attention. We are also joined by education and technology specialists who demonstrate a range of low-tech and high-tech tools to help language-challenged children communicate. Finally, we meet a blogger and teacher, who has a very special and personal interest in the neuro-diversity movement, to talk about ways in which he uses hands-on STEM and maker projects in his special-needs classroom.	APTEX	(S)	(CC)	N/A	#402H
22:00:00	Great Conversations Joseph Stiglitz and Rana Foroohar American economist Joseph Eugene Stiglitz, a recipient of the Nobel Prize in Economics and the John Bates Clark Medal, is interviewed by Rana Foroohar, assistant managing editor at TIME. Stiglitz is the author of several books, the latest being The Euro: How a Common Currency Threatens the Future of Europe. Foroohar is author of Makers and Takers: The Rise of Finance and the Fall of American Business.	NETA		(CC)	N/A	#804H
23:00:00	Roadtrip Nation: Life Hackers ROADTRIP NATION: LIFEHACKERS follows three roadtrippers - Antwan King, Emily Cox and Mansi Thakar - in the iconic green RV on a cross-country journey that goes "off road" and into the world of cyber security. Thirty-two-year-old Antwan King from Greenville, North Carolina sometimes gets stressed out by the thought of competing with younger college grads for jobs in cyber-security. But he's worked too hard to get here-holding down a full-time job during the day and loading UPS trucks at night just so he can finish his master's in digital forensics and cyber investigation. "I refuse to give up," he says. The memory of his grandfather, who never complained, keeps him going. The thing Emily Cox loves about cybersecurity is its duality: the tools used to break into a system are the same ones used to protect it. The 26-year-old Bloomington, Illinois native discovered cybersecurity a year ago and found a home in the fast-moving, constantly evolving field. However, formal education was a struggle-she dropped out of high school and didn't finish college- and it seems like everyone else started coding as a kid, so Emily wonders if she'll be able to catch up. She's been teaching herself and completed a coding bootcamp in between working as a barista, and now she's at a crossroads. It's time to take a leap if she's going to pursue cybersecurity, and that's why she's on this road trip-to find guidance and inspiration to jump-start what's next. To San Diego native Mansi Thakar, cybersecurity is a field where you can be a superhero. But when you're a modern-day tech protector facing millions of malware threats, you need backup. That's why she's drawn to the space where cybersecurity meets machine learning. The 24-year old is pursuing her master's in the field and wants to help shape how we confront the growing magnitude of cyber threats through data and automation. For four weeks, Antwan, Emily and Mansi seek out different members of the cyber security workforce who have become stories of success, in order to gain insight into what it really takes to thrive in the next chapter of their lives.	APTEX	(S)	(CC)	N/A	#0H

Mon, Aug 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	Blackademics Television Hills / Lockett / Santana Elite sports training; black acting methods; surviving domestic violence. Talks by Jeremy Hills, Sharrell D. Lockett and Courtney Santana.	KNME	(S)	(CC)	N/A	#501H
00:30:00	The Kamla Show Special Devika Chawla	KAMLA	(S)	(CC)	N/A	#129H
01:00:00	Black America Spiritual Black America with Jacqui Lewis Carol Jenkins sits down with the Reverend Jacqui Lewis, Senior Minister of Middle Collegiate Church in lower Manhattan. They discuss the importance of diversity, multi-culturalism, love and the arts in the world of faith and ministry.	EPS	(S)	(CC)	N/A	#135H
01:30:00	Asian American Life Technology Leaders - Host Ernabel Demillo reports on the challenges of breaking the glass ceiling in the tech industry. You'll find many Asian American engineers and computer programmers in the industry, but very few in the boardroom. Guests: Chieh Huang, CEO and Co-Founder of Boxed and Mr Wesley Hom, VP Ascend, Former VP of IBM. Girls Who Code - Reporter Kyung Yoon explains the importance of computer "coding" and how one woman is leading a science revolution, preparing young girls with coding computer skills that will help them with careers in technology and engineering. Guest: Reshma Saujani, Founder of Girls Who Code. Sports 120 App - Reporter Minnie Roh shares the hottest new sports app that highlights everything you need to know in 120 seconds. Guest: Mike Kim, Anchor of Sports 120. Blood Test App and Dongle Device - Reporter Mike Gilliam explains how one blood test dongle and app is saving lives in the U.S. and in developing countries. Guest: Dr. Sam Sia, Associate Professor of Biomedical Engineering, Columbia University.	EPS	(S)	(CC)	N/A	#109H
02:00:00	IQ: Smartparent Social & Emotional Learning In this episode of IQ: smartparent, the topic is social and emotional learning. The goal is to help children build the confidence they need to succeed in the classroom and in life. An expert from the nationally renowned Fred Rogers Center explains ways to use digital media for social and emotional learning, based on the teachings of iconic children's television host Fred Rogers of Mister Rogers' Neighborhood. Another guest from the Pittsburgh Association for the Education of Young Children explains how teachers are being trained to incorporate digital media in social and emotional learning initiatives in the classroom. We also welcome an expert from Common Sense Media, an independent nonprofit organization offering reviews and resources to help children and families navigate the world of media and technology. This guest gives guidelines for families to evaluate and choose the best apps to boost social awareness skills. Finally, we meet two inspiring teachers who created a culturally relevant STEM/STEAM curriculum to engage underserved middle-school aged girls in math and science. Called "Sisters eS.T.E.A.M.," this program demonstrates the link between self-esteem and academic achievement and after hearing from the teachers, the young women of Sisters eS.T.E.A.M. appear in the studio to perform a motivational exercise that's part of their science curriculum.	APTEX	(S)	(CC)	N/A	#403H
02:30:00	IQ: Smartparent Math in the Digital Age In this episode of IQ: smartparent, math matters in the digital age. Today's classrooms are undergoing a high-tech revolution and experts explain ways parents can help their children make math make sense. Matt Larson, President of the National Council of Teachers of Mathematics and co-author of the book Balancing the Equation: A Guide to School Mathematics for Educators and Parents, discusses math literacy, Common Core math standards, tips for parents to talk to teachers about mathematics education methods in the classroom, and appropriate ways to assist children with their math homework. Megan Cicconi, a math teacher representing the computer science/coding advocacy group Code.org, discusses the need for coding skills in the 21st century, and ways to structure computer science education to complement mathematics education. And, guest Betsy Stein of the Boys & Girls Club of Western Pennsylvania presents a fun family activity to practice mathematics skills using sports statistics. In addition, this episode includes two field packages showing innovative ways to build mathematics skills using hands-on science projects.	APTEX	(S)	(CC)	N/A	#404H
03:00:00	Great Conversations Joseph Stiglitz and Rana Foroohar American economist Joseph Eugene Stiglitz, a recipient of the Nobel Prize in Economics and the John Bates Clark Medal, is interviewed by Rana Foroohar, assistant managing editor at TIME. Stiglitz is the author of several books, the latest being The Euro: How a Common Currency Threatens the Future of Europe. Foroohar is author of Makers and Takers: The Rise of Finance and the Fall of American Business.	NETA		(CC)	N/A	#804H

Mon, Aug 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
04:00:00	Roadtrip Nation: Life Hackers ROADTRIP NATION: LIFEHACKERS follows three roadtrippers - Antwan King, Emily Cox and Mansi Thakar - in the iconic green RV on a cross-country journey that goes "off road" and into the world of cyber security. Thirty-two-year-old Antwan King from Greenville, North Carolina sometimes gets stressed out by the thought of competing with younger college grads for jobs in cyber-security. But he's worked too hard to get here-holding down a full-time job during the day and loading UPS trucks at night just so he can finish his master's in digital forensics and cyber investigation. "I refuse to give up," he says. The memory of his grandfather, who never complained, keeps him going. The thing Emily Cox loves about cybersecurity is its duality: the tools used to break into a system are the same ones used to protect it. The 26-year-old Bloomington, Illinois native discovered cybersecurity a year ago and found a home in the fast-moving, constantly evolving field. However, formal education was a struggle-she dropped out of high school and didn't finish college- and it seems like everyone else started coding as a kid, so Emily wonders if she'll be able to catch up. She's been teaching herself and completed a coding bootcamp in between working as a barista, and now she's at a crossroads. It's time to take a leap if she's going to pursue cybersecurity, and that's why she's on this road trip-to find guidance and inspiration to jump-start what's next. To San Diego native Mansi Thakar, cybersecurity is a field where you can be a superhero. But when you're a modern-day tech protector facing millions of malware threats, you need backup. That's why she's drawn to the space where cybersecurity meets machine learning. The 24-year old is pursuing her master's in the field and wants to help shape how we confront the growing magnitude of cyber threats through data and automation. For four weeks, Antwan, Emily and Mansi seek out different members of the cyber security workforce who have become stories of success, in order to gain insight into what it really takes to thrive in the next chapter of their lives.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#339
08:00:00	Zula Patrol Hey Kids, Amazing Space Monkeys!/The Blorp HEY KIDS, AMAZING SPACE MONKEYS! - Wizzy and Wigg send away for their very own LIVE SPACE MONKEYS. When they add the freeze-dried Space Monkey eggs to water they spring to life. But at night, the Space Monkeys sneak out of their tank, take apart Zula Patrol headquarters and everything in it, roll it all up into a giant mixture, and make off with it. The ZPers have to chase down the aqua-primates and get the mischievous pets to reassemble the pieces to restore HQ. THE BLORP - When Deliria gets her hands on some solid Smellanium and liquid Stenchide she ends up creating a monster concoction she calls "The Blorp." But before long, "The Blorp" takes off on a path of destruction. The Zula Patrol can't figure what the blobish thing is or how to stop it as it almost wipes out their Headquarters and the city of Zulopolis. Wizzy and Wigg finally realize they must separate the solutions that make "The Blorp" tick to stop it in its tracks.	APTEX	(S)	(CC)	DVI	#303H
08:30:00	Thomas Edison's Secret Lab It Takes One to Know One/Smells Like Teen Stink Takes One: JD's ultimate fertilizer is slowly turning him into a plant and it's up to the team to get him back to the lab in time to cure him! Stink: When Kent's super B.O. makes him reluctant to appear on a prized comic con panel, the Secret Lab kids have to find a way to Stop the Stink.	APTEX	(S)	(CC)	N/A	#107H
09:00:00	Functional Fitness with Suzanne Andrews Energy	ACCES		(CC)	N/A	#101H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1017H
10:00:00	Sit and Be Fit The Power of Small Movements This episode demonstrates what can be achieved with small gentle movements.	NETA	(S)	(CC)	N/A	#1419H
10:30:00	It's Sew Easy On The Go Arrive on time and in style. Embroidery expert Eileen Roche embroiders colorful and cool watchbands to add style to any outfit. Using versatile hardware, Carolina Moore creates the ultimate travel bag with roomy pockets for all your take-alongs. Upcycle designer Michelle Paganini has a tip for re-purposing notions and trims from resale garments.	NETA	(S)	(CC)	N/A	#1303H
11:00:00	Knitting Daily Crochet Home Crochet some style for your home. Editor Marcy Smith highlights a unique, colorful rug and Toni Rexroat talks about crochet and home decor. Marcy Smith shows a charming log cabin afghan and Tanis Gray shares a perfect stitch for a house warming gift. Vickie Howell transforms a doily pattern into a chic throw rug with multiple strands of yarn and a big hook.	NETA	(S)	(CC)	N/A	#1409H
11:30:00	Quilting Arts Applique Three Ways Applique adds color, texture and dimension. Adventurous quilter Ellen Linder appliques by machine using double - reverse applique. Surface designer Heidi Lund transfers, presses and fuses raw edge images to create an applique wall hanging. Host Susan Brubaker Knapp shares her favorite needle-turn applique tips.	NETA	(S)	(CC)	N/A	#1908H

Mon, Aug 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7021H
13:00:00	America's Test Kitchen from Cook's Illustrated Cast Iron Staples	APTEX	(S)	(CC)	N/A	#1701H
	Hosts Julia Collin Davison and Bridget Lancaster debunk cast iron myths and share the basics for cast iron care. Then, Julia shows Bridget how to make the ultimate cast iron steak. Next, equipment expert Adam Ried reviews paper towel holders in the Equipment Corner. And finally, test cook Dan Souza uncovers the secrets to crisp roast butterflied chicken with rosemary and garlic.					
13:30:00	Pati's Mexican Table Cooking with the Fans	APTEX	(S)	(CC)	N/A	#407H
	Pati is in constant contact with her fans - through Facebook, Twitter, email - and they love to give her feedback on her recipes. In this episode, Pati will update and put new spins on her three most popular recipes according to the fans. And she'll surprise a lucky fan by showing up at his or her house! Recipe 1: Tart Pico de Guac; Recipe 2: Chipotle Chicken Pasta Casserole; Recipe 3: Marbled Tres Leches Cake.					
14:00:00	Lucky Chow The New Indian	APTEX	(S)	(CC)	N/A	#205H
	A new generation of chefs and entrepreneurs is finally bringing the amazing cooking of the world's second-largest country to a broad American audience. Danielle interviews a former financier who offers a light, healthy take on Indian classics at his fast-casual start-up Inday; the adventurous restaurateurs behind Babu Ji, where meticulous preparations and a Bollywood vibe have led to breakout success; and a Silicon Valley engineer who got her start in the food business selling homemade chai by bicycle in the hills of San Francisco.					
14:30:00	Steven Raichlen's Project Smoke Bbq's Trinity	APTEX	(S)	(CC)	N/A	#309H
	This show celebrates the holy BBQ trinity of barbecue: pork ribs, brisket, and pulled pork. America's favorite ribs-baby backs-come spice-rubbed, slow-smoked over hardwood, and glazed with an unexpected ingredient: cherry syrup. Beef brisket and baked beans star in crispy grilled tostadas. An amazing BBQ titans' brisket takes its inspiration from barbecue legends Aaron Franklin of Franklin Barbecue and Joe Carroll of Fette Sau, and yes, there's espresso in the barbecue sauce. Finally, pulled pork gets its passport stamped-marinated in an umami-rich Korean chili paste called gochujang, then smoked, shredded and lavished with a spicy Korean barbecue sauce. Cherry-glazed baby backs; Crispy brisket bean tostadas; BBQ titans' brisket with espresso barbecue sauce; Korean pulled pork with KB BBQ sauce.					
15:00:00	Beads, Baubles and Jewels Make It Colorful	NETA	(S)	(CC)	N/A	#2210H
	Color adds an extra pop to any jewelry design. Designer and author Ameer Sweet-McNamara blends her love of colors and shapes with soutache braid and tiny beads to create high-impact jewelry. Katie colors charms and pendants using permanent markers and alcohol inks.					
15:30:00	For Your Home What's Cooking	APTEX	(S)	(CC)	N/A	#3110H
	Tony's Michigan backyard project is completed. The finished project includes a new deck, hot tub, fire pit and outdoor kitchen. Discover how to recycle existing deck foundations, build a fire pit and select appliances, countertops and cabinets for outdoor kitchens.					
16:00:00	Biz Kid\$ A Biz: What Is It?	APTEX	(S)	(CC)	DVI	#107H
	You'll see that a successful business supplies goods or services and makes profit when it earns more money than it spends. Meet the junior high school boy who makes healthy dog biscuits, the high school twins with a cake decorating company, and the college student seeking investors for his successful corporation.					
16:30:00	Hands On Crafts for Kids Superheroes	NETA	(S)	(CC)	DVI	#1803H
	Who's your favorite superhero? Katie Hacker creates a utility belt to boost your super powers. Jenny Barnett-Rohrs makes a hero emblem for your room. Franz Spohn shows how to draw yourself into a comic book hero and Katie makes Kryptonite soap.					
17:00:00	P. Allen Smith's Garden Home Healthy for Generations	APTEX	(S)	(CC)	DVI	#1603H
	Getting your family to eat and live healthy may seem like an enormous challenge, but as P. Allen Smith demonstrates, it can be easy and fun when everyone is on board.					

Mon, Aug 28, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
17:30:00	Growing A Greener World The Giving Garden: Ample Harvest Helps Share The Bounty (Milford, Nj)	APTEX	(S)	(CC)	N/A	#701H
	<p>If you've ever grown a vegetable garden, you've probably had more of something than you could use at the end of the season. That was the basis for how AmpleHarvest.org was formed. Gary Oppenheimer saw that his community garden was producing far more than the gardeners could consume, or even give away to family and friends. So he decided to find a way to get that fresh produce in the hands of neighbors in need, and that simple idea grew into a national non-profit network. The premise was to make it possible for anyone to have access to- or donate- fresh produce, wherever they lived-all from garden surplus. Today, AmpleHarvest.org has been recognized by the White House as well as major companies and organizations for their important work. In this episode, founder Gary Oppenheimer will be introduced and learn how we can all share some of our "ample harvest" with our own neighbors in need.</p>					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14171H
18:30:00	Potus	EPS	(S)	(CC)	N/A	#223H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8106
19:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3533H
20:00:00	Music City Roots Live from the Factory	APTEX	(S)	(CC)	N/A	#401H
	<p>Season four of Music City Roots premieres with an Americana Festival showcase special, featuring blues star Shemekia Copeland, Canadian mod duo Whitehorse and alt-country icons The Mavericks.</p>					
21:00:00	Speakeasy Graham Nash and Rita Coolidge	APTEX	(S)	(CC)	N/A	#204H
	<p>Two time Rock and Roll Hall of Fame inductee Graham Nash sits down with two-time Grammy Award winner Rita Coolidge. Nash is best known as one of the founding member of the legendary quartet Crosby, Stills, Nash, & Young. The group is celebrated for their intricate vocal harmonies, political activism, and influence on U.S. music and culture. Coolidge got her start as a background singer for renowned musicians such as Leon Russell, Bob Dylan, Jimi Hendrix, Eric Clapton, and Nash himself. She has had great solo success and graced the pop charts from 1977-1978 with four consecutive top 25 hits.</p>					
22:00:00	They Were Our Fathers	NETA	(S)	(CC)	N/A	#0H
	<p>More than 20,000 American children lost their fathers in Vietnam. They Were Our Fathers shares the stories of these Gold Star sons and daughters as they honor their dads on Father's Day at the Vietnam Veterans Memorial in Washington D.C.</p>					
23:00:00	1964: The Fight for a Right	APTEX	(S)	(CC)	N/A	#0H
	<p>By the mid twentieth century, Mississippi's African Americans had suffered from nearly 75 years of slavery by another name - Jim Crow discrimination. In 1964 in Mississippi, people died in an effort to force the state to allow African Americans to exercise their constitutional right to vote. Although, the 50th anniversary of Freedom Summer has passed, the struggle for voting rights is still pertinent. According to the NAACP, states have recently passed the most laws limiting voter participation since Jim Crow. Moreover, these laws also disenfranchise other people of color, the elderly, poor, and disabled. With the 2015 anniversary of the Voting Rights Act as well as the upcoming presidential primaries and general election, voting rights will remain at the forefront of a national debate. With historical footage and interview with Freedom Summer architects and volunteers, as well as present day activists, 1964: THE FIGHT FOR A RIGHT uses Mississippi to explain American voting issues in the last 150 years. For instance, why are red states red?</p>					

Tue, Aug 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8106
00:30:00	Focus On Europe	WNVC	(S)	(CC)	N/A	#3533H
01:00:00	Music City Roots Live from the Factory Season four of Music City Roots premieres with an Americana Festival showcase special, featuring blues star Shemekia Copeland, Canadian mod duo Whitehorse and alt-country icons The Mavericks.	APTEX	(S)	(CC)	N/A	#401H
02:00:00	Speakeasy Graham Nash and Rita Coolidge Two time Rock and Roll Hall of Fame inductee Graham Nash sits down with two-time Grammy Award winner Rita Coolidge. Nash is best known as one of the founding member of the legendary quartet Crosby, Stills, Nash, & Young. The group is celebrated for their intricate vocal harmonies, political activism, and influence on U.S. music and culture. Coolidge got her start as a background singer for renowned musicians such as Leon Russell, Bob Dylan, Jimi Hendrix, Eric Clapton, and Nash himself. She has had great solo success and graced the pop charts from 1977-1978 with four consecutive top 25 hits.	APTEX	(S)	(CC)	N/A	#204H
03:00:00	They Were Our Fathers More than 20,000 American children lost their fathers in Vietnam. They Were Our Fathers shares the stories of these Gold Star sons and daughters as they honor their dads on Father's Day at the Vietnam Veterans Memorial in Washington D.C.	NETA	(S)	(CC)	N/A	#0H
04:00:00	1964: The Fight for a Right By the mid twentieth century, Mississippi's African Americans had suffered from nearly 75 years of slavery by another name - Jim Crow discrimination. In 1964 in Mississippi, people died in an effort to force the state to allow African Americans to exercise their constitutional right to vote. Although, the 50th anniversary of Freedom Summer has passed, the struggle for voting rights is still pertinent. According to the NAACP, states have recently passed the most laws limiting voter participation since Jim Crow. Moreover, these laws also disenfranchise other people of color, the elderly, poor, and disabled. With the 2015 anniversary of the Voting Rights Act as well as the upcoming presidential primaries and general election, voting rights will remain at the forefront of a national debate. With historical footage and interview with Freedom Summer architects and volunteers, as well as present day activists, 1964: THE FIGHT FOR A RIGHT uses Mississippi to explain American voting issues in the last 150 years. For instance, why are red states red?	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#340
08:00:00	Zula Patrol Vanishing Cream/There Goes The Neighborhood VANISHING CREAM - Deliria and Cloid start a galaxy-wide "beautification" project to remove the craters from every moon, planet and asteroid. When the planets start missing the features that make them unique, it's up to The Zula Patrol to stop Deliria before the problem gets any crater...er, greater. THERE GOES THE NEIGHBORHOOD - Dark Truder has moved his secret hideout into The Zula Patrol's back yard... the nearby Zula Canyon. His very presence is threatening to destroy the ecosystem. As The Zula Patrol fights to keep the destruction of the canyon in check, Wizzy and Wigg uncover fascinating lessons about their habitat... and Dark Truder learns a lesson, too. Well, no, actually he never	APTEX	(S)	(CC)	DVI	#304H
08:30:00	Thomas Edison's Secret Lab Monster Smash/A Monster of a Mystery Smash: When JD and Kent's battle bot, Monster Smash, escapes from the lab, the Secret Lab Kids must navigate a maze to find it. Mystery: When JD and Kent believe that the dreaded Whomper is lurking outside the lab, Kent is terrified. JD hopes to become famous for discovering an unknown creature. The team must use science to determine if it's really a monster or if they can correctly classify it as some other animal.	APTEX	(S)	(CC)	N/A	#108H
09:00:00	Functional Fitness with Suzanne Andrews Bone Builder (Osteoporosis)	ACCES		(CC)	N/A	#102H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1018H
10:00:00	Sit and Be Fit Flexibility and Range of Motion All the exercises in this program highlight range of motion throughout the shoulders and back.	NETA	(S)	(CC)	N/A	#1420H
10:30:00	It's Sew Easy Pack and Go Be ready to go - anywhere, anytime. Sewing blogger and busy Mom Caroline Critchfield stays packed and ready with a handy bag made with clear vinyl and colorful fabric. Award-winning quilter Carolina Moore takes along paper-piecing projects so she can keep stitching wherever she goes. Alex Woodbury shares a charity sewing project.	NETA	(S)	(CC)	N/A	#1310H

Tue, Aug 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
11:00:00	Knitting Daily Made In North America	NETA	(S)	(CC)	N/A	#1410H
	Some of the most exciting yarns are made in North America. Donna Drachunas knits a lace scarf with luxurious yarn from the Alaskan muskox. Ron and Theresa Miskin share their story of yarn from the American bison. Tanis Gray stitches a patriotic star flower to accent hats to pillows. Nicole Winer demonstrates a project with a US-made yarn that benefits a good cause.					
11:30:00	Quilting Arts Enhancing The Surface	NETA	(S)	(CC)	N/A	#1909H
	For the artist, a blank surface is an invitation to create. Author and teacher Mary Lou-Donahue Weidman embellishes quilts with beads, buttons, jewelry and found objects. Quilt artist Ana Buzzalino adds glitter and shine to her quilts using metal leaf.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7022H
13:00:00	Julie Taboulie's Lebanese Kitchen Street Food Star, Shawarma	APTEX	(S)	(CC)	DVI	#105H
	Julie is serving up her street food star supreme sandwich, shawarma. Succulent, spicy, saucy and shaved off a rotisserie spit, shawarma is one of Lebanon's and the Middle East's most famous street-food sandwiches seen throughout the international and the American street food scene. Translating to "turn" or to "rotate," shawarma lahem is thinly sliced marinated lamb meat that is roasted and lusciously layered with traditional toppings of caramelized onions and stewed tomatoes called khouadra mishwiyeh then topped with tasty and tangy tahini, a sesame seed sauce sprinkled with an array of fresh herbs. Then, this succulent sandwich is all wrapped up in warm pita bread, making this scrumptious sandwich something that you'll want to create, make and taste, time and time again. Julie is sharing some of her special tips, tricks and techniques on how to make her signature street food star sandwich right at home so that you can simply re-create her recipes in your very own kitchen and NO rotisserie spit needed. It's succulent. It's spicy. It's saucy. It's shawarma. Julie Taboulie's supreme street food star sandwich.					
13:30:00	Nick Stellino: Storyteller in the Kitchen The Heart of the Artichoke	APTEX	(S)	(CC)	N/A	#112H
	Chef Stellino has fun exploring the history, traditions and uses for one of the most unique ingredients central to Italian and Mediterranean cooking - the artichoke. Dishes include: Salsiccia brasate con carciofi (braised sausages with artichokes) / pasta con carciofi e prosciutto cotto (pasta with artichokes and cooked ham) / braised artichokes and peppers / fragole ubriache (tipsy strawberries)					
14:00:00	Taste of History Eliza Powel's Sinful Feast	NETA	(S)	(CC)	N/A	#711H
	Eliza Powel was the premiere hostess of the 18th century. She prepared decadent feasts that inspired John Adams to write a letter to Abigail, describing dinner as "sinful." Now, for the first time since Mrs. Powel's presentation, Chef Walter Staib recreates her "Sinful Feast," preparing it in her historic Philadelphia home.					
14:30:00	Sara's Weeknight Meals Jewish Holidays	APTEX	(S)	(CC)	N/A	#610H
	Sara celebrates the Jewish holidays with two traditional dishes that are often tricky to prepare. She takes viewers through the process, step by step, starting with wine braised brisket. On the side, her husband's Aunt Rifka's recipe for matzo balls they call 'flying discs'. Next, Sara and her nephew visit Stone Barns, the farm and food incubator in Westchester, New York to get fresh winter vegetables for her root vegetable latkes, Sara's version of the traditional Hanukkah dish. Recipes: Braised brisket with flying disks; Root vegetable latkes.					
15:00:00	Beads, Baubles and Jewels Take Beadwork to the Next Level	NETA	(S)	(CC)	N/A	#2211H
	Author Nealay Patel returns to show how the type of wire used can enhance the design possibilities. He uses knitted wire and adds ruffles and ripples to make a dazzling necklace. Following today's hot trend, Katie makes a bracelet on a loom using leather cord and crystal beads in her Beading Lesson.					
15:30:00	For Your Home Crafty Ideas	APTEX	(S)	(CC)	N/A	#3111H
	Vicki has always been a crafter and loves to spend time in the kitchen. Join her for the day as she shares some of her favorite kitchen based crafting projects. She'll show how to use fresh herbs and citrus to create natural air fresheners, turn ordinary butter into flavorful hostess gifts, make your own infused olive oils and dipping spices and how to bleach pinecones.					
16:00:00	Biz Kid\$ How to Succeed In Biz-Ness By Really Trying!	APTEX	(S)	(CC)	DVI	#108H
	A business can be anything from babysitting to owning vending machines. You'll discover the three key steps to success: identifying a need, making a plan to fill a need, and taking action. Join us as we meet the prep school boy whose new take on the old school tie caused a sensation. We also meet the young founder of Logan magazine.					

Tue, Aug 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:30:00	Hands On Crafts for Kids Too Nice to Stay Inside Let's head outside for some fun. Jenny Barnett-Rohrs makes colorful hand grips for your bike. Katie Hacker has some fun with friendly bugs. Franz Spohn has sidewalk art tips and Katie makes special discovery eggs.	NETA	(S)	(CC)	DVI	#1804H
17:00:00	P. Allen Smith's Garden Home The Local Life The concept of living local has become very popular in recent years, hearkening back to pre-industrial times. Let P. Allen Smith show you the power this movement has and where it may lead us.	APTEX	(S)	(CC)	DVI	#1604H
17:30:00	Growing A Greener World The Giving Garden: Ample Harvest Helps Share The Bounty (Milford, Nj) If you've ever grown a vegetable garden, you've probably had more of something than you could use at the end of the season. That was the basis for how AmpleHarvest.org was formed. Gary Oppenheimer saw that his community garden was producing far more than the gardeners could consume, or even give away to family and friends. So he decided to find a way to get that fresh produce in the hands of neighbors in need, and that simple idea grew into a national non-profit network. The premise was to make it possible for anyone to have access to- or donate- fresh produce, wherever they lived-all from garden surplus. Today, AmpleHarvest.org has been recognized by the White House as well as major companies and organizations for their important work. In this episode, founder Gary Oppenheimer will be introduced and learn how we can all share some of our "ample harvest" with our own neighbors in need.	APTEX	(S)	(CC)	N/A	#701H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14172H
18:30:00	America's Heartland We follow a California cattle rancher as he leads his last cattle drive before handing the family ranch over to the next generation. As the family faces an uncertain future, so does their small town of Likely, California.	APTEX	(S)	(CC)	N/A	#1210H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8107
19:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1334H
20:00:00	Sun Studio Sessions Devon Allman (Encore) Having a famous parent carries a lot of weight, but Devon Allman is busting out of his father Greg's shadow making his own mark on the blues rock scene. Indeed, his most recent record debuted at #1 on the Billboard Blues albums charts. In this encore episode, Devon performs several of his signature songs including "Turn off the World."	NETA	(S)	(CC)	N/A	#812H
20:30:00	Jammin at Hippie Jack's Mountain Soul Mountain Soul's eclectic arrangements and honest songwriting have meshed to become an exciting new sound in Americana music. Brothers Daniel and Cory Kimbro have continued in the dynamic performance tradition they learned from their parents. Jonathan Maness brings the crucial third part to their brother harmony while incorporating a unique flat picking guitar style, and Mike Seal's refreshing resophonic and electric guitar stylings complete Mountain Soul's version of Appalachian roots music.	NETA	(S)	(CC)	N/A	#912H
21:00:00	Infinity Hall Live Joss Stone The English singer/songwriter/actress beloved by fans for her free spirit as much as her lustrous vocal prowess takes the stage--barefoot, as usual--for an energetic performance inspired by her recent world tour. The Grammy winner's set list is as far-reaching as her vocal range, from the White Stripes' reworked "Fell in Love with a Boy" to 1970s soul smash "Super Duper Love (Are You Diggin' on Me)" and her own chart topper "Right to Be Wrong". Interview with Joss Stone.	APTEX	(S)	(CC)	N/A	#503H
22:00:00	Eisenhower's Secret War From Warrior to President The first hour chronicles Eisenhower's exploits in World War II, his decision to enter presidential politics, and his fulfillment of an election promise to seek a solution to ending the Korean War, after more than 33,000 military deaths. It also follows the grassroots movement to draft Eisenhower as the Republican candidate for president; Eisenhower's reluctant decision to leave his powerful position at NATO; his fight for the Republican Party's nomination against "neo isolationist" Sen. Robert Taft, the leader of the GOP; his campaign against Democrat Adlai Stevenson; and finally, his election as the 34th president.	APTEX	(S)	(CC)	DVI	#101

Daily Program Listing II
43.1

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Tue, Aug 29, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
23:00:00	Eisenhower's Secret War Building Weapons, Talking Peace	APTEX	(S)	(CC)	DVI	#102

The second hour recounts President Eisenhower's diplomatic confrontations against the Soviet Union during the early Cold War years, crises prompted by aggressive Kremlin-sponsored action around the world. It also documents his attempts to keep the peace while establishing a clear superiority for the U.S. in the nuclear arms "race." He used what scholars have called his "hidden hand" tactics to keep that superiority under wraps despite intense criticism that the U.S. was falling behind the USSR in military strength. Thanks to the use of the U-2 spy plane, "Ike" knew the weaknesses of the Soviet Union, but he kept that information secret as he pushed his policies of peaceful co-existence in a divided world.

Wed, Aug 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8107
00:30:00	Euromaxx	WNVT	(S)	(CC)	N/A	#1334H
01:00:00	Sun Studio Sessions Devon Allman (Encore)	NETA	(S)	(CC)	N/A	#812H
	Having a famous parent carries a lot of weight, but Devon Allman is busting out of his father Greg's shadow making his own mark on the blues rock scene. Indeed, his most recent record debuted at #1 on the Billboard Blues albums charts. In this encore episode, Devon performs several of his signature songs including "Turn off the World."					
01:30:00	Jammin at Hippie Jack's Mountain Soul	NETA	(S)	(CC)	N/A	#912H
	Mountain Soul's eclectic arrangements and honest songwriting have meshed to become an exciting new sound in Americana music. Brothers Daniel and Cory Kimbro have continued in the dynamic performance tradition they learned from their parents. Jonathan Maness brings the crucial third part to their brother harmony while incorporating a unique flat picking guitar style, and Mike Seal's refreshing resophonic and electric guitar stylings complete Mountain Soul's version of Appalachian roots music.					
02:00:00	Infinity Hall Live Joss Stone	APTEX	(S)	(CC)	N/A	#503H
	The English singer/songwriter/actress beloved by fans for her free spirit as much as her lustrous vocal prowess takes the stage--barefoot, as usual--for an energetic performance inspired by her recent world tour. The Grammy winner's set list is as far-reaching as her vocal range, from the White Stripes' reworked "Fell in Love with a Boy" to 1970s soul smash "Super Duper Love (Are You Diggin' on Me)" and her own chart topper "Right to Be Wrong". Interview with Joss Stone.					
03:00:00	Eisenhower's Secret War From Warrior to President	APTEX	(S)	(CC)	DVI	#101
	The first hour chronicles Eisenhower's exploits in World War II, his decision to enter presidential politics, and his fulfillment of an election promise to seek a solution to ending the Korean War, after more than 33,000 military deaths. It also follows the grassroots movement to draft Eisenhower as the Republican candidate for president; Eisenhower's reluctant decision to leave his powerful position at NATO; his fight for the Republican Party's nomination against "neo isolationist" Sen. Robert Taft, the leader of the GOP; his campaign against Democrat Adlai Stevenson; and finally, his election as the 34th president.					
04:00:00	Eisenhower's Secret War Building Weapons, Talking Peace	APTEX	(S)	(CC)	DVI	#102
	The second hour recounts President Eisenhower's diplomatic confrontations against the Soviet Union during the early Cold War years, crises prompted by aggressive Kremlin-sponsored action around the world. It also documents his attempts to keep the peace while establishing a clear superiority for the U.S. in the nuclear arms "race." He used what scholars have called his "hidden hand" tactics to keep that superiority under wraps despite intense criticism that the U.S. was falling behind the USSR in military strength. Thanks to the use of the U-2 spy plane, "Ike" knew the weaknesses of the Soviet Union, but he kept that information secret as he pushed his policies of peaceful co-existence in a divided world.					
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#341
08:00:00	Zula Patrol The Missing Elements/Journey to the Center of Gorga	APTEX	(S)	(CC)	DVI	#305H
	THE MISSING ELEMENTS - While Wizzy and Wigg learn about elements, the building blocks of matter, Dark Truder puts his latest devious scheme into action. The plan: use elements to create tools needed to take over the universe. However, his plan goes awry and he accidentally releases several gremlin-like elements from their container. The Zula Patrol steps in to track them down. But the runaways transform themselves into a giant rubber band which sling-shots Truder far into space. Fortunately, in the end, the ZPers convince the homesick elements to return to the Keeper of the Elements and everyone is happy. JOURNEY TO THE CENTER OF GORGA - To help explain chemical reactions, Multo uses the Sizerizer to shrink Bula and Zeeter down to atomic size -- but before they can get back to normal, they must escape from a refrigerator ice tray, bacteria in a container of spoiled milk, and a bowl of sticky cake mix. Unfortunately, Gorga swallows the mix, sending our micro-heroes on a journey to the center of Gorga, learning more about chemical reactions, and even using one to help them get out!					
08:30:00	Thomas Edison's Secret Lab Slime Time/It's Always Sharkest	APTEX	(S)	(CC)	N/A	#109H
	Slime: When JD uses Angie's 'oil slick dissolver' formula for a slime fight, a wrong ingredient creates a gelatinous Blob monster that threatens to devour the city. Sharkest: While visiting one of Kent's relatives, the kids come up with a great idea for attracting more tourists to his restaurant - the only catch is that it also attracts a very big shark with very big teeth!					
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 1	ACCES		(CC)	N/A	#103H

Wed, Aug 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1019H
10:00:00	Sit and Be Fit Brain Booster	NETA	(S)	(CC)	N/A	#1501H
	This program focuses on exercises that activate the brain and includes excellent movement patterns for balance and gait.					
10:30:00	Sewing with Nancy Best Sweatshirt Makeovers, Part 1	NETA	(S)	(CC)	N/A	#3001H
	Transform a wardrobe staple-the sweatshirt-into a unique garment that expresses your own personal style. Mary Mulari joins Nancy to inspire you with some of their new projects and a few favorites from the past 30 years. Learn how to restyle a pullover to a cardigan, apply simple appliques, and add plackets and zippers.					
11:00:00	Knitting Daily New Spin	NETA	(S)	(CC)	N/A	#1411H
	Learn how to make yarn yourself! Editor Anne Merrow introduces the ancient art of spinning using a drop spindle and shares ideas for knitting with hand-spun yarn. Liz Gipson shares her love of making yarn by hand and Tanis Gray demonstrates the lazy links stitch. Then learn to make dryer balls to assure great results when laundering knits.					
11:30:00	Quilting Arts Borders and Finishing	NETA	(S)	(CC)	N/A	#1910H
	Roll it, trim it, fold it, frame it and sew. Leni Weiner, fabric collage artist, shows how to finish quilts with rolled and stitched edges. She also uses stretcher bars to turn art quilts into wall hangings. By varying scale and adding random surprises, artist and teacher Wendy Butler Berns pieces a colorful quilt border.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7023H
13:00:00	Lidia's Kitchen Roasting and Baking	APTEX	(S)	(CC)	N/A	#313H
	The oven is on in Lidia's kitchen, and she is using it for sweet and savory dishes. To start, she makes a springtime crunchy, cheese roasted asparagus dish. Next is a family favorite, baked eggplant with tomatoes, created with cheese, herbs and topped with a baked egg. Then it's time for sweets as she prepares an almond torte with chocolate chips served with a mound of whipped cream.					
13:30:00	Taste The Islands with Chef Irie Morning Glory	APTEX	(S)	(CC)	N/A	#205H
	Chef Thia explores a variety of island breakfast options with codfish Creole and sauteed boniatos, cornmeal polenta with spinach, breakfast chicken patties and spicy hot chocolate. Co-host Lisa Lee shares her visit to three island daytime eateries.					
14:00:00	Simply Ming Hawai'i - Mom & Dad	APTEX	(S)	(CC)	N/A	#1421H
	Ming heads to Honolulu to join mom and dad in their kitchen for a family meal. Whipping up a few favorite dishes, the Tsai family trades laughs and stories - and more than a few family photos - before sitting down to dinner on the lanai.					
14:30:00	Cook's Country Big Flavors from Little Italy	APTEX	(S)	(CC)	N/A	#913H
	Test cook Bridget Lancaster uncovers the secrets to making zeppoles at home. Then, equipment expert Adam Ried reveals his top picks for splatter screens. Next, test cook Ashley Moore shares the steps for the best slow-cooker chicken stock. Then, tasting expert Jack Bishop challenges host Christopher Kimball to a tasting of shredded parmesan. And finally, test cook Julia Collin Davison shows host Christopher Kimball how to make the ultimate pasta with mushroom sauce.					
15:00:00	Beads, Baubles and Jewels New Ideas for Wirework	NETA	(S)	(CC)	N/A	#2212H
	Designer Wyatt White shows how to use a special bracelet jig to create fun and fashionable wire bangles and custom wire components. In her Beading Lesson, Katie braids knitted wire tubing and strings it together with stones and fibers to make a chunky multi-strand necklace.					
15:30:00	For Your Home Garage Apartment Part I	APTEX	(S)	(CC)	N/A	#3112H
	This FYH classic episode is the most requested project ever. Join Vicki and her FYH team as they transform an unused garage attic into a stunning two-bedroom garage apartment.					

Wed, Aug 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
16:00:00	Biz Kid\$ Cash and Credit	APTEX	(S)	(CC)	DVI	#109H
	You'll learn about the power and pitfalls of credit, which is essentially using someone else's money temporarily (for a price). Meet a young entrepreneur who used credit to start a successful bath salts business and another who launched a successful design firm. And, as a cautionary tale, we talk to a young woman who had fun buying with credit until she found herself in bankruptcy.					
16:30:00	Hands On Crafts for Kids Wings	NETA	(S)	(CC)	DVI	#1805H
	Our creativity takes to the air. Jenny Barnett-Rohrs and Katie Hacker make sparkly wings and Katie creates a funny spoon bird. Franz Spohn creates see-through bug wings and we'll make a very special chalkboard gift for Mom or Dad.					
17:00:00	P. Allen Smith's Garden Home Melting Potluck	APTEX	(S)	(CC)	DVI	#1605H
	Join P. Allen Smith as he joins a diverse group of families to share cultures, kitchen tips and of course, food. Take a culinary journey around the world without having to leave your couch.					
17:30:00	Growing A Greener World Regenerating Detroit Through Urban Gardening (Detroit, Mi)	APTEX	(S)	(CC)	N/A	#702H
	Once America's most productive manufacturing city, Detroit's landscape took a turn for the worse in the mid-1960s. But in recent years, green-minded citizens began to reclaim their city with community gardens and urban farms providing two of the fastest roads to recovery. Today, over 1,300 such plots have sprouted throughout Detroit. They're providing an emotional boost to citizens, food for the hungry and instant beauty to areas while lifting spirits, enthusiasm and economic recovery for a better tomorrow.					
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14173H
18:30:00	Asia Insight	APTEX	(S)	(CC)	N/A	#521H
19:00:00	NHK Newslines	APTEX	(S)	(CC)	N/A	#8108
19:30:00	In Good Shape Thyroid Treatments	WNVC	(S)	(CC)	N/A	#431H
	The thyroid weighs just a few grams, but it's crucial. But if the gland starts acting up and grows over or underactive, this can trigger problems in the whole body. What are the warning signs and treatment options? Also, discover how many calories there are in certain drinks, and explore the world of Freeletics.					
20:00:00	The Lowertown Line. The Lowertown Line: Siama	APTEX	(S)	(CC)	N/A	#126H
	Congoese-born guitarist Siama Matuzungidi performs for a live audience, and talks about growing up in a seminary, the popular musical genre known as Soukous, and his life in music.					
20:30:00	Songs at the Center	APTEX	(S)	(CC)	N/A	#305H
	Artists: Elena Aiello, Dominique Ruiz & Andrea Crisalli (Dixie Jade), Andrew Salgado, and hosted by songwriter Eric Gnezda. Artist Bio: Elena Aiello has played classical piano since the age of nine, when her love of music began. Having later discovered guitar, she launched her songwriting journey in her mid-20s. Since then, she has played with bands whose styles range from bluegrass to rock & roll. When she's not performing solo, she fronts a band with her sister Andrea Harvey, Forcynthia, which was named in honor of their mother. Elena sings "One Shot." Artist Bio: Dixie Jade is the Nashville-based duo of Andrea Crisalli and Dominique Ruiz, who share their life experiences through their own evocative brand of strong, soulful country. Andrea and Dominique moved to Nashville after attending the University of Southern California, and re-connected one fateful night at Nashville's Bluebird Cafe. Their single "Grit and Amazing Grace," which they perform on this episode, has had spins across the country. They also sing "Can't Remember Why I Loved You." Artist Bio: Andrew Salgado collaborated with Brian Wilson and Kacey Musgraves on their duet "Guess You Had to Be There." The song is featured on Wilson's album, No Pier Pressure, which made it to No. 1 on Amazon. Andrew has opened for Carrie Underwood, Clint Black, and Toby Keith. His latest album, Absolutely Everything, released in May, was written with Grammy Award winning songwriter Jim "Moose" Brown, Jim Peterik of acclaimed bands the "Ides of March" and "Survivor," as well as Don Sampson and Darryl Worley. He performs "My Family."					
21:00:00	Live at 9:30	NACC	(S)	(CC)	N/A	#107H
	Performances by Grace Potter, Chris Robinson, Soul Rebels (w. Talib Kweli), St. Lucia and Twin Peaks, with comedy from Tony Rock and special content featuring Steve Gleason.					

Wed, Aug 30, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Secrets of the Longleaf Pine	APTEX	(S)	(CC)	N/A	#0H
	<p>SECRETS OF THE LONGLEAF PINE explores the forgotten Longleaf Pine forest that historically blanketed the coastal plain of the southeastern United States. Once comprising 90 million sprawling acres, the over-exploited forest declined to just a fraction of that size by the 20th century. Only a tiny percentage of precious old growth remains, but these remarkable patches display more biodiversity than any other ecosystem in the northern hemisphere. The hour-long film takes viewers on an unprecedented journey through the forest to examine some of the unique plants and animals that can only be found here, including the Gopher Tortoise, one of North America's largest tortoises that can live up to 70 years old; the Eastern Indigo Snake, the longest native snake to North America; and the Red-Cockaded Woodpecker, which is the only woodpecker to make its nest in a living tree. The program also profiles the conservation efforts that are helping to restore the incredible biologically diverse ecosystem.</p>					
23:00:00	Oregon Revealed: Coastal Wonder	APTEX	(S)	(CC)	N/A	#0H
	<p>OREGON REVEALED. COASTAL WONDERS highlights the state's stunning landscapes and spectacular coastline stretching from the bridges of Astoria to the rolling dunes of Bandon. Shot with a CinePlex camera system, the one-hour documentary features a dramatic aerial tour of the state's breathtaking cliffs, estuaries, ports and small towns, including Tillamook Bay, Cape Kiwanda, Coos Bay and more. The striking footage also captures Oregonians in action along the coast, from windsurfing in the Columbia River to riding all-terrain vehicles through the sand dunes.</p>					

Thu, Aug 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
00:00:01	NHK Newsline	APTEX	(S)	(CC)	N/A	#8108
00:30:00	In Good Shape Thyroid Treatments The thyroid weighs just a few grams, but it's crucial. But if the gland starts acting up and grows over or underactive, this can trigger problems in the whole body. What are the warning signs and treatment options? Also, discover how many calories there are in certain drinks, and explore the world of Freeletics.	WNVC	(S)	(CC)	N/A	#431H
01:00:00	The Lowertown Line. The Lowertown Line: Siama Congoese-born guitarist Siama Matuzungidi performs for a live audience, and talks about growing up in a seminary, the popular musical genre known as Soukous, and his life in music.	APTEX	(S)	(CC)	N/A	#126H
01:30:00	Songs at the Center Artists: Elena Aiello, Dominique Ruiz & Andrea Crisalli (Dixie Jade), Andrew Salgado, and hosted by songwriter Eric Gnezda. Artist Bio: Elena Aiello has played classical piano since the age of nine, when her love of music began. Having later discovered guitar, she launched her songwriting journey in her mid-20s. Since then, she has played with bands whose styles range from bluegrass to rock & roll. When she's not performing solo, she fronts a band with her sister Andrea Harvey, Forcynthia, which was named in honor of their mother. Elena sings "One Shot." Artist Bio: Dixie Jade is the Nashville-based duo of Andrea Crisalli and Dominique Ruiz, who share their life experiences through their own evocative brand of strong, soulful country. Andrea and Dominique moved to Nashville after attending the University of Southern California, and re-connected one fateful night at Nashville's Bluebird Cafe. Their single "Grit and Amazing Grace," which they perform on this episode, has had spins across the country. They also sing "Can't Remember Why I Loved You." Artist Bio: Andrew Salgado collaborated with Brian Wilson and Kacey Musgraves on their duet "Guess You Had to Be There." The song is featured on Wilson's album, No Pier Pressure, which made it to No. 1 on Amazon. Andrew has opened for Carrie Underwood, Clint Black, and Toby Keith. His latest album, Absolutely Everything, released in May, was written with Grammy Award winning songwriter Jim "Moose" Brown, Jim Peterik of acclaimed bands the "Ides of March" and "Survivor," as well as Don Sampson and Darryl Worley. He performs "My Family."	APTEX	(S)	(CC)	N/A	#305H
02:00:00	Live at 9:30 Performances by Grace Potter, Chris Robinson, Soul Rebels (w. Talib Kweli), St. Lucia and Twin Peaks, with comedy from Tony Rock and special content featuring Steve Gleason.	NACC	(S)	(CC)	N/A	#107H
03:00:00	Secrets of the Longleaf Pine SECRETS OF THE LONGLEAF PINE explores the forgotten Longleaf Pine forest that historically blanketed the coastal plain of the southeastern United States. Once comprising 90 million sprawling acres, the over-exploited forest declined to just a fraction of that size by the 20th century. Only a tiny percentage of precious old growth remains, but these remarkable patches display more biodiversity than any other ecosystem in the northern hemisphere. The hour-long film takes viewers on an unprecedented journey through the forest to examine some of the unique plants and animals that can only be found here, including the Gopher Tortoise, one of North America's largest tortoises that can live up to 70 years old; the Eastern Indigo Snake, the longest native snake to North America; and the Red-Cockaded Woodpecker, which is the only woodpecker to make its nest in a living tree. The program also profiles the conservation efforts that are helping to restore the incredible biologically diverse ecosystem.	APTEX	(S)	(CC)	N/A	#0H
04:00:00	Oregon Revealed: Coastal Wonder OREGON REVEALED. COASTAL WONDERS highlights the state's stunning landscapes and spectacular coastline stretching from the bridges of Astoria to the rolling dunes of Bandon. Shot with a CinePlex camera system, the one-hour documentary features a dramatic aerial tour of the state's breathtaking cliffs, estuaries, ports and small towns, including Tillamook Bay, Cape Kiwanda, Coos Bay and more. The striking footage also captures Oregonians in action along the coast, from windsurfing in the Columbia River to riding all-terrain vehicles through the sand dunes.	APTEX	(S)	(CC)	N/A	#0H
05:00:00	Morning Cup of Jazz	KCSM		(N)	N/A	#342
08:00:00	Zula Patrol Choosing Sides/Camp Worm CHOOSING SIDES - The Zula Patrol is worried - their shipment of honey never arrived and oatmeal just isn't the same without it. The flowers, beetles and bees have all walked off the job, each claiming they are the most important cog in the honey production wheel! Can the Zula Patrol settle things? They'll have to agree first! Zeeter, Bula and Multo take different sides in this standoff. It's Wizzy and Wigg, armed with knowledge of ecosystems, who finally prove that none can exist without the others -when they work together, can't be beat, just like the ZP! CAMP WORM - When Zeeter and Bula scoff at the big importance of tiny earthworms to the ecosystem, Multo sends them to Camp Worm. They expect a cakewalk, but face a rude awakening when Camp Leader Burrows pushes them and their worm teammates (Team Wiggler) to the limit. Zeeter and Bula gradually learn to respect the value of worm activities. So when an ecosystem emergency springs up, Team Wrighlers are the only worms available. With training and heart, they answer the call, save the ecosystem and earn the honor of being called worms.	APTEX	(S)	(CC)	DVI	#306H
08:30:00	Thomas Edison's Secret Lab Dunkin' Zombie When a virus turns JD into a donut-craving zombie, Angie has to come up with not only a cure, but an inoculation against the virus. Fortunately, Jonas Salk can help.	APTEX	(S)	(CC)	N/A	#110H

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
09:00:00	Functional Fitness with Suzanne Andrews Fat Burning 2	ACCES		(CC)	N/A	#104H
09:30:00	Classical Stretch: The Esmonde Technique	APTEX	(S)	(CC)	DVI	#1020H
10:00:00	Sit and Be Fit Practice Perfect Posture	NETA	(S)	(CC)	N/A	#1502H
	This episode puts an emphasis on postural alignment and using proper form to get the most out of each exercise.					
10:30:00	Sewing with Nancy Best Sweatshirt Makeovers, Part 2	NETA	(S)	(CC)	N/A	#3002H
	Join the restyling trend as Nancy and her guest, Mary Mulari, revisit some of their favorite designs and share creative ways to makeover sweatshirts with stunning results. With creative cutting and stitching, you'll twist, turn, and topstitch a sweatshirt into your own personal style statement.					
11:00:00	Knitting Daily Novelty of It All	NETA	(S)	(CC)	N/A	#1412H
	Create a novel effect with non-traditional yarns. Yarn designer Barry Klein shares tips and tricks to get the maximum effect. Soak up the creative spirit of writer and artist Kathy Cano-Murillo. Author Laura Nelkin's combines novelty yarn and beads to make an elegant bracelet. Tanis Gray makes a charming daisy applique with crystals. Vickie Howell crochets a cool cable pattern with lofty, colorful yarn.					
11:30:00	Quilting Arts Fiber Frolic	NETA	(S)	(CC)	N/A	#1911H
	It's fun to play with fabric and fiber. Surface embellishment artist Heidi Lund crinkles, embroiders and stitches an underwater landscape inspired by a seashore frolic. Mixed media artist Susan Lenz molds yarn and fabric into fiber vessels and fills them with conceptual objects. She creates small fabric sculptures, too.					
12:00:00	Democracy Now!	KNME	(S)	(CC)	N/A	#7024H
13:00:00	The Jazzy Vegetarian Quick Casserole Dinner	NETA	(S)	(CC)	DVI	#508H
	Host Laura Theodore prepares an easy vegan dinner with special guest Victoria Moran. The center of this menu is a flavorful Oven "Fried" Rice Casserole that's packed with warming ginger, aromatic garlic, fresh veggies and sweet basmati rice. Quick Sweet Potato Soup gets a jazzy twist with veggie noodles and Carrot, Cabbage and Walnut Coleslaw provides a colorful, crisp salad. Upside-Down Apple n' Oat Mini-Cakes serve double duty as a sweet dessert or nutritious breakfast treat.					
13:30:00	Mike Colameco's Real Food Racines/Wine Disciples	NETA	(S)	(CC)	N/A	#1422H
	Two restaurants that are wine lovers paradise, both affiliated with wine shop. Racine's is linked to Chambers St Wines down the block, spot on French inspired menu and an amazing selection of wines by the glass or bottle. Wine Disciples is a store right next to a restaurant, here the cooking is American / Italian, ingredient driven and the wine list by glass and bottle is wonderful.					
14:00:00	Joanne Weir Gets Fresh Spring Vegetables	APTEX	(S)	(CC)	N/A	#103H
	After a long cold winter, Joanne shares her excitement about green spring vegetables and herbs. She'll incorporate those incredibly fresh ingredients into her cooking lessons with her student, preparing a Spring Panzanella Salad and a Rosemary Skewered Skirt Steak. Recipes: Spring Panzanella, Rosemary Skewered Skirt Steak with Lemon-herb Gremolata, Jasmine Rice with Lemon Zest. Student: Ali Levesque.					
14:30:00	New Scandinavian Cooking Popular Sausage	APTEX	(S)	(CC)	N/A	#302H
	Sausages serve a special function in Norway, both as an everyday meal and as festive food. In this episode, Andreas discovers the culture and history behind a well-made sausage. He bakes potato pancakes and makes homemade mustard, essential companions for the three types of tasty sausages he prepares.					
15:00:00	Beads, Baubles and Jewels Make Your Own Beads	NETA	(S)	(CC)	N/A	#2213H
	Learn to create your own lampwork beads with swirls of color that are never repeated. Glass artist Tammy Rae Wolter shows how to form beads from glass and use them in creative ways for jewelry and accessories. Katie shows how to make coiled beads using colorful wire and crystal beads.					

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Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
15:30:00	For Your Home Garage Apartment Part II With the new garage apartment construction underway it's time to start adding the finishing touches. Vicki shows you how to add value to your project with versatile features such as a multi-purpose kitchen, full bathroom, living area, two great bedrooms, one of which doubles as an office. You're going to love the way this space turns out.	APTEX	(S)	(CC)	N/A	#3113H
16:00:00	Biz Kid\$ How to Achieve Your Financial Goals Join us and you'll learn to track your expenses, get control of your spending, and invest what's left over to reach your financial goals. You'll see the importance of starting young, while time is on your side. Meet some high school entrepreneurs who started a sports business.	APTEX	(S)	(CC)	DVI	#110H
16:30:00	Hands On Crafts for Kids Trees Bring the outside inside with a little creativity. Jenny Barnett-Rohrs makes a colorful leafy tree banner. Candie Cooper creates a fish kite and Katie Hacker builds a whimsical woods scene. Then, Jenny decorates a glittery tree to celebrate the holidays.	NETA	(S)	(CC)	DVI	#1806H
17:00:00	P. Allen Smith's Garden Home No Passport Necessary You don't have to leave home to relax and take a break from life. P. Allen Smith will show you how to incorporate the vacation style and mindset into your everyday.	APTEX	(S)	(CC)	DVI	#1606H
17:30:00	Growing A Greener World Masters of the Edible Landscape (San Francisco, Ca and Mt. Vernon, Wa) A common misconception of food gardens is that they're ugly and unsuitable in front yards or as ornamental displays. Accordingly, they're typically relegated to out of sight corners in backyards. But landscape design pro Rosalind Creasy has been working to debunk that myth for over 35 years. Even her home garden - starting right at the curb - is so beautiful that passersby usually don't even realize that it's almost exclusively an edible landscape. In this episode, Joe visits another master of gardening and food, international celebrity chef and television host Graham Kerr, a.k.a. "The Galloping Gourmet." His newfound passion for gardening is infectious, and his desire to share a love of growing food is a true inspiration.	APTEX	(S)	(CC)	N/A	#703H
18:00:00	DW News	WNVC	(S)	(CC)	N/A	#14174H
18:30:00	Consuelo Mack Wealthtrack	APTEX	(S)	(CC)	N/A	#1410H
19:00:00	NHK Newsline	APTEX	(S)	(CC)	N/A	#8109
19:30:00	Native Report	WDSE	(S)	(CC)	N/A	#1015H
20:00:00	Backstage Pass George Delancey Quartet - Encore Back for an encore, George DeLancey Quartet featuring George DeLancey, bass; Jon Beshay, sax; Rick Roe, Piano; and Sean Dobbins, drums, continue the jazz jam with "Just One of Things" and "All The Things You Are." This performance was recorded live at the Lansing JazzFest 2015 in Lansing's historic Old Town district.	NETA	(S)	(CC)	N/A	#714H
20:30:00	Music Voyager The Bahamas: from the Islands to the World In this episode of Music Voyager, they explore the impact of music from The Bahamas on popular music around the world. Musician Fred Ferguson gives a tour of downtown Nassau while describing the enduring impact of Bahamian folk music and icons such as Joseph Spence on the world's sound (Did you know, for example, that The Beach Boy's "Sloop John B" is a Bahamian folk song and that The Grateful Dead always ended their set with a song from The Bahamas?). They discover the important role The Bahamas played during the Calypso era from the 1940s to the 1960s, as well as its essential role in the history of funk, soul and disco. They then meet up with The Baha Men, whose song "Who Let The Dogs Out" was a worldwide smash. Finally, they meet up for an impromptu dance party in front of a conch stand with D-Mac, thier pick for the next big international star to come out of The Bahamas.	APTEX	(S)	(CC)	N/A	#608H
21:00:00	Xerox Rochester International Jazz Festival Pugs and Crows Juno Award-winning band, Pugs and Crows, performs original instrumental music that explores a wide range of sonic textures by blending elements of indie rock, modern jazz, and neo-classicism. The band infuses its compositions with the inventiveness of its players and warmth of its ensemble sound, while their anthemic melodies, lyricism and groove inspire audiences from all walks of life.	APTEX	(S)	(CC)	N/A	#808H

Thu, Aug 31, 2017

Start	Title Subtitle	Distrib	Stereo	Cap	AS2	Episode
22:00:00	Piaf: Her Story, Her Songs	NETA	(S)	(CC)	N/A	#0H
	Part documentary, part stage performance, this entertaining look at French chanteuse Edith Piaf tells her story through a terrific theatrical presentation by singer Raquel Bitton, who literally becomes Piaf while singing, but steps back and tells her story - in English - between the mostly French songs. Archival photos of Piaf illustrate her life of lucky breaks and tragedy. Some of the film's best moments are of Bitton and Piaf's friends, lovers, composers happily discussing Piaf over food and wine at a Paris bistro. Featuring 16 songs performed with a full orchestra, including La Vie En Rose, No Regrets, Hymn To Love.					
23:30:00	Living in the Overlap	NETA	(S)	(CC)	N/A	#0H
	Living in the Overlap is the improbably true story of two girls growing up in Brooklyn in the 1940s, falling in love in the Midwest, and making a life together in North Carolina. Filmmakers learned about Lennie Gerber and Pearl Berlin's 46-year love story from a newspaper article and wanted to share their philosophy of relationships and their vibrant personalities with a larger audience. Lennie is an attorney focusing on LGBT issues, and Pearl is a retired professor working on various political issues. They are surprised to have reached icon status for simply living their lives together. The film includes public and private moments in Lennie and Pearl's lives using interviews, archival material, and sequences shot during their efforts to defeat North Carolina's anti-gay marriage amendment. Living in the Overlap provides an overview of how Lennie and Pearl met and fell in love before focusing largely on key episodes in their lives together now. They are recent recipients of a major award from a foundation supporting LGBT issues, an award presented at a formal gala. Despite strong efforts against the measure, the amendment passed, and they appeared on The Last Word With Lawrence O'Donnell after the election. Along with reflections and insights about civil rights and the political process, they offer wisdom about enduring relationships, including an overarching philosophy of their relationship. They think of themselves as two circles, often overlapping, who are both independent and interdependent. After 46-years of living in the overlap, Lennie and Pearl still have an indelible spark.					